# PUBLISHED BY THE TRILOGY AT RIO VISTA MASTER ASSOCIATION

Jun<u>e 2013</u>

# Trilogy



Index:

Cash Tribute Show pg. 6 Trilogy Triathlon pg. 13 Oakmont International Potluck pg. 10 Riviera Sock Hop pg. 10

Healing Hearts

Family Support Committee serves as a foundational service for Trilogy residents, assisting families in times of loss. Find out more on page 4.





We can get you to Fairfield, Suisun City, Isleton, Antioch and Pittsburg/Bay Point BART Station, Monday – Friday.

The bus will even come to your door upon request!

You can board the bus at Vista Clubhouse or at the corner of Summerset Drive & Summerset Road near the main gate at the yellow/black sign.

# Call (707) 374-2878 or visit us online at www.deltabreeze.org for information and reservations!



Shafer Real Estate Your Trilogy Resale and Rental Experts... Nobody Knows Trilogy Homes Better! 7) 374-5222 **Debbie Werter Diane Shafer Jacgeline Vullierme Realtor Associate Owner / Broker Broker Associate** 707-673-7667 707-328-5277 707-373-0340 DRF# 01125366 DRF# 01390213 DRF# 00477874 121 Montezuma St. Rio Vista, CA 94571 View listings, search for properties, get Trilogy maps, & more at: www.ShaferRealEstate.net

From the Master Association

# Warren Oglove

President

# The Master Association held the executive board meeting on Tuesday, May 14 prior to the MA board meeting.

- The board accepted Manager of Cafe Vista Fred Arbabi's resignation effective at the end of May. He felt that the job was taking far too much of his time. He has consented to work a far reduced schedule to help acclimate the new Manager, Maria Torres. We all wish Fred well and thank him for a job well done!
- The Adult Committee forwarded two applications for the one open position. The Board decided to refer the matter back to the Adult Committee to chose and send the approved applicant back to the Master Board for formal approval.
- TRV attorney Steve Weil was in attendance to answer various questions. Most pertained to voting procedure if the golf course matter does come to a vote.

### The Master Board meeting took place on May 14 at 2 p.m.

- Shea announced that sales of new homes at Saddlerock Village are ahead of schedule. They will begin developing the golf driving range next month. Model homes will be built along the 10th fairway to the sound wall. New homes builds will start on the driving range around November of this year.
- The President announced that the Golf Course Advisability/ Purchase Committee has been disbanded. Don Love and Ron Chalmers have been asked to assist the President/Board as we move forward with "due diligence" and arriving at a value for the course.
- The Mayor of Rio Vista has asked for three volunteers to serve on the Lighting/Landscape Committee as the City moves forward with investigating transferring it to the HOA.
- The Board approved spending no more than \$21,500 to repair cracks and resurface the surfaces of the four tennis courts.
- The Board approved to allow the Chamber of Commerce to hold a State of the City Report in the Diablo Ballroom. All city residents will be invited.
- TRV attorney Steve Weil answered residents questions regarding the golf course purchase.
- The Board discussed use of the Development Funds, currently in an account at the Bank of Rio Vista. Ed Vitrano will draw up a draft policy for the use of the funds. The Board indicated a desire to use the funds for large scale projects; \$100,000 -\$150,000. Smaller projects can be funded on an annual basis from the annual budget.

# The next Master Association Board meeting is June 11 at 2 p.m. Please mark your calendars.

# TRILOGY AT RIO VISTA

DIRECTORY

### **Master Association Board of Directors**

Warren Oglove, President (3477) Tom Moore, Vice President (5772) Bernie Dehn, CFO (4764) Noel O'Brien, Director (925) 348-4097 Joel Auslen, Secretary (5808)

### **District Delegates**

Village I – Bernie Dehn (4767) Village Oakmont – Lee Puryear (3510) Village Riviera – Dante Miles (6445) Olympic Village – Joel Auslen (5808) Saddle Rock Village – Roger Kohn (2737)

### Committees

Adult – Helen Bergoust, Chair (2436) Disaster Preparedness – Alan Levine (718-7907)

### Village Board Presidents

Village 1 – Bernie Dehn (4764) Village Oakmont – Walt Manos (2827) Village Riviera – Don Seyk (6407) Olympic Village – Mike Dubrow (6706)

### Association Administration

General Manager: Ed Vitrano (4869) evitrano@actionlife.com

- Assistant General Manager: Catherine Patrick cpatrick@actionlife.com (4843)
- Activities Director: Debbie Dorn (4204) ddorn@actionlife.com
- Fitness & Spa Director: Kathy Erwin (4205) kerwin@actionlife.com
- Maintenance Director: Mike Oestreich (4895) moestreich@actionlife.com
- Member Services Coordinator: Cheryl Lucas (4203) clucas@actionlife.com
- Communications Coordinator: Andrea Stuart stuarttrv@gmail.com

### **Club Numbers**

**Vista:** Front Desk (4200) Fax (4210) **Delta:** Admin Office (4843) Fax (4891)

### **Trilogy Living Editorial Board**

Andrea Stuart, Ed Vitrano, Debbie Dorn, Cheryl Lucas, Joan Azlant, Kathy Erwin, Helen Bergoust

### **Commercial Advertising Manager**

Joan Azlant, joanazlant@comcast.net (707) 374-2620

### **Resident Classified Advertising**

Kathy Nilsson, knilsson@actionlife.com (4200)

Welcome Center/Front Gate (4306)

trvwelcomecenter@gmail.com

### Café Vista (4202) Nines (4400) Golf Course (2900)

Shea Customer Service 1-866-535-9989

From the Editor



# Andrea Stuart

Welcome, summer! It's a time for stretching our wings, a time for exploring the world around us. That includes, perhaps, celebrating life in fun and unique ways by honoring some of the

more interesting holidays for June. Did you know that June is National Accordion Month? June 4 is Hug Your Cat Day, so get your purr on. June 5 is World Environment Day, so pick up that candy wrapper! June 15 is Smile Power Day, so release that ear-to-ear grin. And, June 23 is Take Your Dog to Work Day, how better can you think to improve productivity? So much to celebrate!

This June, we especially want to celebrate a group of Trilogy individuals who make a big difference in people's lives when it matters most: the Family Support Committee.

Family Support originated in 2004. Larry and Claudette Gartner created the committee in order to support grieving families in their hour of need. The group assists families who have lost a loved one living in Trilogy by organizing memorial services. They have 11 full-time committee workers and numerous volunteers to assist in the program. The committee consists of Larry and Claudette Gartner, Ruth Joseph, Julie Olsen, Dennis and Pam Leite, Marion Levitan, Minnie Stringer, Barbara Sherison, Bob Burns, Betty Bowley and Dorothy Iwatate. In addition, Gary Beatty and his setup crew work diligently with the group to ensure families can be relieved of some of the burden during this very sad time. The Family Support Committee appreciates the association staff who works diligently with them as well. It is only in collaboration that the Family Support Committee can make such a significant impact. For contact information about the Family Support Committee (featured on this month's cover), refer to page 16.

# Member Services Number Change Please update your phone lists and programmed fax machines to the new Vista Club fax number: (707) 374-4210

**From the Board of Directors:** The publisher retains the right to edit articles and advertising to conform to content and space requirements. The Trilogy Board of Directors is not responsible for expressed opinions or for the authenticity of all presented facts in articles and advertisements. Viewpoints contained in this newsletter are not necessarily the opinions of the Trilogy at Rio Vista Master Association, the Board of Directors, its officers, or management.

For non-delivery of Trilogy Living, contact Debbie Dorn at (4204).

From the Activities Director



# **Debbie Dorn**

What a month, Trilogy! We watched countless treasures shift hands from well over 100 selling residents during the community garage sales. We were mesmerized by comedy mental-

ist Mark Stone and were delightfully astounded by Brian Hoffman's Las Vegas show, a tribute to Red Skelton. We journeyed with Ron Heinrich to awe-inspiring China. All the while we danced throughout the month to a variety of musical events including a performance by On The Rocks!

Due to overwhelming requests, James Garner soon returns to TRV to perform as the legendary "Man in Black," Johnny Cash. Each performance is updated with new material, so don't miss the spectacular performance on the Vista Patio!

Mark your calendars for these special events:

- 6/01 Jazz, R&B, and Latin Music afternoon on the Patio ~ DJ Jose
- 6/02 Farmers' Market
- 6/09 CD Variety Dance ~ The Dance Club
- 6/10 Blood Drive
- 6/13 Complimentary Hearing Screening & Assessment
- 6/21 Open Mic Night ~ Music, Dance, Comedy, Poets & Spoken Word
- 6/21 Summer Solstice Labyrinth Walk (pg 18)
- 6/25 Computer Classes (2): Photo Processing ~ Intermediate
- 6/25 Computer Class (1): Photo Processing ~ Advanced
- 6/28 Bingo
- 6/29 Concert on the Patio ~ The Cash Tribute Show

### Get Ready ...

7/04 Trilogy Celebrates 4th of July!

Peruse additional events and activities presented by the clubs or groups. A list of clubs and groups is available with contact information from Member Services at the Vista Club. Your comments and suggestions are always valued. Send an email anytime to ddorn@actionlife.com. My mailbox is always open!



# Jazz, R & B, and Latin Music ~ Afternoon on the Patio

Saturday, June 1, 1 – 4 p.m., Vista Club Patio ~ \$3 pp

DJ Jose presents an afternoon of Jazz, R&B, & Latin music! Bring your lawn chair and picnic basket for fun in the sun. Sign up at Member Services and for more information call (4200).

# Farmer's Market ~ Have you experienced Trilogy's Market Place?

Sunday, June 2, 10 a.m. – 3 p.m., Delta Club ~ Free



Mark your calendar for the third Sunday in May to stock up at the next Farmer's Market at Trilogy! Bring your neighbors and support your locally grown fresh fruits and vegetables from our own Trilogy Farmer's Market. Petrill's Produce Farmer's Market provides wonderful produce and other specialties.

It's easy to keep a fresh supply of fruits, vegetables and specialties on hand without leaving Trilogy. And, you'll receive a free apple with purchase for visiting the market!

# **Blood Pressure Check ~ Free**

Thursday, June 13, 9 – 10 a.m., Delta Club Library

Have your blood pressure checked the second Thursday of every month at the Delta Club Library between 9 – 10 a.m. Mary, Georgette, and Maryanne are continuing Ruth Hammell's caring service for the Trilogy community. Stop by and meet the new faces while you keep that blood pressure in check!

# **Blood Drive**

Monday, June 10, 9 a.m. - 1 p.m., Rio Vista Room Delta Club

It's time again to lend an arm and help save lives by donating blood at the upcoming Trilogy Blood Drive. Walk-ins are welcome; however, appointments have priority. To make an appointment, contact Darlene Wiskeman (6211) or email her at wiskeman2@yahoo.com.



# Trilogy Celebrates 4th of July ~ Free Admission ~

Presented by Trilogy and Villages Oakmont, Olympic, Saddle Rock and Riviera Kare Bears.

Gather friends and family for a grand celebration of America's birthday! We celebrate the 4th of July because that is our Independence Day! It marks the date when our founding fathers signed the Declaration of Independence and announced their secession from Britain. It is a shining day in our history that deserves to be remembered. Join us at the Delta Club for the party.

- Parade Around Summerset Drive
- Hot Dogs & Ice Cream Social
- Entertainment Variety

Sign-up sheets for parade entries and for the Hot Dogs and Ice Cream Social are inserted with this Trilogy Living. Deliver your entry/order form with attached check to Box 8 found in the hall at the Delta Club. Additional forms are available at the Vista Club or Box 8 at the Delta Club. Be sure to mark the form if you would like to lend a hand with this special occasion. It's fun!



events + activities

# **Grapevine Chat!**

Tuesday, June 11, 6 p.m. and June 25, 5 p.m. Grand Living Room, Vista Club ~ Free

Are you new to Trilogy or a seasoned resident who enjoys great company, an inviting atmosphere and good conversation? Come join the gathering at the big fireplace. It's a warm and casual setting where you can "get the scoop" on all things Trilogy while you get to know your neighbors. Bring wine, glasses and snacks to share with others if you'd like. No sign-up required.

# **Complimentary Hearing** Screening and Assessment

Thursday June 13, 1- 3 p.m., Diablo Ballroom Vista Club ~ Free

Advanced Instrument Hearing Aid Centers are offering a complimentary hearing screening and assessment to all members. Also offered are cleanings for your aids, tube changing, adjustments, and repairs on a complimentary basis. Please keep in mind that some repairs may have a fee depending on the severity of the repairs/parts needed to bring the aid(s) back to complete restoration. They look forward to serving your needs on an ongoing basis. Depending on need, their services are offered quarterly the second Thursday of every third month beginning March 8. You will need to contact them directly to make an appointment at (707) 428-1313, although walk-ins are welcome.

# **Open Mic Night** ~ Music, Dance, Comedy, **Poets/Spoken Word**

Friday, June 21, 7 – 8:30 p.m., Diablo Room, Vista Club ~ Free

The venue is set for taking to the stage and sharing artistic expressions in a setting as intimate as your living room. Family and community will cheer you to the next level! If you're a spectator, you're in for a treat! The supportive setting is about artists having a safe place to perform for the first time. It's about veteran artists having a place to experiment and try out new pieces. It's about having a place that inspires new work. It's about a lot of things. Bring your favorite provisions and come check it out. Performers sign in at Member Services.

Guidelines: One performance per person, which may be flexible depending on the number of performers for the night. Limit of 15 performers for the night.

# **Computer Classes: Photo Processing ~ A Series!**

Tuesday, June 25, Learning Center Vista Club

Intermediate Class: 10 - 11:30 a.m. OR 12:30 - 2 p.m. ~ \$5

### Advanced Class: 7 - 8:30pm, ~ \$7

Michael Bouyer will lead a unique series of classes to guide you through working with photos from beginning to advanced level. Learn to download, resize, crop, transfer, as well as more advanced editing developments to make scrapbooks or other projects. Prerequisite: basic computer skills. Sign up at Member Services.

# **Concert on the Patio** ~ **The Cash Tribute Show**

Saturday, June 29, 7 – 9 p.m., Vista Patio \$15/pp by Special Arrangement

A classy and authentic production, The Cash Tribute Show featuring James Garner honors the life and music of the legendary Man in Black, Johnny Cash. With strong conviction and stunning accuracy, Garner and his band perform Cash's music, combining it with historical accounts and personal anecdotes about America's most beloved singing storyteller. The show is a fun, toe-tapping trip down memory lane honoring Cash's life and the boomchicka-boom sound of his longtime backing band, the Tennessee Three. Bring family, friends, outdoor attire, a comfortable chair and provisions for this spectacular performance! Sales are limited. Sign up today at Member Services, Vista Club.

# **Concert on the Patio ~ Andre Thierry & Zydeco Magic**

Saturday, July 27, 5:30 – 8:30 p.m., Vista Patio ~ \$10

Trilogy's Soul Line Dancers are proud to bring back Andre Thierry and Zydeco Magic! Join us for an evening of Zydeco excitement as the magical sounds from these musicians keep us on the dance floor. These entertainers will grab your attention and serve up a supreme musical experience that will captivate your soul. Bring your friends, snacks, and favorite beverage. Don't forget your lawn chair and wear your dancing shoes! Sign up at Member Services. For more information, contact Jean Robertson (0086).



Discounts off of retail pricing.

Pictures used are for illustrative purposes only.



# Assessment Notice

Association Assessments are published monthly on this page of Trilogy Living. This is an additional vehicle for checking your current assessment. Coupons will reflect the monthly assessment for those receiving them. Those on automatic withdrawal (ACH) may check their bank statements after the 5th of the month to see the amount taken out and all members may register at www. actionlife.com to monitor their accounts 24/7. If you have guestions or need help registering online, please call the Administrative Office (4843).

Assessments for the month: Master Association \$120.00 Master Association \$80.39 (Only for original residents (<100)

in a developer subsidy agreement)

Village I	\$4.50
Village Oakmont	\$4.50
Olympic Village	\$4.20
Village Riviera	*\$5.00

Saddle Rock Village \$0 (None until dormancy ends)

\* Changes in assessments effective June 1st.

# **Adult Committee**

The Adult Committee met on April 23, 2013. There were no items referred to the Master Board. The committee meets on the last Thursday of every month in the Delta Club at 1 p.m. All residents are encouraged to participate in these meetings. Your suggestions, comments and/or questions can be given to any committee member, left at the HOA office, or voiced during the residents input segment of each meeting. The next meeting is June 27. For more information, contact Helen Bergoust at alhelenb@aol.com or (2436).

# Village Riviera Board News

The May meeting of the Village Riviera Association was cancelled due to the lack of a quorum. One of our board members has sold his home and is moving while two others are on vacation. Unfortunately, we have lost a valued board member and are currently looking for a replacement. If any Village Riviera owner has an interest in serving on the board, please contact Don Seyk at (6407).

Due to another move from the community we have an open opportunity with the architectural committee. Call Don Seyk if you have interest in this important position. We readily welcome any interest in these or other community activities.

# Saddle Rock Village Board News



The inaugural meeting of the Saddle Rock Village Board of Directors was held April 18. The following officers were elected: Patty Kohn, President; Kathi Bradley, Vice President; Joel Auslen, Secretary.

Noel O'Brien, recently elected to the Master Board, has resigned as village delegate and has been replaced by Roger Kohn, Alternate Delegate. The delegate report emphasized the importance of residents becoming acquainted

with current issues such as the public hearing regarding the CA Vehicle Code and the Town Halls concerning the proposed purchase of the golf course and Nines Restaurant.

For the Residents' Club Patty Kohn reported that five residents participated in the Responsible Beverage Class. The Social Committee is seeking volunteers to help with the July 4th celebration. Saddle Rock Village will manage the ice cream social. Harish Chinai is the new Chairperson for the Welcome Committee, which continues to provide Welcome Bags to the ever-growing number of new residents.

(cont. page 9)

# **Meeting Calendar**

### Master Association Board Meeting

Tuesday, June 11, 2 p.m. Diablo Ballroom, Vista Club

# **Council of Village Presidents**

Monday, June 17, 10 a.m. River Room, Delta Club

### Saddle Rock Village Delegate's Meeting

Wednesday, June 19, 6:30 p.m. Rio Vista Room, Delta Club

Adult Committee Meeting Thursday, June 27, 1 p.m. Rio Vista Room, Delta Club





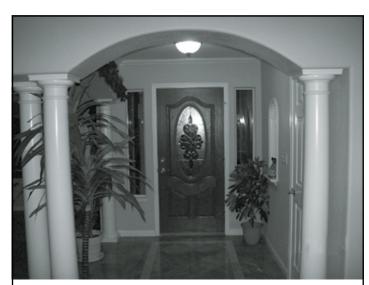
### (cont. from page 8)

We were provided a management report and reviewed with the board the Violation Report (six violations in three months) and the Architectural Report. It was indicated that Shea would like the village board to create an Architectural Review Committee. Applications are currently being accepted at the HOA Office.

During Open Forum, residents expressed security concerns, particularly the prevalence of cars entering through the Church Road entrance behind residents' cars.

Under New Business the issue of RV parking was discussed. Residents were cautioned that RVs cannot be used as temporary housing. RVs can be parked anywhere on the street, as long as mailboxes are not blocked and the 48-hour permit is displayed. The vacant lots have become a favorite romping ground for dogs. Residents were urged to keep their dogs leashed and to pick up after them. Finally, residents shared their views regarding the noise and proximity of planes flying over their homes.

Our next meeting is June 19 at 6:30 p.m. in the Rio Vista Room of the Delta Club. The Residents' Club meeting will immediately follow. For more information, contact Patty Kohn (2737) or (pfkohn@gmail.com).



### Let Doug Hensley Enhance Your Home

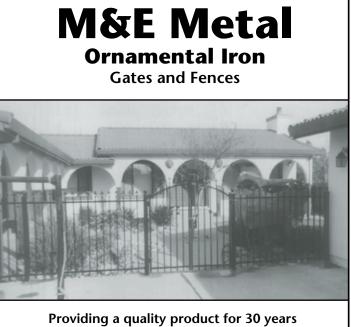
- Kitchen and bath remodeling
- Granite countertops
- Tile and wood floors
- Doors and archesCrown moulding
- Exterior paintingPlumbingElectrical/ceiling fans

• Cabinets

- Elect
  - Concrete walks & patios

Free Estimates 209-327-7410 Doug Hensley • Hensley Homes • Lic# 712836





# Free Estimates (707) 428-4925 4895 Creed Rd. • Suisun, CA 94585 California License # 423581



residents' clubs

# **Olympic Village**

The Famous OVRC Pasta Dinner is on June 8 from 5-9 p.m. at the Delta club. Al and Rhoda Sbranti and their crew will be cooking again, so the pasta is bound to be awesome. Tickets are only \$10 so we might be sold out by the time you read this article. Check for the signs at the Delta and the Vista to see if there is still space. If so, turn in your reservation form to our OVRC mailbox #5 at the Delta. If you've already made a reservation and want to volunteer to help, call Linda Jensen (5542). There's plenty to do.

Planning these events is a great way to make new friends right in your own neighborhood. The OVRC Board and the Social Committee has a joint meeting on the third Wednesday of each month. Join us on June 19 from 7-9 p.m. in the Monterey Room at the Vista Club.

If you would like more information on these or other events (or want to volunteer, RSVP or offer ideas), call Linda Jensen, OVRC President (5542). Watch for more news of meetings and planned activities in *Trilogy Living*.

# Village I

The next major happening for VORC is the Wednesday, July 10 quarterly meeting of the membership. The meeting will be in the Delta Club's Rio Vista room starting at 7:30 p.m. Mark your calendar now and plan to attend. The primary objective of the meeting will be to elect a slate of officers for the club. As was announced last month, there were no nominations made at the April quarterly membership meeting so the exiting board voted to take the club into dormancy until such a time as a new board is elected. The stated purpose of VORC is "to bring the residents of Village One together to provide community service, social interaction, informational and educational programs as well as fund raising events in order to further shared interests." Think about getting involved. This is your club, make it work for you. For more information, call Joe Downes 7520).

# **Oakmont Village**

The International Potluck is just around the corner. All Trilogy residents are invited. The food will be amazing with dishes from all around the world. It is encouraged that you bring items from your family's culture to decorate your table. Save the date, Sunday June 9 at the Delta Club. Come early. Dinner will be served at 5:30 p.m. It is not too late to get your friends together, turn in your slip and drop it off in Box #2 in the Delta Club. If you can't find your flyer, there are extra copies at the Delta or Vista Clubs. Don't miss out, come visit with friends and neighbors you don't get to see very often. For more information, call Cyndy (2480). The June 5 Oakmont Village Residents' Club meeting is cancelled. New business will be discussed at the Sept. 4 scheduled meeting. We will not have a Social Committee meeting in July.

### Dates to remember:

June 5, 3 p.m. - Social Committee Meeting Monterey Room, Vista Club

June 9, 5 p.m. - International Potluck Delta Club

July 4 - Trilogy 4th July Celebration

August 7, 3 p.m. - Social Committee Meeting

Happy Father's Day

# Village Riviera

The Ladies Luncheon is a wonderful memory. Now it's time to rock and roll at the Sock Hop on Saturday, June 15. We'll have a vintage car show with photo ops, beer, soda pop and munchies, followed by Long Island Larry's hot dogs, Polish sausages, potato salad, green salad and root beer floats for dessert. Dance the night away to live music by Solid Gold.

The seventh annual Treasure Hunt is going western on Saturday, July 13. So round up a team of three to five friends, meet at the Delta at 3 p.m. with golf cart or car, a crazy thought process and be prepared to have a ball. If you have not been before, give yourselves a real treat. If you have been, then you know how much fun it is. Some past clues have been written backwards. Some you've had to use a mirror to read. One was frozen in a bottle. One was molded into a fake rock. Some clues use numbers. Others use letters. Most make your head spin.

Don't forget to check the flyer for things your team will need to bring to solve the clues. Most importantly bring a sense of humor and adventure. All participants will meet back at the Delta between 6 and 6:30 p.m. for prizes and a catered dinner by Chef George Burghardt. The menu is Tail Twistin' Tri-Tip Sandwich with Calico Carmelized Onions, Saddle Slaw, Sashay Salad, Chuckwagon Cornbread and Dessert Desperado. Price is \$17 per person. Flyers will be out soon. Be sure to come up with a creative team name. Team costumes are encouraged. Get your reservation slip and check in Riviera Box #4 by June 30.

Don't forget to mark your calendars for these other Riviera events. Bunco and Beans on Sept. 7, Wine Event on Oct. 26 and the Black and White Holiday Affair on Dec. 14.

We have lots of new committee members and are always looking for more. It is a great group and planning our amazing events is so much fun. Why not join us? Contact Coralie Leder at coralie.leder@gmail.com.





THE **TRILOGY SPECIALISTS!** 

**PERFORMANCE, STYLE,** VALUE. WE'VE GOT YOU **COVERED!** 

707-374-3902 WWW.SUNBUSTERSINC.COM LIC#936642



**Basic To Custom Applications Contractor Installed** (No Sub-Contractors)

**Over 25 Years Experience Lifetime Product Warranty New Designs For Any Budget** 





<sup>44</sup>When it was time to find help for Mom I made the best decision for all the right reasons."

"I wanted a caring and friendly environment for Mom, with personal attention and a great quality of life. I found it all right here, where Assisted Living is designed individually for those who need some help with the activities of daily living. People like my Mom. Each day Mom gets three fresh, home-cooked meals, opportunities to socialize- even group trips. Since she moved in, she's discovered a renewed sense of energy. I couldn't ask for anything more - and neither could Mom."

If you have a loved one that needs great care personalized just for them, call or visit today. L ALL THE PLACES LIFE CAN GO is a Trade Mark of Brookdale Serior Living Inc. Na ille. TN, USA # Reg. U.S. Patent & TM Office 18700-ROP01-0513 BC



Senior Living at Brentwood

a BROOKDALE" managed community ALL THE PLACES LIFE CAN GOM

Assisted Living 150 Cortona Way, Brentwood, CA 94513 (925) 240-0733 RCFE # 075601508 • brookdale.com





By Kathy Erwin, Fitness & Spa Director

Upcoming new member Fitness Orientations: Saturday, June 8 at 11 a.m. Saturday, June 22 at 11 a.m.

# Summer Spa Specials

Summer Sizzling Spa Package Deep Tissue

50 minutes was \$60, now \$50

80 minutes was \$90, now \$80

Works deeply to reduce tightness, aids in relieving chronic muscle fatigue and recovery of soreness.

# Summer Sensation

Includes 50-minute Swedish Massage with a revitalizing foot treatment that includes foot scrub, hot towels, foot massage and hydrating moisturizer.

# 80 minutes \$70

# **2 Trilogy Signature Face Lift Facials**

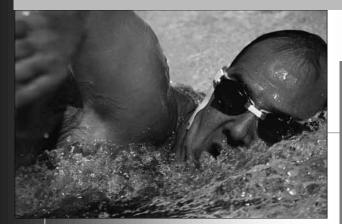
This revolutionary signature facelift will change the image of your skin in just one application. Vit. C, glycolic acid is gentle yet the highly active enzymes speed up cellular turn-over that brightens, tightens and lightens your skin!

> Two 50-minute facials were \$130, now \$110



Good for purchase June 1 – August 31, 2013 (may be redeemed anytime)

# 3rd Annual Trilogy Triathlon 3-2-1 *Saturday, June 22, 2013*



# FREE EVENT

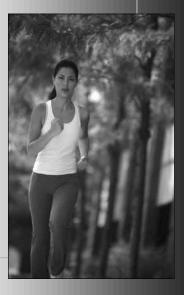
**Registration** opens 8 a.m. Race start time 8:30 a.m.

Delta Pool & Delta Parking Lot Start / Finish Line

# **Trilogy Triathlon 3-2-1**

- 3 LAPS in Pool Swim
- 2 LAPS on Bike (around Summerset)
- 1 LAP Run or Walk (around Summerset)

Contact Kathy Erwin (4205) for more information or to volunteer!





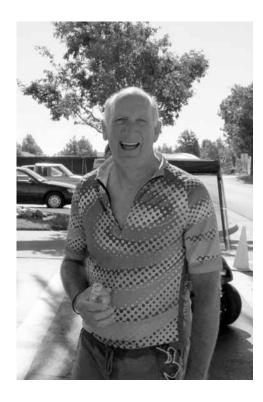


SIGN UP TODAY at Members Services Individually or as a 3-person team.



# TRILOGY Triathlon 3-2-1

Trilogy is gearing up for its annual Triathlon on June 22 and welcomes you to be a part of the 2013 fun!











**Kare Bears** is a group of Trilogy residents organized with the goal of reaching out to our Trilogy neighbors in their time of need due to sorrow, sickness, loss of a family member or other life challenges. We have many volunteers to help, be it a phone call, visit, a hot meal, a lift to a doctor's appointment, assistance in searching for social services outside of Trilogy, or just plain tender loving care. We have divided Trilogy into sections with area coordinators for each section. Please contact your area coordinator if a need arises, either for yourself, or any other Trilogy resident. Your coordinator will contact the volunteer committee best suited to help with your problem.



# FAMILY SUPPORT COMMITTEE

The Family Support Committee organizes memorial services for family members who incur the loss of a Trilogy member. For more information, please call Chairperson Claudette Gartner (707) 439-6116, xbirdlady@myifp.com, Coordinator Barbara Sherison (6845) or Betty Bowley (5613).

# **Olympic Village**

The next meeting for the OV Kare Bears is June 4, at 10 a.m. Themed as "Lazy Summer Days," the event will offer refreshments. Please notify your new neighbors of Kare Bears and the help they will provide when need arises. For more information, contact Mackie Webster at (5837).

# Village Oakmont

### By Jackie Jenkins

Things have been quiet this month for the Oakmont Kare Bears, so I thought I'd take this opportunity to share with you my recent experiences with this wonderful, caring group.

I had a full knee replacement surgery on April 3 and have been down for the count for a while. A week after surgery, I was visited by Ruth Joseph of the Oakmont Kare Bears. She brought a beautiful bromeliad plant along with a get well card and the best wishes from the Kare Bears. Previous to my surgery, Ruth also brought over a walker for my use when able. I also received many calls and offers from various Kare Bear members for meals, rides to appointments, and, literally any help or assistance they could provide while I needed it.

Fortunately, I have someone staying with me for the duration, but I want to emphasize what a caring and helpful group of people we have in all the Kare Bear groups. Kare Bears are there whenever you or a neighbor are in need. We help with meals, trips to appointments, medical items such as walkers, canes, wheelchairs, and assistance finding resources needed elsewhere. For more information, call Kathy Russo at (2969) or Marti Rogers at (6859). The next meeting of the Oakmont Kare Bears is Wednesday, June 12, at the Delta Club. Come early and join us for coffee and goodies. Hope to see you there.

# Village Riviera

The May luncheon that the Trilogy Kare Bears hosted for our Brentwood brethren was a delightful day. Fabulous food, superb service, and insightful intercourse allowed all sponsors and guests to take away sated appetites and new knowledge about being better Kare Bears. It was an effective event that impacted all participants positively. We are now entering the month of June, which blithely escorts the summer solstice to the northern hemisphere. Most of us equate summertime with easy living, but a few of us will face a more difficult summer. For those in need, the Kare Bears will bring additional warmth, food and companionship to bolster their summer experience. If you enjoy assisting others, bring your excess compassion and join us at our next meeting, which will convene on Monday, June 10 at the Delta club. For more information, contact Myra at (3660) or Valerie at (6942).





# **Blood Drive**



Join us to lend an arm and help save lives by donating at the upcoming Trilogy Blood Drive on Monday June 10, from 9 a.m. to 1 p.m. at the Delta Club. Walk-ins welcome but appointments have priority. To make an appointment, contact Darlene Wiske-

man at (6211) or email her at wiskeman2@yahoo.com.

Remember that BloodSource instituted a "My Rewards" program where you can accumulate reward points for each donation. Rewards may be redeemed for unique BloodSource merchandise or other existing items such as Baskin-Robbins Ice Cream Coupons, movie tickets, an Apple iPod Shuffle or a Kindle Touch. You can redeem items online or by contacting BloodSource directly. You can also choose to donate your reward points back to BloodSource to help towards purchase of a new Blood Mobile or other equipment. Either way, BloodSource is grateful to those who donate and are happy to reward you for your life saving gift.

# Disaster Preparedness Committee

If someone was having a heart attack or a stroke, could you help? If you were a member of the Disaster Preparedness Committee you could. Be part of the team in our community at Trilogy which trains in life saving techniques. Be instructed in Cardio Pulmonary Resuscitation (CPR) and First Aid in the event of an emergency in our community. Our committee is designed to prepare for a safe and effective response to emergencies within Trilogy. We are being trained as first responders to help support lifesaving efforts. Come and be part of something special! We continue to add new members. Our next meeting is on June 6 at the Delta Club River Room from 11 a.m.- 12 p.m. For additional information, call Alan Levine at (707) 718-7907.

# Labyrinth Walk

Summer begins in the Northern Hemisphere on June 21, 2013, at 1:04 a.m. (EDT). The word solstice is from the Latin solstitium, from sol (sun) and stitium (to stop), reflecting the fact that the sun appears to stop at this time and again at the winter solstice.

In temperate regions, we notice that the sun is higher in the sky throughout the day, and its rays strike Earth at a more direct angle, causing the efficient warming we call summer. In the winter, just the opposite occurs: the sun is at its southernmost point and is low in the sky. Its rays hit the Northern Hemisphere at an oblique angle, creating feeble winter sunlight. The sun is directly overhead at its most northern point at "high-noon" on the summer solstice, creating more sunlight in the Northern Hemisphere on this day than any other. Join us as we walk the Labyrinth on June 21 at 5 p.m. to welcome the Summer Solstice. For more information, contact Elaine Wisz at (4310) or Gerry Swan at (925) 507-4080 to let them know you will be joining this solstice celebration.

# **Meals on Wheels Thanks You**

Thank you to everyone in the Trilogy community who bought raffle tickets at the Craft Faire to benefit Meals on Wheels. It is greatly needed and appreciated.

> Roger Wiskeman, President Meals on Wheels of Solano County

# **New Connections**

Whether you are new to Trilogy or an "old-timer," you are encouraged to attend a New Connections meeting. We meet every month in a resident's home, enjoying snacks, meeting new friends and chatting. We want to meet you!

Due to a family emergency, our June 19 meeting site has not been determined. Call (925) 289-3849 after June 5 for a message with the location. Meetings begin at 1 p.m. We look forward to seeing you on June 19.

# All Aboard for CARE

Western Train Museum will be the location for Rio Vista CARE's major fundraising event on August 10, 2013. Guests at All Aboard For Care will enjoy a delicious barbeque dinner featuring meats raised by local ranchers. Joe Gates, local auctioneer, will return again this year to entertain and encourage bidders at the event's live auction and, of course, there will be plenty of music, entertainment and fun.

All proceeds will benefit Rio Vista CARE.

Rio Vista CARE has been providing services that cultivate hope, enhance well-being and strengthen communities in the Delta for over 28 years. Through CARE's Counseling Center, Family Resource Center and programs for youth, at-risk children, adults and families receive services that include counseling, crisis intervention and home visitation. New referrals are received weekly and scarce funding has resulted in waiting lists for these vital services. As Rio Vista CARE is the only agency of its kind in the Delta, your support is vital to ensure they can continue to serve the community. At ALL ABOARD FOR CARE, you'll have a great time while helping to keep these important services available here in the Delta.

community corner



Mark your calendar and save the date, Aug.10. Tickets are \$50 each and will be available at the CARE office, 125 Sacramento Street, Rio Vista. Want to volunteer your time to help with the event or other CARE activities? Call (707) 374-5243.

# TOPS (Take Off Pounds Sensibly)

The Trilogy TOPS Casino Bus Trip on May 1 was changed to Cache Creek and about 50 people who made the trip reported a good time, although some of us lost more than pounds! Our Chapter Queen Ella Brice and her Consort George and several of the members will attend the Area Rewards Convention at the Marriott Inn in Santa Clara, on May 31, June 1 and 2.

We are looking forward to a lot of activities this summer to help melt off the extra pounds! Hopefully, all the Trilogeans who participated in the May 4 Garage Sale were Successful.

The Trilogy TOPS Chapter meets at the Delta Club every Wed at 8:00 a.m. for those of you who would like support in shedding those unwanted pounds. Come and check us out, or call Leader Ella Brice at (1499).

# **Trilogy Jazz Band**



The band's June rehearsals will be devoted to expanding and refining our repertoire in preparation for the Dance Club's July dance. Our music library consists of commercial arrangements purchased by the band treasury and also custom arrange-

ments created especially for us and donated to the band. Most of our custom arrangements have been written by our music director, Jim Lucas. We are most fortunate to have someone in our membership who is adept at music writing, a very special skill!

If you play a band instrument and are interested in being part of the Jazz Band, please contact Music Director Jim Lucas (7567). We encourage everyone with experience

on any band instrument to call and learn about this opportunity for music and fun. There is currently an opening in the trombone section, and we want to meet everyone interested in this or future openings.

Full-band rehearsals are held in the Vista Club Diablo Ballroom most Wednesday afternoons, 2:30 – 5 p.m. following vocal and combo practice beginning at 1:30 p.m. Observers are welcome. For more information, contact Jim Lucas (7567) or Marti Rogers (6859).

# Weekly Social BBQ

Once again, we begin our annual BBQ May 7, which will continue throughout the summer every Tuesday, weather permitting. Please bring a dish to share, plus meat if you would like to grill, beverage, and utensils. Please use plastic as we are not allowed to use glass at the pool. Cooking will begin approximately at 5:30 p.m. Open to all Trilogy residents.

# Rio Vista Women's Golf Tournament Benefiting RVHS Track And Field Program

Thanks to everyone who participated in the Golf Tournament including Linda Barlesi and her crew who helped make this so successful. There were 56 players from all four of the clubs including the 18-Hole Women's, the



Senior Men's Club, the Women's 9-Holers and the Executive Men's Nine. Linda presented a check to Coach Scott Carpenter for \$2,125.

# World Religions Group

Come learn with us about the Religions of the World. We meet the first Tuesday of every month at 6:30 p.m. in the Vista Club Monterey Room. For the June 4 meeting, Hinduism will be the main topic. Hinduism is one of the oldest active religions. (Participants chose to go in chronological order.)

Everyone has a say! This is not a forum for recruiting members to any belief system. For more information, contact Don Cooper (510) 909-5049 or Barb Bellamy (303) 898-9279.

# **Free Medical Supplies**

The Rio Vista Lions Club has refurbished medical supplies available at no charge. Items include wheelchairs, walkers, canes, crutches, and more. Contact Lion Ron Jones (5875) or Lion Warren Oglove (3477).

the arts

# **Ceramic Club**



June is here and many people are on vacation this month. If you are here, come and join our creative group. It will be like a summer camp class where you can make a souvenir to keep for years. We have a little something you can paint using our glazes. Maybe you want to paint "Rio Vista" on it to give as a gift, or "Trilogy" to remind you of where you live. Whatever you decide, we will be waiting for you on Thursday mornings from 9:30 a.m. to 12 p.m. in the Marina Room at the Delta Club. If you need more information, call Ann at (5122).

# **Council for the Arts**

The Council for the Arts meetings are the second Thursday of each month at 10 a.m. The next meeting is June 13 in the Monterey Room of the Vista Club. The planning for the 2014 *Music of the Night* production has begun. Ideas and suggestions are always welcome. For more information, call Judy Calpo at (2924).

# Drama Club

With the Pasta Feed behind us, we are well into rehearsal and planning for the August production of *Foibles and Folly*. When we refer to the cast of characters, we mean characters, literally. Some mad as a hatter, others just mad. So save the dates and watch for the notice to appear in *Trilogy Living* soon. Performances are August 15 - 18. The Drama Club meets 7 p.m. at the Delta Club on the last Tuesday of the month. New members are always welcome. For more information, contact Debby Dubrow (6706).

# **Fat Quarter Quilters**

Join our group to work on your own quilting project in a group setting. It is where you'll meet new friends, share ideas, and get help with your projects. We meet every Wednesday from 12:30 – 4 p.m. at the Delta Club. There are no dues or fees. For more information, contact Esther Young (2639).

# **Trilogy Art Guild for Artists**

Guest Artist Connie English will be showing us her Encaustic/Mosaic art at our meeting on June 3, Delta Club at 2 p.m. Encaustic is a form of melting wax colors like those you can find in crayons. Everyone is welcome to attend our meetings.

Artists, only two more months until we have our annual Juried Art Show, all mediums are welcome. We will have flyers and show guidelines in the July issue.

Several of our artists were chosen to display in the Lodi Juried Art and Wine Show last month where Amy Schmidt sold one of her paintings and Ellen LaVaccare got an Honorable Mention. Ellen's painting will be on display the month of May in the Lodi Gallery along with the other winners. For more information, contact Alma (3064) or Patty (3510).

# **Trilogy Theater Group**

What an exciting time for the Trilogy Theater Group! New members with varied talents have joined our group. Acting classes begin soon. The script committee continues searching for just the right plays to present to our fantastic audiences. Since we are considering so many fresh ideas, it was decided to meet monthly rather than quarterly. Beginning May 23, Trilogy Theater Group will meet on the fourth Thursday of each month at 7 p.m. In June the meeting is on Thursday the 27th. Consider becoming a member to provide ideas, share expertise, work on stage or behind the scenes or all of the above. For more information, contact President Louise Mitchell (3541).

# Trilôgy iving Fitness Class Schedule for June 2013

**New Trilogy Fitness Punch Card Choices:** All classes require one of 3 card choices either a 30 Punch for \$95, a 20 punch for \$65.00 or a 10 punch for \$35.00. Each class requires 1 punch. Get your cards at the Member Services Desk. Please call Fitness & Spa Director Kathy Erwin at (4205) if you have questions. All classes are held in the Vista Group Exercise Studio unless otherwise noted. Last Month's Punch Card Raffle Winner Leah Casey

Key **Bold = New/Change** (B)eginning (I)ntermediate (A)dvanced

### June Fitness Orientations: Saturday, June 8, 11:00am, and Saturday, June 22, 11:00am

If you plan to make a (ROM) Range of Motion appointment for a later date, please bring a \$20 check with you to the orientation. Thank you!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b> 8:30am-9:30am Step Aerobics (GX) Pat (Class only June 1) 11-12:15pm ZUMBA (B/I) (GX) Sophie/Lisa 12:15-12:45pm Pilates/Stretch (B/I) (GX) Sophie/Lisa
<b>3</b> 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (DP) Kathy 9:30-10:30am Wake-up and Move (B/I) (RV) Anna 9:45-10:30am Core Balance and Standing Abs (B/I) (GX) Sophie 10-11am Aqua Fit (B) (DP) Denise 10-11am Meditation Breathing (B) (DB) Deanna 10:30 -11:45am ZUMBA Power (B/I) (GX) Sophie 11:45-12:45pm Intro to ZUMBA (B/I) (GX) Sophie 11:45-12:45pm Intro to ZUMBA (B/I) (GX) Sophie 3-4pm Circuit Training / Combo Balance (B/I) (GX) Susan 4-5pm Stretch and Flex (B/I) (GX) Susan) 6:30-7:30pm Yoga/Pilates (B/I) (DB) Deanna	<b>4</b> 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Simply Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-11: 8-9am Body Works (B/I/A) (GX) Kathy 10-11am Qi Dance (B/I/A) (GX) Joele 11-12pm Arthritis Program (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 3-4pm Advanced Aqua (B/I/A) (DP) Kathy 1-2pm Sit and Get Fit (B) (GX) Beverly 3-4pm Advanced Aqua (B/I/A) (DP) Kathy	<b>5</b> 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 9:30-10:30am Wake-up and Move (B/I) (RV) Anna 9:30-11am Qi Dance Plus (B/I/A) (GX) Joele 9:30-10:30am Aqua Fit (B) (DP) Denise 11-12pm ZUMBA (B/I) (GX) Lisa 3-4pm Circuit Training / Combo Balance (B/I) (GX) Susan 4-5pm Stretch and Flex (B/I) (GX) Susan	<b>6</b> 7:30-8:30am Body Works (B/l/A) (GX) Kathy 9-10am Simply Stretch (B/l) (DB) Joele 9-10am Tai Chi (B/l) (GX) Lillian 9-10am Advanced Aqua (B/l/A) (DP) Kathy 10-11am Aqua Fit (B) (DP) Denise 10-11am Qi Dance (B/l/A) (GX) Joele 11-12pm Arthritis Program (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/l) (DB) Tammy 3-4pm Aqua Fit (B) (DP) Denise	7-8am Early Yoga (B) (DB) Tammy 7:30-8:30am Step Aerobics (B/I/A) Pat 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9-10am Wake-up and Move (B/I) (RV) Anna 9-10am Yoga/Pilates (B) (DB) Deanna 9:30-10:30am Aqua Fit (B) (VP) Denise 9:45-10:30am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Balance Ball (BI) (DB) Deanna 10:30-11:45am ZUMBA Power (B/I) (GX) Sophie 11:45-12:45pm Intro to ZUMBA (B/I) (GX) Sophie	<b>8</b> 11-12:15pm ZUMBA (B/I) (GX) Sophie/Lisa 12:15-12:45pm Pilates/Stretch (B/I) (GX) Sophie/Lisa
<ul> <li><b>10</b></li> <li>8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat)</li> <li>9-10am Yoga/Pilates (B) (DB) Deanna</li> <li>9-10am Advanced Aqua (B/I/A) (DP) Kathy</li> <li>9:30-10:30am Wake-up and Move (B/I) (RV) Anna</li> <li>9:45-10:30am Core Balance and Standing Abs (B/I) (GX) Sophie</li> <li>10-11am Aqua Fit (B) (DP) Denise</li> <li>10-11am Meditation Breathing (B) (DB) Deanna</li> <li>10:30 - 11:45am ZUMBA Power (B/I) (GX) Sophie</li> <li>11:45-12:45pm Intro to ZUMBA (B/I) (GX) Sophie</li> <li>3-4pm Circuit Training / Combo Balance (B/I) (GX) Susan</li> <li>4-5pm Stretch and Flex (B/I) (GX) Susan)</li> <li>6:30-7:30pm Yoga/Pilates (B/I) (DB) Deanna</li> </ul>	<b>11</b> 8-9am Body Works 9-10am Simply Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-11: 8-9am Body Works (B/I/A) (GX) Kathy 1-11am Qi Dance (B/I/A) (GX) Joele 11-12pm Arthritis Program (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 3-4pm Advanced Aqua (B/I/A) (DP) Kathy	<b>12</b> 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 9:30-10:30am Wake-up and Move (B/I) (RV) Anna 9:30-11am Qi Dance Plus (B/I/A) (GX) Joele 9:30-10:30am Aqua Fit (B) (DP) Denise 11-12pm ZUMBA (B/I) (GX) Lisa 3-4pm Circuit Training / Combo Balance (B/I) (GX) Susan 4-5pm Stretch and Flex (B/I) (GX) Susan	<b>13</b> 7:30-8:30am Body Works (B/l/A) (GX) Kathy 9-10am Simply Stretch (B/l) (DB) Joele 9-10am Tai Chi (B/l) (GX) Lillian 9-10am Advanced Aqua (B/l/A) (DP) Kathy 10-11am Aqua Fit (B) (DP) Denise 10-11am Qi Dance (B/l/A) (GX) Joele 11-12pm Arthritis Program (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/l) (DB) Tammy 3-4pm Aqua Fit (B) (DP) Denise	<b>14</b> 7-8am Early Yoga (B) (DB) Tammy 7:30-8:30am Step Aerobics (B/I/A) Pat 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9-10am Wake-up and Move (B/I) (RV) Anna 9-10am Yoga/Pilates (B) (DB) Deanna 9:30-10:30am Aqua Fit (B) (VP) Denise 9:45-10:30am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Balance Ball (BI) (DB) Deanna 10:30-11:45am ZUMBA Power (B/I) (GX) Sophie 11:45-12:45pm Intro to ZUMBA (B/I) (GX) Sophie	<b>15</b> 11-12:15pm ZUMBA (B/I) (GX) Sophie/Lisa 12:15-12:45pm Pilates/Stretch (B/I) (GX) Sophie/Lisa
<b>17</b> 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (DP) Kathy 9:30-10:30am Wake-up and Move (B/I) (RV) Anna 9:45-10:30am Core Balance and	<b>18</b> 8-9am Body Works 9-10am Simply Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-11: 8-9am Body Works (B/I/A) (GX) Kathy 10-11am Qi Dance (B/I/A) (GX) Joele 11-12pm Arthritis Program	<b>19</b> 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy Move (B/I) (RV) Anna 9:30-11am Qi Dance Plus (B/I/A) (GX) Joele 9:30-10:30am Aqua Fit (B) (DP) Denise	20 7:30-8:30am Body Works (B/l/A) (GX) Kathy 9-10am Simply Stretch (B/l) (DB) Joele 9-10am Tai Chi (B/l) (GX) Lillian 9-10am Advanced Aqua (B/l/A) (DP) Kathy 10-11am Aqua Fit (B) (DP) Denise	<b>21</b> 7-8am Early Yoga (B) (DB) Tammy 7:30-8:30am Step Aerobics (B/I/A) Pat 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9-10am Wake-up and Move (B/I) (RV) Anna 9-10am Yoga/Pilates (B) (DB) Deanna	<b>22</b> 11-12:15pm ZUMBA (B/I) (GX) Sophie/Lisa 12:15-12:45pm Pilates/Stretch (B/I) (GX) Sophie/Lisa

21

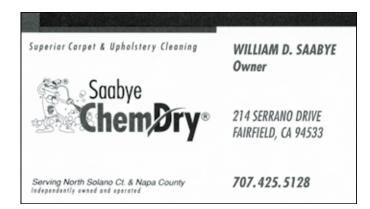
24

Standing Abs (B/I) (GX) Sophie 10-11am Aqua Fit (B) (DP) Denise 10-11am Meditation Breathing (B) (DB) Deanna 10:30 -11:45am ZUMBA Power (B/I) (GX) Sophie 11:45-12:45pm Intro to ZUMBA (B/I) (GX) Sophie 3-4pm Circuit Training / Combo Balance (B/I) (GX) Susan 4-5pm Stretch and Flex (B/I) (GX) Susan) 6:30-7:30pm Yoga/Pilates (B/I) (DB) Deanna	(B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 3-4pm Advanced Aqua (B/I/A) (DP) Kathy	1100-12pm ZUMBA (B/I) (GX) Lisa 3-4pm Circuit Training / Combo Balance (B/I) (GX) Susan 4-5pm Stretch and Flex (B/I) (GX) Susan	10-11am Qi Dance (B/I/A) (GX) Joele 11-12pm Arthritis Program (B) (GX) Beverly <b>12pm Biggest Mover Fitness</b> <b>BBQ Potluck (Delta Patio)</b> 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/I) (DB) Tammy 3-4pm Aqua Fit (B) (DP) Denise	9:30-10:30am Aqua Fit (B) (VP) Denise 9:45-10:30am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Balance Ball (BI) (DB) Deanna 10:30-11:45am ZUMBA Power (B/I) (GX) Sophie 11:45-12:45pm Intro to ZUMBA (B/I) (GX) Sophie	
24	25	26	27	28	29
<ul> <li>8:30-9:30am WOW – TABATA – BOOM (B/l) (GX) (Pat)</li> <li>9-10am Yoga/Pilates (B) (DB) Deanna</li> <li>9-10am Advanced Aqua (B/l/A) (DP) Kathy</li> <li>9:30-10:30am Wake-up and Move (B/l) (RV) Anna</li> <li>9:45-10:30am Core Balance and Standing Abs (B/l) (GX) Sophie</li> <li>10-11am Aqua Fit (B) (DP) Denise</li> <li>10-11am Meditation Breathing (B) (DB) Deanna</li> <li>10:30 - 11:45am ZUMBA Power (B/l) (GX) Sophie</li> <li>11:45-12:45pm Intro to ZUMBA (B/l) (GX) Sophie</li> <li>3-4pm Circuit Training / Combo Balance (B/l) (GX) Susan</li> <li>4-5pm Stretch and Flex (B/l) (GX) Susan)</li> <li>6:30-7:30pm Yoga/Pilates (B/l) (DB) Deanna</li> </ul>	8-9am Body Works 9-10am Simply Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-11: 8-9am Body Works (B/I/A) (GX) Kathy 10-11am Qi Dance (B/I/A) (GX) Joele 11-12pm Arthritis Program (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 3-4pm Advanced Aqua (B/I/A) (DP) Kathy	<ul> <li>7-8am Early Yoga (B) (DB) Tammy</li> <li>8-9am Back To Basics Yoga (B/I) (DB) Tammy</li> <li>9:30-10:30am Wake-up and Move (B/I) (RV) Anna</li> <li>9:30-11am Qi Dance Plus (B/I/A) (GX) Joele</li> <li>9:30-10:30am Aqua Fit (B) (DP) Denise</li> <li>1100-12pm ZUMBA (B/I) (GX) Lisa</li> <li>3-4pm Circuit Training / Combo Balance (B/I) (GX) Susan</li> <li>4-5pm Stretch and Flex (B/I) (GX) Susan 4-5pm Stretch and Flex (B/I) (GX) Susan</li> </ul>	7:30-8:30am Body Works (B/l/A) (GX) Kathy 9-10am Simply Stretch (B/l) (DB) Joele 9-10am Tai Chi (B/l) (GX) Lillian 9-10am Advanced Aqua (B/l/A) (DP) Kathy 10-11am Aqua Fit (B) (DP) Denise 10-11am Qi Dance (B/l/A) (GX) Joele 11-12pm Arthritis Program (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/l) (DB) Tammy 3-4pm Aqua Fit (B) (DP) Denise	<ul> <li>7-8am Early Yoga (B) (DB) Tammy</li> <li>7:30-8:30am Step Aerobics (B/I/A) Pat</li> <li>8:30-9:30am WOW – TABATA <ul> <li>BOOM (B/I) (GX) (Pat)</li> </ul> </li> <li>9-10am Wake-up and Move <ul> <li>(B/I) (RV) Anna</li> </ul> </li> <li>9-10am Yoga/Pilates (B) (DB) Deanna</li> <li>9:30-10:30am Aqua Fit (B) (VP) Denise</li> <li>9:45-10:30am Core Balance and <ul> <li>Standing Abs (B) (GX) Sophie</li> </ul> </li> <li>10-11am Balance Ball <ul> <li>(BI) (DB) Deanna</li> </ul> </li> <li>10:30-11:45am ZUMBA Power <ul> <li>(B/I) (GX) Sophie</li> </ul> </li> <li>11:45-12:45pm Intro to ZUMBA <ul> <li>(B/I) (GX) Sophie</li> </ul> </li> </ul>	11-12:15pm ZUMBA (B/I) (GX) Sophie/Lisa 12:15-12:45pm Pilates/Stretch (B/I) (GX) Sophie/Lisa

# Trilogy June 2013 Club and Activity Calendar

<b>3</b> 8 am Social Tennis 9:30am Walk & Talk (V) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 1pm Mah Jongg (V) 2pm TAG Mtg. (D) 3pm Guitar Club (V) 5pm Whist Club Event Planning Mtg. (V) 6pm Soul Line Dancing (D) 7pm Poker (D)	<b>4</b> 8am Social Tennis 8:30am Radio Club (V) 9:30am Women's 9-Hole Golf 10am Kare Bears – Olympic Village (D) 10:30am Country Line Dancing (D) 11:30am Golf – TRVMEN 9-Hole 12pm Beginning Watercolor Class (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dominoes (D)	<b>5</b> 8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D)	<b>6</b> 8am Social Tennis 8:30am Golf – Women's 18-Hole 9:30am Ceramics (D)	<b>7</b> 8am Social Tennis 9am Model Club (V)	1 8am Motorcycle Club (Off-site) 8:30am Hiking Club (V) 9am Table Tennis (D) 1pm DJ Jose on the Patio (V) 7pm Poker Club Tournament (D) 8 8:30am Hiking Club Mtg. (V) 5pm Olympic Village
<ul> <li>8 am Social Tennis</li> <li>9:30am Walk &amp; Talk (V)</li> <li>12pm Open Painting (D)</li> <li>12:30pm Rip, Stitch</li> <li>&amp; Bitch (V)</li> <li>1pm Mah Jongg (V)</li> <li>2pm TAG Mtg. (D)</li> <li>3pm Guitar Club (V)</li> <li>5pm Whist Club Event</li> <li>Planning Mtg. (V)</li> <li>6pm Soul Line Dancing (D)</li> </ul>	8am Social Tennis 8:30am Radio Club (V) 9:30am Women's 9-Hole Golf 10am Kare Bears – Olympic Village (D) 10:30am Country Line Dancing (D) 11:30am Golf – TRVMEN 9-Hole 12pm Beginning Watercolor Class (D) 12:15pm Hand & Foot Canasta (V)	8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D)	8am Social Tennis 8:30am Golf – Women's 18-Hole 9:30am Ceramics (D)	- 8am Social Tennis 9am Model Club (V)	8:30am Hiking Club Mtg. (V)
	2pm Stroke / Head Injury Support Group (V) 4:30pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai Chi & Yuan Chi Dance (V) 6:30pm World Religions Study Group (V) 7pm Drama Club Rehearsal (D)	12:30pm Fat Quarters Quilting (D) 12:30pm Jazz Band (V) 1pm Village Riviera Arch. Com. Mtg. (D) 2pm Bergren Art (D) 2pm Card Making Class (D) 3pm Village Oakmont RC & Social Com. Mtg. (V) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 7pm Billiards Club Member Mtg. (V	11am Triage Team (D) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 1pm Table Tennis (D) 2pm Genealogy Club (V) 5pm Cycling Club (V) 5pm Tai Chi & Yuan Chi Dance (V) 6:30pm Pinochle (V) 7pm Drama Club Rehearsal (V) 7pm Photography Club (V)	9am Village 1 Arch. Com. Mtg. (V) 9:30am Walk & Talk (V) 10:30am Country Line Dance (D) 12pm Bridge (V) 12pm Adv. Watercolor Painting (D) 4pm RV Roamers Annual Membership Mtg. (D) 4pm Ballroom Dance Lessons – Beginner (V) 5pm Ballroom Dance Lessons – Advanced (V) 6:30pm Joy Luck Mah-Jongg (V)	Pasta Dinner (D)
	<b>11</b> 8am Social Tennis 8:30am Radio Club (off site) 9:30am Women's 9-Hole Golf 10:30am Country Line Dancing (D) 10:30am Book Club (V) 11:30am Golf – TRVMEN 9-Hole 12pm Recipe Club (D) 12pm Beginning Watercolor Class (D) 12:15pm Hand & Foot Canasta (V) <b>2pm Master Association Board Mtg. (V)</b> 2:30pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai Chi & Yuan Chi Dance (V) <b>6pm Grapevine Chat (V)</b> 7pm Drama Club Rehearsal (D)	<b>12</b> 8am Social Tennis 8am TOPS (D) 9am Olympic Village Arch. Com. Mtg. (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 10am Kare Bears – Village 0akmont (D) 12:30pm Fat Quarters Quilting (D) 12:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V)	<ul> <li><b>13</b></li> <li>8am Social Tennis</li> <li>8:30am Golf – Women's 18-Hole</li> <li>9am Blood Pressure Check (D)</li> <li>9:30am Ceramics (D)</li> <li>10am Council for the Arts (V)</li> <li>12:15pm Ponytail Canasta (V)</li> <li><b>1pm Advanced Hearing</b> <ul> <li>Aid Service (V)</li> <li>1pm Good Samaritans (D)</li> <li>1pm Table Tennis (D)</li> <li>2:45pm Disaster Preparedness</li> <li>Com. Mtg. (V)</li> </ul> </li> <li>4pm Golf – Sr. Men's Board Mtg. (D)</li> <li>5pm Tai Chi &amp; Yuan Chi Dance (V)</li> <li>5:30pm Chamber of Commerce <ul> <li>"State of the City" (V)</li> <li>6:30pm Pinochle (V)</li> </ul> </li> </ul>	<ul> <li>8am Social Tennis</li> <li>9:30am Walk &amp; Talk (V)</li> <li>10:30am Country Line Dance (D)</li> <li>12pm Bridge (V)</li> <li>12pm Adv. Watercolor Painting (D)</li> <li>4pm Ballroom Dance <ul> <li>Lessons – Beginner (V)</li> </ul> </li> <li>5pm Ballroom Dance <ul> <li>Lessons – Advanced (V)</li> </ul> </li> <li>7pm Bunco (D)</li> </ul>	<ul> <li><b>15</b></li> <li>8:30am Hiking Club (V)</li> <li>12 – 5pm Juneteenth Celebration (D)</li> <li>5:30pm Village Riviera Sock Hop (V)</li> <li>7pm Poker Club Tournament (D)</li> </ul>
17	18	19	20	21	22
8am Social Tennis 9:30am Walk & Talk (V) <b>10am Council of Village</b> <b>Presidents (D)</b> 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 1pm Mah Jongg (V) 3pm Guitar Club (V) 5pm Whist Club Planning Mtg. (V) 6pm Soul Line Dancing (D) 7pm Poker (D) 7pm Fishing Club (D)	8am Social Tennis 8:30am Radio Club (V) 9:30am Golf – Women's 9-Hole 10:30am Country Line Dancing (D) 11:30am Golf – TRVMEN 9-Hole 12pm Beginning Watercolor Painting (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dominoes (V) 2pm Nature Club Workshop (V) 4:30pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai Chi & Yuan Chi Dance (V) 7pm Computer Club (V) 7pm Drama Club Rehearsal (D)	8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 12:30pm Fat Quarters Quilting (D) 12:30pm Fat Quarters Quilting (D) 12:30pm Fat Quarters Quilting (D) 12:30pm Fat Quarters Quilting (D) 12:30pm Art Quarters Quilting (D) 2pm Bergren Art (D) 2pm Card Making Class (D) 4:30pm Table Tennis (D) 5:30pm Table Tennis (D) 5:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 6:30pm Saddle Rock Village Residents' Club (D) 7pm Olympic Village RC Mtg. (V)	8am Social Tennis 8:30am Golf – Women's 18-Hole 9:30am Ceramics (D) 11am Triage Team (D) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 2pm Genealogy Workshop (V) 4pm Golf – Sr. Men's Mtg. (D) 5pm Table Tennis (D) 5pm Tai Chi & Yuan Chi Dance (V) <b>6:30pm Village Oakmont HOA (D)</b> 6:30pm Village Riviera RC Mtg. (V) 7pm Village Riviera RC Mtg. (V)	8am Social Tennis 9am Village 1 Arch. Com. Mtg. (D) 9:30am Walk & Talk (V) 10:30am Country Line Dance (D) 12pm Morning Bocce Mid- Season Celebration (D) 12pm Bridge (V) 12pm Adv. Watercolor Painting (D) 4pm Ballroom Dance Lessons – Beginner (V) 5pm Ballroom Dance Lessons – Advanced (V) 6:30pm Joy Luck Mah-Jongg (V) 7pm Whist Club (D) <b>7pm Open Mic Night (V)</b>	Trilogy Triathlon 8:30am Hiking Club (V) 11am Table Tennis (D) 6pm Night Bocce Mid-Season Celebration (D)
24 8am Social Tennis 9:30am Walk & Talk (V) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 1pm Mah Jongg (V) 3:30pm Village Oakmont Arch. Com. (D) 6pm Soul Line Dancing (D) 7pm Poker (D)	25 8am Social Tennis 8:30am Radio Club (V) 9:30am Golf – Women's 9-Hole 10am Computer Series – Photo Processing, Intermediate (V) 10:30am Country Line Dancing (D) 11:30am Golf – TRVMEN 9-Hole 12pm Beginning Watercolor Painting (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Computer Series – Photo Processing, Intermediate (V) 1:30pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai Chi & Yuan Chi Dance (V) 5pm Grapevine Chat (V) 7pm Computer Series – Photo Processing, Advanced (V) 7pm Drama Club Rehearsal & Membership Mtg.(D)	26 8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Olympic Village Arch. Com. Mtg. (D) 12:30pm Fat Quarters Quilting (D) 12:30pm Jazz Band (V) 2pm Bergren Art (D) 2pm Card Making Class (D) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V)	27 8am Social Tennis 8:30am Golf – Women's 18-Hole 9:30am Ceramics (D) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 4pm Table Tennis (D) 5pm Tai Chi & Yuan Chi Dance (V) 6:30pm Pinochle (V) 7pm Writers Club (V) 7pm Theater Group (V)	28 8am Social Tennis 9:30am Walk & Talk (V) 9:30am Tennis Club Mtg. (D) 10:30am Country Line Dance (D) 12pm Bridge (V) 12pm Adv. Watercolor Painting (D) 4pm Ballroom Dance Lessons – Beginner (V) 5pm Ballroom Dance Lessons – Advanced (V) 7pm Bingo (D)	29 8:30am Hiking Club (V) 11am Table Tennis (D) 7pm Concert on the Patio: The Cash Tribute Show (V)
	<ul> <li>am Social Tennis</li> <li>Sam Social Tennis</li> <li>Sam Blood Drive (D)</li> <li>9:30am Walk &amp; Talk (V)</li> <li>10am Kare Bears – Village Riviera (D)</li> <li>12pm Open Painting (D)</li> <li>12:15pm Duplicate Bridge (V)</li> <li>12:30pm Rip, Stitch &amp; Bitch (V)</li> <li>3pm Village Oakmont Arch. Com. Mtg. D)</li> <li>5pm Whist Club Planning Mtg. (V)</li> <li>6pm Soul Line Dancing (D)</li> <li>7pm Poker (D)</li> <li>10am Council of Village Presidents (D)</li> <li>12:30pm Rip, Stitch &amp; Bitch (V)</li> <li>1pm Mah Jongg (V)</li> <li>3pm Guitar Club (V)</li> <li>5pm Whist Club Planning Mtg. (V)</li> <li>6pm Soul Line Dancing (D)</li> <li>12:30pm Rip, Stitch &amp; Bitch (V)</li> <li>1pm Mah Jongg (V)</li> <li>3pm Guitar Club (D)</li> <li>7pm Poker (D)</li> <li>7pm Fishing Club (D)</li> <li>2:30pm Rip, Stitch &amp; Bitch (V)</li> <li>1pm Mah Jongg (V)</li> <li>3:30pm Walk &amp; Talk (V)</li> <li>12pm Open Painting (D)</li> <li>12:30pm Rip, Stitch &amp; Bitch (V)</li> <li>1pm Mah Jongg (V)</li> <li>3:30pm Walk &amp; Talk (V)</li> <li>1pm Mah Jongg (V)</li> <li>3:30pm Wilage Oakmont Arch. Com. (D)</li> <li>6pm Soul Line Dancing (D)</li> <li>12:30pm Rip, Stitch &amp; Bitch (V)</li> <li>1pm Mah Jongg (V)</li> <li>3:30pm Wilage Oakmont Arch. Com. (D)</li> <li>6pm Soul Line Dancing (D)</li> </ul>	ck (D)       3am Social Tennis       3am Social Tennis         3am Blood Drive (D)       9:30am Wak & Talk (V)         10am Kare Bears       Village Riviera (D)         12pm Open Painting (D)       1:30am Gouth Line Dancing (D)         12.15pm Duplicate Bridge (V)       1:30am Gouth Line Dancing (D)         13.03pm Rip, Stitch       8am Social Tennis         8 Brock (Line Dancing (D)       1:30am Courty Line Dancing (D)         13.03pm Whits Club       9:30m Table Tennis         9:30m Whits Club       9:30m Table Tennis         9:30m Walk & Talk (V)       10m Council of Village         Presidents (D)       7pm Poker (D)         7pm Open Painting (D)       1:30am Colub (V)         12pm Open Painting (D)       1:30am Colub (V)         9:30pm Rip, Stitch       8:30am Radio Club (V)         9:30pm Whits Club       9:30am Coli - HWEN 9-Hole         12pm Open Painting (D)       1:30am Gol - TRWEN 9-Hole         1230pm Rip, Stitch       8:30am Radio Club (V)         9:30m Walk & Talk (V)       1:30am Gol - TRWEN 9-Hole         1230pm Rip, Stitch       8:30am Radio Club (V)         9:30m Walk & Talk (V)       1:30am Coli - HWEN 9-Hole         12:30pm Rip, Stitch       8:30am Radio Club (V)         9:300m Walk & Talk (V)       2:30pm Table Tennis </td <td>b. Co.     Barn Social Tennis     Barn Social Tennis</td> <td>At (D)     Sam Social Ternis     Sam Opmice Village Ach. Con. Mig. (D)     Sam Mick Taik (Y)       12 Sam Dipote Bedger, (Y)     12 Sam Onice Control Contr</td> <td><ul> <li>abs Social Tomic</li> <li>sen Social Tomic</li> <li>sen Social Tomic</li> <li>sen Social Tomic</li> <li>sen Social Tomic</li> <li>Solam Valate 5 Unix (0)</li> <li>1.00 arcs between sen sen sen sen sen sen sen sen sen</li></ul></td>	b. Co.     Barn Social Tennis     Barn Social Tennis	At (D)     Sam Social Ternis     Sam Opmice Village Ach. Con. Mig. (D)     Sam Mick Taik (Y)       12 Sam Dipote Bedger, (Y)     12 Sam Onice Control Contr	<ul> <li>abs Social Tomic</li> <li>sen Social Tomic</li> <li>sen Social Tomic</li> <li>sen Social Tomic</li> <li>sen Social Tomic</li> <li>Solam Valate 5 Unix (0)</li> <li>1.00 arcs between sen sen sen sen sen sen sen sen sen</li></ul>







# TRIPS AND TOURS

All trips are operated by an outside company and are not associated with Trilogy Rio Vista Master Association. Trilogy Rio Vista Master Association is not liable for any trips or tours.



Ethel Ott (Cupcake) and Eileen Griffin (Twinkie)

# June 8, Date Night At Red Hawk, \$30/pp

Carmen Martinez & Ethel Ott have joined forces and will be taking 2 buses to Red Hawk Casino for an evening of fun, fine dining and live entertainment. So grab your favorite partner and join the gals for this festive night out. You will receive a \$15 bonus package. We'll leave Trilogy at 3:30 pm and return at 11:30 pm. Limited space available!

## June 29, Sweet Summer's Day, \$115/pp

Sorry folks, this trip is totally SOLD OUT! Wait list only!

# July 3, A's Baseball Game & Fireworks, \$72/pp

We'll have great seating between home plate and first base. Everyone will get a \$10 food coupon to use in Plaza Court at your choice of restaurants. We'll enjoy awesome fireworks after game.

# July 25, Black Oak Casino, \$30/pp

Enjoy our usual 4-5 hours of "Stay & Play." Movies shown enroute and a \$15 bonus package.

### Aug. 23, A San Francisco Day with Craig Smith, \$89/pp

San Francisco tour guide, Craig Smith, will take us on a journey through the recently opened Disney Museum and then onto the Presidio for more tours and lunch at the Officer's Club Cafe. We will spend the afternoon at some of Craig's favorite historic sites. A special day with a special guy!!!

October 10-12, Apple Hill and Reno's Great Italian Festival Prices and details to be announced.

For further information or sign-ups Call Ethel (7548) or Eileen (2684)





# Thursday, July 4th, 2013 10:30am—2:30pm Presented by: Village Oakmont, Olympic, Saddle Rock & Riviera KB



10:30	SUMMERSET PARADE (Starts At Delta Club)	
11:30	HOT DOG, CHIPS & BEV	'ERAGE
	ICE CREAM SOCIAL	

(ALL SERVED 11:30—1:30 Delta Club)

**DJ MUSIC AT THE POOL** 

1:00 DECORATED GOLF CART AWARD PRESENTATION

Contact Member Services (4200) or Debbie (4204) with questions.

Please return this form with check to Delta Club Box #8

Name:	Make checks payable to Oakmont Village Residents Club
	RSVP by Monday July 1:
	Number Hot Dogs # X \$5 = \$
Phone Number:	Ice Cream Sundaes # X \$3 = \$
	Regular # Sugar-Free #
Today's Date:	Total Check Amount Enclosed: \$
	All Orders Served 11:30—1:30 (non-refundable)
Can you volunteer to help?	Yes D No Number of "Diet" Soda #
Parade Registration: E-r	nail Address:
Will You Have A Golf Cart E	ntry For The Contest? $\Box$ Yes $\Box$ No
Other Type Parade Participa	ant? If so, what ?
What is your the	me, if any ?

<text></text>					
BUY	SAVE	PLUS	SAVE APRIL 3 – JUNE 14, 2013		
4 Duette <sup>®</sup> Architella <sup>®</sup> Honeycomb Shades	\$100* rebate	\$25 rebate each additional unit	Two different ways		
2 Pirouette® Window Shadings	\$100* rebate	\$50 rebate each additional unit	to brighten your day.		
2 Silhouette <sup>®</sup> Window Shadings	<b>\$100</b> * rebate	\$50 rebate each additional unit	With Hunter Douglas Pirouette® Window Shadings and Luminette® Privacy Sheers, you can disperse and diffuse the sun's rays, filling your rooms with		
1 Luminette® Privacy Sheer	<b>\$100</b> * rebate	\$100 rebate each additional unit	natural radiance. Mix and match them throughout your home. Save now. Ask for details today.		
	Solar	10	Solano Window Fashions 825 Texas St Downtown Fairfield		

Solano Window Fashions

HunterDouglas Gallery

Downtown Fairfield M-F: 10-5 / Sat: 10-3 707-429-5156 solanowindowfashions.hdwfg.com



Follow Us At Facebook

\*Manufacturer's mail-in rebate offer valid for qualifying purchases made 4/3/13–6/14/13 from participating dealers in the U.S. only. A qualifying purchase is defined as a purchase of any of the product models set forth above in the quantities set forth above. If you purchase less than the specified quantity, you will not be entitled to a rebate. All rebates will be issued in the form of a prepaid reward card. Ask participating dealer for details and rebate form. This rebate offer may not be combined with any other Hunter Douglas offer or promotion. © 2013 Hunter Douglas. All rights reserved. All trademarks used herein are the property of Hunter Douglas.



sports + clubs

# **Billiards Club**

The next Billiards Club meeting is on Wednesday June 5 at 7 p.m. in the Monterey Room of the Vista Club. Tuesday evening's tournament start times are at 5 p.m. The first and third Tuesdays the format is 8-ball round robin with no handicaps for B players. The second Tuesday of the month the format is handicap 9-ball with a round robin format. In order to win, a player must beat his opponent two out of three games. The club has again made a list of B players and for that Tuesday evening the B players get a one-game handicap while playing an A player. The B player only needs one win in three games while competing against an A player. The format for the fourth Tuesday is 8-ball and the club will split the tournament into A & B players. There is a first and second place winner in each group. The fifth Tuesday is 9-ball with no handicap for B players. Officers: President Al Bergoust, Vice President Richard Garcia, Treasurer Jack Clark, Secretary Dallas Salomon, and Membership Chairman Dave Stewart.

### Latest weekly tournament winners:

April	2,	8-I	Ball
-------	----	-----	------

April 9, Handicap 9-Ball

1<sup>st</sup> Al Bergoust 2<sup>nd</sup> Geno Toscano 3<sup>rd</sup> Bob Powell 1<sup>st</sup> George Doner 2<sup>nd</sup> Oscar Grissom 3<sup>rd</sup> Jim Neill

### April 16, 8-Ball

1<sup>st</sup> Dave Stewart 2<sup>nd</sup> Bob Powell 3<sup>rd</sup> Chuck LaBue

### April 23, 8-Ball A& B

### A Division

1st Bob Powell1st Dallas Salomon2nd Mike Quihuiz2nd Percy Osibin

# 3<sup>rd</sup> Al Bergoust April 30, 9-Ball

1<sup>st</sup> Jack Clark 2<sup>nd</sup> Bob Powell 3<sup>rd</sup> Ben Bautista

For more information regarding the Billiards Club, contact Oscar Grissom at crpntrboy@aol.com.

**B** Division

# Bingo

Father's Day special: Free strip poker game at break! \$100 prize. Everyone can participate. Bring friends, husbands, brothers, uncles, and sons for fun and laughter. (Note: it's just a fun game - no clothing is involved.) Mark your calendar for the fourth Friday of the month, June 28, for Bingo at the Delta Club. Games begin promptly at 7 p.m.

Buy-in for each person is \$10 for 12 games. We have one early bird special: one card for \$1 and an extra blackout card for \$1. The prize money for each game is \$50 and the blackout prize is \$250. For more information, call Irene (6999).



# **Bocce Club**

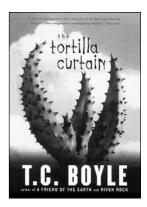
The season's opening BBQ events were well received. A hot dog, Polish sausage or hot link was consumed by everyone in attendance. The BBQ stations were funded 50-50 by your club dues and the HOA. Feel free

to utilize the BBQ's for team events. The BBQ's are available to the community and clubs during non-bocce club scheduled play times and events. Enjoy and have fun.

We have added a few additional members equalling 410 dues-paying resident members playing bocce in both the morning (MBL) and night (NBL) leagues. Both leagues will hold mid-season Bring Your Own Team Stuff (BYOTS) events this year. The MBL event is Friday, June, 21 at noon and the NBL event will be Saturday, June 22 at 6 p.m. Both events are at the Delta Club. The end-ofseason social dates have also been selected and will be held at the Vista Club. The MBL is on Friday, Aug. 23 and the NBL is on Sunday, Sept. 15. Details will be posted at the Summerset bulletin board and emailed to all captains as the dates approach. Mark your calendars now so you won't miss out on the fun and festivities. Plans are being formulated for our second One Day Self-Funding tournament; more on that next month. We have nothing new to report on additional bocce courts other than to say that we are continuing our lobbying efforts to get additional courts. Remember to roll often, throw straight and have fun. That's what it's all about.

# **Book Club**

The Book Club meets the second Tuesday of each month at 10:30 a.m. at the Vista Club in the Sonoma Room. The next meeting is June 11. The book selection is *The Tortilla Curtain* by T.C. Boyle. July's book selection is *Gone Girl* by Gillian Flynn. There is no requirement to have read the selected book. Everyone is welcome! Feel free to stop by. For more information, contact Adrienne (5576).



sports + clubs



# **Bridge - Duplicate**

Duplicate Bridge meets the second Monday of each month at 12:15 p.m. in the Sonoma Room at the Vista Club. There will be no game in June because Sue is not available on the second Monday.

April's winners: 1st - Peg Walker and Wilma Powell; 2nd - Sue Vogtlin & Lois Brusen; 3rd - Choeta Heid and Orlie Curtis

# Bridge – Friday

The Friday Bridge Club meets weekly in the Vista Club Sonoma Room. Play starts at 12:15 p.m. This Club is open to all bridge playing Trilogy residents. Newcomers welcome. Call Lynn (3310) for more information.

# **Computer Club**

The next meeting of the Computer Club is on Tuesday, June 18 at the Vista Club. This is a closed meeting where only members may attend. We will have our annual June social with coffee, tea and sweets and continue with a favorite among our members, door prizes including reams of paper and gift certificates. There will be a short meeting and a Q & A session.

Since many of you take summer vacations, we too will not meet in July or August. In September, we will start a new meeting date, which will be the second Thursday of the month, the 12th. The time remains 7 p.m. If you wish to become a member of the club, visit the club website at www.tccrv.org to complete and print a copy of the application and give it to any of the directors with the annual dues of \$12. Or you can sign up at any meeting. The website also provides the latest information on many computer-related subjects, meetings and other interesting items. We welcome all levels of expertise, from those thinking of getting a computer to those who have spent years working with computers and related software. For more information, contact Lynne Hansen (4060).

# Dance Club

Thanks to one and all of the folks who came to our Mother's Day theme dance. The Trilogy Jazz Band did a good job as usual. We thank them for their continued participation. Again, we have met new people at the dance. It seems, at every dance, we meet these people who have recently moved into Trilogy and have learned of our dances. This is what it's all about: getting together and enjoying the camaraderie with our new neighbors. We will have copies our yearly schedules available on the table as you come in the door. This will help you to remember all the dates for your calendar. Our next dance is on Sunday June 9, and it will be CD music. For more information, contact Rich and Judi Marshall at (7595). We look forward to seeing you all there.

# **Dog Club**



The Trilogy Dog Club now has 210 households registered. That number represents an increase of 60% over the last 8 months. We are very excited about our growing membership and would love to have you join our club.

We have some fun activities scheduled throughout the year. One new activity is our monthly doggie playtime event. These events have been great fun for both our

dogs and our members. We believe that our pets really appreciate the time to socialize with their doggie friends. We, humans, also appreciate the fun time together. We have our annual Pooch Party scheduled for October 12, 2013 and our Santa Paws event at Christmastime. We are also excited about the new 50/50 raffle that has been added to our agenda for each monthly membership meeting. Our first winner was Jim Sappington, who won \$34.50. As our membership grows, and attendance at our meetings increases, that prize amount will grow as well.

One piece of not-so-exciting news is there seems to be an increasing problem with dog owners not cleaning up after their dogs. Our club wants to remind all dog owners to be courteous and respectful of other's property. Please clean up after your pet. We appreciate your cooperation on this matter.

If you'd like to join our club, call Karen Bereta at (3505). Ask Karen about our very successful lost and found dog network. This network has allowed us to successfully reunite lost dogs with their owners. If you'd like to learn more about our club, join us at one of our monthly membership meetings. We meet on the fourth Tuesday of each month at 1:30 p.m. at the Delta Club. Our next meeting is June 25, 2013.

# **Fishing Club**

Our next meeting is Monday, June 17 at 7 p.m. in the Marina Room at the Delta Club. We will have a guest speaker from the Department of Fish & Wildlife. We will also finalize the details of our July picnic at the Delta Marina. We will sign up for our second trip to S.F. Bay on the party boat, California Dawn. We will also finalize our cabin res-



ervations for next year's trip to Kennedy Meadows Resort. We have a lot of other items to go over. We will have our 50/50 drawing and refreshments. Anyone is welcome to join our fishing club. We have great events throughout the year. For more information, call Al Silva at (3791). Good luck fishing!

# **Genealogy Club**

We've been busy discovering new research sites in the genealogy club as of late and finding lots of good stuff. We have a couple of standard sites that we continue to go back to and we would like to share those with you now:

Heritage Quest

This site comes to us through the Solano County Library system. You'll need a library card with the 10-digit number on the back of the card to enter the site. Once in the site, you will have many listings to start your research.

Census - This gives you access to a complete set of U.S. Federal Census images from 1790-1940. It's a good idea when researching your ancestor to look at the actual census sheet and see who is living around him or her. You may find a brother, sister or even the father and mother. This site does not use soundex, so if the spelling is different than what you entered it may return no results, keep trying with different spellings.

Books - People, Places and Publications. This is a great area for finding books that may have been written about your ancestors. You will have access to books online and read about your ancestor page-by-page.

Revolutionary War - Search selected records from the Revolutionary war era and bounty land warrant application. These records contain hand-written accounts of the war service, payments to the soldier and may even tell you where they are living in some instances.

Freedman's Bank - Search for individuals in Freedman's Bank 1865-1874, which was founded to serve African Americans. This site is a one-of-a-kind containing information on African Americans after the Civil War. This site is worth a visit.

The Genealogy Club is open to all residents of Trilogy. Regular meetings take place the first Thursday of the month at 2 p.m. in the Vista Club Monterey Room. For more information, contact Rhoda (7542). The Genealogy Workshop is held the third Thursday of each month at 2 p.m. at the Vista Club Computer room. For more information, contact Carolyn Bridges at wncbridges@comcast.net.

# **Good Samaritans Bible Study**

### **Happy Father's Day**

The National Day of Prayer event was a great success with many speakers. The event started with an opening prayer from 2 Chron. 7:14 and followed with the Pledge of Allegiance by Naomi Sabala. Susie Kim recited the Lord's Prayer and spoke on the importance of prayer. Savanna Taylor spoke about the importance of prayer for the family, as she read from Matthew 5:3-12. Linda Guenther read from 1 Thes. 5:12-18. She discussed the necessity to pray for the leaders of our nation. Linda prayed for divine protection for every level of leaders. Linda prayed for President Obama, the White House, Congress, all leaders from state and local elected officials and the Courts of



Justice. Brother Rene Sabala prayed for the Military and discussed the four wars of which he was a part. The Good Samaritans were blessed by Mr. Sabala's testimony. Before the closing prayer, Marion Mattison read from James 5:16. Ms. Mattison spoke about being thankful for all that God provides including her home. Marion, a lady of wisdom took us back to the Old Testament from the Bible and said how the word "one another" was used many times in the Old Testament. We thank God for her kindness, love for one another, and her wisdom. The Good Samaritans closed with prayer by praying for the sick and shut-in, patients in the hospitals, homeless, friends and enemies, and prayed for world peace. We also prayed for the leaders of our nation, all political parties, members of Congress in the House of Representatives and Senate, Supreme Court, local elected officials, and prayed for the leaders in Trilogy. Yolanda Torrecampo lead the group in singing "God Bless America." Following the song we all enjoyed a great luncheon.

sports + clubs



On the second Thursday of June, we will pray and honor all fathers in our community with a special prayer for Father's Day. The Good Samaritans will have a special luncheon for the Father's Day event. The message for the Father's Day event will be "Remembering God the Father."

The Good Samaritans meet every Thursday at 1 pm. at the Delta Club.

Scripture of the month: Matthew 6:9-13

# **Hispanic Club**

Hola con todos! This is a gentle reminder that a few of you still owe dues, which will assist us in providing some of the basics for our gatherings.

Ricky Martinez, the president of our club, invites you to read our mission: "We gather as a group of Latin-Americans to promote and preserve our customs, our culture, our language, our gastronomy, and our music with an open invitation to other groups or persons interested in knowing our history and experiencing the warmth of our Latin countries."

### **Upcoming Events:**

- May 31: Potluck Food of our native countries in the Delta Club, Marina Room at 5:30 p.m.
- July: Possible participation in the 4th of July Parade for which we will need your input

August: Parrillada by the pool: date to be determined

During the summer months there are various ethnic and Latin fairs through the North Bay. We will make an attempt to summarize those and disseminate the information to you. Individuals interested in participating are expected to contact others in the club to set up car pools.

Expect emails with updates and also phone calls from Margaret Pellow for follow up. Please seriously consider your commitment to participate and let us work to have a vibrant, fun club. Check the MyTrilogyLife.com website, under "Clubs" for updated information.

If you have any questions or need to hand in dues (\$12 for individuals, \$20 for couples), call or email any of the following board members.

Ricky Martinez (President) 209-552-9131, email: ricky5529131@yahoo.com.

Ada Parrales Stack (vice-President) 374-3406, email: chana1447@comcast.net

Cecilia Reyes Spiritosanto, (Member At Large) 374-1484 email: ceciliareyes77@gmail.com

Teresa Hamner (Treasurer) 646-1610 email: thamner@aol.com

Vicky Riddle (Secretary) 374-3684, email: viriddle98@yahoo.com

# **Men's Executive Nine**



The April 23 Shotgun Shamble tournament was won by the team of Joe Devilbiss, Ed Smith, Paul Scholz and Bob Brainerd. Congratulations to the winners and thanks

to everyone who participated and supported our club.

This month's tournament schedule includes a 3-3-3 AB+CD, AC+BD AD+BC tournament June 11 and a shotgun start low net plus putts tournament June 25. Also, don't forget to sign up for the Prostate Tournament on June 12. This is a fundraiser for the "Battle Against Prostate Cancer." It will be an 18-hole scramble format. There will be great prizes, a hole-in-one contest, raffle and silent auction. Sign-up sheets are available in the pro shop.

After our June 25 shotgun tournament, we will hold our quarterly general membership meeting. One of the items we will consider during this meeting is adopting "nickname" for our club. If approved, we will vote to select an appropriate name from a list recommended by our members. If you have any good ideas for a name, please submit your suggestion to Ron Kott any time prior to the meeting. As usual, drink tickets will be available to all members attending. Please attend and support your club.

If you are interested in becoming a new member, pick up an application form in the posting room or contact membership chairman Dick Talbott at 225-0077.

# **Model Club**

Our club president, John Harder, continues to present slide shows of transportation related subjects from years gone by in the bay area. These are not like your neighbor's slides of their trips to South Borneo. He has been able to remind us of events when we were children, and stories our parents might have told us. We are again planning a trip to the Marin Headlands to visit the Nike Missile site if you are a technocrat or wonder where some of your parent's tax dollars were spent. But if you are a nature lover you will enjoy the vistas and wildlife. The trip is well worth your time. We almost always plan our trips during the week to avoid the crowds and traffic. Stop by our meetings and offer your suggestions of short walks, photo opportunities, or great restaurants we can visit. The Garden Railroad operates most Saturdays starting at 10 a.m., We have a special event planned on July 27. We have invited the live steam railroaders back and we will set up again



sports + clubs

near the Vista flagpoles. Last year, we had lines formed up to operate trains and to enjoy Larry's New York Hot Dogs. Both train and operation will be available to everyone.

Stop by our Model Club meeting on the first Friday of each month in the Vista Club Monterey Room. We will present ideas and talk about other field trips we are anticipating. For more information, contact the Club President John Harder (3646). Please join us at our monthly meeting,

# **Motorcycle Club**



The Trilogy Motorcycle Club riders meet the first Saturday of every month for an all-day ride. The May 6 ride was attended by 12 bikes and a destination of north coast in the Jenner area had been suggested as the weather inland was expected to be on the warm side. The route was Hwy 12 west to Fairfield, Napa, Sonoma, and a stretch break in Santa Rosa. Continuing on westward to Sabastopol, we made a brief tour of one-way streets in this little one-horse town before picking up Hwy 116 that led us through Forestville, Guerneville and terminated at Jenner for lunch. The meal consisted of the usual fare of sandwiches and sodas, and sitting outside in great weather with an ocean view.

The return trip took us south on Hwy 1 and in search of a spot for a group picture. We soon found a place to pull the bikes into a line for the photo although the footing was a bit gravelly and made keeping the shiny side up a bit of a challenge. With this task behind us, we continued south on Hwy 1 and soon came upon two or three locations that were probably more scenic for the photo-op and with excellent parking for the motorcycles. Who would'a thunk it?

We had an easy ride down to Bodega Bay and through Petaluma with a stretch destination at Starbucks in Su-

isun. It was nice to recap the day's ride and relax with half price frappuccino's! Again, another nice ride, some 210 miles traveled, and as usual, enjoyed the great California riding weather. Welcome to new rider Stacy Cade.

We invite other motorcycle riders in Trilogy to join us on any of the monthly rides. The next ride meets at McDonald's June 1 in Rio Vista at 8 a.m. The destination is TBD based on weather. For more information, contact Bob Pastorino at (6556) or Larry Nelson (2967).

"Don't ride so late into the night that you sleep through the sunrise." Anon

# **Movers & Shakers**

This is a support group for Parkinson's, Essential Tremor, Dystonia, or any other movement disorders. We meet once a month at 7 p.m. For dates and location, call Audrey Kinser (7506).

# Nature Club

The Nature Club general meeting for June is canceled due to trips and vacations. We will meet in July on the second Wednesday at 6:30 p.m. in the Vista Club Monterey Room. For more information, contact Gail (2718).

# **Radio Club**

Members of the Radio Club have accepted three responsibilities for the residents of Trilogy. First is to support the Communications Sector of the Disaster Preparedness Group. We will provide communications capability to support a local circumstance within our community if the Rio Vista Fire Department and Police Department are over extended in an emergency. Second, several of our Radio Club members are sworn members of the Area Communications Service (ACS). This is under the Office of Emergency Service (OES) which is sponsored by the Solano County Sheriff's Office. OES provides the funding for countywide emergency services in the event such as flooding, earthquake or other disaster, which might preclude us from being able to accept normal emergency help. If we lose power we can no longer obtain gasoline for our autos and may be limited in food, medicine or other emergency care. Our third responsibility is to the furtherance of Amateur Radio Training and operation, which allows us to communicate over Northern California in the event all normal communications systems are down. In the event of a prolonged power outage, your house phones, cell phones, Internet and WI-FI will quickly fail. In a widespread emergency you might well need to communicate with family members, medical facilities, fire or police and ambulance. Come to the Delta Club where we will have our emergency communications systems



ready. If your immediate neighborhood is affected, we are also prepared to dispatch emergency communicators to your area. Just look for the green communications vests. We practice our voice or digital communications equipment almost weekly with the County ACS equipment to be sure we are capable and ready when needed.

If you would like information on becoming a trained volunteer, or an amateur radio operator, additional information can be obtained by attending the weekly Radio Club meeting which is held each Tuesday in the Vista Club Monterey Room at 9 a.m. for informal discussions over a cup of coffee. The formal meeting starts at 10 a.m. Please stop by. Dean Lattman is available at (3967) if you have any questions.

# **Recipe Club**

Our June 11 noon meeting is featuring bread. Bring your recipe for any kind of bread—sweet, savory, biscuits, croutons, toast, etc. The chefs for this month are Wendy Adair, Pam Lewis, Terry Miller, and Shirley Rogers. Sandy Price is the coffee hostess.

The Recipe Club is open to all residents. If you enjoy cooking and sharing recipes, feel free to join us. We meet at noon the second Tuesday of each month in the Delta Club. If you have questions, call Patty LaFleur (3159).

Monthly Q&A: When using the same chocolate chip cookie recipe, why do the cookies sometimes turn out thin and crispy rather than thick and chewy? The temperature of your ingredients and dough, and how much the dough is mixed and handled, are probably affecting how the recipe turns out. To overcome these variables and ensure consistent results, get in the habit of chilling the dough until it's very cold. This way, the fat stays firm long enough for the shape of the cookies to set, meaning they won't spread thin and become crispy. Chilling also allows the proteins (gluten strands in the flour) to relax and the liquid to absorb, giving your cookies better texture and flavor. Of course, chilling dough is no use if you put it on hot baking sheets, so always let them cool to room temperature between batches. In fact, for chewy cookies, it's best to let cookies completely cool on the baking sheets, so air won't circulate around them and dry them out.

# **Rio Vista Roamers RV Club**

Please excuse the article last month. This was what should have been sent.

Our club went to Laguna Seca in March. What a great campground. It overlooks the raceway and beautiful scenery, has a great clubhouse, and is so close to Monterey. Pat and Rich May joined Manny and Sandra to host this outing and we fed them well! One morning we had an egg dish with ham in it, decadent French toast, bacon, fruit salad, orange juice and coffee. Is this the norm? No, no, no, but we do have omelets in a bag occasionally (Powell), or hash browns, sausage, and an egg dish (Waggoner), but usually it is a continental breakfast with juice and coffee. The dinners are potlucks and we have really great cooks in this group.

In April, Morro Bay was hosted by Sandra and Manny and Chris and Doug who co-hosted for the first time. We could not have ordered a more beautiful blue sky, but a little less wind would have been appreciated! We celebrated an early Cinco de Mayo and ate really well. There are lots of great restaurants, great shops to browse in and sights to see along the coast.

Jan and Gene Vicks hosted in May at the 49ers Park in Plymouth. There will be more to come next month. Unfortunately, there will be no outings again until September when we will team up with Brentwood and go to Pioneer RV Park.

Now for some exciting stuff! We now have our own website! Richard Larsen created the site and now you can access club information any time you wish. It will have what is going on every month at http://home.comcast. net/~biskit3/rvroamers/. Check us out and perhaps join us for that outing.

Our outings and dinners are a great way for past members and future members to see what we are about and we would love your company. Call the members who are hosting that month's outing for information. Our annual meeting is on June 7 at 4:30 p.m. in the Delta Club back room. Sandra Santos (3538) can answer any questions.

# **Senior Men's Golf Club**

"Toto, I've a feeling we're not in Kansas anymore." — Dorothy, The Wizard of Oz, MGM, 1939.

Forty-four of us travelled to the Johnny Miller re-designed Silverado Resort and Spa in Napa on April 9, and indeed we felt like we had landed over the rainbow. Starting with the drive up to the stately clubhouse/hotel and continuing throughout the well-maintained North Course, we enjoyed a truly high-end facility. Some of us came to play well, and others of us most enjoyed the World Famous Burger Dog, but everyone agreed it had been a memorable outing. Thanks to the Northern California Golf Association for making the special rates possible. Lending a bittersweet note to the day, one of our foursomes provided some fun for the amiable marshals by playing a wrong hole in the middle of the round. One of the marshals



sports + clubs



reportedly commented, "You guys have spent too much time at the Striper Bar." Huh? Later, an older and wiser Trilogy golfer with experience at Silverado asked, "Just how did you manage to do that?" Sigh. April continued the dry

trend, and by the first week of May we were beginning to hear climatologists speak the dreaded word 'draught.' We got a double whammy on May 1 when Ad Hoc was hit by a Delta Gale and temps near 90. How about that 4-club wind on #13? Like hitting a wall. A cold drink after that round never tasted better. Combine these events with a couple of fun Wednesday team events, and we had a great month.

Our Armed Forces Day fundraiser tournament came up on May 8. A week later the proceeds were to be presented to the Community Action North Bay charity on behalf of veterans at the "Hats Off to Vets!" breakfast at the Jelly Belly conference center. We were proud to have both our club and Jim Malone chosen as honorees in recognition of sustained charitable service for veterans.

Our regular membership meeting is on the third Thursday at 4 p.m. at the Delta Club. For more information, contact our Membership Director Ray Ulmonen at (4070) or rayauu@gmail.com.

# Stroke, Head & Brain Injury Club

Stroke Club supports those who have had or are living with someone who has been affected by stroke or a brain injury. We also assist those suffering from dementia, regardless of the cause. Our group provides help, useful tips, and current information on how to cope with the various short and long term physical as well as emotional side effects that are unique to each individual's situation. Since those who experience these conditions can suffer from feeling alone, helpless, and/ or impaired by some physical and/or emotional limitation, the support that we can provide each other can be very important to adapting and living. Each month, we discuss a new topic and try to learn more about subjects that are of interest to members. We also conduct various extracurricular activities for the group both within Trilogy and in nearby communities so that we can have fun together as well. If you or someone in your family has had a stroke, any kind of brain malfunction, and/or dementia, and would like to join, contact Dr. Cheryl Bellrose (6619). We encourage caregivers and families to join.

We meet on the first Tuesday of each month from 2-4 p.m. at the Vista Club Monterey Room. Our next meeting will be held Tuesday on June 4.

# **Supper Club**

If you are interested in participating, Supper Club meets every other month from February through October in each other's homes for tasteful (and tasty) dining, fun and conversation. On these occasions, you can meet your neighbors and get to know them in a small group setting (usually six to 10). We are not limited to a formal dinner menu. We may also host an afternoon barbeque, a brunch or a luncheon.

Please note that our club is not just for married or committed couples. We don't want to leave anyone with the impression that single individuals are not welcome. Everyone is welcome to join Supper Club. If you want to make new friends, give Supper Club a try. Take the opportunity to experience our absolutely delectable menus and friendship provided by our members.

Since summer is coming and the weather is getting nicer, this would be the perfect time to join and enjoy the company of new friends and good food. If you would like to take part, contact Cheryl Bellrose (6619) so we can provide you with our guidelines for membership. Looking forward to hearing from you.

# **Table Tennis**

On Saturday, May 4, nine members of our club played The Villages Table Tennis Club in San Jose. This was a friendly match to just get to know each other and find out how compatible our clubs are. They got a score of 23 games vs. 22 for us. We figured that was very compatible so we are looking forward to future matches with that group. Thanks to Mike Mahrous for coordinating this event.

Several things are coming up for our club in the next few months, so be alert to the news on our website. For this, you need to subscribe by providing your email once you click on http://trvtt.wordpress.com. There's a hyperlink to this site in the MyTrilogyLife.com under "clubs." You will also see the results of the in-house tournament of May 11.

(cont. page 35)

sports + clubs



# **Mark Your Calendars:**

June 8 - Picnic at Bocce Park

July 4 - Possible Parade participation

July 27 - Rossmoor Tournament at Rossmoor to inaugurate their million-plus new, exclusive table tennis use facility.

\*Tournament with The Villages in San Jose, date and time to be determined.

August 17 - Third in-house tournament

October 19 - Fourth in-house tournament featuring Sadie Hawkins Doubles

Contacts: Larry Mork, President (3389); Ricky Martinez, Vice-President (209) 552-9131; Vicky Riddle, Treasurer (3684); Kim Russell, Secretary (2046); Tournament Director: Michael Mahrous (3216), Tom Barnes, At Large (4395).

# Tennis Club

Our Spring Team Tennis matches were a big success and we finally had a new winner. Orlando Devera was finally taken down after winning all of the team tennis matches last year. Our match was followed by a great luncheon and the greatest prizes that could be found at the Dollar Store in Indio, CA. If you don't belong to a fun group, get hooked up with the Tennis Club.

Lots of warm weather in late April and May made for some really good tennis. Even our members with arthritis and rheumatism were out hitting balls. One thing about being a senior, you are always meeting new people, even if it is the fourth or fifth time you've introduced yourself.

Our next competitive tournament will be Friday, June 7, against Brentwood. We hope to continue our domination over the nice people from Summerset in Brentwood, as we go to their courts for this match. We will be playing the return match here in October.

All tennis players who still have their wooden rackets are welcome to come out and put their rackets back to work. It's never too late to pick up your game or just get started for the first time. For more information about the Tennis Club, contact Wally Beckman at beckmanwally@hotmail.com.

# Whist Club

The 11th Annual Juneteenth Trilogy Whist Club Celebration is on June 15 at the Delta Club. Our special guest is Carolyn Jones and her band. She has performed throughout the Bay area, San Jose Jazz festival, at the Monterey Blues festival and she has performed at the World Music Festival in Thailand. Our food will be catered by Chef Arvell Howell. Please come out and enjoy our traditional food, baby back ribs, BBQ chicken, hot links, potato salad and greens. All kinds of delicious desserts, as well as water will be available. BYOB. Food donation is \$25 per person. Make checks payable to the Whist Club and put in box #8. It will sell out fast.

You may contact Madalene Turner (3361) or Jean Robertson (0086) for more information.

# Women's 9-Holers

Spring is here! The 9-Holers are enjoying the warm weather, lots of wind, and their game! If you are interested in joining us, call Suzi Masterson (6149), or Betty Bowley (5613).

**April 2 Pars:** Billie Reece #14, Nancy Griffin #14, Karen Nash #11, Jeanie Renner #11 & # 14, Chris Sabye #11. Blaine Foltz had a Birdie on #15.

**April 9 Pars:** Anna Bogucki #5, Fran Silva #8, Suzi Masterson #7 & #9. Arla Gustafson was winner of our chip-in pot on #5!!

**April 16 Pars:** Anna Bogucki #13, Linda Barlesi #12, #13, and #14, Suzi Masterson #12. Chris Sabye parred #12, #17 plus a Chip-in, then she had a Birdie on #14!

**April 23 Pars:** Ruth Almgren #5, Blaine Foltz #6, Nancy Whitney #5, Georgette Rodriques #8, Eila Ballard #9. Jeannie Renner #5, Barbara Downs #8 and Suzi Masterson on #9. Diana Staley had a Birdie #8. Chip-ins: Diana Staley, Nancy Whitney, and Gay Fortier. The 'game of the day' was won by Karen Adams and Arla Gustafson.

**April 30 Pars:** Karen Nash #13, Anna Bogucki #15, Sharon David #13, Diane Scholz #12, Suzi Masterson #13, Lois Dutcher #13 and #17, Fran Silva #13. No Chip-Ins this week, so the pot grows! Eclectic play starts on May 14.

# Women's 18-Holers

The ladies of the 18-Hole Golf Club have survived the winds of April. We didn't think we would during some of those windy rounds. We have just finished one of our major tournaments, the Captain's Cup. It is a tournament in which the low net over the field is the champion. Vicky Riddle is our champion this year after a two-hole sudden death playoff with Paula Davis. Vicky gets her name engraved on a perpetual trophy. She also gets a personal trophy and a monetary prize. Thank you to Marsha Berry for chairing the tournament. Great job. Other winners in the Captain's Cup were:



Flight A: first Lucille Rhodes, second Ulla Ulmonen, third Linda Siatt. Flight B: first Angie Jones, second Doris Sundly, third Alma Renko. Flight C: first Paula Davis, second Maureen Gingrass, third Lynn Grace. We are proud of Anna Bogucki who broke 100 for the first time on April 18. Congratulations to Anna. **April 4 was cancelled because of bad weather.** 

**April 11. Scratch three of the worst hole scores.** Flight A: first Linda Barlesi 58, second Frankie Freese 58.5, third Linda Siatt and Debby Carroll tied at 63. Flight B: first Maureen Gingrass 60, second Toni Maddox 64, third Lynn Grace 65. **April 18. A low net tournament.** Flight A: first Angie Jones 67, second Frankie Freese 73, third Marsha Berry 78. Flight B: first Anna Bogucki 67, second Trixie Roque 68, third Karen Nash 71. **April 25. A low net tournament.** These scores reflect a windy day. Flight A: first Roni Teixeira 81, second tie Ulla Ulmonen, Debby Carroll and Angie Jones 82. Flight B: first Diana Staley 81, second Paula Davis 82, third Maureen Gingrass 83.

Anyone interested in joining our Women's Golf Club can attend our Thursday 8 a.m. pre tournament meeting in the Nines Restaurant. We play at 8:30 a.m. on our summer schedule. You can also call Marilyn Rogers at (5746) for membership information.

# Woodcarving Club

On Saturday, May 4, several members of the Trilogy Woodcarving Club traveled by caravan to the annual Woodcarver's show and expedition at the Scottish Rite Masonic Center in Sacramento. The first stop for members and spouses Jane McElveny (Dick), Chiong Hon(Chandler), Linda Cook (Warren), Judy Taylor, and John Wilson was the Freeport Grill and Bar in Clarksburg for a delicious lunch on the patio.

Following lunch, the caravan traveled to Sacramento to the show (the largest in Northern California) where they saw a variety of wood and gourd carvings. This was a juried show with over three hundred entries. Several of the club members are novices and so they were thrilled to see the skills and variety of entries exhibited. The group was delighted to be joined by club member Fran O'Brien who drove up later. Club members were able to purchase carving materials and wood at the show. A free ticket was given to each person attending the show and drawings were held hourly. Two in the group won: Judy won a tiny carved bear and Warren received a miniature carved cable car.

Several members completed their afternoon with a visit to the Sacramento Woodcrafter Store where they were able to purchase additional materials, books and patterns. All the members were excited by the exhibition and felt it was well worth the trip. If you would like to share that excitement, drop in any Monday (except holidays) from 8:30 to 11 a.m. at the Delta Clubh and see what the members are working on. For additional information, contact John (5730).

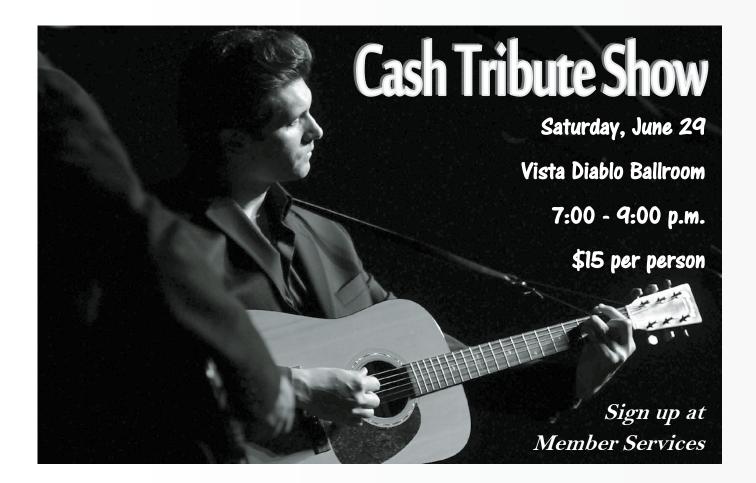
# Writers' Club



Everyone loves a potluck! But, the Trilogy Writers' Club doesn't meet to eat. We gather to share our latest literary endeavors. Usually, we have an optional topic to guide us as we write. This month, we'll write about whatever inspires us. This is an excellent opportunity to explore a subject we

haven't yet covered. Or, you might want to expand on an idea we've already discussed. Perhaps you'll attempt a different style. Let your creativity flow and share the results with us on Thursday, June 20 at 7 p.m. in the Marina Room of the Delta Club. If you're suffering from Writer's Block, join us anyway. We are an encouraging, supportive group. For more information, contact Beth (2186).





An authentic production, The Cash Tribute Show featuring James Garner honors the life and music of the legendary "Man in Black'," Johnny Cash!



Garner & his band perform Cash's music, combining it with historical accounts and personal anecdotes about America's most beloved singing storyteller.

Bring family, friends, and your favorite



# **ADVERTISING INFORMATION**

**DEADLINE:** All final ads and checks are due by the fifth of the month prior to the month of publication. For example: July 2013 ads and checks are due by June, 2013. All late submissions will run in the August 2013 issue of *Trilogy Living*.

### **REGULAR SIZES AND RATES:**

• <b>NEW</b> : 1/8 page ad	3 ½" wide X 2" tall	\$90/month
Scan your horizontal business card at 300 dpi, and e-n	mail it as a pdf, jpg or tiff file to Tania Fardel	lla at indigodesign@att.net.

• ¼ page ad	3.6″ wide X 4.5″ tall	\$140/month
• ½ page ad	7.5″ wide X 4.5″ tall	\$220/month
Full page ad	7.5″ wide X 9.25″ tall	\$345/month
PREMIUM SIZES AND RATES:		
• <b>NEW</b> : <sup>1</sup> / <sub>4</sub> page ad Inside Front or Back Cover	\$185/month	
NEW: ½ page ad Inside Front or Back Cover	\$285/month	
INSIDE FRONT COVER	7.5″ wide X 10″ tall	\$445/month
INSIDE BACK COVER	7.5″ wide X 10″ tall	\$445/month
OUTSIDE BACK COVER	7.5″ wide X 10″ tall	\$500/month
DISCOUNTS:		

- 10% off pre-paid ads for 3 months or more
- 10% off for businesses owned by residents of Trilogy at Rio Vista

To place an ad, contact Joan Azlant at joanazlant@comcast.net or 707.374.2620. If you need ad design, contact Tania Fardella at indigodesign@att.net or 925.377.0335. Additional fees will apply for design, scanning, and edits.



# Trilogy at Rio Vista HOME BASED BUSINESS DIRECTORY

### **All Occasion Travel**

Full Service Travel Agency Joan Greene, CLIA, ARTA, (2440) Certified Travel Specialist www.ALLOCCASIONTRAVEL.COM

### **Boutique Jewelry Shopping**

At Your Fingertips Daily Flash Sales! Bedazzledjewels.kitsylane.com Rowena Jefferson (1482)

### Divas

Unique Jewelry & Accessories www.divaswithpizzazz.com Char (3806) Donna (3212) Norma (2779) Sylvia (2226)

# GLOBALINX

Unlimited US & Canada Residential Plans \$14.95 monthly Unlimited Calling around the world \$24.95/mo. Melzetta Gary 925-754-2147

### **Mary Kay**

Independent Beauty Consultant Sueann Novotny (5624) snovotny@citlink.net

### **Rodan & Fields Skin Products**

Want to Look Younger? I Can Help Lupe Finch, Independent Consultant (2466) LupeandMarcy@gmail.com

# ANNOUNCEMENTS

### Thank you

For those of you who knew her when she first came into our area in 2003, Shadow passed away April 9. Thanks to Grace Ho for naming her Shadow and for rescuing her with the help of Linda and Eric VanNieuwburg. I thank her for choosing me to share my home. She will be missed. Bob Siegrist

# FOR RENT

### Home for Rent

Carmel with appliances, includes HOA dues, \$1050/month, long term lease available. Immediate occupancy. Call Bob 925-786-3725.

### **Home for Rent**

Nice Carmel model for rent \$1100/mo. Plus \$1000 deposit. No pets. 2br/2ba, well- kept lawn/backyard. Includes HOA, gardener, refrigerator, stove, dishwasher, washer/dryer. Call Ric 408-806-7704 or 408-248-1875.

# **Home for Rent**

Two bedroom home for rent with den and covered patio. HOA dues & ½ landscaping included. \$1150. Call 650-922-3716.

# FOR RENT

### **Room for Rent**

Master bedroom for rent. No smoking. No pets. 650-922-3716.

# FOR SALE

### **Computer Center**

Oak Corner Computer Center, two loveseats with foot rests, Thule car top carrier, Yamaha Keyboard with stand, SOSU BalanceTrainer. Call (4099).

### Corvette

Corvette dreams for \$5995 OBO, 1985, only 84K miles, Excellent, Auto, A/C, moonroof, regular gas!! Must leave garage, just smogged, clean, title, blue. Call 364-7499

### Estate Sale

Huge sale: Vintage items from closed store inventory. Jewelry, furniture, watches, books, clothing, mink, tools, curio cabinet. Call Ethel 408-504-8498 or (4912).

# Golf Cart

2008 EZ Go Golf Cart, all the toys \$3750. Club Car Golf Cart, new batteries, tires & brakes \$2450. Ten-speed ladies bike \$175; Fifteenspeed man's bike \$175. Call (4921).

# FOR SALE

## **Kinkaid Paintings**

Kinkaid Paintings for sale. Call Janice (4419) to view and price.

# **Moving Sale**

House Water Softening System, Garage steel rack on wheels, 3 file cabinets, glass top coffee table, golf cart w/ new wheels etc., washer, dryer, dishwasher. 398-6610.

# **Travel Trailer**

2013 travel trailer, used 7 times. Queen bed, microwave, shower, head and tools. Asking \$9500. Call (5039).

# SERVICES

### **Airport Transportation**

I'll get you to any airport or SF port on time and pick you up on return. TRV residents only. Here are the fares: SFO \$105, OAK \$85, SMF \$65, PORT \$90/ Call Ralph Hatch (3941).

# **Appliance Repair**

Service and repair of most makes and models. 30 years experience. Now serving the residents of Trilogy. Call Gary (4945).



# SERVICES

### Assistance w/ Heavy Lifting

When you need an extra pair of strong arms for projects such as rotating mattresses, hanging holiday lights, we can help. We are experienced, reliable, motivated and properly equipped. No job too small. For hire with or without truck. Call 707-410-7070.

### Audio/Visual

We will install your audio system, DVD, TV, or VCR to your specifications. We will also custom wire your home per your specifications. All installers are ON-Q certified. Call Michael (2800).

### **Auto/Home Detailing**

Star Shine Mobile Detailing is now providing auto, motorcycle, boat, RV and upholstery detailing. Also offering home driveway pressure washing services to Trilogy residents 410-7070.

### **Business Help**

Have a small business that needs help? I'm available for data entry, filing, bookkeeping, etc. Resume available; email: reneamjohnson@ aol.com or call (4399).

### **Cabinet Media Niches**

Entertainment Centers free estimates. Call Bob (4902), Trilogy Resident.

### **Cabinet Roll out Shelves**

Make your life easier with roll out shelves. Save your knees and back. Call Bob (4902) Trilogy Resident.

### Carpet & Upholstery Cleaning

B & B Carpet and Upholstery Cleaning. Trilogy resident will clean carpets and upholstery in your home, RV, boat, or car. Home carpets: \$30 per room, \$15 per hall. For the best service, call Bill (6125).

# SERVICES

### Carwash

Ray's Mobile Carwash. Let me come to you to clean and wash your vehicle. Reasonable rates for detailing and waxing also. Call Ray (7598) or 707-249-1492.

### **Clock Repair**

Thirty years collecting and repairing clocks. No cost if I can't fix; low cost if I can. Can do house calls. Call (6782). Ask for Rod

### Clutter

Clutter? Not! Let me help you tackle your nagging problems. An overflowing closet? Moving boxes still unpacked? Car won't fit in the garage? Call or email me for free consultation. Trilogy resident Carol Kern 925-286-2398 or www.clutternot.com

### **Computer Assistance**

PC, Laptop and iPad troubleshooting. Install software, wireless networks or DVD players. Patient tutor for basic or advanced help. Technical expert—Robert (5129).

### **Computer Doctor**

Woody Woodard will fix PC's/ Mac's, install, teach, create web pages, coordinate with Frontier, Best Buy, Comcast. 707-416-6067

### **Computer Help**

PC or laptop repair, including optimization and virus removal. Extend life of old computer or set up a new one. Wireless setup, add new devices and tutoring. Kathy Barker (6850).

### **Computer/Wireless**

We will custom install your computer or wireless network per your specifications. We will also do custom wiring and software downloads. Call Michael (2800).

# SERVICES

### **Crown Molding**

Specializing in crown molding, mantels, all interior trim, front door installation. Trilogy Resident. Free estimate. Call Bob (4902).

### Electrical

Certified electrical contractor (#819067) will install chandeliers, fans, lights, outdoor receptacles, RG6 cable for broadband service, telephone lines and wiring for Ethernet or wireless. Call Michael (2800).

# Enhanced Improvements & Repairs

Established Retired General Contractor. tile, wood floors, water leaks/drywall damage, kitchen & bath remodel/repair, patio re-design, entry/screen doors, fireplace mantels. . . Big or small—I do them all! 8 year resident/ references. Dominic 322-9476

### Faux Finishing @ Its Best

Enhance the beauty of your home with faux finishes for your walls, columns, fireplaces and doors. Call Susan Prince/Oddo (2167)

### **Garage Door Painting**

Make your faded garage door look like new again. Extremely diligent, skilled painter. Nice, clean, and smooth look. Very reasonable! Other services available. New Trilogy resident. Call Christopher 415-710-2590.

### Gardening & Yard Maintenance

Bowers Gardening Service: Horticulturist, Full Yard Maintenance, Reasonable rates. Servicing Trilogy on Tuesdays. Call Scott Bowers 916-683-1406.



# SERVICES

### Hairstyling

Haircuts & styling done in the comfort of your home. Over 35 years experience. Call for appt. Myrna home: (3725) cell: 408-309-0083. Men also. Trilogy resident.

### Handyman

Trilogy resident has over 40 years of home maintenance experience, MOEN faucet specialist, ceiling fan and chandelier installations, electrical trouble-shooting and GFCI problems, plumbing leaks, disposals, toilet maint., and more. Free estimates. City bus. license #1654. Bob Bailey (3391).

### Handyman

For those projects that you can't or don't want to do: plumbing (leaking faucet, garbage disposal), electrical (install ceiling fans, light fixtures), household repairs, hang window treatments, mirrors, and pictures. Call Scott Sylvester (6013).

### **Household Assistance**

Clean house, wash car, cook meals, drive far. Be friends, frown fix, organize clutter, pet sit. Paint walls, small repairs, pack house, relieve cares. Jody 386-7896

### Impeccable Improvements & Repairs

Established Retired General Contractor . . .tile, wood floors, water leaks/drywall damage, kitchen & bath remodel/repair, patio re-design, entry/screen doors, fireplace mantels. . . Big or small—I do them all! 8 year resident/ references. Dominic 322-9476

# Income Tax Preparation & Bookkeeping Service

Over 30 years experience with bookkeeping and personal, corporate and partnership income tax preparation. Fast, efficient, reasonable. No job too small. Call Lesley (3377).

# SERVICES

### Income Tax Services & Planning

Serving Trilogy since 1999; individual, trusts, business. Consultation in your home or my Trilogy office. Ron Auger, CPA (3068

### **In-Home Care**

Sensitive, caring, discreet and dependable Trilogy resident would like to help care for your loved one. Nine years experience. Call Nita 315-6670.

### Lawnmower Repair

Service & repair on lawnmowers, weed eaters, blowers, rototillers, etc. Sharpen garden tools. Rates moderate. Call Stan (3163).

### **Mobile Notary Services**

\$10 per signature per page with discounts for multiple pages. Offering LegalShieldTM /Identity Theft Protection Services. Elaine Wisz (4310).

### Moving and Organizing Services

Packing or unpacking, help with organizing and downsizing. Reasonable rates. Satisfaction guaranteed. Long time Trilogy resident. Call Nita 315-6670.

### **Moving Help**

Moving? Need help? Call us. Reliable, experienced, affordable. In Trilogy/Rio Vista or anywhere in Northern California. Brandon 707-410-7070.

### **Mural Painting**

Mural Trompe L'Oeil beautifully painted. Murals or a trompe l'oeil created for your home directly to your walls or on canvas. Free estimate. Lucia (5958).

### **Notary Public**

Certified Notary, fast, professional and reliable service. Lowest fees for Trilogy residents. Please call Jeffrey (7541). Thank you.

# SERVICES

### Notary

l offer notary services in my home or yours. Trilogy resident Eileen Griffin (2684).

### Notary to Go

Only \$8 per notarization at Trilogy. Discounts for numerous documents. Since 1984. Call Warren at (3477).

### **Painting & Drywall**

Repaint exterior & interior. Color and texture our specialty. Free estimates. 40 years experience. R. P. Painting, Trilogy Resident CA St. lic. #422737. Call today (5954).

### Pet Care

Trilogy home owner offering my services to neighbors/pets. Walks, drop-ins, overnights, allowing your pet(s) to stay home. Pet first-aid/CPR trained. Cell: 330-6010; email: HYPERLINK "mailto:thedeetails@yahoo. com" thedeetails@yahoo.com

### Pet Care

Loving care for your pet while you are away. Includes walking, feeding, mail brought in, garbage out, etc. Call Trilogy resident Andrea 831-278-1173.

### Pet Care

Kitty care and small dog (no walking) services while you are away. Includes play, feed, meds, clean litter, trash out/ in, newspapers, mail, and water plants. Call Mimi (4343) or cell 707-567-5910. Since 2007.

### **Pressure Washing**

Patio Covers, driveways and outside of house washed. Trilogy resident Danny 209-570-0302.

### **Roll-Out Shelves**

Make your life easier with roll-out shelves. Save your back and knees. Call Bob (4902) Trilogy Resident.



resident classified ads

# SERVICES

### **Shower Door Cleaning**

An amazing process removes hard water stains from shower doors. Works on clear glass only. For a free evaluation and estimate call Gary (3488).

### **Sliding Door & Screen Repair**

Stop Fighting Your Sliding Door and Screen!...If it does not Slide, I will make it Glide... Replacement or Repair of Rollers, Handles and Locks on all Patio, Screen, Shower Enclosure and Wardrobe Doors. For a free estimate, call Jonathan (2736).

### **Streaming Video**

Will set you up to watch movies in your home instantly from Netflix or Amazon. Woody Woodard 707-416-6067

# SERVICES

### Transportation

Dave's Transportation Service will drive to airports, Amtrak, BART, Medical appointments, shopping, casinos. Trustworthy and reliable. For Trilogy residents only. Call David (3192.)

### **Weed Pulling**

Get rid of those ugly weeds. Don't break your back. We'll keep your yard tidy. Cheap. Call Laurie (6305) or cell 925-301-7389.

### Window Cleaning

Professional window cleaning. Years of experience, licensed, and complete background check. For a free estimate and appointment, call Gary (3488).

# **VACATION RENTAL**

### Window Washing

Wash windows inside/outside, screen and tracks cleaned. Included: hose down patios, sidewalks and front door. Give your home a clean, appealing look. Victor 398-6610 or 510-334-9667.

# VACATION RENTAL

### Tahoe Condo

Tahoe rental Incline Village: Fully equipped condo near Diamond Peak, sleeps 2-4 comfortably. Starting at \$125/night plus cleaning fee. Call Blaine (0717) or letsgotahoe@aol.com

# WANTED

### Golf Carts

Cash paid on the spot. Carts can be running or not. Call (3338) or 208-9096.

# Want to Run a Classified Ad?

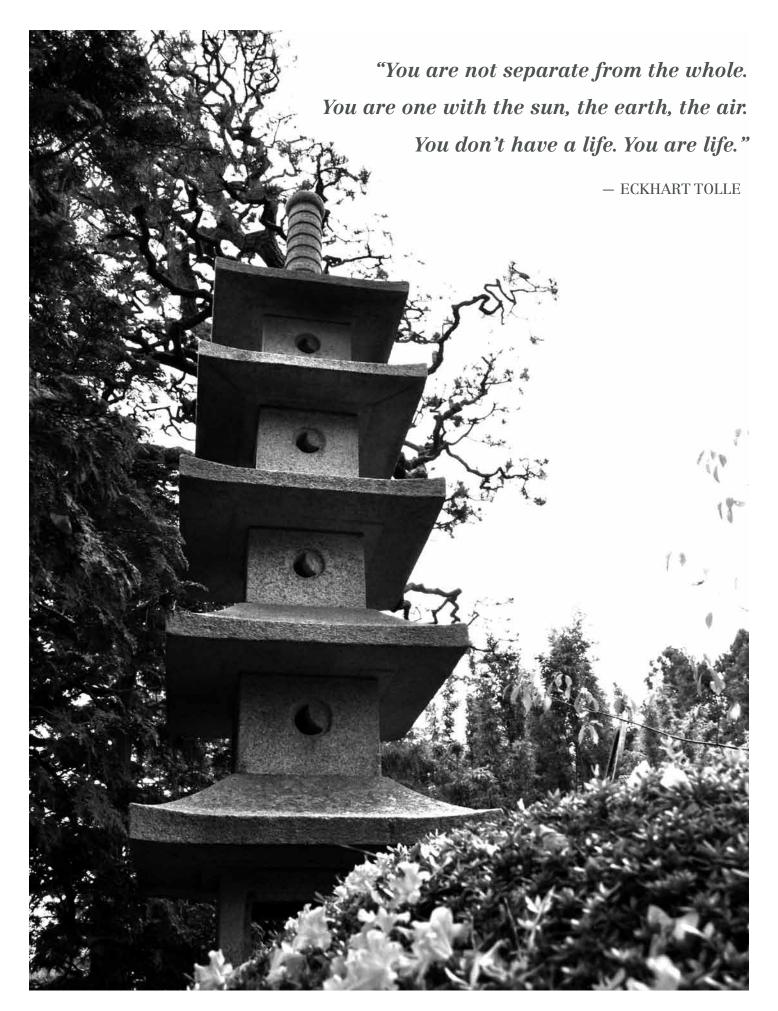
Pick up an ad application form at Member Services. Turn in your completed form by the fifth of the month preceding the month you wish the ad to run. Cost is \$5 for 25 words. Additional words are \$.25 per word. Checks only. Late ads will run in the next issue.

# **Attention All Advertisers:**

All ads and checks are due

by the fifth of the month

prior to the month of publication.





make the right decision about assisted living.

# Nestled in the rolling hills of Solano County's wine country Emeritus at Rancho Solano offers a little bit of everything. Located on the outskirts of Fairfield, California our country setting is only minutes from shopping, restaurants, hospitals, clinics and cultural centers. The ambiance in our Lake Tahoe-like lounge will appeal to anyone's taste. Our apartments range from spacious studios to two bedroom-two bathroom apartments with views of the hills, wildlife and breathtaking sunsets.



(888) 718-9317

3350 Cherry Hills Court, Fairfield Lic. #486801162

# **EMERITUS SENIOR LIVING**

There is no "right time" to seek another living environment. It is a decision usually based on the individual's needs and available outside support. If you are observing an alarming decline in the safety, social, or emotional needs of your parent or loved one, it's time to see how assisted living can help!

Choosing assisted living at an Emeritus Senior Living community will actually give your loved one greater independence. You will gain peace of mind knowing that they are nearby in a safe and comfortable senior living community.

Call us today to learn more about the benefits of assisted living for your loved one. We will be glad to arrange a private tour experience for you.

Our Family is Committed to Yours.<sup>®</sup>

Join us for a free sales presentation seminar about Long-Term Care insurance.

# JUNE 5, 2013 | 5:30pm -7:00pm

-Defining Long Term Care & the costs associated with it

-Why you should consider Long Term Care insurance

-What Medicare & Medi-Cal covers

Please RSVP to Edrienne or Denise at 707-425-3588 by May 29, 2013

www.Emeritus.com

