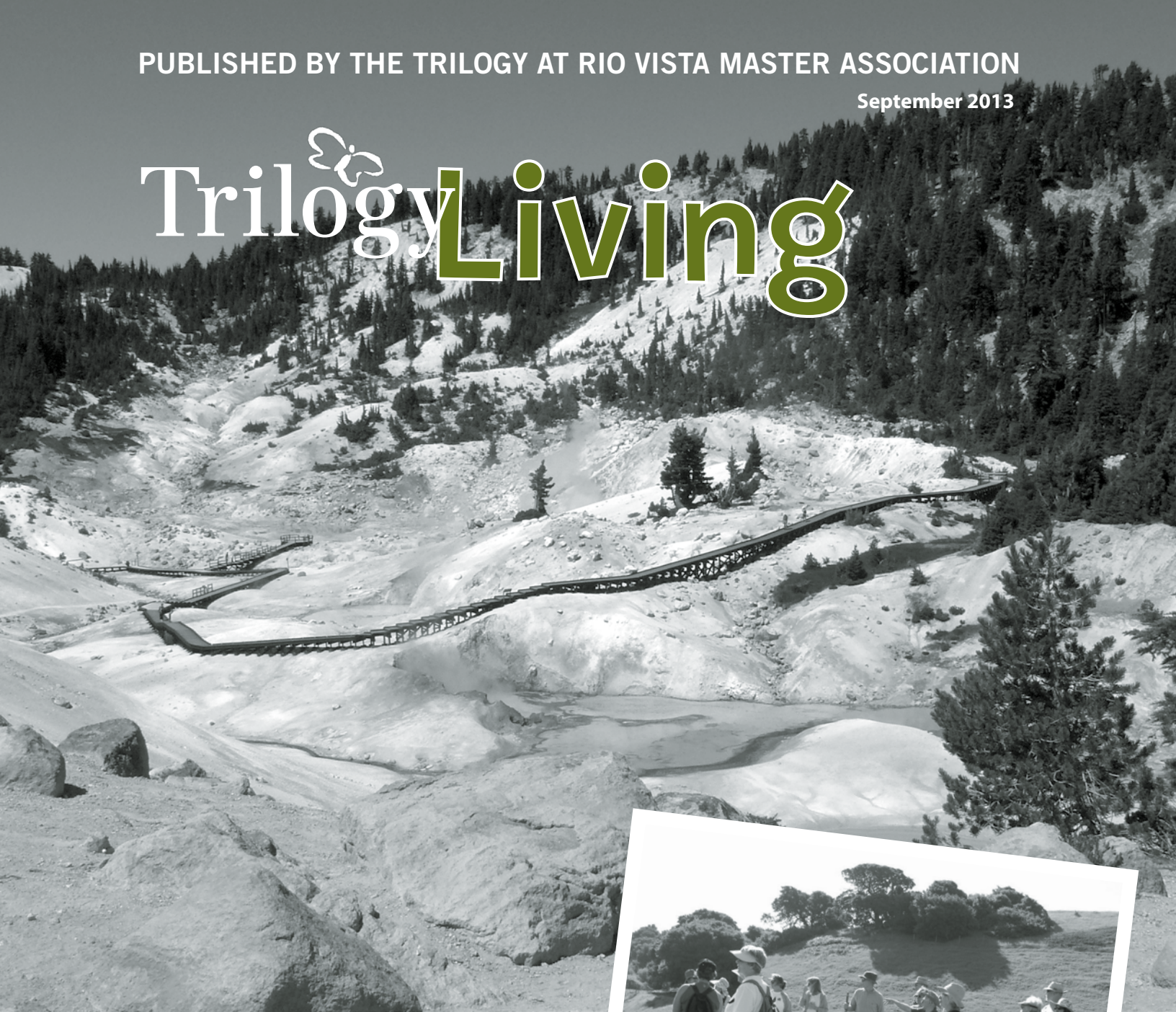


TrilogyLiving



THE GREAT OUTDOORS

There's still some summer left and the Hiking Club at Trilogy is taking full advantage of the season. For more information about the club, contact George Sasaki at geo_sasaki@yahoo.com.

Explore ~ Discover ~ Enjoy

Trilogy Clubs Awareness Forum (pg. 37)
Sept. 14, Vista Club



Index:

John Covert & Crystal Image Concert pg. 7
Theater Group's One-Act Plays pg. 16
Brockton Picnic pg. 18
Trilogy Blood Drive pg. 5

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Warren Oglove

President

Special Executive Session of the Master Board of Directors were held on Monday, July 15 and the Executive Session was Wednesday, July 17.

- Both sessions involved the purchase of the golf course and pricing. The President was given authority to offer an increased price.

Executive Session Meeting was on Tuesday, Aug. 13.

- The Board interviewed attorneys from the Offices of Berding & Weil and the Offices of Ann Rankin. The purpose of the interviews was to determine who would assist us in the rewrite of our Homeowners Association documents, such as the CC&Rs, Bylaws, etc. A decision should be made at our next Master Board meeting on Sept.10.
- The Board requested volunteers to apply at the H.O.A. for a position on the Document Rewrite Committee explaining that the current applications from our last request are almost six months old.
- The Board discussed making an offer for the abandoned Waste Water Treatment Plant.
- The Board discussed the time frame for bringing the golf course purchase to a vote of the residents and procedures involved.

The following actions were taken at the Master Board of Directors Meeting on Aug. 13, 2013.

- Approval was given to spend \$9,290.50 from reserves, for an upgrade to the exercise Fitlinxx equipment.
- Approval was given to spend \$48,757.28 from reserves, to upgrade the audio/visual equipment in the Vista Diablo room.
- The Board approved making an offer to purchase the abandoned Waste Water Treatment Plant. One of the conditions of the purchase will involve ordering an ESA Phase 1 study to determine if there are any pollutants present in the soils.
- The Board approved bringing the golf course purchase issue to a vote of the residents. Town hall meetings will be held in September and a vote on the purchase will take place shortly thereafter.

TRILOGY AT RIO VISTA

D I R E C T O R Y

Master Association Board of Directors

Warren Oglove, President (3477)
Tom Moore, Vice President (5772)
Bernie Dehn, CFO (4764)
Joel Auslen, Secretary (5808)
Noel O'Brien, Director (925) 348-4097

District Delegates

Village I – Bernie Dehn (4767)
Village Oakmont – Lee Puryear (3510)
Village Riviera – Dante Miles (6445)
Olympic Village – Joel Auslen (5808)
Saddle Rock Village – Roger Kohn (2737)

Committee Chairs

Adult – Helen Bergoust (2436)
Disaster Preparedness – Alan Levine (718-7907)
Access – Andy Pestana (5154)

Village Board Presidents

Village 1 – Bernie Dehn (4764)
Village Oakmont – Walt Manos (2827)
Village Riviera – Don Seyk (6407)
Olympic Village – Mike Dubrow (6706)

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evitrano@actionlife.com
Assistant General Manager: Catherine Patrick
cpatrick@actionlife.com (4843)
Activities Director: Debbie Dorn (4204)
ddorn@actionlife.com
Fitness & Spa Director: Kathy Erwin (4205)
kerwin@actionlife.com
Maintenance Director: Mike Oestreich (4895)
moestreich@actionlife.com
Member Services Coordinator: Cheryl Lucas (4203)
clucas@actionlife.com
Communications Coordinator: Andrea Stuart
stuarttrv@gmail.com

Club Numbers

Vista: Front Desk (4200) Fax (2422)
Delta: Admin Office (4843) Fax (4891)

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Andrea Stuart, Ed Vitrano, Debbie Dorn, Cheryl Lucas,
Joan Azlant, Kathy Erwin, Helen Bergoust

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Welcome Center/Front Gate (4306)

trvwelcomecenter@gmail.com

Café Vista (4202) Nines (4400) Golf Course (2900)

Shea Customer Service 1-866-535-9989

From the Editor



Andrea Stuart

It's easy to become distracted as the summer months take off. The world operates at a higher frequency. All living animals proliferate as a result of the sun. The sun provides ample en-

ergy and life giving benefits including vitamin D (the most bioavailable, or easy to absorb, source of vitamin D, which improves bone health), increased melatonin production (which aids in sleep quality), and increased serotonin production (the feel good brain drug). So, it's no surprise that we see people out and about with sun umbrellas in hand and smiles adorning their faces, as laughter and conversation echoes through the streets, beaches, and restaurants.

While September marks the autumn equinox, the majority of the month is comprised of summer days. Make the most out of the warm days ahead by filling your calendar with new and interesting activities. There are over 100 clubs in Trilogy, plus numerous Trilogy events each month to keep your serotonin levels soaring! Check them out on the Activities, Clubs, Fitness, Arts, and Community pages.

Have a beautiful September!



From the Board of Directors: The publisher retains the right to edit articles and advertising to conform to content and space requirements. The Trilogy Board of Directors is not responsible for expressed opinions or for the authenticity of all presented facts in articles and advertisements. Viewpoints contained in this newsletter are not necessarily the opinions of the Trilogy at Rio Vista Master Association, the Board of Directors, its officers, or management.

From the Activities Director



Debbie Dorn

What have you missed lately? To highlight, let's begin with Riviera's Treasure Hunt, which had the community hopping through a fun-filled day of activities. Thank you Geneal-

ogy Club for bringing Phil Pezzaglia to us for an engaging discovery through Rio Vista's history. The Model Club's Garden Railroad "Steam Up" provided a grand time for the entire family. The Dance Club's monthly dance and Concert on the Patio featuring Zydeco and the Soul Line Dancers were a splendid social times of awesome music and dance. Trilogy Art Guild's Juried Art Show offered a magnificent display of artistic talent from your community. Then the Drama Club's annual play *Foibles and Folly* was delightfully entertaining.

September is a special time of focus on our special interest clubs and groups with the upcoming support meeting held with the organizational leaders. It is a super time to become more active with a personal interest or social group. Along with your Association's events, you have a huge selection of activities from which to choose. A list of clubs and groups is available with contact information from Member Services at the Vista Club. Don't miss out on these upcoming special events!

- 9/01 & 9/22 Farmer's Market
- 9/02 *Labor Day ~ Holiday*
- 9/07 Picnic in the Park ~
Brockton/Rutland Residents
- 9/08 CD Music Dance ~ Dance Club
- 9/09 Blood Drive
- 9/14 Clubs Awareness Forum (pg. 37)
- 9/15 Flu Shots
- 9/20 Open Mic Night
- 9/21 Concert ~ John Covert & Crystal Image
- 9/22 Autumn Equinox Labyrinth Walk (pg. 18)

Get Ready . . .

- 10/05 Community Garage Sale

Also, peruse in this publication the additional activities presented by the clubs or groups! Your comments and suggestions are always valued. Send an email anytime ddorn@actionlife.com. My mailbox is always open!

For non-delivery of *Trilogy Living*, contact Debbie Dorn at (4204).



Farmer's Market ~ Have you experienced Trilogy's Market Place?

Sunday, Sept. 1 & 22, 10 a.m. – 3 p.m., Delta Club ~ Free



Stock up at the Farmer's Market at Trilogy twice in September! Bring your neighbors and support your locally grown fresh fruits and vegetables from our own Trilogy Farmer's Market. Petrill's Produce Farmer's Market provides wonderful produce and

other specialties. It's easy to keep a fresh supply of fruits, vegetables and specialties on hand without leaving Trilogy.

Grapevine Chat ~ will return in October!

The 2nd & 4th Tuesdays each month in the Grand Living Room, Vista Club

The Weekly Tuesday BBQ at 5:30 p.m. at the Delta Pool is the place to be!

It's an enjoyable time to meet your neighbors! Read more on page 20. Then, for more information contact Claudette at (707) 439-6116 or email xbirdlady@myifp.com.

Blood Drive

Monday, Sept. 9, 9 a.m. – 1 p.m., Rio Vista Room Delta Club

It's time again to lend an arm and help save lives by donating blood at the upcoming Trilogy Blood Drive. Walk-ins are welcome; however, appointments have priority. To make an appointment, contact Darlene Wiskeman (6211) or email her at wiskeman2@yahoo.com.

Blood Pressure Check ~ Free

Thursday, Sept. 12, 9 a.m. – 10 p.m., Library Delta Club

Have your blood pressure checked the second Thursday of every month at the Delta Club Library between 9 – 10 a.m. Stop by and keep that blood pressure in check!

Complimentary Hearing Screening and Assessment

Thursday, Sept. 12, 1 – 3 p.m., Diablo Ballroom Vista Club ~ Free

Advanced Instrument Hearing Aid Centers are offering a complimentary hearing screening and assessment to all members. Cleanings for your aids, tube changing, adjustments, and repairs on a complimentary basis are also offered. Please keep in mind that some repairs may incur a fee



Call to Action: All Trilogy Veterans

In preparation for a special tribute project, we need to identify all veterans in the community. Please contact Member Services (4200) or stop by at the Vista Club with your name, branch and years of service before Oct. 1. Also, please provide a past photo in uniform along with a current photo in an envelope with your contact information for return from Debbie Dorn.



depending on the severity of the repairs/parts needed to bring the aid(s) back to complete restoration. They look forward to serving your needs on an ongoing basis. Depending on need, their services are offered quarterly the second Thursday of every third month beginning March 8. Contact them directly to make an appointment at (707) 428-1313, although walk-ins are welcome.

Open Mic Night ~ Music, Dance, Comedy, Poets/Spoken Word

Friday, Sept. 20, 7 – 8:30 p.m., Diablo Room, Vista Club ~ Free

The venue is set to welcome Trilogy to share their artistic expressions in a setting as intimate as your living room where family and community cheer you to the next level! If you're a spectator, you're in for a treat! The supportive setting is about artists having a safe place to perform for the first time. It's about veteran artists having a place to try out new pieces. It's about having a place that inspires new work. Bring your favorite provisions and come check it out! Performers sign in at Member Services.

Guidelines: One performance per person, which may be flexible depending on the number of performers for the night. Limit of 15 performers for the night.

Family Halloween Party

Sunday, Oct. 27, 2 – 4 p.m. Delta Club

\$5 per family plus \$1 for each child participant



Plan for a great party with the family! Kids can join in a costume parade, plenty of laughs, good times, family pictures and a treat bag. Cost is \$5 per family plus \$1 per child. Sign up at the Vista Club Member Services.

Call to Action: All Club Status Groups!

Tuesday, Sept. 24, 10:30 a.m. – 12 p.m.

Diablo Ballroom Vista Club

Mark your calendar, the Club Status Annual Renewal meeting is coming. All groups with club status must have representation at the meeting. RSVP with Member Services (4200).

Trilogy Community Garage Sale

Saturday, Oct. 5, 9 a.m. – 3 p.m.

Everyone may participate! Sellers, help buyers find your sale. Simply call Member Services (4200) prior to Sept. 30 and provide your address to have your block highlighted on the community map. The map will be emailed to residents by Oct. 4, and made available to visiting buyers at the Welcome Center the day of the sale. Copies will also be available at the Vista Club Saturday only. It is not mandatory to be included on the map to sell. There are three requirements of sellers:

1. Obtain a garage sale permit for \$1 from the City of Rio Vista, downtown at City Hall prior to Friday, Sept. 29. That is a city requirement. City Hall is closed all Fridays and weekends.
2. Tie an inflated balloon from your mailbox or tree.
3. Open your garage door.

When you finish selling, remove the balloon and close your garage door. The sale is open to the public, advertised in the local papers and flyers distributed. Outside buyers will not be allowed through the gates until 9 a.m. Residents are asked to postpone their shopping until 9 a.m. in consideration of sellers setting up for the sale. The semi-annual garage sales have become enormously popular with almost half the residents either buying or selling. Some villages also use the event for fundraising. If you have questions, contact Member Services (4200) or email Debbie Dorn ddorn@actionlife.com.

Loaned tables are limited to two tables per resident. Tables and metal chairs are reserved on a first-come basis as supplies last.

Submit your request at Member Services at the Vista Club. A staff member will contact you to confirm availability and arrange for your pick up and return. Please clean the tables prior to returning them. Thank you.



Trilogy Veterans Ball

Monday, Nov. 11, 6 – 10:30 p.m.

Diablo Ballroom Vista Club ~ \$35 pp

Whether you enjoy a fine catered dinner, live music, dancing, or just the camaraderie you had in the service, attend the Veterans Ball on Nov. 11, 2013. This is the first annual Veteran's Day Ball for Trilogy veterans and their guests. The reception begins at 6 p.m. Dinner follows at 7 p.m. Music and dancing go until 10:30 pm. This is a semi-formal affair or service dress uniform. Bring your own adult beverages of choice and prepare for a fun-filled evening with your fellow service members and guests. Seating is limited and will sell out quickly. Sign up at the Member Services desk in the Vista Club. For further information, contact Ron Waite at 707-374-6714 or 925-216-7488.

Fend Off the Flu ~

Sutter's Flu Shot Clinic is coming to Trilogy!

Sunday, Sept. 15, 9 – 2 p.m., Delta Club ~

Free for Medicare Part B Holders

Sutter Care at Home Flu & Wellness Program nurse
will administer shots



*FREE for Medicare Part
B holders*

- **\$25 for non-Medicare Part B**
- **\$60 for Pneumonia shots**
- **\$60 for TDa (pertussis vaccine)**

Sign up at Vista Club
Member Services & fill
out Medicare form for
your time slot

Bring Required
Medicare card, ID
and check with you
Sept. 23



John Covert & Crystal Image Returns by Overwhelming Request!

Saturday, Sept. 21, 7 – 9:30 p.m.

Diablo Ballroom ~ \$10 pp

Gear up for an evening of entertainment, dance and you are welcome to bring your favorite provisions! John Covert (keyboards/vocal) has opened shows for War, Tower of Power, Sons of Champlin (Grammy winner Bill Champlin formerly of rock band, Chicago), Chad and Jeremy, The Chiffons, The Coasters, Simon & Garfunkel, Gary U.S. Bonds, Dobie Gray, Lady Bo (Bo Diddley's protege) and many others. He is a grand-prize winner in the Nashville Music City Song Festival and multi-finalist in the American song festival, Covert's songs have been featured on many TV shows, movies, magazines and Billboard charts. His co-written song "Smile if you love Jesus" charted #1 on the 1999 Country Gospel Music Guild charts. John's 1960s folk rock songs are also featured on a rare European collector's CD, "California Love in" (also featured is legendary rock band, Steppenwolf). More of Covert's original vintage Crystal Image rock music can be found on the official website: www.crystalimageband.weebly.com. Sign up at Member Services.



Assessment Notice

Association Assessments are published monthly on this page of *Trilogy Living*. This is an additional vehicle for checking your current assessment. Coupons will reflect the monthly assessment for those receiving them. Those on automatic withdrawal (ACH) may check their bank statements after the 5th of the month to see the amount taken out and all members may register at www.actionlife.com to monitor their accounts 24/7. If you have questions or need help registering online, please call the Administrative Office (4843).

Assessments for the month:

Master Association \$120.00

Master Association \$80.39

(Only for original residents (<100)
in a developer subsidy agreement)

Village I \$4.50

Village Oakmont \$4.50

Olympic Village \$5.00

Village Riviera \$5.00

Saddle Rock Village \$0

(None until dormancy ends)

Club Hours – The Delta Club is open at 7 a.m. for entry with members' keys. It is open from 8 a.m. to 11 p.m. for entry without keys. From 11 p.m. until 7 a.m., there is no entry. The Vista Club is open from 6 a.m. to 9 p.m.

Thank You – The Administrative Office appreciates and thanks all members who abide by the Rules and Regulations of the community.

Electronic Communication – The Association is leaning more on using electronic communications to communicate with its members. There are two ways you can assist in reducing costs to the Master and Village Associations.

E-Alerts – Submit your email address to the Member Services desk at the Vista Club. This will get your information such as special announcements, monthly agendas and most important, the weekly e-newsletter, which updates you as to activities in Trilogy and the greater Rio Vista area.

Disclosure Opt-in – You may also choose to receive required documents which must be delivered by the Association(s) such as budgets, yearly financial statement, etc. To do that you must go to the Administrative Office and sign a form authorizing delivery by electronic methods.

Thanks for considering both options.

You have signed up for e-Alerts and Disclosure Opt-in but are not receiving them

Some of you may notice from time to time that you stop receiving the MTL e-Newsletters and/or the TRVMA e-Alerts. If this happens, please contact Jacquie and she will work with the email team to make sure that you're on the 'active' list in the email system. Emails can be removed from the 'active' list in several ways: a user may click the 'unsubscribe' link on an email, a user may un-check the newsletter subscription box on his/her profile on MTL, or, more often, a user's email service (i.e. Hotmail, MSN, and Gmail) may confuse the e-newsletters for junk and automatically reject all ongoing mail. This last scenario results in our email address being automatically moved off of the 'active' list in our systems. If you contact Jacquie at jroche@actionlife.com, she will have the email team move you back to 'active,' but we also suggest that you add the e-newsletter email address: noreply@actionlife.com. Add this to your "safe senders" or "friends" list in your email settings to reduce the odds of problems.

Where Do I Go If I Want To.....?

Reserve Tables and/or Chairs – Member Services, Vista Club (4200)

Have Copies Made, Send a Fax and/ or Receive a Fax –
Member Services, Vista Club (4200)

Pick up a Residents' Directory – Member Services, Vista Club

Submit Residential Ads for the *Trilogy Living* - Kathy Nilsson,
Member Services, Vista Club (4200)

Indoor Plants – Please do not use the potted plants as garbage receptacles and do not water plants. Staff takes care of the plants and when well-meaning members decide to help, it often makes matters worse. The plants are expensive to replace and all members pay for replacements.

Violations – Please do not register complaints to the Administrative Office/HOA without making sure you have the correct address of the person in violation. Example of what not to report: two houses down from the corner of a particular street. If you receive a violation notice, please contact the HOA office.



Your Pets: Your Responsibility – We appreciate everyone who is being considerate of your neighbors and showing pride in your community by picking up after your pets and who keeping pets on a leash at all times. Please continue carrying pet waste bags with you when you walk your pets and using the bags provided in dispensers throughout the community.

Updating Your Information at the Administrative Office – It is important to let the Administrative Office know when any of your information changes including moving from one property to another within the community. (Please include address, phone, email, frequent guests, emergency contacts, etc.).

Late Charges on Assessments – If you are paying your assessments through your bank, it is recommended that you move the date of payment to the 1st of the month when the assessments are due. Many banks are batching payments before sending them out, so even though your account may show a payment on a particular date, the payments are not being mailed on that date. If you schedule payments through your bank or mail your check after the first, you run the risk of being charged a late payment.

Parking in front of mailboxes – Thank you for not parking in front of mailboxes and asking your service providers to park elsewhere also. You are helping our mail carrier deliver your mail and our staff deliver flyers. In addition, you are giving your neighbors easy access to their mailboxes.

Irrigation – Please adjust your sprinkler system to reflect weather conditions.

Welcome Center – Please make sure that your guests and vendors have your full name and/or address to give the Welcome Center attendants. Otherwise they will not be given access. The Welcome Center attendants are grateful to those members who enter guests on Dwelling Live, call the Welcome Center, or email them when expecting guests and especially when having a party and expecting several guests. They don't want to deny access to anyone you are expecting but have no choice if they haven't been notified and they can't reach you to get your authorization upon your guests' arrival. Instructions for using Dwelling Live are available at the Vista and Delta Clubs.

Anonymous Notes to the Administrative Office/HOA – Please sign all Administrative Communication Forms as we only take action on signed forms.

Suspicious Behavior – Trilogy is a private community but not a secured one. Please keep your doors and windows locked when away from home and lock your car. If you observe unusual behavior that warrants a call to the police, please do so.

Dumping Trash – Thank you for using your own receptacles to dispose of trash rather than using others throughout the community. Thank you for not putting soda cans, water bottles and other trash in the doggie waste disposal receptacles. All residents are required to have garbage service.

FREE Shredding Service – It is that time again, the shredding truck will be in the parking lot near the tennis courts on Saturday, October 19th between the hours of 9:00 am and Noon. The shredding will take place on site. Once the truck is full no more materials will be accepted, so come early.

Meeting Calendar

Master Association Board Meeting

Tuesday, Sept. 10, 2 p.m.
Diablo Ballroom, Vista Club

Village Riviera Board Meeting

Thursday, Sept. 5, 6:30 p.m.
Marina Room, Delta Club

Village I Board Meeting

Thursday, Sept. 12, 4 p.m.
Marina Room, Delta Club

Olympic Village Board Meeting

Thursday, Sept. 12, 6:30 p.m.
Marina Room, Delta Club

Saddle Rock Village

Wednesday, Sept. 18, 6:30 p.m.
Rio Vista Room, Delta Club

Village Oakmont Board Meeting

Thursday, Sept. 19, 7 p.m.
Marina Room, Delta Club

Council of Village Presidents

Monday, Sept. 16, 10 a.m.
River Room, Delta Club

Access Committee Meeting

Monday, Sept. 23, 1 p.m.
River Room, Delta Club

Adult Committee Meeting

Thursday, Sept. 26, 1 p.m.
Rio Vista Room, Delta Club



Pets in the Clubs – Pets are not permitted in either the Delta or Vista Clubs with the exception of service dogs. Service dogs are allowed only if they have been registered with the Administrative Office and have a TRVMA identification card. They must have their vest and TRVMA card on them at all times when they are in the clubs and they must be accompanied by the person for whom they are providing a service. If you do not comply with a request from a staff member to show them the TRVMA card, you will be required to leave the club until you present it. Therapy dogs are not allowed in the clubs at any time. They are not service dogs and are not protected under the ADA.

It's Your Money – Please help cut down on avoidable expenses by:

1. Thanks to all members who put down umbrellas at the bocce courts, the Delta back patio, and especially the Delta pool area when you are leaving and no one else is around. When the wind catches the umbrellas they are often damaged and must be replaced. If they are on the glass tables in the outdoor pool area, not only are they damaged but the glass table tops are shattered. This costs time of the maintenance staff who must assure that all glass is cleaned up. Also, umbrellas and table tops are expensive to replace.
2. Several items are missing from the clubs. Please report any theft to the Administrative Office/HOA. Remember that when something is stolen, all members pay for the replacement. We need your help in cutting down on theft.

Gardeners – Please remind your gardeners that they cannot start work before 8 a.m. and that they should bag all clippings/leaves and not blow them into the street, gutters and others' yards.

Architectural Applications – Important reminder: Applications must be submitted for work being done on the exterior of your home and yard. If you do not submit an application, a \$500 application fee can be charged.

Delta and Vista Pool – All guests must be accompanied by a resident.

Children under the age of 18 are allowed in the pools during the hours of 11 a.m. and 3 p.m. and must be out of the pool area by 3:15 p.m.

RV/Boat Passes – You must enter through the front gate with your recreational vehicle and obtain a pass.

Reminder: you may not have these vehicles in the community longer than 48 hours and they cannot be occupied while in the community. They are to be parked at your home, not in any common or undeveloped areas of the community.

Golf Carts – Remember golf carts must:

- A. Yield to overtaking vehicular traffic
- B. Be operated by a person with at least 18 years old
- C. Be covered with sufficient liability insurance

Golf carts must obey all traffic signs that other vehicles must adhere to, including following the directions of the arrows on asphalt in parking lots.

Bicycles must also obey all traffic signs.

For Your Safety – If you are walking in the street, please yield to vehicles. Please wear light colors and carry a flashlight when walking or biking at night or early mornings.

Street Lights – Please report all street lights that are out to Customer Care at Action Property Management at 1-800-400-2284 or by email at lld@actionlife.com.

Visitors to the Vista Club

If you have guests, please remember the following rules apply to your guests using the Vista Club:

Signing In: The Master Association Board of Directors requires all residents and invitees to sign in. This is for the safety of members and employees, and for the protection of our assets. This may be accomplished by using your ID card or by signing in. Members who are accompanied by guests must sign in instead of using their ID card. Guests who enter without their sponsoring resident must sign the resident's name on the sign-in sheet and are limited to using of the Cafe Vista and Grand Living Room. Please help us keep your club private and safe by observing this policy

Billiard Room: a resident must be with their guests when they use the Billiard room. All guests must be at least 18 years of age.

Café Vista: all guests may use the Cafe Vista.

Café Vista computers: available for residents and their guests over the age of 10. Guests between the ages of 10 and 18 must be accompanied by a member. There are no parental controls on these computers.

Fitness Room, Group Exercise studio, walking track, and the Learning Center: are available for residents only.



Adult Committee

The Adult Committee met on July 25, 2013. There were no items referred to the Master Board.

Correspondence was received from Joseph McKeown, a resident who requested that an area be dedicated to the Veterans who have served in the Armed Forces. This has been referred to the Aesthetics Sub-Committee.

Patty Kohn, the Chair of House Renovations, reported that there is a vacancy. We are now asking that anyone interested submit an application to the Adult Committee.

A motion was approved for the House Renovations Committee to move forward with their recommendations for the plants in the Vista Club pool and track areas.

The Adult Committee meets on the last Thursday of every month in the Delta Club at 1 p.m. All residents are encouraged to participate in these meetings. Your suggestions, comments and/or questions can be given to any committee member, left at the HOA office, or voiced during the residents input segment of each meeting.

The next meeting is Sept. 26. For more information, contact Helen Bergoust at alhelenb@aol.com or (2436).

Saddle Rock Board News

The Saddle Rock Village Board of Directors met July 17. President patty Kohn provided an overview of the village board focusing on the responsibilities of the board and the role of residents. Minutes of board meetings are available in the HOA office and online at mytrilogylife.com.

Estelle Piper reported on the Architectural Committee. In the month since the committee was formed 29 requests have been reviewed. Residents are reminded that upon completion of work, a project completion form must be submitted to the HOA office. Regular meetings of the committee are held the first and third Monday of the month at 11:00 a.m. in the River Room, Delta Club. Residents are welcome to attend.

The concept of neighborhood watch was discussed. Patty Kohn provided crime statistics specific to Trilogy that she obtained in a meeting with Greg Bowman, Chief of Police of the City of Rio Vista. She also indicated that in the meeting of the Council of Village presidents, a decision was made that neighborhood watch groups would not fall under the purview of village boards. Residents who wish to start a neighborhood watch group may organize on their own.

The board recommended a survey of residents be conducted to determine whether to change the current driveway parking regulations. The alternative would allow one car, registered with the HOA and having a per-

mit, to be parked in the driveway without establishing a specific need. The survey will be coming out in the fall.

Our next meeting will be Sept. 18 at 6:30 p.m. in the Rio Vista Room of the Delta Club. For more information, contact Patty Kohn (2737) or pfkohn@gmail.com.

Riviera Board News

"The next meeting of the Village Riviera Board is on Sept. 5, 6:30 p.m. at the Delta. We will discuss Neighbor Notification regarding pending exterior work requiring Architectural Review Committee approval, and whatever else you care to discuss, e.g. feral cats, domestic cats allowed out of the home not on leashes, unkempt yards and parking violations (these being our typical issues...but we are not limited to these).

It is also time to start thinking about running for the Village Riviera Board and/or delegate positions. It is never too early to think about what your candidate statement would say. It is like a resume on why you would want to serve on the board. Ballots will go out in December, so candidate statements (on a format that the HOA will provide when it is time) will be due in early November, only two months away. This topic and the timing of obtaining such forms may come up at the meeting.

We hope you will join us for some excellent questions and what we hope are satisfactory answers based on the CC&Rs, Rules and Regulations and By-Laws that we all have agreed to abide by. The Village Riviera Board meets every odd month at 6:30 p.m. at the Delta Club. Fall is just around the corner. Hang in there.

Power Outage Procedure

For the safety of our members, in the event of a power outage:

- No one will be admitted to the Vista Club.
- If the power is still out after 15 minutes, the Vista Club will be cleared and closed.
- If the power comes on before 6 p.m., staff will reopen the Vista Club
- If the power comes on after 6 p.m., the Vista Club will remain closed until the next morning.
- Members are encouraged not to enter the Delta Club during a power outage.



Oakmont Village

Oakmont Village Social Committee is taking some time off to enjoy summer and the beginning of fall. We thank all of the Oakmont and Saddle Rock volunteers who helped with the no-host bar in August to support the Trilogy VIP Drama Club summer production *Foibles and Folly*.

We will not have a potluck in September, rather the Committee has decided to look at other options and begin planning our Christmas Dinner Party along with our new neighbors in Saddlerock Village. More details to come in the near future. Save the date: Sunday, Dec. 8, 2013 at the Vista Club.

Dates To Remember:

Wed. Sept. 4, 3 p.m. Monterey Room, Quarterly Residents' Club meeting, followed by our Social Committee Meeting

Wed. Oct. 2, 3 p.m. Monterey Room, Vista Club Social Committee Meeting

We are looking for new members for our 2014 Residents Club Board and also for our Social Committee. More details to follow. For additional information, or questions, please call or email Antoinette at (5154) or apsunflower@hotmail.com.

Village I

We did not get any candidates for the VORC board at the July 10 quarterly general membership meeting. All the seats on the board are currently available. If you are interested in being a board member or volunteer, attend the Oct. 9 quarterly membership meeting in the Delta at 7:30 p.m. and make your feelings known. Alternatively, contact any member of the current board: Joe Downes (7520), Sandy Dehn (4764), Lynne Galletta (6079) or Naomi Walker (1465). The 2012-2013 board has agreed to function as a caretaker board for the remainder of 2013. Effectively VORC has gone into dormancy until a new board is elected.

On a positive note, the planned Oct. 4 Old Fashion VORC Pot Luck event will go on under the leadership of Sandy Dehn. The event will be held in the Delta beginning at 5 p.m. on Saturday, Oct. 4. This has been a well-attended social, so don't delay signing up for this free, no-fee event. The details will be tubed so act fast when you receive the flyer to ensure a spot for you at this social event.

Village Riviera

Fall is in the air, but before it officially arrives, Riviera Village is throwing one more summer bash. Our Bunco & Beans event is Saturday, Sept. 7, 5 p.m. to 8:30 p.m. at the Delta Club. All villages are welcome for an evening of food and fun. For \$10 per person you get chili, salad, bread, dessert and Bunco. Flyers are out so if you have not made your reservation, hurry and do so before Sept. 3. Contact Valerie at (6942) with any questions.

Don't forget to mark your calendars for our Black and White Holiday Affair on Dec. 14. It's always a popular event.

We are happy to say that the Riviera Village Residents' Club committee has lots of new members, and we are planning some fun and different events for 2014. We are always looking for new ideas and we welcome you to join the fun. It is a great way to get involved and to make new friends. We meet on the third Thursday of the month in the Monterey Room at the Vista, 7 p.m. Contact Coralie Leder at coralie.leder@gmail.com for more information.

Saddle Rock Village

Saddle Rock Residents' Club is growing fast with close to 170 residents now. We have lots of new members bringing their creative ideas and expertise to our committees and our club. We welcome new members and it is a good chance to meet new friends and get involved in our community.

Our Social Committee is busy planning our annual Block Party on Oct. 12, from 2 p.m. - 6 p.m. All SRV residents are invited to a Hawaiian-Beach theme party. Food, games, raffles and more. More information to follow.

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We are into our fourth month of collecting bottles, cans and plastic with a CRV and turning them in for cash for the club. Your donations can be dropped off at 504 Three Rivers Way in the back of the white Ford pickup truck parked in the driveway. All Trilogy residents are welcome to donate their recycling items. Thanks to our recycling team and their hard work to raise money for our Residents' Club.

Our Welcome Committee chairperson, Harish Chinai has decided to resign, yet he will still be a member of the committee. Thanks to Harish for all of his hard work. Rayno Niemi has been appointed as the new chairperson organizing the team and delivering welcome bags to new residents.

Great news: we will have Kare Bears in SRV soon. Chairperson, Marj Niemi is organizing the committee's functions over the next couple of months. SRV residents interested in joining, please contact Marj @marjniemi@yahoo.com.

Our next SRV Residents' meeting is Wednesday, Sept. 18, in the Rio Vista Room, Delta Club at 7 p.m., immediately following the SRV Board meeting. Social hour follows each meeting with wine and snacks and fun! All SRV residents are welcome and we hope to see you there. For more information, please contact Kathi Bradley (4424) or kathibradley@comcast.net.

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By Kathy Erwin,
Fitness & Spa Director

Save the Date Walktober

Saturday, October 19

7:15 a.m. Check-in

Walktober is designed for everyone from active individuals to those already making great strides towards better health.

FREE to all Trilogy Residents!

Sign up @ Member Services Vista Clubhouse

T-shirts/Door Prizes/ Refreshments/Fun

Upcoming New Member Fitness Orientations:

Wednesday, Sept. 4, 6 p.m.

Saturday, Sept. 14, 11 a.m.

Saturday, Sept. 28, 11 a.m.

September Spa Specials

Reflexology

25 min. Regularly \$30, Now \$25

The traditional art of pressure applied to the feet to release blockage and regain the free flow of energy and circulation.

Head, Neck & Back

25 min. Regularly \$30 Now \$25

A massage focusing on the muscles of the back, neck and head to reduce tightness brought on by tension or stress.

European Facial

50 min. Regularly \$60 Now \$50

Rejuvenating facial includes skin analysis, steam, exfoliation, extraction, masque and day cream.
Relaxes muscles and tightens skin.

Spa Specials are available for purchase September 1-30, 2013.
May redeem anytime



In Honor of National Dance Day

Trilogy residents enjoyed a morning and afternoon of special dances every half hour on the hour on Saturday, July 27. Grooving to the music from 8 a.m. to 1 p.m., Trilogy Group Ex Instructors Pat Puryear, Sophie Imbuelten and Joele Swift danced their hearts away with residents to the following classes, which were offered free to Trilogy residents: Broadway, Intro to Qi Dance, Jazz Dance, Wow-Tabata-Boom, So You Think You Can Dance Routine, ZUMBA Toning, ZUMBA Dance, ZUMBA Gold & Fusion Stretch. Numerous residents came out for a lot of dancing, food, and refreshments.



Ceramic Club



Two angels that Ann Rice is painting to donate to a local charity.

It's September. When we were growing up, it was time for "Back To School." If you have always wanted to learn something about ceramics, come to our weekly meeting and we can help you to get started with a new craft. We have several little pieces available so that newcomers can pick one and jump right in and paint. While we paint, we chat. One of our conversations was all about the comic page in the newspaper. We laughed at all of our favorites. I guess we really are school kids at heart. We meet on Thursday mornings from 9:30 a.m. to 12 p.m. in the Marina room at the Delta Club. For more information, call Ann at (5122).

Council for the Arts

The talent search begins in October for *Music of the Night*, 2014. The Trilogy community is the home of many talented residents. Perhaps you or your neighbor would like to audition for the production March 13, 14 and 15. Audition forms will be available in October at the Member Services desk of the Vista Club. The next meeting is Sept. 12. New members are always welcome. Meetings are the second Thursday of the month at 10 a.m. in the Monterey Room of the Vista Club. For more information, call Judy Calpo at (2924).

Drama Club

Foibles and Folly has successfully completed its run and a grand time was had by all. The Drama Club is truly appreciative of the support shown by our community of family and friends. Many thanks to everyone who contributed to the success of the production. We applaud the maintenance people and porters who assisted with the stage set up, sound and lighting. In September, we will announce the second annual "Rich Galletta Inspirational Award." Decided by ballot, it is given to the cast member who truly inspired all to be their best. September will also bring the announcement of the December play and rehearsals will begin in October. New members are always welcome. The Drama Club meets at the Delta Club on the last Tuesday of the month, at 7 p.m. For more information, contact Debby Dubrow at (6706).

Fat Quarter Quilters

Join our group to work on your own quilting project in a group setting. You will meet new friends, share ideas, and get help with your projects. We meet every Wednesday from 12:30 – 4 p.m. at the Delta Club. There are no dues or fees. For more information, contact Esther Young (2639).

Trilogy Art Guild for Artists



Trilogy Art Guild's 11th annual juried art show was attended by many people who enjoyed strolling through the displays, enjoying refreshments and listening to Grace Bos play-

ing beautiful music on the piano. There were 127 entries to be judged by two judges from the Vacaville area and 34 awards were given for first, second, third and honorable mention, along with "Best of Show" by the judges. "Best of Show" was won by Ann Jacobs for "Tea Temple." Members and visitors voted for "People's Choice Award" won by Lori Azzolino for "Dance of the Egrets."

Award winners were on display in the Monterey Gallery for two weeks after the show.

Many pieces were sold during the show, which is a way for us as artists to share with you our many talents. Stay creative. For more information, contact Alma (3064) or Pat (3510).

Trilogy Theater Group

The Trilogy Theater Group has been busy rehearsing for our next production, which consists of seven one-act plays. We will perform on the three consecutive nights of Sep. 27, 28 and 29.

We are also preparing for the November Dinner Theater Mystery for Olympic Village. If you would like to get into acting or just learn more about theater, join us for the auditions in the Diablo Room at the Vista Club. Auditions are on Sept. 9 from 3 to 5 p.m. and on Sept. 10 from 7 to 9 p.m.

You can also join us at our regularly scheduled meetings on the fourth Thursday of the month at 7 p.m. in the Monterey Room at the Vista Club. Our next meeting will be on Sept. 26, 2013. We have developed a new website so you can keep track of what we are doing. Check us out at TrilogyTheaterGroup.com.



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Alzheimer's/Dementia Caregivers Support Group Meeting

Alzheimer Services and the Greater Bay Area Alzheimer's Association sponsors the caregivers support group, which offers information, speakers and videos, as well as open discussion and social interaction for caregivers of loved ones with Alzheimer's or other dementias. The group meets the third Friday of each Month from 9:30 - 11 a.m. at the Senior Center located at 25 Main St. in Rio Vista. For more information, contact meeting facilitator Nat Marcoccio rvalzsg@yahoo.com.

Autumn Equinox Labyrinth Walk



What is an equinox? The earliest humans spent more time outside than we do. They used the sky as both clock and calendar. They could easily see that the sun's path across the sky, the length of daylight, and the location of the sunrise and sunset all shift in a regular way throughout

the year. Our ancestors built the first observatories to track the sun's progress. One example is in Machu Picchu in Peru, where the Intihuatana stone has been shown to be a precise indicator of the date of the two equinoxes and other significant celestial periods. The word Intihuatana, by the way, literally means "tying up the sun."

Today, we know each equinox and solstice is an astronomical event, caused by Earth's tilt on its axis and ceaseless orbit around the sun.

We look forward to you joining us on Sept. 22, 2013 at 1:44 p.m. PST for our Labyrinth Autumn Equinox walk. Contact Gerry Swan at (510) 507-4080 or Elaine Wysz at (4310) to let them know you will welcome fall walking our Labyrinth.

Delta Breeze

Hear the Breeze? We feel the Delta Breeze cool us down in the evening; we ride the Delta Breeze bus into town to do our errands. But, the most important Delta Breeze is the Delta Breeze Chorus, Trilogy's own men and women's chorus. We will start rehearsing on Wednesday, Sept. 4, at 7 p.m. in the Diablo Ballroom, Vista Club, and will rehearse every Wednesday evening until Dec. 18. We are still formulating our plans, but we hope to perform for Veterans Day, the Vista Club Tree Lighting Ceremony, and

in the Trilogy Holiday Show. No need to try out. All you need is a love of singing and a dedication to joining our team to make music together. For more information, call Cheryl (7567).

Free Medical Supplies

The Rio Vista Lions Club has refurbished medical supplies available at no charge. Items include wheelchairs, walkers, canes, crutches, and more. Contact Lion Ron Jones (5875) or Lion Warren Oglove (3477).



Glaucoma Support & Resource Group

Have you been tested? Do you know what tests to ask for? Did you know there is more than one type of glaucoma and each is treated differently? It is important to understand the ins and outs of living with glaucoma. If you want to become more informed about saving your eyesight, join our group. If you, or someone you know, has been diagnosed with this disease, contact Kathy Qualls at kathyqualls@frontier.com or (5859).

New Connections



Whether you are new to Trilogy, or an "old-timer," you are encouraged to attend a New Connections meeting. We meet every month in each other's homes, to enjoy snacks, meet new friends, and talk about current events and what's going on in Trilogy and the delta. Bring a snack for all, or not! We just want to meet you!

The next meeting will be Wednesday, Sept. 18. The location is 520 American Falls Drive, and you can phone your RSVPs to (4342). The meeting begins at 1 p.m. We look forward to seeing you.

Brockton Picnic in the Park

On Saturday, Sept. 21, from 1 - 5 p.m., you are invited to the annual Picnic in the Park between Brockton Place and Summerset. In addition to the great food, there will be Entertainment, festivities, and music by D.J. Ron Covey. Please bring: meat to barbeque (hot grills will be provided), portable chairs, and a side dish. Look below for food assignments.



The letters correspond to your name:

A to H - bring casseroles

I to O - desserts or fruit

P to Z - cool salads.

BYOB

Note: If high temperatures are expected, bringing a large umbrella would be a good idea! For more information and to RSVP (by Sept. 15). Call Dennis and Pam at (3770).

Capture The Rio Vision

The City of Rio Vista has been selected to host a site visit by the American Institute of Architects in early 2014. An application for the Rural/Urban Design Assistance Team Program was accepted in June. A preliminary evaluation team site inspection will be conducted in the fall.

Imagine strolling along the Promenade of the Rio Vista Waterfront enjoying shopping in unique boutiques and selecting a waterfront restaurant to enjoy lunch or dinner. Imagine a Master Plan that projects a well planned and professionally designed road map to insure our City's growth in a tangible and positive direction. In addition, facilities and activities designed to stimulate, challenge and entertain our youth and residents will also be included in the plan.

We need the support of our entire community in order for this to be a successful undertaking. Santa Rosa hosted this team a few years ago and it took 400 volunteers to ensure its success. This community outreach is a result of a year's efforts by a myriad of Rio Vista citizens giving their time, talent and skills. We need to raise \$75,000 over the next few months to cover the travel, meal etc. expenses of this group. The value to the city is a \$350,000 design plan that is not only a blueprint for us to follow, it will also be printed as a tabloid handout for residents. We welcome your ideas, cash and in-kind contributions. Donations are tax deductible. Volunteers are needed to serve on the various sub-committees. Joyce Curry-Takara (isatak@aol.com) is Chairman of Fundraising and a sponsor recognition event. Recommended pledges for individuals and families \$20 - \$50 - \$100+; Businesses, clubs, groups and organization donations \$100 - 500 or more; In-kind donations such as gift baskets, wines, restaurant meals, timeshare vacations donated as auction prizes are also needed. Donations are tax deductible. If you would like a guest speaker from Rio Vision

Committee to address your group, club or business or you need additional information please contact: Chairman David Falk at Dfalk@specritidesigns.com.

Senior Citizens Center Activities

Flu Shot Clinic: A free flu shot clinic, co-sponsored by the Citizens for Seniors Board and Walgreens Community Outreach, is on Sept. 17 from 1 – 4 p.m. The clinic is held at the Senior Center, 25 Main Street, next to city hall. All Medicare members are eligible. To receive a free shot, participants must sign up at the senior center by Sept. 7. The center is open Monday through Friday from 11 a.m. to 1 p.m.

Meals On Wheels: The senior center is also home to Meals on Wheels and welcomes all seniors to come for a delicious lunch served Monday through Friday at noon. The cost is \$3.00 per person and must be ordered the prior day by calling the center at (3349).

Games, Exercise: The center also offers exercise classes, dominoes, whist, and pinochle on different days of the week. For more information, call (3349) after 11 a.m.

TOPS (Take Off Pounds Sensibly)

Our chapter members are proud to honor our Co-leader Pat Voelker to our KOPS group. Congrats Pat on achieving your goal! A busload of excited passengers made the trip to Thunder Valley Casino on Aug. 14. We hope everyone had a good time and were lucky! Several members were in attendance at the area Workshop in Vallejo, on Aug. 24. Our area coordinator Mickey Drake of Napa was our program leader. We received many tips for conducting good meetings. We hope you all have been enjoying the summer holidays and are ready to shape up for the coming fall festivities, by losing unwanted pounds. All Trilogy ladies and gents are invited to come look us over at our meeting on Wednesdays at 8 a.m. at the Delta Club. For more information, call Leader Ella Brice at (1499), or Co-leader Pat Voelker at (5150).

Trilogy Blood Drive

Please join us to lend an arm and save lives by donating at the upcoming Trilogy Blood Drive on Monday, Sept. 9, 2013 from 9 a.m. - 1 p.m. at the Delta Club. We welcome walk-ins but appointments have priority. To make an appointment, contact Darlene Wiskeman at (6211) or email her at wiskeman2@yahoo.com.



Trilogy Jazz Band



The band will resume regular rehearsals on Sept. 4, having taken a break in August. We look forward to many sessions filled with fun, tunes, and harmony, including several performances from now through the end of the year. Full band rehearsals are held most Wednesday afternoons,

2:30 – 5 p.m., following vocal and combo rehearsal beginning at 1:30 p.m., in the Vista Club Diablo Ballroom. Observers are welcome.

If you play a band instrument and are interested in being part of the Jazz Band, please contact Music Director Jim Lucas (7567). Although the band's size is limited, there are openings from time to time. There is currently an open spot in the trombone section, and we want to meet everyone who is interested in filling this or a future opening. For more information, contact Jim Lucas (7567) or Marti Rogers (6859).

Weekly Tuesday BBQ

Come out to the Delta Pool every Tuesday from 5:30 p.m. This is the place to be during the summer! Bring a dish to share, meat to grill, beverages, and plastic utensils. Cooking begins at 5:30 PM. For more information, contact Claudette at (707) 439 6116 or email xbirdlady@myifp.com.




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*"Autumn is a second spring
when every leaf is a flower."*

— ALBERT CAMUS



Trilogy Living

Fitness Class Schedule for September 2013

“New colors” Trilogy Fitness Punch Card Choices: All classes require one of **3** card choices either a green 30 Punch for \$95, a blue 20 punch for \$65 or a yellow 10 punch for \$35. Each class requires 1 punch. Get your cards at the Member Services Desk. Call Fitness & Spa Director Kathy Erwin at (4205) if you have questions. All classes are held in the Vista Group Exercise Studio unless otherwise noted. Last Month’s Punch Card Raffle Winner **Chris Shaver & Del Arsenault**

September Fitness Orientations: Wednesday, Sept. 4, 6 p.m., Saturday, Sept. 14, 11 a.m., Saturday, Sept. 28, 11 a.m.

If you plan to make a (ROM) Range of Motion appointment for a later date, please bring a \$20 check with you to the orientation. Thank you!

Key
Bold = New/Change
(B)eginning
(I)ntermediate
(A)dvanced

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (DP) Kathy 9:30-10:30am Wake-up and Move (B/I) (RV) Anna 9:45-10:30am Core Balance and Standing Abs (B/I) (GX) Sophie 10-11am Aqua Fit (B) (DP) Denise 10-11am Meditation Breathing (B) (DB) Deanna 10:30 -11:45am ZUMBA Power (B/I) (GX) Sophie 11:45-12:15pm Gentle ZUMBA (B/I) (GX) Sophie 12:15-12:45pm Fusion Stretch (B/I) (GX) Sophie 6:30-8pm Yoga/Pilates (B/I) (GX) Deanna	3 8-9am Body Works (B/I/A) (GX) Kathy 9:30-10:30am Aqua Fit (B) (VP) Denise 11-12pm Arthritis Program (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 3-4pm Advanced Aqua (B/I/A) (DP) Kathy	4 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10:30am Wake-up and Move (B/I) (RV) Anna 9:30-10:30am Aqua Fit (B) (DP) Denise 6:30-7:30pm Balance Ball (GX) Deanne	5 7:30-8:30am Body Works (B/I/A) (GX) Kathy 9-10am Tai Chi (B/I) (GX) Lillian 9-10am Advanced Aqua (B/I/A) (DP) Kathy 10-11am Aqua Fit (B) (DP) Denise 11-12pm Arthritis Program (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/I) (DB) Tammy 3-4pm Aqua Fit (B) (DP) Denise	6 7-8am Early Yoga (B) (DB) Tammy 7:30-8:30am Step Aerobics (B/I/A) Pat 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9:30-10:30am Aqua Fit (B) (VP) Denise 9:45-10:30am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Balance Ball (DB) Deanna 10:30-11:45am ZUMBA Power (B/I) (GX) Sophie 11:45-12:15pm Gentle ZUMBA (B/I) (GX) Sophie 12:15-12:45pm Fusion Stretch (B/I) (GX) Sophie	7 8:30am-9:30am Step Aerobics (GX) Pat 11-12:15pm ZUMBA (B/I) (GX) Sophie/Lisa 12:15-12:45pm Pilates/Stretch (B/I) (GX) Sophie/Lisa
9 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (DP) Kathy 9:30-10:30am Wake-up and Move (B/I) (RV) Anna 9:45-10:30am Core Balance and Standing Abs (B/I) (GX) Sophie 10-11am Aqua Fit (B) (DP) Denise 10-11am Meditation Breathing (B) (DB) Deanna 10:30 -11:45am ZUMBA Power (B/I) (GX) Sophie 11:45-12:15pm Gentle ZUMBA (B/I) (GX) Sophie 12:15-12:45pm Fusion Stretch (B/I) (GX) Sophie 3-4 pm Circuit Training/Combo Balance (GX) Susan 4-5 pm Stretch & Flex (GX) Susan 6:30-8pm Yoga/Pilates (B/I) (GX) Deanna	10 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Simply Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-11am Qi Dance (B/I/A) (GX) Joele 11-12pm Arthritis Program (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 3-4pm Advanced Aqua (B/I/A) (DP) Kathy	11 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10:30am Wake-up and Move (B/I) (RV) Anna 9:30-10am Intro to Dance Aerobics (B/I/A) (GX) Joele 10-11am Jazz Dance (B/I/A) (GX) Joele 9:30-10:30am Aqua Fit (B) (DP) Denise 3-4 pm Circuit Training/Combo Balance (GX) Susan 4-5 pm Stretch & Flex (GX) Susan 6:30-7:30pm Balance Ball (GX) Deanne	12 7:30-8:30am Body Works (B/I/A) (GX) Kathy 9-10am Simply Stretch (B/I) (DB) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9-10am Advanced Aqua (B/I/A) (DP) Kathy 10-11am Aqua Fit (B) (DP) Denise 10-11am Qi Dance (B/I/A) (GX) Joele 11-12pm Arthritis Program (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/I) (DB) Tammy 3-4pm Aqua Fit (B) (DP) Denise	13 7-8am Early Yoga (B) (DB) Tammy 7:30-8:30am Step Aerobics (B/I/A) Pat 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9:30-10:30am Aqua Fit (B) (VP) Denise 9:45-10:30am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Balance Ball (DB) Deanna 10:30-11:45am ZUMBA Power (B/I) (GX) Sophie 11:45-12:15pm Gentle ZUMBA (B/I) (GX) Sophie 12:15-12:45pm Fusion Stretch (B/I) (GX) Sophie	14 11-12:15pm ZUMBA (B/I) (GX) Sophie/Lisa 12:15-12:45pm Pilates/Stretch (B/I) (GX) Sophie/Lisa
16 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (DP) Kathy 9:30-10:30am Wake-up and Move (B/I) (RV) Anna 9:45-10:30am Core Balance and Standing Abs (B/I) (GX) Sophie 10-11am Aqua Fit (B) (DP) Denise 10-11am Meditation Breathing (B) (DB) Deanna 10:30 -11:45am ZUMBA Power (B/I) (GX) Sophie 11:45-12:15pm Gentle ZUMBA (B/I) (GX) Sophie 12:15-12:45pm Fusion Stretch (B/I) (GX) Sophie 3-4 pm Circuit Training/Combo Balance (GX) Susan 4-5 pm Stretch & Flex (GX) Susan 6:30-8pm Yoga/Pilates (B/I) (GX) Deanna	17 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Simply Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-11am Qi Dance (B/I/A) (GX) Joele 11-12pm Arthritis Program (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 3-4pm Advanced Aqua (B/I/A) (DP) Kathy	18 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10:30am Wake-up and Move (B/I) (RV) Anna 9:30-10am Intro to Dance Aerobics (B/I/A) (GX) Joele 10-11am Jazz Dance (B/I/A) (GX) Joele 9:30-10:30am Aqua Fit (B) (DP) Denise 3-4 pm Circuit Training/Combo Balance (GX) Susan 4-5 pm Stretch & Flex (GX) Susan 6:30-7:30pm Balance Ball (GX) Deanne	19 7:30-8:30am Body Works (B/I/A) (GX) Kathy 9-10am Simply Stretch (B/I) (DB) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9-10am Advanced Aqua (B/I/A) (DP) Kathy 10-11am Aqua Fit (B) (DP) Denise 10-11am Qi Dance (B/I/A) (GX) Joele 11-12pm Arthritis Program (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/I) (DB) Tammy 3-4pm Aqua Fit (B) (DP) Denise	20 7-8am Early Yoga (B) (DB) Tammy 7:30-8:30am Step Aerobics (B/I/A) Pat 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9:30-10:30am Aqua Fit (B) (VP) Denise 9:45-10:30am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Balance Ball (DB) Deanna 10:30-11:45am ZUMBA Power (B/I) (GX) Sophie 11:45-12:15pm Gentle ZUMBA (B/I) (GX) Sophie 12:15-12:45pm Fusion Stretch (B/I) (GX) Sophie	21 11-12:15pm ZUMBA (B/I) (GX) Sophie/Lisa 12:15-12:45pm Pilates/Stretch (B/I) (GX) Sophie/Lisa
23 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (DP) Kathy 9:30-10:30am Wake-up and Move (B/I) (RV) Anna 9:45-10:30am Core Balance and Standing Abs (B/I) (GX) Sophie 10-11am Aqua Fit (B) (DP) Denise 10-11am Meditation Breathing (B) (DB) Deanna 10:30 -11:45am ZUMBA Power (B/I) (GX) Sophie 11:45-12:15pm Gentle ZUMBA (B/I) (GX) Sophie 12:15-12:45pm Fusion Stretch (B/I) (GX) Sophie 3-4 pm Circuit Training/Combo Balance (GX) Susan 4-5 pm Stretch & Flex (GX) Susan 6:30-8pm Yoga/Pilates (B/I) (GX) Deanna	24 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Simply Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-11am Qi Dance (B/I/A) (GX) Joele 11-12pm Arthritis Program (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 3-4pm Advanced Aqua (B/I/A) (DP) Kathy	25 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10:30am Wake-up and Move (B/I) (RV) Anna 9:30-10am Intro to Dance Aerobics (B/I/A) (GX) Joele 10-11am Jazz Dance (B/I/A) (GX) Joele 9:30-10:30am Aqua Fit (B) (DP) Denise 3-4 pm Circuit Training/Combo Balance (GX) Susan 4-5 pm Stretch & Flex (GX) Susan 6:30-7:30pm Balance Ball (GX) Deanne	26 7:30-8:30am Body Works (B/I/A) (GX) Kathy 9-10am Simply Stretch (B/I) (DB) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9-10am Advanced Aqua (B/I/A) (DP) Kathy 10-11am Aqua Fit (B) (DP) Denise 10-11am Qi Dance (B/I/A) (GX) Joele 11-12pm Arthritis Program (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/I) (DB) Tammy 3-4pm Aqua Fit (B) (DP) Denise	27 7-8am Early Yoga (B) (DB) Tammy 7:30-8:30am Step Aerobics (B/I/A) Pat 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9:30-10:30am Aqua Fit (B) (VP) Denise 9:45-10:30am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Balance Ball (DB) Deanna 10:30-11:45am ZUMBA Power (B/I) (GX) Sophie 11:45-12:15pm Gentle ZUMBA (B/I) (GX) Sophie 12:15-12:45pm Fusion Stretch (B/I) (GX) Sophie	28 11-12:15pm ZUMBA (B/I) (GX) Sophie/Lisa 12:15-12:45pm Pilates/Stretch (B/I) (GX) Sophie/Lisa
30 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (DP) Kathy 9:30-10:30am Wake-up and Move (B/I) (RV) Anna 9:45-10:30am Core Balance and Standing Abs (B/I) (GX) Sophie 10-11am Aqua Fit (B) (DP) Denise 10-11am Meditation Breathing (B) (DB) Deanna 10:30 -11:45am ZUMBA Power (B/I) (GX) Sophie 11:45-12:15pm Gentle ZUMBA (B/I) (GX) Sophie 12:15-12:45pm Fusion Stretch (B/I) (GX) Sophie 3-4 pm Circuit Training/Combo Balance (GX) Susan 4-5 pm Stretch & Flex (GX) Susan 6:30-8pm Yoga/Pilates (B/I) (GX) Deanna		Class Locations: (GX) Group Exercise Studio (DB) Diablo Ballroom (VP) Vista Pool (DP) Delta Pool (RV) Rio Vista Room–Delta (SR) Sonoma Room–Vista (FC) Fitness Center			

TrilogyLiving

September 2013 Club and Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10am – 3pm Farmer’s Market (D)	2 LABOR DAY 8am Social Tennis 12:30pm Rip, Stitch & Bitch (V) 1pm Mah Jongg (V) 7pm Poker (D)	3 8am Social Tennis 8:30am Radio Club (V) 9:30am Women’s 9-Hole Golf 10am Pastel Art Class (D) 10:30am Country Line Dancing (D) 11:30am Golf – TRVMEN 9-Hole 12pm Beginning Watercolor Class (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dominoes (D) 2pm Stroke/Head Injury Support Group (V) 3:30pm Table Tennis (D) 3:30pm Village Oakmont Arch. Com. (D) 5pm Billiards Club Tournament (V) 5pm Tai Chi & Yuan Chi Dance (V) 6:30pm World Religions Study Group (V)	4 8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 11am Saddle Rock Arch Com (V) 12:30pm Fat Quarters Quilting (D) 12:30pm Jazz Band (V) 1pm Village Riviera Arch. Com. Mtg. (D) 2pm Bergren Art (D) 2pm Card Making Class (D) 3pm Village Oakmont RC & Social Com. Mtg. (V) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 6:30pm Soul Line Dancing (D) 7pm Billiards Club Member Mtg. (V) 7pm Delta Breeze Chorus (V)	5 8am Social Tennis 8:30am Golf – Women’s 18-Hole 9:30am Ceramics (D) 11am Triage Team (D) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 2pm Genealogy Club (V) 5pm Tai Chi & Yuan Chi Dance (V) 5pm Table Tennis (D) 6:30pm Pinochle (V) 6:30pm Village Riviera HOA Mtg. (D) 7pm Photography Club (V) 7pm Ballroom Dance – Beginning (V) 8pm Ballroom Dance – Advanced (V)	6 8am Social Tennis 9am Dog Club Social (V) 9am Model Club (V) 9am Village 1 Arch. Com. Mtg. (V) 9:30am Walk & Talk (V) 10:30am Country Line Dancing (D) 12pm Bridge (V) 12pm Adv. Watercolor Painting (D) 6:30pm Joy Luck Mah-Jongg (V)	7 8am Motorcycle Club (Off-site) 8:30am Hiking Club (V) 9am Table Tennis (D) 1pm Picnic in the Park (Brockton/ Rutland Park) 5pm Village Riviera All Village Event Bunco & Beans (D) 7pm Poker Open Tournament (D)
8 7pm Dance Club Event with DJ (V)	9 9am Blood Drive (D) 8am Social Tennis 8:30am Woodcarving (D) 9:30am Walk & Talk (V) 12pm Open Painting (D) 12:15pm Duplicate Bridge (V) 12:30pm Rip, Stitch & Bitch (V) 1pm Mah Jongg (V) 3pm Theater Group Auditions (V) 6pm Soul Line Dancing (V) 7pm Poker (D)	10 8am Social Tennis 8:30am Radio Club (Off-site) 9:30am Women’s 9-Hole Golf 10am Pastel Art Class (D) 10am Kare Bears: Olympic Village (offsite) 10:30am Book Club (V) 10:30am Country Line Dancing (D) 11:30am Golf – TRVMEN 9-Hole 12pm Recipe Club (D) 12pm Beginning Watercolor Class (D) 12:15pm Hand & Foot Canasta (V) 2pm Master Association Mtg. (V) 3:30pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai Chi & Yuan Chi Dance (V) 7pm Theater Group Auditions (V)	11 8am Social Tennis 8am TOPS (D) 9am Olympic Village Arch Com Mtg (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Piano Club (V) 10am Kare Bears: Village Oakmont (D) 10am Stained Glass (D) 12:30pm Fat Quarters Quilting (D) 2pm Bergren Art (D) 2pm Card Making Class (D) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 6:30pm Nature Club (V) 6:30pm Soul Line Dancing (D) 7pm Delta Breeze Chorus (V)	12 8am Social Tennis 8:30am Golf – Women’s 18-Hole 9am Blood Pressure Check (D) 9:30am Ceramics (D) 10am Council for the Arts (V) 12:15pm Ponytail Canasta (V) 1pm Adv Hearing Aid Services (V) 1pm Good Samaritans (D) 4pm Village I HOA Mtg. (D) 4pm Golf – Sr. Men’s Board Mtg. (D) 5pm Table Tennis (D) 5pm Tai Chi & Yuan Chi Dance (V) 6:30pm Pinochle (V) 6:30pm Olympic Village HOA Mtg. (D) 7pm Computer Club (V) 7pm Writers’ Club (V) 7pm Ballroom Dance – Beginning (V) 8pm Ballroom Dance – Advanced (V)	13 8am Social Tennis 9:30am Walk & Talk (V) 10:30am Country Line Dancing (D) 12pm Bridge (V) 12pm Adv. Watercolor Painting (D) 7pm Bunco (D)	14 8:30am Hiking Club Mtg. (V) 9am Table Tennis (D) 10:30am Trilogy Club Awareness Forum (V)
15 9am – 2pm Flu Shot Clinic (D) 5pm Night Bocce End of Season Celebration (V)	16 8am Social Tennis 8:30am Woodcarving (D) 9:30am Walk & Talk (V) 10am Council of Village Presidents (V) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 1pm Mah Jongg (V) 3pm Guitar Club (V) 3:30pm Village Oakmont Arch Com (D) 6pm Soul Line Dancing (V) 7pm Poker (D) 7pm Fishing Club (D)	17 8am Social Tennis 8:30am Radio Club (V) 9:30am Women’s 9-Hole Golf 10am Pastel Art Class (D) 10:30am Country Line Dancing (D) 11:30am Golf – TRVMEN 9-Hole 12pm Beginning Watercolor Class (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dominoes (D) 2pm Nature Club Workshop (V) 3:30pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai Chi & Yuan Chi Dance (V)	18 8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 11am Saddle Rock Arch Com Mtg (V) 12:30pm Fat Quarters Quilting (D) 12:30pm Jazz Band (V) 1pm Village Riviera Arch Com Mtg (D) 2pm Bergren Art (D) 2pm Card Making Class (D) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 6:30pm Soul Line Dancing (D) 6:30pm Saddle Rock Village Board Mtg (D) 7pm Saddle Rock Village Residents’ Club (D) 7pm Olympic Village RC Mtg. (V) 7pm Delta Breeze Chorus (V)	19 8am Social Tennis 8:30am Golf – Women’s 18-Hole 9:30am Ceramics (D) 11am Triage Team (D) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 2pm Genealogy Workshop (V) 4pm Golf – Sr. Men’s Mtg. (D) 5pm Tai Chi & Yuan Chi Dance (V) 5pm Table Tennis (D) 6:30pm Pinochle (V) 7pm Village Oakmont HOA Mtg. (D) 7pm Village Riviera RC Mtg. (V) 7pm Ballroom Dance – Beginning (V) 8pm Ballroom Dance – Advanced (V)	20 8am Social Tennis 9am Village 1 Arch Com Mtg (V) 9:30am Walk & Talk (V) 10:30am Country Line Dancing (D) 12pm Bridge (V) 12pm Adv. Watercolor Painting (D) 5pm Hispanic Potluck/Mtg (D) 6:30pm Joy Luck Mah Jongg (V) 7pm Whist Club (D) 7pm Open Mic Night (V)	21 8:30am Hiking Club (V) 1pm Brockton Picnic in the Park (Brockton/ Rutland Park) 7pm Poker Club (D) 7pm Concert: John Covert & Crystal Image (V)
22 10am – 3pm Farmers Market (D) 1:30pm Autumn Equinox Labyrinth Walk	23 8am Social Tennis 8:30am Woodcarving (D) 9:30am Walk & Talk (V) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 1pm Access Committee Mtg. (D) 1pm Mah Jongg (V) 1pm Theater Group Dress Rehearsal (V) 6pm Soul Line Dancing (D) 7pm Poker (D)	24 8am Social Tennis 8:30am Radio Club (V) 9:30am Golf – Women’s 9-Hole 10am Pastel Art Class (D) 10:15am Mystery/Crime Book Club (V) 10:30am Country Line Dancing (D) 10:30am Club/Group Status Renewal Mtg (V) 11:30am Golf – TRVMEN 9-Hole 12:15pm Hand & Foot Canasta (V) 1:30pm Dog Club (D) 2pm Theater Group Dress Rehearsal (V) 3:30pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai Chi & Yuan Chi Dance (V) 7pm Drama Club Membership Mtg. (D)	25 8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 10am Olympic Village Arch. Com. Mtg. (D) 12:30pm Fat Quarters Quilting (D) 12:30pm Jazz Band (V) 2pm Bergren Art (D) 2pm Card Making Class (D) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 6:30pm Soul Line Dancing (D) 7pm Delta Breeze Chorus (V)	26 8am Social Tennis 8:30am Golf – Women’s 18-Hole 9:30am Ceramics (D) 12:15pm Ponytail Canasta (V) 12pm Good Samaritans Anniversary Luncheon (V) 1pm Adult Committee Mtg. (D) 5pm Table Tennis (D) 5pm Tai Chi & Yuan Chi Dance (V) 6:30pm Pinochle (V) 7pm Theater Group (V) 7pm Ballroom Dance – Beginning (V) 8pm Ballroom Dance – Advanced (V)	27 8am Social Tennis 9:30am Walk & Talk (V) 9:30am Tennis Club Mtg (D) 10:30am Country Line Dancing (D) 12pm Bridge (V) 12pm Adv. Watercolor Painting (D) 7pm Bingo (D) 7pm Theater Group: An Evening of One Act Plays (V)	28 8:30am Hiking Club (V) 1pm TT Potluck @ Summerset Bocce Ct. 7pm Theater Group: An Evening of One Act Plays
29 7pm Theater Group: An Evening of One Act Plays	30 8am Social Tennis 8:30am Woodcarving (D) 9:30am Walk & Talk (V) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 1pm Mah Jongg (V) 3:30pm Village Oakmont Arch Com (D) 6pm Soul Line Dancing (D) 7pm Poker (D)					



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Kare Bears is a group of Trilogy residents organized with the goal of reaching out to our Trilogy neighbors in their time of need due to sorrow, sickness, loss of a family member or other life challenges. We have many volunteers to help, be it a phone call, visit, a hot meal, a lift to a doctor's appointment, assistance in searching for social services outside of Trilogy, or just plain tender loving care. We have divided Trilogy into sections with area coordinators for each section. Please contact your area coordinator if a need arises, either for yourself, or any other Trilogy resident. Your coordinator will contact the volunteer committee best suited to help with your problem.



FAMILY SUPPORT COMMITTEE

The Family Support Committee organizes memorial services for family members who incur the loss of a Trilogy member.

For more information, please call Chairperson Claudette Gartner

(707) 439-6116, xbirdlady@myifp.com, Coordinator Barbara

Sherison (6845) or Betty Bowley (5613).

Village Riviera

September brings a welcome change of pace from the many overt activities and customs inherent to summer. This month brings the opportunity to reflect on the recent past while planning for the near future, where changing seasons and schedules loom large. The traditional prospect of a new school year is imminent for students of all ages, causing a refining of priorities for most families. Given that all Kare Bears share a familial relationship and function akin to families, we too are refining past activities and needs to benefit future efforts and goals. We also seek the counsel of others interested in taking a proactive stance towards assisting their neighbors. If you are of such a persuasion, please join us at our next session, which takes place on Monday, Oct. 14 at 10 a.m. in the Delta Club. For additional information, call (3660) to speak with Myra, or (6942) for Valerie.

Olympic Village

We are hoping to enlist new members from our village as well as plan a future fundraising event. Please join us, all are welcome. Our next meeting is Sept. 10, 2013 at 1 p.m. The location is Mackie Webster's home at 749 Brookside Lane. For more information, contact Mackie at (5837).

Village Oakmont

The summer hiatus for the Oakmont Kare Bears is almost over, and plans are in motion for their big annual fundraiser. The Oakmont Kare Bears' Garage Sale is scheduled for Saturday, Oct. 5, from 10 a.m. to 4 p.m. The sale is at 249 Cedar Ridge Drive. Kathy and Joe Russo have kindly offered their garage for our use on Friday, Oct. 4 and Saturday, Oct. 5. Items for the sale may be dropped off there on Friday, Oct. 4, from 10 a.m. to 4 p.m. It would be helpful if all items were already priced when dropped off. If items are too big, or if you are unable to bring them, you may call Kathy Russo (2969) or Marti Rogers (6859) for more information. Arrangements can be made to pick up your items. Come join us and shop for that "special treasure." If anyone would like to volunteer to set up or work at the sale, please also call Kathy or Marti at the above numbers.

The next Oakmont Kare Bears' meeting is on Wednesday, Sept. 11, at 10:30 a.m. at the Delta Club. Come early and enjoy schmoozing and coffee and goodies.

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Billiards Club

The next Billiards Club meeting is on Wednesday, Sept. 4, at 7 p.m. in the Monterey Room of the Vista Club. Tuesday evening's tournament start times are 5 p.m. The first and third Tuesdays the format is 8-ball round robin with no handicaps for B players. The second Tuesday of the month the format is handicap 9-ball with a round robin format. In order to obtain a win a player must beat his opponent two out of three games. The club has made a list of B players and for that Tuesday evening the B players will get a one-game handicap while playing an A player. The B player only needs one win in three games while competing against an A player.

The format for the fourth Tuesday is 8-Ball and the club will split the tournament into A & B players. There will be a first and second place winner in each group.

The fifth Tuesday will be nine ball with no handicap for B players.

Officers: President Al Bergoust, Vice President Richard Garcia, Treasurer Jack Clark, Secretary Dallas Salomon, and Membership Chairman Dave Stewart.

Latest weekly tournament winners:

July 2, 8-Ball

1st Randy Freese
2nd Neil Brodhead
3rd Oscar Grissom

July 9, Handicap 9-Ball

1st Chuck LaBue
2nd Geno Toscano
3rd George Doner

July 16, 8-Ball

1st Lee Durham
2nd Larry Meers
3rd Marlin Horner

July 30, 9-Ball

1st Bob Powell
2nd Al Bergoust
3rd Mike Quihuiz

July 23, 8-Ball A & B

A Division

1st Dave Stewart
2nd Mike Quihuiz

B Division

1st Chuck LaBue
2nd Gene Ivey

For more information regarding the Billiards Club, please contact Oscar Grissom at crpntrboy@aol.com.

Bingo Club



Summer Bash! There is a free game during the break to celebrate summer. Win \$100 to end your summer with

a bang. Mark your calendar for the fourth Friday of the month, Sept. 27 for Bingo at the Delta Club. Games begin promptly at 7 p.m. Buy-in for each person is \$10 for 12 games. We have one early bird special: one card for \$1

and an extra blackout card for \$1. The prize money for each game is \$50 and the blackout prize is \$250. For more information, call Irene (6999).

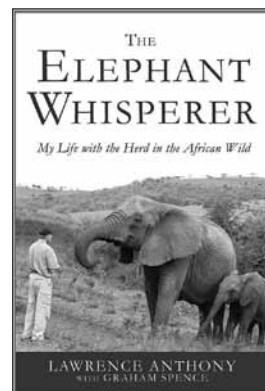
Bocce Club

Another regular bocce season has ended. The MBL celebrated with a catered lunch on Friday, Aug. 23 and the NBL will end its season on Sunday, Sept. 15 with a catered dinner. The final standings will be reported on in next month's report. The One Day Self-Funding tournament had to be rescheduled and will now be held on Saturday, Sept. 21. Details will be posted on the Summerset bulletin board. The Winter Bocce Federation (WBF) will begin play on Tuesday, Sept. 24 and end on Tuesday, Nov. 26 with a BYOTS social and lunch. Sign-ups for the WBF took place and will take place during the end-of-season socials for both the MBL and NBL. The last day to sign up as a team or as an individual player is Sunday, Sept. 15. There is no fee to play in the WBF. It's a good platform to test your skills as a new player. Matches will be scheduled for Tuesdays each week starting at 9 a.m. The actual playing schedule will be posted when the sign-ups are completed and the number of teams is known. If necessary, matches can be rescheduled by agreement of both captains. For more information, call Joe Downes (7520) or email at josephdownes@citlink.net.

We're hosting a general membership meeting to review the 2113 season and start planning for 2014 on Saturday, Oct. 26 at 10 a.m. in the Delta Club. More to follow. Remember to roll often, throw straight and have fun, that's what it's all about.

Book Club

The Book Club meets the second Tuesday of each month at 10:30 a.m. in the Sonoma Room at the Vista Club. The next meeting is Sept. 10. The book selection is *The Elephant Whisperer* by Lawrence Anthony. October's book selection is *The Garden of Evening Mists* by Tan Twan Eng. There is no requirement to have read the book. Everyone is welcome to join in. Feel free to stop by. For more information, contact Adrienne (5576).



Bridge – Duplicate

Duplicate Bridge meets the second Monday of each month at 12:15 p.m. in the Sonoma Room at the Vista Club. Please mark your calendars for our game on



Monday, Sept. 9, 2013. All Trilogy residents who are interested in playing duplicate bridge are welcome. If you need a partner, we'll find one for you. Please contact Sue (6136). There was no game in July.

Bridge - Friday

The Friday Bridge Club meets weekly in the Vista Club Sonoma Room. Play starts at 12:15 p.m. This Club is open to all bridge-playing Trilogy residents. Newcomers welcome. For more information, call Lynn (3310).

Computer Club

At the Sept. 12 meeting Craig Erbert of HYTEK Computer Solutions in Fairfield will be our speaker. He will cover many computer related topics with time for a Q & A session after his presentation.

If you wish to become a member of the club, visit www.tccrv.org to complete and print a copy of the application and give it to any of the directors with the annual dues of \$12. Membership from September through December 2014 is \$18. Or you can sign up at any meeting. You will also find the latest information on many computer related subjects, meetings, and other interesting items.

We welcome all levels of expertise, from those thinking of getting a computer to those who have spent years working with computers and related software.

Our future meetings are scheduled for the second Thursday of each month. For more information, contact Lynne Hansen (4060).

Dance Club

We thank all the dancers who attended the Trilogy Dance Club last month. It was our 50s and 60s theme and Solid Gold Band did a great job as usual. We always try to make sure everyone is welcome and has a good time. We had some new folks in attendance who have recently moved into Trilogy within the last couple of months. They checked out the dance club fliers and joined us with great enthusiasm. We love meeting the new residents. We are trying to arrange to have basic dance lessons an hour before our dance starts. Hopefully, we'll have a good response. We will keep you informed. As always, you can pick up a copy of our dance schedule for the rest of the year at the front table where you check in. Please continue to give us your e-mail address so we can keep you informed. Our next dance theme is Hawaiian, so get out your flowered attire and hula skirts and come join in the festivities. For more information, contact Rich and Judi Marshall at (7595).

Dog Club



The Trilogy Dog Club now has 222 households registered with our club. If you are a dog owner and have not yet joined our club, we would love to have you do so.

We have scheduled a doggie playtime event for Sept. 6. These events have been great fun for both our members and their dogs. These doggie playtime events will now be available to card carrying members only. Since the playtimes have been so popular, we will be staggering start times based upon the size of the dog. Details regarding the date and specific playtimes will be sent to members in advance of the event. These events are just one of the many benefits of being a club member. Members also receive discount days at both Pets 4 All and Pizza Factory. Our most important benefit for members and their dogs is our very successful Lost & Found Dog Network.

We offer many fun events throughout the year. We have our Annual Pooch Party on Saturday, Oct. 19. The event will be held on the patio at the Vista Club. More information will be provided as the date approaches. We are also looking forward to our Santa Paws event at Christmastime.

Our club now has a website. You can find an application for membership, meeting minutes, contact numbers, information regarding events; join the club, and much more at www.trilogydogclub.org. If you'd like to learn more about our club, please visit our website or attend one of our upcoming meetings. We meet on the fourth Tuesday of each month at the Delta Club at 1:30 p.m.

If you would like to join our club, call Karen Bereta (3505) or Rose Romano (3549).

Fishing Club



Our next meeting is Monday, Sept. 16 at 7 p.m. in the Marina Room at the Delta Club. We will have a guest speaker. We'll also plan for and sign up for our holiday brunch. We'll also give out details about the Delta Seminar on the last

Saturday of September.

We have a lot to discuss and I hope you can attend the meeting. We will have our 50/50 drawing and refreshments. Anyone is welcome to join our fishing club. We have great events throughout the year. For more information, call Al Silva at (3791).



Genealogy Club

Normally we would re-cap a previous meeting or write about informative websites that can help with the genealogy quest. However, this article is focused on a superb event with an unbelievable turnout. It seems our Trilogy residents have a great interest in the history of our community.



Wow! What a great event. The Genealogy Workshop asked Phil Pezzaglia, local historian and author of two books on Rio Vista and the surrounding areas, to speak

as to our local history. We opened the event to the Trilogy community and called it a "Travel Talk" concentrating on the history of Rio Vista with historical pictures. The event was a rousing success with some 170 folks in attendance. Phil's presentation was astounding. You can tell he has a great love of this area and his continued support of the Rio Vista Museum proves his commitment to preserving the history of our town. We learned of the past, beginning around 1870, including the natural gas discoveries, the people, beautiful homes, river floods, schools, businesses and the movie industry that visited here so often. Phil was informative with a personalized presentation and had the audience spellbound. Everyone was thrilled and we are looking forward to having him back again; he has lots more to tell us. We offer a special thank you to Diane Gomes for the refreshments and to Donna Armanino for choreographing the photos and working with Phil so diligently.

The Genealogy Club and Workshop are open to all residents of Trilogy. The Regular club meetings take place the first Thursday of the month at 2 p.m. in the Vista Club, Monterey Room. For more information contact Rhoda (7542). The Genealogy Workshop is held the third Thursday of each month at 2 p.m. in the Vista Club Learning Center. For more information, contact Carolyn Bridges at wncbridges@comcast.net.

Good Samaritans

Happy Anniversary

Thank God for the Good Samaritans entering their 8th year anniversary for Bible Study in our community. We will sponsor a free luncheon on Sept. 26 at 12 p.m. in the Vista

Club Diablo Ballroom. Everyone is welcomed to attend.

The past eight years has been a challenge and blessing as we study the Word of God. Throughout the eight years, many people have come to a deeper knowledge of the Word of God, whether they continue Bible Study or find a church home to expand their faith.

The Good Samaritans Bible Study base their teaching from the Holy Bible, as 1 Cor. 19:40. Believers may take advantage of every opportunity to praise God and get a deeper understanding of His Word. The Bible Study starts out with an opening prayer and we get into our Bible Study lesson. We have an opportunity to ask questions pertaining to our lesson, prayer request and fellowship.

The Bible is studied correctly by keeping order according to the Bible. First, as we read the Bible we find out the meaning of words, observe the context, find out where words or ideas occur elsewhere, and discover the historical and cultural background and setting of scriptures. The tools needed for a Bible Study are a Bible, word dictionary, concordance, and being in the spirit of God.

Everything done in Bible Study must be beneficial to the ones attending to equip them to learn the word of God and practice what they've learned. The people attending can also contribute their spiritual gifts at the Bible Study by preaching, teaching, singing, reading, praying and most of all have love as their chief motivation. The Good Samaritans also seek to strengthen the faith of other people. We also encourage our Bible Study to be joyful, peaceful, and loving to draw people closer to God.

The Good Samaritans Bible Study is every Thurs. at 1 p.m. in the Delta Club Marina Room.

Scriptures on what we stand for: Hebrews 12:1-13

Hispanic Club

By the time this article is published we will have had our August activity, which was initially a parrillada but actually ended up as a BBQ. The difference is that a parrillada entails all cuts of meats roasted over a parrilla hence the name. In view of the fact that it is difficult to get all of us latinos on the same page for some unfathomable reason, instead we had a chicken BBQ where the club provided the chicken and the members brought salads and desserts. I will report on the outcome next month.

Also in the making are future activities including a potluck/general meeting on Sept. 20, 5pm at Delta Club River Room, and whatever type holiday gathering the membership requests provided there are enough volunteers to carry it out. Meanwhile, continue to enjoy the warm weather, stay healthy and active.

(cont. page 31)



Please consider seriously your commitment to participate and let us work together to have a vibrant, fun club. Also check the MyTrilogyLife.com website, under "clubs" for updated information.

Ricky Martinez (President) 209-552-9131
email: ricky5529131@yahoo.com.

Ada Parrales Stack (vice-President) 374-3406
email: Not yet available

Cecilia Reyes Spiritosanto, (Member At Large), 374-1484
email: ceciliareyes77@gmail.com

Teresa Hamner (Treasurer), 646-1610
email: thamner@aol.com

Vicky Riddle (Secretary), 374-3684
email: viriddle98@yahoo.com

Mah Jongg

We meet every Monday except the second Monday of the month at the Sonoma (card) Room at 1 - 3 p.m. We play the Hong Kong version. If you know a different version or have never played the game, we have several good players and any one of them will help you learn this version of the game. We do not play for money. Come join us. Call Molly Martinez (3417) for more information.

Model Club

Our July "Steam UP" was a chugging success. We thank Trilogy residents for supporting this event. The "Over the Brink Sacramento Steam Group" operated a number of live steam trains on their special track tables, answered questions, demonstrating the techniques used to run these little jewels and had a great time. The Rio Vista Model Club operated their trains on our two ovals and the figure eight giving visitors full opportunity for trackside photos. The smiles on the faces for attendees of all ages were to fill our hearts. The raffle was a complete success, and as usual Larry's New York Hot Dogs filled the voids around lunchtime. We give special thanks to everyone who donated time and material to the success of this event. If you missed, or you want to see more of the Coast Guard Rescue Boat, we are scheduling a full regatta at the pond to again demonstrate it as well as several other radio controlled craft.

Stop by our Model Club meeting held on the first Friday of each month in the Vista Monterey Room. We will be presenting ideas and talking about other field trips we are anticipating this spring. Any questions, please contact the Club President, Mr. John Harder (3646). Please join us at our monthly meeting,

CALLING ALL PHOTOGRAPHERS!

The Photography Club has fallen into disarray and Karen Dozier and Jan Vick want to bring it back. Several of our members have left Trilogy and we no longer have a membership list. Please come to a reorganization meeting on September 5 at 6:30 p.m. in the Monterey Room to organize and discuss possible activities of our club.

Call Jan Vick at 5025 if you have questions.

Motorcycle Club

The Trilogy Motorcycle Club riders meet the first Saturday of every month for an all-day ride. The August 3 ride began with nine bikes and 10 riders and with our usual beautiful summer weather pattern, cool mornings and warm afternoons. We settled on a destination of Mel's Diner in Placerville for lunch and determined a circuitous route to get us there. We headed up Hwy 160 through Isleton and took a one-lane road through a corn field over to Georgiana Slough and up to Walnut Grove. Twin Cities Road east took us to Martell for a stretch break and then continued through Jackson and to Hwy 88 east. This highway has such pleasant forest scenery and easy riding while leading up to 7,000 foot elevation and cool mountain air.



Turning northward on Mormon Emigrant Trail took us past Jenkenson Lake to Sly Park and Hwy 50. A quick blast down Hwy 50 to Mel's and lunch

was ready! Randy Scott recorded the Emigrant Trail ride on his new bike camera and will distribute a link to share with everyone. We also had three new riders, two are six-year residents riding double and the third is about to receive keys to his new home shortly. Welcome to the group.

The ride from Placerville was uneventful; it was however a bit on the warm side at 93 degrees. Starbucks in Lodi afforded the opportunity to cool off with iced coffee drinks and re-cap the day and to further get to know our new riders. All in all, an easy 240-mile day ranging from cool to hot and flat delta country to nice mountain views, just about any rider's definition of a good day. Group photo was at the vista point overlooking Bear River Reservoir.

Other motorcycle riders in Trilogy are invited to join us on any of the monthly rides. The next ride meets at McDonald's in Rio Vista on Sept. 7 at 8 a.m. The destination is TBD based on weather. For more information, contact Bob Pastorino at (6556) or Larry Nelson (2967).



Radio Club

The Radio Club is preparing for a local field trip. It is called a "Fox Hunt."

This is an exercise where members use radio features and techniques to locate a small transmitter with techniques of triangulation and features in their equipment. It is also an exercise in radio antenna design and capabilities. The practical application is practice of techniques for locating an injured or lost individual who has a radio with them and needs assistance. This will also feature techniques for use of antennas and shields. If you would like information on becoming a trained volunteer, or an amateur radio operator, additional information can be obtained by attending the weekly Radio Club meeting which is held each Tuesday in the Vista Club Monterey Room at 9 a.m. for informal discussions over a cup of coffee. The formal meeting starts at 10 a.m. Please stop by. Dean Lattman is available at (3967) if you have any questions.

Recipe Club



"Seasonal Fruit" is the theme for the Sept. 10 noon meeting of the Recipe Club. Our chefs for the day are Carol Dugger, Elayne Finch, Jan Hunter, and Linda Walsh. Jenan Afaneh is the coffee hostess. If you enjoy cooking and

sharing recipes, feel free to join us. We meet the second Tuesday of each month at the Delta Club. For more information, contact Patty LaFleur (3159)

Monthly tip: A bag of peas is a must-have in any freezer! They can be thawed and tossed into salads, pureed in soups, or boiled with pasta to add color and flavor. You may want to buy them even when fresh peas are in season—they're inexpensive and last a long time. A bonus use is that they double as an emergency ice pack!

Religions of the World Group



We are a group interested in learning more about the different religions of the world: their history, beliefs and practices. We meet the first Tuesday of every month at 6:30 p.m. in

the Vista Club's Monterey Room. So far, we have learned about Zoroastrianism, Hinduism, Judaism and Sikhism through overviews of those religions. For the Sept. 6 meeting, we welcome a Trilogy resident back from his journey to Russia, where he learned about the history of different faith practices in that country. Please join us in learning from him. This is not a forum for recruiting members to any

belief system, and all Trilogy residents of any belief system are welcome. For more information, contact Don Cooper (510) 909-5049 or Barb Bellamy (303) 898-9279.

Men's Executive Nine

We had two outstanding golf events in July. On July 9, our club hosted the Women's Nine Hole club to a mixed team scramble from the forward tees. We had a great turnout with 56 golfers participating. The winners of the first flight were Greg Szody, Mike Doody, Sally Thomas and Gay Fortier. The second flight winners were Joey Dias, Craig Ahlstrom, Charles Hoffman and Carole Dolan. There was an enjoyable buffet following golf during which golf shots and stories were exchanged and fun was had by all. Thanks to the Women's Nine Holers that participated.

We also played our yellow ball tournament on July 23. Amazingly, only one yellow ball was lost. The player that lost the ball will go unmentioned. There was a tie for first place. The winners were Joey Diaz, Jim Copley, Mike Rose, and Alex Winkler on one team and Ron Kott, Byron Lockheart, Mike Doody, and Andy Barber on the other team. Thanks to all that participated.

In addition to our two September tournaments, on Wednesday, Sept. 11, our club will be hosted by the Brentwood Rough Riders at Brentwood. This has grown to be a fun event over the last few years so watch for the sign-up sheet and e-mail notices.

On Sept. 24, we will hold our quarterly general membership meeting after golfing. As usual, drink tickets will be provided. This is an important meeting because we will elect our board of directors for 2014. We are still seeking nominations for all positions but especially for the secretary position. If you are at all interested please e-mail Ron Kott at ronald_kott@comcast.net. If you are not playing in the tournament but wish to attend the meeting it will start about 2 p.m.

We currently have 101 members and play every Tuesday. We are always seeking new members. Golf experience is not a prerequisite. If you are interested in becoming a new member, pick up an application form in the posting room or contact membership chairman Dick Talbott at 225-0077.

Rio Vista Roamers RV Club

Summer is almost over and we have had a number of changes since July. No trip was scheduled for August but Sharon and Gary Frederick were able to get an outing reservation for River Point in Stockton. More on that next month.



We hope you will all join us for the Pioneer RV Park in Quincy Sept. 23 - 27. Sharon and Mel Schatz (6316) will be our hosts and need your \$10 rig deposit by Sept. 1. This trip will be for up to 5 nights because it is much farther away than normal and the cost is \$101.50/3 nights, \$132/4 nights and \$162.50/5 nights. We will be joining the RV club from Brentwood.

We are still going to Sugar Barge Oct. 14-17, but it will now be with Wilma and Ken Powell (4034). They will need the first night deposit of \$33.50 by Oct. 1. To end our year we will have a potluck on Nov. 13 at the Delta Club and on Dec. 8 a holiday brunch at the Lone Tree Golf Course.

Would you like to join us? All of our outings welcome potential new members, retired members, and the rest of our club. We are a fun group and welcome all of Trilogy. Check out our website at <http://home.comcast.net/~biskit3/rvroamers> with the latest trip information, call the member hosting that outing, or call Sandra Santos (3538). All of us will be more than happy to answer any questions.

Senior Men's Golf Club



Glen McGahey, photo by Jim Nash

Congratulations to fellow member Glen McGahey on his July promotion to General Manager of the golf course and Nines restaurant. His influence became visible quickly, as we saw improvements on multiple fronts. We are confident that more changes will come with Glen at the wheel.

July was another busy month, with regular Wednesday events plus three road trips. Sixteen of us enjoyed Deer Ridge on July 9. This fun layout in Brentwood has a few trees to combat; for the most part, one can "grip it and rip it." Scores were better than at the more exotic places we have been frequenting. The next day's trip brought us back to earth.

Ten of us accepted Round Hill Country Club's July 10 invitation to breakfast, lunch and golf with friends from Rossmoor and Mira Vista. Nerves jangled by commute traffic

were calmed by the ambience at this beautiful facility in Alamo. We soon felt like we were far away from anything that was rushing to get somewhere. The course is very well maintained, although frequent elevation changes create protective 'cart path only' conditions on a number of holes. We were ready to sit down for the hard-earned lunch. Hopefully we will arrange a future Home & Home with Round Hill.

Noel Doyle is back in the Notable Achievement column. He shot his age (67) on July 9. It was, of course, under the watchful eyes of appropriate witnesses. This is not a record for the youngest golfer to do it (Bob Hamilton, 59, in 1975), but it does match Sam Snead's 67 at the Quad Cities Open in 1979, at the time the best on the PGA Tour. (Snead bettered it the next day with a 66, a record that still stands.) As Annie Savoy (Bull Durham) said, "You could look it up."

Our regular membership meeting is on the third Thursday at 4 p.m. at the Delta Club. For more information, contact our Membership Director Ray Ulmonen at (4070) or ray-auu@gmail.com.

Stroke, Head & Brain Injury Club

Stroke Club supports those who have had or are living with someone who has been affected by stroke or a brain injury. We also assist those suffering from dementia, regardless of the cause.

Our group provides help, useful tips, and current information on how to cope with the various short and long term physical as well as emotional side effects that are unique to each individual's situation. Since those who experience these conditions can suffer from feeling alone, helpless, and/or impaired by some physical and/or emotional limitation, the support that we can provide each other can be very important to adapting and living. Each month, we discuss a new topic and try to learn more about subjects that are of interest to members.

We also conduct various extracurricular activities for the group both within Trilogy and in nearby communities so that we can have fun together as well. If you or someone in your family has had a stroke, any kind of brain malfunction, and/or dementia, and would like to join, please contact Cheryl Bellrose (6619). We encourage caregivers and families to join as you need support as well.

We meet on the first Tuesday of each month from 2-4 pm at the Vista Club in the Monterey Room. Our next meeting will be held Tuesday on August 6.



Supper Club

Supper Club meets every other month from February through October in each other's homes for tasteful (and tasty) dining, fun and conversation. On these occasions you can meet your neighbors and get to know them in a small group setting (usually 6 or 8 and sometimes 10). We are not limited to a formal dinner menu only. You might also want to have an afternoon barbeque, a brunch or a luncheon.

Our club is not just for married or committed couples. We don't want to leave anyone with the impression that single individuals are not welcome. Everyone is welcome to join Supper Club. If you want to make new friends, give Supper Club a try. Take the opportunity to experience our absolutely delectable menus and friendship provided by our members.

Since fall is approaching and the weather is still nice, this is the perfect time to join and enjoy the company of new friends and good food. If you are interested please contact Cheryl Bellrose (6619) or Susan Collier (707) 372-5489 and we can answer your questions and sign you up. Since this is the last Supper Club until February, if you want to participate in October, please contact us as soon as possible. Looking forward to hearing from you.

Table Tennis Club

All apologies for the lack of article for August. We were too busy with the parade, and what fun it was! Thanks to all who helped decorate and made it possible to get first prize. After the parade we enjoyed an ice-cream social at Richard and Sandy Mariant's home. As usual, we enjoyed great food and wonderful sundaes.

On July 27, we had the privilege of being the first outside club to play in the Rossmoor Table Tennis club's new fabulous facility. Their HOA has built a state of the art club locale. Perfect lighting, floor soft enough to bounce on, or fall on and not get hurt! Each team had 11 singles players and 12 doubles players. Only the singles matches contributed to the scoring for the trophy. Doubles matches were just for fun. Trilogy retained the trophy with a convincing victory of 106 games over Rossmoor's 52. Check out videos on the website.

With sadness the club accepted the resignation of Vice-President Ricky Martinez. Ricky and Lily will be leaving for Sonora, Twain Harte where they lived before. We will miss them both. The board will appoint a replacement at their next meeting.

The minutes of the August 8 general meeting are posted on the website as well as results of the third in-house tournament of the year held on August 24. Please check the website and keep informed.

Get ready to participate in the following activities:

September:

- Saturday, Sept. 28: International Potluck between 1 p.m. and 5 p.m. More details will be posted on the website.

October:

- Oct. 19, fourth in-house tournament featuring Sadie Hawkins Doubles
- Tournament with The Villages in San Jose, date and time to be determined.

Be alert to the news on our website. For this you need to subscribe by providing your email once you click on <http://trvtt.wordpress.com>. There's also a hyperlink to this site in the MyTrilogyLife.com under clubs.

Contacts: Larry Mork, President (3389); Vicky Riddle, Treasurer (3684); Kim Russell, Secretary (2046); Tournament Director: Michael Mahrous (3216), Tom Barnes, At Large (4395).

Tennis Club



What's with all the wind this summer? Hitting the tennis ball normally takes plenty of practice and hand and eye coordination, without Mother Nature blowing the ball all over the courts. In spite of the wind, our club has been out

there every morning, having fun and trying to improve. In addition to increased winds, we are also having increased membership. In each of our last two club meetings, we have added two new players each month. Linda, Sherry, Ken, and Moritz are now part of our Tennis Club Family.

With the addition of new talent, George Sablan our popular tennis instructor came out of retirement to give three instructional classes to members who needed to get their game tuned up or learn the basics. Classes were a success and those who participated are better because of the effort George puts into making the classes meaningful to everyone. It would be nice if we could just put CD's into our internal hard drive and be able to immediately start hitting the ball correctly without practice. Since we are not machines, it takes good listening and plenty of practice to make everything come together.

We've started our summer evening tennis and eats for the summer. Each month, we play a different version of tennis from 5 – 7 p.m. and then complete the evening with a different type of food. In July, we started with social tennis and appetizers. August will be mixed doubles and more. You'll need to attend to find out what may be on the grill this month. What could be better than tennis and good food? There are still two more opportunities to participate on Tuesday, Sep. 17, and Oct. 22.

For more information about the Tennis Club, contact Wally Beckman at beckmanwally@hotmail.com



Women's 9-Holers

What a busy summer we have had! Reminder, Summer hours are: check-in 8:30, tee time 9 a.m. Four new members have joined our club: Sharon David, Marj Niemi, Elaine Love, and Denise Sargent-Natour. A hearty welcome to each of you!

The Eclectic Tournament was a huge success. Barb Downs and Fran Silva were the big winners. Congratulations!

July 2 – Pars: Sharon David #8, Diane Scholz #5, Nancy Griffin #5 & #8.

July 9 – The Men's Executive Nine hosted the Ladies 9 Holers. Flight One winners: Sally Thomas and Gay Fortier. Flight Two: Carol Dolan. Each winner won \$17. Congratulations.

July 16 – Pars: Diane Scholz #8 & 9, Fran Silva #8. Our newest player Denise Sargent-Natour parred #9. Nancy Whitney chipped in on #3 & 5.

July 23 – Pars: Donna Martella # 11, Nancy Griffin #13, Elaine Love # 13. Donna was also the chip-in winner.

July 30 – Pars: Gay Fortier, Kathy Moore, Fran Silva and Karen Nash #8, Kathy Moore #5. Chip-in winner was Judy Rumble.

We have 72 players signed up for the Sept. 17 Invitational Tournament! We'll have great fun, great prizes, not to mention the great lunch. We are going to have a great day! Call Suzi Masterson at (6149) or Betty Bowley at (5613) for any further information.

Women's 19-Holers

Two of our ladies went to the Tournament of Champions, which is a competition between the Club Champions and Captain's Cup Champions from each of the East Bay Area Clubs. Linda Barlesi and Vicky Riddle represented our club. Linda placed third in the Gross Flight. We are also done with our Eclectic Tournament, which is a competition in which each competitor tries to better her score on each hole during a seven week period.

The Eclectic Tournament winners were: Flight A: first Vicky Riddle, second Ulla Ulmonen, third Marsha Berry. Flight B: first Angie Jones, second Trixie Roque, third Cindy Brown. Flight C: first Linda VanNieuwburg, second Terri Anisko, third Doris Sundly. Flight D: first Paula Davis, second Carol Petronzio, third Lynn Grace. Flight E: first Diane Scholz, second Joanne Smith, third Suzi Masterson. Congratulations to all the winners. Other July winners were:

July 11: Low Net Competition. Flight A: first Marsha Berry, second Ulla Ulmonen, third tie Lucille Rhodes and Angie Jones. Flight B: first Linda VanNieuwburg, second Cindy

Brown, third Diane Staley Flight C: first Bev Dunn, second Darl McCarthy, third Carol Petronzio and Helen Swarbrick.

July 18: Throw out three holes. Flight A: first Lucille Rhodes, second Vicky Riddle, third Linda Siatt. Flight B: first Donna Nunes, second Cindy Brown, third Alma Renko. Flight C: first tie Anna Bogucki and Diana Scholz, third Pam Ramirez.

July 25: Only the par threes and par fives counted plus hole twelve. Flight A: first Frankie Freese, second Donna Martella, third Linda Barlesi. Flight B: first Doris Sundly, second Linda VanNieuwburg, third Pat Kistler. Flight C: first Pam Ramirez, second Darl McCarthy, third Suzi Masterson.

We meet at the Nines Restaurant every Thursday at 8 a.m. and play at 8:30 a.m. If you are interested in joining our club, contact Marilyn Rogers at (5746).

Woodcarving Club

The Woodcarving Club is alive and prospering. Drop by the Vista Club to see the display of carvings done by current members. The exhibition is in the case next to the computer room. This is a working, drop-in club with no officers or dues and meets every Monday from 8:30 to 11 a.m. (excluding holidays and Sept. 16) in the Delta Club. It is open to all Trilogy residents from beginners to experts. On Sept. 21, the club will take their second fieldtrip of the year when they travel to Pleasanton to a woodcarving show. The members will have a second opportunity to view a juried exhibition as well as purchase wood, books and carving tools. The first fieldtrip took the members to Sacramento where they were thrilled to see the talent of master woodcarvers as well as novices and were able to purchase woodcarving materials. For further information, about the club or fieldtrip contact John at (5730).

Writers' Club

To quote John Lennon & Paul McCartney, "You say 'Goodbye' and I say 'Hello.'" Recently we said "Goodbye" to Trilogy Writers' Club founder, Beth Boyer. She moved out of the area just as we said, "Hello" and welcomed another new member to our group. We will soon say, "Goodbye" to warm summer nights and say, "Hello" to cool autumn days. Our optional topic this month is "Goodbye & Hello." Write a poem, lyric, essay or short story about changes in the seasons of life. Or, bring your current writing project to share. Join us at 7 p.m. on Thursday, Sept. 12 in the Monterey Room of the Vista Club. We'll read, listen, share and encourage each other in our writing endeavors. For more information, contact Zoe (3676) or Suzi (925) 231-5213. We'd love to say, "Hello" to you!



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Trilogy Clubs Awareness Forum

Explore Your Opportunity

Discover Your Niche

Meet Your Clubs

September 14, 2013

Diablo Ballroom, Vista Club

10:30 am - 1:30 pm

Refreshments

Live Entertainment

In the

Grand Living Room

Clubs register at Member Services for free table space.





Saturday, Sept. 21

1—5 p.m.

**Location: between Brockton
Place & Summerset**

Entertainment, festivities, and music by D.J. Ron
Covey

Bring meat to barbeque (hot grills will be provided), portable chairs, and a side dish. Look below for food assignments.

The letters correspond to the your name: A to H
- bring casseroles
I to O - desserts or fruit
P to Z - cool salads.

To RSVP (by Sept. 15). Call Dennis and Pam at (3770).

ADVERTISING INFORMATION

DEADLINE: All final ads and checks are due by the fifth of the month prior to the month of publication. For example: October 2013 ads and checks are due by September 5, 2013. All late submissions will run in the November 2013 issue of *Trilogy Living*.

REGULAR SIZES AND RATES:

• 1/8 page ad	3 1/2" wide X 2" tall	\$90/month
<i>Scan your horizontal business card at 300 dpi, and e-mail it as a pdf, jpg or tiff file to Tania Fardella at indigodesign@att.net.</i>		
• 1/4 page ad	3.6" wide X 4.5" tall	\$140/month
• 1/2 page ad	7.5" wide X 4.5" tall	\$220/month
• Full page ad	7.5" wide X 9.25" tall	\$345/month

PREMIUM SIZES AND RATES:

• 1/4 page ad Inside Front or Back Cover	\$185/month	
• 1/2 page ad Inside Front or Back Cover	\$285/month	
• INSIDE FRONT COVER	7.5" wide X 10" tall	\$445/month
• INSIDE BACK COVER	7.5" wide X 10" tall	\$445/month
• OUTSIDE BACK COVER	7.5" wide X 10" tall	\$500/month

DISCOUNTS:

- 10% off pre-paid ads for 3 months or more
- 10% off for businesses owned by residents of Trilogy at Rio Vista

To place an ad, contact Joan Azlant at joanazlant@comcast.net or 707.374.2620. If you need ad design, contact Tania Fardella at indigodesign@att.net or 925.377.0335. Additional fees will apply for design, scanning, and edits.



Trilogy at Rio Vista HOME BASED BUSINESS DIRECTORY

All Occasion Travel

Full Service Travel Agency
Joan Greene, CLIA, ARTA, (2440)
Certified Travel Specialist
www.ALLOCCASIONTRAVEL.COM

Divas

Unique Jewelry & Accessories
www.divaswithpizzazz.com
Char (3806) Donna (3212)
Norma (2779) Sylvia (2226)

Mary Kay

Independent Beauty Consultant
Sueann Novotny (5624)
snovotny@citlink.net

Rodan & Fields Skin Products

Want to Look Younger?
Without Surgery or Injections
Lupe Finch, Independent Consultant (2466)
LupeandMarcy@gmail.com

FOR RENT

Home for Rent

Hillsborough model, 1670 sq. ft., 2br/2ba/den, backyard privacy. HOA dues, water/sewer paid. Refrigerator, washer, dryer provided. \$1200/mo. No pets, no smoking. Call Claude (3964)

Home for Rent

2br/2ba, 1100 sq. ft., W/D, covered patio. No smoking/no pets. HOA, garbage included. \$1150/mo. + deposit. Call (3025) or 330-4284.

Home for Rent

Pebble Beach model on golf course at 215 Oakridge Way. Washer/dryer/refrigerator, HOA dues included. \$1295/mo. \$1300 deposit. Available September 1. Call Jian Lu 510-333-6812.

Home for Rent

2 br, den, patio, refrigerator, washer, dryer, HOA, garbage included \$1150. Call 246-3936.

FOR SALE

Adult Trikes

Adult trikes: single speed, dual brakes and basket. Now available with electric motor. Increase your range and zip for downtown errands. 26" regular bicycles included. Save gas! (5248).

FOR SALE

Car w/ Inside Lift

2008 Buick Enclave CXL, white 48,000 miles. Fully loaded, original owner, non-smoker, wheelchair/scooter lift installed inside \$25,000 Call (3643).

Jams & Pickles

Fresh homemade jams, pickles and more. Recently picked fruit and vegetables by Chris. It's time for cherries and apricots! (4955) or 863-1112.

Scooter Lift

Scooter Lift and Progrid 14' ratchet tie down \$350. Call Joseph (2165).

Sectional Recliner

Flexsteel sectional recliner, antique gold color. Two recliners and pullout sleeper. Very good condition. Asking \$450. OBO. Call Bern (4355).

Vehicle

2004 Mercury Grand Marquis, like new, one owner, low mileage \$9500 firm. Also golf cart, new battery, cables, tires and brakes. \$3150. Call (4921).

Vehicle

Truck: 2004, F-150 Lariat, super crew, white, w-cap and extras. 25,300 miles. Asking \$19,800. KBB value \$21,400. Jim 803-1247.

SERVICES

Acting Classes

Ever watched a show and thought "I could do that." Just wondered how a play develops, what happens behind the scenes, or what could I contribute to a production? Join us for an acting class and learn so much more. Classes begin mid-September. Contact Louise Mitchell (3541) or Estelle Piper 408-921-2606 for more information.

Airport Transportation

I'll get you to any airport or SF port on time and pick you up on return. TRV residents only. One way fares: SFO \$105, OAK \$85, SMF \$65, PORT \$90/ Call Ralph Hatch (3941).

Audio/Visual

We will install your audio system, DVD, TV, or VCR to your specifications. We will also custom wire your home per your specifications. All installers are ON-Q certified. Call Michael (2800).

Cabinet Media Niches

Entertainment Center, garage cabinets, free estimates. Call Bob (4902), Trilogy Resident.

Cabinet Roll out Shelves

Make your life easier with roll out shelves. Save your knees and back. Call Bob (4902) Trilogy Resident.



SERVICES

Caregiver

CNA Caregiver, Certified Nurse's Assistant to help with all daily activities, meals, cleaning etc. Esmeralda 510-246-4213.

Carpet & Upholstery Cleaning

B & B Carpet and Upholstery Cleaning. Trilogy resident will clean carpets and upholstery in your home, RV, boat, or car. Home carpets: \$30 per room, \$15 per hall. For the best service, call Bill (6125).

Carwash

Ray's Mobile Carwash. Let me come to you to clean and wash your vehicle. Reasonable rates for detailing and waxing also. Call Ray (7598) or 707-249-1492.

Cleaning

Complete housecleaning. Quality cleaning at an affordable price. Weekly, by-weekly or once. Rental cleans 628-4235 or (5239). Dawn, "Jerry the Sprinkler Guy's" daughter.

Clock Repair

Thirty years collecting and repairing clocks. No cost if I can't fix; low cost if I can. Call (6782). Ask for Rod.

Clutter

Clutter? Not! Let me help you tackle your nagging problems. An overflowing closet? Moving boxes still unpacked? Car won't fit in the garage? Call or email me for free consultation. Trilogy resident Carol Kern 925-286-2398 or www.clutternot.com

Computer Assistance

PC, Laptop and iPad troubleshooting. Install software, wireless networks or DVD players. Patient tutor for basic or advanced help. Technical expert—Robert (5129).

Computer Doctor

Woody Woodard will fix PC's/ Mac's, install, teach, create web pages, coordinate with Frontier, Best Buy, Comcast. 707-416-6067

SERVICES

Computer Help

PC or laptop repair, including optimization and virus removal. Extend life of old computer or set up a new one. Wireless setup, add new devices and tutoring. Kathy Barker (6850).

Computer/Wireless

We will custom install your computer or wireless network per your specifications. We will also do custom wiring and software downloads. Call Michael (2800).

Crown Molding

Specializing in crown molding, mantels, interior trim. Trilogy Resident. Free estimate. Call Bob (4902).

Electrical

Certified electrical contractor (#819067) will install chandeliers, fans, lights, outdoor receptacles, RG6 cable for broadband service, telephone lines and wiring for Ethernet or wireless. Call Michael (2800).

Errands

Transport Services: grocery, drug, gifts, shopping, library visits. Rides: town & beyond, doctor, dentist, anywhere! Save time & money. My car, my gas! Karen (5129)

Enhanced Improvements & Repairs

Established Retired General Contractor. tile, wood floors, water leaks/drywall damage, kitchen & bath remodel/repair, patio re-design, entry/screen doors, fireplace mantels. . . Big or small—I do them all! 8 year resident/ references. Dominic 322-9476

Gardening & Yard Maintenance

Bowers Gardening Service: Horticulturist, Full Yard Maintenance, Reasonable rates. Servicing Trilogy on Tuesdays. Call Scott Bowers 916-683-1406.

SERVICES

Handyman

Trilogy resident has over 40 years of home maintenance experience, MOEN faucet specialist, ceiling fan and chandelier installations, electrical trouble-shooting and GFCI problems, plumbing leaks, disposals, toilet maint., and more. Free estimates. City bus. license #1654. Bob Bailey (3391).

Handyman

For those projects that you can't or don't want to do: plumbing (leaking faucet, garbage disposal), electrical (install ceiling fans, light fixtures), household repairs, hang window treatments, mirrors, and pictures. Call Scott Sylvester (6013).

Helping to Sell Your Items

I can help you sell items through Craigslist and other channels, sheltering you from all screening, negotiating and dealing with the public. I can do it all or help you do your own ads and photos. By the hour or commission. Experienced and trustworthy. I may also buy your items outright. Christopher 415-710-2590, Trilogy Resident

Household Assistance

Organize, arrange, put in place, Enjoy home with happy face! Build stained glass windows, etch shower doors too, I can make or will teach you! Many repairs, walls I'll paint, Professionally pack, Flexibility's great! Yard work and cleaning A to Z, Dogs I love, Laughs are free! Jody 386-7896

House Payment Help

House payment a little high? Want them lower for more monthly spendable? Call Ed Smith, Sr. Loan Officer, a C-2 Financial Corp. to discuss lowering your monthly. Ed Smith NMLS# 242425, DRE# 00449998, C-2 Financial Corp, NMLS# 135622, DRE# 01821025, Reach Ed at (3932) or 334-7059.



SERVICES

Impeccable Improvements & Repairs

Established Retired General Contractor . . .tile, wood floors, water leaks/drywall damage, kitchen & bath remodel/repair, patio re-design, entry/screen doors, fireplace mantels. . . Big or small—I do them all! 8 year resident/ references. Dominic 322-9476

Income Tax Preparation & Bookkeeping Service

Over 30 years experience with bookkeeping and personal, corporate and partnership income tax preparation. Fast, efficient, reasonable. No job too small. Call Lesley (3377).

Income Tax Prep & Notary

Individual Partnership Corporate Tax Return Preparation, Notary Public. Reasonable prices. Jim Castress (3590)

Income Tax Services & Planning

Serving Trilogy since 1999; individual, trusts, business. Consultation in your home or my Trilogy office. Ron Auger, CPA (3068)

SERVICES

In Home Care

Sensitive, caring, discreet and dependable Trilogy resident would like to help care for your loved one. Nine years experience. Call Nita 315-6670.

Landscaping

Hello Trilogy residents, new & established: I'm Jim Gilly, a fellow resident looking to help you with re-designing and installing your front or back or both yards. Visit my web www.gotgilly.com. Lic. 752296. Call 925-260-5780.

Your Personal Travel Concierge

Put yourself in my hands and let me arrange your travel from door to door: air, cruise or train, hotel, villa, rental cars, drivers, activities, sightseeing, excursions, fine dining, shows. Call Joan Greene, All Occasion Travel (2440) or email alloccasionstrvl@aol.com. Let's talk it over.

Moving and Organizing Services

Packing or unpacking, help with organizing and downsizing. Reasonable rates. Satisfaction guaranteed. Long time Trilogy resident. Call Nita 315-6670.

Mural Painting

Mural Trompe L'Oeil beautifully painted. Murals or a trompe l'oeil created for your home directly to your walls or on canvas. Free estimate. Lucia (5958).

Notary

I offer notary services in my home or yours. Trilogy resident Eileen Griffin (2684).

Notary Public

Certified Notary, fast, professional and reliable service. Lowest fees for Trilogy residents. Please call Jeffrey (7541). Thank you.

SERVICES

Notary Services

\$10 per signature per page with discounts for multiple pages. Offering LegalShieldTM /Identity Theft Protection Services. Elaine Wisz (4310).

Notary to Go

Only \$8 per notarization at Trilogy. Discounts for numerous documents. Since 1984. Call Warren at (3477).

Painting & Drywall

Repaint exterior & interior. Color and texture our specialty. Free estimates. 40 years experience. R. P. Painting, Trilogy Resident CA St. lic. #422737. Call today (5954).

Pet Care

Trilogy home owner offering my services to neighbors/pets. Walks, drop-ins, overnights, allowing your pet(s) to stay home. Pet first-aid/CPR trained. Cell: 330-6010; email: thedeetails@yahoo.com

Pet Care

Kitty care and small dog (no walking) services while you are away. Includes play, feed, meds, clean litter, trash out/ in, newspapers, mail, and water plants. Call Mimi (4343) or cell 707-567-5910. Since 2007.

Pressure Washing

Patio Covers, driveways and outside of house washed. Trilogy resident Danny 209-570-0302.

Rain Gutters Cleaned

Patio covers washed and rain gutters cleaned. Pressure wash driveways and patios. Trilogy resident Danny 209-570-0302.

Sliding Door & Screen Repair

Stop Fighting Your Sliding Door and Screen!...If it does not Slide, I will make it Glide... Replacement or Repair of Rollers, Handles and Locks on all Patio, Screen, Shower Enclosure and Wardrobe Doors. For a free estimate, call Jonathan (2736).

Want to Run a Classified Ad?

Pick up an ad application form at Member Services.

Turn in your completed form by the fifth of the month preceding the month you wish the ad to run.

Cost is \$5 for 25 words.

Additional words are \$.25 per word.

Checks only.

Late ads will run in the next issue.



SERVICES

Streaming Video

Will set you up to watch movies in your home instantly from Netflix or Amazon. Woody Woodard 707-416-6067

Transportation

Dave's Transportation Service will drive to airports, Amtrak, BART, Medical appointments, shopping, casinos. Trustworthy and reliable. For Trilogy residents only. Call David (3192.)

Water Filter

Drink purest, cleanest, tastiest water from your tap. Install reverse osmosis filter under sink system. Save bottled water costs of \$250+ per year. Trilogy resident discounted \$150 plus installation (2643).

Weed Pulling

Get rid of those ugly weeds. Don't break your back. We'll keep your yard tidy. Cheap. Call Laurie (6305) or cell 925-301-7389.

SERVICES

Window Washing

Clean inside, outside, screens, tracks and sills. Quality work, Reasonable prices! 628-4235 or (5239). Dawn, "Jerry the Sprinkler Guy's" daughter.

Window Cleaning

Professional window cleaning. Years of experience, licensed, and complete background check. For a free estimate and appointment, call Gary (3488).

Your Personal Travel Concierge

Put yourself in my hands and let me arrange your travel from door to door: air, cruise or train, hotel, villa, rental cars, drivers, activities, sightseeing, excursions, fine dining, shows. Call Joan Greene, All Occasion Travel (2440) or email alloccasionstrvl@aol.com. Let's talk it over.

VACATION RENTAL

Hawaii Condo

Trilogy resident has beautiful ocean view condo for rent. Short or long term available. 45 minutes to Honolulu, 10 minutes to Ko'Olina. 925-285-9162

Tahoe Condo

Tahoe rental Incline Village: Fully equipped condo near Diamond Peak, sleeps 2-4 comfortably. Starting at \$125/night plus cleaning fee. Call Blaine (0717) or letsgotahoe@aol.com

WANTED

Golf Carts

Cash paid on the spot. Carts can be running or not. Call (3338) or 208-9096.

Motor Home

Class C self-contained motor home not over 30 feet. Must be clean and low mileage. Will consider a class A. (1349)

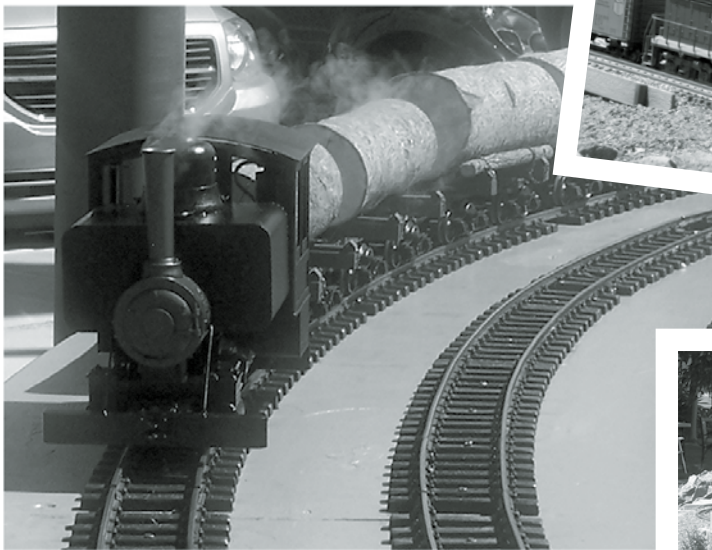
Attention All Advertisers:

All ads and checks are due

by the fifth of the month

prior to the month of publication.

Trilogy Model Club hosted the annual Live Steam up on July 27, a family-friendly event where hot dogs, model trains, and music made for a most enjoyable day.





**We're here to help you
make the right decision
about assisted living.**

EMERITUS SENIOR LIVING

There is no "right time" to seek another living environment. It is a decision usually based on the individual's needs and available outside support. If you are observing an alarming decline in the safety, social, or emotional needs of your parent or loved one, it's time to see how assisted living can help!

Choosing assisted living at an Emeritus Senior Living community will actually give your loved one greater independence. You will gain peace of mind knowing that they are nearby in a safe and comfortable senior living community.

Call us today to learn more about the benefits of assisted living for your loved one. We will be glad to arrange a private tour experience for you.

Our Family is Committed to Yours.®

Nestled in the rolling hills of Solano County's wine country Emeritus at Rancho Solano offers a little bit of everything. Located on the outskirts of Fairfield, California our country setting is only minutes from shopping, restaurants, hospitals, clinics and cultural centers. The ambiance in our Lake Tahoe-like lounge will appeal to anyone's taste. Our apartments range from spacious studios to two bedroom-two bathroom apartments with views of the hills, wildlife and breathtaking sunsets.



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