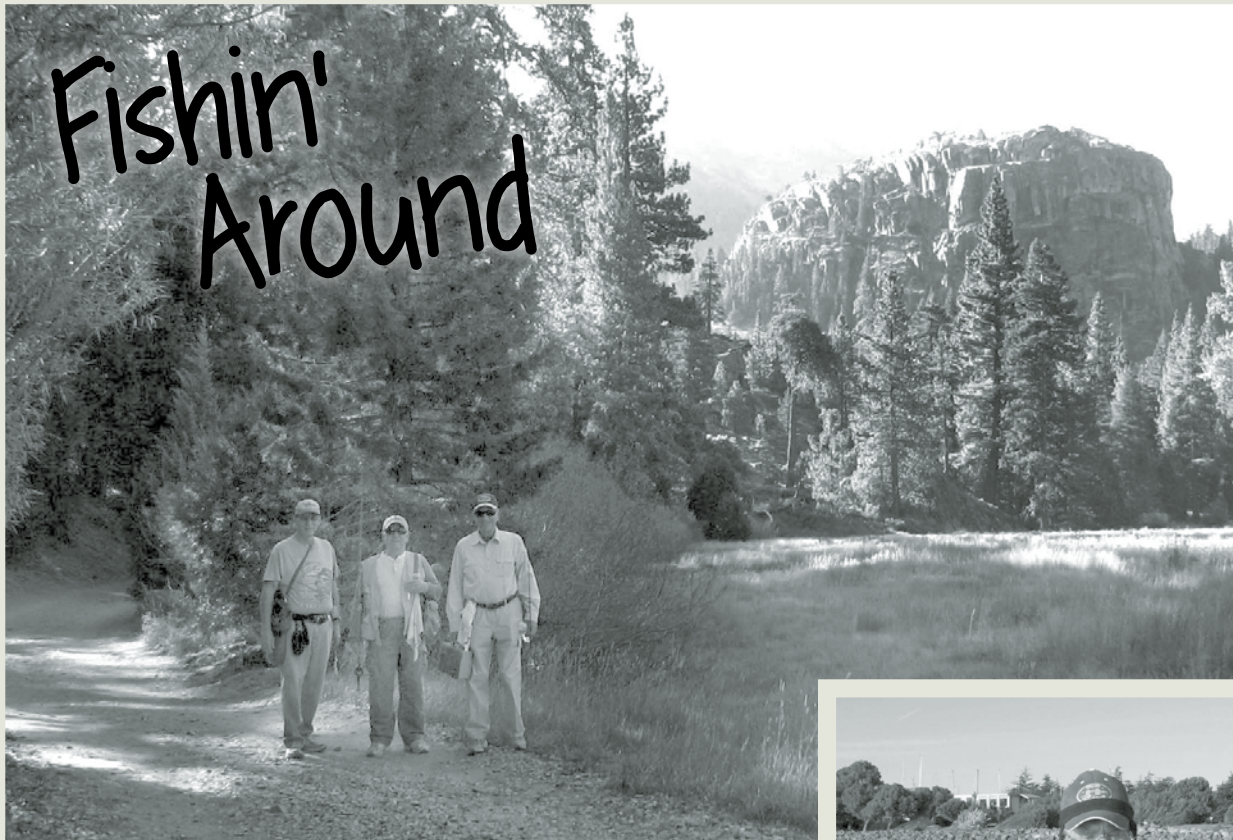


TrilogyLiving



The Fishing Club offers fun that beckons closeness to nature, awareness to conservation, and appreciation for the outdoors. Keep up with the Fishing Club on page 32.

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From the Master Association

Don Love

President

Executive Board Meeting: Oct 13, 2015

LLD Fund Transfer: The General Manager gave a review of the final LLD funds transfer and a note that we have asked legal to review the final report.

Formation of Contracts: Discussions were held on the formation of contracts concerning Parking Lot/Street Lighting, Renovation of the Summerset Center Median that had been postponed because of the water shortage, the entire landscaping scope of work within the common area of Trilogy including the recently acquired LLD area and a review of the Reserve Study procedures and input.

Personnel: A discussion was held regarding interaction responsibilities between the Board and Staff as a policy does not presently exist. The Policy committee was tasked with suggesting such a policy to the Board.

Delinquencies: Status was reported and we continue to see great improvement in the reduction of funds due.

Master Board Meeting

Budget Report: Of note was that the budget report revealed we are coming in below budget in most of our accounts. Of special note is that the Vista Cafe is performing better than budget even after higher food and employee expenses due to expanded service. We credit a large amount of this increase to the new Sun Shades on the Patio.

The Second reading of the Service Animal Policy was approved. Only licensed and approved service animals are allowed in Trilogy facility buildings.

Tennis/Pickleball Court Sharing: After a 90 day trial the Adult Committee recommended to the Board a court sharing arrangement for approval. However the Board determined that the approval went beyond what both clubs experienced during the trial period. After a lengthy open discussion by both parties the Board sensed a common ground upon which an agreement could be reached. The Board instructed the General Manager and the two Club Committee Chairman to meet and devise a plan to submit to the Board that they would both support for approval.

Of Note: Starting this month I will post an update on a bi-weekly basis on our Trilogy MTL account. The purpose of these postings will be to keep you up to date on items occurring within Trilogy and introducing you into things we are working on that have not yet come to light. I encourage all of you to make MTL a key part of your informational ritual as we are dedicated to make the content on the site up to date and relevant.

TRILOGY AT RIO VISTA

D I R E C T O R Y

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Noel O'Brien, Vice President (925) 348-4097
Melissa Coleman, CFO (707) 374-6874
Joel Auslen, Secretary (707) 374-5808
Patty Kohn, Director at Large (707) 374-2737

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Village Riviera - Ron Waite (707) 374-6714
Olympic Village - Joel Auslen (707) 374-5808
Saddle Rock Village - Roger Kohn (707) 374-2737
Eagle Point Village - Teresa Fraser (415) 407-8563

Committee Chairs

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Administrative Policies - Melissa Coleman (707) 374-6874
Document Revision - Bob Sather (707) 374-1384
Emergency Action - Alan Levine (707) 718-7907
Access - Art Darden (707) 374-3455

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Village 1 - Larry Mork (707) 374-3389
Village Oakmont - Walt Manos (707) 374-2827
Village Riviera - Donald Seyk (707) 374-6407
Olympic Village - Joel Auslen (707) 374-5808
Saddle Rock Village - Art Darden (707) 374-3455

Association Administration /HOA (707) 374-4843

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evitrano@actionlife.com
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cpatrick@actionlife.com (707) 374-4843
Activities Director: Debbie Dorn (707) 374-4204
ddorn@actionlife.com
Fitness & Spa Director: Kathy Erwin (707) 374-4205
kerwin@actionlife.com
Maintenance Director: Michael Oestreich (707) 374-4895
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Member Services Coordinator: Cheryl Lucas (707) 374-4203
clucas@actionlife.com
Communications Coordinator: Andrea Stuart
stuarttrv@gmail.com
Architectural Coordinator: Debbie La Croix (707) 374-4843

Club Numbers

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Delta: Admin Office (707) 374-4843 Fax (707) 374-4891

Trilogy Living Editorial Board

Andrea Stuart, Ed Vitrano, Debbie Dorn, Cheryl Lucas,
Joan Azlant, Kathy Erwin, Harish Chinai

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From the Editor



Andrea Stuart

I can remember waking up just as the sun began cresting over the riverbank to hear rustling around in the tent next door. My uncle, who had a keen sense for camping and all things outdoors,

was preparing for his morning fishing expedition during these wee hours. He talked me into going a few times, at which points I didn't have the capacity to fully appreciate the experience. Perhaps I was too young or perhaps the canoe sitting nearby was too much of a distraction. Although I would never fancy myself a fisherwoman, now that I'm older (and wiser?) I do understand that fishing has many positive attributes and can be quite the cathartic activity. And I'm sure the Fishing Club (featured on this month's cover) here at Trilogy would agree.

Here are a few reasons fishing is great:

- **Health:** Fishing is healthy because you know where the fish is sourced from and the act of fishing is physically active, which means you get some exercise.
- **Stress Reduction:** Being in outdoors in nature is a simple way to recharge and relax.
- **Conservation:** By obtaining a fishing license and paying applicable taxes, a fisherman contributes to wildlife conservation funds and educational programs.
- **Socializing:** Fishing is about camaraderie and teamwork as much as it is about "the catch." Taking time with friends and family away from the distraction of phones and computers is priceless.
- **Food:** It can be rewarding to source one's own food, especially when it doesn't come from a grocery store.

Check out the Fishing Club on page 32 to learn more about the group and their upcoming events and activities.

From the Board of Directors: The publisher retains the right to edit articles and advertising to conform to content and space requirements. The Trilogy Board of Directors is not responsible for expressed opinions or for the authenticity of all presented facts in articles and advertisements. Viewpoints contained in this newsletter are not necessarily the opinions of the Trilogy at Rio Vista Master Association, the Board of Directors, its officers, or management.

From the Activities Director



Debbie Dorn

Now for highlights from the previous month: Open Mic Night entertained more than 110 residents. This 'n That Coffee House event, brought to you from the Guitar Club, continues to fill

the house! Resident Jack Wright gave an amazing performance of Neil Diamond music to a sellout crowd! The Theater Group sold out their productions of *Unexpected Guests*, and folks still talk of their enjoyment! Job well done everyone! If you haven't checked out the activities in your community, what are you waiting for?

Don't miss out on these upcoming special events!

- **Computer Classes (see page 5)**
Holiday Break ~ No Classes Nov. & Dec.
- **11/01 Daylight Savings Time Ends ~ Turn Your Clocks Back!**
- **11/01 & 11/15 Trilogy Produce Market**
- **11/02 Registration Begins for Trilogy's New Year's Eve Celebration!**
- **11/02 Storyteller Dorothy Tate – Tales, Dreams and Harmony**
- **11/11 Veterans Day Tribute Afternoon Program**
- **11/11 Veterans Ball**
- **11/15 Trilogy Jazz Band ~ Dance Club**
- **11/21 Gift, Craft, & Art Faire Plus Jewelry Show with 3JB Jazz Band Entertainment**
- **11/26 Thanksgiving Day Holiday**
- **11/28 Holiday Tree Decorating Social with Pianist Jim Hurt**
- **11/28 Holiday Decorations Swap & Shop with 2014 Seasonal Slideshow**
- **11/29 Tree Lighting Ceremony**

Get Ready...

- **12/3 – 12/5 *The Santa Clause Chronicles* ~ Produced by the Drama Club**

Your comments and suggestions are always valued. Send an email anytime to ddorn@actionlife.com. My mailbox is always open! I wish you and yours a very special and memorable Thanksgiving.

For non-delivery of *Trilogy Living*, contact Member Services at (4200).



ANNOUNCEMENTS:

- 11/1/15 – Daylight Savings Time Ends ~ Fall Back
- Holiday schedule adjustments:
- Bingo will not meet November and December, to return January 23
- Nov 11 -- Veterans Day Holiday
- Nov 26 – Thanksgiving Holiday ~ Vista Club and Delta Club
HOA Administrative Office are closed

Computer Classes

Learning Center Vista Club

No classes in November and December (paused for holiday events!)

Are you interested in training or helping students during classes? Or do you need a little one-on-one assistance to help you along with computing tasks? Contact Debbie Dorn at ddorn@actionlife.com.

Trilogy Produce Market

Sunday November 1 & 15, 10 a.m. – 3 p.m. – Delta Club



Experience Trilogy's market place! Trilogy's Produce Market provides wonderful produce and other specialties. Bring your neighbors and stock up! It's easy to keep a fresh supply of fruits, vegetables and specialties on hand without leaving Trilogy.

Veterans Day Tribute

Wednesday, November 11, 1 – 3 p.m., Diablo Ballroom, Vista Club ~ Free

This day is the anniversary of the signing of the armistice, which ended the World War I hostilities between the Allied nations and Germany in 1918. Since 1954, Veterans Day is declared a day of appreciation to honor and thank all military personnel who served the United States, particularly living veterans. Join us to honor all veterans. USCG guest speaker, music by Trilogy Jazz Band, Delta Breeze Chorus, and special guest speakers. The program will end with the special unveiling of the special Veterans Memorial Plaque. No sign up required. If you are a veteran, we ask that you remain for the group photo immediately following the program.

Trilogy Veterans Ball

Wednesday, November 11, 6 – 10 p.m., Diablo Ballroom, Vista Club ~ \$35

Whether you enjoy a fine catered dinner, live music, dancing or just the camaraderie you had in the service, plan to attend the Veterans Ball. This is the third annual Veterans Day Ball for Trilogy Veterans and their guests. Registration will open to others beginning October 15, as available. The reception begins at 6 p.m. with dinner at 7 p.m.



Living With Dorothy ~ Tales, Dreams, and Harmony!

Monday, November 2, 6 – 7:30 p.m.
Diablo Ballroom, Vista Club ~ \$5

Storyteller Dorothy Tate delivers her spin on home, garden and fashion in such an enjoyable manner. She serves it up with a humorous flavor of hints and tips in Dorothy's graceful style to leave you wanting more! Let Dorothy entertain you as she shares her tales with song in heart! This is one feel-good time you'll not want to miss. Light refreshments will be served or bring your own to enjoy during this delightful event. Sign up now to reserve your seat at Member Services.

(continued on p. 6)



Music and dancing will follow. This is a semi-formal affair, or service dress uniform. Bring your own adult beverages of choice and prepare for a fun-filled evening with your fellow service members and guests. Seating will be limited and expect this to sell out quickly. Sign up at the Member Services desk in the Vista Club. Sign up as a group if you want to sit with others. For further information contact Ron Waite at (707) 374-6714 or (925) 216-7488.

Blood Pressure Check ~ Free

Thursday, November 12, 9 – 10 a.m., Library Delta Club



Have your blood pressure checked the second Thursday of every month at the Delta Club Library between 9 – 10 a.m. Stop by and keep that blood pressure in check!

Fall Gift, Craft & Art Faire Plus Jewelry Show ~

with Entertainment by 3JB Jazz Band

Saturday, November 21, 10 a.m. – 3 p.m., Vista Club

Don't miss out on this convenient yet unique selling and shopping experience at Trilogy. It's just in time for the holidays! Plus, 3JB Jazz Band will perform in the Grand Living Room 11 a.m. to 2 p.m., and the Café Vista will be open until 3 p.m.! Raffle sales and drawings are held throughout the event with all proceeds to benefit Meals on Wheels. By this time all merchants have received confirmed status on their registration application for this event. If you are not on our mailing list for this event and want to receive the seller registration notice next spring for the April Faire, ask Member Services at the Vista Club to put you on the email list. Questions? Contact Member Services (707) 374-4200 or Debbie Dorn at ddorn@actionlife.com.

Open Mic & Karaoke Nights Return January & February!

These two popular events will return, they're simply re-scheduled from November and December to make way for this eventful holiday season! Watch for the return of amazing entertainment along with spontaneous sing-a-long good times specially designed for your fun and enjoyment!

Tree Decorating Social ~ with Pianist Jim Hurt

Saturday, November 28, 10 a.m. – 1 p.m.

Grand Living Room, Vista Club

It's an old fashioned get-together and decorating social for the holidays! There are plenty of spaces needing your decorative touch! Light refreshments will be served and the Café Vista will be serving until 3 p.m. This is sure to be a great time sharing the holiday spirit! Sign up at Member Services 707-374-4200 and gather in the Monterey Room.

Holiday Decorations Shop & Swap

Plus 2014 Seasonal Events Slideshow

Saturday, November 28, 10 a.m. – 1 p.m.

Diablo Ballroom, Vista Club

Do your holiday decorations need freshening up or is that a work-in-process? Looking for ideas? Here is your perfect opportunity to downsize or swap and shop for decorations! And this isn't limited to only this season's decorations! You may find unique treasures to complete any theme! Get into the spirit of the season with holiday decorating and socializing with your neighbors! Light refreshments will be served. Sellers and swappers, sign up now for your free space on the Diablo Ballroom round tables at Member Services (707) 374-4200. If you have large items, no worries, just bring photos for display!

Tree Lighting Ceremony ~ It's an Inspirational Tradition

Sunday, November 29, 7 p.m.

Vista Club, Grand Living Room ~ Free

Join in this Trilogy Experience that will heighten your sensations of the holiday season through performances by Delta Breeze, Delta Harmony and an instrumental ensemble from Trilogy Jazz Band. No signup required.

Trilogy Holiday Show

Wednesday, December 16, 7 – 8:30 p.m. Vista Club ~ Free

Join together for a delightful experience of holiday performances hosted by Trilogy, the Trilogy Jazz Band, Delta Breeze Chorus, Delta Harmony and Delta Tones. No signups are required. Contact Member Services at (707) 374-4200 with questions.



Club Ornaments for the Delta Club Holiday Tree

Trilogy clubs and groups, here's another opportunity to share your message! Get creative, gear up for the holiday spirit and get your club represented on the tree! The club ornaments for the Delta Club holiday tree have become quite worn and need to be replaced. We invite you to bring two ornaments no larger than 6" each by Monday, November 23 to the Member Services desk. Questions? Email Debbie Dorn at ddorn@actionlife.com, or call her at (707) 374-4200.

Complimentary Hearing Screening and Assessment

Thursday December 10, 1-3 p.m.,
Monterey Room, Vista Club ~ Free

Advanced Instrument Hearing Aid Centers offer a complimentary hearing screening and assessment at Trilogy generally the second Thursday of every third month. Also offered are cleanings for your aids, tube changing, adjustments, and repairs on a complimentary basis. Some repairs may have a fee depending on the severity of the repairs/parts needed to complete restoration. Contact them directly to make an appointment at (707) 428-1313, although walk-ins are welcome.

The Polar Bear Plunge

Sunday, January 1, 10 a.m., Delta Club Pool ~ Free



Let the fun begin! For those of you who want to cross something off your bucket list or just to challenge yourself in a new way, join fellow Trilogy residents and take the plunge at the Delta Club's pool. How

do you prepare? You don't. The essence of plunging is the group energy. You must go all the way under to qualify. It's exhilarating! Afterwards, warm yourself in the hot tub then enjoy hot chocolate and refreshments in the Delta Club Marina Room. Those who plunge will receive a 2016 Polar Bear Plunge t-shirt! Collect them from year to year. Sign up at Member Services at the Vista Club or call (707) 374-4200, and be sure to mention your shirt size!

Registration For New Year's Eve Celebration

Monday, November 2, 10:30 a.m. – 12 p.m.
Monterey Room, Vista Club ~ \$60

New Years Eve Celebration

The Ball Drops Live from Times Square at 9 p.m.!
December 31, 6 – 11:30 p.m.,
Diablo Ballroom, Vista Club

Rally your friends to sign up to reserve your place with table selection. Limited seating is available and late sign-ups will be accepted only while space lasts. We encourage large groups to send one person to sign up with full names and payment from those they are signing up. Table selection will be available. For more information email (ddorn@actionlife.com) or call Debbie at (707) 374-4204.

This year's party will be less formal attire, begins with couple photos, a delicious hors d'oeuvres reception and leads into a scrumptious all-inclusive buffet dinner served with choice of two entrees. The Trilogy 2015 picture slideshow displays on the big screen while light melodies play during conversation. Later dance through the night with Matt Applin and The Midnite Band! Share the count-down live from New York Times Square on the big screen with party favors, and toast the New Year while we sing along to Auld Lang Syne! Private-label champagne will be provided for toasting. Coffee, iced tea and water will be available or bring your own beverage of choice to enjoy through the evening. Ice will be provided.

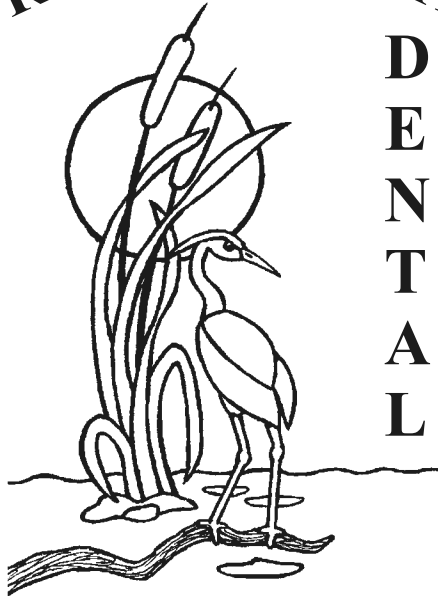
Showcase Your Club!



Currently featured is
the Photography Club.

Portions of the Vista Club display case are available for clubs to promote activity, projects, and participation! Let others know what your group is about, display items that will tell the story and invite others to join the fun! Include a sign with the club name and contact information on display for those inquiring minds. Those interested in showcasing their club or group can have the authorized representative sign up at the Vista Club Member Services desk. For more information contact Debbie Dorn at email address ddorn@actionlife.com.

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**Ethel Ott
(Cupcake)
and
Eileen Griffin
(Twinkie)**

Dec. 10, Christmas Story Musical at the Orpheum Theatre, \$159/pp

Orchestra seating for this heart-warming saga of a little boy's wish for a special Xmas present; and, how he schemes to get it. Full of delightful songs and splashy production numbers. Great holiday family show! Hosted dinner included.

Jan. 5, "Get Outta Town" Special, \$30/pp

We're going to Jackson Rancheria Casino Resort for 4-5 hrs. of "Stay and Play" with a \$20 bonus. We'll stop over at the Lockford Meat Market for some of their delicious sausages to bring home.

**Jan. 19-Feb. 3, A16-day
Hawaii/Mexico Cruise**

An orientation luncheon, transportation to and from ship, luggage handling, port and government charges and drivers' gratuities are all included in the price beginning at \$2,025/pp/double. A 4-page brochure is available

**Feb. 23, Craig Smith San Francisco
Tour and Lunch, \$82/pp**

Craig is back and ready to guide us on another of his fabulous and informative

SF tours. This one will be his customized "Follow the Seagull" tour. It's crazy, it's fun and it's packed with SF scenic wonders and landmarks! An easy walking tour.

**March 6 - 10, 5-days in Southern CA,
\$878/pp**

Trip Highlights: Lunch and special viewing of the "Vatican Splendors" at the Ronald Reagan Presidential Library, Madonna Inn Luncheon; Great American Melodrama dinner show; Fess Parker Winery Tour & Tasting; Danish Smorgasbord and shopping in Solvang; BBQ and Exhibition Trick Riding and Roping by the Riata Ranch Cowgirls; Dinner at the 94 Aero Squadron in Van Nuys; Tachi Palace Casino Resort and more!

For further information call Ethel (7548) or Eileen (2684).

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Assessment Notice

Association Assessments are published monthly on this page of *Trilogy Living*. This is an additional vehicle for checking your current assessment. Coupons will reflect the monthly assessment for those receiving them. Those on automatic withdrawal (ACH) may check their bank statements after the 5th of the month to see the amount taken out and all members may register at www.actionlife.com to monitor their accounts 24/7. If you have questions or need help registering online, please call the Administrative Office 707-374-4843.

Assessments for the month:

Master Association \$126.51

The developer subsidy, as it applied to less than 200 original owners of Village I, expired as of May 2015. From June 2015 forward, all members, including past subsidy recipients, are responsible for the Master Association Assessment of \$126.51 plus the appropriate Village Assessment below.

Village I \$5.25

Village Oakmont \$5.20

Olympic Village \$5.10

Village Riviera \$5.25

Saddle Rock Village \$0
(None until dormancy ends)

Eagle Point \$0
(None until dormancy ends)

Association Minutes and Financials – Minutes of the Master Board Meetings, Village Board Meetings and Committee Meetings, as well as, Financial Statements, are posted on www.MyTrilogyLife.com (MTL) and vivoportal.com (VIVO) for your review.

Acceptance of Credit Cards – In addition to credit cards being accepted at the Café, we now accept them at Member Services for events, fitness cards, personal training, and spa services, etc. They are accepted at the Administrative Office for payment of transponders, keys and payment plans. They cannot be used to pay monthly assessments at the Administrative Office but you can pay monthly assessments on VIVO with credit cards.

Electronic Communication – The Association is no different than other organizations in leaning more on electronic communications to its members. There are two ways you can assist in reducing costs to the Master and Village Associations.

E-Alerts – Submit your email address to the Member Services desk at the Vista Club. This will get your information such as special announcements, monthly agendas and most important, the weekly e-newsletter, which updates you as to activities in Trilogy and the greater Rio Vista area.

Disclosure Opt-in – You may also choose to receive required documents which must be delivered by the Association(s) such as budgets, yearly financial statement, etc. To do that you must go to the Administrative Office and sign a form authorizing delivery by electronic methods. Thank you for considering both options.

You have signed up for e-Alerts and Disclosure Opt-in but are not receiving them – Some of you may notice from time to time that you stop receiving the MTL e-Newsletters and/or the TRVMA e-Alerts. If this happens, please contact Jacquie and she will work with the email team to make sure that you're on the 'active' list in the email system. Emails can be removed from the 'active' list in several ways: a user may click the 'unsubscribe' link on an email, a user may uncheck the newsletter subscription box on his/her profile on MTL, or, more often, a user's email service (i.e. Hotmail, MSN, and Gmail) may confuse the e-newsletters for junk and automatically reject all ongoing mail. This last scenario results in your email address being automatically moved off of the 'active' list in our systems. If you contact Jacquie at jroche@actionlife.com, she will have the email team move you back to 'active,' but we also suggest that you add the e-newsletter email address – noreply@actionlife.com – to your "safe senders" or "friends" list in your email settings to reduce the odds of problems.

Club Hours – The Delta Club is open at 7 a.m. for entry with members' keys. It is open from 8 a.m. to 11 p.m. for entry without keys. From 11 p.m. until 7 a.m., there is no entry. The Delta Club pool, spa and patio are open 24 hours daily. The Vista Club is open from 6 a.m. to 9 p.m.

Thank You – The Administrative Office appreciates and thanks all members who abide by the Rules and Regulations of the community.

Street Lights – Please report all street lights that are out to the Administrative Office/HOA. Please have the light pole number, the street and the nearest cross street when reporting lights that are out or not working properly. It is quite expensive to hire the boom truck. Therefore, until there are 10 lights needing work, we do not hire the truck. This could mean several weeks between the time you report the light and the actual repair.



RV/Boat Passes – You do not need to bring your RV to the Welcome Center each time you need a pass. If you have registered your RV on Dwelling Live, you can simply go to the gate and pick up the pass. Reminder: you may not have these vehicles in the community longer than 48 hours and they cannot be occupied while in the community. They are to be parked at your home, not in any common or undeveloped areas of the community.

Where Do I Go If I Want To.....?

Reserve Tables and/or Chairs – Member Services – Vista Club (707-374-4200)

Have Copies Made, Send a Fax and/or Receive a Fax – Member Services – Vista Club (707-374-4200)

Pick up a Residents' Directory – Member Services – Vista Club (707-374-4200)

Submit Residential Ads for the *Trilogy Living* – Kathy Nilsson – Member Services – Vista Club (707-374-4200)

Indoor Plants – Please do not use the potted plants as garbage receptacles and do not water plants. A staff member takes care of the plants and when well-meaning members decide to help, it often makes matters worse. The plants are expensive to replace and all members pay for replacements.

Anonymous Notes to the Administrative Office/HOA – Please sign all Administrative Communication Forms as we only take action on signed forms.

Violations – Please do not register complaints to the Administrative Office/HOA without making sure you have the correct address of the person in violation. Example of what not to report – two houses down from the corner of a particular street. If you receive a violation notice, please contact the HOA office.

Your Pets – Your Responsibility – We appreciate everyone who is being considerate of your neighbors and showing pride in your community by carrying bags with you when you walk your pets or by using the bags provided in dispensers throughout the community to pick up after your pets. Please take only one of the provided bags at a time. Thank you for keeping your pets on a leash at all times.

Pets in the Clubs – No pets are allowed in either the Delta or Vista Clubs with the exception of service dogs. Service dogs are allowed only if they have been registered with the Administrative Office and have a TRVMA identification card. They must have their vest and TRVMA card on them at all times when they are in the clubs, and they must be accompanied by the person for whom they are providing a service. If you do not comply with a request from a staff member to show them the TRVMA card, you will be required to leave the club until you present it. Therapy dogs are not allowed in the clubs at any time.

They are not service dogs and are not protected under the ADA.

Updating Your Information at the Administrative Office – It is important to let the Administrative Office know when any of your information changes including moving from one property to another within the community. Please include address, phone, email, frequent guests, emergency contacts, etc.

Late Charges on Assessments – Assessments are due on the first of each month. Many Members treat the 15th as the due date and then request a waiver of the late fee when payment is not received by the 15th. If you are paying your assessments through your bank or mailing a check yourself, it is recommended that you move the date of payment to the 23rd of the month so that the payment is actually received by the first when the assessments are due. Many banks are batching payments before sending them out, so even though your account may show a payment on a particular date, the payments are not being mailed on that date. In addition, the post office has closed facilities and laid off employees. This is resulting in longer times for mail to reach its destination. If you schedule payments through your bank or mail your check without adequate time allowed for delivery, you run the risk of being charged a late payment.

Parking in front of mailboxes – Thank you for helping our mail carrier deliver your mail. Our staff deliver fliers and giving your neighbors easy access to their mailboxes by not parking in front of mailboxes and asking your service providers to park elsewhere also.

Welcome Center/Dwelling Live – Please make sure that your guests and vendors have your full name and/or address to give the Welcome Center attendants; otherwise they will not be given access. The Welcome Center attendants are grateful to those members who enter guests on Dwelling Live, call the Welcome Center or email them when expecting guests and especially when having a party and expecting several guests. They don't want to deny access to anyone you are expecting but have no choice if they haven't been notified and they can't reach you to get your authorization upon your guests' arrival. Instructions for using Dwelling Live are available at the Vista and Delta Clubs.

Irrigation – Please adjust your sprinkler system to reflect weather conditions and the Governors Executive Order to water only twice per week.

Suspicious Behavior – Trilogy is a private community but not a secured one. Please keep your doors and windows locked when away from home and lock your car. If you observe unusual behavior that warrants a call to the police, please call.



Dumping Trash – Thank you for using your own receptacles for disposing of trash rather than any others throughout the community, and for not putting soda cans, water bottles and other trash in the doggie waste disposal receptacles. All residents are required to have garbage service.

Service Provider Resource at the Delta Club – There are two business card holders on the hall wall at the Delta Club. When looking for service providers, check out this area. TRVMA/HOA does not recommend any of these vendors; this is simply a resource for members.

It's Your Money – Please help cut down on avoidable expenses by:

1. Thanks to all members who put down umbrellas at the bocce courts, the Delta back patio, and especially the Delta pool area when you are leaving and no one else is around. When the wind catches the umbrellas they are often damaged and must be replaced. If they are on the glass tables in the outdoor pool area, not only are they damaged but the glass table tops are shattered. This costs time of the maintenance staff who must assure that all glass is cleaned up and also the expense of replacing the table tops. The table tops and umbrellas are quite expensive. Again, thank you for saving all members the cost of replacing them.
2. Please report any theft to the Administrative Office/HOA. Remember that when something is stolen, all members pay for the replacement. We need your help in cutting down on theft.

Gardeners – Please remind your gardeners that they cannot start work before 8 a.m. and that they should bag all clippings/leaves and not blow them into the street, gutters and others' yards.

Architectural Applications – Important reminder: Applications must be submitted for work being done on the exterior of your home and yard. If you do not submit an application, a \$500 application fee can be charged.

Delta and Vista Pools – All guests must be accompanied by a resident. Children under the age of 18 are allowed in the pools during the hours of 11 a.m. - 3 p.m. and must be out of the pool area by 3:15 p.m.

Golf Carts – Remember golf courts must:

- A. Yield to overtaking vehicular traffic
- B. Be operated by a person who is at least 18 years old
- C. Be covered under sufficient liability insurance.

Golf carts must obey all traffic signs that other vehicles must adhere to, including following the directions of the arrows on asphalt in parking lots.

Bicycles – Bicycle riders must obey all traffic signs.

For Your Safety – If you are walking in the street, please yield to vehicles. Please wear light colors and carry a flash-light when walking or biking at night or early mornings.

For non-delivery of newsletter – Please contact Debbie Dorn at 707-374-4204.

Visitors to the Vista Club – If you have guests, please remember the following rules apply to your guests using the Vista Club:

Signing In: The Master Association Board of Directors requires all residents and invitees to sign in. This is for the safety of members and employees, and for the protection of our assets. This may be accomplished by using your ID card or by signing in. Members who are accompanied by guests must sign in instead of using their ID card. Guests who come without their sponsoring homeowner must sign the homeowners name on the sign-in sheet and are limited to using of the Café Vista and Grand Living Room. Please help us keep your club private and safe by observing this policy

Billiard Room: a resident must be with their guests when they use the Billiard room. All guests must be at least 18 years of age.

Café Vista: all guests may use the Café Vista.

Café Vista computers: available for residents and their guests over the age of 10. Guests between the ages of 10 and 18 must be accompanied by a member. There are no parental controls on these computers.

Fitness Room, Group Exercise studio, walking track, and the Learning Center: are available for residents only.

Access Committee

What Every Resident Should Know About Access - Part Two

Exits are located next to each entrance at the Welcome Center, Palisades Drive, and Diamond Hills Drive. Each of these are off Summerset Drive and can be located by following Summerset Drive around the community. Knowing where all the exits are located is important because the exit we normally use may be unavailable.

Take a moment to locate and use an unfamiliar gate. Palisades Drive connects to Airport Road and Diamond Hills Drive connects to Church Road, where you can turn right and reach Highway 12 or turn left and reach Airport Road. Airport Road makes a great alternative to Highway 12 going into town as there is much less traffic.

Each exit gate is automated and works by sensing a vehicle waiting to exit. The gates use the same technology



found at traffic signals we encounter, sensors in the road-way detect metal passing above them.

The Welcome Center exit gates are normally open during the day. Most of us drive through the center when leaving. This can be a problem when the gates are closed because there are two exit lanes at the Welcome Center and the sensors are in each lane. When we drive in the center, straddling the lanes, the lane sensors may not detect our vehicle and open the gates. Whenever you encounter closed exit gates at the Welcome Center choose either the left or right lane when approaching the gates.

The Welcome Center is staffed 24 hours a day and can be reached at 707-374-4306. The Administrative Office is available during normal business hours to answer questions at 707-374-4843. The Access Committee can be reached through Chairperson Art Darden at 707-374-3455.

Emergency Action Committee

Halloween has passed and we are back to standard time. The holiday season is fast approaching; it's time for many of us to start thinking about gift giving. The Emergency Action Committee has a few suggestions to help you out.



New batteries for your smoke detectors: batteries should be replaced regularly and now is a good time to replace them. Count the number of detectors in your home, buy new batteries, normally one 9V per detector, and replace all the batteries at the same

time. If you are unable to replace the batteries yourself, ask someone to help you. The Fire Department may be able to assist you; call the office during business hours at 707-374-2233. The picture above shows the battery location in the smoke detector similar to the one most of us have installed in our home.

A favorite holiday activity is enjoying all the delicious foods, but what to do if someone is choking? Learning how to help yourself or another does not take long and you may be giving the gift of life.

A cause of sudden death in our age group is a heart attack. Can you help? Cardiopulmonary Resuscitation (CPR) classes are offered throughout the community; devoting a few hours to learning this skill may save a life.

Think about giving a gift to your community! Join our committee as a volunteer. We meet monthly on the second and fourth Tuesdays from 7 – 9 p.m., Marina room, Delta Club. We welcome visitors and new members. For information contact Gillsa Heredia Miller, volunteer member at 916-508-2758; Alan Levine, Chair at 707-718-7907;

Meeting Calendar

Master Association Board

Tuesday, November 10, 2 p.m.
Diablo Ballroom, Vista Club

Eagle Point Village Board

Monday, November 16, 6:30 p.m.
Rio Vista Room, Delta Club

Village Oakmont Board

Thursday, November 19, 7 p.m.
Marina Room, Delta Club

Olympic Village Board

Thursday, November 12, 6:30 p.m.
Marina Room, Delta Club

Village 1 Board

Thursday, November 12, 4 p.m.
Marina Room, Delta Club

Village Riviera Board

Thursday, November 5, 6:30 p.m.
Marina Room, Delta Club

Saddle Rock Village Board

Wednesday, November 18, 6:30 p.m.
Rio Vista Room, Delta Club

Council of Village Presidents

Monday, November 16, 10 a.m.
River Room, Delta Club

Access Committee

Monday, November 23, 1 p.m.
River Room, Delta Club

Administrative Policy Review Committee

November/December Meeting on December 10
Monterey Room, Vista Club

Adult Committee

Thurs. Dec. 10, (Nov./Dec. Combined)
Rio Vista Room, Delta Club

Amenities Committee

Monday, November 16, 3:30 p.m.
River Room, Delta Club

Document Revision Committee

Monday, November 2, 9, 16, 23 and 30, 9:30 a.m.
Monterey Room, Vista Club

Emergency Action Committee

Tuesday, November 10 and 24, 7 p.m.
River Room, Delta Club

House Renovation Committee

Monday, November 9 and 23, 3 p.m.
Monterey Room, Vista Club



Eagle Point Village Board News

The next meeting of the Eagle Point Village Board of Directors is scheduled for Monday, November 16 at 6:30 p.m. in the Rio Vista Room at the Delta Club. All Eagle Point Village Residents are encouraged to attend to learn what's happening in Trilogy and Eagle Point Village. Your questions and/or concerns regarding Eagle Point Village are welcome. Plan to stay for the social hour following the meeting. It is a great way to meet your new neighbors and enjoy local wines, soft drinks, hors d'oeuvres, and baked goodies. Contact Teresa Fraser at 415-407-8563 for additional information.

Saddle Rock Village Board News

The Saddle Rock Village Board meets every other month on the third Wednesday of the month at 6:30 p.m. in the Rio Vista Room of the Delta Club. The goal of each meeting is to provide information of value to the community. We hear a report from our delegate to the Trilogy Master Board, Roger Kohn, a report from a member of our village Architectural Committee, Winnie Berger, and a report, including a synopsis of community rule violations since our previous meeting, from the General Manager, Ed Vitrano. The next Board meeting is November 18.



The Board considers issues impacting our community life and takes action where appropriate. Members of the community have the opportunity to ask questions and express their opinion on matters raised by the Board as well as bring new matters to the Board for their future consideration. The Board meetings offer a great opportunity for all residents to stay up to date on what's happening in Saddle Rock and throughout Trilogy.

Beyond the regularly scheduled meeting the Board holds hearings as needed to resolve resident issues. The Board members also welcome input from members regarding their concerns throughout the month.

Living in a community with a homeowner's association provides many benefits but it also bestows responsibilities on each member. Rules are established to help all of us live peacefully in community and each is expected to follow those rules. Ineffective or obsolete rules can be changed and let's work together to identify and change them. In the meantime, let's get out and enjoy the company of our friends and neighbors.

Saddle Rock Village Residents' Club

As you are reading this article, I would like to remind all Saddle Rock Village residents that our last Residents' Club meeting for 2015 will be held on Wednesday, November 18. Our meeting will follow the Saddle Rock Village Executive Board meeting that begins at 6:30 p.m. in the Delta Club, Rio Vista Room. Of course we will be serving wine, soft drinks and goodies as always at the end of our meeting social hour.

Richard Larsen, Vice President of Saddle Rock Residents' Club did a wonderful job promoting our trip to Apple Hill. Thank you. Bingo on the bus was great fun, with prizes as well. We had a great time visiting all three venues.

We are in the final planning stages of our Snowflakes and Satin Holiday Party. We will be hosting with Oakmont Village. It will be held on Sunday, December 6, in the Vista Club Diablo Ballroom. Check in time is 5 p.m. and the buffet at 6 p.m. The caterer is PBS Catering Service. The evening will start off with appetizers, then a wonderful buffet and dessert. Please bring your own beverage of choice. Coffee and water will be served. Music and dancing will follow; music is by the band "Afterglow." We are accepting a waiting list for reservations. For information, please contact Dana Hoover, President, at 707-374-3455 or time4dana@mindspring.com.

Village Oakmont Residents' Club

As you may have noticed included with your sign-up sheet for our Oakmont-Saddle Rock Dec. 6 Holiday Dinner and Dance was a 2016 Election Form for Oakmont's Residents' Club. Please be sure to return the form by November 30 to Box #2 at the Vista Club. We will not be able to conduct the election as usual this year at our Holiday Dinner and Dance. The Election form allows you to either vote for people who have already submitted their names or you may write in a candidate. We will announce the new slate of elected officers in the December *Trilogy Living* in the Oakmont Residents' Club article. If you have questions, contact Antoinette at 707-374-5154. She is head of the nominating committee.

Village Oakmont Kare Bears

The Oakmont Kare Bears will celebrate the holidays with their annual Holiday Luncheon to be held on Tuesday, November 10. The time and place as of this writing had not been decided and confirmed, but this information will be sent by email to all members once it has.



We are also looking for volunteers to bake turkeys for the annual Thanksgiving distribution to disabled seniors in Rio Vista through Rio Vista Community Services. Turkey dinners, with all the trimmings, including pies baked by the Riviera Kare Bears, are delivered to these seniors on Thanksgiving Day. If you can help by baking a 10-12-pound turkey, please call Janet McKimmy at 707-374-5415.

The upcoming election of officers was discussed at the September meeting, with all present officers volunteering to stay in office for another year with the exception of Co-Chair Janet McKimmy. She has decided not to run again after many years of devoted service. Many thanks, Janet! Anyone interested in running for this office, please call Co-Chair Annelie Voit at 707-374-4968 or join us at our next meeting.

The November meeting will be held on Tuesday, November 10, instead of Wednesday the 11, due to the Veterans Day holiday. It will be a short meeting, followed by the Christmas Holiday Luncheon mentioned above. Again, the time and place will be emailed to all members when decided. Have a great Thanksgiving everyone!

Village One Residents' Club

A special thank you to each of you who donated needed items to our fire department on October 2.

New officers for 2016 were elected at the Village One Residents' Club quarterly meeting on October 21, and plans were discussed for the holiday party and the next year's events. We hope you will join us for the fun-filled activities planned for the new year! Save the date December 12 for the Village One Residents' Club holiday party. Watch for more information in the December article. We wish each of you a very happy Thanksgiving. Take the time to count your blessings. We do, in fact, have so much for which to be thankful. For more information, please call Tess Felte at 707-374-4778.

Village Riviera Board News

It was brought to the board's attention that there has been an increase in feral cats in some neighborhoods. Please, if you have a pet, feed them inside. That way unwanted animals and wildlife won't become a problem. It is also each resident's responsibility to paint their mail box when it needs it. The second reading passed requiring residents to notify their neighbor when doing any home landscape or hardscape projects. So please check at the HOA office at the Delta to get the "Neighbor Landscape/Hardscape Awareness Form" before starting your project. The environmental service center is located in Riviera and work has been done

to the building and surrounding area to enhance the view for neighbors.

Riviera HOA meetings are on the first Thursday of odd-numbered months (January, March, May, July, September, and November). Our next meeting will be on November 5 at 6:30 p.m. in the Marina Room at the Delta Club. We hope to see you there, and want you to know we welcome your questions or concerns regarding Village Riviera. Call Don at 707-374-6407 regarding any questions.

Village Riviera Residents' Club

Many thanks to everyone who attended and helped with Village Riviera's Bunco & Beans Event at the Delta Club on October 24.

Our Annual "Black and White" Holiday Dinner Dance will be held on Saturday, December 12, in the Diablo Ballroom at the Vista Club. Please watch for flyers and look for more information about this event in the December issue of *Trilogy Living*.

The social committee meets on the third Thursday of the month at 5 p.m. in the Monterey Room at the Vista Club. Please join us, it's a great way to work with friends and neighbors and to have fun planning our village events. Contact President Patty Ramos at 707-377-4410 or pscramos@yahoo.com for more information.

Village Riviera Kare Bears

This is the month that we are thankful for our blessings and I am thankful for all of you. The Kare Bear organization helps those in need in our Village Riviera neighborhood. I know that many of you help your neighbors even though you may not belong to our club.

I would like to thank those people in Riviera who responded to our flyer and have expressed an interest in becoming a street coordinator. Remember, Riviera Kare Bears assist any Riviera resident in time of need due to sickness or surgery.

If you or a neighbor needs our services and live in Riviera please contact your block neighborhood Kare Bear coordinator or Valerie at either jonvalk@gmail.com or 707-374-6942. If you need a Kare Bear for another village please call the front desk at the Vista 707-374-4200 and they will be able to help you get in touch with the Kare Bear for your village.

Village Riviera Kare Bears meet the second Monday of even months. Our next meeting will be the Christmas social. Date and time will be in the December *Trilogy Living*. Any questions call Geraldine Swan at 510-507-4080.



Kathy Erwin
Fitness & Spa Director



November Fitness Orientations

Saturday, November 7 at 11 a.m.

Tuesday, November 10 at 6 p.m.

Saturday, November 21 at 11 a.m.

New members are required to attend one of our free monthly Fitness Orientations before using the Fitness Center.

It is a chance for us to get to know you and answer your questions. We'll have you fill out a Health and Fitness History form at the Orientation.



Holiday Fitness Tickets

November starts the Holiday Fitness tickets ... Come to as many classes as you can from November 1 - December 16. For every class you take, you will receive a ticket to be entered into a drawing for prizes! Put tickets in the Holiday Box at Member Services, Vista Club. Please print your name and phone number prior to placing in box. One ticket will be given for every class you attend from November 1 - December 16.

Then, save the date: Thursday, December 17. This is the Annual Holiday Potluck Luncheon where we will give away over 80 door prizes to the ticket winners!

Walktober 2015

Two hundred and ninety-five members participated in our Seventh Annual Event. Walktober made them appreciate the beauty of their surroundings. It got them out the door and into a better frame of mind. There were door prizes, a variety of refreshments, fruit and bagels awaited the return from their walk. Dr. Charles Peri did free Acupuncture Diagnostic Readings, Dr. Kimberly Gilmore did Free Body Compositions, and Joele Swift did Free Chair Massages. I would like to sincerely thank the many Walktober volunteers for giving of their time and serving the needs of the event by handling registration, check points, first aid, warm-up exercises, refreshments, food preparation and just welcoming our walkers. I thank you.

Rio Vista Fire Department

Octavia McConnell

Betty Andersen

Joele Swift

Richard Larsen

Janice Larsen

Prescy Dela Cruz

Anna Chunn

Susan Prince

Barb Downs

Beverly Shilich

Lorle Kennedy

Steve Ong

Denise Rubiaco

Mary Beth Martinez

Pamela Nicoletti

Pat Kruse

Terri Anisko

Linda VanNieuwburg

Pam Driscoll

Ken & Toni Guillory

Walda Cyrus

Theresa Armas

Bev Hiatt

Patt James

A special thanks to Trilogy's very own Emergency Action Committee



Walktober 2015 Highlights





Happy Thanksgiving

Thanksgiving is a time to reflect on the blessings of last year and to recall memories that were made in the past but will last into the future. As you plan another Thanksgiving, take time to reflect on the faces that will sit around your Thanksgiving meal. Although some of the faces may change, it will only take a smile or kind thought to bring those not present back to your memory. This is a time to give thanks. As you prepare to spend time with friends and loved ones, take a moment to wish "Happy Thanksgiving" to someone you may not know. It may just warm your heart.



Kathy Erwin
Fitness & Spa Director

**Warm wishes from The Fitness and Spa Staff!!
Have a Wonderful Thanksgiving.**



Anna Chunn
Fitness Administrative Assistant



Terry Kelly
Swim Instructor



Bev Shilich
Group Ex Instructor & Personal Trainer



Sharon Stafford
Massage Therapist



Angela Grinnell-Hall
Esthetician & Massage Therapist



Charles Peri
Acupuncture Doctor



Kimberly Gilmore
Naturopathy Doctor



Joelle Swift
Massage Therapist, Personal Trainer & Group Ex Instructor



Pat Puryear
Personal Trainer & Group Ex Instructor



Prescy Dela Cruz
Group Ex Instructor



Sharon Roberts
Group Ex Instructor



Tammy Trujillo
Group Ex Instructor



Sophie Imbuelten
Group Ex Instructor



Denise Rubiaco
Group Ex Instructor



Deanna Araya
Group Ex Instructor



Lillian Garlick
Group Ex Instructor



Marti Meyer
Massage Therapist



Dr. Charles Peri Doctor of Oriental Medicine

Dr. Charles Peri is available every Thursday
from 9:00am - 4:00pm.

Acupuncture Information:

- Same day appointments may be available.
- For cancellations, advance notice of 48 hours is requested to avoid any fees.

***For your first appointment:** Please arrive 15 minutes early to fill out health history paperwork provided at the front desk.

Acupuncture Prices:

Initial visit (75 minutes) \$120
Acupuncture follow up (45 minutes) \$90

**To make appointments contact
Member Service Desk: 707-374-4200**



NATUROPATHY

Dr. Kimberly Gilmore, ND will be at Trilogy on
Wednesday, November 18 for individual appointments and

VITAMIN B-12

Happy Hour Only

Times: 10:30am and 4:00pm

Dr. Kimberly Gilmore, ND

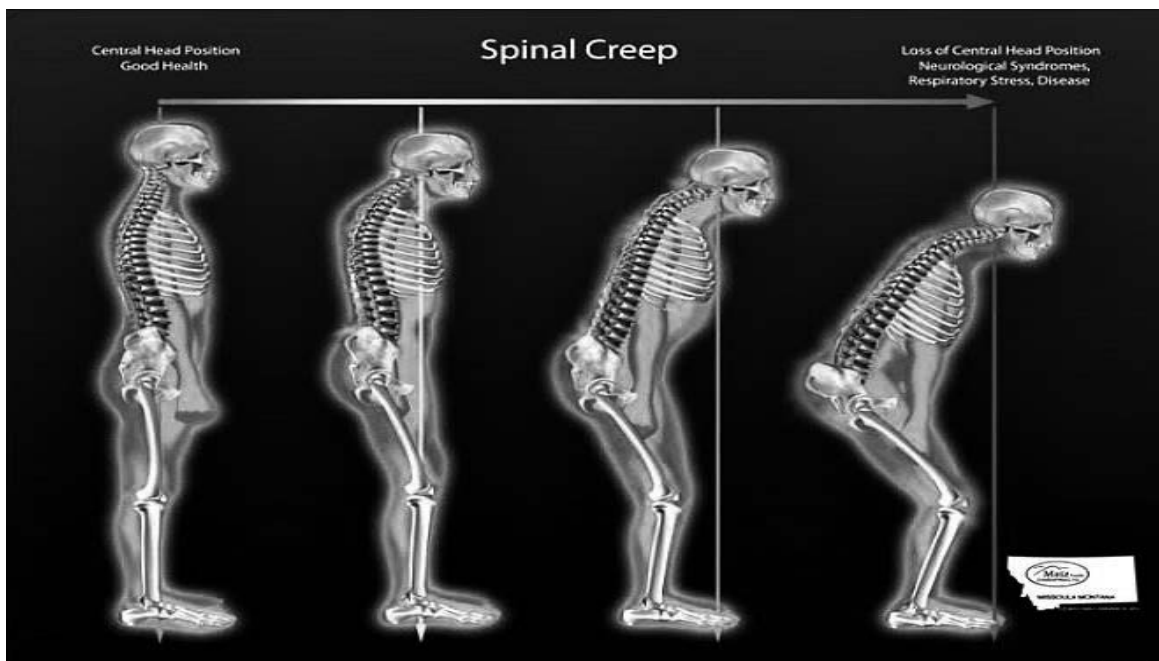
Fee: \$30

November 18 only

To make an appointments call Member Services 374-4200.

Same day appointments may be available.

WHAT PHASE ARE YOU?



**REVERSE DAMAGE AND PREVENT FURTHER SPINAL CREEP
SENIOR DISCOUNT 10% OFF NEW PATIENT EVALUATION
Awender Chiropractic (707) 374-1412**



November Spa Specials



Fall Spice Aromatherapy Massage

Indulge your senses this fall with a fall spice massage that combines a relaxing, de-stressing massage with fall scented aromatic oils.

50 minutes for \$45

Purchase from
November 1 - 30, 2015

Holiday Bliss Facial

Relax & allow your Esthetician to customize a facial that personally addresses your skin. The facial cleanses, conditions, moisturizes, rejuvenates and relaxes tension in the face and is appropriate for all skin types! Also includes a Pumpkin Spice Moisturizing Foot Treatment!!

75 Minutes for \$70

Purchase from
November 1 - 30, 2015



2 Facials: Express Vitamin C Brighteners

45 Minutes Each \$90

Purchase from November 1 - 30, 2015



2016

New Year's Eve Celebration



Trilogy




Vista Club Diablo Ballroom

6:00 pm to 11:30 pm

Indulge and Celebrate an Evening of Fine Dining
Live Entertainment Featuring Matt Applin & The Midnite Band
Enjoy the Spectacular Ball Drop at 9:00 live from
Times Square on the Big Screen to bring in the New Year

Pre-Registration: November 2, Monday 10:30 am - 12:00 pm
Vista Club Monterey Room ~ \$60 pp & Entree Selection
Open Registration Follows As Available at Member Services

Entrée Selections:

-  Whole Roasted Sirloin with Carving Station
-  Salmon with Lemon Pepper Sauce
-  Grand Buffet includes Roasted Red Potatoes, Green Beans, Mixed Green Salad, and Mocha Chocolate Mud Pie with Berry Sauce

Join us to ring in 2016!

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Owner Operated from
Consultation through
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with over 1 Million
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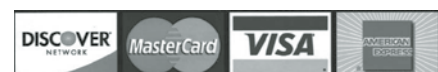
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Key

Bold = New/Change
(B)eginning
(I)ntermediate
(A)dvanced

TrilogyLiving

Fitness Class Schedule for November 2015



CLASS LOCATIONS
(GX) Group Exercise Studio
(DB) Diablo Ballroom
(VP) Vista Pool
(DP) Delta Pool
(RV) Rio Vista Room–Delta
(SR) Sonoma Room-Vista
(FC) Fitness Center

Trilogy Fitness Punch Card Choices: blue 20-punch, \$70; yellow 10-punch, \$35, Unlimited Monthly Punch Card, \$85. Attend as many classes as you want each month! Get your cards at Member Services. Please call Fitness & Spa Director Kathy Erwin at 374-4205 if you have questions. All classes are held in the Vista Group Exercise Studio unless otherwise noted.

Last Month’s Punch Card Raffle Winner: **Linda Keller**

November Fitness Orientations: Sat., Nov. 7 at 11 a.m., Tues., Nov. 10 at 6 p.m., Sat., Nov. 21 at 11 a.m.

If you plan to make a (ROM) Range of Motion appointment for a later date, please bring a \$20 check with you to the orientation. Thank you!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 8:30-9:30am WOW-TABATA-TABATA (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 10-11am Aqua Fit (B) (VP) Denise 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 10-10:45am Core Balance & Standing Abs 10-11am Meditation Breathing (B) (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (GX or DB) Deanna	3 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 11-12pm Feel Good Class (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly	4 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10am Intro to Dance Aerobics (B/I/A) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-11AM Balance Boogie (GX) Joele 10-11:30am Hot ZUMBA (I/A) (GX) Prescyy 6:30-7:30pm Balance Ball (GX) Deanna	5 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Core/Stretch (B) (GX) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9:30-10:30am Advanced Aqua (B/I/A) (VP) Kathy 11-12pm Feel Good Class (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/I) (GX) Tammy	6 7-8am Early Yoga (B) (DB) Tammy 8:30-9am TABATA (B/I) (GX) (Pat) 9-9:30am Body Pump (B/I/A) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 10-11am Aqua Fit (B) (VP) Denise 10-10:45am Core Balance & Standing Abs 10-11am Balance Ball (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie	7 8:30-9:30am Step Aerobics (GX) Pat 11am-12:30pm ZUMBA Power (GX) Sophie
9 8:30-9:30am WOW-TABATA-TABATA (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 10-11am Aqua Fit (B) (VP) Denise 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 10-10:45am Core Balance & Standing Abs 10-11am Meditation Breathing (B) (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (GX or DB) Deanna	10 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 11-12pm Feel Good Class (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly	11 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10am Intro to Dance Aerobics (B/I/A) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-11AM Balance Boogie (GX) Joele 10-11:30am Hot ZUMBA (I/A) (GX) Prescyy 6:30-7:30pm Balance Ball (GX) Deanna	12 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Core/Stretch (B) (GX) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9:30-10:30am Advanced Aqua (B/I/A) (VP) Kathy 11-12pm Feel Good Class (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/I) (GX) Tammy	13 7-8am Early Yoga (B) (DB) Tammy 8:30-9am TABATA (B/I) (GX) (Pat) 9-9:30am Body Pump (B/I/A) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 10-11am Aqua Fit (B) (VP) Denise 10-10:45am Core Balance & Standing Abs 10-11am Balance Ball (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie	14 8:30-9:30am Step Aerobics (GX) Pat 11am-12:30pm ZUMBA Power (GX) Sophie
16 8:30-9:30am WOW-TABATA-TABATA (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 10-11am Aqua Fit (B) (VP) Denise 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 10-10:45am Core Balance & Standing Abs 10-11am Meditation Breathing (B) (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (GX or DB) Deanna	17 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 11-12pm Feel Good Class (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly	18 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10am Intro to Dance Aerobics (B/I/A) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-11AM Balance Boogie (GX) Joele 10-11:30am Hot ZUMBA (I/A) (GX) Prescyy 6:30-7:30pm Balance Ball (GX) Deanna	19 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Core/Stretch (B) (GX) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9:30-10:30am Advanced Aqua (B/I/A) (VP) Kathy 11-12pm Feel Good Class (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/I) (GX) Tammy	20 7-8am Early Yoga (B) (DB) Tammy 8:30-9am TABATA (B/I) (GX) (Pat) 9-9:30am Body Pump (B/I/A) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 10-11am Aqua Fit (B) (VP) Denise 10-10:45am Core Balance & Standing Abs 10-11am Balance Ball (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie	21 8:30-9:30am Step Aerobics (GX) Pat 11am-12:30pm ZUMBA Power (GX) Sophie
23 8:30-9:30am WOW-TABATA-TABATA (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 10-11am Aqua Fit (B) (VP) Denise 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 10-10:45am Core Balance & Standing Abs 10-11am Meditation Breathing (B) (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (GX or DB) Deanna	24 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 11-12pm Feel Good Class (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly	25 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10am Intro to Dance Aerobics (B/I/A) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-11AM Balance Boogie (GX) Joele 10-11:30am Hot ZUMBA (I/A) (GX) Prescyy 6:30-7:30pm Balance Ball (GX) Deanna	26 <div>HAPPY THANKSGIVING NO CLASSES</div> <div></div>	27 7-8am Early Yoga (B) (DB) Tammy 8:30-9am TABATA (B/I) (GX) (Pat) 9-9:30am Body Pump (B/I/A) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 10-11am Balance Ball (DB) Deanna	28 8:30-9:30am Step Aerobics (GX) Pat
30 8:30-9:30am WOW-TABATA-TABATA (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 10-11am Aqua Fit (B) (VP) Denise 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 10-10:45am Core Balance & Standing Abs 10-11am Meditation Breathing (B) (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (GX or DB) Deanna			<div>Specialty Classes are not on the Fitness Calendar. Please look for their Flyers at both Clubs: <div>Fitness & Friends with Joele Swift 8 Steps to a Healthy Back with Beverly Shilich Continuation of Yoga with Deanna Araya Holiday Relaxation Class with Anna Chunn Aqua Joint with Beverly Shilich</div></div>		

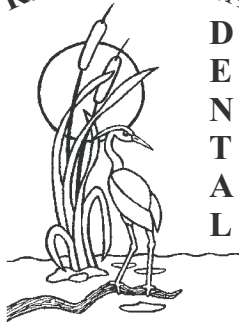
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 FALL BACK – Daylight Savings Time ends 8:30am – 4pm Shibori Shirt Workshop (D) 10am – 3pm Trilogy Produce Market (D) 6pm Tennis Club Social Event (D)	2 8am Social Tennis 9am Woodcarving (D) 9:30am Walk & Talk (V) 9:30am Document Revision Com (V) 10:30am – 12pm Registration for NYE Grand Ball (V) 11am Saddle Rock Village ARC (V) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 12:30pm Mah Jongg (V) 1pm Art Guild (TAG) Mtg & Artist Speaker (D) 3pm Guitar Club (V) 3pm Oakmont Village RC Social Com (V) 6pm Soul Line Dancing (D) 6pm Poker (D) 6pm Enrichment Series – Living w/ Dorothy (V) 6:30pm Game Night (V)	3 8am Social Tennis 8:30am Radio Club (V) 9:30am Golf: Women's 9-Holers 10:30am Country Line Dancing (D) 11:30am Golf: TRVMEN 12:15pm Beginning Watercolor Painting (D) 12:15pm Canasta: Hand & Foot (V) 12:30pm Dominoes (D) 1:30pm Golf: Women's 9-Holers Mtg 2pm Stroke/Head Injury Support Group (V) 4pm Horseshoes (Brockton Park) 4:15pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) 5:30pm Canasta: Couples (V) 6:30pm Religions of the World (D) 7pm Drama Club Rehearsal (V)	4 8am Social Tennis 8am TOPS (D) 8:30am Golf: Sr. Men's 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 11am Ukulele Club (V) 12:30pm Bridge: Wednesday (V) 12:30pm Fat Quarters Quilters (D) 1pm Village Riviera ARC (D) 1:30pm Jazz Band (V) 2pm Art: Bergren Oil & Acrylic Painting (D) 2pm Card Design Class (D) 2pm Saddle Rock RC Mtg (V) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 6:30pm Nature Club Mtg (V) 6:30pm Soul Line Dancing (D) 7pm Delta Breeze Chorus Rehearsal (V) 7pm Billiard Club Membership Mtg (V)	5 8am Social Tennis 8:30am Golf: Women's 18-Holers 9am Eagle Point Village ARC (D) 9:30am Ceramics (D) 12:15pm Canasta: Ponytail (V) 1pm Good Samaritans (D) 1pm Sailing Club (V) 2pm Genealogy Club (V) 3pm Horseshoes (Cypress Park) 4pm Book Club: 66 Bible Books (V) 4pm Horseshoes (Brockton Park) 5pm Table Tennis (D) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6:30pm Village Riviera HOA Mtg (D) 6:30pm Pinochle (V) 7pm Drama Club Rehearsal (V) 7pm Photography Club (V) 7pm Ballroom Dance - Adv (V) 8pm Ballroom Dance - Beg (V)	6 8am Social Tennis 9am Cycling Club (D) 9am Model Club (V) 9:30am Village 1 ARC (V) 9:30am Walk & Talk (V) 10am Rubber Stamp Card Making (D) 10:30am Country Line Dance (D) 12pm Adv Watercolor Painting (D) 12:15pm Bridge: Friday (V) 2:30pm Veterans Day Focus Group (V) 6:30pm Joy Luck Mah-Jongg (V)	7 8am Motorcycle Club (Off-site) 9am Model Club – Garden Railway (V) 9am Table Tennis (D) 9:30am Hiking Club (V) 6pm Poker – Texas Hold'em /Omaha (D)
8	9 8am Social Tennis 9am Woodcarving (D) 9am Olympic Village ARC (V) 9:30am Walk & Talk (V) 9:30am Document Revision Com (V) 10am Village Oakmont ARC (V) 12pm Open Painting (D) 12pm Bridge: Duplicate (V) 12:30pm Rip, Stitch & Bitch (V) 3pm House Renovations Com (V) 6pm Soul Line Dancing (D) 6pm Poker (D) 6:30pm Game Night (V) 7pm Model Club: RC Aircraft (D)	10 8am Social Tennis 8:30am Radio Club (V) 9:30am Golf: Women's 9-Holers 10:15am Book Club (V) 10:30am Country Line Dancing (D) 10:30am TRVMA Executive Session (V) 11:30am Golf: TRVMEN 12pm Recipe Club (D) 12:15pm Beg Watercolor Class (D) 12:15pm Canasta: Hand & Foot (V) 2pm Master Association Board Mtg (V) 4pm Table Tennis Club Mtg (D) 4pm Horseshoes (Brockton Park) 5pm Billiards (V) 4:15pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) 7pm Emergency Action Committee (V) 7pm Drama Club Rehearsal (V)	11 Veterans Day 8am Social Tennis 8am TOPS (D) 8:30am Golf: Sr. Men's 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Kare Bears – Village Oakmont (D) 10am Stained Glass (D) 12:30pm Bridge: Wednesday (V) 12:30pm Fat Quarters Quilting (D) 1pm Veterans Day Tribute (V) 2pm Card Design Class (D) 2pm Art: Oil & Acrylic Open Painting (D) 4:30pm Table Tennis (D) 6pm Veterans Ball (V) 6:30pm Nature Club (V) 6:30pm Soul Line Dancing (D)	12 8am Social Tennis 8:30am Golf: Women's 18-Holers 9am Blood Pressure Check (D) 9:30am Ceramics (D) 10am Riviera 12/12 Event Registration (D) 10am Council for the Arts (V) 12:15pm Canasta: Ponytail (V) 1pm Gardening Club (V) 1pm Good Samaritans (D) 3pm Horseshoes (Cypress Park) 3:30pm Book Club: 66 Bible Books (V) 4pm Village 1 HOA Mtg (D) 4pm Golf: Sr Men's Board Mtg (D) 4pm Horseshoes (Brockton Park) 5pm Admin Policies Com (V) 5pm Table Tennis (D) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6:30pm Olympic Village HOA Mtg (D) 6:30pm Pinochle (V) 7pm Writers' Club (V) 7pm Drama Club Rehearsal (V) 7pm Ballroom Dance - Adv (V) 8pm Ballroom Dance - Beg (V)	13 8am Social Tennis 9am Cycling Club (D) 9:30am Walk & Talk (V) 10am Rubber Stamp Card Making (D) 10:30am Country Line Dance (D) 12pm Adv Watercolor Painting (D) 12:15pm Bridge (V) 2pm Guitar Club: Beginners Workshop (V) 2:30pm Veterans Day Focus Group Wrap Up (V) 7pm Bunco (D)	14 9am Model Club – Garden Railway (V) 10am Table Tennis Tournament (D) 9:30am Hiking Club (V) 6pm Poker – Texas Hold'em /Omaha (D)
15 10am – 3pm Trilogy Produce Market (D) 7pm Dance Club with Trilogy Jazz Band (V)	16 8am Social Tennis 9am Woodcarving (D) 9:30am Walk & Talk (V) 9:30am Document Revision Com (V) 10am Council of Village Presidents (D) 11:30am Saddle Rock Village ARC (V) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 12:30pm Mah Jongg (V) 3pm Guitar Club (V) 3:30pm Amenities Com (D) 6pm Soul Line Dancing (D) 6pm Poker (D) 6:30pm Eagle Point HOA (D) 6:30pm Game Night (V) 7pm Fishing Club (D)	17 8am Social Tennis 8:30am Radio Club (V) 9:30am Golf: Women's 9-Holers 10:30am Country Line Dancing (D) 11:30am Golf: TRVMEN 9-Hole 12:15pm Beg Watercolor Painting (D) 12:15pm Canasta: Hand & Foot (V) 12:30pm Dominoes (V) 1pm Document Revision Com (V) 4pm Horseshoe Pit Play 4:15pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) 5:30pm Couples Canasta Holiday Dinner (V) 7pm Drama Club Rehearsal (V)	18 8am Social Tennis 8am TOPS (D) 8:30am Golf: Sr. Men's 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 11am Ukulele Club (V) 12:30pm Bridge: Wednesday (V) 12:30pm Fat Quarters Quilting (D) 1pm Village Riviera ARC (D) 1:30pm Jazz Band (V) 2pm Card Design Class (D) 2pm Art: Bergren Oil & Acrylic Painting (D) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 6:30pm Soul Line Dancing (D) 6:30pm Saddle Rock Village Board Mtg (D) 7pm Olympic Village RC Mtg (V) 7pm Delta Breeze Rehearsal (V) 7:30pm Saddle Rock Village RC Mtg (D)	19 8am Social Tennis 8:30am Golf – Women's 18-Holers 9am Eagle Point ARC (D) 9:30am Ceramics (D) 12:15pm Canasta: Ponytail (V) 1pm Good Samaritans (D) 2pm Genealogy Workshop (V) 3pm Horseshoes (Cypress Park) 3:30pm Book Club: 66 Bible Books (V) 4pm Golf: Sr. Men's Mtg (D) 4pm Horseshoes (Brockton Park) 5pm Table Tennis (D) 5pm Village Riviera RC Mtg (V) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6:30pm Pinochle (V) 7pm Village Oakmont HOA Mtg (D) 7pm Drama Club Rehearsal (V) 7pm Theater Group (D) 7pm Ballroom Dance - Adv (V) 8pm Ballroom Dance - Beg (V)	20 8am Social Tennis 9am Cycling Club (D) 9:30am Village 1 ARC (V) 9:30am Walk & Talk (V) 10am Tennis Club Mtg (D) 10am Rubber Stamp Card Making (D) 10:30am Country Line Dance (D) 12pm Adv Watercolor Painting (D) 12:15pm Bridge: Friday (V) 6:30pm Joy Luck Mah-Jongg (V) 7pm Whist Club (D)	21 9am Model Club – Garden Railway (V) 9am Table Tennis (D) 9:30am Hiking Club (V) 10am – 3pm Gift, Craft & Art Faire (V) Jewelry Show (V) 11am – 2pm GLR Entertainment – Trilogy Jazz Band (V) 6pm Golf: Sr Men's Golf Banquet (V) 6pm Poker – Texas Hold'em /Omaha (D)
22 5:30pm RV Roamers Thanksgiving Potluck (D)	23 8am Social Tennis 9am Woodcarving (D) 9am Olympic Village ARC (V) 9:30am Walk & Talk (V) 9:30am Document Revision Com (V) 10am Village Oakmont ARC (V) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 12:30pm Mah Jongg (V) 1pm Access Com (D) 3pm House Renovations Com (V) 6pm Soul Line Dancing (D) 6pm Poker (D) 6:30pm Game Night (V) 7pm Drama Club Rehearsal (V)	24 8am Social Tennis 8:30am Radio Club (V) 9:30am Golf – Women's 9-Holers 10:30am Country Line Dancing (D) 11:30am Golf: TRVMEN 9-Hole 12:15pm Beg Watercolor Painting (D) 12:15pm Canasta – Hand & Foot (V) 12:30pm Dog Club (D) 4pm Horseshoes (Brockton Park) 4:15pm Table Tennis (D) 5pm Tai-chi & Yuan-chi (V) 5pm Drama Club Membership Election Mtg (V) 5pm Billiards Club Tournament (V) 7pm Drama Club Rehearsal (V) 7pm Emergency Action Committee (D)	25 8am Social Tennis 8am TOPS (D) 8:30am Golf: Sr. Men's 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 11am Ukulele Club (V) 12:30pm Bridge: Wednesday (V) 12:30pm Fat Quarters Quilting (D) 1:30pm Jazz Band (V) 2pm Art: Oil & Acrylic Open Painting (D) 2pm Card Design Class (D) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 6:30pm Soul Line Dancing (D) 7pm Delta Breeze Chorus Rehearsal (V)	26 Thanksgiving Holiday Vista Club & HOA Admin Office Closed	27 8am Social Tennis 9am Cycling Club (D) 9:30am Walk & Talk (V) 10am Rubber Stamp Card Making (D) 10:30am Country Line Dance (D) 12pm Adv Watercolor Painting (D) 12:15pm Bridge: Friday (V) 2pm Guitar Club: Beginners Workshop (V)	28 9am Model Club – Garden Railway (V) 9am Table Tennis (D) 9:30am Hiking Club (V) 10am – 2pm Holiday Decorations Shop & Swap (V) 10am – 2pm Christmas Tree Decorating (V) 10:30am – 1:30pm Piano Entertainment by Jim Hurt (V) 6pm Poker – Texas Hold'em /Omaha (D)
29 5pm Tree Lighting Ceremony (V)	30 8am Social Tennis 9am Woodcarving (D) 9:30am Walk & Talk (V) 9:30am Document Revision Com (V) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 12:30pm Mah Jongg (V) 6pm Soul Line Dancing (D) 6pm Poker (D) 6:30pm Game Night (V) 7pm Drama Club Rehearsal (V)					

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Thursday December 10th
4:30PM to 6:30PM
The Golf Club at Rio Vista - Sir Flair's Bar and Grill
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Join your Trilogy neighbors for the

13th Annual FALL Gift, Craft & Art Faire

Raffle proceeds to benefit Rio Vista Senior Center Meals on Wheels.

Hourly Raffles!

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Saturday, November 21, 2015
10am to 3pm

Just in time for the holidays! Don't miss out on this convenient and unique shopping experience at Trilogy's Vista Club! Expanded to include the Jewelry Show! 3JB Jazz Band performs 11:00 a.m. - 2:00 p.m. in the Grand Living Room!

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Raffle tickets are \$1 each or #6 for \$5


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Tribute

November 11
Vista Club
Diablo Ballroom
1:00 p.m.

*No Sign ups Required
Other than Veterans see below **

Trilogy Veterans Slideshow *

Guest Speaker, Chief Jason Miller USCG

Music by
Trilogy Jazz Band
Delta Breeze Choir
Light Refreshments

Attention Trilogy Veterans Act Now:

- ⇒ ** update slideshow information at the Vista front desk **
- ⇒ *register for the evening Veterans Ball at the Vista front desk*

Veterans Memorial Unveiling at the close of the program.

***Group photo immediately follows and
Veterans are encouraged to wear their service uniform.***



Veteran's Ball

Wednesday, November 11, 2015

6:00 – 10:00 p.m. Vista Diablo Ballroom

Doors Open & Reception at 6 p.m.

Catered Old Glory Buffet at 7 p.m.

Featuring Tri-tip Beef and Chicken Normandy

Dance Music by AfterGlow

Bring Your Own Adult Beverage of Choice

Military Service/Mess Dress or Semi-Formal

No Hats Please

Sign up at Member Services at the Vista Club \$35 pp

Sign up as a group if you wish to sit with others.

For more information, contact Ron Waite at (6714) or 925-216-7488





Billiards

The next Billiards Club meeting is on Wednesday, November 4, at 7 p.m. in the Monterey Room of the Vista Club. Tournaments are every Tuesday evening and start at 5 p.m. The first and third Tuesdays the format will be 8-ball round robin. The second Tuesday of the month the format will be 9-ball. The format for the fourth Tuesday will be 8-ball Partners. One A player will be paired with one B player. The fifth Tuesday will be 9-ball. Officers: President Al Bergoust, Vice President Dennis Pool, Treasurer Jack Clark, Secretary Dallas Salomon, and Membership Chairman Dave Stewart.

Latest weekly tournament winners:

Sept. 1, 8-Ball

1st Neil Brodhead
2nd Ken Guillory
3rd Dennis Pool

Sept. 8, 9-Ball

1st Al Bergoust
2nd Mike Quihuiz
3rd Richard Gutierrez

Sept. 15, 8-Ball

1st Al Bergoust
2nd Mike Quihuiz
3rd Oscar Grissom

Sept. 22, 8-Ball Partners

1st Oscar Grissom & Al H.
2nd Dave Stewart & Geno Toscano
3rd Jack Clark & Adam

Sept. 29, 9-Ball

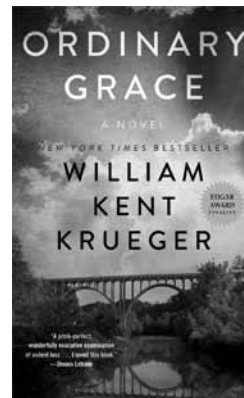
1st Ken Guillory
2nd Al Bergoust
3rd Diego Cassone

For more information regarding the Billiards club please contact Oscar Grissom at grissomoscar2gmail.com.

Bocce

The Winter Bocce Federation (WBF) started later than originally planned but we are now up and rolling at full speed. A total of 278 residents, which translated into 31 teams, signed up to play in the WBF. Each team plays one day per week at 9 a.m. on Tuesday, Wednesday or Thursday, at the Summerset bocce complex. A second round of WBF play will be scheduled for February/March, weather permitting. League social events are being planned; more to follow. The bocce board has begun to plan for 2016. We will keep you updated as we move forward, here in this monthly column and via the mytrilogylife.com website plus the club's blog on MTL. Remember to roll often, throw straight and have fun, that's what it's all about. Contact Joe Downes at 707-374-7520 for more information.

Book



The Book Club meets the second Tuesday of each month at 10:30 a.m. at the Vista Club in the Sonoma Room. The next meeting is November 10. The book selection is *Ordinary Grace* by William Kent Krueger. December's meeting is your favorite quotations, book swap and cookies! There is no requirement to have read the selected book. Everyone is welcome to join; feel free to stop by. For more information, contact

Adrienne at 707-374-5576. Happy Thanksgiving!

Bridge – Duplicate

Duplicate Bridge meets the second Monday of each month at 12:15 p.m. in the Sonoma Room at the Vista Club. Please mark your calendars for our game on Monday, November 9. All Trilogy residents who are interested in playing duplicate bridge are welcome. If you need a partner; we'll find one for you. Please contact Sue at 707-374-6136 for more information.

August's winners: Regular game: 1st: Lynn Fortner and John Shick; 2nd: Jim Nash and John Mount.

Novice game: 1st: Karen Nash and Tammy Woodworth; 2nd: Alan Carter and Judit Havadtoy.

Bridge - Friday

Friday Bridge Club meets Every Friday at 12:15 p.m. in the Vista Club, Sonoma room. All levels of players are welcome. Please let us know your are coming by 12 p.m. on the Wednesday of that week. Sign-up book is in the Sonoma Room in the middle top drawer of credenza at the left side of the room.

On the first Friday there will be duplicate bridge, all levels welcome. Same sign up book.

For more information or any questions please call Larry Epner at 374-3511.

Bunco

Have you ever wondered where certain social games' origin comes from? I have written the announcement for months on end and enjoyed the fast moving and exciting game with neighbors and new friends. I decided to do a



little research on its origin. Bunco or Bunko apparently originated in England in the early 1800's. The dice game originally called 8-dice cloth is reported to be a social game with variations from Germany. Reportedly it came to the United States during the California gold rush, with Bunco parlors very popular in San Francisco. As with most things, swindlers and conmen made variations of the game with loaded dice and complex rules which allowed certain players to win more often than others. Fortunately, modern rules and player rotation as played in modern games make these negatives almost impossible. We now play for fellowship, laughs and the excitement of being able to shout BUNCO as the game progresses. The big winners are obligated to provide cookies, cakes, tasty bits and such at the next meeting. Full details of the rules of play are quickly explained to the newly initiated, along with three other players at each table to keep the game moving and with high spirits. Amazing what you can find at Google.com. Try an evening of Bunco and refreshments at the Delta Club. We meet the second Friday of the month at 7 p.m. For further information, please call Shirley at 707-374-9984.

Ceramics Club



Ceramic egg dish hand-painted by Rita Kim. Photo by Linda Robinette.

November is the month of Thanksgiving. Can you just imagine using a beautiful serving dish that you decorated, or enhancing your table with a ceramic pumpkin or turkey that you painted? The holidays would be even more special. We are all thankful that we

have such a wonderful group of members in the Ceramic Club. We talk and laugh and share stories about the things we are most thankful about. Why don't you join us? We meet every Thursday from 9:30 a.m. - 12 p.m. in the Marina Room at the Delta Club. For more information, please contact Ann at 707-374-5122

Community Connections

Community Connections will not be holding a November meeting as our meeting day lands on Thanksgiving! Please take note that plans for a Holiday Cookie Exchange

are underway for December. Have a nice Thanksgiving celebration with your families and friends. If you have any questions, call Donna at 707-374-2461 or Pam at 707-374-3161.

Council for the Arts

Preparations are being made for the 2016 "Music of the Night" production on March 30, 31, April 1 and 2. The theme is "Americana." Rehearsals will begin in January. Artists are needed to paint sets as well as volunteers to help backstage. To volunteer or obtain more information, please contact Judy Calpo at 707-374-2924. Meetings are held the second Thursday of the month in the Monterey Room of the Vista Club. The next meeting is November 12 at 10 a.m. New ideas and members are always welcome.

Couples Canasta

If you want to meet, socialize and have a fun evening with other Rio Vista Trilogy couples, this is the club for you. We meet at 5:30 p.m. on the first Tuesday of each month at the Delta Club's Marina Room and the third Tuesday of each month at the Vista Club's Sonoma Room. We play the gals against the guys! Canasta is a fun card game. It's easy to learn and no experience is necessary. Beginners are always welcome! We collect \$5 club dues per couple when you play, to cover the cost of supplies. Please call or email Patt Holobowicz at (707) 225-0796 or (312) 420-7726 if you are interested. Email is patthalo@sbcglobal.net. We hope you will join the fun!

Cycling



We meet for cycling every Friday morning, but we will not meet on Friday, December 25. We ride for fitness, fun, and friendship. Meet in front of the Delta Club by 8:50 a.m. Rides are 20-25 miles. There are plenty of regroup; no one is left behind. Helmets are required. Bring money for a possible coffee stop. For more information, contact Marcia or Al Morrison at 707-374-5177 or marcialsj@netscape.net



Dog



Paul and Sharon Primeau's 2 1/2 year old Grand Dog is our featured dog this month. Bobby is a Spinone and

German Shorthair who moved to Trilogy six months ago after roaming in the open woods further north. Sharon tells the story, "New neighbors recently moved in. Being committed dog lovers also, they talked about the *Bob the Dog* book series they had been reading to their grandchildren. Won't they be delighted to meet "Bob" living behind Grandma's house, a brown and white spotted dog. Close enough." Bobby is leading the charge for the Trilogy Dog Park soon to open in 2016.



One of the Dog Club's missions is to assist in finding lost dogs. This is how that looks for real: On September 30, Mona Elliott received a call from Robin Petersen. She and her husband had found a black male dog along Marianna and Michelbook Streets while walking their dog. They brought the dog home with them. The adorable dog did not have a collar. The only thing they could tell Mona was the dog appeared to be an older dog, had white coloring around his muzzle, was about 3 feet tall and weighed approximately 20 pounds. Mona was ready to send a message through the Nextdoor website and to the Dog Club when Robin mentioned they lived across the street from Linda Solomon. Mona called Linda, since she has the device to scan whether a dog has an identifying microchip. Linda determined the dog was 'chipped'. Just about that time Mona saw a message from Nextdoor that a short black terrier mix had escaped from his yard the night before. Within 30 minutes the dog Charlie was reunited with his owner. A happy ending.

Trilogy Dog Club brought in a little over \$1,200 towards the dog park fund at the October garage sale. Thanks to the many volunteers and donors who made this possible.

Dates to Remember: Doggie Play Day, Saturday, November 21; Large Dogs 9 - 10:30 a.m., Small Dogs 10:30 - Noon. Monthly meeting at the Delta Club 12:30 p.m., fourth Tuesday of the month, November 24. Our president Mona Elliott is available for questions at 707-374-4057.

Drama

This year you can kick off the season with a visit to the North Pole and get an up close and personal look at Santa and his elves. The Drama Club is presenting *Ho Ho Ho! The Santa Claus Chronicles*. Reservation forms are in this month's *Trilogy Living* and also at both the Vista and Delta Clubs. There will be three performances in the Diablo Ballroom on December 3, 4 and 5 at the Vista Club, all at 7 p.m. Doors open at 6 p.m. As has been our tradition we do not charge for the performance. In lieu of an admission charge we ask our guests to bring a non-perishable food donation to be given to Rio Vista Community Services. Our Trilogy friends and neighbors have always been very generous and we thank you. Seating is limited so do make your reservations early. For more information or assistance with reservations, contact Sharon at 707-374-6033.

Fishing



Working our way into the later seasons we find that the fishing is increasing as the waters cool. The salmon are working their way upriver to spawn and are holding more often

at some of our favorite secret spots that nobody knows about. Trust me, I won't tell. The salmon run in the Sacramento and adjoining rivers is happening now. Sturgeon are ready and the striped bass are in the system. All you have to do is go fishing for them. As one of our members said, "You can't catch 'em if you don't go out there." Our annual brunch is set to be at The Point on November 15. This is our time to reflect on our past activities and enjoy a social event with friends and family. Trilogy Fishing Club members have been working the local waters and also planning trips to faraway places for new experiences and to improve our skills in these locations that we return to again and again. Discussion turned to the tuna fleet in San Diego as a 2016 event. The idea of going out to sea for a few days to a week or more is appealing to many of us. The accommodations are comfortable and the experience can be fantastic! It can turn into a multiple-species trip overnight. If you are interested in joining, come to our next meeting in the Marina Room at the Delta Club on Monday, November 16 at 7 p.m. For more information, contact Noel O'Brien at obriennoel@rocketmail.com or call 925-348-4097. Tight Lines!



Garden Club



Kathleen Klessen

Yes, that's right! Trilogy now has a Garden Club. In the planning stages for the last few months, the Garden Club has been formed, a steering committee appointed, officers selected and an exciting year is being planned. Between 40 to 50 of our neighbors attended and enjoyed the club's first three meetings. Topics included a talk about Drought Resistant Plants and How to Garden in

These Challenging Times, and a talk and demonstration on how to make Miniature Gardens. The group also had a field trip to Sunset Garden's office and grounds in Menlo Park.

The meetings are held the second Thursday of each month at 1 p.m. in the Vista Club's Diablo Ballroom. Next meeting will be November 12 at 1 p.m. when a floral designer will demonstrate how to make a Thanksgiving table centerpiece. You don't have to have a green thumb to enjoy the Garden Club. Everyone is welcome. If you have any questions or need additional information please contact Harish Chinai at email: hc707@outlook.com.

Genealogy

We were pleased to participate in the annual event at the Vista Club that introduces the many clubs available to Trilogy residents, Club Awareness Day. We had many residents stop by our table and ask for suggestions on the best DNA testing websites. We also answered many questions put to us, especially concerning lost or forgotten families. Many people have concerns that they will never find the answers to their family mysteries. One such question was about a young man whose parents died when he was three years old. We assured the inquirer that census reports available in the 1940's can probably help to answer some of the questions. We were also asked about the best research websites. Our two favorites are: Ancestry.com is # 1 but is expensive to the casual researcher, and FamilySearch.Org which is owned and operated by the Mormon Church, is, in our opinion #2 and it's free.

To use these sites, you would create a user name and password and can research the U.S. as well as many countries. You can also create a pedigree chart which will be connected to other trees that the church has completed through the years. Consider these new connections as

suggestions and verify as well as document your work and theirs.

We thank you for stopping by our table and hope you've been inspired to start your family history journey. Club meetings take place the first Thursday of the month at 2 p.m. in the Monterey Room, Vista Club. For more information, contact Rhoda at 707-374-7542. The Workshop is held the third Thursday at 2 p.m. in the Learning Center, Vista Club. For more information, contact Carolyn at wnc-bridges@comcast.net or 510-334-0912.

Good Samaritans

Happy Thanksgiving ! The Good Samaritans would like to thank everyone who participated in our 10th Year Anniversary luncheon for our Christian Bible Study Group. What a blessing it was to have fellowship with one another.

Gifts and awards were presented at the luncheon to Brother Paul and Sister Rose, founders of the Good Samaritans. A beautiful bouquet of flowers was presented to Velma Bridges for her many years of prayers and encouragement. Certificates of appreciation were presented to Gloria Jackson, Savanna Taylor, Susie Kim and Marjorie Albertyn for their involvement with our Christian Bible Study Group. Brother Paul gave an outstanding message on "Forgiveness" and focused on our main goals as a Christian Bible Study Group.

The Good Samaritans main goals are:

1. Teaching from the Holy Bible,
 2. Fellowship with one another,
 3. Uplifting one another through hard times and good times,
 4. Visiting the sick & shut-in,
 5. Welcoming guest speakers to discuss topics from the Bible,
 6. Reaching out to those in need in our Community,
 7. Outreach ministry,
 8. Planning special events,
 9. Living by the Bible,
 10. Praying for one another.
- Brother Paul also mentioned what Jesus said, "The harvest is plentiful, but the workers are few." Matthew 9:37

Everyone is invited to participate in the Christian Bible Study. Bring your Bible! We meet every Thursday at 1 p.m. at the Delta Club, Marina Room. Contact 9fellowship@gmail.com with questions.

Guitar

Our third Coffee House was so well attended we decided to add more tables for our October event. The next This 'n That Coffee House will be in January. The day and date has yet to be determined. We'll let you know the exact date in a future issue of the magazine. If you are interested in taking to the stage, come to any of our Guitar Club meetings or workshops and play or read for us. The Coffee House is not an Open Mic event.



The Guitar Club meets and plays guitars in the Vista Club's Diablo Ballroom on the first and third Mondays of the month from 3 - 5 p.m. For those not yet ready for prime time, we offer a Beginners Workshop on the second and fourth Fridays of the month from 2 - 4 p.m. in the ballroom. Get help changing strings, advice, a sympathetic ear and more. Beginners and non-players are always welcome to all our meetings and workshops. If you have questions about the club or events, contact Roger Kohn at 707-374-2737 or email Rich Victor at trilogyrich@yahoo.com or email us at GuitarclubTRV@gmail.com.

Horseshoe



The Horseshoe Club is in the process of regrouping; you may have noticed that we now have four new horseshoe courts located in Brockton/Rutland Park right off of Somerset Drive. There are a lot of people responsible for making this happen, way too many to mention in this article. A special thanks go to everyone involved. We have setup new times to play; we will now play on Tuesdays and Thursdays starting at 4 p.m. The Club Awareness Day was a huge success in regards to the horseshoe club; we acquired seven new members at that event. If you are interested in joining the club or just want to come and give it a try, we will welcome you, men and women. You can visit the one and only Saddle Rock Village website by clicking on the horseshoe club logo at <http://saddlerock.tk>. We hope to see you at the pits.

Mah Jongg

If you are looking for a fun, interesting and challenging game, Mah Jongg may be the game. We meet every Monday except the second Monday of the month at the Sonoma Room (Card Room) from 12:30 - 3 p.m. If you have never played Mah Jongg or played a different version we have many good players who will help you learn the game. We play the Hong Kong version and we do not play for money. Come join us. For more information, call Molly at 707-374-3417.

Men's Executive Nine Golf

The Rio Vista Men's Executive Nine Golf Club is comprised of members who enjoy playing nine holes of golf and then socializing after the game. We play each Tuesday mid-morning. The format varies each week, with individual "straight" golf play two Tuesdays of the month, and, with a few exceptions, individual and team tournament events on the alternate Tuesdays. This month we would like to welcome new members Tom Hess and Craig Ahlstrom. Our club currently has 118 members. If you would like to join us, pick up an application form in the Pro Shop posting room or contact our Membership Chairman, Rolf Sabye, at 707-374-5053. We would also remind our current members that your annual membership renewal is due by December 1.

There were three Tuesday Tournaments held in September. September 1 was the final day of the club championships. A champion was crowned in three flights. The three champions, by flights are (A) Ron Kott (B) Jim McDermott and (C) Dennis Jones. Congratulations to this year's champions. The winning foursome for the "Step Aside Scramble" on September 15 was made up of Lee Durham, Jim McDermott, Gene Bloczynski, and Andy Barber. The final tournament of the month was held on September 29. The winning foursome of this "Low Net-Three Flights" tournament was made up of Dennis French, Rolf Sabye, Larry Nakashima and John Sloate.

There will only be one Tuesday Tournament in November. This tournament will be on November 17, and will be an "Average Best 3" tournament. We invite you to come out and join us for a good time with a great group of guys.

Model

Fortunately after the summer vacation rush we have resumed our usual field trip schedule. We try to find interesting events and locations in and around the Northern California area that most of us were not able to visit due to our busy work schedules and raising our families when we had home and yard chores, soccer games and baseball practice to amuse our young ones. Well folks, now that we are mostly retired, it is our time. Along with the almost 100 clubs and organizations in our community we Model Club members try to find events, demonstrations and like items of interest in our area we never had time for. Last month we organized two field trips. One was to the San Francisco Cable Car Powerhouse. We like to arrange our tours in the middle of the week so as to avoid traffic, tourist crowds and delays. For this trip we caravanned to the Bay Ferry building in Vallejo. After a high speed and very confirmable trip to San Francisco, we then walked to a cable car stop nearby and rode up the very



photogenic hills, then disembarked to a short downhill. The powerhouse and attached museum displays historical artifacts and prints of this beautiful city's past. From there we jumped another cable car to Fisherman's Wharf. After a great outdoor light lunch we strolled to Pier 39 and then boarded the Bay Ferry for our return to Vallejo. Our next trip was to the Niles Canyon Railroad Museum. More about this trip in next month's report.

Our Model Club meeting is held on the first Friday of each month in the Vista Club's Monterey Room. Any questions, please contact our president, Mr. Ted Tome at 925-691-4676. Please join us at our monthly meeting.

Motorcycle



The Trilogy Motorcycle Club riders meet the first Saturday of every month for an all-day ride. The October 3 ride coincided with the Trilogy garage sale, so we probably lost a few riders to the "big sale." However, eight riders left McDonalds with "Spider Bob" in the lead and headed up to Walnut Grove then east on Twin Cities through the "Big Valley" and to Martell for a stretch break. After some discussion over coffee and pastry, the decision was made to take the scenic route of Fiddletown and Shake Ridge Roads out of Plymouth to Highway 88. Just six miles east of Plymouth and Highway 49, is the quaint burg of Fiddletown, with buildings literally right at the edge of the road and is the epitome of a gold country small town. The remaining sixteen miles of Fiddletown and Shake Ridge Roads are a motorcyclist's dream. Two narrow lanes, sharp curves, climbs and dips. At the intersection of Highway 88, we made a left turn and rev'ed up the engines for the short ride to Cook's Station, a favorite stop with an 18-page menu. Full stomachs make for lazy riders, so the decision was made to make a beeline for home down Highways 88 and 12, with a quick stop for yet more coffee in Lodi. Only a 190-mile ride, but a perfect day, with perfect roads and perfect scenery.

We invite the other motorcycle riders in Trilogy to join us on any of the monthly rides. The next ride will meet at

McDonald's in Rio Vista at 8 a.m. on November 7, the destination to be determined based on weather. For more information, contact Bob Pastorino at 707-374-6556 or Larry Nelson at 707-374-2967.

Movers & Shakers

This is a support group for those with Parkinson's, Essential Tremor, Dystonia, or any other movement disorder. We meet once a month at 7 p.m. For date and location, call Audrey Kinser at 707-374-7506.

Nature

November promises many interesting sightings of wildlife and birds as Nature Club travels to Skaggs Island and Haire Ranch, now part of the San Pablo Bay National Wildlife Refuge, just off Highway 37. Meet at 9 a.m., Thursday, November 19, at the Vista Club parking lot, to carpool/caravan to Sonoma County, returning about 1 p.m. Bring snacks or lunch, jackets, drinking water, walking shoes, and binoculars. Then, on November 23, meet us at 9 a.m. for an in-Trilogy bird walk on the drill site park off Summerset Drive above the third hole of the golf course. Parking is available adjacent on Fairbanks. Come join us for some fresh air and relaxation before Thanksgiving. Two local upcoming events you may want to check out are The Lodi Crane Festival, November 6-8 (www.crane-festival.com) and the Swan Festival, November 13-15 in Marysville (www.caswanfestival.com).

Our monthly meeting is on November 11, 6:30 - 7:30 p.m., in the Monterey Room, Vista Club. We'll discuss sightings, future excursions, and play games. Please join us. If you have questions, please call Gail at 707-374-2718.

Photography



"The Singing Goose" courtesy of Kay Young.

We meet on the first Thursday of each month at 7 p.m. in the Monterey Room at the Vista Club. This month's meeting is on November 5. If you plan to share your photos during the "show and tell" portion of the meeting please arrive by 6:45 p.m. so they can be uploaded for display. Please label your flash drive with your last name and limit the files on the flash drive to only those that are being shared during the meeting. For more information about our club activities, email c.a.wavrick@gmail.com.



Here are more helpful photography hints, courtesy of Doris Noriega: "Stabilize yourself with both feet and using both hands to hold the camera. Shoot on automatic until you are familiar with your camera."

"Photography takes an instant out of time, altering life by holding it still" by Dorothea Lange. Many of our members look forward to getting the next "homework assignment" that motivates them to get out and take pictures. Topics for upcoming "show and tell" segments are: November: Bass Derby, harvest themes; December: holiday spirit, ; toys, winter wonderlands; January: statues, timepieces (clocks, watches, sundials, hourglasses, etc.), shadows.

Pickleball

The Pickleball Club is official! Yeah! Our elected officers are: President Russ Wilson, Vice President Linda Pagliaroli, Secretary Rose Hildreth, Treasurer Esta Schwartz, and Social Chairman Jim Hildreth. Thank you all for accepting the nomination, and to all the pickleball players out there that voted unanimously for the officers elected.

Open Pickleball play is Monday 2:30 - 4:30 p.m., and on Tuesday and Thursday 11 am - 1 p.m., on Tennis Courts 3 and 4. We have extra paddles and wiffle balls for those who want to learn. Come on out and enjoy the game. For more information about the Pickleball Club, contact Linda Pagliaroli at 916-835-3801.

Pinochle

The Pinochle Club meets every Thursday at 6:30 p.m. in the Sonoma Room of the Vista Club. Depending on attendance, we play single deck and double deck pinochle. Enjoy getting together with other Pinochle players. Contact Shirley Grijalva at shirleygrij@frontier.com or 707-374-6752.

Radio

Our recent club efforts have focused on attempts to standardize equipment and procedures in the event we are called upon to provide emergency communications to and from our community when we are faced with a local emergency. These emergencies might include fire, flood, and isolation due to earthquake or road closure. Our equipment is battery powered with emergency generators to provide safe and reliable communications between Trilogy, the Rio Vista Fire Department, Emergency Medical Services, Solano County Sheriff's office and other state-wide services. We hope we never have to use these capabilities, but if called upon, we stand ready. The Radio Club meets most Tuesdays in the Vista Club Monterey Room at 9 a.m. for demonstrations and technical discussions. Please stop by or call Club President, Jerry Armanino for more information at 707-374-2461.

Recipe

In preparation for the holidays, our November 10 meeting is featuring appetizers. Bring your favorite appetizer recipe to share with the group. If you would like, you may prepare the recipe to share with us. This is always a favorite meeting with several different samples to try. The more appetizers to try the better! We are calling all cooks, foodies and want-to-be cooks to join us monthly on the second Tuesday in the Delta Club's River Room at 12 p.m.

Monthly tip: When roasting turkey - (1) Make sure that your oven temperature is correct and use a thermometer placed into the thickest part of the thigh. The temperature should read 180 degrees when the bird is done. The bird can be removed from the oven when the temperature reaches 175 degrees since the temperature will keep going up about 5 degrees while the bird is resting for 20 minutes. (2) Be sure that the juices run clear (not pink) when the bird is sliced. (3) Brush or apply a thin layer of white vermouth to the skin of a turkey about 15 minutes before you are ready to remove it from the oven. The skin will develop a nice rich brown tone.

Religions of the World

The Religions of the World (ROW) Club is a diverse group of Trilogy residents interested in learning more about the different religions of the world. We meet the first Tuesday of every month at 6:30 pm, at the Delta Club, River Room. Over two or so years, we have learned of the history, beliefs and practices of these religions, and have been surprised about the similarity of beliefs among them.

On Tuesday, October 6, we finalized our exploration of our spiritual connection with the natural world, with a discussion of how we bring reverence and partnership into the growing ecological crisis on our planet. On Tuesday, November 3, we will cover another topic in our continuing exploration of the world religious beliefs and practices.

This is not a forum for recruiting members to any belief system, and all Trilogy residents of any belief system are welcome. For more information, contact Don Cooper 510-909-5049 or Barb Bellamy 707-374-6670.

Rio Vista Roamers



Hello Roamers! As you all know, we did not make it to Jackson Rancheria due to the interference of good old Mother Earth. Fire. But the silver lining in the cloud is that we have reservations for next year! In October, we stayed at the 49er Park in Plymouth. Hosted by Kathy and Joe Russo, this was their first time as hosts! Great job and good times. We



had dinner at the quaint and historic Imperial Hotel in Amador City. Fall is in the air and Apple Hill was fantastic.

Thanksgiving Feast month is November. Our event will be held at the Delta Club on November 22 at 5:30 pm. The Schatzes (707-374-6316) and the Fredericks (707-374-4022) will be hosting our feast. Please give them a call and let them know what you plan to bring. All active, associate, and prospective members are invited.

On December 5, we will have our annual Christmas Party at The Point restaurant. Carolyn Thomas has arranged for us to have it the same night as the lighted boat parade at 5:30 pm. How exciting! Dinner will follow with open menu. Please call the Thomas' at 707-374-3464 for reservations.

In January we will be having our Chinese dinner. Not sure if we are going back to Antioch to our old Chinese restaurant or somewhere else. More information will be forthcoming. For further information, call the monthly host, or Richard Larson 707-580-8122 or Nancy Shirley 707-374-5229.

Senior Men's Golf

There is something in the makeup of RVSMGC golfers that makes them so "cheap" they are willing to risk twisting ankles, tearing new sets of pants, or ruining new pairs of golf shoes to pluck previously used (and probably scarred) 50-cent golf balls from water hazards or out of bounds. And yet, when it comes to supporting the less fortunate among us, they are incredibly generous!

Such generosity was on display at the RVSMGC Golf Tournament to Benefit Rio Vista Community Services here on September 29. Net proceeds from the tournament yielded \$10,900 that will be distributed locally within the Rio Vista community. Ken Higaki, assisted by numerous RVSMGC members and wives, directed this annual event. A big thank you goes to Ken and all the individuals who donated their time and money to make this a huge success. When combined with two previous charity golf tournaments, RVSMGC has now donated a total \$40,126 in 2015. This represents a significant achievement and one for which the Club takes great pride.

RVSMGC welcomes new Board Members, Jim Nash, VP and Eric Bromell, Membership Director, and thanks outgoing Members, Hans Slade and Chris Shockley. RVSMGC-sponsored activities in October included an Away Tournament at the Napa Golf Course at Kennedy Park. The annual Club Championship was held here at the Rio Vista Golf Course on October 17 and 21. Results will be reported next month. The RVSMGC welcomes all Rio Vista men 50 and older to join our club. For information concerning membership and activities, contact our Membership Director, Eric Bromell, at 925-685-7237 or ebmixer@yahoo.com.

Stroke, Head & Brain Injury

It is with regret that the Stroke, Head and Brain Injury Club will no longer be meeting. Dr. Cheryl Bellrose, who organized the group, has moved from Trilogy and can no longer provide these services. She would like to thank everyone in Trilogy who supported the club over the past several years and made it a worthwhile venture. She is forever grateful to those who participated in the group and shared their lives and personal struggles. These brave people made many lives easier for others who had suffered from strokes as well as for their caretakers.

Supper

Wondering what Supper Club is all about? Our members are a group of people who enjoy sharing a meal and conversation with new people and existing friends in a small group setting where we can get to know each other. We come from all walks of life. Some of us are retired and others are still toiling away looking forward to that special time of our lives. We are made up of singles and couples. And one thing we all have in common is our own story and a desire to make new connections. What is your story? If you would like to join us or need more information, contact Susan Collier at msnnomre@gmail.com/ 707-372 5489, Pam Lewis at flyprl@yahoo.com/ 707-372-1642 or Donna Armannino at nanda47@gmail.com/ 707-374-2461. A brunch for all the members to get together in January is in the planning stages.

Table Tennis

The success of any club depends on the ingenuity and dedication of its leaders and active participation of its members. Club members elect their Board of Directors in November to serve during the coming year. A committee was appointed to survey members and to nominate candidates. Members are urged to consider serving by sharing their experience and knowledge to make our club the best it can be.



Although anyone can play and enjoy table tennis, the sport is challenging to master. Regular practice and guided training are required to develop the skills necessary to play at higher levels. Some members are content playing table tennis as a recreational and social activity. However, most members want to improve their skills so they achieve greater enjoyment while gaining the unique health benefits the sport offers. To help us achieve these



goals, the Board appointed a committee of advanced players to develop and conduct training sessions for interested members. Methods under consideration include learning and practicing basic strokes, serving and receiving, footwork, and understanding spin, speed and control, etc. Viewing and analyzing videos of professional players will be included. Finally, body and mind exercises and relaxation techniques will be incorporated so members can better handle stressful situations that arise in competitive tournaments. To learn more about our club please visit <http://trvtt.wordpress.com> or contact: Ruth Barnes, President (707-812-7112); Len Latorre, Vice President (707-374-3983); Rod Armas, Treasurer (707-374-5989); Tom Surh, Secretary (707-374-5282); Kim Russell, Tournament Director (707-374-2046), Larry Mork, Member-at-large (707-374-3389); or Brenda Hom, Social Director (925-915-2828).

Tennis

Happy Thanksgiving! 2015 has been a great year for the tennis club and in the spirit of the season we would like to thank our wonderful Board (Claude, Michael, Carmen and Claudia) for their fine leadership, Joe, Al, Wally and Bill for all the exciting Tournaments and Tournasocials and George, Sandy and Chuck for their continued service to the club. Our club operates with volunteers and we have been fortunate to have some top notch helpers.

The fun continues in the month of November with the November 1 Daylight Savings Tournasocial. The women will start playing at 9 a.m. followed by the men at noon. Then at 5 p.m. there will be a potluck at the Delta Club. Bring your own BBQ item and favorite drink, with an appetizer, salad or dessert to share.

Be sure to mark the date of Friday, December 11 on your calendar for our annual Holiday Party at the Delta Club. Hors d'oeuvres will be served at 5:30 p.m. with dinner at 6 p.m. Cost is \$10 for a member of the club and \$20 for a guest. Deadline to pay is December 5.

As always, daily Social Tennis is Monday-Friday from 8 – 10 a.m. and we welcome anyone, member of the club or not, to join us. Think you can't play tennis, George would be happy to prove you wrong. Contact him at 707-863-1082 for free customized lessons, whether you are a beginner or just wanting to get back in the game. For more information about our club, our next club meeting is scheduled at 10 a.m. on Friday, November 20, at the Delta Club or contact Wally Beckman at beckmanwally@hotmail.com.

Theater



Photo courtesy of Roger Kohn

Trilogy Theater Group (TTG) monthly membership meetings are held on the fourth Thursday at 7 p.m. in the Marina Room at the Delta Club. Due to the Thanksgiving holiday we

will hold our regular meeting this month on Thursday, November 19 at 7 p.m. in the River Room at the Delta Club. We invite and warmly welcome all interested Trilogy residents to attend.

Yes, we're still basking in the glow of our final 2015 season production, Agatha Christie's *The Unexpected Guest*, presented by special arrangement with Samuel French, Inc. It was a team effort and we all learned so much and had a great time bringing it to the stage for our families, friends and neighbors. Thank you all for the wonderful feedback and support.

The 2016 season will begin with a comedy, *Play On*, a hilarious "play within a play," which will open in April. We enjoyed our final "Read Aloud" event (October 20) where members gathered to read out loud (with a little advance rehearsal) from favorite dramas and comedies.

In 2014 we were granted 501c(3) non-profit status. Thanks to the generous patrons who are supporting our work - it really helps! Your tax-deductible gift helps us continue to grow and to bring you new and exciting theatrical experiences right here in our own community. Donation forms are available by contacting TTG President Louise Mitchell at sspm1939@gmail.com.

TOPS (Take Off Pounds Sensibly)

We've had our first rain (complete with thunder and lightning) and TOPS invites everyone to join us in losing those extra pounds sensibly before El Nino hits. We meet every Wednesday morning in the Delta Club with weigh-in from 8 – 8:45 a.m. followed by our meeting from 9 – 9:30 a.m. TOPS is a support group where ideas and practical information are shared.



A recent presentation given by one of our members urged everyone to eat more vegetables. Did you know that chopped frozen greens, for instance, can be slipped into soups, mixed with pasta, formed into meatloaves/meatballs, or even stuck into a fruit smoothie? And just to show how well our program works, we now have ten KOPS who still make meetings regularly as they continue to Keep Off Pounds Sensibly! For more information about TOPS, call Leader Elouise (Ella) Brice, 707-374-1499 or our new co-leader Jim Hodges, 925-368-5795. We look forward to seeing you at our next Wednesday morning TOPS meeting.

Trilogy Art Guild for Artists

Our meeting in October had guest artist Robyn Brakel, an award winning ceramist, who gave a presentation showing us her techniques on using Ceramic Clay and Paper Clay. In November our guest will be Pamela Anderson, master oil pastel landscape artist and also one of our past judges for our art show. She exhibits in California and Hawaii galleries and designs wine labels. We are looking forward to this program and the many more we will be having each month. Artists and others interested in art are welcome to join our meetings on the first Monday of every month in the Marina Room at the Delta Club at 1 p.m. Programs start following our meetings, usually at 2 p.m. For more information, contact Dodi Phifer at 707-330-4666.

Trilogy Jazz Band

Wow! Did you hear the great music at the Pop Fest in October? If not, you missed a real treat. All the musical groups here at Trilogy entertained the packed audience with some great music. We are so fortunate to have such talented people here at Trilogy.

The Trilogy Jazz Band performed a few selections, including the Overture to the 2012 Music of the Night, arranged by our own Director, Jim Lucas. It's always a delight to entertain our residents.

Speaking of which, you have another chance to hear our Jazz Band when we play for the Dance Club on November 15 and also on November 29 for our annual Tree Lighting Ceremony in the Vista Club Living Room.

If you have played a horn in your day, regardless of the years past, we would like to invite you to play with us, or just come for a listen, every Wednesday at 2:30 p.m. in the Vista Club, Diablo Ballroom. For more information, contact Jim Lucas at 707-374-7567.



Ukulele

Aloha! We play every Wednesday in the Diablo Ballroom at the Vista Club. Beginning class meets at 11 a.m. and intermediate/advanced class meets at 12 p.m. Trilogy residents are welcome to drop by, listen, play and sing along with us. Our instructor, Loren Iverson, is a veteran musician who plays a variety of instruments. The very talented Claire McKean (Solid Gold, Delta Divas, Delta Harmony) is our club founder and president.

No prior experience with musical instruments is required. Bring your ukulele if you have one and get ready to have fun! There's a reason for the surging international popularity of ukulele; it's fun, easy and a great way to make new friends and keep those brain cells tingling!

On the second Sunday of each month we host a ukulele jam session at The Lighthouse Resort on the Delta Loop. Fellow ukulele players of all ages and experience join us from around the Bay Area. We're right on the river so the view's spectacular. The session starts at 1:30 p.m. so get there early and enjoy lunch while waiting for the music to start.

Last month was busy with performances: Turlock Uke Jamz (October 10), jam session at The Lighthouse (October 11) and the Trilogy Pop Fest (October 21). We're sporting new 'aloha shirts' and learning more Hawaiian songs to accompany our very own Trilogy hula dancers. For more information contact Claire at 510-301-0479 or Loren at 209-477-9753.

Whist

Welcome to the last month of Fall for 2015. If you are reading this on November 4, some of us are on our way to Red Hawk Casino to try to win a high percentage of money that was lost at the casinos on earlier trips. November is also the month for engaging in dialogue with family and friends. This is the perfect time to prepare for our Thanksgiving gatherings. I will miss Bingo for the next three months, but we hope to see you at our third Friday night party. As the days grow shorter and we have longer nights, we have a need to exercise our brain more. Meet with us to play games and complain about old-age problems. The Whist Club is in need of new and inspiring members. You are welcome to meet with us each third Friday of the month at 7 p.m. in the Delta Club. Bring a dish to share. The food is always good and plentiful. We play cards, Dominos, and other games. Some people sit and exchange information. We listen to Motown music



from the 60's, 70's and 80's. Come interact and share your thoughts with us on designated Mondays (see the Activity Calendar). Bring new ideas for fun and informational events. We offer encouragement and support for each other. Contact Madalene Turner, chairperson at 707-374-3361 or Jean Robertson at 707-374-0086.

Women's 9-Holers



*Our Captain,
Sylvia Vannucchi*

September was a busy month. Playing for Tournament of Club Champion, and putting on an Invitational that had been planned for a year. TOCC winners: Low Gross, Lynn Traver. Low Net, Jan Benner and Jeannie Renner. These ladies will be sponsored at the Tournament of Champions, by the club, at Poppy Ridge, Livermore, on October 15. Fifteen ladies will also go to support.

September 8: Game of the day; Low Putts. Winners 1st-Barb Downs, 2nd-Diane Scholz, 3rd-three way tie-Pam Fashing, Nancy Biles, Sharon David. **September 15:** "It's A Small World" Invitational. Thank You, Donna Martella for planning and organizing this great event. We had many Mickeys and Minnies, Cruella De Ville, her pups, Mad Hatters, Mickey Mouse Club and more. Everyone was a winner, with goodie bags, beautiful decorations, raffle prizes and lots of Hole Sponsors. We had 36 winners (flighted). Closest to the Hole, Longest Drive, Putting Contest. Warrior Manager, Byron Cone hit balls over #2 to help with donation to Solano County/Contra Costa Food Bank. Thanks to volunteers for so much effort and a Grand Day. **September 22:** Fun Net Play. Winners-Flight 1-1st Diane Scholz; 2nd-Lois Dutcher; 3rd-Kathy Moore. Flight 2-1st Jeannie Renner, 2nd-Myra Levine, 3rd-Betty Bowley. **September 29:** Game T and F. The Winner-Betty Bowley!. Pars for September (27 total), #13, #15, favorites. Par of the Month Club Members; Anna Bogucki (5), Lynn Traver (3), Fran Silva (3), Myra Levine (3), Jeanie Renner (3), Pam Fashing (2), Kathy Moore (2), Lois Dutcher, Diane Scholz, Nancy Griffin, Linda Rowe, Marj Niemi, Eila Ballard. Congratulations! Birdies: Lois Dutcher. Chip-ins this month: Cathy Warr (2), Maureen Lamborn, Diane Scholz, Arla Gustafson, Eila Ballard, Lois Dutcher. To join us, contact Pam Carlson at 707-374-2983/pam331@gmail.com.

Women's 18-Holers Golf

Our Club Championship Tournament was held on September 24 and 25. Congratulations for the seventh consecutive year in a row to winner, Linda Barlesi, with rounds



*Linda Barlesi, 2015 Club
Champion. Photo by Elaine Love.*

of 83 and 85 gross. Linda Siatt matched her stroke for stroke in Round 2, shooting an 85 herself but could not close the gap from Round 1. Here are the winners: Flight A: Low Gross=Linda Siatt; 2nd Low Gross=Marsha Berry; 3rd Low Gross=Frankie Freeze; Low Net was Cindy Brown. Flight B: Low Gross=Debby Carroll; 2nd Low Gross=Ulla Ulmonen; 3rd Low Gross=

Doris Sundly; Low Net=Loretta Ortenblad. Flight C: Low Gross=Diane Scholz; 2nd Low Gross-Terry Sutter; Third Low Gross=Lynn Grace. Low Net= Joanne Smith.

Our Ace of the Month winner was a tie between Lynn Traver and Carol Petronzio. Suzi Masterson was only one off from also winning. Our club is sad to see Lucille Rhodes will be leaving us to move to Aptos. We will miss her.

Election of Officers for 2016 was held at our General Meeting. The winners of the election are: Captain, Linda Barlesi; Co-Captain, Chris Saybe; Secretary, Bessie Dunn; Treasurer, Karenann Evans; PWGA Chairman, Marsha Berry; Handicap Chairman, Maureen Gingrass; Tournament Chairman, Doris Sundly and Sandi Holst, helper; Membership, Carol Petronzio.

We meet each Thursday at 8 a.m. If interested in joining our club please contact Linda Siatt at 707-374-5364.

Writers

On Thursday, November 12, at 7 p.m., the Trilogy Writers' Club will welcome author Danna Wilberg. Two of Danna's books (*The Red Chair* and *The Grey Door*) have recently been published and a third (*The Black Dress*) is scheduled to be released soon. She writes romantic suspense novels and also hosts two television programs in Sacramento. Please join us in the Monterey Room of the Vista Club to learn about her writing and publishing experiences.

Trilogy Writers' Club is open to all Trilogy residents who are interested in written expression. Members write in a variety of genres for pleasure or with hopes of being published. We encourage you to write often, in whatever style strikes your fancy. For further information, contact Judy 707-374-3973, Zoe 707-374-3676 or Suzi 925-231-5213.



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Alzheimer's/Dementias Caregivers' Support Meeting

Alzheimer Services and the Greater Bay Area Alzheimer's Association sponsor the caregivers support group to offer information, speakers and videos, as well as open discussion and social interaction for caregivers of loved ones with Alzheimer's or other dementias. The group meets the third Friday of each month from 9:30 to 11 a.m. at the Senior Center located at 25 Main Street in Rio Vista. Contact meeting facilitator Nat Marcoccio (RVALZSG@yahoo.com) for more information.

Christmas 94571

Rio Vista Community Services will be placing a tree in the Vista Club. Sign up to purchase toys for low-income families. Toy tags will be available by gender for a child between the ages of newborn and twelve years old. Next to the tree will be the instructions and a log sheet to register. Please limit the gift value to \$20. Wrapped gifts should be delivered by December 4, to the Rio Vista Fire Station or the Dollar Store. Be sure the ornament tags are securely attached to each gift. If you have any questions, call Skeets Williamson at 707-374-5453.

Christmas in November?

Yes, fall is definitely here, which means that Christmas is just around the corner. A Huge Thank You to everyone who has purchased tickets to our Saturday, December 5 Holiday Home Tour, from 11 a.m. - 4:30 p.m. Space is limited, time is running out and tickets are going fast. If you have not purchased yours, be sure to pick them up soon at Pets-4-All located at 167 Main Street, Rio Vista, or www.eventbrite.com/rioivisionholidayhometour. For more information, contact holidaytour6@gmail.com.

There are four decorated homes within Trilogy and four decorated in Rio Vista. Three of these are Historic Homes which will be decorated in keeping with their rich history. This is a day you don't want to miss; and there are several other holiday activities taking place this day. The Rio Vista Museum will host its annual Olde Tyme Christmas Faire, the annual Christmas Tree Lighting Ceremony at City Hall, and the Lighted Boat Parade at 6 p.m.

Don't forget! Registration for the tour begins Saturday, December 5 at 10:30 a.m. at the Rio Vista Senior Center located at 25 Main Street, and ends at approximately 2:30 p.m. Raffle prizes will be on display. For more information, contact rvhometour15@gmail.com

Circle of Friends/Havarah

A small group of us would like to inquire as to who might be interested in forming a new group called a Havarah? A Havarah means Circle of Friends. The group would be open to anyone interested in exploring the culture, traditions, and holidays of Judaism. Please contact Pam at 707-374-3161.

Meals on Wheels Volunteers Needed

Meals on Wheels needs volunteers to deliver meals in Rio Vista and Trilogy as alternates to primary drivers for the five days of the week. Please contact Roger Wiskeman at 707-374-6211 or wiskeman2@yahoo.com if you can help.

Rio Vista Community Service Food Bank needs your help!

Commit your Tuesdays (8:30-11:30 a.m.) one time per month or any time that works for you. Must be able to lift 40-50 pound items on occasion. Help a team pick up the weekly donated food items with a provided van. Contact 707-374-2358. Thank you.

Trilogy Labyrinth Walkers



Fountain of Hope Labyrinth, constructed on the grounds adjacent to the Olive Grove overlooking the Terra Linda Hills at Resurrection, is a 40-foot, 11-circuit labyrinth adapted from the classical Christian Chartres Labyrinth located outside Paris, France at the beloved Chartres Cathedral.

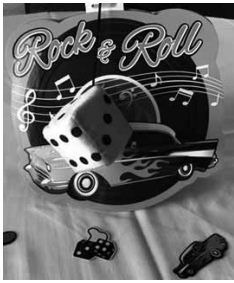
Please join us for an excursion to San Rafael where we will walk the Fountain of Hope labyrinth, visit the Garden Sanctuary, and have lunch. The date is Thursday, November 12; we will be meeting near the waterfall at the Vista parking lot, carpooling and leaving Trilogy at 9 a.m. returning home at 3 p.m.

For more information and to RSVP, please call Elaine

Wisz at 707-374-4310 or Gerry Swan at 510- 507-4080 to let us know if you will be joining us and if you need a ride or are willing to carpool. We will also need your cell phone number since we do not want to lose someone while in route.



Trilogy Resident Tournament



The September Tournament was held on the 20th, with a 50s Rock-and-Roll theme. Tee-shirts and jeans were allowed. Barbequed tri-tip and cheese lasagna was dinner and root beer floats and cookies was the dessert.

Our last tournament for the season was Sunday, October 18; Halloween Scary was the theme. Roast pork, chicken Coq Au Vin, Caesar Goo Salad, Smashed Potatoes, Slimy Green Beans and a Boo Dessert was on the menu. Costumes were optional. Plus we collected canned foods to donate to the Food Bank for the upcoming holiday season. As always fun was had by all.

The Resident Tournament is open to all golfers with a GHIN number and handicap. It is recognized and supported by all the Golf Clubs here at Trilogy. There is also a pairing party on the Friday before each tournament at 4 p.m. in Sir Flairs; this is the opportunity to see with whom you are playing.

The first 2016 Season Tournament is scheduled for April 17. Look for flyers around March. We will advertise as this event gets closer. For more information, call Linda Rowe 925-286-1555 or Harold Rowe 925-818-1124. Thanks for a great season; it is a great experience to meet golfers in a relaxed and fun setting. Have a wonderful holiday and see you next year!

Family Support Group



Family Support Group is available to organize a memorial service for any family member who incurs the loss of a Trilogy member. For more information, please call Chairperson Claudette Gartner at (707) 439-6116, e-mail xbirdlady@myifp.com, call Coordinator Betty Bowley (5613) or call Barbara Sherison at (6845).

myifp.com, call Coordinator Betty Bowley (5613) or call Barbara Sherison at (6845).

MEMBER SPOTLIGHT

Salute to Trilogy Veteran Jim McCracken

by fellow vets Sally and Stan Brenner



Jim McCracken, a San Francisco native, and his family are devoted to service, from the US to Korea and back, from civilian to military communities. His dad was a Navy Chief Petty Officer Seabee at Treasure Island; wife Sue is active in community causes; son Brice is in law enforcement. At 20, Jim enlisted for Army basic training at Fort Ord, was confined to the post due to a meningitis outbreak, but eventually becoming a military police officer, and a "Super Spook," selected for a four-year hitch with the US Army Security Agency/NSA. Posted to Korea, he often wore civilian garb, and worked with fellow US soldiers to help build an orphanage. In Color Guard uniform, he met many dignitaries.



Discharged in 1968, Jim enrolled at San Jose State University, met and married Sue, earned a B. S. degree, then spent more than 30 years in transportation management, sales, and customer service, exporting and importing exhibit materials for major firms. Retiring in June 2003, Jim and Sue resettled in Trilogy and ventured into extensive community activities.



A Rio Vista Police Department volunteer in 2004, he became the City's Community Services Officer the next year. In more than five years with RVPD, he helped start several programs. In 2011, Jim joined the Rio Vista Public Safety Commission, soon became chairman, and represented the City on the Grand Jury. In 2012, he was elected to the Rio Vista City Council, sitting for the City on numerous county and regional entities. Community affiliations include Rio Vista Rotary, American Legion Post 178, and charter membership with Delta Council #13445, Knights of Columbus.

Jim credits his military experience with enhancing his sense of respect for rank, comrades, and the many local citizens he has encountered. Jim, his wife Sue, and son Brice have translated that virtue into a dedicated devotion of service to others.



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Ron the Painter, a Trilogy resident and painter for 10 years is back. Interior painter, fences, mail boxes. Good price, good work. Call Ron 707-430-3135

Painting & Drywall

Repaint exterior & interior. Color and texture our specialty. Free estimates. 40 years experience. R. P. Painting, Trilogy Resident CA St. lic. #422737. Call today 707-374-5954.

Pest & Termite Services

Trilogy resident and owner operated. General pest control services include quarterly or bi-monthly services to meet your needs. Termite inspections specializing in real estate and refinance. Please call Ron Yocum, Owner, Daniel Pest Management 925-323-5211.

Pet Care

Will care for one or two cats. My home or yours. Sheila 707-374-4732.

Pet Care

Kitty care and small dogs (no walking) services. Include play, meds, trash, mail and plants. Hourly "dog sitting" available in your home. Short notice OK. Call Mimi 707-374-4343.

Rain Gutters Cleaned

Also pressure wash driveway, walkway, patio and outside of house. Trilogy resident Danny 209-570-0302.

Tamales

Mirna's Gourmet Tamales: My third year of making hot, delicious tamales delivered fresh to your door—pork, chicken and beef. Enjoy the holidays! 707-673-6608

SERVICES

Transportation

Husband and wife team will drive Trilogy residents to and from area airports, trains, and cruise ships. Safe and reliable. Call Betty or James 707-374-3221.

Transportation

Dave's Transportation Service. I transport Trilogy residents only to trains, boats, planes. No medical services, shopping or casinos. Reliable. Call 707-374-3192. Thanks

WANTED

Golf Carts

Cash paid on the spot. Carts can be working or not. Call 707-374-3338 or cell 707-208-9096. Also call regarding rebuilt golf carts.

Room Needed

Friendly, kind, honest, non-smoking female Trilogy resident needs room in exchange for companionship, care, housework, gardening, driving pet care, etc. Jesse 925-683-7193.

Sporting Goods

And equipment, especially fishing rods, reels, lures and other paraphernalia. Cash paid on the spot. Free appraisals. Call Ed 707-374-1349 or 925-216-6300.

Want to Run a Classified Ad?

Pick up an ad application form at Member Services. Turn in your completed form by the fifth of the month preceding the month you wish the ad to run. Cost is \$10 for 25 words. Additional words are \$.25 per word. Checks only. Late ads will run in the next issue. All classified advertisers must be current Trilogy residents or current Trilogy homeowners.

The Trilogy Board of Directors is not responsible for expressed opinions or for the authenticity of all presented facts in advertisements. The Board of Directors recommends verifying authenticity of advertisers by requesting contractor license numbers and references, and checking with the California Contractors State License Board and Better Business Bureau (BBB) prior to using the services listed herein.

Polar Bear PLUNGE



Let the fun begin!

Take the "Plunge" with your Trilogy neighbors!

Enjoy a dip in the spa and hot cocoa afterwards

Sign up at Member Services ~ There's No Fee

Remember to provide your t-shirt size!

Check in at the Delta Club Marina Room by 9:45 a.m.

Light refreshments served and spectators are welcomed!



January 1, 2016

10:00 a.m.

Delta Club Pool

"MONTEREY & SONOMA"
ROOMS

VISTA CLUB

JEWELRY SHOW

NOW PART OF THE GIFT, CRAFT & ART FAIRE

MERCHANT TABLE SIGN UP BEGINS 10:00 A.M. SEPT. 14

SATURDAY

NOVEMBER 21, 2015

10:00 A.M. - 3:00 P.M.

ENTERTAINMENT IN THE
GRAND LIVING ROOM
11 A.M. - 2 P.M.

CAFÉ VISTA OPEN TILL 3:00

CONTACT MEMBER SERVICES FOR MORE INFORMATION (4200)

ADVERTISING INFORMATION

DEADLINE: All final ads and checks are due by the fifth of the month prior to the month of publication. For example: December 2015 ads and checks are due by November 5, 2015. All late submissions will run in the January 2016 issue of *Trilogy Living*.

REGULAR SIZES AND RATES:

• 1/8 page ad	3 1/2" wide X 2" tall	\$90/month
Scan your horizontal business card at 300 dpi, and e-mail it as a pdf, jpg or tiff file to Tania Fardella at indigodesign@att.net .		
• 1/4 page ad	3.6" wide X 4.5" tall	\$140/month
• 1/2 page ad	7.5" wide X 4.5" tall	\$220/month
• Full page ad	7.5" wide X 9.25" tall	\$345/month

PREMIUM SIZES AND RATES:

• 1/4 page ad Inside Front or Back Cover	\$185/month	
• 1/2 page ad Inside Front or Back Cover	\$285/month	
• INSIDE FRONT COVER	7.5" wide X 10" tall	\$445/month
• INSIDE BACK COVER	7.5" wide X 10" tall	\$445/month
• OUTSIDE BACK COVER	7.5" wide X 10" tall	\$500/month

DISCOUNTS:

- 5% off pre-paid ads for 3 months or more
- 5% off for businesses owned by residents of Trilogy at Rio Vista

To place an ad, contact Joan Azlant at joanazlant@comcast.net or 707.374.2620. If you need ad design, contact Tania Fardella at indigodesign@att.net or 925.377.0335. Additional fees will apply for design, scanning, and edits.

Holiday Tree Decorating Social

November 28, 2015
10 a.m.—1 p.m., Vista Club

Tree Trimming
Good Times
Music And
Refreshments
Sign up at
Member Services
Vista Club



Holiday Decorations Shop & Swap

ANY HOLIDAY

HAVE LARGE ITEMS?
BRING PHOTOS



November 28
Saturday 10 am - 1 pm
Vista Club Diablo Ballroom

Tired of your decorations?
Need refreshing and looking for ideas?
You may find unique treasures
to complete any theme!

Get into the spirit of the season with holiday
decorating & socializing with your neighbors!

Festive music, tree trimming, and
Café Vista will be open until 3 pm

Sellers & Swappers sign up at Vista Club Member
Services for free space on the round tables!

'Tis the Season for Reflection...

Take a bow, applaud yourselves residents! Throughout the year you come together to volunteer your talents, time and expense to enhance Trilogy's lifestyle! Association boards, committees, club/group leaders, historical mentors, meeting/event organizers, developers, artists, promoters, communicators, producers, photographers, coordinators, bean counters, shoppers, cooks, decorators, cleanup, participants, along with others all join to contribute enjoyable assortments of colorful activity and caring services! Additionally, many are musically gifted folks who have merged as groups to volunteer entertaining Trilogy throughout the year and particularly during the holiday season – Veterans Day, Tree Lighting Ceremony, and the Trilogy Holiday Show, to name a few.

*Thank you Residents for all you do in such a
special way to enrich your community's lifestyle!*

Special Financing Offers!



NEWSTYLE™ HYBRID SHUTTERS



PROVENANCE™ WOVEN
WOOD SHADES



DUETTE™ HONEYCOMB SHADES



PALM BEACH™ POLYSATIN SHUTTERS

HunterDouglas *Hunter Douglas lets you control light. Beautifully.*

**** Special Financing: 18 Months Same As Cash Financing Available (OAC) ****

Save Time. Save Money. Stop in at our Hunter Douglas Gallery®, and take advantage of our current promotions, money-saving rebates, and special offers. Visit us today, and let our highly trained professionals find the right look for your home at a great price!

We also offer:

Custom Draperies, Bedding, Pillows, and Upholstery --
Large Selection of Drapery and Upholstery Fabrics,
Currently 10% off Selected Fabrics



Window Fashions of Northern California, Inc.

DBA: Solano Window Fashions
125 Grobic Ct., Ste A; Fairfield, CA

Mon - Tue: 10 AM - 5 PM
Wed - Fri: 10 AM - 6 PM
Sat: 10 AM - 3 PM; Closed Sundays

707-429-5156
www.WFNC.com
CL # 982292



HunterDouglas *Gallery*

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