

# TrilogyLiving



## THE NEW KIDS ON THE BLOCK

CAFÉ VISTA SERVES TRILOGY

Open since Dec. 1, Café Vista at Trilogy is making great strides to provide Trilogy residents with mouth watering fare. Stop by the café Monday – Saturday 7 a.m. – 3 p.m. to say hello to Fred Arbabi and his team. See the menu on page 29.

### *Index:*

Jeff Wessman: A Swinging Affair pg. 5  
Enrichment Series pg. 6  
Oakmont Pancake Breakfast pg. 13  
Bocce Sign-ups pg. 28



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# *From the Master Association*

## **Warren Oglove**

*President*

*Written by Carol Benkie*

The Trilogy Rio Vista Master Association Board of Directors meeting was held in the Diablo Room of the Vista Club on Tuesday, February 12, 2013. Since this is my last official duty on the Master Association, I would like to thank the Trilogy community for your support and encouragement during my service on the Master Board the past five-plus years. You have a strong new Board of Directors; I know they will appreciate the same support and encouragement.

### **The following actions were taken resulting from Executive Committee sessions:**

- Executive Session Minutes for Jan. 8, 2013 were unanimously approved without correction.
- Discussion on Collection Reports included four Small Claims actions approval; additional action giving opportunity to garnish wages or access bank accounts; late fees were waved on one account and principle will be collected.
- The CC&R Rewrite Committee has been renamed Document Revision Committee; the Board will name committee members.
- Golf Course Purchase Feasibility Committee Chair, Don Love, gave an up-to-date report. A large packet of information was distributed to the Master Board members for further study. The Board gave authorization for release of legal opinion on a voting matrix.
- A legal update was given on the Nail v TRVMA. Nail's legal team will make an attempt to re-create the accident that occurred at Palisades and Summerset in 2006.

### **Staff Report at the February Regular Meeting included:**

- Words of appreciation were given to out-going 2012 Delegate and Alternate Delegates respectively:

**Village I** – Carol Benkie and Bernie Dehn

**Village Oakmont** – Tom Moore and Lee Puryear

**Village Riviera** – Lorna Bewick and Marty Plavin

**Olympic Village** – Joel Auslen and Mike DuBrow

**Saddlebrook Village** – Mary Ann Butts and Roger Kohn

### **Actions taken by the Board at the February Regular Meeting included:**

- There was unanimous acceptance of the CFO Budget/Financial Report for Jan. 31, 2013.
- Minutes for Regular Board meeting of Jan. 8, 2013 were unanimously approved without correction.
- Patti Kohn and Kathi Bradley along with a rotating Member of the Master Board were appointed to serve while Saddle Rock is in dormancy.

*(MA Notes continued on page 38)*

## **TRILOGY AT RIO VISTA**

D I R E C T O R Y

### **Master Association Board of Directors**

Warren Oglove, President (3477)

Lorna Bewick, Vice President (2093)

Bernie Dehn, CFO (4764)

Joel Auslen, Secretary (5808)

Tom Moore, Director (5772)

### **District Delegates**

Village I – Bernie Dehn (4767)

Village Oakmont – Lee Puryear (3510)

Village Riviera – Lorna Bewick (2093)

Olympic Village – Joel Auslen (5808)

Saddle Rock Village – Noel O'Brien (925) 348-4097

### **Committees**

Adult – Helen Bergoust, Chair (2436)

Access – Dave Bewick, Chair (2093)

Disaster Preparedness – Mike DuBrow (6706)

### **Village Board Presidents**

Village 1 – Bernie Dehn (4764)

Village Oakmont – Walt Manos (2827)

Village Riviera – Don Seyk (6407)

Olympic Village – Robert Sonnenburg (925) 550-3832

### **Association Administration**

**General Manager:** Ed Vitrano (4869)

evitrano@actionlife.com

**Assistant General Manager:** Catherine Patrick

cpatrick@actionlife.com (4843)

**Activities Director:** Debbie Dorn (4204)

ddorn@actionlife.com

**Fitness & Spa Director:** Kathy Erwin (4205)

kerwin@actionlife.com

**Maintenance Director:** Mike Oestreich (4895)

moestreich@actionlife.com

**Member Services Coordinator:** Cheryl Lucas (4203)

clucas@actionlife.com

**Communications Coordinator:** Andrea Stuart

stuarttrv@gmail.com

### **Club Numbers**

**Vista:** Front Desk (4200) Fax (4210)

**Delta:** Admin Office (4843) Fax (4891)

### **Trilogy Living Editorial Board**

Andrea Stuart, Ed Vitrano, Debbie Dorn, Cheryl Lucas,

Joan Azlant, Kathy Erwin, Helen Bergoust

### **Commercial Advertising Manager**

Joan Azlant, joanazlant@comcast.net (707) 374-2620

### **Resident Classified Advertising**

Kathy Nilsson, knilsson@actionlife.com (4200)

### **Welcome Center/Front Gate** (4306)

trvwelcomecenter@gmail.com

**Café Vista** (4202) **Nines** (4400) **Golf Course** (2900)

**Shea Customer Service** 1-866-535-9989

## *From the Editor*



### **Andrea Stuart**

In November, Trilogy Living introduced the new Café Vista. Having opened in December, the café has now been under new management for a couple of months and we're excited to share the

new and improved eatery with our residents.

Fred Arbabi is proud to help supervise Café Vista and has spent the last couple of months refining the menu and working with staff to organize the facility. Diners can enjoy a plethora of mouth watering offerings including sandwiches, soups, wraps and more in the café, which has also added tables to its facility. Word has it that if there is enough interest from members, they may add an espresso machine in the future. To see café hours of operation and to download a menu, visit [www.mytrilogylife.com](http://www.mytrilogylife.com), sign in, and click on the Café Vista tab in the left hand column. A print menu is included on page 29.

In addition to the cornucopia of Trilogy events coming your way, get ready to fill in your calendar with club sponsored community events and activities also on the horizon. From theatrical productions (Council of the Art's Music of the Night March 7 – 9 and Trilogy Theater Group's *Dearly Departed* March 26 – 28); St. Patrick's Day celebrations including a Dance Club dance on March 10, and an Irish-inspired Pancake Breakfast by Oakmont on March 10; nature walks; Bocce Ball sign-ups; and Bingo there's enough going on to keep you busier than a bee.

Read the Activities Notes, Residents' Clubs, Clubs and Sports, and Community Sections for details on these and other events taking place at Trilogy. A list of clubs and groups is available from Vista Club Member Services as well as on My Trilogy Life.

#### **Member Services Number Change**

Please update your phone lists and programmed fax machines to the new Vista Club fax number:  
(707) 374-4210

**From the Board of Directors:** The publisher retains the right to edit articles and advertising to conform to content and space requirements. The Trilogy Board of Directors is not responsible for expressed opinions or for the authenticity of all presented facts in articles and advertisements. Viewpoints contained in this newsletter are not necessarily the opinions of the Trilogy at Rio Vista Master Association, the Board of Directors, its officers, or management.

**For non-delivery of Trilogy Living, contact Debbie Dorn at (4204).**

## *From the Activities Director*



### **Debbie Dorn**

A variety of entertainment has kicked off 2013 at Trilogy with sell-out attendances for most! I received more notes of appreciation than ever for the "Queen of Ragtime" Mimi Blais's

grand performance! We are seeking arrangements from Canada for her return to Trilogy during her next tour. And, yes it's true, Elvis was in the house when Ravin' Ray Pearce appeared for his nostalgic show about the "King of Rock and Roll" with authentic costume and song. Then, during the Wine, Jazz and Art Festival, our own Trilogy Art Guild and Photography Clubs provided their amazing displays of intriguing art, while we were delightfully entertained by the 3JB Jazz Quartet. We were wonderfully surprised when residents Dave Chapman, Michael LaVaccare, and Michael Lewis sung with the quartet! What talent we have here at Trilogy!

Here is a summary of what is coming your way. Mark your calendars now so you don't overlook these special events!

- 03/03 Farmers' Market
- 03/10 Daylight Savings Time Change!
- 3/10 St. Patrick's Dance by the Dance Club
- 03/12 Enrichment Series ~ Tablet, iPad, Smart Phone: Which is Right for Me?
- 03/14 Complimentary Hearing Screening and Assessment
- 03/15 Open Mic Night ~ Music, Dance, Comedy, Poets/Spoken Word
- 03/16 Jeff Wessman ~ A Swingin' Affair
- 3/19 Computer, Intro to Photo Processing (see pg. 42)
- 03/23 Dance Party Social with DJ Jose LaTorre
- Get Ready!
  - 4/13 Spring Gift, Craft, & Art Faire
  - 5/04 Community Garage Sale

Your comments and suggestions are always valued. Give me a call at (4204), or send an email to [ddorn@actionlife.com](mailto:ddorn@actionlife.com). My mailbox is always open!

#### **Christmas 94571 Program Sends Appreciation for Trilogy Support**

**350 Children Received Gifts  
59 Disabled Seniors Received Gifts  
370 Families Received Food Baskets**



## Concert/Dance: Jeff Wessman A Swingin' Affair

Saturday, March 16, 7 – 9 p.m.  
Diablo Ballroom Vista Club ~ \$10 pp

Jeff Wessman is one of the finest Frank Sinatra impersonators in the world, capturing not just the style but the essence of Sinatra's singing. Jeff has performed his "Tribute to Sinatra (and Friends)" for audiences throughout the country, bringing to life those timeless songs made popular by the great crooners that still get the heart beating and the toes

tapping. A consummate professional, Jeff brings the cool, classy, ring a dinging excitement of Sinatra to his performance. Sign up at Member Services and bring your favorite refreshments for this evening of entertaining stories, song, and dancing!

## Farmer's Market ~ Have you experienced Trilogy's Market Place?

Sunday, March 3 & April 7, 10 a.m. – 3 p.m., Delta Club ~ Free



Market provides wonderful produce and other specialties. It's easy to keep a fresh supply of fruits, vegetables and specialties on hand without leaving Trilogy. And, you'll receive a free apple with purchase for visiting the market.

Mark your calendar to stock up at the next Farmer's Market at Trilogy! Bring your neighbors and support your locally grown fresh fruits and vegetables from our own Trilogy Farmer's Market. Petrill's Produce Farmer's

## Sunday, March 10, Daylight Savings Time Change

Sunday, March 10, 2013 at 2 a.m. clocks are turned forward 1 hour. Just as sunflowers turn their heads to catch every sunbeam, we have discovered a simple way to get more from our sun. Daylight Saving Time gives us the opportunity to enjoy sunny summer evenings by moving our clocks an hour forward in the spring. Regions around the globe spring ahead and fall back. Enjoy!



## ~ Las Vegas Show ~ Brian Hoffman's Tribute to Red Skelton at Trilogy!

Saturday, April 27, 7 p.m.  
Diablo Ballroom Vista Club ~ \$15 pp

Remembering Red is a show that takes you back to a time when things were a little less stressful, when family values were first. Brian will take you on a light hearted trip down memory lane with Red's greatest jokes and some of his most well known characters including those two seagulls, Gertrude and Heathcliff, and everyone's favorite dim-witted country bumpkin, Clem Kadiddlehopper. You'll laugh till it hurts! Bring your favorite refreshments for a great evening of entertainment. Sign up at Member Services.





## **Grapevine Chat!**

Tuesday, March 12, 6 p.m. & March 26, 5 p.m. ~ Free  
Grand Living Room, Vista Club

Are you new to Trilogy or a seasoned resident who enjoys great company, an inviting atmosphere, and good conversation? Join the gathering at the big fireplace. It's a warm and casual setting where you can "get the scoop" on all things Trilogy while you get to know your neighbors. Bring wine, glasses, and snacks to share with others if you'd like. No sign-up required.

## **Enrichment Series: Tablet, iPad, Smart Phone ~ Which is Right for Me?**

Tuesday, March 12, 7 p.m., Diablo Ballroom, Vista Club

Join Gary Spear as he compares the various technological gadgets on the market. If you have considered purchasing one as a first-time user or are upgrading to the latest and greatest, do not miss this session! This is not about how to use your gadget. Instead, Gary will guide you through the jargon jungle! Gary will provide the questions you should ask to simplify your selection. Join us for this interactive session and discover what type is the best selection for you. Light refreshments will be served. Sign up at Member Services.

## **Blood Pressure Check ~ Free**

Thursday, March 14, 9 – 10 a.m., Library Delta Club

Have your blood pressure checked. Ruth's final event is April 11. Show appreciation for her years of dedication. If you are interested in taking over the event, contact Debbie at (4204).

## **Complimentary Hearing Screening and Assessment**

Thursday, March 14, 1 - 3 p.m.

Diablo Ballroom Vista Club ~ Free

Advanced Instrument Hearing Aid Centers are offering a complimentary hearing screening and assessment to all members. Also offered are cleanings for your aids, tube changing, adjustments, and repairs on a complimentary basis. Please keep in mind that some repairs may incur a fee depending on the severity of the repairs/parts needed to bring the aid(s) back to complete restoration. They look forward to serving your needs on an ongoing basis. Depending on need, their services are offered quarterly

the second Thursday of every third month beginning March 8. You will need to contact them directly to make an appointment at (707) 428-1313, although walk-ins are welcome.

## **Open Mic Night ~ Music, Dance, Comedy, Poets/Spoken Word**

Friday, March 15, 7 – 8:30 p.m.

Diablo Room, Vista Club ~ Free

Trilogy residents are invited to take to the stage and share their artistic expressions in a setting as intimate as your living room where family and community will cheer you to the next level. If you're a spectator, you're in for a treat! The supportive setting is about artists having a safe place to perform for the first time. It's about veteran artists having a place to experiment with new material. It's about having a place that inspires new work. Bring your favorite provisions and come check it out! Performers sign in at Member Services.

Guidelines: One performance per person, which may be flexible depending on the number of performers for the night. Limit of 15 performers for the night.

## **Dance Party Social with DJ Jose LaTorre**

Saturday, March 23, 7 – 9 p.m.

Diablo Ballroom Vista Club ~ \$3 pp

DJ Jose will be taking requests for your favorite music! You may also bring your music CDs. Bring your dancing shoes, friends, along with your favorite beverage and snacks. Sign up at Member Services. For more information, call (4200).

## **Spring Gift, Craft, & Art Faire**

Saturday, April 13, 10 a.m. – 3 p.m.

Diablo Ballroom, Vista Club ~ Free

Don't miss out on this convenient and unique spring shopping experience at Trilogy. The Spring Faire brings you the 3JB Jazz Quartet who will fill your ears with musical pleasure from 11 a.m. – 2 p.m. Merchant tables are \$30/table (2-table limit) for members. If you want to rent a table, sign up at Member Services and designate your table location preference. Each merchant table will donate a prize for the raffle and all proceeds benefit Meals on Wheels. Raffle sales and drawings are held throughout the event. For more information, call Debbie Dorn (4204).



## Comedy, Mindreading & ESP Show!

April 19, 7 - 8:30 p.m., Diablo Ballroom Vista Club ~ \$10

Mark Stone amazed Johnny Carson, Oprah and Regis Philbin when he appeared on their TV shows, and he promises to amaze you, too! Not only does Mark amaze everyone with his uncanny abilities, he will keep you laughing throughout the show. Bring your favorite beverage and snack to enjoy with the fun and thought-provoking entertainment! Sign up at Member Services, Vista Club.

**Get Ready, it's coming . . .**

**Trilogy Community Garage Sale**  
**Saturday, May 4**



## Would you like to share your computing talents with others?

Do you have experience using common computing programs such as Internet browsing, word processing, spreadsheet composition, and email? Consider sharing your how-to's with others in an informal setting at the Vista Club's Learning Center.

Please contact Debbie Dorn at (4204) or  
[ddorn@actionlife.com](mailto:ddorn@actionlife.com).

My mailbox is always open!

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## Assessment Notice

Association Assessments are published monthly on this page of *Trilogy Living*. This is an additional vehicle for checking your current assessment. Coupons will reflect the monthly assessment for those receiving them. Those on automatic withdrawal (ACH) may check their bank statements after the 5th of the month to see the amount taken out and all members may register at [www.actionlife.com](http://www.actionlife.com) to monitor their accounts 24/7. If you have questions or need help registering online, please call the Administrative Office (4843).

### Assessments for the month:

**Master Association \$118.29**

**Master Association \$80.39**

(Only for original residents (<100)  
in a developer subsidy agreement)

**Village I \$4.50**

**Village Oakmont \$4.00**

**Olympic Village \$4.20**

**Village Riviera \$4.50**

**Saddle Rock Village \$0**

(None until dormancy ends)

**Club Hours** – The Delta Club is open at 7 a.m. for entry with members' keys. It is open from 8 a.m. to 11 p.m. for entry without keys. From 11 p.m. until 7 a.m., there is no entry. The Vista Club is open from 6 a.m. to 9 p.m.

**Thank You** – The Administrative Office appreciates and thanks all members who abide by the Rules and Regulations of the community.

**Recycling (Commercial)** – Several residents have been concerned, as we have been, that the Association is not recycling. Until recently, the city did not offer commercial recycling. The containers they now offer for commercial recycling do not accommodate the Delta and Vista Clubs' needs. Rest assured, we have been told that all garbage is recycled even if placed in the wrong can.

**Shredding** – We will be scheduling another shredding day sometime after tax season. Start gathering your documents now, so that you will be ready when the day and time are announced in either the April or May *Trilogy Living*.

**Electronic Communication** – The Association is no different than other organizations in relying more on electronic communications to connect with its members. There are two ways you can assist in reducing costs to the Master and Village Associations.

**E-Alerts** – Submit your email address to the Member Services desk at the Vista Club. This will get your information such as special announcements, monthly agendas and most important, the weekly e-newsletter, which updates you as to activities in Trilogy and the greater Rio Vista area.

**Disclosure Opt-in** – You may also choose to receive required documents which must be delivered by the Association(s) such as budgets, yearly financial statement, etc. To do that you must go to the Administrative Office and sign a form authorizing delivery by electronic methods.

Thanks for considering both options.

### You have signed up for e-Alerts and Disclosure Opt-in but are not receiving them

Some of you may notice from time to time that you stop receiving the MTL e-Newsletters and/or the TRVMA e-Alerts. If this happens, please contact Jacquie and she will work with the email team to make sure that you're on the 'active' list in the email system. Emails can be removed from the 'active' list in several ways: a user may click the 'unsubscribe' link on an email, a user may un-check the newsletter subscription box on his/her profile on MTL, or, more often, a user's email service (i.e. Hotmail, MSN, Gmail) may confuse the e-newsletters for junk and automatically reject all ongoing mail. This last scenario results in our email address being automatically moved off of the 'active' list in our systems. If you contact Jacquie at [jroche@actionlife.com](mailto:jroche@actionlife.com), she will have the email team move you back to 'active,' but we also suggest that you add the e-newsletter email address – [noreply@actionlife.com](mailto:noreply@actionlife.com) – to your "safe senders" or "friends" list in your email settings to reduce the odds of problems.

### Where Do I Go If I Want To.....?

#### Reserve Tables and/or Chairs

Member Services – Vista Club (4200)

**Have Copies Made, Send a Fax and/ or Receive a Fax** Member Services – Vista Club (4200)

#### Pick up a Residents' Directory

Member Services – Vista Club





### **Submit Residential Ads for the Trilogy Living**

Kathy Nilsson – Member Services – Vista Club (4200)

**Indoor Plants** – Please do not use the potted plants as garbage receptacles and do not water plants. Staff takes care of the plants and when well meaning members decide to help, it often makes matters worse. The plants are expensive to replace and all Members pay for replacements.

**Violations** – Please do not register complaints to the Administrative Office/HOA without making sure you have the correct address of the person in violation. Example of what not to report – two houses down from the corner of a particular street.

If you receive a violation notice, please contact the HOA office.

**Your Pets – Your Responsibility** – Please accept our appreciation for everyone who is being considerate of your neighbors and show pride in your community by carrying bags with you when you walk your pets or by using the bags provided in dispensers throughout the community to pick up after your pets. Keeping your pets on leash at all times is also appreciated.

### **Updating Your Information at the Administrative Office**

– It is important to let the Administrative Office know when any of your information changes including moving from one property to another within the community. (Please include address, phone, email, frequent guests, emergency contacts, etc.).

**Late Charges on Assessments** – If you are paying your assessments through your bank, it is recommended that you move the date of payment to the first of the month when the assessments are due. Many banks are batching payments before sending them out, so even though your account may show a payment on a particular date, the payments are not being mailed on that date. If you schedule payments through your bank or mail your check after the 1st, you run the risk of being charged a late payment.

**Parking in front of mailboxes** – Thank you for helping our mail carrier deliver your mail, our staff deliver fliers and giving your neighbors easy access to their mailboxes by not parking in front of mailboxes. Ask your service providers to park elsewhere also.

**Irrigation** – Please adjust your sprinkler system to reflect weather conditions.

**Welcome Center Notification** – The Welcome Center Attendants are grateful to those members who call the Welcome Center or email them when expecting guests and especially when you are having a party and expecting several guests. They don't want to deny access to

anyone you are expecting but have no choice if they haven't been notified and they can't reach you to get your authorization upon your guests arrival. Please come to the Administrative Office and update your "Frequent Guest Form" including all service providers on it.

### **Anonymous Notes to the Administrative Office/HOA**

– Please sign all Administrative Communication Forms as we only take action on signed forms.

**Suspicious Behavior** – Trilogy is a private community but not a secured one. Please keep your doors and windows locked when away from home and lock your car. If you observe unusual behavior that warrants a call to the police, please do so.

**Dumping Trash** – Thank you for using your own receptacles to dispose of trash rather than using others throughout the community. Thank you also for not putting soda cans, water bottles and other trash in the doggie waste disposal receptacles. All residents are required to have garbage service.

**Service Provider Resource at the Delta Club** – There are two business card holders on the hall wall at the Delta Club. When looking for service providers, check out this area. TRVMA/HOA does not recommend any of these vendors; this is simply a resource for members.

**Pets in the Clubs** – Pets are not permitted in either the Delta or Vista Clubs with the exception of service dogs. Service dogs are allowed only if they have been registered with the Administrative Office and have a TRVMA identification card. They must have their vest and TRVMA card on them at all times when they are in the clubs and they must be accompanied by the person for whom they are providing a service. If you do not comply with a request from a staff member to show them the TRVMA card, you will be required to leave the club until you present it. Therapy dogs are not allowed in the clubs at any time. They are not service dogs and are not protected under the ADA.

**Raccoons** – Here are some ideas/products that may help rid your yard of raccoons. Ground red peppers (like the ones used on pizza), hot pepper powders, crumbled red chili peppers, or a solution made of hot peppers boiled in water and sprayed on grass and other surfaces all work well unless it rains. Then, you have to start over with fresh products. Many odoriferous herbs or spices seem to offend them enough to cause them to abandon the area as their rest stop. Other spices that seem to work are garlic, bay leaf, rosemary, thyme, and oregano.

Coyote urine or wolf urine are two natural ways to keep raccoons away from your property. There is a product that



comes in pellet form and there is no odor when sprinkled on your land. The product is called Shake-Away and can be purchased on-line for \$14.95. The website is [www.critter-repellent.com/raccoon/how-to-get-rid-of-raccoons](http://www.critter-repellent.com/raccoon/how-to-get-rid-of-raccoons)

Please do not feed any animals outdoors whether domestic or wild. The wild animal situation can only be controlled with the help of all members.

**It's Your Money** – Please help cut down on avoidable expenses by:

1. Thanks to all members who put down umbrellas at the bocce courts, the Delta back patio, and especially the Delta pool area when you are leaving and no one else is around. When the wind catches the umbrellas they are often damaged and must be replaced. If they are on the glass tables in the outdoor pool area, not only are they damaged but the glass table tops are shattered. This costs time of the maintenance staff and also the expense of replacing the table tops. The table tops and umbrellas are quite expensive, again, thank you for saving all members the cost of replacing them.

2. Several items are missing from the clubs. Please report any theft to the Administrative Office/HOA. Remember that when anyone takes something, all members pay for the replacement. We need your help in cutting down on theft.

**Gardeners** – Please remind your gardeners that they cannot start work before 8 a.m. and that they should bag all clippings/leaves and not blow them into the street, gutters and others' yards.

**Architectural Applications** – Important reminder: Applications must be submitted for work being done on the exterior of your home and yard. If you do not submit an application, a \$500 application fee can be charged.

**Delta and Vista Pool** – Family Swim Times: Children under the age of 18 are allowed in the pools during the hours of 11 a.m. and 3 p.m. and must be out of the pool area by 3:15 p.m. All guests to the pools regardless of their age are to be accompanied by a member.

**RV/Boat Passes** – You must enter through the front gate with your recreational vehicle and obtain a pass. Reminder: you may not have these vehicles in the community longer than 48 hours and they cannot be occupied while in the community. They are to be parked at your home, not in any common or undeveloped areas of the community.

**Golf Carts** – Remember golf carts must:

- A. Yield to overtaking vehicular traffic
- B. Be operated by a person with who is at least 18 years old
- C. Be covered under sufficient liability insurance

Golf carts must obey all traffic signs that other vehicles must adhere to, including following the directions of the arrows on asphalt in parking lots.

**Bicycles must also obey all traffic signs.**

**For Your Safety** – If you are walking in the street, please yield to vehicles. Please wear light colors and carry a flashlight when walking or biking at night or early mornings.

**Street Lights** – Please report all street lights that are out to Customer Care at Action Property Management at 1-800-400-2284 or by email at [lld@actionlife.com](mailto:lld@actionlife.com).

**Visitors to the Vista Club**

If you have guests, please remember the following rules apply to your guests using the Vista Club:

**Signing In:** The Master Association Board of Directors requires all residents and invitees to sign in. This is for the safety of members and employees, and for the protection of our assets. This may be accomplished by using your ID card or by signing in. Members who are accompanied by guests must sign in instead of using their ID card. Guests who come without their sponsoring homeowner must sign the homeowners name on the sign-in sheet and are limited to using of the Cyber Café and Grand Living Room. Please help us keep your club private and safe by observing this policy

**Billiard Room:** a resident must be with their guests when they use the Billiard room. All guests must be at least 18 years of age.

**Café Vista:** all guests may use the Cyber Café.

**Café Vista computers:** available for residents and their guests over the age of 10. Guests between the ages of 10 and 18 must be accompanied by a member. There are no parental controls on these computers.

**Fitness Room, Group Exercise studio, walking track, and the Learning Center:** are available for residents only.

**Pool:** all guests must be accompanied by a resident. Guests under the age of 18 may swim during family swim time, 11a.m. – 3 p.m. daily.

**Welcome Center** – Please call (4306) or email [trvwelcomecenter@gmail.com](mailto:trvwelcomecenter@gmail.com) when you are expecting guests, a delivery, or a service provider. The Welcome Center must know as far ahead of time as possible so that they can expedite their entry. The best time to call, if possible, is between 10 a.m. - 1 p.m. when there are two staff members on duty.

Please go to the Administrative Office in the Delta Club and update your visitor list. Having to call members slows down the line at the gate.

**Power Outage Procedure** – For the safety of our members. In the event of a power outage:



- No one will be admitted to the Vista Club.
- If the power is still out after 15 minutes, the Vista Club will be cleared and closed.
- If the power comes on before 6 p.m., staff will reopen the Vista Club
- If the power comes on after 6 p.m., the Vista Club will remain closed until the next morning.
- Members are encouraged not to enter the Delta Club during a power outage.

## Adult Committee

The Adult Committee met on January 31, 2013. A motion was approved to request the Master Board to approve the purchase of two BBQs, contingent upon the money available in the Contingent Funds. If purchased, the Bocce Club would install them on existing concrete pads at the Summerset Bocce Court.

The committee meets on the last Thursday of every month in the Delta Club at 1 p.m. All residents are encouraged to participate in these meetings. Your suggestions, comments and/or questions can be given to any committee member, left at the HOA office, or voiced during the residents input segment of each meeting. For more information, contact Helen Bergoust at alhelenb@aol.com or (707) 374-2436.

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**121 Montezuma St. Rio Vista, CA 94571**

View listings, search for properties, get Trilogy maps, & more at:

**[www.ShaferRealEstate.net](http://www.ShaferRealEstate.net)**

## Village Riviera Board News

There was no board meeting in February, so this is just a reminder that our next meeting is on March 7, 2013, at 6:30 p.m. at the Delta Club. Join us and bring your questions, concerns and suggestions regarding our Village. If you have any questions, contact Don Seyk at (6407).

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## Meeting Calendar

### Master Association Board Meeting

Tuesday, March 12, 2 p.m.  
Diablo Ballroom, Vista Club

### Village Riviera Board Meeting

Thursday, March 7, 6:30 p.m.  
Marina Room, Delta Club

### Village I Board Meeting

Thursday, March 14, 4 p.m.  
Marina Room, Delta Club

### Olympic Village Board Meeting

Thursday, March 14, 6:30 p.m.  
Marina Room, Delta Club

### Village Oakmont Board Meeting

Thursday, March 21, 7 p.m.  
Marina Room, Delta Club

### Council of Village Presidents

Monday, March 18, 10 a.m.  
River Room, Delta Club

### Access Committee Meeting

Monday, March 25, 1 p.m.  
River Room, Delta Club

### Adult Committee Meeting

Thursday, March 28, 1 p.m.  
Rio Vista Room, Delta Club





## Olympic Village

On Wednesday evening, March 20 OVRC will hold our second annual Wine-D Up, a FREE Midweek Social Hour from 6 – 8 p.m. in the Delta Club Rio Vista Room. Join us for wine, hors d'oeuvres, and snacks (and non-alcoholic beverages too) FREE for Olympic Village residents. Come out to enjoy yourself and chat with your neighbors. Just bring yourself and a smile. Don't have a smile? Come anyway. We'll send one home with you.

In January, the OVRC Board held its formation meeting to appoint the officers for 2013: President – Linda Jensen, Vice President – Connie Boulware, Secretary – Faye Lamb, Treasurer – Don Webb, Assistant Secretary – Lee Ann Fable, Assistant Treasurer – Christine Yurdakul, and Second Vice President/Member at Large – Rosita Germano.

Come to Wine-D Up to hear about all of the exciting events planned for 2013. OVRC's regular meetings are held at 7 p.m. on the third Wednesday of each month in the Monterey Room at the Vista Club. This is the group that plans the fun stuff for our village. We're looking for volunteers to help plan future activities including our Annual Pasta Dinner in June. If you would like more information on these or other events (or if you want to volunteer, RSVP, or offer ideas), call Linda

Jensen, OVRC President (5542). Watch for more news of meetings and planned activities in *Trilogy Living* and online at My Trilogy Life (MTL). See you Wednesday, March 20!

## Saddle Rock Village



The "wearing of the green" will be celebrated at our St. Patrick's Day party March 17 from 3 to 6 p.m. in the Rio Vista Room of the Delta Club. Irish tunes will play throughout the event and a joke or two will be shared. The menu features corned beef and cabbage, potatoes, and a roll.

Residents should bring their beverage of choice. Prepare your limericks now for our Limerick Contest. There is a prize for the winner, plus bragging rights. There once was a lady from Saddle Rock . . .

The Social Committee has non-stop events in the works. We are holding a pizza fundraiser in April. We will continue our year-old traditions of working the grill for the Fourth of July celebration and stopping traffic for our block party in September. And on a dark and stormy night in October, watch out for our Halloween event.

## TRIPS AND TOURS

*All trips are operated by an outside company and are not associated with Trilogy Rio Vista Master Association. Trilogy Rio Vista Master Association is not liable for any trips or tours.*



**Ethel Ott  
(Cupcake)  
and  
Eileen Griffin  
(Twinkie)**

### **SOLD OUT:**

**Jackson Rancheria, Jersey Boys and Mexican Riviera Cruise**

\*\*\*\*\*

**May 11, Golden Gate Fields Turf Club, \$59/pp**

Special "Stakes Races" at Golden Gate Fields where Kentucky Derby-class Thoroughbreds are featured to run. The cost includes transportation, a Buffet Luncheon, a racing program and great seating in the Turf Club.

**June 12, Sweet Summer's Day, \$114/pp**

We'll enjoy a mining demonstration at the Bale Grist Mill State Historic Park and a wine tasting and gourmet luncheon at the Francis Ford Coppola Winery, overlooking the beautiful Alexander Valley in Sonoma County. After lunch, we'll enjoy a casual tour and tasting at the Lavender Bee Farm, where you can purchase lavender plants and honey.

**June 26, Black Oak Casino Special, \$30/pp.**

We'll see a movie en-route to the casino. You will have five hours of "Stay and Play," and receive a \$15 bonus package upon arrival.

**July 3, A's Baseball Game & Fireworks, \$72/pp**

We'll enjoy great seating between home plate and first base, receive a \$10 food coupon to use in Plaza Court at your choice of restaurants, and watch an awesome fireworks display after the game!!!

### **PLEASE NOTE:**

**Prices for above trips include deluxe motor coach transportation, drivers' tips, docent and tour guide fees and designated meals.**

**For further information or sign-ups**

**Call Ethel (7548)**

**or Eileen (2684)**



We continue to provide new residents with our welcome packet. This packet includes information about Trilogy and Saddle Rock as well as contributions from various businesses in Rio Vista. Our thanks to Lira's, Ace Hardware, Pizza Factory, Mary Kay Cosmetics (Andra Poffenbarger), Trendsetters Salon and Day Spa, Cinderella House Cleaning Service, Rio Vista Dental and Books Rio V for their support.

The next Residents' Club meeting is scheduled for March 21 7 at p.m. at the Delta Club. All Saddle Rockers are welcome. Hope to see you there. For more information, contact Patty Kohn (2737).

## Village I

The initial response to VORC's Feb. 15 charity crab feed was tremendous. The event sold out in less than a week. A full report will come next month. As was outlined in last month's article, we have the opportunity, as a club, to elect new officers for the 2013-14 club year. All the board positions are open and available. The existing board has served the community well and is looking for other members to step forward and assume the leadership of VORC and the club's activities. The election will take place at the April 10, quarterly meeting in the Delta at 7:30 p.m. If you have any questions about the board and its activities, contact any member of the existing board. Remember, this is your club, make it work for you. For more information, contact the board: Sandy Dehn (4764), Joe Downes (7520), Lynne Galletta (6079), Nancy Vickers (3946) and Naomi Walker (1465).

## Village Oakmont

March is upon us bringing St. Patrick's Day and Daylight Savings Time. Bulbs and flowers will be popping up and the trees will have their blooms. Our Social Committee has been busy planning the 2013 events which will keep us well fed and entertained. Our first event will be our Pancake Breakfast. Note: Turn your clocks ahead on Saturday night.

### With a Touch of The Blarney:

#### Come to Oakmont's Pancake Breakfast

Sunday, March 10, 8 - 11 a.m.

Delta Club, Donation: \$7 per person

All Villages & Guests invited

**Includes:** Pancakes with whipped cream and strawberries, sausages, orange juice, coffee, tea and mimosas or champagne. Sign up by March 4 and place your slip and check in Box #2 at the Delta Club. Make checks payable to Oakmont Village Residents' Club. Flyers were tubed to all Trilogy homes; however, extra flyers can be found at the Vista or Delta Club. For more information, contact Cyndy (2480).

Social Committee meetings are held the first Wednesday of each month at 3 p.m. in the Monterey Room at the Vista Club. Everyone is welcome. We encourage residents to share

their ideas and to volunteer for various events. New residents, this is a great way to meet people and find out what is going on in our village.

Special Request: Oakmont's historian is looking to update our photo albums and needs pictures of Oakmont events from 2005 going forward. If you are interested in sharing your pictures, call or email Nancy Griffin at (707) 320-1329 or ncgriffin@att.net.

### Mark your calendar for upcoming events:

**March 6, 3 - 4:30 p.m.** Oakmont Residents' Club meeting followed by our Social Committee Meeting Vista Club-

**March 10, 8 - 11 a.m.** Pancake Breakfast, Delta Club

**April 3, 3 - 4:30 p.m.** Oakmont Social Committee Meeting, Vista Club

## Village Riviera

January's Soup Potluck was the best ever, but now tulips are popping up everywhere. It may still be cold and even snowy in New York, but it won't be in our version of our ladies' luncheon, "I Love New York." Thursday, April 18 is the date. What food is typical and associated with New York? Think deli and you will be on the right track. We will also be entertained with a fashion show presented by Bellissima, as well as street vendors typical of New York streets. You will see your flyer in mid-March.

After we shop and enjoy lunch in New York, we will transport ourselves back in time to the 50s and 60s with the Sock Hop, back by popular demand on Saturday, June 15 at 5:30 p.m. What is the appropriate attire? Well, we wore rolled up jeans and big shirts, poodle skirts, sheath dresses (okay, so this is what the girls wore). Guys wore T-shirts with rolled up sleeves, rolled up jeans, and lettermen sweaters or jackets. If this isn't enough to give you an idea, then just wear what you want, but be ready to dance the night away in comfort. You will get your flyers in mid-May.

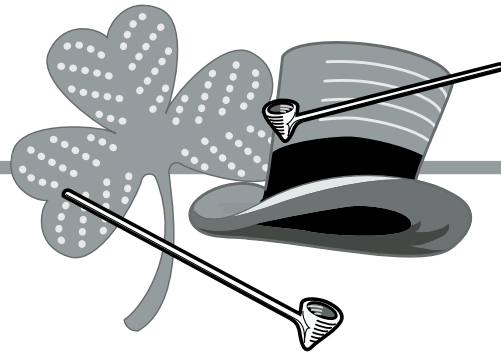
Saturday, July 20, brings us the Treasure Hunt. Some of us are getting better at trying to understand how Linda Robinette's mind works, while others of us just enjoy the challenge of trying to figure out anything created by anyone. Laughter and stretching your brain are the keys. Just get the date on your calendar and work on getting your team of 3-5 people together. This flyer will arrive mid-June.

No time to rest for our Residents' Club. Saturday, Sept. 21, is our Bunco Dinner event. This year may bring a twist, but there will still be screaming and counting and yelling "Bunco," and the food is always good. We will have two more events for you, a wine tasting and the holiday dinner. **Save the dates** for Oct. 26 and Dec. 14. For more information, contact Coralie Leder at coralie.leder@gmail.com.



By Kathy Erwin,  
Fitness & Spa Director

**Start your fitness program with a personalized ROM (Range of Motion) appointment with one of our personal trainers, Susan or Bev, to make sure you are properly set up for an effective and safe workout. A Range of Motion requires a one-time \$20 fee. You'll have one-on-one with your trainer, and once you are set up, the strength training machines will remember your settings and track your workouts.**



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SPA SPECIALS FOR MARCH**

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Three, 50-minute Swedish Massages

**Only \$150**

**Luck of the IRISH  
Facial Package**

Three, 50-minute European Facials

**Only \$165**

**Good for purchase March 1 – 31, 2013 (may be redeemed anytime)**

**Deep Tissue Massages**

Because of their popularity we are now offering three Deep Tissue packages:

25 minutes: \$30

50 minutes: \$60

80 minutes: \$90

Works deep to decrease tightness, aids in chronic muscle fatigue and recovery or soreness.

*Schedule your appointments today @ Member Services Vista Clubhouse  
707-374-4200*

**Upcoming new member Fitness Orientations:**

Saturday, March 2 at 11 a.m.

Wednesday, March 13 at 6 p.m. and

Saturday, March 16 at 11 a.m.



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- 3 CHOOSE AN IMAGE PASSWORD** – Fruit? Veggie? Sport? Animal? Pick your favorite
- 4 ENTER YOUR AGE, WEIGHT, AND GENDER** – so the Netpulse system can accurately calculate your calorie burn & track your workouts
- 5 Confirm your registration** to start enjoying the many benefits of Netpulsing!

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Picture Password



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# Fired-Up Fitness

At Trilogy, there's a fitness class for everyone, from rehabilitative and therapeutic exercises for people with physical limitations to aerobic classes that will get the blood pumping.









## Backgammon Club

Tom Watson is trying to start a flexible club offering an informal night's backgammon that is tailored to suit all levels of ability. Our approach is to have fun while learning as we work up to playing on a competitive level using the doubling cube and Hoyel's Rules.

Mind you, that doesn't mean that games or matches aren't hard fought; they are. It's just that we favor a multi-element variety of play. This ensures everyone is catered to and each evening contains differing events to suit those present.

Players of all levels are welcome to come and play weekly, perhaps Tuesday night at 6 - 8 p.m. (Day & Time TBA) throughout the year.

B.Y.O.B. (Bring your own Board) or use one of Tom's! For more information, contact Tom Watson (707) 507-5249 or email him with your contact information at tomzoot@gmail.com if you're interested.

## Living Legacy Awards: Call for Nominations

The generosity, service, and productivity of older adults throughout Solano County are vital to the health and well-being of our communities and future generations. It is for these reasons that senior focused groups and agencies have united to honor older adults who have made significant contributions to their communities by bestowing upon them the Living Legacy Award. Nominations are being sought for the following categories:

**Community Spirit** – Outstanding service, volunteerism, community connection and spirit.

**Social Innovation** – Tireless and effective advocate for social change efforts.

**Exceptional Caregiver** – Shows immense dedication and compassion as a caregiver.

**Intergenerational Influence and Impact** – Outstanding service, commitment and lasting contributions to other generations. One award will be given to an older adult or group of older adults (60+) who has made lasting contributions to younger generations (e.g., youth, children), and one award will be given to an individual or group (no age requirement) who has demonstrated outstanding service, commitment and made lasting contributions to seniors.

**Generative Age and Productivity** – Demonstrates creativity and productivity either through continued work in a profession, through a second career, or independently through hobbies or entrepreneurial activities

***\*Note: Elected officials are not eligible to receive a Living Legacy Award. Nominations are due April 26, 2013 and should be submitted to Rochelle Sherlock, Coordinator, Senior Coalition of Solano County.***

Phone: 707-864-3984; Email: rochelle\_sherlock@comcast.net

Mail: Senior Coalition of Solano County c/o ODAS

275 Beck Ave – MS 5-110, Fairfield, CA 94533

Please include the following information in your nomination: Nominee's full name, date of birth (must be 60 years old by May 1), address, phone number and email (if available), the category(ies) for which you are nominating the person, a written description of why you are nominating this person, and your name and contact information for follow-up. The awards will be presented in May 2013 in honor of Older American's Month.

## New Connections

The March meeting is at 615 Twin Lakes Drive. The April meeting is at 534 Marianna. Please pass the word on to those with no access to the Internet and email.

In January, "New Connections" welcomed many familiar faces and two new folks looking for insider secrets you won't find anyplace else. In recent months, we've learned quite a bit from each other; there is life beyond Frontier phone service (Magic Jack unlimited service at \$29.99 per year,) the \$100,000 toilet discussion for the Cypress Park/gas drill site, the importance of attending committees, and HOA meetings. You can learn where to find the great restaurant that still has a birthday club/good food, use of Café Vista tables during off hours, the history of Trilogy Art Guild (TAG), and umpteen places to go and people to see.

The address of each meeting can be found in *Trilogy Living* and on My Trilogy Life under "Bulletins." We'll continue to send out an email to those for whom we have addresses. If you'd like to be included or removed from our list just post your request as a comment to the My Trilogy Life bulletin or send your info (name, address, email address and phone) to stolie47@hotmail.com and we'll acknowledge your request.

We ask that more of you open your homes for us for the May, June, and July meetings. Please consider it. For more information, call Barb at 637-0210.



# *The 2013 Princess Ball*

With Dad, Grandpa, Brother, or Uncle for girls ages 5 - 13.  
Con papá, abuelo, hermano, o tío de las niñas siglos 5 - 13.

Presented by The Rio Vista Lions Club

**Saturday, March 9**  
**St. Joseph's Hall, Rio Vista, CA**  
**5:30 p.m.**

\$30/couple (pairs)  
\$12 for each additional girl  
\$12 para las niñas adicionales

**Registration forms at schools and local businesses!**

Free Photos • Flowers and Gift Bags • Balloons from Lira's

Dinner and Treats • Radio Rio DJ, Music, Dancing

## **Thank You**

The Bake Sale for the Garden Railroad was another big success! On behalf of the Trilogy Model Club, we could not have done it without all of our bakers, helpers, train engineers and the amusement park and music man, and especially our patrons. Thank you all so very much!

— Cynthia Oglove

## **TOPS**

Our local chapter has started the New Year out with a good weight loss record. Everyone is striving toward their goals as we Take Off Pounds

Sensibly. The football contest has created a lot of fun as we filled the squares with those lost pounds. Congratulations to the winners! We invite all Trilogians to come and join us. We meet every Wed. at 8 a.m. at the Delta Club. For more information, call Leader Minnie Howell at (5786) or Co-leader Peggy Smith at (1366). Hope you all had a wonderful Valentine's Day!

## **Trilogy Jazz Band**



The band has been busy rehearsing for the "Music of the Night" show on March 7, 8, and 9 in the Vista Club. Trilogy Council for the Arts, as well as our talented Trilogy friends and neighbors have put together a ter-

rific show, and we are delighted to be part of it.

If you play a band instrument and are interested in being part of the Jazz Band, please contact our Music Director Jim Lucas (7567). The band now has an opening for a guitar, and we encourage everyone with experience on any band instrument to call and learn about this opportunity for music and fun.

Full-band rehearsals are held in the Vista Club Diablo Ballroom most Wednesday afternoons from 2:30 – 5 p.m. following vocal and combo practice at 1:30 p.m. Observers are welcome. For more information, contact Jim Lucas (7567) or Marti Rogers (6859).



**Kare Bears** is a group of Trilogy residents organized with the goal of reaching out to our Trilogy neighbors in their time of need due to sorrow, sickness, loss of a family member or other life challenges. We have many volunteers to help, be it a phone call, visit, a hot meal, a lift to a doctor's appointment, assistance in searching for social services outside of Trilogy, or just plain tender loving care. We have divided Trilogy into sections with area coordinators for each section. Please contact your area coordinator if a need arises, either for yourself, or any other Trilogy resident. Your coordinator will contact the volunteer committee best suited to help with your problem.



## Olympic Village

It is unbelievable that we are in the last month of the first quarter of 2013. So come join us on March 5 at 10 a.m. at the Delta Club to plan for the next quarter. As we look over the list of Kare Bear Members from 2011, and the email list that we have, we realize that we miss you and wish you would let us know how Olympic Village Kare Bears can serve you. Take the time to send an email to our president, Mackie Webster, or vice president, Kay Johnston (geokayjohnston@juno.com) or give Mackie (mackie.webster@frontiernet.net) a call and let them know how we can serve you.

Last month, Olympic Village Kare Bears hosted the Rio Vista Police Department, who accepted prescription drugs and over the counter medications. We also elected new officers. If you need assistance, contact Mackie Webster (5837).

## Village Oakmont

Welcome, new officers for 2013! They are co-chairs Marti Rogers and Kathy Russo, co-secretaries Elaine Juhola and Jackie Jenkins, and co-treasurers Patty Evans and Sue Carlson. We look forward to a most exciting year. Our new officers are encouraging new people moving into Oakmont Village to attend our next meeting and consider volunteering for Kare Bears. We look forward to a most exciting year with new projects just ahead. If you have any questions about our group, call Marti (6859), Kathy (2969) or Ruth (0777). Our next meeting is Wed. March 13 at 10:30 a.m. at the Delta Club. Come early for coffee

## Village Riviera

Time's relentless march forward has propelled us into the month of March, once again delivering the gift of spring-time. Amid nature's wondrous time of birth, growth, and re-birth there also exists a darker side. The danger of damaging storms is ever-present during the vernal equinox, where they may arrive un-invited and un-announced. We have learned to build shelters of brick and steel to protect us from nature's fury. A similar situation shadows all of us throughout life's timeline, where the storm's wind and rain are replaced by illness and accident. We have different shelters for these storms, consisting of faith, family

### FAMILY SUPPORT COMMITTEE

The Family Support Committee organizes memorial services for family members who incur the loss of a Trilogy member. For more information, please call Chairperson Claudette Gartner (707) 439-6116, [xbirdlady@myifp.com](mailto:xbirdlady@myifp.com), Coordinator Barbara Sherison (6845) or Betty Bowley (5613).

and friends. However, if these are missing or insufficient for recovery, the Kare Bears are a phone call away. The Kare Bears will supply transportation to the doctor, deliver a hot meal, and will be a good neighbor. Please join us at our next meeting which takes place Monday, April 8 at 10 a.m. in the Delta club. For more information, contact Myra at (3660) or Valerie at (6942).

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Dr. Mel Pearson



# Fitness Class Schedule for March 2013

All classes require either a Trilogy Fitness Punch Card at \$60 for 20 punches or \$30 for 10 punches. Each class requires one punch. Get your cards at the Member Services Desk. Call Fitness & Spa Director Kathy Erwin at (4205) if you have questions. All classes are held in the Vista Group Exercise Studio unless otherwise noted.

Last Month's Punch Card Raffle Winner: **Dee Goodrich**

## March Fitness Orientations:

**Saturday, March 2, 11 a.m.**

**Wednesday, March 13, 6 p.m.**

**Saturday, March 16, 11 a.m.**

## Key

**Bold = New/Change**

(B)eginning (I)ntermediate (A)dvanced

**If you plan to make a (ROM) Range of Motion appointment for a later date, please bring a \$20 check with you to the orientation. Thank you!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<div><b>Class Locations</b></div> <div>(GX) Group Exercise Studio</div> <div>(DB) Diablo Ballroom</div> <div>(VP) Vista Pool</div> <div>(DP) Delta Pool</div> <div>(RV) Rio Vista Room–Delta</div> <div>(SR) Sonoma Room-Vista</div> <div>(FC) Fitness Center</div>			<b>1</b> <div>7-8am Early Yoga (B) (DB) Tammy</div> <div>7:30-8:30am Step Aerobics (B/I/A) Pat</div> <div>8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat)</div> <div>9-10am Wake-up and Move (B/I) (RV) Anna</div> <div>9-10am Yoga/Pilates (B) (DB) Deanna</div> <div>9:30-10:30am Aqua Fit (B) (VP) Denise</div> <div>9:45-10:30am Core Balance and Standing Abs (B) (GX) Sophie</div> <div>10:30-11:45am ZUMBA Power (B/I) (GX) Sophie</div> <div><b>11:45-12:45pm Intro to ZUMBA (B/I) (GX) Sophie</b></div>	<b>2</b> <div><b>8:30-9:30am Step Aerobics (B/I) (GX) Pat</b></div> <div>11-12:15pm ZUMBA (B/I) (GX) Sophie/Lisa</div> <div>12:15-12:45pm Pilates/Stretch (B/I) (GX) Sophie/Lisa</div>
<b>4</b> <div>7:30-8:30am Step Aerobics (B/I/A) Pat</div> <div>8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat)</div> <div>9-10am Yoga/Pilates (B) (DB) Deanna</div> <div>9-10am Advanced Aqua (B/I/A) (VP) Kathy</div> <div>9:30-10:30am Wake-up and Move (B/I) (RV) Anna</div> <div>9:45-10:30am Core Balance and Standing Abs (B/I) (GX) Sophie</div> <div>10-11am Aqua Fit (B) (VP) Denise</div> <div>10-11am Meditation Breathing (B) (DB) Deanna</div> <div>10:30 -11:45am ZUMBA Power (B/I) (GX) Sophie</div> <div><b>11:45-12:45pm Intro to ZUMBA (B/I) (GX) Sophie</b></div> <div>3-4pm Circuit Training / Combo Balance (B/I) (GX) Susan</div> <div>4-5pm Stretch and Flex (B/I) (GX) Susan)</div> <div>6:30-7:30pm Yoga/Pilates (B/I) (DB) Deanna</div>	<b>5</b> <div>8-9am Body Works (B/I/A) (GX) Kathy</div> <div>9-10am Simply Stretch (B) (GX) Joele</div> <div>9:30-10:30am Aqua Fit (B) (VP) Denise</div> <div>10-11am Qi Dance (B/I/A) (GX) Joele</div> <div>11-12pm Arthritis Program (B) (GX) Beverly</div> <div>1-2pm Sit and Get Fit (B) (GX) Beverly</div> <div>3-4pm Advanced Aqua (B/I/A) (VP) Kathy</div>	<b>6</b> <div>7-8am Early Yoga (B) (DB) Tammy</div> <div>7:30-8:30am Beginning Step (B/I/A) (GX) Pat</div> <div>8-9am Back To Basics Yoga (B/I) (DB) Tammy</div> <div>8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat)</div> <div>9:30-10:30am Wake-up and Move (B/I) (RV) Anna</div> <div>9:30-11am Qi Dance Plus (B/I/A) (GX) Joele</div> <div>9:30-10:30am Aqua Fit (B) (VP) Denise</div> <div>1100-12pm ZUMBA (B/I) (GX) Lisa</div> <div>1:15-2:15pm Adaptive Fitness Workout (B) (GX) Deanna</div> <div>3-4pm Circuit Training / Combo Balance (B/I) (GX) Susan</div> <div>4-5pm Stretch and Flex (B/I) (GX) Susan</div>	<b>7</b> <div>7:30-8:30am Body Works (B/I/A) (GX) Kathy</div> <div>9-10am Simply Stretch (B/I) (DB) Joele</div> <div>9-10am Tai Chi (B/I) (GX) Lillian</div> <div>9-10am Advanced Aqua (B/I/A) (VP) Kathy</div> <div>10-11am Aqua Fit (B) (VP) Denise</div> <div>10-11am Qi Dance (B/I/A) (GX) Joele</div> <div>11-12pm Arthritis Program (B) (GX) Beverly</div> <div>1-2pm Sit and Get Fit (B) (GX) Beverly</div> <div>2:30-3:30pm Yoga (B/I) (DB) Tammy</div>	<b>8</b> <div>7-8am Early Yoga (B) (DB) Tammy</div> <div>7:30-8:30am Step Aerobics (B/I/A) Pat</div> <div>8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat)</div> <div>9-10am Wake-up and Move (B/I) (RV) Anna</div> <div>9-10am Yoga/Pilates (B) (DB) Deanna</div> <div>9:30-10:30am Aqua Fit (B) (VP) Denise</div> <div>9:45-10:30am Core Balance and Standing Abs (B) (GX) Sophie</div> <div>10:30-11:45am ZUMBA Power (B/I) (GX) Sophie</div> <div><b>11:45-12:45pm Intro to ZUMBA (B/I) (GX) Sophie</b></div>	<b>9</b> <div>11-12:15pm ZUMBA (B/I) (GX) Sophie/Lisa</div> <div>12:15-12:45pm Pilates/Stretch (B/I) (GX) Sophie/Lisa</div>
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<b>18</b> <div>7:30-8:30am Step Aerobics (B/I/A) Pat</div> <div>8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat)</div> <div>9-10am Yoga/Pilates (B) (DB) Deanna</div> <div>9-10am Advanced Aqua (B/I/A) (VP) Kathy</div> <div>9:30-10:30am Wake-up and Move (B/I) (RV) Anna</div> <div>9:45-10:30am Core Balance and Standing Abs (B/I) (GX) Sophie</div> <div>10-11am Aqua Fit (B) (VP) Denise</div> <div>10-11am Meditation Breathing (B) (DB) Deanna</div> <div><b>10:30 -11:45am ZUMBA Power (B/I) (GX) Sophie</b></div> <div><b>11:45-12:45pm Intro to ZUMBA (B/I) (GX) Sophie</b></div> <div>3-4pm Circuit Training / Combo Balance (B/I) (GX) Susan</div> <div>4-5pm Stretch and Flex (B/I) (GX) Susan)</div> <div>6:30-7:30pm Yoga/Pilates (B/I) (DB) Deanna</div>	<b>19</b> <div>8-9am Body Works (B/I/A) (GX) Kathy</div> <div>9-10am Simply Stretch (B) (GX) Joele</div> <div>9:30-10:30am Aqua Fit (B) (VP) Denise</div> <div>10-11am Qi Dance (B/I/A) (GX) Joele</div> <div>11-12pm Arthritis Program (B) (GX) Beverly</div> <div>1-2pm Sit and Get Fit (B) (GX) Beverly</div> <div>3-4pm Advanced Aqua (B/I/A) (VP) Kathy</div>	<b>20</b> <div>7-8am Early Yoga (B) (DB) Tammy</div> <div>7:30-8:30am Beginning Step (B/I/A) (GX) Pat</div> <div>8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat)</div> <div>8-9am Back To Basics Yoga (B/I) (DB) Tammy</div> <div>9:30-10:30am Wake-up and Move (B/I) (RV) Anna</div> <div>9:30-11am Qi Dance Plus (B/I/A) (GX) Joele</div> <div>9:30-10:30am Aqua Fit (B) (VP) Denise</div> <div>1100-12pm ZUMBA (B/I) (GX) Lisa</div> <div>1:15-2:15pm Adaptive Fitness Workout (B) (GX) Deanna</div> <div>3-4pm Circuit Training / Combo Balance (B/I) (GX) Susan</div> <div>4-5pm Stretch and Flex (B/I) (GX) Susan</div>	<b>21</b> <div>7:30-8:30am Body Works (B/I/A) (GX) Kathy</div> <div>9-10am Simply Stretch (B/I) (DB) Joele</div> <div>9-10am Tai Chi (B/I) (GX) Lillian</div> <div>9-10am Advanced Aqua (B/I/A) (VP) Kathy</div> <div>10-11am Aqua Fit (B) (VP) Denise</div> <div>10-11am Qi Dance (B/I/A) (GX) Joele</div> <div>11-12pm Arthritis Program (B) (GX) Beverly</div> <div>1-2pm Sit and Get Fit (B) (GX) Beverly</div> <div>2:30-3:30pm Yoga (B/I) (DB) Tammy</div>	<b>22</b> <div>7-8am Early Yoga (B) (DB) Tammy</div> <div>7:30-8:30am Step Aerobics (B/I/A) Pat</div> <div>8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat)</div> <div>9-10am Wake-up and Move (B/I) (RV) Anna</div> <div>9-10am Yoga/Pilates (B) (DB) Deanna</div> <div>9:30-10:30am Aqua Fit (B) (VP) Denise</div> <div>9:45-10:30am Core Balance and Standing Abs (B) (GX) Sophie</div> <div>10:30-11:45am ZUMBA Power (B/I) (GX) Sophie</div> <div><b>11:45-12:45pm Intro to ZUMBA (B/I) (GX) Sophie</b></div>	<b>23</b> <div><b>NO CLASSES TODAY</b></div>
<b>25</b> <div>7:30-8:30am Step Aerobics (B/I/A) Pat</div> <div>8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat)</div> <div>9-10am Yoga/Pilates (B) (DB) Deanna</div> <div>9-10am Advanced Aqua (B/I/A) (VP) Kathy</div> <div>9:30-10:30am Wake-up and Move (B/I) (RV) Anna</div> <div>9:45-10:30am Core Balance and Standing Abs (B/I) (GX) Sophie</div> <div>10-11am Aqua Fit (B) (VP) Denise</div> <div>10-11am Meditation Breathing (B) (DB) Deanna</div> <div><b>10:30 -11:45am ZUMBA Power (B/I) (GX) Sophie</b></div> <div><b>11:45-12:45pm Intro to ZUMBA (B/I) (GX) Sophie</b></div> <div>3-4pm Circuit Training / Combo Balance (B/I) (GX) Susan</div> <div>4-5pm Stretch and Flex (B/I) (GX) Susan)</div> <div>6:30-7:30pm Yoga/Pilates (B/I) (DB) Deanna</div>	<b>26</b> <div>8-9am Body Works (B/I/A) (GX) Kathy</div> <div>9-10am Simply Stretch (B) (GX) Joele</div> <div>9:30-10:30am Aqua Fit (B) (VP) Denise</div> <div>10-11am Qi Dance (B/I/A) (GX) Joele</div> <div>11-12pm Arthritis Program (B) (GX) Beverly</div> <div>1-2pm Sit and Get Fit (B) (GX) Beverly</div> <div>3-4pm Advanced Aqua (B/I/A) (VP) Kathy</div>	<b>27</b> <div>7-8am Early Yoga (B) (DB) Tammy</div> <div>7:30-8:30am Beginning Step (B/I/A) (GX) Pat</div> <div>8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat)</div> <div>8-9am Back To Basics Yoga (B/I) (DB) Tammy</div> <div>9:30-10:30am Wake-up and Move (B/I) (RV) Anna</div> <div>9:30-11am Qi Dance Plus (B/I/A) (GX) Joele</div> <div>9:30-10:30am Aqua Fit (B) (VP) Denise</div> <div>1100-12pm ZUMBA (B/I) (GX) Lisa</div> <div>1:15-2:15pm Adaptive Fitness Workout (B) (GX) Deanna</div> <div>3-4pm Circuit Training / Combo Balance (B/I) (GX) Susan</div> <div>4-5pm Stretch and Flex (B/I) (GX) Susan</div>	<b>28</b> <div>7:30-8:30am Body Works (B/I/A) (GX) Kathy</div> <div>9-10am Simply Stretch (B/I) (DB) Joele</div> <div>9-10am Tai Chi (B/I) (GX) Lillian</div> <div>9-10am Advanced Aqua (B/I/A) (VP) Kathy</div> <div>10-11am Aqua Fit (B) (VP) Denise</div> <div>10-11am Qi Dance (B/I/A) (GX) Joele</div> <div>11-12pm Arthritis Program (B) (GX) Beverly</div> <div>1-2pm Sit and Get Fit (B) (GX) Beverly</div> <div>2:30-3:30pm Yoga (B/I) (DB) Tammy</div>	<b>29</b> <div>7-8am Early Yoga (B) (DB) Tammy</div> <div>7:30-8:30am Step Aerobics (B/I/A) Pat</div> <div>8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat)</div> <div>9-10am Wake-up and Move (B/I) (RV) Anna</div> <div>9-10am Yoga/Pilates (B) (DB) Deanna</div> <div>9:30-10:30am Aqua Fit (B) (VP) Denise</div> <div>9:45-10:30am Core Balance and Standing Abs (B) (GX) Sophie</div> <div>10:30-11:45am ZUMBA Power (B/I) (GX) Sophie</div> <div><b>11:45-12:45pm Intro to ZUMBA (B/I) (GX) Sophie</b></div>	<b>30</b> <div>11-12:15pm ZUMBA (B/I) (GX) Sophie/Lisa</div> <div>12:15-12:45pm Pilates/Stretch (B/I) (GX) Sophie/Lisa</div>

TrilogyLiving

March 2013 Club and Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b>  8am Social Tennis 9am Model Club (V) 9am Village 1 Arch. Com. Mtg. (V) 9:30am Walk & Talk (V) 10:30am Country Line Dancing (D) 12pm Bridge (V) 12pm Open Painting (D) 4pm Ballroom Dance Lessons – Beginner (V) 5pm Ballroom Dance Lessons – Advanced (V) 6:30pm Joy Luck Club Mah Jongg (V) 7pm MOTN Rehearsal (V)	<b>2</b>  8am Motorcycle Club (Off-site) 9am Trilogy Bocce Morning League Sign-ups (D) 10am Trilogy Bocce League General Membership Mtg (D) 11am Trilogy Bocce Night League Sign-ups (D) 2:30pm Table Tennis (D) 9:30am Hiking Club (V) 2pm Chinese Brush Painting (D) 7pm Poker Club Open Tournament (D)
<b>3</b>  10am – 3pm Farmer's Market (D) 5pm Table Tennis (D)	<b>4</b>  8am Social Tennis 9:30am Walk & Talk (V) 12pm Open Painting (D) 1pm Mah Jongg (V) 1pm Rip, Stitch & Bitch (V) 2pm TAG Mtg. (D) 3pm Village Oakmont Arch. Com. (D) 3pm Guitar Club (V) 6pm Soul Line Dancing (D) 7pm Poker (D) 7pm MOTN Rehearsal (V)	<b>5</b>  8am Social Tennis 8:30am Radio Club (V) 9:30am Women's 9-Hole Golf 10am Kare Bears – Olympic Village (D) 10:30am Country Line Dancing (D) 11:30am Golf – TRVMEN 9-Hole 12pm Beginning Watercolor Class (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dominoes (D) 2pm Stroke / Head Injury Support Group (V) 3:30pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai Chi & Yuan Chi Dance (V) 7pm MOTN Dress Rehearsal (V)	<b>6</b>  8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 12:30pm Fat Quarters Quilting (D) 12:30pm Jazz Band (V) 1pm Village Riviera Arch. Com. Mtg. (D) 2pm Bergren Art (D) 2pm Card Making Class (D) 3pm Village Oakmont RC & Social Com. Mtg. (V) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 7pm Billiards Club Member Mtg. (V) 7pm MOTN Dress Rehearsal (V)	<b>7</b>  8am Social Tennis 8:30am Golf – Women's 18-Hole 9:30am Ceramics (D) 9:30am Soul Line Dancing Potluck (V) 11am Triage Team (D) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 1:30pm Table Tennis (D) 2pm Genealogy Club (V) 5pm Cycling Club (V) 5pm Tai Chi & Yuan Chi Dance (V) <b>6:30 Village Riviera HOA Mtg. (D)</b> 7pm Music of the Night Performance (V)	<b>8</b>  8am Social Tennis 9:30am Walk & Talk (V) 10:30am Country Line Dance (D) 12pm Bridge (V) 12pm Open Painting (D) 1pm Table Tennis (D) 4pm Ballroom Dance Lessons – Beginner (V) 5pm Ballroom Dance Lessons – Advanced (V) 7pm Bunco (D) 7pm Music of the Night Performance (V)	<b>9</b>  9:30am Hiking Club Mtg. (V) 7pm Music of the Night Performance (V) 9pm MOTN Cast Party (V)
<b>10</b>  Spring Forward – Daylight Savings Time Begins 8am Village Oakmont RC Breakfast Fundraiser (D) 5pm Tennis Club Tournament (D) 7pm Dance Club Event (V)	<b>11</b>  8am Social Tennis 9:30am Walk & Talk (V) 12pm Open Painting (D) 12:15pm Duplicate Bridge (V) 1pm Mah Jongg (V) 1pm Rip, Stitch & Bitch (V) 6pm Soul Line Dancing (D) 7pm Poker (D)	<b>12</b>  8am Social Tennis 8:30am Radio Club (V) 9:30am Women's 9-Hole Golf 10:30am Country Line Dancing (D) 10:30am Book Club (V) 11:30am Golf – TRVMEN 9-Hole 12pm Recipe Club (D) 12pm Beginning Watercolor Class (D) 12:15pm Hand & Foot Canasta (V) <b>2pm Master Association Board Mtg. (V)</b> 3:30pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai Chi & Yuan Chi Dance (V) <b>6pm Grapevine Chat (V)</b> <b>7pm Enrichment Series – Before You Buy a Tablet</b>	<b>13</b>  8am Social Tennis 8am TOPS (D) 9am Olympic Village Arch. Com. Mtg. (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 10am Kare Bears – Village Oakmont (D) 12:30pm Fat Quarters Quilting (D) 12:30pm Jazz Band (V) 2pm Bergren Art (D) 2pm Card Making Class (D) 4pm Sr. Men's Golf Tournament Planning Mtg. (V) 4:30pm Table Tennis (D) 5:50pm Delta Harmony Rehearsal (V) 6:30pm Nature Club Gen. Mtg. (V)	<b>14</b>  8am Social Tennis 8:30am Golf – Women's 18-Hole 9am Blood Pressure Check (D) 9:30am Ceramics (D) 10am Council for the Arts (V) 12:15pm Ponytail Canasta (V) <b>1pm – 3pm Advanced Hearing Aid Service (V)</b> 1pm Good Samaritans (D) 4pm Golf – Sr. Men's Board Mtg. (D) <b>4pm Village I HOA Mtg. (D)</b> 5pm Table Tennis (D) 5pm Tai Chi & Yuan Chi Dance (V) 6:30pm Pinochle (V) <b>6:30pm Olympic Village HOA Mtg. (D)</b>	<b>15</b>  8am Social Tennis 9am Village 1 Arch. Com. Mtg. (D) 9:30am Walk & Talk (V) 10:30am Country Line Dance (D) 12pm Bridge (V) 12pm Open Painting (D) 4pm Ballroom Dance Lessons – Beginner (V) 5pm Ballroom Dance Lessons – Advanced (V) 6:30pm Joy Luck Mah Jongg (V) 7pm Whist Club (D) <b>7pm Open Mic Night (V)</b>	<b>16</b>  9:30am Hiking Club (V) 9am Table Tennis (D) 1pm Dog Club Social “Yappy Hour” (V) 2pm Chinese Brush Painting (D) <b>7pm Concert: Jeff Wessman – A Swingin’ Affair ! (V)</b>
<b>17</b>  3pm Saddle Rock St. Patrick's Day Party (D)	<b>18</b>  8am Social Tennis 9:30am Walk & Talk (V) 10am Council of Village Presidents (D) 12pm Open Painting (D) 1pm Rip, Stitch & Bitch (V) 1pm Mah Jongg (V) 3pm Village Oakmont Arch. Com. Mtg. (D) 3pm Guitar Club (V) 6pm Soul Line Dancing (D) 7pm Poker (D) 7pm Fishing Club (D)	<b>19</b>  8am Social Tennis 8:30am Radio Club (V) 9:30am Golf – Women's 9-Hole <b>10am Intro to Photo Processing (V)</b> 10:30am Country Line Dancing (D) 11:30am Golf – TRVMEN 9-Hole 12pm Beginning Watercolor Painting (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dominoes (V) 3:30pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai Chi & Yuan Chi Dance (V) 7pm Computer Club (V) <b>7pm Intro to Photo Processing (V)</b>	<b>20</b>  8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 12:30pm Fat Quarters Quilting (D) 12:30pm Jazz Band (V) 1pm Village Riviera Arch. Com. Mtg. (D) 2pm Bergren Art (D) 2pm Card Making Class (D) 5:30pm Delta Harmony Rehearsal (V) 6pm Olympic Village Wine – D Up (V)	<b>21</b>  8am Social Tennis 8:30am Golf – Women's 18-Hole 9:30am Ceramics (D) 11am Triage Team (D) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 2pm Genealogy Workshop (V) 4pm Golf – Sr. Men's Mtg. (D) 5pm Table Tennis (D) 5pm Tai Chi & Yuan Chi Dance (V) 6:30pm Pinochle (V) <b>7pm Village Oakmont HOA Mtg. (D)</b> 7pm Village Riviera RC Mtg. (V) 7pm Saddle Rock Village RC Mtg. (D)	<b>22</b>  8am Social Tennis 9:30am Walk & Talk (V) 10:30am Country Line Dance (D) 12pm Bridge (V) 1pm Open Painting (D) 4pm Ballroom Dance Lessons – Beginner (V) 5pm Ballroom Dance Lessons – Advanced (V) 7pm Bingo (D)	<b>23</b>  9am Table Tennis (D) 9:30am Hiking Club (V) <b>7pm Dance Party Social (V)</b>
<b>24</b>  12pm Theatre Group Rehearsal (V)	<b>25</b>  8am Social Tennis 9:30am Walk & Talk (V) 12pm Opening Painting (D) 12pm Theater Rehearsal (V) <b>1pm Access Committee (D)</b> 1pm Rip, Stitch & Bitch (V) 1pm Mah Jongg (V) 6pm Soul Line Dancing (D) 7pm Poker (D)	<b>26</b>  8am Social Tennis 8:30am Radio Club (V) 9:30am Golf – Women's 9-Hole 10:30am Country Line Dancing (D) 10:30am Canasta Luncheon (V) 11:30am Golf – TRVMEN 9-Hole 12pm Beginning Watercolor Painting (D) 12:15pm Hand & Foot Canasta (V) 1:30pm Dog Club (D) 3:30pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai Chi & Yuan Chi Dance (V) <b>5pm Grapevine Chat (V)</b> 6:30pm Theater Group Play (V) 7pm Drama Club Membership Mtg. (D)	<b>27</b>  8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 10am Olympic Village Arch. Com. Mtg. (D) 12:30pm Fat Quarters Quilting (D) 12:30pm Jazz Band (V) 2pm Bergren Art (D) 2pm Card Making Class (D) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 6:30pm Theater Group Play (V)	<b>28</b>  8am Social Tennis 8:30am Golf – Women's 18-Hole 9:30am Ceramics (D) 12:15pm Ponytail Canasta (V) <b>1pm Adult Committee (D)</b> 1pm Good Samaritans (D) 5pm Table Tennis (D) 5pm Tai Chi & Yuan Chi Dance (V) 6:30pm Pinochle (V) 6:30pm Theater Group Play (V) 7pm Writers Club (D)	<b>29</b>  8am Social Tennis 9:30pm Tennis Club Mtg. (D) 9:30am Walk & Talk (V) 10:30am Country Line Dance (D) 12pm Bridge (V) 12pm Open Painting (D) 4pm Ballroom Dance Lessons – Beginner (V) 5pm Ballroom Dance Lessons – Advanced (V)	<b>30</b>  9am Table Tennis (D) 9:30am Hiking Club (V)
<b>31</b>						

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## Ceramics Club



*Humpty Dumpty and a rabbit waiting to be glazed*

When will spring get here? Easter is coming and, as you can see, we are working on some interesting ceramic

items for decorating. These are bisque pieces that are just being painted. When that is done, they will be fired to get that finished, shiny look. We all go ooooooh and aaaaah when we see them completed. Come by our ceramic club meeting to see how these projects and others turn out. Wouldn't it be fun to join us? We get together every Thursday from 9:30 a.m. until 12 p.m. in the Marina room at the Delta Club. For more information, call Ann at (5122).

## Council for the Arts

Enjoy your talented neighbors as they sing your favorite music of the 1950s and 1960s presented by the Trilogy Council for the Arts. The theme for the 2013 Music of the Night is "Your Senior Prom, Moments to Remember." It is always an exciting performance, highlighting the talent in our community. Similar to last year, you can sit back and relax or feel free to get up and dance to the "Music of the Night." The performances will begin at 7 p.m. on March 7, 8 and 9 in the Diablo Ballroom of the Vista Club. Wine, sodas, and water will be sold at the no-host bar, which opens at 6 p.m. Reservations are necessary, and tickets are available for \$10 per person. For reservation information, call Myra Samfeld (3660).

## Drama Club



There may be a villain, a hero, and a heroine in the near future. There may be a tear, most certainly laughter, but first there is food. Mark your calendars and make your reservation for the Pasta Feed

on April 6, 2013 at the Delta Club. Bring your beverage, your appetite, your family, friends and neighbors. Dinner is at 7 p.m. The Drama Club has just this one fundraiser each year, so it's nice to have a full house. There's the always fun raffle, too. See your *Trilogy Living* magazine for the reservation form or pick one up at either club.

The Drama Club meets the last Tuesday of the month at the

Delta Club, Marina Room at 7 p.m. The February meeting will inform us of the play chosen for the August production. At press time, the committee was still going through stacks of scripts. And annual dues should be paid by March 1. For more information, contact Debby Debrow at (6706).

## Fat Quarter Quilters

Join our group to work on your own quilting project in a group setting. You'll meet new friends, share ideas, and get help with your projects. We meet every Wednesday from 12:30 – 4 p.m. at the Delta Club. There are no dues or fees. For more information, contact Esther Young (2639).

## Trilogy Art Guild for Artists

Now that spring is around the corner, don't be surprised if you see some of our artists outdoors painting on their easels. This is PleinAir Painting: Capturing daylight and beautiful scenes are what it is all about. The Art and Wine Show brought a lot of residents out to enjoy music and purchase art. It was a mini art show with over 50 pieces on display. Stop by the Delta Club and check out the display case where we always have some pieces that were created in class. This month, we have some of the shirts we did in the Shibori Workshop. Watch this article for the next workshop announcement. Come and visit our TAG meetings the first Monday of the month at 2 p.m. at the Delta Club. For more information, contact Alma (3064) or Pat (3510).

## Trilogy Theater Group

*Dearly Departed* by David Bottrell and Jessie Jones has been described as a "drop-dead funny," two-act comedy about a dysfunctional but lovable group of Southern eccentrics. *Amen to that!* Trilogy Theater Group will share this Readers' Theater Presentation with you on March 26, 27 and 28 in the Diablo Ballroom of the Vista Club. The actors have been rehearsing not only their lines, but also their



accents to bring you a hilarious night of laughter. Our last production sold out in only a matter of days, so get your tickets now! You won't want to miss this!

The fun won't end when this play is over. Plans are already underway for our next endeavors in the months ahead. Interested in how you can be a part of the excitement? We're looking for those who are willing to work onstage and behind the scenes. We have oodles of fun and work hard to bring you quality entertainment. There's always room for you to join us and add to the entertainment experience. Contact President Louise Mitchell at (3541) for further information or come to our next meeting at 7 p.m. on Thursday, April 25 in the Monterey Room of the Vista Club.



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# Café Vista

## Look for Weekly Specials

### TOP OF THE MORNING

*Served All Day*

#### Eggs and Things

- ▶ Scrambled Egg, Ham, Bacon OR Sausage & Cheese on English Muffin **\$3.50**
- ▶ Shaved Roasted Ham & Egg, Swiss Cheese on Croissant **\$4.00**
- ▶ Bagel & Cream Cheese **\$2.50**
- ▶ Assorted Breakfast Pastries **\$2.00**
- ▶ Fresh Fruit Bowl when in season **\$4.95**

### FROM THE GARDEN

*\*Choice of Dressing:*

*Thousand Island, Ranch, or Italian*

#### Greek Salad

**\$7.00**

Romaine Lettuce, Cucumber, Black Olives, Feta Cheese, Tomato, Onion, with Vinegar and Oil

#### Chicken Cesar Salad

**\$6.75**

Romaine Lettuce, Chicken, Parmesan Cheese & Croutons w/Cesar Dressing

#### House Salad

**\$5.25**

Lettuce, Tomato, sliced Red Onion, Cheese & Croutons

**\* Tax Not Included**

**\* Credit/Debit Card on \$5 or More**

### SOUP OF THE DAY

- Bowl **\$3.75**
- Soup and Salad **\$5.75**
- Chili Bowl - Fri Only w/ Beans & Cheese **\$3.75**
- Garlic/Cheese Bread **\$2.75**

### DESSERT

- Apple Pie - hot or cold **\$2.95**
- \*a la mode add* **\$1.00**
- Ice Cream **\$2.25**

### BEVERAGES

- Iced Tea/Lemonade **\$1.25**
- Fruit Juice **\$1.25**
- Soda **\$1.25**
- Coffee **\$1.25**
- Cappuccino **\$1.50**
- Hot Tea **\$1.25**
- Hot Chocolate **\$1.25**
- Bottled Water **\$1.00**

### HOURS

**Monday - Saturday 7am - 3pm**

Closed Sundays, Thanksgiving, Christmas & New Year's Day

**Phone: 374-4202**

*Dine In or Take Out*

### SANDWICHES

*Choice of Bread w/ Potato Salad, Green Salad, Pasta Salad OR Chips*

- Cobb Sandwich w/Chicken Breast, Bacon, Avocado, Feta Cheese, Lettuce & Tomato on French Roll **\$7.75**
- BBQ Roast Beef Sandwich w/Cheese on French Roll **\$7.25**
- Tuna w/Lettuce & Tomato on Sourdough **\$6.50**
- Ham w/Swiss Cheese, Lettuce & Tomato on Sourdough **\$6.50**
- B.L.T. w/Avocado on a Croissant **\$6.75**
- Meatball Sandwich w/Barbeque Sauce on French Roll **\$6.75**
- Triple Club w/Turkey, Ham, Bacon & Swiss Cheese, Lettuce, Tomato on Sourdough **\$7.75**
- Philly Cheese w/Roast Beef, Melted Jack Cheese, Swiss Cheese, Onions & Roasted Peppers on French Roll **\$7.25**
- Turkey w/Cheese, Lettuce & Tomato on Sourdough **\$6.75**
- Panini w/Ham or Turkey with Tomato and Cheese **\$7.00**



## Billiards Club

The next Billiards Club meeting is on Wednesday, March 6, at 7 p.m. in the Monterey Room of the Vista Club. Tuesday Evening's tournament start time is 5 p.m. The first and third Tuesdays the format is 8-ball round robin with no handicaps for B players. The second Tuesday of the month the format is handicap 9-ball with a round robin format. In order to get a win a player must beat his opponent two out of three games. The club has again made a list of B players and for that Tuesday evening the B players will get a one-game handicap while playing an A player, so the B player only needs one win in three games while competing against an A player. The format for the fourth Tuesday is 8-ball and the club will split the tournament into A & B players. There will be a first and second place winner in each group. The fifth Tuesday is 9-ball with no handicap for B players. Officers: President Al Bergoust, Vice President Richard Garcia, Treasurer Jack Clark, Secretary Dallas Salomon, and Membership Chairman Dave Stewart.

### Latest weekly tournament winners:

#### Jan. 1, 8-Ball

1<sup>st</sup> Al Bergoust  
2<sup>nd</sup> Mike Quihuiz  
3<sup>rd</sup> Tony Wong

#### Jan. 8, Handicap 9-Ball

1<sup>st</sup> Chuck Lebue  
2<sup>nd</sup> James  
3<sup>rd</sup> Geno Toscano

#### Jan. 15, 8-Ball

1<sup>st</sup> Oscar Grissom  
2<sup>nd</sup> Marlin Homer  
3<sup>rd</sup> Joe Mattos

#### Jan. 22, 8-Ball (A Division)

1<sup>st</sup> Oscar Grissom  
2<sup>nd</sup> Dave Stewart  
3<sup>rd</sup> Mike Quihuiz

#### Jan. 29, 9-Ball

1<sup>st</sup> Oscar Grissom  
2<sup>nd</sup> Ben Bautista  
3<sup>rd</sup> Lee Durham

For more information regarding the Billiards Club, contact Oscar Grissom at [crpntrboy@aol.com](mailto:crpntrboy@aol.com).

## Bingo

Easter is here! Be ready for bunny money at the Bingo game. Mark your calendar for the fourth Friday of the month (March 22) for Bingo at the Delta Club. Games begin promptly at 7 p.m. Buy-in for each person is \$10 for 12 games. We have one early bird special: one card for \$1 and an extra blackout card for \$1. The prize money for each game is \$50 and the blackout prize is \$250. Bring a friend, the more players we have the more money we give away! For more information, call Irene (6999).

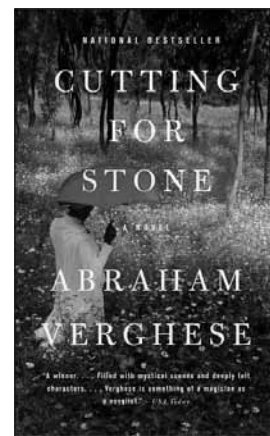
## Bocce Club

Spring is almost here, as is the start of the 2013 bocce season. Both leagues will have sign-up events on March 2 in the Delta Club. The Morning Bocce League (MBL) sign-ups start at 9 a.m. and the Night Bocce League (NBL) sign-ups start at 11 a.m. We will hold the club's annual meeting at 10 a.m. All members and potential members are encouraged to attend the general meeting.

Existing teams should bring their roster to turn in and note any changes in players. New teams are always welcome. New players or players without a team assignment (WBF participants and others) should come to the meeting. We will form new teams. Prior bocce experience is not necessary. We will hold training sessions prior to the start of the season in April. The exact start date and play days will be determined once the sign-up process is completed and the number of teams is known. Dues, once determined, will be due April 1. If you have any questions, call any member of the board: Carolyn Azbell (6087), Dorothy Busuttill (3246), Judy Carter (0016), Joe Downes (7520) and Walt Manos (2827). Remember to roll often, throw straight and have fun, that's what it's all about.

## Book Club

The Book Club meets the second Tuesday of each month at 10:30 a.m. in the Sonoma Room at the Vista Club. The next meeting is March 12. The book selection is *Cutting for Stone* by Abraham Verghese. April's book selection is *Spies of Warsaw* by Alan Furst. There is no requirement to have read the selected book. Everyone is welcome to join in. Feel free to stop by. For more information, contact Adrienne at (5576). Happy St. Patrick's Day!



## Bridge – Duplicate

Duplicate Bridge meets the second Monday of each month at 12:15 p.m. in the Sonoma Room at the Vista Club. Please mark your calendars for our game on Monday, April 8, 2013. All Trilogy residents who are interested in playing duplicate bridge are welcome. If you need a partner, we'll find one for you. Contact Sue (6136) before the game so that we can make sure we have full tables for the game.



**January's winners:** 1st - Wilma Powell and Peg Walker; Tie for 2nd and 3rd - Larry Epner & Debby Epner and John Shick & Betty Magnoli.

## Bridge - Friday

The Friday Bridge Club meets weekly in Vista's Sonoma Room. Play starts at 12:15 p.m. This club is open to all bridge-playing Trilogy residents. Newcomers are welcome. For more information, call Lynn (3310).

## Computer Club

The next meeting of The Trilogy Computer Club is March 19 in the Diablo Room at the Vista Club at 7 pm. Our very own John Shilich will speak. His topic is "You have just purchased a new computer." It is on your desk, all the wires, keyboard and the mouse are connected if needed. You have pushed the power button, it booted OK, and you are ready to play: WRROONG! There are quite a few steps that need to be completed for better performance and computer security before you play. We will show you these steps, and have a handout for future use.

If you wish to become a member of the club, visit [www.tccrv.org](http://www.tccrv.org) to complete and print a copy of the application and give it to any of the directors with the annual dues of \$12. You may also sign up at any meeting. The website also offers the latest information on many computer related subjects, meetings, and other interesting items.

We welcome all levels of expertise, from those thinking of getting a computer to those who have spent years working with computers and related software. For more information, contact Lynne Hansen (4060).

## Dance Club

We want to thank everyone who came to our Valentine's Dance (Sweetheart Ball). We had a really good time as we always do. It's always nice to see everyone in festive colors. We want to thank the Trilogy Jazz Band for playing for us. They are the best.

As we stated in the past, next month we are trying something new. We are going to have DJ music since some people have asked about it. Original music like this is wonderful.

Our theme for the next dance on March 10 is St. Patrick. Don't forget to wear something green if you can. As usual, the music starts at 7 p.m. and goes to 9 p.m.

Bring your own drinks and snacks. Come dance, socialize, and meet new people. We have met so many wonderful people at our dances. See you all there. For more information, call Rich at (7595).

## Dog Club



Our mission is to maintain a lost & found dog network, provide social opportunities for dog owners and their pets, and facilitate an enclosed dog park within Trilogy.

Over the past several months, the Trilogy Dog Club has been busy with fundraising activities. Most recently, we completed our Valentine's Brunch. Thanks to our volunteers, and to those of you who attended, the event was very successful. Our next fundraiser is at the April 13 Trilogy Gift, Craft & Art Faire. Please look for our table. We are also participating in the May 4 Community Garage Sale. If you have any items that you would like to donate to us for the event, call Linda Rowe at (925) 286-1555. We are selling Trilogy Dog Club t-shirts. If you're interested in purchasing one, Linda can help you with that as well. All profits from fundraising will be set aside for dog park development costs. We'd like to have funds available to assist with those costs when a location becomes available to us.

We now have 174 households registered with our club. New this year, to all paid members, is a free emergency window sticker. The window sticker will provide contact information to emergency personnel for a person who would be willing to take your dog, and/or other pets, in case of an emergency. Also new is a 20% discount off your entire bill, excluding alcohol, at the Pizza Factory every Tuesday. Pets 4 All will continue to offer a 20% discount, excluding dog food, to all paid members on Mondays. Membership dues are \$10 per year. If you don't want to join our club, you may want to register your dog with our very successful lost and found dog network. If you would like to join our club, or just register your dog with us, please call Karen Bereta at (3505) or Karen Katzman at (3355).

Our next membership meeting is on Tuesday, March 26 at 1:30 p.m. at the Delta Club. If you'd like to learn more about our club, feel free to join us.





## Fishing Club

Our next meeting is Monday, March 18 at 7 p.m. in the Marina Room at the Delta Club. Our guest speaker at our February meeting, Casey Ament, spoke on sturgeon fishing techniques, which the members enjoyed. Please attend this month's meeting. We have a lot to discuss including upcoming club fishing trips. The CSBA Isleton/Delta chapter is having a sturgeon derby on March 3 and 4. There are several of us participating in the derby. Hopefully we will have some favorable results for you. I hope you can make the meeting. Everyone is welcome to join our fishing club. We have great events throughout the year. For more information, call Al Silva at (3791).

## Genealogy Club

The Genealogy Club continues to attract additional members with inspiring stories. We have one new member who strives to connect her family to Martin Luther King. Another has worked many years on her family's struggles and triumphs and has published a book filled with pictures and information for her family to enjoy for years to come. We are inspired by these researchers and look forward to their continued success.

There has been a lot of confusion and frustration of late about the limitations of researching "across the pond." These sites may be helpful:

- FindMyPast.IE: This Emerald Isle offering from the folks at the British genealogy subscription site has more than 4 million records dating from 1400 through the 1920s. Developed in partnership with the Dublin-based Eneclann, the site includes landed estate court records, Griffith's Valuation, local directories, prison records, migration records, wills, and more. Cost is about \$88/year. They have a 14-day free trial. Try partnering up with other researchers and share the cost.
- FreeBMD.rootsweb.com: Free! This is an ongoing project, the aim of which is to transcribe the civil registration index to births, marriages, and deaths for England/Wales and to provide free internet access to the transcribed records. It also includes free census and Parish registers. One can search more than 214 million transcribed records from 1837 to 1983. This site also gives you access to records here in the U.S. We were impressed with the record availability.

- Google.com: Is there anything Google can't do for the family historian? Besides the web search, there's Google Books, Maps, Earth, and Translate. If you have an old letter written in a foreign language that you don't speak, try using this site.

The Genealogy Club is open to all Trilogy residents. There is no membership fee. Regular meetings take place the first Thursday of the month at 2 p.m. in the Vista Club Monterey Room. For more information, contact Rhoda (7542). The Genealogy Workshop is held the third Thursday of each month at 2 p.m. at the Vista Club Computer Room. For more information, contact Carolyn Bridges at wncbridges@comcast.net. Beginners welcome!

## Good Samaritans

Happy Easter/Resurrection Sunday

God has been so good to us that we want to encourage everyone who reads this article to be blessed as we enter a new season. Spring and springtime refers to a time of the year for rebirth, rejuvenation, renewal and re-growth. This is a season when we witness brighter days, greener grass, flowers blooming, trees blossoming, birds chirping, and the joy from people throughout our community. The Good Samaritans will continue to teach from the Book of John from the Holy Bible. Our Bible study will include major events that took place the week before Jesus' Resurrection.

**Sunday:** (Palm Sunday), The Triumphal entry of Jesus riding into Jerusalem. (John 12:12-15)

**Monday:** Jesus clears the Temple. (John 2:13-19)

**Tuesday:** Jesus authority challenged in the temple. (Luke 20:1-8) Jesus teaches in parables/stories. (Mark 12:1-40)

**Wednesday:** The Bible does not say what Jesus did on this day; he probably remained in Bethany with His disciples.

**Thursday:** The Last Supper with the 12 Disciples and Judas agrees to betray Jesus. (John 13:21-30)

**Friday:** (Good Friday) Jesus stands trial before Pilate. Jesus is crucified and dies on the cross. (John 19:17-42)

**Saturday:** Jesus' body lay in the garden tomb.

**Sunday:** (Resurrection Day) Jesus has risen. (John 20:1-9)



The Good Samaritans will also hold a special prayer day on March 28 with the seven Last Words of Jesus on the Cross and The Resurrection message. We welcome you to share your knowledge and wisdom of scriptures from the Bible. The Good Samaritans meets every Thursday at 1 p.m. in the Delta Club Marina Room. Prayer requests and fellowship is also encouraged. If anyone is going through difficult times and needs prayer, submit your prayer request by e-mail to [goodsamaritansbiblestudy@hotmail.com](mailto:goodsamaritansbiblestudy@hotmail.com)

**Scripture of the month: Matthew 28:18-20**

## Hispanic Club

Saludos a todos...Already writing for the third month of the year... Unbelievable! Your board, more of a steering committee than a board at this point, is trying to provide some direction to our group and we need your input. Please attend the general meeting and potluck scheduled for Feb. 28. This meeting will be held in the Monterey Room of the Vista Club starting at 5:30 p.m. Please bring soups or salads. Since the *Trilogy Living* magazine comes out prior to the last day of the month, hopefully this information will be available to you prior to the meeting. We will also try to email more detailed information to everyone in the club and/or contact people by phone. An agenda is now being worked on and will include items where your input and vote will be necessary.

The board is also planning a March social to be discussed in more detail at the general meeting. We have several options to share with the group. If you have any questions or need to hand in dues, call or email any of the following board members:

Ricky Martinez (President)  
209-552-9131, email: [ricky5529131@yahoo.com](mailto:ricky5529131@yahoo.com).  
Ricky will be away for a couple of months but still reachable through email.

Ada Parrales Stack (vice-President)  
374-3406, email: [chana1447@comcast.net](mailto:chana1447@comcast.net).

Cecilia Reyes Spiritosanto, (Member At Large)  
374-1484 email: [ceciliareyes77@gmail.com](mailto:ceciliareyes77@gmail.com).

Teresa Hamner (Treasurer)  
646-1610 email: [thamner@aol.com](mailto:thamner@aol.com).

Vicky Riddle (Secretary)  
374-3684, email: [viriddle98@yahoo.com](mailto:viriddle98@yahoo.com).

## Men's Executive Nine

Spring is in the air and the sound of golf balls hitting foreign objects echoes throughout the golf course. As the season gets underway in earnest, it's time to start sharpening your game. What better way than to sign up for one of our March golf tournaments or open play dates. On March 5, we play a two-man alternate shot format. What a great way to make new friends. On March 19, we have a shotgun start and will play our four-club tournament. Now is the time to practice putting with your driver. Additionally, we have straight golf on the other Tuesdays in March. The sign-up sheets for these events are posted weekly on the club bulletin board and are picked up each Monday afternoon for play on the following Tuesday.

We did have two tournaments in January. The winners of the 1/8 green tees tournament by flight were Dennis Germano in the low handicap, Hugh Denton in the mid handicap, and Dave Hampton in the high handicap flight. The 1/22 four-man scramble was won by the team of Metz, Harold Rowe, Richard Cole, and John Tucker. Congratulations to the winners and thanks to everyone who participated.

We will host our first membership meeting of the year after our March 19 scramble tournament. The meeting will be held at the Nines starting about 2 p.m. Let Ron Kott (650) 464-2071 or other board members know if you have any items that you would like to add to the agenda. Come to the meeting even if you are not playing in the tournament. After all, there will be beer.

If you are interested in becoming a new member, pick up an application form in the posting room or contact membership chairman Dick Talbott at 225-0077.

## Motorcycle Club

The Trilogy Motorcycle Club riders meet the first Saturday of every month for an all-day ride. The Feb. 2 ride was attended by 10 riders on nine bikes. We retraced a portion of last month's route to Brentwood, Vasco Road, and Livermore. From a stretch break at Starbucks, we headed south to Mines Road and the start of about 100 miles of some very scenic and twisty riding. At about the 30 mile point, we stopped for lunch and upon pulling into the parking lot, we were greeted with the sight of about 20 exotic cars taking up most of the lot. McLaren's, Ferrari's, a Porsche and one lowly BMW, maybe 6-8 million dollars in shiny paint and wide sticky tires driven by venture capitalists from San Jose.



*Jim Caldera, Larry Nelson, Wil Bridges, John Oakley, Jerry and Dottie Dale, Bob Azbell, Matt Ceasar, Fred, Jack Phifer.*

Half of the group took the opportunity to head out to Patterson and Interstate 5 and the remainder twisted the throttle on up to the top of Mt. Hamilton and Lick Observatory. One forgets just how challenging that last 10 miles to Lick can be, 180-degree switchbacks, up steep grades and a long way straight down to the valley floor if you are inattentive. This leg added about 40 miles of twists and turns, but we were rewarded with superb views of the Bay Area, some clear and some shrouded in marine layer. We followed the route of the other riders back out to Patterson for a lazy cruise up Interstate 5 and a coffee stop to review the day's ride, totaling about 210 miles of challenging roads, great weather and good burgers, not a bad day on two wheels.

We invite other motorcycle riders in Trilogy to join us on any of the monthly rides. The next ride begins at McDonald's in Rio Vista on March 2 at 8 a.m. The destination is TBD based on weather. For more information, contact Bob Pastorino at (6556) or Larry Nelson (2967).

## Nature Club

Nature Club meets March 13 at 6:30 p.m. in the Monterey Room at the Vista Club. Members will discuss upcoming wildflower and nature walks near Rio Vista. At the last meeting, information was shared about the lives and activities of our currently local Sand Hill Cranes. New members and curious people are welcome. For more information, contact Gail (2718).

## Recipe Club

Are you tired of your old, boring chicken recipes? Come to the Tuesday, March 12 meeting at noon in the Delta Club where we are featuring "Exciting and/or Extraordinary Chicken." Our chefs are Carol Dugger, Irene Piskura, and Linda Walsh. Coffee hostess is Elayne Finch. Come and share your favorite chicken recipe.

The Recipe Club is open to all residents. If you enjoy cooking and sharing recipes, feel free to join us. We meet at noon the second Tuesday of each month in the Delta Club. If you have questions, call Patty LaFleur (3159).

Monthly tip: Bake a better potato! To improve your baked potatoes inside and out, brush the skin with olive oil or melted butter before baking; it'll crisp the skin. And don't wrap potatoes in foil—just prick them all over with a fork (to help the steam escape) and bake at 375° until tender, about 50-60 minutes. To speed up the cooking, start the potatoes in the microwave for 12 minutes, then brush with oil and finish in the oven for 10 minutes.

## Rio Vista Roamers RV Club

"On the road again, just can't wait to get on the road again!" Some of us become snowbirds for a month or so, but most of us have been looking forward to March to start our roaming. In past years, we have headed north, but this year Laguna Seca is on the agenda for March 18 - 21. Sandra and Manny Santos (3538) with Pat and Rich May are your hosts. Your first night deposit of \$35 is needed by March 1. January was our Chinese dinner and we thank our hosts Katy and Bob Emler. We had a great turnout and some of our retired Roamers joined us. We love having our newest members and retired members join us at these outings! Peter's Steak House in Isleton was on our agenda for lunch in February with Nancy and Tom Shirley. April will find us at Morro Bay, also hosted by Sandra and Manny (3538). The Vicks are hosting in May at the 49'ers Park in Plymouth, and June will find us at the 49'ers Village in Columbia with the Benzels. A perfect time of year to enjoy the foothills of the Sierras!

Our potlucks and dinners are a great way for past members and future members to join us. We would love your company. We are a fun-loving group and the first outing is a chance to see if you would like to join our club. For more information, contact Sandra Santos (3538) or Doyle Ellington (5276).

## Senior Men's Golf Club

"The fog comes. on little cat feet. it sits looking. over harbor and city. on silent haunches. and then moves on." Carl Sandburg (Chicago Poems, 1916).

Winter rules! (Pun intended.) The fog looks over golf courses as well. We had a good turnout for the January Member Appreciation Day despite the thick fog, the cold, and the cart-path-only conditions. The Red, White and Blue format was fun. We met many of our new members, and we received an update by the HOA course purchase Feasibility Committee.





*John Lamb, Vice President, RVSMGC.  
Photo by Jim Nash*

On the next day Roddy Ranch greeted our intrepid crew with a cold wind in our faces, and higher than normal scores on this admittedly tough links-style course was the result.

The lunchtime sandwiches and water bottles delivered to us on the course by pro shop staff were like sustaining songs. We enjoyed the suddenly eruptive sun and the expansive and unbroken views on this beautiful property. We'll go back when it's warm, sunny and completely windless. We'll bring this course to its knees.

The dry and unusually cold weather continued well into the month, past MLK Day, with frost delays and CPO on the course, and black ice warnings on the roads, but the sunshine made it tolerable. January ended as dry as December was wet. A notable achievement: a gross double eagle (aka albatross) on #14 by erstwhile Club Champion Noel Doyle. That's a two, folks! But it beats having to putt, eh Noel?

Rumors of an April 9 outing at Johnny Miller's Silverado were in the air. North course? South course? Who cares? Bring it on! (Especially the World Famous Burger Dog Lunch!) More is to come.

Congrats to Harold Rowe, who identified Navin's dog's name (can't be repeated in a family publication.) Thanks for reading, Harold!

Our regular membership meeting is on the third Thursday at 4 p.m. at the Delta Club. For more information, contact our Membership Director Ray Ulmonen at (4070) or rayauu@gmail.com, or our President Ron Chalmers at (2522) or ronaldchalmers27@gmail.com. For discussion of poetry, contact jimnash@fastmail.fm.

## **Stroke, Head & Brain Injury Club**

Stroke Club supports those who have had or are living with someone who has been affected by stroke or a brain injury. We also assist those suffering from dementia, regardless of the cause. Our group provides help, useful tips, and current information on how to cope with the various short and

long-term physical as well as emotional side effects that are unique to each person's situation. Since individuals who experience these conditions can suffer from feeling alone, helpless, and/or impaired by some physical and/or emotional limitation, the support that we can provide each other can be very important to adapting and living. Each month, we discuss a new topic and try to learn more about subjects that are of interest to members. In January, we discussed "the shrinking" brain. This is a normal function of getting old as the brain begins to lose neurons and one may begin to see changes in their memory, for example.

We also conduct various extracurricular activities for the group both within Trilogy and in nearby communities so that we can have fun together as well. If you or someone in your family has had a stroke, any kind of brain malfunction, and/or dementia, and would like to join, contact Dr. Cheryl Bellrose (6619). We encourage caregivers and families to join us.

We meet on the first Tuesday of each month from 2 - 4 p.m. at the Vista Club in the Monterey Room. Our next meeting is Tuesday on March 5.

## **Supper Club**

Supper Club meets every other month from February through October in each other's homes for exquisite dining, fun, and conversation. On these occasions you can meet your neighbors and get to know them in a small group setting (usually 6 to 10). We are not limited to a formal dinner menu. We also consider afternoon barbeques, a brunch, or a luncheon.

Please note that our club is not just for married or committed couples. We don't want to leave anyone with the impression that single individuals are not welcome. Everyone is welcome to join Supper Club. If you want to make new friends, give Supper Club a try. Take the opportunity to experience our absolutely delectable menus and friendship provided by our members.

Thank you to Maureen Gingrass for co-sponsoring Supper Club for the past two years. Maureen is on to other things here in Trilogy, so Susan Collier has taken her place. Welcome, Susan!

Since summer is coming and the weather is getting nicer, this is the perfect time to join and enjoy the company of new friends and good food. If you would like to become a member, contact Cheryl Bellrose (6619) as early as possible this month so we can add you to the April schedule. Looking forward to hearing from you.



## Table Tennis Club

Well, our tournament with Rossmoor scheduled for Saturday, Feb. 23, fizzled out. They could not come up with enough players so we chose instead to have an in-house tournament. These tournaments, for a very small fee, provide the players with breakfast and other snacks. They also allow all members to participate since we break it up by ability level. Results will come in the next issue of this magazine. If you want to know the results sooner check out the website.

As of the writing of this article, there were 53 paid memberships and 20 more "in the mail." There are a few names without emails, so an effort is being made to contact these individuals by phone. If you are one of them, we would appreciate it if you would call any of the board members to update your interest in your membership, as well as your address, phone number, and email.

To learn more about our club, dues, website, and more, check out the information we have appended onto the robo-pong storage box, usually in the Rio Vista Room at the Delta Club or contact any of the board members posted at the end of this article.

If you are a member and wish to be continually informed about changes of play days, times, and activities, please subscribe to the website at <http://trvtt.wordpress.com>. You will need to provide your email address in order to subscribe. If you are a user/subscriber of MyTrilogyLife.com, you will find a hyperlink to this website under the "Clubs" tab.

Larry Mork, President (3389); Ricky Martinez, Vice-President (209 552 9131); Vicky Riddle, Treasurer (3684); Kim Russell, Secretary (2046); Tournament Director: Michael Mahrous (3216), Tom Barnes, At Large (4395).

## Tennis Club

March is the early beginning of spring. A time of rebirth in the yard, so why not make it a rebirth of your tennis game as well? If you've played in the past, come out and join the other fair weather tennis players who are coming out of their winter hide-away and looking for some tennis action. If you have never played, it's the perfect time to get started on a good exercise program. Tennis is great for cardio as well as helping with your leg and arm coordination. Just March down to the courts this month and make some new friends and get some great exercise. If you haven't played, we will provide the help you need to start hitting those balls across the net on a regular basis.

Our first club tournament is March 10. Sign-ups took place at our Feb. 22 club meeting. Our first competitive tournament with Rossmoor is May 18. Our goal is to get

back the tennis trophy that they have held for our last three meetings.

For more information about our club, contact Wally Beckman at [beckmanwally@hotmail.com](mailto:beckmanwally@hotmail.com)

## Whist Club

The Whist Club would like to thank everyone for your support on our African American History Celebration, we had a wonderful time. This year, we gave a \$500 Scholarship to Mr. Jarvis Blaylock of Rio Vista High School. He is attending Diablo Valley College.

Other games are available for those not interested in playing cards, including Dominos, backgammon, and checkers. Those who have other board or table game preferences may share (e.g. Scrabble and Monopoly). We also welcome those who just want to socialize.

The club gathers once each month, usually on the third Friday at 7 p.m. at the Delta Club. Please check the monthly *Trilogy Living* for any date/time changes.

You may contact Madalene Turner (3361) or Jean Robertson (0086) for more information.

## Women's 9-Holers



*Women's 9 Holer Golf Club Board, 2013*

*Back row: Lynne Galletta - Historian, Carole Dolan - Treasurer, Ingrid Cavanaugh - PWGA Rep., Norma Donaldson - Sunshine, Betty Bowley - Asst. Tournament Chair, Rowena Jefferson - Membership. Front row: Kathy Moore - Co-Captain, Fran Silva - Handicap, Sylvia Vannucchi - Captain, Barb Downs - Secretary, Suzi Masterson - Tournament, and Linda Barlesi - Rules.*

Welcome to 2013 all you hearty golfers who are out there, come rain or shine! It's been a little chilly as of late, but don't fret, spring is just around the corner. Remember, Women's 9-Holers meet every Tuesday morning at 9 a.m. for a 9:30 tee time. The sign-up sheet is collected Sunday afternoon. If you need to cancel, call Suzi Masterson at (6149) or Betty Bowley at (5613). Our club has received great news over the past month.....Linda Barlesi has joined our club and become our rules person! Linda is a great golfer and will teach us a lot of valuable information.



## Women's 18-Holers

In spite of the rain and freezing mornings, the Women's 18-Hole Play Days have been well attended. Darl McCarthy has taken over the job of Tournament Chairman, which involves coordinating the game of the day with the ladies who play in each foursome. Then, they determine the winners. It is challenging, but she is doing a great job. Other new board members include: Captain - Maureen Gingrass, Co-Captain - Linda Barlesi, Treasurer - Ulla Ulmonen, Secretary - Lucille Rhodes, Handicap - Vickie Riddle, Membership - Marilyn Rogers, PWGA Rep - Doris Sundly, Rules - Debby Carroll, Historian - Lynn Grace, Charity - LaDell Manion and Sunshine - Paula Davis.

### The January Play Day winners were:

**January 3** - Flight A: first, Linda Barlesi and Lucille Rhodes tied; second, Marsha Berry. Flight B: first, Maureen Gingrass; second, Joann Smith; third, Fran Silva. Lucille Rhodes was the Charm winner of the month, with low net.

**January 10** - Flight A: first, Lucille Rhodes and Ulla Ulmonen tied; second Vickie Riddle; third, Linda Siatt. Flight B: first, Linda VanNieuwburg and Joann Smith tied; second, Maureen Gingrass; third, Suzi Masterson.

**January 1** - Flight A: first, Marsha Berry; second, Debby Carroll; third, Donna Martella and Lucille Rhodes tied. Flight B: first, Maureen Gingrass; second, Chris Sabye; third, Diane Staley. Flight C: first, Fran Silva; second, Lynn Grace; third, Marilyn Rogers.

**January 24** - Flight A: first, Frankie Freese; second, Marsha Berry; third, Linda Siatt. Flight B: first, Trixie Roque; second, Maureen Gingrass; third, Angie Jones and Charlotte Godsy tied. Congratulations to all the winners.

If you are interested in joining the 18-Hole ladies club, we meet at 8:30 a.m. every Thursday in the Nines Restaurant and play at 9 a.m. You may also contact Marilyn Rogers at (5746).

## ADVERTISING INFORMATION

**DEADLINE:** All final ads and checks are due by the fifth of the month prior to the month of publication. For example: April 2013 ads and checks are due by Mar. 5, 2013. All late submissions will run in the May 2013 issue of *Trilogy Living*.

### REGULAR SIZES AND RATES:

• <b>NEW:</b> 1/8 page ad	3 1/2" wide X 2" tall	\$90/month
<i>Scan your horizontal business card at 300 dpi, and e-mail it as a pdf, jpg or tiff file to Tania Fardella at indigodesign@att.net.</i>		
• 1/4 page ad	3.6" wide X 4.5" tall	\$140/month
• 1/2 page ad	7.5" wide X 4.5" tall	\$220/month
• Full page ad	7.5" wide X 9.25" tall	\$345/month

### PREMIUM SIZES AND RATES:

• <b>NEW:</b> 1/4 page ad Inside Front or Back Cover	\$185/month	
• <b>NEW:</b> 1/2 page ad Inside Front or Back Cover	\$285/month	
• INSIDE FRONT COVER	7.5" wide X 10" tall	\$445/month
• INSIDE BACK COVER	7.5" wide X 10" tall	\$445/month
• OUTSIDE BACK COVER	7.5" wide X 10" tall	\$500/month

### DISCOUNTS:

- 10% off pre-paid ads for 3 months or more
- 10% off for businesses owned by residents of Trilogy at Rio Vista

*To place an ad, contact Joan Azlant at joanazlant@comcast.net or (707) 374-2620. If you need ad design, contact Tania Fardella at indigodesign@att.net. Additional fees will apply for design, scanning, and edits.*



### Unfinished Business:

- The 2013-2014 Budget was unanimously approved including the Use Fee Schedule and Reserve Contribution/Expense, showing a monthly assessment of \$120.
- A motion was unanimously approved to authorize the TRVMA President to negotiate with all affected parties, complete due diligence and prepare a proposition regarding the acquisition of the Golf Course by the HOA for approval by the Board and the membership. Related expenses to come from Contingency to be returned if acquisition is ultimately approved.
- A motion passed unanimously for expenditure, not to exceed \$10,500 from Reserves, for a database upgrade in software and hardware, including a computer and printer, at the Welcome Center and award the contract to InterAccess.
- Another motion passed unanimously for expenditure, not to exceed \$10,500 from Contingencies for purchase of cameras, a DVR to record license plates at the Welcome Center and award the contract to InterAccess.

### New Business:

- Motion passed (4-1) to approve expenditure, in matching funds not to exceed \$3,750 from Operations Contingency, to assist the Bocce Club in their installation of BBQs at the Summerset Courts.

### 2013 Master Association Annual Meeting:

Immediately following the regular Master Association meeting, elected delegates met for the Annual Meeting. This year, there were three positions on the Master Board up for election. The three elected are: Warren Oglove, Joel Auslen, and Thomas Moore. The delegates unanimously passed a motion to approve the minutes from last year.

At the Organizational Meeting following the Annual Meeting, Warren Oglove was elected President; Lorna Bewick, Vice-President; Bernie Dehn, CFO; Joel Auslen, Secretary and Thomas Moore, Director. Congratulations!!

Please plan on attending our next Master Meeting, which will be on Tuesday, March 12, 2013 at 2 p.m. in the Vista Club. Come meet and welcome your new Master Board.

### Attention All Advertisers:

**All ads and checks are due  
by the fifth of the month  
prior to the month of publication.**



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### SERVICES

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I'll get you to any airport or SF port on time and pick you up on return. TRV residents only. Here are the fares:  
SFO \$105, OAK \$85, SMF \$65, PORT \$90/ Call Ralph Hatch (3941).

### SERVICES

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Music on records and cassettes upgraded to CD's. Video on VHS and Video 8 cassettes upgraded to DVD's. Copies of music CD's made. Contact Jose at 510-364-0025.



## SERVICES

### Audio/Visual

We will install your audio system, DVD, TV, or VCR to your specifications. We will also custom wire your home per your specifications. All installers are ON-Q certified. Call Michael (2800).

### Auto/Home Detailing

Star Shine Mobile Detailing is now providing auto, motorcycle, boat, RV and upholstery detailing. Also offering home driveway pressure washing services to Trilogy residents 410-7070.

### Cabinet Roll out Shelves

Make your life easier with roll out shelves. Save your knees and back. Call Bob (4902) Trilogy Resident.

### Carpet & Upholstery Cleaning

B & B Carpet and Upholstery Cleaning. Trilogy resident will clean carpets and upholstery in your home, RV, boat, or car. Home carpets: \$30 per room, \$15 per hall. For the best service, call Bill (6125).

### Caregiving

Caregiving, housekeeping and meals prepared. Many household tasks. Ask for Vera. 916-398-0921

### Carwash

Ray's Mobile Carwash. Let me come to you to clean and wash your vehicle. Reasonable rates for detailing and waxing also. Call Ray (7598) or 707-249-1492.

### Chef & Personal Assistant

I will assist you with every aspect that will help your life run smoothly. I can prepare meals to your taste. I will run errands and do market shopping. Cherie (3151).

### Cleaning

By Fluff & Buff. Reliable, trustworthy house cleaning. Several years in Rio Vista. Excellent references. Bonded, Licensed. Flexible: move-ins/outs; weekly, bi-weekly, monthly, etc. Kali 925-451-9655 anytime.

## SERVICES

### Clock Repair

Thirty years collecting and repairing clocks. No cost if I can't fix; low cost if I can. Can do house calls. Call (6782). Ask for Rod

### Computer Assistance

PC, Laptop and iPad troubleshooting. Install software, wireless networks or DVD players. Patient tutor for basic or advanced help. Technical expert—Robert (5129).

### Computer Doctor

Woody Woodard will fix PC's/ Mac's, install, teach, create web pages, coordinate with Frontier, Best Buy, Comcast. 707-416-6067

### Computer Help

PC or laptop repair, including optimization and virus removal. Extend life of old computer or set up a new one. Wireless setup, add new devices and tutoring. Kathy Barker (6850).

### Computer/Wireless

We will custom install your computer or wireless network per your specifications. We will also do custom wiring and software downloads. Call Michael (2800).

### Crown Molding

Specializing in crown molding, mantels, all interior trim, front door installation. Trilogy Resident. Free estimate. Call Bob (4902).

### DJ Available

DJ music for indoor and outdoor events. Contact Jose. Discounts for Trilogy clubs and residents. 510-364-0025

### Electrical

Certified electrical contractor (#819067) will install chandeliers, fans, lights, outdoor receptacles, RG6 cable for broadband service, telephone lines and wiring for Ethernet or wireless. Call Michael (2800).

## SERVICES

### Enhanced Improvements & Repairs

Established Retired General Contractor. .tile, wood floors, water leaks/drywall damage, kitchen & bath remodel/repair, patio re-design, entry/screen doors, fireplace mantels. . . Big or small—I do them all! 7 year resident/ references. Dominic 322-9476

### Errands

Grocery shopping, errands of all types. Save money, save time. My car, my gas! Library trips: books, DVD's. I'm helpful! Karen (5129)

### Errands/ Transportation

Your car: \$15 per hour, one hour minimum in town and two hour minimum out of town. Call Brenda (5455) or cell 707-816-0964 tmbweed5000@aol.com

### Faux Finishing @ Its Best

Enhance the beauty of your home with faux finishes for your walls, columns, fireplaces and doors. Call Susan Prince/Oddo (2167)

## Want to Run a Classified Ad?

Pick up an ad application form at Member Services. Turn in your completed form by the fifth of the month preceding the month you wish the ad to run. Cost is \$5 for 25 words. Additional words are \$.25 per word. Checks only. Late ads will run in the next issue.





## SERVICES

### Hairstyling

Haircuts & styling done in the comfort of your home. Over 35 years experience. Call for appt. Myrna home: (3725) cell: 408-309-0083. Men also. Trilogy resident.

### Handyman

Minor plumbing and electrical installations and repairs; furniture and closet shelf assembly and repair; blind, drapery rod and wall décor installation. Call Ron (2227).

### Handyman

For those projects that you can't or don't want to do: plumbing (leaking faucet, garbage disposal), electrical (install ceiling fans, light fixtures), household repairs, hang window treatments, mirrors, and pictures. Call Scott Sylvester (6013).

### Handyman

Trilogy resident has over 40 years of home maintenance experience, MOEN faucet specialist, ceiling fan and chandelier installations, electrical trouble-shooting and GFCI problems, plumbing leaks, disposals, toilet maint., and more. Free estimates. City bus. license #1654. Bob Bailey (3391).

### Home Decorating

I have years of experience decorating and updating homes with a variety of decors. I can unclutter an area of your home for a relaxed and serene mood. Cherie (3151).

### Housecleaning

Sit back & relax. Leave the cleaning to me. (4902).

### Household Assistance

Clean house, wash car, cook meals, drive far. Be friends, frown fix, organize clutter, pet sit. Paint walls, small repairs, pack house, relieve cares. Jody 386-7896

## SERVICES

### Impeccable Improvements & Repairs

Established Retired General Contractor. . . tile, wood floors, water leaks/drywall damage, kitchen & bath remodel/repair, patio re-design, entry/screen doors, fireplace mantels. . . Big or small—I do them all! 7 year resident/ references. Dominic 322-9476

### Income Tax Preparation

Notary Public Services; Individual and Corporate Income Tax Preparation. Reasonable prices. Trilogy resident Jim Castress (3590). CTEC Registered #A141120.

### Income Tax Preparation & Bookkeeping Service

Over 30 years experience with bookkeeping and personal, corporate and partnership income tax preparation. Fast, efficient, reasonable. No job too small. Call Lesley (3377).

### Income Tax Services & Planning

Serving Trilogy since 1999; individual, trusts, business. Consultation in your home or my Trilogy office. Ron Auger, CPA (3068)

### Lawnmower Repair

Service & repair on lawnmowers, weed eaters, blowers, rototillers, etc. Sharpen garden tools. Rates moderate. Call Stan (3163).

### Mobile Notary Services

\$10 per signature per page with discounts for multiple pages. Offering LegalShield™ /Identity Theft Protection Services. Elaine Wisz (4310).

### Moving Help

Moving? Need help? Call us. Reliable, experienced, affordable. In Trilogy/Rio Vista or anywhere in Northern California. Brandon 707-410-7070.

## SERVICES

### Notary Public

Certified Notary, fast, professional and reliable service. Lowest fees for Trilogy residents. Please call Jeffrey (7541). Thank you.

### Notary

I offer notary services in my home or yours. Trilogy resident Eileen Griffin (2684).

### Notary to Go

Only \$8 per notarization at Trilogy. Discounts for numerous documents. Since 1984. Call Warren at (3477).

### Knife Sharpening

O So Sharp—A Knife & Scissor & Gardening Tool Sharpening service has come to Trilogy. I can do European/American blades, Asian blades and serrated blades, Kitchen & Sewing Scissors. Call (3663) & ask for Rich G. 556 Birch Ridge Dr.

### Patio & Window Washing

Windows washed inside/outside, including screens. Will also hose down patios, front entrances and front doors. Victor 398-6610.

### Pet Care

Trilogy home owner offering my services to neighbors/pets. Walks, drop-ins, overnights, allowing your pet(s) to stay home. Pet first-aid/CPR trained. Cell: 330-6010; email: thedeetails@yahoo.com

### Pet Care

Loving care for your pet while you are away. Includes walking, feeding, mail brought in, garbage out, etc. Call Trilogy resident Andrea 831-278-1173.

### Pet Care

Pet Sitting for Trilogy residents since 2007. Care for your pet and tend to basic home care when you're away. Not taking new dogs at this time. References. Kathleen Montemayor (4750). Email: kamont1953@yahoo.com



## SERVICES

### Pet Care

Kitty care and small dog (no walking) services while you are away. Includes play, feed, meds, clean litter, trash out/in, newspapers, mail, and water plants. Call Mimi (4343) or cell 707-567-5910. Since 2007.

### Rain Gutters Cleaned

Patio Covers washed and rain gutters cleaned. Pressure wash driveways and patios. Trilogy resident Danny 209-570-0302.

### Spiritual Direction

Do you want to discover and nurture your own spiritual path? With a post-graduate education in Counseling Psychology, a Masters Degree in Theology, and certification as a Spiritual Director, I can guide you on that path. I offer Spiritual Direction from an interfaith perspective. There are many more ways of experiencing the Sacred than can ever be disclosed within any one religion. It's not about correct doctrine or orthodox belief; it's about nourishing that relationship with the Sacred that's already within you. Call Doug (5993)

## SERVICES

### Sprinkler Repair

Tune-up and repair of sprinkler and drip irrigation systems. Trilogy resident specializing in water conservation. Free analysis of your existing sprinkler system. Dennis (5816).

### Streaming Video

Will set you up to watch movies in your home instantly from Netflix or Amazon. Woody Woodard 707-416-6067

### Transportation

Dave's Transportation Service will drive to airports, Amtrak, BART, Medical appointments, shopping, casinos. Trustworthy and reliable. For Trilogy residents only. Call David (3192.)

### Transportation

Will drive you anywhere you want to go anytime, your car or mine. Also hauling and moving. Victor 398-6610.

### Wall Décor

Light up your life and your walls! Oil and acrylic paintings. . Select from available or custom order: Flora and fauna, scenery, places, etc. Award-winning artist. 50% off gallery prices. Contact Joanne (3780).

## SERVICES

### Weed Pulling

Get rid of those ugly weeds. Don't break your back. We'll keep your yard tidy. Cheap. Call Laurie (6305) or cell 925-301-7389.

### Window Cleaning

Professional window cleaning. Years of experience, licensed, and complete background check. For a free estimate and appointment, call Gary (3488).

## VACATION RENTAL

### Tahoe Condo

Tahoe rental Incline Village: Fully equipped condo near Diamond Peak, sleeps 2-4 comfortably. Starting at \$125/night plus cleaning fee. Call Blaine (0717) or letsgotahoe@aol.com

## WANTED

### Tutor

LG Smart Phone or digital \$500 camera tutor needed. Bad with tech stuff! \$25/hour. At home anytime. (3849)

## educational opportunities through computer classes

### March 2013 Computer Class Schedule

Both classes at the Learning Center Vista Club ~ Free

CLASS	DATE & TIME	INSTRUCTOR
<b>Introduction to Photo Processing ~ A Series!</b>	Tuesday, March 19, 10 – 11:30 a.m.	Michael Bouyer
<b>Introduction to Photo Processing ~ A Series!</b>	Tuesday, March 19, 7 - 8:30 p.m	Michael Bouyer

Michael Bouyer will lead a series of classes to guide you through working with photos from beginning to advanced level. Learn to download, resize, crop, transfer, through the more advanced editing developments applied to make scrapbooks or other projects. Prerequisite: basic computer skills. Sign up at Member Services. Come to this introductory class to learn about the unique series.

**Support our Advertisers! Let them know that you saw their ad in Trilogy Living.**

*“I wish I could show you,  
when you are lonely or in darkness,  
the astonishing light of your own being.”*

— HAFIZ OF SHIRAZ







**We're here to help you  
make the right decision  
about assisted living.**

## EMERITUS SENIOR LIVING

There is no "right time" to seek another living environment. It is a decision usually based on the individual's needs and available outside support. If you are observing an alarming decline in the safety, social, or emotional needs of your parent or loved one, it's time to see how assisted living can help!

Choosing assisted living at an Emeritus Senior Living community will actually give your loved one greater independence. You will gain peace of mind knowing that they are nearby in a safe and comfortable senior living community.

*Call us today to learn more about the benefits of assisted living for your loved one. We will be glad to arrange a private tour experience for you.*

*Our Family is Committed to Yours.®*

Nestled in the rolling hills of Solano County's wine country Emeritus at Rancho Solano offers a little bit of everything. Located on the outskirts of Fairfield, California our country setting is only minutes from shopping, restaurants, hospitals, clinics and cultural centers. The ambiance in our Lake Tahoe-like lounge will appeal to anyone's taste. Our apartments range from spacious studios to two bedroom-two bathroom apartments with views of the hills, wildlife and breathtaking sunsets.



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have to offer! Call now to schedule a  
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