

# Trilogy Living



## VETERAN'S SALUTE!

In addition to the Veterans Day Tribute on Nov. 11, Trilogy is hosting the Veterans Ball later that evening. Come out in support of your friends, family, and neighbors who served our country. See pg. 4 for details.

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# *From the Master Association*

## **Warren Oglove**

*President*

### **The Master Association held the executive board meeting Sept. 19. prior to the board meeting.**

- The Golf Committee asked the Board to withdraw the offer for the golf course. The Board so moved and instructed our attorney to send a notice of our intent to BRV Partners.

### **The Master Association held a special executive session on Oct. 2.**

- Four highly qualified applicants were interviewed for the one open position on the Master Board. Melissa Coleman was selected and will fill the spot to be vacated by our current Vice President, Tom Moore.
- Our contract with Action Management expires March 30, 2014. President of Action Management Marianne Simek proposed a new contract. Her proposal indicated no increase in the monthly fee; however, there would be an increase in employee benefits, including medical insurance premiums and Workman's Compensation premiums. It is indicated that our increased cost would amount to less than \$7,000 annually.

### **The Master Board Meeting took place on Oct. 8.**

- Marianne Simek of Action Management summarized the estimated costs for employee benefits in the new contract. If we can negotiate a fair contract, it is our plan to renew.

### **The following actions were taken:**

- The Board proposed to the City of Rio Vista to purchase the former Waste Water Treatment property for \$50,000. The City has made a counter offer to grant us the property at no cost. We have to agree to take control of the Lighting and Landscape District. The Board President has appointed a Committee of three people to review the proposal, contracts, and financials of the LLD, and report back to the Board. The committee members are Joel Auslen, Melissa Coleman, and Derek Jones.
- A new charter was approved by the Board for a reformed Emergency Action Committee (formerly The Disaster Preparedness Committee.)
- A Woman's Bible Study Group and a Life Improvement Group requested club status. Both requests were denied by the Board.

The Board wishes a bon voyage to our Vice President, Tom Moore. He is leaving Trilogy to take up residence in Oregon City, Oregon.

**The next Board meeting is Tuesday, Nov. 12 at 2 p.m.**

## **TRILOGY AT RIO VISTA**

### **D I R E C T O R Y**

#### **Master Association Board of Directors**

Warren Oglove, President (3477)  
Tom Moore, Vice President (5772)  
Bernie Dehn, CFO (4764)  
Joel Auslen, Secretary (5808)  
Noel O'Brien, Director (925) 348-4097

#### **District Delegates**

Village I – Bernie Dehn (4767)  
Village Oakmont – Lee Puryear (3510)  
Village Riviera – Dante Miles (6445)  
Olympic Village – Joel Auslen (5808)  
Saddle Rock Village – Roger Kohn (2737)

#### **Committee Chairs**

Adult – Helen Bergoust (2436)  
Emergency Action Committee – Alan Levine (718-7907)  
Access - Andy Pestana (5154)

#### **Village Board Presidents**

Village 1 – Bernie Dehn (4764)  
Village Oakmont – Walt Manos (2827)  
Village Riviera – Don Seyk (6407)  
Olympic Village – Mike Dubrow (6706)  
Saddle Rock Village – Patty Kohn (2737)

#### **Association Administration**

**General Manager: Ed Vitrano** (4869)  
evitrano@actionlife.com  
**Assistant General Manager: Catherine Patrick**  
cpatrick@actionlife.com (4843)  
**Activities Director: Debbie Dorn** (4204)  
ddorn@actionlife.com  
**Fitness & Spa Director: Kathy Erwin** (4205)  
kerwin@actionlife.com  
**Maintenance Director: Mike Oestreich** (4895)  
moestreich@actionlife.com  
**Member Services Coordinator: Cheryl Lucas** (4203)  
clucas@actionlife.com  
**Communications Coordinator: Andrea Stuart**  
stuarttrv@gmail.com

#### **Club Numbers**

**Vista:** Front Desk (4200) Fax (2422)  
**Delta:** Admin Office (4843) Fax (4891)

#### **Trilogy Living Editorial Board**

Andrea Stuart, Ed Vitrano, Debbie Dorn, Cheryl Lucas,  
Joan Azlant, Kathy Erwin, Helen Bergoust

#### **Commercial Advertising Manager**

Joan Azlant, joanazlant@comcast.net (707) 374-2620

#### **Resident Classified Advertising**

Kathy Nilsson, knilsson@actionlife.com (4200)

#### **Welcome Center/Front Gate** (4306)

trvwelcomecenter@gmail.com

#### **Café Vista** (4202) **Nines** (4400) **Golf Course** (2900)

#### **Shea Customer Service** 1-866-535-9989

## From the Editor



### Andrea Stuart

Excitement fills the air as the holidays encroach. Thanksgiving, perhaps being November's most popular holiday, reminds us that this month, we have something extra for which to be

grateful: those who have fought for our freedoms, some of whom have paid the ultimate price. As Veterans day nears, Trilogy has organized a Veterans Day Tribute and Veterans Ball to honor and thank those who have served the United States of America.

Given the proximity to Christmas, there are several opportunities to give more of one's self. It's also a time to begin planning those New Year's resolutions. Check out the community section of this issue for events, support groups, and charitable organizations.

Remember, this time of year can be challenging on the schedule, so do your due diligence when making plans. Keep in mind we have over 80 clubs at Trilogy that would love your participation.

Happy Thanksgiving!



**From the Board of Directors:** The publisher retains the right to edit articles and advertising to conform to content and space requirements. The Trilogy Board of Directors is not responsible for expressed opinions or for the authenticity of all presented facts in articles and advertisements. Viewpoints contained in this newsletter are not necessarily the opinions of the Trilogy at Rio Vista Master Association, the Board of Directors, its officers, or management.

## From the Activities Director



### Debbie Dorn

The Magical History Tour of Beatles music turned back the clock for Trilogy. We thank Shea Homes for that magnificent opportunity! Other

eventful highlights include the Trilogy Clubs Awareness Forum, which spotlighted 46 clubs and groups. We had a record number of attendees at the Trilogy Experience new resident orientation. Sutter Health Flu Shot Clinic served 174 residents. More than 100 residents were entertained during Open Mic Night. Folks didn't let the weather stop their rally for a great time at Picnic in the Park. The Crystal Image dance concert filled the ballroom. And the Theater Group successfully sold out for their production *An Evening of One Acts*. Job well done everyone!

Don't miss out on these upcoming special events!

- 11/08 Karaoke ~ Second Friday this Month!
- 11/11 Veterans' Day Tribute
- 11/11 Veterans' Ball
- 11/16 Concert: Patsy Cline Tribute  
Featuring Joni Morris
- 11/17 Farmer's Market
- 11/18 & 11/19 New Year's Eve Celebration  
Registration. The ball drops at 9 p.m.!
- 11/23 Fall Gift, Craft, & Art Faire
- 11/30 Christmas Tree Decorating Social
- 11/30 Holiday Choir Performance

### Get Ready . . .

- 12/01 Farmer's Market
- 12/01 Tree Lighting Ceremony ~  
It's an Inspirational Tradition!

Check into all the club activities for many more opportunities. You'll find there is something for everyone within your community! A list of clubs and groups is available with contact information from Member Services at the Vista Club. Your comments and suggestions are always valued. Send an email anytime to [ddorn@actionlife.com](mailto:ddorn@actionlife.com). My mailbox is always open! I wish you and yours a blessed and memorable Thanksgiving.

**For non-delivery of *Trilogy Living*, contact Debbie Dorn at (4204).**



## Farmer's Market ~ Have you experienced Trilogy's Market Place?

Sunday, Nov. 17 & Dec. 1, 10 a.m. – 3 p.m., Delta Club ~ Free



Only one chance this month to stock up at the Farmer's Market at Trilogy! Bring your neighbors and support your locally grown fresh fruits and vegetables from our own Trilogy Farmer's Market. Petrill's Produce Farmer's Market provides wonderful produce and

other specialties. It's easy to keep a fresh supply of fruits, vegetables, and specialties on hand without leaving Trilogy.

## Grapevine Chat Returns 2nd & 4th Tuesdays each month!

Tuesday, Nov. 12, 6 p.m. and Nov. 26, 5 p.m. ~

Free, Informal Gathering, Grand Living Room, Vista Club

Are you new to Trilogy or a seasoned resident who enjoys a friendly atmosphere and good conversation? Join the informal gathering at the big fireplace. It's a warm and casual setting where you can "get the scoop" on all things Trilogy while you get to know your neighbors. Bring wine, glasses, and snacks to share with others if you'd like. No sign-up required.



Mark your calendar for registration . . . see page 7 for more details!

## New Year's Eve Celebration ~ The Ball Drops at 9 p.m.!

**Two dates to register for this event at the Monterey Room, Vista Club:**

Nov.18, Monday 10 – 11:30 a.m.

Nov. 19, Tuesday 4 – 5:30 p.m.

Rally your friends! Sign up to reserve your place to bring in the New Year at the Vista Club on Dec. 31, 2013! Table selection will be available.



## ~ Trilogy Veterans Ball ~

Monday, Nov.11, 6 – 10:30 p.m.

Diablo Ballroom Vista Club ~ \$35 pp

Whether you enjoy a fine catered dinner, live music, dancing, or just the camaraderie you had in the service, attend the Veterans Ball. This is the first Veterans Day Ball for Trilogy veterans and their guests. The reception begins at 6 p.m. followed by dinner at 7 p.m. Music and dancing will follow until 10:30 p.m. This is a semi-formal affair or service dress uniform. No hats please. Bring your own adult beverages of choice and prepare for a fun-filled evening with your fellow service members and guests. Seating will be limited. This is expected to sell out quickly. The ball is open to all residents regardless of military status. Sign up at Member Services in the Vista Club. For more information, contact Ron Waite at (6714) or (925) 216-7488.





## **Blood Pressure Check ~ Free**

Thursday, Nov. 14, 9 – 10 a.m., Library Delta Club

Have your blood pressure checked the second Thursday of every month at the Delta Club Library between 9 – 10 a.m. Stop by and keep that blood pressure in check!

## **Computer Workshops – Several Available!**

Learning Center Vista Club ~ Advanced Workshops ~ \$7

Last chance to catch these before winter break! Advanced Digital Photo Editing and Advanced Digital Storytelling will be offered November 5! See page 37 for more information. Limited space available, sign up at Member Services.

## **Karaoke Night ~ Second Friday This Month!**

Friday, Nov. 8, 7- 8:30 p.m., Diablo Ballroom Vista Club ~ Free

Specially designed for your enjoyment, Karaoke Night features open dancing while song lyrics are displayed on the big screen for sing-a-long good times! There will be a variety of entertainers including story tellers, special dancers, folk singers, and more. You may be one of them! Bring your favorite snacks and beverages and come over for a relaxed evening of spontaneous fun and entertainment. No sign-ups required!

## **Call to Action All Trilogy Veterans**

We may not be able to update recently received information for this month's program, yet we will have it included for the next program! So keep spreading the word to all veterans, particularly new residents. In preparation for a special tribute project, we need to identify all veterans in the community. Please contact Member Services (4200) or stop by at the Vista Club to provide your name, branch, and years of service. Please include a past photo in uniform along with a current photo. You may do so by email or by dropping them off with Member Services for Debbie Dorn. Place them in an envelope with your contact information for return.

## **Veterans Day Tribute**

Monday, Nov.11, 1 – 3 p.m., Diablo Ballroom, Vista Club ~ Free

This day is the anniversary of the signing of the armistice, which ended the World War I hostilities between the Allied nations and Germany in 1918. Since 1954, Veterans Day is declared a day of thanksgiving to honor and thank

all military personnel who served the United States in all wars, particularly living veterans. Join us to honor all veterans. Activities include a presentation by the Color Guard, music by Trilogy Jazz Band, Delta Breeze Chorus, Delta Harmony, and a special guest speaker. Veterans, please sign up at Member Services, otherwise no sign-up required. If you are a veteran, we ask that you also register with the Call to Action for the special tribute project.

## **Concert: Tribute to Patsy Cline Featuring Joni Morris**

Saturday, Nov. 16, 6:30 – 8:30 p.m.

Diablo Ballroom Vista Club ~ \$15 pp

Audiences love Joni's tributes to the music of Patsy Cline, Connie Francis, and Legendary Ladies in Country Music. She is a dazzling entertainer with a double-barreled voice. You'll hear Patsy's biggest hits like "I Fall to Pieces," "Walkin' After Midnight," "Sweet Dreams," and "Crazy." You can also expect to hear a few of Joni's own original songs in every show. She adds comedy, eye-catching costumes, and lots of audience interaction to each performance. Sign up at Member Services and bring your favorite provisions to enjoy during the show.

## **Fall Gift, Craft, & Art Faire ~ Save the Date**

Saturday, Nov. 23, 10 a.m. – 3 p.m., Diablo Ballroom, Vista Club

Don't miss out on this convenient and unique selling and shopping experience at Trilogy in time for the holidays! If you would like to rent a table, sign up at Member Services, Vista Club to receive the registration notice for the spring faire. Each merchant table will donate a prize for the raffle and all proceeds benefit Meals on Wheels. Raffle sales and drawings are held throughout the event. For more information, contact Member Services (4200) or Debbie Dorn email [ddorn@actionlife.com](mailto:ddorn@actionlife.com).

## **Christmas Tree Decorating Social**

Saturday, Nov. 30, 10 – 2 p.m. at the Vista Club

It's an ol' fashioned get-together and decorating social for the holidays! There is plenty of space needing your decorative touch! Light refreshments will be served and you are welcome to bring something. This is sure to be a great time sharing the holiday spirit, including the Baptist Friendship Choir Performance at 2 p.m.! Sign up at Member Services (4200).



## Holiday Choir Performance

Saturday, Nov. 30, 2 – 3 p.m. at the Diablo Ballroom  
Vista Club ~ Free

Friendship Baptist Church returns for their ninth performance at Trilogy. They are that amazing! The group hails from Vallejo and will perform spectacular sounds of song. You will not want to miss their 2013 Trilogy appearance. No sign-ups necessary.

## Tree Lighting Ceremony ~ it's an inspirational tradition

Sunday, Dec. 1, 5 p.m., Vista Club Grand Living Room ~ Free

Join in this Trilogy experience that will heighten your senses for the holiday season with performances by Delta Breeze, Delta Harmony, and an instrumental ensemble from Trilogy Jazz Band. No sign-up required.

## Trilogy Holiday Show

Wednesday, Dec. 18, 7 – 8:30 p.m. Vista Club ~ Free

Join together for a delightful experience of holiday performances hosted by Trilogy Jazz Band, Delta Breeze Chorus, and Delta Harmony. No sign-ups required.

## New Year's Celebration ~ The Ball Drops at 9 p.m.!

Monday, Dec. 31, 6 – 11 p.m., Diablo Ballroom, Vista Club ~ \$55

This year's party will be less formal attire, begins with a delicious hors d'oeuvres reception and leads into a scrumptious all-inclusive dinner served on buffet. The Trilogy 2013 picture slideshow displays on the big screen while melodies dance lightly to conversation. Later, dance through the night bringing in the New Year to a variety of quaint and familiar tunes! Share the countdown live from New York Times Square on the big screen with party favors, and toast the New Year while singing along to Auld Lang Syne! Private label champagne will be provided for toasting. Coffee, iced tea, and water will be available or you may bring your own beverage of choice to enjoy through the evening. Ice will be provided. Rally your friends to sign up at the Vista Monterey Room **November 18, Monday 10–11:30am or November 19,**

**Tuesday 4 – 5:30 p.m. to reserve your place.** Limited seating is available and late sign-ups will be accepted while space lasts. We encourage large groups to send one person to sign up with full names and payment of those they are signing up. Table selection will be available. For more information, contact Debbie (4204) or Member Services (4200).

## Make Like a Polar Bear

Sunday, Jan. 1, 10 am, Delta Pool ~ Free

Let the fun begin! For those of you who want to cross something off your bucket list or just challenge yourself in a new way, join fellow Trilogy members and take the plunge at the Delta pool. How do you prepare? You don't. The essence of plunging is the group energy. You must go all the way under for it to count! It's exhilarating. Afterwards, warm yourself in the hot tub, then enjoy hot chocolate in the Delta Club Marina Room. Those who plunge will receive a 2013 Polar Bear Plunge t-shirt! Collect them from year-to-year. Sign up at Member Services at the Vista Club by Dec. 13 (mention your shirt size).



### South & Central America Presentation

You are invited to our South & Central America Presentation on November 5<sup>th</sup>, 6:00pm with GLOBUS Expert Karen Wong. She will give you firsthand information about the beautiful and interesting destinations. Please call at 707-422-9777 to secure your seat!

#### Our Special Offer

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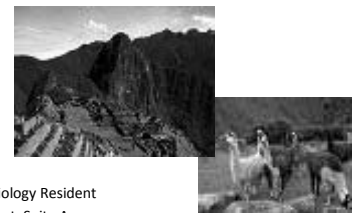
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## Assessment Notice

Association Assessments are published monthly on this page of *Trilogy Living*. This is an additional vehicle for checking your current assessment. Coupons will reflect the monthly assessment for those receiving them. Those on automatic withdrawal (ACH) may check their bank statements after the 5th of the month to see the amount taken out and all members may register at [www.actionlife.com](http://www.actionlife.com) to monitor their accounts 24/7. If you have questions or need help registering online, please call the Administrative Office (4843).

### Assessments for the month:

**Master Association \$120.00**

**Master Association \$80.39**

(Only for original residents (<100) in a developer subsidy agreement)

**Village I \$4.50**

**Village Oakmont \$4.50**

**Olympic Village \$5.00**

**Village Riviera \$5.00**

**Saddle Rock Village \$0**

(None until dormancy ends)

**Club Hours** – The Delta Club is open at 7 a.m. for entry with members’ keys. It is open from 8 a.m. to 11 p.m. for entry without keys. From 11 p.m. until 7 a.m., there is no entry. The Vista Club is open from 6 a.m. to 9 p.m.

**Thank You** – The Administrative Office appreciates and thanks all members who abide by the Rules and Regulations of the community.

**Electronic Communication** – The Association is no different than other organizations in leaning more on electronic communications to its members. There are two ways you can assist in reducing costs to the Master and Village Associations.

**E-Alerts** – Submit your email address to the Member Services desk at the Vista Club. This will get your information such as special announcements, monthly agendas and most important, the weekly e-newsletter, which updates you as to activities in Trilogy and the greater Rio Vista area.

**Disclosure Opt-in** – You may also choose to receive required documents which must be delivered by the Association(s) such as budgets, yearly financial statement, etc. To do that you must go to the Administrative Office and sign a form authorizing deliver by electronic methods.

Thanks for considering both options.

### **You have signed up for e-Alerts and Disclosure Opt-in but are not receiving them:**

Some of you may notice from time to time that you stop receiving the MTL e-Newsletters and/or the TRVMA e-Alerts. If this happens, please contact Jacquie and she will work with the email team to make sure that you’re on the ‘active’ list in the email system. Emails can be removed from the ‘active’ list in several ways: a user may click the ‘unsubscribe’ link on an email, a user may un-check the newsletter subscription box on his/her profile on MTL, or, more often, a user’s email service (i.e. Hotmail, MSN, and Gmail) may confuse the e-newsletters for junk and automatically reject all ongoing mail. This last scenario results in our email address being automatically moved off of the ‘active’ list in our systems. If you contact Jacquie at [jroche@actionlife.com](mailto:jroche@actionlife.com), she will have the email team move you back to ‘active,’ but we also suggest that you add the e-newsletter email address – [noreply@actionlife.com](mailto:noreply@actionlife.com) – to your “safe senders” or “friends” list in your email settings to reduce the odds of problems.

### **Where Do I Go If I Want To.....?**

**Reserve Tables and/or Chairs** – Member Services – Vista Club (4200)

**Have Copies Made, Send a Fax and/ or Receive a Fax** – Member Services – Vista Club (4200)

**Pick up a Residents’ Directory** – Member Services – Vista Club

**Submit Residential Ads for the Trilogy Living** – Kathy Nilsson – Member Services – Vista Club (4200)

**Indoor Plants** – Please do not use the potted plants as garbage receptacles and do not water plants. Staff takes care of the plants and when well-meaning members decide to help, it often makes matters worse. The plants are expensive to replace and all Members pay for replacements.

**Anonymous Notes to the Administrative Office/HOA** – Please sign all Administrative Communication Forms as we only take action on signed forms.

**Violations** – Please do not register complaints to the Administrative Office/HOA without making sure you have the correct address of the person in violation.





Example of what not to report – two houses down from the corner of a particular street.

If you receive a violation notice, please contact the HOA office.

**Your Pets – Your Responsibility** – We appreciate you picking up after your pets and keeping pets on leashes at all times. This reflects pride in your community as well as respect for your neighbors. If you forget to bring bags, there are bag dispensers throughout the community.

**Updating Your Information at the Administrative Office** – It is important to let the Administrative Office know when any of your information changes including moving from one property to another within the community. (Please include address, phone, email, frequent guests, emergency contacts, etc.).

**Late Charges on Assessments** – If you are paying your assessments through your bank, it is recommended that you move the date of payment to the 1st of the month when the assessments are due. Many banks are batching payments before sending them out, so even though your account may show a payment on a particular date, the payments are not being mailed on that date. If you schedule payments through your bank or mail your check after the 1st, you run the risk of being charged a late payment.

**Parking in front of mailboxes** – Thank you for helping our mail carrier deliver your mail, our staff deliver fliers and giving your neighbors easy access to their mailboxes by not parking in front of mailboxes and asking your service providers to park elsewhere also.

**Irrigation** – Please adjust your sprinkler system to reflect weather conditions.

**Welcome Center/Dwelling Live** – Please make sure that your guests and vendors have full name and/or address to give the Welcome Center attendants otherwise they will not be given access. The Welcome Center attendants are grateful to those members who enter guests on Dwelling Live, call the Welcome Center or email them when expecting guests and especially when having a party and expecting several guests. They don't want to deny access to anyone you are expecting but have no choice if they haven't been notified and they can't reach you to get your authorization upon your guests' arrival. Instructions for using Dwelling Live are available at the Vista and Delta Clubs.

**Suspicious Behavior** – Trilogy is a private community but not a secured one. Please keep your doors and windows locked when away from home and lock your car. If you observe unusual behavior that warrants a call to the police, please make the call.

**Dumping Trash** – Thank you for using your own receptacles for disposing of trash rather than any others throughout the community, and for not putting soda cans, water bottles and other trash in the doggie waste disposal receptacles. All residents are required to have garbage service.

**Service Provider Resource at the Delta Club** – There are two business card holders on the hall wall at the Delta Club. When looking for service providers, check out this area. TRVMA/HOA does not recommend any of these vendors; this is simply a resource for members.

**Pets in the Clubs** – No pets are allowed in either the Delta or Vista Clubs with the exception of service dogs. Service dogs are allowed only if they have been registered with the Administrative Office and have a TRVMA identification card. They must have their vest and TRVMA card on

## Meeting Calendar

### Master Association Board Meeting

Tuesday, November 12, 2:00 p.m.  
Diablo Ballroom, Vista Club

### Village Riviera Board Meeting

Thursday, November 7, 6:30 p.m.  
Marina Room, Delta Club

### Village I Board Meeting

Thursday, November 14, 4:00 p.m.  
Marina Room, Delta Club

### Olympic Village Board Meeting

Thursday, November 14, 6:30 p.m.  
Marina Room, Delta Club

### Saddle Rock Village

Wednesday, November 20, 6:30 p.m.  
Rio Vista Room, Delta Club

### Village Oakmont Board Meeting

Thursday, November 21, 6:30 p.m.  
Marina Room, Delta Club

### Council of Village Presidents

Monday, November 18, 10:00 a.m.  
River Room, Delta Club

### Access Committee Meeting

Monday, November 25, 1:00 p.m.  
River Room, Delta Club

### Adult Committee Meeting

Thursday, December 12, 1:00 p.m.  
Rio Vista Room, Delta Club



them at all times when they are in the clubs and they must be accompanied by the person for whom they are providing a service. If you do not comply with a request from a staff member to show them the TRVMA card, you will be required to leave the club until you present it. Therapy dogs are not allowed in the clubs at any time. They are not service dogs and are not protected under the ADA.

**It's Your Money – Please help cut down on avoidable expenses by:**

1. Thanks to all members who put down umbrellas at the bocce courts, the Delta back patio, and especially the Delta pool area when you are leaving and no one else is around. When the wind catches the umbrellas they are often damaged and must be replaced. If they are on the glass tables in the outdoor pool area, not only are they damaged but the glass table tops are shattered. This costs time of the maintenance staff who must assure that all glass is cleaned up and also incurs the expense of replacing the table tops. The table tops and umbrellas are quite expensive. Again, thank you for saving all members the cost of replacing them.
2. Several items are missing from the clubs. Please report any theft to the Administrative Office/HOA. Remember that when something is stolen, all members pay for the replacement. We need your help in cutting down on theft.

**Gardeners** – Please remind your gardeners that they cannot start work before 8 a.m. and that they should bag all clippings/leaves and not blow them into the street, gutters and others' yards.

**Architectural Applications** – Important reminder: Applications must be submitted for work being done on the exterior of your home and yard. If you do not submit an application, a \$500 application fee can be charged.

**Delta and Vista Pool** – All guests must be accompanied by a resident.

Children under the age of 18 are allowed in the pools during the hours of 11 a.m. and 3 p.m. and must be out of the pool area by 3:15 p.m.

**RV/Boat Passes** – You must enter through the front gate with your recreational vehicle and obtain a pass. Reminder: you may not have these vehicles in the community longer than 48 hours and they cannot be occupied while in the community. They are to be parked at your home, not in any common or undeveloped areas of the community.

**Golf Carts – Remember golf carts must:**

- A. Yield to overtaking vehicular traffic
- B. Be operated by a person who is at least 18 years old
- C. Be covered under sufficient liability insurance coverage

Golf cart drivers must obey all traffic signs that other vehicles must adhere to, including following the directions of the arrows on asphalt in parking lots.

Bicycles must also obey all traffic signs.

**For Your Safety** – If you are walking in the street, please yield to vehicles. Please wear light colors and carry a flashlight when walking or biking at night or early mornings.

For non-delivery of newsletter - Please contact Debbie Dorn at (4204).

**Street Lights** – Please report all street lights that are out to Customer Care at Action Property Management at 1-800-400-2284 or by email at [lld@actionlife.com](mailto:lld@actionlife.com).

**Visitors to the Vista Club**

If you have guests, please remember the following rules apply to your guests using the Vista Club:

**Signing In:** The Master Association Board of Directors requires all residents and invitees to sign in. This is for the safety of members and employees, and for the protection of our assets. This may be accomplished by using your ID card or by signing in. Members who are accompanied by guests must sign in instead of using their ID card. Guests who come without their sponsoring homeowner must sign the homeowners name on the sign-in sheet and are limited to using of the Cyber Café and Grand Living Room. Please help us keep your club private and safe by observing this policy

**Billiard Room:** a resident must be with their guests when they use the Billiard room. All guests must be at least 18 years of age.

**Café Vista:** all guests may use the Café Vista.

**Café Vista computers:** available for residents and their guests over the age of 10. Guests between the ages of 10 and 18 must be accompanied by a member. There are no parental controls on these computers.

**Fitness Room, Group Exercise studio, walking track, and the Learning Center:** are available for residents only.



## Adult Committee

Adult Committee met on Sept. 26, 2013. Correspondence was received from a resident for installing a street sign at the corner of Diamante and Michelbrook. The administrative office is looking into this.

Helen Bergoust, Chair of the Adult Committee, introduced Gail Bedinger, who is replacing Mike DuBrow, who resigned from the Wild Life Pest Management Committee. This committee is busy working with the HOA to implement the committee's recommendation for the problem with the raccoons. Kathy Stiner, Chair of this committee reported they are now looking into the feral cats, that are a major public health problem as they can carry diseases. Trap, neuter and release is not a good plan. Kathy recommended that expediting the hearing and fining process for anyone who feeds the feral cats.

Catherine Patrick, HOA representative, reported that there is a new website called Nextdoor which contains a lot of untrue information. She also reported that there is major road work planned which will cause a lot of inconvenience as it is the largest project that we have had to date. There will be a schedule sent out.

The Adult committee meets on the last Thursday of every month in the Delta Club at 1 p.m. All residents are encouraged to participate in these meetings. Your suggestions, comments and/or questions can be given to any committee member, left at the HOA office, or voiced during the residents input segment of each meeting.

The next meeting will be December 12th, the November and December meetings will be combined. For more information you may contact Helen Bergoust at [alhelenb@aol.com](mailto:alhelenb@aol.com) or (707) 374-2436.

## Village Riviera Board News

Cooler weather is here. That also means that Village elections for positions on the Village Riviera Board and as Riviera Delegate will be voted on soon. Our ballots will go out in December, so if you are interested in running for any of these positions, please contact the HOA Office at (4843) and request a Candidate Statement Form to be emailed to you, or go in and pick one up at the office in November. You must complete the one page statement and return it to the HOA Office in time for it to get copied and included with the ballot. Exact dates will be shared at the November meeting. Think of this as your resume for why you should be elected to either the Board or to represent Riviera at the Master Board Meetings.

Our Village meets the first Thursday of every odd month, so our next meeting will be coming up quickly...on Thursday, November 7, 6:30 p.m. at the Delta Club.

Please bring your questions and concerns, your issues as a homeowner, or just to get acquainted as a new resident to learn more about your village. If you have questions, please contact our President, Don Seyk, at (6407). We'll see you at the meeting.

## Saddle Rock Board News



The Saddle Rock Village Board of Directors met September 18. Kathi Bradley, Vice President, addressed the importance of licensed contractors for any construction projects. Kathi and Secretary Auslen suggested that residents attend the Access Committee meetings held monthly to voice concerns or issues regarding security.

Joel Auslen, Secretary, gave the Delegate report mentioning the golf course lakes, and to contact Air Quality Control at 1-800-287-3650. The repaving of the roads will start on Summerset Drive soon.

Ed Vitrano, General Manager, highlighted the Golf Course acquisition, the use of Dwelling Live and ResidentGuest.com to manage guest list, pets, etc., and an offer to be submitted to the City of Rio Vista for purchase of the Waste Water Treatment Plant.

Residents expressed concern about street lights still not working on Birch Ridge Drive. Mr. Vitrano stated that the issue has been addressed with Shea Homes and they are working with PG&E to resolve the issues to have the lights working soon. A suggestion was made to review driveway parking regulations during January, 2014 meeting. Mr. Vitrano discussed parking regulations for all villages.

An architectural report was given by Estelle Piper, stating that 22 architectural applications and notices of completion were received. She also covered the types of applications received and the turnaround time is approximately 2 weeks.

The violations report was discussed. Kathi Bradley, Vice President, reported that applications were received for a new Architectural Committee member and the successful candidate appointed was Winnie Berger.

A meeting was held September 18 with residents involved in the tree removal issue on Birch Ridge Drive. Ed Vitrano, General Manager provided information on the trees and shrubs that are planned as replacements. Residents requested that they be given the opportunity to select among three choices of shade tree and a choice was made.

Our next meeting will be November 20 at 6:30 p.m. in the Rio Vista Room of the Delta Club. The Residents' Club meeting will immediately follow. For more information please contact Patty Kohn (2737) or [pfkohn@gmail.com](mailto:pfkohn@gmail.com).





## Olympic Village

In November, the Olympic Village Residents' Club will hold our pre-election meeting and we will start taking nominations for 2014 officers and making plans for the election that will be held at our annual meeting in December.

This is your opportunity to join the fun and get to know your neighbors. What kind of social activities would you like to have in 2014? How about a potluck supper or a block party? Come and bring your ideas to the table. OVRC meetings are held on the third Wednesday of the month (that's Nov. 20) at 7 p.m. in the Monterey Room at the Vista Club.

At this writing, our Murder Mystery Dinner on Nov. 2 appears to be a sell-out. Thank you to everyone who helped to make this event a success. Special thanks to the Trilogy Theatre Group and Louise Mitchell for their hard work on the play and to Chef George for the delicious meal.

Getting to know all of you and working together to make our neighborhood a friendly and welcoming place is the best part of participating in the OVRC. Join us. Your ideas and energy are important and it is so much fun when we work together. Come to the meeting on Nov. 20 with your ideas. Call Linda Jensen, OVRC President (5542) with your questions.

## Oakmont Village

We say hello to fall and send warm wishes for a happy Thanksgiving season! We are busy this time of the year getting ready for our Residents' Club Election of Officers for 2014 and preparing for our end-of-year celebration event.

We are still looking for residents who would like to join our Residents' Club board. We invite you to share your ideas and creativity to help our village shine in 2014. We have been asked: what does the Residents' Club do? Its function is to bring Oakmont residents and friends together to provide community and social interaction (fun stuff). The Village Oakmont Board or HOA, is the CC&R mandated body that deals with issues relating to the operation of our village (work/business stuff). Their election of officers will be held in January. These are two separate and distinct operations and you need to vote for each. Call Antoinette (5154) for more information or to submit your candidacy. We are also looking for someone who will take on duties for historian, and participate on the Welcome Committee.

Oakmont and Saddle Rock Social Committees are busy planning our end-of-year Christmas Dinner & Dance Celebration.

Save The Date: Sunday, Dec. 8 5 p.m. at The Diablo Ballroom at the Vista Club. While flyers go out to Oakmont/

Saddle Rock Villages, all Trilogy residents are invited to attend. Tickets are \$30. Look for flyers at the Vista and Delta Clubs. We will dance to Solid Gold and feast on a wonderful buffet. So don't wait, turn in your flyer right away with names of friends with whom you want to sit. For more information, call Cyndy Schroeder (2480) or Patricia Hilaire (2664).

### Dates to Remember:

**Nov. 6, 3 p.m.:** Social Committee Meeting, Monterey Room, Vista Club

**Dec. 4, 3 p.m.:** Oakmont Residents' Club Quarterly Meeting/ Social Committee Meeting, Monterey Room Vista Club

**Dec. 8, 5 p.m.** Christmas Dinner & Dance Event

## Saddle Rock Village

Our annual Block Party on Oct. 12 was a great success! SRV residents met new friends, and the food, music, and games were enjoyable. The Social Committee is busy planning the Christmas Dinner Dance with live music at the Vista Club on Dec. 8, featuring a catered dinner. It is co-sponsored by Oakmont and Saddle Rock Villages. There are 13 SRV residents, who are eligible to serve alcohol at Trilogy functions since they have completed the ABC (Alcohol Beverage Service) training course.

Thank you to our Recycling team, hard at work! We are into our sixth month of collecting bottles, cans and plastic with a CRV label. Trilogy residents are welcome to donate recycling items. Your recyclables can be dropped off at 504 Three Rivers Way in the back of the white Ford pickup truck in the driveway.

Our Welcome Committee Chairperson, Rayno Niemi, has been busy with his team delivering welcome bags to new residents. SRV residents, who have moved in after Dec. 1, 2012 and have not received a welcome bag, please contact Rayno at raynoniemi@yahoo.com.

Our Chairperson, Marj Niemi is organizing the new Caring Committee's functions and doing a great job. If you know of any caring needs in your SRV neighborhood, contact Marj at marjniemi@yahoo.com.

Saddle Rock Village Residents' Club is growing fast with close to 200 residents. We welcome new members to our Residents' Club meetings. It is a good chance to meet new friends and get involved in our community.

Just as a reminder, residents interested in contributing a one-time \$10 resident donation to help fund the start-up expenses for Residents' Club activities, drop your donation in SRV box #6 in the Delta Club.



**Dates to Remember:**

**Wed. Nov. 20:** 7 p.m. SRV Residents' Club monthly meeting, directly following our SRV board meeting, Rio Vista Room, Delta Club. Social hour follows each meeting with wine, snacks, and fun! All SRV residents are welcome.

**Sun. Dec. 8:** Trilogy Christmas Dinner Dance, Vista Club

For more information please contact Kathi Bradley (4424) or [kathibradley@comcast.net](mailto:kathibradley@comcast.net).

**Village Riviera**

This is the time of year when we give thanks. The Riviera Social Committee would like to thank you for helping to make our events so successful. We have so much fun creating these events, seeing you enjoy them, and wanting to come back again and again. This makes it all worthwhile. So thank you, Trilogy, for all your support this past year.

We are also thankful for so many enthusiastic committee members. With so much exciting energy you can bet there will be some new events to look forward to. Of course, many of the old events will return by popular demand, but in our typical fashion, expect some surprises.

We have one more event in 2013 and that is our annual Black and White Holiday Dinner Dance on Dec. 14. Expect it to be better than ever this year with a few surprises as usual! After a wonderful catered dinner, dance the night away to live music. It is a great way to celebrate the holiday season with friends and neighbors. Look for flyers later this month.

The Riviera Social Committee would like to wish you and yours a very Happy Thanksgiving. If you would like to join our committee, have fun helping us plan our events and make some new friends, please join us. We meet on the third Thursday of the month in the Monterey Room at the Vista, 7 p.m. Contact Coralie Leder at [coralie.leder@gmail.com](mailto:coralie.leder@gmail.com) for more information.

**Enhance Your Next Event with Table & Chair Linens!**



Available in time for the holidays! Could this be the stylish addition to enhance your next event? This elegant table and chair linen is available now at a minimal

rental cost to residents and club groups for their special events held in the Diablo Ballroom! Contact Activities Director, Debbie Dorn (4204) for a quote.

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By Kathy Erwin,  
Fitness & Spa Director

## Holiday Fitness Ticket Challenge

November signals the introduction of the holiday fitness tickets. Attend as many fitness classes as possible during November & December. For every class you attend you will receive a ticket for the chance to win prizes! Simply drop it in the special Holiday Box placed at Member Services.

**Please PRINT your name and phone number prior to placing in box!  
Tickets will be pulled on Thursday, Dec. 19 during the Holiday Luncheon at 12 p.m. Tickets will be issued Nov. 1 – Dec. 18, 2013.**

### Save the Date:

Thursday, Dec. 19! This is the Annual Holiday Fitness Potluck Luncheon where we give away over 50 door prizes to the ticket winners!

**Avoid the typical  
10 - 15 pounds of  
weight gain this season  
with our  
Holiday Head Start  
Special!  
3 PT Sessions \$135**

### Upcoming New Member Fitness Orientations:

Saturday, Nov. 9, 11 a.m.  
Wednesday, Nov. 13, 6 p.m.  
Saturday, Nov. 23, 11 a.m.

## Welcome New Staff!



**Susan Rice**  
Massage Therapist/Esthetician



**Prescy Dela Cruz**  
Group Ex Instructor



**Sharon Roberts**  
Group Ex Instructor



## Thanksgiving Wishes

Before we begin our holiday gift shopping and over-the-top decorating, let's pause to enjoy Thanksgiving: a beautiful holiday when families come together to enjoy each other's company and to share in a special meal. For this one day, for a few hours, take time to acknowledge and appreciate your family. This year's table might have some new faces to welcome, or perhaps we'll miss some favorite faces from the past. In any event, new memories will be created and old memories shared.

**Warm wishes from The Fitness Staff  
Have a Wonderful Thanksgiving**





# Trilogy Health & Wellness Center

## November Spa Specials

374-4200



### Fall Spice Aromatherapy Massage

Indulge your senses this fall with a fall spice massage that combines a relaxing, de-stressing massage with fall scented aromatic oils.

**50 Minutes for \$45**

Purchase from  
November 1–30, 2013

### Holiday Bliss Facial

Relax & allow your esthetician to customize a facial that personally addresses your skin. The facial cleanses, conditions, moisturizes, rejuvenates and relaxes tension in the face and is appropriate for all skin types! Also includes a Pumpkin Spice Moisturizing Foot Treatment!!

**75 Minutes for \$70**

Purchase from  
November 1 - December 31, 2013



### 2 Facials: Express Vitamin C Brighteners

**45 Minutes Each \$90**

Purchase from November 1 - 30, 2013

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## Ceramics Club



November is a great month to work on those holiday gifts. Everything you create will be special and unique. Our group is growing and we are meeting many new people while we laugh together on Thursday mornings from 9:30 a.m. to 12 p.m. in the Marina Room at the Delta Club. For more information, call Ann at (5122).

## Council for the Arts

Opportunity is knocking! It's your chance to be a star or just get involved with the action for the 2014 production of *Music of the Night*. Auditions began in October. The production is March 13, 14 and 15. For more information, call Debby DuBrow (6706). Each year *Music of the Night* is presented by the Trilogy Council for the Arts. The next meeting is Nov. 14 at 10 a.m. in the Monterey Room of the Vista Club. New members are always welcome. For more information, call Judy Calpo (2924).

## Drama Club



Director Paul Starks presents the Galletta Award to Chris Shockley.

With the successful completion of the August production, the Trilogy Drama Club now moves on with the next event and the standard fall business of elections,

etc. Our favorite agenda item was the presentation of the Second Annual Rich Galletta Inspirational Award. The cast of the August play chose a member who was most inspirational to the play overall. This year the award was presented to Chris Shockley and celebrated with cake and bubbly. Then back to the business of launching our December production, *"The Day Christmas Disappeared from Evergreen Town."* Performances are Dec. 5, 6 and 7 from 7 to 9 p.m. at the Vista Club, Diablo Ballroom. That's Thursday, Friday, and Saturday evening. In lieu of admission we gratefully accept donations of non-perishable foods to be presented to Rio Vista Community Services.

The Drama Club also extends thanks to all who stopped by at the Trilogy Activities and Clubs event. We look forward to welcoming everyone who expressed interest in joining our club. So save the dates and complete the reservation form early and put it in Box 8 at the Delta Club. Seating is limited. Meetings are held the last Tuesday of the month at 7 p.m. at the Delta Club. For more information, contact Debby Dubrow at (6706) or for reservations Sharon Primeau at (6033). No need to wait for the meeting to join.

## Trilogy Art Guild for Artists

This past month has been the month for artists to enjoy their craft. The downtown stores invited us to be part of the Third Thursday Evening events and had us display our art. The chamber in town invited us to be part of the Bass Derby Festival and we were able to use the newly painted hotel for an art gallery. There were 10 artists from TAG participating during the three days of the festival.

Last month, we had guest artist Nikki Davis demonstrate Plain Air painting with us out on the patio behind the Delta Club for two days. Some of you probably wondered what was happening out there with French easels standing and artists painting. What a great experience it was. We will be having more workshops in the future.

Last month, we also had our first Shibori Shirt workshop for beginners. We now have some new shirts walking around Trilogy. The next workshop is Nov. 9 and 10 for those who have done a class before. For more information, contact Lori (6196) or Amy (4857). If you have never done one of the workshops and are interested in the next beginning class, contact us to get on our e-mail list.





## **Alzheimer's/Dementia Caregivers Support Group Meeting**

Alzheimer Services and the Greater Bay Area Alzheimer's Association sponsor this caregivers support group to offer information, speakers and videos, as well as open discussion and social interaction for care givers of loved ones with Alzheimer's or other dementias. The group meets the third Friday of each month from 9:30 - 11 a.m. at the Senior Center located at 25 Main St. in Rio Vista. For more information, contact meeting facilitator Nat Marcoccio [rvalzsg@yahoo.com](mailto:rvalzsg@yahoo.com).

## **Center of Movement**

Do you have any spare time? How often do you have a little spare time at home? If you have even an hour a week, you can help Center of Movement in its search for grants and supporting funds just by logging on to your computer. In an effort to expand its Yoga Education in the Schools (YES) program to offset slashed funding for PE and the loss of after-school programs at DH White and Riverview, CoM is looking to find foundations and other non-profit funding sources that will support YES and help us to reach every student in the district with a PE program that includes yoga and mindfulness.

If you can use a search engine, we'll provide you with the basic criteria and you can provide us with leads to follow up. If you have grant writing skills and want to help us apply to some of these sources, we would love to have your help. Contact Gerry Swan at (510) 507-4080 or by email at [swanmom82@sbcglobal.net](mailto:swanmom82@sbcglobal.net) or Lynne Galletta at [lynne.galletta@frontier.com](mailto:lynne.galletta@frontier.com) to get started.

## **Glaucoma Support & Resource Group**

Have you been tested? Do you know what tests to ask for? Did you know there is more than one type of glaucoma and each is treated differently? It is important to understand the ins and outs of living with glaucoma. If you want to become more informed about saving your eyesight, join our group. If you, or someone you know has been diagnosed with this disease, contact Kathy Qualls at [kathyqualls@frontier.com](mailto:kathyqualls@frontier.com) or (5859).

## **Library News**

The generosity of so many people has made our library the place to go when you are looking for contemporary books by the most popular authors. The shelves are stocked with a wide selection of fiction, non-fiction, biog-

raphies, and romance. Some titles are available in soft and hard cover editions. Many are also in large print editions.

Before you bring your donations to the library, we ask that you read the donation guidelines that are posted. Recently, we have received large numbers of dirty and damaged books, out-of-date text books and reference books, and very old magazines (30 years old) that are not wanted by anyone. This material must be sorted by the staff for discard or recycle and taken home for disposal. Please be considerate of our volunteers by sorting your donations and removing unwanted items listed in the guidelines. For a PDF copy of the guidelines, email me (Gary Spear) at [gaspear@frontiernet.net](mailto:gaspear@frontiernet.net) with the subject Donation Guidelines.

## **Piano Club Seeks Players**

Dust off those keys and join us as beginners, intermediate, and advanced piano players, offering one another encouragement and support in a group setting.

Next Meeting: Wednesday, Nov. 20, 2013 – 10 a.m. at the Vista Club Diablo Ballroom

Contact Pamela Rogers (4945).

## **Rio Vista Community Services Seeks Donations**

Our efforts to assist Rio Vista Community Services are ongoing. Thank you to the many Trilogy families that have donated items to those less fortunate. Personal items cannot be purchased with food stamps. If you would like to donate personal items to families in need, please deliver them to 630 Edgewood Drive. There is a basket inside the atrium near the bench. Please remember adults as well as children and infants in your purchases. Don't forget the unopened travel size items you receive at hotels/motels/B&Bs. You can also find some incredible buys at the dollar stores. If you have any questions, email [benkie@myifp.com](mailto:benkie@myifp.com) or call (3316). So many struggling families are appreciative of your generosity. Thank you! Carol Benkie.

## **Senior Center Christmas Shopping Trip/Museum Tour**

The Rio Vista Senior Center is offering a Christmas shopping trip and docent-led Haggin Museum tour to Stockton on Thursday, Nov. 15, 2013. This is a wonderful opportunity to go Christmas Shopping with your family and friends without the hassle of driving and finding a place to park.

The bus will depart from the Senior Center (Main Street,



next to City Hall) promptly at 9 a.m. Participants will have plenty of time, when the bus arrives at the shopping center at about 10 a.m. to browse and buy in such stores as The Tog Shop, Coldwater Creek, Chicos, and Home Goods. For lunch on your own, some of the choices are BJ's Brewery (good, reasonable lunch specials), Macaroni Grill (good lunch specials) and Hometown Buffet.

The bus will pick up shoppers at 1 p.m. and proceed to the Haggin Museum for a docent-led tour. This museum is beautiful and impressive, with great collections to view as well as lovely grounds. Shoppers will re-board the bus at three, arriving at the Senior Center about 4 p.m.

Participants must pay, preferably by check, as they sign up at the Senior Center on any Tuesday, Wednesday, or Thursday, from 10 a.m. to 4 p.m. between Oct. 12 and Nov. 5. The cost is \$25 per person, the cost of the bus. Admission to the museum will be paid by the Senior Center Board. Merry Christmas!

## Senior Safety Resources

Informational Meeting Open To all Residents. Oakmont Kare Bears will present in the Vista Ballroom on Nov. 7 at 1 p.m. Refreshments will be served.

## TOPS (Take Off Pounds Sensibly)

Our TOPS display at the Trilogy Open House on Sept. 14 created a good deal of interest in our program and many expressed an interest in joining us. Wednesday, Oct. 2, TOPS Area Coordinator, Mickey Drake of Napa, visited our chapter and presented a very informative program and helpful suggestions. Our meetings are held at the Delta Club every Wed. at 8 a.m. We welcome you ladies and gents to come and check out our program that encourages each of us in shedding those extra pounds. (No Diets!)

For more information, call Leader Elouise Brice at (1499) or Co-leader Pat Voelker at (5150). Happy Thanksgiving.

## Trilogy Jazz Band

The band will play for the Dance Club's monthly dance on Nov. 10, and will also play for Trilogy's Veterans Day observance on Nov. 11. These two events are traditional favorites of ours and of many other folks in our community. Full band rehearsals are held most Wednesday afternoons, 2:30 – 5 p.m. following vocal and combo rehearsal beginning at 1:30 p.m. in the Vista Club Diablo Ballroom. Observers are welcome.

If you play a band instrument and are interested in being part of the Jazz Band, contact Music Director Jim Lucas (7567). Although the band's size is limited, there are openings from time to time. There is currently an open spot in the trombone section, and we want to meet

everyone who is interested in filling this or a future opening.

For more information, contact Jim Lucas (7567) or Marti Rogers (6859).

## Wild Turkeys



### Importance and Protection

- Prized upland game bird by hunters
- Protected by the state of California
- The state and hunters are working together to increase both the population and range of the turkey

### Diet

- Insects, snails, slugs, small frogs and snakes
- Plant material!
- Grasses, fleshy plant parts such as roots, bulbs, buds and young shoots
- Nuts, seeds, berries, various dropped fruit!

### Natural predators

- Raccoons
- Great Horned Owls
- Opossums
- Skunks
- Raptors
- Snakes

### Suggested Methods to Keep Them Away

- Mylar streamers on temporary posts
- Remove bird feeder or clean up beneath bird feeder
- Place bird feeder out of reach of turkeys
- Install motion detection water sprinkler
- Blast with water hose
- Lay out hose (simulates snake) or fake snakes
- Frighten them away by waving a broom, umbrella or arms while shouting

Be persistent

### Fun Turkey Facts

- Turkeys have a pecking order, you must show them who is boss
- Turkeys are intelligent

## Vietnam Veterans Get Together

All Trilogy Vietnam Veterans are invited to an informal gathering in the back room of Nine's Restaurant on Thursday, Jan. 10 at 3 p.m. For more information, contact William Metzler at (1377) or ub685@frontiernet.net.

## Winter Solstice Labyrinth Walk

Mark your Calendars...and save the date for the December Winter Solstice Labyrinth Walk in Trilogy at Rio Vista. The event takes place Saturday, Dec. 21, 2013 at 9:11 a.m.

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# Trilogy Living


## Fitness Class Schedule for November 2013

**“New colors”** Trilogy Fitness Punch Card Choices. All classes require one of **3** card choices either a green 30-punch for \$95, a blue 20-punch for \$65 or a yellow 10-punch for \$35.00. Each class requires one punch. Get your cards at the Member Services Desk. Call Fitness & Spa Director Kathy Erwin at (4205) if you have questions. All classes are held in the Vista Group Exercise Studio unless otherwise noted. Last Month’s Punch Card Raffle Winners: **Kay Johnston & Hema Kumar**

Key  
**Bold = New/Change**  
 (B)eginning  
 (I)ntermediate  
 (A)dvanced

**November Fitness Orientations:** Saturday, Nov. 9, 11 a.m., Wednesday, Nov. 13, 6 p.m., Saturday, Nov. 23, 11 a.m.

**If you plan to make a (ROM) Range of Motion appointment for a later date, please bring a \$20 check with you to the orientation. Thank you!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Class Locations:</b></p> <p>(GX) Group Exercise Studio            (DB) Diablo Ballroom            (VP) Vista Pool            (DP) Delta Pool            (RV) Rio Vista Room—Delta            (SR) Sonoma Room—Vista            (FC) Fitness Center</p>				<p><b>1</b></p> <p>7-8am Early Yoga (B) (DB) Tammy            7:30-8:30am Step Aerobics (B/I/A) Pat            8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat)            9-10am Yoga/Pilates (B) (DB) Deanna            9:30-10:30am Aqua Fit (B) (VP) Denise            9:45-10:30am Core Balance and Standing Abs (B) (GX) Sophie            10-11am Balance Ball (DB) Deanna            10:30-11:45am ZUMBA Power (B/I) (GX) Sophie            11:45-12:15pm Gentle ZUMBA (B/I) (GX) Sophie  <b>12:15-12:45pm Fusion Stretch (B/I) (GX) Sophie</b></p>	<p><b>2</b></p> <p>8:30-9:30am Step Aerobics (B/I/A) (GX) Pat            11-12:15pm ZUMBA (B/I) (GX) Sophie/Prescy            12:15-12:45pm Pilates/Stretch (B/I) (GX) Sophie/Prescy</p>
<p><b>4</b></p> <p>8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat)            9-10am Yoga/Pilates (B) (DB) Deanna            9-10am Advanced Aqua (B/I/A) (VP) Kathy            9:30-10:30am Wake-up and Move (B/I) (RV) Anna            9:45-10:30am Core Balance and Standing Abs (B/I) (GX) Sophie            10-11am Aqua Fit (B) (VP) Denise            10-11am Meditation Breathing (B) (DB) Deanna            10:30-11:45am ZUMBA Power (B/I) (GX) Sophie  <b>11:45-12:15pm Gentle ZUMBA (B/I) (GX) Sophie</b>  <b>12:15-12:45pm Fusion Stretch (B/I) (GX) Sophie</b>            6:30-8pm Yoga/Pilates (B/I) (GX) Deanna</p>	<p><b>5</b></p> <p>8-9am Body Works (B/I/A) (GX) Kathy            9-10am Simply Stretch (B) (GX) Joelle            9:30-10:30am Aqua Fit (B) (VP) Denise  <b>10-11am Jazz Aerobics (B/I/A) (GX) Joelle</b>            11-12pm Arthritis Program (B) (GX) Beverly            1-2pm Sit and Get Fit (B) (GX) Beverly  <b>3-4pm Advanced Aqua (B/I/A) (VP) Kathy</b></p>	<p><b>6</b></p> <p>7-8am Early Yoga (B) (DB) Tammy            8-9am Back To Basics Yoga (B/I) (DB) Tammy            8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat)            9:30-10:30am Wake-up and Move (B/I) (RV) Anna            9:30-10am Intro to Dance Aerobics (B/I/A) (GX) Joelle            9:30-10:30am Aqua Fit (B) (VP) Denise            10-11am Jazz Dance (B/I/A) (GX) Joelle  <b>11am-12pm Hot ZUMBA (I/A) (GX) Prescy</b>  <b>12-1pm ZUMBA Line Dancing (B/I/A) (GX) Prescy</b>            6:30-7:30pm Balance Ball (GX) Deanna</p>	<p><b>7</b></p> <p>7:30-8:30am Body Works (B/I/A) (GX) Kathy            9-10am Simply Stretch (B/I) (DB) Joelle            9-10am Tai Chi (B/I) (GX) Lillian  <b>9-10am Advanced Aqua (B/I/A) (VP) Kathy</b>  <b>10-11am Aqua Fit (B) (VP) Denise</b>            10-11am Jazz Aerobics (B/I/A) (GX) Joelle            11-12pm Arthritis Program (B) (GX) Beverly            1-2pm Sit and Get Fit (B) (GX) Beverly            2:30-3:30pm Yoga (B/I) (DB) Tammy  <b>3-4pm Aqua Fit (B) (VP) Denise</b></p>	<p><b>8</b></p> <p>7-8am Early Yoga (B) (DB) Tammy            7:30-8:30am Step Aerobics (B/I/A) Pat            8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat)            9-10am Yoga/Pilates (B) (DB) Deanna            9:30-10:30am Aqua Fit (B) (VP) Denise            9:45-10:30am Core Balance and Standing Abs (B) (GX) Sophie            10-11am Balance Ball (DB) Deanna            10:30-11:45am ZUMBA Power (B/I) (GX) Sophie            11:45-12:15pm Gentle ZUMBA (B/I) (GX) Sophie  <b>12:15-12:45pm Fusion Stretch (B/I) (GX) Sophie</b></p>	<p><b>9</b></p> <p>11-12:15pm ZUMBA (B/I) (GX) Sophie/Prescy            12:15-12:45pm Pilates/Stretch (B/I) (GX) Sophie/Prescy</p>
<p><b>11</b></p> <p>8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat)            9-10am Yoga/Pilates (B) (DB) Deanna            9-10am Advanced Aqua (B/I/A) (VP) Kathy            9:30-10:30am Wake-up and Move (B/I) (RV) Anna            9:45-10:30am Core Balance and Standing Abs (B/I) (GX) Sophie            10-11am Aqua Fit (B) (VP) Denise            10-11am Meditation Breathing (B) (DB) Deanna            10:30-11:45am ZUMBA Power (B/I) (GX) Sophie  <b>11:45-12:15pm Gentle ZUMBA (B/I) (GX) Sophie</b>  <b>12:15-12:45pm Fusion Stretch (B/I) (GX) Sophie</b>            6:30-8pm Yoga/Pilates (B/I) (GX) Deanna</p>	<p><b>12</b></p> <p>8-9am Body Works (B/I/A) (GX) Kathy            9-10am Simply Stretch (B) (GX) Joelle            9:30-10:30am Aqua Fit (B) (VP) Denise  <b>10-11am Jazz Aerobics (B/I/A) (GX) Joelle</b>            11-12pm Arthritis Program (B) (GX) Beverly            1-2pm Sit and Get Fit (B) (GX) Beverly  <b>3-4pm Advanced Aqua (B/I/A) (VP) Kathy</b></p>	<p><b>13</b></p> <p>7-8am Early Yoga (B) (DB) Tammy            8-9am Back To Basics Yoga (B/I) (DB) Tammy            8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat)            9:30-10:30am Wake-up and Move (B/I) (RV) Anna            9:30-10am Intro to Dance Aerobics (B/I/A) (GX) Joelle            9:30-10:30am Aqua Fit (B) (VP) Denise            10-11am Jazz Dance (B/I/A) (GX) Joelle  <b>11am-12pm Hot ZUMBA (I/A) (GX) Prescy</b>  <b>12-1pm ZUMBA Line Dancing (B/I/A) (GX) Prescy</b>            6:30-7:30pm Balance Ball (GX) Deanna</p>	<p><b>14</b></p> <p>7:30-8:30am Body Works (B/I/A) (GX) Kathy            9-10am Simply Stretch (B/I) (DB) Joelle            9-10am Tai Chi (B/I) (GX) Lillian  <b>9-10am Advanced Aqua (B/I/A) (VP) Kathy</b>  <b>10-11am Aqua Fit (B) (VP) Denise</b>            10-11am Jazz Aerobics (B/I/A) (GX) Joelle            11-12pm Arthritis Program (B) (GX) Beverly            1-2pm Sit and Get Fit (B) (GX) Beverly            2:30-3:30pm Yoga (B/I) (DB) Tammy  <b>3-4pm Aqua Fit (B) (VP) Denise</b></p>	<p><b>15</b></p> <p>7-8am Early Yoga (B) (DB) Tammy            7:30-8:30am Step Aerobics (B/I/A) Pat            8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat)            9-10am Yoga/Pilates (B) (DB) Deanna            9:30-10:30am Aqua Fit (B) (VP) Denise            9:45-10:30am Core Balance and Standing Abs (B) (GX) Sophie            10-11am Balance Ball (DB) Deanna            10:30-11:45am ZUMBA Power (B/I) (GX) Sophie            11:45-12:15pm Gentle ZUMBA (B/I) (GX) Sophie  <b>12:15-12:45pm Fusion Stretch (B/I) (GX) Sophie</b></p>	<p><b>16</b></p> <p>11-12:15pm ZUMBA (B/I) (GX) Sophie/Prescy            12:15-12:45pm Pilates/Stretch (B/I) (GX) Sophie/Prescy</p>
<p><b>18</b></p> <p>8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat)            9-10am Yoga/Pilates (B) (DB) Deanna            9-10am Advanced Aqua (B/I/A) (VP) Kathy            9:30-10:30am Wake-up and Move (B/I) (RV) Anna            9:45-10:30am Core Balance and Standing Abs (B/I) (GX) Sophie            10-11am Aqua Fit (B) (VP) Denise            10-11am Meditation Breathing (B) (DB) Deanna            10:30-11:45am ZUMBA Power (B/I) (GX) Sophie  <b>11:45-12:15pm Gentle ZUMBA (B/I) (GX) Sophie</b>  <b>12:15-12:45pm Fusion Stretch (B/I) (GX) Sophie</b>            6:30-8pm Yoga/Pilates (B/I) (GX) Deanna</p>	<p><b>19</b></p> <p>8-9am Body Works (B/I/A) (GX) Kathy            9-10am Simply Stretch (B) (GX) Joelle            9:30-10:30am Aqua Fit (B) (VP) Denise  <b>10-11am Jazz Aerobics (B/I/A) (GX) Joelle</b>            11-12pm Arthritis Program (B) (GX) Beverly            1-2pm Sit and Get Fit (B) (GX) Beverly  <b>3-4pm Advanced Aqua (B/I/A) (VP) Kathy</b></p>	<p><b>20</b></p> <p>7-8am Early Yoga (B) (DB) Tammy            8-9am Back To Basics Yoga (B/I) (DB) Tammy            8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat)            9:30-10:30am Wake-up and Move (B/I) (RV) Anna            9:30-10am Intro to Dance Aerobics (B/I/A) (GX) Joelle            9:30-10:30am Aqua Fit (B) (VP) Denise            10-11am Jazz Dance (B/I/A) (GX) Joelle  <b>11am-12pm Hot ZUMBA (I/A) (GX) Prescy</b>  <b>12-1pm ZUMBA Line Dancing (B/I/A) (GX) Prescy</b>            6:30-7:30pm Balance Ball (GX) Deanna</p>	<p><b>21</b></p> <p>7:30-8:30am Body Works (B/I/A) (GX) Kathy            9-10am Simply Stretch (B/I) (DB) Joelle            9-10am Tai Chi (B/I) (GX) Lillian  <b>9-10am Advanced Aqua (B/I/A) (VP) Kathy</b>  <b>10-11am Aqua Fit (B) (VP) Denise</b>            10-11am Jazz Aerobics (B/I/A) (GX) Joelle            11-12pm Arthritis Program (B) (GX) Beverly            1-2pm Sit and Get Fit (B) (GX) Beverly            2:30-3:30pm Yoga (B/I) (DB) Tammy  <b>3-4pm Aqua Fit (B) (VP) Denise</b></p>	<p><b>22</b></p> <p>7-8am Early Yoga (B) (DB) Tammy            7:30-8:30am Step Aerobics (B/I/A) Pat            8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat)            9-10am Yoga/Pilates (B) (DB) Deanna            9:30-10:30am Aqua Fit (B) (VP) Denise            9:45-10:30am Core Balance and Standing Abs (B) (GX) Sophie            10-11am Balance Ball (DB) Deanna            10:30-11:45am ZUMBA Power (B/I) (GX) Sophie            11:45-12:15pm Gentle ZUMBA (B/I) (GX) Sophie  <b>12:15-12:45pm Fusion Stretch (B/I) (GX) Sophie</b></p>	<p><b>23</b></p> <p>11-12:15pm ZUMBA (B/I) (GX) Sophie/Prescy            12:15-12:45pm Pilates/Stretch (B/I) (GX) Sophie/Prescy</p>
<p><b>25</b></p> <p>8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat)            9-10am Yoga/Pilates (B) (DB) Deanna            9-10am Advanced Aqua (B/I/A) (VP) Kathy            9:30-10:30am Wake-up and Move (B/I) (RV) Anna            9:45-10:30am Core Balance and Standing Abs (B/I) (GX) Sophie            10-11am Aqua Fit (B) (VP) Denise            10-11am Meditation Breathing (B) (DB) Deanna            10:30-11:45am ZUMBA Power (B/I) (GX) Sophie  <b>11:45-12:15pm Gentle ZUMBA (B/I) (GX) Sophie</b>  <b>12:15-12:45pm Fusion Stretch (B/I) (GX) Sophie</b>            6:30-8pm Yoga/Pilates (B/I) (GX) Deanna</p>	<p><b>26</b></p> <p>8-9am Body Works (B/I/A) (GX) Kathy            9-10am Simply Stretch (B) (GX) Joelle            9:30-10:30am Aqua Fit (B) (VP) Denise  <b>10-11am Jazz Aerobics (B/I/A) (GX) Joelle</b>            11-12pm Arthritis Program (B) (GX) Beverly            1-2pm Sit and Get Fit (B) (GX) Beverly  <b>3-4pm Advanced Aqua (B/I/A) (VP) Kathy</b></p>	<p><b>27</b></p> <p>7-8am Early Yoga (B) (DB) Tammy            8-9am Back To Basics Yoga (B/I) (DB) Tammy            8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat)            9:30-10:30am Wake-up and Move (B/I) (RV) Anna            9:30-10am Intro to Dance Aerobics (B/I/A) (GX) Joelle            9:30-10:30am Aqua Fit (B) (VP) Denise            10-11am Jazz Dance (B/I/A) (GX) Joelle  <b>11am-12pm Hot ZUMBA (I/A) (GX) Prescy</b>  <b>12-1pm ZUMBA Line Dancing (B/I/A) (GX) Prescy</b>            6:30-7:30pm Balance Ball (GX) Deanna</p>	<p style="text-align: center;"><b>HAPPY            THANKSGIVING!             NO CLASSES</b></p>	<p><b>29</b></p> <p>7-8am Early Yoga (B) (DB) Tammy            7:30-8:30am Step Aerobics (B/I/A) Pat            8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat)            9-10am Yoga/Pilates (B) (DB) Deanna            9:30-10:30am Aqua Fit (B) (VP) Denise            9:45-10:30am Core Balance and Standing Abs (B) (GX) Sophie            10-11am Balance Ball (DB) Deanna            10:30-11:45am ZUMBA Power (B/I) (GX) Sophie            11:45-12:15pm Gentle ZUMBA (B/I) (GX) Sophie  <b>12:15-12:45pm Fusion Stretch (B/I) (GX) Sophie</b></p>	<p><b>30</b></p> <p>11-12:15pm ZUMBA (B/I) (GX) Sophie/Prescy            12:15-12:45pm Pilates/Stretch (B/I) (GX) Sophie/Prescy</p>

# Trilogy Living

## November 2013 Club and Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b> 8am Social Tennis 9am Model Club (V) 9am Village 1 Arch Com Mtg (V) 9:30am Walk & Talk (V) 10:30am Country Line Dance (D) 12pm Bridge (V) 12pm Adv Watercolor Painting (D) 6:30pm Joy Luck Mah-Jongg (V)	<b>2</b> 8am Motorcycle Club (Off-site) 9am Table Tennis (D) 9:30am Hiking Club (V) 5:30pm Mystery Dinner (V) 7pm Poker Open Tournament (D)
<b>3</b> <b>Fall Back – End of Daylight Savings</b> <b>10am – 3pm Farmers Market (D)</b> 6pm Tennis Social (D) 6pm Theatre Group Production (V)	<b>4</b> 8am Social Tennis 8:30am Woodcarving (D) 9:30am Walk & Talk (V) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 1pm Mah Jongg (V) 2pm TAG Mtg (D) 3pm Guitar Club (V) 6pm Soul Line Dancing (V) 7pm Poker (D)	<b>5</b> 8am Social Tennis 8:30am Radio Club (V) 9:30am Women's 9-Hole Golf 10am Pastel Art Class (D) 10:30am Country Line Dancing (D) 11am Good Samaritans Planning Mtg (V) 11:30am Golf – TRVMEN 9-Hole 12pm Beginning Watercolor Class (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dominoes (D) 2pm Stroke / Head Injury Support Group (V) 3:30pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5:30pm Tai Chi Yuan Chi Dance – Adv (V) 6:30pm World Religions Study Group (V) 7pm Drama Club Rehearsal (D)	<b>6</b> 8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 11am Saddle Rock Arch Com (V) 12:30pm Fat Quarters Quilting (D) 1pm Village Riviera Arch Com (D) 1:30pm Jazz Band (V) 2pm Bergren Art (D) 2pm Card Making Class (D) 3pm Village Oakmont RC Social Com (V) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 6:30pm Soul Line Dancing (D) 7pm Billiards Club Member Mtg (V) 7pm Delta Breeze Chorus (V)	<b>7</b> 8am Social Tennis 8:30am Golf – Women's 18-Hole 9:30am Ceramics (D) 11am Triage Team (D) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 1pm Oakmont Kare Bears Informational Resource (V) 2pm Genealogy Club (V) 5pm Table Tennis (D) 5pm Tai Chi Chuan Chi Dance - Beg (V) 6:30pm Pinochle (V) 6:30pm Photography Club (V) <b>6:30pm Village Riviera HOA Mtg</b> 7pm Drama Club Rehearsal (V) 7pm Ballroom Dance – Beginning (V) 8pm Ballroom Dance – Advanced (V)	<b>8</b> 8am Social Tennis 9:30am Walk & Talk (V) 10:30am Country Line Dance (D) 12pm Bridge (V) 12pm Adv. Watercolor Painting (D) 5:30pm Tai Chi Yuan Chi – Adv (V) 7pm Bunco (D) <b>7pm Karaoke Night (V)</b>	<b>9</b> 9am – 5pm Shibori Shirt Class (D) 9am Table Tennis (D) 9:30am Hiking Club Mtg (V)
<b>10</b> 9am – 5pm Shibori Shirt Class (D) 7pm Dance Club with Trilogy Jazz Band (V)	<b>11</b> <b>Veterans Day</b> 8am Social Tennis 8:30am Woodcarving (D) 9:30am Walk & Talk (V) 12pm – 5pm Shibori Shirt Class (D) 12pm Open Painting (D) 12:15pm Duplicate Bridge (V) 12:30pm Rip, Stitch & Bitch (V) <b>1pm Veterans Day Tribute (V)</b> 1pm Mah Jongg (V) 3:30pm Village Oakmont Arch Com (D) <b>6pm Veterans Ball (V)</b> 6pm Soul Line Dancing (D) 7pm Poker (D)	<b>12</b> 8am Social Tennis 8:30am Radio Club (V) 9:30am Women's 9-Hole Golf 10am Pastel Art Class (D) 10:30am Country Line Dancing (D) 10:30am Book Club (V) 11:30am Golf – TRVMEN 9-Hole 12pm Beginning Watercolor Class (D) 12pm Recipe Club (D) 12:15pm Hand & Foot Canasta (V) <b>2pm Master Association Board Mtg (V)</b> 3:30pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5:30pm Tai Chi Yuan Chi Dance – Adv (V) <b>6pm Grapevine Chat (V)</b> 7pm Drama Club Rehearsal (V)	<b>13</b> 8am Social Tennis 8am TOPS (D) 9am Olympic Village Arch Com (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 10am Kare Bears – Village Oakmont (D) 12:30pm Fat Quarters Quilters (D) 1:30pm Jazz Band (V) 2pm Bergren Art (D) 2pm Card Making Class (D) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 5:30pm RV Roamers Thanksgiving Dinner (D) 6:30pm Nature Club Mtg (V) 6:30pm Soul Line Dancing (D) 7pm Delta Breeze Chorus (V)	<b>14</b> 8am Social Tennis 8:30am Golf – Women's 18-Hole 9am Blood Pressure Check (D) 9:30am Ceramics (D) 10am Council for the Arts (V) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 4pm Golf – Sr. Men's Board Mtg (D) <b>4pm Village 1 HOA Mtg. (D)</b> 4pm Table Tennis Membership Mtg (D) 5pm Table Tennis (D) 5pm Tai Chi Chuan Dance – Beg. (V) <b>6:30pm Olympic Village HOA Mtg (D)</b> 6:30pm Pinochle (V) 7pm Writers' Club (V) 7pm Computer Club (V) 7pm Drama Club Rehearsal (V) 7pm Ballroom Dance – Beginning (V) 8pm Ballroom Dance – Advanced (V)	<b>15</b> 8am Social Tennis 9am Village 1 Arch Com Mtg (V) 9:30am Walk & Talk (V) 10:30am Country Line Dance (D) 12pm Bridge (V) 12pm Adv Watercolor Painting (D) 5:30pm Tai Chi Yuan Chi – Adv (V) 6:30pm Joy Luck Mah-Jongg (V) 7pm Whist Club (D)	<b>16</b> 9am Table Tennis (D) 9:30am Hiking Club Mtg (V) <b>6:30pm Concert – Joni Morris "Tribute to Patsy Cline" (V)</b> 7pm Poker Club (D)
<b>17</b> <b>10am – 3pm Farmer's Market (D)</b>	<b>18</b> 8am Social Tennis 8:30am Woodcarving (D) 9:30am Walk & Talk (V) <b>10am – 11:30am NYE Registration (V)</b> <b>10am Council of Village Presidents (D)</b> 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 1pm Mah Jongg (V) 3pm Guitar Club (V) 6pm Soul Line Dancing (D) 7pm Poker (D) 7pm Fishing Club (D)	<b>19</b> 8am Social Tennis 8:30am Radio Club (V) 9:30am Golf – Women's 9-Hole 10am Pastel Art Class (D) 10:30am Country Line Dancing (D) 11am Good Samaritans Planning Mtg (V) 11:30am Golf – TRVMEN 9-Hole 12pm Beginning Watercolor Painting (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dominoes (V) 2pm Nature Club Workshop (V) 3:30pm Table Tennis (D) <b>4pm – 5:30pm NYE Registration (V)</b> 5pm Billiards Club Tournament (V) 5:30pm Tai Chi Yuan Chi Dance – Adv (V) 7pm Drama Club Rehearsal (V)	<b>20</b> 8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Piano Club (V) 10am Stained Glass (D) 11am Saddle Rock Arch Com (V) 12:30pm Fat Quarters Quilting (D) 1pm Village Riviera Arch Com (D) 1:30pm Jazz Band (V) 2pm Bergren Art (D) 2pm Card Making Class (D) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 6:30pm Soul Line Dancing (D) <b>6:30pm Saddle Rock Village Board Mtg (D)</b> 7pm Saddle Rock Village RC Mtg (D) 7pm Olympic Village RC Mtg (V) 7pm Delta Breeze Chorus (V)	<b>21</b> 8am Social Tennis 8:30am Golf – Women's 18-Hole 9:30am Ceramics (D) 11am Triage Team (D) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 2pm Genealogy Workshop (V) 4pm Golf – Sr. Men's Mtg (D) 5pm Table Tennis (D) 5pm Tai Chi Chuan Dance – Beg (V) 6:30pm Pinochle (V) <b>6:30pm Village Oakmont HOA Mtg (D)</b> 7pm Village Riviera RC Mtg (V) 7pm Drama Club Rehearsal (V) 7pm Ballroom Dance – Beg (V) 8pm Ballroom Dance – Adv (V)	<b>22</b> 8am Social Tennis 9:30am Walk & Talk (V) 10:30am Country Line Dance (D) 12pm Bridge (V) 12pm Adv Watercolor Painting (D) 5:30pm Tai Chi Yuan Chi – Adv (V)	<b>23</b> 9am Table Tennis (D) 9:30am Hiking Club (V) <b>10am – 3pm Gift, Craft &amp; Art Faire (V)</b>
<b>24</b>	<b>25</b> 8am Social Tennis 8:30am Woodcarving (D) 9:30am Walk & Talk (V) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) <b>1pm Access Com Mtg (D)</b> 1pm Mah Jongg (V) 3:30pm Village Oakmont Arch Com (D) 6pm Soul Line Dancing (D) 7pm Poker (D)	<b>26</b> 8am Social Tennis 8:30am Radio Club (V) 9:30am Golf – Women's 9-Hole 10am Pastel Art Class (D) 10:15am Mystery/Crime Book Club (V) 10:30am Country Line Dancing (D) 11am Winter Bocce Club Social (D) 11am Good Samaritans Planning Mtg (V) 11:30am Golf – TRVMEN 9-Hole 12pm Beginning Watercolor Painting (D) 12:15pm Hand & Foot Canasta (V) 3:30pm Table Tennis (D) 5pm Billiards Club Tournament (V) <b>5pm Grapevine Chat (V)</b> 5:30pm Tai Chi Yuan Chi Dance – Adv (V) 7pm Drama Club Membership Mtg (D) 7pm Drama Club Rehearsal (V)	<b>27</b> 8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 10am Olympic Village Arch Com (D) 12:30pm Fat Quarters Quilting (D) 1:30pm Jazz Band (V) 2pm Bergren Art (D) 2pm Card Making Class (D) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 6:30pm Soul Line Dancing (D) 7pm Delta Breeze Chorus (V)	<b>28</b> <b>Thanksgiving Day Holiday</b> <b>Vista Club &amp; HOA Offices Closed</b>	<b>29</b> 8am Social Tennis 9:30am Walk & Talk (V) 9:30am Tennis Club Mtg (D) 10:30am Country Line Dance (D) 12pm Bridge (V) 12pm Adv Watercolor Painting (D) 5:30pm Tai Chi Yuan Chi Dance – Adv (V) 7pm Bingo (D)	<b>30</b> 9am Table Tennis (D) 9:30am Hiking Club (V) <b>10am – 2pm Christmas Tree Decorating Social (V)</b> <b>2pm Friendship Baptist Choir (V)</b>

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## November Computer Workshop Opportunities!

<u>Workshops</u>	<u>Date / Time</u>	<u>Instructor</u>
<b>Advanced Digital Photo Editing</b> ~ \$7/session	<b>Tues. Nov 5 ~ 7:00 – 8:30 pm</b> Students will work with GIMP and explore many of the fundamental tools and operations consistent with today's image editing requirements for fine art, commercial, and enhancement purposes. <i>[Prerequisite: Intermediate Digital Photo Editing or equivalent knowledge.]</i>	<b>Michael Bouyer</b>
<b>Advanced Digital Storytelling</b> ~ \$7/session	<b>Tues. Nov 5 ~ 3:00 – 5:00 pm</b> Using Windows Live Movie Maker, students work with images, music, text, and audio narration to create digital stores (like genealogy scrapbooks, memorial videos, birthday and anniversary videos, wedding videos, and even commercial videos for their business or organization. Videos can be transferred onto DVD or compressed for the Web and mobile devices. <i>[Prerequisite: Intermediate Digital Storytelling or equivalent knowledge.]</i>	<b>Michael Bouyer</b>

To determine if your equivalent knowledge is adequate for the advanced workshops offered, contact the instructor Michael Bouyer by e-mail at [Michael@bouyerproductions.com](mailto:Michael@bouyerproductions.com) or cell 707-318-3209.





**Kare Bears** is a group of Trilogy residents organized with the goal of reaching out to our Trilogy neighbors in their time of need due to sorrow, sickness, loss of a family member or other life challenges. We have many volunteers to help, be it a phone call, visit, a hot meal, a lift to a doctor's appointment, assistance in searching for social services outside of Trilogy, or just plain tender loving care. We have divided Trilogy into sections with area coordinators for each section. Please contact your area coordinator if a need arises, either for yourself, or any other Trilogy resident. Your coordinator will contact the volunteer committee best suited to help with your problem.



**FAMILY SUPPORT COMMITTEE**

The Family Support Committee organizes memorial services for family members who incur the loss of a Trilogy member.

For more information, please call Chairperson Claudette Gartner (707) 439-6116, [xbirdlady@myifp.com](mailto:xbirdlady@myifp.com), Coordinator Barbara Sherison (6845) or Betty Bowley (5613).

## Olympic Village

The Olympic Village Kare Bears participated in the club day at the Vista Club. Those of you who stopped by are welcome should you decide to join our group. We also combined with Olympic Village to provide the refreshments for the Theater Group's October production. The next meeting is Dec. 3 at 1 p.m. at the Delta Club. It will be a cookie exchange. For addition information, contact Mackie Webster at (5837).

## Village Oakmont

Kudos and many thanks to all who helped with or donated items for the Oakmont Kare Bears' annual garage sale on Oct. 5. It was a great success, and your time and donations were much appreciated.

Don't forget on Nov. 7, the Oakmont Kare Bears are hosting an informational meeting dealing with topics on "Safety Tips & Resources for Seniors." It is open to everyone, and will be held from 1 to 2:30 p.m. at the Delta Club in the Rio Vista Room. Refreshments will be served, so join us for some interesting topics and discussions.

The Oakmont Kare Bears Holiday Luncheon is Nov. 13. There will be a short business meeting prior to the luncheon, and, at the time of this writing, the exact time and place were undecided. Sign up at Member Services, or call Kathy Russo at (2969) or Marti Rogers at (6859) for more information.

## Village Riviera


*Here we are, already at the beginning of November,  
Seems like just last week that it was still September.  
But, the rules are written by nature,  
and all creatures comply, young or mature.  
The wild bears are naturally seeking added nutrition,  
in preparation for their approaching hibernation.  
The domesticated Kare Bears, however,  
are gathering for a different endeavor.  
We combine food, funds, and proffering a helping hand,  
all tools of the trade for our merry band.  
Gently applied, with concern and compassion  
to those in need,  
We believe acts of kindness will always succeed.  
Should you be interested in sharing your energy and time,  
attend a meeting, and you will not even have to rhyme!*

The next meeting will commence at Monday, Dec. 9 at 10 a.m. in the Delta Club.

Need to know more? Call Myra at (3660) or Valerie at (6942). The annual Kare Bears Pot-Luck Luncheon will follow this meeting.

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## Billiards Club

The next Billiards Club meeting is on Wednesday, Nov. 6, at 7 p.m. in the Monterey Room of the Vista Club. Tuesday Evening's tournament start times are at 5 p.m. The first and third Tuesdays, the format is 8-ball round robin with no handicaps for B players. The second Tuesday of the month the format is handicap 9-ball with a round robin format. In order to get a win, a player must beat his opponent two out of three games. The club has again made a list of B players. For that Tuesday evening the B players will get a one game handicap while playing an A player, so the B player only needs one win in three games while competing against an A player. The format for the fourth Tuesday is 8-ball and the club will split the tournament into A & B players. There will be a first and second place winner in each group. The fifth Tuesday is 9-ball with no handicap for B players. Officers: President Al Bergoust, Treasurer Jack Clark, Secretary Dallas Salomon, and Membership Chairman Dave Stewart.

### Latest weekly tournament winners:

#### Sept. 3, 8-Ball

- 1<sup>st</sup> Bob Powell
- 2<sup>nd</sup> Dave Stewart
- 3<sup>rd</sup> Al Bergoust

#### Sept. 10, Handicap 9-Ball

- 1<sup>st</sup> Jack Clark
- 2<sup>nd</sup> Chuck LaBue
- 3<sup>rd</sup> Jim Neill

#### Sept. 17, 8-Ball

- 1<sup>st</sup> Oscar Grissom
- 2<sup>nd</sup> Al Bergoust
- 3<sup>rd</sup> Chuck LaBue

#### Sept. 24, 8-Ball A & B

##### A Division

- 1<sup>st</sup> Oscar Grissom
- 2<sup>nd</sup> Chuck LaBue

##### B Division

- 1<sup>st</sup> Jack Clark
- 2<sup>nd</sup> Jim Neill

For more information regarding the Billiards Club, contact Oscar Grissom at [crpntrboy@aol.com](mailto:crpntrboy@aol.com).

## Bingo Club

Bingo is on in November! Save Friday, Nov. 22 for the last bingo game of the year at the Delta Club. Let's celebrate the end of the year! Games begin promptly at 7 p.m. Buy-in for each person is \$10 for 12 games. We have one early bird special: one card for \$1 and an extra blackout card for \$1. The prize money for each game is \$50 and the blackout prize is \$250. For more information, call Irene (6999.)

## Bocce Club

The one-day Self Funding Bocce tournament on Sept. 21 was a huge success, despite the fact that we were only able to play two of the three scheduled rounds be-

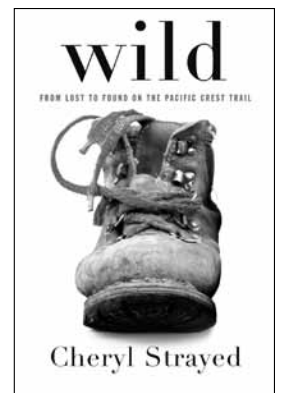
cause of an unexpected heavy rain storm. However, we were able to define winners based on the two rounds of play. We had four groupings with one team in three groups having won two games, so a three-way tie for first place was declared. The fourth group had all teams with one win so we awarded fourth place to the team with the most points. A total of 64 members participated, which made up 16 teams. Gratitude goes to Collette Harrison and Collette's friend Dee plus Sylvia Hoffman for organizing and managing the tournament.

The Winter Bocce Federation (WBF) got off to a great start on Tuesday, Sept. 24. We fielded 20 teams with a total of almost 200 people playing. Many of them are new to the community and/or new to the world of bocce. Matches are scheduled on Tuesdays at 9 a.m. and 11 a.m. The season will end on Tuesday, Nov. 26 with a BYOTS lunch and social. See the Summerset bulletin board for more details. For more information, contact Joe at (7520). Remember to roll often, throw straight and have fun, that's what it's all about.

\*Comments on the October 26 annual meeting will be in next month's edition of *Trilogy Living*.

## Book Club

The Book Club meets the second Tuesday of each month at 10:30 a.m., at the Vista Club in the Sonoma Room. The next meeting is Nov. 12. The book selection is *Wild* by Cheryl Strayed. December's meeting is "Share Your Favorite Poem" and/or *Skipping Christmas* by John Grisham. There is no requirement to have read the selected book. Everyone is welcome to join. For more information, contact Adrienne (5576).



Have a Very Happy Thanksgiving!

## Bridge – Duplicate

Duplicate Bridge meets the second Monday of each month at 12:15 p.m. in the Sonoma Room at the Vista Club. Mark your calendars for our game on Monday, Nov. 11, 2013. All Trilogy residents who are interested in playing duplicate bridge are welcome. If you need a partner, we'll find one for you. Contact Sue (6136).

September's winners: tie for 1st and 2nd - Chandler Stauffer & Angie Jones and Run Wan & Betty Magnoli; tie for 3rd and 4th - Sue Vogtlin & Larry Epner and Peg Walker & Wilma Powell.



## Computer Club

The next meeting is on Thursday, Nov.14 at the Vista Club. This is an open meeting for all Trilogy residents. Our guest speakers will be representatives from Frontier Communications who will bring us up to date on their latest offerings and be available to answer our technical and billing questions. If you are a Frontier customer and are having issues with them, here is your chance to make them aware of your problem.

For the latest information on many computer-related subjects, meetings, and other interesting items, visit [www.tccrv.org](http://www.tccrv.org). If you wish to become a member of the club, complete and print a copy of the application and give it to any of the directors with the annual dues of \$12. Membership from September through December 2014 is \$18. You may also sign up at any meeting.

We welcome all levels of expertise, from those thinking of getting a computer to those who have spent years working with computers and related software.

For more information, contact Lynne Hansen (4060).

## Dance Club

We thank everyone who came to the October Dance (particularly those who dressed in costume). We always love to see people come in costume according to the theme of our dance, which was "Halloween" last month.

Since many new homes are still being built, we continue to meet the new residents who have recently moved into Trilogy.

We continue to enjoy the music of the Solid Gold. They always draw a nice crowd. Our dance on Nov. 10 is to celebrate an early Thanksgiving. All Pilgrims and Indians are welcome!!!! We encourage you to bring your family and friends.

Don't forget to pick up our yearly schedules at the door as you enter. For more information, contact Rich and Judi Marshall at (7595).

## Dog Club

Our mission is to maintain a lost and found dog network, provide social opportunities for dog owners and their pets, and facilitate the building of an enclosed dog park within Trilogy at Rio Vista.

The Trilogy Dog Club now has 235 households registered with our club. We are very excited about the increase in membership over the last couple of years. We are also excited about our accomplishments since our club was formed. We have established and maintained our very successful lost and found dog network. We have had a



*Lucy & Anabelle, fur babies of Karen Bereta*

100% success rate reuniting lost dogs with their owners. We have also implemented periodic play dates for our members' dogs and have had various fundraising and social events

throughout the year. We have a great group of members and really enjoy our time together. We also received the good news this year that Shea plans to build a dog park with Trilogy within the next couple of years.

Recently, we were contacted regarding dogs walking and urinating on homeowners' lawns. We'd like to remind all dog owners to be respectful of others' property. We ask all dog owners to keep their dogs off of others' property.

Due to the holidays, our club will not be meeting in November or December. Visit our website at [www.trilogy-dogclub.org](http://www.trilogy-dogclub.org) for future meeting dates. You can also find information regarding upcoming events, contact numbers for our lost and found dog network, an application for membership, and much more on this site. We wish you all Happy Holidays and thank you all for your past and future support!

## Fishing Club

This month's meeting will be our annual Holiday Brunch at The Point Restaurant on November 24 at 9:30 a.m. It will be our last meeting this year since we do not meet in December. We have many raffle items, prizes, and gifts. If you did not attend the October meeting and haven't purchased your brunch or raffle tickets yet, there is still time to get them. Please contact me at (3791) for your brunch and/or raffle tickets (need not be present to win). I look forward to seeing everyone at the brunch! For more information, call Al Silva at (3791).

## Genealogy Club

The Genealogy Club and Workshop has had some wonderfully informative sessions in the last month. We've also seen the club grow in attendance. Just a few months back, we began to build our database of reference material that members have acquired over the years, including a map of the states covered for quick reference. Rhoda has been our biggest contributor with her own private library of wonderful material dating back to the 1600s. Other members have extensive knowledge of multiple

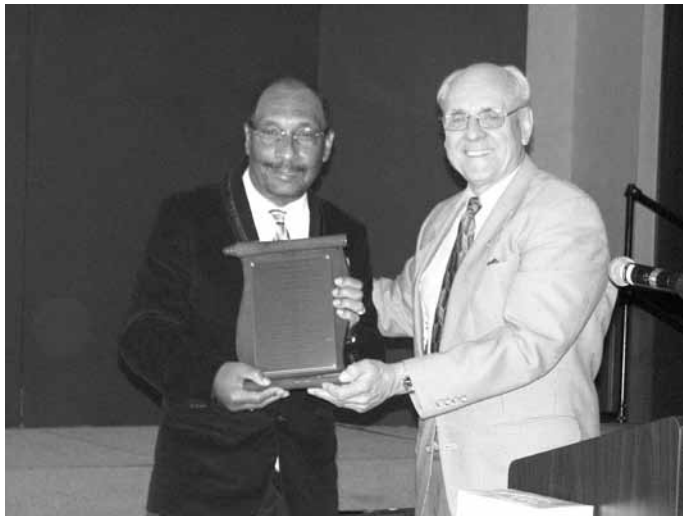




states along with various types of reference material. We've also covered some of the workings of Ancestry.com and how to maneuver the mine fields such as those family trees listed. Documentation is essential to good research. We've also worked on locating immigration and naturalization records of our families that were here during both World Wars but did not become citizens. These are difficult records to locate but tell a great story. These records should hold passport-like records with pictures and show the movements of the ancestor during both World Wars. Our next project is to locate an expert researcher that can help with Irish ancestry. We may have to recruit from outside such as the Family History Centers. We have several Irish descendent members and they could use some extra help.

The Genealogy Club and Workshop are open to all residents of Trilogy. Regular club meetings take place the first Thursday of the month at 2 p.m. in the Vista Club, Monterey Room. For more information, contact Rhoda (7542). The Workshop is held the third Thursday of each month at 2 p.m. in the Vista Club, Computer Room. For more information, contact Carolyn at wncbridges@comcast.net.

## Good Samaritans



At the Good Samaritans 8th Anniversary luncheon, there was so much love, joy, and appreciation while the guests enjoyed a hot meal. The event was a time of fellowship, meeting neighbors, and sharing the accomplishments and vision of the Good Samaritans. The Good Samaritans provided a delicious hot lunch that included spaghetti, fried chicken, vegetables, potato salad, green salad, dinner rolls, cake, pies, fruit salad, and other appetizers. The luncheon was our expression of love to the community for their support.

Several awards were presented to recognize the good works that made a difference in our Bible study. The awards went to Ruben & Marcella Pena, Charlie & Melissa Coleman, Linda Guenther, Susie Kim, Elaina Lewis-Morris, Mildred Richmond, Gloria Jackson, Isaac Pan, Betty Ellis, Carol Horner, and Sister Rose.

A special award was presented to the founder of the Good Samaritans Bible Study by Don Guenther. The beautiful scroll piano finish plaque went to Brother Paul. Mr. Guenther presented the award to Brother Paul for his love and dedication for the people in our community. Paul started the Bible study, the 9-11 National Day of Recognition, the Dr. Martin Luther King, Jr. Luncheon & Awards Ceremony, the Prayer Breakfast, the Good Friday Service at Trilogy, and the National Day of Prayer.

The audience applauded Brother Paul with a standing ovation as he humbly accepted the award. Brother Paul continued the ceremony with a heart touching message on making it through the storms of life. Let us all keep him encouraged as he moves forward in working for the Lord.

The Good Samaritans meet every Thurs. at 1 p.m. at the Delta Club, Marina Room.

**Scripture of the month: Phil. 4:8**

## Hispanic Club

Hola con todos. It was not possible to meet and make the necessary decisions to continue with the present format of the club; however, some of its members are continuing to gather informally. The limited funds available in the Bank of Rio Vista will be donated to the Rio Vista Food Bank.

If you are interested in participating in conversation, music, food, short trips to theater performances, concerts and the like, please call one of the names listed at the bottom. We will include you in a mailing list and inform you through emails and updates on MyTrilogyLife.com under "clubs." So, check it out.

Ada Parrales Stack 374-3406  
email: Chana1447@frontier.com

Cecilia Reyes Spiritosanto, 374-1484  
email: ceciliareyes77@gmail.com

Teresa Hamner 646-1610, email: thamner@aol.com

Vicky Riddle 374-3684, email: viriddle98@yahoo.com

## Men's Executive Nine

September was the month for ties. The Sept. 17 scramble resulted in three teams tying for first. All the winners, in no particular order, were Bob Bard, Dennis Jones, Bob Jeanmard, Joe Lee, Byron Lockhart, Mike Kennedy, Rolf Sabye,



Rayno Niemi, Alex Winkler, Larry Stover, Greg Szody and Bill Poate. In the Sept. 24 individual low net game there was a three-way tie for first in the low handicap flight. The winners were Ron Kott, Dennis Germano, and Joe Devilbiss. The mid-handicap winner was Al Sbrntai and the high-handicap flight winner was Joe Lopez. Congratulations to all the winners and thanks to all that participated.

Upcoming: The Nov. 12 four-man average where the four scores on each hole are averaged to determine the team score on that hole. Fractions apply, so brush up on your math. On Nov. 22, we will play the Eliminator.

It's time to renew your annual club membership. Renewal forms are available in the pro shop. Renew now and avoid the late fee penalty.

We currently have 104 members and play every Tuesday. We are always seeking new members. Golf experience is not a prerequisite. If you are interested in becoming a new member, pick up an application form in the posting room or contact membership chairman Dick Talbott at 225-0077.

## Model Club

Our Club President Mr. John Harding shared a presentation prepared from his extensive photography collection of Bay Area transportation photographs. John used the opening of the New Eastern Span of the Bay Bridge as the opportunity by taking us on a historical visual tour of the bay before the original bridge was built. In those days, almost exclusively ferryboats performed transportation between Oakland and San Francisco. John shared with us a small part of his photography collection displaying the construction of the original bridge, the key trolley system that serviced it, and early automobiles, which transitted the bridge in both directions. From that point, we were entertained with photos of early shipping, both commercial and military with skylines, which brought back memories to some of our old timers from their younger days. We are grateful that John has preserved these photos and is willing to take the time to share them with us.

Other subjects of discussion included an idea that we decorate the Garden Railroad and building for the holiday season. If you have ideas, or want to help, stop by our meetings or our Saturday morning operating days. Also, mark your calendars for our annual Garden Plants Fundraiser Bake Sale on Jan. 25, 2014

Stop by our Model Club meeting held on the first Friday of each month in the Vista Monterey Room. We will be presenting ideas and talking about other Field Trips we are anticipating this spring. Any questions, please contact the Club President, Mr. John Harder (3646).

## Motorcycle Club

The Trilogy Motorcycle Club riders meet the first Saturday of every month for an all-day ride. The Oct. 5 ride was moved to Oct. 12 to allow several members to attend the Airport Day function on the fifth as well as try their luck at finding that "must have" item in the Trilogy Garage Sale event. To satisfy the urge to catch some wind, 11 riders elected to make a trip to Street Vibrations held in Reno, Sparks, Carson City and Virginia City with the latter as our elected destination.



The ride to Virginia City was over a very familiar and scenic Hwy 88 to Hwy 395 in Nevada. This highway has it all, flatlands, 8000-plus foot elevations, sweeping curves, mountain vistas, and upon entering Nevada, it turns to desert country. We arrived in Virginia City at about 1 p.m. and found bikes lining both sides of the main street for some one quarter mile looking like a mini Sturgis. Thousands of bikers and bikes of all nature made for a festive atmosphere that was highlighted with a Mardi Gras tradition of trading beads for, well, you get it!

We departed for home via Hwy 50 through South Lake Tahoe for some easy cruising and even got in some night driving coming out of the mountains. Everyone arrived safely home about 10 p.m., completing a 14-hour, 400-mile day trip. Everyone pretty much agreed that this is a ride to put on the calendar for next year.

We invite other motorcycle riders in Trilogy to join us on any of the monthly rides. The next ride meets Nov. 2 at McDonald's in Rio Vista at 8 a.m. The destination TBD based on weather. For more information, contact Bob Pastorino at (6556) or Larry Nelson (2967).



## Movers & Shakers

This a support group for those with Parkinson's, Essential Tremor, Dystonia, or any other movement disorder. We meet once a month at 7 p.m. For date and location, call Audrey Kinser ( 7506 ).

## Nature Club

Fall and all the excitement of migration on the Pacific Flyway are here. With this in mind, our October Nature Club meeting discussion centered on local birding activities for November through January. Possibilities include the Cosumnes River Preserve at [cosumnes.org](http://cosumnes.org), Sandhill Cranes on Staten Island, birds at the Yolo Causeway, [yolobasin.org](http://yolobasin.org), the Galt Winter Bird Festival, [www.ci.galt.ca.us](http://www.ci.galt.ca.us), and Rush Ranch on Grizzly Island in Suisun continues to have monthly events.

If you would like our group outing and car pool information, contact Gail at (2718) and she will add you to our email list.

The Nature Club meets quarterly beginning Jan. 8, 6:30 - 7:30 p.m. in the Monterey Room, Vista Club, to discuss future events.

## Piano Club



Kudos to Debbie Dorn and members of her team for hosting such a wonderful event on Saturday, Sept. 14 where residents had a chance to socialize with each other and see first-hand a number of social clubs offered here in Trilogy. Interest in the Piano Club was high and a number of residents signed up for our October meeting. Our next meeting is set for Wednesday, Nov. 20 at 10 a.m. in the Vista Club Diablo Ballroom.

Meetings are scheduled the third Wednesday of each month through January 2014. All levels are welcome including beginners interested in learning. Intermediate and advanced piano players may offer encouragement while socializing and getting to know your neighbors. Not only has music served as an aid to social bonding, it has also proven to have medical benefits by improving the function of the body's immune system and reducing levels of stress.

Please let us know if you're interested in participating in this newly formed club by sending an email to [simplemelody13@yahoo.com](mailto:simplemelody13@yahoo.com) or contact Pamela Rogers at (4945). We're looking forward to seeing you at our next meeting.

## Radio Club

In July of this year, 19 brave firefighters in Arizona lost their lives attempting to preserve the property of people most had never met. Last month, it was announced that this tragedy was likely caused by a breakdown in radio communications. An air tanker, which could have made an air drop on their exposed position, was unable to locate them because of heavy smoke and the trapped crew could not indicate their position. This is exactly why the Radio Club exercise our equipment and meet weekly to ensure that in a local disaster we are prepared to respond in the event our community members need help. Saturday, Oct. 5, were supported by TRV Model Club members and conducted a successful live communications drill. Using the Disaster Preparedness equipment, we planned the frequency allocations, distributed the radios, batteries and identification vests, and trained communicators along with traffic and security volunteers. We also worked with the Rio Vista Fire Department and the police. In the event of a community emergency, these and other volunteers will be better prepared to assist in the protection of your health and property. If you would like information on becoming a trained volunteer, or an amateur radio operator, additional information can be obtained by attending the weekly Radio Club meeting, which is held each Tuesday in the Vista Club Monterey Room at 9 a.m. for informal discussions over a cup of coffee. The formal meeting starts at 10 a.m. Please stop by. For more information, contact Dean Lattman (3967).

## Recipe Club

In preparation for the holidays our Nov. 12 noon meeting is featuring "Appetizers." Donna Armanino, Shirley Rogers, Janice Welsh, and Molly Woodworth have volunteered to prepare the food. Since this a very popular subject, anyone who has a favorite appetizer may bring it to share. Jan Hunter is the coffee hostess.

If you enjoy cooking and sharing recipes, please feel free to join us. We meet the second Tuesday of each month at the Delta Club. For more information, contact Patty LaFleur (3159).

Monthly Q & A: Can I leave a pot of hot soup out to cool overnight? It's not a good idea. Food that is between 140° (steaming hot) and 40° (refrigerator cold) is in a bacterial danger zone. For safety reasons, you should cool down your soup as fast as possible. If you pour it into smaller, shallow containers and place them in the fridge without a lid, the food will cool more quickly. When the soup is cool, cover and return to the refrigerator.





## Religions of the World Group

The Religions of the World (ROW) Club will discuss three eastern religions, Confucianism, Taoism, and Shintoism, at the Nov. 5 meeting. We will talk about the Taoist concept of Yin Yang, the principle of natural and complementary forces and patterns. We will learn Confucianists have no issue with their members also following other religions. We will also learn that 80 to 90% of people living in Japan are listed as Shintoist, while many of these also practice Buddhist rituals. Join us on November 5 at 6:30 pm in the Monterey room at the Vista Club, and learn about these religions, practiced today by over 10 million followers.

ROW is a diverse group of Triloggy residents interested in learning more about the different religions of the world, their histories, beliefs, and practices. This is not a forum for recruiting attendees to any belief system. For more information, contact Don Cooper (510) 909-5049 or Barb Bellamy (6670).

## Rio Vista Roamers RV Club

The September trip to Pioneer RV Park in Quincy was small but everyone had a great time. This is the once-a-year trip with the Brentwood group, but there were some rig problems and only one came from that group to join us. Sharon and Mel Schatz were the hosts and we thank them.

We went to Sugar Barge in October with Wilma and Ken Powell. We welcomed some new friends and enjoyed their company. It is so pleasant on the delta in October and time to play some cards and wind down our roaming time with friends.

To end out our year, Ken and Wilma (4034) will also be hosting a holiday potluck on November 13 at the Delta Club. They will bring the turkey, dressing and gravy. Everyone else will provide the rest of the fixins'. All present, past, and future (those who would like to check us out) are encouraged to attend. Dinner will be at 5:30 and clean up done by 9. They will need a headcount by November 10 but will be out of town, so please call Sandra or Manny (3538) so the clubhouse will be set up to accommodate all.

December 8 will be a champagne holiday brunch at the Lone Tree Golf Course. Rich and Pat May (3649) will be your hosts and will need your \$25 per person by November 20. I understand this is a fabulous brunch and all present, past and futures are again invited.

Would you like to join us? All of our outings welcome potential new members, retired members, and the rest of our club. We are a fun group and welcome all of Triloggy. Check out our website at [//:home.comcast.net/~biskit3/rvroamers](http://home.comcast.net/~biskit3/rvroamers) with the latest trip information, call the member hosting that outing, or call Sandra Santos (3538). All of us will be more than happy to answer any questions.

## Senior Men's Golf Club

"Getting people in front of a camera is like herding cats."  
— Anonymous



*l to r, Harold Rowe, Tony Peters, Hans Slade, Chris Shockley Photo by Jim Nash.*

In any case, we elected (and photographed) new board members (see above).

After only two days of meager rain since early March,

thunder and lightning brought 0.6 inches of rain to the course on the last day of summer. It was a rare occurrence for that time of year, but a welcome relief for the grass trying to remain alive. Late in the month, we paid our last respects to the practice range. If you hadn't learned to play golf by then (N.B., future Rio Vista HS golfers), you were referred to the local developer.

We entertained Oakmont, Moraga, and Napa, and we looked forward to ongoing reciprocal arrangements with other area clubs. Alas and as usual, we lost our (final?) Millennium Cup Match at Brentwood.

On the Notable Achievement front, during the Community Services/Meals On Wheels tournament, Ski Sinoski aced the 5th Hole with a six iron and won a Kindle Fire. Good goin', Ski! You'll never forget that shot. This tournament continued TRV golfers' stellar history of contributing to the welfare of Rio Vista and Solano County. With Ken Higaki's leadership and John Lamb's money-raising skills, \$13,000 was raised and distributed between the two agencies. This tournament, plus this year's Armed Forces and Prostate Cancer events, totaled \$36,000 for community organizations. Other outings, such as the Rotary Club tournament, the Tim Lucas Memorial and the RVHS Invitational, used the golf course as a venue for charitable events. The high school golf team is never charged for access to the course. Demise of the course would leave a serious hole in Rio Vista's charitable efforts, and the larger community would be poorer for it.

October brought our Club Championship. The rough rose to 4 inches, but thanks to Nav, course repair became visible. Our regular membership meeting is on the third Thursday at 4 p.m. at the Delta Club. For more information, contact our Membership Director Ray Ulmonen at (4070) or rayauu@gmail.com.



## Stroke, Head & Brain Injury Club

Stroke Club supports those who have had or are living with someone who has been affected by stroke or a brain injury. We also assist those suffering from dementia, regardless of the cause.

Our group provides help, useful tips, and current information on how to cope with the various short and long term physical as well as emotional side effects that are unique to each individual's situation. Since those who experience these conditions can suffer from feeling alone, helpless, and/or impaired by some physical and/or emotional limitation, the support that we can provide each other can be very important to adapting and living. Each month, we discuss a new topic and try to learn more about subjects that are of interest to members.

We also conduct various extracurricular activities for the group both within Trilogy and in nearby communities so that we can have fun together as well. If you or someone in your family has had a stroke, any kind of brain malfunction, and/or dementia, and would like to join or have any questions, please contact Dr. Cheryl Bellrose (X6619). We encourage caregivers and families to join.

We usually meet on the first Tuesday of each month from 2 - 4 p.m. at the Vista Club in the Monterey Room unless there is a holiday. Our next meeting is Tuesday, Nov. 5. Please join us.

## Supper Club

Supper Club meets every other month from February through October in member's homes for tasteful (and tasty) dining, fun, and conversation. On these occasions you can meet your neighbors and get to know them in a small group setting (usually six to 10). We are not limited to a formal dinner menu. We may also have an afternoon barbeque, a brunch, or a luncheon.

Our club is not just for married or committed couples. We don't want to leave anyone with the impression that single individuals are not welcome. Everyone is welcome to join Supper Club. If you want to make new friends, give Supper Club a try. Take the opportunity to experience our delectable menus and friendship provided by our members.

If you are interested in participating on Feb. 2014, contact Cheryl Bellrose (6619) after the New Year. Looking forward to hearing from you.

## Table Tennis Club

The Sept. 14 Trilogy Activities and Clubs event held at the Vista Club was an outstanding success for our club. Twenty-two persons took advantage of the free (till the end of the year) memberships and hopefully they will show during our play days. A big welcome to all of you.

We had a great time at our International potluck and bocce event held on Saturday, Sept. 28. Thanks to Ruth Barnes and Tom Surh for organizing this. Food was excellent and the fun and camaraderie outstanding

### Get ready to participate in the following activities:

#### October:

- Oct. 26 (note date change): fourth in-house tournament featuring Sadie Hawkins Doubles. Ladies start asking the guys to play and avoid your spouses, at least for this event!
- Tournament with The Villages in San Jose, date and time to be determined.

#### November

- Thursday, Nov. 14, 4 p.m.: General Meeting and Elections of Officers for the 2014 year. Please attend.

#### December

- Saturday Dec. 14: Holiday Dinner at the Delta Clubhouse 5pm- 9pm

The availability of the Rio Vista Room is posted weekly on the website, so be alert to these postings. For this, you need to subscribe by providing your email once you click on <http://trvtt.wordpress.com>. There's also a hyperlink to this site in the MyTrilogyLife.com under clubs.

Contacts: Larry Mork, President (3389); Ruth Barnes, Vice-President (4395); Vicky Riddle, Treasurer (3684); Kim Russell, Secretary (2046); Tournament Director: Michael Mahrous (3216), Tom Barnes, At Large (4395).

## Tennis Club

Our competitive season ended with a real blow-out. The match with our friends from Brentwood was cancelled due to high winds. It's the first time that has happened. Hopefully we can make up that match at a later date.

If you don't like the heat of summer, the cooler months ahead are a great time to get out on the courts. Just because it's cooler, doesn't mean you have to be cold. Carmen Wong will have her vast wardrobe of sweat suit colors on display every weekend through the fall, winter, and spring to brighten up the courts.



With the addition of so many new people this year, we are looking forward to May when we start playing our competitive tennis matches. We have a stronger team and should do well against any teams we play. For those that are beginners, we have a lot of internal activities to help you get to the advanced level, if that is what you want, or just enjoy the social tennis weekday between 8 and 10 a.m.

For more information about the Tennis Club, contact Wally Beckman at beckmanwally@hotmail.com

## Whist Club

We would like to wish everyone a Happy Thanksgiving and blessings for your family and friends.

The club gathers once a month, usually on the third Friday at 7 p.m. at the Delta Club. Please check the monthly *Trilogy Living* for any dates/time changes.

Other games are available for those not interested in playing cards, including dominoes, backgammon, and checkers. We also welcome those who just want to socialize.

You may contact Madalene Turner (3361) or Jean Robertson (0086) for more information.

## Women's 9-Holers



Fall has arrived and we are delighted! We are having fun playing golf and enjoying our friends. Remember Tee time is 8:30 a.m. until Nov. 5.

**Sept. 2** - Two chip-ins today, Judy Rumble and Carole Dolan on #16, that is just the beginning- both ladies tied for low putts, 14 each! Carole had a par on # 13 along with Linda Sargent-Natour, Linda also #18. Nancy Griffin #13, Elaine Love #13. **Sept. 10** - Karen Adams was the 'Charm Winner' for the day. Jan Benner pars # 5 and #8. **Sept. 17** -ladies 9 Holers Invitational was a smashing success!!!! We had 72 players! CONGRATULATIONS to the WINNERS: Nancy Griffin, Sharon David, Billie Reece, and Linda Rowe. You make us proud! **Sept. 24** - Elaine Love was the chip-in winner this time on #8. Additionally she pared # 9. Karen Nash pared # 5 and # 8. If you need further information please call Rowena Jefferson at (1482). **9 Hole Team Winners of the Invitational Tournament, Sept. 17** - Billie Reece, Linda Rowe, Nancy Griffin and Sharon David.

## Women's 18-Holers

The Women's 18-Holers just crowned the Club Champion for 2013. The overall winner was Linda Barlesi. The other winners were: A Flight – Gross, Lucille Rhodes net Cindy Brown. B Flight - Gross Angie Jones, net Debby Carroll. C Flight - Gross Maureen Gingrass, net Lynn Grace.

We are looking forward to our Invitational Oct. 10. We are busy making the final preparations. Our theme this year is "Hats Off to Golf." Our plans include a raffle, great tee prizes, and a nice day of golf topped off by a luncheon.

**Sept. 5:** Low Putt and Charm Day. Lowest net score of the field wins a charm. A Flight: first: Linda Siatt, second: Lucille Rhodes, third: Linda Barlesi. B Flight: first: Loretta Ortenblad, second: tie Alma Renko, Karenann Evans and Lynn Grace. C Flight: first: Fran Silva, second: tie Suzi Masterson, Pam Ramirez and Anna Stevens. The Charm Winner was Lynn Grace. **Sept. 12:** Low Net. A Flight: first: Angie Jones, second: Doris Sundly third: tie Judy Zelmar, Vicky Riddle and Cindy Brown. B Flight: first: Lynn Grace, second: Darl McCarthy, third: Pat Kistler. **Sept. 19:** Best Score on 9 Holes, using half handicap. A Flight: first Angie Jones, second: Alma Renko, third: Linda Siatt, B Flight: first: tie Trixie Roque and Roni Teixeira, third: tie Karenann Evans and Maureen Gingrass. C Flight: first: Pam Ramirez, second: Marilyn Rogers, third: Suzi Masterson.

If you are interested in joining our club, we meet at the Nines Restaurant every Thursday at 8 a.m. You may also contact Marilyn Rogers at (5746).

## Woodcarving Club

The Woodcarving Club is becoming very popular. Our membership has increased to 17 members, most of them novices. John provides them with their first block of wood. The carvers find a pattern, trace it, and borrow tools to begin. The carvers are enjoying the challenge of first-time carving. Meanwhile, the more advanced members are enjoying their challenges.

On Saturday, Sept. 21, several members of the club traveled to Pleasanton for the Tri-Valley Woodcarvers Show. Although not as large as the Sacramento show, the members enjoyed the exhibit and the talent of the woodcarvers. Members Jane (Dick) McElveny, Chiong Han (Chandler), Ted Tome, Carole Light, Judy Taylor, and John Wilson enjoyed a wonderful breakfast at the Railroad Café in Livermore on the way to the show.

Some of the club's projects are on exhibit in the case next to the Computer Room in the Vista Club. The club meets every Monday from 8:30 to 11 a.m. in the Delta Club. For additional information, about the Woodcarving Club, contact John Wilson (5730).



# Veterans Ball

Monday, November 11, 2013

6:00 p.m. – 10:30 p.m.

Diablo Ballroom, Vista Club

Doors Open & Reception at 6 p.m.

Catered Old Glory Buffet at 7 p.m.

Featuring

Tri-tip Beef and Chicken Normandy

Live Music and Dancing

Bring Your Own Adult Beverages

Military or Semi-Formal Dress ~ No Hats Please

Sign up at Member Services at the Vista Club \$35 pp

For more information, contact Ron Waite at (6714) or [925-216-7488](tel:925-216-7488).





## Trilogy at Rio Vista

# HOME BASED BUSINESS DIRECTORY

### Divas

Unique Jewelry & Accessories  
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Without Surgery or Injections?  
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LupeandMarcy@gmail.com

## ANNOUNCEMENTS

### Gambling Trip

New Casino Graton Resort  
Rohnert Park: 3000 slots, 114  
tables, December 12, 9 a.m.-5  
p.m. (4 hour stay). No bonus  
pkg. \$30/per person. Host  
Carmen Martinez (3259).

## FOR SALE

### Adult Trikes

Adult trikes: single speed, dual  
brakes and basket. Now available  
with electric motor. Increase your  
range and zip. For downtown  
errands. 26" regular bicycles  
included. Save gas! (5248).

### Electric Recliner

Lt. beige, hand-held remote,  
built-in stand assist, attached  
footrest, plush velour-like fabric,  
perfect condition. \$125. Call (2525).

### Treadmill

All electric, programmable,  
incline & custom settings, sped,  
distance, time, calories, heart-  
rate, safety-stop leash, w/ user's  
manual. \$125. Call (2525).

### Airport Transportation

I'll get you to any airport or SF port  
on time and pick you up on return.  
TRV residents only. One way fares:  
SFO \$105, OAK \$85, SMF \$65, PORT  
\$90/ Call Ralph Hatch (3941).

## SERVICES

### Appliance Repair

Service and repair of most makes  
and models. 30 years experience.  
Now serving the residents of  
Trilogy. Call Gary (4945).

### Audio/Visual

We will install your audio  
system, DVD, TV, or VCR to your  
specifications. We will also  
custom wire your home per your  
specifications. All installers are  
ON-Q certified. Call Michael (2800).

### Carpet & Upholstery Cleaning

B & B Carpet and Upholstery  
Cleaning. Trilogy resident will  
clean carpets and upholstery in  
your home, RV, boat, or car. Home  
carpets: \$30 per room, \$15 per hall.  
For the best service, call Bill (6125).

### Carwash

Ray's Mobile Carwash. Let me  
come to you to clean and wash  
your vehicle. Reasonable rates for  
detailing and waxing also. Call  
Ray (7598) or 707-249-1492.

### Chef and Personal Home Assistant

Can I help you in the kitchen? I can  
shop and prepare meals to your  
taste. I can assist with assorted tasks  
especially with the holidays around  
the corner. This will help your life  
run more smoothly. Cherie (3151).

## SERVICES

### Cleaning

Complete housecleaning. Quality  
cleaning at an affordable price.  
Weekly, by-weekly or once. Rental  
cleans 628-4235 or (5239). Dawn,  
"Jerry the Sprinkler Guy's" daughter.

### Clock Repair

Thirty years collecting and repairing  
clocks. No cost if I can't fix; low cost  
if I can. Call (6782). Ask for Rod.

### Computer Assistance

PC, Laptop and iPad  
troubleshooting. Install software,  
wireless networks or DVD  
players. Patient tutor for basic  
or advanced help. Technical  
expert—Robert (5129).

### Computer Doctor

Woody Woodard will fix PC's/  
Mac's, install, teach, create web  
pages, coordinate with Frontier,  
Best Buy, Comcast. 707-416-6067

### Computer Help

PC or laptop repair, including  
optimization and virus removal.  
Extend life of old computer  
or set up a new one. Wireless  
setup, add new devices and  
tutoring. Kathy Barker (6850).

### Computer/Wireless

We will custom install your  
computer or wireless network per  
your specifications. We will also  
do custom wiring and software  
downloads. Call Michael (2800).



**SERVICES**

**DJ Available**

DJ music for indoor and outdoor events. Contact Jose. Discounts for Trilogy clubs and residents. (5248)

**Electrical**

Certified electrical contractor (#819067) will install chandeliers, fans, lights, outdoor receptacles, RG6 cable for broadband service, telephone lines and wiring for Ethernet or wireless. Call Michael (2800).

**Errands**

Transport Services: grocery, drug, gifts, shopping, library visits. Rides: town & beyond, doctor, dentist, anywhere! Save time & money. My car, my gas! Karen (5129)

**Enhanced Improvements & Repairs**

Established Retired General Contractor. .tile, wood floors, water leaks/drywall damage, kitchen & bath remodel/repair, patio re-design, entry/screen doors, fireplace mantels. . . Big or small—I do them all! 8 year resident/ references. Dominic 322-9476

**Faux Finishing @ Its Best**

Enhance the beauty of your home with faux finishes for your walls, columns, fireplaces and doors. Call Susan Prince/Oddo (2167)

**Gun Repair**

Gun repair and gun cleaning, scope mounting, stock and pistol grips inspection and estimates, parts and installation. Call Bob (7587).

**Hairstyling**

Need a glamorous do? Call Dee for a fabulous you. She will give you the do you want. Hairdo—Let Dee do! You are in a beauty contest every day of your life. Let Dee handle your style and bring out the fabulous you—makeup upon request too! Call Dee (Delia) 925-726-5996.

**SERVICES**

**Handyman**

Trilogy resident has over 40 years of home maintenance experience, MOEN faucet specialist, ceiling fan and chandelier installations, electrical trouble-shooting and GFCI problems, plumbing leaks, disposals, toilet maint., and more. Free estimates. City bus. license #1654. Bob Bailey (3391).

**Handyman**

For those projects that you can't or don't want to do: plumbing (leaking faucet, garbage disposal), electrical (install ceiling fans, light fixtures), household repairs, hang window treatments, mirrors, and pictures. Call Scott Sylvester (6013).

**Helping to Sell Your Items**

I can help you sell items through Craigslist and other channels, sheltering you from all screening, negotiating and dealing with the public. I can do it all or help you do your own ads and photos. By the hour or commission. Experienced and trustworthy. I may also buy your items outright. Christopher 415-710-2590, Trilogy Resident

**Household Assistance**

Organize, arrange, put in place, Enjoy home with happy face! Build stained glass windows, etch shower doors too, I can make or will teach you! Many repairs, walls I'll paint, Professionally pack, Flexibility's great! Yard work and cleaning A to Z, Dogs I love, Laughs are free! Jody 386-7896

**House Payment Help**

House payment a little high? Want them lower for more monthly spendable? Call Ed Smith, Sr. Loan Officer, C-2 Financial Corp. to discuss lowering your monthly. Ed Smith NMLS# 242425, DRE# 00449998, C-2 Financial Corp, NMLS# 135622, DRE# 01821025, Reach Ed at (3932) or 334-7059.

**SERVICES**

**Impeccable Improvements & Repairs**

Established Retired General Contractor . . .tile, wood floors, water leaks/drywall damage, kitchen & bath remodel/repair, patio re-design, entry/screen doors, fireplace mantels. . . Big or small—I do them all! 8 year resident/ references. Dominic 322-9476

**Income Tax Preparation & Bookkeeping Service**

Over 30 years experience with bookkeeping and personal, corporate and partnership income tax preparation. Fast, efficient, reasonable. No job too small. Call Lesley (3377).

**Income Tax Prep & Notary**

Individual Partnership Corporate Tax Return Preparation, Notary Public. Reasonable prices. Jim Castress (3590)

**Income Tax Services & Planning**

Serving Trilogy since 1999; individual, trusts, business. Consultation in your home or my Trilogy office. Ron Auger, CPA (3068)

**In Home Care**

Sensitive, caring, discreet and dependable Trilogy resident would like to help care for your loved one. Nine years experience. Call Nita 315-6670.

**Landscaping**

Hello Trilogy residents, new & established: I'm Jim Gilly, a fellow resident looking to help you with re-designing and installing your front or back or both yards. Visit my web @ www.gotgilly.com. Lic. 752296. Call 925-260-5780.

**Moving and Organizing Services**

Packing or unpacking, help with organizing and downsizing. Reasonable rates. Satisfaction guaranteed. Long time Trilogy resident. Call Nita 315-6670.





## SERVICES

### Notary Services

\$10 per signature per page with discounts for multiple pages. Offering LegalShield™ /Identity Theft Protection Services. Elaine Wisz (4310).

### Notary

I offer notary services in my home or yours. Trilogy resident Eileen Griffin (2684).

### Notary Public

Certified Notary, fast, professional and reliable service. Lowest fees for Trilogy residents. Please call Jeffrey (7541). Thank you.

### Notary to Go

Only \$8 per notarization at Trilogy. Discounts for numerous documents. Since 1984. Call Warren at (3477).

### O So Sharp

The Holidays are coming up soon. Time to get those knives sharpened. A dull knife is a dangerous knife. I can sharpen most anything inside or outside the house. Call Rich G. (3663) at 556 Birch Ridge Dr. Pickup and delivery available.

### Painting & Drywall

Repaint exterior & interior. Color and texture our specialty. Free estimates. 40 years experience. R. P. Painting, Trilogy Resident CA St. lic. #422737. Call today (5954).

### Plantation Shutters

Measured & installed by Jim Gilly. Check prices from Costco & others, then call me. You'll be happy you did. Allow 6-8 weeks from order date. Jim Gilly 925-260-5780

### Pet Care

Trilogy home owner offering my services to neighbors/pets. Walks, drop-ins, overnights, allowing your pet(s) to stay home. Pet first-aid/CPR trained. Cell: 330-6010; email: thedeetails@yahoo.com

## SERVICES

### Pet Care

Kitty care and small dogs (no walking) services. Includes play, feed, meds, trash out/in, newspapers, mail, and house plants. Call Mimi (4343). . .Trilogy resident. Accepting holiday reservations.

### Rain Gutters Cleaned

Patio covers washed and rain gutters cleaned. Pressure wash driveways and patios. Trilogy resident Danny 209-570-0302.

### Sliding Door & Screen Repair

Stop Fighting Your Sliding Door and Screen!...If it does not Slide, I will make it Glide...Replacement or Repair of all Patio Door and Screen Rollers, Patio Door and Window Screens, Locks, Handles, Shower Door Enclosures and Wardrobe Doors. For a Free Estimate, please call Jonathan (2736).

### Streaming Video

Will set you up to watch movies in your home instantly from Netflix or Amazon. Woody Woodard 707-416-6067

### Transportation

Dave's Transportation Service will drive to airports, Amtrak, BART, Medical appointments, shopping, casinos. Trustworthy and reliable. For Trilogy residents only. Call David (3192.)

### Water Filter

Drink purest, cleanest, tastiest water from your tap. Install reverse osmosis filter under sink system. Save bottled water costs of \$250+ per year. Trilogy resident discounted \$150 plus installation (2643).

### Weed Pulling

Get rid of those ugly weeds. Don't break your back. Clean up dead leaves, dead plants. Plant new plants, trim bushes. Keep your yard tidy. Laurie (6305) or cell 925-301-7389.

## SERVICES

### Window Cleaning

Professional window cleaning. Years of experience, licensed, and complete background and check. For a free estimate and appointment, call Gary (3488).

## VACATION RENTALS

### Tahoe Condo

Tahoe rental Incline Village: Fully equipped condo near Diamond Peak, sleeps 2-4 comfortably. Starting at \$125/night plus cleaning fee. Call Blaine (0717) or letsgotahoe@aol.com

## WANTED

### Golf Carts

Cash paid on the spot. Carts can be running or not. Call (3338) or 208-9096.

## Want to Run a Classified Ad?

Pick up an ad application form at Member Services. Turn in your completed form by the fifth of the month preceding the month you wish the ad to run. Cost is \$5 for 25 words. Additional words are \$.25 per word. Checks only. Late ads will run in the next issue.

### **Attention Advertisers:**

All ads and checks are due

by the fifth of the month

prior to the month of publication.

### **Attention Clubs!**

Article submissions

must be 275 words or less.

## **ADVERTISING INFORMATION**

**DEADLINE:** All final ads and checks are due by the fifth of the month prior to the month of publication. For example: December 2013 ads and checks are due by November 5, 2013. All late submissions will run in the January 2014 issue of *Trilogy Living*.

### **REGULAR SIZES AND RATES:**

- |   |                        |             |
|---|------------------------|-------------|
| • 1/8 page ad   | 3 1/2" wide X 2" tall  | \$90/month  |
| <i>Scan your horizontal business card at 300 dpi, and e-mail it as a pdf, jpg or tiff file to Tania Fardella at indigodesign@att.net.</i> |                        |             |
| • 1/4 page ad   | 3.6" wide X 4.5" tall  | \$140/month |
| • 1/2 page ad   | 7.5" wide X 4.5" tall  | \$220/month |
| • Full page ad  | 7.5" wide X 9.25" tall | \$345/month |

### **PREMIUM SIZES AND RATES:**

- |  |                      |             |
|--|----------------------|-------------|
| • 1/4 page ad Inside Front or Back Cover | \$185/month          |             |
| • 1/2 page ad Inside Front or Back Cover | \$285/month          |             |
| • INSIDE FRONT COVER                     | 7.5" wide X 10" tall | \$445/month |
| • INSIDE BACK COVER                      | 7.5" wide X 10" tall | \$445/month |
| • OUTSIDE BACK COVER                     | 7.5" wide X 10" tall | \$500/month |

### **DISCOUNTS:**

- 10% off pre-paid ads for 3 months or more
- 10% off for businesses owned by residents of Trilogy at Rio Vista

*To place an ad, contact Joan Azlant at joanazlant@comcast.net or 707.374.2620. If you need ad design, contact Tania Fardella at indigodesign@att.net or 925.377.0335. Additional fees will apply for design, scanning, and edits.*



TRIBUTE TO  
PATSY CLINE  
*featuring*  
JONI MORRIS

*Audiences love Joni's tributes to the music of Patsy Cline, Connie Francis, and Legendary Ladies in Country Music. She is a dazzling entertainer with a double-barreled voice. You'll hear Patsy's biggest hits like "I Fall To Pieces," "Walkin' After Midnight," "Sweet Dreams," and "Crazy." You can also expect to hear a few of Joni's own original songs in every show. She adds comedy, eye-catching costumes, and lots of audience interaction to each performance.*

**Saturday November 16**  
**Diablo Ballroom, Vista Club**  
**6:30 — 8:30 p.m.**  
**Sign up at Member Services \$15 pp**  
*Table Seating Bring Your Favorite Provisions*



## EMERITUS SENIOR LIVING

There is no “right time” to seek another living environment. It is a decision usually based on the individual’s needs and available outside support. If you are observing an alarming decline in the safety, social, or emotional needs of your parent or loved one, it’s time to see how assisted living can help!

Choosing assisted living at an Emeritus Senior Living community will actually give your loved one greater independence. You will gain peace of mind knowing that they are nearby in a safe and comfortable senior living community.

*Call us today to learn more about the benefits of assisted living for your loved one. We will be glad to arrange a private tour experience for you.*

*Our Family is Committed to Yours.®*

**We’re here to help you make the right decision about assisted living.**

Nestled in the rolling hills of Solano County’s wine country Emeritus at Rancho Solano offers a little bit of everything. Located on the outskirts of Fairfield, California our country setting is only minutes from shopping, restaurants, hospitals, clinics and cultural centers. The ambiance in our Lake Tahoe-like lounge will appeal to anyone’s taste. Our apartments range from spacious studios to two bedroom-two bathroom apartments with views of the hills, wildlife and breathtaking sunsets.



**EMERITUS**  
— at Rancho Solano —

**(888) 718-9317**

**Come learn about the many benefits we have to offer! Call now to schedule a complimentary lunch in the month of March!**

**• Voted #1 Assisted Living Community in Solano County for 2013 •**

3350 Cherry Hills Court, Fairfield • [www.Emeritus.com](http://www.Emeritus.com)

Lic. #486801162

