PUBLISHED BY THE TRILOGY AT RIO VISTA MASTER ASSOCIATION

December 2012





The members of the Recipe Club have a reason to be jolly year'round with their culinary soirees, most recently their appetizer social on Nov. 13 at Ann Ausich's home. December marks their annual cookie exchange. Add a little spice to life with the Recipe Club on page 33. *Pictured above Shirley Rogers*.

Index:

New Year's Eve Grand Ball pg. 5 Fitness Holiday Potluck pg. 17 A Cowhand's Christmas Carol pg. 18 Bake Sale pg. 12

Aviva has been delivering on promises since 1696.

Over the years Aviva has made some historic underwriting decisions.



Sir Winston Churchill An Aviva plc Company approved the application of this promising young officer and presented him with a fully paid-up policy in 1960



Queen Victoria Her Royal Majesty asked an Aviva plc Company to be her insurer 140 years ago. The Company graciously complied.



Napoleon Bonaparte Over 180 years ago, Napoleon Bonaparte applied for life insurance with an Aviva plc Company. He was turned down. The rest is history.

For more than 300 years, Aviva has kept its promises. Centuries of customers (both the

famous and not-so-famous) have relied upon us for financial security and peace of mind, helping to make the Aviva companies the fifth largest and oldest continuously operating insurance group in the world.*

Today, we take all that we've learned in those many years and focus on tomorrow. Our experience guides us as we strive to anticipate and meet people's needs for the future... to help them make the most out of life.

If you're looking for a great company **for your future,** look to Aviva.

Come be part of our history.



www.avivausa.com

Aviva Life and Annuity Company, Des Moines, IA; Aviva Life and Annuity Company of New York, Woodbury, NY; American Investors Life Insurance Company, Topeka, KS.

* Based on gross worldwide premiums for the year ended 31 December 2007

Form 17064F 12-08

Michael Wertin Independent General Agent

707-374-4407

PO BOX 567 Rio Vista, CA 94571 CA License# 0461519

From the Master Association



Carol Benkie

President

The Trilogy Rio Vista Master **Association Board of Directors** meeting was held in the Diablo Ballroom of the Vista Club on Tuesday, Nov.13, 2012.

Guest Speaker Chief Tom Myers

from the Rio Vista Fire Department gave an informative report on the status of the Paramedics/EMT; Rio Vista fire staff; Medic Reserve; Montezuma fire staff; grant from FEMA; mutual aid from River Delta and Isleton; OSHA-4 on scene and in home smoke alarms. Chief Myers gave his thanks on the importance of passing Prop 0.

Prior to the evening board meeting, the Executive Session convened. Actions taken:

- Executive Session Minutes for Sept. 11, 2012 and Oct. 9, 2012 were unanimously approved without correction. There was a review of in-house payment plans; Trustee Service foreclosures and lien reviews were discussed. A \$5,000 settlement offer was accepted (\$5,300 delinguency).
- A Nomination for Golf Course Purchase Feasibility Committee was made.
- Discussion Regarding renewal of Legal Services Plan.
- Review and discussion on Proposals for Collection/Trustee Services.
- Update on Nail vs. TRVMA

Actions taken by the Board at the November Regular Meeting included:

- There was unanimous acceptance of the CFO Budget/Financial Report for October 2012.
- Regular Board Meeting Minutes of Sept. 11, 2012 and Oct. 9 received unanimous approval.
- Consent Calendar Items:
 - Regular Board Meeting Minutes of Sept.11, 2012 and Oct. 9, 2012 were unanimously approved.
 - Expenditures (Ratifications)
 - ♦ Reserves Vista Club Handicap Door \$3,049 (unbudgeted)
 - ♦ Operations Leaf Vacuum \$1,535.44 (\$1,350 budgeted)
 - ♦ Trustee Service (ATC) Payment \$2,011.55; Partial Payment of a \$4,823.03 Invoice
 - Salvage Declaration \$1,000 (ten computers per Policy)

Unfinished Business:

• Wildlife Pest Management Discussion and Direction Regarding Animal Control. Motion passed (4 ayes; 1 abstention) for an expenditure of \$875 to trap animal pests for two nights at/around common area lakes, authorize dispatch as law permits, and award the work to Unique Pest Control.

New Business:

- Chris Sabye was unanimously appointed to the Golf Course Purchase Feasibility Committee.
- A unanimous motion passed for a Legal Services Plan with Berding and Weil in the amount of \$1,200.
- A motion passed unanimously for termination of the contract with Anguis and Terry Collections and enter into an agreement with Allied Trustee Services (ATS) under its "no cost, no fees" program.

The next regular meeting is Tuesday, Dec. 11, 2012 at 2 p.m. in the Vista Club Diablo Ballroom. We look forward to seeing you.

TRILOGY AT RIO VISTA

R Ε

Master Association Board of Directors

Carol Benkie, President (3316)

Warren Oglove, Vice President (3477)

Tom Moore, CFO (5772)

Bernie Dehn, Secretary (4764)

Lorna Bewick, Director (2093)

District Delegates

Village I – Carol Benkie (3316)

Village Oakmont – Tom Moore (5772)

Village Riviera – Lorna Bewick (2093)

Olympic Village - Joel Auslen (5808)

Saddle Rock Village – Mary Ann Butts (3099)

Committees

Adult – Helen Bergoust, Chair (2436)

Access – Dave Bewick, Chair (2093)

Disaster Preparedness – Jim Larsen (4382)

Village Board Presidents

Village 1 – Bernie Dehn (4764)

Village Oakmont – Walt Manos (2827)

Village Riviera – Don Seyk (6407)

Olympic Village - Robert Sonnenburg (925) 550-3832

Association Administration

General Manager: Ed Vitrano (4869)

evitrano@actionlife.com

Assistant General Manager: Catherine Patrick

cpatrick@actionlife.com (4843)

Activities Director: Debbie Dorn (4204)

ddorn@actionlife.com

Fitness & Spa Director: Kathy Erwin (4205)

kerwin@actionlife.com

Maintenance Director: Mike Oestreich (4895)

moestreich@actionlife.com

Member Services Coordinator: Cheryl Lucas (4203)

clucas@actionlife.com

Communications Coordinator: Andrea Stuart

stuarttrv@gmail.com

Club Numbers

Vista: Front Desk (4200) Fax (1099)

Delta: Admin Office (4843) Fax (4891)

Trilogy Living Editorial Board

Andrea Stuart, Ed Vitrano, Debbie Dorn, Cheryl Lucas, Joan Azlant, Kathy Erwin, Helen Bergoust

Commercial Advertising Manager

Joan Azlant, joanazlant@comcast.net (707) 374–2620

Resident Classified Advertising

Kathy Nilsson, knilsson@actionlife.com (4200)

Welcome Center/Front Gate (4306)

trvwelcomecenter@gmail.com

Cyber Café (4202) **Nines** (4400) **Golf Course** (2900)

Shea Customer Service 1-866-535-9989

From the Editor

Andrea Stuart

At last, the holidays are here. For some of us, this is the highlight of the whole year. Streets twinkle in the crisp evening air. Mother Nature kisses our rose-tinted cheeks with her December

zephyrs. And mugs of hot cocoa warm our mitten-clad hands. While schedules can build quickly, leaving us feeling breathless as we scurry like mice from storefront to storefront in seek of Granddaughter's favorite toy, book airline tickets so we can go home for the holidays, or try to fit in all the soirees and cocktail parties that our calendars can hold, there is a childlike innocence in the air that renews our sense of appreciation for the excitement. We are invigorated. Let this time of year embrace you as we approach the New Year in anticipation of new opportunities.



From the Board of Directors: The publisher retains the right to edit articles and advertising to conform to content and space requirements. The Trilogy Board of Directors is not responsible for expressed opinions or for the authenticity of all presented facts in articles and advertisements. Viewpoints contained in this newsletter are not necessarily the opinions of the Trilogy at Rio Vista Master Association, the Board of Directors, its officers, or management.

For non-delivery of Trilogy Living, contact Debbie Dorn at (4204).

From the Activities Director



Debbie Dorn

Events are selling out early and your support is appreciated. It tells us we're on the right track! World's Funniest Cop, Soul Line Dancers/Andre Thierry & Zydeco Magic, Senior Sum-

mit, Olympic Village's Murder Mystery Dinner & Theater Group, Family Halloween Party, Dorothy Tate's Storytelling, and the Veterans' Day Tribute were the month's highlights! Well done everyone from accounts received by numerous residents! Resident and retired USAF Colonel James Malone, honorably presented the Veterans' Day program with acknowledgment for residents, retired USAF Colonels Joseph McKeown, Sally Ann and Stanley Brenner for their years of continued support for all veterans in the community and their families.

Trilogy's transformation into the holiday season has begun. Here's the lineup to be sure you don't miss a one of these jolly occasions!

- 12/01 Christmas Tree Decorating Social
- 12/01 Friendship Baptist Choir Performance
- 12/02 Tree Lighting Ceremony ~ It's an Inspirational Tradition!
- 12/03 & 12/04 Pre-Registration ~ New Year's Eve Grand Ball
- 12/09 Farmers' Market ~ Experience Trilogy's Market Place!
- 12/13 Complimentary Hearing Screening and Assessment
- 12/19 Trilogy Holiday Show
- 12/31 New Year's Eve Grand Ball ~
 An Elegant Evening
- 01/01 Polar Bear Plunge

Christmas 94571 is back for a brief time offering a chance to help those less fortunate in the area. Stop by the Vista Club to learn more about the program before it ends Dec. 9! Club activities are plentiful, offering holiday merriment. And let's not forget Drama Club's Christmas play—a seasonal favorite. I appreciate hearing from you, give me a call (4204) or send an email to ddorn@actionlife.com. My mailbox is always open! We wish you special blessings and warm memories throughout the holiday season.

ANNOUNCEMENT:

Open Mic Night has been rescheduled from December to the second Friday in January due to holiday activities. Comedy Night will follow the third Friday in January.



Grapevine Chat!

Tuesday, Dec. 11, 6 p.m. ∼ Free Grand Living Room, Vista Club

Are you new to Trilogy or a seasoned resident who enjoys great company, an inviting atmosphere, and good conversation? Join the gathering at the big fireplace. It's a warm and casual setting where you can "get the scoop" on all things Trilogy while you get to know your neighbors. Bring wine, glasses, and snacks to share with others if you'd like. No sign-up required.

Farmer's Market ~ Have you experienced Trilogy's Market Place?

Sunday, Dec. 9 & Jan. 6, 10 a.m. − 3 p.m., Delta Club ~ Free

Mark your calendar to stock up for the holidays during the next Farmer's Market at Trilogy! Bring your neighbors and support your locally grown fresh fruits and vegetables from our own Trilogy Farmer's Market. Petrill's Produce Farmer's Market provides wonderful produce and other specialties. It's easy to keep a fresh supply of fruits and vegetables on hand without leaving Trilogy. And, you'll receive a free apple with purchase.

Christmas Tree Decorating Social

Saturday, Dec. 1, 10 - 2 p.m., Vista Club

This is an ol'fashioned get-together and decorating social for the holidays! There is plenty of space needing your decorative touch. Light refreshments will be served. You are also welcome to bring your own provisions. This is sure to be fun while sharing the holiday spirit and listening to the Baptist Friendship Choir perform at 2 p.m. Sign up at Member Services (4200).

Friendship Baptist Choir Performance

Saturday, Dec. 1, 2-3 p.m., Diablo Ballroom, Vista Club \sim Free

Friendship Baptist Church Choir from Vallejo is returning for their 8th performance at Trilogy ~ they are that amazing! They will perform spectacular sounds of song. You will not want to miss their 2012 Trilogy appearance. No sign up necessary.



New Year's Eve Grand Ball ~ An Elegant Evening

Monday, Dec. 31, 6 p.m. - 12:30 a.m. Diablo Ballroom, Vista Club \sim \$70 pp & Entrée Selection

Your night to remember starts with a delicious hors d'oeuvres reception and leads into a scrumptious all-

inclusive dinner served at your table. The Trilogy 2012 picture slideshow displays on the big screen while the pianist complements conversation. Later, dance through the night bringing in the New Year to quaint and familiar tunes performed by the amazing Solid Gold Band. Share the New York Time Square count-down on the big screen. Bring in the New Year with a toast while singing along to Auld Lang Syne. Private label champagne will be provided for toasting. Coffee, iced tea, and water will be available or bring your own beverage of choice to enjoy throughout the evening. Ice will be provided. Rally your friends to sign up at the Vista Club's Monterey Room on Monday, Dec. 3, 10–11:30 a.m. or Tuesday, Dec. 4, 4–5:30 p.m. to reserve your place. Limited seating is available and late sign-ups will be accepted only while space lasts. We encourage large groups to send one person to sign up with the full names of those they are signing up along with their entrée selection shown on page 11. Please also provide each person's entrée selection (shown on the flyer insert). For more information, email or call Member Services (4200) or Debbie Dorn (4204).







Tree Lighting Ceremony ~ It's an Inspirational Tradition

Sunday, Dec. 2, 5 p.m., Vista Club Grand Living Room ~ Free

Join in this Trilogy experience that will heighten your sensations of the holiday season. Enjoy performances by Delta Breeze, Delta Harmony and an instrumental ensemble from Trilogy Jazz Band.

Blood Pressure Check ~ Free

Thursday, Dec. 13, 9 a.m. — 10 p.m., Library Delta Club

Did you know you can have your blood pressure checked on the second Thursday of every month at the Delta Club Library between 9 – 10 a.m. Share your appreciation for this free service when you see Ruth. She has been volunteering this service to Trilogy residents for many years.

Complimentary Hearing Screening and Assessment

Thursday, Dec. 13, 1 - 3 p.m. Diablo Ballroom Vista Club \sim Free

Advanced Instrument Hearing Aid Centers are offering a complimentary hearing screening and assessment to all members. Also offered are cleanings for your aids, tube changing, adjustments, and repairs on a complimentary basis. Please keep in mind that some repairs may incur a fee depending on the severity of the repairs/parts needed to bring the aid(s) back to complete restoration. They look forward to serving your needs on an ongoing basis. Depending on need, their services are offered quarterly on the second Thursday of every third month. The next visit is Dec. 13. To make an appointment, contact them directly at (707) 428-1313. Walk-ins are welcome.

Trilogy Holiday Show

Wednesday, Dec. 19, 7 - 8:30 p.m. Vista Club \sim Free

Join together for a delightful experience of holiday performances hosted by Trilogy Jazz Band, Delta Breeze Chorus, and Delta Harmony. No sign up required.

The Polar Bear Plunge

Sunday, Jan. 1, 10 a.m., Delta Pool ~ Free

Let the fun begin! Whether you want to cross something off your bucket list or just to challenge yourself in a new way, join fellow Trilogy members and take the plunge at the Delta pool. How do you prepare? You don't. The essence of plunging is the group energy. You must go all the way under water to count! It's exhilarating. Afterwards, warm yourself in the hot tub, and then enjoy hot chocolate in the Delta Club Marina Room. Those who plunge will receive a Polar Bear Plunge t-shirt. Be the first to wear a keepsake shirt. Collect them from year-to-year. Sign up at Member Services at the Vista Club by Dec. 15, and be sure to mention your shirt size.

Open Mic Night ~ Music, Dance, Comedy, Poets/Spoken Word

Friday, Jan. 11, 6:30 p.m. - 8 p.m. Diablo Room, Vista Club \sim Free

The venue welcomes Trilogy residents to take the stage and share their artistic expressions in a setting as intimate as your living room with family and community cheering you to the next level! If you're a spectator, you're in for a treat! The supportive setting is about artists having a safe place to perform for the first time. It's about veteran artists having a place to experiment and try out new material. It's about having a place that inspires new work. It's about a lot of things. Bring your favorite provisions and come check it out! Performers sign in at Member Services.

Guidelines: One performance per person, which may be flexible depending on the number of performers for the night. Limit of 15 performers for the night.

Comedy Night: Philip and Henry Magic & Comedy Show

Friday, Jan. 18, 6:30 p.m., Diablo Ballroom, Vista Club ~ \$10

Philip & Henry have been magically entertaining audiences for over 20 years across the country. Their professional shows have a reputation for producing laughter-filled, high-energy entertainment, with lots of audience participation and interaction. Bring your favorite food and beverage to enjoy during the performance. Sign up at Member Services.

Raise Your Event's Elegance with Table & Chair Linens!



Displayed often in the Diablo Ballroom Vista Club

Available in time for the holidays! Could this be the stylish addition to raise your next event's elegance? This table and chair linen is available now at a minimal rental cost to residents and club groups for their special events held in the Diablo Ballroom! Contact Activities Director, Debbie Dorn (4204) for a quote.

Life Insurance Specialist

AVIVA

Licensed Insurance Agent

CA License# 0461519

Michael Wertin
INDEPENDENT GENERAL AGENT

707.374.4407

PO Box 567 Rio Vista, CA 94571

linkedin.com/in/michaelwertin mfwertin@earthlink.net

30 YEARS EXPERIENCE • TRILOGY RESIDENT

Consumer Cellular
Jitterbug
Net10
TRACFONE
Printer Ink, OEM or refill
Phone Cards, Game
Cards, Gift Cards,
Prepaid Debit Cards
Office Supplies
Toys
Fax Service

JIMARIES
ENTERPRISES
22 Main Street
Rio Vista, CA 94571
(707) 374-6007
Fax (707) 374-6204
jimaries@frontiernet.net

RadioShack.

Dealer

Locally Owned and Operated

Buying in Trilogy? Don't buy blind.

- Independent Home Inspector
- Over 350 Trilogy homes inspected
- Same day reports

Mike Stewart, ASHI Certified 925.768.7818

www.npiweb.com/stewart



educational opportunities through computer classes

No computer classes this month. See you in the New Year!

We are always looking for volunteer computer instructors.

If you are interested in teaching a computer class, call Debbie Dorn at (4204), or e-mail Judy Harrison at jharrison@actionlife.com.

Sign up for classes at the Member Services desk in the Vista Club.



Assessment Notice

Association Assessments are published monthly on this page of *Trilogy Living*. This is an additional vehicle for checking your current assessment. Coupons will reflect the monthly assessment for those receiving them. Those on automatic withdrawal (ACH) may check their bank statements after the 5th of the month to see the amount taken out and all members may register at www. actionlife.com to monitor their accounts 24/7. If you have questions or need help registering online, please call the Administrative Office (4843).

Assessments for the month:
Master Association \$118.29
Master Association \$80.39
(Only for original residents (<100) in a developer subsidy agreement)

Village I \$4.00

Village Oakmont \$4.00

Olympic Village \$4.20

Village Riviera \$4.50

Saddle Rock Village \$0

(None until dormancy ends)

Adult Committee

The Adult Committee met on Oct. 25, 2012. There were no actions taken. The committee meets on the last Thursday of every month in the Delta Club at 1 p.m. The November and December meeting will be combined into a single meeting held in December. The date for that meeting is determined each year. All residents are encouraged to participate in these meetings. Your suggestions, comments and/or questions can be given to any committee member, left at the HOA office, or voiced during the residents input segment of each meeting. Applications to fill unexpected vacancies are accepted at any time. The next meeting is Dec. 13, 2012. For more information, contact Helen Bergoust at alhelenb@aol.com or (2436).

Village Riviera Board News

As this article is being written, the folks on the East Coast are digging out from Sandy, the devastating storm that hit so many states. As we look at the long lines of people trying to buy food, water, and gasoline, we are reminded of disaster preparedness. We all laugh when people ask, "How can you live in California with earthquakes?" Since the ones we actually feel are so few and far between, we scoff. But, scoff as we might, we must be prepared. Trilogy has a disaster preparedness committee, with written procedures to follow in case of an emergency, whether from an earthquake or a hazardous chemical spill outside our gates on Highway 12. You may pick up this concise booklet at the HOA Office if you do not already have one. Be prepared and know what to do and where to go.

Is your driveway stained from your golf cart or car? We are allowed to stain our driveway, but only with a limited number of colors. Shea will demonstrate some of those colors in the model home area, so if you want to see what the colors look like, check with the sales office to see when this will be done.

The Fish and Game Department has explained how we might rid ourselves of the turkeys. A depredation permit must be issued. If you have had issues with the turkeys on your property, contact the HOA Office. Your input is invaluable.

Reminder: feeding wild animals, other than birds on feeders, is against the CC&Rs.

Candidates for the Riviera Board must have their candidate statement in to the HOA Office by the time you read this. We will have a Meet the Candidate Night on Dec. 3 at 6:30 p.m. in the Delta Club. Please come, bring your ballot, and questions, and you can turn it in at that time. The ballots are due by Jan. 3 and will be tallied that same day at our meeting at 6:30 p.m. at the Delta Club. For more information, contact Don Seyk (6407).

Meeting Calendar

Master Association Board Meeting

Tuesday, Dec. 11, 2 p.m. Diablo Ballroom at the Vista

Adult Committee Meeting Thursday, Dec. 13, 1 p.m. Rio Vista Room at the Delta



Saddle Rock Village Delegate's Report

"Getting to Know You" is the theme song from the movie, The King and I. If you don't know all the lyrics, you should be able to hum the melody from memory. And that is what we are doing in Saddle Rock Village as of late. The construction out here in the "prairie" continues with the co-mixture of newly built homes, a number of homes under all stages of construction, the dust, the noise, the nails in the street (not many - Shea does a good job of sweeping up, but beware anyway), and the general hub-bub of activity. But best of all are the new names and faces of our neighbors, getting to know them and, for the dog owners, those little pooches getting to know each other as well. As a gentle reminder, refer to the TVRMA Notes from the Administrative Office in the November issue, "Your Pets - Your Responsibility." Although we don't have to deal with buffalo chips or cow pies here in Saddle Rock Village, the prairie out here is looking unsightly. Please pick up after your pooch. We all appreciate it.

With about 50 homes now occupied, Saddle Rock Village is still in its dormancy period. We'll fill up at about 375 homes so there is a long way to go before we even officially able to move out of our present status. We look forward to turning this village into a fine one. In that regard, delegate and alternate delegate applications may be picked up in the Administrative Office. You are encouraged to apply. We are looking for the best person for the right job. The delegates will be elected at our Annual Delegate's Meeting, which will be held on the third Thursday of January. More information to come later. The Residents' Club is looking for volunteers to fill their open positions and they'll have committees to assemble as next year progresses. The coming Delegate's Meeting is on Thursday, Dec. 6 at 7 p.m. in the Marina Room at the Delta Club. Come with your ideas, cares, concerns, and questions. In the meantime, you may call Mary Ann Butts (3099) for more information.

Olympic Village

Meet For A Treat! Say "Hi!" to your Olympic Village neighbors and enjoy holiday treats on Dec. 12 at the OVRC Holiday Treat Exchange. We'll meet in the Rio Vista Room at the Delta Club at 6 p.m. Bring treats to share (cookies, candy, etc.) and take home a variety of goodies. OVRC

will supply coffee. Then, stay for the OVRC Annual Meeting at 7:30 p.m. and vote to elect the 2013 Board. Mark your calendars for Dec. 12 at 6 p.m. in the Delta Club Rio Vista Room.

Thank you to everyone who helped and attended the Murder Mystery Dinner on Nov. 3. The event was sold out three weeks early! The Trilogy Theatre Group and Louise Mitchell did a truly exceptional job. Watch for their next production, which is scheduled for next spring. Chef George's dinner was delightful and we're getting requests for his phone number almost every day. Great job George! Our OVRC volunteers worked hard to make this the evening a tremendous success and we had a great time doing it.

Getting to know all of you and working together to make our neighborhood a friendly and welcoming place is the best part of participating in the OVRC. Join us. Your ideas and energy are important and it is so much fun when we work together! Come to the Holiday Treat Exchange and Annual Meeting on Dec. 12 and stay tuned for more fun in 2013! For more information, call Linda Jensen, OVRC President (5542).

Saddle Rock Village

Our very first social event, Saddle Rock Round Up, was a huge success. The Pot Luck Block Party held Oct. 20 was attended by 51 people, including several future residents whose homes are currently under construction. Many thanks to Dana Hoover, Barbara Pope, and Mary Ann Butts for organizing this party, which we plan to make an annual event.

The Welcome Committee met Nov. 7. Under the leadership of Richard Larsen, they are collecting brochures and special offers from local businesses, which will be included in the welcome packet along with resident contact information. We expect to begin distribution of the welcome packet no later than the beginning of next year.

A meeting was held Nov. 15 for the purpose of electing officers, approving the bylaws, and sharing ideas for future social events. Our meetings are a great opportunity to get to know our neighbors. Every resident of Saddle Rock is automatically a member of the Residents' Club. We value your input.

Attend the Saddle Rock Delegate's Meeting on Dec. 6 at 7 p.m. in the Marina Room, Delta Club. The Residents' Club will report on activities to-date and will be eager to hear your ideas. For more information, contact Patty Kohn (2737).

Village I

Arrangements for the VORC holiday event on Friday, Dec. 14 are complete. Flyers have been distributed and the reservation process is underway. Need more information? Contact Nancy (3946) or Norma (2779). Hope to see you at the event. The board wishes you, your family, and your friends a merry holiday season and a bountiful 2013.

The first major event of 2013 will be our Charity Crabfeed on Friday, Feb. 15. Details will be tubed. Don't delay in making your reservations. As detailed in the flyer, this promises to be a fabulous event, but space will be limited. The board received two formal charity requests for support, Meals On Wheels and the Center of Movement. The board has decided to honor both requests and will split the proceeds of the Charity Crabfeed evenly between both organizations. The Meals On Wheels donation will be made to the Rio Vista Senior Center for use in supporting their involvement in the Meals On Wheels program here in Rio Vista. The Center of Movement is involved with the youth of Rio Vista through the local school system. So, whatever money we generate here in Rio Vista will stay in Rio Vista to support local activities. For more information, contact Joe Downes (7520).

Village Oakmont

The Oakmont Village Christmas Dinner sign-up deadline is Dec. 4. It's fast approaching. An incredible dinner by PBS Catering and music by Solid Gold will complete a festive evening in the Diablo Ballroom at the Vista Club. Join us on Sunday Dec. 9 at 5 p.m. Tickets are \$30 per person. Invite your friends and neighbors and drop your flyer in Box #2 at the Delta Club. (Extra flyers are available at the Delta or Vista Clubs.) Space is limited, so don't be left out.

We will present our slate of officers at our Residents' Club meeting on Wednesday, Dec. 5 in the Monterey Room at the Vista Club. We will hold our election of officers prior to the start of our Christmas Dinner. The slate is as follows: President - open; Vice President - open; Treasurer - Patty Evans; Asst. Treasurer - Cyndy Schroeder; Secretary - Milly McCoy; Asst. Secretary - Charleen Oxoby. Nominations from the floor may be made at the time of the election. We need your help and expertise to make our club grow and become even better. Let's hear from you.

Dates to Remember:

Dec. 5, 3p.m. Oakmont Residents Club Meeting and Social Club Meeting, Monterey Room, Vista Club

Dec. 9, 5p.m. Oakmont Christmas Dinner and Election, Diablo Ballroom, Vista Club

For additional information, call Antoinette (5154). Oakmont Village wishes everyone a happy and joyful holiday season.

Village Riviera

It's all about the Black & White Affair now—how we will decorate the tables, final confirmation with our wonderful caterer, PBS catering, and making plans with our live band, Solid Gold—comprised mostly of your neighbors in Trilogy.

Reservations were accepted starting Nov. 15. We typically are sold out within a few days, but it is always worth a call to Barb Downs at 507-5026 if you meant to sign up and forgot or were out of town but still want to enjoy a beautiful evening. Singles, couples, and small groups are always welcome. The event takes place on Dec. 15 starting at 6 p.m. with appetizers in the Vista Club Grand Living Room before you enter and take your seat at your assigned table.

Then, on to the New Year, which begins with an old favorite, the Soup Potluck on Saturday, Jan. 19, 2013. We have had as many as 18 soups to gorge ourselves on, and salads running the full gamut of creativity. Those who provide the salads are as imaginative as those who bring the soups. And let's not forget the desserts. Trilogy residents never disappoint when it comes to dessert. Do we have a sweet tooth or what? So what will you bring? We will get out the last flyer and rotate the alphabetical order so you get a chance to show off your cooking expertise in a different area. Watch for your flyer between Christmas and New Years, but save the date now.

That is all we are ready to share for now. But yes, we will have a Ladies Luncheon again. Yes, we will have a Sock Hop. Yes, we will do the Treasure Hunt. Yes, we will have a Bunco event. We will get our wine tasting event in during 2013. Then, we will have come full circle to a new holiday dinner.

To join us, contact Coralie Leder at Coralie.Leder@gmail. com and come to our next meeting. We meet the third Thursday of each month at 7 p.m.in the Monterey Room of the Vista Club.



Bake Sale



All Aboard for another Bake Sale! Hosted by the Model Club at Trilogy Rio Vista to support their Garden Railroad and other club necessities. The Bake Sale is comin' down the tracks on Saturday, Jan. 19 2013 in the Diablo Ball-

room at the Vista Club from 10 a.m. - 2 p.m. In addition to fresh baked goods, we are serving coffee with cookies and cake. And back by popular demand the model trains will be running inside the Diablo Ballroom. Hope to see you there! For more information, contact (3477) or marinbirder@aol.com.

Beginning Bridge Class

Starting Wednesday, Feb. 6, 2013! Would you like to learn how to play bridge? Perhaps you are interested in refreshing your knowledge about bridge. Sign up to reserve your place for this class now. Class will be held weekly on Wednesday mornings in the Vista Club Sonoma Room from 9:30 - 11:30 a.m. The class will run for at least six months and is designed to allow for an occasional missed session. Each student will need to purchase a book for the class, which should cost less than \$15. For more information or to sign up, Contact Sue Vogtlin (6136).

Disaster Preparedness

Are we prepared? The triage team is a sub-committee of the Disaster Preparedness committee in Trilogy. They are the medical first responders in the event of a community disaster. They are a dedicated group of Trilogians who are interested in preparing and helping our fellow neighbors in the time of an emergency.

Our community could experience a toxic spill from the highway, natural gas spill, or be threatened by fire. Our team is the first line of defense in a medical situation before the professionals arrive. If you are interested in joining our team, we meet twice a month and offer certification in CPR and first aid.

The Disaster Preparedness Committee would like to express appreciation and gratitude to retiring board members Jim Larsen and John Lodge for all they have done over the last 10 years. They will be missed. For more information, contact: Alan Levine (707) 718-7907.

Help Create a Stronger Community

Rio Vista Policy Department invites you to sign up for alerts now!

Example Alert Topics:

- Crime Prevention; Crime Advisory
- Wanted
- Missing Person
- Crime Log
- Homeland Security
- Press Release
- Traffic Fires
- · Weather and more

You will receive an alert:

- To solve a crime, the public's assistance is helpful.
- To warn citizens and businesses of potential threats or crime patterns.
- To communicate with citizens and businesses upcoming community events, programs, or meetings.

RVPD would let the public know when a case is solved and in particular when their participation leads to an arrest.

* * * * * SIGN UP NOW * * * * *
For free, secure, accurate information, visit www.
citizenobserver.com and click on "Sign Up For Alerts."

Thank You

Dear Friends,

My family and I wish to thank everyone who shared our sorrow with Charlie's passing. From the beautiful plants, flowers, food, cards of sympathy, special videos, pictures, donations to special charities, and Mass cards, to Masses said for Charlie, but most of all the love shown to us. Blessings to all!

Joan Henry and family



TOPS

We are pleased to announce the Graduation of two of our TOPS members to KOPS status. Gloria Jackson and Ella Brice have reached their goal by Keeping Off Pounds Sensibly. Congratulations Ladies! Our area coordinator visited our chapter on Nov. 14. She gave us info on the new program for the New Year. Leader Minnie Howell was the winner of our Turkey Contest. The Annual TOPS Christmas Luncheon is on Dec. 12 at the Nines. Want to take off those added Holiday pounds? Come to check out our program. We meet every Wednesday, at 8 a.m. at the Delta Club. For more information, call Leader Minnie Howell at (5786) or Peggy Smith (1366). Happy holidays, everyone!



TAG Greeting Card Design Classes

by Wilda Dupree
Just in time for the holidays!

Wed., 2:30 p.m., River Room, Delta Club
Stop by and join the class





SolanoLifeHouse

A Residential Care Facility for the Elderly, specializing in memory care.

Located in Dixon; serving Solano County

(707) 678-1651 www.SolanoLifeHouse.com

Chinese New Year Celebration

Saturday, Feb. 16, 11 a.m. – 1:30 p.m. Diablo Ballroom, Vista Club ~ Free

February 10 is New Year's Day (also known as Spring Festival) in the Year of the Snake according to the Chinese lunar calendar. New Year's Eve dinner is the most important family reunion occasion for the Chinese culture. Experience how they prepare for festival celebration. People expect the New Year will bring each and every one of them the best of luck and make their dreams come true. On display are Chinese traditional costumes, folk artifacts, jade ornaments, medicinal herbs and other items of cultural heritage. And you can sample some Chinese tidbits and other goodies. No sign-ups are required. For more information, call Daisy at 507-5258.

Trilogy Jazz Band

Happy holidays! The band's brass quintet will play for the Tree Lighting Ceremony at the Vista Club on Sunday, Dec. 2. And the full band will play jazzy arrangements of holiday favorites at the Trilogy Holiday Show on Wednesday evening, Dec. 19.



If you play a band instrument

and are interested in being part of the Jazz Band, contact our Music Director Jim Lucas (7567). The band currently has an opening for a guitar, and we are always interested in people who can fill future openings in the brass, woodwind, and rhythm sections.

Full band rehearsals are held in the Vista Club Diablo Ball-room every Wednesday afternoon, 2:30 – 5 p.m., following vocal and combo practice beginning at 1:30 p.m. However, this month, there will be no rehearsal on Dec. 26, and the Dec. 19 rehearsal schedule may change due to the holiday program. Observers are welcome. For more information, contact Jim Lucas (7567) or Marti Rogers (6859).

New Connections

The annual Cookie Exchange is on Dec. 19 at 1 p.m. at 908 Brookside. For new folks, here's how it works: if you want to take home two dozen cookies you would bring two dozen, plus as many more as you think you will eat during the meeting. In that way, there are plenty to "taste" and also to share with our families. A word of caution: it's not unusual for us to become Cookie Monsters for the afternoon so plan accordingly. For more information, contact Barb at 637-0210.



Helping Trilogy Residents Live Safely And Independently

Dear Homeowner,

Due to the increase need for updated emergency systems, we are pleased to inform you that your local General Electric dealer, Xcel Alarms has subsidized seniors for a Two-way General Electric **Medical, Burglary, and Fire System** at no cost. In any emergency from a fall to an intruder our **Live Operators** can speak with you through the New Two-Way GE System in seconds (similar to popular car services). In addition Trilogy Residents will save up to **20% off** their home insurance for installing a Two-way General Electric System.

Medical Pendants are great for seniors who don't want to lose their independence and offers a live Operator to dispatch local services within seconds of a fall or medical emergency. Round-the-clock Medical Monitoring with a Two-way GE System is the safest way to ensure help arrives promptly. A General Electric System provides peace of mind that you are never alone in any emergency.

Burglary Protection is essential in this day and age. A home with a monitored Two-Way GE System is 85% less likely to be burglarized. Two-way Systems decrease the chances of having expensive false alarm charges. With the ability to hear inside the home to verify an intruder we can dispatch the local police within seconds of receiving a signal.

Fire Detectors will dispatch your local Fire Department automatically when a fire is detected in the home. For the traveling seniors it offers peace of mind that if no one is around, the fire department will be dispatched before the house is a total loss or any pets are overcome.

Installing an Integrated Emergency System with Xcel will save you hundreds of dollars on installation fees. If you currently have a Medical, Fire, or Burglary system it is very simple to upgrade and only takes a few hours.

Connecting to your local Medical, Fire, And Police Departments only costs \$39.99 a month.

Again, each Trilogy Resident will receive the following at no cost: Two Way General Electric Medical, Burglary, and Fire System:

- Live Two-Way Monitor W/85db Siren
- One Medical Pendant or Remote
- Sensors for all exterior Doors

- Home Owners Insurance Voucher
- General Electric Lifetime Warranty
- Move Certificate After 1 Year
- No Installation Cost

Contact David Corder, Your local Rep.

Direct Line: 916.501.2317 Office Line: 925.938.9800





Dealer Security





Kare Bears is a group of Trilogy residents organized with the goal of reaching out to our Trilogy neighbors in their time of need due to sorrow, sickness, loss of a family member or other life challenges. We have many volunteers to help, be it a phone call, visit, a hot meal, a lift to a doctor's appointment, assistance in searching for social services outside of Trilogy, or just plain tender loving care. We have divided Trilogy into sections with area coordinators for each section. Please contact your area coordinator if a need arises, either for yourself, or any other Trilogy resident. Your coordinator will contact the volunteer committee best suited to help with your problem.



Olympic Village

It has been a good year for Olympic Village Kare Bears. As we begin the holiday season, we look back on a year where we were able to help others, see our members go through their own trials, and remain strong. The experiences of 2012 helped us know why Kare Bears is an important part of our Trilogy community. We were able to stay uplifted with our Lazy Summer Days event and provided essential information to our community at the Health Seminar. As we end 2012, we are already thinking about how we can show we care in 2013. Our next meeting is Dec. 11 at 1 p.m. at the Delta Club. Come and help plan the Prescription Take Back event scheduled for early 2013. If you need assistance, contact Mackie Webster (5837) or Marian Maksimowicz (5020). Happy Holidays!

Village Oakmont

What a lovely holiday event! Everyone had a wonderful time Nov.14 at Penny and Rich Couser's home. The theme this year was "Holly and Ivy." We thank the Couser's for their hospitality and generosity. We also thank the ladies who volunteered to help with this special occasion. We encourage all Oakmont Kare Bears to attend the all Kare Bear Villages Holiday Potluck (hosted by Village Riviera) on Monday, Dec. 10 at the Delta Club.

The nominating committee is meeting in November and December. We will prepare a list of interested members who would like to run for office for 2013. Contact Virginia Albertson if you are interested in running. Elections are held at the January meeting, and new officers will start their year in February.

At our October garage sale, two new residents living in Village I expressed their interest in starting Kare Bears. Virginia Albertson (6823) would like them to call her because she did not get their names.

Oakmont Kare Bears would like to send you our best wishes for a wonderful holiday season. Our next meeting is Wednesday, Jan. 9 at 10:30 a.m. in the Delta Club. Come early for coffee. For more information, call Virginia Albertson (6823).

FAMILY SUPPORT COMMITTEE

The Family Support Committee organizes
memorial services for family members who
incur the loss of a Trilogy member.

For more information, please call Chairperson
Claudette Gartner (707) 439-6116,
xbirdlady@myifp.com,
Coordinator Barbara Sherison (6845)
or Betty Bowley (5613).

Village Riviera

Delightful December has descended upon us; the month of much ado about many things. Extreme becomes the norm, contradiction and irony abound. We enjoy significant celebrations, but are also invigorated by introspection. Abundant opulence is tempered by fairness and frugality, while fabulous feasts are followed by occasional fasting. Mother Nature brings us the winter solstice, our darkest day, which also introduces the beginning of lighter days. The Kare Bears will continue to offer assistance to those in need during these tumultuous times. However, to continue with the traditions of December, the Riviera Kare Bears are joining with fellow Kare Bears from all of the villages following our meeting on Dec. 10, which convenes at 10 a.m. in the Delta Club. The gathering is a potluck luncheon; the purpose is to share a feast of food and fellowship. If you desire any information pertaining to the meeting or the luncheon, query Myra at (3660) or Valerie at (6942).







Trilogy Health & Wellness Center Holiday Spa Specials 707-374-4200

Three French Hens

3 Swedish Massages

\$150

Simplify your gift giving with this **three** treatment package of rejuvenating, full body massage treatments.

De-stress your holiday season, work out the knots and release the tension of the hustle and bustle that defines this time of the year.

Offer expires for purchase December 31, 2012

Happy Holidays from Trilogy's Spa Staff Angela Grinnell Hall Joele Swift Sharon Stafford Marti Meyer



Five Golden Rings...

5 Swedish Massages

\$250 Offer expires for purchase December 31, 2012

Holiday Bliss Facial

Relax & allow your Esthetician to Customize a facial that personally addresses your skin. The facial cleanses, conditions, moisturizes, rejuvenates and relaxes tension in the face and is appropriate for all skin types! Also includes a Pumpkin Spice Moisturizing Foot Treatment!!

75 Minute

Offer expires for purchase December 31, 2012

Packages are sold as is.

\$70







Introducing our Newest Staff Member Marti Meyer



Marti's modalities include: Swedish, Deep Tissue, Reflexology, Aromatherapy, & Hot Stone massages. Coming soon are Esalen, Trigger Points. Lomi-Lomi, Range of Motion Therapy & Tai Massage. We will also offer "teasers" that include hot stone, Tai, and aromatherapy. Marti is scheduled in the Trilogy Spa Mondays from 9 a.m. – 4 p.m., Tuesdays from 5 p.m. – 9 p.m., Fridays from 1 – 9 p.m., Saturdays (alternating mornings and evenings), and Sundays from 4 – 9 p.m. To book your appointment today, call Member Services (4200).



By Kathy Erwin, Fitness & Spa Director

Fitness Holiday Potluck

Come to as many fitness classes as you can from Dec. 1-19!
Collect a ticket from your instructor. For every class you take you will receive a ticket and be entered into a drawing for prizes! Keep your tickets! On Thursday, Dec. 20 there will be a Fitness Holiday Potluck at 12 p.m. in the Vista Club, Diablo Ballroom. Sign up at Member Services. Tickets will be pulled during lunch. Last names A-F (bring dessert) G-L (bring entrée) M-R (bring appetizer) and S-Z (bring salad).

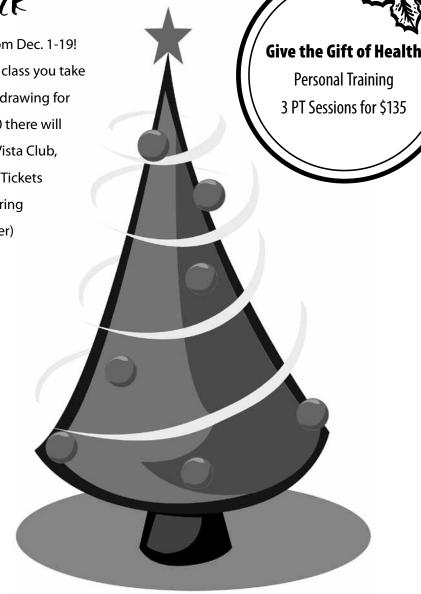
New to the Fitness Department Qi Dance & Qi Dance Plus

A pre-choreographed group fitness program that has music and moves that take you on a tour around the world. Disco, Jazz, Funk, Latin & Bhangra to name a few!

Qi Dance Tuesday & Thursday 10-11a.m.

Qi Dance Plus Wednesday 9:30-11a.m.

Instructor Joelle Smith



Ceramics Club



Ceramics Club: Sue Carlson really likes all the holiday decorations. Here is her Halloween creation.

Now that the weather is cooler, we are happily staying cozy at the ceramics club. We can watch the golfers, swimmers, ducks and geese from our meeting room in the Delta Club, and we do! It's not that we are easily distracted, but we enjoy visiting with each other and commenting on what is going on around us as we work on

our fun projects. You are welcome to visit us for a morning of entertainment any Thursday from 9:30 a.m. - 12 p.m. at the Marina Room. For more information, call Ann at (5122).

Council for the Arts

The auditions for *Music of the Night: Senior Prom* were completed in October. We have new individuals who have stepped forward to join the existing group of super talented folks living here at Trilogy. This community is definitely musically gifted...both in those willing to perform and entertain and those of us who enjoy being a part of it by coming to the show and participating as the audience. This does not even begin to cover those folks who come up with the ideas, the folks who build the sets, the artists who make it all beautiful, or the technicians who keep it all flowing. The village is working hard and will bring in another hit.

In addition to Senior Prom, think about Some Enchanted Evening, which it certainly will be, with more of the songs we loved so much from the '50s and '60s. There just was not enough time last year to get it all in. We face the same issue this year, but the wheels are already turning, the thoughts are churning, and the show will exceed all expectations as it has in the past.

Mark your calendar for March 7, 8, and 9, 2013. The shows are the same, but each audience makes it different as you somehow become part of the show. Gather a group of friends and make a full evening of it, with the musical event of the year as the highlight of your evening. You will receive your flyer in the February *Trilogy Living*, so you need to think about what date works for you so you sign up quickly. All nights sell out every year, and they sell out quickly. So don't procrastinate and you won't be disappointed.

For information regarding Trilogy Council for the Arts, contact Judy Calpo on (2924). If you missed the auditions but have a skill to offer, Judy will direct you. The club meets the

second Thursday of every month at 10 a.m. in the Monterey Room of the Vista Club.

Drama Club

The Drama Club will wrap up this year with their third annual holiday play, A Cowhand's Christmas Carol or T'was Plum Tired of Pudding. Performances are on December 6, 7, and 8, (Thursday - Saturday evenings) at 7 p.m. Doors open at 6:30 p.m. at the Vista Club in the Diablo Ballroom. If you haven't signed up and feel lucky, you may still be able to make reservations. Call Karen Bereta at (3505) to see if seats are available. A donation of non-perishable food items will be accepted in lieu of admission. Your donations will go to the Community Services of Rio Vista. Drama Club meetings are on the last Tuesday of each month. They are held in the Marina Room at the Delta Club at 7 p.m. Due to the holidays, our meeting in December has been canceled. Please join us on Jan. 29, 2013 for our first meeting of the New Year. We always welcome new members. Come join the fun. For more information, contact Debby DuBrow (6706).

Trilogy Art Guild for Artists

Trilogy Art Guild for Artists (TAG) members are invited to kick off the holiday season at our TAG Potluck on Dec. 3. If you have not signed up, RSVP to Anna Chunn (3560). Nominate and vote for your next president at our next meeting. Save the date for Jan. 13 and 14 for the Shibori T-shirt Workshop. This is an all-day Saturday and Sunday a.m. finishing workshop. The cost is \$50 and you need to buy your own shirts. For more information, contact Lori Azzolino (6196). Stay Creative! For more information, contact Anna Chunn (3560) or Marie Aquino (5151).

Trilogy Theater Group

Everyone who attended our first performance, Trouble at the Tropicabana on Nov. 3 had an exciting evening. Thanks to those who participated. Kudos to Chef George for a delicious dinner, and to the Olympic Village Residents' Club for the nightclub atmosphere. The audience was enthusiastic as veteran and novice actors performed beautifully together to bring us a fun and funny theatrical evening. November also brought us two evenings of auditions and read-throughs for our next presentation, Dearly Departed, a reader's theater production. Performances are in March, 2013. We look forward to bringing you another entertaining experience. The next meeting of Trilogy Theater Group is on Thursday, Jan. 24 at 7 p.m. in the Monterey Room of the Vista Club. New members and those who would like to learn more about participation opportunities are always welcome. For further information, contact Louise Mitchell (3541).

HunterDouglas style event







Comfort and Joy, Now at a Savings.

Save September 15 - December 15 on select Hunter Douglas window fashions.* What a wonderful way to fill your home with the beauty and warmth of the season.

SAVE \$100 WHEN YOU BUY:

4 Duette® Architella® Honeycomb Shades Plus \$25 off each additional unit

2 Duette® Duolite™ Honeycomb Shades,

2 Pirouette® Window Shadings,

2 Silhouette® Window Shadings or 2 Vignette® Modern Roman Shades

Plus \$50 off each additional unit

1 Luminette® Privacy Sheers or Modern Draperies or 1 Skyline® Gliding Window Panels Plus \$100 off each additional unit



HunterDouglas Gallery

Solano Window Fashions

825 Texas St Fairfield CA M-F: 10:00-5:00 Sat: 10:00-3:00 707-429-5156

solanowindowfashions.hdwfg.com

Affordable elegance





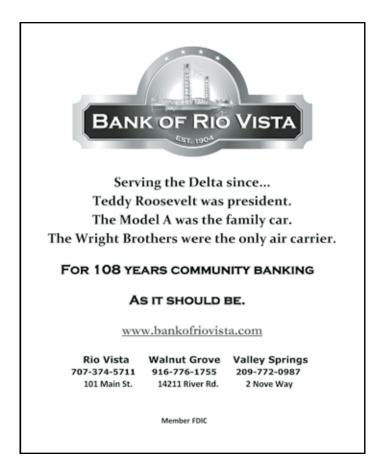




Follow Us At Facebook

*Manufacturer's rebate offer valid for qualifying purchases made 9/15/12 – 12/15/12. A qualifying purchase is defined as a purchase of any of the product models set forth above in the quantities set forth above. If you purchase less than the specified quantity, you will not be entitled to a rebate. All rebates will be issued in U.S. dollars, in the form of an American Express® Prepaid Reward Card. This rebate offer may not be combined with any other Hunter Douglas offer or promotion. © 2012 Hunter Douglas. All rights reserved. All trademarks used herein are the property of their respective owners.





Reverse Mortgage Questions Answered

How do I qualify for a reverse mortgage?

There are two qualification for a reverse mortgage, your age and your home.

In order to qualify for a reverse mortgage you must be 62 years of age or older. In the case of a married couple the youngest spouse must be 62 years old. No other credit or income requirements are reviewed. No minimum or maximum asset requirements. Simply your age qualifies you.

The second qualification is your home. It must be your primary residence and can be a single family home, condo or mobile home. In the case of a condo, the HOA must be HUD approved (Rossmoor is a HUD approved complex.) Finally, it must pass an FHA appraisal. This appraisal will look at not only the value of the home, but also the basic "health and safety" condition of the home. These include a working hot water heater, stove, and heating system. Other things they inspect for are leaking roofs and trip hazards. We work with clients to help.

them meet these minimum health and safety standards.

Finally there must be sufficient equity in the home. You can't be upside down in your current mortgage

I enjoy answering your questions, please call for a personal, timely and accurate response.

Dennis Martin, President Office: 925-222-5160 California Reverse Fundings

DRE #01706805 NMLS #238213

All classes require either a Trilogy Fitness Punch Card at \$60 for 20 punches or \$30 for 10 punches. SPECIAL: BUY 2 \$60 PUNCH CARDS AND SAVE 10%. Each class requires one punch. Get your cards at Member Services. Please call Fitness & Spa Director Kathy Erwin at (4205) if you have questions. All classes are held in the Vista Group Exercise Studio unless otherwise noted. Last month's Punch Card raffle winner was **Gerard Oxoby**.

December Fitness Orientations: Saturday, December 8 11:00am Wednesday, December 12 6:00pm Saturday, December 22 11:00am

Key **Bold = New/Change**(B)eginning (I)ntermediate (A)dvanced

Saturday, December 22 11:00am					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Class Locations (GX) Group Exercise Studio (DB) Diablo Ballroom (VP) Vista Pool (DP) Delta Pool (RV) Rio Vista Room–Delta (SR) Sonoma Room-Vista (FC) Fitness Center				8:30-9:30am Step Aerobi (B/I) (GX) Pat 11-12:30pm ZUMBA (B/I (GX) Sophie/Lisa 12:15-12:45 pm Pilates/Stretch (GX) Sophie/Lisa
7:30-8:30am Step Aerobics (B/I/A) Pat 8:30-9:30am Workout w/ Weights (B) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 9:30-10:30am Wake-up and Move (B/I) (RV) Anna 9:45-10:30am Core Balance and Standing Abs (B/I) (GX) Sophie 10-11am Aqua Fit (B) (VP) Denise 10-11am Meditation Breathing (B) (DB) Deanna 10:30 -12pm ZUMBA "Power 90" (B/I) (GX) Sophie 12-1pm ZUMBA Gold Beginner (B/I) (GX) Sophie 3-4pm Circuit Training / Combo Balance (B/I) (GX) Susan 4-5pm Stretch and Flex (B/I) (GX) Susan) 6:30-7:30pm Yoga/Pilates (B/I) (DB) Deanna	8-9am Body Works (B/I/A) (GX) Kathy 9-10am Simply Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-11am Qi Dance (B/I/A) (GX) Joele 11-12pm Arthritis Program (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 3-4pm Advanced Aqua (B/I/A) (VP) Kathy	7-8am Early Yoga (B) (DB) Tammy 7:30-8:30am Beginning Step (B/I/A) (GX) Pat 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am Workout w/ Weights (B/I) (GX) Pat 9:30-10:30am Wake-up and Move (B/I) (RV) Anna 9:30-11am QI Dance Plus (B/I/A) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 11-12pm ZUMBA (B/I) (GX) Lisa 12-1pm ZUMBA Gold (B/I) (GX) Lisa 12-1pm ZUMBA (GX) Deanna 3-4pm Circuit Training / Combo Balance (B/I) (GX) Susan 4-5pm Stretch and Flex (B/I) (GX) Susan)	7:30-8:30am Body Works (B/I/A) (GX) Kathy 9-10am Simply Stretch (B/I) (DB) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9-10am Advanced Aqua (B/I/A) (VP) Kathy 10-11am Aqua Fit (B) (VP) Denise 10-11am Qi Dance (B/I/A) (GX) Joele 11-12pm Arthritis Program (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/I) (DB) Tammy 3-4pm Aqua Fit (B) (VP) Denise	7-8am Early Yoga (B) (DB) Tammy 7:30-8:30am Step Aerobics (B/I/A) Pat 8:30-9:30am Workout w/ Weights (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9:30-10:30am Aqua Fit (B) (VP) Denise 9:45-10:30am Core Balance and Standing Abs (B) (GX) Sophie 10:30-12pm ZUMBA Power 90 (B/I) (GX) Sophie 12-1pm ZUMBA Gold Beginners (B/I) (GX) Sophie	8 11-12:30pm ZUMBA (B/I (GX) Sophie/Lisa 12:15-12:45 pm Pilates/Stretch (GX) Sophie/Lisa
7:30-8:30am Step Aerobics (B/I/A) Pat 8:30-9:30am Workout w/ Weights (B) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 9:30-10:30am Wake-up and Move (B/I) (RV) Anna 9:45-10:30am Core Balance and Standing Abs (B/I) (GX) Sophie 10-11am Aqua Fit (B) (VP) Denise 10-11am Meditation Breathing (B) (DB) Deanna 10:30 -12pm ZUMBA "Power 90" (B/I) (GX) Sophie 12-1pm ZUMBA Gold Beginner (B/I) (GX) Sophie 3-4pm Circuit Training / Combo Balance (B/I) (GX) Susan 4-5pm Stretch and Flex (B/I) (GX) Susan) 6:30-7:30pm Yoga/Pilates (B/I) (DB) Deanna	8-9am Body Works (B/I/A) (GX) Kathy 9-10am Simply Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-11am Qi Dance (B/I/A) (GX) Joele 11-12pm Arthritis Program (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 3-4pm Advanced Aqua (B/I/A) (VP) Kathy	7-8am Early Yoga (B) (DB) Tammy 7:30-8:30am Beginning Step (B/I/A) (GX) Pat 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am Workout w/ Weights (B/I) (GX) Pat 9:30-10:30am Wake-up and Move (B/I) (RV) Anna 9:30-11am Qi Dance Plus (B/I/A) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 11-12pm ZUMBA (B/I) (GX) Lisa 12-1pm ZUMBA Gold (B/I) (GX) Lisa 1:15-2:15pm Adaptive Yoga Workout (B) (GX) Deanna 3-4pm Circuit Training / Combo Balance (B/I) (GX) Susan 4-5pm Stretch and Flex (B/I) (GX) Susan)	7:30-8:30am Body Works (B/I/A) (GX) Kathy 9-10am Simply Stretch (B/I) (DB) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9-10am Advanced Aqua (B/I/A) (VP) Kathy 10-11am Aqua Fit (B) (VP) Denise 10-11am Qi Dance (B/I/A) (GX) Joele 11-12pm Arthritis Program (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/I) (DB) Tammy 3-4pm Aqua Fit (B) (VP) Denise	7-8am Early Yoga (B) (DB) Tammy 7:30-8:30am Step Aerobics (B/I/A) Pat 8:30-9:30am Workout w/ Weights (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9:30-10:30am Aqua Fit (B) (VP) Denise 9:45-10:30am Core Balance and Standing Abs (B) (GX) Sophie 10:30-12pm ZUMBA Power 90 (B/I) (GX) Sophie 12-1pm ZUMBA Gold Beginners (B/I) (GX) Sophie	14 11-12:30pm ZUMBA (B/I (GX) Sophie/Lisa 12:15-12:45 pm Pilates/Stretch (GX) Sophie/Lisa
17 7:30-8:30am Step Aerobics (B/I/A) Pat 8:30-9:30am Workout w/ Weights (B) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 9:30-10:30am Wake-up and Move (B/I) (RV) Anna 9:45-10:30am Core Balance and Standing Abs (B/I) (GX) Sophie 10-11am Aqua Fit (B) (VP) Denise 10-11am Meditation Breathing (B) (DB) Deanna 10:30 -12pm ZUMBA "Power 90" (B/I) (GX) Sophie 12-1pm ZUMBA Gold Beginner (B/I) (GX) Sophie 3-4pm Circuit Training / Combo	18 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Simply Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-11am Qi Dance (B/I/A) (GX) Joele 11-12pm Arthritis Program (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 3-4pm Advanced Aqua (B/I/A) (VP) Kathy	19 7-8am Early Yoga (B) (DB) Tammy 7:30-8:30am Beginning Step (B/I/A) (GX) Pat 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am Workout w/ Weights (B/I) (GX) Pat 9:30-10:30am Wake-up and Move (B/I) (RV) Anna 9:30-11am Qi Dance Plus (B/I/A) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 11-12pm ZUMBA (B/I) (GX) Lisa 12-1pm ZUMBA Gold (B/I) (GX) Lisa 1:15-2:15pm Adaptive Yoga Workout (B) (GX) Deanna 3-4pm Circuit Training / Combo	7:30-8:30am Body Works (B/l/A) (GX) Kathy 9-10am Simply Stretch (B/l) (DB) Joele 9-10am Tai Chi (B/l) (GX) Lillian 9-10am Advanced Aqua (B/l/A) (VP) Kathy 10-11am Aqua Fit (B) (VP) Denise 10-11am Qi Dance (B/l/A) (GX) Joele 11-12pm Arthritis Program (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/l) (DB) Tammy 3-4pm Aqua Fit (B) (VP) Denise	7-8am Early Yoga (B) (DB) Tammy 7:30-8:30am Step Aerobics (B/I/A) Pat 8:30-9:30am Workout w/ Weights (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9:30-10:30am Aqua Fit (B) (VP) Denise 9:45-10:30am Core Balance and Standing Abs (B) (GX) Sophie 10:30-12pm ZUMBA Power 90 (B/I) (GX) Sophie	22 11-12:30pm ZUMBA (B/I (GX) Sophie/Lisa 12:15-12:45 pm Pilates/Stretch (GX) Sophie/Lisa



Happy Holidays!

NO CLASSES DECEMBER 24, 2012 – JANUARY 1, 2013



December 2012 Club and Activity Calendar						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY 1 8:30am Hiking Club (D) 10am – 2pm Old Fashioned Decoratin Party (V) 2pm Chinese Brush Painting (D) 2pm Friendship Baptist Choir Concert (V)
2 5pm Tree Lighting Ceremony (V)	8am Social Tennis 9am Watercolor Painting (D) 9:30am Walk & Talk (V) 10am NYE Grand Ball Registration (V) 1pm Mah Jongg (V) 1pm Rip, Stitch & Bitch (V) 1pm Open Painting (D) 2pm TAG Monthly Mtg. (D) 3pm Guitar Club (D) 6pm Soul Line Dancing (D) 6:30pm HOA Village Riviera Candidates Night (D) 7pm Poker (D) 7pm Drama Rehearsal (V)	8am Social Tennis 8:30am Radio Club (V) 9am Golf - Women's 9-Hole 10:30am Country Line Dancing (D) 11am Triage Team Mtg. (D) 11:30am Golf - TRVMEN 9-Hole 12:15pm Canasta - Hand and Foot (V) 12:30pm Watercolor Painting (D) 12:30pm Dominoes (D) 1pm Stroke/ Head Injury Support Group (V) 4pm NYE Grand Ball Registration (V) 5pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai Chi & Yuan Chi Dance (V) 7pm Drama Rehearsal (D)	8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 11am TOPS Holiday Luncheon 12:30pm Fat Quarters Quilting (D) 2:30pm Bergren Art (D) 2:30pm Jazz Band (V) 3pm Village Oakmont RC & Social Com. Mtg. (V) 4:30pm Table Tennis (D) 7pm Billiards Club Mtg. (V) 7pm Delta Breeze Chorus (V)	8am Social Tennis 8:30am Golf - Women's 18-Hole 9:30am Ceramics (D) 12:15pm Canasta - Ponytail (V) 1pm Good Samaritans (D) 2pm Genealogy Club (V) 5pm Table Tennis (D) 5pm Cycling Club (V) 5pm Tai Chi & Yuan Chi Dance (V) 7pm Photography Club (V) 7pm Saddle Rock RC Mtg. (D) 7pm Drama Performance (V)	8am Social Tennis 9am Model Club (V) 9am Interval Art Classes (D) 9am Village 1 Arch. Com. Mtg. (V) 12pm Bridge (V) 12:30pm Watercolor Painting (D) 5pm Motorcycle Club Christmas Party (D) 7pm Drama Performance (V)	8:30am Hiking Club Mtg. (V) 11am Table Tennis (D) 7pm Drama Performance (V)
9 10am – 3pm Farmer's Market (D) 5pm Village Oakmont RC Holiday Party (V)	8am Social Tennis 9am Watercolor Painting (D) 9:30am Walk & Talk (V) 10am Kare Bears — Riviera (D) 11am Kare Bears — Potluck (D) 12:15pm Bridge - Duplicate (V) 1pm Rip, Stitch & Bitch (V) 3pm Village Oakmont Arch. Com. Mtg. (D) 6pm Soul Line Dancing (D) 7pm Poker (D)	8am Social Tennis 8:30am Radio Club (V) 9:30am Women's 9-Hole Golf 10:30am Country Line Dance Class (D) 10:30am Book Club (V) 11:30am RVMEN 9-Hole Golf 12pm Recipe Club (Member's Home) 12:15pm Canasta - Hand & Foot (V) 12:30pm Watercolor Painting (D) 1pm Kare Bears - Olympic 2pm Master Association Board Mtg. (V) 5pm Billiards Club Tournament (V) 5pm Table Tennis (D) 5pm Tai Chi & Yuan Chi Dance (V) 6pm Grapevine Chat (V)	8am Social Tennis 8am TOPS (D) 9am Olympic Village Arch. Com. Mtg. (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Kare Bears — Village Oakmont (D) 10am Stained Glass (D) 12:30pm Fat Quarters Quilting (D) 2:30pm Bergren Art (D) 2:30pm Jazz Band (V) 4:30pm Table Tennis (D) 5pm Hispanic Club Holiday Potluck 6pm Olympic Village Treat & Greet/RC Annual Mtg. 7pm Delta Breeze Chorus (V)	8am Social Tennis 8:30am Golf - Women's 18-Hole 9am Blood Pressure Check (D) 9:30am Ceramics (D) 10am Scrapbooking (D) 10am Council for the Arts (V) 12:15pm Canasta - Ponytail (V) 1pm Adult Com. Mtg. (D) 1pm Good Samaritans (D) 1pm Advanced Hearing Aid Service (V) 2:45pm Disaster Preparedness (V) 4pm Golf - Sr. Men's Board Mtg. (D) 5pm Table Tennis (D) 5pm Tai Chi & Yuan Chi Dance (V) 6pm Pinochle (V)	8am Social Tennis 9am Interval Art Classes (D) 9:30am Walk & Talk (V) 12pm Bridge (V) 12:30pm Watercolor Painting (D) 5pm VORC Holiday Dinner Dance (Nines) 7pm Bunco (D)	8:30am Hiking Club (V) 11am Table Tennis (D) 2pm Chinese Brush Painting (D) 5pm Table Tennis Holida Dinner (Nines) 5:30pm Village Riviera RC Holiday Dinner Dance (V)
16 5pm Tennis Club Christmas Party (D) 6:30pm Dance Club Holiday Dance (V)	8am Social Tennis 9pm Watercolor Painting (D) 9:30am Walk & Talk (V) 10am Council of Village Presidents (D) 1pm Mah Jongg (V) 1pm Rip, Stitch & Bitch (V) 6pm Guitar Club (V) 7pm Poker (D)	18 8am Social Tennis 8:30am Radio Club (V) 9:30am Women's 9-Hole Golf 10:30am Country Line Dance Class (D) 10:30am Book Club (V) 11am Triage Team (D) 12:15pm Canasta - Hand & Foot (V) 12:30pm Dominoes (D) 12:30pm Watercolor Painting (D) 5pm Billiards Club Tournament (V) 5pm Table Tennis (D) 5pm Tai Chi & Yuan Chi Dance (V) 7pm Computer Club (V)	8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 12:30pm Fat Quarters Quilting (D) 1pm Village Riviera Arch. Com. Mtg. (D) 2:30pm Bergren Art (D) 2:30pm Card Class (D) 2:30pm Jazz Band (V) 4:30pm Table Tennis (D) 7pm Olympic Village RC Mtg. (V) 7pm Trilogy Holiday Show (V)	8am Social Tennis 8:30am Women's 18-Hole Golf 9:30am Ceramics (D) 11am Dog Club (D) 12:15pm Canasta — Ponytail (V) 1pm Good Samaritans (D) 2pm Genealogy Workshop (V) 4pm Golf — Sr. Men's Mtg (D) 5pm Table Tennis (D) 5pm Tai Chi & Yuan Chi Dance (V) 6pm Pinochle (V) 7pm Writer's Club (D)	21 8am Social Tennis 9am Village I Arch. Com. Mtg. (V) 9am Interval Art Classes (D) 9:30am Walk & Talk (V) 12pm Bridge (V) 12:30pm Watercolor Painting (D) 6:30pm Joy Luck Mah Jongg (V) 7pm Whist Club (D)	8:30am Hiking Club (V) 11am Table Tennis (D)
23	Christmas Eve HOA Admin office closes at 12pm. Vista Club Closes @ 5pm 8am Social Tennis	25 Merry Christmas HOA Offices & Vista Closed	26 8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Olympic Village Arch. Com. Mtg. (D) 10am Stained Glass (D) 12:30pm Fat Quarters Quilting (D) 2:30pm Bergren Art (D) 2:30pm Card Class (D) 4:30pm Table Tennis (D) 5pm Billiards Club Tournament	8am Social Tennis 8:30am Golf - Women's 18-Hole 9:30am Ceramics (D) 12:15pm Canasta - Ponytail (V) 1pm Good Samaritans (D) 5pm Table Tennis (D) 5pm Tai Chi & Yuan Chi Dance (V) 6pm Pinochle (V)	28 8am Social Tennis 9am Interval Art Classes (D) 9:30am Walk & Talk (V) 9:30am Tennis Club Mtg. (D) 12pm Bridge (V) 12:30pm Watercolor Painting (D)	8:30am Hiking Club (V) 11am Table Tennis (D)
30	31 New Year's Eve 8am Social Tennis 1pm Rip, Stitch & Bitch (V) 5:30pm — 12:30am NYE Celebration (V)					

22



PATIO COVERS Wickens PRIVACY WALLS,



Designing and Building Backyard Living Spaces for 13 Years

- Local References
 Privacy Screen with Lattice Tubes or Clear Acrylic Panels • Cement Work Painting
 We Take Care of All Your Trilogy Paperwork for Your Association and to Obtain Rio Vista Permits • Bonded and Insured
 - QUALITY SERVICE FREE ESTIMATES

Call: 707.447.7475

www.wickensconstructionandmhs.com Senior Discounts • Unbegtable Prices • CA #845399





It's always personal to us.

It's more than the fresh meals we serve. More than the friendly environment we've created for our residents. It's the personal care we provide for those who need some help with the activities of daily living, along with a comfortable environment with trained and friendly staff. We call it Personalized Assisted Living. And it goes a long way toward optimizing the daily quality of life for our residents.



If you have a loved one that needs a friendly environment with a personalized care plan designed just for them, call or visit our community. Because caring for our residents is what we do. And it's always personal to us.

For more information call Cheryl at (925) 240-0733



ONE BEDROOM SPECIAL TOUR FOR DETAILS!



Senior Living at Brentwood

Your story continues here...



BROOKDALE* managed community

Personalized Assisted Living

150 Cortona Way, Brentwood, CA 94513 www.brookdaleliving.com

RCFF # 075601508





All of us at I Feel Good Medical want to thank YOU for your patronage and support throughout the years.

We hope you have a very pleasant holiday and a Happy New Year!

707-426-2211

*Must present present to get discount.

1113 West Texas Street · Downtown Fairfield

Discounts off retail pricing.

Pictures used are for illustrative purposes only.



Delta Breeze Chorus

Delta Harmony

Trilogy Jazz Band

Vista Thuh December 2, 5:00 p.m. Vista Club Grand Living Room





Trilogy Jazz Band Delta Breeze Chorus Delta Harmony



December 19, 7pm Diablo ballroom, Vista Club

No Sign-ups Required



Secure Your Smile

A **Prosthodontist** is a dentist recognized by the American Dental Association (ADA) as a specialist in restoring and replacing teeth.

You see your prosthodontist because you demand that your dentures look natural and have a comfortable fit.

Call Your Dental Specialist Today!

Dentures, Partial Dentures, Custom Dentures & Implants by a Specialist



Jacqueline Medina, D.D.S.



Jacqueline Medina, D.D.S.Prosthodontics & Geriatric Dentistry

595 Buck Avenue, Suite F, Vacaville, CA 95688

(707) 447-4540

www.jmedinaddsprosthodontics.com

Doesn't your smile deserve a specialist's care?

Billiards Club

The next Billiards Club meeting is on Wednesday, Dec. 5, at 7 p.m. in the Monterey Room of the Vista Club. Tuesday Evening's tournaments are at 5 p.m. The first and third Tuesdays the format is 8-ball round robin with no handicaps for B players. The second Tuesday of the month the format is handicap 9-ball with a round robin format. In order to get a win, a player must beat his opponent in two out of three games. The club has made a list of B players and for that Tuesday evening the B players will get a onegame handicap while playing an A player. The B player only needs one win in three games while competing against an A player. The format for the fourth Tuesday is 8-Ball and the club will split the tournament into A and B players. There will be a first and second place winner in each group. The fifth Tuesday is 9-ball with no handicap for B players. Officers: President Al Bergoust, Vice President Richard Garcia, Treasurer Jack Clark, Secretary Dallas Salomon, and Membership Chairman Dave Stewart.

Latest weekly tournament winners:

Oct. 2, 8-Ball	Oct. 9, Handicap 9-Ball
UCL. Z, O-Dali	OCL. 9, Manuicap 9-Dan

1st Diego Cassone 1st Geno Toscano 2nd Al Bergoust 2nd Lee Durham 3rd Geno Toscano 3rd Jack Clark

Oct. 16, 8-Ball

1st Dave Stewart 2nd Oscar Grissom 3rd Al Bergoust

Oct. 23, 8-Ball A & B

A Division

1st Oscar Grissom

2nd Lee Durham

B Division

1st Chuck Lebue

2nd Richard Garcia

Oct. 30, 9-Ball

1st Oscar Grissom 2nd Jack Clark

3rd Dave Stewart

For more information regarding the Billiards Club, contact Oscar Grissom at crpntrboy@aol.com.

Bingo Club

The Bingo Club would like to wish everyone a happy holiday season. We send a special thank you to all the Bingo players for their support and laughter through the months. This year we have donated \$200 to the track team at Rio Vista High School for transportation costs. There was no team last year, so we wish them the best this year. We are also looking into the cost of a supplemental scoreboard for the gym at Rio Vista High School.

More to come on that. Bingo will be back on the fourth Friday in January! Come, bring friends, and be ready to have a great time.

Bocce Club

The 2012 bocce season officially ended with the Winter Bocce Federation's End of Season BYOS Social on Nov. 27. But, don't fret, plans are already underway for the 2013 season. The annual organizational and sign-up meeting is on Saturday, March 2, 2013 in the Delta Club starting with the Morning Bocce League (MBL). Sign-ups are at 9 a.m. followed by the meeting at 10 a.m., and then the Night Bocce League (NBL) sign-ups at 11 a.m. New teams and new players are encouraged and always welcome. Details will be announced in the Trilogy Living as we move forward with the planning process, so stay tuned. If you have a question or comment that can't wait until March, contact any member of the board by phone or email; Joe Downes (7520), Walt Manos (2827), Judy Carter (0016) or Julia Mattos (5264). Remember to roll often, throw straight, and have fun. That's what it's all about.

Book Club

The Book Club meets the second Tuesday of each month at 10:30 a.m. in the Sonoma Room of the Vista Club. The next meeting is Dec. 11. The book selection is your favorite children's book! January's book selection is *Botany of Desire* by Michael Pollan. There is no requirement to have read the selected book. Everyone is welcome to join. Feel free to stop by. For more information, contact Adrienne (5576). Happy Holidays!



Bridge - Duplicate

Duplicate Bridge meets the second Monday of each month at 12:15 p.m. in the Sonoma Room at the Vista Club. Mark your calendars for our game on Monday, Jan. 14, 2013. All Trilogy residents who are interested in playing duplicate bridge are welcome. If you need a partner, we'll find one for you. For more information, contact Sue (6136). October's winners: 1st - Run Wan and Feliza Senduk; tie for 2nd and 3rd - Choeta Heid & Lynn Fortner and Bob Wiskotzil & George Kovatch.



Bridge - Friday

The Friday Bridge Club meets weekly in Vista Club Sonoma Room. Play starts at 12:15 p.m. The Club is open to all bridge playing Trilogy residents. Newcomers welcome. For more information, call Lynn (3310).

Computer Club

The next meeting of The Trilogy Computer Club is our holiday event on Dec. 18 at 7 p.m. at the Vista Club. This event is for members only. However, housemates and family who live with a member are honorary members and are also welcome. We will offer dessert, coffee, tea, and water. BYOB. As dictated by the by-laws, we will hold elections of club officers at this meeting. Also, there will be some time allotted for computer-related questions and answers.

Visit the club website at www.tccrv.org for the latest information on many computer related subjects, meetings and other interesting items. You may also become a member by obtaining the application on the website, completing it and printing a copy. Give it to any of the directors with the annual dues of \$12. You may also sign up at any open meeting.

We welcome all levels of expertise, from those thinking of getting a computer to those who have spent years working with computers and related software. For more information, contact Lynne Hansen (4060).

Dance Club

Rich and Judi Marshall want to thank you for coming to our Halloween Costume Dance on Oct. 14. It was a great turnout with so many people in fantastic costumes. The costumes were judged and first and second prize winners received Champagne and wine. What fun that was. We always look forward to seeing everyone and meeting the new people living in our community. We certainly enjoy the fun. Our next dance is our dressy Christmas Dance on Dec. 16. This is not mandatory. Remember, you don't need to know any special dancing to come and enjoy the evening. The music is scheduled from 6:30 – 9 p.m. There is a requested \$5 charge per person at the door to help cover expenses for the band. For more information, contact Rich and Judi at (7595) or Bonnie Bowen at (707) 322-5875.

Dog Club



Our mission is to maintain a lost & found dog network, provide social opportunities for dog owners and their pets, and facilitate the building of an enclosed dog park within Trilogy.

The Dog Club is conducting a raffle/membership drive. Profits from our raffle will be set aside for dog park expenses. Our goal is to help with the development costs of a dog park and increase our membership. The better we can represent the total number of dog owners, the more powerful case we have.

Raffle tickets are \$1 each or six for \$5. First prize is a \$100 gift certificate for Peter's Steak House. Second prize is a \$25 gift certificate for Pets 4 All. The drawing will take place on Dec. 20 at our regularly scheduled membership meeting.

Dog owners who join our club or register their dog with our lost and found dog database will receive one free raffle ticket. Membership entitles the member to a discount on products, excluding dog food, at Pets 4 All. We are in the process of ordering emergency window stickers for dog owners, which will be offered free to all paid members. Annual dues, collected in January 2013, are \$10. For those dog owners who prefer not to join our club, but would like to register their dog in our lost and found dog database, there is no fee. If you would like to join our club, register your dog, or purchase raffle tickets, call Linda Rowe at (925) 286-1555 or Rose Romano at (3549).

On Feb. 10, 2013, our club is hosting a Valentines' Brunch at the Delta Club. Mark your calendars for that date. Details of the event will be provided as the date approaches. Our next meeting is on Dec. 20 at the Delta Club at 11 a.m.. If you'd like to learn more about our club, feel free to join us.

Fishing Club

We had our annual holiday brunch on Nov. 18 at The Point and everyone enjoyed themselves. It was a huge success. We will not have a meeting in December. Our next meeting is Jan. 21, 2013. Happy holidays to you and your families. We look forward to seeing you at our January meeting. Good luck fishing! For more information or to join the Fishing Club, contact Al Silva (3791).

Genealogy Club

The Genealogy Club and workshop continues to grow every month and we meet some of the most interesting people. They come with a curiosity about their ancestors, their life experiences, and even bring us some great stories. Sometimes we meet distant cousins who are sitting next to us, but best of all, are the mysteries they bring. We have some tricks up our sleeves to help with those mysteries, here are just a few:

- * Interview your living kin now, before it's too late. They are often your best link to the past.
- * If possible, use audio or video to record the interview.
- * Keep an open mind. Sometimes we're our own worst enemies when it comes to our ancestors. We shake our heads in disbelief when a DNA test indicates a surprising haplogroup or disprove a relationship that's become family legend.
- * Document your research finds. Be prepared for anything.
- * Keep calm and cite your sources.
- * Dissect your relatives' obituaries. Check for key clues such as parents' names, places of birth, surviving kin, places of burial. Birth and death records have a wealth of information.
- * Only a small percentage of all historical records are available through websites. Nevertheless, explore the websites for the state archives where your ancestors lived. These repositories often have state censuses, newspapers, old vital records, records of state institutions, and more.
- * Take advantage of National Archives they're great sources of federal records and historical information. Both the U.S. National Archives and Records Administration and the Library and Archives Canada have a wealth of information and even free databases you can search.
- * If all else fails, take a trip and visit the court houses in your ancestors' home state.

The Genealogy Club is open to all residents of Trilogy. There is no membership fee. Regular meetings take place the first Thursday of the month at 2 p.m. in the Vista Club Monterey Room. For more information, contact Rhoda (7542). The Genealogy Workshop is held the third Thursday of each month at 2 p.m. at the Vista Club Computer Room. For more information, contact Carolyn Bridges at wncbridges@comcast.net.

Good Samaritans

Have a Blessed Christmas

The Good Samaritans continue to keep our community and nation in prayer. If anyone is in need of a Bible or has a prayer request, we welcome you to attend our Bible Study on Thurs. at 1 p.m. at the Delta Club Marina Room. In our community, we have people from all walks of life who are willing to share their life experiences that could help one another.

The Good Samaritans main goals are:

- 1. Teaching the word of God from the Holy Bible.
- 2. Fellowship with one another.
- 3. Uplifting one another through hard times and good times.
- 4. Visiting the sick and shut-in.
- 5. Welcoming guest speakers to discuss topics from the Bible.
- 6. Emergency food giveaway.
- 7. Reaching out to those in need in our community.
- 8. Outreach ministry.
- 9. Special events
- 10. Living by the word of God.
- 11. Praying for one another.

The Good Samaritans base their Bible Study according to the word of God. We bring your attention to John 4:11.

Scripture of the month: John 3:16

Hispanic Club

Hola, amigos! The Board met on Tuesday, Oct. 23 at the River Room in the Delta Club in an effort to shape our club and plan its activities for the future. The following decisions were made:

- We will collect annual dues to support basic needs of the club such as serve ware for our meetings and gatherings. Annual dues are \$12 for singles and \$20 per couple.
- 2. Our treasurer will collect these dues for 2013 beginning immediately and until we obtain an identification number from the IRS, collection of fees will be done on a cash-only basis.
- 3. Board members were asked to mark the third Monday of each month at 7 p.m. for board meetings.



- 4. A calendar for the year will be established and will incorporate the following:
 - a. Four general meetings per year.
 - b. Four in-house social activities
 - c. Four day trips or event trips to artistic, cultural, and related venues.

We will email the calendar to all members as soon as it is completed. The board is also requesting volunteers to chair the following sub-committees: Social/Cultural and Membership/Publicity. If you are interested in any of these activities, contact any board members.

We are also planning our first holiday gathering for the 12th day of the 12th month on the year 2012 (Dec. 12, 2012) at 5 p.m. How do you like that? Mark this date on your calendars. We are making arrangements to secure the Marina and River Rooms at the Delta Club. This is taking shape as a pot-luck with holiday music, and singing of "villancicos," so brush up your singing voices and your memory banks. We are also considering a "blind" gift exchange of no more than a \$10 value. We will contact you with more details via email, so please read them and kindly respond to the requests. In the meantime, stay healthy, happy, and stress-free.

Mah Jongg

We meet every Monday except the second Monday of the month in the Sonoma Room from 1 - 3 p.m. We play the Hong Kong version. If you know a different version or have never played the game, we have several good players. Any one of them will help you learn this version of the game. Come join us. For more information, call Molly Martinez (3417).

Men's Executive Nine

The tournament results for November included the Nov. 9 shamble, which was won by the team of Larry Reece, Jim Copley, Bob Brainerd, and Craig Ahlstrom. The Nov. 30 two-man switch had two flights. The flight one winners were Dale Moore and Bob Brainerd. Flight two was won by the team of Dick Talbott and Richard Cole. Congratulations to the winners and thanks to everyone who participated.

The golf year is coming to a close. We have only one tournament on Dec. 11, which is a step-aside shamble. It will be a shotgun start and the tournament will be followed by our quarterly general membership meeting, which includes free beer. Please plan on attending.

Our club held its first awards banquet on Oct. 30. The new board was introduced and awards were presented to our club championship tournament winners Alex Winkler and Dale Moore. Awards were also presented to our most improved players, which included Ron Kott, Harold Rowe, Dennis Jones, Ed Smith, and Carol Webb.

Best wishes to all our members for a great holiday season. We look forward to another great golf year with fun tournament formats. Our 2013 renewal and new member drive is now under way. Renew your club membership for 2013 before Dec. 31 and save money in late fees. Renewal forms are available next to our bulletin board in the pro shop. If you are interested in joining our 9-hole golf club, pick up an application form in the posting room or contact membership chairman Dick Talbott at 225-0077.

Model Club

We had another of our famous field trips. This one was the Marin Headlands, which is the site of three World War II U.S. Army bases on the north side of the Golden Gate, now a national park. We were scheduled to visit the Cold War Nike Missile site, now maintained by the National Parks Services. First, we made one of our Model Clubs President John Herder's lunch stops at Marin Joe's. The 11 of us who made the trip enjoyed an excellent lunch highlighted by great service. We hurried on to the site to make our 2 p.m. tour time. We were surprised to find the site closed. The area is such a beautiful nature preserve and is just a few miles from the north end of the Golden Gate Bridge. So, we stopped at the Park Center to see what else was available. One of the park employees offered to give us a private tour of the Point Bonita Light House. Recently opened to the public, it is guarded behind a locked gate due to a hazardous walk in high winds, especially with younger children. What a spectacular photo opportunity! We will show these photos to the other Model Club members and to other Trilogy residents at the next meeting and as space is available. By the way, we think the Nike site was closed because the volunteer who gives tours was in San Francisco enjoying the Giants Welcome Home Parade. Darned retired people can't be relied upon. As usual, our car-pool group returned by 5 p.m. safe and sound.

Stop by our Model Club meeting. For more information, contact the club president, Mr. John Hearder (3646). Join us at our monthly meeting on the first Friday of each month in the Vista Club Monterey Room.

Motorcycle Club

The Trilogy Motorcycle Club riders meet the first Saturday of every month for an all-day ride. The Nov. 3 ride had a great turnout of 12 bikes and 16 riders. The weather was perfect and after several minutes of discussion over coffee, we decided upon the Willie Bird ride. Since the destination was only about an hour and a half away, we created a rather interesting back road route that led us west on Hwy 12 to Fairfield, then over to Turtle Rock Bar and Grill at Lake Berryessa for a stretch break and photo-op. Continuing northward on a couple of nice twisty roads, one of them being a single lane, we dropped down to Anguin and headed to Calistoga. There, we managed to avoid our favorite tri-tip place since this was a quest for Willie Bird, and headed on up Hwy 128 and eventually hit Hwy 101 south. Heading down the super slab at cruising speed gave us enough distance and time to arrive at Willie Bird in Santa Rosa at an appropriate time for lunch. The selection of turkey-oriented entrees was impressive. There was something for everyone. John Wilson ordered a roasted turkey leg that was big enough to have come off a small elephant. It looked scrumptious!

The return trip was somewhat direct and easy cruising. It was welcomed after the turkey comfort food. A stretch break and coffee stop in Suisun rounded out the day. The ride was only about 190 miles, but, was one of the best we have had; clear, bright weather, twisty roads, a serving of super slab, and finished off with a cup of coffee: it just "don't get no gooder."



The Club Holiday Party is scheduled for Dec. 7 at 5 p.m. at the Delta Club. By the time this is published, we will have selected the menu including the drinks. We are looking forward to socializing with all the riders who have ridden (even infrequently) throughout the year. We invite the other motorcycle riders in Trilogy to join us on any of the monthly rides. The next ride meets on Dec. 1 at 8 a.m. at McDonald's in Rio Vista. The destination is to be determined based on weather. For more information, contact Bob Pastorino (6556) or Larry Nelson (2967).

Photography Club



Photo by Karen Albanese Christmas at the Rio Vista Museum, 2011

December's meeting will include two topics for member information. First, Richard Freeman will present a discussion on defragmentation as it relates to depth of field possibilities at the higher f-stops, such as f16 or f22, which usually provide clear focus into infinity. Jerome Larson, experienced in portrait photography, will provide tips

for bettering portrait images. Members are encouraged to bring examples of portraits they have done for suggestions on improvements.

The Trilogy Photography Club meets on the first Thursday of each month in the Monterey Room at the Vista Club from 7 - 8:30 p.m. It has an open invitation for all digital photographers residing in Trilogy. Attend a meeting and consider membership in the club. Photographers at all levels of experience provide learning opportunities from which everyone benefits. Wishing you a happy holiday season, prosperity, and good health in the New Year!

Radio Club

With the recent natural disaster that has befallen our East Coast by Hurricane Sandy, it is time to give thanks those of us here were not subjected to such pain and suffering. The news of those people unable to communicate their immediate needs, request water, heat and needed medical treatment is an example of why the Trilogy Rio Vista Radio Club was formed. While we could not prevent such suffering, we are prepared and willing to spend our time and take training for the relief of our residents if such disaster should befall us. We, with the Disaster Preparedness Group, have communications, medical, traffic control, and structural-trained rescue members available to help in unforeseen situations that might strike our community. We have the ability to communicate with Rio Vista Emergency personnel, as well as Solano County Emergency Response Services. We can provide information of our community status; provide information and advice, request help, material and manpower in



the event they are needed. Stop by one of our meetings that are shown in the Calendar of Events to see what we are capable of, how we prepare for the unimaginable, and what you can do to help your community. Do you have an emergency survival kit in your home?

If you would like to become a trained volunteer or amateur radio operator additional information can be obtained by attending the weekly Radio Club meeting, which is held each Tuesday in the Vista Club Monterey Room. Informal discussions over a cup of coffee begin at 9 a.m. The formal meeting starts at 10 a.m. For more information, contact Dean Lattman (3967).

Recipe Club

Our holiday tradition is to have a cookie exchange for our December meeting. The only requirement is that the cookies must be homemade. So bake up a large batch of your favorite holiday cookies (three to four dozen) and you will be able to go home with the same number of assorted cookies. One of our members has generously offered her home on Tuesday, Dec. 11 for a noon meeting. Bring an empty container to take your cookies home. We will introduce ourselves, talk about our cookie recipes, and tell stories related to Christmas cookies and/or recipes. If you have questions or would like to join us for the cookie exchange, contact Patty LaFleur at (3159) for directions.

Monthly tip: Recipes always call for using a rubber spatula to fold whipped cream or egg whites into other ingredients. A wire whisk works better because it combines ingredients a lot faster without deflating them. Mix about a third of the whipped cream or egg whites into the other ingredients to lighten them. Then use the whisk to gently fold in the rest of the whites or cream as usual.

Rio Vista Roamers RV Club

Erna and Doyle Ellington took us to Bodega Bay in October and we thank them. The days were sunny and it did not rain until after our nightly card game. Mother Nature was very cooperative! We had soup and salad the first night and celebrated Octoberfest on Tuesday. This group has some of the best cooks! We celebrated Thanksgiving on Nov. 10. Jan and Gene Vick were our hosts. Details will come next month.

Our holiday dinner is at the Nines on Dec. 6. Pat and Leonard Roberts (1403) will be our hosts. The menu is roast beef, chicken marsala, salads, potatoes, and dessert. The evening will start with a no host bar at 5 p.m. and dinner at 6 p.m. The cost will be \$25 per person and the Roberts' will need your reservation and money by Nov. 29. Roamers' New Year starts each year on Jan.

16 with Chinese food at Tao San Jin. Katie and Bob Emler (6312) will be our hosts and will need your money, \$17.60 per person, by Jan. 10. Our potlucks and dinners are a great way for past and future members to join us. We would love your company. We are a fun loving group and the first outing is a chance to see if you would like to join our club. Sandra Santos (3538) or Doyle Ellington (5276) can answer any questions.

Senior Men's Golf Club

During our Oct. 18 general membership meeting the members in attendance elected the 2013 board of directors. The new board is as follows;

President Ron Chalmers
Vice President John Lamb
Treasurer Bob Junge
Secretary Jim Nash
Tournament Director Joe Devilbiss
Membership Director Ray Ulmonen
Handicap Chairman Ken Higaki

On Nov. 10, we hosted our Installation and Awards Banquet. The departing board members, President George Barlesi and Secretary Ron Kott, were acknowledged for their fine work and the new board members were introduced. Additionally, several awards were presented.

Match Play Tournament Winners:

A Flight Joe Kalajian
B Flight George Barlesi
C Flight Dave Staley
D Flight John Grace

Club Championship Tournament Winners:

Low Gross score Joe Kalajian A Flight Larry Zimmerman

B Flight Walt Jue C Flight Bob Junge D Flight Steve Petronzio

A few of our members turned in holes- in-one during the year and were honored for their accomplishments. They included:

Jerry Sundly, Ric Ricasata, Mike Gingrass, Dennis Dolan, John Grace, Ray Ulmonen

The Distinguished Service Award was given to Jim Malone. In addition to serving on the RVSMGC board of directors, Jim is the driving force behind the annual Armed Forces tournaments, annual veterans clothing drives, gives his time to help in the ad hoc tournament, and serves on the Highway 12 committee. The Most Improved Player award went to Ron Kott.

Watch for the Ambrose Scramble on Dec. 5, the Texas Bramble on Dec.12, and the Turkey Shoot on Dec. 19. Best wishes to all our members for a great holiday season. We look forward to another great golf year with continued fun tournament formats. Hope you all have renewed your memberships.

We hold our general membership meeting on the third Thursday of each month at 4 p.m. in the Delta Club main meeting room. Plan on attending and supporting your club. Our next general membership meeting is on Jan. 17, 2013 when our new board sets the course for the New Year. If you have any other questions about our club contact club President Ron Chalmers at (2552) or e-mail him at ronaldCHALMERS27@yahoo.com.

Stroke, Head & Brain Injury Club

Stroke Club supports those who have had or are living with someone who has been affected by stroke or a brain injury. We also assist those who are suffering from dementia, regardless of the cause. Our group provides help, useful tips, and current information on how to cope with the various short and long term physical and emotional effects that are unique to each person's situation. Since individuals who experience these conditions can suffer from feeling alone, helpless, and/or impaired by some physical and/or emotional limitation, the support that we can provide each other can be very important to adapting and living.

We also conduct various extracurricular activities for the group both within Trilogy and in nearby communities so that we can have fun times together as well. In October, we had a Halloween party. Our members dressed as clowns, cowboys, ballerinas, nurses and wore other imaginative costumes. Treats of all kinds including candy, cookies, and cupcakes in addition to regular dinner fare were provided by our members.

If you or someone in your family has had a stroke, any kind of brain malfunction, and/or dementia, and would like to join, contact Dr. Cheryl Bellrose (6619). We encourage caregivers and families to join as well. We meet on the first Tuesday of each month from 2 - 4 p.m. at the Vista Club in the Monterey Room. Our next meeting is Dec. 4.

Supper Club

We are looking forward to another successful year of Supper Club in 2013. If you are unfamiliar with our group, we meet every other month five times a year beginning in February. On these occasions you can meet our members and get to know them in a small group setting (usually

six to 10). We are not limited to a formal dinner menu. We also consider doing brunch, luncheons, or a theme party.

Everyone is welcome to join Supper Club. Please note: our club is not just for married or committed couples. We don't want to leave anyone with the impression that single individuals are not welcome. If you want to make new friends, give Supper Club a try. Take the opportunity to experience our absolutely delectable menus and friendship provided by our members.

If you are interested in joining us, or have any questions, contact either Maureen Gingrass (3803) or Cheryl Bellrose (6619). We always have room for new members, and of course, we'd love to meet you. Since the holidays are upon us, our next gathering is in February, 2013. In the meantime, enjoy the festive season. See you in 2013.

Table Tennis Club

We had a terrific last tournament of the year on Oct. 27 with 34 participants. Thank you to the 10 ladies who signed up for the Sadie Hawkins Doubles. Let us know if this is something you'd like to do again. There were 29 singles participants grouped by skill level into six groups. Congratulations to the winners. Mixed Doubles Results:

Group A - First Place: Sue Hui and Saimon Hui winning 4 matches and 8 games. Second Place: Ruth Barnes and Larry Mork winning 3 matches and 6 games. Third Place: Brenda Hom and Dieter Meyer winning 2 matches and 4 games. Fourth Place: Melody Beres and John Camacho winning 1 match and 4 games. Fifth Place: Ruth Ham and Larry Albert winning 1 game.

Group B - First Place: Tomoye Matsushino and Tom Surh winning 3 matches and 7 games. Second Place Kathy McKelvey and Joe Slobodzien, winning 3 matches and 6 games. Third Place: Sherry Jasara and Reggie Sorbet winning 2 matches and 6 games. Fourth Place: Marilyn Raphael and Richard Laswell, winning 2 matches and 4 games. For more information, visit the website.

Our new board was elected at our general meeting on Nov. 15. Results will be posted on the website and in the next *Trilogy Living*. Keep the date open and sign up as soon as possible for our Holiday Dinner on Dec. 15 at 5 p.m. at the Nines. For \$22.50, gratuity included, you'll get a choice of carved roast beef or salmon with green salad, seasonal vegetable, roasted potatoes, veggie dish, with rolls and drinks supplied, and dessert is ice cream (we're supplying cake). We will have an \$8 minimum value for a gift exchange. A sign-up sheet will be available during TT play.

For updates, visit trvtt.wordpress.com or log in to My-TrilogyLife.com, click "Clubs," and click the hyperlink to our website. Some of the website's content is password protected and only available to members

For more information, contact Tom Barnes, President (4395); Jeff Kennan, Vice-President (7541); Tom Silverman, Treasurer (318-4620); Kim Russell, Secretary (2046); Vicky Riddle, Publicity (3684), Mike Lewis At Large (4823).

Tennis Club

November was the last month for our tournament schedule. On Nov. 3, we hosted the club from Summerset in Brentwood. Due to a shortage of players on their team, we changed from a competitive format to a social tennis format. Summerset has a lot of nice players, so it was fun to mix teams and enjoy a fun morning of tennis and good food that completed the day.

The following day was our annual Daylight Savings Tournasocial. Soc's Solis and Orlando Devera won the men's doubles, Patti Sorg and June Skvorzov won the women's doubles, and Patti Sorg and Don Stinson won the mixed doubles. The matches were followed later that afternoon with more good food. It seems that a pattern may be developing. Good tennis followed by good food. Not a bad combination.

The holidays are quickly approaching, so that means New Year's resolutions. Don't procrastinate any longer about learning to play tennis or breaking out the old Wilson Jack Kramer wooden racket. Make 2013 your year to get back into the swing of things. Get to the courts in January and make some new friends.

Whist Club

We wish everyone a Merry Christmas with their family and friends. We are working on our Martin Luther King and Black History programs. If anyone is interested in helping with our planning, please join us. Call Jean Robertson (0086) for dates.

The club gathers once each month, usually on the third Friday at 7 p.m. at the Delta Club. Check the monthly *Trilogy Living* for date/time changes.

Other games are available for those not interested in playing cards, including dominoes, backgammon, and checkers. Those who have other board or table game preferences may share (e.g. Scrabble and Monopoly). We also welcome those who just want to socialize.

The Trilogy Whist Club is also the vehicle through which other cultural activities have been organized, to which the entire Trilogy community and their families are invited. The next event is Martin Luther King Day. This event is

Jan. 21 at 2 p.m. All events are intended to be educational, informative, and fun. You may contact Madalene Turner (3361) or Jean Robertson (0086) for more information.

Women's 9-Holers

We meet at The Nines every Tuesday at 8:30 a.m. for a 9 a.m. tee-time. Sign-up sheet is picked up on Sunday at noon. If you need to cancel, call Ruth Almgren at 507-5244, Tournament Chairman, or Karen Adams at (4610) or the Pro Shop (2900).

Tuesday Play Day Results

October 2, 2012 - Low Putts Tournament: Score 16 putts. Lenne H and Kathy M. Unbelievable. Pars: #13 Nancy W, Lenne H, Ingrid C. and Jan B. Wow and Wow.

October 9, 2012 - Chip-in: #7 Maureen L. Pars: #3 Nancy W., #5 Sally T., #7 Maureen L., #8 Karen N., and Kathy M. Ta-Duh.

October 16, 2012 - E Games Results: A Flight: 1st Place: Ruth A., 2nd Place: Kathy M., 3rd Place: Georgette R. B Flight: 1st Place: Fran S., 2nd Place: Eila B., 3rd Place Suzi M. Congratulations to our Big Winners of the E Games.

October 23, 2012 - Due to rain we cancelled our hosting of The Green Tree Ladies.

October 30, 2012 - Pars: #13 Nancy W., #17 Billie R. Nice Ladies. Chip-in: #15 Barb D. Way to go. Great golfing.

If you would like to join the Women's 9-Holer's, call Membership Chairman Georgette Rodriguez (2683).

Women's 18-Hole Golf Club

October 4: We invited the Nine Holers to join us in a scramble. There were no winners since the day was played in honor of Donna Bjork. After the game, Ron Auger gave the group a luncheon.

October 11: Straight Golf: Flight A - First Place: Lucille Rhodes, Vicky Riddle. Flight A - Second Place: Frankie Freese. Flight B First Place: Trixie Roque. Second Place: Ida Shannon, Debby Carroll. Flight C - First Place: Cindy Brown. Second Place: Ladell Manion. Third Place: Diana Staley. Flight D - First Place: Marilyn Rogers. Second Place: Charlotte Godsey. Third Place: Paula Davis. Fourth Place: Karen Nash. Closest to the pin: Lucille Rhodes

October 18: Irons Only. Flight A - First Place: Ida Shannon. Second Place: Lucille Rhodes. Third Place: Linda Barlesi. Fourth Place: Diana Staley. First Place: Charlotte Godsey, Linda Van Nieuwburg. Second Place: Lynn Grace, Marilyn Rogers. Closest to the pin: Linda Barlesi

October 25: Trick or Treat. Flight A First Place: Angie Jones. Second Place: Debby Carroll, Trixie Roque. Third Place: Vicky Riddle. Fourth Place: Alma Renko. Flight B First Place: Ida Shannon. Second Place: Karen Nash. Third Place: Cindy Brown. Fourth Place: Paula Davis, Doris Sundly. Flight C First Place: Helen Swarbrick. Second Place: Anna Bogucki, Joanne Smith. Third Place: Charlotte Godsey. Fourth Place: Lynn Grace. Chip-ins for the month: Debby Carroll, Lynn Grace, Ida Shannon, Charlotte Godsey, Diana Staley. Birdies for the month: Linda Barlesi, Lynn Grace, Lucille Rhodes, Vicky Riddle. Broke 90: Lucille Rhodes, Linda Barlesi. Broke 100: Angie Jones, Ida Shannon, Vicky Riddle, Debby Carroll, Trixie Roque, Cindy Brown, Alma Renko, Linda Siatt, Lucille Rhodes, Linda Barlesi.

Attention All Advertisers:

All ads and checks are due by the fifth of the month prior to the month of publication.



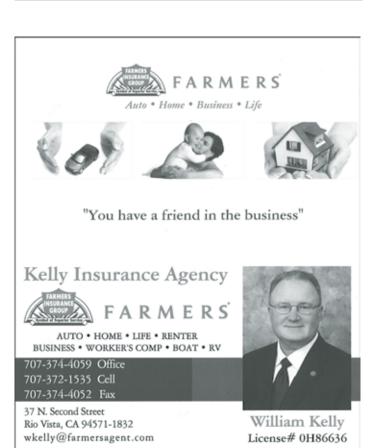
Let Doug Hensley Enhance Your Home

- Kitchen and bath remodeling
- Granite countertops
- Tile and wood floors
- Doors and arches
- Crown moulding
- Cabinets
- Exterior painting
- Plumbing
- Electrical/ceiling fans
- Concrete walks & patios

Free Estimates

209-327-7410

Doug Hensley • Hensley Homes • Lic# 712836





www.ShaferRealEstate.net









Basic To Custom Applications Contractor Installed (No Sub-Contractors)

Over 25 Years Experience **Lifetime Product Warranty New Designs For Any Budget**

















707-374-3902

COVERED!

PERFORMANCE, STYLE,

WWW.SUNBUSTERSINC.COM Lic#936642

ADVERTISING INFORMATION

DEADLINE: All final ads and checks are due by the fifth of the month prior to the month of publication. For example: January 2013 ads and checks are due by Dec. 5, 2012. All late submissions will run in the February 2013 issue of Trilogy Living.

REGULAR SIZES AND RATES:

• **NEW**: 1/8 page ad 3 1/2" wide X 2" tall \$90/month Scan your horizontal business card at 300 dpi, and e-mail it as a pdf, jpg or tiff file to Tania Fardella at indigodesign@att.net.

• ¼ page ad 3.6" wide X 4.5" tall \$140/month ½ page ad 7.5" wide X 4.5" tall \$220/month 7.5" wide X 9.25" tall Full page ad \$345/month

PREMIUM SIZES AND RATES:

• **NEW**: ¼ page ad Inside Front or Back Cover \$185/month • **NEW**: ½ page ad Inside Front or Back Cover \$285/month

 INSIDE FRONT COVER 7.5" wide X 10" tall \$445/month INSIDE BACK COVER 7.5" wide X 10" tall \$445/month OUTSIDE BACK COVER 7.5" wide X 10" tall \$500/month

DISCOUNTS:

- 10% off pre-paid ads for 3 months or more
- 10% off for businesses owned by residents of Trilogy at Rio Vista

To place an ad, contact Joan Azlant at joanazlant@comcast.net or (707) 374-2620. If you need ad design, contact Tania Fardella at indigodesign@att.net. Additional fees will apply for design, scanning, and edits.

M&E Metal

Ornamental Iron

Gates and Fences



Providing a quality product for 30 years

Free Estimates

(707) 428-4925 4895 Creed Rd. • Suisun, CA 94585 California License # 423581



We can get you to Fairfield, Suisun City, Isleton, Antioch and Pittsburg/Bay Point BART Station, Monday – Saturday.

The bus will even come to your door upon request!

You can board the bus at Vista Clubhouse or at the corner of Summerset Drive & Summerset Road near the main gate at the yellow/black sign.

Call (707) 374-2878
or visit us online at
www.deltabreeze.org
for information and reservations!



Dentistry of the Delta

We specialize in the
Maintenance
Repair
Replacement
and Beautification
of the teeth and related areas
of the mouth and face

We do it all with a smile!

Dentistry of the Delta (707) 374-6863





Dr. Mel Pearson

Brian O'Connell's Barber Shop

251 Main St., Rio Vista across from the Bank of Stockton

Hair Cut Prices

Mens Regular - \$12.00 Seniors 55+ - 1.00 Off Veterans 1.00 Off

Tues. - Fri. • 9am - 5pm Sat. • 9am - 2pm

(707) 430-3354





Walktober

October is ideal for walking: the temperatures are cool and the colors are spectacular. Making the most of this great season, Walktober is an annual event here at Trilogy that inspires everyone to make walking a priority in October and beyond. The goal was to inspire participants to get outside and really experience autumn.

One hundred and two people participated in our fourth annual event. Walktober made them appreciate the beauty of their surroundings. It got them out the door and into a better frame of mind. There were over 30 door prizes, a variety of refreshments, as well as fruit and bagels awaiting their return..

Fitness & Spa Director Kathy Erwin thanks the many Walktober volunteers for giving time and serving the needs of the tournament including registration, check points, first aid, warm up exercising, refreshments, food preparation and welcoming our walkers.

Terri Anisko Betty Bowley Peggy & Bob Brainerd Nancy & Allen Burns Jan Castello Sophie Imbuelten Linda Van Nieuwburg Susan Prince Pat Puryear Denise Rubiaco Beverly Shilich















Trilogy at Rio Vista HOME BASED BUSINESS DIRECTORY

All Occasion Travel

Full Service Travel Agency Joan Greene, CLIA, ARTA (2440) Certified Travel Specialist Alloccasiontrvl@aol.com www.ALLOCCASIONTRAVEL.COM

Avon

Have Dawn or Claire fulfill All of your Avon needs Cell 707-628-4235 Home (5239)

Cruise Adventures Unlimited

A Proud Member of the Signature Travel Network Terri Anisko (374-6277) Accredited Travel Specialist oceans@myifp.com

Get Water @ 5 cents/Gallon

Install a filter or BE the filter! 707-507-5255 sales@arrowater.com Call for free test.

Mary Kay

Independent Beauty Consultant Sueann Novotny (5624) snovotny@citlink.net

Nu Skin - Pharmanex

Nutrition, Weight Management, Galvanic Face Spa & Galvanic Body Spa Lee Anne Mason 372-1201 masonla2020@gmail.com

Nu Skin-Pharmanex

Anti-aging products for inside & out Target wrinkles & cellulite Shari Alkema 707-363-9752

Rodan & Fields Dermatologists

Reverse the Signs of Aging & Sun Damage Lupe Finch, Independent Consultant (2466) www.MakeMySkinGlow.MyRandF.com

Silpada Sterling Silver

New Holiday Sparkle Jewelry Gillsa Miller—Independent Representative Telephone: 916-508-2758 fabulosajewelry@gmail.com www.mysilpada.com/gillsa.miller

ANNOUNCEMENTS

Gambling Trip

Feather Falls Casino Friday March 1, 2013, 11:30 a.m. to 3:30 p.m. Depart Trilogy 9 a.m. for 4-hour stay. Cost \$28. Bonus play \$12, Food \$3. Contact Carmen Martinez (3259).

Parkinson's Support

Support Group "Movers and Shakers" is a group for Parkinson's essential tremor dystonia that meets once a month. For more information call Audrey Kinser (7506).

FOR RENT

Home for Rent

Lovely Carmel 2br/2ba, gas stove, refrigerator, Maytag washer/dryer, fenced backyard. Gardener, HOA paid. Non-smoker. Move-in special: \$895/mo. for first 3 months, then \$995 thereafter. Available 12/15/2013. Bob 310-322-5849.

Home for Rent

Big Sur former model near Vista Club: 1400 sq.ft., 2br/2ba, landscaped, 2- car garage, \$1195/ mo. No pets. Owner pays HOA. Call Harry 650-588-1801.

Room for Rent

Beautiful Golf Course setting, \$500/mo. No smoking/No pets. Call 925-849-2863 for details.

FOR SALE

Children's Books

Trilogy resident author Shirley Grijalva: *Just Read About It* and *Marshall's Big House on the Hill,* appropriate for children ages 8 – 13. Call (6752).

Citronelle Plants

Close-out: Home grown potted plants help keep mosquitoes away. Last chance. All sizes \$5 each. Call 322-5875.

Club Car

2002 48-volt Club Car: new batteries, custom tires, rims, seats & floor mats. Deluxe lights, PKG split windshield. Body like new. \$2995 OBO. Call (3338) or cell 208-9096.

Dining Room Set

Solid oak dining room table with 6 chairs. 42" wide x 64" long, plus 24" leaf. Very good condition. \$285 OBO. Won't last. 707-322-5875



FOR SALE

Joiner

Delta 6 Professional Joiner: used on one bank of shelves. Very new! Have instruction booklet and receipt. Asking \$350. Call (4044).

Pilates Machine

Aero Pilates Reformer 295: Machine brand new—still in box. Bought from QVC. Paid \$350; will sell for \$125. Moving. (3464)

Refrigerator

Kitchen Aid Superba Side-byside. Water/ice in door. 23 cu.ft., white, works well, 5 years old. Call (4044). Asking \$500.

Scarves

Bonita Stewart Designs: I make hand knitted scarves, cowls, hats and fabric handbags. See my complete inventory at www. etsy.com/shop/bonitastewart or call (4368).

Sewing Supplies

Singer sewing machine, fabrics, quilt books, art supplies, indoor 20" round grill, toys. Also 24 piece Wedgwood Ironstone dinnerware. Call (2830).

SERVICES

Airport Transportation

I'll get you to any airport or SF port on time and pick you up on return. TRV residents only. In previous issues, I explained HOW I charge. Here are the fares: SFO \$105, OAK \$85, SMF \$65, PORT \$90/ Call Ralph Hatch (3941).

Alterations & Custom Sewing

Clothing, Home Decorating, Private Sewing Lessons and/or Coaching for your problem projects.
Experienced! References. Bonnie Bowen 322-5875 or 812-7874.

Appliance Repair

Service and repair of most makes and models. 30 years experience. Now serving the residents of Trilogy. Call Gary (4945).

SERVICES

Assistance w/ Heavy Lifting

When you need an extra pair of strong arms for projects such as rotating mattresses, hanging holiday lights, we can help. We are experienced, reliable, motivated and properly equipped. No job too small. For hire with or without truck. Call 707-410-7070.

Audio/Video

Music on records and cassettes upgraded to CD's. Video on VHS and video 8 cassettes upgraded to DVD's. Copies of music CD's made. Contact Jose (5248).

Audio/Visual

We will install your audio system, DVD, TV, or VCR to your specifications. We will also custom wire your home per your specifications. All installers are ON-Q certified. Call Michael (2800).

Auto/Home Detailing

Star Shine Mobile Detailing is now providing auto, motorcycle, boat, RV and upholstery detailing. Also offering home driveway pressure washing services to Trilogy residents 410-7070.

Caregiver

Need a few hours respite when caring for a loved one? Anticipating upcoming surgery or hospitalization? I'm a registered nurse. Reasonable rates. Call Sherry at (4864).

Carpet and Upholstery Cleaning

B&B Carpet and Upholstery Cleaning. Trilogy resident will clean carpets and upholstery in your home, mobile home, RV, boat, or car. Home carpets: \$30 per room, \$15 per hall. For the best service, call Bill (6125) or cell (707) 718-4994.

Carwash

Ray's Mobile Carwash. Let me come to you to clean and wash your vehicle. Reasonable rates for detailing and waxing also. Call Ray (7598) or 707-249-1492.

SERVICES

Cleaning

By Fluff & Buff. Reliable, trustworthy house cleaning. Several years in Rio Vista. Excellent references. Bonded, Licensed. Flexible: move-ins/outs; weekly, bi-weekly, monthly, etc. Kali 925-451-9655 anytime.

Cleaning

House cleaning with an expert eye to details. We offer one-time cleaning, budget cleaning and full service cleaning. Moving in & out cleaning & special projects also available. All work satisfaction guaranteed. Twelve year resident. All Nita 315-6670.

Clock Repair

Thirty years collecting and repairing clocks. No cost if I can't fix; low cost if I can. Can do housecalls. Call (6782). Ask for Rod

Computer Assistance

PC, Laptop and iPad troubleshooting. Install software, wireless networks or DVD players. Patient tutor for basic or advanced help. Technical expert—Robert (5129).

Want to Run a Classified Ad?

Pick up an ad application form at Member Services. Turn in your completed form by the fifth of the month preceding the month you wish the ad to run. Cost is \$5 for 25 words.

Additional words are \$.25 per word. Checks only. Late ads will run in the next issue.



SERVICES

Computer Doctor

Woody Woodard will fix PC's/ Mac's, install, teach, create web pages, coordinate with Frontier, Best Buy, Comcast. 707-416-6067

Computer Help

PC or laptop repair, including optimization and virus removal. Extend life of old computer or set up a new one. Wireless setup, add new devices and tutoring. Kathy Barker (6850).

Computer/Wireless

We will custom install your computer or wireless network per your specifications. We will also do custom wiring and software downloads. Call Michael (2800).

Countertops Galore

Granite—Corian—Marble: Specializing in kitchen & bath installation. Trilogy Resident Larry Reece, 30 years experience, free estimates. (3338) home or 707-208-9096 cell "You can take Larry for granite."

Crown Molding

Specializing in crown molding, mantels, all interior trim, front door installation. Trilogy Resident. Free estimate. Call Bob (4902).

DJ Available

DJ music for indoor and outdoor events. Contact Jose (5248).

Electrical

Certified electrical contractor (#819067) will install chandeliers, fans, lights, outdoor receptacles, RG6 cable for broadband service, telephone lines and wiring for Ethernet or wireless. Call Michael (2800).

SERVICES

Enhanced Improvements & Repairs

Established Retired General Contractor. .tile, wood floors, water leaks/drywall damage, kitchen & bath remodel/repair, patio re-design, entry/screen doors, fireplace mantels. . . Big or small—I do them all! 7 year resident/ references. Dominic 322-9476

Errand Transportation

Weekdays: Depots, stations, airports. Assistance with shopping, appointments and errands. Call Brenda (5455) or cell 707-816-0964. tmblweed5000@aol.com

Faux Finishing @ Its Best

Enhance the beauty of your home with faux finishes for your walls, columns, fireplaces and doors.
Call Susan Prince/Oddo (2167)

Free Classifieds

www.theriovista.com Totally free during our test trial. Try us out! Feedback is appreciated! 707-340-3788

Guitar Lessons

Beginning guitar, baritone ukulele lessons starting September 5. All ages. Call Zoe (3676).

Hairstyling

Haircuts & styling done in the comfort of your home. Over 35 years experience. Call for appt. Myrna Home: (3725) Cell: 408-309-0083. Men also. Trilogy resident.

Handyman

For those projects that you can't or don't want to do: plumbing (leaking faucet, garbage disposal), electrical (install ceiling fans, light fixtures), household repairs, hang window treatments, mirrors, and pictures. Call Scott Sylvester (6013).

SERVICES

Handyman

Trilogy resident has over 40 years of home maintenance experience, MOEN faucet specialist, ceiling fan and chandelier installations, electrical trouble-shooting and GFCI problems, plumbing leaks, disposals, toilet maint., and more. Free estimates. City bus. license #1654. Bob Bailey (3391).

Home Design

Gypsy Cowgirl Designs: Call Patty for help with redesigning your home or for staging. (4410)

Housecleaning

Sit back & relax. Leave the cleaning to me. (4902).

Household Assistance

Clean house, wash car, cook meals, drive far. Be friends, frown fix, organize clutter, pet sit. Paint walls, small repairs, pack house, relieve cares. Jody 386-7896

Impeccable Improvements & Repairs

Established Retired General Contractor. . .tile, wood floors, water leaks/drywall damage, kitchen & bath remodel/repair, patio re-design, entry/screen doors, fireplace mantels. . . Big or small—I do them all! 7 year resident/ references. Dominic 322-9476

Income Tax Preparation

Notary Public Services; Individual and Corporate Income Tax Preparation. Reasonable prices. Trilogy resident Jim Castress (3590). CTEC Registered #A141120.

Income Tax Preparation & Bookkeeping Service

Over 30 years experience with bookkeeping and personal, corporate and partnership income tax preparation. Fast, efficient, reasonable. No job too small. Pick up & delivery. Call Lesley (3377).



SERVICES

Income Tax Services & Planning

Serving Trilogy since 1999; individual, trusts, business. Consultation in your home or my Trilogy office. Ron Auger, CPA (3068

In-Home Care

For male or female. We are sensitive, caring, discreet and dependable! We are Trilogy residents with 8 years combined experience and would like to assist you too. 12 year resident. Call Nita 315-6670.

Landscape & Design

My name is Jim Gilly, www.GotGilly. com. I'm new in Trilogy since May. Thank you Karen and Robert and Maggi and Gwen for allowing me to serve your landscape needs. I invite mor of you to visit my website. Give me a call. Let's talk about your needs. 925-260-5780.

Mobile Notary Services

\$10 per signature per page with discounts for multiple pages. Offering LegalShieldTM /Identity Theft Protection Services. Elaine Wisz (4310).

Moving Help

Moving? Need help? Call us. Reliable, experienced, affordable. In Trilogy/Rio Vista or anywhere in Northern Calilfornia. Brandon 707-410-7070.

Notary Public

Certified Notary, fast, professional and reliable service. Lowest fees for Trilogy residents. Please call Jeffrey (7541).

Notary

I offer notary services in my home or yours. Trilogy resident Eileen Griffin (2684).

Notary to Go

Only \$7.50 per notarization. At Trilogy. Discounts for numerous documents. Since 1984. Call Warren (3477).

SERVICES

Personal Organization

Haven't seen the top of your desk lately? Can't close the closet door anymore? Let ClutterNOT help you make the "hard decisions" of what to keep and what to donate or discard. Experienced, confidential and sensitive de-cluttering. References available. Trilogy resident, Carol Kern, 925-286-2398 or www. clutternot.com for free consultation.

Pet Care

Trilogy home owner offering my services to neighbors/pets. Walks, drop-ins, overnights, allowing your pet(s) to stay home. Pet first-aid/CPR trained. Cell: 330-6010; email: thedeetails@yahoo.com

Pet Care

Loving care for your pet while you are away. Includes walking, feeding, mail brought in, garbage out, etc. Call Trilogy resident Andrea 209-201-8143.

Pet Care

Kitty care services while you are away. Includes feline's play, feed, meds, clean litter, trash out/in, newspapers, mail, and water plants. Call Mimi (4343) or cell 707-567-5910. Since 2007.

Pet Care

Pet sitting for Trilogy residents since 2007. Lovingly care for your pet and tend to basic home care when you're away. Not taking new dogs at this time. References. Kathleen Montemayor (4750). Email: kamont1953@yahoo.com

Photography

Preserve your memories. Photo and slide restoration, retouching. Photography for events, family portraits, advertising or passports. www.digitaldreemz. com Call June (6830).

Rain Gutters Cleaned

Patio Covers washed and rain gutters cleaned. Pressure wash driveways and patios. Trilogy resident Danny 209-570-0302.

SERVICES

Roll out Shelves

Make your life easier with roll out shelves. Save your knees and back. Call Bob (4902) Trilogy Resident.

Sliding Door and Screen Repair

Stop Fighting Your Sliding Door and Screen!... If it does not Slide, I will make it Glide....Replacement or Repair of Rollers, Handles and Locks on all Patio, Screen, Shower Enclosure and Wardrobe Doors. For a free estimate, call Jonathan (2736).

Stained Glass

Custom Stained Glass by Jan: Windows, Panels, Gifts. Your design or mine. 40 plus years experience. Call 707-374-3612 or 707-718-2463. Trilogy Resident.

Streaming Video

Will set you up to watch movies in your home instantly from Netflix or Amazon. Woody Woodard 707-416-6067

Transportation

Dave's Transportation Service will drive to airports, Amtrak, BART, Medical appointments, shopping, casinos. Trustworthy and reliable. For Trilogy residents only. Call David (3192.)

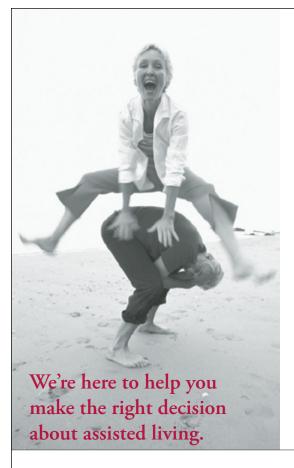
Window Cleaning

Professional window cleaning. Years of experience, licensed, and complete background check. For a free estimate and appointment, call Gary (3488).

VACATION RENTAL

Tahoe Condo

Tahoe rental Incline Village: Fully equipped condo near Diamond Peak, sleeps 2-4 comfortably. Starting at \$125/night plus cleaning fee. Call Blaine (0717) or letsgotahoe@aol.com.



EMERITUS SENIOR LIVING

There is no "right time" to seek another living environment. It is a decision usually based on the individual's needs and available outside support. If you are observing an alarming decline in the safety, social, or emotional needs of your parent or loved one, it's time to see how assisted living can help!

Choosing assisted living at an Emeritus Senior Living community will actually give your loved one greater independence. You will gain peace of mind knowing that they are nearby in a safe and comfortable senior living community.

Call us today to learn more about the benefits of assisted living for your loved one. We will be glad to arrange a private tour experience for you.

Our Family is Committed to Yours.®

Nestled in the rolling hills of Solano County's wine country Emeritus at Rancho Solano offers a little bit of everything. Located on the outskirts of Fairfield, California our country setting is only minutes from shopping, restaurants, hospitals, clinics and cultural centers. The ambiance in our Lake Tahoe-like lounge will appeal to anyone's taste. Our apartments range from spacious studios to two bedroom-two bathroom apartments with views of the hills, wildlife and breathtaking sunsets.





(877) 404-0319

Come learn about the many benefits we have to offer! Call today to schedule a tour & receive a complimentary lunch!

• Voted 2012 #1 Senior Living Community in Solano County •

3350 Cherry Hills Court, Fairfield

www.Emeritus.com

