TrilogyLiwing





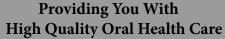
You don't have to go to Hawaii for a little Ukulele. Trilogy has a club that's making sonic waves one string at a time. Read more on pg. 3.

HAPPY
MUSIC
makes
HAPPY
PEOPLE

Index:

Trilogy Club Awareness Day pg. 5
Concert: Buck Ford pg. 5
Trilogy Jewelry Show pg. 6
Spa Specials pg. 18







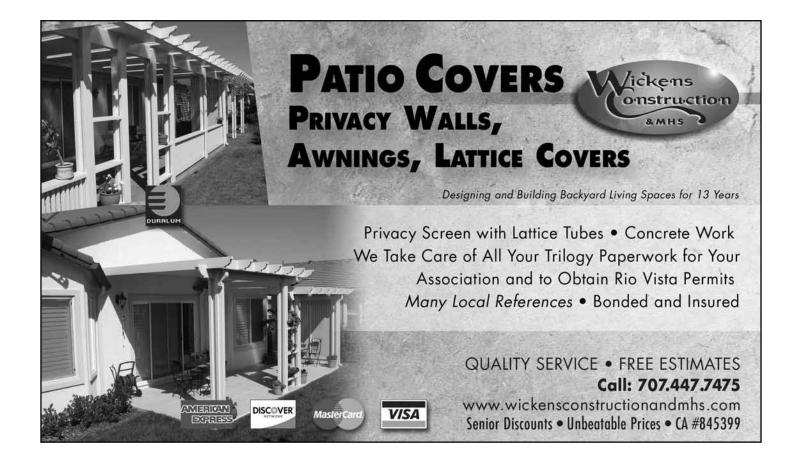
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707-374-6863 139 A Bruning Ave. www.dentistryofthedelta.com

In-House Discount Dental Plan Available





Don Love

President

Board of Directors Executive Session – August 12

Minutes of July 8 were approved

Legal/Litigation

 City has not yet determined status of LLD transfer. Once it is determined whether the LLD is ready for transfer or not, legal counsel will be asked to create a transfer agreement

Personnel

- The job description of the Architectural Coordinator was reviewed for possible increase in responsibilities.
- CFO Coleman asked for a more detailed policy regarding staff use of credit cards. The other 4 Board members expressed satisfaction with the current process.
- The Administrative Policies Committee was given authority to combine several policies related to Collections and to create a new Document Retention Policy

Contracts

• The Janitorial Contract and Scope of Work were reviewed as a petition regarding locker room maintenance had been received. After receiving information regarding daily/ weekly/monthly inspections and accountability, the Board was satisfied with the process.

Delinquencies/Member Discipline

- Liens were reviewed for action in Regular session and payment plans and settlement offers were approved
- The Board agreed to a monthly rent for a house foreclosed on by the Association. The rental funds will be kept in a separate account until completion of any action by the mortgage holder. The Board does not expect to be the owner of the property long-term.

Board of Directors Regular Meeting – August 12

President's Report

LLD/WWTP Status

• The timeframe deadline for LLD transfer is looming and it would appear that the City will manage it for another year. The Board will encourage transfer of the WWTP prior to that time.

Water Ordinance Update

• There is confusion over irrigation days and times between the City Ordinance and the Governors Executive Order. The Association will not get involved in the enforcement of either one. While the Association can't force Members to irrigate lawns, it can and will encourage keeping properties attractive.

continued on p. 47

TRILOGY AT RIO VISTA

DIRECTORY

Master Association Board of Directors

Don Love, President (6882)

Noel O'Brien, Vice President (925) 348-4097

Melissa Coleman, CFO (6874)

Joel Auslen, Secretary (5808)

Warren Oglove, Director at Large (3477)

District Delegates

Village 1 - Tom Surh (5282)

Village Oakmont - Leland Puryear (3510)

Village Riviera - Barb Downs (507-5026)

Olympic Village - Joel Auslen (5808)

Saddle Rock Village - Roger Kohn (2737)

Committee Chairs

Adult - Patty Kohn (2737)

Emergency Action Committee – Alan Levine (718-7907)

Access - Andy Pestana (5154)

Village Board Presidents

Village 1 - Larry Mork (3389)

Village Oakmont - Walter Manos (2827)

Village Riviera - Donald Seyk (6407)

Village Olympic - Robert Sonnenburg (1460)

Village Saddle Rock - Patricia Kohn (2737)

Association Administration

General Manager: Ed Vitrano (4869)

evitrano@actionlife.com

Assistant General Manager: Catherine Patrick

cpatrick@actionlife.com (4843)

Activities Director: Debbie Dorn (4204)

ddorn@actionlife.com

Fitness & Spa Director: Kathy Erwin (4205)

kerwin@actionlife.com

Maintenance Director: Mike Oestreich (4895)

moestreich@actionlife.com

Member Services Coordinator: Cheryl Lucas (4203)

clucas@actionlife.com

Communications Coordinator: Andrea Stuart

stuarttrv@gmail.com

Club Numbers

Vista: Front Desk (4200) Fax (2422)

Delta: Admin Office (4843) Fax (4891)

Trilogy Living Editorial Board

Andrea Stuart, Ed Vitrano, Debbie Dorn, Cheryl Lucas,

Joan Azlant, Kathy Erwin, Patty Kohn

Commercial Advertising Manager

Joan Azlant, joanazlant@comcast.net (707) 374–2620

Resident Classified Advertising

Kathy Nilsson, knilsson@actionlife.com (4200)

Welcome Center/Front Gate (4306)

Guest Registration - Residentguest.com

Dwellinglive.com

Café Vista (4202) Sir Flair's (4400) Golf Course (2900)

Shea Customer Service 1-866-535-9989

From the Editor



Andrea Stuart

Did you know there is a Ukulele Club here at Trilogy? If not, don't worry, you're not alone. There are over 100 clubs at Trilogy! That's why when we

say there is a club for just about everyone in the community, we mean it. From clubs that support passions for trains, boats, and music, to theater, crafts, sports, and more, Trilogy is bursting at the seams with social opportunities. This is why we have chosen to feature a new club on the cover of *Trilogy Living* several times a year. We shine a spotlight on the clubs so you can find the ones that speak to you.

As seen on the cover, the Ukulele Club formed about one year ago. With a comfortable membership of about 10 Trilogy residents, it's become a bit of a fun fad. Resident Claire McKean had always wanted to learn the ukulele, so when a conversation between her and instructor Loren Iversen came about, he said he could teach a small group how to play. And the Ukulele Club was born! Having begun with just a few people, the club quickly grew after performing at Open Mic nights. As a group, they have performed at Whirlow's Restaurant in Stockton. Some of their members have also gone to ukulele events in other cities to play with other groups. When speaking about ukuleles, Claire says, "You cannot be sad or unhappy when playing ukulele and singing along! It is just a happy instrument, and very easy to learn!"

The Ukulele Club rehearses every Wednesday in the Vista Club Ballroom from 12 - 1:15 p.m. If you're interested in learning more or listening to the music, the club would love for you to stop by.

Enjoy this last month of summer. We have several activities on the calendar, including Trilogy Club Awareness Day, which provides an opportunity for everyone to meet and check out many of the groups at Trilogy. It's a fabulous way to get connected and have fun!

From the Board of Directors: The publisher retains the right to edit articles and advertising to conform to content and space requirements. The Trilogy Board of Directors is not responsible for expressed opinions or for the authenticity of all presented facts in articles and advertisements. Viewpoints contained in this newsletter are not necessarily the opinions of the Trilogy at Rio Vista Master Association, the Board of Directors, its officers, or management.

From the Activities Director



Debbie Dorn

What have you missed lately? To highlight a few events, comedienne Kat Simmons kept the sold-out crowd's laughter roaring; Riviera's Treasure Hunt once again had the community

hopping through a fun-filled day of activities. As for the Model Club's Garden Railroad "Steam Up," what a grand time that event was for the entire family. We also had a nice surprise to find their sailboats and other models on Vista Lake! The Dance Club's monthly event, and Concert on the Patio featuring local favorite Afterglow were a splendid social time of awesome music and dance. And Trilogy Art Guild's Juried Art Show was a magnificent display of artistic talent from your community.

September is a special time of focus on our special interest clubs and groups. It is a super time to become more active with a personal interest or social group.

Don't miss out on these upcoming special events!

- September & October Computer Classes (see p. 32)
- 9/04 9/06 Production: Twelve Angry Jurors ~ Theater Group
- 9/07 & 9/21 Trilogy's Farmers Market
- 9/13 Club Awareness Day ~ Find your Niche!
- 9/13 Jewelry Show
- 9/13 Picnic in the Park ~ Brockton/Rutland Neighbors (see p. 28)
- 9/14 Flu Shot Clinic
- 9/14 CD Music Dance ~ Dance Club
- 9/19 Open Mic Night
- 9/22 Blood Drive
- 9/22 Labyrinth Walk ~ Autumnal Equinox 7:29 pm (see p. 29)
- 9/26 Bingo
- 9/27 Concert: Buck Ford & Pure Country Band
- 9/30 Club Status Renewal & Support Meeting Get Ready!
 - 10/4 Community Garage Sale

Association events combined with club events, offer a huge selection of activities from which to choose. A list of clubs and groups is available with contact information from Member Services at the Vista Club. As always, your comments and suggestions are valued -- send an email anytime to ddorn@actionlife.com - my mailbox is always open!

ANNOUNCEMENTS: Sept 1 – HOLIDAY: LABOR DAY



Computer Workshops ~ Sign up for September & October Classes!

Learning Center Vista Club

There are a variety of special interest workshops along with a series of introductory workshops to help you become more comfortable with common computing conveniences like email! See pg. 32 for more information. Limited space available, sign up at Member Services.

Farmer's Market ~ Experience Trilogy's Market Place

Sunday, September 7 & 21 10 a.m. – 3 p.m. – Delta Club

Stock up at the Farmer's Market at Trilogy! Bring your neighbors and support your Trilogy Farmer's Market. Petrill's Produce Farmer's Market provides wonderful produce and other specialties. It's easy to keep a fresh supply of fruits, vegetables and specialties on hand without leaving Trilogy.



Blood Pressure Check ~ Free

Thursday, September 11, 9 – 10 a.m., Library, Delta Club

Have your blood pressure checked the second Thursday of every month at the Delta Club Library between 9-10 a.m. Stop by and keep that blood pressure in check!

Complimentary Hearing Screening and Assessment

Thursday, September 11, 1-3 p.m., Diablo Ballroom, Vista Club ~ Free

Advanced Instrument Hearing Aid Centers offer a complimentary hearing screening and assessment. Also offered are cleanings for your aids, tube changing, adjustments, and repairs on a complimentary basis. Some repairs may have a fee depending on the severity of the repairs/parts needed to complete restoration. They offer their services at Trilogy quarterly the second Thursday of every third month. You will need to contact them directly to make an appointment at 707-428-1313, although walk-ins are welcome.

Trilogy Club Awareness Day: Find Your Niche

Saturday, September 13, 10:30 a.m. - 1:30 p.m., Diablo Ballroom, Vista Club ~ Free

Explore your opportunity! Discover your niche! Get connected! Enjoy! Many of your community's clubs or special interest groups will be represented to share the benefits of their activities.

(continued on p. 6)



Concert/Dance Featuring Buck Ford and the Pure Country Band

Saturday September 27, 7 p.m.
Diablo Ballroom, Vista Club
\$15 per person

Nashville recording artist Buck
Ford is a young, pure country
singing sensation that focuses
on keeping the traditional country sound and rhythm flowing.
Buck's influences consist of
George Strait, Merle Haggard,
George Jones and Keith Whitley,
just to name a few. Gather your
friends, your favorite refreshments and come ready for a
great evening with Buck and the
Band! Sign up early at Member
Services, Vista Club.

(continued from p. 5)

Talk with the folks in a relaxed setting. Last year there were more than 40 clubs or groups represented! Light refreshments will be served. And do plan for a break to enjoy the 3JB Quartet entertainment in the Grand Living Room, shop the Jewelry Show and stop for something tasty from the Café Vista. Clubs sign up at Member Services (4200) today for free table space as available on a first-come basis!

Trilogy Jewelry Show: Featuring Resident Merchants!

Saturday, September 13, 10:30 a.m. - 2:30 p.m., Monterey & Sonoma Rooms, Vista Club ~ Free

You will be amazed at the variety of eye-catching jewelry offered for your shopping pleasure! Club representatives will be on hand to visit with in the Diablo Ballroom, 3JB Quartet entertaining from the Grand Living Room, and the Café Vista will be open until 3 p.m. Are you a resident jewelry merchant? Registration began August 4 for a limited number of free table space available on a first-come basis! Jewelry only, no other products please. Sign up at Member Services (4200) while space is available.

Fend Off the Flu ~ Sutter's Flu Shot Clinic is Coming to Trilogy!

Sunday, September 14, 9 a.m. - 2 p.m., Delta Club \sim Free for Medicare Part B Holders

Sutter Care at Home Flu & Wellness Program nurse will administer shots FREE for Medicare Part B holder. Others:



\$25 for Flu Shot \$35 for Preservative-Free Flu Shot \$45 for High-Dose Flu Shot (ages 65+) while they last \$75 for Pneumonia shots

Sign up at Vista Club Member Services (4200) and pick up the Medicare form to reserve your time slot. For more information phone Sutter Health at 707-535-5690.

Bring required Medicare card, ID and your check with you on September 14. Cash and checks will be accepted.

Open Mic Night: Music, Dance, Comedy, Poets/Spoken Word

Friday, September 19, 7 - 8:30 p.m. Diablo Room, Vista Club \sim Free

The venue is set welcoming Trilogy to take the stage and share their artistic expressions - in a setting as intimate as your living room with family and community cheering you to the next level! If you're a spectator, you're in for a treat! The supportive setting is about artists having a safe place to perform for the first time; It's about veteran artists having a place to experiment and try out new pieces – It's about having a place that inspires new work – It's about a lot of things. Bring your favorite provisions and come check it out! Performers: sign in at Member Services (4200).

Guidelines: Two performances per person, which may be flexible depending on the number of performers for the night. Limit of 15 performers for the night.

Blood Drive

Monday, September 22, 9 a.m.- 1 p.m. Rio Vista Room, Delta Club

It's time again to lend an arm and help save lives by donating blood at the upcoming Trilogy Blood Drive. Walkins are welcome; however, appointments have priority. To make an appointment, contact Darlene Wiskeman (6211) or email her at wiskeman2@yahoo.com.

Comedy Night: World's Funniest Cop Michael Mancini

Friday, October 17, 7 p.m., Diablo Ballroom, Vista Club \$10 per person

Michael has a background in Law Enforcement and an insightful sense of humor. He has a high-energy, action-packed, fun-filled show full of real-life experience, comedytouring across America for almost 30 years with his hilarious stand-up routine, and he has been a member of the Santa Cruz Police Depart-



ment since the 90's. Michael is a three-time winner of the World's Funniest Cop competition, hosted by Jay Leno. Bring your favorite food and beverage to enjoy during the performance -- Comedy of the Right Caliber! Sign up at Member Services (4200).



Trilogy Community Garage Sale ~ Open to the Public

Saturday, October 4, 9 a.m. - 3 p.m.

Everyone can participate! Sellers, help buyers find your sale! Simply call Member Services (4200) prior to September 26 to give your address for your block to be highlighted on the community map. The map will be emailed to residents by October 3, and made available at the Welcome Center the day of the sale to visiting buyers. Copies will also be available at the Vista Club Saturday. You do not have to be included on the map to sell. There are three points all sellers need to do:

- Obtain a garage sale permit for \$1 from the City of Rio Vista, downtown at City Hall prior to Friday September 29. Permits are a city requirement. City Hall is closed all Fridays and weekends. Permits can also be purchased from Member Services at the Vista Club.
- 2. Tie an inflated balloon from your mailbox or tree.
- 3. Open your garage door.

When you finish selling, remove the balloon and close your garage door. The sale is open to the public, advertised in the local papers. Outside buyers will not be allowed through the gates until 9 a.m., and residents are also asked to postpone their shopping until 9 a.m. in consideration of sellers setting up for the sale. The semi-annual garage sales have become enormously popular with almost half the residents either buying or selling. Some villages also use the event for fundraising. If you have questions, contact Member Services (4200) or email Debbie Dorn at ddorn@actionlife.com.

Loaned tables are limited to 2-tables per resident. Tables and metal chairs are reserved on a first-come basis while supplies last. Submit your request at the Vista Club Member Services desk. A staff member will contact you to confirm availability and arrange for your pickup and return. Your help to make sure they are clean when returned will be appreciated. Thank you.

Concert: Trilogy Pop Fest

Wednesday, October 15, 7 p.m. Diablo Ballroom, Vista Club ~ Free

If you enjoy light musical entertainment, often known as "pop" music, you are in for an evening of entertainment that you will long remember. It's the second annual Trilogy Pop Fest to feature musical selections from: the 35-voice Delta Breeze Mixed Chorus, the Delta Divas (a

group of five talented lady singers in our community), the 18-piece Trilogy Jazz Band, and the popular 3JB Quartet. Also featured will be the Delta Harmony Singers, an entertaining group of 10 mixed voices, and the Delta Tones, a vocal quartet. Then, as the special guest of the "Pop Fest", Trilogy's own "Solid Gold," will be playing for your listening and dancing pleasure. Remember to bring your dancing shoes and enjoy yourselves until 10 p.m. Bring munchies, beverages, dancing shoes, relax and enjoy the show. Sign up at Member Services, space will be limited to room capacity.

Concert: Kymberly Jackson & the Soul Line Dancers

Saturday October 18, 6 - 9 p.m., Vista Club Diablo Ballroom ~ \$10 per person

The Soul Line Dancers brings back Kymberly Jackson, the Pied Piper of the Bay. Kymberly brings her imprint of R&B and Soul along with some "Funk on the Bottom, Jazz on Top," once again. Invite your friends and relatives. Bring your favorite beverage and snacks to enjoy. Make sure you do not forget your dancing shoes. Sign up at the Vista Member Services (4200).



Family Halloween Party



Sunday, October 26, 2 — 4 p.m. Delta Club \$5 per family, plus \$1 for each child participant

Plan for a great party with the family! Kids can join in a costume parade, plenty of laughs, good times, family pictures and a treat bag! Cost is \$5 per family plus \$1 per child. Sign up @ the Vista Club Member Services (4200).

Attention All Trilogy Veterans ~ Call to Action

Time to update the Trilogy Veterans Tribute Slideshow, to acknowledge all veterans in our community. The updated slideshow will be displayed during the 2014 Veterans Day afternoon program and evening ball!

Pass the word to keep it growing for . . .

- Those who may not be aware of the project
- Those who have recently moved into the community
- Those with additional information or photo to add
 - Name
 - Branch of service
 - Dates of service
 - Do you have your uniform
 - Do you have a past photo in uniform
 - Do you have a current photo

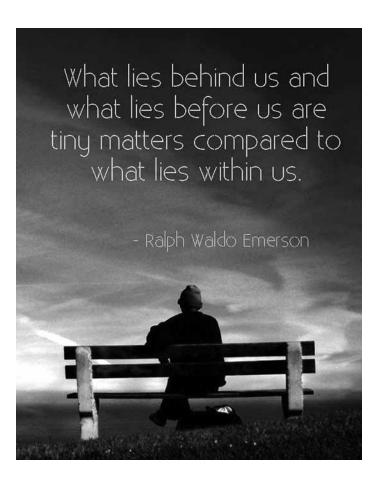
Contact Member Services (4200) or stop by the Vista Club to register or update your information. Send photos by email or drop those off with Member Services for Debbie Dorn in an envelope with your contact information for return.

Trilogy Veterans Ball

Tuesday, November 11, 6 — 10 p.m. Diablo Ballroom, Vista Club ~ \$35 per person

Whether you enjoy a fine catered dinner, live music, dancing or just the camaraderie you had in the service, plan to attend the Veterans Ball. This is the second annual Veteran's Day Ball for Trilogy Veterans and their guests. Registration will open to others beginning October 15, as available. The reception begins at 6 p.m. with dinner at 7 p.m. Music and dancing will follow. This is a semi-formal affair or service dress uniform. Bring your own adult beverages of choice and prepare for a fun-filled evening with your fellow service members and guests. Seating will be limited and expect this to sell out quickly. Sign up at the Member Services desk in the Vista Club. Sign up as a group if you want to sit with others. For further information contact Ron Waite at (6714) or 925-216-7488.





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Assessment Notice

Association Assessments are published monthly on this page of Trilogy Living. This is an additional vehicle for checking your current assessment. Coupons will reflect the monthly assessment for those receiving them. Those on automatic withdrawal (ACH) may check their bank statements after the 5th of the month to see the amount taken out and all members may register at www. actionlife.com to monitor their accounts 24/7. If you have questions or need help registering online, please call the Administrative Office (4843).

Assessments for the month:

Master Association \$119.72

Master Association \$80.39

(Only for original residents (<200) in a developer subsidy agreement)

Village I \$5.00 Village Oakmont \$5.20

Olympic Village \$5.10

Village Riviera \$5.25

Saddle Rock Village \$0 (None until dormancy ends)

Club Hours – The Delta Club is open at 7 a.m. for entry with members' keys. It is open from 8 a.m. to 11 p.m. for entry without keys. From 11 p.m. until 7 a.m., there is no entry. The Delta Club pool, spa and patio are open 24 hours daily. The Vista Club is open from 6 a.m. to 9 p.m.

Thank You – The Administrative Office appreciates and thanks all members who abide by the Rules and Regulations of the community.

Electronic Communication – The Association is no different than other organizations in leaning more on electronic communications to its members. There are two ways you can assist in reducing costs to the Master and Village Associations.

E-Alerts – Submit your email address to the Member Services desk at the Vista Club. This will get your information such as special announcements, monthly agendas and most important, the weekly e-newsletter, which updates you as to activities in Trilogy and the greater Rio Vista area.

Disclosure Opt-in – You may also choose to receive required documents which must be delivered by the Association(s) such as budgets, yearly financial statement, etc. To do that you must go to the Administrative Office and sign a form authorizing delivery by electronic methods.

Thank you for considering both options.

Have you signed up for e-Alerts and Disclosure Opt-in but are not receiving them?

Some of you may notice from time to time that you stop receiving the MTL e-Newsletters and/or the TRVMA e-Alerts. If this happens, please contact Jacquie and she will work with the email team to make sure that you're on the 'active' list in the email system. Emails can be removed from the 'active' list in several ways: a user may click the 'unsubscribe' link on an email, a user may un-check the newsletter subscription box on his/her profile on MTL, or, more often, a user's email service (i.e. Hotmail, MSN, and Gmail) may confuse the e-newsletters for junk and automatically reject all ongoing mail. This last scenario results in our email address being automatically moved off of the 'active' list in our systems. If you contact Jacquie at jroche@actionlife.com, she will have the email team move you back to 'active', but we also suggest that you add the e-newsletter email address – noreply@actionlife.com - to your "safe senders" or "friends" list in your email settings to reduce the odds of problems.

Where Do I Go If I Want To.....?

Reserve Tables and/or Chairs – Member Services – Vista Club (4200)

Have Copies Made, Send a Fax and/ or Receive a Fax – Member Services – Vista Club (4200)

Pick up a Residents' Directory – Member Services – Vista Club (4200)

Submit Residential Ads for the *Trilogy Living* – Kathy Nilsson – Member Services – Vista Club (4200)

Indoor Plants – Please avoid using the potted plants as garbage receptacles and do not water plants. Staff takes care of the plants and when well-meaning members decide to help, it often makes matters worse. The plants are expensive to replace and all members pay for replacements.



Anonymous Notes to the Administrative Office/HOA – Please sign all Administrative Communication Forms as we only take action on signed forms.

Violations – When you register complaints to the Administrative Office/HOA make sure you provide the correct address of the person in violation. Example of what not to report – two houses down from the corner of a particular street. If you receive a violation notice, please contact the HOA office.

Your Pets – Your Responsibility – Please accept our appreciation for everyone who is being considerate of your neighbors and show pride in your community by carrying bags with you when you walk your pets or by using the bags provided in dispensers throughout the community to pick up after your pets and thank you for keeping your pets on a leash at all times.

Updating Your Information at the Administrative Office – It is important to let the Administrative Office know when any of your information changes including moving from one property to another within the community. (Please include address, phone, email, frequent quests, emergency contacts, etc.).

Late Charges on Assessments – If you are paying your assessments through your bank, it is recommended that you move the date of payment to the first of the month when the assessments are due. Many banks are batching payments before sending them out, so even though your account may show a payment on a particular date, the payments are not being mailed on that date. If you schedule payments through your bank or mail your check after the first, you run the risk of being charged a late payment.

Parking in front of mailboxes – Thank you for helping our mail carrier deliver your mail, our staff deliver fliers and giving your neighbors easy access to their mailboxes by not parking in front of mailboxes and asking your service providers to park elsewhere also.

Irrigation – Please adjust your sprinkler system to reflect weather conditions and the Governor's Executive Order to water only twice per week.

Welcome Center/Dwelling Live – Please make sure that your guests and vendors have your full name and/or address to give the Welcome Center attendants otherwise they will not be given access. The Welcome Center attendants are grateful to those members who enter guests on Dwelling Live, call the Welcome Center or email them when you are expecting guests and especially when you are having a party and expecting several guests. They don't want to deny access to anyone you are expecting but have no choice if they haven't been notified and they can't reach you to get your authorization upon your

guests' arrival. Instructions for using Dwelling Live are available at the Vista and Delta Clubs.

Suspicious Behavior – Trilogy is a private community but not a secured one. Please keep your doors and windows locked when away from home and lock your car. If you observe unusual behavior that warrants a call to the police, please do so.

Dumping Trash – Thank you for using your own receptacles for disposing of trash rather than any others throughout the community, and for not putting soda cans, water bottles and other trash in the doggie waste disposal receptacles. All residents are required to have garbage service.

Service Provider Resource at the Delta Club – There are two business card holders on the hall wall at the Delta Club. When looking for service providers, check out this area. TRVMA/HOA does not recommend any of these vendors; this is simply a resource for members.

Pets in the Clubs – No pets are allowed in either the Delta or Vista Clubs with the exception of service dogs. Service dogs are allowed only if they have been registered with the Administrative Office and have a TRVMA identification card. They must have their vest and TRVMA card on them at all times when they are in the clubs and they must be accompanied by the person for whom they are providing a service. If you do not comply with a request from a staff member to show them the TRVMA card, you will be required to leave the club until you present it. Therapy dogs are not allowed in the clubs at any time. They are not service dogs and are not protected under

It's Your Money – Please help cut down on avoidable expenses by:

- 1. Thanks to all members who put down umbrellas at the bocce courts, the Delta back patio, and especially the Delta pool area when you are leaving and no one else is around. When the wind catches the umbrellas they are often damaged and must be replaced. If they are on the glass tables in the outdoor pool area, not only are they damaged but the glass table tops are shattered. This costs time of the maintenance staff who must assure that all glass is cleaned up and also the expense of replacing the table tops. The table tops and umbrellas are quite expensive, so again, thank you for saving all members the cost of replacing them.
- 2. Several items are missing from the clubs. Please report any theft to the Administrative Office/HOA. Remember that when something is stolen, all members pay for the replacement. We need your help in cutting down on theft.



Gardeners – Please remind your gardeners that they cannot start work before 8 a.m. and that they should bag all clippings/leaves and not blow them into the street, gutters and others' yards.

Architectural Applications – Important reminder: Applications must be submitted for work being done on the exterior of your home and yard. If you do not submit an application, a \$500 application fee can be charged.

Delta and Vista Pool – All guests must be accompanied by a resident. Children under the age of 18 are allowed in the pools during the hours of 11 a.m. and 3 p.m. and must be out of the pool area by 3:15 p.m.

RV/Boat Passes – You must enter through the front gate with your recreational vehicle and obtain a pass. Reminder: you may not have these vehicles in the community longer than 48 hours and they cannot be occupied while in the community. They are to be parked at your home, not in any common or undeveloped areas of the community.

Golf Carts - Remember golf carts must:

- A. Yield to overtaking vehicular traffic
- B. Be operated by a person who is at least 18 years old
- C. Be covered by sufficient liability insurance coverage

Golf cart drivers must obey all traffic signs that other vehicles must adhere to, including following the directions of the arrows on asphalt in parking lots.

Bicycle Riders – must also obey all traffic signs.

For Your Safety – If you are walking in the street, please yield to vehicles. Please wear light colors and carry a flashlight when walking or biking at night or early mornings.

For non-delivery of newsletter – Please contact Debbie Dorn at (4204).

Street Lights – Please report all street lights that are out to Customer Care at Action Property Management at 1-800-400-2284 or by email at Ild@actionlife.com.

Visitors to the Vista Club – If you have guests, please remember the following rules apply to your guests using the Vista Club:

Signing In: The Master Association Board of Directors requires all residents and invitees to sign in. This is for the safety of members and employees, and for the protection of our assets. This may be accomplished by using your ID card or by signing in. Members who are accompanied by guests must sign in instead of using their ID card. Guests who come without their sponsoring homeowner must sign the homeowners name on

the sign-in sheet and are limited to using the Café Vista and Grand Living Room. Please help us keep your club private and safe by observing this policy

Billiard Room: a resident must be with their guests when they use the Billiard Room. All guests must be at least 18 years of age.

Café Vista: all guests may use the Café Vista.

Café Vista computers: available for residents and their guests over the age of 10. Guests between the ages of 10 and 18 must be accompanied by a member. There are no parental controls on these computers.

Fitness Room, Group Exercise studio, walking track, and the Learning Center: are available for residents only.

Power Outage Procedure

For the safety of our members, In the event of a power outage:

- Admittance to the Vista Club is prohibited.
- If the power is still out after 15 minutes, the Vista Club will be cleared and closed.
- If the power comes on before 6 p.m., staff will reopen the Vista Club
- If the power comes on after 6 p.m., the Vista Club will remain closed until the next morning.
- Members are encouraged not to enter the Delta Club during a power outage.

Adult Committee

The July meeting of the Adult Committee was well attended due to the varied topics on the agenda. A sub-committee, chaired by Harish Chinai, was created to examine whether/how the Computer Learning Center could be reconfigured. Ron Waite offered to work with local veterans' organizations to research establishment of a veterans' memorial. Larry Mork, President of the Table Tennis Club, addressed various concerns of the members. A request for a dedicated play area was referred to the Amenities Committee. A decision was made to uphold a prior vote by the committee allowing the Table Tennis Club to store four tables in the Rio Vista Room. Following a presentation by Sandy Price of the Tennis Club, a recommendation to fill the cracks on two of the tennis courts was approved and sent to the Master Board for consideration.

Residents are encouraged to attend Adult Committee Meetings. Our next meeting is September 25 at 1 p.m. in the Rio Vista Room of the Delta Club. For more information please contact Patty Kohn (2737) or (pfkohn@gmail.com).



Riviera Board News

Because I have just gotten home from vacation, this month's article is going to be short. The Riviera HOA board meeting is on the first Thursday of odd months. Please join us on September 4 at 6:30 p.m. in the Marina room at the Delta Club. If you have any questions or concerns, call Don at (6407).

Saddle Rock Village Board News

Before you know it we won't be the newest village. Those Eagle Point people are going to displace us as the new kids. Perhaps we should assume the role of Saddle Rocker sages – very cool sages, of course.

Residents are reminded that they may park one approved vehicle in their driveway overnight only if the vehicle has a parking permit displayed on the rear window. In July there were more parking violations than ever! Parking permits are issued at the Administrative Office (part of the Delta Club). The process requires presenting your auto registration and takes about ten minutes. It's easier than responding to a violation letter, and a lot more pleasant.

We encourage all residents, especially our new neighbors, to attend meetings of the Board of Directors. Come get all your questions answered. Our next meeting is September 17 at 6:30 p.m. in the Rio Vista Room of the Delta Club. For more information please contact Patty Kohn (2737) or (pfkohn@gmail.com). We look forward to seeing you there.

Village 1 Board News

On July 10, President Larry Mork called the Village 1 Board Meeting to order, welcoming 20+ residents. Board members present included Tedd Bush Vice President, Judy Taylor Secretary, David Lichtenhan Treasurer, Mona Elliott Director, along with Ed Vitrano General Manager HOA and Pamela Rogers HOA Staff. The meeting opened with the results of the non-binding overnight driveway parking survey that was distributed to Village 1 residents the middle of June with a return date of July 7.

The results of the survey:

Continue current policy: 113 Allow one vehicle with permit: 71 Allow two vehicles with permit: 55 No opinion: 5, plus 3 non-responsive: 8

Discussion from residents varied between allowing one vehicle to park on the driveway with a permit, or to continue the current policy. President Mork called for a motion. Secretary Judy Taylor moved to allow one vehicle to

park on the driveway with a permit, but without a garage inspection. Vice President Tedd Bush seconded the motion. Judy Taylor and Tedd Bush voted 'yes'. Larry Mork, Mona Elliott and David Lichtenhan voted 'no.'The motion failed. The current policy for overnight parking on the driveway will continue.

Village 1 District Delegate, Tom Surh, reported on the Re-Write Committee's progress of the CCR's. Tom said the committee plans to hold a town hall meeting in the near future. Trilogy residents will be notified when a date is determined. Village 1's Residents Club co-chair (VORC), Jim Wichmann, reported on the past activities and upcoming activities for VORC.

Ed Vitrano, GM of HOA reported that Summerset Drive will be re-surfaced. Trilogy residents will be notified when start dates are determined. Ed recommends that all residents should sign up for the Trilogy eNewsletter to make sure you are receiving the most current Trilogy information. Village 1 Financial Statement was summarized by Ed Vitrano. There was no unfinished business. The meeting was adjourned at 5:20 p.m. Our next board meeting will be held at the Delta Club House at 4 p.m. on Thursday, September 11. All Village 1 residents are welcome to attend.

Additional News: Village 1 will have two openings on the board for elections in November. Watch for information that will be coming out in the next few months. Get involved, represent your village!

Saddle Rock Village

Our Saddle Rock Village annual Block Party in August was a success! The theme was 50's, 60's and 70's. SRV residents met new friends and the food, games and raffles were enjoyable. The DJ music was provided by Ron Covey and was excellent. Thank you to all residents and volunteers who helped put this together.

Our Saddle Rock Village Residents' Club Park Social is a chance to get to know your neighbors. It's held on the last Wednesday, monthly, from 5 - 9 p.m. in the park on the corner of Saddle Rock Lane and Silver Ridge Drive. Please feel free to bring your favorite drinks and snacks.

We are now having our Residents Club meetings every odd-numbered month, following each Board of Directors meeting. SRV Residents Club meetings will now be held in January, March, May, July, September and November on the third Wednesday of the month.

To support our club, please donate recyclable items such as bottles, cans and plastic with a CRV label only. Drop off at 513 Timber Creek Drive in the back of the truck in the driveway. Richard Larsen's SRV web site can be found

at http://saddlerock.tk. Helpful information is available for our village, Trilogy and the town of Rio Vista. Our SRV Caring Connection is available to help residents in need. If you have a need, or if you know of a need on your neighborhood block, please contact Marj at marjniemi@yahoo. com. Just as a reminder, residents interested in contributing a \$10 one-time donation to help fund our Residents' Club activities, please drop your donation in SRV box #6 in the Delta Club.

Dates to Remember:

Wednesday, September 17, 7:30 p.m. SRV Residents' Club meeting, directly following our SRV Board meeting, Rio Vista Room, Delta Club. Social hour follows each meeting with wine, soft drinks, snacks and fun! For information, contact kathibradley@comcast.net.

Friday, October 31 - Halloween Costume Party and Dance, Vista Club

Sunday, December 7 - Trilogy Christmas Dinner Dance, Vista Club

Saturday, December 13 - SRV Holiday Caroling

Village I

Can you believe that it is September already? The year has just flown by. VORC thanks the Drama Club for their performances of "The Groom Has Cold Feet" as well as all of the attendees who supported VORC and the Drama Club's fund raiser by purchasing beer, wine, soda or water before the show or at intermission.

The next event on the planning calendar is 'OktoberFest' to be held at the Delta Club on October 11. There will be fine German food catered by Trilogy's own Arvell. The menu will include some German favorites such as seared breast of chicken, bratwurst and sauerkraut, hot potato salad, green salad, vegetables, sourdough bread, and of course hot apple strudel for dessert. We will have Heineken beer for sale for \$2 or you can bring your own favorite beverage. Watch your tubes for the reservation form and get them back early as this is expected to sell out quickly. The cost is only \$15; that includes dinner with dessert, music, presentations, and more.

Your continued participation in the VORC events enables us to continue to present more events in the future. For more information, contact Jim Wichmann (4870).

Village Oakmont

We have started planning our 2015 social events. If you have suggestions, please come to our next Residents Club/ Social Committee meeting on Wednesday, September 3 at 3 p.m. in the Vista Monterey Room. These requested 2015 events and dates are coordinated with all other major Trilogy events to avoid conflicts. That coordination meeting usually takes place the end of September to reserve the rooms at the two clubhouses for the following year's events.

If you have questions about the Residents Club or its Social Committee, we will have an information table at the Trilogy Club Awareness event in the Vista Ballroom on September13. If you would like to become an active member in the Residents Club or its Social Committee, come to our monthly meeting. We are starting to put together our slate of officers for 2015 and would appreciate your input. Maybe you would like to fill one of the positions yourself!

Our next Social Committee event is the Halloween Party on Friday, October 31 starting at 5 p.m. The event will be sponsored by Oakmont and Saddle Rock's Social Committees. More information will be available in the October *Trilogy Living* and in flyers and clubhouse event posters. Any questions, contact Cyndy Schroeder (2480).

Village Riviera

Summer is quickly coming to an end, but before it leaves us, Riviera is having one more summer event. It will be an Old Fashioned Picnic for Riviera residents and their friends at Sandy Beach in Rio Vista on Thursday, September 25, 11 a.m. - 3 p.m. The cost is \$8.50 per person which includes entrance to the park, a hamburger or cheeseburger and chips. Bring your own drinks and other food of your choosing. There will be old-fashioned picnic games from 1:30 - 3 p.m. The picnic is for Riviera residents, but your friends from other villages are welcome as long as they come with you in your car. You may bring your pets, but you will be responsible for any pet park fee. This is a new event. It is going to be lots of fun so please join us.

Don't forget to mark your calendars for our always beautiful Black and White Holiday Affair on December 13. Look for more information in *Trilogy Living* soon.

We are planning several new events for 2015 so stay tuned. If you would like to join our committee, help plan our events and make new friends, our meetings are held the third Thursday of each month at 7 p.m. In the Monterey Room at the Vista Club. Contact Patty Ramos at pscramos@yahoo.com for more information.

Meeting Calendar

Master Association Board Meeting

Tuesday, September 9, 2 p.m. Diablo Ballroom, Vista Club

Village Oakmont Board Meeting

Thursday, September 18, 7 p.m. Marina Room, Delta Club

Olympic Village Board Meeting

Thursday, September 11, 6:30 p.m. Marina Room, Delta Club

Village 1 Board Meeting

Thursday, September 11, 4 p.m. Marina Room, Delta Club

Village Riviera Board Meeting

Thursday, September 4, 6:30 p.m. Marina Room, Delta Club

Saddle Rock Village Board Meeting

Wednesday, September 17, 6:30 p.m. Rio Vista Room, Delta Club

Council of Village Presidents

Monday, September 15, 10 a.m. River Room, Delta Club

Access Committee

Monday, September 22, 1 p.m. River Room, Delta Club

Administrative Policies Committee

Thursday, September 18, 6 p.m. Monterey Room, Vista Club

Adult Committee Meeting

Thursday, September 25, 1 p.m. Rio Vista Room, Delta Club

Document Revision Committee

Tuesday, September 16, 6 p.m. Monterey Room, Vista Club

Emergency Action Committee

Tuesday, September 9 and 23, 7 p.m. River Room, Delta Club

House Renovation Committee

Monday, September 22, 3 p.m. Monterey Room, Vista Club

Wildlife Pest Management Committee

Thursday, September 4 and 18, 10 a.m. Monterey Room, Vista Club

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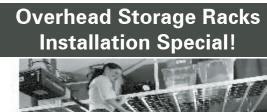
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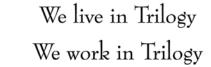
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By Kathy Erwin, Fitness & Spa Director

Sixth Annual Walktober

Mark Your Calendars For Saturday, October 18

The annual Walktober at Trilogy inspires everyone to make walking a priority in October and throughout the year. The goal is to inspire participants to get outside and experience autumn.

Last year, 160 participated in our fifth annual event. Walktober made them appreciate the beauty of their surroundings by getting them out the door and into a better frame of mind. There are door prizes, refreshments, fruit and bagels at the finish line. All participants receive a commemorative t-shirt.

Volunteers Needed: We need help with registration, check points, first aid, warm-up exercising, refreshments, and food preparation.

New This Year: Purchase a Walktober strobe pin for \$3.

Volunteers and participants please sign up at Member Services at Vista Club. For more information, contact Kathy Erwin (4205).



Head, Neck & Back

This massage focuses on the muscles of the back, neck and head to reduce tightness brought on by tension or stress.

25 minutes \$25 Regularly \$30

European Facial

Rejuvenating facial includes skin analysis, steam, exfoliation, extraction, masque and day cream. Relaxes muscles and tightens skin.

> 50 minutes \$50 Regularly \$60

Reflexology

The traditional art of pressure is applied to the feet to release blockage and regain the free flow of energy and circulation.

25 minutes \$25 Regularly \$30

September Fitness Orientations

New members are required to attend one of our FREE monthly Fitness Orientations before using the Fitness Center. It is a chance for us to get to know you and answer your questions. We'll have you fill out a Health and Fitness History form at the orientation.

Saturday, September 13 at 11 a.m. Saturday, September 27 at 11 a.m.

Spa Specials are available for purchase September 1-30, 2014. Packages may be redeemed anytime.



8 STEPS TO A HEALTHY BACK

For those who want increased abdominal strength, improved posture, and to learn spine-lengthening exercises that make your spine more flexible, this is the class! Must have a minimum of 8 participants

Instructor: Beverly Shilich

4 week Session:

September 30 – November 4 (No classes Oct. 25 & 28 and Nov. 1)

Days: Tuesdays & Saturdays

Time: 10 -11 a.m.

Cost: \$45

(Checks Only, Pay at Member Services)

Location: Group Ex Studio Vista Club



U-JAM IS COMING TO TRILOGY

Class begins September 16th

U-Jam fitness is an athletic hip hop dance fitness workout that combines dance & high energy music for a workout that's bound to get your heart rate up your body moving & make you work up a sweat, all while having fun!

Instructor: Sharon Roberts

Days: Tuesdays **Time:** 2:30-3:30 p.m.

Cost: Use punch card or unlimited class pass

Location: Group Ex Studio Vista Club



The Practice, Relax, Release and Let Go Class

These classes will teach relaxation skills through exercises that are practiced to develop a regular routine for relaxing. Individual attention will be given to each student, focusing on their specific needs. Students will learn to self-evaluate their stress levels and use one of the exercises if needed. We learn to fully utilize our five senses. We will use visualization, breath control, and our memory to create relaxing environments.

Instructor: Anna Chunn

Cost: \$35 (Checks Only, Pay at Member Services)

Days/Times: Mondays from 3-4 p.m.

6-week class/workshop:

September 15, 22, 29. October 6, 20, 27. (No class Oct. 13.)

Location: Sonoma Room



National Dance Day at Trilogy was a success!

Saturday, July 26, 2014 was National Dance Day here at Trilogy in the Diablo Ballroom. Every half hour from 8 a.m. – 1:30 p.m. we offered 11 different dance classes. Instructors were Pat Puryear, Sharon Roberts, Prescy DelaCruz, Joele Swift, Sophie Imbuelten & Anna Chunn.

This day was created to encourage Americans of all ages to incorporate dance into their lives. Dance is liberating because it uses your body to communicate ideas and emotions, converting such into a creative sphere, whether or not you're trained in dance. Dance can enlighten the spirit and put attention outward into a more aesthetic existence. With this said I am so happy Trilogy is a part of National Dance Day. This is celebrated around the world....the positive power of dance!













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Kare Bears is a group of Trilogy residents organized with the goal of reaching out to our Trilogy neighbors in their time of need due to sorrow, sickness, loss of a family member or other life challenges. We have many volunteers to help, be it a phone call, visit, a hot meal, a lift to a doctor's appointment, assistance in searching for social services outside of Trilogy, or just plain tender loving care. We have divided Trilogy into sections with area coordinators for each section. Please contact your area coordinator if a need arises, either for yourself, or any other Trilogy resident. Your coordinator will contact the volunteer committee best suited to help with your problem.



FAMILY SUPPORT COMMITTEE

The Family Support Committee organizes memorial services for family members who incur the loss of a Trilogy member. For more information, please call Chairperson Claudette Gartner (707) 439-6116, xbirdlady@myifp.com, Coordinator Barbara Sherison (6845) or Betty Bowley (5613).

Olympic Village

OV Kare Bears are participating in the Phone Buddy Program. We are hoping to have all villages involved. It provides daily phone contact for those living alone. A buddy is assigned to each participant who will phone every day to assure the wellbeing of their buddy. Kare Bears from all villages are encouraged to support this program. There are residents throughout Trilogy who would benefit from this program.

The next meeting will be held September 2 at 1 p.m. Location TBD.. For more information contact Mackie Webster at (5837).

Village Oakmont

Hope everyone is saving and pricing all your unwanted treasures and goodies for the annual Oakmont garage sale and fundraiser set for Saturday, October 4. This year's sale will be held at the Carlson home at 350 Canyon Springs Drive. The garage sale will run from 9 a.m. - 3 p.m. All items to be sold can be delivered Friday, the day before the sale, starting at 9 a.m. If you need to have items picked up, please contact Janet McKimmy at (5415) or Kathy Russo at (2969). Again, we would really appreciate it if all items are priced before bringing them.

Our Spring Informational Seminar is scheduled for Thursday, April 23, 2015, from 9:30 a.m. - 12 p.m. There will be speakers discussing a wide range of topics for seniors. It will be held at the Delta Clubhouse. For more information contact Kathy Russo or Janet McKimmy at the above phone numbers.

The next meeting of the Oakmont Kare Bears will be held on Wednesday, October 8, at 10:30 a.m., in the Delta Club. Come early and visit; share ideas and enjoy coffee and goodies.

Village Riviera

Once again September has arrived, the erstwhile chaperon of the beginning of Fall, comforting us with the consistency of nature's schedule. Living here we enjoy the rule of law, a high level of safety, neighbors who care, lovely homes, and an array of activities to satisfy social, psychological and physical needs. There is good news for those of you who are interested in learning more about these many activities. The Club Awareness Day will be held in the Diablo Ballroom on September 13 from 10:30 a.m. - 1:30 p.m. Dozens of clubs and groups will have a table and representatives to fill you in on all aspects of their activities. The Riviera Kare Bears will be there to educate and enlighten. Attend our next meeting on October 13 at 10 a.m. at the Delta Club. For more information, contact Myra (3660) or Valerie (6942).

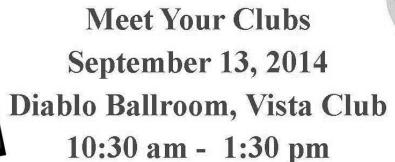




Trilogy Club Awareness Day

Explore Your Opportunities

Discover Your Niche







Refreshments

Clubs register at Member Services for free table space.





PLUS...

3JB Quartet Entertainment Jewelry Show 10:30 - 2:30 Café Vista Open Till 3:00















Alzheimer's / Dementia Caregivers' Support Meeting

Alzheimer Services and the Greater Bay Area Alzheimer's Association sponsor the caregivers support group to offer information, speakers and videos, as well as open discussion and social interaction for caregivers of loved ones with Alzheimer's or other dementias. The group meets the third Friday of each month from 9:30 - 11 a.m. at the Senior Center located at 25 Main Street in Rio Vista. Contact meeting facilitator Nat Marcoccio (RVALZSG@yahoo. com) for more information.

Brockton Picnic

The annual Brockton/Rutland Picnic In The Park will be held on September 13, from 1 - 5 p.m.

Come meet your neighbors; dance and enjoy music by DJ, Ron Covey. Bring your own chair, a side dish to share, and your own meat to barbeque (hot grills will be provided). If your last name begins with: A-H: Cool Salads; I-O: Casseroles; P-Z: Desserts/Fruit; All: BYOB. Open to Trilogy residents and their guests only. Also, bring your grandkids to participate in a kite flying contest, with prizes (wind-permitting).

RSVP by September 10 to email: stringer10@aol.com; or call Arvell & Minnie (5786); or drop info off at 410 Brockton Place. Provide your name, phone number, number of guests and your email address, (leave under the front door mat).

Community Connections

The next Community Connections meeting will be on the fourth Thursday of the month, September 25. It takes place in the Monterey Room at the Vista Club at 1:30 p.m. All Trilogy residents are welcome. Learn what our community has to offer. Trilogy is an active, friendly place and getting to know your neighbors can bring you many new friends and time for socializing. Be "in the know" as we discuss upcoming events, volunteer opportunities, and have spirited discussions about possible future day trips. There is no reason to ever say "there is nothing to do here." Come join us and let us get to know you. If you have any questions please call Donna at (2461) or Pam at (3161).

Emergency Action Committee

Summer is for practice! While we all look forward to a more relaxed pace in the summer and the opportunity for new experiences, your Emergency Action Committee continues to polish its skills. The club meets twice a month to learn and practice the skills needed to assist their fellow residents in the event of a community emergency. In June, we held a mock disaster to evaluate our abilities, strengths, and areas for improvement. The theater club assisted by providing several members who acted as victims. The scenario for the disaster was a situation where



our community was dealing with smoke, heat, and the closure of Highway 12 from an airplane crash. Within minutes, an Incident Command Center, a Counseling Center, and a Medical Triage Center were in full swing. Mock security members had our area blocked off from onlookers and Communications connected all three locations together. All who participated agreed this exercise was a great confidence builder. Our training kicked in and we responded effectively to the challenges. We now know we are on the right track; our ongoing training prepares us to meet the challenges of a community incident. Most emergencies we face require our personal action to deal with them. The Emergency Action Committee is also here to help each resident prepare in their own way.

The Emergency Action Committee meets monthly on the second and fourth Tuesday from 7 – 9 p.m. in the Marina room, Delta Club. We welcome visitors and new members to the meetings. For more information, please contact Alan Levine at 707-718-7907, Art Darden at (3455), or Gillsa Miller at 916-508-2758.

Rio Vista Safety Fair

WHERE: 50 Poppy House Road

WHEN: September 6, 2014 – 10 a.m. to 3 p.m.

Activities include a bicycle rodeo, bicycle repair (courtesy of Solano Safe Routes to School), free helmets, fingerprinting & DNA kits for the kids, personal document shredding by Shred It (sponsored by Bank of Rio Vista and Bank of Stockton), and prescription medication take back.



Trilogy Labyrinth Walkers

The Autumnal Equinox Walk at the Trilogy Labyrinth on the Vista patio takes place September 22, 2014 at 7:29 p.m.

Day and night are each about 12 hours long (with the actual time of equal day and night, in the northern hemisphere, occurring a few days after the autumnal equinox). The sun crosses the celestial equator going southward; it rises exactly due east and sets exactly due west. Please join our labyrinth walkers on September 22 for a candle-light walk at 7:29 p.m. We will gather at the Vista fireplace around 7:15 p.m.

Reminder: The Labyrinth Walk at Grace Cathedral – is scheduled for Wednesday, September 10. Contact Gerry Swan at (510) 507-4080 or Elaine Wisz at (4310) for information and to let us know you will be joining us for either event.

Rio Vista Ministry Donation Request

Summer is here! While you plan for trips away from home, remember to bring back any unopened shampoo, conditioner, soap, mouthwash, and body lotion from the hotels/motels. If you happen to shop at the dollar store, please include an item or two for families not as fortunate as most. Collecting hygiene products for Rio Vista Community Services is a year-round project. A container is kept outside of Carol Benkie's atrium for drop-off (630 Edgewood Drive, Rio Vista). If you have any questions, please feel free to call (3316).

TOPS (Take Off Pounds Sensibly)

The Chapter Installation Luncheon on August 20 featured a delicious lunch served at the Cafe Vista! Thanks Ladies! Micky Drake, our area coordinator did a fantastic job as usual, installing the officers for this new term. Thanks to all the outgoing officers who graciously accepted to run for a second term. They have done an outstanding job this year, as evidenced by the growth of our chapter.

Our Leader Elouise Brice and Co-leader Barbara Bellamy went to the area workshop in Vallejo last month and were pleased to hear we have the largest chapter in this area.

The bus trip to Red Hawk Casino on August 13, was an enjoyable time for a full busload. Congrats to the lucky winners! Thanks to all who supported our club.

Time for those pounds to FALL off after all of our summer activities, so come on over you ladies and gents to join us at the Delta Club. We meet every Wednesday at 8 a.m. For more information, call Elouise Brice at (1499) or Barbara Bellamy at (6670).

Trilogy Blood Drive

It's time again to lend a hand and help save lives by donating at the upcoming Trilogy Blood Drive on Monday, September 22, from 9 a.m. - 1 p.m. at the Delta Club. Walk-ins are welcome but appointments have priority. To make an appointment up to September 13, contact Darlene Wiskeman at (6211) or wiskeman2@yahoo.com. After September 13, please contact Carol Benkie at (3316) or carolbenkie@gmail.com.

Trilogy Jazz Band



The band's August break has ended, and we will resume weekly rehearsals on Wednesday, September 10. We are preparing for busy musical months ahead, with our next performance to be at the Trilogy Pop Fest on October 15. Full band rehearsals are held most Wednesday

afternoons, 2:30 – 5 p.m. in the Vista Club Diablo Ballroom. Our vocalists and accompanying combos rehearse from 1:30 - 2:30 p.m., just before the band. Observers and listeners are welcome at both sessions!

If you play a band instrument and are interested in being part of the Jazz Band, even if you're "rusty," please contact Music Director Jim Lucas (7567). There are current openings for a trombone player and a bari saxophone player. Other opportunities will develop in the future. For more information contact Jim Lucas (7567) or Marti Rogers (6859).

Rio Vista Community Service Food Bank needs your help!

Commit your Tuesdays (8:30 - 11:30 a.m.); one per month or any combination that works for you. Must be able to lift 40-50 pound items on occasion. Help a team pick up the weekly donated food items with a provided van. Contact (2358) for information. Thank you.

Ceramics Club



This sexy frog should be outside sitting in the sun. She sure is dressed for it in her sunglasses and bikini. In our ceramic club, we glaze everything from frogs to snowmen and even unicorns. If we don't like the way something turns out, we sometimes try to reglaze an item and that can be fun to see. Why don't you come and try it out yourself? We have some little ceramic bisque items that you can paint to see if you enjoy working with ceramic glazes like we do. We meet every Thursday from 9:30 a.m. - 12 p.m. in the Marina room at the Delta Club. For more information, please call Ann at (5122).

Council for the Arts

Cruising Around the World is the theme for the 2015 Music of the Night production. Songs from different countries will be highlighted. Auditions for the production will be held Monday, October 20 at 7 p.m. in the Vista Ballroom. Forms for new and returning performers will be available at the Vista front desk on October 1. Council for the Arts meetings are held the second Thursday of each month at 10 a.m. in the Monterey Room of the Vista Club. Everyone is welcome. For more information, please call Judy Calpo (2924).

Drama Club

One more fun-filled play, *The Groom Has Cold Feet*, has come and gone. Many thanks to all those who support the Drama Club productions. As the first theater group on the Trilogy Campus we have long enjoyed entertaining our family and friends. We can continue to provide our two annual productions at no cost to the audience by having our once-a-year fund raiser, The Pasta Feed, in April. However there's still a need for new members as the years go by. So we are holding an Open House at the Delta Club, Monterey Room, on September 23. It will be from 6 - 8:45 p.m. Everyone is cordially invited to stop by and meet the Drama Club members, have a look at our

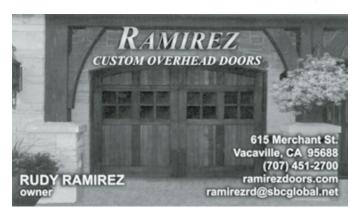
history and hopefully join us. All are welcome. Come on by and enjoy some light refreshments and a walk down memory lane with the original Trilogy Drama Club. And perhaps, we are hoping, we will see some new faces at our monthly meeting, the last Tuesday of the month at 7 p.m. at the Delta Club. Our August meeting will be held August 26. Ready or not, we will soon be getting into pre-production events for the Christmas play. And you can be a part of this and many more events as well. Please contact Debby at (6706) with questions.

Fat Quarter Quilters

We are a group getting together to work on our own quilting and sewing projects. Join us, meet new friends and share the love of sewing. We meet every Wednesday from 12:30 – 4 p.m. at the Delta Club. There are no dues or fees. Esther Young (2639).

Trilogy Art Guild for Artists

The attendees at our Annual Trilogy Art Show this year were surprised at how many wonderful talented artists and photographers we have in our community. This was the largest group of participating members we have had in all of our 12 years of art shows! We hope to improve each year and make it more exciting for those of you who attend. We appreciate your support and we enjoy sharing our skills with you. Stop by the Monterey Room from time to time and see more of our talented artists' work on display.





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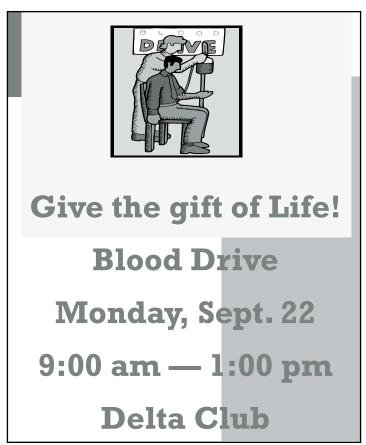
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Solano County LDA Registration Number 140001 Registration Expiration date: 04/23/2016







September & October Computer Class Opportunities!

Sign Up At Vista Club Member Services (4200) (payment by check only please)

<u>Class</u> <u>Day / Time of Classes</u> ~ Instructor Michael Bouyer

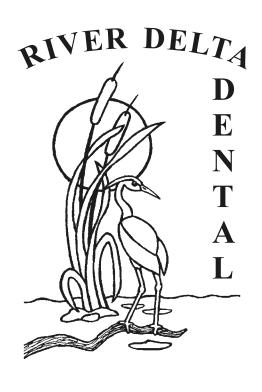
Final Times	We do a days 40.00 to 44.20 are
First-Time	Wednesdays ~ 10:00 to 11:30am
Computer User	For new computer users to learn the purpose for a mouse, & how to operate a
\$3 ea.	computer. [No prerequisite class] Take as many classes as you can.
Familiar with	* Tuesdays ~ 10:00 to 11:30am
Computer -	Now that you can operate the computer, learn many helpful uses for the
Next Step	computer. Take as many classes as you can.
\$5 ea.	[Prerequisite: First-Time Computer User class or equivalent knowledge]
Working With	* Tuesdays ~ 12:00 to 1:30 pm
Photos ~ \$7 ea.	Introduction to a free photo editing program that is fun and surprisingly capable of fixing or enhancing your digital photos. Learn how to get your photos on and off the computer. [Prerequisite: Intermediate Computer User Class or equivalent knowledge] Take as many classes as you can.
Using the Internet	* 1 st & 2 nd Wednesdays ~ 12:00 to 1:30pm
\$5 ea.	Learn to explore the Internet. [Prerequisite: First-Time computer Users class or equivalent knowledge.] Both classes are suggested.
Setting Up &	* 3 rd & 4 th Wednesdays ~ 12:00 to 1:30pm
Using Free E-mail \$5 ea.	Learn to set up and use free e-mail accounts. [Prerequisite: First-Time computer Users class or equivalent knowledge.] Both classes are suggested.

^{*} New to computers? Attend the "First-Time Computer User" class before attending others. Sign up early ~ Classes are filled on a first-come basis. Class suggestion list available!

To determine if your equivalent knowledge is adequate for the intermediate classes, contact the instructor Michael Bouyer by e-mail at Michael@bouyerproductions.com or cell 707-328-4977.

For interest presenting future Learning Center programs offered, contact Activities Director, Debbie Dorn at email address dorn@actionlife.com.





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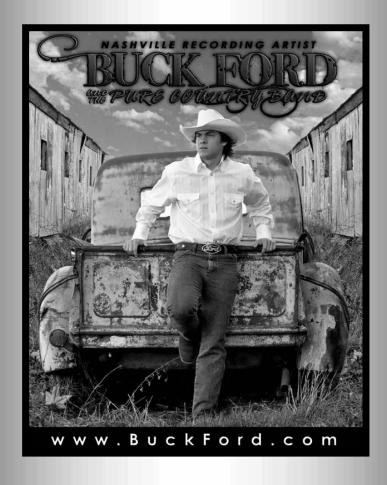
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Nashville recording artist Buck Ford is a young, pure country singing sensation that focuses on keeping the traditional country sound and rhythm flowing. Bucks influences consist of George Strait, Merle Haggard, George Jones and Keith Whitley, just to name a few.

Vista Club Diablo Ballroom Saturday, September 27, 2014 7:00 - 9:30 p.m. ~ \$15 pp

Sign up at Member Services
Bring your favorite provisions and dance shoes!

Billiards Club

The next Billiards Club meeting is on Wednesday, September 3 at 7 p.m. in the Monterey Room of the Vista Club. Tuesday evening's tournament start time is 5 p.m. The first and third Tuesdays the format will be 8-ball round robin with no handicaps for B players. The second Tuesday of the month the format will be handicap 9-ball with a round robin format. In order to get a win a player must beat his opponent two out of three games. The club has again made a list of B players and for that Tuesday evening the B players will get a one-game handicap while playing an A player, so the B player only needs one win in three games while competing against an A player. The format for the fourth Tuesday will be 8-Ball and the club will split the tournament into A & B players. There will be a first and second place winner in each group. The fifth Tuesday will be 9-ball with no handicap for B players. Officers: President Al Bergoust, Treasurer Jack Clark, Secretary Dallas Salomon, and Membership Chairman Dave Stewart.

Latest weekly tournament winners:

July 1, 8-Ball

1st Neil Brodhead 2nd Oscar Grissom

3rd Mike Quihuiz

July 15, 8-Ball

1st Oscar Grissom

2nd Jack Clark

3rd Mike Quihuiz

July 29, 9-Ball

1st Lee Durham

2nd Al Bergoust

3rd Dave Stewart

July 8, Handicap 9-Ball

1st Dave Stewart

2nd Oscar Grissom

3rd Mike Ouihuiz

July 22, 8-Ball

1st Oscar Grissom

2nd Al Bergoust

3rd Bob Rice

For more information regarding the Billiards Club, please contact Oscar Grissom at crpntrboy@aol.com.

Bingo

Bring your friends and family for a fun-filled night at Bingo. We have two months left so enjoy them - no Bingo in November and December. Mark your calendar for the fourth Friday of the month, September 26 for Bingo at the Delta Club. Games begin promptly at 7 p.m. Buy-in for each person is \$10 for 12 games. We have one early bird special: one card for \$1 and an extra blackout card for \$1. The prize money for each game is \$50 and the blackout prize is \$250, For more information, call Irene (6999).

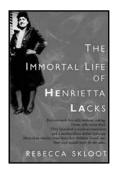
Bocce Club

The 2014 regular season has ended. Both the morning and night leagues held end-of-season events, a final report will be in the next issue of *Trilogy Living*. The next happening for bocce will be our annual post-season membership meeting which is set for Friday, September 12 at 1 p.m. in the Vista ballroom. Plan to attend so you can voice your opinions and offer your suggestions. We will also elect the board members for the next two years. If you want to play in the Tuesday, September 16 one day Self-Funding tournament and haven't signed up yet, contact Sal LaCorte (6673), Judy Carter (0016) or Joe Downes (7520) for information and details. The final date for signing up is Sunday, September 7 at the NBL evening social.

We have been busy organizing the Winter Bocce Federation (WBF) which is set to start on Tuesday, September 23 and will run into November, depending on the number of teams and players. We have made some changes. We will schedule matches twice a week, on Tuesday & Thursday at 9 a.m. and we will be charging a fee of \$10 per person. The money will go into the club's building fund for the new courts. The final day for WBF sign-ups is Saturday, September 13 at the Club Awareness Day event in the Vista ballroom from 10:30 a.m. - 1:30 p.m. The WBF is a great way to get involved in the community, meet new people, learn the game and fine tune your bocce skills. Remember to roll often, throw straight and have fun, that's what it's all about. Contact: Joe Downes (7520).

Book Club

The Book Club meets the second Tuesday of each month at 10:30 a.m. in the Sonoma Room at the Vista Club. The next meeting is September 9. The book selection is *The Immortal Life of Henrietta Lacks* by Rebecca Skloot. October's book selection is *Doctor Zhivago* by Boris Pasternak. There is no requirement to have read the selected book. Everyone is wel-



come to join. Feel free to stop by. For more information, contact Adrienne (5576).

Bridge - Duplicate

Duplicate Bridge meets the second Monday of each month at 12:15 p.m. in the Sonoma Room at the Vista Club. Please mark your calendars for our game on Monday, September 8. All Trilogy residents who are interested in playing duplicate bridge are welcome. If you need a partner; we'll find one for you. Please contact Sue (6136) for more information.



July's winners: 1st: Wilma Powell and Betty Magnoli; 2nd: Nan Lowenstein and Mario Kucich; 3rd: John Shick and Lynn Fortner

Bunco

Come join us for a fun evening of bunco and refreshments at the Delta Club. We meet the second Friday of the month at 7 p.m. For further information please call Shirley at (9984).

Computer Club

The next meeting of the Computer Club will be held on Thursday, September 11 at the Vista Club. This meeting is open to club members only.

In the past, our members have asked to receive more information on Windows 8.1 so this meeting will focus on that software. We will get information on using 8.1 and how to make 8.1 look like Windows 7 with a free download.

If you wish to become a member of the club you can go to the club website at www.tccrv.org to complete and print a copy of the application and give it to any of the directors. Starting June 1, the dues are \$18, which covers the remainder of this year plus next year. You can also sign up at any meeting. We welcome all levels of expertise, from those thinking of getting a computer to those who have spent years working with computers and related software. Contact: Lynne Hansen at (4060).

The Delta Breeze Chorus

The Delta Breeze Chorus, Trilogy Rio Vista's own men's and women's chorus, will begin rehearsing for the upcoming holiday season on Wednesday, September 10, at 7 p.m. in the Diablo Ballroom, Vista Club. (Please note the date change – September 10, not September 3.) We will rehearse each Wednesday through December. If you like to sing, come join us; no auditions! For more information, call Cheryl at (7567).

Fishing Club



Our next meeting will be Monday, September 22 at 7 p.m. in the Marina Room at the Delta Club. We will be showing a video of our August 23 picnic/BBQ and also of our trip to Kennedy

Meadows. We will be discussing our November holiday brunch and I will need volunteers to help with the preparations.

Our fly casting class was very successful. All students commented on how much they learned from our instructors, Ted Yarnes and his son Chris. Our delta fishing class, instructed by Larry Nelson, was also very successful. We will try to continue these classes, as needed.

We had a great trip to San Francisco Bay on the party boat, California Dawn. All 21 of us caught the limits of 10 rock fish, and we also caught 13 ling cod and 10 striped bass. The ocean and the bay were calm and it was a beautiful day. If more halibut enter the bay we will be scheduling another trip.

We will have our 50/50 drawing and refreshments. Anyone is welcome to join the fishing club. We have great events throughout the year. For more information, please call Al Silva at (3791).

Genealogy Club

Genealogy continues to surface as a popular hobby. Part of the popularity is the ease with which information can be found these days. When many of us started, it was often by letters, long distance phone calls and if lucky, older family members with good memories. With the tools available today through internet search engines and commercial genealogy service providers working to put more and more material online, it's a simple task to connect both with the information and with others who are actively researching their families. People want, as much as ever, to know who they are. Be aware that when folks do a lot of digging in the beginning, it's easy to make the mistake of "the name's the same" and erroneously connect people into a family who don't belong there. Genealogy involves detective-like legwork and prodigious research. We have been known to comb libraries, haunt courthouses, scour parish registries and some have tramped through more cemeteries than they can count. We consider that fun!

We highly recommend the following research sites: Ancestry.com and FamilySearch.org (they work well together; what you can't find on one might likely be available on the other).

The Genealogy Club and workshop are open to all residents of Trilogy. Regular club meetings take place the first Thursday of the month at 2 p.m. in the Vista Club, Monterey Room. For more information contact Rhoda (7542). The Genealogy Workshop is held the third Thursday of each month at 2 p.m. in the Vista Club computer room. For more information contact Carolyn at wncbridges@comcast.net, or by phone at 510-334-0912.

Good Samaritans

In the month of September we are truly blessed to celebrate our Ninth Anniversary as a Bible Study Group at Trilogy. Currently we are studying from the book of Joshua. We encourage you to read the book of Joshua from the Bible and you will be blessed. The Good Samaritans studied that as we live a Christian life we need to cross over from the old life to the new, put off our selfish desires and press on to possess all God has planned for us. God told Joshua in order to succeed he "must be strong and courageous, and not terrified or discouraged because God is with you wherever you go." Joshua 1:9

The Good Samaritans Bible Study encourages us to be strong and courageous by doing the following:

- 1. Live by the Word of God.
- 2. Uplift one another through hard times and good times.
- 3. Fellowship with one another.
- 4. Teach from the Holy Bible.
- 5. Pray for one another.
- 6. Outreach ministry.
- 7. Be an inspiration to others.
- 8. Visit the sick and shut-in.
- 9. Welcome guest speakers to discuss topics from the Bible.
- 10. Reach out to those in need in our community.

The Good Samaritans Bible Study meets every Thursday at 1 p.m. at the Delta Club, Marina Room.

Scripture of the month: Joshua 1:7-9

Hispanic Club

Please join us during our Spanish Circle gatherings at the Cyber Café on the second and fourth Saturday of each month at 9 a.m. This is your chance to brush up on your Spanish or maybe even learn some colloquial Spanish for impromptu conversation and local use. If you are interested, please contact Allan Owens (5673), email: allanowens@comcast.net.

Mah Jongg

We meet every Monday except the second Monday of the month at the Sonoma (card) Room from 1 - 3 p.m. We play the Hong Kong version. If you know a different version or have never played Mah Jongg, we have several good players and any one of them will help you learn this version. We do not play for money. Come join us. Call Molly Martinez at (3417) for more information.

Men's Executive Nine Golf Club

The Rio Vista Men's Executive Nine Golf Club is comprised of members who enjoy playing nine holes of golf and then socializing after the game. We play each Tuesday mid-morning. The format varies each week, from individual "straight" golf play on the first and third Tuesdays, and individual and team golf tournament events on the second and fourth Tuesdays of the month. We would like to welcome new club member Yates Kendrick. With his membership, our club now has 109 members. We always welcome new members and golf experience is not a prerequisite. If you would like to join us, pick up an application form in the Pro Shop posting room or contact our Membership Chairman, Dick Talbott, at 707-225-0077.

In July we had two regular club tournaments and an additional joint tournament with the Women's Executive Nine Club. The winning golfers in the three flights for the "Low Net + Putts" tournament on July 1 were, by flights, (a) Gunner Danielson, (b) Rolf Sabye, and (c) Tim Kubli. The winning foursome members for the "Yellow Ball-Net" tournament on July 29 were Dennis Germano, William Metzler, Tom Doelcher, and Mike Buckley.

September will also be an unusual month for the club, with four tournament events and our fall quarterly meeting. We will begin tournament play on September 2, with the second day of club championship play. On September 9 our club will host the Brentwood Rough Riders Golf Club for the annual challenge cup tournament. On September 16 we will have a traditional "Scramble" tournament, and on September 30 we will have a "Straight Golf, Low Net" tournament. We will hold our quarterly club meeting and election of club officers after play that day. We invite you to come out and join us for a good time with a great group of guys.

Model Club

The Model Train Steam Up this year was again a success. Thank you for your attendance. Please allow us to present one of our members, Mr. Bob Monaco. Bob came to Trilogy from San Francisco In 1998. He joined the Model Club in 2011. He is a passionate rail fan with interest in all modes of transportation. His other hobbies are photography and Country/Gospel music. He is a volunteer Office Coordinator at Windborn Church. Bob has ridden 12 of the Amtrak routes. Riding the remaining routes is on his "bucket list." Bob is also a member of the Trilogy Bocce league. He is a big fan of RFD-TV because it transmits shows reflecting



his interests. Bob retired from Bechtel Engineering after 43 years where he managed Data Processing, Customer Service and Billing operations. Bob especially likes the monthly presentations and field trips like our recent visit



to the "Rosie the Riveter Museum." Bob thinks the Garden Railroad provides marketing advantages for both Shea Homes and residents. It also provides entertainment for visiting families with children. He likes that women participate in club activities in a usually male-dominated field. One of his favorite trips was going to the Tehachapi Loop, near Bakersfield, to watch trains loop back on themselves to conquer grade changes.



Stop by our Model Club meeting held on the first Friday of each month in the Vista Club, Monterey Room. We will be presenting ideas and talking about upcoming field trips. Any questions, please contact our president, John Harder at (3646). Please join us at our monthly meeting.

Motorcycle Club

The Trilogy Motorcycle Club riders meet the first Saturday of every month for an all-day ride. The August 2 destination was decided upon by the numbers of "57 or 102".... as in degrees. Nine bikers and 10 riders decided on the 57 degrees of the coast and we made a break for Jenner. The route was Highway 12 west, 80 west, 37 west and 101 south with a stretch break in Northgate. We backtracked

to Lucas Valley Road west, picked up Nicasio Valley Road, Point Reyes-Petaluma Road and on to Highway 1 north. Beginning at Lucas Valley and all the way to Jenner, there were literally thousands of bicycle riders on the roads.

Lunch was at a great little fish and chips place in Bodega Bay. As expected, the ocean scenery is just great and it is always a bit disappointing when we have to turn inland to start the trip home. However, the ride along the Russian River and through the big trees shrouding the highway is always nice and reminds us that we have a wonderfully scenic state to ride in. The temperature quickly warmed to the mid 90s and the stretch break in Suisun was a welcome opportunity to have an iced coffee!



We invite the other motorcycle riders in Trilogy to join us on any of the monthly rides. For the next ride, we will meet at McDonald's in Rio Vista at 8 a.m. September 6, the destination to be determined, based on weather. For more info, contact Bob Pastorino at (6556) or Larry Nelson (2967).

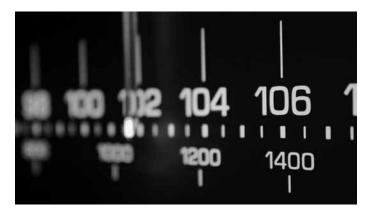
Movers & Shakers

This is a support group for those with Parkinson's, Essential Tremor, Dystonia, or any other movement disorder. We meet once a month at 7 p.m. For date and location, call Audrey Kinser (7506).

Nature Club

Nature Club will be back on schedule in September with a meeting on the second Wednesday, September 10, at 6:30 p.m., in the Monterey Room, Vista Club. We have a field trip planned for the third Thursday, September 18, location to be determined. We will be scheduling field trips to nearby areas for wildlife viewing during the fall, winter and spring months. You may want to attend the annual Sandhill Crane Festival in Lodi scheduled for November 7-9 (http://www.cranefestival.com/). Please join us for planning fun and informational outings. Contact Gail (2718) for questions regarding the Nature Club.

Radio Club



On Tuesdays, September 16 and 23, we are conducting a training program for new or just interested residents of low-cost radio products which will allow individuals who always wondered about Amateur Radio (HAM) operations to learn more. As an added incentive the first nine non-club attendees will be offered free coffee and donuts. Our training program will cover the new relaxed license requirements; low-cost radio options (under \$50), simple antennas, TRV antenna restrictions and technical assistance to get you on the air. If your interest is emergency communications within the Rio Vista area or long-range voice and/or code communications, this is your opportunity. We will offer these discussions starting at 9 a.m. Bring your sweet tooth, a notebook and your questions.

If you would like to learn even more, the Radio Club meets most Tuesdays in the Vista Club Monterey Room at 9 a.m. for informal discussions. Please stop by. Call Club President, Jerry Armanino for more information at (2461).

Recipe Club

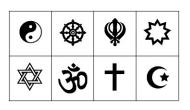
Our theme this month is "Chef's Choice". Bring your favorite recipe in any category to share. The chefs for Tuesday, September 9, are Linda Costa, Patty LaFleur, Shirley Rogers, and Molly Woodworth. We meet at noon, the second Tuesday of each month in the Delta Club. If you enjoy cooking and sharing recipes, please feel free to join us. Call Patty LaFleur (3159) with any questions.

Monthly Tip: When a recipe calls for butter that's been melted and cooled, melt just a little over half of the amount called for in the microwave, then stir in the remaining butter. The heat from the melted butter will melt the rest as the added butter cools down the entire mixture.

Religions of the World Club

The Religions of the World (ROW) Club is a diverse group of Trilogy residents interested in learning more about the different religions of the world: their history, beliefs and

practices. We meet the first Tuesday of every month at 6:30 p.m. We reviewed the world's major religions over the last year, learning about Zoroastrianism, Jainism, Hinduism, Judaism, Christianity, Islam, Sikhism, Buddhism, Taoism, Confucianism, Shintoism, and the Baha'i Faith.



On September 2, we will discuss the topic – "What is Religion?" Do we know what religion is? Have we a clear understanding as to how religion is defined? The meeting

will begin with some information taken from respected sources regarding the definition of religion. All attendees are encouraged to join the discussion with quotes or material they have regarding this subject.

This is not a forum for recruiting members to any belief system. Trilogy residents of any belief system are welcome. For more information, contact Don Cooper 510-909-5049 or Barb Bellamy (6670).

Rio Vista Roamers RV Club

We are getting itchy feet - We did not roam as a club in July or August but in September and October we are on the move! Rich and Pat May (3649) are taking us to the 49er RV Ranch in Columbia September 8-10. This area is rich in things to see and do such as a real gold rush town, the 1897 Rail Town State Park, and Sonora. The cost is \$40 per night. Reservations needed to be in long ago but if you would like to join us, give Rich or Pat a call and see what they can do!



The Mendocino coast is calling us and Pomo RV Park in Fort Bragg is our destination October 20-23. This is usually a beautiful month on the coast, Gene and Jan Vick (5025)

will be our hosts and will need our \$47 first night's payment by September 10. They needed your reservation by August 20 but give them a call and I think they will be able to add you to the list. September and October usually are off season and most places can handle late reservations.

Check out all outings, information and signup lists on our website: http:/rvroamers.tk or home.comcast.net~biskit3/rvroamers. Log on to sign yourself up or call the member hosting that outing. Call Sandra Santos (3538), or Jan Vick (5025) and we would be happy to answer any questions.

Senior Men's Golf Club

"Listening to you, I get the music. Gazing at you, I get the heat."

> — Pete Townshend See Me, Feel Me: Decca, 1970

We certainly got the heat in July. PG&E called for seven SmartDay events. We were startled by an early morning shower on July 22, lasting about 10 minutes. No one on the course was even carrying an umbrella. Watering restrictions began in earnest on August 1, and brown spots became the norm, on the course and off.

The annual Match Play Championship kicked off. At press time, two flights had concluded play. Congratulations to Joe Freeman, who defeated George Barlesi in the 1st Flight, and to Hans Slade, winner over Mark Duban in the 2nd Flight.

A contingent of road warriors enjoyed a good visit to Oakmont GC in Santa Rosa in the Home & Home series, and we looked forward to trips to Moraga and Napa Valley in August. We will entertain Napa, Oakmont and Moraga on September 8. In a head-scratching turn of events at Oakmont, the best prize of the day went to the poorest team performance. Just keep teeing it up; you never know.

Jeff Vickers is our newest member. Watch for him and welcome him. The general membership meeting this month featured an informational presentation by Stan Anisko on the utilization of eClubhouse. We're 21st Century, folks!

Our regular membership meeting is on the third Thursday at 4 p.m. at the Delta Club. Join us and get the news. For more information, contact our Membership Director Chris Shockley at (3603) or tshoc@cs.com.

Stroke, Head & Brain Injury Club

We are a support group who have had or are living with someone who has been affected by stroke or brain injury. We also assist those suffering from dementia. Our group provides help, useful tips, and current information on how to cope with the various short and long term physical as well as emotional side effects that are unique to each individual's situation. Since those who experience these conditions can suffer from feeling alone, helpless, and/or impaired by some physical and/or emotional limitation, the support that we can provide each other can be

very important to adapting and living. Each month we discuss a new topic and try to learn more about subjects that are of interest to members.

We also conduct various extracurricular activities for the group both within Trilogy and nearby communities so that we can have fun together as well. We have recently added a monthly Game Day where we meet at a member's home and play a variety of games to increase memory and brain function. This program has been a great success. If you or someone in your family has had a stroke, any kind of brain malfunction, and/or dementia, and would like to join or have any questions, please contact Cheryl Bellrose (6619). We encourage caregivers and families to join as you need support as well.

We usually meet on the first Tuesday of each month from 2 - 4 p.m. at the Vista Club in the Monterey Room unless there is a holiday or schedule change. Due to Labor Day being observed on Monday, September 1, our next meeting will be held Tuesday September 9 rather than September 2. Please join us.

Supper Club

Supper Club meets every other month from February through October in each other's homes for tasteful (and tasty) dining, fun and conversation. On these occasions you can meet your neighbors and get to know them in a small group setting (usually 6 to 10). We are not limited to a formal dinner menu only. We might have an afternoon barbeque, a brunch or a luncheon. Our membership consists of those who have participated for several years as well as our many newer members.

We also have an annual New Year's brunch where all members can participate at one location. They are able to meet some of the people they may have not been able to participate with during the rest of the year. It is a festive affair which our members truly enjoy.

Everyone is welcome to join. Our club is not just for married or committed couples. We don't want to leave anyone with the impression that single individuals are not welcome. If you want to make new friends, give Supper Club a try. Take the opportunity to experience the delectable menus and friendship provided by our group.

Our next club dinner will be held in October. For further information, please contact Cheryl Bellrose (6619). We're looking forward to hearing from you.

Table Tennis Club

Highlights during July included a tournament with The Villages of San Jose. In view of the long distance between us an intermediate location was selected. The TT Club in Pleasanton provided a convenient setting: spacious well-lit hall with high ceiling, padded floors, and six tables to accommodate 34 players. 84 singles and doubles matches among players of all skill levels were played. Although the result favored Trilogy (58 vs. 26) everyone had an enjoyable experience ensuring that future tournaments will be convened between the two clubs. Trilogy's Tony, Glen and Xiao, and The Villages' Josephine won first place in their respective categories. Thanks to Vicky for suggesting this tournament, Glen for promoting Pleasanton, and Tournament Director Mike for making it magically happen!



A contingent of club members attended the July Adult Committee meeting. Club President Larry Mork urged consideration of our

concerns regarding storage and care for the tables and conflicts between play times and other activities at the Delta Club. Members yearn for a dedicated facility that will eliminate the constant moving of tables, setting them up then taking them down each time we play. Excessive manipulation of tables and storage outdoors result in damage that requires costly repairs and inconvenience.

To learn more about our club please visit http://trvtt. wordpress.com, or contact any Board Member: Larry Mork, President (3389); Richard Laswell , Vice-President (2479); Vicky Riddle, Treasurer (3684); Tom Surh, Secretary (5282); Michael Mahrous, Tournament Director (3216), Tom Barnes, President Emeritus (4395); Ruth Barnes, Social Activities (4395).

Tennis Club

Fun tennis fact for September (courtesy of Wimbledon Facts, Figures and Fun by Cameron Brown): Early balls were made of leather stuffed with wool or human hair and could be hard enough to cause injury to players struck by a ball moving at speed. In the 15th century, balls were generally white, to show up against the black walls. The modern ball is similar in appearance to a lawn tennis ball but is made with a core of cork, covered in cloth, tightly bound in string and finally covered in felt. Yellow tennis balls were used at Wimbledon for the first time in 1986, although I've noticed the comeback of the

white ball and even some pink balls (I'm sure that there is a story behind that). What I need is a ball that will go where I want it to go whatever color it is!

Coming Events: September 19 is our next Friday Night Tennis and Potluck. To play tennis, be on the courts at 5 p.m. If you are not up for playing, join us for the potluck afterwards at the Bocce picnic tables. The food theme for the month is Wine, Cheese and Chocolate. For more information contact Wally Beckman (email below). Also, set aside the date of December 12 for our Holiday Party (more information to come in the following months).

As always, daily Social Tennis is Monday through Friday from 8 – 10 a.m. and we welcome anyone, member of the club or not, to join us. Just be sure that your shoes are "court" shoes that don't leave marks on the court surfaces.

For more information about our club, stop by our table at the Trilogy Club Awareness Event on September 13 at the Vista Club, or you can attend our next club meeting on Friday, September 26 at the Delta Club, or contact Wally Beckman at beckmanwally@hotmail.com.

Whist Club

An Old-Fashioned Fish Fry – come one, come all, September 20 from 11a.m. – 2 p.m. Please join us at the Delta Club. The menu is catfish or perch, potato salad, baked beans and pound cake. Water and soda available for purchase. Eat in or take out for the price of \$13 per person. Look for our flyer.

Mark your calendar for our trip to Red Hawk Casino, October 8, \$30 per person. The boarding time is at 9 a.m., leaving at 9:30 a.m. sharp in the parking lot by the tennis court. Please join us.

The club gathers once a month, usually on the third Friday at 7 p.m. at the Delta Club. Please check the monthly *Trilogy Living* for any date/time changes. Other games are available for those not interested in playing cards, including dominoes, backgammon, and checkers. We also welcome those who just want to socialize. We also have a potluck at that time. Contact Madalene Turner (3361) or Jean Robertson (0086) for more information.

Women's 9-Holers

July weather has gone from hot, warm, humid, windy, cool and then rain! Tournament results:

July 1: Low Putts, Flight A; First place Tie, Pam Fashing, Anna Bogucki, Nancy Biles. Flight B; 1-Georgette Rodrigues, 2-Nancy Griffin. July 8: Low Net, Flight A; 1-Nancy Biles, 2-Lynn Traver, 3-tie, Anna Bogucki and Helen Swarbrick. Flight B; 1-Arla Gustafson, 2-Kathy Moore, 3-Eileen Owen. Flight C; 1-Barb Downs, 2-Anna



Stevens, 3-Betty Bowley. July 16: T and F Game; Winner, Patty Harrison.

July 22: Men's Executive Nine hosted Women's 9-Holers; A fun day ending with a great hamburger lunch - Thanks Guys. July 29: After golf, we had our general meeting with guests Tim Eldridge and James Young. The Alameda Tournament, winning teams: 1-Pat Lasusky, 2-Connie Eremian, 3-Sharon David. Eclectic Tournament, results: Flight A; 1-Anna Bogucki, 2-Lynn Traver, 3-Karen Nash, 4-Kathy Moore. Flight B; 1-Marj Niemi, 2-Nancy Griffin, 3-Fran Silva, 4-Georgette Rodrigues. Flight C; 1-Barb Downs, 2-Eila Ballard, 3-Judy Dye, 4-Patty Harrison. There were two Birdies this month, Karen Nash, #13 and Cathy Warr, #15.



Lockeford PWGA Play Date

Pars for the Month: 26 in total, #13 and #12, most popular. Par of the Month Club members (this can change monthly); Anna Bogucki, Denise Sargent-

Natour, Gay Fortier, Pam Fashing, Linda Rowe, Cathy Warr, Jan Benner, Arla Gustafson, Nancy Biles, Barb Downs, Lynn Traver, Linda Bingham, Patty Harrison, Georgette Rodrigues, Connie Eremian, Nancy Whitney, Nancy Griffin, Helen Swarbrick, Sally Thomas, Kathy Moore, Barb Bellamy. Way to go! The Big Pot Chip-In was finally won by Linda Bingham, over \$75, Yeah!

To join the club or for questions, contact Fran Silva at (3791) or alfran 70@comcast.net.

Answer: Provisional Ball question, True. From *Do I Get A Drop*, by Doug Anderson.

Etiquette: Do unto others as you would have them do unto you!

Women's 18-Holers

Well, here we are already on the down side of summer. We have been trying to get our golf game in early in the day before it gets too hot, also wishing for some of that wind. We have had large turnouts for our Thursday Play Days. Some of the winners for the month of July were:

July 3: Low Putt Day. First place in Flights A, B, C and D were: Debby Carroll, Roni Teixeira and Anna Bogucki tied, Doris Sundly and Marilyn Rogers. Doris Sundly was the Ace of the month with the lowest net score. She was also the only one without a three putt. On low putt day, we put a quarter in the kitty for each three or more putts.

It can get costly. July 10: The game was Cross Country using half handicaps. First place in Flights A, B, C and D were: Cindy Brown, Alma Renko, Sue Clark and Maureen Gingrass tied and Bev Dunn. July 17: Low Net. First place winners in Flights A, B, and C were: Vicky Riddle and Ulla Ulmonen tied, Loretta Ortenblad and Paula Davis. July 24: Team Scramble. The winners of the threesome flight included a tie between Linda Siatt's team and Lucille Rhode's team. The foursome flight winners were: Vicky Riddle's team.

We meet each Thursday at Sir Flairs Restaurant at 8 a.m. If you are interested in joining our club, please contact Linda Siatt (5364) for information.

Writers Club

Children often collect treasures and hide them in their pockets. These might include stones, shells, a frog or the carrots they were supposed to eat at dinner. Adults store other items in their pockets, such as keys, buttons, broken earrings, or a grocery list. What do you have in your pocket? This month's optional topic is "If you can guess what I have in my pocket, you can have it." How will you describe it so that someone can surmise what you have? Or are you willing to part with it yet? What is the story behind your concealed item? Compose an essay, a poem or jingle and share it at the next Writers' Club meeting on Thursday, September 11. We'll meet in the Monterey Room of the Vista Club at 7 p.m.

Did you have something else in mind as you sat down to write? Fantastic! Our monthly subjects are merely suggestions to get you started. Just write about whatever inspires you. If you have any questions concerning the Trilogy Writers' Club, feel free to contact Zoe at (3676) or Suzi at 925-231-5213.

Call to Action All Clubs and Groups!

Tuesday September 30, 10:30 a.m. — 12 p.m., Diablo Ballroom, Vista Club

Mark your calendar and sign up for the Club Status Annual Renewal meeting. All groups with club status need to be represented at the meeting. RSVP with Member Services (4200).



Trilogy at Rio Vista HOME BASED BUSINESS DIRECTORY

Amway

Products & Services 10% discount for residents Tom Spivey 209-986-5758 LtSpivey@hotmail.com

At Your Service

Enjoy your retirement --Leave cleaning to our qualified staff Excellent References/Bonded Carmen Martinez 398-8345

Bonnie Bowen, Independent Broker

Real Estate Services, Llc. 000924244 (Fees Negotiable, Ask Me!) 707-322-5875 bonniebowen@comcast.net

Divas

Unique Jewelry & Accessories www.divaswithpizzazz.com Char (3806) Donna (3212) Norma (2779) Sylvia (2226)

Hair & Beauty

Myrna Martinez Licensed Professional All Services/Men & Women 35 years' experience Myrna (3725) Cell 408-309-0083

Mary Kay

Independent Beauty Consultant Sueann Novotny (5624) snovotny@citlink.net

Mirna's Gourmet Mexican Food

Tamales, Enchiladas, Tostadas, Flautas, Burritos, Spanish rice, Frijoles rancheros and more delivered to Trilogy Residents Call 673-6608

Mirna's Professional Hair & Nails

Men and women. 30 years' experience Mirna 673-6608 dwstreak@yahoo.com

Rodan & Fields Skin Products

Want to look younger?
Call for a free mini-facial.
Lupe Finch, Independent Consultant (2466)
LupeandMarcy@gmail.com

FOR RENT

House for Rent

2br/2ba, 1579 sq. ft. Available immediately. \$1490/mo. Call 510-284-9611.

FOR SALE

Cultivator

Mantis Tiller/Cultivator \$75/OBO, Brill RazorCut Premium 33/38 Hand Lawn Mower \$75/OBO, great for small yards/gardens. Manuals included. Jim (0242).

Golf Cart

EZGO 2007 Golf Cart: new batteries, lights F & R, body & tires in excellent shape, split windshield \$2995. Call (3338) or 208-9096.

FOR SALE

Golf Cart

2001 Golf Cart: Full cover, lights F & R, split windshield, ball washer \$1300 Call (3338) or 208-9096.

Golf Cart

Yamaha golf cart with custom paint, high speed motor, shield all around, new batteries. \$3000 /OBO. Call Renato (5520).

Hide-a-Bed

Moss colored double bed hide-a-bed. Lightly used, \$100. Call (2848).

Lawn Mower

20" Electric Lawn Mower, Heavy Duty Battery—no wires! (grass cutter or mulch), Electric Trimmer-Edger, Aluminum Extension Ladder 18'-20' Call Franca (1432).

SERVICES

Airport Transportation

I'll get you to any airport or SF port on time and pick you up on return. TRV residents only. One way fares: SFO \$115, OAK \$90, SMF \$65, PORT \$100/ Call Ralph Hatch (3941).

Audio/Video

Certified On-Q Home installation for your audio/video needs: VCR's, Blu-ray, DVD's, a new amplifier. We will customize to meet your needs. Michael (2800).

Car Wash

Ray's Mobile Car Wash. Let me come to you to wash and clean your vehicle. Cars, pickups, SUV's. Reasonable rates. Call Ray (7598) or cell 249-1492.



SERVICES

Caregiver

Trilogy resident, registered nurse specializing in in-home medical care. Daily or long term. CPR certified. Medications, surgical recovery, wound care, injections. Call Kathy (7587).

Clock Repair

Thirty years collecting and repairing clocks. No cost if I can't fix; low cost if I can. Call (6782). Ask for Rod.

Computer Aid

I can fix your PC, including removing viruses and malware. New PC setup with file transfers and tutoring on Windows 8. Wireless printer, wireless connections for Netflix. Home theatre. Kathy Barker (6850)

Computer Assistance

PC, Laptop and iPad troubleshooting. Install software, wireless networks or DVD players. Patient tutor for basic or advanced help. Technical expert—Robert (5129).

Computer Doctor

Woody Woodard will fix PC's/ Mac's, install, teach, create web pages, coordinate with Frontier, Best Buy, Comcast. 707-416-6067

Driver

Experienced shuttle driver (your car, I drive). Brenda 816-0964 Tmblweed5000@aol.com

Electrical Needs

California licensed (no. 819067) electrical contractor servicing/installing electrical distribution panels. Installation/repair of fans, chandeliers, light fixtures (inside or out), switches or receptacles, we do it all. Michael (2800).

Faux Finishing @ Its Best

Enhance the beauty of your home with faux finishes for your walls, columns, fireplaces and doors.
Call Susan Prince/Oddo (2167)

SERVICES

For Sale by Owner Help

Homeowners, if you have a buyer with agreed upon price and terms, I will write the sales contract (only) for \$500. I am a local, licensed, independent broker at your service! Full services only 1.5% of sale price. Call Bonnie Bowen 322-5875.

Gun Repair

Gun repair and gun cleaning, scope mounting, stock and pistol grips. Appraisals and estimates, parts and installation. Call Bob (7587).

Handyman

Trilogy resident has over 40 years of home maintenance experience, MOEN faucet specialist, ceiling fan and chandelier installations, electrical trouble-shooting and GFCI problems, plumbing leaks, disposals, toilet maint., and more. Free estimates. City bus. license #1654. Bob Bailey (3391).

Handyman

For those projects that you can't or don't want to do: plumbing (leaking faucet, garbage disposal), electrical (install ceiling fans, light fixtures), household repairs, hang window treatments, mirrors, and pictures. Call Scott Sylvester (6013).

Housecleaning

Complete housecleaning! Quality cleaning at affordable prices. Weekly, bi-weekly, or once. Rental cleans. Call Dawn, "Jerry the Sprinkler Guy's" daughter at 628-4235 or (5239).

Housecleaning

Nita's Diamond Housecleaning is back, satisfaction guaranteed! A Trilogy resident for 14 years,10 years' experience offering many housecleaning services. Window cleaning, including courtesy hosing of front and back. Call Nita 315-6670 or Victor 510-334-9667.

SERVICES

Hypnotherapy

I'm a new Trilogy resident and a Master Hypnotherapist since 1986. Let me teach you to control your mind and finally lose weight, reduce stress, and channel your energy toward positive results. First session \$75 for Trilogy residents. Totally confidential. Call Karen Lamberto at (2938) and feel better at once!

Impeccable Improvements & Repair

Established retired general contractor. . .Tile, wood floors, water leaks, drywall damage, kitchen & bath remodels/repairs, privacy walls, iron fences/French doors, indoor/outdoor Jacuzzi tubs, storm doors, fireplaces, mantels. 10 year resident. Big or Small—I Do Them All! References available. Dominic, YOUR ONE STOP SHOP IN TRILOGY. 322-9476

Income Tax Services & Planning

Serving Trilogy since 1999; individual, trusts, business. Consultation in your home or my Trilogy office. Ron Auger, CPA (3068)

Landscaping

Hello Trilogy residents, new & established: I'm Jim Gilly, a fellow resident looking to help you with re-designing and installing your front or back or both yards. Visit my web @ www.gotgilly.com. Lic. 752296. Call 925-260-5780.

Networking/Computers

Is your computer or network not working well? Please call for a check-up at minimum cost. Michael (2800).

Notary

My home or yours. Servicing Trilogy for the past 12 years. Please call Eileen Griffin at (2684). Thank you.



SERVICES

Notary Public

Certified Notary, fast, professional and reliable service. Lowest fees for Trilogy residents. Please call Jeffrey (7541). Thank you.

Notary to Go

Only \$8 per notarization at Trilogy. Discounts for numerous documents. Since 1984. Call Warren at (3477).

Notary Services

\$10 per signature per page/ discounts for multiple pages. Offering LegalShield™ /Identity Theft Protection Services. Trilogy Resident. Elaine Wisz (4310).

Painting & Drywall

Repaint exterior & interior. Color and texture our specialty. Free estimates. 40 years experience. R. P. Painting, Trilogy Resident CA St. lic. #422737. Call today (5954).

Pet Care

Kitty care and small dogs (no walking) services. Includes play, feed, meds, trash out/in, newspapers, mail, and house plants. Call Mimi (4343)...Trilogy resident.

Photography & Video Services

Family events, portraits of people and pets: preserve memories with a family documentary, home inventory videography. 628-5109 Jerry Hallett, Trilogy Resident. Email jerry_hallett@hotmail.com or www.hallettphotos.smugmuq.com

Pressure Washing & Cleaning

Diligent and conscientious. Exterior walls, patios, driveways. Great rates. Other services also available. References. Trilogy resident. Christopher 415-710-2590.

Rain Gutters Cleaned

Also pressure wash driveway, walkway, patio and outside of house. Trilogy resident Danny 209-570-0302.

SERVICES

Sliding Door & Screen Repair

Stop Fighting Your Sliding Door and Screen!...If it does not Slide, I will make it Glide...Replacement or Repair of all Patio Door and Screen Rollers, Patio Door and Window Screens, Locks, Handles, Shower Door Enclosures and Wardrobe Doors. For a Free Estimate, please call Jonathan (2736).

Streaming Video

Will set you up to watch movies in your home instantly from Netflix or Amazon. Woody Woodard 707-416-6067

Transportation

Dave's Transportation Service. I transport Trilogy residents only to trains, boats, planes. No medical services, shopping or casinos. Reliable. Call (3192). Thanks

Water Filter

Drink purest, cleanest, tastiest water from your tap. Install reverse osmosis filter under sink system. Save bottled water costs of \$250+ per year. Trilogy resident discounted \$150 plus installation (2643).

Weed Pulling

Get rid of those ugly weeds. Don't break your back. Keep your yard tidy. Trim, prune, pull weeds, clean up dead leaves, plants. Plant new plants. Laurie (6305) or cell 925-301-7389.

Window Cleaning

Professional window cleaning. Years of experience, licensed, and complete background check. For a free estimate and appointment, call Gary (3488).

WANTED

Golf Carts

Cash paid on the spot. Carts can be running or not. Call (3338) or cell 208-9096. Also call regarding rebuilt golf carts.

Want to Run a Classified Ad?

Pick up an ad application form at

Member Services. Turn in your completed
form by the fifth of the month preceding
the month you wish the ad to run.

Cost is \$10 for 25 words. Additional
words are \$.25 per word. Checks only.

Late ads will run in the next issue.

Prices change effective April 1.



Minutes from July and July Financials were reviewed and accepted

New Business

Tennis Court Resurfacing

• Discussion was held to determine if only cracks should be filled this year at a cost of \$500 per court or if resurfacing be done now at a cost of \$17,000 per court (scheduled in 4 years). Ultimately, Board agreed to fill cracks.

Document Revision Schedule and Draft

• A request from Board member Coleman asking that a draft, per section, be delivered to the Board prior to the Document Revision Committee final revision sent to legal counsel was reviewed. The other 4 Board members were not uncomfortable with getting the draft in its entirety once the Committee has had a chance to complete its work. The Committee meeting schedule, which is flexible, will be listed in the *Trilogy Living* and/or the eNewsletter as much as possible.



ADVERTISING INFORMATION

DEADLINE: All final ads and checks are due by the fifth of the month prior to the month of publication. For example: October 2014 ads and checks are due by September 5, 2014. All late submissions will run in the November 2014 issue of *Trilogy Living*.

REGULAR SIZES AND RATES:

•	1/8 page ad	3 ½" wide X 2" tall	\$90/month
	Scan your horizontal business card at 300	dpi, and e-mail it as a pdf, jpg or tiff file to Tania Fard	della at indigodesign@att.net.

¼ page ad
 ½ page ad
 ½ page ad
 Full page ad
 7.5" wide X 4.5" tall
 \$220/month
 7.5" wide X 9.25" tall
 \$345/month

PREMIUM SIZES AND RATES:

•	¼ page ad Inside Front or Back Cover	\$185/month
•	½ page ad Inside Front or Back Cover	\$285/month
	INCIDE EDON'T COVER	75" 11 7/40"

INSIDE FRONT COVER
 INSIDE BACK COVER
 OUTSIDE BACK COVER
 7.5" wide X 10" tall
 \$445/month
 OUTSIDE BACK COVER
 7.5" wide X 10" tall
 \$500/month

DISCOUNTS:

- 5% off pre-paid ads for 3 months or more
- 5% off for businesses owned by residents of Trilogy at Rio Vista

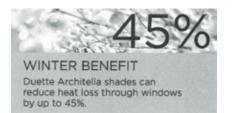
To place an ad, contact Joan Azlant at joanazlant@comcast.net or 707.374.2620. If you need ad design, contact Tania Fardella at indigodesign@att.net or 925.377.0335. Additional fees will apply for design, scanning, and edits.



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Duette* Architella* shades can reduce unwanted solar heat through windows by up to 80%.





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