

# Trilogy Living



*Photo by June Skvorzov*

The 5<sup>th</sup> Annual Treasure Hunt by Village Riviera takes place July 9. If you haven't assembled your team yet, now is the time. The Treasure Hunt will tease your brain as you twist your mind around clues and try to stay ahead of your competitors. Chairperson Linda Robinette and assistant Diane Griffin have developed this event to be the ideal precursor to a scrumptious dinner catered by Tortilla Flats. Flyers are available at the Delta and Vista Clubs with information about signing up. See Village Riviera's article on page 12 for details.

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*From the  
Master Association*  
**BOB SATHER**  
**President**

The last regular monthly meeting of the Master Association Board was held on June 14, 2011 in the Diablo Room at the Vista Club. The meeting was attended by more members than usual. It also lasted longer than usual, as several items on the agenda sparked substantial discussion.

**Actions taken at the meeting included:**

- Passage of the consent calendar which included:
  - a request from the Disaster Preparedness Committee to purchase related items, in the amount of \$1,593.02 from Operations.
  - a request to hold the Rio Vista Senior Summit here on October 14, 2011.
  - a bid from Sun N Stuff for the purchase of Delta Club patio furniture in the amount of \$12,132.58 from Capital Improvements.
  - the purchase of a John Deere Gator, from Stockton John Deere, in the amount of \$7,941.77 from Capital Improvements.
- Approved an expenditure, in the amount of \$2,900 from Operations, to conduct an Engineered Traffic Study and awarded the contract to KD Anderson and Associates.
- A motion to approve a proposed resolution, which would authorize the Rio Vista Police Department to patrol and enforce the California Vehicle Code failed to pass with a two to two vote.
- Approve an expenditure in the amount of \$772.50 from Operations, to pay for half of the \$1,535 installation cost of picture failing to facilitate the Art Guild for Artists, who will pay the other half, making the Monterey Room into a "gallery" and awarded the contract to Spradling Construction.

*continued on page 32*

**From the Board of Directors:** The publisher retains the right to edit articles and advertising to conform to content and space requirements. The Trilogy Board of Directors is not responsible for expressed opinions or for the authenticity of all presented facts in articles and advertisements. Viewpoints contained in this newsletter are not necessarily the opinions of the Trilogy at Rio Vista Homeowner's Association, Inc., the Board of Directors, its officers, or management.

# TRILOGY AT RIO VISTA

D I R E C T O R Y

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evitrano@actionlife.com

**Assistant General Manager: Catherine Patrick**

cpatrick@actionlife.com (4843)

**Activities Director: Jacquie Roche** (4204)

jroche@actionlife.com

**Fitness Director: Jo Carmichael** (4205)

jcarmichael@actionlife.com

**Operations Director: Mike Oestreich** (4895)

moestreich@actionlife.com

**Communications Coordinator:**

**Andrea Stuart** stuarttrv@gmail.com

**Member Services Coordinator:**

**Cheryl Lucas** (4203) clucas@actionlife.com

**Club Numbers**

**Vista** Front Desk (4200) Fax (1099)

**Delta** Admin Office (4843) Fax (4891)

**Trilogy Living Editorial Board**

Andrea Stuart, Ed Vitrano, Jacquie Roche,  
Cheryl Lucas, Joan Azlant, Jo Carmichael, Barb Bieber

**Commercial Advertising Manager**

Joan Azlant, joanazlant@comcast.net (707) 374-2620

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*From the Editor*

**ANDREA STUART**

What's a better way to start off the month than with a celebration of independence and a tribute to American pride? Trilogy is gearing up for a Salute to America, a Fourth of July event at the Delta Club. Consider coming out to meet Grand Marshal Bob Bailey, peruse the unique vehicles in the car show, indulge your taste buds in the Hot Dog and Ice Cream Social, and dance to the beat of freedom with DJ Ron Covey. This is just a start to a jam packed month of activities.

They say that the mind is a terrible thing to waste. Stimulate your noggin at Storytelling with Dorothy Tate on July 8 when she'll share her unique perspective on life through her imaginings. Continue the creative vibe on July 15 with Painting on Fabric where Sacramento-based artist Karen Wilson will lead the class on a fun journey through fabric painting (bring plain fabric totes).

Feeling a little antsy? Strut your stuff on stage during Open Mic Night on July 15. Then, dance to the beat of a different drum the following evening with DJ Jose as he rocks the house on the Vista Patio.

Now that the weather is permitting of outdoor activities, you might consider a fun day at Pixie Park in Stockton on July 27. It's the perfect reason to invite your grandchildren over and spend the day bonding over rides, sunshine, and good eats.

On July 30, Andre Thierry & Zydeco Magic is performing on the Vista Patio. And rumor has it that Andre is the Jimmy Hendrix of Zydeco music, able to twist his fingers around the accordion keys as if he inherited them from Gumby. Finally, cool off at the end of the month with scuba lessons on July 31.

And for all of you fitness buffs, don't forget that Lose2Win begins again on July 11. Sign up and get your summer started off on the right foot. Reward yourself on July 26 with the Skinny Kitchen, an interactive cooking class taught by Joyce Bueker that incorporates organic ingredients with healthful options for zesty meals.

With the blue skies bearing down on us, now is the time to be outdoors. Whether you choose to partake in one of the fun-filled events here at Trilogy or create an adventure of your own (Brannan Island is a great weekend getaway), take some time to soak up the vitamin D that we've been deprived of all winter.



*From the  
Interim Activities Director*

**JACQUIE ROCHE**

Help celebrate our nation's independence by participating in the activities at the Delta Club on Monday, July 4. Join Grand Marshal Bob Bailey in the parade around Summerset Drive, have a hot dog and ice cream sundae, be entertained by some of our Trilogy member dancers and singers, and listen and dance to music spun by one of our member DJs, Ron Covey.

How lucky are we to live here in Trilogy at Rio Vista? We have the best of both worlds: San Francisco is round an hour away and Sacramento is only 45 minutes away. Most of us know from experience the culture and entertainment offered in San Francisco. Sacramento offers many cultural and entertainment experiences along with an easy drive and inexpensive parking. Check your e-newsletters and the flyers in both the Vista and Delta Clubs for new and exciting events in Sacramento and the Bay Area.

## July 4th

### Call for Carts & Decorations!

If you have extra July 4<sup>th</sup> golf cart decorations you are willing to share, or if you are looking for extra decorations, please contact Jacquie at (4204).

## Fun Day at Pixie Park, Stockton

Wednesday, July 27, 10:30 a.m. – 4 p. m.

\$35 per person

Bring your grandchild or other young family member to spend a day at Pixie Park in Stockton. Your \$35 includes bus transportation, boxed lunch, and unlimited rides. Sign up at Member Services at the Vista Club **by Wednesday, July 13**. Please indicate the number of **lunches, adult and child**.

**Reminder:** Please sign up **early** for Trilogy events. It helps planners prepare for the programs they have in store for you.

## Important Information

If you need to borrow chairs and tables for your personal event, please **pick up a reservation form from Member Services at the Vista Club**. Fill it out and return it to Member Services. You will receive a call confirming your request. This is very important since we use the chairs and tables for all community events, programs, classes, clubs and Village meetings. **Please be sure to clean/wipe down all of your rental equipment before you return it.** We appreciate your cooperation.

## Share Your Travel Experiences

Did you just return from a cruise vacation or have you recently walked the streets of Rome? Why not share your travel experiences with your Trilogy neighbors? We need guest speakers for our August 2011 Travel Talk. Share your experiences and photos with others. Call (4204) to make arrangements. Thank you to the members who volunteer their time to share their travel experiences. We've enjoyed learning about new places. You have made Travel Talk a wonderful and enlightening program.

## Farmer's Market ~ A Raffle Too!

July 10 & 24, and August 7, 10 a.m. – 3 p.m., Delta Club, Free

Petrill's Produce Farmer's Market provides wonderful produce to Trilogy members. Why drive to downtown Rio Vista or farther to buy fresh fruits and vegetables when you can get them right here? Every member making a purchase receives a raffle ticket good for a \$10 gift certificate to be used towards their next purchase at Petrill's Farmer's Market.

## Grapevine Chat!

Tuesday, July 12, 6 p.m.      Tuesday, July 26, 5 p.m.

Tuesday, August 9, 6 p.m.      Tuesday, August 23, 5 p.m.

Mark your calendars for the upcoming Grapevine Chats in the Grand Living Room at the Vista Club. It's a warm and casual setting where you can not only "get the scoop" on all things Trilogy, but also get to know your neighbors. You may bring wine, glasses, and snacks to share with others. No sign-ups. Everyone meets around that big fireplace!

## Educational Opportunities Through Computer Classes

Please see page 18 for the computer class we are offering.

## Computer Instructors Needed

We need more instructors! If you are interested in volunteering to teach one or more basic computer classes, call (4204).

**REMINDER FOR ALL EVENTS: PLEASE PAY BY CHECK ONLY. NO REFUNDS.**



## Trilogy 4<sup>th</sup> of July Celebration!!!

### *A Salute to America*

Monday, July 4, Delta Club

The event will commence with a parade of decorated golf carts, vehicles (antiques and classics), motorcycles, bikes, walkers, and runners that will round Summerset Drive at 11:30 a.m. with Bob Bailey as Grand Marshal.

- Park 'n Show:  
Noon – 3 p.m.
- Judging of golf carts:  
Noon
- Hot Dog and  
Ice Cream Social:  
Noon – 3 p.m.
- Music at Delta Pool  
by DJ Ron Covey:  
Noon – 3 p.m.
- Dancers and singers  
performing in  
Delta Club: 1 p.m.
- Face Painting/Tattoos:  
1 p.m.
- Award Presentation:  
2 p.m.

Please contact Jacquie at (4204) or Antoinette at (5154) with questions. Extra flyers are available at the Vista Club.

## Andre Thierry & Zydeco Magic

Saturday, July 30  
6:30 p.m., Vista Patio  
\$10 per person



Andre Thierry has been labeled as the Jimmy Hendrix of Zydeco Music, a legend before his time. He will capture your attention with his melodic fingers as they embrace the brass buttons of his accordions, creating music that will captivate your souls, soothe your minds and have your feet dancing all night long. Andre's love of all things musical and his passion for playing for his audiences delight dancers and music lovers everywhere. Sign up at Member Services at the Vista Club.

## Storytelling with Dorothy Tate

Friday, July 8, 6 p.m. Diablo, \$5 per person

"I Dream A World" as told by Trilogy member, Dorothy Tate. This is Dorothy's fourth year telling stories at Trilogy. She will share her unique look on life. Dorothy has been invited to Hidden Brook Country Club, the Marriott in Fairfield, and Friendship Missionary Baptist Church. Sign up at Member Services.

## Painting on Fabric

Friday, July 15, 9 a.m., Delta Club, \$25 per person

Karen Wilson is a Sacramento-based artist specializing in decorative painting, with emphasis in acrylic on wood and fabric substrates. Karen has been painting wood-based craft projects since 1989, and has perfected her technique on a variety of other surfaces over the years. Most recently, she has been concentrating on fabric painting, finding it to be the most fun surface to paint on with endless possibilities. Her favorite projects include aprons, tea-towels, tote bags, and even sprucing up her old jeans and denim jackets!

Please join Karen for a fun-filled morning of decorative fabric painting. In her class, you will learn the basic techniques you will need to create your own hand-painted projects, beginning with a tropical-inspired tote bag. Bring your creativity and a plain tote bag. Sign up at Member Services.

## Open Mic Night

Friday, July 15, 7 – 8:30 p.m., Diablo, Free

Join us for a fun night of showmanship. Show off your hidden talents, whether it's singing, reciting poetry, performing stand-up comedy or playing an instrument, the sky's the limit. Don't hold back! Let your inner star shine through! This is not the "Gong Show" or "Star Search." It's about sharing and having a great time. All performers sign up at Member Services at the Vista Club. *The reserving of chairs/tables prior to the door opening at 6 p.m. is not permitted.* Capacity seating: 160.

**Guidelines:** One performance per person. Performances are limited to 3-5 minutes. Limit of 15 performers for the night. Sign up in the order you wish to appear on performance night. Karaoke is not offered this evening.

## DJ Jose is Rockin' the House

Saturday, July 16, 1 – 4 p.m., Vista Patio, Free

Enjoy a free outdoor music event to welcome summer. Bring your chairs, refreshments, and your dancing shoes. Our talented Trilogy member DJ Jose Latorre plays a mixed selection of music. No sign-up for these dances, but Jose will graciously accept donations for his time.



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## Comedy Night with Grant Lyon

Friday, August 5, 7p.m.,  
Diablo, \$10 per person



Grant Lyon is a comedian and writer from Los Angeles. His comedic style is often described as sophisticated immaturity, blending intelligent wit with pure silliness. San Francisco Weekly describes him as "a hilariously sharp observer."

He has performed in a number of prestigious comedy festivals including the Bumbershoot Music & Arts Festival, the Laughing Skull Comedy Festival, and the San Francisco Comedy Competition. In 2008, he won the Colorado Mile High Comedy Competition that took place all over the state and included comedians from all over the country. He has opened for names like Robin Williams and Dana Gould. In addition, Grant is a member of the sketch comedy group "Four In The Back."

## Dive Into Free Scuba Lessons

Sunday, July 31, 8 a.m., Delta Pool, Free

Want to try scuba for the first time, or polish your skills from days gone by? All About Scuba is back to offer fun, hands-on scuba classes at the Delta Pool. Their SSI-certified professional instructors provide gear and instructions, everything you'll need to refresh your skills or learn for the very first time.

Scuba swim time is determined by how many members sign-up. Swimmers must be reasonably healthy. Please bring a swimsuit, towel and a smile! At time of sign-ups, fill out a waiver and bring it to the instructor on the day of class. There is a maximum of six members per time slot beginning at 8 a.m. and ending at noon. Each session runs approximately 45 minutes.

For more information, please call (4204) or Kris Hanna at (707) 425-1932. Sign up at Member Services at the Vista Club.

## Movie Night: *Another Year*

Friday, August 12, 6:30 p.m., Diablo, Free

"Another Year" is a year in the life of a happily married couple, ironically named Tom and Gerri. Although Tom and Gerri drive the narrative plot, it's actually their boozing friend, Mary, who steals the show, thanks to a lively but mostly devastating performance by Lesley Manville. Don't miss this intimate ensemble drama about ordinary people with richly rewarding results. Sign up at Member Services.

## Concert on the Patio with Rhonda Benin

Saturday, August 27, 6 p.m., Vista Patio, \$10 per person



Vocalist Rhonda Benin sings jazz, blues, rhythm and blues, big band, pop and African American folk songs while making it all look easy. With a voice described as caramel sweetened with honey, Benin has earned a reputation not just for a good voice but also for her showmanship, magnetic stage personality, humor, and

of course, her great dancing. "If you can't sing a song, let Benin sing it!"

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## TRIPS AND TOURS

*All trips are operated by an outside company and are not associated with Trilogy Rio Vista Master Association. Trilogy Rio Vista Master Association is not liable for any trips or tours.*



**Ethel Ott  
(Cupcake)  
and  
Eileen Griffin  
(Twinkie)**

**July 16 - Rohnert Park Kitchen Kut-Ups Lunch-\$79/pp.** Just as the name suggests, a whole lot of "krazyness," with toe tapping music, "show biz" characters and good food.

**August 9-Gambler's Special-Cache Creek Casino-\$30/pp.** Usual 4 hours "stay and play," with \$10 players club credit and a food coupon.

For further information and/or sign-ups, call Ethel (7548) or Eileen (2684).

**Sept. 27 - Felton Steam Train, BBQ and Gizdich Apples - \$89/pp.** Roaring Camp steam engines date from the 1890's and travel over trestles and through towering Redwood groves along a winding narrow-gauge grade to the top of Bear Mountain. Conductors will narrate the history of the area and Roaring Camp as we enjoy the ride and scenery along the way. After leaving Roaring Camp, we'll proceed to Gizdich Apple Ranch for a guided tour and tasting of some of the finest apples and apple juice west of the Rockies. End the day with a slice of delicious homemade apple pie and ice cream. A Fun Day!

**Oct. 7-9 - The Great Italian Festival, Reno-\$298/pp.** 3-days/2-nights at the Silver Legacy Resort Casino in Reno. Enjoy a festival of authentic homemade Italian cuisine, live entertainment and maybe even climb into a barrel of grapes and compete in the "Grape Stomp." Includes reserved dinner seating for the Tony Award winning musical comedy "Hairspray" at the El Dorado Showroom and a hosted luncheon cruise on Lake Tahoe.

**Just Announcing: New Years in Palm Springs - Dec. 29 - Jan. 2, 2012.** 5-days/4-nights, featuring Roger Rockas Dinner Theatre, the Getty Museum, "Palm Springs Follies," Palm Springs Aerial Tramway, Desert Gardens, Zoo and the historic Mission Inn in Riverside.

## Welcome Center

Please call (4306) or email [trvwel-comecenter@gmail.com](mailto:trvwel-comecenter@gmail.com) when you are expecting guests, a delivery, or a service provider. We need to know as far ahead of time as possible, so that we can expedite their entry. The best time to call, if possible, is between 10 a.m. and 1 p.m. when there are two staff members on duty.

Please go to the Administrative Office in the Delta Club and update your visitor list. When we have to phone members, it really slows down the line at the gate.

## Assessment Notice

Association Assessments are published monthly on this page of Trilogy Living. This is an additional vehicle for checking your current assessment. Coupons will reflect the monthly assessment for those receiving them. Those on automatic withdrawal (ACH) may check their bank statements to see the amount taken out after the 5th of the month and all members may register at [www.actionlife.com](http://www.actionlife.com) to monitor their accounts 24/7. If you have questions or need help registering online, please call the Administrative Office (4843).

### Assessments for the month:

Master Association	\$115.80
Master Association (Only for original residents (<100) in a developer subsidy agreement)	\$80.39
Village I	\$3.00
Village Oakmont	\$3.00
Olympic Village	\$3.50
Village Riviera	\$3.50
Saddle Rock Village (None until dormancy ends)	\$0.00

**Club Hours** – The Delta Club is open at 7 a.m. for entry with members' keys. It is open from 8 a.m. – 5 p.m. for entry without keys and from 5 – 11 p.m. for entry with keys. From 11 p.m. – 7 a.m., there is no entry. The Vista Club is open from 6 a.m. – 9 p.m.

**Thank You** - Trilogy appreciates and thanks all members who abide by the Rules and Regulations of the community.

**FREE Shredding Service** – The shredding truck will be in the parking lot near the tennis courts on **July 16 between the hours of 10 a.m. - 2 p.m.** The shredding will take place on-site. This service is provided through Rio Vista Sanitation but will be done by Shred It. The service is on a first come – first serve basis. Once the truck is full, no more materials will be accepted, so come early.

**Anonymous Notes to the Administrative Office/HOA** – No action is taken on notes that are dropped in the HOA Box in the Delta Club hall, slid under the door, mailed and/or submitted on an Administrative Communication Form that are not signed.

**Suspicious Behavior** – The community is a private one but not a secured one. If you observe unusual behavior that warrants a call to the police, please do so.

**Dog Waste** – Please pick up after your pooches. Trilogy is being notified that many members are not doing this and some are picking it up, putting it in bags and then leaving the bags on empty lots. This seems to be a particular problem on the undeveloped lots, especially along Sunset Landing.

**RV/Boat Passes** – You must enter through the front gate with your recreational vehicle and obtain a pass. Reminder: you may not have these vehicles in the community longer than 48 hours.

**Golf Carts** – Complaints continue regarding of children driving golf carts. Remember golf carts **must**:

- A. Yield to overtaking vehicular traffic
- B. Be operated by a person with a valid driver's license or at least 18 years old
- C. Be covered under sufficient liability insurance coverage

**Trash Cans** – Many cans are being left out of the garage without being behind enclosures. This is a violation of the Rules and Regulations for the community.

**Animals** – Please do not feed any animals outdoors. Reports of members feeding pets and wild animals outside continue to be made. Support from all members is crucial for controlling the situation.

**For Your Safety** – If you are walking in the street, please yield to vehicles. Often times there are groups of three to four people deep, making it impossible for vehicles to pass. Please wear light colors and carry a flashlight when walking or biking at night or early mornings.

**For non-delivery of Trilogy Living** - Please contact Jacquie Roche at (4204).

**Street Lights** – Please call Rich Ravin at Shea Homes to report street lights that are out. Contact him by phone at (1003) or you can email him at [rich.ravin@sheahomes.com](mailto:rich.ravin@sheahomes.com). Please copy Morris Barr at the city public works department [mbarr@ci.rio-vista.ca.us](mailto:mbarr@ci.rio-vista.ca.us) on your email to Rich.

## Visitors to the Vista Club

If you have guests, please remember the following rules apply to your guests using the Vista Club:

Billiard Room: a resident must be with their guests when they use the Billiard room. All guests must be at least 18.

Cyber Café: all guests may use the Cyber Café.

Cyber Café computers: available for residents and their guests over the age of 10. Guests between the ages of 10 and 18 must be accompanied by a member. There are no parental controls on these computers.

Fitness Room, Group Exercise studio, walking track, and Learning Center: available for residents only.

Pool: all guests must be accompanied by a resident. Guests under the age of 18 may swim during family swim time, 11a.m. – 3 p.m., daily.

## Power Outage Procedure

In the event of a power outage:

- No one will be admitted to the Vista Club.
- If the power is still out after 15 minutes, the Vista Club will be cleared and closed.
- If the power comes on before 6 p.m., staff will reopen the Vista Club.
- If the power comes on after 6 p.m., the Vista Club will remain closed until the next morning.
- Members are encouraged not to enter the Delta Club during a power outage.

### Meeting Calendar

#### Master Association Board Meeting

Tuesday, July 12, 2 p.m.  
Diablo Ballroom,  
Vista Club

#### Access Committee

Monday, July 25, 1 p.m.  
River Room, Delta Club

#### Village Riviera Board

Thursday, July 7, 6:30 p.m.  
Marina Room, Delta Club

#### Saddle Rock

#### Village Delegates'

Thursday, July 28, 7 p.m.  
Marine Room, Delta Club

#### Village 1 Board

Thursday, July 14, 4 p.m.  
River Room, Delta Club

#### Olympic Village Board

Thursday, July 14, 7 p.m.  
Marina Room, Delta Club

#### Vision Meeting

Thursday, July 21, 2 p.m.  
Rio Vista Room, Delta Club

#### Village Oakmont Board

Thursday, July 21, 7 p.m.  
Marina Room, Delta Club

#### Adult Committee

Thursday, July 28, 1 p.m.  
Rio Vista Room, Delta Club

## Adult Committee

The Adult Committee met on May 26, 2011 and voted to:

- Support the concept of a second television in the Billiards Room. The Billiards Club and HOA would each share half the total cost of a quality receiver, installation, remote, DVD, and other costs as appropriate.
- Support the concept of an art gallery in The Monterey Room. TAG and HOA would each share half the cost up to \$650 (\$1300 total) for material and installation.
- Support the creation of sports court rules to address issues such as smoking and pet access for all sport courts, present and future. Andy Pestana introduced newly appointed Rio Vista Interim Chief of Police, Greg Bowman.

The next meeting is on June 30 at 1 p.m. in the Rio Vista Room at the Delta Club. Everyone is welcome to attend.

## Village Riviera Board News

We hope by the time you read this that summer is in full swing — tomatoes and roses growing like crazy, and everyone enjoying BBQs, the pool, and the good friends that come with life at Trilogy.

Our Village has another opening on the Riviera Architectural Review Committee (ARC). We have received some applications, but want to give all Riviera residents who might be interested in joining this important group the opportunity to let their interests be known. You may pick up an application at the HOA Office. To be clear, this is to be on the Riviera ARC and not an application to make changes to your home. Just fill in the application and turn it back in to the HOA Office quickly. They will get it to the board members. We would like to have all applications before the next Village Riviera board meeting on July 7 at 6:30 p.m., at the Delta Club. This topic is one of the agenda items discussed.

Please join us whether or not you have an interest in being a member of ARC. It is a great place to learn about our village, hear what is coming up on the Master Board agenda, and learn about our residents' club news and Kare Bears.

Meanwhile, have a safe and happy Fourth of July, decorate your golf cart for the parade, and don't forget to get your order in for the hot dogs and sundaes. All of Riviera's share of the profits go to our Kare Bears.



## Olympic Village Residents' Club

Olympic Village is joining with other Trilogy Residents' Clubs in hosting the Annual 4<sup>th</sup> of July celebration. We are serving up hot dogs. Hope to see you there.

As a reminder, Olympic Village Residents' Club (OVRC) meetings are held on Saturdays in conjunction with our Social Club planning meetings. Coffee and treats are provided. All Olympic Village residents are encouraged to attend. You can either call Joel Auslen at (5808) for details or look online on the My Trilogy Life (MTL) website.

The MTL website provides you with our most current information about upcoming events complete with dates, times, and locations of our OVRC and Social Club meetings. If you have problems signing in to MTL, call Member Services at (4200). Please contact Joel Auslen (5808) if you need additional information.

## Village Riviera Residents' Club

Did you see the cover of this *Trilogy Living*? Yes, our Treasure Hunt is so awesome that it made the cover! By now, you should have received your flyer, formed your team, and turned in your reservation, but if you are not in Riviera and want to join us, just pick up a flyer at the Delta or Vista Clubs. This year, the Treasure Hunt on July 9 includes dinner. The price is \$15 per person. Dinner is catered by Tortilla Flats and features enchiladas with all of the appropriate accompaniments. The deadline for signing up is fast approaching, so act now.

The weekly Delta Pool BBQ has been changed from Tuesday to Thursday evenings. Join us at 6 p.m. for fun evenings and good company. Bring a salad, side dish or dessert to share and your own meat to grill. Come early for a refreshing swim before dinner.

We are still working on the details for the Soup Potluck scheduled for October. We'll keep you posted.

As for the Holiday Dinner, it will be as lovely as last year (unless we outdo ourselves somehow and make it even better). We are using the fabulous caterer, PBS catering, who took such great care of us last year. Details will be provided as the date draws closer.

Fourth of July is just a few days away, and this year Riviera is in charge of the ice cream sundae tables. Our Kare Bears have volunteered to take over serving the sundaes and will also receive the Riviera share of the profits for their efforts. So, buy a hot dog and a sundae because they taste great. It will be a wonderful day at the Delta pool, and the money goes towards helping Riviera residents. For more information, contact Ida at [imgrama@frontiernet.net](mailto:imgrama@frontiernet.net).

## Village I Residents' Club

Your new Village One Residents' Club (VORC) Co-Vice Presidents Lynne Galletta and Nancy Vickers have been very busy planning social events for the next year. The first event, the Poker Run, was held on Sunday, June 12 and can best be described as a full house or royal flush, both aces high. It was a real winning hand. Plans have been formulated for an August 14 potluck, an October 1 luau, a December 16 holiday party, the traditional honey-do on February 11, plus our annual charity event on April 1. Details will be tubed but mark your calendar now, so you won't be left out.

VORC is responsible for the parade portion of this year's July 4<sup>th</sup> celebration. If you would like to help, call Joe Downes at (7520). No experience necessary. Involvement is appreciated. VORC will also provide beverage service for the August 18 and 19 Drama Club presentations at the Delta Club as a community service.

The board is working on amendments to the by-laws that will streamline the club process and allow for more flexibility in the club's operations: fewer meetings, more resident involvement, and reduced formalities. The changes will be discussed and voted upon at the July 12 residents meeting in the Vista Club at 7:30 p.m. Please come and make your feelings known. It is your club, make it work for you. For more information, contact Joe Downes at (7520).

## Village Oakmont Residents' Club

A huge thank you goes to our great team who put on a very successful International Potluck. Our members decorated tables with cultural items. And the food was so delicious, bringing us wonderful flavors from our family cultures. Thank you one and everyone.

We are looking forward to a wonderful Trilogy July 4<sup>th</sup> event. This year, we will check in the guests for their hot dogs and sundaes. The golf cart parade is still looking for entrants. The parade will go around Summerset starting at the Delta Club.

### Upcoming Events:

July 4 - golf cart parade and activities at the Delta Club

July 6 - Social Committee Meeting at 3 p.m. in the Monterey Room at the Vista Club

July 21 - Residents Club Meeting (cancelled)

September 11 - Potluck

If you have any questions or need more information, please contact Veronica at (3858).

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You can board the bus at  
Vista Clubhouse or at the corner of  
Summerset Drive & Summerset Road  
near the main gate at the yellow/black sign.

**Call (707) 374-2878**  
or visit us online at  
**[www.deltabreeze.org](http://www.deltabreeze.org)**  
for information and reservations!

## SOCK HOP PHOTOS

by Arthur Fox

Village Riviera outdid themselves at the annual Sock Hop where Delta Harmony and Delta Divas provided dinner entertainment and DJ Rich Victor helped warm up the dance floor.



(Left) Delores & Adolph Bush and Shirley & Kurrilue Johnson. (Below) Delta Harmony singing group. (Right) Joe & Lezley Kalajian.



(Above) Linda & George Robinette. (Left) Don & Arleen Grass and two friends. (Below) Maureen Talbot, Coralie Leder, Susan Fox, Carol Yoon.

(Below) Susan Fox & Dick Talbott dance the night away







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# FITNESS & SPA

*By Jo Carmichael – Fitness Director*



## **EMPOWERMENT** - *Strength & Cardiovascular*

Summer is the perfect time to, as my mother always told me, "Go outside and play." This has stuck with me and has become my lifestyle. When we exercise outside, it seems less like exercise because we are either going somewhere, seeing the scenery change, or discovering something new. Fresh air can be mood altering, so try it and go outside and play!

To get your regular fitness program started safely, make your appointment for a personalized **ROM** (range of motion). A range of motion appointment requires a one-time \$20 fee, you'll have a one-on-one with your trainer, and once you are set up the machines will remember your settings and track your workouts.

**Next new member group orientations:** Wednesday, July 6 at 6 p.m. and Saturday, July 16 at 11 a.m.



## **NUTRITION** - *Weight management & Nutrition counseling*

Weight management is successful when approached as a lifestyle change. You have heard that before and it's true. Here is what one of your neighbors said about the Lose2Win program: "The Lose2Win Program here at Trilogy has been an invaluable and informative program for me. I learned many things about weight loss that I didn't know before. The program is one that is not so restrictive that I won't be able to continue with it for the rest of my life. I experienced a weight and inches loss and found the program to be motivating for me at the exact time I was ready to make the most of it. The instructor's knowledge of weight and strength training made the program a total package and incorporates the lifestyle that I moved to Trilogy to experience."

The next **Lose2Win** program starts Monday, July 11.



## **REJUVENATION** - *Recover & Relax*

Trilogy now carries the Image skin care product line. These are the same quality, age specific products that you have enjoyed in facials and other esthetician treatments here at Trilogy. These products will now be available for your home use to support the treatments you receive in the SPA. Pick up a brochure in the Quiet Zone or speak to Angela about the products that are right for you. *Make your appointment for any of our great SPA services today at Member Services.*



## **BALANCING & WELLNESS** - *Body & Mind*

How do you balance your life in body and mind? It all starts with thought. If you think anxious thoughts, you become tense. To overcome negative thoughts and feelings, you can use the power of your imagination to refocus your mind on positive, renewing images. Visualization can be a powerful tool in a relaxed state. Picture a scene or place that you feel safe in. It makes no difference what you visualize, as long as it is calming for you. As you relax your mind, your body will relax and allow you to become more balanced. It takes practice, which can be rewarding.

# FITNESS & SPA



## FITNESS, CLASSES, LECTURES AND WORKSHOPS

### Classes to try:

- **Mat Pilates** - A unique method of conditioning that allows you to dramatically reshape and redefine your body. Great workout for abdomen, lower back, and buttock firming. **Wednesday at 10:30 a.m. with Allison**
- **Dance 101** – Fun way to stay fit and learn new moves. This class offers enhanced spatial awareness, balance, coordination, posture and a great cardio workout. **Tuesday at 9 a.m. and Thursday at 10 a.m.**
- **Simply Stretch** – This class focuses on breathing, relaxing, and stretching to release tension, increase blood flow, and decrease pain. Joele will also work with you on self massage techniques that will improve flexibility. **Tuesday at 10 a.m.**

### **Mark your calendar! Saturday Fitness Classes**

- STEP Aerobics with Pat at 8:30 a.m. on the first Saturday each month
- *Saturday ZUMBA* class at 11 a.m. on July 9, 16, 23 and 30 at 11:30 a.m.
- Aqua Fit classes at the Delta on Monday and Thursday at 10 a.m. and Thursday at 3 p.m.
- Skinny Kitchen Cooking Class, Saturday, July 26, 12 - 2 p.m.  
Presented by Life Coach, Cook and Author Joyce Bueker

### **Celebrate summer with a fresh burst of herbs and organic ingredients!**

#### **This fun and interactive cooking class features:**

- Dairy/gluten-free and low-sodium options
- Fresh herbs that you harvest from plants
- Flavorful vegetable, entrée and salad dishes
- Menu planning and shopping tips
- Ideas to slim down favorite recipes

We cook and share a meal together and you take home great recipes. Sign up at Member Services. Class is held at the Delta Club. Cost is \$15 (\$12/Lose2Win) includes lunch/handouts.

## **“Mindfulness Meditation”**

Each Wednesday at 7 p.m.

Mindfulness Meditation meets in the Sonoma Room at the Vista Club to meditate.

This class is open to beginners and experienced souls.

For more information, please contact Anna Chunn at (3560).



## Council for the Arts

Music of the Night (2012) is on March 8, 9 and 10. We'll keep reminding you so that you can jot the dates down on your 2012 calendar and be sure to get tickets. For those of you who are technologically in the 21<sup>st</sup> century, you can put it in your iPhone or iPad now.

Auditions for those who want to be part of this always-sold-out show and who are prepared to have fun in the process should keep reading the monthly article for the Trilogy Council for the Arts. The audition application slips for singers and extras that will do production numbers will be available at the Front Desk in mid-September. Auditions will take place on October 24, 2011 from 7 - 9 p.m. in the Diablo Ballroom of the Vista Club.

The Trilogy Council for the Arts meets on the second Thursday of every month. Our next meeting is on July 14 at 10:30 a.m. There is no meeting in August. The money that is raised by the Council for the Arts goes to fund its own budget for productions. The money is also used to assist with other art-related projects and clubs at Trilogy. Join us if you want to participate, or if you have a presentation for another club requesting funds. If you have any questions, please contact Judy Calpo at (2924).

## Fat Quarter Quilters

Join Fat Quarter Quilters to work on your own quilting project in a group setting. It is where you'll meet new friends, share ideas, and get help with your projects. The group meets every Wednesday from 12:30 – 4 p.m. at the Delta Club. There are no dues or fees. For more information, contact Esther Young at (2639).

## Scrapbooking Club

Where are the precious photos of your family and friends and of the special times you've enjoyed? Are they in a closet, in the garage, collecting dust under your bed, still in your computer or in your camera's memory card? Join our group to work on your own scrapbook photo album in a group setting. You will meet new friends, share ideas and get help with your projects. We can help you get started! Just bring your photos. We meet the second Thursday of every month from 10 a.m. – 4 p.m. at the Delta Club. There are no dues or fees. For more information, contact Joyce Bailey at (3391) or Marti Rogers at (6859).

## Trilogy Art Guild for Artists

Local art shows have kept us busy these past few months. The Fairfield Visual Arts juried show awarded Alma Renko with second place in Pastels and an honorable mention in Acrylic painting. Ellen Lavacarre also received an honorable mention for her acrylic painting. The next show was juried by the Vacaville Art League and once again Alma received first place in Acrylic/Oil, Patty Puryear won second place for Acrylic/Oil, and Joanne Sawle received third place for her Pencil/Pastel painting. We are having some new classes and workshops this summer with a new teacher from Discovery Bay. For more information, call Anna at (3560), Amy at (4857), or Linda at (7590).

## • • • • • Watercolor Class for Beginners • • • • •

- Class meets on Tuesday afternoon at the Delta Club. •
- If you are interested in learning to paint with Water- •
- color, please contact Anna Chunn at (3560). •

## EDUCATIONAL OPPORTUNITIES

### July 2011 Computer Class Schedule

CLASS	DATE & TIME	INSTRUCTOR
Facebook	July 6 10-noon	Beth Brockhouse

## Still Looking for Volunteer Computer Instructors

If you are interested in teaching one or more computer classes please Call Jacquie at (4204).

Computer classes are now taught in levels of ability. Level 1 is beginner, and teaches the basics of the computer. Level 2 requires familiarity using a search engine and being adept with the mouse. Level 3 requires knowledge of more advanced program. **Remember to sign up at member services Vista**

# TrilogyLiving

## Fitness Class Schedule for July 2011

All classes require either a **“Trilogy Fitness Punch Card”** (specialty class = 2 punches, all others are 1 punch. \$60 at the Member Services Desk) or an **“Unlimited Class Pass”** for \$45 which is good for a calendar month.  
Last months Card Raffle Winner – Barb Downs. Please call Fitness Director Jo Carmichael at (4205) if you have questions.

**Orientations: Wednesday, July 6 at 6 p.m. and Saturday, July 16 at 11 a.m.**

**Key**  
Reg. font = Open Classes  
*Italic* = New Class or Change  
**Bold** = Featured or New Class  
# = Free Trial Class  
(B) = Beginning  
(I) = Intermediate

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Classes to note in July</b> <ul style="list-style-type: none"><li><b>STEP Aerobics with Pat</b> – First Saturday of each month at 8:30 a.m.</li><li><b>Mat Pilates with Pat</b> – Monday at 9:30 a.m.</li><li><b>Mat Pilates with Allison</b> – Wednesday at 10:30 a.m.</li><li><b>Saturday ZUMBA with Sophie</b> – 11 a.m. and 12 p.m. on June 18, June 25</li><li><b>NEW - ZUMBA Toning with Sophie</b> – 11 a.m. and 12 p.m.</li><li><b>Aqua Fit classes in the Delta pool</b> – Monday, Thursday at 10 a.m. and Thursday at 3 p.m. New time</li></ul>				<b>1</b> 7:00 a.m. Yoga (B) (Diablo) (Tammy) 7:30 a.m. Low Impact (B/I) (Pat) 8:30 a.m. Workout With Weights (B/I) (Pat) 9:00 a.m. Laughing Yoga (B) (Deanna) 9:30 a.m. Dance Aerobics (Joele) 10:00 a.m. Aqua Fit (B) (Denise) <b>11:00 a.m. ZUMBA Toning (Sophie) <i>New</i></b> <b>12:00 p.m. ZUMBA Toning (Sophie) <i>New</i></b>	<b>2</b> 8:30 a.m. STEP Aerobics (Pat) 8:30 a.m. Aqua Fit (B) (Denise)
<b>4</b> HAPPY HOLIDAY!!! No Classes today!	<b>5</b> 8:00 a.m. Core/Balance (Jo) <b>9:00 a.m. Dance 101 (Joele) <i>New</i></b> <b>10:00 a.m. Simply Stretch (Joele) <i>New</i></b> 10:00 a.m. Aqua Fit (B) (Denise) 11:00 a.m. Advanced (ongoing) Arthritis Foundation Program (Beverly) 3:00 p.m. Yoga 4 Balance (B/I) (Joyce) <b>3:00 p.m. Aqua Joint (B) (Bev)</b> 4:00 p.m. Dance Aerobics (B) (Joele)	<b>6</b> 7:00 a.m. Yoga (B) (Diablo) (Tammy) 7:30 a.m. Low Impact (B/I) (Pat) <i>8:30 a.m. Workout With Weights (B/I) (Pat)</i> 9:30 a.m. ZUMBA (Allison) 10:30 a.m. Mat Pilates (Allison) <b>#9:30 a.m. Wake Up &amp; Move (Free) (B/I) (Anna) Delta</b> 10:00 a.m. Aqua Fit (B) (Denise) <i>10:30 Mat Pilates (Allison) <i>New</i></i> <b>3:00 p.m. Circuit Training (Susan)</b> <b>4:00 p.m. Stretch &amp; Flex (Susan)</b> 7:00 p.m. Meditation (B/I) (Anna)	<b>7</b> 8:00 a.m. Core/Balance (Jo) 9:00 a.m. Tai Chi Ryu (B) (Lillian) <b>10:00 a.m. Dance 101 (Joele) <i>New</i></b> <b>10:00 a.m. Aqua Fit (B) (Denise) <i>Delta Pool</i></b> 11:00 a.m. Mixed Level Arthritis Foundation Program (Beverly) <b>3:00 p.m. Aqua Joint (B) (Bev)</b> <b>3:00 p.m. Aqua Fit (B) (Denise) <i>Delta Pool</i></b> 4:00 p.m. Dance Aerobics (B) (Joele)	<b>8</b> 7:00 a.m. Yoga (B) (Diablo) (Tammy) 7:30 a.m. Low Impact (B/I) Pat 8:30 a.m. Workout With Weights (B/I) (Pat) 9:00 a.m. Laughing Yoga (B) (Deanna) 9:30 a.m. Dance Aerobics (Joele) 10:00 a.m. Aqua Fit (B) (Denise) <b>11:00 a.m. ZUMBA Toning (Sophie) <i>New</i></b> <b>12:00 p.m. ZUMBA Toning (Sophie) <i>New</i></b>	<b>9</b> 8:30 a.m. Aqua Fit (B) (Denise) 11:00 a.m. ZUMBA (Sophie) 12:00 p.m. ZUMBA (Sophie)
<b>11</b> 7:30 a.m. Step (B/I) Pat 8:30 a.m. Workout With Weights (B/I) (Pat) <b>9:00 a.m. Yoga (B) (Deanna) Ballroom</b> <b>9:30 a.m. Wake Up &amp; Move (B/I) (Anna) Delta <i>New</i></b> <b>10:00 a.m. Meditation Breathing (B) (Deanna) Ballroom</b> <b>10:00 a.m. Aqua Fit (B) (Denise) <i>Delta Pool</i></b> <i>10:30 a.m. ZUMBA (Sophie) <i>New time</i></i> <i>11:30 a.m. ZUMBA (Sophie) <i>New time</i></i> Lose2Win Begins Today	<b>12</b> 8:00 a.m. Core/Balance (Jo) <b>9:00 a.m. Dance 101 (Joele) <i>New</i></b> <b>10:00 a.m. Simply Stretch (Joele) <i>New</i></b> 10:00 a.m. Aqua Fit (B) (Denise) 11:00 a.m. Advanced (ongoing) Arthritis Foundation Program (Beverly) 3:00 p.m. Yoga 4 Balance (B/I) (Joyce) <b>3:00 p.m. Aqua Joint (B) (Bev)</b> 4:00 p.m. Dance Aerobics (B) (Joele)	<b>13</b> 7:00 a.m. Yoga (B) (Diablo) (Tammy) 7:30 a.m. Low Impact (B/I) (Pat) 8:30 a.m. Workout With Weights (B/I) (Pat) 9:30 a.m. ZUMBA (Allison) 10:30 a.m. Mat Pilates (Allison) <b>#9:30 a.m. Wake Up &amp; Move (Free) (B/I) (Anna) Delta</b> 10:00 a.m. Aqua Fit (B) (Denise) <b>10:30 Mat Pilates (Allison) <i>New</i></b> <b>3:00 p.m. Circuit Training (Susan)</b> <b>4:00 p.m. Stretch &amp; Flex (Susan)</b> 7:00 p.m. Meditation (B/I) (Anna)	<b>14</b> 8:00 a.m. Core/Balance (Jo) 9:00 a.m. Tai Chi Ryu (B) (Lillian) <b>10:00 a.m. Dance 101 (Joele) <i>New</i></b> <b>10:00 a.m. Aqua Fit (B) (Denise) <i>Delta Pool</i></b> 11:00 a.m. Mixed Level Arthritis Foundation Program (Beverly) <b>3:00 p.m. Aqua Joint (B) (Bev)</b> <b>3:00 p.m. Aqua Fit (B) (Denise) <i>Delta Pool</i></b> 4:00 p.m. Dance Aerobics (B) (Joele)	<b>15</b> 7:00 a.m. Yoga (B) (Diablo) (Tammy) 7:30 a.m. Low Impact (B/I) Pat 8:30 a.m. Workout With Weights (B/I) (Pat) 9:00 a.m. Laughing Yoga (B) (Deanna) 9:30 a.m. Dance Aerobics (Joele) 10:00 a.m. Aqua Fit (B) (Denise) <b>11:00 a.m. ZUMBA Toning (Sophie) <i>New</i></b> <b>12:00 p.m. ZUMBA Toning (Sophie) <i>New</i></b>	<b>16</b> 8:30 a.m. Aqua Fit (B) (Denise) 11:00 a.m. ZUMBA (Sophie) 12:00 p.m. ZUMBA (Sophie) <b>11:00 a.m. Fitness Orientation (Susan) <i>Fitness Floor</i></b>
<b>18</b> 7:30 a.m. Step (B/I) Pat <i>8:30 a.m. Workout With Weights (B/I) (Pat)</i> <b>9:00 a.m. Yoga (B) (Deanna) Ballroom</b> <b>9:30 a.m. Wake Up &amp; Move (B/I) (Anna) Delta <i>New</i></b> <b>10:00 a.m. Meditation Breathing (B) (Deanna) Ballroom</b> <b>10:00 a.m. Aqua Fit (B) (Denise) <i>Delta Pool</i></b> <i>10:30 a.m. ZUMBA (Sophie) <i>New time</i></i> <i>11:30 a.m. ZUMBA (Sophie) <i>New time</i></i>	<b>19</b> 8:00 a.m. Core/Balance (Jo) <b>9:00 a.m. Dance 101 (Joele) <i>New</i></b> <b>10:00 a.m. Simply Stretch (Joele) <i>New</i></b> 10:00 a.m. Aqua Fit (B) (Denise) 11:00 a.m. Advanced (ongoing) Arthritis Foundation Program (Beverly) 3:00 p.m. Yoga 4 Balance (B/I) (Joyce) <b>3:00 p.m. Aqua Joint (B) (Bev)</b> 4:00 p.m. Dance Aerobics (B) (Joele)	<b>20</b> 7:00 a.m. Yoga (B) (Diablo) (Tammy) 7:30 a.m. Low Impact (B/I) (Pat) 8:30 a.m. Workout With Weights (B/I) (Pat) 9:30 a.m. ZUMBA (Allison) 10:30 a.m. Mat Pilates (Allison) <b>#9:30 a.m. Wake Up &amp; Move (Free) (B/I) (Anna) Delta</b> 10:00 a.m. Aqua Fit (B) (Denise) <b>10:30 Mat Pilates (Allison) <i>New</i></b> <b>3:00 p.m. Circuit Training (Susan)</b> <b>4:00 p.m. Stretch &amp; Flex (Susan)</b> 7:00 p.m. Meditation (B/I) (Anna)	<b>21</b> 8:00 a.m. Core/Balance (Jo) 9:00 a.m. Tai Chi Ryu (B) (Lillian) <b>10:00 a.m. Dance 101 (Joele) <i>New</i></b> <b>10:00 a.m. Aqua Fit (B) (Denise) <i>Delta Pool</i></b> 11:00 a.m. Mixed Level Arthritis Foundation Program (Beverly) <b>3:00 p.m. Aqua Joint (B) (Bev)</b> <b>3:00 p.m. Aqua Fit (B) (Denise) <i>Delta Pool</i></b> 4:00 p.m. Dance Aerobics (B) (Joele)	<b>22</b> 7:00 a.m. Yoga (B) (Diablo) (Tammy) 7:30 a.m. Low Impact (B/I) Pat 8:30 a.m. Workout With Weights (B/I) (Pat) <b>9:00 a.m. Laughing Yoga (B) (Deanna) <i>New Time</i></b> 9:30 a.m. Dance Aerobics (Joele) 10:00 a.m. Aqua Fit (B) (Denise) <b>11:00 a.m. ZUMBA Toning (Sophie) <i>New</i></b> <b>12:00 p.m. ZUMBA Toning (Sophie) <i>New</i></b>	<b>23</b> 8:30 a.m. Aqua Fit (B) (Denise) 11:00 a.m. ZUMBA (Sophie) 12:00 p.m. ZUMBA (Sophie)
<b>25</b> 7:30 a.m. Step (B/I) Pat <i>8:30 a.m. Workout With Weights (B/I) (Pat)</i> <b>9:00 a.m. Yoga (B) (Deanna) Ballroom</b> <b>9:30 a.m. Wake Up &amp; Move (B/I) (Anna) Delta <i>New</i></b> <b>10:00 a.m. Meditation Breathing (B) (Deanna) Ballroom</b> <b>10:00 a.m. Aqua Fit (B) (Denise) <i>Delta Pool</i></b> <i>10:30 a.m. ZUMBA (Sophie) <i>New time</i></i> <i>11:30 a.m. ZUMBA (Sophie) <i>New time</i></i>	<b>26</b> 8:00 a.m. Core/Balance (Jo) <b>9:00 a.m. Dance 101 (Joele) <i>New</i></b> <b>10:00 a.m. Simply Stretch (Joele) <i>New</i></b> 10:00 a.m. Aqua Fit (B) (Denise) 11:00 a.m. Advanced (ongoing) Arthritis Foundation Program (Beverly) 3:00 p.m. Yoga 4 Balance (B/I) (Joyce) <b>3:00 p.m. Aqua Joint (B) (Bev)</b> 4:00 p.m. Dance Aerobics (B) (Joele)	<b>27</b> 7:00 a.m. Yoga (B) (Diablo) (Tammy) 7:30 a.m. Low Impact (B/I) (Pat) 8:30 a.m. Workout With Weights (B/I) (Pat) 9:30 a.m. ZUMBA (Allison) 10:30 a.m. Mat Pilates (Allison) <b>#9:30 a.m. Wake Up &amp; Move (Free) (B/I) (Anna) Delta</b> 10:00 a.m. Aqua Fit (B) (Denise) <b>10:30 Mat Pilates (Allison) <i>New</i></b> <b>3:00 p.m. Circuit Training (Susan)</b> <b>4:00 p.m. Stretch &amp; Flex (Susan)</b> 7:00 p.m. Meditation (B/I) (Anna)	<b>28</b> 8:00 a.m. Core/Balance (Jo) 9:00 a.m. Tai Chi Ryu (B) (Lillian) <b>10:00 a.m. Dance 101 (Joele) <i>New</i></b> <b>10:00 a.m. Aqua Fit (B) (Denise) <i>Delta Pool</i></b> 11:00 a.m. Mixed Level Arthritis Foundation Program (Beverly) <b>3:00 p.m. Aqua Joint (B) (Bev)</b> <b>3:00 p.m. Aqua Fit (B) (Denise) <i>Delta Pool</i></b> 4:00 p.m. Dance Aerobics (B) (Joele)	<b>29</b> 7:00 a.m. Yoga (B) (Diablo) (Tammy) 7:30 a.m. Low Impact (B/I) Pat 8:30 a.m. Workout With Weights (B/I) (Pat) <b>9:00 a.m. Laughing Yoga (B) (Deanna) <i>New Time</i></b> 9:30 a.m. Dance Aerobics (Joele) 10:00 a.m. Aqua Fit (B) (Denise) <b>11:00 a.m. ZUMBA Toning (Sophie) <i>New</i></b> <b>12:00 p.m. ZUMBA Toning (Sophie) <i>New</i></b>	<b>30</b> 8:30 a.m. Aqua Fit (B) (Denise) 11:00 a.m. ZUMBA (Sophie) 12:00 p.m. ZUMBA (Sophie)

TrilogyLiving

July 2011 Club and Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b>  8am Social Tennis 9am Model Club (V) 9am TAG Beginning Oils (D) 9am Village 1 Arch. Com. Mtg. (V) 10am Soul Line Dancing (D) 12pm Bridge (V) 12:30pm TAG Watercolor Class (D) 1pm Paddle Tennis 3pm Basketball 5pm Ballroom Dance Class (V)	<b>2</b>  8am Motorcycle Club (Off-site) 8:30am Hiking Club (V) 11am Table Tennis (D)
<b>3</b>	<b>4</b>  <b>Independence Day Celebration!</b> <b>11:30am Parade around Summerset Dr.</b> <b>12 - 3pm Hot Dogs &amp; Ice Cream Social (D)</b> <b>12pm Car &amp; Motorcycle Show (D)</b> <b>12 -1pm Fun for Kids (D)</b> <b>12:00 - 3:00pm DJ at the pool (D)</b> <b>1:00pm Entertainment (D)</b> <b>2:00pm Award Ceremony (D)</b>  8am Social Tennis 1pm Mah-Jongg (V) 1pm Rip, Stitch & Bitch (V) 7pm Poker (D)	<b>5</b>  7am Social Tennis 8:30am Radio Club (V) 9am Women's 9-Hole Golf 9:30am Beg. Cntry Line Dance (V) 10:30am Int. Cntry Line Dance(V) 11:30am RVMEN 9-Hole Golf 12pm Dominoes (V) 12:30pm TAG Watercolor Class (D) 12:45pm Hand & Foot Canasta (V) 5pm Billiards Club Tourn (V) 5pm Table Tennis-beg. (D) 6pm Table Tennis-inter/adv (D) 6pm Tai Chi & Yuan Chi Dance (V) 7pm Drama Club Rehearsal (D)	<b>6</b>  8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Village Riviera Arch. Com. Mtg. (D) 10am Stained Glass (D) 12:30pm Fat Quarters Quilting (D) 2pm TAG Bergren Art (D) 2pm TAG Card Class (D) 2:30pm Jazz Band (V) 3pm Village Oakmont RC Social Com. Mtg. (V) 4:30pm Table Tennis Lessons (D) 6pm Beg Ballrm Dance Class (V) 6:30pm Soul Line Dancing (D) 7pm Billiards Club Mtg. (V)	<b>7</b>  8am Social Tennis 8:30am Women's 18-Hole Golf 9:30am Ceramics (D) 12:30pm Ponytail Canasta (V) 1pm Golf Ladies Bridge Club (D) 1pm Good Samaritans (D) 2pm Genealogy Club (V) 5pm Table Tennis-beg. (D) 6pm Tai Chi & Yuan Chi Dance (V) <b>6:30pm Village Riviera HOA Mtg. (D)</b> 6:30pm Pinochle (D) 7pm Photography Club (V) 7pm Drama Club Rehearsal (D)	<b>8</b>  8am Social Tennis 9am TAG Beginning Oils (D) 9:30am Walk & Talk (V) 10am Soul Line Dancing (D) 12pm Bridge (V) 12:30pm TAG Watercolor Class (D) 1pm Paddle Tennis 3pm Basketball 5pm Ballroom Dance Class (V) 7pm Bunco (D) <b>7pm Storytelling with Dorothy Tate (V)</b>	<b>9</b>  8:30am Hiking Club (V) 11am Table Tennis (D) 5pm Village Riviera RC Treasure Hunt (D)
<b>10</b>  <b>10am – 3pm Farmer's Market (D)</b> 7pm Ballroom Dance Club Dance (V)	<b>11</b>  8am Social Tennis 9am Chronic Disease Class (V) 9:30am Walk & Talk (V) 11am Kare Bears – Olympic Village (D) 12:30pm Duplicate Bridge (V) 12:30pm TAG Watercolor Class (D) 1pm Rip, Stitch & Bitch (V) 3pm Village Oakmont Arch. Com. Mtg. (D) 6:30pm Soul Line Dancing (D) 7pm Poker (D)	<b>12</b>  8am Social Tennis 8:30am Radio Club (V) 9am Women's 9-Hole Golf 9:30am Beg. Cntry Line Dance (V) 10:30am Int. Cntry Line Dance(V) 10:30am Book Club (V) 11:30am RVMEN 9-Hole Golf 12pm Recipe Club (D) 12:30pm TAG Watercolor Class (D) 12:45pm Hand & Foot Canasta (V) <b>2pm Master Assoc Bd Mtg. (V)</b> 5pm Billiards Club Tourn (V) 5pm Table Tennis-beg. (D) 6pm Table Tennis-inter/adv (D) 6pm Tai Chi & Yuan Chi Dance (V) <b>6pm Grapevine Chat (V)</b> 7pm Gospel Singers Practice (V) 7pm Drama Club Rehearsal (D) 7:30pm VORC Mtg. (V)	<b>13</b>  8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 10am Olympic Village Arch. Com. Mtg. (D) 10am Kare Bears – Village Oakmont (D) 10am Kare Bears – Village 1 (D) 12:30pm Fat Quarters Quilting (D) 2pm TAG Bergren Art (D) 2pm TAG Card Class (D) 2:30pm Jazz Band (V) 4:30pm Table Tennis Lessons (D) 6pm Beg Ballrm Dance Class (V) 6:30pm Soul Line Dancing (D)	<b>14</b>  8am Social Tennis 8:30am Women's 18-Hole Golf 9am Blood Pressure Check (D) 9:30am Ceramics (D) 10am Scrapbooking (D) 10:30am Council for the Arts (V) 12:30pm Ponytail Canasta (V) 1pm Good Samaritans (D) 3pm Gospel Singers (V) 3pm Golf - TRVMEN Mtg. (D) 4pm Golf - Sr. Men's Board Mtg. (D) <b>4pm Village 1 HOA Mtg. (D)</b> 5pm Table Tennis-beg. (D) 6pm Tai Chi & Yuan Chi Dance (V) 6:30pm Pinochle (V) <b>7pm Olympic Vill HOA Mtg. (D)</b> 7pm Drama Club Rehearsal (D)	<b>15</b>  8am Social Tennis <b>9am Painting on Fabric (D)</b> 9am Village I Arch. Com. Mtg. (D) 9am TAG Beginning Oils (D) 9:30am Walk & Talk (V) 10am Soul Line Dancing (D) 12pm Bridge (V) 12:30pm TAG Watercolor Class (D) 1pm Paddle Tennis 3pm Basketball 5pm Ballroom Dance Class (V) 7pm Whist Club (D) <b>7pm Open Mic Night (V)</b>	<b>16</b>  8:30am Hiking Club (V) <b>10am Document Shredding - Tennis Court Parking Lot)</b> 11am Table Tennis (D) <b>1 – 4pm Welcome Summer with DJ Jose (V)</b>
<b>17</b>	<b>18</b>  8am Social Tennis 9am Chronic Disease Class (V) 9:30am Walk & Talk (V) 10am Council of Village Presidents (D) 12:30pm TAG Watercolor Class (D) 1pm Mah-jongg (V) 6:30pm Soul Line Dancing (D) 7pm Fishing Club (D) 7pm Poker (D)	<b>19</b>  8am Social Tennis 8:30am Radio Club (V) 9am Women's 9-Hole Golf 9:30am Beg. Cntry Line Dance (V) 10:30am Int. Cntry Line Dance(V) 11:30am RVMEN 9-Hole Golf 12pm Women's 9-Hole Golf Mtg. (V) 12:30pm TAG Watercolor Class (D) 12:45pm Hand & Foot Canasta (V) 5pm Billiard Club Tourn (V) 5pm Table Tennis-beg. (D) 6pm Table Tennis-inter/adv (D) 6pm Tai Chi & Yuan Chi Dance (V) 7pm Computer Club (V) 7pm Drama Club Rehearsal (D)	<b>20</b>  8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 10am Village Riviera Arch. Com. Mtg. (D) 12:30pm Fat Quarters Quilting (D) 2pm TAG Bergren Art (D) 2pm TAG Card Class (D) 2:30pm Jazz Band (V) 4:30pm Table Tennis Lessons (D) 6pm Beg Ballrm Dance Class (V) 6:30pm Soul Line Dancing (D)	<b>21</b>  8am Social Tennis 8:30am Women's 18-Hole Golf 9:30am Ceramics (D) 12pm Dominoes (V) 1pm Golf Ladies Bridge Club (D) 1pm Good Samaritans (D) 2pm Genealogy Workshop (V) <b>2pm Vision Mtg. (D)</b> 3pm Gospel Singers (V) 4pm Golf – Sr. Men's Mtg (D) 5pm Table Tennis-beg. (D) 6pm Tai Chi & Yuan Chi Dance (V) 6:30pm Pinochle (V) <b>7pm Vill Oakmont HOA Mtg. (D)</b> 7pm Village Riviera RC Mtg. (V) 7pm Drama Club Rehearsal (D)	<b>22</b>  8am Social Tennis 9am TAG Beginning Oils (D) 9:30am Walk & Talk (V) 11am Soul Line Dancing (D) 12pm Bridge (V) 12:30pm TAG Watercolor Class (D) 1pm Paddle Tennis 3pm Basketball 5pm Ballroom Dance Class (V) 7pm Bingo (D)	<b>23</b>  8:30am Hiking Club (V)
<b>24</b>  <b>10am – 3pm Farmer's Market (D)</b>  <b>31</b>  <b>8am – 12pm Scuba Class (Delta Pool)</b>	<b>25</b>  8am Social Tennis 9am Chronic Disease Class (V) 9:30am Walk & Talk (V) 12:30pm TAG Watercolor Class (D) <b>1pm Access Com. Mtg. (D)</b> 1pm Mah Jongg (V) 1pm Rip, Stitch & Bitch (V) 3pm Village Oakmont Arch. Com. Mtg. (D) 6:30pm Soul Line Dancing (D) 7pm Poker (D)	<b>26</b>  8am Social Tennis 8:30am Radio Club (V) 9am Women's 9-Hole Golf 9:30am Beg. Cntry Line Dance (V) 10:30am Int. Cntry Line Dance(V) 11:30am RVMEN 9-Hole Golf <b>12pm Skinny Kitchen with Joyce Bueker (D)</b> 12:30pm TAG Watercolor Class (D) 12:45pm Hand & Foot Canasta (V) 5pm Billiards Club Tourn (V) <b>5pm Grapevine Chat (V)</b> 5pm Table Tennis-beg. (D) 6pm Table Tennis-inter/adv (D) 6pm Tai Chi & Yuan Chi Dance (V) 7pm Drama Club Mtg. & Rehearsal (D)	<b>27</b>  8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 10am Olympic Village Arch. Com. Mtg. (D) 12:30pm Fat Quarters Quilting (D) 2pm TAG Bergren Art (D) 2pm TAG Card Class (D) 4:30pm Table Tennis Lessons (D) 6pm Beginners Ballroom Dance Class (V) 6:30pm Soul Line Dancing (D)	<b>28</b>  8am Social Tennis 8:30am Women's 18-Hole Golf 9:30am Ceramics (D) 12:30pm Ponytail Canasta (V) <b>1pm Adult Committee Mtg. (D)</b> 1pm Good Samaritans (D) 3pm Gospel Singers (V) 5pm Table Tennis-beg. (D) 6pm Table Tennis-inter/adv (D) 6pm Tai Chi & Yuan Chi Dance (V) 6:30pm Pinochle (V) 7pm Drama Club Rehearsal (D) 7pm Saddle Rock Delegates' Mtg. (D)	<b>29</b>  8am Social Tennis 9am TAG Beginning Oils (D) 9:30am Walk & Talk (V) 10am Tennis Club Mtg. (D) 11am Soul Line Dancing (D) 12pm Bridge (V) 12:30pm TAG Watercolor Class (D) 1pm Paddle Tennis 3pm Basketball 5pm Ballroom Dance Class (V)	<b>30</b>  8:30am Hiking Club (V) 11am Table Tennis (D) <b>6:30pm Concert on the Patio – Zydeco Experience (V)</b>



## Village Riviera

Thanks to all of you who came to the Diablo Ballroom to hear our guest speaker, Charlotte Stackpole, Eldercare Advisor. She shared a lot of things with us about how to find the right senior care and senior housing. Some of us found the information useful for ourselves while others of us are looking for help with family members. It was an enlightening hour.

We honored our volunteers at the June meeting and had tons of yummy snacks. We are so grateful to have such caring friends and neighbors who are willing to share their time and energy with the community.

The next regular meeting is on August 8. Please join us at the Delta Club for coffee and snacks at 9:30 a.m. The meeting starts at 10 a.m. Hope to see you there. If you are in need of information or services, please call Myra at (3660) or Valerie at (6942).

## Village I

The next Village 1 Kare Bears meeting is Wednesday, July 13 at 10 a.m. in the Delta Club. Come join us for coffee and snacks. All residents are invited, and we love to see new faces. We are still looking for an Area Coordinator. For more information, call Sandy at (5232).

## Village Oakmont

Oakmont Kare Bears give many thanks to all the knitters donating their time and skills to make knitted shawls, lap robes, and hats for the program at Valley Hospital on behalf of cancer patients. Valley Hospital has received an abundance of hats and has asked Kare Bears for knitters of lap robes and shawls. Interested knitters can contact Virginia Albertson at (6823) for more information.

A "meet-n-greet" had been set for July 13 at Marti Rogers' home to introduce current and potential members into Kare Bears functions.

We were invited to attend a luncheon on May 18 by the Summerset Trilogy Kare Bears where we exchanged programs and ideas for upcoming programs.

The Chronic Disease Self-Management program began on June 13 and run through July 25 in the Monterey Room at the Vista Club from 9 a.m. - 11:30 a.m. With the exception of the July 4<sup>th</sup> holiday, the program will run for six weeks. It is open to Trilogy residents only and is free. The program is open to those with chronic conditions as well as their care givers, with all participants being able to move about as needed. Enrollment is limited to 20 participants, so sign up early at the front desk to ensure your place. Flyers are available at Member Services with more information.

Come early to meet your new neighbors and board members. Due to the summer schedules of Trilogy residents, there will be no meeting for July or August, resuming again in September. For more information, contact Virginia Albertson at (6823).



# FAMILY SUPPORT COMMITTEE



The Family Support Committee organizes memorial services for family members who incur the loss of a Trilogy member. For more information, please call Chairperson Claudette Gartner at (707) 439-6116, e-mail [xbirdlady@myifp.com](mailto:xbirdlady@myifp.com) or call Coordinator Doreen Hammond at (2370) or Barbara Sherison (6845).

## Billiards Club

The next Billiards Club meeting is on Wednesday, July 6 at 7 p.m. in the Monterey Room of the Vista Club.

Tuesday Evening's tournaments start at 5 p.m. The club took a road trip for a tournament with Fairfield on Saturday, May 7. Nine Trilogy club members made the trip with 10 Fairfield players. The format was 8-ball. After five hours of play and 80 games, the final results were Trilogy, 47 and Fairfield, 33. The matches were all close with the winner being determined in the final minutes of each game. After many disappointments, this decisive win was a great confidence booster for the Trilogy team. Fairfield served coffee and donuts in the morning, and pizza and sodas for lunch.

Oscar Grissom extended an invitation to all Fairfield players who would like to come to Trilogy and play in the Tuesday evening tournaments as guests. Two of their players accepted the invitation and have attended the last three tournaments. Jeff Lee placed second in the May 10<sup>th</sup> tournament and won the May 24 tournament. Bernie Carrera placed fourth in the May 17 tournament. Congratulations, Jeff and Bernie.

### Latest weekly tournament winners

#### May 3, 9-Ball

- 1<sup>st</sup> Gene Ivy
- 2<sup>nd</sup> Al Bergoust
- 3<sup>rd</sup> Oscar Grissom
- 4<sup>th</sup> Geno Toscano

#### May 10, 8-Ball

- 1<sup>st</sup> Oscar Grissom
- 2<sup>nd</sup> Jeff Lee
- 3<sup>rd</sup> Al Bergoust

#### May 17, 8-Ball

- 1<sup>st</sup> Ben Bautista
- 2<sup>nd</sup> Al Bergoust
- 3<sup>rd</sup> Dave Stewart
- 4<sup>th</sup> Bernie Carrera

#### May 24, 8-Ball

- 1<sup>st</sup> Jeff Lee
- 2<sup>nd</sup> Dave Stewart
- 3<sup>rd</sup> Al Bergoust

#### May 31, 9-Ball

- 1<sup>st</sup> Jack Clark
- 2<sup>nd</sup> Al Bergoust
- 3<sup>rd</sup> Lee Durham

For more information regarding the Billiards club, please contact Oscar Grissom at [crpntrboy@aol.com](mailto:crpntrboy@aol.com).

## Bingo Club

Invite your friends and neighbors to the July 22 bingo game. There will be fun, refreshments, and door prizes. Mark your calendar for the fourth Friday of the month for bingo at the Delta Club. Games begin promptly at 7 p.m. Buy-in for each person is \$10 for 12 games. We have one early bird special: one card for \$1 and an extra blackout card for \$1. The prize money for each game is \$50 and the blackout prize is \$250. For more information, call Irene at (6999).

## Bocce Ball Club

Mother and father nature have not been kind to the night league bocce community this year. The rainy weather has caused a lot of cancellations and rescheduling. The bocce board has decided to extend the deadline for night league make-up games until August 23. The board has also advanced the start of the night league play-off series for two days until Wednesday, August 24 in order to facilitate the extra make-up time. The morning league, which plays on Tuesday and Friday, has not had as many issues related to weather so no changes are necessary at this time. The good news is, the rain has aided in compacting the new granite fines that were added in April, which has improved the quality of the court surfaces. Let's hope for a drier July and August.

Please continue to following the grooming protocol, as posted. It is adding to the quality and integrity of the courts. All tools and equipment should be returned to the storage sheds and don't forget to secure all umbrellas after use. Remember, signed score sheets are needed for each game played; they should be deposited in the mail boxes on the back of the bulletin board at Summerset.

Both leagues, morning and night, are planning end-of-season festivities. Details are forthcoming and posted at the Summerset courts. Roll often, roll a straight and enjoy, that's what it's all about. For more information, contact Joe Downes at (7520).

## Book Club



The Book Club meets the second Tuesday of each month at 10:30 a.m. at the Vista Club in the Sonoma Room. The next meeting is July 12. July's book selection is *Water for Elephants* by Sara Gruen. The August 9 book selection is *The Light on the Island* by Helene Glidden. There is no requirement to have read the selected book. Everyone is welcome to attend. Feel free to stop by. For more information, contact Adrienne at (5576).

## Bridge – Duplicate

Duplicate Bridge meets the second Monday of each month at 12:15 p.m. in the Sonoma Room at the Vista Club. Please mark your calendars for the game on Monday, July 11. Trilogy residents who are interested in playing duplicate bridge are welcome. If you need a partner; we'll find one for you. Please contact Sue at (6136).

### May's results:

1<sup>st</sup> - John Shick and Betty Magnoli  
 2<sup>nd</sup> - Wilma Powell and Peg Walker  
 3<sup>rd</sup> - Lynn Fortner and Choeta Heid

## Computer Club

The next Computer Club meeting is in September because many of our members leave our "compound" for the summer months. We are planning some interesting meetings for the fall, so stay tuned. If you wish to become a member of the club, you can go to the club website at [www.tccrv.org](http://www.tccrv.org) to complete and print a copy of the application and give it to any of the directors with the \$12 annual dues. Go to <http://tccrv.org/application.pdf> for the membership application form. We welcome all levels of expertise, from those thinking of getting a computer to those who have spent years working with computers and related software.

Reminder: check the Computer Club website at [www.tccrv.org](http://www.tccrv.org) for the latest information on many computer-related subjects, meetings, and other interesting items. For more information, contact Lowell Graf at (1435).

## Digital Photography Club

*Article and photo (right) by Andrew Acquistapace*

We had an outstanding Digital Photography Club meeting in June. Jim Ludwig gave an excellent demonstration of working in Photoshop (three pages of notes will be available at our next meeting for those of you who missed this meeting). He is an incredible teacher and communicator, and we learned a lot of dodging and burning techniques for improving digital images. He is open to suggestions for future topics. We are in the process of revamping our photo outings schedule. Several of our participants have come up with novel ideas. They are definitely thinking "outside of the box." Details will appear in our next article.

The Club meets the first Thursday of each month at the Vista Club in the Monterey Room from 7 – 8:30 p.m. For more information, call Andrew at (5737).

## Drama Club

Next month, the suspense will be over and the fun will begin. It will be time for the Drama Club's annual production, "Trouble in Tumbleweed." The club members have rehearsed diligently for months. This year's play is a farce with twists and turns. There are good guys and bad guys. You definitely will have to stay on top of this one in order to keep all the antics straight. The production dates are August 18, 19, and 20 at 7 p.m. There is also a Sunday matinee on August 21 at 2 p.m. Sign up early or you will miss the fun. Flyers are available in this issue of *Trilogy Living*. The Drama Club welcomes new members. Our meetings are on the last Tuesday of each month in the Marina Room at the Delta Club. We start promptly at 7 p.m. For more information, contact Debby DuBrow at (6706).

## Fishing Club

The Fishing Club's next meeting is Monday, July 18 at 7 p.m. in the Marina Room at the Delta Club. We have a lot on the table for this meeting. Photos from our June 7 San Francisco party boat trip will be shared. We will also discuss upcoming activities and will have a guest speaker. Everyone is welcome to join the Fishing Club. We have great events throughout the year. For more information, call Al Silva at (3791). Good luck fishing!





## Genealogy Club

Three new members attended the June Genealogy Club meeting. We had an open discussion period covering the difficulties some of our members are having with Ancestry's international research at finding the information they expected. We also discussed the American Indian and the research problems associated with not locating these families on census reports. Another problem discussed was the changing of surnames or using variant forms of the original surname. We should remember that many of our ancestors were illiterate and relied upon the census taker or the immigration agent to spell the name correctly. The Soundex system was established by the National Archives to index the U.S. censuses beginning around 1880 to help with this problem. It codes together surnames of the same and similar sounds but of variant spellings. We encourage you to join us for our next meeting and come prepared with as much information as you can collect. Rhoda usually has pedigree charts for you as well as a few suggestions on where to start and some free websites to try.

Our genealogy workshop was a great success with lots of helpful information exchanged. We extend a special thank you to Patricia Robinson for bringing in her family tree. It hangs in her home and covers eight feet by three feet. We were so pleased to see what she and her sister had accomplished through lots of work and we were surprised to see the extensive details when she rolled it out. Pat is of German and Swedish descent and her chart highlights both lineages. It stimulated lively discussions about the movements of these great immigrants. Plan to



Photo by Robert Burns.

Front Row L-R: Club members Carolyn Bridges, Rhoda Fone, Patricia Robinson. Back Row L-R: Bob Azbell, Robert Burns, Diane Brickley, Diane Gomes, Rosida Rabello

join our next meeting and we will try our best to point you in the right direction to get results with your investigations.

Our regular meetings are the first Thursday of every month at 2 p.m. at the Vista Club. The monthly workshop is scheduled for July 21 at the Vista Club. For more information, Call Rhoda Fone at (7542).

## Good Samaritans

This year, as we celebrate July 4<sup>th</sup>, the Good Samaritans are focusing and teaching the meaning of the word "freedom."



During Independence Day, let us all sing "America." The words state: "my country, 'tis of thee, sweet land of liberty, of thee I sing; Land where my fathers died, land of the Pilgrims pride, from every mountainside, let freedom ring..." and where the fourth verse reads: "our fathers' God, to Thee, author of liberty, to thee we sing; long may our land be bright with freedom's holy light; protect us by the might, great God, Our King."

We will pray for the families of the soldiers who gave their lives for our freedom. In celebrating July 4<sup>th</sup>, let freedom ring throughout our families, our community, the sick and shut-in, those going through hardships, and those who are not free in mind and spirit.

Why drive to downtown Rio Vista for Bible study when the Good Samaritans is right here? We have been meeting weekly for five years at Trilogy. You are welcome to attend. The Good Samaritans meet every Thursday at 1 pm. at the Delta Club in the Marina Room. Bring your Bible. If you need one, we will gladly provide one for you.

Scripture of the Month: John 8:31-47

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## Men's Executive Nine

The rain endured through May and June but after some rescheduling we were able to get in the Hi-Low net and the Brentwood tournaments. In the Hi-Low net, the winning foursome with a net 71 was Ron Renner, Chuck Ford, Earl Smith and Alex Winkler. The rescheduled tournament with the Brentwood Rough Riders was won by the foursome of Larry Reece, Art Hogan, Rolf Sabye, and Dennis Pachucki. They played a cha-cha-cha format and won with a net 58. Congratulations to the winners and thanks to all that participated.

Thanks to all the RVMEN that participated in June's Prostate Cancer Tournament. It is a very worthy cause. Two events are on the calendar for July. On Tuesday, July 5 we play an individual low net tournament and our Tuesday, July 19 shotgun start will feature an individual low net plus putts tournament.

Please attend our monthly general membership meeting and participate in our club. We will continue to review common rules of golf so bring your questions to the next meeting. If you are interested in joining our group, pick up an application form in the posting room or contact membership chairman Dennis French at (4890).

## Motorcycle Club

The Trilogy Motorcycle Club riders meet the first Saturday of every month for an all-day ride. We had eight riders show up at McDonald's for the June monthly ride. Interestingly enough, everyone showed up in their new rides: the Bobs in PT Cruisers, Larry in a Tahoe, John in a Cordoba, Wil in an F-150 Valkyrie, and Jerry and Dotty in their Harley Honda! So sorry to say, for the first time in many months, the rainy weather trumped the desire to ride and the group just settled for breakfast and conversation and agreed to delay the ride until the following Saturday, June 11. The photo of the "new rides" just doesn't have the same appeal as the shiny chromed two-wheeled versions.

The Windy City Riders did get to participate in an informal parade in Rio Vista on Memorial Day with the Patriot Guards. The ride was down to the foot of Main Street to attend a moving Veterans of Foreign Wars (VFW) sponsored Memorial Day Ceremony. Jack Phifer hosted the ceremonies and Vick Bancroft played a superb harmonica rendition of the Battle Hymn of the Republic. After the ceremony, we enjoyed street hotdogs and watching the soapbox derby racing before a group made up of Larry and Ralene Nelson, Bob Pastorino, Bob Azbell, Roger Fagan and Wil Bridges headed up Hwy 160 to Elk Grove for coffee. For some unknown reason, even Peet's coffee tastes better with good friends.

We invite the other motorcycle riders in Trilogy to join us on any of the monthly rides. The next ride meets at McDonald's in Rio Vista at 8 a.m. on July 2. The destination is to be determined based on weather. For more information, contact Bob Pastorino at (6556) or Larry Nelson at (2967).

*"Safety doesn't happen by accident."* (Author Unknown)

## Recipe Club

It's that time again! Our annual trip to Larry's Produce in Suisun Valley is Tuesday, July 12. We meet in the Delta parking lot at 10:45 a.m. and carpool to Mimi's for lunch and then to Larry's for the freshest fruits and vegetables at bargain prices. For more information, contact Patty LaFleur at (3159).

**Monthly tip:** Fondue forks, skewers, corn holders, and other small, sharp objects can present a danger when tossed haphazardly into a kitchen drawer. Secure those pointy tips in leftover wine corks, which not only protect hands but also keep sharp objects from getting dull.

## Rio Vista Roamers RV Club

Our official trip in May to Durango RV Park in Red Bluff was cancelled. However, on May 23, six rigs decided to go anyway. This RV resort was absolutely beautiful and we had a wonderful time enjoying their amenities. We did have some rain so bocce ball and tennis were out, but the hiking trails, pools, and the hot tub were used. The large clubhouse had coffee available in the morning and we played cards in the evening in an adjacent clubhouse. We really enjoyed that there were so many great restaurants within walking distance.

Our annual meeting was June 7. We had a lot to discuss. An update will be included next month. There is no outing in July.

August 22 - 24 is Sugar Barge time again. This popular resort on Bethel Island is a club favorite. John Wagoner and Anne Frenette (6129) will be our hosts and will need your first night deposit of \$39.50 by July 22. They have made arrangements for a four-hour cruise (includes lunch but no beverages) on a party boat. If this is something you would like to do, the cost of \$18 per person is needed on July 22 also. We will need at least 14 reservations to make this fun delta boat excursion happen.

What trips are planned for September and October? Our annual trips to Bodega Bay and Jackson Rancheria are coming up. Put a reminder on your calendars!

We love having new people come with us. If you have any questions, contact Sandra Santos at (3538) for more information.



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## San Francisco Club

We are looking into going on the Movie Tour in the city as our next event. Last month, we had a potluck and enjoyed stories about favorite places and things we did in San Francisco. Our next meeting is August 2 at 7 p.m. in the Vista Ballroom.

Remember, if you were born, attended school, lived in, or worked in the city we would love to know you. Come and share your experiences with us. For more information, contact Mike and Lori at (6196).

## Senior Men's Golf Club

In May, things were coming up aces for Bob Kady. On May 9, Bob aced the 8<sup>th</sup> hole using a five wood. Congratulations Bob! Also in May, our club held the NCGA Two-Man Best Ball Qualifier tournament. The teams of Armond Roque/Dave Staley and Wayne Jones/Richard Malone qualified and will move on to the next round to be held on August 8. Good luck to both teams.

There are many activities to look forward to in July. Starting on June 29 and continuing through August 10, we are holding our match play tournament. Then on July 13, the Senior Men's Club is hosting its annual invitational, which is open to all Trilogy golf clubs. On July 28, the Senior Men are traveling to the Napa Country Club for a tournament. This road trip offers great golf paired with great food. Watch for the flyers in the posting room and sign up early as these are popular events and space may be limited.

The Prostate Cancer Tournament was held on June 14. Thanks to everyone who participated. Special thanks to Dick Popham and his committee for their fine work in prize gathering and organizing the tournament.

Our club holds its general membership meeting on the third Thursday of each month at 4 p.m. in the Delta Club main meeting room. Please attend and participate in your club. Also check out our e-Clubhouse web site on [www.rvsmgc.ghinclub.com](http://www.rvsmgc.ghinclub.com) for the latest news and tournament results. If you are interested in joining our club, membership applications are available in the pro shop. If you have questions about our club, contact George Barlesi at (4032) or email George at [gbarlesi@comcast.net](mailto:gbarlesi@comcast.net).

## Supper Club

Our first group party is on August 27 from 4 - 8 p.m. on the Delta Club Patio. This event will replace the dinners held at members' homes for the month of August only. The October dinner will maintain the regular format. You will receive an invitation in July. Please respond promptly so we can determine how many tables, etcetera will be needed as we have to order them ahead of time. We are reserving the patio as well as the kitchen and one of the adjacent rooms for seating (for those who want to be inside in case it is too hot). Please remember to bring your own drinks. Everyone can bring an item to share. It should be fun to enjoy an afternoon and evening together. We will provide glasses, plates, napkins, and silverware.

For those who are new to Trilogy and may want to join Supper Club, we meet every other month in each other's homes for a night of exquisite dining, fun, and conversation. On these occasions, you can meet your neighbors and get to know them in a small group setting (usually six or eight and sometimes 10). We are not limited to a formal dinner menu. We also consider afternoon barbecues, brunches or luncheons.

Everyone is welcome to join Supper Club. If you want to make new friends, give Supper Club a try. Take the opportunity to experience our absolutely delectable menus and friendships.

Interested in becoming a member? Want to be included in the August party? Then contact either Maureen Gingrass at (3803) or Cheryl Bellrose at (6619) by early July. We'd love to meet you.

## Women's 9-Holers

We meet at The Nines every Tuesday at 8:30 a.m. for a 9 a.m. tee time. Sign up in the Pro Shop Tuesday through Sunday to play golf. The sign-up sheet is picked up Sunday afternoon. Your tee time will be e-mailed to you by Monday evening. If you need to cancel, call Pam Carlson at (2983) or the Pro Shop at (2900).

### Tuesday Play Day Results

May 3: Karen Nash had a Chip-In on Hole 2, Eileen Owen and Fran Silva had Birdies on Hole 8, Donna Bjork and Ruth Almgren had Pars on Hole 5.

May 10: Nancy Whitney had a Par on Hole 13

May 17: Karen Nash had a Par on Hole 5, Arla Gustafson had a Par on Hole 5.

May 24: Judy Rumble had a Chip-In on Hole 15, Chris Sabye had a Par on Hole 14. There was a four-way tie for low puts (16), Judy Rumble, Eileen Owen, Ruth Almgren, and Helen Swarbrick.

May 31: Winners of Let's Play Cards were: Ruth Almgren, Blaine Foltz, Marnie Doody and Karen Nash. Chris Sabye had a Par on Hole 8. Blaine Foltz had a Par on Hole 5.

If you would like to join the Women's 9-Holers, please call Lynne Galletta, Membership Chairman at (6079).



*Photo by Nancy Vickers Pictured: Chris Sabye giving 50/50 raffle winner Nancy Whitney \$60 at the general golf meeting.*

## Women's 18-Holers

Our first play day in May brought us a beautiful day!

**May 5, we played our monthly Low Net Charm Winner, along with Low Net/Low Putts Combo. The results are as follows:**

There was a tie for Charm winner: Vicky Riddle and Lucille Rhodes.

A Flight: First - Lucille Rhodes, Second - Cindy Brown, Third - Ulla Ulmonen

B Flight: First - Debby Carroll Second - Donna Martella, Third - Maureen Gingrass

C Flight: First - Charlotte Godsey, Second( tie) - Carol Petronzio/Helen Swarbrick

Chip In, Cindy Brown; Birdie Debby Carroll; Broke 90, Linda Barlesi and Lucille Rhodes; Broke 100, Cindy Brown, Vicky Riddle, Sue Clark, Judy Zelmar, Ulla Ulmonen, Angie Jones. Closest to Pin #13, Debby Carroll.

Spring seems to come and go, but that doesn't stop us from getting out on the course.

**On May 12 we played straight golf. The results are as follows:**

A Flight: First - Vicky Riddle, Second (tie) - Frankie Freese and Lucille Rhodes

B Flight: Three way (tie) - Alma Renko/Diane Staley/Trixie Roque

C Flight: First - Joanne Smith, Second - Paula Davis, Third - Charlotte Godsey

Chip Ins: Ladell Manion, Paula Davis; Birdies, Lucille Rhodes had two, Marsha Loomis, Angie Jones. Broke 90, Lucille Rhodes; Broke 100, Frankie Freese, Des Javier, Angie Jones, Vicky Riddle, Marsha Loomis. Closest to pin # 8, Lucille Rhodes.

**On May 19, we started our eight-week Eclectic Tournament. We played straight golf. The results are as follows:**

A Flight: First - Judy Zelmar, Second (tie) - Linda Barlesi/Ulla Ulmonen

B Flight: First - Ida Shannon, Second Trixie Roque, Third Alma Renko

C Flight: First - Debby Carroll, Second - Pat Kistler, Third (tie) - Paula Davis/Terri Anisko

D Flight: First - Carol Petronzio, Second (tie) - Donna Bjork/Charlotte Godsey. Chip Ins, Alma Renko, Judy Zelmar; Birdies, Linda Barlesi; Broke 90, Linda Barlesi; Broke 100, Debby Carroll, Ida Shannon, Ulla Ulmonen, Judy Zelmar. Closest to pin # 13, Sue Clark. Congratulations to all of our winners this month.

If you would like to play with us, we meet at the Nines at 8:30 a.m. every Thursday. For more information, please contact Alma Renko at (3064).





**Master Association Notes...** *Continued from page 3*

- Approved a request for a Lifeline Screening event, open to the public, on October 13, 2011.
- Approved the first reading of an amendment to the Rules and Regulations prohibiting smoking within 25 feet of a sports court or complex.
- Tabled the first reading of an amendment to the Rules and Regulations prohibiting any pets on any sports court or complex.
- Tabled an amendment to the Welcome Center Standard Operation Procedure authorizing entry, under certain restrictions, of non-residents who want to view re-sales or open houses.
- Approved the conveyance of Parcels A, E and C from Shea Homes with the understanding that Shea will pay for repair and replacement of a section at the intersection of Brookside and Diamante Ways during 2011 Roadwork.

Our next regular meeting is on July 12, 2011 at 2 p.m. in the Diablo Room at the Vista Club. The next Vision Meeting of the Board is at 2 p.m. on July 21, 2011 at the Delta Club. Hope to see you at both meetings.

## Disaster Preparedness/Health and Wellness Fair Cancelled

The fair scheduled on September 17, 2011 at the Delta Club has been cancelled. Please note your calendar.

## Discover the Delta Needs Help

The *Discover the Delta Foundation* is the currently evolving vision of Delta native, Ken Scheidegger. As a Delta marina and restaurant owner and former geology professor at Oregon State University, Ken hoped that all of us could become more knowledgeable about the California Delta so that we could better appreciate, protect and preserve its future. Ken has been joined by several other Delta residents and business visionaries who have created this educational, science-based, non-profit foundation whose sole purpose is to educate and protect. These are some of the key projects that the DTDF hopes to accomplish in near future:

**How you can help:**

1. Become a member of Discover the Delta Foundation by visiting [www.discoverthedelta.org](http://www.discoverthedelta.org).
2. Volunteer to help in the DTDF's Farmers' Market, the gardens, office and anywhere that helps!

## CPR/AED & First Aid Class

It's good to know how to help someone in trouble, whether it is your spouse or grandchild. The CPR/AED & First Aid Class provides a two-year certification at a great value, \$60. Class is scheduled for August 11 from 9 a.m. - 1 p.m. Sign up at the Vista Club at Member Services. Space is limited. If you have questions, please call Anna Chunn at (3560).

## New Support Group

If you are interested in a Parkinson's, Essential Tremor, or Dystonia Support Group, please call Pat Robinson at (3663) or Audrey Kinser at (7506).

## Trilogy Library News

As the library begins its tenth year, it has become one of the most popular features in the community, offering a wide variety of both fiction and non-fiction titles. Judy and Leo Taylor began collecting books in their garage back in 2001. With donations from residents and the help of a few volunteers, the library opened in a small room at the Delta Club in 2002. Over the years, it has grown to over 5,000 titles.

The library operates on a lending honor system to allow the maximum sharing of books. Borrow what you like, but all books must be returned for others to enjoy. Resident volunteers are in the library seven days a week sorting donations and re-shelving returned books. Assist them by placing all items on the return cart or on the floor, not on tables or counter tops. Please keep out of the work area and read the donation guidelines posted on the return cart before dropping off books. For more information, contact Gary Spear at (3488).

## Meals on Wheels Volunteer Board Members Needed

Meals on Wheels of Solano County, a non-profit organization, is asking for volunteers who are interested in being a board member on the Board of Directors. The board meets on the fourth Thursday of each month in Suisun City from 3:30 p.m. to 5:30 p.m.

If you are interested in talking about becoming a board member, or if you would like to attend one of the board meetings as a guest, please contact Trilogy resident Roger Wiskeman at (6211).

## New Connections

Are you looking for a change? Would you like to meet some new people? Check out New Connections, a diverse group with opportunities for lasting friendships, access to community information, and interesting events. This is the place to come to learn about your Trilogy community, the City of Rio Vista and the California Delta at large. We enjoy meeting in the privacy of our homes; it's a great way to pick up decorating tips! Open communication is the key to our success and "old timers" still drop in to say hello and provide wonderful stories. We've each learned from our experiences here at Trilogy. When we put them together through sharing, questions are answered without being asked. We even share our favorite snacks, though it's not mandatory. In fact, it's doubtful that anything is mandatory for this group.

Our July meeting is being replaced by a trip to Mankas Corners for lunch followed by a visit to Larry's Produce. Call Lynne Liptz at (2361) for information.

Please check out our notes on current activities and events under Bulletins online at My Trilogy Life. Mark

your calendars for 1 p.m. on the third Wednesday of every month (except August). Call Lynne Liptz at (2361) for meeting location and directions. New Connections activities are open to everyone, so join in when you can. We look forward to meeting you.

## Trilogy Jazz Band

The band is playing for the Ballroom Dance Club's monthly dance on Sunday July 10, 7 - 9 p.m. in the Vista Club Diablo Ballroom. It is always a pleasure to play for this event; the dance club has some excellent dancers and they are most supportive and appreciative of our music. Guests are welcome at the dances too; posters in the clubs have the details.

Full-band rehearsals are held every Wednesday from 2:30 - 5 p.m. following vocal rehearsals from 1:30 - 2:30 p.m. at the Vista Club in the Diablo Ballroom. Observers are welcome. We currently have an open spot in the trombone section, and we are always interested in meeting folks who are interested in filling this or any future opening. For more information, please contact Jim Lucas at (7567) or Marti Rogers at (6859).





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Final commercial ads and checks are due by the fifth of the month *prior to the month of publication*. For example: January ads and checks are due by December 5. Late submissions would run in the February issue.

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*Specific Page Requests: Add \$50 to ad rates above*

### **PREMIUM POSITIONS RATES:**

- Back Cover 7.5" wide X 10" tall: \$500/month
- Inside Covers 7.5" wide X 10" tall (*Front or Back*): \$445/month

### **DISCOUNTS:**

- 10% for ads pre-paid for 3 months or more
- 10% for businesses owned by residents of Trilogy at Rio Vista



## Trilogy at Rio Vista HOME BASED BUSINESS DIRECTORY

### Amway

Beauty, Health & Home Products  
Laura Sanders (5641)  
Amway IBO  
aurasanders@frontiernet.net  
www.amway.com/laurasanders

### Cruise Adventures Unlimited

A Proud Member of the  
Signature Travel Network  
Terri Anisko (374-6277)  
Accredited Travel Specialist  
oceans@myifp.com

### Mary Kay

Independent Beauty Consultant  
Sueann Novotny (5624)  
E-mail: snovotny@citlink.net

### FOR RENT

#### Home For Rent

Catamaran Model, 1868 sq.ft.,  
2br/2.5ba, den, covered patio.  
On 11<sup>th</sup> fairway with great view.  
HOA and gardener paid. Available  
August 1. \$1350/month. Call (4029).

#### Home for Rent

Cozy Schooner, 1104 sq.ft., 2br/2ba.  
Light and bright with lovely  
rose garden. Lots of cupboard  
space. Owner pays HOA and  
lawn. \$950. Call Zoe (3809).

#### Home for Rent

Spinnaker model 2ba/2ba with  
fireplace. Includes gardener and  
HOA. \$1100/mo. Call Pat 426-1218.

### FOR SALE

#### Adult Trikes

And three wheel recumbents. Lots  
of fun along with exercise. Also,  
bike repairs. Contact Jose (5248).

#### Artwork

Kinkade pictures, *Fisherman's Wharf*,  
*City By the Bay*, and *Mainstreet  
Celebration* with paperwork.  
Asking cost price. Call (1431).

#### Bathtub

Jetted bathtub out of a Yountville  
model. Measures 42" x 60." White  
with 4 jets, works great. Asking  
\$175 or best offer. Call Mike (6196).

### FOR SALE

#### Chairs

Two side chairs, white leather  
seat and back. Wood frame and  
legs. \$30 each OBO. Call (2370).

#### Coffee Table

Glass top coffee table with  
two glass top cane bottom  
end tables. Excellent condition  
\$100. OBO. Call (2370).

#### Freezer

Frigidaire five foot upright frost  
free freezer \$350; Rick Steves  
daypack \$45; Townie 3-speed bike  
with bike rack \$375. Call (1363).

#### Office Furniture

Scandinavian design office  
set. 8 pieces: files, desks,  
and cabinets. Maple color.  
Asking \$2200. Call (1363).

#### Patio Table

Wicker patio table with 4  
chairs, frog birdbath, pots,  
frostfree upright freezer, Townie  
3-speed bike, stepping stones,  
landscape rocks, utility shed.  
Make me an offer. Call (1363).

### FOR SALE

#### Refrigerator

36" wide counterdepth stainless  
refrigerator by Amana. Bottom  
freezer drawer with left-hinged  
single door. Interior filtered water  
dispenser. Perfect condition. You  
pick up in Trilogy. \$950. Call Leslie  
925-963-2099. Can email photo.

#### Rocker Recliners

20" TV \$55; Two rocker recliners  
\$450; microwave \$75; Reverse  
osmosis \$125; Hy Flo Pump \$125;  
2" finishing nails (Semco) \$10/pack;  
36" console TV \$250; Misc. swim  
gear; 2 painted pictures. Call (4921).

#### Sofa

Red leather sofa and matching  
loveseat, contemporary style. Perfect  
condition. Sofa: 72"L x 32"D x 30"H.  
Loveseat: 52"L x 32"D x 30"H. Sold  
separately or as set. Sofa \$500, loveseat  
\$400 or sold together, \$800. Call Leslie  
925-963-2099. Can email photo.

#### Sofa

Loveseat & sofa, sleeper sofa with  
air mattress, Weber tabletop gas  
grill, small & large aluminum trash  
cans. Make me an offer! Call (1363).

#### Table & Chairs

Dining table, full size, plus 2 leaf  
inserts. Six cane back upholstered  
seat chairs. China hutch with drawers.  
Excellent condition. \$600. Call (2370).

## RESIDENT CLASSIFIED ADS

### FOR SALE

#### Vehicle

2000 Ford Ranger XLT, 5-speed stick shift, one owner. No accidents, full maintenance records. Excellent condition, \$5000 OBO. Call (2370).

#### Venetian Blinds

Six blinds, 34 x 70, made for a Hillsborough model home \$50 each. Connie (5735).

#### Window Shades

3 Bali cell window shades, beige, for Belmont breakfast nook and family room. Like new, cost over \$500, sell \$125. Bottom up top. Call (3971)

### SERVICES

#### Annual Service

Garage door maintenance and/or minor repairs. Also flush hot water heaters to prevent leakage. For appt., call Dick Dawson (6835).

#### Appraisals

Real Estate Appraisals by a Trilogy homeowner with 40 years experience in commercial and residential. For your home valuation in estate planning or estate purposes, call Randy Carlson (Certified Appraiser AG007039) at (2288) or agroup@msn.com.

#### Assistance w/ Heavy Lifting

When you need an extra pair of strong arms for projects such as rotating mattresses, hanging holiday lights, we can help. We are experienced, reliable, motivated and properly equipped. No job too small. For hire with or without truck. Call 707-410-7070.

#### Audio/Visual

Music on records & cassettes upgraded to CD's. Video on VHS and super 8 mm. cassettes upgraded to DVD's. Copies of music CD's made. Call Jose at (5248).

### SERVICES

#### Audio/Visual

We will install your audio system, DVD, TV, or VCR to your specifications. We will also custom wire your home per your specifications. All installers are ON-Q certified. Call Michael (2800).

#### Auto/Home Detailing

Star Shine Mobile Detailing is now providing auto, motorcycle, boat, RV and upholstery detailing. Also offering home driveway pressure washing services to Trilogy residents 410-7070.

#### Carbon Monoxide Detectors

Service & Installation. California law requires all homes to have carbon monoxide detectors by July 1. Professional installation of California compliant First Alert detectors. Call Gary (3488).

#### Carpet and Upholstery Cleaning

B&B Carpet and Upholstery Cleaning. Trilogy resident will clean carpets and upholstery in your home, mobile home, RV, boat, or car. Home carpets: \$30 per room, \$15 per hall. For the best service, call Bill (6125) or cell (707) 718-4994.

#### Carwash

Ray's Mobile Carwash. Let me come to you to clean and wash your vehicle. Reasonable rates for detailing and waxing also. Call Ray (7598) or 707-249-1492.

### SERVICES

#### Cleaning

By Fluff & Buff. Reliable, trustworthy house cleaning. Several years in Rio Vista. Excellent references. Bonded, Licensed. Flexible: move-ins/ outs; weekly, bi-weekly, monthly, etc. Kali 925-451-9655 anytime.

#### Cleaning

Diamond House Cleaning Provisions. House cleaning with an expert eye to details. Includes: scrubbing, sanitizing, polishing and buffing. Cutting corners is not in our vocabulary! We offer one time cleaning, budget cleaning and full service cleaning. Moving in/ out, special projects also available. All work satisfaction guaranteed! Call Nita (5459) or 315-6670.

#### Clock Repair

Thirty years collecting and repairing clocks. No cost if I can't fix; low cost if I can. Can do housecalls. Call (6782). Ask for Rod

#### Computer Doctor

Woody Woodard will fix PC's, install, teach, create web pages, coordinate with Frontier, Best Buy, Comcast. 707-416-6067

#### Computer/Wireless

We will custom install your computer or wireless network per your specifications. We will also do custom wiring and software downloads. Call Michael (2800).

**Attention All Advertisers:**  
All ads and checks are due by  
the fifth of the month prior to  
the month of publication.

## RESIDENT CLASSIFIED ADS

### SERVICES

#### Countertops Galore

Granite—Corian—Marble:  
Specializing in kitchen & bath  
installation. Trilogy Resident  
Larry Reece, 30 years experience,  
free estimates. (3338) home  
or 707-208-3703 cell "You  
can take Larry for granite."

#### Crown Molding

Specializing in crown molding,  
mantels, all interior trim, front  
door installation. Trilogy Resident.  
Free estimate. Call Bob (4902).

#### Custom Cabinets

Specializing in new custom  
cabinets, entertainment centers,  
bookcases, media niches. Roll  
out shelves. Trilogy Resident.  
Free estimates. Call Bob (4902)

#### DJ Available

DJ music available for private  
party or fund raising events. Form  
a group of 20 or more for fun  
dancing at \$5 each. Jose (5248).

#### Electrical

Certified electrical contractor  
(#819067) will install chandeliers,  
fans, lights, outdoor receptacles,  
RG6 cable for broadband  
service, telephone lines and  
wiring for Ethernet or wireless.  
Call Michael (2800).

#### Faux Finishing @ Its Best

Enhance the beauty of your home  
with faux finishes for your walls,  
columns, fireplaces and doors.  
Call Susan Prince/Oddo (2167).

#### Hairstyling

Spring is here, ladies. Need a  
new look? Colors, cuts, perms.  
Professional and reliable stylist  
for all your hair needs. 35  
years experience. Call me. Get  
that smart new look! Myrna  
(3725) or cell 408-309-0083.

### SERVICES

#### Handyman

Trilogy resident has over 40  
years of home maintenance  
experience, MOEN faucet  
specialist, ceiling fan and  
chandelier installations, electrical  
trouble-shooting and GFCI  
problems, plumbing leaks, garbage  
disposal change-outs. Free  
estimates. City business license  
#1654. Call Bob Bailey (3391).

#### Handyman

Help with household repairs. Will  
hang curtain rods, pictures and  
mirrors. Assembling and installing  
products—crown molding, closet  
makeovers, etc. Call Ron (2227).

#### Handyman

For those projects that you can't  
or don't want to do: plumbing  
(leaking faucet, garbage disposal),  
electrical (install ceiling fans, light  
fixtures), household repairs, hang  
window treatments, mirrors, and  
pictures. Call Scott Sylvester (6013).

#### Home/Pet Sitting

J-Walker Pets: House and pet sitter.  
See flyer on Delta Center Bulletin  
Board. 925-858-4682 jwalkerpets@  
yahoo.com Low rates! Lots of love!

#### Income Tax Preparation

Notary Public Services; Individual  
and Corporate Income Tax  
Preparation. Reasonable prices.  
Trilogy resident Jim Castress (3590).  
CTEC Registered #A141120.

#### Income Tax Services and Planning

Serving Trilogy since 1999;  
individual, trusts, business.  
Consultation in your home  
or my Trilogy office.  
Ron Auger, CPA (3068)

### SERVICES

#### In-Home Care

Available for male or female. We are  
sensitive, caring and discreet. Most of  
all we are dependable! We are Trilogy  
residents with 8 years combined  
experience and would like to assist  
you too! Call Nita 707-315-6670.

#### Landscape Maintenance

Call StarShine of Rio Vista  
for all of your yard and  
homecare needs. 410-7070

#### Lawnmower Repair

Service and repair on  
lawnmowers, weed eaters,  
blowers, rototillers, etc. Sharpen  
garden tools. Call Stan (3163).

#### Mail Boxes Painted

Single mailbox \$10; Double  
mailbox \$20; Sets of 3 to 6  
mailboxes \$30. Service includes  
numbers and always half  
price repaints. Call (6839).

#### Notary

Mobile Notary Services—Notary  
signing agent: \$10 per signature  
per page, discounts for multiple  
pages. Offering prepaid Legal/  
Identity Theft Protection  
Services. Elaine Wisz (4310)

#### Notary Public

Notary Public Professional,  
fast and reliable service. State  
approved fees. Please call Jeffrey,  
certified notary (7541). Discount  
for low income residents.

#### Notary

I offer notary services in my  
home or yours. Trilogy resident  
Eileen Griffin (2684).

#### Painting

Ron the Painter for Hire. Trilogy  
resident. Quality work at a good  
price. All types of painting:  
fences, mailboxes, interior homes.  
References. Call Ron 707-580-6616.



## RESIDENT CLASSIFIED ADS

### SERVICES

#### Personal Organization

ClutterNOT can help you increase your productivity, reduce stress, and gain more control over your time, space, and activities. Trilogy resident, Carol Kern, works with you to declutter your home, your office, whatever you need. See my WEBSITE: [www.clutternot.com](http://www.clutternot.com) for more info and call me at 925-286-2398 for a free consultation.

#### Pet Care

I'll make a donation to the Leukemia and Lymphoma Society while taking care of your dogs, cats and house. Carol Kern 925-286-2398 or email [cajkern@comcast.net](mailto:cajkern@comcast.net).

#### Pet Care

Let your pet remain home when you're away. Lots of love & attention. I bring in mail, newspapers and tend to trash and water plants. Four years of Trilogy references. Kathleen Montemayor (4750)

#### Pet Care

Kitty care services while you are away. Includes feline's play, feed, meds, clean litter, trash out/in, newspapers, mail, and water plants. Call Mimi (4343) or cell 707-567-5910. Since 2007.

#### Photography

Affordable high quality photography: events, portraits, web page photos, passports, you name it! Photo & slide restoration. [www.digitaldreemz.com](http://www.digitaldreemz.com) Call June: (6830)

#### Remodel/Repairs

Trilogy resident and contractor Steve Wendling. License #914545. No job too small. 10% off labor for residents. Call (6693). Free estimates.

### SERVICES

#### Roll out Shelves

Make your life easier with roll out shelves. Save your knees and back. Call Bob (4902) Trilogy Resident.

#### Sliding Door and Screen Repair

Stop Fighting Your Sliding Door and Screen!... If it does not Slide, I will make it Glide.... Replacement or Repair of Rollers, Handles and Locks on all Patio, Screen, Shower Enclosure and Wardrobe Doors. For a free estimate, call Jonathan (2736).

#### Stained Glass

For special occasions, give your loved ones handmade to order unique gifts by Jan. 40 years experience as a stained glass artisan. Trilogy resident. Call Jan at (3612).

#### Transitions

Diamond House Cleaning & Transitions. Assisting families to a smoother road with the passing or moving of a loved one. Includes: packing, organizing, down-sizing, cleaning and hauling. Also assistance with cleaning and labeling items to be sold or donated. Call Nita (5459) or 707-315-6670.

#### Transportation to Airports

Clip & Save this one time ad. I'll get you to any airport or SF port on time and pick you up on return. 6 years experience. Trilogy residents only. Call Ralph (3941).

#### Transportation

Dave's Transportation Service will drive to airports, Amtrack, BART, Medical appointments, shopping, casinos. Trustworthy and reliable. For Trilogy residents only. Call David (3192).

### SERVICES

#### Water Softener Service

No more lifting heavy bags of salt. GE water softener maintenance including: delivery and adding Diamond Crystal salt and complete system check. Call Gary (3488).

#### Weeding

Weed pulling. Get rid of those ugly weeds. Don't break your back. We'll keep your yard tidy. Inexpensive. Call Laurie (6305) or cell 925-301-7389.

#### Window Cleaning

Professional window care. Windows and screens cleaned. Stage 1 glass restoration. Years of experience. Call Gary (3488).

### VACATION RENTAL

#### Cancun Resort Las Vegas

Near strip furnished 1 bedroom, sleeps 4 maximum, available 4 pm, Dec. 29, 2011 through 10 am, Jan. 2, 2012. \$100/night. Call cell 510-517-8010 or home 510-569-4447. Enjoy all resort amenities.

#### Tahoe Rental

Incline Village: Fully equipped condo near Diamond Peak. Sleeps 6. Starting at \$125/night plus cleaning fee. Call Blaine (0717) or [letsgotahoe@aol.com](mailto:letsgotahoe@aol.com).

### WANTED

#### A Course in Miracles

Looking for *A Course in Miracles* study group. Will join an existing group or start new group. Carol, Trilogy resident, 808-371-5147.



**We Deliver!**

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