

# Trilogy<sup>®</sup>Living

## riding the summer waves

It's mid-summer and Trilogy residents can't seem to get enough outdoor activity. Turn to page 4 to see how you can join the fun!

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# *From the Master Association*

## **Melissa Coleman**

*President*

### **President's Report July 12, 2016**

The Board continues to have full agendas, as there are many projects that are either new or ongoing which need its attention. Some items were not addressed on Tuesday's Executive meeting due to lack of time. In order to allow additional time, future Executive Sessions will be scheduled for the Monday before the General Session.

**Future Amenities:** The Board continues to examine and research every document and avenue for verification and enforcement regarding developer-provided amenities.

**Additional Clubhouse:** A legal opinion was obtained regarding "the promised 60,000 sq ft of clubhouse space," as claimed by some. With any written opinion, additional questions need to be answered so the Board is scheduling a followup meeting with legal counsel. Information about the substance and requiring construction of the "60,000 sq ft of clubhouse space" will be available upon request, after the Board has completed a full evaluation and received all the information.

**Design Center:** The Amenities Committee presented to the Board the proposed use of the facility to be dedicated to "Health & Wellness". Health & Wellness focus would be to move the Cardio Equipment and Weights, Group Ex, Massage, Naturopath, Acupuncture and Staff to the Design Center. These moves would than present new opportunities in the Vista Club. After approving the proposed use of the Design Center, allows for the Board to move forward with determining cost estimates and funding.

**Dog Park:** Management presented a design concept on items to be considered in the layout and construction of the Dog Park. The funding allocated in last year's budget has been placed in a segregated fund.

**Access Improvement:** The Access Committee submitted a proposed RFP. The Board approved moving forward with the distribution of the RFP to company's experience with Community Associations. Additional member input will be gathered regarding the proposed changes: changing the swing gates to lift gates, changing from the transponders (clickers) to RFID sensors. No decision has been made at this time, only gathering information and costs.

**Administration Office Renovation (Delta):** The Board approved a budget of \$50,000 in the fiscal year 2016/17 to remodel the administration office. The Board approved moving forward into a planning phase to define the remodel requirements. Reporting on this item will be monthly.

**Reserve Expenditures:** Replacement of the Delta Club window coverings. The Board approved a bid from Delta Draperies to replace and install all the windows coverings in the Delta Club. Look forward to a new fresh look, the blinds will be off-white.

*(continued on p. 45)*

## **TRILOGY AT RIO VISTA**

### **D I R E C T O R Y**

#### **Master Association Board of Directors**

Melissa Coleman, President (707) 374-6874  
Patty Kohn, Vice President (707) 374-2737  
Teresa Fraser, CFO (415) 407-8563  
Joel Auslen, Secretary (707) 374-5808  
Don Love, Director at Large (707) 374-6882

#### **District Delegates**

Village 1 - Melissa Coleman (707) 374-6874  
Village Oakmont - Don Love (707) 374-6882  
Village Riviera - Minnie Howell (510) 866-8786  
Olympic Village - Joel Auslen (707) 374-5808  
Saddle Rock Village - Roger Kohn (707) 374-2737  
Eagle Point Village - Mark Weiss (925) 980-7249

#### **Committee Chairs**

Adult - Bill de Manincor (707) 374-6404  
Administrative Policies - Melissa Coleman (707) 374-6874  
Document Revision - Bob Sather (707) 374-1384  
Emergency Action - Barry Fraser (415) 407-8529  
Access - Art Darden (707) 374-3455  
Amenities - To Be Filled

#### **Village Board Presidents**

Village 1 - Larry Mork (707) 374-3389  
Village Oakmont - Walt Manos (707) 374-2827  
Village Riviera - Donald Seyk (707) 374-6407  
Olympic Village - Richard Pettijohn (707) 374-3065  
Saddle Rock Village - Art Darden (707) 374-3455  
Eagle Point - Mark Weiss (925) 980-7249

#### **Association Administration /HOA (707) 374-4843**

**General Manager:** Ed Vitrano (707) 374-4869  
evitrano@actionlife.com  
**Assistant General Manager:** Catherine Patrick  
cpatrick@actionlife.com (707) 374-4843  
**Activities Director:** Debbie Dorn (707) 374-4204  
ddorn@actionlife.com  
**Fitness & Spa Director:** Kathy Erwin (707) 374-4205  
kerwin@actionlife.com  
**Maintenance Director:** Michael Oestreich (707) 374-4895  
moestreich@actionlife.com  
**Member Services Coordinator:** Cheryl Lucas (707) 374-4203  
clucas@actionlife.com  
**Communications Coordinator:** Andrea Stuart  
stuarttrv@gmail.com  
**Architectural Coordinator:** Debbie La Croix (707) 374-4843  
dlacroix@actionlife.com

#### **Club Numbers**

**Vista:** Front Desk (707) 374-4200 Fax (707) 374-2422  
**Delta:** Admin Office (707) 374-4843 Fax (707) 374-4891

#### **Trilogy Living Editorial Board**

Andrea Stuart, Ed Vitrano, Debbie Dorn, Cheryl Lucas,  
Joan Azlant, Kathy Erwin, Bill de Manincor

#### **Commercial Advertising Manager**

Joan Azlant, joanazlant@comcast.net (707) 374-2620

#### **Resident Classified Advertising**

Kathy Nilsson, knilsson@actionlife.com (707) 374-4200

#### **Welcome Center/Front Gate (707) 374-4306**

Guest Registration - community.dwellinglive.com

#### **Café Vista (707) 374-4202**

#### **Sir Flair's (707) 374-4400**

#### **Golf Course (707) 374-2900**

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## *From the Editor*



### **Andrea Stuart**

As we hit the midpoint of this warm season, many of us begin to feel lighter and more vital as our activity levels increase. It turns out that keeping up with the summer hullabaloo can have health benefits. There's magic in a recipe made from sunshine, warm air, and excited people. We've featured a cyclist from June's Trilogy Triathlon on the cover as a reminder that a little bit of movement goes a long way.

As we age, it becomes increasingly important to keep the body moving. Summer is a great time to develop daily fitness routines that we can carry throughout the cooler months of fall and winter. When the body moves, our brain cells benefit, our moods lift, and we become more active, perpetuating this cycle of healthful living.

The beauty of building a fitness routine is that it can be modified to every fitness level (yes, even for those confined to chairs or beds). Some activities, such as walking, swimming, yoga, and bike riding are good for a variety of fitness levels. Each of these activities is low impact and provide a whole body workout that can be paced for each individual.

There's almost two months of summer left, so may this season keep you motivated to get outside, join a swim class at the Delta or Vista pools, get together with neighbors for a brisk morning or evening walk, enjoy some time on the mat, or even attend a Trilogy concert series and boogie down. How will you spend your remaining summer days?



**From the Board of Directors:** The publisher retains the right to edit articles and advertising to conform to content and space requirements. The Trilogy Board of Directors is not responsible for expressed opinions or for the authenticity of all presented facts in articles and advertisements. Viewpoints contained in this newsletter are not necessarily the opinions of the Trilogy at Rio Vista Master Association, the Board of Directors, its officers, or management.

## *From the Activities Director*



### **Debbie Dorn**

Trilogy's July 4th Celebration of our nation's Independence Day brought the community together once again in record numbers for a great day of patriotic reflection, fellowship, and fun times! Appreciation is given to all contributors, participants, volunteers and staff who helped to make this such an enjoyable event.

See pages 30-33 for special acknowledgements and parade contest winners. Thank you event photographers; Linda Mitchell, Paul Peterson, Larry Mitchell, Myra Samfeld, Nelson Gomes, and Roger Kohn. The photos have been compiled for the slideshow now playing in the Vista Club Rotunda. Thank you everyone. Job well done!

Here is the lineup for upcoming special events!

- **August Computer Class Summer Break ~ (see pg 50)**
- **8/07 & 8/28 Trilogy Produce Market**
- **8/11 Blood Pressure Checks**
- **8/11 – 8/14 Summer Play Production ~ Drama Club**
- **8/13 Juried Art Show Reception ~ Trilogy Art Guild**
- **8/14 Juried Art Show Open House ~ Trilogy Art Guild**
- **8/19 Karaoke – Simply Spontaneous Fun**
- **8/23 Enrichment Series: HICAP Medicare Fundamentals**
- **8/26 Bingo**
- **8/27 Concert on the Patio – Solid Gold 5th Anniversary Party**
- **8/28 This'n That Coffee House ~ Guitar Club**
- **8/30 CPR/AED First Aid Training**

### **Get Ready!**

- **9/10 Trilogy's Club Awareness Day**
- **9/18 Flu Shot Clinic**

### **Job Opportunity Events and Setup Coordinator**

View full-time position at <http://www.actionlife.com/careers/>. Click "jobs in Rio Vista" for more details. After you have applied for this position online, notify Debbie Dorn at [ddorn@actionlife.com](mailto:ddorn@actionlife.com).

**For non-delivery of *Trilogy Living*, contact Member Services at 707-374-4200.**





## Computer Classes

Learning Center Vista Club

There are a variety of introductory or special interest classes to help you become more comfortable with common computing conveniences. See Page 50 for more information. Limited space available, sign up at Member Services.

## Concert on the Patio with Buck Ford and the Pure Country Band

Saturday, July 30, 7 – 9:30 p.m., Vista Club Patio ~ \$15 per person

Nashville recording artist Buck Ford is a young, pure-country singing sensation that focuses on keeping the traditional country sound and rhythm flowing. Buck's influences consist of George Strait, Merle Haggard, George Jones and Keith Whitley, just to name a few. Find more at [www.BuckFord.com](http://www.BuckFord.com). Gather your friends, your favorite refreshments, outdoor clothing, a comfortable lawn chair and come ready for a great evening with Buck and the Band. Sign up early at Member Services, Vista Club.

## Trilogy Produce Market

Sunday, August 7 & 28, 10 a.m. – 3 p.m. – Delta Club

Experience Trilogy's market place. Trilogy's Produce Market provides wonderful produce and other specialties. Bring your neighbors and stock up! It's easy to keep a fresh supply of fruits, vegetables and specialties on hand without leaving Trilogy.

## Blood Pressure Check ~ Free

Thursday, August 11, 9 – 10 a.m., Library, Delta Club

Have your blood pressure checked the second Thursday of every month at the Delta Club Library between 9 – 10 a.m. Stop by and keep that blood pressure in check.

## Karaoke ~

## An Evening of Spontaneous Fun!

Friday, August 19, 7 - 8:30 p.m., Diablo Ballroom, Vista Club ~ Free

Specially designed for your fun and enjoyment, with open dancing and song lyrics on the big screen for some sing-a-long good times. You'll find quite a variety of entertainers, from storytellers to folk singers to dancers and more. You might even be one of them. Bring your favorite snacks and beverage and come on over for a relaxed evening of spontaneous fun and entertainment. No sign-ups required.

### Attention All Clubs!

Tuesday, September 27, 10:30 – 12 p.m., Diablo Ballroom Vista Club

Mark your calendar, the Club Status Annual Renewal meeting is coming. All groups with club status need to be represented at the meeting. Others involved with organizing special events should also attend. RSVP with Member Services 707-374-4200.



## Concert on the Patio: Solid Gold's 5th Anniversary Party

Saturday, August 27, 7 – 9:30 p.m.,  
Vista Club Patio ~ \$15 per person

Great entertainment, dancing, and celebration. Trilogy's own "Solid Gold" will perform the music we grew up with from the 50s through the 80s, and into the 90s in their signature four-part vocal harmony. Rally your family, friends, outdoor attire, dance shoes, comfortable lawn chair for the patio and favorite provisions for this fabulous Solid Gold performance.

Check in begins an hour before show time. The patio is completely shaded by 6:30, and the Delta's breeze makes for a comfortable setting. Sales are limited. Sign up early at Member Services, Vista Club.



## **Enrichment Series: Medicare Fundamentals**

Tuesday, August 23, 1:30 – 3:30 p.m.

Diablo Ballroom, Vista Club ~ Free

Are you new to Medicare or want a better understanding of your healthcare? Attend this comprehensive educational seminar to receive a detailed understanding of Part A, Part B, Part D, Advantage Plans, Penalties, Timelines, MediCal and Veterans benefits. Health Insurance Counseling & Advocacy Program (HICAP) provides free and unbiased Medicare information and counseling so you can make informed decisions. We do not sell anything. Light refreshments will be served. Limited space available, sign up with Member Services at the Vista Club; stop by or call 707-374-4200.

## **Learn to Save A Life With CPR/AED & First Aid Instruction**

Tuesday, August 30, 9 a.m. – 1 p.m.

Diablo Ballroom, Vista Club ~ \$60 per person

It is good to know how to help someone in trouble. It could be your spouse or it could be your grandchild. This class provides a two-year certification in CPR/AED and First Aid at a great value. Limited space available. Sign up with Member Services by 8/26, at the Vista Club.

## **Flu Shot Clinic is coming to Trilogy!**

Sunday, September 18, 9–2 p.m., Delta Club



- FREE for Medicare Part B holders
- \$30 for all others including those with HMO coverage such as Kaiser
- Bring Required Medicare card, Identification and

completed Medicare form with you September 18

- Cash and checks will be accepted

Proceeds benefit uninsured and underinsured home health and hospice patients. Sign up at Vista Club Member Services & pick up the Medicare form. For more information, phone Sutter Health 707-535-5690 or email [flu@SutterHealth.org](mailto:flu@SutterHealth.org).

## **Blood Drive ~ Lend An Arm**

Monday, September 12, 9 a.m.- 1 p.m.

Rio Vista Room, Delta Club

It's time again to lend an arm and help save lives by donating blood at the upcoming Trilogy Blood Drive. Walk-ins are welcome; however, appointments have priority. To make an appointment, contact Darlene Wiskeman (707-374-6211) or email her at [wiskeman2@yahoo.com](mailto:wiskeman2@yahoo.com).

## **Concert ~ Jennifer Lind 'A Journey Through American Music'**

Two Performances, Sunday, October 2

Matinee 2 p.m., Evening 6:30 p.m.

Diablo Ballroom, Vista Club ~ \$15 person



Jennifer's show provides a variety of genres and American classics: folk, western, country, blues, pop, and even a little Motown. The show captures the ever-changing styles of music through the decades. Jennifer says, "Sometimes music speaks words we cannot

express. Playing music is more than getting up on stage and performing. For a short period of time, the audience and I become one." Sharing that time together is a world within itself, with a language we can all understand. Sign up early at Member Services, Vista Club. Visit Jennifer's website at [www.jenniferlind.net](http://www.jenniferlind.net).

## **SHOWCASE YOUR CLUB!**

Portions of the Vista Club display case is available for clubs to showcase their club's activities, projects, and promote participation to join the group. Let others know what your group's purpose is, display items that will tell the story and invite others to join the fun! Include a sign with the club name and contact information on display for those inquiring minds. Those interested in showcasing their club or group can have the authorized club representative sign up at Vista Club Member Services. For more information, contact Debbie Dorn at email [ddorn@actionlife.com](mailto:ddorn@actionlife.com).



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**Wednesday, August 17<sup>th</sup>**

**10:30 a.m. – noon**

**Sir Flair's Bar & Grill**

Space is limited, reserve your seat:

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## TRIPS AND TOURS

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**Ethel Ott  
(Cupcake)  
and  
Eileen Griffin  
(Twinkie)**

**Aug. 2-4, Hot August Nights/Reno,  
\$243/pp double**

2-nights/3-days stay at Silver Legacy Hotel Casino in downtown Reno. Hundreds of vintage 30's, 40's and 50's cars, on-going street faire and live entertainers to enjoy throughout your stay. Optional dinner show available.

**Sept. 8-18, 10-day Alaska  
Cruise, (brochure available)**

**Sept. 22, Gamblers' Special at  
Red Hawk Casino, \$30/pp**

**Oct. 8, Fleet Week/Blue  
Angels, SOLD OUT**

**Oct. 18-20, Two nights and 3 days at  
Yosemite and Chukchansi,  
\$425/pp double**

Two nights at the newly re-opened Chukchansi Casino Resort and a Sugar Pine RR excursion along with guided tours and lunches in Yosemite Valley and at Bass Lake.

**Dec.1, Gamblers' Special, TBA**

**Dec. 22, A Craig Smith MOMA  
tour and Xmas Shopping in San  
Francisco, \$89/pp**

Tour the newly re-modeled Museum of Modern Art with Craig and then enjoy a hosted Luncheon. We'll then have time to browse and Xmas shop at Union Square in SF.

### 2017 Planned Trips:

#### January

A Mystery Trip to enhance your senses

#### February

Academy of Sciences in Golden Gate Park

#### February

Ironstone Winery/Daffodils in Murphys, CA.

#### March

Gamblers' Special

For further information call Ethel (7548) or Eileen (2684).

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## Assessment Notice

Association Assessments are published monthly on this page of *Trilogy Living*. This is an additional vehicle for checking your current assessment. Coupons will reflect the monthly assessment for those receiving them. Those on automatic withdrawal (ACH) may check their bank statements after the 5th of the month to see the amount taken out and all members may register at [www.actionlife.com](http://www.actionlife.com) to monitor their accounts 24/7. If you have questions or need help registering online, please call the Administrative Office 707-374-4843.

Assessments for the month:

**Master Association \$125.60**  
**Plus the appropriate Village Assessment below:**

<b>Village I</b>	<b>\$5.25</b>
<b>Village Oakmont</b>	<b>\$5.20</b>
<b>Olympic Village</b>	<b>\$5.10</b>
<b>Village Riviera</b>	<b>\$5.25</b>
<b>Saddle Rock Village</b>	<b>\$0</b>
(None until dormancy ends)	
<b>Eagle Point</b>	<b>\$0</b>
(None until dormancy ends)	

## Emergency Action Committee



Assisting June 18, with Trilogy's Triathlon.

The Emergency Action Committee has received a generous donation from the Trilogy Theater Group! Louise Mitchell, Theater Group President, presented us with a check in the amount of \$62, which was \$1 for every ticket sold for their last performance of *Play On!*.

Both groups agreed to give this amount as a donation to the Rio Vista Fire Department, to go toward some much-needed paramedic equipment. We sincerely thank the Theater Group for this donation.

Those of you who participated in the Trilogy Triathlon on June 18 may have seen your Emergency Action Committee in action. We provided traffic control and set up a first aid tent and water station for contestants. Thanks to the Rio Vista Fire Department crew members who were standing by during the event, we felt more secure when they were on the scene. In addition to our regular EAC team members, we want to thank several volunteers who showed up to help: Pat Sloan, Larry Sullivan, Gary Swieso, Andrea Lovette, Patty Pomper, Jeanne Dettenhaim, and Kelly and Morris Atkinson.

The Emergency Action Committee is a volunteer committee of the Master Board. We meet in the River Room at the Delta Club at 7 p.m. on the second and fourth Tuesdays of every month. We invite everyone interested in helping our Trilogy Community in the time of an emergency. Contact Chairperson Barry Fraser at 415-407-8529, or Vice Chairperson Art Darden at 408-710-2496.

## Olympic Village Residents' Club

Olympic Villagers (OV) had a great time at the 4th of July celebration. OV provided food and ice.

The Olympic Village Residents' Soup and Salad Get Together indoor dinner event is scheduled for October 27 from 5:30 - 7:30 p.m. The food (soup/salad/bread) sign-up is posted at the Delta Club by the village boxes in the hall. Activities will include eating, meeting old and new friends, raffles, prizes, games, and many other fun events. Please get this important date on your calendar asap. A reminder flyer will be tubed as we get closer to the big event. If you would like to participate in the planning of this event or if you need additional information, please contact Rich Pettijohn, OV President, at 707-374-3065 or Lee Ann Frable at 484-707-0935.

## Olympic Village Kare Bears

The re-activated Olympic Village Kare Bears provided paratransit eligibility and transportation information to some of our Olympians this month. We also attended the memorial service for George A. Johnston, husband of Kay Johnston. We will all miss George. Olympic Village Kare Bears is available to



all of our residents. If you or a neighbor is in need of help with rides to appointments, home help, and/or meals due to medical reasons please do not hesitate to call. If you would like to be an Olympic Village Kare Bear or if you need help, please contact Rich Pettijohn at 707-374-3065.

## Saddle Rock Village Residents' Club

Well, our village has done it again. We rallied the residents and were successful in presenting the parade in Saddle Rock fashion. Many dignitaries were honored. We had a nice show of golf carts and participants in other categories. Richard Larsen, our lead in this event, did a wonderful job. Kudos to Richard and all the residents who helped to make our parade a success.



Please stop by and see our display for our Saddle Rock Social in the Park in the Vista Club. As a resident club we were able to display in this manner. We had a

very nice picture on the cover of the *Trilogy Living* magazine. This monthly event is the last Wednesday of each month at the park on Silver Ridge Drive and Saddle Rock Lane. It begins at 5:30 p.m. Bring your lawn chairs, favorite beverage and snacks for a nice visit with your neighbors. Pets are welcome. Our last Wednesday in June we had 35 people and a couple of dogs. This was our largest group ever. We are growing in Saddle Rock. Another big kudo to the past Vice President Richard Larsen for coming up with this original idea. He is definitely a huge supporter of our village.

Please plan to attend our next meeting on Wednesday, September 21. The meeting will be held in the Delta Club at 6:30 p.m. The Saddle Rock Village Executive Board meeting will last about an hour. Then the Residents' Club meeting will follow at 7:30, and 8:30 will begin our social hour with drinks and goodies. For information, please contact Dana Hoover, President at 707-374-3455 or [time4dana@mindspring.com](mailto:time4dana@mindspring.com).

## Village Oakmont Residents' Club

On June 16 we had a reception at the Delta Club. We had 19 people attend. Wine, sodas, snacks, and fellowship was enjoyed. Thank you Antoinette Pestana and Karen Rucker for making the event such a success.

Thank you Cynthia Schroeder for collecting all the monies and making the spreadsheets for the food orders for July 4. Thank you also to the volunteers, Pat Kruse, Rich and Marsha Willard, Carolyn Orelli, and Jackie Banga for handling the food tickets on the 4th. We're not sure what job

## Association Meeting Calendar August 2016

### Master Association Town Hall Meetings

Wednesday, August 3, 3 p.m. & 6:30 p.m.  
Diablo Ballroom, Vista Club

### Master Association Board

Tuesday, August 9, 2 p.m.  
Diablo Ballroom, Vista Club

### Council of Village Presidents

Monday, August 15, 10 a.m.  
Marina Room, Delta Club

### Access Committee

Monday, August 22, 1 p.m.  
River Room, Delta Club

### Administrative Policy Review Committee

Will not meet in August.

### Adult Committee

Thursday, August 25, 1 p.m.  
Rio Vista Room, Delta Club

### Emergency Action Committee

Tuesday, August 9, 7 p.m.  
River Room, Delta Club  
August 23, 7 p.m.  
Marina Room, Delta Club

### House Renovation Committee

Monday, August 8 and 22, 3 p.m.  
Monterey Room, Vista Club

we will have for next year because the jobs are rotated between the villages; we will let you know about that in the future.

Our Residents' Club meeting is scheduled on August 1. This is usually held in September but that is Labor Day so we moved it up a month. There was no meeting in July because of the July 4 holiday. In September we have to submit the dates and events that Oakmont will be doing in 2017. So please come to the August meeting if you have some suggestions for activities you would like to see for Oakmont residents.

Our village-wide International Potluck is Sunday, August 21 from 5 - 8 p.m. at the Delta Club. Watch for upcoming posters and flyers. Please plan on coming and sharing many different dishes. Any questions or concerns, contact Linda at [linda.bingham@gmail.com](mailto:linda.bingham@gmail.com) or 760-486-9178.



## **Village Oakmont Kare Bears**

After our great luncheon and raffle in June, the month of July was a fairly quiet one. We really want to thank all the people who generously donated prizes for the raffle. Thank you so much. And, a big thank you to everyone who bought tickets and supported the raffle.

We are still on our summer hiatus, but the September meeting should prove to be very interesting and informative. We will have a guest speaker, Patti Jeffery, from Country Home Care. Patti is the Patient Care Coordinator for Country Home, and she has worked in the medical field for over 20 years. Some of the subjects she will be discussing are Home Health Care, how to work with your doctor, resources available for rehabilitation care, medical social services, nursing care, and, much more. The September meeting will be on September 14 at 10:30 a.m. in the Delta Club. Come early and enjoy coffee and goodies.

Again, a big thank you to all who helped with the luncheon, and to all who donated items for the raffle and to everyone who bought tickets and supported the raffle. Remember, there will be no meeting this month of August. Have a great rest of your summer!

## **Village I Board News**

The Village I Board met July 14, 2016 at 3:45 p.m. in executive session. Two items of business were acted upon: \$2,000 will be moved from the village general fund to savings to earn interest. The board voted to not pursue a bad debt owed to the village by a former Village I Resident. The regular session of the board convened at 4 p.m. to hear reports from the architectural committee, the President's Council, Management, Residents' Club, and the Village I Delegate, Melissa Coleman. Melissa reminded the board that she would be holding two informational meetings regarding the new CCRs on July 19 at 2:30 p.m. and August 3 at 6 p.m. There was no new business or unfinished business. The board also wishes to congratulate the residents for respecting the purpose of the light over the garage as an emergency light only as the board has requested. For more information, contact Village I Secretary Judy Taylor at 707-374-4036.

## **Village I Residents' Club**

A very special thank you to the 27 Village I residents who helped to serve ice cream sundaes on the 4th of July. It does, it fact, take a village!

Village I Residents' Club has the distinct pleasure of serving wine, water and soft drinks for Trilogy Drama Club's performance of *The Trouble with Being Tucker Dowt*, a funny farce that everyone is sure to enjoy. The play runs

from August 11 through August 14. You may choose from evening performances on Thursday, Friday, and Saturday or the Sunday matinee. Don't miss the fun. The Village I Residents' Club will be looking for volunteers to sell tickets and pour wine. If you are interested, please contact Tess Felte at 707-374-4778.

Village I Residents' Club is proud to announce that it has again secured ABC Catering to cater the Christmas Party on December 10. Ed Donegan and his team did a splendid job last year, and we are excited to have him back. For more information, contact Tess Felte at 707-374-4778 or email us at VillageOneRC@gmail.com.

## **Village Riviera Board News**

The July 7 meeting was held at the Vista Club due to the large audience, which had gathered to hear from Village Riviera President, Don Seyk, who talked about what transpired at the last Council of Village Presidents meeting. Don, Larry Mork, Village I President, and Richard Pettijohn, Olympic Village President, met with Jason Enos, Community Manager at Shea Homes along with Jason Hughes, Assistant Manager at Shea Homes, to discuss the building of a fourth club.

It was confirmed that Shea has a \$1,000,000 budget for a fourth club. The facility would take about seven months to complete and would start prior to completion of the final build-out. The amenity would be at the intersection of Marks Road and Valley Landing Lane with a parking lot adjacent to the well site. When asked about plans submitted to the city, Mr. Enos explained that they would be submitted to the City, however, the full construction and associated costs could be in the \$100,000 range and would not be prepared initially. He would provide an artist rendering for planning purposes, but until there is a written agreement between Shea and the Master Association, no funds would be committed.

Even though the Council of Village Presidents has no authority to negotiate common area issues, they feel that they have a responsibility to their village members to urge the Master Board to act in a timely manner in order to secure the fourth club.

## **Village Riviera Residents' Club**

Baby, it's hot outside, and the Treasure Hunt theme of "Christmas in July" was the last and most amazing of the 10 years of Treasure Hunts. Thanks again to the Robinettes and Griffins for your amazing efforts in keeping our brains twisting and turning.

Did you miss the Ladies' Luncheon in May? Don't worry...we did not have it in May...but it is coming up on





September 9. Save the date and be prepared to be dazzled at "Breakfast at Tiffany's." As have all past Ladies' Luncheons, this will be another one for the books, hosted by Patty Ramos and Susie Shockley. It sells out quickly, so be sure to get your table of up to ten ladies together. What? You don't have "a table" to gather? No problem, just sign up and you will be put with other delightful ladies.

No Bunco and Beans this year, but we are considering it, or a twist of this, for the future. We want and need your ideas. Do you have to join the Residents' Club to give suggestions of events you'd like to attend? Well, no, but we'd love to toss around some new ideas, and we'd also love new members to help put together our sometimes amazing, sometimes simple, events.

The Village Riviera Residents' Club meets the third Thursday of the month in the Monterey Room of the Vista Club at 5 p.m. All Riviera residents are welcome to join. For more information please call Barb at 707-507-5026.

## Village Riviera Kare Bears

Important Announcement! A graphic from the Rio Vista Fire Department's website was omitted from the July Kare Bear *Trilogy Living* article. It contained the following critical information: "In an emergency, call 911 first!" We apologize for any confusion the omission caused.

At the June meeting, Solano Transit Authority presented information about public transportation. Those in attendance felt the information valuable. Call the Solano County Mobility Call Center at 800-535-7993 for personalized assistance for traveling via bus, rail, ferry, shared rides, airporters, taxis and more. Also, a travel trainer will come to Rio Vista on a day of your choice to help you understand the system. Clipper cards offer seniors a 60% discount on most Bay Area transportation. Handouts describing these and other services are in the Vista Club near the ATM machine.

We will have two speakers for our August meeting specialized in-home care & physician service. We hope as many Riviera Kare Bears as possible will attend this and other meetings where valuable health care information is discussed. And remember, all Village Riviera residents are Kare Bears.

If you would like to become more involved in Kare Bears or would like to start a Kare Bear group in your village, come to our next meeting on August 8 at 10 a.m. at the Delta Club. Come early at 9:30 a.m. for refreshments. If you or a neighbor is in need of assistance because of illness or surgery, please contact your street coordinator or call Valerie at 707-374-6942 or Joanne at 707-374-4342.



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Saturday, September 10, 10:30 a.m. - 1:30 p.m.,  
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Explore your opportunities! Discover your niche. Get connected. Many of your community's clubs or special interest groups will be represented to share the benefits of their activities. Talk with the folks in a relaxed atmosphere. Last year, there were more than 50 clubs or groups represented. Plan for a break to enjoy the musical entertainment in the Grand Living Room. Clubs register at Member Services today for free table space as available on a first-come basis. Light refreshments will be served. For more information, contact Debbie Dorn 707-374-4204.

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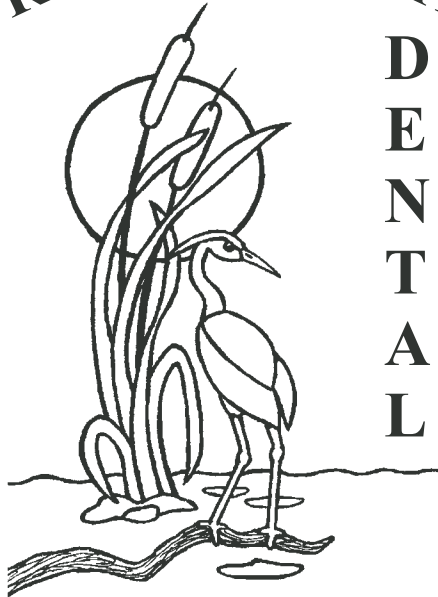
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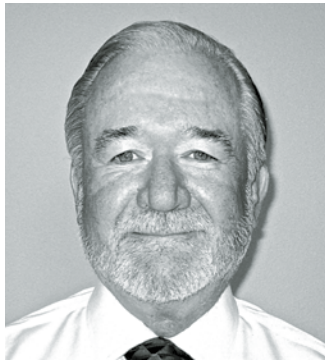
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**Kathy Erwin**  
Fitness & Spa Director



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**2<sup>nd</sup> Place – Doris Paterick**

**3<sup>rd</sup> Place – Chris Shaver**

**4<sup>th</sup> Place – Sue McCracken**

**5<sup>th</sup> Place – Susan Forrest**







# August Spa Specials

**August is the last month to take advantage of the Summer Sensation Spa Packages!**

*Good for purchase August 1 – August 31, 2016. May be redeemed anytime.*

## Summer Sensation

Swedish massage is the most common and best-known type of massage in the West. If it's your first time at the spa or you don't get massages often, Swedish massage is the best place to start. Included is a revitalizing foot treatment that includes foot scrub, hot towels, foot massage and hydrating moisturizer.

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## August New Member Fitness Orientations

Saturday, August 6 at 11 a.m.

Tuesday, August 16 at 6 p.m.

Saturday, August 27 at 11 a.m.

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**Acupuncture Doctor  
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## 6<sup>TH</sup> ANNUAL

# Trilogy Triathlon

### 1<sup>st</sup> Place Individual Male

Bernd Von Sosen 44:12

### 2<sup>nd</sup> Place Individual Male

David Talbert 45:23

### 3<sup>rd</sup> Place Individual Male

Michael Martin 47:58

### 1<sup>st</sup> Place Individual Female

Marcia Morrison 50:20

### 2<sup>nd</sup> Place Individual Female

Barbara Wright 52:38

### 3<sup>rd</sup> Place Individual Female

Jancis Martin 55:14

### 1<sup>st</sup> Place Team

Allan Owens / Roger Kohn / Ed Vitrano 39:55

### 2<sup>nd</sup> Place Team

Dianne Olvera / Joe Lasusky / Larry Nelson 50:06

### 3<sup>rd</sup> Place Team

Jerry Washington / Gail Sullinger / Michael Stary 50:46



This year was our biggest yet with 22 Individuals and 15 Teams participating. Congratulations to all! A very special thank you to Barry Fraser and the Emergency Action Committee for their outstanding time and efforts in helping make this year's Triathlon a much safer and successful event. Also thank you to all volunteers who patrolled the streets and made it safe for the bikers and runners to compete safely at all intersections, and in helping so many others find ways to help

make this year's contest the best ever! Lastly, I much appreciated the Rio Vista Fire Department for their support and presentation all day during the event to make sure all was safe and sound.

**Thank you everyone –  
this year was our best year yet!**

**Kathy Erwin**  
*Fitness & Spa Director*

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Fitness Class Schedule for August 2016

All classes require one of 3 card choices: a blue 20-punch for \$70, a yellow 10-punch for \$35, or an Unlimited Monthly Punch Card for \$85 so you can attend as many classes as you want! Get your cards at the Member Service. Call Fitness & Spa Director Kathy Erwin at (4205) if you have questions. All classes are held in the Vista Group Exercise Studio unless otherwise noted

Last Month’s Punch Card Raffle Winner: **Hema Kumar**

**August Fitness Orientations: Sat. Aug. 6 at 11 a.m., Tues. Aug. 16 at 11 a.m., Sat. Aug. 27 at 11 a.m.**

**If you plan to make a (ROM) Range of Motion appointment for a later date, please bring a \$20 check with you to the orientation. Thank you!**

- CLASS LOCATIONS**  
(GX) Group Exercise Studio  
(DB) Diablo Ballroom  
(VP) Vista Pool  
(DP) Delta Pool  
(RV) Rio Vista Room–Delta  
(SR) Sonoma Room–Vista  
(FC) Fitness Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> 8:30-9:30am WOW-TABATA-TABATA (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9:30-10:30am Aqua Fit (B) (DP) Denise 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Meditation Breathing (B) (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (GX or DB) Deanna	<b>2</b> 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 10-11am Beginning Pilates (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 11-12pm Feel Good Class (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 3-4pm Advanced Aqua (B/I/A) (DP) Kathy	<b>3</b> 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10:30am Aqua Fit (B) (DP) Denise 10-11am Balance/Stretch (GX) Joele 11-12:30pm Hot ZUMBA (I/A) (GX) Prescy 6:30-7:30pm Balance Ball (GX) Deanna	<b>4</b> 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Core/Stretch (B) (GX) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9:30-10:30am Advanced Aqua (B/I/A) (DP) Kathy 10-11am Step Aerobics (B/I/A) (GX) Pat 11-12pm Feel Good Class (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/I) (GX) Tammy 3-4pm Aqua Fit (B/I/A) (DP) Denise	<b>5</b> 7-8am Early Yoga (B) (DB) Tammy 8:30-9:30pm WOW-TABATA-BOOM (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (DP) Kathy <b>9:30-10:30am Aqua Fit (B) (VP) Denise</b> 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Balance Ball (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie	<b>6</b> 8:30-9:30am Step Aerobics (GX) Pat 11am-12:30pm ZUMBA Power (GX) Prescy
<b>8</b> 8:30-9:30am WOW-TABATA-TABATA (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9:30-10:30am Aqua Fit (B) (DP) Denise 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 10-10:45am Core Balance and Standing Abs (B) (GX) Sharon 10-11am Meditation Breathing (B) (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sharon 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sharon 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (GX or DB) Deanna	<b>9</b> 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 10-11am Beginning Pilates (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 11-12pm Feel Good Class (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 3-4pm Advanced Aqua (B/I/A) (DP) Kathy	<b>10</b> 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10:30am Aqua Fit (B) (DP) Denise 10-11am Balance/Stretch (GX) Joele 11-12:30pm Hot ZUMBA (I/A) (GX) Prescy 6:30-7:30pm Balance Ball (GX) Deanna	<b>11</b> 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Core/Stretch (B) (GX) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9:30-10:30am Advanced Aqua (B/I/A) (DP) Kathy 10-11am Step Aerobics (B/I/A) (GX) Pat 11-12pm Feel Good Class (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/I) (GX) Tammy 3-4pm Aqua Fit (B/I/A) (DP) Denise	<b>12</b> 7-8am Early Yoga (B) (DB) Tammy 8:30-9:30pm WOW-TABATA-BOOM (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (DP) Kathy <b>9:30-10:30am Aqua Fit (B) (VP) Denise</b> 10-10:45am Core Balance and Standing Abs (B) (GX) Prescy 10-11am Balance Ball (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Prescy 11:30-12:15pm ZUMBA Dance (B/I) (GX) Prescy	<b>13</b> 8:30-9:30am Step Aerobics (GX) Pat 11am-12:30pm ZUMBA Power (GX) Prescy
<b>15</b> 8:30-9:30am WOW-TABATA-TABATA (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9:30-10:30am Aqua Fit (B) (DP) Denise 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 10-10:45am Core Balance and Standing Abs (B) (GX) Prescy 10-11am Meditation Breathing (B) (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Prescy 11:30-12:15pm ZUMBA Dance (B/I) (GX) Prescy 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (GX or DB) Deanna	<b>16</b> 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 10-11am Beginning Pilates (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 11-12pm Feel Good Class (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 3-4pm Advanced Aqua (B/I/A) (DP) Kathy	<b>17</b> 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10:30am Aqua Fit (B) (DP) Denise 10-11am Balance/Stretch (GX) Joele 11-12:30pm Hot ZUMBA (I/A) (GX) Prescy 6:30-7:30pm Balance Ball (GX) Deanna	<b>18</b> 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Core/Stretch (B) (GX) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9:30-10:30am Advanced Aqua (B/I/A) (DP) Kathy 10-11am Step Aerobics (B/I/A) (GX) Pat 11-12pm Feel Good Class (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/I) (GX) Tammy 3-4pm Aqua Fit (B/I/A) (DP) Denise	<b>19</b> 7-8am Early Yoga (B) (DB) Tammy 8:30-9:30pm WOW-TABATA-BOOM (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (DP) Kathy <b>9:30-10:30am Aqua Fit (B) (VP) Denise</b> 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Balance Ball (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie	<b>20</b> 8:30-9:30am Step Aerobics (GX) Pat 11am-12:30pm ZUMBA Power (GX) Sophie
<b>22</b> 8:30-9:30am WOW-TABATA-TABATA (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9:30-10:30am Aqua Fit (B) (DP) Denise 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Meditation Breathing (B) (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (GX or DB) Deanna	<b>23</b> 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 10-11am Beginning Pilates (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 11-12pm Feel Good Class (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 3-4pm Advanced Aqua (B/I/A) (DP) Kathy	<b>24</b> 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10:30am Aqua Fit (B) (DP) Denise 10-11am Balance/Stretch (GX) Joele 11-12:30pm Hot ZUMBA (I/A) (GX) Prescy 6:30-7:30pm Balance Ball (GX) Deanna	<b>25</b> 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Core/Stretch (B) (GX) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9:30-10:30am Advanced Aqua (B/I/A) (DP) Kathy 10-11am Step Aerobics (B/I/A) (GX) Pat 11-12pm Feel Good Class (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/I) (GX) Tammy 3-4pm Aqua Fit (B/I/A) (DP) Denise	<b>26</b> 7-8am Early Yoga (B) (DB) Tammy 8:30-9:30pm WOW-TABATA-BOOM (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (DP) Kathy <b>9:30-10:30am Aqua Fit (B) (VP) Denise</b> 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Balance Ball (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie	<b>27</b> 8:30-9:30am Step Aerobics (GX) Pat 11am-12:30pm ZUMBA Power (GX) Prescy
<b>29</b> 8:30-9:30am WOW-TABATA-TABATA (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9:30-10:30am Aqua Fit (B) (DP) Denise 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Meditation Breathing (B) (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (GX or DB) Deanna	<b>30</b> 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 10-11am Beginning Pilates (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 11-12pm Feel Good Class (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 3-4pm Advanced Aqua (B/I/A) (DP) Kathy	<b>31</b> 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10:30am Aqua Fit (B) (DP) Denise 10-11am Balance/Stretch (GX) Joele 11-12:30pm Hot ZUMBA (I/A) (GX) Prescy 6:30-7:30pm Balance Ball (GX) Deanna			

**Specialty Classes are not on the Fitness Calendar. Please look for their Flyers at both Clubs:**  
Fitness & Friends with Joele Swift, 8 Steps to a Healthy Back with Beverly Shilich, Continuation of Yoga with Deanna Araya,  
The Practice Meditation with Anna Chunn, Aqua Joint with Beverly Shilich, Balance N Motion with Anna

August 2016 Club and Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b>  8am Social Tennis 8:30am Theater Gp Improvisation Workshop (D) 9:30am Walk & Talk (V) 10:30am Garden Club Planning (D) 10:30am Saddle Rock Village ARC (V) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 12:30pm Mah Jongg (V) 1pm TAG Monthly (D) 2:30pm Pickleball (courts 1 & 2) 3pm Guitar Club (V) 3pm Oakmont Village RC Social Com (V) 5pm Whist Planning (V) 5:30pm Soul Line Dancing (D) 6pm Poker (D) 6:30pm Game Night (V) 7pm Drama Club Rehearsal (D)	<b>2</b>  8am Social Tennis 8:30am Radio Club (V) 9:30am Women's 9-Hole Golf 10:30am Country Line Dancing (V) 11am Pickleball (courts 1 & 2) 11:30am TRVMEN Golf 12:15pm Beg Watercolor Painting (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dominoes (D) 4:15pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) 5:30pm Couples Canasta (V) 6:30pm Religions of the World (D) 7pm Drama Club Rehearsal (D)	<b>3</b>  8am TOPS (D) 8am Social Tennis 8:30am Sr. Men's Golf 9:30am Bridge Lessons (V) 9:30am Men's Fellowship (V) 9:30am Walk & Talk (V) 10am Horseshoe Pit Play (Brockton Park) 10am Stained Glass (D) 11am Ukulele Club (V) 11am Pickleball (courts 1 & 2) 12:30pm Fat Quarters Quilters (D) 1pm Village Riviera ARC (D) 2pm Saddle Rock RC Social Com (V) <b>3pm TRVMA Town Hall (V)</b> 5:30pm Delta Harmony Rehearsal (V) <b>6:30pm TRVMA Town Hall (V)</b> 7pm Billiard Club Membership (V) 7pm Square Dance (D) 7pm Drama Club Rehearsal (D) 7pm Singles Club (V)	<b>4</b>  8am Social Tennis 8:30am Women's 18-Hole Golf 9am Eagle Point Village ARC 9:30am Ceramics (D) 11am Pickleball (courts 1 & 2) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 1pm Sailing Club (D) 2pm Genealogy Club (V) 4pm Table Tennis (D) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6:30pm Pinochle (V) 7pm Drama Club Rehearsal (D) 7pm Photography Club (V) 7pm Ballroom Dance - Adv (V) 8pm Ballroom Dance - Beg (V)	<b>5</b>  7:50am Cycling Club (Delta Parking Lot) 8am Social Tennis 9am Model Club (V) 9:30am Walk & Talk (V) 9:30am Village1 ARC (V) 10am Rubber Stamp Card Making (D) 10:30am Country Line Dancing (D) 11am Book Club: 66 Bible Books (V) 11am Pickleball (courts 1 & 2) 12pm Adv Watercolor Painting (D) 12:15pm Friday Bridge (V) 6pm Joy Luck Mah-Jongg (V) 7pm Bunco (D)	<b>6</b>  8:30am Hiking Club (V) 9am Table Tennis (D) 1:30pm Village I Delegate (D) 6pm Poker – Texas Hold'em /Omaha (D)
<b>7</b>  <b>10am – 3pm Trilogy Produce Market (D)</b>	<b>8</b>  8am Social Tennis 8:30am Theater Gp Improvisation Workshop (V) 9am Olympic Village ARC (V) 9:30am Village Riviera Kare Bears (D) 9:30am Walk & Talk (V) 10am Village Oakmont ARC (V) 10:30am Saddle Rock RC Bus Trip (Offsite) 12pm Open Painting (D) 12pm Duplicate Bridge (V) 12:30pm Rip, Stitch & Bitch (V) 2:30pm Pickleball (courts 1 & 2) <b>3pm House Renovations Com (V)</b> 5pm Whist Planning (V) 5:30pm Soul Line Dancing (D) 6pm Poker (D) 6:30pm Game Night (V) 7pm Model Club - RC Aircraft (D) 7pm Drama Club Rehearsal (D)	<b>9</b>  8am Social Tennis 8:30am Radio Club (Offsite) 9:30am Women's 9-Hole Golf <b>10am TRVMA Executive Session (V)</b> <b>10am Computer class – Computer Basics (V)</b> 10:30am Book Club (V) 10:30am Country Line Dancing (D) 11am Pickleball (courts 1 & 2) 11:30am TRVMEN Golf 12:15pm Beg Watercolor Painting (D) 12:15pm Hand & Foot Canasta (V) <b>12:30pm Computer class – Windows 10 (V)</b> <b>2pm Master Association Board Mtg (V)</b> 3pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) 7pm Drama Club Dress Rehearsal (D) <b>7pm Emergency Action Com (D)</b>	<b>10</b>  8am Social Tennis 8am TOPS (D) 8:30am Sr. Men's Golf 9:30am Bridge Lessons (V) 9:30am Men's Fellowship (V) 9:30am Walk & Talk (V) 10am Horseshoe Pit Play (Brockton Park) 10am Stained Glass (D) 11am Ukulele Club (V) 11am Pickelball (courts 1 & 2) 5:30pm Delta Harmony Rehearsal (V) 7pm Square Dance (V) 7pm Drama Dress Rehearsal (D) 7pm Singles Club (V)	<b>11</b>  8am Social Tennis 8:30am Women's 18-Hole Golf 9am Blood Pressure Check (D) 9:30am Ceramics (D) 10am Council for the Arts (V) 11am Pickleball (courts 1 & 2) 12:15pm Ponytail Canasta (V) 1pm Garden Club (V) 1pm Good Samaritans (D) 4pm Sr. Men's Golf Board (V) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6:30pm Pinochle (V) 7pm Writers' Club (V) 7pm Drama Club Production (D) 7pm Ballroom Dance - Beg (V) 8pm Ballroom Dance - Adv (V)	<b>12</b>  7:50am Cycling Club (Delta Parking Lot) 8am Social Tennis 9:30am Walk & Talk (V) 10am Rubber Stamp Card Making (D) 11am Book Club: 66 Bible Books (V) 11am Pickleball (courts 1 & 2) 12pm Adv Watercolor Painting (D) 12:15pm Friday Bridge (V) 2pm Guitar Club Beg Workshop (V) 7pm Drama Club Production (D)	<b>13</b>  8:30am Hiking Club (V) 9am – 5pm Art Guild Annual Art Show (V) 5 – 8pm Art Guild Annual Art Show Reception (V) 5pm Poker (V) 7pm Drama Club Production (D)
<b>14</b>  11am – 3pm Art Guild Annual Art Open House (V) 2pm Drama Club Production (D) 6pm Drama Club Cast Party (D) 7pm Dance Club w/ Solid Gold (V)	<b>15</b>  8am Social Tennis 9:30am Walk & Talk (V) <b>10am Council of Village Presidents (D)</b> 10:30am Saddle Rock Village ARC (V) 12:30pm Open Painting (D) 12:30pm Mah Jongg (V) 12:30pm Rip, Stitch & Bitch (V) 2:30pm Pickleball (courts 1 & 2) 3pm Guitar Club (V) 5pm Whist Planning (V) 6pm Soul Line Dancing (D) 6pm Poker (D) 6:30pm Game Night (V) 7pm Fishing Club (D) 7pm Hiking Club (V)	<b>16</b>  8am Social Tennis 8:30am Radio Club (V) 9:30am Women's 9-Hole Golf <b>10am Computer class – Create, Find, &amp; Work with Files or Pictures (V)</b> 10:30am Country Line Dancing (D) 11am Pickleball (courts 1 & 2) 11:30am TRVMEN Golf 12:15pm Beg Watercolor Painting (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dominoes (D) <b>12:30pm Computer class – Windows 10 (V)</b> 2:30pm Celtic & Zen Tangle Painting (D) 4:15pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) 5:30pm Couples Canasta (V)	<b>17</b>  8am Social Tennis 8am TOPS (D) 8:30am Sr. Men's Golf 9:30am Bridge Lessons (V) 9:30am Men's Fellowship (V) 9:30am Walk & Talk (V) 10am Horseshoe Pit Play (Brockton Park) 10am Stained Glass (D) 11am Ukulele Club (V) 11am Pickleball (courts 1 & 2) 12:30pm Fat Quarters Quilting (D) 1pm Village Riviera ARC (D) 2pm Bergren Oil & Acrylic Painting (D) 2pm Card Design Class (D) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 7pm Square Dance (D) 7pm Singles Club (V)	<b>18</b>  8am Social Tennis 8:30am Women's 18-Hole Golf 9am Eagle Point ARC (D) 9:30am Ceramics (D) 11am Pickleball (courts 1 & 2) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 2pm Genealogy Workshop (V) 5pm Table Tennis (D) 5pm Village Riviera RC (V) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6:30pm Pinochle (V) 7pm Ballroom Dance - Adv (V) 8pm Ballroom Dance - Beg (V)	<b>19</b>  7:50am Cycling Club (D) 8am Social Tennis 9:30am Walk & Talk (V) 9:30am Village 1 ARC (V) 10am Rubber Stamp Card Making (D) 10:30am Country Line Dance (D) 11am Book Club: 66 Bible Books (V) 11am Pickleball (courts 1 & 2) 12pm Adv Watercolor Painting (D) 12:15pm Friday Bridge (V) 6pm Joy Luck Mah-Jongg (V) 7pm Whist Club (D) <b>7pm Karaoke Spontaneous Fun (V)</b>	<b>20</b>  8:30am Hiking Club (V) 9am Model Club – Garden Railway (V) 12pm Tennis Club Luncheon (D) 3pm Table Tennis (D) 6pm Texas Hold'em/ Omaha Poker (D) 6pm Singles Club BBQ (D)
<b>21</b>  5pm Village Oakmont RC International Potluck (D) 6:45pm Havurah Friends (V)	<b>22</b>  8am Social Tennis 8:30am Theater Gp Improvisation Workshop (D) 8:30am Woodcarving (D) 9am Olympic Village ARC (V) 9:30am Walk & Talk (V) 10am Village Oakmont ARC (V) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 12:30pm Mah Jongg (V) <b>1pm Access Com (D)</b> 2:30pm Pickleball (courts 1 & 2) <b>3pm House Renovations Com (V)</b> 5pm Whist Planning (V) 6pm Poker (D) 6pm Soul Line Dancing (D) 6:30pm Game Night (V)	<b>23</b>  8am Social Tennis 8:30am Radio Club (V) 9:30am Women's 9-Hole Golf 10:30am Country Line Dancing (D) 11am Pickleball (courts 1 & 2) 11:30am TRVMEN Golf 12:15pm Beg Watercolor Painting (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dog Club (D) <b>1:30pm Enrichment Series – HICAP Medicare Seminar (V)</b> 4:15pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) <b>7pm Emergency Action Com (D)</b>	<b>24</b>  8am Social Tennis 8am TOPS (D) 8:30am Sr. Men's Golf 9:30am Bridge Lessons (V) 9:30am Men's Fellowship (V) 9:30am Walk & Talk (V) 10am Horseshoe Pit Play (Brockton Park) 10am Stained Glass (D) 11am Ukulele Club (V) 11am Pickleball (courts 1 & 2) 12:30pm Fat Quarters Quilting (D) 2pm Open Oil & Acrylic Painting (D) 2pm Card Design Class (D) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 7pm Square Dance (D) 7pm Singles Club (V)	<b>25</b>  8am Social Tennis 8:30am Women's 18-Hole Golf 9:30am Ceramics (D) 11am Pickleball (courts 1 & 2) 12:15pm Ponytail Canasta (V) <b>1pm Adult Com (D)</b> 1pm Good Samaritans (D) 2pm Community Connections (V) 5pm Table Tennis (D) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6:30pm Pinochle (V) 7pm Theater Group (D) 7pm Ballroom Dance - Adv (V) 8pm Ballroom Dance - Beg (V)	<b>26</b>  7:50am Cycling Club (D) 8am Social Tennis 9:30am Walk & Talk (V) 10am Tennis Club (D) 10am Rubber Stamp Card Making (D) 10:30am Country Line Dance (D) 11am Pickleball (courts 1 & 2) 11am Book Club: 66 Bible Books (V) 12pm Adv Watercolor Painting (D) 12:15pm Friday Bridge (V) 2pm Guitar Club - Beginners Workshop (V) 3:30 – 5:30pm Shibori Shirt Workshop Prep (D) 7pm Bingo (D)	<b>27</b>  8:30am Hiking Club (V) 8:30 – 4pm Shibori Shirt Workshop (D) 9am Model Club – Garden Railway (V) 9am Table Tennis (D) 6pm Texas Hold'em / Omaha Poker (D) <b>7pm Concert on the Patio, Solid Gold's Anniversary Party (V)</b>
<b>28</b>  8:30 – 4pm Shibori Shirt Workshop (D) <b>10am – 3pm Trilogy Produce Market (D)</b> 6:30pm This 'N That Coffee House (V)	<b>29</b>  8am Social Tennis 8:30am Theater Gp Improvisation Workshop (D) 8:30am Woodcarving (D) 9:30am Walk & Talk (V) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 12:30pm Mah Jongg (V) 2:30pm Pickleball (courts 1 & 2) 5pm Whist Planning (V) 6pm Soul Line Dancing (D) 6pm Poker (D) 6:30pm Game Night (V)	<b>30</b>  8am Social Tennis 8:30am Radio Club (V) 9am – 1pm AED/CPR/1 <sup>st</sup> Aid Training (V) 9:30am Women's 9-Hole Golf 10:30am Country Line Dancing (D) 11am Pickleball (courts 1 & 2) 11:30am TRVMEN Golf 12:15pm Beg Watercolor Painting (D) 12:15pm Hand & Foot Canasta (V) 4:15pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) 7pm Drama Club Membership (D)	<b>31</b>  8am Social Tennis 8am TOPS (D) 8:30am Sr. Men's Golf 9:30am Bridge Lessons (V) 9:30am Men's Fellowship (V) 9:30am Walk & Talk (V) 10am Horseshoe Pit Play (Brockton Park) 10am Stained Glass (D) 11am Ukulele Club (V) 11am Pickleball (courts 1 & 2) 12:30pm Fat Quarters Quilting (D) 2pm Open Oil & Acrylic Painting (D) 2pm Card Design Class (D) 4:30pm Table Tennis (D) 5pm Saddle Rock RC Social (SR Lane Park) 5:30pm Delta Harmony Rehearsal (V) 7pm Square Dance (D) 7pm Delta Breeze Rehearsal (V) 7pm Singles Club (V)			

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# MEDICARE Fundamentals

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**Tuesday, August 23rd**

**1:30 PM - 3:30 PM**

**Vista Club Diablo Ballroom**

*Light Refreshments Served*

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This publication was supported by the Area Agency on Aging in partnership with Senior Advocacy Services and financial assistance, in whole or in part, through a grant from the Administration for Community Living and the California Department of Aging.





# Trilogy's Celebration



THANK YOU COMMUNITY!



**Grand Marshals (WWII Veterans)**  
Roscoe Messenger, USAF  
Sherman Standard, USNAVY

There are so many to share a hand in shaping the Trilogy Independence Day festivities, which have evolved from Villages to focus groups coming together each year to develop such a grand community event!

The 2016 Focus Group led by Activities Director Debbie Dorn, and other team members were:

- Antoinette Pestana, Historical Advisor
- Joe Downes, Historical Advisor
- Tess Felte & Jim Wichmann, Village I
- Linda Bingham & Cyndy Schroeder, Village Oakmont
- Myra Samfeld, Village Riviera
- Lee Ann Frable & Rich Pettijohn, Olympic Village
- Dana Hoover & Rich Larsen, Saddle Rock Village
- Linda Pagliaroli, Marlene Swieso & Mimi Hawawini, Eagle Point Village
- Jim Eckhardt, BBQ Grill Chef

For you, the volunteer teams, military, veterans, dignitaries, escorts, photographers, participants and all staff: Your contributions are the fabric for this eventful day of fellowship and celebration!



**City of Rio Vista**  
Mayor Norman Richardson  
Vice Major James McCracken  
Escort Soc Solis



**Other Honored U.S. Veterans**

**Army:** CAPT Frank Pomper  
**Navy:** YN2 Evelyn Jarland  
**Navy:** AZC David Pettet  
**Marine Corps:** CAPT Donald Love  
**Coast Guard, Air Force:**  
TSGT Kenneth Jarland



**U.S. Coast Guard**  
Rio Vista Station



**Rich Victor**  
Delta Club DJ



**Ron Covey**  
Poolside DJ



**Parade Registration - Vista Club**



**1st Place \$60 Point Restaurant**  
Take Off Pounds Sensibly "TOPS"



**2nd Place \$50 Lucy's Restaurant**  
Joe Lasusky



**3rd Place \$40 Tortilla Flats**  
Tennis Club



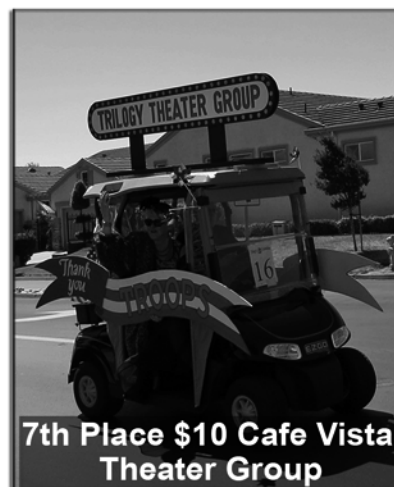
**4th Place \$30 Pizza Factory**  
Eric Bromell



**5th Place \$20 Liras Supermarket**  
Treasure Hunt



**6th Place \$10 Cafe Vista  
Dog Club**



**7th Place \$10 Cafe Vista  
Theater Group**



**8th Place \$10 Cafe Vista  
Sally Feldman**



**9th Place \$10 Cafe Vista  
Wil & Carolyn Bridges**



**10th Place \$10 Cafe Vista  
Gary Schieb**



**WOW Award  
Garden Club 1-Year Anniversary**



**WOW  
Awards  
\$25 Visa**

**WOW Award  
Pickleball Club**





US Marine Corps  
CAPT Don Love (Ret)



US Navy AZC David Pettet (Ret)



US Coast Guard / US Air Force  
TSGT Kenneth Jarland (Ret)  
US Navy YN2 Evelyn Jarland (Ret)



US Army CAPT Frank Pomper (Ret)







*Happy  
Birthday*



*America*





## Billiards

The next Billiards Club meeting is on Wednesday, August 3 at 7 p.m., in the Monterey Room of the Vista Club. On June 25 we had a tournament with the Fairfield Senior Center; they were shooting very well and beat us 29 games to 23. Tournaments are every Tuesday and start at 5 p.m. We play 8-ball or 9-ball. Officers: President Al Bergoust, Vice President open, Treasurer Jack Clark, Secretary open, Membership Chairman Dave Stewart.

### June 7, 8-Ball

1<sup>st</sup> Geno Toscano  
2<sup>nd</sup> Richard Gutierrez  
3<sup>rd</sup> Ken Guillory

### June 14, 9-Ball

1<sup>st</sup> Dave Stewart  
2<sup>nd</sup> Jack Clark  
3<sup>rd</sup> Al Banga

### June 21, 8-Ball

1<sup>st</sup> Al Bergoust  
2<sup>nd</sup> Dave Stewart  
3<sup>rd</sup> Jack Clark

### June 28, 8-Ball

1<sup>st</sup> Lee Durham  
2<sup>nd</sup> Ken Richard Gurtierrez  
3<sup>rd</sup> Adam Tavis

For information regarding the Billiards Club, call Al Bergoust at 707-374-2436 or alhelenb@aol.com.

## Bingo

Celebrate August with bingo fun. Mark your calendar for the fourth Friday of the month (August 26) at the Delta Club. Games begin promptly at 7 p.m. Buy-in for each person is \$10 for 12 games. We have one early-bird special: one card for a \$1. The prize money for each game is \$50 and the blackout prize is \$250. For more information, call Irene at 707-374-6999.

## Bocce

We have engaged ABC Catering for all three end-of-season socials. A full lunch and/or dinner will be provided. All you have to bring is your own beverage of choice and a glass. ABC and the Club will do the rest. The cost for club members will be \$10 per person; guests are \$25 per person. Flyers will be circulated via the team captains with specific sign-up instructions and the formal deadlines. The event date for the Tuesday and Thursday morning players is Tuesday, September 6 and the date for the Wednesday and Friday morning players is Wednesday, September 7. Both of these events begin at 12 p.m. in the Vista Club, Diablo Ballroom. The night league's players will gather on Sunday, October 2 in the Delta Club starting at 5 p.m. See your captain for additional details.

We are planning some changes to the winter bocce federation structure. We envision a single round of play that would start in mid-September and run into December, about 12 individual play days. The actual play day will depend on the number of teams that sign-up and would be limited to either Tuesday, Wednesday and/or Thurs-

day morning play. New teams and new players would be welcomed. Sign-up details will be posted on the Summerset bulletin board and circulated via the existing captains. Since we won't be playing in the winter, we have changed the name to the Harvest Bocce Federation. The dues would remain at \$15 per person, and would plan an end-of-season bring-your-own-stuff social. If you would like more information, contact any member of the bocce board, their information is posted on the Summerset bulletin boards. Remember to roll often, throw straight and have fun, that's what it's all about. Contact Joe Downes at 707-374-7520 or email josephdownes@citlink.net with questions.

## Book

The Book Club meets the second Tuesday of each month at 10:30 a.m. in the Sonoma Room at the Vista Club. The next meeting is August 9. The book selection is *The Friday Night Knitting Club* by Kate Jacobs. September's book selection is *The Wright Brothers* by David McCullough. There is no requirement to have read the selected book. Everyone is welcome to join; feel free to stop by. For more information contact Adrienne at 707-374-5576.



## Book – 66 Bible Books

September will be the first year anniversary of our club. During our first year we have completed reading, studying and discussing Genesis, Exodus, and Leviticus. The first three books were educational, thought provoking and an inspiration to all in attendance. We are currently reading and discussing a book from the New Testament, Hebrews.

If you would like to join our group, please feel free to attend our weekly sessions. We love getting new members, hearing their insight into their reading of scripture, and fellowshiping with them. We meet weekly in the Monterey Room of the Vista Club on Friday from 11 a.m. - 12:30 p.m. For any additional information, please contact either Gary or Deb Dunham at 707-374-5324, or gmdunham1@hotmail.com, debdunham@hotmail.com.

## Bridge - Friday

Friday Bridge Club meets every Friday at 12:15 p.m. in the Vista Club, Sonoma Room. All levels of players are welcome. Please let us know you are coming by 12 p.m. on the Wednesday of that week. Sign-up book is in the Sonoma Room in the middle top drawer of credenza at

the left side of the room. Duplicate winners in July were Larry and Xaio, Nan and Bruce, and Bob and Alan. On the first Friday there will be duplicate bridge, all levels welcome. Same sign-up book. For more information or any questions, please call Larry Epner at 707-374-3511.

## Bunco

August has a schedule change, we will meet at 7 p.m. on August 5 to prepare for the upcoming Drama Club play. We expect to send an email reminding regular players, but let your new friends and neighbors know of it for the month of August. If you show up on August 12, you are likely to be captured for a bit part. Each round of Bunco brings laughter, excitement and old-fashioned good will among the players. The easy rules of play and refreshments make it a fun evening.

## Ceramics

There are Hot August Nights, but cool August days at our meetings at the Delta Club. This is a good time to start thinking of the holidays. Come create ceramic decorations or gifts and have them ready for Halloween and beyond. How about a cute set of salt and pepper pumpkins? Wouldn't a ceramic turkey look beautiful on your Thanksgiving table? How about bringing in the New Year with something new for your home? There are so many possibilities of things to make. We always welcome newcomers. We meet every Thursday from 9:30 a.m. - 12 p.m. in the Marina Room at the Delta Club. For more information, please contact Ann at 707-374-5122.



Can you picture this covered corn dish on your table? Photo by Linda Robinette

tions or gifts and have them ready for Halloween and beyond. How about a cute set of salt and pepper pumpkins? Wouldn't a ceramic turkey look beautiful on your Thanksgiving table? How about bringing in the New Year with

## Community Connections

Community Connections hopes you will join us on our journey to explore the opportunities around us for day trips, helping with short-term service projects as needed and having fun making this club what you want it to be. Whether you are a seasoned member or new to our group, we hope you will attend our next meeting to discuss more adventures and share your experiences about local events.

Our next meeting will be August 25 in the Monterey Room at the Vista Club at 2 p.m. We will be discussing where our next outing will take us and helping with short-term

service projects. You may bring a sweet or savory snack to share if you wish, but if not, just bring yourself. We would love to meet you! For more information, contact Robie at 650-454-4299 or robiejw@hotmail.com.

## Cooking

Welcome to the Cooking Club. The Club gathers once a month to share cooking experiences, recipes and a tasting that goes along with the theme for the month. We like to cook to a theme for our meeting and in July the theme will focus on Brunch menus with Gary S., Anita S. and Linda W. doing the cooking.

The way this works is members bring a copy of their favorite theme recipe to share and discuss and to let us know what went well and maybe what challenges they faced. We usually have the opportunity to pick up a tip, or new technique, or maybe learn about a new market, store or opportunity to expand our experience and our palates. We are excited to be taking a road trip to Larry's Produce for our August meeting which will be on the 12th. Car pools are available. All home cooks are welcome to join us whether you are an experienced chef, or a budding novice. We encourage you to come by and share your experiences. If you have questions, please contact Gary Swieso at 707-374-5859. We meet the second Tuesday of each month at 12 p.m. in the River Room of the Delta Club.

If you have a great tip to share, bring it along. Here's one from our last meeting: When chopping herbs, toss a little salt onto the cutting board, it will keep the herbs from flying around. All cooks and "wannabe" cooks are encouraged to join us. Everyone is welcome.

## Council for the Arts

If you saw our golf cart at the Fourth of July Parade, you know that Las Vegas Nights is the theme of our 2017 production of *Music of the Night*. We hope you are as excited



as we are. Judy Calpo drove the cart with Debbie Dubrow riding shotgun.

The Council for the Arts advocates for and offers financial grants to organizations and clubs in Trilogy that are

involved in the many aspects of the arts. Our primary source of the funds used to support the arts is the revenue raised by *Music of the Night*. Council for the Arts





## clubs + groups

meets on the second Thursday of the month at 10 a.m. in the Monterey Room at the Vista Club. For information about Council for the Arts, call Judy Calpo at 707-374-2924.

### Couples Canasta

If you want to meet, socialize and have a fun evening with other Rio Vista Trilogy couples, this is the club for you. We meet at 5:30 p.m. on the first Tuesday of each month at the Delta Club's Marina Room, and the third Tuesday of each month at the Vista Club's Sonoma Room. We play the gals against the guys! Canasta is a fun card game. It's easy to learn and no experience is necessary. Beginners are always welcome! We collect \$5 club dues per couple when you play, to cover the cost of supplies. Please call or email Patt Holobowicz at 707-225-0796 or 312-420-7726 if you are interested. Email is patthalo@sbcglobal.net. We hope you will join the fun!

### Cycling



Fitness, fun, and friendship is what the cycling club is all about. The ride depends on what the majority agrees on; Montezuma Hills and Ryer Island are the two choices. Then we decide how

many miles we ride which depends on wind and temperature. Meet us in front of the Delta Club each Friday at 7:50 a.m. Rides are 20-25 miles with more or less being an option. There are plenty of regroupings; no one is left behind. Helmets are required. Bring money for a possible coffee and snack stop. This month's photo was taken by Roger Kohn. Ralph Dorsey is cresting the top of one of the few short hills on Ryer Island. For more information, contact Marcia or Al Morrison at 707-374-5177 or marcialsj@netscape.net.

### Delta Breeze Chorus

The Delta Breeze Chorus, Trilogy's own men and women's chorus, will begin rehearsing for the upcoming holiday season on Wednesday, August 31, at 7 p.m. in the Diablo Ballroom, Vista Club. We will rehearse each Wednesday through December. If you like to sing, come join us; no auditions! For more information, call Cheryl at 707-374-7567. This year's calendar includes: October 19 Pop Fest, November 11 Veterans Day, November 27 Tree Lighting, and December 14 Holiday Show.

### Dog



Meet Xena and Dusty, the bosses of Linda and Harold Rowe. Dusty, a white Tea Cup Poodle is 16 years young. He has always ruled the roost and is still doing well although blind and hard of hearing. Now, however, Xena, their black, seven-year

old Tea Cup is taking charge. Definitely the Warrior Princess she was named after, she says Hi to everyone and would lick you to death if given the chance. Get her playing fetch and she'll never leave you alone.

Our featured speaker in June was Jeff Poteet from the Pet Tooth Fairy, a mobile non-anesthesia tooth cleaning service for cats and dogs. The company uses behavioral techniques including background yoga music and aromatherapy, to make each animal's visit a pleasant experience. The company is booked through December but will come out to Trilogy if there is enough interest. Check out their videos at [naturalpettoothfairy.com](http://naturalpettoothfairy.com).

Ed Vitrano, the dog club's liaison with Shea, provided more details about the dog park. To make the area not only a dog park but an aesthetically pleasing gathering place for residents, the dog club would like to see a decomposed granite surface broken up with benches and artificial turf, trellises to provide shade, and fencing to separate large and small dogs. Landscaping around the park will enhance the beauty of the area.

Our next club meeting will be August 23 at the Delta Club at 12:30 p.m. The next play day is August 27 (large dogs from 9 - 10 a.m., small dogs from 10 - 11 a.m.). For more information, contact President Sharon Primeau at [sl5prim@yahoo.com](mailto:sl5prim@yahoo.com).

### Dominoes

We are a small but fun-loving group of Mexican Train travelers. We always have room for more passengers on this joyous ride. If you are not familiar with the rules of play, you will be patiently helped by the others. They are simple, and the play quick enough to keep everyone's interest. Don't miss out. For further information please call Shirley at 707-374-9984.

## Drama

We present the entertainingly amusing *The Trouble with Being Tucker Downt* as our next melodrama; with performances scheduled for August 11, 12, 13, and 14. A delightful play about one day in the life of a wacky family with the additional confusion of the patriarch's untimely demise, and his twin brother suddenly appearing. Attendance to this enjoyable play is free! The flyers are available at the Vista and Delta Clubs. Reserve your seats early through our box system (Box #8) at the Delta Club. Put the play-date on your calendars!

We welcome inspiring new members, especially a few good men, with or without any experience. You will absolutely have the most fun with our cast of characters. All interested Trilogy residents come to our next membership meeting on August 30 at 7 p.m. at the Delta Club. Please contact Debby Dubrow for more information at 707-374-6706.

## Garden

July brought a return speaker to the Garden Club, Mr. Gene Ekenstam, who gave a wonderful talk about Growing Up! We learned about planning our garden space with vertical gardening. The Garden Club joined the 4th of



July fun and participated in the parade for the first time! We felt quite honored winning 1st Place in the Wow Division with our garden-and-holiday themed entry.

August 11 brings Debbie LaCroix from the HOA's Architectural Review Board to share how to plan for our gardens and what we can plant. This is a great opportunity for

all residents to learn the ins and outs of the gardening requirements. The presentation will end with a question and answer period (and of course refreshments!).

We're taking a workshop break in August, but we'll be back in September with something great for fall! Save the date: September 6, we will be going to the Santa Rosa Heirloom Exposition. With the largest display of heirloom vegetables and over 75 on-topic speakers you won't want to miss this. Transportation cost is \$25 for members and \$30 for non-members. Tickets are available at the event for \$15. Registration forms with all the details are available at Box 9 in the Delta Club.

Our meetings are held the second Thursday of the month at 1 p.m. in the Diablo Ballroom at the Vista Club. For more information, or if you have any questions, please email Robie Williams, Publicity and Membership Chair at [robiejw@hotmail.com](mailto:robiejw@hotmail.com).

## Genealogy

We can use almost any civilian or government program to assist us in finding our ancestors and the Civilian Conservation Corps (CCC) is one of those programs. It was formed to help address the severe unemployment that accompanied the Great Depression; Congress authorized the creation of the Civilian Conservation Corps in 1933. The Corps provided employment to unemployed, single men typically between the ages of 17 and 28. Most of its efforts focused on conservation projects such as building roads, planting trees, erosion control, and responding to floods, fires, and other natural disasters. By the time the program ended in 1942, the CCC had established work camps in every state, and more than 3 million men had passed through its ranks. The men were typically housed in barracks, fed three meals a day, given new clothes and paid \$30 per month. Since most were there to help their families, \$25 of their earnings was sent to the family and they would keep \$5. Shortly after the Corps' organization, the first issue of Happy Days, a privately owned paper that aimed at serving the CCC's new enrollees was developed. It was intended for the entertainment and information of the workers and included work project notes, accomplishments, firefighting reports, heroic deeds of enrollees, success stories of former enrollees and much more. Happy Days can be accessed through the National Archives and Records Administration, Washington, D.C., and online at [Ancestry.com](http://Ancestry.com)'s database of Happy Days Newspaper of the Civilian Conservation Corps, 1933-1940.

Club meetings take place the first Thursday of the month at 2 p.m. in the Monterey Room, Vista Club. For more information, contact Rhoda at 707-374-7542. The workshop is held the third Thursday at 2 p.m. in the Learning Center, Vista Club. For more information, contact Carolyn at [wnc-bridges@comcast.net](mailto:wnc-bridges@comcast.net) or 510-334-0912.

## Good Samaritans

It was a wonderful time at Trilogy on July 4th, Independence Day. Residents and visitors alike expressed amazement as they enjoyed the procession of the 4th of July parade. The decorative golf carts, sports cars, motorcycles and other fancy cars had the crowd excited. There were prizes for the most decorative golf carts and the Wow cars. Wow cars were those that made you say Wow!



Fathers who were present at the Luncheon were: (From L to R): John, Brother Paul, Brother Sean, Bert, Leo, Roscoe (Grand Marshall) and Julius (Previous Grand Marshall).

Roscoe Messenger and Sherman Standard were selected as Grand Marshall for the 2016 4th of July parade. The Good Samaritans displayed their fancy automobile with American flags mounted in the sunroof area of the car along with all the decorations that brightened up the Wow cars. Our sign on the car read, "Jesus is Lord and God Bless America."

It was an honor to see Mayor Richardson, Vice-Mayor, James McCracken, military personnel and the Coast Guard. We also thank the sponsors who did a fabulous job on putting on this event. The children, parents and grandparents were so excited to see the creativity and displays of decorated golf carts and automobiles as they were driven along Summerset. The Good Samaritans had a chance to fellowship with many as we drove along this scenic route.

We also honored the fathers who participated at the Good Samaritans Father's Day luncheon. Brother Paul gave an encouraging message to the fathers and their families at the luncheon. We thank Brother Paul for all he is doing in our community. For more information, email 9fellowship@gmail.com.

**Scripture of the Month: Matthew 7:1-5**

## Guitar

Our second summer Coffee House is on Sunday, August 28 in the Diablo Ballroom from 6:30 - 8:30 p.m. We invite you to come listen to your neighbors sing and play guitar/ukulele. We also sprinkle in a little poetry or prose. It's a relaxing evening of music and the spoken word. Coffee and snacks are free and there is no admission cost. The first song begins at 6:30 p.m. We hope to see you there.

Pictured is Bob Frable. Bob is one of our first Guitar Club members and a regular at the Coffee House. Bob hails

from Nazareth, Pennsylvania and plays piano and guitar. Nazareth is also the home of Martin Guitar. It's really no coincidence that Bob plays a Martin.

If you are interested in performing at the Coffee House, come to any of our meetings and play with us. Guitar Club meets on the first and third Mondays of the month in the Diablo Ballroom from 3 p.m. - 5 p.m. For those two hours we play, sing, talk and have a good time. Beginners and non-players are always welcome. For those that are learning to play, need help changing strings or just advice, consider coming to our Beginners Workshops on the second and fourth Fridays of the month in the Diablo Ballroom from 2 - 4 p.m.

If you have questions about the club or events, contact Roger Kohn at 707-9374-2737 or email Rich Victor at thatsrich@gmail.com or email us at guitarclubTRV@gmail.com.



## Havurah Friends

Havurah Friends will meet on Sunday, August 21 at 7 p.m. We meet in the Monterey Room at the Vista Club. Please bring a small snack to share if you wish. Havurah Friends is a social and educational club, open to all who are interested in exploring Jewish history and culture through discussion, books, special events and traditional holiday gatherings.

The club is planning to have another Shabbat dinner in October, as well as a Chanukah Party in December! We are always exploring new ideas for day trips, as well as interesting discussion topics, and future events. Please come and give us more ideas to help make your club whatever you would like it to be! We look forward to welcoming new members as we expand our group of friends. For more information, please call Pam at 707-374-3161 or email her at karatpah20@gmail.com.

## Hiking

The Trilogy Hiking Club offers a wide variety of hiking, special Interest, and social events; membership and most hikes are free. A nominal fee is charged for our special events. The club's mainstay activity is our Saturday hikes. We offer a varied assortment of trips ranging from short hikes on paved surfaces, to long single trail hikes for those more adventurous. A monthly member newsletter



describes each hike in detail in advance of the hike date. Special interest events range from day trips to places such as the Mines at Black Diamond, Sacramento's Underground, and Vasco Caves, to multi-night trips to Pt. Reyes, Lassen or Yosemite. For our social events, club members gather monthly at a member's home for a potluck meal followed by an evening of socializing and playing card or board games.

### August's Saturday Hikes are:

August 6 - Castle Rock - Walnut Creek  
 August 13 - Miller-Knox - Richmond  
 August 20 - China Camp - San Rafael  
 August 27 - Black Diamond Mines - Antioch

In September we will have two special events; September 15 (Thursday) Vic's annual Catamaran Cruise on San Francisco Bay, with a stroll on the Embarcadero, and a climb (optional) up to Coit Tower. Then, September 20-23 is a 3-night/4-days trip to Pt Reyes.

Please note that George (our fearless leader) had a computer crash, and has lost his member email list, so if you are not getting the emails, please send him a note at [geo\\_sasaki@yahoo.com](mailto:geo_sasaki@yahoo.com). If you have other questions, or would like to be put on the mailing list. Please contact: Vic Thiry at [vic@thiry.us](mailto:vic@thiry.us) or 707-374-3749.

## Labyrinth Walkers

### Hap Magee Ranch Park Labyrinth – Field Trip



ful tribute to William Schramm of Alamo, CA. Will was in a tragic car accident at the age of 24. Will's family and friends, the community, the San Ramon Valley Methodist Church and the circles of friends in which he was a part, came together to make this dream of having a labyrinth in Hap Magee Ranch Park become a reality. Read more at: <http://srvumc.org/grow-your-faith/labyrinth-at-hap-magee-ranch-park/>

Please join us as we walk this labyrinth shaded by tall oaks and surrounded by gardens on Thursday August 11. There are lots of mature trees, but you might want your favorite

Hap Magee Ranch Park is a quiet, green jewel nestled at 1025 La Gonda Way in the Danville hills. The labyrinth at Hap Magee Park is a beautiful

hat. Once again we will gather at the Vista Club waterfall at 9:30 a.m. and leave at 10 a.m. for the one-hour drive to Danville. After walking the labyrinth we will picnic in the park. Prepare your own picnic lunch or for your convenience the Café Vista will take individual orders for a sandwich and salad lunch (cost probably around \$10). Please allow sufficient time for the Café to prepare your order. Feel free to walk the park grounds after our picnic lunch; we drive home mid-afternoon. (Notice the labyrinth tee-shirts on the folks in the picture.)

Please let either Gerry Swan (510-407-4080) or Elaine Wisz (707-374-4310) know you will join us and whether you will car pool or drive.

## Men's Executive Nine Golf

The Rio Vista Men's Executive Nine Golf Club is comprised of members who enjoy playing nine holes of golf and then socializing after the game. We play each Tuesday mid-morning. The format varies each week, with individual "straight" golf play two Tuesdays of the month, and, with a few exceptions, individual and team tournament events on the alternate Tuesdays. We would like to welcome new members Steve Baptista, Bill Belzer, Michael Evers, and Dan Maher, to our club. With the addition of these new golfers, we currently have 105 members. If you would like to join us, pick up an application form in the Pro Shop posting room or contact our Membership Chairman, Rolf Sabye, by phone at 707-374-5053 or email at [sabyegrp@frontiernet.net](mailto:sabyegrp@frontiernet.net)

There were two Tuesday tournaments in June. The winning foursome members for the June 14 tournament were Joe Devilbiss, Yates Kendrick, Rolf Sabye, and Ralph Hatch. The winning team members of the June 28 tournament were Bill Metzler, Yates Kendrick, Don Ballard, and Jim Owen.

August will be a busy month for our club. There will be two Tuesday tournaments and the Club Championship play in August. The first Tuesday tournament will be a "Shamble" format on August 9. On August 16, we will host the Rio Vista Women's Nine Golf Club for a "Green Tee Scramble." The club championship play, in three flights, will be held the last two Tuesdays of the month, August 23 and August 30. We invite you to come out and join us for a good time with a great group of guys.

## Men's Fellowship

We invite all like-minded men in Trilogy who are interested in studying the bible, to join us. We have completed the study of Luke and Acts, and are currently reading, studying, and discussing Romans.

We meet weekly in the Monterey Room of the Vista Club on Wednesdays from 9:30 – 10:30 a.m. We welcome all



## clubs + groups

men who have a desire for the reading and studying of Holy Scripture. For any additional information, please contact either Lloyd Whitford at 707-374-3266 or whitfordlloyd@gmail.com, or Ted Angus at 707-374-6593 or sandraangus@yahoo.com.

### Model

The kindness of the Adult Committee has enabled us to obtain new park benches on the Vista Club lawn. Special thanks to Julie, the owner/manager of the Ace Hardware



in town. She gave us a good price and deserves our thanks.

We thank the community for supporting our garden railroad train day. It was a lot of work and a lot of fun.

Even with the work associated with the big train day on the 23rd, we still found time for a road trip to RC country in Sacramento. Just one great model shop and big kid toy store. We had a great time.

Any questions, please contact Secretary Mr. Dean Lattman at 707-374-3967, as our president Mr. Ted Tome is now on a two-month motorcycle trip across country. Please join us at our monthly meeting the first Friday each month in the Vista Club Monterey Room at 9 a.m.

### Motorcycle

The Trilogy Motorcycle Club riders meet the first Saturday of every month for an all-day ride. The July 2 ride was a toss-up between a dismal 68-degree coastal ride versus a warmish foothill run to Cooks Station for lunch. The foothills won and off we went through Walnut Grove, Thornton Road and picked up Twin Cities for a run to Martell and a stretch break. Out of Pioneer we headed up Mount Aukum Road, then Sly Park and on eastward on Mormon Immigrant Trail to Highway 88. It was a nice cruising ride, and while at altitude, was nice and cool. Lunch at Cooks Station with their excellent 17- page menu with something for everyone; burgers, fries, chili, chicken-fried-steak burger, you name it! The return ride was pretty vanilla, back through Jackson and Highway 88 to Lockeford and Lodi. We observed the longest line ever outside Lockeford Meats waiting to get sausages for the July 4 weekend. It was a nice ride at about 240 miles, with familiar roads and mild temps.

We had about a dozen motorcycles in the July 4 parade, nice to see the chrome and shiny paint jobs, and to hear loud mufflers all in celebration of Independence Day for our country. Thanks to everyone who attended.

We invite the other motorcycle riders in Trilogy to join us on any of the monthly rides. The next ride will meet at McDonalds in Rio Vista at 8 a.m. on August 6, the destination to be determined based on weather. For more information, contact Bob Pastorino at 707-374-6556 or Larry Nelson at 707-374-2967.

### Movers & Shakers

This is a support group for those with Parkinson's, Essential Tremor, Dystonia, or any other movement disorder. We meet once a month at 7 p.m., in an informal atmosphere for about an hour and a half. We discuss different topics; such as medications, treatments, nutrition, exercise and any of the latest information that a member has learned and wants to share. Spouses and caregivers are welcome as well. We share tips and experiences that are helpful for someone who is experiencing the same symptoms. We are here to develop relationships and offer support for each other. We end the meeting with a little refreshment and social time. We would love to have you join us. For date and location, call Audrey Kinser at 707 374 7506.

### Photography

All Trilogy residents, regardless of experience, skill level and/or photographic equipment used, are invited to drop in and find out more about our club. Come check it out on the first Thursday of each month at 7 p.m. in the Learning Center at the Vista Club. This month's meeting is on August 4. Remember to arrive early to upload your pictures if you plan to share during "show and tell."



*Featured photo courtesy of Mike Winn, entitled Man On A Rock*



Many members look forward to getting the next “home-work assignment”; it motivates us to get out and take pictures. This month’s subjects (always optional): bottles, shells or storefronts. September: eyeglasses, places for worship, intersections. October: carousels, escalators, vineyards. Suggestions for future meeting themes are always welcome!

For more information contact CeCelia at 707-374-4749 or at [c.a.wavrick@gmail.com](mailto:c.a.wavrick@gmail.com).

## Pickleball

Pickleball is one of the fastest growing sports for seniors and we have a club right here in Trilogy Rio Vista! Check out our website at [www.TRVPC.com](http://www.TRVPC.com) (Trilogy Rio Vista Pickleball Club). Our new website has all the information you need to check out the Pickleball Club and get information. Come see us at tennis courts #1 and #2 to view pickleball in action. Social pickleball play is from 11 a.m. - 1 p.m., Tuesday - Friday, and Monday at 2:30 p.m. For additional information contact Linda Pagliaroli at 916-835-3801.

## Radio

We continue to work on our communications skills and evaluate new equipment. This is all done to both enhance our capabilities and to make sure we can provide our Trilogy community with a helpful medium in the case of emergency. It is also a good mind exercise for those of us that need it.

The Radio Club meets most Tuesdays in the Vista Club Monterey Room at 8:30 a.m. for demonstrations and technical discussions. Please stop by. We also conduct a radio network using the Solano County ACS repeater most Monday evenings at 7 p.m. Questions? Call Club President, Dean Lattman at 707-374-3967 for more information.

## Religions of the World (ROW)



The problem of evil is easy to articulate in view of the many horrific historical and contemporary events. Understanding evil and finding a

solution for evil is much more elusive. Scholars of religion have attempted to resolve the contradiction between a benevolent, omnipotent and just God and the existence of evil. Thinkers from disciplines of psychology, philosophy, literature, social science and neuroscience have formulated various views on the problem. The absence of a universal answer continues to baffle those who yearn for peace and harmony in the world.

At our meeting in May we examined various views on the origins and reality for the existence of evil. The meeting on August 2, at 6:30 p.m. in the Delta Club's Marina Room, will examine the view of neuroscience on possible causes of evil behavior. Historical perspectives on religious and non-religious conflicts will be presented, including the recent terrorist atrocities. We will discuss the subject of free-will versus predestination as it relates to ethics and morality. Finally, we will consider possible ways to reduce evil, violent conflicts and suffering in the world.

ROW is a diverse group of Trilogy residents interested in learning about the religions of the world, their history, beliefs and practices. We meet the first Tuesday of every month at 6:30 p.m. The meeting location is announced in the Calendar section of this magazine. This is not a forum for recruiting members to any belief system. All residents are welcome. For more information, contact Don Cooper at 510-909-5049 or Barb Bellamy at 303-898-9279.

## Senior Men's Golf

Rio Vista Senior Men's Golf Club members have completed a first half-year of spirited competition across a wide range of tournaments, including: 2 Man 1 Lo Net; 2 Man Scramble; Stableford; 2 Man Alternate Shot; Shamble; 6-6-6 2 Lo Net; 3 Little Pigs; Irish 4 Ball; NCGA Qualifier 1 Man; 2 Man Odd Even; 3 Scores Lo Net; Senior 4 Ball Qualifier; Lone Ranger; Bad Scramble; and 2 Man No Scotch. It's true that not all of these formats show up in Ryder Cup or President's Cup play (actually only one does), but they certainly keep things interesting here in Rio Vista, and they provide a constant challenge to the scorekeeping abilities of all involved. In addition to that eclectic schedule of Wednesday tournaments on our home course, July saw a large group of Members travel to the nearby Lone Tree Golf Club in Antioch as part of our monthly Away Tournament schedule. Following that, a team of players represented the RVSMGC at the Contra Costa Country Club in a Bay Area Senior Association (BASA) Home and Home tournament. BASA represents a group of about 20 private country clubs. We are the only public club participating in this group, and our participation provides ample opportunity to play some excellent private golf courses, to which we would normally not have access.

The RVSMGC welcomes all Rio Vista men 50 and older to join our club. If you are not playing with us currently, come be part of the fun. Membership forms can be found in the club room of the Pro Shop. For all other information concerning membership and activities, contact our Membership Director, Eric Bromell, at 925-685-7237 or [ebmixer@yahoo.com](mailto:ebmixer@yahoo.com).





## Supper Club

Wondering what Supper Club is all about? Our members are a group of people who enjoy sharing a meal and conversation with new people and existing friends in a small group setting, where we can get to know each other. We come from all walks of life. Some of us are retired and others are still toiling away looking forward to that special day. We are made up of singles and couples. One thing we have in common is our own story and a desire to make new connections.

Supper Club has five small group home events per year. There is nothing gourmet about the club; simple fare is fine. The host makes the main dish and the guests bring a dish to compliment the meal at the request of the host. Groups are typically 8-10 people. The events include brunches, lunches and dinners.

If you would like to join us or need more information, contact Susan Collier at 707-372-5489 or msnnomre@gmail.com or Pam Lewis at 372-1642 or flyprl@yahoo.com.

## Table Tennis



Summer is a good season for table tennis. When it is uncomfortably hot outdoors, the cool court at the Delta Club provides an ideal venue for a vigorous workout that enlivens body and mind. On June 25 we welcomed summer by convening an in-house

tournament. Twenty members participated and enjoyed the friendly competition. Kudos to Bill Holst for organizing the event, and to Brenda Hom for the delicious snacks and refreshments. Congratulations to Wing Liu and Susan Zhang for winning their respective divisions.

Autumn is another good season for playing table tennis. The second tournament of the year against Rossmoor is normally held in late summer or early autumn. The annual picnic in the park is scheduled for October. At this event, members enjoy socializing and partaking in an international potluck luncheon followed by friendly Bocce play. Cold weather and rains in winter interfere with most outdoors sports. Because table tennis is an indoor sport it is not hampered by winter. Playing table tennis in winter is akin to "catching the fire's glow." In spring, when *Trilogy* comes alive with so many outdoors activities, table tennis players remain enamored by their sport. They cannot leave it "in springtime, summer, winter or fall!"

To learn more, please visit <http://trvtt.wordpress.com> or call Len Latorre, President (707-374-3893); Mimi Petersen, Vice President (707-374-2219); Rod Armas, Treasurer (707-374-5989); Saiman Hui, Secretary (707-374-4883); Tom

Barnes, Tournament Director (707-812-7112), or Ruth Barnes, Member-at-large (707-812-7112).

## Tennis

As the lazy, hazy days of summer start to wind down, it is about time we introduce our 2016 – 2017 tennis club board members as follows: President, Claude Trottier; Vice President, Michael Mahrous; Treasurer, Sandy Price; Secretary, Toni Guillory; Tournament Director, Bill Kienzel; Director of Player Development, George Sablan; Community Liaison, Joe Downes; Web Site Administrator, Dave Hinders; *Trilogy Living* Contributor, Judy Stinson. The club welcomes in the new and are thankful for those who continue to serve. We also want to express special thanks to Carmen and Claudia for the time and talent they gave to our club.

Upcoming events: August 20, tournament with Rossmoor at *Trilogy* where we plan to play some great tennis and reclaim the trophy. August 26 is the last Friday Tennis and Eats. Play at 5 p.m., dinner at the Bocce Courts at 6:30 p.m. The food theme is the 3 Bs: beans, burgers and beverages.

As always, daily Social Tennis is Monday - Friday from 8 – 10:30 a.m. and we welcome anyone, member of the club or not, to join us. Just be sure that your shoes are "court" shoes that do not leave marks on the court surfaces. If you need a racket re-strung, call either Cora Velasco at 707-374-3588 or Al Banga at 707-374-2339. Members only, for help with the ball machine, please call Chuck at 707-374-6808 or George 707-863-1082. George is also available for lessons if you want to learn to play or merely pick up your game.

For more information about our club, our next club meeting is scheduled at 10 a.m. on Friday, August 26, at the Delta Club. Contact Claude Trottier at [crtrottier92@gmail.com](mailto:crtrottier92@gmail.com) with questions, or visit our website at [www.frontier-net.net/~courtjesters](http://www.frontier-net.net/~courtjesters).

## TOPS

### (Take Off Pounds Sensibly)

The main purpose of our Wednesday morning meetings at the Delta Club is to encourage one another, laugh a lot, and enjoy the journey of losing weight. Losing weight isn't a battle; it's a journey so you might as well enjoy being with fellow travelers. The encouragement starts at 8 a.m. with weigh-in and continues throughout our meeting from 9 - 9:45 a.m. Mini classes on nutrition, keeping active, and other diet strategies and health topics are presented.

We celebrated our journey with participating in the 4th of July Parade as a Top Hat (Nothing can beat TOPS!). We enjoyed a luncheon at The Point Restaurant for the instal-

lation of our officers and we're looking forward to a trip to a nearby casino in the coming months. For more information about TOPS, call Leader Pat Burkhart at 925-240-5119 or Co-leader Jim Hodges at 925-368-5795. Come see what makes our group a great place to be on Wednesdays.

## Jazz Band

Thanks to all who attended our Tea Dance on July 24. We hope everyone enjoyed the afternoon. Trilogy Jazz Band is available to play for your event. We rehearse Wednesday afternoons from 2 - 5 p.m. at the Vista Club Diablo Ballroom. Come check us out, visitors are always welcome to come listen.

We are looking for a few trumpets and trombones to round things out. So dust off those old horns stashed in your closet and come join us. We have fun, laugh a lot, and most of us hadn't played for at least 40 years before joining the band! For further information please contact Director Jim Lucas at csjdlucas@hotmail.com or President Valerie Krummer at jonnvalk@gmail.com.

## Theater Group



All Trilogy residents are welcome to attend membership meetings to learn more about our projects and opportunities. This month we meet on August 25 at 7 p.m. in the Delta Club River Room.

A portion of the ticket sales from the May 1 performance of *Play On* was earmarked for a donation to the Trilogy Emergency Action Committee (EAC). On June 28, Play Director Louise Mitchell and members of her cast were joined by EAC representatives as they donated those proceeds to Rio Vista Fire Department Chief Alan Hartford (see photo).

Rehearsals are now underway for our upcoming production of *All My Sons*, by acclaimed author/playwright Arthur Miller (*The Crucible*, *Death of a Salesman*, *A View*

*From The Bridge*). Evening performances will be held on September 22, 23 and 24 and a matinee on September 25. Watch for more information on our billboards in the club lobbies as well as on the NextDoor/Trilogy site. In the September issue of *Trilogy Living* you will find ticket reservation forms.

Say...how would you like to be part of this event by distributing play programs? By checking in audience members at the door, serving refreshments during intermission, or assisting with costume changes during the performance? Are you handy with a paintbrush and/or power tools, to help with setting up the stage scenery? New to Trilogy? This is a great way to make new friends and feel part of our exciting performing arts community. No prior experience required!

For more information about our productions or any of our other group activities, please contact President Louise Mitchell at 707-374-3541 or sspm1939@gmail.com.

## Trilogy Art Guild (TAG)

Our Trilogy Art Guild members would like to invite all Trilogy residents, and their invited guests, to join us for a glass of wine and an appetizer, and to get the first view of our beautiful works of art at our Annual Art Show Reception on Saturday, August 13 from 5 - 8 p.m. The Trilogy Art Show will be open to the public on Sunday, August 14, from 11 a.m. - 3 p.m. You will see beautiful artwork by many of our members in many types of mediums; perhaps you will find a piece you would love to have in your home.

Trilogy Art Guild (TAG) is for artists and art lovers; we meet the first Monday of the month at 1 p.m. For more information on our club, you may contact Marie at 707-374-5151. As always, residents are welcome to attend classes taught by some of our talented TAG members. All Trilogy residents are invited to attend, no experience is required, beginners are welcome. Classes are held in the Marina Room in the Delta Club.

### Beginning Watercolor

Tuesdays at 12 p.m. with Anna at 707-374-3560.

### Oil and Acrylic Painting with Gary

First & Third Wednesdays at 2 - 4:30 p.m. Contact Alma at 707-374-3064.

### Card Design with Wilda

Wednesdays at 2 - 4 p.m. Contact Alma at 707-374-3064.

### Cardmaking with Shari

Fridays at 10 a.m. Contact Shari at 707-363-9752.



### Advanced Watercolor

Fridays at 12 p.m. with Anna at 707-374-3560.

### Celtic and Zen Tangle

Third Tuesdays at 2:30 p.m. with Anna at 707-374-3560.

### Shibori Workshops

Contact Lori at 707-374-6196.

## Ukulele



We meet in the Vista Club Diablo Ballroom each Wednesday. Beginners' class meets at 11 a.m. followed by the performance group at noon. All interested Trilogy residents are welcome to drop by, listen, play and sing along

with us. We're always learning new songs from our growing list of folk/traditional American classics, and Hawaiian and island-themed music not to mention pop tunes and holiday/seasonal melodies.

Bring your ukulele if you have one. You don't need to know how to read music or have any prior experience with playing an instrument. Ukulele is a simple, four-stringed instrument and so easy to learn - you'll be playing new songs in your first class! A bonus, besides having fun and making new friends, is playing ukelele keeps those little neurons firing steadily as we challenge ourselves to learn new songs. Contact Claire McKean at 510-301-0479 or Loren Iversen at 209-477-9753 for more information.

## Whist

We are in the middle of our 2016 summer. Over half of the year has passed. Have you kept your New Year's resolutions? Have you met your goals? Have you participated with any of the many activities here in Trilogy? If you answered no to any of these questions, the Whist Club is looking for you. There are unlimited possibilities and opportunities to learn new things and meet new friends. Most likely you moved to Trilogy to live a great life; don't miss out.

You are welcome to meet with us every third Friday of the month at 7 p.m. at the Delta Club. Bring a dish to share. The food is always good and plentiful. We play cards, Mexican Train, Dominoes or any other game that you bring and introduce to us. Some people sit, exchange information and give their views for a better country. Come, interact and share your thoughts with us at our planning meetings on designated Mondays (see the Activity Calendar in *Trilogy Living*). We offer encouragement and support for each other. For additional information, call Hattie Walker, Chairperson at 707-374-3699 or Jean Robertson at 707-374-0086.

## Women's 9-Holers



June has been a challenging month to play golf. The weather has been very windy and it ended up very hot. The first week of golf was a Low Putt Day. Handicaps Flight 1: 19-37: 9 players, Lois Dutcher and Diane Scholtz

16 putts. Flight 2: 38-44: 9 players, Nancy Griffin with 14 putts. Flight 3: 45-59: 8 players, Jeannie Renner 16 putts. Pars for May (20 total): #8, #13 and #15 favorites. Par of the Month Club Members: Kathy Moore (1), Anna Bogucki (3), Eila Ballard (1), Pam Fashing (6), Loretta Larsen (1), Nancy Weaver (1), Sharon David (1), Anne Frenette (1), Debi Petteruti (1), Jan Benner (1), Barb Bellamy (1), Lois Dutcher (2). Chip-ins: Sharon David, Nancy Biles, Doreen Lewis, and Karen Nash. Congratulations Ladies!

**Trivia Rule:** The "nearest point of relief" is the reference point for taking relief without penalty from interference by an immovable obstruction or abnormal ground condition. It is the point on the course nearest to where the ball lies that is not nearer the hole. To determine this accurately, you should use the club with which you would have made your next stroke. (Definitions) a. True b. False.

Come join us. Contact Debi Petteruti for additional information at 707-374-5797 or nsdme2012@gmail.com.

## Women's 18-Holers

The month of June came in warm and went out HOT. Perfect weather for golf. **June 2:** 34 ladies competed for the title of Ace of the Month. Diana Staley outplayed the field with a net score of 71 to win Ace of the Month. Marsha Berry and Des Javier broke 100. Five ladies had chip-ins and Diane Scholz was closest to the pin, 14." **June 9:** 31 ladies came out for a game of golf. Highlight of the day: Donna Nunes scored an Eagle on hole 3. Lynn Traver had the only birdie. 6 ladies broke 100 and Sue Clark won closest to the pin, 19'1." There were 10 chip-ins. **June 15:** The Eclectic Tournament. 38 ladies enjoyed a game of Blind Partner Draw. Marsha Berry and Cindy Brown broke 100. There were 2 chip-ins. Closest to the pin was Trixie Roque at 7'7." **June 23:** 31 ladies played with amazing results: Congratulations to Joan Rexford for breaking 100 for the first time, with a net 97. Des Javier broke 90, with a net 88. There were 4 birdies, and 4 additional ladies broke 100. Four ladies shared the chip-in pot. Closest to pin was Carol Petronzio at 5'7 3/4." She also had a chip-in and won first place in her flight. **June 30:** 32 ladies survived the heat. Pat Kistler had the only chip-in and Lynn Traver the only birdie. Three ladies broke 100 and closest to the pin was won by Marsha Berry, 9'3."



We meet every Thursday at Sir Flair's. If interested in joining our group, contact Carol Petronzio at 707-374-2740.

## Women's Fellowship

The Women's Fellowship is going very well. We have gained new members and continue to welcome anyone who has an interest and has yet to join us. We are coming to completion of studying six women in the bible as of July and we will start our summer break for the entire month of August. Our next bible study will commence on Thursday, September 1. Again, we continue to look forward to meeting new members so please, come join us. For information, please contact Dorothy Tate at 707-374-3892. We pray all have a blessed month in August.


## Writers

### A Changed View or Perspective

Joni Mitchell wrote, "I've looked at life from both sides now..." And that's exactly what we'll be doing this month. Many of us have seen issues and people from both sides and realize that changing our outlook is in the best interest of all involved. We've experienced growth and our horizons have been broadened. Things look differently when viewed from the other side. You're invited to share





with us your newfound insights in the form of a poem, essay or lyrics. If you'd rather express your thoughts using another subject or in another style, please do. Just write! Bring your suggestions for future optional topics as well. Then join us on Thursday, August 11, in the Monterey Room of the Vista Club. We'll meet at 7 p.m. to read, listen and offer encouragement in a positive, safe environment. If you have questions, please feel free to contact Suzi (925-231-5213); Judy (707-374-3973) or Zoe (707-374-3676).



**Monday Sept. 12, 2016**

**9:00 a.m. - 1:00 p.m.**

**Delta Club**

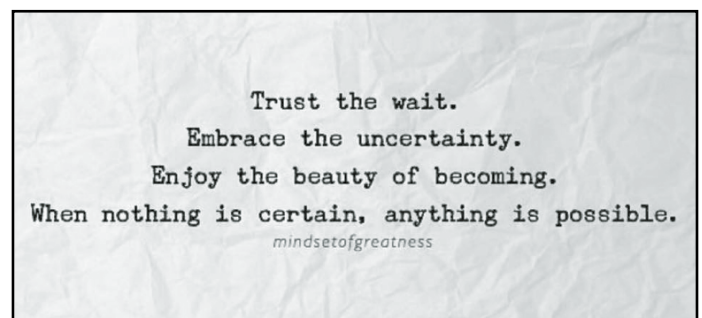
*(Notes from the Master Association, continued from p. 3)*

### New Business:

- 1st Reading of a Purchasing Policy– The Administrative Policy Committee submitted a new policy "Purchasing Goods or Services". It will be distributed in the Trilogy Living.
- New Club application: Medical Cannabis Support Group – to provide support and information sources about medical cannabis. Club status was denied.

Minutes of all meetings are posted on MyTrilogyLife.com. If you have any questions about this meeting or any meeting, please feel free to contact me directly.

**The next meeting is August 9, 2016**



Trust the wait.  
Embrace the uncertainty.  
Enjoy the beauty of becoming.  
When nothing is certain, anything is possible.  
*mindsetofgreatness*



## Hit A Home Run For CARE

Put on your team colors and take yourself out to Egbert Field on St. Francis Way in Rio Vista on Saturday, August 13 to Hit a Home Run for CARE. This year Rio Vista CARE's major fundraising event will have a baseball theme, and feature loads of summertime fun. Festivities begin at 4 p.m. and entertainment includes strolling clowns and jugglers, plus lively "take me out to the ball game" music. Tickets are \$50 and include a sumptuous barbeque dinner catered by Texas Roadhouse in Fairfield. Joe Gates will call the plays at the "live" auction where you'll have a chance to bid on gifts, sports memorabilia, tickets, items for your home, and more.



Mary McDevitt, Joanne Stangl and Lee Ann Frable line up to Hit a Home Run for CARE (Photo by Doris Noriega)

Rio Vista CARE is a non-profit counseling and family resource center. Funds from this event help to fill the gap and permit Rio Vista CARE to extend low cost professional counseling services to local families in need.

Hit a Home Run for CARE is your chance to have a great time while you support this important local charity. For tickets or more information, call Rio Vista CARE at 707-374-5243, or come by the office at 628 Montezuma Street, Rio Vista.

## Summer Reading Challenge

There's still time to show your Solano County pride! Join our county in reading 100,000 books this summer, win prizes, and share your love of reading with your community. Record the books you read between June 1 and August 31 at [www.solanolibrary.com/challenge](http://www.solanolibrary.com/challenge) or stop by the library at 44 South 2nd Street. For more information, call Mark Flowers at 707-784-1528.

## Resident Tournament

We have had four very successful tournaments this year, so far! Our tournament for June was held on the 12th, with a Father's Day theme. It was a huge success; with golf, raffles and a great dinner at Sir Flairs. Everyone was a winner. We had ice cream and homemade cookies. Everyone took home a personalized Father's Day golf ball. Plus there were money prizes from the golf game and two raffle prize winners. So much fun.

The tournament for July was held on the 17th, with a Fourth of July theme. The game of the day was Red, White and Blue. It was an interesting tournament and although a little confusing at first, turned out to be a lot of fun. Hot fudge sundaes followed the barbecued tri-tip and chicken dinner.

The Resident Tournament is open to all golfers with a GHIN number and handicap. It is recognized and supported by all the Golf Clubs here at Trilogy. The next tournament is scheduled for August 21, with a Hawaiian theme. There is a pairing party the Friday before, at 4 p.m., in Sir Flairs, to see with whom you will be playing. Come, enjoy the festivities, and then stay for dinner. Sign up before August 14; look for flyers in the Pro Shop. For more information, call Linda Rowe at 925-286-1555 or Harold Rowe at 925-818-1124.

## Tuesday Night Potluck BBQ

**Open to all Trilogy residents.**

Everyone is encouraged to meet at the Delta Pool covered picnic tables each Tuesday during the summer around 5:30 p.m., dinner starts around 6 p.m. The barbeque is available if you'd like to bring something to grill for yourself. Please bring a dish to share, your beverage of choice, and table service. NO GLASS CONTAINERS of any kind are permitted in the pool area. You'll meet old friends and make new ones. Everyone is welcome. Please leave the patio neat and clean for everyone to enjoy. Questions, call Claudette Gartner at 707-439-6116.

## Family Support Group



The Family Support Group is available to organize a memorial service for any family member who incurs the loss of a Trilogy resident. For more information, please call Chairperson Clau-

dette Gartner at 707-439-6116, or email her at [xbirdlady@myifp.com](mailto:xbirdlady@myifp.com). Or, you may contact Betty Bowley at 707-374-5613.

Alzheimer Services and the Greater Bay Area Alzheimer's Association sponsor the Caregivers' Support Group to offer information, speakers and videos, as well as facilitate open discussion and social interaction for caregivers of loved ones with Alzheimer's or other dementias. The group meets the third Friday of each month from 9:30 - 11 a.m. at the Senior Center located at 25 Main Street in Rio Vista. Contact meeting facilitator Nat Marcoccio (RVALZSG@yahoo.com) for more information.

**Café Vista Open Till 3:00**



**To place an ad, contact Joan Azlant at [joanazlant@comcast.net](mailto:joanazlant@comcast.net) or 707.374.2620. If you need ad design, contact Tania Fardella at [indigodesign@att.net](mailto:indigodesign@att.net) or 925.324.9988. Additional fees will apply for design, scanning, and edits.**





## Trilogy at Rio Vista HOME BASED BUSINESS DIRECTORY

### **All Occasion Travel**

Full Service Travel Agency  
Joan Greene, CLIA, ARTA, 707-374-2440  
Certified Travel Specialist  
www.alloccasiontravel.net

### **Angel's Housekeeping**

Best service, most reliable,  
More for your money.  
Licensed and bonded.  
Mirna 707-673-6608

### **Mary Kay**

Independent Beauty Consultant  
Sueann Novotny 707-374-5624  
E-mail: snovotny@citlink.net

### **Mary Kay Products**

Independent Beauty Consultant  
Sharon McDougall 435-669-5137  
Marykay.com/smcDougall1

### **Rodan & Fields Skin Products**

Anti-Aging Products for Wrinkles & Brown Spots  
Call for FREE mini facial  
Lupe Finch, Independent Consultant  
707-374-2466 or LupeandMarcy@gmail.com

## **ANNOUNCEMENTS**

### **Lost Bird**

Lost small white and yellow  
cockatiel bird with orange  
cheeks and parrot beak. Strong  
flier. Please call 707-374-6352.

## **FOR SALE**

### **"Jewelry Show"**

One of a kind semi-precious  
wearable art. Sterling silver  
and gold plated earrings and  
necklaces. 431 Western Hills  
Drive. . .August 6, 2016 1pm-4pm.  
Inquiries: Susan 707-374-2167.

### **Moving Sale**

Professional massage chair. Regular  
\$3600; Sell for \$1200 OBO. Many  
other items. Call 707-374-3414.

## **SERVICES**

### **Any Help You Need**

Trilogy resident available for  
sorting and organizing, pet  
care, gardening, housework,  
bookkeeping/clerical, business  
and personal correspondence,  
making phone calls driving  
(your car) for errands, shopping,  
appointments, etc. Reasonable  
rates. Flexible scheduling.  
References. Jesse 925-683-7193.

## **SERVICES**

### **Caregiver**

Experienced male caregiver.  
Drive your car to appointments,  
grocery, etc. Trilogy resident  
with flexible hours. Prepare  
meals. References upon request.  
Call Sam 707-750-1195.

### **Cleaning**

Complete housecleaning! Quality  
cleaning at affordable prices.  
Weekly, bi-weekly, or once.  
Rental cleans. Call Dawn, "Jerry  
the Sprinkler Guy's" daughter at  
707-628-4235 or 707-374-5239.

### **Cleaning**

5 Star rating, affordable prices.  
Weekly, bi-weekly, monthly. Move  
in/out. Call Carmen Martinez  
707-398-8345, Trilogy Resident.  
References, free estimates. "We  
clean beautiful homes for nice  
people." Expert with products  
for new homes. 707-398-8345

### **Computer Aid**

I can fix your PC, including  
removing viruses and malware.  
New PC setup with file transfers  
and tutoring on Windows  
8. Wireless printer, wireless  
connections for Netflix. Home  
theatre. Kathy Barker 707-374-6850.

## **SERVICES**

### **Computer A+ Assistance**

PC, Laptop, iPhone, iPad  
troubleshooting. Install networks,  
software. Virus removal. Wireless  
connections to printer, computer,  
home theater, Netflix. Technical  
expert—Robert 707-374-5129.

### **Facials**

Licensed esthetician: Keep  
your skin beautiful with facials,  
microdermabrasion, vitamin  
treatments and more. Call Nina 707-  
374-3414. Gift Certificates available.  
Special on microdermabrasion.

### **Faux Finishing @ Its Best**

Enhance the beauty of your home  
with faux finishes for your walls,  
columns, fireplaces and doors. Call  
Susan Prince/Oddo 707-374-2167.

### **Golf Cart Battery Refill**

Tired of filling your golf cart  
batteries the old fashioned  
way? Call Larry to install an  
automatic watering system  
that fills all your batteries in less  
than 20 minutes for \$195. 707-  
374-3338 or 707-208-9096

### **Golf Cart Covers**

Attention all golf cart owners.  
Now available in Trilogy: golf cart  
covers installed starting at  
\$200. Call Larry for details at  
707-208-9096 or 707-374-3338.



## SERVICES

### Handyman

Trilogy resident has over 40 years of home maintenance experience, MOEN faucet specialist, ceiling fan and chandelier installations, electrical trouble-shooting and GFCI problems, plumbing leaks, disposals, toilet maint., and more. Free estimates. City bus. license #1654. Bob Bailey 707-374-3391.

### Handyman

A Trilogy resident to help with those handyman jobs you can't or don't want to do. Plumbing, electrical, window treatments, assembly, etc. Call Scott 707-374-6013.

### Hauling

Summer's here; garage and yard clean-up time. I am a Trilogy resident. Have Truck/Will Haul unwanted items to the dump for you. Free estimates. 707-374-2908.

### Home for Elderly

Goldenstar Home for the elderly 707-374-4087 or 707-631-0010. Staff are background checked, TB tested and CPR trained. Care in the facility or in your own home.

### Impeccable Improvements & Repair

Established retired general contractor. . .Tile, wood floors, water leaks, drywall damage, kitchen & bath remodels/repairs, privacy walls, iron fences/French doors, indoor/outdoor Jacuzzi tubs, storm doors, fireplaces, dog/cat doors, mantels. 10 year resident. Big or Small—I Do Them All! References available. Dominic, Your One Stop Shop in Trilogy 707-322-9476

## SERVICES

### iPhone Tutoring

Everything you need to know to operate your iPhone. Simple to understand. Easy to use. Fun to learn. Private or group lessons. Call Dory 707-326-6628

### Massage

Have Table Will Travel: Massage in the convenience and comfort of your own home. I will come to you. Eastern massage by Jessie Cong. Licensed and insured. 707-374-5082

### Moving?

Let us do the heavy lifting for you. We are local, strong, reliable, careful and affordable. 10 plus years' experience. Call Taylor 925-262-6827.

### Notary

My home or yours. Servicing Trilogy for the past 14 years. Please call Eileen Griffin at 707-374-2684. Thank you.

### Notary Public

Certified Notary, fast, professional and reliable service. \$8 per signature. Please call Jeffrey 707-374-7541. Thank you.

### Notary to Go

Only \$8 per notarization in Trilogy. Loan documents signing no additional charge. Since 1984. Call Warren at 707-374-3477.

### Painting & Drywall

Repaint exterior & interior. Color and texture our specialty. Free estimates. 40 years experience. R. P. Painting, Trilogy Resident CA St. lic. #422737. Call today 707-374-5954.

## SERVICES

### Pest & Termite Services

Trilogy resident and owner operated. General pest control services include quarterly or bi-monthly services to meet your needs. Termite inspections. Specializing in real estate and refinance. Please call Ron Yocum, Owner, R & D Termite and Pest Control (formerly Daniel Pest Management) 925-323-5211.

### Pet Care

I will take care of your dog or cat while you are away. I will care for your pet four times a day at \$25 a day. Ken 707-374-3842 or email kenatkins7@aol.com.

### Pet Care

Desiree's (Desi) Personalized, Loving Dog & Cat Care: Going out of town? Need overnight house pet sitting? Compassionate & Caring Pet Nanny. Daily dog walks, medication as needed, water plants, mail in. Ph 707-374-3245, cell 925-822-8342

### Pet Care

Loving kitty and dog care includes play, meds, mail-in. Hourly pet sitting available. Short notice ok. Serving Trilogy pets since 2007. Accepting advance vacation reservations. Mimi 707-374-4343.

### Ron the Painter

Trilogy resident with 10 years' experience interior painting, fences, mailboxes. Good price, good work. Call Ron 707-430-3135.

### Rain Gutters Cleaned

Also pressure wash driveway, walkway, patio and outside of house. Trilogy resident Danny 209-570-0302.

## Want to Run a Classified Ad?

Pick up an ad application form at Member Services. Turn in your completed form by the fifth of the month preceding the month you wish the ad to run. Cost is \$10 for 25 words. Additional words are \$.25 per word. Checks only. Late ads will run in the next issue. All classified advertisers must be current Trilogy residents or current Trilogy homeowners.



## SERVICES

### Tax Consultant

Need help in resolving tax issues? Retired IRS Certified Enrolled Agent can help. New Trilogy resident. Call Chuck at 408-823-6964.

### Transportation

Husband and wife team will drive Trilogy residents to and from area airports, trains, and cruise ships. Safe and reliable. Call Betty or James 707-374-3221.

### Transportation

Dave's Transportation Service. I transport Trilogy residents only to trains, boats, planes. No medical services, shopping or casinos. Reliable. Call 707-374-3192. Thanks

### Weed Pulling

Weed Pulling: Don't break your back; keep your yard tidy. Trimming, weeding, general cleanup, plant new plants. Laurie 707-374-6305 or 925-301-7389.

## SERVICES

### Window Cleaning

Professional window cleaning. Years of experience, licensed, and complete background check. For a free estimate and appointment, call Gary 707-374-3488.

### Window Cleaning

Inside and out. Your windows will sparkle. Call now 707-673-6608.

### Your Personal Travel Agent

Put yourself in our hands and let us arrange your travel from door to cruise, train, resort, hotel, villa, rental cars, drivers, activities, sightseeing, excursions, fine dining, shows. Call Joan Greene, All Occasion Travel (707-374-2440) or Email [alloccasiontrvl@aol.com](mailto:alloccasiontrvl@aol.com). Let's talk it over.

## WANTED

### Sporting Goods

And equipment, especially fishing rods, reels, lures and other paraphernalia. Cash paid on the spot. Free appraisals. Call Ed 707-374-1349 or 925-216-6300.

The Trilogy Board of Directors is not responsible for expressed opinions or for the authenticity of all presented facts in advertisements. The Board of Directors recommends verifying authenticity of advertisers by requesting contractor license numbers and references, and checking with the California Contractors State License Board and Better Business Bureau (BBB) prior to using the services listed herein.

## Computer Class 90-Minute Opportunities

Sign Up At Vista Club Member Services - Pay by Check or Credit Card

### AUGUST 2016

### ALL CLASSES ARE ON TUESDAYS

<b>Computer Basics</b> \$5 ea.	<b>August 9, Class 10:00 a.m. to 11:30 a.m.</b> Introduction for new computer users to learn their way around the computer. <i><b>This class is mandatory or equivalent knowledge for all other classes.</b></i>
<b>Windows 10</b> \$7 ea.	<b>August 9, 12:30 p.m. to 2:00 p.m. ~ **NEW CLASS (by popular request)**</b> Intro to Microsoft Windows 10 operating system. Should you upgrade from Windows 7 or 8? Or your new computer came with Windows 10 – Help!
<b>Create, Find &amp; Work with Files or Pictures</b> \$5 ea.	<b>August 16, Class 10:00 a.m. to 11:30 a.m.</b> Save documents & pictures so you can find them. This knowledge is fundamental to transfer either from phone/camera to computer or USB drive, attach to email, post to social media, and organize everything! <i><b>(USB memory stick available \$5).</b></i>
<b>Windows 10</b> \$7 ea.	<b>August 16, 12:30 p.m. to 2:00 p.m. ~ **NEW CLASS (by popular request)**</b> Intro to Microsoft Windows 10 operating system. Should you upgrade from Windows 7 or 8? Or your new computer came with Windows 10 – Help!

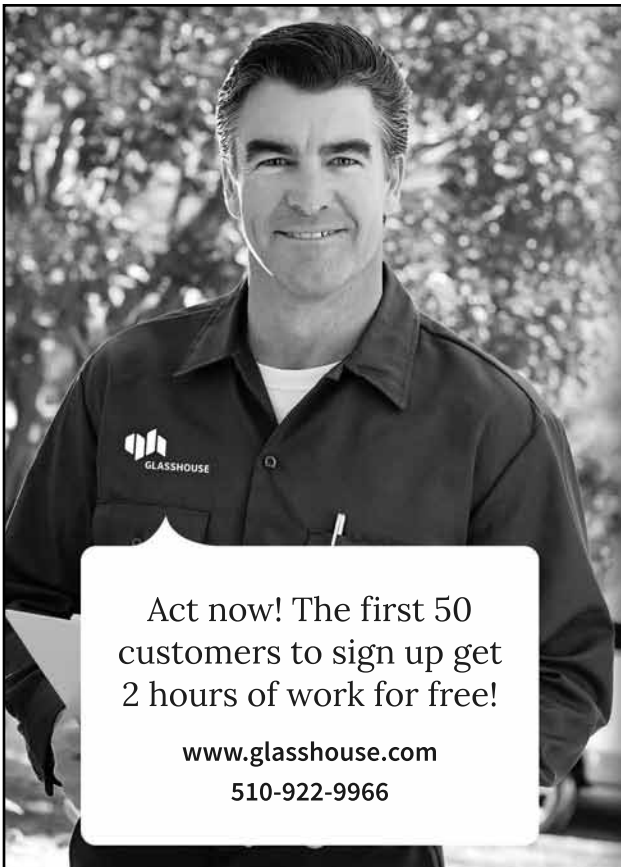
**If using your own computer, public wireless network cautions apply!**

***Computer Basics class is mandatory or equivalent knowledge for all other classes.***

***Limited Class Size-sign up early. Repeating classes is recommended. Class subject suggestion list available!***

**Interested in training or helping others during class? Email Debbie Dorn at [ddorn@actionlife.com](mailto:ddorn@actionlife.com).**





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- As a Trilogy and Saddlerock Village resident for almost 5 years, I am fully committed to our community.
- For every closed sale, I donate \$100.00 to the Rio Vista Food Pantry.



Kathie Bleier  
925.683.7084  
KBLEIER@APR.COM  
BRE 01063281



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