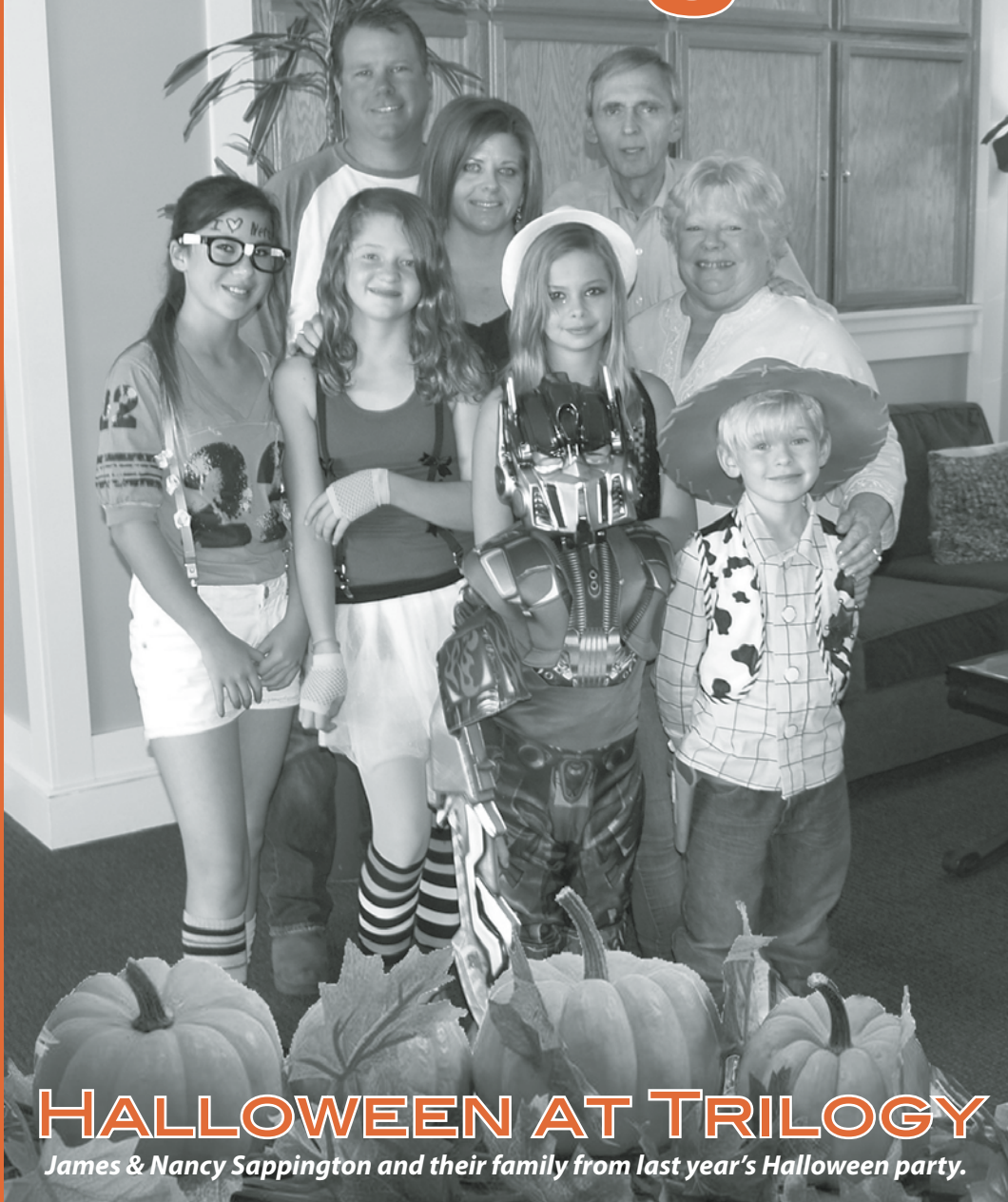


TrilogyLiving



HALLOWEEN AT TRILOGY

James & Nancy Sappington and their family from last year's Halloween party.

Gather the kiddies and costumes because the ghouls and goblins are ready for their annual haunt. Join Trilogy on Oct. 28, 2 – 4 p.m. for the Family Halloween Party at the Delta Club. Turn to page 6 for details!

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October Events

AT MERRILL GARDENS AT NORTH BAY



Jackson Casino Chartered Bus Trip

Monday, October 15 • 7:45 am

Cost: \$26 You will receive a
\$5 food voucher and \$10 back.
RSVP by October 1.



Happy Hour, Refreshments and Live Music!

Saturday, October 13 & 27 • 3:30 pm

Enjoy live entertainment while
sipping a late afternoon cocktail.
RSVP by October 11.



Halloween Spooktacular

Wednesday, October 31 • 2:00 pm

Enjoy treats and a performance by the
Amazing Gerald Joseph.
RSVP by October 29.
Costumes optional, but encouraged!



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From the Master Association



Warren Oglove

Vice President

The Master Board met on Sept. 11 and determined the following:

Executive Session:

- August executive session minutes were approved.
- Delinquencies/collections were discussed; management to look into a new collection agency.
- Approved the formation of a golf course committee to advise on the disposition of the golf course. Real estate sales agent has contacted the board as to the purchase of the golf course and properties.
- The formation of a house committee was discussed. This committee to be responsible for advising on the remodeling of interiors of the Delta and Vista buildings. It was decided to approach the adult committee to see if they are willing to form such a committee to take on the responsibilities.
- Approved the formation of an emergency power committee to look into the feasibility of installing a power generator at the Delta and Vista clubs to be able to operate the lights and air conditioning in the event of a total power outage.
- Discussed a draft of the waste water treatment plant acquisition. Swale is not to be included in any acquisition. Management to look into a phase one environmental report or an all-amenities inquiry report.
- Authorized management to negotiate an agreement to bring the Cyber Café in-house. An independent contractor would supervise the operations of the cafe and all service staff would be hourly employees.
- Reviewed draft CC&R Rewrite Committee Charter.

General Master Board Meeting - Warren Oglove, Vice President, Presided and reported:

- A Meet the Candidates meeting on Oct. 1 at 7 p.m. in the Diablo Ballroom to meet the candidates for mayor. A general discussion will take place as moderated by Peg Richards.
- The county plans on having two or three voting precincts at Trilogy for the Nov. 6 election. Pay particular attention to your precinct number when receiving your voting information as you will need it when you go to the proper polling place.
- The amenities committee reported that they had met with Jason Enos, the general manager of Trilogy Shea Homes. A general overview of amenities in place and those we may wish to add was discussed. It was pointed out to him that the master board had sent him a letter early last year regarding the importance of another clubhouse and pool which are high on the agenda. The anticipated location would be Marks Road. It will eventually be extended to Church Road. The next meeting is in November.

Action - August financial reports were presented and approved.

- Approved the minutes of the August master board meeting.
- Approved mulch/soil expenses of \$7,400 from reserves to operations and expenditure of remaining \$20,000 from reserves.
- Approved insurance renewals of \$35,942.
- Openings were announced for all the newly formed committees (golf course; emergency power) and interested persons are urged to go to the HOA office to complete an application.
- Approved CC&R rewrite committee charter; we are still looking for members for the CC&R Rewrite Committee.
- Approved the use of the tennis courts by students of Rio Vista High under the direction of Michael Bouyer as long as he meets the board requirements of insurance - Trilogy being held harmless.

The next Master Board meeting is in the evening of Oct. 9 at 7 p.m.

TRILOGY AT RIO VISTA

DIRECTORY

Master Association Board of Directors

Carol Benkie, President (3316)
Warren Oglove, Vice President (3477)
Tom Moore, CFO (5772)
Bernie Dehn, Secretary (4764)
Lorna Bewick, Director (2093)

District Delegates

Village I – Carol Benkie (3316)
Village Oakmont – Tom Moore (5772)
Village Riviera – Lorna Bewick (2093)
Olympic Village – Joel Auslen (5808)
Saddle Rock Village – Mary Ann Butts (3099)

Committees

Adult – Helen Bergoust, Chair (2436)
Access – Dave Bewick, Chair (2093)
Disaster Preparedness – Jim Larsen (4382)

Village Board Presidents

Village 1 – Bernie Dehn (4764)
Village Oakmont – Walt Manos (2827)
Village Riviera – Don Seyk (6407)
Olympic Village – Robert Sonnenburg (925) 550-3832

Association Administration

General Manager: Ed Vitrano (4869)
evitrano@actionlife.com
Assistant General Manager: Catherine Patrick
cpatrick@actionlife.com (4843)
Activities Director: Debbie Dorn (4204)
ddorn@actionlife.com
Fitness & Spa Director: Kathy Erwin (4205)
kerwin@actionlife.com
Maintenance Director: Mike Oestreich (4895)
moestreich@actionlife.com
Member Services Coordinator: Cheryl Lucas (4203)
clucas@actionlife.com
Communications Coordinator: Andrea Stuart
stuartrv@gmail.com

Club Numbers

Vista: Front Desk (4200) Fax (1099)
Delta: Admin Office (4843) Fax (4891)

Trilogy Living Editorial Board

Andrea Stuart, Ed Vitrano, Debbie Dorn, Cheryl Lucas,
Joan Azlant, Kathy Erwin, Helen Bergoust

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Resident Classified Advertising

Kathy Nilsson, knilsson@actionlife.com (4200)

Welcome Center/Front Gate (4306)

trvwelcomecenter@gmail.com

Cyber Café (4202) Nines (4400) Golf Course (2900)

Shea Customer Service 1-866-535-9989

From the Editor



Andrea Stuart

Seems everyone is hunkering down in preparation for autumn. Although things may be slowing down for Mother Nature, a hush is not yet overcoming Trilogy. During my search into reasons for celebrating October, I found a few holidays to honor that caught my interest. First, did you know that Oct. 1 is International Day for the Elderly? According to my web source "The holiday is the result of the UN World Assembly on Aging, which was formed in 1982 to explore and tend to the needs of the elderly in the world." Then, there's Columbus Day on Oct. 8, United Nations Day on Oct. 24, and of course, Halloween on Oct. 31.

Trilogy is revving up for Halloween per the usual excitement. We've dedicated the cover of this issue to this day of fun and exploration of our alter egos. Call the grandkids down to Trilogy for the Family Halloween Party where they can take part in a costume parade and receive a treat bag. You can find more details on page 6.

Gear up for fitness with the Oct. 20 Walktober walk and raffle event. Each year, this event proves an invigorating and leisurely activity where neighbors come together. Walk from 2.3 to 5.6 miles depending on your preference. Each participant receives a t-shirt. See page 15 for details.

For more insight into what October is bringing, check out the activities section of this issue. Activities Director Debbie Dorn has some fun up her sleeve including Comedy Night on Oct. 19.

May October renew you with whispers of the season.

From the Board of Directors: The publisher retains the right to edit articles and advertising to conform to content and space requirements. The Trilogy Board of Directors is not responsible for expressed opinions or for the authenticity of all presented facts in articles and advertisements. Viewpoints contained in this newsletter are not necessarily the opinions of the Trilogy at Rio Vista Master Association, the Board of Directors, its officers, or management.

For non-delivery of Trilogy Living, contact Debbie Dorn at (4204).

From the Activities Director



Debbie Dorn

Since the last writing, we have discovered *Who Poisoned His Meatball*; we experienced two delectable culinary trips to historic Murphys, California; we sailed the British Virgin Islands with Ed Vitrano's family; we were honored to be visited by members of the delegation from our Sister City, Tobishima, Japan; we witnessed amazing art creations during the Juried Art Show, and we were thoroughly entertained with the Cash Tribute Show! What a wonderful life we share...and there is more to come!

- 10/01 Meet the Mayoral Candidates Forum
- 10/04 CPR/AED First Aid Training
- 10/06 Community Garage Sale
- 10/07 Farmers Market
- 10/12 Enrichment Series – "Over Troubled Waters" The Documentary
- 10/19 Comedy Night – World's Funniest Cop
- 10/20 AARP Driver Safety Course
- 10/20 Walktober
- 10/20 Concert ~ Andre Thierry & Zydeco Magic
- 10/26 Senior Summit
- 10/28 Family Halloween Party
- 11/01 Life Line Screening

Be sure to check into all the club activities; they add many more enjoyable opportunities. Truly there is something for everyone. Do you have a favorite event or activity that you would like to see at Trilogy? Let me know what you like and like-not-so-much. Call (4204) or email ddorn@actionlife.com. My mailbox is always open.

Meet Your Mayoral Candidates

Monday, Oct. 1, 7 p.m., Diablo Ballroom, Vista Club

This is a question and answer event featuring the two candidates for Mayor of Rio Vista, Janith Norman and Norm Richardson. Attendees are invited to participate in writing questions to either or both candidates, with Peg Richards as moderator alternating questions between the two. Attendees will have a chance to talk one-on-one with each candidate prior to and following the session. Light refreshments and snacks will be provided. For more information, contact Hale Conklin (2626) or the Chamber of Commerce (2700).



Comedy Night: World's Funniest Cop Michael Mancini



Friday, Oct. 19, 7 p.m.,
Diablo Ballroom, Vista Club ~ \$10

Michael has a background in Law Enforcement as well as an insightful sense of humor. He has a high energy, action packed, fun-filled show full of real-life experience. He has been touring across America for almost 30 years with his hilarious stand-up, and he has been a member of the Santa Cruz Police Department since the '90s. Michael is a three-time winner of the World's Funniest Cop competition, hosted by Jay Leno. Bring your favorite food and beverage to enjoy during the performance. This is "Comedy of the Right Caliber!" Sign up at Member Services.

SLD Presents Andre Thierry & Zydeco Magic

Saturday, Oct. 20, 6:30 – 9:30 p.m.
Diablo Ballroom, Vista Club ~ \$10

Trilogy's **Soul Line Dancers** are proud to bring back Andre Thierry and Zydeco Magic. Join us for an evening of Zydeco excitement as the magical sounds from these musicians keep us on the dance floor. These entertainers will grab your attention and serve up a supreme musical experience that will captivate your soul. Sign up at Member Services. For more information, contact Jean Robertson (0086).



Save A Life With CPR/AED & First Aid Instruction!

Thursday Oct. 4, 9 a.m.–1 p.m., Monterey Room, Vista Club~\$60

It is good to know how to help someone in trouble, whether it is your spouse or grandchild. The class provides a two-year certification in CPR/AED and First Aid at a great value. Space is limited. Sign up with Member Services at the Vista Club. If you have questions, contact Anna Chunn (3560).

Trilogy Community Garage Sale

Saturday, Oct. 6, 9 a.m.–3 p.m.

Everyone can participate! This year we added an optional opportunity for sellers to have their street highlighted on the community map to help buyers find the sellers! Sellers may phone Member Services (4200) **through September 28** to list their address for their "block" to be highlighted. The map will be emailed to residents by Oct. 5, and made available at the Welcome Center Gate the day of the sale to buyers visiting Trilogy. Copies will also be available at the Vista Club Saturday only. You do not have to be included on the map to sell. Nothing else has changed. There are three things all sellers need to do:

1. Obtain a garage sale permit for \$1 from the City of Rio Vista, downtown at City Hall **prior to Friday, Oct. 5**. The license is a city requirement. City Hall is closed all Fridays and weekends.
2. Tie an inflated balloon to your mailbox or tree.
3. Open your garage door.

When you finish selling, remove the balloon and close your garage door. The sale is open to the public, advertised in the local papers and flyers distributed. Outside buyers will not be allowed through the gates until 9 a.m., and residents are asked to postpone their shopping until 9 a.m. in consideration of sellers setting up for the sale. The semi-annual garage sales have become enormously popular with almost half the residents either buying or selling. Some villages also use the event for fundraising. Trilogy Garage Sales attract people from surrounding areas. If you have questions, contact Activities Director Debbie Dorn (4204).

Loaned tables and chairs are limited, so will be given on a first-come basis as supplies last. Submit your request to Member Services at the Vista Club. Someone will contact you to confirm availability and arrange for your pickup and return. Your help to make sure they are clean when returned is appreciated. Thank you.



Enrichment Series: Over Troubled Waters, The Documentary

Friday Oct. 12, 6:30 - 7:30 p.m.
Diablo Ballroom Vista Club ~ Free

What impact might building the Tunnel Project, previously called the Peripheral Canal, have on the Delta? The documentary *Over Troubled Waters* narrated by Ed Begley, Jr. takes a look at the Sacramento and San Joaquin Delta and its threatened water shed for the long-term health of California's water resources. The film was developed by Restore the Delta, which is a grassroots campaign and coalition of Delta residents, business leaders, civic organizations, community groups, faith-based communities, union locals, farmers, fishermen, and environmentalists. Bring your favorite refreshments and watch their story. No sign-ups are required.

AARP Driver Safety Course

Saturday, Oct. 20, 8 a.m. – 5 p.m., Sonoma Room, Vista Club
\$12 for AARP members and \$14 for non-members

The AARP Driver Safety Program is the nation's first and largest refresher course for drivers age 50 and older that has helped millions of drivers remain safe on today's roads. The course is designed to help you:

- Tune up your driving skills and update your knowledge of the rules of the road.
- Learn about normal age-related physical changes, and how to adjust your driving to allow for these changes.
- Reduce your traffic violations, crashes, and chances for injuries.
- Qualify for a possible auto insurance premium reduction or discount. Policies vary, so please consult your insurance agent.

Trilogy resident Glen King is offering this eight-hour course in two, four-hour sessions (8 a.m. - noon, 1 – 5 p.m.). To register, contact Glen at (3342) or grk59@frontiernet.net.

2nd Annual Senior Summit

Friday, Oct. 26, 8 a.m. – 3 p.m., Diablo Ballroom ~ Free

Join Janith Norman, Master of Ceremonies, and Keynote Speaker, Dr. Kimberly Gauntlett, as they help us create a plan for successful aging. Senior Coalition Executive Director Rochelle Sherlock will give a presentation on the State of Seniors in California. Other programs will include panel discussions on legislation and MediCare, health-care benefits, and more. For more program information,

call Janith Norman at (6118). Continental breakfast and lunch will be served. The event is free and open to the public. Seating will be limited so make your reservation early. RSVP to Myra Samfeld at msamfeld@frontiernet.net.

Farmer's Market ~ Have you experienced Trilogy's Market Place?

Sunday, Oct. 7 & Nov.18, 10 a.m. – 3 p.m., Delta Club ~ Free

The Farmer's Market at Trilogy has changed to monthly! Bring your neighbors and support your locally grown fresh fruits and vegetables from our own Trilogy Farmer's Market. Petrill's Produce Farmer's Market provides wonderful produce and other specialties. It's easy to keep a fresh supply of fruits and vegetables on hand without leaving Trilogy. And, you'll receive a free apple with purchase for visiting the market!

Grapevine Chat!

Tuesdays, Oct. 09, 6 p.m. & Oct. 23 5 p.m. ~ Free
Grand Living Room, Vista Club

Are you new to Trilogy or a seasoned resident who enjoys great company, an inviting atmosphere, and good conversation? Join the gathering at the big fireplace. It's a warm and casual setting where you can "get the scoop" on all things Trilogy while you get to know your neighbors. Bring wine, glasses and snacks to share with others if you'd like. No sign-up required.

Family Halloween Party

Sunday, Oct. 28, 2 p.m. – 4 p.m. Delta Club
\$5 per family plus \$1 for each child participant

Plan for a great party with the family! Kids can join in a costume parade, plenty of laughs, good times, family pictures and a treat bag. Cost is \$5 per family plus \$1 per child. Sign up at Member Services.





**Call to Action
All Club Status Groups – RSVP!**

Tuesday, October 2, 10:30 – 12 p.m.
Diablo Ballroom Vista Club

A representative with authority to represent the club or group can attend the Club Status Annual Support Planning meeting. If your club/group did not receive notice with additional information about the meeting, please phone Member Services. All groups with club status need to be represented at the meeting for annual renewal. RSVP with Member Services (4200).

Life Line Screening

Thursday, Nov. 1, 8 a.m. – 5 p.m.,
Diablo Ballroom, Vista Club Phone 1-888-653-6441 to register

Life Line Screening employs highly qualified healthcare professionals bringing these preventive screenings to you. These non-invasive and affordable ultrasound screenings help people identify their risk for stroke, vascular diseases or osteoporosis early enough for their physician to implement preventive measures.

Life Line Screening scans for potential health problems related to blocked arteries and irregular heart rhythm, which can lead to a stroke; abdominal aortic aneurysms, which can lead to a ruptured aorta; hardening of the arteries in the legs, which is a strong predictor of heart disease; and a bone density screening used to assess the risk of osteoporosis.

Karaoke Night ~ NEW SONGS!

Friday Nov.9, 7- 8:30 p.m.,
Diablo Ballroom, Vista Club ~ Free

Karaoke Night is specially designed for your fun and enjoyment. There will be open dancing and song lyrics are on the big screen for some sing-a-long good times! There may be storytellers, special dancers, folk singers, quite a variety of entertainers. You might be one of them! Bring your favorite snacks and beverage for a relaxed evening of spontaneous fun and entertainment. No signups required.

**Storyteller Dorothy Tate
What’s Love Got To Do With It?**

Tuesday, Nov. 6, 6:30- 7:30 p.m.,
Diablo Ballroom, Vista Club ~ \$5 pp



Join Dorothy as she tells a story in answer to a well-deserved question! Journey with her as she takes us on a remarkable spin of love. Sign up at Member Services.

Veteran’s Day Tribute

Sunday, Nov. 11, 2 p.m. – 4 p.m.
Diablo Room, Vista Club ~ Free

Presentation by the Color Guard, music by Trilogy Jazz Band, Delta Breeze Chorus, Delta Harmony, and special guest speaker. Sign up at Member Services.

**Fall Gift, Craft, & Art Faire ~
Mark Your Calendar**

Saturday, Nov.17, 10 a.m. – 3 p.m.
Diablo Ballroom, Vista Club

Just in time for the holidays! Don’t miss out on this convenient and unique selling and shopping experience at Trilogy. If you want to rent a table, sign up at Member Services and designate your table location preference. Each merchant table will donate a prize for the raffle. Proceeds benefit Meals on Wheels. Raffle sales and drawings are held throughout the event. For more information, call Debbie (4204).



Assessment Notice

Association Assessments are published monthly on this page of Trilogy Living. This is an additional vehicle for checking your current assessment. Coupons will reflect the monthly assessment for those receiving them. Those on automatic withdrawal (ACH) may check their bank statements after the 5th of the month to see the amount taken out and all members may register at www.actionlife.com to monitor their accounts 24/7. If you have questions or need help registering online, please call the Administrative Office (4843).

Assessments for the month:

Master Association \$118.29

Master Association \$80.39

(Only for original residents (<100) in a developer subsidy agreement)

Village I \$4.00

Village Oakmont \$4.00

Olympic Village \$4.20

Village Riviera \$4.50

Saddle Rock Village \$0

(None until dormancy ends)

Adult Committee

The Adult Committee met on Aug. 30. Motions were approved for completion of two items: to convert three (3) parking spaces across from the pool to two (2) handicap spaces and, purchase enough padded chairs to replace the non padded chairs in the Delta Club.

A recommendation was sent to the Master Board to install a unisex restroom at Cypress Park not to exceed a cost of \$100,000. This was suggested by Walt Manos to benefit the community. Cypress Park has become a meeting place for picnics and other activities as well as Bocce Ball and Horseshoe.

Another recommendation was sent to the Master Board to install handicap cutouts in three additional locations.

The committee meets the last Thursday of every month in the Delta Club at 1 p.m. All residents are encouraged to participate in these meetings. Your suggestions, comments and/or questions can be given to any committee member, left at the HOA office, or voiced during the resident input segment of each meeting. Applications to fill unexpected vacancies are accepted at any time. The next meeting is Oct 25 at 1 p.m. For more information, contact Helen Bergoust at alhelenb@aol.com or (2436).

Committee Members Needed:

Golf Course
CC&R Rewrite
Emergency Power

Applications at Admin Office in Delta
Deadline – October 4

Village Riviera Board News

It was another short and newsy meeting. First topic of concern is the feral cats. They are multiplying, still being fed, people are being assessed penalties, gardens are being dug up and birds on feeders are being attacked. We will repeat this over and over. There is no such thing as an outdoor domestic cat in Trilogy. If you own a cat, it must be an indoor cat. If you want it to get its daily vitamin D, put it on a tether in your own yard.

The raccoon population has grown. The cat food that is outside is likely attracting more and more raccoons. If you don't like being kept awake all night by thundering hooves on your roof or patio cover (no, it is not Santa and his reindeer delivering presents...that comes in December), be sure to cut back all tree branches near any part of your roofline. That is how they get onto the patio covers and roofs. They just go up the tree trunk and branches and drop onto the roofs.

Weeds on adjacent property owned by the golf course or Shea became another topic that we discussed. Since we don't always know who to call, we were asked to call the HOA office at (4843) and they will determine what direction to take the complaint.

We got a preview of what is coming up at the October Master Board meeting on Oct. 9 at 2 p.m. in the Diablo Ballroom. The board will discuss allocating funds to build a bathroom at the Cypress Bocce Courts, cars and golf carts not obeying stop signs, which again is raising the issue of allowing police to ticket violators if they are on patrol in Trilogy (which is a regular occurrence) and see the violation, and curb cutting to meet ADA approval in various locations around Summerset, just to name a few topics.

Our next Village Riviera board meeting is on Thursday, Nov. 1. Please join us. If you have any questions, contact President Don Seyk at (6407).

Meeting Calendar

Master Association Board Meeting

Tuesday, Oct. 9 at 7 p.m.
Vista Club in the Diablo Room

Vision Meeting

Thursday, Oct. 18 at 2 p.m.
Delta Club in the Rio Vista Room

Adult Committee Meeting

Thursday, Oct. 25 at 1 p.m.
Delta Club in the Rio Vista Room



Olympic Village

Mark your calendar for Nov. 3, 2012 to join Olympic Village for our exciting Murder Mystery Dinner in the Diablo Ballroom at Vista Club at 6 p.m. The evening will begin with a social hour, followed by a delicious dinner and performance of the murder-mystery comedy performance *Trouble at the Tropicabana*. The volunteer cast of Trilogy actors is directed by Louise Mitchell, Olympic Village resident and leader of the Trilogy Theater Group. You'll recognize old friends Lucy, Ricky, Fred and Ethel in this hilarious play written by Tony Schwartz and Marylou Ambrose, and produced by special arrangement with The Lakeside Players, Tafton, PA.

Join us for a delightful evening of food and fun! Tickets will be available to all Trilogy residents (while they last). Watch for signs and flyers at the clubs and get your tickets early as seating is limited. We will work on plans for the event at our October OVRC/Social Club meeting on Oct. 17 from 7 - 9 p.m. in the Monterey Room at the Vista Club. Join us. Your ideas and energy are important. For more information, contact Linda Jensen, OVRC President (5542).

Village I

The final VORC events for 2012 are set. The quarterly members' meeting is Oct. 10 in the Vista Club at 7:30 p.m. The primary purpose of this meeting is to decide on the recipient(s) of the proceeds from our charity Crab Feed event scheduled for Feb. 15, 2013. Details of the event will be tubed. VORC members are invited to submit charities for consideration. Come to the meeting and make your thoughts known. If you cannot attend the meeting and have a charity in mind, send a letter to Joseph Downes at 460 Cypress Dr., 94571 or email josephdownes@citlink.net outlining your thoughts.

The last event on the 2012 social calendar is the very popular Village Holiday Gathering and Celebration on Friday evening, Dec. 14. Details are being finalized and will be tubed as we approach the date. Take the time now to mark your calendar so you won't be left out of the festivities. Remember, this is your club, get involved and make it work for you. For more information, contact Joe Downes (7520).

Village Oakmont

The last event of the year is our annual Christmas Dinner on Sunday, Dec. 9, 2012 in the Diablo Ballroom at the Vista Club. Save the date. While flyers will be distributed in November within Oakmont Village, all Trilogy residents are invited to join in the celebration. Our Social Committee is busy with all the details to make the evening a wonderful success.

Residents' Club officer elections for 2013 is fast approaching. We are looking for two to three residents to volunteer to be on the nominating committee to help find interested people who will fill our positions. Remember, this is your

Village Club and we need your help and ideas. We would like to present a slate of officers at our last Residents' Club meeting on Thursday, Nov. 15, 2012 6 p.m. at the Delta Club. The election will take place prior to the start of our December Christmas dinner event.

Thank you to everyone who helped make our no-host bar a success at the August Drama Club event. A great job was done by our bartenders Travis and Veronica Finch, Jim Kruse, Vic Thiry, Patty Evans, and Paul Peterson; and our ticket masters Pat Kruse, Shirley Sudduth, and Lynne Traver. They kept people honest and got them to buy more tickets.

Our next Social Committee meeting is on Wednesday, Oct. 3, 2012 at 3 p.m. in the Monterey Room at the Vista Club. Please come and help us with the end-of-year celebration. For more information or to volunteer, contact Antoinette Pestana at (5154). Enjoy the beautiful fall season!

Village Riviera

All is quiet on the Riviera front at this time. We will be gearing up for our annual holiday dinner in the next few meetings.

We meet on the third Thursday of the month at 7 p.m. in the Monterey Room of the Vista Club. If you wish to join in the planning and then the execution of the plan, please join us. Being a part of a group as wonderful as this one is a special thing. For more information, contact Coralie Leder at coralie.leder@gmail.com. Enjoy the fall weather. Go outside and play as it cools off.

Upscale Your Next Event with Table & Chair Linen Elegance!

Available in time for the holidays! Could this be the stylish addition to upscale your next event over the top? These elegant table and chair linens are available now at a minimal rental cost to residents and club groups for their special events held in the Diablo Ballroom. Contact Activities Director Debbie Dorn (4304) to obtain a quote for your special event.



Displayed now in the Diablo Ballroom Vista Club



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educational opportunities through computer classes

October 2012 Computer Class Schedule

Sign up for classes at the Member Services desk in the Vista Club

CLASS	DATE & TIME	INSTRUCTOR
Microsoft Word	Tuesday, October 23, 10 a.m. -noon	Judy Carter

We are always looking for volunteer computer instructors. If you are interested in teaching a computer class, please call Debbie at (4204), or e-mail Judy at jharrison@actionlife.com

Celebrate the Delta - Wine Tasting & Art Festival

When: Oct. 7, 2012 1- 5 p.m.

Where: A beautiful Riverfront Estate
11300 Randall Island Rd, Courtland, CA

The event will feature distinctive Delta wines, an array of delicious local edibles, talented Delta artists, live music, and an exceptional silent auction and raffle. Tickets are limited, please purchase in advance for \$25 by calling (916) 776-1106 or online at www.localwineevents.com. Tickets also sold at the door for \$30, upon availability. Proceeds Benefitting Walnut Grove Community Church. Enjoy a lovely afternoon of wine, food, music, and art in the heart of the Sacramento Delta!

TOPS

The members of Trilogy's Take Off Pounds Sensibly (TOPS) Chapter #2357 have had a busy summer with all the traveling and family gatherings. Now, they are settling in to Take Off Pounds Sensibly, as they get ready for the upcoming holidays. There is a tentative plan in the works to have another TOPS sponsored Bus Trip to Red Hawk Casino on Oct. 24, so plan to join us. We had a great time on our trip in June. Keep informed about the bus trip, our group meetings, and activities by contacting our leader Minnie Howell at (5786) or co-leader Peggy Smith at (1366).

Trilogy Jazz Band



This month, we honor the memory of vocalist Eileen Butler, whose life on earth ended on Aug. 31. Eileen sang with the band from the time of its beginning back in 2001. She began singing as a child and became an actress, too, appearing in a number of musical theater productions in San Jose before she and her husband, Bill, moved to Trilogy. She was active in Trilogy's Drama Club, appeared in many of Trilogy's Music of the Night productions and sang with Trilogy's Gospel Chorus. Her soulful renditions of favorite songs brought joy to many audiences. She is missed.

The band will play for the Dance Club's Halloween dance on Sunday, Oct. 14 from 7 - 9 p.m. in the Vista Club Diablo Ballroom. For details on this fun event, see the Dance Club's posters and flyers.

Full-band rehearsals are held in the Vista Club Diablo Ballroom every Wednesday afternoon from 2:30 – 5 p.m., following vocal and combo practice beginning at 1:30 p.m. Observers are welcome. If you play (or have ever played) a band instrument and are interested in filling a future opening, please let us know. For more information, contact Jim Lucas (7567) or Marti Rogers (6859).



Kare Bears is a group of Trilogy residents organized with the goal of reaching out to our Trilogy neighbors in their time of need due to sorrow, sickness, loss of a family member or other life challenges. We have many volunteers to help, be it a phone call, visit, a hot meal, a lift to a doctor's appointment, assistance in searching for social services outside of Trilogy, or just plain tender loving care. We have divided Trilogy into sections with area coordinators for each section. Please contact your area coordinator if a need arises, either for yourself, or any other Trilogy resident. Your coordinator will contact the volunteer committee best suited to help with your problem.



Village Oakmont

Come one, Come all! Oakmont Kare Bears is having their Garage Sale on Oct. 6 at 9 a.m. at Penny and Rich Couser's garage (328 Crystal Downs Drive). This is our only money making event of the year, so follow the signs and help support Oakmont Kare Bears. If anyone has any stuff they would like to donate to our cause, contact Virginia (6823) or Janet (5415) and we will provide information for drop off. Our next meeting is Wednesday, Oct.10 at 10:30 a.m. at the Delta Club. Please join us in helping support your neighbors. We have much to discuss and plans to be made for next year. See you all there.

Village Riviera

The Riviera Kare Bears are mourning the demise of our sister group in Village One. The melancholy emotions brought forth by this event affect both the caregiver and the recipient. Hopefully other caring residents of Village One will step forward, creating a Phoenix effect that will allow the Village One Kare Bears to rise and once again assist neighbors in

need. The Riviera Kare Bears currently share the good fortune of a fairly large membership to share in the services that we offer. The reason that we continuously recruit new members is to allow more people to experience the joy of helping their neighbors without being overwhelmed. A casual but apt phrase for this is, "The more the merrier." Please come and learn more about our merry band by attending the next meeting on Oct. 8 at 10 a.m. at the Delta club. For more information, contact Myra at (3660) or Valerie at (6942).

FAMILY SUPPORT COMMITTEE

The Family Support Committee organizes memorial services for family members who incur the loss of a Trilogy member. For more information, please call Chairperson Claudette Gartner (707) 439-6116, xbirdlady@myifp.com, Coordinator Barbara Sherison (6845) or Betty Bowley (5613).



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By Kathy Erwin,
Fitness & Spa Director

Fall Into Beginning Step

Starts Wednesday October 3 at 7:30 a.m.



Instructor, Pat Puryear

This class will teach you the very basic foot patterns you'll need to know to get started stepping. We will warm up then start very slowly with the basic steps. In 1989, Gin Miller inspired the world to step fitness. Her own overuse injuries of the knee led

to therapy using her porch to step up and down upon. To relieve the monotony of stepping up and down, she turned on music, and voila, step aerobics was created. Step aerobics improves your most important muscle in your body, your heart. Benefits are improved cardio respiratory fitness, core strength, endurance, power, and reduction in resting heart rate and blood pressure. Most of all, it is fun!



Come to one of our many ZUMBA Classes offered here at Trilogy:

ZUMBA "Power 90"

Mondays & Fridays 10:30 a.m. – 12 p.m.

ZUMBA Gold for Beginners

Mondays Wednesdays & Fridays 12 – 1PM

ZUMBA

Wednesdays 11a.m. – 12 p.m.

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Sophie Imbuelten



Lisa Capossela



Morgan Anderson



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WALKTOBER

Saturday, October 20

Join your neighbors
in a **FUN**
Walk & Raffle



- 7:15 a.m. Check-in**
- 7:45 a.m. Warm-up**
- 8 a.m. Walk/Run**
- 10:30 Raffle Drawing**

Sign up for your distance:

- **2.3 miles**
- **3.0 miles**
- **5.6 miles (or double for 11 miles!)**
- **T-shirt to all participants**

*Door Prizes, Fruit,
Bagels, Refreshments*

Who can participate?

Walktober is designed for everyone — from inactive individuals to those already making great strides toward better health. Anyone can step it up and be successful with this cool weather walking program.

**PLEASE VOLUNTEER TO HELP! Call Kathy at (4205)
SIGN UP at the Member Service Desk Vista Club**



Ceramics Club



It's time for Octoberfest and Fran Silva is ready to celebrate with her beautiful hand-painted stein. Our ceramics group is always busy painting new and interesting things like Fran's stein. Come and see what we are working on now. You are welcome to join us and we even have a small bisque piece that you can

get started on right away. While we are working, some people talk, some people listen, and everyone laughs. We meet every Thursday from 9:30 a.m. to 12 p.m. in the Marina Room at the Delta Club. For more information, contact Ann at (5122).

Council for the Arts

Are you ready? The theme for next year's *Music of the Night* show is Senior Prom...yep...that's what you will be attending March 7, 8 or 9, 2013. It will be more music from the '50s and '60s. There was so much wonderful music and many wonderful artists in that era that we were barely able to scratch the surface in last year's show, so we are going at it again with more wonderful tunes bringing back more memories from our past. Singing along is not just optional, it is encouraged and expected. You became part of the show last year. It was great.

Auditions for newcomers who wish to perform in *Music of the Night*, "Senior Prom," may pick up audition sign-up forms at the Front Desk of the Vista Club. They are there waiting for you. The forms must be completed and returned to the Front Desk no later than Oct. 21. Auditions occur on Monday, Oct. 22 at 7 p.m. in the Diablo Ballroom of the Vista Club. As in the past, if you have performed in *Music of the Night*, you do not need to audition, but we certainly would like you to complete a form, indicating your desire to participate again, and noting what songs you'd like to perform. The final decision on songs will be made later, but all ideas are welcome and encouraged.

What is the Trilogy Council for the Arts all about? Our mission as a club here at Trilogy is, "To assist and promote current organizations devoted to the arts as well as encourage new art organizations. The organization shall also help coordinate the various art programs to

maximize the arts exposure to, and for, Trilogy at Rio Vista residents." Our *Music of the Night* program is our annual fundraiser that allows us to assist our Trilogy community and the Rio Vista Community.

We meet the second Thursday of every month at 10 a.m. in the Monterey Room of the Vista Club. If you have any questions about joining the fun, contact Judy Calpo at (2924).

Drama Club

Once again, the Drama Club's recent production, *Who Poisoned His Meatball*, was proclaimed a huge success. We thank everyone who attended the four performances. Your support and generous donations enable us to keep bringing wonderful plays to our community.

We are currently reviewing plays for our holiday performance. Our third annual holiday play is on Thursday, Dec. 6, Friday, Dec. 7 and Saturday, Dec. 8 at 7 p.m. in the Diablo Ballroom at the Vista Club. Sign up early because seating fills up fast. Reservation slips will be available next month in *Trilogy Living* and at both clubs. Bring your holiday spirit and a donation of non-perishable food items in lieu of admission. Your donations will go to the Community Services of Rio Vista so that we may help the less fortunate have a nice holiday season.

We always welcome new members. Please come see what we are all about. Our meetings are held on the last Tuesday of each month in the Marina Room at the Delta Club. They start promptly at 7 p.m. Come join the fun! For more information, contact Debby DuBrow at (6706).

Fat Quarter Quilters

Join our group to work on your own quilting project in a group setting where you'll meet new friends, share ideas, and get help with your projects. We meet every Wednesday from 12:30 – 4 p.m. at the Delta Club. There are no dues or fees. For more information, contact Esther Young (2639).

Scrapbooking Club

Are you taking pictures of your family and friends and of the special times you have enjoyed but you never see them? Why are you missing those memories?

Join our group to work on your own scrapbook photo album in a group setting. You will meet new friends and share ideas. We can help you get started! Just bring your photos. We meet the second Thursday of every month from 10 a.m. – 5 p.m. at the Delta Club. There are no dues or fees. For more information, contact Marti Rogers (6859) or Diane Andrade (0777).



Trilogy Art Guild for Artists

Trilogy Art Guild for Artists (TAG) had two judges this year for the juried art show, a teacher from Rio Vista High School and another from Sacramento. They awarded artists with the following awards in Watercolor, Oil/Acrylic, Pastel, Collage, Mix Media, Photography and Three Dimensional art. First Place - Millian Correa, Linda Fead, Glenda Myers, JoAnne Coleman and Anna Chunn. Second Place - Ann Jacobs, Rich Torres, Jan Vick, Nanci Lagomarsino, Ellen LaVaccare. Third Place - Jan Vick, Ellen LaVaccare, Linda Fead, Allen Knight, Amy Schmidt. Honorable Mention - Dodi Phifer, Jan Vick, Lori Azzolino, Linda Fead, Glenda Myers (2), Joan Branatome, Ellen LaVaccare. "Best of Show" was given to JoAnne Coleman for "Lilies." "The People's Choice" went to Allen Knight for "Sunrise At Sea." The Award Paintings were on display for two weeks in the Monterey Room Gallery following the show for members to enjoy after the show. Allen Knight is our featured artist in the Gallery through the end of October. Visit the gallery and see what great artistic talent this gentleman has to offer. TAG meetings are the first Monday of every month at 2 p.m. at the Delta Club. Everyone is welcome. For more information, contact Anna Chunn (3560) or Marie Aquino (5151).

Trilogy Theater Group

The cast of *Trouble at the Tropicabana* has been busily rehearsing the murder mystery that will be presented Saturday, Nov. 3. This is a mystery dinner collaboration of the Trilogy Theater Group and Olympic Village Residents' Club. It will be a fun evening whether you're on stage or in the audience. Look for reservation information soon.

A change has been made in the Readers' Theater selection we plan to present next spring. *The Bald Soprano* has been postponed as we anticipate performing *Dearly Departed*, a comedy by David Bottrell and Jessie Jones. Auditions are on Sunday, Nov. 11 and Wednesday, Nov. 14. We look forward to discovering more hidden talent here at Trilogy. If you have an interest in performing or assisting in the production of a variety of theater works, come to our next meeting on Thursday, Oct. 25 at 7 p.m. in the Monterey Room of the Vista Club or contact Louise Mitchell (6876).

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 Debra Drew ~ school teacher and grandchild

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Trilogy Living

Fitness Class Schedule for October 2012

All classes require either a Trilogy Fitness Punch Card at \$60 for 20 punches or \$3 for 10 punches. SPECIAL: BUY 2 \$60 PUNCH CARDS AND SAVE 10%. Each class requires one punch. Get your cards at the Member Services Desk. Please call Fitness & Spa Director Kathy Erwin at (4205) if you have questions. All classes are held in the Vista Group Exercise Studio unless otherwise noted. Last month's Punch Card raffle winner was **Audrey Johnston**.

October Fitness Orientations: Wednesday, October 3 6pm
Saturday, October 13 10am
Saturday, October 27 10am

Key
Bold = New/Change
 (B)eginning (I)ntermediate (A)dvanced

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 7:30-8:30am Step Aerobics (B/I/A) Pat 8:30-9:30 am. Workout w/ Weights (B) (GX) (Pat) 9-10 am. Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (DP) Kathy 9:30-10:30 am. Wake-up & Move (B/I) (RV) Anna 9:45-10:30 am. Core Balance & Standing Abs (B/I) (GX) Sophie 10-11 am. Aqua Fit (B) (DP) Denise 10-11 am. Meditation Breathing (B) (DB) Deanna 10:30 -12 pm. ZUMBA "Power 90" (B/I) (GX) Sophie 12-1pm. ZUMBA Gold Beginner (B/I) (GX) Sophie 3-4 pm. Circuit Training / Combo Balance (B/I) (GX) Susan 4-5 pm. Stretch & Flex (B/I) (GX) Susan 6:30-7:30 pm. Yoga/Pilates (B/I) (DB) Deanna	2 8-9am Body Works (B/I/A) (GX) Kathy 9-10 am. Simply Stretch (B) (GX) Joelle 9:30-10:30am. Aqua Fit (B) (VP) Denise 10-11 am. Dance Aerobics (B) (GX) Joelle 11-12 pm. Arthritis Program (B) (GX) Beverly 1-2pm Sit & Get Fit (B) (GX) Beverly 3-4pm Advanced Aqua (B/I/A) (DP) Kathy	3 7-8 am. Early Yoga (B) (DB) Tammy 7:30-8:30am. Beginning Step (B/I/A) (GX) Pat 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30 am. Workout w/ Weights (B/I) (GX) Pat 9:30-10:30 am. Wake-up & Move (B/I) (RV) Anna 9:30-11am Dance Aerobics (B) (GX) Joelle 9:30-10:30 am. Aqua Fit (B) (DP) Denise 11-12pm ZUMBA (B/I) (GX) Lisa 12-1pm ZUMBA Gold (B/I) (GX) Lisa 1:30-2:30 pm. Adaptive Yoga Workout (B) (GX) Deanna 3-4 pm. Circuit Training / Combo Balance (B/I) (GX) Susan 4-5 pm. Stretch & Flex (B/I) (GX) Susan	4 7:30-8:30am Body Works (B/I/A) (GX) Kathy 9-10 am. Simply Stretch (B/I) (DB) Joelle 9-10 am. Tai Chi (B/I) (GX) Lillian 9-10am Advanced Aqua (B/I/A) (DP) Kathy 10-11am. Aqua Fit (B) (DP) Denise 10-11 am. Dance Aerobics (B/I) (GX) Joelle 11-12 pm. Arthritis Program (B) (GX) Beverly 1-2pm Sit & Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/I) (DB) Tammy 3-4pm Aqua Fit (B) (DP) Denise	5 7-8 am. Early Yoga (B) (DB) Tammy 7:30-8:30am Step Aerobics (B/I/A) Pat 8:30-9:30 am. Workout w/ Weights (B/I) (GX) Pat 9-10 am. Yoga/Pilates (B) (DB) Deanna 9:30-10:30 am. Aqua Fit (B) (VP) Denise 9:45-10:30am Core Balance & Standing Abs (B) (GX) Sophie 10:30-12 pm. ZUMBA Power 90 (B/I) (GX) Sophie 12-1 pm. ZUMBA Gold Beginners (B/I) (GX) Sophie	6 8:30-9:30am Step Aerobics (B/I) (GX) Pat 1st Saturday only October 6) 11-12:30pm ZUMBA (B/I) (GX) Sophie/Morgan 12:30-1pm Pilates/Stretch (B/I) (GX) Sophie/Morgan
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Trilogy Living

October 2012 Club and Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 8am Social Tennis 9am Watercolor Painting (D) 9:30am Walk & Talk (V) 1pm Mah Jongg (V) 1pm Rip, Stitch & Bitch (V) 1pm Open Painting (D) 2pm TAG Monthly Mtg. (D) 3pm Village Oakmont Arch. Com. Mtg. (D) 3pm Guitar Club (D) 6pm Soul Line Dancing (D) 7pm Poker (D) 7pm Meet Your Mayoral Candidates (V)	2 8am Social Tennis 8:30am Radio Club (V) 9am Golf - Women's 9-Hole 10:30am Country Line Dancing (D) 10:30am Club Support Planning (V) 11am Triage Team Mtg. (D) 11:30am Golf - TRVMEN 9-Hole 12:15pm Canasta - Hand and Foot (V) 12:30pm Watercolor Painting (D) 12:30pm Dominoes (D) 1pm Stroke/ Head Injury Support Group (V) 5pm Table Tennis (D) 5pm Billiards Club Tournament (V) 6pm Tai Chi & Yuan Chi Dance (V) 7pm Drama Christmas Play Rehearsal (D)	3 8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 12:30pm Fat Quarters Quilting (D) 1pm Village Riviera Arch. Com (D) 2:30pm Bergren Art (D) 2:30pm Card Class (D) 2:30pm Jazz Band (V) 3pm Village Oakmont RC & Social Com. Mtg. (V) 4:30pm Table Tennis (D) 7pm Billiards Club Mtg. (V) 7pm Delta Breeze Chorus (V)	4 8am Social Tennis 8:30am Golf - Women's 18-Hole 9am AED/CPR/1st Aid Training (V) 9:30am Ceramics (D) 12:15pm Canasta - Ponytail (V) 12pm Bocce Tournament Awards (D) 1pm Good Samaritans (D) 2pm Genealogy Club (V) 2pm Table Tennis (D) 5pm Cycling Club (V) 6pm Tai Chi & Yuan Chi Dance (V) 6pm Pinochle (V) 7pm Photography Club (V) 7pm Drama Christmas Play Rehearsal (V)	5 8am Social Tennis 9am Model Club (V) 9am Beginning Oils (D) 9am Village 1 Arch. Com. Mtg. (V) 10:30am Advanced Country Line Dance (D) 12pm Bridge (V) 12:30pm Watercolor Painting (D) 4pm Beginners Ballroom Dancing Lessons (V) 5pm Advanced Ballroom Dancing Lessons (V) 5pm VORC Potluck (D) 6pm Mah Jongg (V)	6 9am - 3pm Community Garage Sale 8am - 8pm Open Table Tennis (D) 8:30am Hiking Club (V) 2pm Chinese Brush Painting (D)
7 10am - 3pm Farmer's Market (D)	8 Columbus Day 8am Social Tennis 9am Watercolor Painting (D) 9:30am Walk & Talk (V) 10am Kare Bears-Riviera (D) 12:15pm Bridge - Duplicate (V) 12:30pm TAG Watercolor Painting (D) 1pm Rip, Stitch & Bitch (V) 5pm Whist Club Planning Mtg. (V) 6pm Soul Line Dancing (D) 7pm Poker (D)	9 8am Social Tennis 8:30am Radio Club (V) 9:30am Women's 9-Hole Golf 10am Recipe Club (offsite) 10:30am Country Line Dance Class (D) 10:30am Book Club (V) 11:30am RVMEN 9-Hole Golf 12:15pm Canasta - Hand & Foot (V) 12:30pm Watercolor Painting (D) 5pm Billiards Club Tournament (V) 5pm Table Tennis (D) 6pm Tai Chi & Yuan Chi Dance (V) 6pm Grapevine Chat (V) 7pm Drama Christmas Play Rehearsal (D) 7pm Master Association Board Mtg. (V)	10 8am Social Tennis 8am TOPS (D) 9am Olympic Village Arch. Com. Mtg. (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 10am Kare Bears - Village Oakmont (D) 10am Kare Bears - Village 1 (D) 12:30pm Fat Quarters Quilting (D) 2:30pm Bergren Art (D) 2:30pm Card Class (D) 2:30pm Jazz Band (V) 4:30pm Table Tennis (D) 6:30pm Nature Club Gen. Mtg. (V) 7pm Delta Breeze Chorus (V) 7:30pm Village 1 RC Mtg. (D)	11 8am Social Tennis 8:30am Golf - Women's 18-Hole 9am Blood Pressure Check (D) 9:30am Ceramics (D) 10am Scrapbooking (D) 10am Council for the Arts (V) 12:15pm Canasta - Ponytail (V) 1pm Good Samaritans (D) 2:45pm Disaster Preparedness (V) 4pm Golf - Sr. Men's Board Mtg. (D) 4pm Table Tennis Club Mtg. (D) 5pm Table Tennis (D) 6pm Tai Chi & Yuan Chi Dance (V) 6pm Pinochle (V) 7pm Drama Christmas Play Rehearsal (V)	12 8am Social Tennis 9am Beginning Oil Painting (D) 9:30am Walk & Talk (V) 10:30am Advanced Country Line Dance (V) 11:30am Summerset Tennis Tournament Luncheon (D) 12pm Bridge (V) 12:30pm Watercolor Painting (D) 4pm Beginning Ballroom Dancing Lessons (V) 5pm Advanced Ballroom Dancing Lessons (V) 6pm Mah Jongg (V) 6:30pm Enrichment Series - "Over Troubled Waters" (V) 7pm Bunco (D)	13 8:30am Hiking Club (V) 11am Table Tennis (D)
14 7pm Trilogy Dance Club - Halloween Dance (V)	15 8am Social Tennis 9pm Watercolor Painting (D) 9:30am Walk & Talk (V) 10am Council of Village Presidents (D) 1pm Mah Jongg (V) 1pm Rip, Stitch & Bitch (V) 3pm Village Oakmont Arch. Com. Mtg. (D) 3pm Guitar Club (D) 6pm Soul Line Dancing (D) 7pm Poker (D) 7pm Fishing Club (D)	16 8am Social Tennis 8:30am Radio Club (V) 9:30am Golf - Women's 9-Hole 10:30am Country Line Dancing (D) 11am Triage Team Mtg. (D) 11:30am Golf - TRVMEN 9-Hole Golf 12:15pm Canasta - Hand & Foot (V) 12:30pm Dominoes (D) 12:30pm Watercolor Painting (D) 5pm Billiard Club Tournament (V) 5pm Table Tennis (D) 6pm Tai Chi & Yuan Chi Dance (V) 7pm Computer Club (V) 7pm Drama Christmas Play Rehearsal (D)	17 8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 12:30pm Fat Quarters Quilting (D) 2:30pm Bergren Art (D) 2:30pm Card Class (D) 2:30pm Jazz Band (V) 4:30pm Table Tennis (D) 7pm Olympic Village RC Mtg. (V) 7pm Delta Breeze Chorus (V)	18 8am Social Tennis 8:30am Women's 18-Hole Golf 9:30am Ceramics (D) 11am Dog Club (D) 12:15pm Canasta - Ponytail (V) 1pm Good Samaritans (D) 2pm Genealogy Workshop (V) 2pm Vision Mtg. (V) 4pm Golf - Sr. Men's Mtg (D) 5pm Table Tennis (D) 6pm Pinochle (V) 6pm Tai Chi & Yuan Chi Dance (V) 7pm Village Riviera RC Mtg. (V) 7pm Drama Christmas Play Rehearsal (V)	19 8am Social Tennis 9am Village 1 Arch. Com. Mtg. (V) 9am Beginning Oils (D) 9:30am Walk & Talk (V) 10:30am Advanced Country Line Dance (D) 12pm Bridge (V) 12:30pm Watercolor Painting (D) 4pm Beginning Ballroom Dancing Lessons (V) 5pm Advanced Ballroom Dancing Lessons (V) 6pm Mah Jongg (V) 7pm Whist Club (D) 7pm Comedy Night - Michael Mancini (V)	20 8am - 3pm Walktober Festival (V) & (D) 8:30am Hiking Club (V) 9am - 5pm AARP Driver Safety Course (V) 11am Table Tennis (D) 7pm Andre Thierry & Zydeco Magic Concert (V)
21	22 8am Social Tennis 8:30am Walk & Talk (V) 9am Watercolor Painting (D) 1pm Mah-Jongg (V) 1pm Rip, Stitch & Bitch (V) 5pm MOTN Auditions (V) 6pm Soul Line Dancing (D) 7pm Poker (D)	23 8am Social Tennis 8:30am Radio Club (V) 9:30am Golf - Women's 9-Holer Mtg. (D) 10am Computer Class: MS Word (V) 10:30am Country Line Dancing (D) 11:30am RVMEN 9-Hole Golf 12:15pm Canasta - Hand and Foot (V) 12:30pm Watercolor Painting (D) 5pm Billiards Club Tournament (V) 5pm Table Tennis (D) 5pm Grapevine Chat (V) 6pm Tai Chi & Yuan Chi Dance (V) 7pm Drama Christmas Play Rehearsal (V)	24 8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 10am Olympic Village Arch. Com. Mtg. (D) 12:30pm Fat Quarters Quilting (D) 1pm Village Riviera Arch. Com. Mtg. (D) 2:30pm Bergren Art (D) 2:30pm Card Class (D) 2:30pm Jazz Band (V) 4:30pm Table Tennis (D) 7pm Delta Breeze Chorus (V)	25 8am Social Tennis 8:30am Golf - Women's 18-Hole 9:30am Ceramics (D) 12:15pm Canasta - Ponytail (V) 1pm Adult Committee Mtg. (D) 1pm Good Samaritans (D) 5pm Table Tennis (D) 6pm Tai Chi & Yuan Chi Dance (V) 6pm Pinochle (V) 7pm Theatre Group (V) 7pm Drama Christmas Play Rehearsal (V)	26 8am - 3pm Senior Summit (V) 8am Social Tennis 9am Beginning Oils (D) 9:30am Walk & Talk (V) 9:30am Tennis Club Mtg. (D) 12pm Bridge (V) 12:30pm Watercolor Painting (D) 4pm Beginning Ballroom Dancing Lessons (V) 5pm Advanced Ballroom Dancing Lessons (V) 6pm Mah Jongg (V) 7pm Bingo (D)	27 8:30am Hiking Club (V) 11am Table Tennis (D)
28 2pm Family Halloween Party (D)	29 8am Social Tennis 8:30am Walk & Talk (V) 9am Watercolor Painting (D) 1pm Mah-Jongg (V) 1pm Rip, Stitch & Bitch (V) 3pm Village Oakmont Arch. Com. (D) 6pm Soul Line Dancing (D) 7pm Poker (D)	30 8am Social Tennis 8:30am Radio Club (V) 9:30am Golf - Women's 9-Hole 10:30am Country Line Dancing (D) 11:30am RVMEN 9-Hole Golf 12:15pm Canasta - Hand and Foot (V) 12:30pm Watercolor Painting (D) 5pm Billiards Club Tournament (V) 5pm Table Tennis (D) 6pm Tai Chi & Yuan Chi Dance (V) 7pm Drama Christmas Play Rehearsal & Mtg. (V)	31 Happy Halloween! 8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 12:30pm Fat Quarters Quilting (D) 2:30pm Bergren Art (D) 2:30pm Card Class (D) 2:30pm Jazz Band (V) 4:30pm Table Tennis (D) 7pm Delta Breeze Chorus (V)			



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Billiards Club

The next Billiards Club meeting is on Wednesday, Nov. 6 at 7 p.m. in the Monterey Room of the Vista Club. Tuesday Evening's tournament start times are 5 p.m. The first and third Tuesdays the format is 8-ball round robin with no handicaps for B players. The second Tuesday of the month the format is handicap 9-ball with a round robin format. In order to get a win, a player must beat his opponent in two out of three games. The club has again made a list of B players. For that Tuesday evening, the B players get a one-game handicap while playing an A player. The B player only needs one win in three games while competing against an A player. The format for the fourth Tuesday is 8-Ball. The club will split the tournament into A& B players. There will be a first and second place winner in each group. The fifth Tuesday is 9-ball with no handicap for B players. Officers: President Al Bergoust, Vice President Joe Mattos, Treasurer Jack Clark, Secretary Dallas Salomon, and Membership Chairman Dave Stewart.

Latest weekly tournament winners:

August 7, 8-Ball

- 1st George Doner
- 2nd Al Bergoust
- 3rd Oscar Grissom

August 14, Handicap 9-Ball

- 1st Lee Durham
- 2nd Oscar Grissom
- 3rd Tom Horn

August 21, 8-Ball

- 1st Al Bergoust
- 2nd Lee Durham
- 3rd Chuck Lebue

August 28, 8-Ball A & B

A Division

- 1st Al Bergoust
- 2nd Ben Bautista

B Division

- 1st Joe Mattos
- 2nd Jack Clark

For more information regarding the Billiards club, contact Oscar Grissom at crpntrboy@aol.com.

Bingo Club

October 26 is the last month of bingo until January! Mystery surprises and fun await you. The bingo goblins and ghosts want to give money away. Games begin promptly at 7 p.m. at the Delta Club. Buy-in for each person is \$10 for 12 games. We have one early bird special: one card for \$1 and an extra blackout card for \$1. The prize money for each game is \$50 and the blackout prize is \$250. Everyone is welcome. For more information, call Irene (6999).

Bocce Club

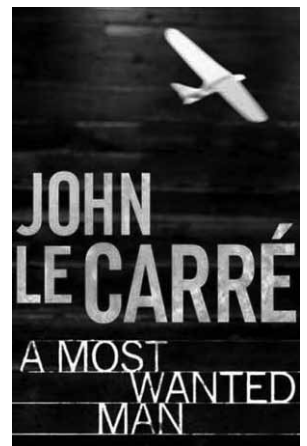
Both the Morning Bocce League (MBL) and Night Bocce League (NBL) teams ended their seasons on high notes. The teams in both leagues with the best overall records were declared champions of their leagues. The MBL played a total of 84 games, or 28 matches, and the Court Hogs, lead by Hal Williamson, won 66 games, which calculates to .786%. The NBL played a total of 108 games, or 36 matches, and the Paisanos, lead by Walt Manos, won 85 games, which calculates to .787%. Approximately 400 residents made up the 34 teams that participated, 15 in the MBL and 19 in the NBL. Sign-ups for next season will take place in early 2013. Watch for the notice in *Trilogy Living*, on MTL and throughout the community.

The Winter Bocce Federation (WBF) began its season on Sept. 18. A total of 20 teams signed up to participate in this activity, which is an increase of four teams over 2011. The WBF is a good way for new residents and new players to gain some insight in to the game and it's free; there is no fee for this 10-week season of 30 games. Matches are played on Tuesday mornings at 9 or 11 a.m.

Next month's article will include comments on our annual membership meeting, which was held on Sept. 15 and the One Day Self Funding tournament held on Thursday, Oct. 4. Special thanks to Collette Harrison for organizing and managing the tournament. Remember to roll often, throw straight, and have fun. That's what it's all about. For more information, contact Joe Downes (7520).

Book Club

The Book Club meets the second Tuesday of each month in the Vista Club Sonoma Room at 10:30 a.m. The next meeting is Oct. 9. The book selection is *A Most Wanted Man* by John le Carre. November's book selection is *Outliers* by Malcolm Gladwell. There is no requirement to have read the selected book. Everyone is welcome to join. Feel free to stop by. If you have any questions or need more information, contact Adrienne at (5576).





Bridge – Duplicate

Duplicate Bridge meets the second Monday of each month at 12:15 p.m. in the Sonoma Room at the Vista Club. Please mark your calendars for our game on Monday, Oct. 8. All Trilogy residents who are interested in playing duplicate bridge are welcome. If you need a partner, we'll find one for you. For more information, contact Sue (6136).

August results: 1st - Run Wan and Betty Magnoli; 2nd - Sue Vogtlin and Lois Brusen; 3rd - Choeta Heid and Lynn Fortner

Computer Club

The next meeting of The Trilogy Computer Club is Oct. 16 in the Diablo Ballroom at the Vista Club at 7 pm. Our guest speaker for the evening, Art Coombs, has been a popular and informative presenter in the past several years. Coombs is from IFN and will address us on several interesting topics followed by a Q and A session.

If you wish to become a member of the club, visit www.tc-crv.org to complete and print a copy of the application and give it to any of the directors with the annual dues of \$12. Or you can sign up at any meeting. On the website, you will find the latest information on many computer related subjects, meetings, and other interesting items.

We welcome all levels of expertise, from those thinking of getting a computer to those who have spent years working with computers and related software. For more information, contact Lynne Hansen (4060).

Dance Club

Judi and Rich Marshall want to thank everyone who came out to the last dance on Sunday, Aug. 12. We always look forward to seeing you all and enjoy the camaraderie among our new dancing friends. We enjoy meeting new people, decorating the dance hall, and socializing with everyone as much as we take pleasure in the dancing itself. Dancing is our passion. We travel around to different places to dance since we look forward to it so much.

Our October 14 dance is a Halloween theme. We look forward to dressing up in costume for this special time of year, but this is not mandatory. The music will start at 7 p.m. and end at 9 p.m. There is a requested donation of \$5 per person. Remember, the dancing is for fun. You don't need to know any specialized dance routines. Just come and have fun.

We always look forward to seeing everyone. Bring your family and friends. For more information, contact Rich and Judi at (7595) or Bonnie Bowen at (707) 322-5875.

Dog Club

In an attempt to increase our ability to reunite lost dogs with their owners, the Trilogy Dog Club has added additional contacts for assisting our residents. Below is a list of volunteers to call when your pet is lost or you have found a dog.

Village I - Larry LaFleur (3159) or Elizabeth Kramer 501-9560.

Oakmont - Billie Jean Clune (3799), Karen Katzman (3355), or Linda Rowe (925) 286-1555.

Riviera - Doris Sundly (3754)

Olympic - Linda Solomon 225-6880, Karen Bereta (3505), or Rose Romano (3549)

Saddlerock - Reggie Sorbet (408) 838-5050

If you have not yet called us to include your dog in our lost dog database, and would like to do so, contact Karen Bereta at (3505). If you would like to become a member of the Trilogy Dog Club, contact Georgette Hall at (3654).

Our next meeting is on Thursday, Oct. 18 at 11 a.m. at the Delta Club. If you're interested in seeing what our club is all about, feel free to join us.

Fishing Club

Our next meeting is Monday, Oct. 15 at 7 p.m. in the Marina Room at the Delta Club. We will discuss our holiday brunch in November. We will show a DVD of our kids trout pond at the Rio Vista Bass Derby. We will schedule an evening when we can show the DVDs of our fishing trips, including the Alaska fishing trip, and of our club activities and functions. We have more things to go over. We will have our usual coffee, tea, and cookies. Hope to see you there. Everyone is welcome to join our fishing club. We have great events throughout the year. For more information, call Al Silva at (3791).

Genealogy Club

Our genealogy meetings are always of great interest for those who have a curiosity about ancestors and their life experiences and struggles. Recently, we came across an article that dispelled a long held belief. How many times have we heard "our family's surname was changed at Ellis Island." In reality, the passenger lists were created by the ship's captain or designated representative before the ship departed from its port of origin. Since immigrants would not be accepted into Ellis Island without proper documentation, the shipping companies were very careful to check the immigrant's paperwork (usually completed by a local clerk in the immigrant's homeland) and ensure its accuracy to avoid having to return the immigrant back home at the shipping company's expense. Ellis Island inspectors operated under rules that did not allow them to change



the identifying information for any immigrant unless it was requested by the immigrant or it was proven that the original information was in error. Inspectors were usually foreign-born immigrants and spoke several languages, so communication problems were nearly non-existent. Many immigrants voluntarily changed their names, especially upon naturalization, in an attempt to fit better into American culture. Countless immigrants had their names changed by school teachers or clerks who couldn't spell or pronounce the original surname. Keep in mind that if your family underwent a name change in America, you can be pretty certain that it was at the request of your ancestor, or perhaps because of inability to write or their unfamiliarity with the English language. The name change most likely did not take place at Ellis Island.

The Genealogy Club is open to all residents of Trilogy. There is no fee to become a member. Our regular meetings take place the first Thursday of the month at 2 p.m. in the Vista Club Monterey Room. For more information, contact Rhoda at (7542). The Genealogy Workshop is held the third Thursday of each month at 2 p.m. at the Vista Club Computer Room. For more information, contact Carolyn Bridges at wncbridges@comcast.net

"It is an unusual family that hath neither a lady of the evening or a thief" — Unknown

Good Samaritans

We thank the residents in our community who attend the Bible Study and the residents who read our article. We all have a part in this ministry. Thank you for your prayers that keep the Good Samaritans moving forward to a higher insight for the Word of God. The Good Samaritans is a group that is able to share our hurts, our needs and our wisdom. The Good Samaritans is not a church. We are a group of residents at Trilogy who come together on Thursdays to study the Bible. Reflecting back from the day we became a group called, "The Good Samaritans," we've had many visitors, some stayed, some came in for prayer, some with curiosity and others came to build up their knowledge in the Word of God.

No matter what people come in for, we welcome everyone with love and care. We believe this is what a Good Samaritan should do. Some people have called our group the upper room, a place of refuge, faith builders, and a place where prayers get answered. We have people who come from all backgrounds, different countries, and from all walks of life. The only shepherd we have in our group is The Lord. One of the greatest prayer requests is to pray for all the churches in the Rio Vista community. Another highly requested prayer is for people in our community going through health issues. This past year several illnesses have been reported and we have a prayer list to keep those

special people in our prayers. As we approach the holiday months, we plan to see where God can use us to help people in need. If you have any prayer request and are not able to attend our weekly meeting or your home church, you can email your prayer request to goodsamaritansbiblestudy@hotmail.com. The Good Samaritans meet every Thursday at 1 p.m. at the Delta Club in the Marina Room.

Scripture of the Month: Psalm 23

Men's Executive Nine

Tournament play in September was dedicated to Match Play for the Club Championship, which extended over four weeks. The winners in the first flight were Dale Moore - 1st place, Ron Kott - 2nd, Joe Devillbiss - 3rd and Metz - 4th. In the second flight, the winners were Alex Winkler - 1st, Bud Brock - 2nd, Dennis Jones - 3rd and Dave Hampton - 4th. Congratulations to the winners, and thanks to everyone who participated.

Our club plays every Tuesday starting at 11:30 a.m. We usually have two tournaments each month and the other Tuesdays are straight golf. On Oct. 10, we play a four-man shamle format. On Oct. 23, we play a shotgun start and a switch format where two-man teams switch balls after their drive then hole out with that ball.

Please remember that we will be holding our first stand-alone annual award and officer installation banquet after the Oct. 23 shotgun tournament. We will present various awards and will introduce our board of directors for the next year. There will be a raffle and door prizes. Please support your club and attend even if you don't play golf that day. Watch for the flyer.

Currently, we have 86 members and growing. If you are interested in joining our 9-hole golf club, pick up an application form in the posting room or contact membership chairman Dick Talbott at 225-0077.

Motorcycle Club

The Trilogy Motorcycle Club riders meet the first Saturday of every month for an all-day ride. It's unusual that a destination is not agreed upon over coffee at McDonald's, but the Sept. 1 ride was an exception. A few of the group went south to Alviso for a car show and the remainder of the group headed east. Seven bikes and eight riders headed up Hwy 160 to Walnut Grove and then east bound on Thornton and Peltier Roads. After a stretch break at Starbuck's in Valley Springs, we proceeded east by way of Mountain Ranch and Railroad Flat Roads. Both roads provided nice curves and a bit of technical riding as well as the pack leader becoming directionally challenged and having to resort to asking a nice local for directions. A number of GPS devices were also consulted and we seemed



to be somewhere west of El Paso. The up side is when we returned to civilization on Hwy 88, we found a great little burger place called Premium Burgers.

The return trip took us through Jackson, then west on Stony Creek Road and west on Camanche Reservoir Pkwy and eventually to Lodi for a stretch break. We re-capped the ride over various choices of coffee. This is one of the best parts of the ride where we can talk about the day's events, what went right, what went otherwise, and, in general, have a few good laughs. At just over 200 miles, it was not a long ride, but great weather and riding friends made it very enjoyable. We send a big thanks to Larry Nelson for writing last month's article! We invite the other motorcycle riders in Trilogy to join us on any of the monthly rides. The next ride will meet at McDonald's in Rio Vista at 8 a.m. Oct. 6. The destination is to be determined based on weather. For more information, contact Bob Pastorino at (6556) or Larry Nelson (2967).

Nature Club

The Nature Club's next meeting is Oct. 10 at 6:30 p.m. in the Monterey Room at the Vista Club. We look forward to seeing all previous members and those interested in joining. We will preview fall and winter birds coming to our area. For more information, contact Gail Bedinger (2718).

Photography Club

September's meeting of the Photography Club took on a more relaxed tone, setting aside the projected edit presentations of previous months and spending the meeting time with members displaying their problem printed photos for discussion and input. Many helpful remedies were put forth.

October's meeting will again explore Adobe Camera Raw software on projected images. The demonstration will cover the how and why of exposures, contrast, and the achieving of black and white images. Use of Elements

10 will be incorporated into the discussion. Trilogy residents (hobbyists or professional photographers) are welcome to attend. If you wish, join the Photography Club here at Trilogy. Meetings are on the first Thursday of the month



*The "Bean" at Millennium Park in Chicago, Illinois.
photo by Doris Noriega*

in the Monterey Room at the Vista Club. Meetings start at 7 p.m., and go approximately until 8:30 p.m. There are no membership fees required; merely the opportunity to gain new information that will lead to enhancement of your images. For information, contact Richard Freeman at RJFREEM@frontiernet.net.

Recipe Club

Are you ready for a wonderful fall day in wine country? Then, join the Recipe Club on Tuesday, October 9 for a day of gourmet food and wine tasting in the most beautiful setting in Northern California, Napa. We will gather at the Delta Club at 10 a.m. to get our final directions and create a carpool caravan. Please note that the return time to Rio Vista will be between 4 and 5 p.m.

The first stop will be at the famous Oxbow Public Market, located in the heart of Napa, near the Napa River and Napa River Trail. This indoor market features more than 20 specialty merchants showcasing artisanal food and wine products. Their website is www.oxbowpublicmarket.com. From there, we will find a delightful Napa restaurant for lunch and conversation.

The highlight of the day will be a stop at the beautiful French chateau, Domaine Carneros Winery, featuring premium California sparkling wine and impressive Pinot Noirs. We will enjoy the spectacular views of the Napa Valley, while being served by one of the wine experts who will provide an overview of the winery, the wines, and the fall harvest. You can visit their website at www.domainecarneros.com.

Please attend this day of glorious sunshine, delicious food, wine, and conversation. For more information, contact Sandy Price at sandyprice03@frontiernet.net. For more information about the Recipe Club, contact Patty LaFleur (3159).

Monthly tip: If you can't stand mixing raw hamburger by hand and the wooden spoon just won't do, try covering each of your hands in a clean plastic bag (or baggies) and



dig in. The plastic bags will still give your hands and fingers free movement, yet keep them free from raw meat contamination. Did you know: Meatloaf aficionados declare that the ingredients must be mixed by hand or the meatloaf is doomed?

Rio Vista Roamers RV Club

The Durango outing in Redding was as hot as it was here, but a little adversity has never stopped us from having a good time. We played cards, Mexican train, swam, played bocce, walked the trails, and ate really well. Our thanks go to John and Anne.

Rio Vista and Brentwood clubs did a campout together Sept. 24 - 28 in Quincy. Frank and Kris Reid were our wagon masters.

Our yearly trek to Bodega Bay will be October 22 - 25. Doyle and Erna Ellington (5276) will again be our hosts. The cost is about \$37 per day if we have at least 10 rigs or \$45 if there are fewer than 10. They will need your reservation by Oct. 5. As you see, 10 is the magic number for most group discounts. Be sure to join us for the last camping trip of the season.

In November, we will all meet at the Delta Club for a potluck. Our holiday dinner will be at the Nines in December. We welcome retired members and active members to our dinners and potlucks. As always, anyone who would like to join us is more than welcome. We are a fun-loving group and the first outing is a chance to see if you would like to join our club. For more information, contact Sandra Santos (3538) or Doyle Ellington (5276).

Senior Men's Golf Club

The main event in August/September was the club Match Play tournament. Over a period of four weeks, members played each other head to head with the winner moving on to the next round. The match play winners by flight are 1st flight - Joe Kalajian, 2nd flight - George Barlesi, 3rd flight - Dave Staley, and 4th flight - John Grace. Congratulations to the winners and thanks to all who participated in this tournament.

Our tournament schedule begins to wind down in October as we play our Club Championship tournament. The format is low net score by flight and low gross score overall. The tournament is 36 holes with the first round on Wednesday, Oct. 10 and the second round on Friday, Oct. 12. Our club will also host the Napa senior men's club on Oct. 17 and we will play an AB gold tees, CD white tees tournament on Oct. 24. Watch for the sign-up sheets and participate in these fun events.

Our club plays each Wednesday morning with tee times starting at 8 am. Sign-up sheets are available in the posting room or through our e-Clubhouse website at rvsmgc.ghinclub.com where you will also find the latest news and tournament results.

We hold our general membership meeting on the third Thursday of each month at 4 p.m. in the Delta Club Rio Vista Room. Please attend and support your club. The next meeting is on Oct. 18. For more information about our club, contact President George Barlesi at (4032) or gbarlesi@comcast.net.

Stroke, Head & Brain Injury Club

Those of us at Stroke Club support those who have had or are living with someone who has been affected by stroke or brain injury. We also assist those who are suffering from dementia, regardless of the cause. Our group provides help, useful tips, and current information on how to cope with the various short and long term physical and emotional side effects that are unique to your situation. Since each person who experiences these maladies can suffer from feeling alone, helpless, and/or impaired by some physical and/or emotional limitation, the support that we can provide each other can be very important to adapting and living.

We conduct various extracurricular activities for the group both within Trilogy and in nearby communities. In August, we went to Suisun for lunch and a tour of the Lawler House art and historical museum. Stroke Club, in conjunction with the National Stroke Association, participated in the Health Fair held on Sept. 22 at the Delta Club. Our goal was to inform as many people as possible about stroke prevention and what steps to take if someone is having a stroke.

If you or someone in your family has had a stroke, any kind of brain malfunction, and/or dementia, and would like to join, contact Dr. Cheryl Bellrose (6619). We encourage caregivers and families to join as well.

We have changed the time for meetings and now meet on the first Tuesday of each month from 2 - 4 p.m. at the Vista Club in the Monterey Room. Our next meeting is on Oct. 2.

Supper Club

The last Supper Club for 2012 is this month. If you are unfamiliar with our group, we meet every other month, five times a year beginning in February. On these occasions you can meet our members and get to know them in a small group setting (usually six to 10). We are not limited to a formal dinner menu only. We may also have a brunch,



a luncheon, or a theme party. In addition, every year we also hold a party for the entire group.

Everyone is welcome to join Supper Club. Our club is not just for married or committed couples. We don't want to leave anyone with the impression that single individuals are not welcome. If you want to make new friends, give Supper Club a try. Take the opportunity to experience our absolutely delectable menus and friendship provided by our members.

If you are interested in joining us, or have any questions, contact either Maureen Gingrass (3803) or Cheryl Bellrose (6619). We always have room for new members, and of course, we'd love to meet you.

Table Tennis Club

Our Bocce play day was such a success that members are enthusiastic about a monthly bocce game while the weather is nice. We'll try a "bring your own snacks" idea so that no one works and everyone can have fun. Sign-up sheets are at the Delta on TT game days. We'll report on the outcome of our International Potluck, Saturday, Sept. 29 in the next issue of *Trilogy Living*.

On Saturday, Aug. 25, RVTTC had a terrific tournament versus Rossmoor! The Trilogy team won by a significant margin. You may recall in the January tournament, we tied on matches and the winner was decided by just a four-game margin in Rossmoor's favor. This time Trilogy won 27 to eight matches, with a 57-game margin. Unfortunately, we got word one week before the tournament that instead of the 16 players we had agreed to months ago, Rossmoor would only be bringing nine players. This was a real shame for the members who had been practicing in anticipation of competing in this tournament, and something we'd prefer not to repeat. Since we are the winners of the tournament on this round, the joint TRV/Rossmoor trophy will reside with us. It is looking for a display case to call home until the next tournament.

Keep an eye on our website, since any changes of scheduled activities and all sort of news are posted promptly.

MyTrilogyLife.com has a hyperlink to our website under "clubs." Simply click on <http://trvtt.wordpress.com> and you will transfer immediately to our website. Not all the content of the website is available for public viewing. Some of this content is password protected and only available to members. But, don't let that discourage you from browsing. Become a member so that you can see the entire website.

For more information, contact: Tom Barnes, President (4395); Jeff Kennan, Vice-President (7541); Tom Silverman, Treasurer (318-4620); Kim Russell, Secretary (2046); Vicky Riddle, Publicity (3684), Mike Lewis At Large (4823).

Tennis Club

As this article comes out, we are preparing for our final competitive match of the year with Brentwood on Friday, Oct. 12. If you are new to tennis, come out and see some good playing. You may find that a neighbor or friend is on the team and we are always looking for friends and neighbors to join us on the courts.

The cool morning air these days says that fall is just around the corner. That means that all of the "food" holidays, football games, and munching are not far behind. While I like to indulge like most of us, I find that burning up those calories on the tennis court is a great way to keep the pounds off, and it beats walking or running on the treadmill in the gym.

A new addition to our courts is two sets of bike racks. With a lot of our members biking to the courts, they were a welcome addition. We have Chuck Williams to thank for all of his help in getting them purchased and installed. Thanks to everyone who continues to recycle your plastic bottles and aluminum cans at court two.

For more information about our club, contact Wally Beckman at beckmanwally@hotmail.com

The Whist Club

The club gathers once each month, usually on the third Friday at 7 p.m. at the Delta Club. Please check the monthly *Trilogy Living* for any date/time changes. Other games are available for those not interested in playing cards, including dominos, backgammon, and checkers. Those who have other board or table game preferences may share also, e.g. Scrabble and Monopoly are encouraged. We also welcome those who just want to socialize.

The Trilogy Whist Club is also the vehicle through which other cultural activities have been organized, to which the entire Trilogy community and their families are invited. The next event is Martin Luther King Day. All events are intended to be educational, informative, and fun. For more information, contact Madalene Turner (3361) or Jean Robertson (0086).

Women's 9-Holers

We meet at The Nines every Tuesday at 8:30 a.m. for a 9 a.m. tee time. The sign-up sheet is picked up on Sunday at noon. If you need to cancel, call Ruth Almgren 507-5244 Tournament Chairman, or Karen Adams at (4610) or the Pro Shop (2900).



Following are the Tuesday Play Day Results:

August 7, 2012: Tournament of Champions kicked off today. Drum roll, please. Ruth A., paled on #15, Karen N., paled on #11. Great Day.

August 14, 2012: Tournament of Champions: These ladies had quite the day. Suzi M., had pars on #5 & #8, Judy had a par on #5, Fran had a par on #8, and Jeannie had a par on #8.

Tournament of Champions of 2012 winners: Suzi M., Low net winner Ruth A., Low gross. Congratulations to Suzi and Ruth. Roaring applause for these ladies. August 21, 2012

Winners of Bingo-Bango: Judy with 9 pops, Jeannie with 8 pops and Karen N and Ruth tied with 7 pops. Chip-in Winner: Georgette on #18. Pars: Kathy on #12, Jeannie on #13, Suzi on #15, Karen N., on #16. Fabulous ladies.

August 28, 2012: Chip-in for Kathy on #2, wow! Pars: Gay and Arla on #1, Ruth on #5, Karen N on #7, Suzi and Jeanie on #8. Great Golfing.

If you would like to join the Women's 9-Holer's, please call Georgette Rodriguez, Membership Chairman at (2683).

Women's 18-Holers

August 2: Charm Day. The winner of the charm was Linda Barlesi. A Flight: 1ST Place - Linda Barlesi, 2nd Place - Vicky Riddle, 3rd Place - Lucille Rhodes. B Flight: 1st Place - Donna Martella, 2nd Place - Sue Clark/Ida Shannon, 3rd Place - Diana Staley. C Flight: 1st Place - Terri Anisko, 2nd Place - Bessie Dunn/Roni Texrira, 3rd Place - Maureen Gingrass. D Flight: 1st Place - Marilyn Rogers/Helen Swarbrick, 2nd Place - Lynn Grace.

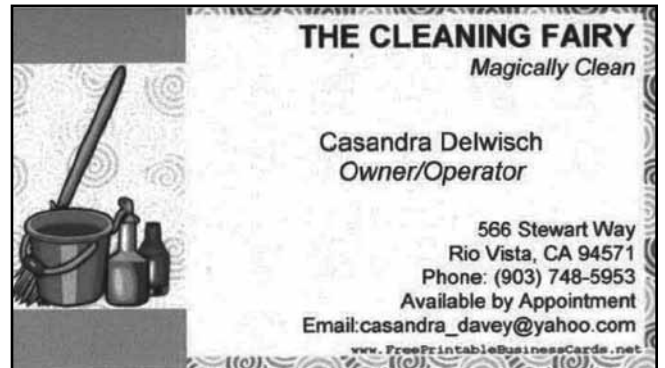
August 9: Green/White/Gold - Flight A Winner - Vicky Riddle. Winner of front 9 - Linda Barlesi. Winner of back 9 - Ulla Ulmonen. Flight B Winner - Sue Clark. Winner of front 9 - Ida Shannon. Winner of back 9 - Trixie Roque. Flight C Winner - Chris Sabye. Winner of front 9 - Roni Teixeira. Winner of back 9 - Maureen Gingrass. Flight D

Winner - Darl McCarthy: Winner of front 9 - Marilyn Rogers. Winner of back 9 - Charr James.

August 16: Cross Country. A Flight: 1st Place - Ulla Ulmonen, 2nd Place - Linda Barlesi/Lucille Rhodes/Alma Renko. B Flight: 1st Place - Donna Martella, 2nd Place - Pat Kistler, 3rd Place - Angie Jones, 4th Place - Ida Shannon. C Flight 1st Place - Karen Nash, 2nd Place - Charlotte Godsey, 3rd Place - Terri Anisko, 4th Place - Terry Sutter. D Flight: 1st Place - Darl McCarthy, 2nd Place - Carol Petronzio/Lynn Grace.

August 23: Five Clubs Only A Flight: 1st Place - Debby Carroll, 2nd Place - Judy Zelmar, 3rd Place - Linda Siatt, 4th Place - Angie Jones, 5th Place - Ulla Ulmonen. B Flight: 1st Place - Diana Staley, 2nd Place - Trixie Roque, 3rd Place - Maureen Gingrass, 4th Place - Pat Kistler/Sue Clark. C Flight: 1st Place - Lynn Grace, 2nd Place - Karen Nash, 3rd Place - Carol Petronzio, 4th Place - Darl McCarthy.

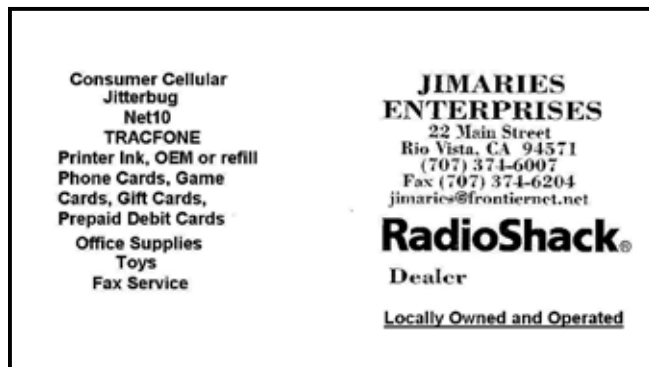
August 30: Scratch Three. A Flight: 1st Place - Vicky Riddle, 2nd Place - Des Javier/Linda Siatt, 3rd Place - Angie Jones. B Flight: 1st Place - Bessie Dunn, 2nd Place - Maureen Gingrass, 3rd Place - Trixie Roque, 4th Place - Sue Clark, 5th Place - Doris Sundly. C Flight: 1st Place - Joanne Smith, 2nd Place - Karen Nash, 3rd Place - Charlotte Godsey, 4th Place - Charr James, 5th Place - Terri Anisko.



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We can get you to Fairfield, Suisun City, Isleton, Antioch and Pittsburg/Bay Point BART Station, Monday – Saturday.

The bus will even come to your door upon request!

You can board the bus at Vista Clubhouse or at the corner of Summerset Drive & Summerset Road near the main gate at the yellow/black sign.

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Galvanic Face Spa & Galvanic Body Spa
Lee Anne Mason 372-1201
masonla2020@gmail.com

ANNOUNCEMENTS

Gambling Trip

Thunder Valley Casino 11:15 a.m.
to 4:15 p.m. Friday Dec. 7. Cost
\$28. Bonus: Play \$15., Food \$5.
Contact Carmen Martinez (3259).

Parkinson's Support

Support Group "Movers
and Shakers" is a group for
Parkinson's essential tremor
dystonia that meets once a
month. For more information
call Audrey Kinser (7506).

FOR RENT

Home for Rent

Beautiful 3br/2ba, 2053 sq. ft.
Trilogy residence. \$1300/
mo. Upgraded kitchen with
granite counter tops. Stainless
steel appliances. Like new.
Must see! Available now.
Call Yaoqi 415-407-4971.

FOR RENT

Home for Rent

Big Sur former model near
Vista Club: 1400 sq.ft., 2br/2ba,
landscaped, 2- car garage, \$1250/
mo. No pets. Owner pays HOA.
Call Harry 650-588-1801.

Home for Rent

Spinnaker model with gas
fireplace, den, covered patio.
HOA and gardener included. No
smokers. Call Pat 208-1788.

Room for Rent

No pets, non-smoker, 55+
years. Call for details. (6045)

FOR SALE

Citronelle Plants

Home grown, potted Citronelle
Plants. Have sweet Citronelle
fragrance w/ tiny lavender
flowers when blooming.
Helps keep mosquitoes away.
Limited quantity, \$10, \$15,
\$20 each. Bonnie 322-5875

FOR SALE

Golf Balls

Golf Ball Blowout: Crystals, Pro
V, Bridgestone, Titleist, Callaway,
Nike, Pinnacle, \$100 per 100
balls. Ladies Cobra driver and
3 metal \$25. each. (4921)

Golf Cart

2011 EZGo Freedom RXV, like
new split Windshield, Five panel
mirror, 48 volt system motor.
Fully automatic. Battery charger,
Fairway alloy 12" custom wheels.
Low P.F. tires. Cozy enclosure. Paid
\$11,809; firm \$8500. (4921).

Golf Clubs

S. Cameron putter \$75; Ping putter
\$50; Callaway driver \$25; Callaway
3 metal \$25; Titleist 975 driver
\$50; Titleist 905 driver \$50; New
Ping G 15 Hybrid \$100. New 64
pitching wedge \$75. (4921)



FOR SALE

Mixer

KitchenAid Professional 600 watt Series 6-quart Stand Mixer. Color meringue. Has FPPA Pack which can grind, slice, shred, puree. Also ice cream attachment & extra beater. Has red cover. Used twice. \$300. OBO Call (6744).

Scarves

Bonita Stewart Designs: I make hand knitted scarves, cowls, hats and fabric handbags. See my complete inventory at www.etsy.com/shop/bonitastewart or call (4368).

SERVICES

Airport Transportation

I'll get you to any airport or SF port on time and pick you up on return. TRV residents only. In previous issues, I explained HOW I charge. Here are the fares: SFO \$105, OAK \$85, SMF \$65, PORT \$90/ Call Ralph Hatch (3941).

Appliance Repair

Service and repair of most makes and models. 30 years experience. Now serving the residents of Trilogy. Call Gary (4945).

Assistance w/ Heavy Lifting

When you need an extra pair of strong arms for projects such as rotating mattresses, hanging holiday lights, we can help. We are experienced, reliable, motivated and properly equipped. No job too small. For hire with or without truck. Call 707-410-7070.

Assistant for Females

Available Monday -Thursday 9-5: Meal preparation, errands, transporting to pharmacy, post office, groceries, appointments, shopping, visiting friends, movies, etc. Contact Brenda (4617) or cell 816-0964 tmlblweed5000@aol.com

SERVICES

Audio/Visual

We will install your audio system, DVD, TV, or VCR to your specifications. We will also custom wire your home per your specifications. All installers are ON-Q certified. Call Michael (2800).

Auto/Home Detailing

Star Shine Mobile Detailing is now providing auto, motorcycle, boat, RV and upholstery detailing. Also offering home driveway pressure washing services to Trilogy residents 410-7070.

Caregiver

Need a few hours respite when caring for a loved one? Anticipating upcoming surgery or hospitalization? I'm a registered nurse. Reasonable rates. Call Sherry at (4864).

Carpet and Upholstery Cleaning

B&B Carpet and Upholstery Cleaning. Trilogy resident will clean carpets and upholstery in your home, mobile home, RV, boat, or car. Home carpets: \$30 per room, \$15 per hall. For the best service, call Bill (6125) or cell (707) 718-4994.

Carwash

Ray's Mobile Carwash. Let me come to you to clean and wash your vehicle. Reasonable rates for detailing and waxing also. Call Ray (7598) or 707-249-1492.

Cleaning

By Fluff & Buff. Reliable, trustworthy house cleaning. Several years in Rio Vista. Excellent references. Bonded, Licensed. Flexible. Move-ins/outs; weekly, bi-weekly, monthly, etc. Kali 925-451-9655 anytime.

Cleaning

House cleaning with an expert eye to details. We offer one-time cleaning, budget cleaning and full service cleaning. Moving in & out cleaning & special projects also available. All work satisfaction guaranteed. Twelve year resident. Call Nita 315-6670.

SERVICES

Clock Repair

Thirty years collecting and repairing clocks. No cost if I can't fix; low cost if I can. Can do housecalls. Call (6782). Ask for Rod

Computer Doctor

Woody Woodard will fix PC's/ Mac's, install, teach, create web pages, coordinate with Frontier, Best Buy, Comcast. 707-416-6067

Computer Help

PC or laptop repair, including optimization and virus removal. Extend life of old computer or set up a new one. Wireless setup, add new devices and tutoring. Kathy Barker (6850).

Computer/Wireless

We will custom install your computer or wireless network per your specifications. We will also do custom wiring and software downloads. Call Michael (2800).

Countertops Galore

Granite—Corian—Marble: Specializing in kitchen & bath installation. Trilogy Resident Larry Reece, 30 years experience, free estimates. (3338) home or 707-208-3703 cell "You can take Larry for granite."

Electrical

Certified electrical contractor (#819067) will install chandeliers, fans, lights, outdoor receptacles, RG6 cable for broadband service, telephone lines and wiring for Ethernet or wireless. Call Michael (2800).

Enhanced Improvements & Repairs

Established Retired General Contractor. .tile, wood floors, water leaks/drywall damage, kitchen & bath remodel/repair, patio re-design, entry/screen doors, fireplace mantels. . . Big or small—I do them all! 7 year resident/ references. Dominic 322-9476



SERVICES

Errand Transportation

Weekdays: Depots, stations, airports. Assistance with shopping, appointments and errands. Call Brenda (5545) or cell 707-816-0964 tmbllweed5000@aol.com

Faux Finishing @ Its Best

Enhance the beauty of your home with faux finishes for your walls, columns, fireplaces and doors. Call Susan Prince/Oddo (2167)

Free Classifieds

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Totally free during our test trial. Try us out! Feedback is appreciated! 707-340-3788

Gardening

Need garden pruning or sprinkler repairs? Trilogy resident and former Golden Gate Park gardener offers 25% discount to Trilogy residents. Call Mike (2349).

Guitar Lessons

Beginning guitar, baritone ukulele lessons starting September 5. All ages. Call Zoe (3676).

Hairstyling

Haircuts & styling done in the comfort of your home. Over 35 years experience. Call for appt. Myrna Home: (3725) Cell: 408-309-0083. Men also. Trilogy resident.

Handyman

Minor plumbing and electrical installations and repairs; furniture and closet shelf assembly and repair; blind, drapery rod and wall décor installation. Call Ron (2227).

Handyman

For those projects that you can't or don't want to do: plumbing (leaking faucet, garbage disposal), electrical (install ceiling fans, light fixtures), household repairs, hang window treatments, mirrors, and pictures. Call Scott Sylvester (6013).

SERVICES

Handyman

Trilogy resident has over 40 years of home maintenance experience, MOEN faucet specialist, ceiling fan and chandelier installations, electrical trouble-shooting and GFCI problems, plumbing leaks, disposals, toilet maint., and more. Free estimates. City bus. license #1654. Bob Bailey (3391).

Home Design

Gypsy Cowgirl Designs: Call Patty for help with redesigning your home or for staging. (4410)

Household Assistance

Clean house, wash car, cook meals, drive far. Be friends, frown fix, organize clutter, pet sit. Paint walls, small repairs, pack house, relieve cares. Jody 386-7896

Impeccable Improvements & Repairs

Established Retired General Contractor. . .tile, wood floors, water leaks/drywall damage, kitchen & bath remodel/repair, patio re-design, entry/screen doors, fireplace mantels. . . Big or small—I do them all! 7 year resident/ references. Dominic 322-9476

Income Tax Preparation

Notary Public Services; Individual and Corporate Income Tax Preparation. Reasonable prices. Trilogy resident Jim Castress (3590). CTEC Registered #A141120.

Income Tax Preparation & Bookkeeping Service

Over 30 years experience with bookkeeping and personal, corporate and partnership income tax preparation. Fast, efficient, reasonable. No job too small. Pick up & delivery. Call Lesley (3377).

SERVICES

Income Tax Services & Planning

Serving Trilogy since 1999; individual, trusts, business. Consultation in your home or my Trilogy office. Ron Auger, CPA (3068)

In-Home Care

For male or female. We are sensitive, caring, discreet and dependable! We are Trilogy residents with 8 years combined experience and would like to assist you too. 12 year resident. Call Nita 315-6670.

Landscape & Design

My name is Jim Gilly,. [www. GotGilly.com](http://www.GotGilly.com) new in Trilogy since May. Thank you Karen & Bill, Les & Kathy for allowing me to serve your landscape needs. I invite more of you to visit my website. Give me a call. Let's talk about your needs. 925-260-5780.

Want to Run a Classified Ad?

Pick up an ad application form at Member Services. Turn in your completed form by the fifth of the month preceding the month you wish the ad to run. Cost is \$5 for 25 words. Additional words are \$.25 per word. Checks only. Late ads will run in the next issue.



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Landscape Maintenance

Call StarShine of Rio Vista for all of your yard and homecare needs. 410-7070

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\$10 per signature per page with discounts for multiple pages. Offering LegalShield™ /Identity Theft Protection Services. Elaine Wisz (4310).

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Certified Notary, fast, professional and reliable service. Lowest fees for Trilogy residents. Please call Jeffrey (7541).

Notary

I offer notary services in my home or yours. Trilogy resident Eileen Griffin (2684).

Notary to Go

Only \$7.50 per notarization. At Trilogy. Discounts for numerous documents. Since 1984. Call Warren (3477).

Painting

Ron the Painter for Hire. Quality work at a good price. All types of painting: fences, mailboxes, interiors, homes. References. Trilogy resident 707-580-6616.

Painting and Drywall

Repaint exterior & interior. Color and texture our specialty. Free estimates. 38 years experience. R. P. Painting, Trilogy resident CA St. Lic. # 422737. Call today (5954).

Personal Organization

Haven't seen the top of your desk lately? Can't close the closet door anymore? Let ClutterNOT help you make the "hard decisions" of what to keep and what to donate or discard. Experienced, confidential and sensitive de-cluttering. References available. Trilogy resident, Carol Kern, 925-286-2398 or www.clutternot.com for free consultation.

SERVICES

Pet Care

Loving care for your pet while you are away. Includes walking, feeding, mail brought in, garbage out, etc. Call Trilogy resident Andrea 209-201-8143.

Pet Care

Kitty care services while you are away. Includes feline's play, feed, meds, clean litter, trash out/in, newspapers, mail, and water plants. Call Mimi (4343) or cell 707-567-5910. Since 2007.

Photography

Preserve your memories. Photo and slide restoration, retouching. Photography for events, family portraits, advertising or passports. www.digitaldreemz.com Call June (6830).

Rain Gutters Cleaned

Patio Covers washed and rain gutters cleaned. Pressure wash driveways and patios. Trilogy resident Danny 209-570-0302.

Sliding Door and Screen Repair

Stop Fighting Your Sliding Door and Screen!... If it does not Slide, I will make it Glide.... Replacement or Repair of Rollers, Handles and Locks on all Patio, Screen, Shower Enclosure and Wardrobe Doors. For a free estimate, call Jonathan (2736).

Stained Glass

Custom Stained Glass by Jan: Windows, Panels, Gifts. Your design or mine. 40 plus years experience. Call 707-374-3612 or 707-718-2463. Trilogy Resident.

Streaming Video

Will set you up to watch movies in your home instantly from Netflix or Amazon. Woody Woodard 707-416-6067

SERVICES

Transportation

Dave's Transportation Service will drive to airports, Amtrak, BART, Medical appointments, shopping, casinos. Trustworthy and reliable. For Trilogy residents only. Call David (3192.)

VACATION RENTAL

Las Vegas & Mexico

Cancun Resort Las Vegas Dec. 22-29, 2012: One bedroom, sleeps 4, pool/sauna/etc. \$600; Cabo Azul Resort San Jose Del Cabo, Mexico Dec. 23-26, 2012: two bedroom garden view sleeps 6, pool/sauna/etc. \$400. Call 510-517-8010 or 510-541-5968 for additional details.

Tahoe Condo

Tahoe rental Incline Village: Fully equipped condo near Diamond Peak, sleeps 2-4 comfortably. Starting at \$125/night plus cleaning fee. Call Blaine (0717) or letsgotahoe@aol.com



Summer events at Trilogy have kept Trilogians busier than ever.



Aug. 16 • Drama Club's Production Who Poisoned His Meatball?



Aug. 25 • Trilogy Art Guild's Juried Art Show



Aug. 25 • Trilogy Art Guild's Juried Art Show



Sept. 1 • Cash Tribute featuring James Garner joined by Trilogy's Claire McKean in a duet "Daddy Sang Base"



Sept. 13 • A group on the Culinary Food & Wine Tour in Murphys, California



Aug. 25 • Trilogy Members visited with the Delegation from Rio Vista's Sister City, Tobishima Japan



*“When I say ‘be creative,’ I don’t mean you should
all go and become great painters and great poets.*

I simply mean let your life be a painting.

Let your life be a poem.”

— OSHO



We're here to help you make the right decision about assisted living.

EMERITUS SENIOR LIVING

There is no "right time" to seek another living environment. It is a decision usually based on the individual's needs and available outside support. If you are observing an alarming decline in the safety, social, or emotional needs of your parent or loved one, it's time to see how assisted living can help!

Choosing assisted living at an Emeritus Senior Living community will actually give your loved one greater independence. You will gain peace of mind knowing that they are nearby in a safe and comfortable senior living community.

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