

Trilogy Living



TRILOGY SPRING POOCH PARTY

Photo by Jim Ludwig

The Dog Club is hosting the first of many events titled Trilogy Spring Pooch Party. Come down to the Vista patio and lawn on April 22 from 12 - 3 p.m. to enjoy contests, vendors, pet adoptions, and more. Bring your grandchildren, dogs, and other family members or play the role of spectator from your lawn chair. The Dog Club was formed four months ago in an effort to promote the enjoyment of your perfect pets.

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Spring Into April!

AT MERRILL GARDENS AT NORTH BAY



Thunder Valley Casino Day Trip Fri, April 6 • Bus Departs 7:45 am

Bring your lucky rabbit's foot as you play against "the House."
\$28 (\$15 back plus \$5 back for meal)
RSVP quickly as space is limited.

Easter Champagne Brunch Sun, April 8 • 10:30 am – 7:00 pm

Keep an eye out for the Easter Bunny as you and your family enjoy this annual tradition.

Cost:

Adults: \$15 without alcohol
\$20 with alcohol

Children: \$10 ages 6-12
\$5 ages 5 and under

RSVP by April 3.

Merrill Gardens Top Chef Competition Wed, April 18 • 11:00 am – 2:00 pm

Join us for a Taste of Merrill Gardens!
Enjoy an exquisite dining experience as you vote for your favorite soup, salad, entrée and dessert, and help us name the 2012 Top Chef winners for Merrill Gardens!
RSVP by April 11.

COMING IN MAY:

Cinco de Mayo Festivities

Sat, May 5 • 4:00 – 7:00 pm

Come "siesta" with us as we drink margaritas (virgin available), watch live entertainment and feast at our taco bar. Complimentary.
RSVP by April 27.



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RETIREMENT & ASSISTED LIVING



*From the
Master Association*
CAROL BENKIE
President

Board Members gathered on March 13, 2012 in the Diablo Room of the Vista Club for Master Association Regular Meeting.

An earlier Executive Session convened to discuss:

- The Waste Water Treatment Plant Acquisition and the Fence Replacement Contract.
- In-House Payment Plans, Foreclosures, Authorization to Publish and Process Collections and Procedures were discussed.
- Board Liaison appointments were made:
 - Adult Committee – Secretary Bernie Dehn
 - Access Committee – Vice President Warren Oglove
- Four Vision Meetings are planned for this term; the first will take place April 19, 2012 at 2 p.m. in the Delta Club.
- Disaster Preparedness Committee has two openings available: Triage Group Leader and Traffic & Security Leader. Application cut-off is April 5.
- Access Committee has two openings. Applications and definition of position for all openings are available to interested residents at the HOA office.

Actions taken by the Board at the March regular meeting included:

- Budget/Financial Report for Feb. 29, 2012 was accepted
- Approved the Consent Calendar: Regular meeting Feb. 14, 2012; Organizational Meeting February 14, 2012; Annual Meeting Feb. 14, 2012 (Acknowledgement)
- Approval for Audit Engagement – 2011-12 Fiscal Year (\$3,795 – Budgeted Operations) Levy, Erlanger and Company (5-0)
- Approval for treadmill repair (\$778.13 – Operations) (5-0)
- Approval for CC&R Restatement Committee formation (5-0)
- Approval for Vista Rotunda/Billiards Room TVs Exchanging/Purchasing Monitors (\$2,472 – Reserves) (4 years 1 abstain)
- Facility use approval for:
 - Lion's Club 75th Anniversary (four year one recused)
 - Rio Vista Police request for facility use for a Police Training Seminar (approved for a maximum of two seminars for the year 2012) (5-0)

The Master Association's next regular meeting is on April 10, 2012 at 7 p.m. We encourage all residents to attend as your input is of great interest to us.

TRILOGY AT RIO VISTA

D I R E C T O R Y

Master Association Board of Directors

Carol Benkie, President (3316)
Warren Oglove, Vice President (3477)
Tom Moore, CFO (5772)
Bernie Dehn, Secretary (4764)
Lorna Bewick, Delegate and Director at Large (2093)

District Delegates

Village I – Carol Benkie (3316)
Village Oakmont – Tom Moore (5772)
Village Riviera – Dave Bewick (2093)
Olympic Village – Joel Auslen (5808)
Saddle Rock Village – Mary Ann Butts (3099)

Committees

Adult – Barb Bieber, Chair (5777)
Access – Dave Bewick, Chair (2093)
Disaster Preparedness – Jim Larsen (4382)

Village Board Presidents

Village 1 – Bernie Dehn (4764)
Village Oakmont – Walt Manos (2827)
Village Riviera – Warren Oglove (3477)
Olympic Village – Robert Sonnenburg (925) 550-3832

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Fitness & Spa Director: Kathy Erwin (4205)
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Delta: Admin Office (4843) Fax (4891)

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From the Editor
ANDREA STUART

Do you hear that sound? It's the sound of spring: the fluttering wings of blue jays, the whimsical song of breezes whipping through the air, and the hum of honey bees pollinating the nearby mustard plants. Easter is also just around the corner, which means lots for the little tikes to enjoy. More importantly, while winter produce is still abundant, spring fruits and veggies are beginning to make an appearance. Avocados, radishes, watercress, and asparagus are just a few of Mother Nature's best yearning to be added to your salads, guacamoles, soups and other gourmet dishes. And you need not sigh at the thought of venturing all the way into town for your produce. Trilogy has its own Farmers' Market each month! Petrill's Produce comes to Trilogy with all of its succulent offerings. All you have to do is come over to the Delta Club and pick out your favorites. What could be more convenient? You'll need to build your strength in preparation for the fun times ahead!

This month is a nice combination of educational and entertaining. From the CPR/AED class on April 12 and the AARP Driver Safety class on April 28, to Comedy Night with Larry "Bubbles" Brown on April 20 and the Don Lewis Concert on April 21, there won't be a dull moment. Oh, and save the date for the Trilogy Garage Sale next month on May 5. That's your opportunity to turn trash into treasure!

While you're at it, get your rear in gear for the Trilogy Biggest Mover contest! This is your time to shine as one of Trilogy's most active residents. Learn more about how you can participate in one of the healthiest contests of the year on page 15. The prizes will make you swoon!

From the Board of Directors: The publisher retains the right to edit articles and advertising to conform to content and space requirements. The Trilogy Board of Directors is not responsible for expressed opinions or for the authenticity of all presented facts in articles and advertisements. Viewpoints contained in this newsletter are not necessarily the opinions of the Trilogy at Rio Vista Homeowner's Association, Inc., the Board of Directors, its officers, or management.

***For non-delivery of Trilogy Living,
contact Debbie at (4204).***



*From the
Activities Director*
DEBBIE DORN

Let the good times roll! Karaoke Night was redesigned to bring the lyrics to the big screen and enhance the experience. There were newcomers, first-time entertainers, plenty of toe-tapping, dancing; it was simply an interactive feel-good time. Karaoke Night will return the third Friday in May. There is no charge, come and enjoy.

Music of the Night sold out each performance and amazed audiences once again. Congratulations to each of the contributors who were required to produce such an exceptional production. The talent found here in this community is unbelievable. You can enjoy some of that talent at Open Mic Night the third Friday in June. Last time, we had two newly formed groups emerge along with a couple single acts found in the audience that promised to return.

Recently, while visiting with some of the folks at the Trilogy Farmer's Market, the discussion made me wonder how many residents know its value and convenience. I want to challenge those people to visit the market this month Sundays, April 1, 15 and 29, 10 a.m. – 3 p.m., and let me know if you walk out empty-handed. The fresh fruits and vegetables, and other unique offerings are available at the Delta Club.

Trilogy's Community Garage Sale is the first Saturday in May. See the details in this issue about getting your sale mapped for the shoppers. We also acknowledge, with great appreciation, Judy Taylor for her 13 years of service for the success of this event. Judy has stepped aside to have us integrate the garage sales with our activities.

As always, your suggestions are valued. Give me a call at (4204), or send an email to ddorn@actionlife.com. My mailbox is always open!

Comedy Night with Larry "Bubbles" Brown

Friday, April 20, 7 p.m.,
Diablo Ballroom, Vista Club ~ \$10

Larry "Bubbles" Brown is a San Francisco-based comedian who will have you rolling in laughter. He has appeared on over 25 television shows including David Letterman and is making another appearance this year. He was also in the movie *The Kite Runner*. Larry appears in clubs mainly in California and Las Vegas because flying terrifies him even though he was a certified glider

pilot before stand up. He has been a frequent opening act for Dana Carvey and Dave Attell. Sign up at Member Services. For more information, please call Debbie (4204).

Grapevine Chat!

Tuesdays, April 10, 6 p.m. & April 24, 5 p.m.,
Grand Living Room, Vista Club

Are you new to Trilogy or a seasoned resident who enjoys great company, an inviting atmosphere, and good conversation? Come join the gathering at the big fireplace. It's a warm and casual setting where you can "get the scoop" on all things Trilogy, while you get to know your neighbors. Bring wine, glasses and snacks to share with others if you'd like. No sign-up required.

Learn to Save A Life With CPR/AED & First Aid Instruction!

Thursday April 12, 9 a.m. – 1 p.m.,
Diablo Ballroom Vista Club ~ \$60

It is good to know how to help someone in trouble, whether it is your spouse or grandchild. This class provides a two-year certification in CPR/AED & First Aid at a great value. Space is limited. Sign up with Member Services at the Vista Club. For more information, contact Anna Chunn (3560).

AARP Driver Safety Course

Saturday, April 28, 8 a.m. – 5 p.m.,
Sonoma Room, Vista Club

\$12 for AARP members and \$14 for non-members

The AARP Driver Safety Program is the nation's first and largest refresher course for drivers age 50 and older that has helped millions of drivers remain safe on today's roads. (continued on page 6)

POWERFULLY ENTERTAINING! *THAT'S DON LEWIS!*

Don Lewis Concert

Saturday, April 21, 7 – 9 p.m.,
Diablo Ballroom, Vista Club ~ \$10

Whether performing in Carnegie Hall or touring with the Beach Boys, playing concerts in European cathedrals or jazz clubs in Chicago, Don's music brings high energy, movement and interaction with his audience. Sign up at Member Services for this musical experience. For more information, please call Debbie (4204).



Farmer's Market

*Have you experienced
Trilogy's Market Place?*

Sundays, April 1, 15 & 29,
10 a.m. – 3 p.m.,
Delta Club ~ Free

Bring your neighbors and support your locally grown fresh fruits and vegetables from our own Trilogy Farmer's Market. Petrill's Produce Farmer's Market provides fresh and tasty produce along with other specialties. It's easy to keep a fresh supply of fruits and vegetables on hand without leaving Trilogy!



(continued from page 5)

The course is designed to help you:

Tune up your driving skills and update your knowledge of the rules of the road.

Learn about normal age-related physical changes, and how to adjust your driving to allow for these changes.

Reduce your traffic violations, crashes and chances for injuries.

Qualify for a possible auto insurance premium reduction or discount. Policies vary, so please consult your insurance agent.

Trilogy resident Glen King is offering this eight-hour course in two four-hour sessions (8 a.m. – noon and 1 – 5 p.m.). To register, contact Glen (3342) or grk59@frontiernet.net.

Tapestry Vocal and Handbell Ensemble ~ Special Performance

Saturday, April 28, 7 – 9 p.m.,
Diablo Ballroom, Vista Club ~ \$7

Tapestry is an arts organization devoted to high-quality entertainment for the purpose of raising funds for charitable causes. They represent a merger of several musical groups to form Tapestry. This remarkable group has toured internationally and will perform here at Trilogy by special arrangement. Sign up at Member Services for this amazing musical experience. For more information, call Debbie (4204).

Trilogy Community Garage Sale

Saturday, May 5, 9 a.m. – 3 p.m.

Everyone can participate! This year we have added an optional opportunity for sellers to highlight their street on the community map. This will help buyers find the sellers! Sellers, simply phone Member Services (4200) prior to May 1 to give your address for your block to be highlighted. The map will be emailed to residents by May 4, and made available at the Welcome Center the day of the sale to buyers visiting Trilogy. Copies will also be available at the Vista Club Saturday only. You do not have to be included on the map to sell. Nothing else has changed. There are three points all sellers must adhere to:

1. Obtain a garage sale permit for \$1 from the City of Rio Vista downtown at City Hall prior to Friday, May 4. That is a city requirement. City Hall is closed all Fridays and weekends.
2. Tie an inflated balloon to your mailbox or tree.
3. Open your garage door.

When you finish selling, remove the balloon and close your garage door. The sale is open to the public, advertised in the local papers, and flyers are distributed. Outside buyers are not granted entrance through the gates until 9 a.m., and residents are asked to postpone their shopping until 9 a.m. in consideration of sellers setting up for the sale. The semi-annual garage sales have become enormously popular with almost half the residents either buying or selling. Some villages also use the event for fundraising. Popular spring sales are tools, furniture, linens and other household items. Trilogy garage sales have become well known and attract people from surrounding areas. If you have questions, contact Activity Director Debbie Dorn (4204).

Karaoke Night ~ RETURNS NEW!

Friday May 18, 7- 8:30 p.m.,
Diablo Ballroom Vista Club ~ Free

The new Karaoke Night is specially designed for your fun and enjoyment! You may see storytellers, special dancers, and folk singers among a variety of entertainers—might one of them be you? There is open dancing, and we've put the song lyrics up on the big screen for sing-along good times! No sign-ups required. Bring your favorite beverage and come on over for a relaxed evening of spontaneous fun and entertainment. Just come ready to enjoy yourself.

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You can board the bus at Vista Clubhouse or at the corner of Summerset Drive & Summerset Road near the main gate at the yellow/black sign.

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Assessment Notice

Association Assessments are published monthly on this page of *Trilogy Living*. This is an additional vehicle for checking your current assessment. Coupons will reflect the monthly assessment for those receiving them. Those on automatic withdrawal (ACH) may check their bank statements after the 5th of the month to see the amount taken out and all members may register at www.actionlife.com to monitor their accounts 24/7. If you have questions or need help registering on-line, please call the Administrative Office (4843).

Assessments for the month:

Master Association	\$118.29
Master Association	\$80.39
(Only for original residents (<100) in a developer subsidy agreement)	
Village I	\$4.00
Village Oakmont	\$4.00
Olympic Village	\$3.50
Village Riviera	\$3.50
Saddle Rock Village	\$0.00
(None until dormancy ends)	

Club Hours – The Delta Club is open at 7 a.m. for entry with members' keys. It is open from 8 a.m. to 5 p.m. for entry without keys and from 5 p.m. until 11 p.m. for entry with keys. From 11 p.m. until 7 a.m., there is no entry. The Vista Club is open from 6 a.m. to 9 p.m.

Thank You – The Administrative Office appreciates and thanks all members who abide by the Rules and Regulations of the community.

Your Pets, Your Responsibility – If your pet leaves waste anywhere in the community including your own yard, you must clean it up as soon as possible. Please be considerate of your neighbors and have pride in your community by carrying bags with you when you walk your pets or by using the bags provided in dispensers throughout the community to pick up after your pets. To do otherwise is a violation of the Rules and Regulations. In addition, all pets must be on a leash and under control of the owner at all times.

You Might Be Missing Important Information, Electronic Notices – You are encouraged to give your email address to the Administrative Office, if you haven't already. More and more information is being disseminated through email blasts rather than tubing.

Late Charges on Assessments – If you are paying your assessments through your bank, it is recommended that you move the date of payment to the first of the month when the assessments are due. Many banks are batching payments before sending them out, so even though your account may show a payment on a particular date, the payments are not being mailed on that date. If you choose to schedule payments through your bank or mail your check after the first of the month, you are choosing to take the risk of being charged a late payment.

Parking in front of mailboxes – Parking in front of mailboxes is prohibited. Please inform your service providers not to park there either. It makes it difficult for others to retrieve their mail and also makes it difficult for staff to put flyers in the tubes.

Irrigation – Please adjust your sprinkler system to reflect weather conditions.

Welcome Center Notification: Reminder – It is your responsibility to call the Welcome Center or email them when you are expecting guests and especially when you are having a party and expecting several guests. If the Welcome Center is not notified, it is possible that your guests will be denied access to the community.

Anonymous Notes to the Administrative Office/HOA – The Administrative Office does not take any action on notes that are dropped into the HOA Box in the Delta Club hall, slid under the door, mailed and/or submitted on an Administrative Communication Form that are not signed.

Updating Your Information at the Administrative Office – It is important to let the Administrative Office know when any of your information changes including moving from one property to another within the community. (Please include address, phone, email, frequent guests, emergency contacts, etc).

Suspicious Behavior – Trilogy is a private community but not a secured one. If you observe unusual behavior that warrants a call to the police, please do so.

Dumping Trash – Putting trash anywhere in the community other than your own garbage is prohibited. This includes the dumpsters at the Delta and Vista, construction sites, empty lots and in garbage cans at the parks. Every resident is required to have garbage service. Do not put soda cans, water bottles and other trash in the doggie waste disposal receptacles under the doggie bag holders throughout the community.

Service Provider Resource at the Delta Club – There are two business card holders on the hall wall at the Delta Club. When looking for service providers, check out this area. TRVMA/HOA does not recommend any of these vendors; this is simply a resource for members.

Pets in the Clubs – Pets are prohibited in both the Delta and Vista Clubs with the exception of service dogs. Service dogs are allowed only if they have been registered with the Administrative Office and have a TRVMA identification card. They must have their vest and TRVMA card on them at all times when they are in the clubs and they must be accompanied by the person for whom they are providing a service. If you do not comply with a request from a staff member to show them the TRVMA card, you will be required to leave the club until you present it. Therapy dogs are not allowed in the clubs at any time. They are not service dogs and are not protected under the ADA.

Animals – Feeding of any domestic or wild animals outdoors is prohibited. The wild animal situation can only be controlled with the help of all members.

It's Your Money – Please help cut down on avoidable expenses by:

1. Putting down umbrellas at the bocce courts, the Delta back patio, and especially the Delta pool area when you are leaving and no one else is around. When the wind catches the umbrellas they are often damaged and must be replaced. If they are on the glass tables in the outdoor pool area, not only are they damaged but the glass table tops are shattered. This costs time of the maintenance staff who must assure that all glass is cleaned up and also the expense of replacing the table tops. The table tops and umbrellas are quite expensive.
2. Keep the plants alive! Refrain from pouring anything in the plant pots throughout the clubs. These plants are expensive to replace.
3. Several items are missing from the clubs including phones (these phones cannot be used anywhere else so it is pointless to take them) and café glasses, cups, paper towels, toilet paper etc. Please report any theft to the Administrative Office/HOA. Remember that when anyone takes something, all members pay for the replacement. We need your help in cutting down on theft.

Gardeners - Please remind your gardeners that they cannot start work before 8 a.m. and that they must bag all clippings rather than blowing them into the street, gutters and other's yards.

Architectural Applications, Important reminder - Applications must be submitted for work being done on the exterior of your home and yard. If you do not submit an application, a \$500 application fee can be charged.

Delta and Vista Pool – Family Swim Times: The Delta pool heater will remain off until May 1. The pool is still open if you are a polar bear swimmer. The Delta hot tub is heated all year. Children under the age of 18 are allowed in the pools during the hours of 11 a.m. and 3 p.m. Children must be out of the pool area by 3:15 p.m. You must accompany all guests to the pools regardless of their age.

RV/Boat Passes – You must enter through the front gate with your recreational vehicle and obtain a pass. Reminder: you may not have these vehicles in the community longer than 48 hours and they cannot be occupied while in the community. They must be parked at your home, not in any common or undeveloped areas of the community.

Golf Carts – Remember golf carts must:

- A. Yield to overtaking vehicular traffic
- B. Be operated by a person with who is at least 18 years old
- C. Be covered with sufficient liability insurance

Golf carts must obey all traffic signs that other vehicles must adhere to, including following the directional arrows in parking lots.

For Your Safety – If you walk in the street, please yield to vehicles. Often there are groups three or four people deep that make it difficult for vehicles to pass. Please wear light colors and carry a flashlight when walking or biking at night or early mornings.

Street Lights – Please call Rich Ravin at Shea Homes to report street lights that are out. You can contact him by phone at (1003) or email him at rich.ravin@sheahomes.com. Copy Morris Barr at the city public works department on your email to Rich at mbarr@ci.rio-vista.ca.us.

Adult Committee

The Adult Committee met on Feb. 23. No actions were recommended to the Master Board. The committee meets the last Thursday of every month in the Delta Club at 1 p.m. All residents are encouraged to participate in these meetings. Your suggestions, comments and/or questions can be given to any committee member, left at the HOA office, or voiced during the resident input segment of each meeting. Applications for a possible four-committee vacancy that will be effective May 1, 2012, were accepted through March 15. Applications to fill unexpected vacancies are accepted at any time. The next meeting is on April 26. For more information you may contact Barbara at bjb77@aol.com or (707) -374-5777.

Village Riviera Board News

The Riviera Board continues to deal with the feeding of wild animals. No animals should be fed outside the home with the exception of hanging bird feeders. Bird seed placed on the ground is a violation. Speaking of pets, please remember that you are only allowed two domestic pets in your home. If you choose to take them outdoors, they must be on a leash.

Electronic delivery of the Master Board agenda is saving money for all of us. If people will opt-in to receive their Master Board budget, we will be saving money, trees, and the list goes on. There is no known downside to the electronic delivery. When you are asked to opt-in to this, please accept. If you do not have email, you will still receive these items by regular mail.

The Master Board has approved the hiring of another person at the HOA Office who will be dedicated solely to working with our Architectural Review Committees (ARC) for all villages. In order to obtain a permit for work from the City of Rio Vista, you must have ARC approval first. The city made this decision to help avoid further issues.

The board voted to increase our village dues to \$4.50, which was required by the Master Board. An attorney opinion obtained regarding this increase, since it was more than the 20 percent of the regular assessment allowed per year (currently \$3.50), indicated this was acceptable under the conditions noted in the attorney opinion. This change will take place with the June 1, 2012 payment.

The topic of surveys was brought up by Barb Downs. Drive-way parking would be a question, but anything could be included in the survey. The board took a let's-wait-and-discuss-this-further approach, and hopes that folks in the village who would like a survey will come to the meetings and discuss the issue. A survey, if done at all, would not be binding to the board, just informational.

The next meeting is on May 3 at 6:30 p.m. at the Delta Club. For more information, contact Don Seyk (6407).

RESIDENTS' CLUBS

Olympic Village

Save The Date: Mark your calendar for June 2, 2012, 5-9 p.m. at the Delta Club for the famous OVRC Pasta Dinner! We'll be dishing up heaping portions of pasta cooked by our own Al and Rhoda Sbranti and their merry crew. Tickets are only \$10, and Al's pasta is awesome. This annual event is a highlight of our OVRC calendar, so watch for more news next month.

At this writing, we're still in planning mode, but the March 21 "Wine-d Up" event is sure to find some of you excited about

future plans for fun and friendship. Planning these events is part of the fun. The OVRC Board and the Social Committee have a joint meeting on the third Wednesday of each month. Join us on April 18 from 7-9 p.m. in the Monterey Room at the Vista Club. Your ideas and energy can make good things happen.

If you would like more information on these or other events (or want to volunteer, RSVP or offer ideas), call OVRC President Linda Jensen (5542). Watch for more news of meetings and planned activities in Trilogy Living and online at My Trilogy Life (MTL).

Village I

The February VORC crab feed was a huge success. In addition to the abundant food, camaraderie was at an all time high. The Rio Vista high school girls softball team did an outstanding job serving the meal. After dinner, an auction was held to sell the remaining crab and other food items. The very generous participants bid or donated almost \$600, which was given to the softball team for needed items. Food was also donated to the Rio Vista fire department. A special thank you is extended to Nancy Vickers for her organizational and implementation skills. There is already talk about next year's VORC crab feed; get your reservations in early for 2013.

The next VORC membership meeting is set for Wednesday, April 11 at 7:30 p.m. in the Delta Club. The main purpose of this meeting is to elect officers for the next club year, May 2012 through April 2013. Some of the current board members have expressed a willingness to serve one more year. We will utilize the self nomination process and we will accept nominations from the floor at the April 11 meeting for all board positions. Please contact any member of the board for additional details. This is your club, make it work for you.

Village Oakmont

Our French Toast Breakfast fundraiser was a huge success. Over 200 Trilogy Residents and friends enjoyed a delicious meal with champagne and mimosas. Thank you to Veronica Finch our VP and Social Chair and all of our volunteers for a wonderful job of organizing and running the breakfast. The decorations made spring pop all over. Our cooks, servers, bar attendants and raffle and registration teams did a fantastic job. A big thank you goes to our friends and neighbors of Trilogy for their support.

We send kudos to the organizers and participants of Music of the Night: The Era of Our Ways. We appreciate everyone who supported the bar during the three performances. We also thank the teams who worked: Vic Thiry, Ed Lavin, Andy Pestana, Paul Peterson, Ruth Joseph, Derreth Lavin, Pat Kruse, Shirley Sudduth, Jack & Ruth Rushmeyer, and

Antoinette Pestana.

Our next Social Committee meeting is on Wednesday, April 4 at 3 p.m. in the Monterey Room at the Vista Club. We will discuss our upcoming June Potluck Event. Everyone is invited to share their ideas and we welcome your help. Our next Residence Club meeting is on May 17 at 6 p.m. in the Delta Club. For more information, call Antoinette at (5154).

Village Riviera

We hardly had a winter, but judging by the tulips and daffodils, spring is here. We have not given up on the rain yet. Will April bring showers that lead to May flowers?

Beans & Bunco is over. What a hoot. We had 17 tables of screaming dice rollers who enjoyed the game, and a simple but delicious dinner and dessert in a homey setting. No one minded the prize money either.

In April, we are on to elegance, which Riviera does so well. Our next event is April In Paris on Thursday, April 19. It is a ladies luncheon. You will have a marketplace to shop in before and after the meal is served, a French-style lunch that will surely please the palate, champagne and sparkling cider to drink in addition to water and coffee, and scrumptious desserts to round out a lovely afternoon. Please see special article also in the Trilogy Living that expounds on this event. You already have your flyer if you live in Riviera. For residents of other villages, simply pick up a flyer at the Vista or Delta Clubs. We always welcome members of all villages to our events.

While the Riviera Residents' Club appears to be quiet during May, we are preparing for the ever-popular Sock Hop that is set for Saturday, June 9. You will get your flyer with details in early May. The new DJ really knows what we like, so be ready to dance the night away after a fun 50s meal (it won't hurt for one night—enjoy yourself). The new caterer comes with rave reviews, and is providing salad in addition to the burgers, dogs, chips and root beer floats. Save the date!

The Riviera Residents' Club meets the third Thursday of every month at 7 p.m. in the Monterey Room of the Vista Club. Please join an amazing group of folks who enjoy what we do and enjoy getting to know one another. If you have questions, contact President Coralie Leder at 766-7414.

Meeting Calendar

Master Association Board Meeting

Tuesday, April 10, 7 p.m., Diablo Ballroom, Vista Club

Vision Meeting

Thursday, April 19, 2 p.m., Delta Club

Adult Committee Meeting

Thursday, April 26, 1 p.m., Rio Vista Room, Delta Club

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Tues. - Fri. • 9am - 5pm

Sat. • 9am - 2pm

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Ceramics Club



Sue Carlson and her creation.

Happy spring, happy ceramics, and happy group! What could be more exciting than sharing an interest with fun ladies? We talk and laugh while we craft our way through the morning. Our meetings are every Thursday from 9:30 a.m. - 12 p.m. in the Marina Room in the Delta Club. Come and join us. We have something little that you

can start painting right away. If you would like more information, call Linda at (6978).

Council for the Arts

Oh, did we remember the music! Each night our residents gave an outstanding performance for Music of the Night: *The ERA of Our Ways*, music of the '50s, '60s, and '70s to sold out audiences. Everyone sang and danced to the wonderful music. Our thanks go to all the residents who are so talented and helped us make memories. Also, we want to thank all the volunteers who put so much time and effort into supporting this huge endeavor. The first night proceeds went to Rio Vista Community Services, the other two night's proceeds go to support of the arts here at Trilogy. A special thanks to Debbie Dubrow, the artistic director who has the special talent to be able to put this production together and see it through. What a talent this is and we should all feel grateful that this special person lives here at Trilogy. What will we do next year? Stay tuned. The next meeting of the Council for the Arts is on Thursday, April 12 at 10 a.m. in the Monterey Room at the Vista Club. For more information, contact Judy Calpo (2924).

Drama Club

Have you turned in your reservation for the Pasta Feed on Saturday, April 14? If not, you might hurry in case we haven't reached room capacity by the time you read this. Flyers for the event were included in the March Trilogy Living. You can also find them at the Vista and Delta Clubs. Just pick one up, add your check for \$12.50 per person, and drop it in box #7 at the Delta Club. The meal is served family style, and there is always plenty of delicious pasta and sauce, salad loaded with Italian-style goodies, and rolls with butter. Desserts are homemade this year, at least the cookies, that is. We don't plan to churn a crank to make ice

cream—that we will buy. This event is our only fundraiser for the Drama Club. It allows us to put on two plays a year for you so you may laugh with and at us. We appreciate and need your support.

We have already picked a play for our August performance; it's a who-done-it? But we will still make you laugh. It is just what we do. Whether we remember our lines or forget our lines, it is all fun (and you can't beat the price).

For those who join and are in the play, rehearsals start in April. We will meet every Tuesday that month. First, we will read lines. Second, we will assign roles. Third, we get serious as we get into character (and boy do we have a lot of characters). Come join us. See us perform. Support us by enjoying a meal with us and your friends at the Pasta Feed.

The Drama Club meets the last Tuesday of every month at 7 p.m. in the Marina Room of the Delta Club. If you have questions, call Drama Club President Debby DuBrow at (6706). Ciao!

Fat Quarter Quilters

Join our group to work on your own quilting project in a group setting. You'll meet new friends, share ideas, and get help with your projects. We meet every Wednesday from 12:30 – 4 p.m. at the Delta Club. There are no dues or fees. For more information, contact Esther Young (2639).

Scrapbooking Club

Where are the precious photos of your family and friends and of the special times you've enjoyed? Are they in a closet, in the garage, collecting dust under your bed, still in your computer or in your camera's memory card? Join our group to work on your own scrapbook photo album in a group setting. You will meet new friends, share ideas and get help with your projects. We can help you get started! Just bring your photos. We meet the second Thursday of every month from 10 a.m. – 5 p.m. at the Delta Club. There are no dues or fees. For more information, contact Marti Rogers (6859) or Diane Andrade (0777).

Trilogy Art Guild for Artists

April is full of display venues and juried art shows. Some of the venues for our artists include Discover Art League's Cats 'n Dogs show in Brentwood to benefit Homeless Animals' Lifeline Organization (H.A.L.O.) on March 31 and April 1 and Lodi Juried Art Show at Woodbridge Winery, April 12 and 13. This is the largest art show in Northern California. Discover Art League's Juried show April 14 to May 3. Our own April in Paris Luncheon here at Trilogy on April 19 will show some of Trilogy's art work along with some handmade items.

Reminder: for those of you who are thinking about painting these are the classes scheduled:

Sue Clanton, all levels of Watercolor Contact Anna Chunn (3560).

Gary Bergren, Oil and Acrylic contact Alma (3064).

Florence Lauzon, advanced Watercolor contact Anna Chunn (3560).

As a member of TAG, for only \$15 for the year, you will get discounted classes and entry to our annual show.

April's meeting presentation is "Maps and Messages." Ann Jacobs will show examples of ways to use mixed media on Atlas pages as a means to record your travels. Ann, a new resident of Trilogy, is known for her collage artwork, designs on silk, and assemblage constructions. Attend our meetings on the first Monday of the month and enjoy presentations, demonstrations and educational art video classes. For more information, contact Anna Chunn (3560) or Marie Aquino (5151).

Watercolor Basics

Watercolor Basics is for beginners or those returning to the medium. Class meets on Tuesday afternoon at the Delta Club. If you are interested in learning to paint with watercolor, contact Anna Chunn at (3560).

VOLUNTEER OPPORTUNITY



Discover the Delta Foundation is committed to teaching people about the Heart of California; we could not accomplish this without the help of our Volunteers. You can become an important part of our cause by donating your time and talent. Together we can accomplish things that only others talk about.

Current volunteer opportunities include:

- Wine Servers in Market Tasting Room*
- Membership Docents*
- Fundraising*
- Community Outreach*
- Market Support*
- Historians*
- Photography*
- School Program Support*
- Outside Garden Displays*
- Ground Maintenance*
- Office Support*

All volunteers are asked to commit to at least 8 hours a month and are required to go through an orientation. If you would like to join us, please email us at info@discoverthedelta.org or call (916) 777-4442.

ARE YOU A MEMBER YET?
Please visit our web site at: Discoverthe delta.org



EDUCATIONAL OPPORTUNITIES

April Computer Class Schedule

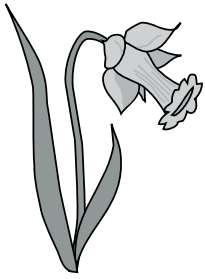
Sign up at Member Services

CLASS	DATE & TIME	INSTRUCTOR
Intro to Digital Photography	Tues., April 17, 10-noon	Michael Bouyer
Photoshop Laptop Users Only	Wed., April 18, 10-noon	Michael Bouyer
Email for Beginners	Wed., April, 18 7-9pm	Pamela Stage
Basic Computer II	Thurs., April 19, 10-noon	Sue Vogtlin
Intro to Digital Photography	Tues., April 24, 7-9pm	Michael Bouyer
Photoshop Laptop Users Only	Wed., April 25, 7-9pm	Michael Bouyer

Still Looking for Volunteer Computer Instructors. If you are interested in teaching a computer class, please call Debbie (4204).

TRILOGY HEALTH & WELLNESS CENTER

By Kathy Erwin, Fitness & Spa Director

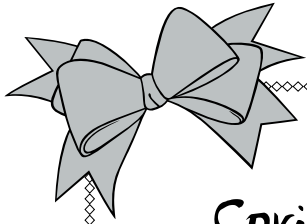


Relax, Rejuvenate and Enjoy!

Nothing helps to relax your body, renew your spirit and to restore your sense of well being quite like one of our customized spa packages. Whether you're looking for rejuvenation for yourself or the perfect gift for that special someone, you'll find just the right package here.



Fitness Director Kathy Erwin

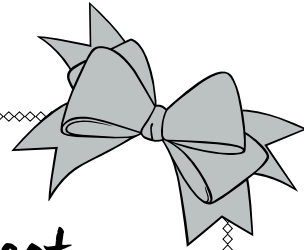


Spring Rejuvenator

*Anti-Aging Facial
that emphasizes exfoliation
and hydration.*

Normally 75 minutes for \$75

Spring Special price: \$65



Spring Retreat

2 Swedish Massages

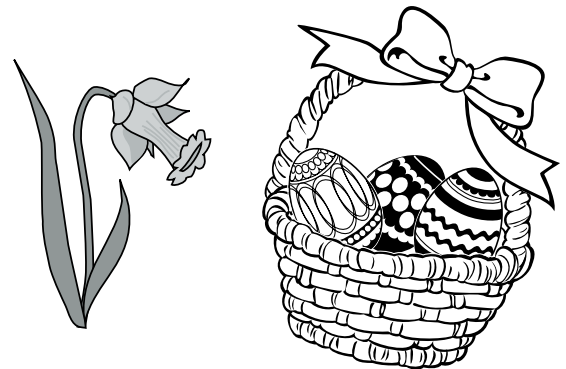
Normally 50 minutes each for \$110

Spring Special price: \$100

(Available for purchase April 1 - 30. Redeemable anytime before Dec. 31, 2012.)

Fitness Orientations

If you are new or never worked out in the Fitness Center you are required to attend one of the fitness orientations. Offered each month, the fitness orientation is only one hour long and it's **free**. It gives you an overview of the Vista Club facilities available for usage including strength training machines & Fitlinxx program, cardio machines, track, pool, fitness classes, spa and more!



Please Note: Beginning April 1st there will no longer be an Unlimited Monthly Pass. All classes require either a Trilogy Fitness Punch Card at \$60 for 20 punches or \$30 for 10 punches.

TRILOGY HEALTH & WELLNESS CENTER

BIGGEST MOVER!

Let's Move Contest!

Each participant must fill out a registration form. Once complete, participants will receive 12 Biggest Mover cards with five punches on each.

By participating you are committing to take as many classes as you wish within a 12-week period.

For every Group X class you participate in
(all classes are included in the contest)
you get one punch.

Specialty classes are worth two punches.

When your card is full, drop it off in the box
at the Member Services desk.

You may enter a maximum of 12 cards
throughout the 12 weeks.

No replacement cards are issued for lost cards.

*At the end of 12 weeks,
you could be crowned The Biggest Mover!*

First Prize:

Fitness Punch Card, Trilogy Spa Gift Certificate & Favorite Restaurant Gift Certificate
(\$100 value package)

Second Prize:

Fitness Punch Card or Spa Gift Certificate
(\$60 value package)

Third Prize:

Fitness Punch Card
(\$30 value package)

Contest runs April 2 – June 23, 2012

For more information, contact Kathy Erwin at (4205)

We are a group of Trilogy residents organized with the goal of reaching out to our Trilogy neighbors in their time of need due to sorrow, sickness, loss of a family member or other life challenges. We have many volunteers to help, be it a phone call, visit, a hot meal, a lift to a doctor's appointment, assistance in searching for social services outside of Trilogy, or just plain tender loving care. We have divided Trilogy into sections with area coordinators for each section. Please contact your area coordinator if a need arises, either for yourself, or any other Trilogy resident. Your coordinator will contact the volunteer committee best suited to help with your problem.

Olympic Village

Olympic Village Kare Bears is here for you! Some things such as a nice meal, someone to talk to, or someone to drive you to an appointment can make all difference when you are experiencing a difficult time. Don't hesitate, we are here for you! If you need assistance, please contact Marian Maksimowicz (5020) or Mackie Webster (5837).

Village 1

Our next meeting is on Wednesday, April 11 at 10 a.m. at the Delta Club Library.

All residents are welcome to join us and see what Kare Bears is all about. We are looking for new coordinators to fill vacant areas. Your cooperation is appreciated. Refreshments will be served. For more information, contact Sandy Mariant (5232).

Village Oakmont

A zillion thanks to our wonderful group of Oakmont Kare Bears! We elected our new slate of officers: President - Virginia Albertson, Secretary - Elaine Juhola, Co-Secretary - Charlene Oxoby, Treasurers- Marti Rogers & Patty Evans, and Publicity - Joyce Curry-Takara. We are thankful that we have such a willing and enthusiastic group of people who truly care about their neighbors' well being.

We had a busy month in March with our luncheon at the Senior Center where we showed our support for Meals on Wheels. We also had a get-together with Village 1 Kare Bears. If you are a Village 1 resident, we need your help! Your neighbors have unmet needs and you are needed. Reach out today and offer your help to Sandy Mariant (5232).

FAMILY SUPPORT COMMITTEE

The Family Support Committee organizes memorial services for family members who incur the loss of a Trilogy member. For more information, please call Chairperson Claudette Gartner (707) 439-6116, xbirdlady@myifp.com, Coordinator Barbara Sherison (6845) or Betty Bowley (5613).

The outreach of Trilogy Kare Bears to our neighbors is an invaluable gift that will bless you richly. Need more information? Read the Kare Bear section on page 16 of the Trilogy Living March issue. A mental health seminar on depression will be held in the spring, so keep a look out for the date.

Our next meeting is on Wednesday, April 11 at 10:15 a.m. Come early for refreshments. Trilogy Kare Bear leaders continue to meet with the Faith in Action advisory committee as we maximize our outreach efforts of neighbors helping neighbors.

Village Riviera

Our last meeting was enjoyable and fruitful, as always. Several new members were in attendance. One item that was brought to the forefront was the desire to add a few volunteers to the list of people who are able to supply a meal to someone in need. Although the occurrence is rare, additional back-up is helpful in the instance that one of the current volunteers is on vacation or otherwise unavailable on short notice. The meal situation is a great illustration of the theory to which we adhere: "small effort by many equals big benefits to the few." It was wonderful to see the Kare Bears featured in the March Trilogy Living; however, one small anomaly became apparent while looking at the cover photo: There were no papa bears. Although not devoid of men, men are in the minority and all the members feel that a better balance would be positive. It would be wonderful if a few more gentlemen, individually or with a spouse, join us on April 9 at 10 a.m. in the Delta club. Beware; we will ply you with fine foods and kind words! For additional information, contact Myra at (3660) or Valerie at (6942).



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Date: April 26, 2012

Time: 11:00 AM

Place: The Nines Restaurant
1000 Summerset Drive, Rio Vista

RSVP: to Laura @ 707.434.0160 by 4/20/12



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Billiards Club

The next Billiards Club meeting is on Wednesday, April 4, at 7 p.m. in the Monterey Room of the Vista Club. Tuesday Evening's tournament start times are 5 p.m. The first and third Tuesdays the format is 8-ball round robin with no handicaps for B players. The second Tuesday of the month the format is handicap 9-ball with a round robin format. In order to win, a player must beat his opponent two out of three games. The club has made a list of B players and for that Tuesday evening, the B players will get a one-game handicap while playing an A player. The B player only needs one win in three games while competing against an A player.

The format for the fourth Tuesday is 8-ball. The club will split the tournament into A & B players. There will be a first and second place winner in each group.

The fifth Tuesday is 9-ball with no handicap for B players.

Officers: President Al Bergoust, Vice President Joe Mattos, Treasurer Jack Clark, Secretary Dallas Salomon, and Membership Chairman Dave Stewart.

Latest weekly tournament winners

February 7, 8-Ball February 14, Handicap 9-Ball

1st Oscar Grissom 1st Dave Stewart

2nd Al Bergoust 2nd Al Bergoust

February 21, 8-Ball

1st Ben Bautista

2nd Dave Stewart

3rd Al Bergoust

February 28, 8-Ball A & B

A Division

1st Al Bergoust

2nd Oscar Grissom

B Division

1st Percy Osibin

2nd Diego Cassone

For more information regarding the Billiards Club, please contact Oscar Grissom at crpntrboy@aol.com.

Bingo Club

Mark your calendar for the fourth Friday of the month (April 27) for bingo at the Delta Club. Games begin promptly at 7 p.m. Buy-in for each person is \$10 for 12 games. We have one early bird special: one card for \$1 and an extra blackout card for \$1. The prize money for each game is \$50 and the blackout prize is \$250. Bring a friend; the more players we have the more money we give away! This month we are playing good neighbor money (if your neighbor wins, you also get money.) For more information, call Irene (6999).

Bocce Club

The Bocce Club will host 16 morning and 20 night teams in 2012 and has over 400 members. The Morning Bocce League (MBL) and Night Bocce League (NBL) are both planning end-of-season socials. The MBL will also continue its mid-season celebration but will make it a Bring-Your-Own-Team-Stuff event. Dates, times, and details will be noted on the formal play schedule. The board is hosting two training sessions for new players on Saturday, March 31 and Sunday, April 1 at 10 a.m. to 12 p.m. at the Summerset courts.

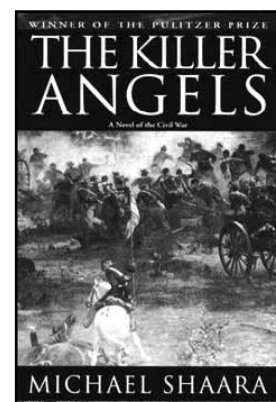
Opening play dates are Tuesday April 10 for the MBL and Thursday April 12 for the NBL. The first Saturday of play is April 14 and will feature Trilogy's own Long Island Larry and his hot dog stand as part of the season's opening festivities at the Summerset courts. All members are invited to join in the fun. We hope to see you on and at the courts.

We have scheduled two full rounds for both leagues. The teams with the best records will be declared league champions. In order to fill out the MBL's schedule we are planning a seven-match June Madness Fun Round that will not impact the two round league standings. We are also planning a one-day self funding competitive fee tournament for those who want a little more excitement. More details to follow.

Hopefully, as you read this article the new Cypress shade covers are providing the intended shade and comfort. They were constructed by club members and funded 50/50 by your club dues and the Master Association. Remember to roll often, roll straight, and have fun, that's what it's all about. For more information, contact Joe Downes (7520).

The Book Club

The Book Club meets the second Tuesday of each month in the Sonoma Room at the Vista Club at 10:30 a.m. The next meeting is on April 10. The book selection is *The Killer Angels* by Michael Shaara. May's book selection is *The Forsaken* by Tim Tzouliadis. There is no requirement to have read the selected book. Everyone is welcome to join. For more information, contact Adrienne at (5576). Happy Springtime!



(continued on page 26)

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Terri Anisko
707-374-6277



TRIPS AND TOURS

All trips are operated by an outside company and are not associated with Trilogy Rio Vista Master Association. Trilogy Rio Vista Master Association is not liable for any trips or tours.



**Ethel Ott
(Cupcake)
and
Eileen Griffin
(Twinkie)**

April 2, Daffodil Hill Trip, Sold Out

April 28–May 13, Hawaii Cruise, Wait List Only

May 29, Gambler's Special, Cache Creek, \$30/pp You'll have four hours to "stay and play" at this popular resort casino in Brooks, CA. and you will receive a \$15 bonus package.

June 10, Golden Gate Fields Turf Club, \$62/pp Always a popular day to watch the ponies run and enjoy a

hearty buffet luncheon in the Upper-Level Turf Club.

July 3, A's Baseball, Dinner & Fireworks, \$69/pp Seating in the Plaza Club behind home plate and your choice of dinner in the food court/bar area behind the Plaza Club. Fantastic fireworks display overhead after the game!

July 19, Ethel's Mystery Trip, Tour and Lunch, \$69/pp

August 23, Gambler's Special, TBA, \$30/pp You will have five hours of "stay & play" with a bonus package of an estimated \$15/pp.

September 5-7, Reno & Virginia City, \$272/pp Highlights of this three day, two night trip include Apple Hill fritters, a loop tour and BBQ at High

Hill Ranch, a scenic ride through back country roads and around Lake Tahoe on our way to Reno. We'll see the "Oh What a Night" dinner show, a musical tribute to Frankie Valli and the Jersey Boys and we'll spend a morning at the Carson Railroad Museum with an excursion on an authentic steam train between Carson City and Virginia City. We'll have time for lunch and shopping in the historic, old western town of Virginia City, and plenty of free time in downtown Reno for testing your skills with "Lady Luck."

**For further information and/or sign-ups
Call Ethel (374-7548)
or Eileen (374-2684).**



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10:00AM to 12:00PM

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TrilogyLiving

Fitness Class Schedule for April 2012

All classes require either a Trilogy Fitness Punch Card at \$60 for 20 punches or \$30 for 10 punches. Each class requires one punch **except** Specialty Classes, which require two punches. Get your cards at the Member Services Desk. Please call Fitness Spa Director Kathy Erwin at (4205) if you have questions. All classes are held in the Vista Group Exercise Studio unless otherwise noted. **Beginning April 1 All Group Ex Land & Water Classes must hold a minimum of 8 participants (Average) per month to remain on the calendar. Optional - Participants may double punch.** Last Month’s Card Raffle Winner: **Linda Lavin**

April Fitness Orientations: Sat., April 14, 11 a.m., and Wed., April 25, 6 p.m.

Key
Bold = New/Change
Italic = Specialty Class
= Free Trial Class
(B)eginning (I)ntermediate (A)dvanced

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 7:30-8:30 am. STEP Aerobics (B/I) (GX) (Pat) 8:30-9:30 am. Workout w/ Weights (B) (GX) (Pat) 9:00-10:00 am. Yoga/Pilates (B) (DB) Deanna 9:30-10:30 am. Wake-up & Move (B/I) (RV) Anna 9:30-10:30 am. Aqua Fit (B) (VP) Denise 9:45-10:30 am. Core Balance & Standing Abs (B) (GX) Sophie 10:00-11:00 am. Meditation Breathing (B) (DB) Deanna 10:30-11:30am Advanced Aqua (B/I/A) (VP) Kathy 10:30 -12:00 pm. ZUMBA “Power 90” (B/I) (GX) Sophie 12:00-1:00pm. ZUMBA Gold (B/I) (GX) Sophie 3:00-4:00 pm. Balance Basics (B) (GX) Susan 4:00-5:00 pm. Stretch & Flex (B) (GX) Susan 6:30-7:30 pm. Yoga/Pilates (B/I) (DB) Deanna	3 8:00-9:00 am. Dance Aerobics (B) (GX) Joele 9:00-10:00am. Dance 101 (B) (GX) Joele 9:30-10:30am. Aqua Fit (B) (VP) Denise 10:00-11:00 am. Simply Stretch (B) (GX) Joele 11:00-12:00 pm. Arthritis Program (B)(GX) Beverly 1:00-2:00pm Sit & Get Fit (B) (GX) Beverly <i>3:00-4:00 pm. Aqua Joint (B) (VP) Beverly</i> 6:00-7:00 pm. Relax, Let Go! (B/I) (SR) Anna	4 7:00-8:00 am. Early Yoga (B) (DB) Tammy 7:30-8:30 am. Low Impact (B/I) (GX) Pat 8:30-9:30 am. Workout w/ Weights (B/I) (GX) Pat 9:00-10:00 am. Yoga/Pilates (B) (DB) Deanna 9:30-10:30 am. Wake-up & Move (B/I) (RV) Anna 9:30-10:30am Dance Aerobics (B) (GX) Joele 9:30-10:30 am. Aqua Fit (B) (VP) Denise 3:00-4:00 pm. Circuit Training (B/I) (FC) Susan 4:00-5:00 pm. Stretch & Flex (B/I) (GX) Susan	5 8:00-9:00 am. Dance Aerobics (B) (GX) Joele 9:00-10:00 am. Tai Chi (B/I) (DB) Lillian 9:00-10:00 am. Dance 101 (B) (GX) Joele 9:30-10:30 am. Aqua Fit (B) (VP) Denise 10:00-11:00 am. Simply Stretch (B/I) (GX) Joele 10:30-11:30am Advanced Aqua (B/I/A) (VP) Kathy 11:00-12:00 pm. Arthritis Program (B) (GX) Beverly 1:00-2:00pm Sit & Get Fit (B) (GX) Beverly <i>3:00-4:00 pm. Aqua Joint (B) (VP) Beverly</i>	6 7:00-8:00 am. Early Yoga (B) (DB) Tammy 7:30-8:30 am. Step Aerobics (B/I) (GX) Pat 8:30-9:30 am. Workout w/ Weights (B/I) (GX) Pat 9:00-10:00 am. Yoga/Pilates (B) (DB) Deanna 9:30-10:30 am. Aqua Fit (B) (VP) Denise 9:45-10:30am Core Balance & Standing Abs (B) (GX) Sophie 10:30-12:00 pm. ZUMBA Power 90 (B/I) (GX) Sophie 12:00-1:00 pm. ZUMBA Gold Beginners (B/I) (GX) Sophie	7 8:30am STEP Aerobics 11:00-12:30 pm. ZUMBA (B/I) (GX) Sophie/Jennifer
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TrilogyLiving

April 2012 Club and Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10am – 3pm Farmer's Market (D)	2 7am Social Tennis 8:30am Walk & Talk (V) 9am Watercolor Painting (D) 1pm Rip, Stitch & Bitch (V) 1pm Mah-jongg (V) 2pm TAG Mtg. (D) 3pm Village Oakmont Arch. Com. (D) 6pm Soul Line Dancing (D) 7pm Poker (D)	3 7am Social Tennis 8:30am Radio Club (V) 9am Golf - Women's 9-Hole 10:30am Country Line Dancing (D) 11:30am Golf - TRVMEN 9-Hole 12:15pm Canasta - Hand and Foot (V) 12:30pm Watercolor Painting (D) 12:30pm Dominoes (D) 1pm Stroke, Head Injury Support Group (V) 5pm Table Tennis (D) 5pm Billiards Club Tournament (V) 6pm Tai Chi & Yuan Chi Dance (V) 7pm Drama Club Rehearsal (D)	4 7am Social Tennis 8am TOPS (D) 8:30am Walk & Talk (V) 9:30am Bridge Lessons (V) 10am Stained Glass (D) 12:30pm Fat Quarter Quilters (D) 1pm Vill. Riviera Arch Com. Mtg. (D) 2pm Bergren Art (D) 2pm Card Class (D) 2:30pm Jazz Band (V) 3pm Village Oakmont RC Social Com. Mtg. (V) 4:30pm Table Tennis (D) 6pm Soul Line Dancing (D) 7pm Billiards Club Mtg. (V)	5 7am Social Tennis 8:30am Golf - Women's 18-Hole 9:30am Ceramics (D) 12:15pm Canasta - Ponytail (V) 1pm Card Stamping (D) 1pm Good Samaritans (D) 2pm Genealogy Club (V) 5pm Table Tennis (D) 5pm Cycling Club (V) 6pm Tai Chi & Yuan Chi Dance (V) 6pm Pinochle (V) 7pm Photography Club (V) 7pm Drama Club Auditions (D)	6 7am Social Tennis 8:30am Walk & Talk (V) 9am Model Club (V) 9am Beginning Oils (D) 9am Village 1 Arch. Com. Mtg. (V) 12pm Bridge (V) 12:30pm Watercolor Painting (D) 4pm Beginners Ballroom Dancing Lessons (V) 5pm Advanced Ballroom Dancing Lessons (V)	7 8am Motorcycle Club (Off-site) 8:30am Hiking Club Hike (V) 11am Table Tennis (D)
8	9 7am Social Tennis 8:30am Walk & Talk (V) 9am Watercolor Painting (D) 10am Kare Bears – Village Riviera (D) 12:15pm Bridge - Duplicate (V) 1pm Rip, Stitch & Bitch (V) 6pm Soul Line Dancing (D) 7pm Poker (D)	10 7am Social Tennis 8:30am Radio Club (V) 9am Golf - Women's 9-Hole 10:30am Book Club (V) 10:30am Country Line Dancing (D) 11:30am Golf - TRVMEN 9-Hole 12pm Recipe Club (offsite) 12:15pm Canasta - Hand & Foot (V) 12:30pm Watercolor Painting (D) 5pm Billiard Club Tourn. (V) 5pm Table Tennis (D) 6pm Tai Chi & Yuan Chi Dance (V) 6pm Grapevine Chat (V) 7pm Master Assn. Meeting (V) 7pm Drama Club Rehearsal (D)	11 7am Social Tennis 8am TOPS (D) 8:30am Walk & Talk (V) 9am Olympic Village Arch. Com. Mtg. (D) 9:30am Bridge Lessons (V) 10am Stained Glass (D) 10am Kare Bears – Village Oakmont (D) 10am Kare Bears – Village I (D) 12:30pm Fat Quarter Quilters (D) 2pm Bergren Art (D) 2pm Card Class (D) 2:30pm Jazz Band (V) 4:30pm Table Tennis (D) 6pm Soul Line Dancing (D) 6:30pm Nature Club (V) 7:30pm Village I RC Mtg. (D)	12 7am Social Tennis 8:30am Golf - Women's 18-Hole 9am Blood Pressure Check (D) 9am – 1pm AED/CPR/ First Aid Class (V) 9:30am Ceramics (D) 10am Scrapbooking (D) 10am Council for the Arts (V) 12:15pm Canasta - Ponytail (V) 1 – 3pm Advanced Hearing Aid Service (V) 1pm Good Samaritans (D) 2:45pm Disaster Preparedness Mtg. (V) 4pm Golf - Sr. Men's Board Mtg. (D) 5pm Table Tennis (D) 6pm Tai Chi & Yuan Chi Dance (V) 6pm Pinochle (V)	13 7am Social Tennis 8:30am Walk & Talk (V) 9am Beginning Oils (D) 12pm Bridge (V) 12:30pm Watercolor Painting (D) 4pm Beginners Ballroom Dancing Lessons (V) 5pm Advanced Ballroom Dancing Lessons (V) 7pm Bunco (D)	14 8:30am Hiking Club Mtg. & Hike(V) 6pm Drama Club Pasta Feed (D)
15 10am – 3pm Farmer's Market (D) 7pm Ballroom Dance Club Dance - Easter Parade (V)	16 Tax Day! 7am Social Tennis 8:30am Walk & Talk (V) 9am Watercolor Painting (D) 10am Council of Village Presidents (D) 1pm Rip, Stitch & Bitch (V) 1pm Mah-jongg (V) 3pm Village Oakmont Arch. Com. (D) 5pm Whist Club Event Planning (V) 6pm Soul Line Dancing (D) 7pm Fishing Club (D) 7pm Poker (D)	17 7am Social Tennis 8:30am Radio Club (V) 9am Golf - Women's 9-Hole 10am Computer Class - Intro to Digital Photography (V) 10:30am Country Line Dancing (D) 11:30am Golf - TRVMEN 9-Hole 12:15pm Canasta - Hand & Foot (V) 12:30pm Watercolor Painting (D) 12:30pm Dominoes (D) 5pm Table Tennis (D) 5pm Billiards Club Tournament (V) 6pm Tai Chi & Yuan Chi Dance (V) 7pm Computer Club (V) 7pm Drama Club Rehearsal (D)	18 7am Social Tennis 8am TOPS (D) 8:30am Walk & Talk (V) 9:30am Bridge Lessons (V) 10am Computer Class - Photoshop for Laptop Users (V) 10am Stained Glass (D) 12:30pm Fat Quarter Quilters (D) 1pm Vill. Riviera Arch Com. Mtg. (D) 2pm Bergren Art (D) 2pm Card Class (D) 2:30pm Jazz Band (V) 4:30pm Table Tennis (D) 6pm Soul Line Dancing (D) 7pm Olympic Village RC Mtg. (V) 7pm Computer Class - Email for Beginners (V)	19 7am Social Tennis 8:30am Golf - Women's 18-Hole 9:30am Ceramics (D) 10am Computer Class - Basics of Computers II (V) 11am Dog Club (D) 12pm Village Riviera Ladies Lunch (V) 12:15pm Canasta – Ponytail (V) 1pm Good Samaritans (D) 2pm TRVMA Vision Mtg. (D) 2pm Genealogy Workshop (V) 4pm Golf – Sr. Men's Mtg. (D) 5pm Table Tennis (D) 6pm Tai Chi & Yuan Chi Dance (V) 6pm Pinochle (V) 7pm Village Riviera RC Mtg. (V)	20 7am Social Tennis 8:30am Walk & Talk (V) 9am Village I Arch. Com. Mtg. (D) 9am Beginning Oils (D) 12pm Bridge (V) 12:30pm Watercolor Painting (D) 4pm Beginners Ballroom Dancing Lessons (V) 5pm Advanced Ballroom Dancing Lessons (V) 7pm Whist Club (D) 7pm Comedy Night with Bubbles Brown (V)	21 8:30am Hiking Club Hike (V) 11am Table Tennis (D) 7pm Don Lewis Concert (V)
22 12 – 3pm Dog Club Event (V) 6pm SF Club Potluck (D)	23 7am Social Tennis 8:30am Walk & Talk (V) 9am Watercolor Painting (D) 1pm Mah-Jongg (V) 1pm Rip, Stitch & Bitch (V) 5pm Whist Club Event Planning (V) 6pm Soul Line Dancing (D) 7pm Poker (D)	24 7am Social Tennis 8:30am Radio Club (V) 9am Golf - Women's 9-Hole Mtg. (V) 10:30am Country Line Dancing (D) 11:30am Golf - TRVMEN 9-Hole 12:15pm Canasta - Hand and Foot (V) 12:30pm Watercolor Painting (D) 5pm Table Tennis (D) 5pm Billiards Club Tourn.(V) 5pm Grapevine Chat 6pm Tai Chi & Yuan Chi Dance (V) 7pm Drama Club Mtg. & Rehearsal (D) 7pm Computer Class - Intro to Digital Photography (V)	25 7am Social Tennis 8am TOPS (D) 8:30am Walk & Talk (V) 9:30am Bridge Lessons (V) 10am Stained Glass (D) 10am Olympic Village Arch. Com. Mtg. (D) 12:30pm Fat Quarter Quilters (D) 2pm Bergren Art (D) 2pm Card Class (D) 2:30pm Jazz Band (V) 4:30pm Table Tennis (D) 6pm Soul Line Dancing (D) 7pm Computer Class - Photoshop for Laptop Users (V)	26 7am Social Tennis 8:30am Golf - Women's 18-Hole 9:30am Ceramics (D) 12:15pm Canasta - Ponytail (V) 1pm Adult Committee Mtg. (D) 1pm Good Samaritans (D) 5pm Table Tennis (D) 6pm Tai Chi & Yuan Chi Dance (V) 6pm Pinochle (V)	27 7am Social Tennis 8:30am Walk & Talk (V) 9am Beginning Oils (D) 9:30am Tennis Club Mtg. (D) 10am Kare Bears Mental Health Workshop (D) 12pm Bridge (V) 12:30pm Watercolor Painting (D) 4pm Beginner Ballroom Dancing Lessons (V) 5pm Advanced Ballroom Dancing Lessons (V) 7pm Bingo (D)	28 8am - 5pm AARP Driver Safety Course (V) 8:30am Hiking Club Hike (V) 9am – 3pm Table Tennis Tournament (D) 7pm Tapestry Performance (V)
29 10am – 3pm Farmer's Market (D)	30 7am Social Tennis 8:30am Walk & Talk (V) 9am Watercolor Painting (D) 1pm Mah-Jongg (V) 1pm Rip, Stitch & Bitch (V) 3pm Village Oakmont Arch. Com. (D) 5pm Whist Club Event Planning (V) 6pm Soul Line Dancing (D) 7pm Poker (D)					

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(continued from page 18)

Bridge - Duplicate

Duplicate Bridge meets the second Monday of each month at 12:15 p.m. in the Sonoma Room at the Vista Club. Please mark your calendars for our game on Monday, April 9. All Trilogy residents who are interested in playing duplicate bridge are welcome. If you need a partner; we'll find one for you. Please contact Sue (6136).

February's results: 1st - Jean Corwin and Mary Slick; 2nd - John Shick and Feliza Senduk; 3rd - Lois Brusen and Sue Vogtlin.

Dog Club

Spring is here and the weather is beautiful. As a result, we are walking our dogs more often. As it gets warmer, try to walk early in the morning or in the evening and remember mosquito repellent for both you and your dog. Wipes work very well and don't seem to have as much odor as the sprays nor does it get in their eyes. If your dog has a short haircut for summer it is especially important. Dogs are prone to bug bites like us and this can be the cause of intense scratching. Allergies can also be a problem when the pollen is high and everything is in bloom.



If sneezing, coughing, and excess scratching becomes a problem you might ask your veterinarian about medication. Avoid administering human allergy pills since they are not formulated for dogs. The Dog Club is preparing for our big event on April 22, from 12-3 p.m. at the Vista lawn and patio. There will be games, contests, vendors, and more. Bring your dogs and join in play spectator. We need volunteers to help with this event. If you would like to help, email Linda Solomon at heunique@comcast.net. We have been growing by leaps and bounds and expect many more to join us in the coming months. We have been instrumental in reuniting a few dogs with their owners and even a cat. The owner was thrilled to get her

beloved back. He had a collar and tags and normally lived inside the house but a visitor left a door open by mistake. This can happen to anyone. If you are a part of our Trilogy database, it is much easier to get your dog back where he belongs without getting the pound or the Member Services involved. If you find a dog, contact Linda Solomon at (707) 225-6880 or heunique@comcast.net, or Karen Bereta at (3505) or kbereta@frontiernet.net. If you would like to join us, send \$10 to Georgette Hall at 500 Anglebrook and you will receive a membership card that will entitle you to discounts at Pets 4 All and Bubbles and Bows. Our next meeting is on April 19 at 11 a.m. at the Delta Club.

Fishing Club

Our next meeting is Monday, April 16 in the Marina Room at the Delta Club at 7 p.m. We will have a guest speaker. We are planning our San Francisco Bay party boat trips. We are also scheduling our group trout lakes bank fishing trips. Plans for our annual barbecue/picnic will also be discussed. Expect our usual coffee, tea and cookies. Hope to see you there. Everyone is welcome to join the Fishing Club. We have great events throughout the year. For more information, call Al Silva at (3791).

Genealogy Club

Our March meeting was a great success with the attendance of five new members and 12 regulars. We were happy to welcome Barri Lyon, Cyndy Schroeder, Byron Lockhart as well as Glen and Lupe Skalberg to our group. Our monthly meeting continues to grow in attendance, which allows us the opportunity to exchange information and investigate different sources for those hard to find ancestors. Diane Gomes mentioned that Ancestry.com is having a special promotion of \$49 per month for six months. Barri Lyon mentioned that her family history included a Cherokee Indian Roll number. For those in the group who research Indian Territory/Oklahoma and the connecting states know this is a rare occurrence. Bob Azbell and Susan Hulse brought in DNA results from their individual family searches.

It's here! The 1940 Census was released Monday, April 2, 2012 at 9 a.m. PST. We are so excited to finally have access to this census. It will have the standard questions but will also include income, occupation, where people lived five years prior, and indicate who answered the questions and also indicate whether employed with public emergency work such as the WPA, NYA, or CCC. In order to find your relatives you will need to know the state, county and possibly the enumeration district (ED) number.

(continued on page 28)



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(continued from page 26)

Our workshop for Thursday, April 19, is in the Learning Center at Vista Club and we will review the various research sites and of course Ancestry.com. Make a list of the people you want to look for, collect addresses for those people (check the 1930 census and city directories). You may also need the ED from the census and may have to check their WWII draft records for addresses.

The Genealogy Club is open to all Residents of Trilogy. There is no fee to become a member. Our regular club (continued from p. 26) meetings are the first Thursday of every month at 2 p.m. in the Vista club Monterey. Our Genealogy Workshop is held the third Thursday of each month at 2p.m. at the Vista Club. For more information, contact Rhoda at (7542).

Good Samaritans

For the month of April, the Good Samaritans are teaching on the Resurrection of Jesus Christ. The teachings include: Jesus and the disciples have the Last Supper, Jesus is betrayed and arrested, Jesus is led away to be crucified, Jesus dies on the cross, and the seven last words of Jesus on the cross. The seven last words will be taught from the Bible in Luke 23:34, 23:43, 23:46; John 19:26-27, 19:28, 19:30; and Matthew 27:46.

The Good Samaritans are encouraged by many residents of Trilogy including the sick and shut-in to teach the word of God. The Good Samaritans Bible Study meets every Thursday at 1 pm. in the Marina Room at the Delta Club. Everyone is welcome to attend and no membership is required. For more information and prayer requests you can e-mail our group at goodsamaritansbiblestudy@hotmail.com.

Scripture of the month: Romans 10:8-10

Men's Executive Nine

We had two tournaments in February. The Kansas Scramble-designated putter tournament was won by the team of Greg Szody, Al Shaver and John Issac. The Shamble best two scores was won by the team of John Issac, Al Shaver, Bill Price and Dale Moore. Congratulations to the winners and thanks to all who participated.

Golf cart maintenance service is scheduled for the weekends of April 7 and April 21. Sign-up sheets are in the pro shop. Our club plays every Tuesday starting at 11:30 a.m. We have two tournaments each month and the other Tuesdays are straight golf. The April 10 tournament is a four-ball (best low net on each hole is team score) and on April 24 the tournament will be a High/Low net four-man team



event. Watch for the sign-up sheets and join in the fun.

Our club had its quarterly meeting on March 20. See the meeting minutes if you did not attend as several important issues were discussed.

If you are interested in joining our nine-hole golf club, pick up an application form in the posting room or contact membership chairman Dick Talbott at 225-0077.

Model Club

The Model Club is looking forward to an exciting spring and summer schedule. Besides the Garden Railroad that you all know about, we are looking forward to sailing in Vista Lake with both sail and electric motor radio controlled boats. As with most of our activities we are very weather dependant. For sailing information, contact Rod Skillen.

Our flying group has formulated a plan to operate radio controlled aircraft without concern of the wind. We are making preparations to fly model helicopters inside one of the Rio Vista hangers. Just think how impressed your grandkids will be when they learn you are taking up a new sport. Tom Moore is our flying group leader.

For land tours, we are taking a guided tour of the Aircraft Museum in Travis Air Force Base. Gerry Nolan is the coordinator of this trip, and it has been very informative to learn about both the past, as well as the future of this great facility. We are also scheduled to make a trip to the battleship Iowa BB 51, soon to be moved to San Pedro, California and placed on permanent exhibit.

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fifth of the month prior to the
month of publication.

Presently, it resides at the Richmond shipyard undergoing repairs.

We are also planning one of our famous John Harder tours to San Francisco for historical entertainment and a great lunch. John usually starts our monthly meeting with a slide show of events around the bay area that have a historical nature. John puts many hours into these shows using his library of thousands of images of the area ranging from the 1910s to the present time.

For more information, contact Club President John Harder (3646). Join us at our monthly meeting, the first Friday of each month in the Vista Monterey Room.

Motorcycle Club

Trilogy Motorcycle Club riders meet the first Saturday of every month for an all-day ride. The March 3 ride could not have started off any better. A beautiful clear 39-degree day, 11 bikers and 13 riders geared up for the crisp, cold weather and headed west per a suggestion from Larry Nelson. The objective was a favorite destination on the coast at the Tide Restaurant in Bodega Bay. The ride took



Motorcycle Club: Bodega Harbor. Left to right: John Oakley, Bill De Manicor, Dodi and Jack Phifer, Dottie Dale, Mike Goulet (new rider), Jerry Dale, Wil Bridges, John Harville, Larry Nelson, Bob Pastrino and Bob Azbell.

us through Petaluma wine country dotted with fields and vineyards turning green and huge splashes of yellow mustard flowers covering the hillsides. After lunch, we rode out to Bodega Head for a quick look to see if we could spot any migrating whales. None were seen; however, one rider was sure it was clear enough to see China.

The return ride brought us south down Hwy 1 to Valley Ford Road and to a quick stretch break in Petaluma. Several riders stopped for a coffee and end-of-day debriefing at Starbucks in Suisun. About a 205 mile trip over lazy highways made for a relaxed and enjoyable ride.

We invite other motorcycle riders in Trilogy to join us on any of the monthly rides. The next ride meets at McDonald's in Rio Vista on April 7 at 8 a.m. The destination is to be determined based on weather. For more information, contact Bob Pastorino at (6556) or Larry Nelson (2967).

"People are like motorcycles: each is customized a bit differently."- Author Unknown

Nature Club

The next meeting of the Nature club is on Wednesday, April 11, 2012 at 6:30 p.m. in the Monterey Room of the Vista Club. Audubon Ranch field trip has been canceled for May 5. A replacement field trip will be scheduled at a future date.

Photography Club

For the March Photography club meeting, rather than reviewing the members' prints, the images were projected using a 1080p projector. We will project the images for the April meeting when a remote for the projector is available to quickly adjust the projector. Images may be brought to the meeting on a USB flash drive or emailed to rjfreem@frontiernet.net. The meeting is available to all residents of Trilogy.

Radio Club

It is time to start spring-cleaning. The Radio Club is about to embark in a review of the equipment status of our communications sites. We have a communications set in the Welcome Center. This is our primary equipment to provide emergency communications throughout Solano County. In an emergency, if we find ourselves unable to communicate by phone or Internet, these systems will provide your emergency back-up. We can also respond to emergency communications by way of county-owned radio equipment stationed in the Rio Vista Fire Station. We have back-up antenna systems in the Delta and Vista Clubs. This spring, we will exercise and evaluate each of these radio communication sources.

Additionally, by way of the Disaster Preparedness Group formed here in Trilogy, We have Family Service Radios, which can be used within our community.

Additional information can be obtained by attending the weekly Radio Club meeting held each Tuesday in the Vista Club Monterey Room at 9 a.m. for informal discussions over a cup of coffee. The formal meeting starts at 10 a.m. For more information, contact Dean Lattman at (3967).

Recipe Club

Our April 10 meeting is a tour and luncheon. We will meet in the Delta parking lot at 10:45 a.m. and carpool to California Vegetable Specialties for a tour of the endive plant and then travel to Phillips Farms in Lodi for lunch. If you are interested in attending, please respond by Saturday, April 7. It is very important to have an accurate count for both the tour and luncheon. Please mention if you are available to drive. Contact Patty LaFleur (3159).

Monthly tip: When making recipes for egg salad or deviled eggs, which call for several hard-cooked eggs, loosening and removing the shells can be a time-consuming process, but there is a quick way to get the job done. After draining the hot water from the pot used to cook the eggs, shake the pot back and forth to crack the shells. Add enough ice water to cover the eggs and let cool. The water seeps under the broken shells, allowing them to be slipped off without a struggle. Eggs that are several days old peel easier than fresh eggs.

Rio Vista Roamers RV Club

In February, Ron and Pauline Crews took us to the Riverboat on Brannan Island for an early Valentine's Day brunch. The buffet that was prepared for our group was absolutely delicious. This restaurant was a great choice by Ron and Pauline and we thank them.

We finally hit the road again in March. On March 19-22, Gary and Sharon Frederick took us to River Point Landing in Stockton. This was a new spot for our club; more about our great time next month.

April 16-19 will find us at Marina Dunes RV Park in Marina and the cost will be \$40 per night. Tom and Noel Moore (5772) will be hosting and will need a \$40 deposit to secure your reservation by March 10. The beach, Point Lobos, Carmel, and all the activities on Canary Row in Monterey are close by.

French Camp is on the agenda for May 28-31 and Wilma and Ken Powell (4034) will be hosting at \$37.50 per night. This outing will also need the first night deposit.

Our yearly meeting will be on June 5 at 4 p.m. in the Diablo Room at the Vista Club. Please put these dates on your calendars. As always, anyone who would like to join us is more than welcome. We are a fun loving group and the first outing is a chance to see if you would like to join our club. Sandra Santos (3538) or Doyle Ellington (5276) can answer any questions.

San Francisco Club

Heads up San Francisco group! April 22 is our next potluck date. Our San Francisco directory of friends and members will be notified by Terry Sutter in an evite. We are always looking for people who lived in, grew up, worked or went to school in San Francisco. We share memories and meet every three months. Check this article monthly for the next meeting. If you are not a member and would like to attend one of our meetings, or find out more about the club, contact Lori or Mike (6196).

Senior Men's Golf Club

We thank all the Senior Men's Golf Club golfers who participated in the Rio Vista Elementary School fundraiser. A total of \$2,400 was raised.

The April tournament schedule includes the NCGA 4-Ball Net Qualifier on April 11. This is a two-man best ball pick your partner format. There are some conditions for this tournament, so please watch for the sign-up sheet for full details. We will also kick off our home tournament season with Rossmoor visiting us on April 18. The sign-up sheet will have more details.

Ad hoc play continues with a tournament scheduled for April 8. The sign-up is different than our normal Wednesday tournaments so look for the sign-up form next to the club bulletin board and follow the instructions.

The Senior Men's Club will offer club logo shirts. Order forms are available in the pro shop. Also, golf cart maintenance service is scheduled for the weekends of April 7 and April 21. There will be a sign-up schedule in the pro shop.

Our club plays each Wednesday morning. Sign-up sheets are available in the posting room or through our e-Clubhouse website on rvsmgc.ghinclub.com. You can also obtain the latest news and tournament results.

We hold our general membership meeting on the third Thursday of each month at 4 p.m. in the Delta clubhouse main meeting room. Please attend and support your club. The next meeting is on April 19. If you have any other questions about our club, contact club President George Barlesi at (4032) or e-mail George at gbarlesi@comcast.net.

Stroke, Head and Brain Injury Club

Strokes can occur at any age and there are many types that have been identified. There are “mini” strokes called TIA’s (trans ischemic attack). These types of little strokes resolve quickly. However, they can be a warning signal that a larger stroke is on the way. One of the primary causes of vascular dementia is having had strokes of which one is unaware. These are termed “ghost strokes.”

Our group provides help, useful tips, and current information on how to cope with the various short and long term physical as well as emotional side effects that are unique to your situation. Since each person who experiences these maladies can suffer from feeling alone, helpless, and/or impaired by some physical and/or emotional limitation, the support that we can provide each other can be very important to adapting and living successfully with these constraints.

Our goal is to have fun, too. We are planning various extra-curricular activities for the group in the surrounding areas. If you or someone in your family has had a stroke, any kind of brain malfunction, and/or dementia, and would like to join, contact Cheryl Bellrose (6619). We encourage caregivers and families to join for support as well. We meet the first Tuesday of each month from 1-3 p.m. at the Vista Club in the Monterey Room. Our next meeting is on April 3. Hope to see you there!

Supper Club

Everyone is welcome to join Supper Club. Our club is not just for married or committed couples. If you want to make new friends, give Supper Club a try. Take the opportunity to experience our absolutely delectable menus and friendship provided by our members.

We have resumed our regular schedule and will meet every other month through October. On these occasions, you can meet your neighbors and get to know them in a small group setting (usually between six to 10 people). We are not limited to a formal dinner menu only. We may also have an afternoon barbeque, a brunch, or a luncheon. If you are interested in joining us, have any questions, or would like to know our April meeting date contact either Maureen Gin-grass (3803) or Cheryl Bellrose (6619). We always have room for new members, and of course, we'd love to meet you.

Table Tennis Club

Our first in-house tournament for the year was held on Feb. 25. It was a great success and our largest tournament to-date with 34 players. The members have requested that more of this type of tournament be held during this year. It is possible that we will have one every other month, albeit not as elaborate as this one since it was a lot of work for the tournament team. Many thanks to them: Tom Silverman, Kim Russell, Mike Mahrous, Larry Mork; thanks also to Abaan AbuShumays for keeping scores. We send a special thank you to Ruth Barnes and Sandy Mariant, who provided us with wonderful snacks and a lunch. Way to go, people!

There were some very close matches and even a three-way tie for first place in Group "E." We finally have to count

games and even look at individual matches to decide the final results. Here are the winners by group and order of placement:

Group A: Michael Lewis, Win Liu and Li Ying

Group B: Vicky Riddle, Kim Russell, Mike Mahrous

Group C: Xiao Gong, Larry Albert, Len Latorre

Group D: Gang Lee, Jim Breen, Anita Lee

Group E: Reggie Sorbet, Tom Surh, Xuan Brewer

A suggestion was made regarding the purchase of a perennial trophy with a plaque that could be inscribed annually but only for what we could designate the "most important" in-house tournament. We will talk about this issue during our next general meeting scheduled for May 17th.



We invite the residents of Trilogy to watch some of our best players meet and play with players from Fairfield on the fourth Saturday of each month.

For up-to-date tournament, minutes, event, and club details visit <http://trvtt.wordpress>. Check out the hyperlink on MyTrilogyLife.com under "Clubs." Our first social was on Saturday, March 14.

For more information, contact: Tom Barnes, President (4395); Jeff Kennan, Vice-President (7541); Tom Silverman, Treasurer (318-4620); Kim Russell, Secretary (2046); Vicky Riddle, Publicity (3684); Mike Lewis At Large (4823).

Tennis Club

We had such a great winter for playing tennis that most of us never got a chance to lose our game and spend spring trying to get it back. This year we are trying a few different activities to keep us sharp. Team Tennis began on March 21 for those who signed up. This allows for more competitive play with each other before we start the competitive tournament season playing Rossmoor and Brentwood. Also in the works is a combined tournament with Brentwood and The Vineyards, which will be played in April. Our tentative date is Friday, April 13, at the Brentwood or Vineyards Tennis Courts.

We are always looking for new players, whether you have played in the past or want to learn. Just come to the courts, but don't bring your old wooden racket unless you want to get laughed at. Wally Beckman brought his the first time he played. Lucky for him, he had a friend that lent him one of his racquets after a few minutes of gentle mockery.

Club elections are coming up and we need some new blood. These are not difficult jobs. The most difficult thing you will do is choose the items served at the holiday dinner in December. As club members, we all need to serve in some area. Consider giving it a try this year. Open positions are President, Vice President, Treasurer, and Secretary.

Please continue to recycle your plastic bottles at the recycle bin on court 2. This pays for our tennis balls and other costs throughout the year.

For more information about our club, contact Wally Beckman at beckmanwally@hotmail.com.

Women's 18-Holers

This month the 18-Holers had a fundraiser for two of Rio Vista's schools, White Elementary School and Riverview Middle School. The fundraiser was held on Feb. 23. The 76 participants were from the 18-hole men's club, the 9-hole men's club and the ladies 9-hole club. The tournament raised \$2,400 which was evenly divided between the two schools.

Many of the players donated back their winnings. Funds were also raised with donations from the four clubs, cupcakes sales, 50/25/25 raffle, and \$10 donations from those who played. Leftover cupcakes were given to the Rio Vista Senior Center. A special thank you goes to the people who donated the cupcakes.

February 9: We played the White Tees and wore green.

Flight A: First place: Lucille Rhodes. Second place: Ida Shannon. Third place: Angie Jones.

Flight B: First place: Diana Staley. Second place: Pat Kistler. Third place: Trixie Roque.

Flight C: First place: Carol Petronzio. Second place: Terry Sutter. Third place: Marilyn Rogers. Fourth place: Lynn Grace.

February 16: Mutt and Jeff (all par 5, par 3 and hole 16)

Flight A: First place tie: Lucille Rhodes and Ulla Ulmonen. Second place: Ida Shannon.

Flight B: First place: Doris Sundly. Second place: Bessie Dunn. Third place: Marilyn Rogers. Fourth place: Ladell Manion.



Women's 18-holers: Women's 18-Holers Captain Debby Carroll with Tournament Chairperson Linda Barlesi presenting mock checks to Pierre Laleau, Principal of the River Delta Middle School. The charity golf tournament last month raised \$2,400 for both the White Elementary and the River Delta Middle School.

Flight C: First place: Donna Bjork. Second place: Lynn Grace. Third place: Charlotte Godsey.

Closest to the pin: Vicky Riddle.

Broke 90: Lucille Rhodes. Broke 100: Frankie Freese, Angie Jones, Ladell Manion, Vicky Riddle, Ida Shannon. Birdies: Lucille Rhodes. Chip-Ins: Angie Jones, Lynn Grace, Vicky Riddle. We meet every Thursday at 8:30 a.m. If you would like to join us, contact Marilyn Rogers at (5746).

Compassion to Action

Meet with fellow community members to share in a discussion inspired by Karen Armstrong's work. Explore this new approach to restoring compassion to the heart of community life. Learn about opportunities for turning your compassion to action. For more information or if you would like to be reminded about a discussion at your library, contact Peggy Yost (707) 784-1501.

Next event: Join Carole and Craig Paterson, local facilitators for National Issues Forums, who will lead the discussions of Karen Armstrong's Twelve Steps to a Compassionate Life.

Location: Rio Vista Library Tuesday, April 10 at 2 p.m. led by Supervising Librarian, Susan Reeve.

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REGULAR SIZES AND RATES:

• NEW: 1/8 page ad	3 1/2" wide X 2" tall	\$90/month
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• 1/4 page ad	3.6" wide X 4.5" tall	\$140/month
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- 10% off pre-paid ads for 3 months or more
- 10% off for businesses owned by residents of Trilogy at Rio Vista

To place an ad, contact Joan Azlant at joanazlant@comcast.net or (707) 374-2620. If you need ad design, contact Tania Fardella at indigodesign@att.net. Additional fees will apply for design, scanning, and edits.

Keeping Raccoons Out Of the Attic

During the mating/breeding season, avoid utilizing deterrents to keep raccoons out of your house. These will kill offspring that may already be in the attic, for example, and would prevent the mother from returning to the nest. Deterrents can be put into action during the off season.

Activity or noises at dusk or early in the morning around dawn may be an indication that you have boarders. Begin looking for entry and exit points. Do not seal off an area as long as you know there are occupants inside. You can try sprinkling flour along the entry/exit points to capture tracks. The best way to determine if the animal/offspring are still occupying the vicinity is to conduct a visual check using a bright light if it is in a darkened area.

Another method to ensure that the raccoons have left is to loosely stuff newspaper into the openings during the morning or afternoon when the raccoon(s) may be asleep inside. If the newspaper was not moved after a couple days, it is safe to proceed with repairs and to close off the raccoon's access points.

Since raccoons like warm, dark, quiet places, deterrents can assist in making sure they have moved on and may be helpful before you seal off an area. Since raccoons are night foragers, employ these methods at night, after they have left the den for the evening. Deterrents include:

- lighting the area with a flood lamp
- playing a radio
- putting mothballs, ammonia soaked rags or sprinkled cayenne pepper in their sleeping area
- using a motion detector that emits a really loud noise when an animal comes near**

**Pet supply stores and the Internet have motion detectors of this type. You may try a "Scraminal." It is so loud the raccoons might find it offensive.

Finally, be patient. Raccoons are highly adaptive, so try a few different combinations of these deterrents if at first you don't succeed.

References: SPCA of Monterey County, Friends of Monterey Wildlife, University of Illinois, Wildlife Extension, Dr. Cheryl Bellrose

April in Paris



Riviera Village extends a special invitation to les mesdames among us to our April In Paris Ladies Luncheon. Spend the afternoon enjoying lunch at our French café and shopping

as you stroll the French market. The ambiance, the music, the decorations, and the food will take you to Paris without having to go through security. A lovely catered lunch will be served by authentic French waiters culled from the ranks of a few select Trilogy monsieurs allowed to be present to serve us. The lunch includes champagne and sparkling cider, mixed green salad with champagne vinaigrette, quiche, baguettes and butter, cheese and fruit platter. Dessert will be a patisserie buffet and coffee.

For your shopping pleasure there will be jewelry by the Divas, Art by the Trilogy Art Guild, hand painted silk scarves by Ann Jacobs, French greeting cards and wine tags by Susan Meyers, decorative lighted wine bottles by D'Vine Décor. Ladies can also have a Caricature done by Cleven "Goodie" Goudeau.

The event is April 19, 2012 from 11:30 a.m. to 3 p.m. in the Diablo Ballroom, Vista Club. The price is \$18. Please RSVP by April 12. Checks are made payable to Riviera Village Residents' Club. Please drop off your reservation form and check at the Delta, Box #4. Seating is limited so please reserve early. For more information, contact retired Paris guide Susan Fox at SQFox@yahoo.com or (0068). Seating is limited; so sign up early to assure your Parisian experience.

Adult Grief Support

Rio Vista has an Adult Grief Support group that meets at the Rio Vista Library the first and third Wednesday of each month. The group is sponsored by NorthBay Hospice. There is no fee. This group is offered as a community service. If you are interested, please call Lynne at (6079) for more information.

TOPS

Spring has sprung and our new leaders have been chosen. They will be installed at our luncheon on April 11 at the Nines restaurant. We had a bingo contest last month and Horace Reese was the winner. We extend our sympathy to Horace and Joyce in the passing of his father. For any of our Trilogy ladies and gents who would like support shedding those unwanted pounds to get ready for bikini time, come on over to the Delta Club any Wednesday at 8 a.m. to check out our program. For more information, contact our leader Minnie Howell at (5786) or co-leader Peggy Smith at (1366). Happy Easter everyone!

Trilogy Jazz Band

We were delighted to be part of this year's Music of the Night show on March 8, 9, and 10. Tremendous thanks go to Director Debby DuBrow and Music Director Jim Lucas for their leadership, and to Jim for writing all the band music for 17 instruments! We thank our talented performers and the supporting volunteers who contributed many hours toward providing this first-class entertainment event in our community!

The band's next performance is for the Ballroom Dance Club's dance on Sunday evening, April. 15.

Full-band rehearsals are held every Wednesday from 2:30 to 5 p.m. following vocal rehearsals from 1:30 to 2:30 p.m. at the Vista Club Diablo Ballroom. Observers are welcome. The band is currently at full capacity, but we always like to meet anyone interested and qualified to be a substitute player and possibly fill a future opening. For more information, contact Jim Lucas (7567) or Marti Rogers (6859).

Volunteers Needed

Rio Vista Community Services is looking for volunteers who might have grant writing experience or event planning experience. If you have an interest, please contact Rio Vista Community Services at (5706) and ask to speak to Derek Jones or Shirley Sudduth.

Attention Villages and Clubs:

The revised facility reservation forms list the current costs for table linen fees. If you may have outdated forms, please note that the current fees are:

Table cloths - \$2 each

Table skirts - \$3 each

Reminder: Immediately following your hosted event at either the Vista or Delta Clubs, return each room to its original condition as found. Make sure all trash is picked up, bagged, and put into garbage cans. Make sure all tables, chairs and counters are wiped clean and floor spills are mopped. A staff member will take the bagged garbage to the dumpsters, remove used table linens, and return all community-owned equipment to storage. Thank you on behalf of the group to follow your event!

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movement disorder. For information,
contact Audrey Kinser (7506).

FOR RENT

Home for Rent

Spinnaker 2br/2ba, den on golf
course, lake view, patio, fenced
yard, pet ok. Owner pays HOA,
gardener. \$1150/mo. \$1000 deposit.
Available June 1. Call Ann (2847).

FOR RENT

Home for Rent

Spinnaker model with gas
fireplace, den, covered patio.
HOA and gardener included.
No smokers. Call Pat 208-1788.

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RESIDENT CLASSIFIED ADS

FOR RENT

Home for Rent

710 Turnberry Terrace, 2br/2ba. Asking \$1100. HOA dues paid. Call 246-3936.

Room for Rent

Beautiful, quiet, golf course home: Room with attached bath, use of whole home and garage. Available April 15 with good references. 925-285-9162, \$700/mo.

Room for Rent

Room with bath for rent, immaculate decorator. Perfect, lovely garden. \$500/mo. Call Jan 688-9338.

Room for Rent

Olympic Village: room for rent \$500 including utilities. Some furniture available. No smoking. Clean, quiet. Entire house for rent also. Call Sandra 650-922-3716.

Room for Rent

Room for Rent in Calistoga model home. Current resident is organized, active. \$500 all inclusive. Call (5324). You'll have your part of the house. No lease.

FOR SALE

Bicycle

Comfort Bicycle by Giant. Lightweight, 21-speed, unisex, silver. Fewer than 20 miles. Showroom condition. \$250 Dennis (5215).

Bicycle Carrier

Hitch mounted two bicycle carrier in like-new condition. Fits 1 1/4" and 2" receivers. EZ on & off. Contact Jose \$55 OBO (5248).

Driver

Calloway: Driver, 3 metal, 3 HB, 4 HB, 5-9 irons, PW, SW, Ping Putter. Like new. Paid \$1700, sell \$995. Bag included. Phone (0002).

Golf Cart

EZ Go Golf Cart 2006, like new, needs batteries. Paid \$5700, sell as is \$2,700. Phone (0002).

Golf Cart Tires

Set of aluminum low profile tires for golf cart \$700. Balls: 100 Pro V \$100; 100 Calloway \$100; 100 Bridgestone \$100. Calloway Driver & 3 Wood \$25; No. 3 Hybrid \$25; S. Cameron Putter \$90. Call (4921).

FOR SALE

Personalized Gifts

Personalized poems for anniversaries, weddings, birthdays or love. A card, etched glass, or marble for angels above. Memorable gifts all will treasure. Sure to bring a lifetime of pleasure. Jody (5735).

Scarves

Bonita Stewart Designs: I make hand knitted scarves, cowls, hats and fabric handbags. See my complete inventory at www.etsy.com/shop/bonitastewart.com or call (4368).

Sewing Machine

Super Zigzag Sewing Machine, like new, \$65; horizontal Freezer 5'x 2'. Good running condition, \$50. Call Dick Dawson (6835).

Vehicle

'73 Super Beetle: excellent condition, set up with Falcon 2 tow bar. Tail light hook-up, many new parts including clutch, struts, brakes and more. Call (3190) or 477-3307. \$5500 OBO.

Washer Cleaning System

Craftsman 2700-PSI, Gas power Washer Cleaning System with all the nozzles and hoses. New, used only twice. New \$370, asking \$250. Call (6287) to see.

SERVICES

Annual Service

Garage door maintenance and/or minor repairs. Also flush hot water heaters to prevent leakage. For appt., call Dick Dawson (6835).

Assistance w/ Heavy Lifting

When you need an extra pair of strong arms for projects such as rotating mattresses, hanging holiday lights, we can help. We are experienced, reliable, motivated and properly equipped. No job too small. For hire with or without truck. Call 707-410-7070.

Assistant for Females

Available Monday -Thursday 9-5: Meal preparation, errands, transporting to pharmacy, post office, groceries, appointments, shopping, visiting friends, movies, etc. Contact Brenda (4617) or cell 816-0964 tmbweed5000@aol.com

SERVICES

Audio/Video

Music on records and cassettes upgraded to CD's. Video on VHS and video 8 cassettes upgraded to DVD's. Copies of music CD's made. Contact Jose (5248).

Audio/Visual

We will install your audio system, DVD, TV, or VCR to your specifications. We will also custom wire your home per your specifications. All installers are ON-Q certified. Call Michael (2800).

Auto/Home Detailing

Star Shine Mobile Detailing is now providing auto, motorcycle, boat, RV and upholstery detailing. Also offering home driveway pressure washing services to Trilogy residents 410-7070.

Carbon Monoxide Detector

To comply with the new California law requiring a CARBON MONOXIDE DETECTOR in every residence, I can provide complete installation in any room of your home. For a free estimate, please call Jonathan (2736).

Caregiver

Need a few hours respite when caring for a loved one? Anticipating upcoming surgery or hospitalization? I'm a registered nurse. Reasonable rates. Call Sherry at (4864).

Carpet and Upholstery Cleaning

B&B Carpet and Upholstery Cleaning. Trilogy resident will clean carpets and upholstery in your home, mobile home, RV, boat, or car. Home carpets: \$30 per room, \$15 per hall. For the best service, call Bill (6125) or cell (707) 718-4994.

Carwash

Ray's Mobile Carwash. Let me come to you to clean and wash your vehicle. Reasonable rates for detailing and waxing also. Call Ray (7598) or 707-249-1492.

SERVICES

Cleaning

House cleaning with an expert eye to details. We offer one-time cleaning, budget cleaning and full service cleaning. Moving in & out cleaning & special projects also available. All work satisfaction guaranteed. Twelve year resident. Call Nita 315-6670.

Cleaning

By Fluff & Buff. Reliable, trustworthy house cleaning. Several years in Rio Vista. Excellent references. Bonded, Licensed. Flexible: move-ins/outs; weekly, bi-weekly, monthly, etc. Kali 925-451-9655 anytime.

Clock Repair

Thirty years collecting and repairing clocks. No cost if I can't fix; low cost if I can. Can do housecalls. Call (6782). Ask for Rod

Computer Doctor

Woody Woodard will fix PC's/ Mac's, install, teach, create web pages, coordinate with Frontier, Best Buy, Comcast. 707-416-6067

Computer Help

PC or laptop repair, including optimization and virus removal. Extend life of old computer or set up a new one. Wireless setup, add new devices and tutoring. Kathy Barker (6850).

Computer/Wireless

We will custom install your computer or wireless network per your specifications. We will also do custom wiring and software downloads. Call Michael (2800).

Crown Molding

Specializing in crown molding, mantels, all interior trim, front door installation. Trilogy Resident. Free estimate. Call Bob (4902).

Custom Cabinets

Specializing in new custom cabinets, entertainment centers, bookcases, media niches. Roll out shelves. Trilogy Resident. Free estimates. Call Bob (4902)

SERVICES

DJ Available

DJ music available for indoor or outdoor events. Contact Jose (5248).

Electrical

Certified electrical contractor (#819067) will install chandeliers, fans, lights, outdoor receptacles, RG6 cable for broadband service, telephone lines and wiring for Ethernet or wireless. Call Michael (2800).

Faux Finishing @ Its Best

Enhance the beauty of your home with faux finishes for your walls, columns, fireplaces and doors. Call Susan Prince/Oddo (2167)

Hairstyling

Kutts by Karen: Men's and women's haircuts in your home or mine. Trilogy resident with 30 years experience. Call for appointment. 925-285-9162.

Handyman

Assembling & installing products, closet makeovers. Help with window treatments, picture hanging, pantry makeovers. Call Ron (2227).

Handyman

Trilogy resident has over 40 years of home maintenance experience, MOEN faucet specialist, ceiling fan and chandelier installations, electrical troubleshooting and GFCI problems, plumbing leaks, garbage disposal change-outs. Free estimates. City business license #1654. Call Bob Bailey (3391).

Handyman

For those projects that you can't or don't want to do: plumbing (leaking faucet, garbage disposal), electrical (install ceiling fans, light fixtures), household repairs, hang window treatments, mirrors, and pictures. Call Scott Sylvester (6013).

Home Maintenance

Wash windows, including tracks & screens. Wash patio & patio cover. Clean dryer vents, rain gutters, most honeydoses. Some hauling. Victor 398-6610.

Housecleaning

Sit back & relax. Leave the cleaning to me. (4902).

SERVICES

Income Tax Preparation

Notary Public Services; Individual and Corporate Income Tax Preparation. Reasonable prices. Trilogy resident Jim Castress (3590). CTEC Registered #A141120.

Income Tax Preparation and Bookkeeping Services

With over 30 years experience including personal, corporate and partnership returns. Income tax preparation. Fast, efficient, reasonable. No job too small. Call Lesley (3377).

Income Tax Services and Planning

Serving Trilogy since 1999; individual, trusts, business. Consultation in your home or my Trilogy office. Ron Auger, CPA (3068)

In-Home Care

For male or female. We are sensitive, caring, discreet and dependable! We are Trilogy residents with 8 years combined experience and would like to assist you too. 12 year resident. Call Nita 315-6670.

Landscape Maintenance

Call StarShine of Rio Vista for all of your yard and homecare needs. 410-7070

Lawnmower Repair

Service & repair on lawnmowers, weed eaters, blowers, rototillers, etc. Sharpen garden tools. Rates moderate. Call Stan (3163).

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RESIDENT CLASSIFIED ADS

SERVICES

Notary

I offer notary services in my home or yours. Trilogy resident Eileen Griffin (2684).

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Certified Notary, fast, professional and reliable service. Lowest fees for Trilogy residents. Please call Jeffrey (7541).

Notary to Go

Only \$7.50 per notarization. Discounts for numerous documents. Since 1984. Call Warren (3477).

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Personal Organization

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Pet Care

Loving care for your small pet in your home. Includes walking, feeding, mail brought in, plants watered, etc. Trilogy resident 209-201-8143.

Pet Care

Let your pet remain home while you're away. Lots of love & attention. I'll bring in mail, newspapers and tend to trash. Over four years of Trilogy references. Kathleen Montemayor (4750)

Pet Care

Kitty care services while you are away. Includes feline's play, feed, meds, clean litter, trash out/in, newspapers, mail, and water plants. Call Mimi (4343) or cell 707-567-5910. Since 2007.

SERVICES

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Trilogy home owner offering my services to neighbors/pets. Walks, drop-ins, overnights, allowing your pet(s) to stay home. Pet first-aid/CPR trained. Cell: 330-6010; email: thedeetails@yahoo.com

Pet Sitting

Dog Walking. Call "Pups on Parade" for safe and loving pet care. Octavia, Trilogy resident (5141) or cell 510-813-1929.

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Preserve your memories. Photo and slide restoration, retouching. Photography for events, family portraits, advertising or passports. www.digitaldreemz.com Call June (6830).

Rain Gutters Cleaned

Patio covers washed and rain gutters cleaned. Call Trilogy resident Danny at 209-570-0302.

Real Estate

Selling, Buying and/or Property Management. No obligation evaluation on current Trilogy market. Short sale consultation. Maggie, Broker. Delta Bridge Homes Trilogy office (6395). maggiecatt@frontier.com. Cal DRE #00789865.

Reverse Mortgage

Expert advice and explanation about this important financial solution by a Trilogy resident. If you are 62 or better and want accurate information, call Larry Thompson cell 408-370-3606.

Roll out Shelves

Make your life easier with roll out shelves. Save your knees and back. Call Bob (4902) Trilogy Resident.

Sliding Door and Screen Repair

Stop Fighting Your Sliding Door and Screen!... If it does not Slide, I will make it Glide... Replacement or Repair of Rollers, Handles and Locks on all Patio, Screen, Shower Enclosure and Wardrobe Doors. For a free estimate, call Jonathan (2736).

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SERVICES

Streaming Video

Will set you up to watch movies in your home instantly from Netflix or Amazon. Woody Woodard 416-6067.

Transitions

Assisting families to a smoother road with the passing or moving of a loved one. Includes: packing, organizing, down-sizing, cleaning and hauling. Also assistance with labeling items to be sold or donated. Call Nita 315-6670. 12 year resident.

Transportation

Your car or my car. Anytime, anywhere. Victor 398-6610.

Transportation

Dave's Transportation Service will drive to airports, Amtrak, BART, Medical appointments, shopping, casinos. Trustworthy and reliable. For Trilogy residents only. Call David (3192.)

Weed Pulling

Get rid of those ugly weeds. Don't break your back. We'll keep your yard tidy. Cheap. Call Laurie (6305) or cell 925-301-7389.

Window Cleaning

Professional window cleaning. Years of experience, licensed, and complete background check. For a free estimate and appointment, call Gary (3488).

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Tahoe Condo

Tahoe rental Incline Village: Fully equipped condo near Diamond Peak, sleeps 2-4 comfortably. Starting at \$125/night plus cleaning fee. Call Blaine (0717) or letsgotahoe@aol.com

WANTED

Recipes

Recipes that incorporate foods grown or raised in the California Delta region for a new Discover The Delta Foundation cookbook. Contact Blaine (0717) bffoltz@yahoo.com

501 Levis

Levis 501 Button Front, straight leg, boot cut. Any condition, any size (1349) or 925-216-6300.



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TUESDAY, APRIL 24, 2012

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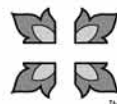
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