

Trilogy Living



SALUTING OUR VETERANS

Veterans Day is declared a day of gratitude to honor and thank all military personnel who served the United States. Join us during the afternoon Veterans Tribute and evening Veterans Ball. See page 6 for details.

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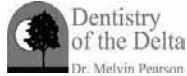
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From the Master Association

Don Love

President

Board of Directors Executive Session Oct 14, 2014

Legal/Litigation

- Caregiver rules related to under 45 adult children were reviewed.
- California Vehicle Code enforcement within Trilogy requested by the Board through a letter from our legal representative to the city. I have met with the Police Chief and the Mayor requesting same.

Personnel

- A report on payroll changes was reviewed and a followup was requested.
- Purchasing guidelines were requested by the General Manager for his contingency fund spending. Access Committee interviews were conducted, two applicants.
- Budget timeline was reviewed.
- Budget committee makeup was reviewed.

Contracts

- Rules for club-related independent contractors were discussed.
- A new web site for TRVMA with our own domain name was discussed.

Delinquencies

- Rent for the home TRVMA foreclosed on was paid for the month. Insurance coverage was discussed.

Board of Directors Regular Meeting Oct 14, 2014

President's Report

- A resident within Trilogy is buying a home and turning it into a Residential Care Facility for her mother and others. This is legal by state law regardless of our CC&Rs.
- I disclosed the Board's intention to pursue CVC enforcement from the City within Trilogy. We are seeking the cooperation of the City council to speak to the subject at the Oct. 21 council meeting.

CFO Report

- The budget and financial report was presented. Café Vista, in particular, is far exceeding the budgeted expectation reducing the amount of subsidies needed.

New Business

- Budget committee appointed: Pres. Don Love, CFO Melissa Coleman, and General Manager Ed Vitrano.
- Budget timeline was approved.
- The Board declined to financially support the golf course to purchase a trained dog to control the geese.
- The Board declined to make a direct donation to the Fire Department for a Mechanical CPR Device based on the history that the Board has never made donations.
- Penny Abdolhosseini was approved as a member of the Access committee.

TRILOGY AT RIO VISTA

D I R E C T O R Y

Master Association Board of Directors

Don Love, President (6882)
Noel O'Brien, Vice President (925) 348-4097
Melissa Coleman, CFO (6874)
Joel Auslen, Secretary (5808)
Warren Oglove, Director at Large (3477)

District Delegates

Village 1 - Tom Surh (5282)
Village Oakmont - Leland Puryear (3510)
Village Riviera - Barb Downs (507-5026)
Olympic Village - Joel Auslen (5808)
Saddle Rock Village - Roger Kohn (2737)

Committee Chairs

Adult - Patty Kohn (2737)
Administrative Policies - Melissa Coleman (6874)
Document Revision - Bob Sather (1384)
Emergency Action - Alan Levine (718-7907)
Access - Andy Pestana (5154)

Village Board Presidents

Village 1 - Larry Mork (3389)
Village Oakmont - Walter Manos (2827)
Village Riviera - Donald Seyk (6407)
Village Olympic - Robert Sonnenburg (1460)
Village Saddle Rock - Patricia Kohn (2737)

Association Administration

General Manager: Ed Vitrano (4869)
evitrano@actionlife.com
Assistant General Manager: Catherine Patrick
cpatrick@actionlife.com (4843)
Activities Director: Debbie Dorn (4204)
ddorn@actionlife.com
Fitness & Spa Director: Kathy Erwin (4205)
kerwin@actionlife.com
Maintenance Director: Mike Oestreich (4895)
moestreich@actionlife.com
Member Services Coordinator: Cheryl Lucas (4203)
clucas@actionlife.com
Communications Coordinator: Andrea Stuart
stuarttrv@gmail.com

Club Numbers

Vista: Front Desk (4200) Fax (2422)
Delta: Admin Office (4843) Fax (4891)

Trilogy Living Editorial Board

Andrea Stuart, Ed Vitrano, Debbie Dorn, Cheryl Lucas,
Joan Azlant, Kathy Erwin, Patty Kohn

Commercial Advertising Manager

Joan Azlant, joanazlant@comcast.net (707) 374-2620

Resident Classified Advertising

Kathy Nilsson, knilsson@actionlife.com (4200)

Welcome Center/Front Gate (4306)

Guest Registration - www.DwellingLive.com

Café Vista (4202) **Sir Flair's** (4400) **Golf Course** (2900)

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From the Editor



Andrea Stuart

It's hard to believe there are only two months left in 2014. We're already farm-hopping for pumpkins and gearing up for the holidays. Although it has been unseasonably warm (at least

through October), and many trees have yet to begin shedding their leaves (my rose bush is still vibrant and full of blossoms), there is somehow a wafting of fall air as the sun moves further from us, shortening our days and turning our bright yellow light into rays of muted gold.

Trilogy is celebrating this transition with a tribute to veterans. Join Trilogy on November 11 for a celebration of the people who have served our country complete with performances by the Trilogy Jazz Band, Delta Breeze Chorus, and Delta Divas, color guard, and a special guest speaker. The photo on the cover of this issue depicts the veterans who attended last year's Veteran's Day Tribute.

May November find you in good company and good cheer.



From the Board of Directors: The publisher retains the right to edit articles and advertising to conform to content and space requirements. The Trilogy Board of Directors is not responsible for expressed opinions or for the authenticity of all presented facts in articles and advertisements. Viewpoints contained in this newsletter are not necessarily the opinions of the Trilogy at Rio Vista Master Association, the Board of Directors, its officers, or management.

From the Activities Director



Debbie Dorn

Folks were once again delightfully surprised when a first-time performer at Open Mic took the stage to sing songs from his Neil Diamond Tribute! Thank you Jack Wright! A sold-out crowd had

a grand time with Buck Ford & the Pure Country Band. They even had one resident, Paul Lamborn, celebrating his 95th birthday up on the dance floor! Member Services issued 166 garage-sale city permits to residents; shoppers rolled steadily into Trilogy throughout the event and all were happy to find street names added to the sale-marked maps!

Fifty-one Trilogy Clubs were on hand during Club Awareness Day to share their purpose and activities with residents. Clubs are also showcased at the Vista Club. Learn more about that and which clubs are currently featured on page 7. The Jewelry Show was a big hit, and will now become part of the semi-annual Gift, Craft and Art Faire! Trilogy, your community really is filled with opportunities!

And there are many more ahead. Watch for these special events!

- 11/02 & 11/16 Farmers Market
- 11/03 Trilogy's New Year's Eve Grand Ball ~ Pre-Registration
- 11/06 11/08 Dessert Theater *Love Letters* ~ Theater Group
- 11/11 Veterans Day Tribute
- 11/11 Veterans Ball
- 11/15 Concert – Joni Morris Country Variety Show and the After Midnight Band
- 11/16 Dance to the Jazz Band ~ Dance Club
- 11/22 Gift, Craft & Art Faire
- 11/22 Trilogy Jewelry Show
- 11/27 Holiday ~ Thanksgiving Day ~ Vista Club Closed
- 11/29 Christmas Tree Decorating Social
- 11/29 Holiday Decorations Shop & Swap
- 11/30 Tree Lighting Ceremony

Get Ready . . .

- 12/04 – 12/06 Christmas Play ~ Drama Club

Association's events combined with club events, offer a huge selection of activities from which to choose. A list of clubs and groups is available with contact information from Member Services at the Vista Club. As always, your comments and suggestions are valued – send an email anytime ddorn@actionlife.com – my mailbox is always open! I am wishing you each a wonderfully blessed Thanksgiving holiday filled with many special memories.

For non-delivery of *Trilogy Living*, contact Debbie Dorn at (4204).



ANNOUNCEMENTS:

- 11/2/14 – Daylight Savings Time Ends ~ Fall Back
- Holiday schedule adjustments:
 - The Adult Committee will combine November & December meetings to be held on December 11, 1 p.m. at the Delta Club, Rio Vista Room.
 - Bingo will not meet November and December. It will return January 23.
- 11/11/14 -- Veterans' Day Holiday
- 11/12/14 - TRVMA Board Meeting, Wednesday 2 p.m.
- 11/27/14 – Thanksgiving Holiday ~ Vista Club and Delta Club HOA Administrative Offices are closed

**Farmer's Market ~ Experience
Trilogy's Market Place**

Sunday, November 2 & 16, 10 a.m. – 3 p.m. – Delta Club



Stock up at the Farmer's Market at Trilogy! Bring your neighbors and support your Trilogy Farmer's Market. Petrill's Produce Farmer's Market provides wonderful produce and other specialties. It's easy to keep a fresh supply of fruits, vegetables

and specialties on hand without leaving Trilogy.

Blood Pressure Check ~ Free

Thursday, November 13, 9 – 10 a.m., Library, Delta Club ~ Free

Have your blood pressure checked the second Thursday of every month at the Delta Club Library between 9 – 10 a.m. Stop by and keep that blood pressure in check!

**Learn to Save A Life With CPR/AED
& First Aid Instruction!**

Thursday November 6, 9 a.m. – 1 p.m., Diablo Ballroom, Vista Club ~ \$60

It is good to know how to help someone in trouble, whether it is your spouse or grandchild. The class provides a two-year certification in CPR/AED & First Aid at a great value. Limited space, sign up with Member Services at the Vista Club.

**Trilogy Veterans ~
Your Call to Action Continues**

Thank you for helping to update the special Trilogy Veterans Slideshow to identify all veterans in the community. The updated slideshow will display during the Veterans Day afternoon program and evening Veterans Ball. We will continue its development through the year as information is received! Pass the word to those who have not registered and when you may meet another veteran new to the community! Just have them contact Member Services (4200) or stop by the Vista Club to update their information. Send photos by email or drop them off with Member Services for Debbie Dorn in an envelope with your contact information for return.



**Concert:
Country Music Variety Show
Starring Joni Morris and
the After Midnight Band**

Saturday, November 15, 7 – 9 p.m.,
Diablo Ballroom, Vista Club ~ \$15 pp

It's almost spooky how Joni Morris conjures up country western legends...with tremendous style and fidelity! Joni's voice is the genuine article from the cryin' catch...to her rockabilly growl! You can also expect to hear a few of Joni's own original songs in every show. She adds comedy, eye-catching costumes, and lots of audience interaction to each performance. Sign up at Member Services and bring your favorite provisions to enjoy during the show.



Veteran's Day Tribute

Monday, November 11, 1 – 3 p.m.
Diablo Ballroom, Vista Club ~ Free

This day is the anniversary of the signing of the armistice, which ended the World War I hostilities between the Allied nations and Germany in 1918. Since 1954, Veterans Day is declared a day of gratitude to honor and thank all military personnel who served the United States, particularly living veterans. Join us to honor all veterans. Presentation by the Color Guard, music by Trilogy Jazz Band, Delta Breeze Chorus, Delta Divas, and special guest speaker. No sign up required. If you are a veteran, we ask that you also register with the Call to Action for the special tribute project.

Trilogy Veterans Ball

Tuesday, November 11, 6 – 10 p.m.,
Diablo Ballroom, Vista Club ~ \$35 pp



Whether you enjoy a fine catered dinner, live music, dancing or just the camaraderie you had in the service, plan to attend the Veterans Ball. This is the second annual Veteran's Ball for Trilogy Veterans, their guests and registration

is open to all residents as available. The reception begins at 6:00 pm with dinner at 7:00 pm. Music and dancing will follow. Military service/mess dress or semi-formal attire. Bring your own adult beverages of choice and prepare for a fun-filled evening with your fellow service members and guests. Seating will be limited and expect this to sell out quickly. Sign up at the Member Services desk in the Vista Club. Sign up as a group if you want to set with others. For further information contact Ron Waite at 707-374-6714 or 925-216-7488.

Open Mic & Karaoke Nights ~ To Return January & February!

These two popular events will return, they're simply re-scheduled from November & December. This year is lining up to be a very eventful holiday season! Watch for the return of amazing entertainment along with spontaneous sing-a-long good times specially designed for your fun and enjoyment!

Fall Gift, Craft, & Art Faire

Includes the Jewelry Show & Entertainment by Denny James
Saturday, November 22, 10 a.m. – 3 p.m., Vista Club

Don't miss out on this convenient and unique selling and shopping experience at Trilogy in time for the holidays! Plus, Denny James will entertain in the Grand Living Room 11 a.m. - 2 p.m., and the Café Vista will be open until 3 p.m.! Raffle sales and drawings are held throughout the event; all proceeds benefit Meals on Wheels. By this time all merchants have received confirmed status on their registration application for this event. If you are not on our mailing list for this event and want to receive the seller registration notice next spring for the April Faire, ask Member Services at the Vista Club to put you on the email list. Questions, contact Member Services (4200) or Debbie Dorn at email ddorn@actionlife.com.

Tree Decorating Social

Pianist Entertainment
Saturday, November 29, 10 a.m. – 2 p.m. Grand Living
Room, Vista Club

It's an old-fashioned get-together and decorating social for the holidays! There is plenty of space needing your decorative touch! Light refreshments will be served and the Café Vista will be serving until 3 p.m. This is sure to be a great time sharing the holiday spirit! Sign up at Member Services (4200) and gather at the Monterey Room.



Holiday Decorations Shop & Swap

2013 Seasonal Events Slideshow
Saturday, November 29, 10 a.m. – 2 p.m.
Diablo Ballroom, Vista Club

Do your holiday decorations need refreshing or is it a work-in-process? Looking for ideas? Here is your perfect opportunity to upgrade decorations for any holiday season! You may find unique treasures to complete any theme! Get into the spirit of the season with holiday decorating and socializing with your neighbors! Light refreshments will be served. Sellers and swappers, sign up now for your free space on the Diablo Ballroom round tables at Member Services (4200). If you have large items – no worries, bring photos to display!



Tree Lighting Ceremony ~ It's an Inspirational Tradition

Sunday, November 30, 7 p.m.

Vista Club, Grand Living Room ~ Free

Join in this Trilogy experience that will heighten your senses for the holiday season through performances by Delta Breeze, Delta Harmony, Delta Divas, Delta Tones and the Trilogy Brass Ensemble. No sign-up required.

Trilogy Holiday Show

Wednesday, December 17, 7 – 8:30 p.m. Vista Club ~ Free

Join together for a delightful experience of holiday performances hosted by Trilogy Jazz Band, Delta Breeze Chorus, Delta Harmony and Delta Tones. No sign-up required.

The Polar Bear Plunge

Sunday, January 1, 10 a.m., Delta Club Pool ~ Free

Let the fun begin! For those of you who want to cross something off your bucket list or just to challenge yourself in a new way, join fellow Trilogy residents and take the plunge at the Delta pool. How do you prepare? You don't. The essence of plunging is the group energy. You must go all the way under to qualify! It's exhilarating. Afterwards, warm yourself in the hot tub. Then enjoy hot chocolate and refreshments in the Delta Club, Marina Room. Those who plunge will receive a 2015 Polar Bear Plunge tee-shirt! Collect them from year year. Sign up at Member Services at the Vista, and mention your shirt size!

SHOWCASE YOUR CLUB!

Currently featured are the Book Club, Country Line Dance, Genealogy Workshop



Portions of the Vista Club display case are available for clubs to promote activity, projects, and participation. Let others know what your group's purpose is about, display items that will tell the story and invite others to join the fun! Include a sign with the club name and contact information on

display for those inquiring minds. Given that the lesser-developed clubs and groups will be given priority, we will rotate those interested with a comfortable time span to share your story with Trilogy! Those interested in showcasing their club or group can have the authorized representative sign up at the Vista Club Member Services desk.



For more information contact Debbie Dorn at email address ddorn@actionlife.com.

It's the Season for Reflection

Take a bow, applaud yourselves residents! Throughout the year you come together to volunteer your talents, time and expense, contributing to your Trilogy lifestyle! Association boards, committees, club/group leaders, historical mentors, meeting/event organizers, developers, artists, promoters, communicators, producers, coordinators, bean counters, shoppers, cooks, decorators, cleanup, participants, along with others, all join to contribute enjoyable assortments of colorful activity and caring services. Additionally, many are musically-gifted folks who have merged as groups to volunteer resources entertaining Trilogy, particularly during the holiday season – Veterans Day, the Tree Lighting Ceremony, and the Trilogy Holiday Show come to mind.

Thank you residents for all you do, in such a special way to enhance your community's lifestyle!



New Year's Eve Grand Ball ~ An Elegant Evening

December 31, 6:00 p.m. - 12:30 a.m.,
Diablo Ballroom, Vista Club ~ \$65 pp

**Registration begins November 3,
10:30 a.m. - 12:00 p.m., Monterey Room, Vista Club**

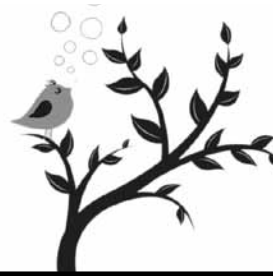
Large groups are encouraged to send one person to sign up with full names of those they are signing up, along with their entrée selection (see page 19). Your special evening will begin with a delicious hors d'oeuvres reception, and lead into a scrumptious all-inclusive dinner served at your table. The Trilogy 2014 picture slideshow displays on the big screen while soft music complements conversation. Later, dance through the night bringing in the New Year to great sounds of John Covert & Crystal Image! Share the New York Time Square count-down on the big screen at midnight, to toast the New Year while we sing along to Auld Lang Syne! Private label champagne will be provided for toasting. Coffee, iced tea and water will be available or bring your own beverage of choice to enjoy through the evening. Ice will be provided. Register early for this grand event of the year! For more information email or phone Member Services (4200) or contact Debbie Dorn (4204) ddorn@actionlife.com.

FREE Shredding Service

It is that time again, the shredding truck
will be in the parking lot
near the tennis courts on

**Saturday, November 8
between 9 a.m. - 12 p.m.**

There is a limit of five boxes per member.



This service is provided
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Assoc. Broker
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Richard-Henry
Martin
Realtor
Trilogy Resident
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Naomi Walker
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Trilogy Resident
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Crystal Taylor
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Michael Prout
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Assessment Notice

Association Assessments are published monthly on this page of *Trilogy Living*. This is an additional vehicle for checking your current assessment. Coupons will reflect the monthly assessment for those receiving them. Those on automatic withdrawal (ACH) may check their bank statements after the 5th of the month to see the amount taken out and all members may register at www.actionlife.com to monitor their accounts 24/7. If you have questions or need help registering online, please call the Administrative Office (4843).

Assessments for the month:

Master Association \$119.72

Master Association \$80.39

(Only for original residents (<200) in a developer subsidy agreement)

Village I \$5.00

Village Oakmont \$5.20

Olympic Village \$5.10

Village Riviera \$5.25

Saddle Rock Village \$0

(None until dormancy ends)

Club Hours – The Delta Club is open at 7 a.m. for entry with members’ keys. It is open from 8 a.m. to 11 p.m. for entry without keys. From 11 p.m. until 7 a.m., there is no entry. The Delta Club pool, spa and patio are open 24 hours daily. The Vista Club is open from 6 a.m. to 9 p.m.

Thank You – The Administrative Office appreciates and thanks all members who abide by the Rules and Regulations of the community.

RV/Boat Passes – This is a change – You no longer have to bring your RV to the Welcome Center each time you need a pass. If you have registered your RV on Dwelling Live, you can simply go to the gate and pick up the pass. Reminder: you may not have these vehicles in the community longer than 48 hours and they cannot be occupied while in the community. They are to be parked at your home, not in any common or undeveloped areas of the community.

Association Minutes and Financials – Minutes of the Master Board Meetings, Village Board Meetings and Committee Meetings, and financial statements, are posted on MTL (MyTrilogylife.com) and VIVO (VivoPortal.com) for your review.

Electronic Communication – The Association is no different than other organizations in leaning more on electronic communications to its members. There are two ways you can assist in reducing costs to the Master and Village Associations.

E-Alerts – Submit your email address to the Member Services desk at the Vista Club. This will get you information such as special announcements, monthly agendas and most important, the weekly e-newsletter, which updates you as to activities in Trilogy and the greater Rio Vista area.

Disclosure Opt-in – You may also choose to receive required documents which must be delivered by the Association(s) such as budgets, yearly financial statement, etc. To do that you must go to the Administrative Office and sign a form authorizing delivery by electronic methods. Thank you for considering both options.

You have signed up for e-Alerts and Disclosure Opt-in but are not receiving them – Some of you may notice from time to time that you stop receiving the MTL e-Newsletters and/or the TRVMA e-Alerts. If this happens, please contact Jacquie and she will work with the email team to make sure that you’re on the ‘active’ list in the email system. Emails can be removed from the ‘active’ list in several ways: a user may click the ‘unsubscribe’ link on an email, a user may un-check the newsletter subscription box on his/her profile on MTL, or, more often, a user’s email service (i.e. Hotmail, MSN, and Gmail) may confuse the e-newsletters for junk and automatically reject all ongoing mail. This last scenario results in our email address being automatically moved off of the ‘active’ list in our systems. If you contact Jacquie at jroche@actionlife.com, she will have the email team move you back to ‘active,’ but we also suggest that you add the e-newsletter email address – noreply@actionlife.com - to your “safe senders” or “friends” list in your email settings to reduce the odds of problems.



Where Do I Go If I Want To.....?

Reserve Tables and/or Chairs – Member Services – Vista Club (4200)

Have Copies Made, Send a Fax and/ or Receive a Fax – Member Services – Vista Club (4200)

Pick up a Residents’ Directory – Member Services – Vista Club (4200)

Submit Residential Ads for the *Trilogy Living* – Kathy Nilsson – Member Services – Vista Club (4200)

Indoor Plants – Please do not use the potted plants as garbage receptacles and do not water plants. A contractor takes care of the plants and when well-meaning members decide to help, it often makes matters worse. The plants are expensive to replace and all members pay for replacements.

Anonymous Notes to the Administrative Office/HOA – Please sign all Administrative Communication Forms as we only take action on signed forms.

Violations – Please do not register complaints to the Administrative Office/HOA without making sure you have the correct address of the person in violation. Example of what not to report – two houses down from the corner of a particular street. If you receive a violation notice, please contact the HOA office.

Your Pets – Your Responsibility – Please accept our appreciation for everyone who is being considerate of your neighbors and show pride in your community by carrying bags with you when you walk your pets or by using the bags provided in dispensers throughout the community to pick up after your pet. And thank you to those who keep their pets on a leash at all times.

Updating Your Information at the Administrative Office – It is important to let the Administrative Office know when any of your information changes including moving from one property to another within the community. (Please include address, phone, email, frequent guests, emergency contacts, etc.).

Late Charges on Assessments – If you are paying your assessments through your bank, it is recommended that you move the date of payment to the first of the month when the assessments are due. Many banks are batching payments before sending them out, so even though your account may show a payment on a particular date, the payments are not being mailed on that date. If you schedule payments through your bank or mail your check after the first, you run the risk of being charged a late payment.

Parking in front of mailboxes – Thank you for helping our mail carrier deliver your mail, our staff deliver fliers

and giving your neighbors easy access to their mailboxes by not parking in front of mailboxes and asking your service providers to park elsewhere also.

Irrigation – Please adjust your sprinkler system to reflect weather conditions and the Governors Executive Order to water only twice per week.

Welcome Center/Dwelling Live – Please make sure that your guests and vendors have your full name and/or address to give the Welcome Center attendants, otherwise they will not be given access. The Welcome Center attendants are grateful to those members who enter guests on Dwelling Live, call the Welcome Center or email them when expecting guests and especially when having a party and expecting several guests. They don’t want to deny access to anyone you are expecting but have no choice if they haven’t been notified and they can’t reach you to get your authorization upon your guests’ arrival. Instructions for using Dwelling Live are available at the Vista and Delta Clubs.

Suspicious Behavior – Trilogy is a private community but not a secured one. Please keep your doors and windows locked when away from home and lock your car. If you observe unusual or suspicious behavior, please call the police.

Dumping Trash – Thank you for using your own receptacles for disposing of trash rather than any others throughout the community, and for not putting soda cans, water bottles and other trash in the doggie waste disposal receptacles. All residents are required to have garbage service.

Service Provider Resource at the Delta Club – There are two business card holders on the hall wall at the Delta Club. When looking for service providers, check out this area. TRVMA/HOA does not recommend any of these vendors; this is simply a resource for members.

Pets in the Clubs – No pets are allowed in either the Delta or Vista Clubs with the exception of service dogs. Service dogs are allowed only if they have been registered with the Administrative Office and have a TRVMA identification card. They must have their vest and TRVMA card on them at all times when they are in the clubs and they must be accompanied by the person for whom they are providing a service. If you do not comply with a request from a staff member to show them the TRVMA card, you will be required to leave the club until you present it. Therapy dogs are not allowed in the clubs at any time. They are not service dogs and are not protected under the ADA.



It's Your Money – Please help cut down on avoidable expenses by:

1. Thanks to all members who put down umbrellas at the bocce courts, the Delta back patio, and especially the Delta pool area when leaving and no one else is around. When the wind catches the umbrellas they are often damaged and must be replaced. If they are on the glass tables in the outdoor pool area, not only are they damaged but the glass table tops are shattered. This costs time of the maintenance staff who must assure that all glass is cleaned up and also the expense of replacing the table tops. The table tops and umbrellas are quite expensive. Again, thank you for saving all members the cost of replacing them.
2. Several items are missing from the clubs. Please report any theft to the Administrative Office/HOA. Remember that when something is stolen, all members pay for the replacement. We need your help in cutting down on theft.

Gardeners – Please remind your gardeners that they cannot start work before 8 a.m. and that they should bag all clippings/leaves and not blow them into the street, gutters and others' yards.

Architectural Applications – Important reminder: Applications must be submitted for work being done on the exterior of your home and yard. If you do not submit an application, a \$500 application fee can be charged.

Delta and Vista Pools – All guests must be accompanied by a resident. Children under the age of 18 are allowed in the pools during the hours of 11 a.m. - 3 p.m. and must be out of the pool area by 3:15 p.m.

Golf Carts – Remember golf carts must:

- A. Yield to overtaking vehicular traffic
- B. Be operated by a person who is at least 18 years old
- C. Be covered under sufficient liability insurance

Golf carts must obey all traffic signs that other vehicles must adhere to, including following the directions of the arrows on asphalt in parking lots.

Bicycle Riders – must also obey all traffic signs.

For Your Safety – If you are walking in the street, please yield to vehicles. Please wear light colors and carry a flashlight when walking or biking at night or early mornings.

For non-delivery of newsletter – Please contact Debbie Dorn at (4204).

Street Lights – Please report all street lights that are out to Customer Care at Action Property Management at 1-800-400-2284 or by email at lld@actionlife.com.

Meeting Calendar

Master Association Board Meeting *please note day change*

Wednesday, November 12, 2 p.m.
Diablo Ballroom, Vista Club

Village Oakmont Board Meeting

Thursday, November 20, 7 p.m.
Marina Room, Delta Club

Olympic Village Board Meeting

Thursday, November 13, 6:30 p.m.
Marina Room, Delta Club

Village 1 Board Meeting

Thursday, November 13, 4 p.m.
Marina Room, Delta Club

Village Riviera Board Meeting

Thursday, November 6, 6:30 p.m.
Marina Room, Delta Club

Saddle Rock Village Board Meeting

Wednesday, November 19, 6:30 p.m.
Rio Vista Room, Delta Club

Council of Village Presidents

Monday, November 17, 10 a.m.
River Room, Delta Club

Access Committee

Monday, November 24, 1 p.m.
River Room, Delta Club

Administrative Policy Committee

Thursday, November 13 and 20, 6 p.m.
Monterey Room, Vista Club

Adult Committee Meeting

There is no meeting in November
Thursday, December 11, 1 p.m.
(Combined November/December Meeting)
Rio Vista Room, Delta Club

Document Revision Committee

Tuesday, November 11 & 25, noon.
Monterey Room, Vista Club

Emergency Action Committee

Tuesday, November 11 & 25, 7 p.m.
River Room, Delta Club

House Renovation Committee

Monday, November 24, 3 p.m.
Monterey Room, Vista Club



Visitors to the Vista Club – If you have guests, please remember the following rules apply to your guests using the Vista Club:

Signing In: The Master Association Board of Directors requires all residents and invitees to sign in. This is for the safety of members and employees, and for the protection of our assets. This may be accomplished by using your ID card or by signing in. Members who are accompanied by guests must sign in instead of using their ID card. Guests who come without their sponsoring homeowner must sign the homeowners name on the sign-in sheet and are limited to use of the Café Vista and Grand Living Room. Please help us keep your club private and safe by observing this policy

Billiard Room: guests must be accompanied by a resident when using the Billiard room. All guests must be at least 18 years of age.

Café Vista: all guests may use the Café Vista.

Café Vista computers: available for residents and their guests over the age of 10. Guests between the ages of 10 and 18 must be accompanied by a member. There are no parental controls on these computers.

Fitness Room, Group Exercise Studio, Walking Track, and the Learning Center: are available for residents only.

Power Outage Procedure

For the safety of our members, in the event of a power outage:

- No one will be admitted to the Vista Club.
- If the power is still out after 15 minutes, the Vista Club will be cleared and closed.
- If the power comes on before 6 p.m., staff will reopen the Vista Club
- If the power comes on after 6 p.m., the Vista Club will remain closed until the next morning.
- Members are encouraged not to enter the Delta Club during a power outage.

Adult Committee

If you're interested in hearing what's going on in our community in a setting a bit less formal than Master Association Board meetings, come to the Adult Committee meetings. Topics discussed at our recent meeting include: establishing a veteran's memorial, building storage space at the Delta Club, reconfiguring the Learning Center and the best tactics for managing wildlife. Safety concerns were front and center with residents expressing concern about traffic control within the community as well as unauthorized entry to the community when cars follow residents' cars through the gate.

Find out what we're doing about these issues at our next meeting December 11 at 1 p.m. in the Rio Vista Room of the Delta Club. For more information please contact Patty Kohn (2737) or (pfkohn@gmail.com).

Riviera Board News

Please join us at our November 6 meeting for the 1st Reading of the amended new driveway parking rule. At our September 4 meeting the Riviera Board voted to allow Riviera residents to obtain a parking pass for each vehicle without an inspection of their garage. This would allow a home owner to park one "allowed" vehicle (no RVs/commercial vehicles, etc.) in their driveway overnight so long as a permit was obtained. It would then officially take effect after a second reading (vote) no later than January. The November 6 meeting will begin at 6:30 p.m. in the Marina room at the Delta Club. If you have any questions or concerns, call Don at (6407).

Village Riviera Residents' Club

Riviera Residents' Club would like to wish you all a Happy Thanksgiving. As you sit around your Thanksgiving table with friends and family we hope you have much to be thankful for.

Preparations for Riviera's annual Black and White Affair are in full swing. We hope you will join us on December 13 for this fabulous event. We are pulling out all the stops and this year's holiday dinner and dance promises to be our best ever.

The evening will begin at 5:30 p.m. with a cocktail hour. The Riviera Elves will be serving bubbly and passing hors d'oeuvres. Santa is making a special trip to wish all the party goers happy holidays and, of course, the Photo Elves will be at the fireplace to take your picture with Santa and/or in front of the beautiful Vista Club Christmas Tree.

At 6:30 p.m. you will be invited to enter the dining room, magically decorated to make you feel like you are in Wonderland. We will be serving a lovely catered dinner followed by fancy desserts and dancing to music by Solid Gold.

The price for this lovely event will be \$45 per person. Tickets go on sale November 13, 10 a.m. at the Delta Club. We encourage you to get there early as seating is limited. Watch for upcoming flyers with all the details.

If you want to have fun helping us plan our events, meet your neighbors and make some new friends, our committee meets on the third Thursday of each month at 7 p.m. in the Monterey Room at the Vista Club. Contact Patty Ramos at pscramos@yahoo.com for more information.



Saddle Rock Board News

This phase of the Saddle Rock Village build-out is nearly complete. With more than 220 homes, we still fall short of the 350 needed to become an independent dues-paying village. Regardless, we have become a very active and cohesive group, just one of many things to be thankful for this season.

Our next meeting is November 19 at 6:30 p.m. in the Rio Vista Room of the Delta Club. We meet only every other month, so this is your opportunity to learn what is happening in our village and throughout Trilogy as well as to meet your neighbors.

At our last meeting residents were reminded of the importance of two life-saving items. The life hammer should be in everyone's car. This 20-dollar investment enables you to break a window should your car sink into a body of water. Vial of Life forms and decals were passed out. Completed forms ensure that emergency medical staff will have the information needed to provide you the best treatment. You just never know when life will throw a challenge your way. A little preparation could help.

For more information about the village board and what we do, please contact Patty Kohn (2737) or (pfkohn@gmail.com). We look forward to seeing you at our next meeting.

Saddle Rock Village

We are now having our SRV Residents' Club meetings every odd-numbered month, following each Board of Directors meeting. Our Residents' Club meetings will now be held in January, March, May, July, September and November, every third Wednesday of that month.



During the recent residents' club meeting in September, the Trilogy Emergency Response Team gave a presentation to

all SRV attendees. We were instructed to go to CitizenObserver.com to be placed on an "alert list" for notification of hazardous events near Trilogy and Rio Vista, along with emergency contact information for Solano County Sheriff at (707) 374-2300.

Get to know your neighbors at our SRV Residents' Club Park Social, held on the last Wednesday, monthly, from 5 - 9 p.m. in the park on the corner of Saddle Rock Lane and Silver Creek Ridge. Please feel free to bring your favorite drinks and snacks.

Our SRV Caring Connection is available to help residents if you have a need or know of a need on your neighborhood block. We are also seeking volunteers from each street to act as a contact person. Please contact marjniemi@yahoo.com to sign up as a street volunteer.

Residents can donate recycling items to support our club such as bottles, cans and plastic with a CRV label. Please drop off at 513 Timber Creek Drive in the back of the truck in the driveway.

Richard Larsen's SRV web site can be found at <http://saddlerock.tk>. Helpful information is available for our village, Trilogy and the town of Rio Vista.

Just as a reminder, residents interested in contributing a \$10 one-time resident donation to help fund our Residents' Club activities, please drop your donation in SRV box #6 in the Delta Club.

Following are some dates to remember:

Wednesday, November 19, 7:30 p.m. SRV Residents' Club meeting, directly following our SRV Board meeting, Rio Vista Room, Delta Club. Social hour follows each meeting with wine, soft drinks, snacks and fun! For information contact kathibradley@comcast.net.

Sunday, December 7, Trilogy Christmas Dinner Dance, Vista Club

Saturday, December 13, SRV Holiday Caroling

Village 1 Board News

Our next Village One Board Meeting will be held, Thursday, November 13, 2014 at 4 p.m. at the Delta Club. It's election time again – represent your village! In January 2015, there will be a few openings on the Village One Board. Please consider self-nominating yourself for one of the upcoming board positions. You should have received applications in your 'tubes' for the January 2015 Village One Board the end of October. If you did not, contact the HOA office at the Delta Club. Submit your application to the HOA office prior to the deadline. Elections will be held the first part of January 2015.

Village One

November is here whether we are ready or not, and before you know it, Thanksgiving and Christmas will be upon us. Mark December 13 on your calendars for the VORC annual Christmas gathering, details will follow shortly. The Oktoberfest event was a great success and everyone in attendance enjoyed German music, delicious food, and a party atmosphere that is normally only available in Munich every year but without the expense of traveling. We would like to thank those members of VORC as well as the new volunteers that made this event so successful. (danka)

We are currently planning the 2015 calendar of events and we welcome volunteers that would like to share ideas on activities and events that will make Village One a fun and happy place to call home. VORC can be reached by email at V1socialclub@aol.com or contact Jim at (4860).

Olympic Village Residents' Club

OVRC meetings are held on the third Wednesday of the month; November 19 at 7 p.m. in the Monterey Room at the Vista Club is our next Olympic Village Residents' Club meeting. This will be our pre-election meeting and we're looking for volunteers and officers for 2015. At this meeting we'll also be making final plans for an exciting "Holiday Happening" for Olympic Village Residents in December.

This is your opportunity to join the fun and get to know your neighbors. We've already got some great new ideas for next year's parties. These meetings are very informal and are open to all Olympic Village residents. Getting to know all of you and working together to make our neighborhood a friendly and welcoming place is the best part of participating in the OVRC. Join us. Your ideas are important and it is so much fun when we work together. Questions? Contact Linda Jensen (5542).



Annette Pestana and Cynthia Schroeder

Village Oakmont Residents' Club

So, you escaped all the ghosts and goblins of Halloween. Some of us visited with them at our Diablo Ballroom on Halloween night, plus got to enjoy a delicious "scary" meal with dancing to Ron Covey's musical selections.

Our Oakmont Village Residents' Club will hold our annual elections at our December 7 Holiday Dinner and Dance. We have two openings that need to be filled: the position of vice president and the position of assistant secretary. The rest of the slate is: President Cyndy Schroeder, Treasurer Patty Peterson, Assistant Treasurer Sharon Patterson, Secretary Milly McCoy, and Historian Antoinette Pestana. If anyone would like to run for any of the open positions or against any current officer, please contact the Nomination Chairperson Antoinette Pestana at (5154). Don't forget to submit your registration slips and payment for the December 7 Holiday Dinner and Dance by November 15. Dennis Wallace' PBS Catering and Jim Lucas' Solid Gold will again provide our dinner and dancing music. A special treat will be the Delta Divas leading our holiday sing-along and adding a few of their songs as well. Don't miss out on this popular event!

Our 2015 events include: a Breakfast Event on March 22, a Potluck with Chili Cook-off on May 17, participating in the Trilogy Fourth of July Parade and Social, hosting the bar for the Drama Club in August, co-hosting the Halloween Party on October 31, and co-hosting the Holiday Dinner and Dance on December 6.

If you have questions, please contact Cyndy Schroeder at (2480).

*"Sometimes
we find ourselves
in the middle of
conversations
we never expected to have
and our job is
to have them anyway."*

— LENA DUNHAM

Veteran's Ball

Tuesday, November 11, 2014

6:00 – 10:00 p.m. Vista Diablo Ballroom

Doors Open & Reception at 6 p.m.

Catered Old Glory Buffet at 7 p.m.

Featuring Tri-tip Beef and Chicken Normandy

Music by AfterGlow previously

Sterling Silver and Dancing

Bring Your Own Adult Beverage of Choice

Military Service/Mess Dress or Semi-Formal

No Hats Please

Sign up at Member Services at the Vista Club \$35 pp

Sign up as a group if you wish to sit with others.

For more information, contact Ron Waite at (6714) or 925-216-7488



2015



New Year's Eve Grand Ball
Trilogy




Vista Club Diablo Ballroom

6:00 pm to 12:30 am

Indulge and Celebrate an Evening of Fine Dining
Live Entertainment Featuring John Covert and Crystal Image
Enjoy the Spectacular Ball Drop from Time Square
on the Big Screen to bring in the New Year

Pre-Registration: November 3, Monday 10:30 - 12:00 P.M.
Vista Club Monterey Room ~ \$65 pp & Entree Selection

Entrée Selections:

-  Carved Prime Beef Sirloin with Mushroom Marsala Sauce
-  Baked Salmon with Cilantro Cream Sauce & Fruit Salsa
-  Chicken Artichoke with Alfredo Cream Sauce
and Artichoke Hearts

Join us to ring in 2015!



HAPPY THANKSGIVING

Before we begin our holiday gift shopping and over the top decorating, let's pause to enjoy Thanksgiving, a beautiful holiday when families come together to enjoy the company of each other and to share in a special meal. For this one day, for a few hours, take time to acknowledge and appreciate your loved ones. This year's table might have some new faces to welcome or miss some favorite faces from the past. Either way, new memories will be created and old memories will be shared.



Kathy Erwin



Anna Chunn

**Warm wishes from the fitness and spa staff.
Have a Wonderful Thanksgiving.**



Angela Hall



Bev Shilich



Deanna Araya



Denise Rubiaco



Joele Swift



Lillian Garlick



Marti Meyer



Pat Puryear



Prescy Dela Cruz



Sharon Roberts



Sharon Stafford



Sophie Imbuelten



Susan Rice



Tammy Trujillo



Terry Kelly



FITNESS TICKETS

**Come to as many classes as you can
Nov. 1st—Dec. 17**

For every class you take
you will receive a ticket to
be entered into a drawing for prizes!

Put Ticket in Holiday Box
@ Member Services Vista Club!!

Please **PRINT** your name & phone number
prior to placing in box.

**Tickets will be pulled on Thursday, December 18
during the Holiday Luncheon @ 12 p.m. Diablo Ballroom**

November Fitness Orientations

New members are required to attend
one of our FREE monthly Fitness
Orientations before using
the Fitness Center. It is a chance for
us to get to know you and answer
your questions. We'll have you fill
out a Health and Fitness History form
at the orientation.

Saturday, Nov. 8 at 11 a.m.

Wednesday, Nov. 12 at 6 p.m.

Saturday, Nov. 22 at 11 a.m.



Relax, Release & Let Go Class

SESSION II

Pre-register at Member Services

Instructor: Anna Chunn

Cost: \$35 (pay at Member Services)

What: 6-Week Workshop

When: Mondays, Nov. 3, 17, 24. & Dec. 1, 15, 22, 3 – 4 p.m.

Location: Sonoma Room Vista Club

*For more information, leave a message for Anna at (4200). No class
Nov. 10 & Dec. 8.*



Learn relaxation skills through exercises, visualization, breath control, and memory techniques to promote a relaxation routine and serene environment. Individual attention will be given to each student, focusing on their specific needs. Students will learn to self-evaluate their stress levels using the five senses and implement exercises.

Must have a minimum of 8 participants

Trilogy Health & Wellness Center
November Spa Specials
374-4200



**Fall Spice
Aromatherapy
Massage**

Indulge your senses this fall with a fall spice massage that combines a relaxing, de-stressing massage with fall scented aromatic oils.

50 minutes for \$45

Purchase from
November 1-30, 2014

Holiday Bliss Facial

Relax & allow your Esthetician to Customize a facial that personally addresses your skin. The facial cleanses, conditions, moisturizes, rejuvenates and relaxes tension in the face and is appropriate for all skin types! Also includes a Pumpkin Spice Moisturizing Foot Treatment!!

75 Minutes for \$70

Purchase from
November 1- December 31, 2014



**2 Facials:
Express Vitamin C
Brighteners**

45 Minutes Each \$90

Purchase from November 1- 30, 2014

Trilogy Living

Fitness Class Schedule for November 2014




Trilogy Fitness Punch Card Choices. There are three card choices: a blue 20-punch for \$70, a yellow 10-punch for \$35 or an Unlimited Monthly Punch Card for \$85, color coded differently each month. Get your cards at Member Services. Please call Fitness & Spa Director Kathy Erwin at (4205) if you have questions. All classes are held in the Vista Group Exercise Studio unless otherwise noted.

Last Month's Punch Card Raffle Winner: **Miriam Nitenson**


October Fitness Orientations: Sat. Nov. 8 at 11 a.m., Wed. Nov. 12 at 6 p.m., Sat., Nov. 22 at 11 a.m.

If you plan to make a (ROM) Range of Motion appointment for a later date, please bring a \$20 check with you to the orientation. Thank you!

Key
Bold = New/Change
 (B)eginning
 (I)ntermediate
 (A)dvanced

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 8:30-9:30am Step Aerobics November 1 only (GX) Pat 11am-12:30pm ZUMBA Power 90 (GX) Sophie
3 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 9:45-10:30am Core Balance and Standing Abs 10-11am Aqua Fit (B) (VP) Denise 10-11am Meditation Breathing (B) (DB) Deanna 10:30 -11:15am ZUMBA Toning (B/I) (GX) Sophie 11:15-12pm ZUMBA Dance (B/I) (GX) Sophie 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (DB) Deanna	4 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 11-12pm The Feel Good Class (formerly Arthritis Program) (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm U-Jam (GX) Sharon	5 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10am Intro to Dance Aerobics (B/I/A) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-10:30am Boot Camp (B/I/A) (GX) Joele 11am-12pm Hot ZUMBA (I/A) (GX) Prescy 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30pm Balance Ball (GX) Deanna	6 7:45-8:45am Body Works (B/I/A) (GX) Kathy 9-10am Core/Stretch (B) (GX) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9-10am Advanced Aqua (B/I/A) (VP) Kathy 10-11am Jazz Aerobics (B/I/A) (GX) Joele 11-12pm The Feel Good Class (formerly Arthritis Program) (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/I) (GX) Tammy	7 7-8am Early Yoga (B) (DB) Tammy 7:30-8:30am Low Impact (B/I/A) Pat 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9:30-10:30am Aqua Fit (B) (VP) Denise 9:45-10:30am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Balance Ball (DB) Deanna 10:30 -11:15am ZUMBA Toning (B/I) (GX) Sophie 11:15-12pm ZUMBA Dance (B/I) (GX) Sophie	8 11am-12:30pm ZUMBA Power 90 (GX) Sophie
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17 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 9:45-10:30am Core Balance and Standing Abs 10-11am Aqua Fit (B) (VP) Denise 10-11am Meditation Breathing (B) (DB) Deanna 10:30 -11:15am ZUMBA Toning (B/I) (GX) Sophie 11:15-12pm ZUMBA Dance (B/I) (GX) Sophie 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (DB) Deanna	18 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 11-12pm The Feel Good Class (formerly Arthritis Program) (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm U-Jam (GX) Sharon	19 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10am Intro to Dance Aerobics (B/I/A) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-10:30am Boot Camp (B/I/A) (GX) Joele 11am-12pm Hot ZUMBA (I/A) (GX) Prescy 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30pm Balance Ball (GX) Deanna	20 7:45-8:45am Body Works (B/I/A) (GX) Kathy 9-10am Core/Stretch (B) (GX) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9-10am Advanced Aqua (B/I/A) (VP) Kathy 10-11am Jazz Aerobics (B/I/A) (GX) Joele 11-12pm The Feel Good Class (formerly Arthritis Program) (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/I) (GX) Tammy	21 7-8am Early Yoga (B) (DB) Tammy 7:30-8:30am Low Impact (B/I/A) Pat 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9:30-10:30am Aqua Fit (B) (VP) Denise 9:45-10:30am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Balance Ball (DB) Deanna 10:30 -11:15am ZUMBA Toning (B/I) (GX) Sophie 11:15-12pm ZUMBA Dance (B/I) (GX) Sophie	22 11am-12:30pm ZUMBA Power 90 (GX) Sophie
24 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 9:45-10:30am Core Balance and Standing Abs 10-11am Aqua Fit (B) (VP) Denise 10-11am Meditation Breathing (B) (DB) Deanna 10:30 -11:15am ZUMBA Toning (B/I) (GX) Sophie 11:15-12pm ZUMBA Dance (B/I) (GX) Sophie 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (DB) Deanna	25 8-9am Body Works (B/I/A) (GX) Kathy 9:30-10:30am Aqua Fit (B) (VP) Denise 11-12pm The Feel Good Class (formerly Arthritis Program) (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm U-Jam (GX) Sharon	26 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10:30am Aqua Fit (B) (VP) Denise 11am-12pm Hot ZUMBA (I/A) (GX) Prescy 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30pm Balance Ball (GX) Deanna	27  Happy Thanksgiving NO CLASSES	28 7-8am Early Yoga (B) (DB) Tammy 7:30-8:30am Low Impact (B/I/A) Pat 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 10-11am Balance Ball (DB) Deanna	29 NO ZUMBA CLASSES TODAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 8am Motorcycle Club (Off-site) 9:30am Hiking Club (V) 6pm – Poker Texas Hold'em/Omaha (D)
2 FALL BACK – End of Daylight Savings 10am – 3pm Farmers Market 5pm Theater Group Rehearsal (V) 6pm Tennis Tournasocial (D)	3 8am Social Tennis 8:30am Woodcarving (D) 9:30am Walk & Talk (V) 10:30am – 12pm Registration: NYE Grand Ball (V) 11am Saddle Rock Village ARC (V) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 1pm Mah Jongg (V) 1pm TAG Mtg (D) 3pm Guitar Club (V) 5pm Whist Planning (V) 6pm Soul Line Dancing (V) 6pm Poker (D) 6:30pm Game Night (V) 7pm Theater Group Dress Rehearsal (V)	4 7am – 8pm Election Day (D) 8am Social Tennis 8:30am Radio Club (V) 9:30am Golf – Women's 9-Holers 10am Pastel Art Class (D) 10:30am Country Line Dancing (V) 11:30am Golf – TRVMEN 9-Hole 12:15pm Beginning Watercolor Class (D) 12:15pm Canasta – Hand & Foot (V) 12:30pm Dominoes (D) 1:30pm Golf – Women's 9-Holers Mtg 2pm Stroke/Head Injury Support Group (V) 5pm Billiards Club Tournament (V) 5pm Drama Christmas Play Rehearsal (D) 5:30pm Tai-chi & Yuan-chi (V) 6:30pm Religions of the World (D) 7pm Theater Group Dress Rehearsal (V)	5 8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 11am Ukulele Club (V) 12:30pm Fat Quarters Quilters (D) 1pm Village Riviera ARC (D) 1:30pm Jazz Band (V) 2pm Bergren Art (D) 2pm Card Design Class (D) 3pm Oakmont Village RC Social Com (V) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 6:30pm Soul Line Dancing (D) 7pm Billiard Club Membership Mtg (V) 7pm Delta Breeze Rehearsal (V)	6 8am Social Tennis 8:30am Golf – Women's 18-Holers 9am – 1pm CPR/ AED/ First Aid (V) 9:30am Ceramics (D) 10am Olympic Village ARC (V) 10am Wildlife Com (V) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 1pm Sailing Club (D) 2pm Genealogy Club (V) 5pm Table Tennis (D) 5pm Tai-chi for Beginners (V) 5pm Drama Christmas Play Rehearsal (D) 6pm Yuan-chi & Fan Dance (V) 6:30pm Village Riviera HOA Mtg. (D) 6:30pm Pinochle (V) 6:30pm Photography Club (V) 7pm Theater Group Dress Rehearsal (V) 7pm Ballroom Dance - Beg (V) 8pm Ballroom Dance - Adv (V)	7 8am Social Tennis 9am Model Club (V) 9:30am Village 1 ARC (V) 9:30am Walk & Talk (V) 10am Rubber Stamp Card Making (D) 10:30am Country Line Dance (D) 12pm Bridge (V) 12pm Adv Watercolor Painting (D) 2pm Veterans Day Focus Group (V) 6:30pm Joy Luck Mah-Jongg (V) 7pm Dessert Theatre (V)	8 8:30am – 4pm Shibori Shirt Workshop (D) 9am Table Tennis (D) 9am – 12pm Shredding (Delta Parking lot) 9:30am Hiking Club (V) 6pm – Poker Texas Hold'em/Omaha (D) 7pm Dessert Theater (V)
9 8:30am – 4pm Shibori Shirt Workshop (D) 2pm Dessert Theater (V)	10 8am Social Tennis 8:30am Woodcarving (D) 9:30am Walk & Talk (V) 10am Village Oakmont ARC (V) 12pm Open Painting (D) 12:15pm Duplicate Bridge (V) 12:30pm Rip, Stitch & Bitch (V) 5pm Whist Planning (V) 6pm Soul Line Dancing (V) 6pm Poker (D) 6:30pm Game Night (V)	11 Veterans Day 8am Social Tennis 8:30am Radio Club (V) 9:30am Golf – Women's 9-Holers 10am Pastel Art Class (D) 10:30am Country Line Dancing (D) 10:30am Book Club (V) 11:30am Golf – TRVMEN 9-Hole 12pm Beginning Watercolor Class (D) 12pm Recipe Club (D) 12:15pm Canasta – Hand & Foot (V) 1pm – 3pm Veterans Day Tribute (V) 1:30pm Golf – 9 Holers Mtg (D) 4:15pm Table Tennis (D) 5pm Drama Christmas Play Rehearsal (D) 5pm Table Tennis Mtg (D) 5pm Billiards Club Tournament (V) 5:30pm Tai-chi & Yuan-chi (V) 6pm Grapevine Chat (V) 6pm Veterans Ball (V) 7pm Emergency Action Committee (D)	12 8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Kare Bears – Village Oakmont (D) 10am Stained Glass (D) 10:30am TRVMA Executive Session (V) 11am Ukulele Club (V) 12:30pm Fat Quarters Quilters (D) 2pm Bergren Art (D) 2pm Card Design Class (D) 2pm TRVMA Board Mtg (V) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 6:30pm Nature Club Mtg (V) 6:30pm Soul Line Dancing (D) 7pm Delta Breeze Rehearsal (V)	13 8am Social Tennis 8:30am Golf – Women's 18-Holers 9am Blood Pressure Check (D) 9:30am Ceramics (D) 10am Council for the Arts (V) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 4pm Golf – Sr. Men's Board Mtg (D) 4pm Village 1 HOA Mtg (D) 5pm Table Tennis (D) 5pm Tai-chi for Beginners (V) 5pm Drama Christmas Play Rehearsal (D) 6pm Yuan-chi & Fan Dance (V) 6:30pm Olympic Village HOA Mtg (D) 6:30pm Pinochle (V) 7pm Computer Club (V) 7pm Writers' Club (V) 7pm Ballroom Dance - Beg (V) 8pm Ballroom Dance - Adv (V)	14 8am Social Tennis 9:30am Walk & Talk (V) 10am TAG: Rubber Stamp Making (D) 10:30am Country Line Dance (D) 12pm Bridge (V) 12pm Adv Watercolor Painting (D) 2:30pm Veterans Day Focus Group (V) 7pm Bunco (D)	15 9am Table Tennis (D) 9:30am Hiking Club (V) 6pm Family Support Holiday Dinner (D) 6pm – Poker Texas Hold'em/Omaha (D) 7pm Joni Morris Country Variety Show (V)
16 10am – 3pm Farmers Market (D) 7pm Dance Club with Trilogy Jazz Band (V)	17 8am Social Tennis 8:30am Woodcarving (D) 9:30am Walk & Talk (V) 10am Council of Village Presidents (D) 11am Saddle Rock Village ARC (V) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 1pm Mah Jongg (V) 3pm Guitar Club (V) 5pm Whist Planning (V) 6pm Soul Line Dancing (D) 6pm Poker (D) 6:30pm Game Night (V) 7pm Fishing Club (D)	18 8am Social Tennis 8:30am Radio Club (V) 9:30am Golf – Women's 9-Holers 10am Pastel Art Class (D) 10:30am Country Line Dancing (D) 11:30am Golf – TRVMEN 9-Hole 12pm Beg Watercolor Painting (D) 12:15pm Canasta – Hand & Foot (V) 12:30pm Dominoes (V) 5pm Canasta – Couples (V) 5pm Billiards Club Tournament (V) 5pm Drama Christmas Play Rehearsal (V) 5:30pm Tai-chi & Yuan-chi (V) 5:30pm RV Roamers Thanksgiving Potluck (D)	19 8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 11am Ukulele Club (V) 12:30pm Fat Quarters Quilting (D) 1pm Village Riviera ARC (D) 1:30pm Jazz Band (V) 2pm Bergren Art (D) 2pm Card Design Class (D) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 6:30pm Soul Line Dancing (D) 6:30pm Saddle Rock Village Board Mtg (D) 7pm Saddle Rock Village RC Mtg (D) 7pm Olympic Village RC Mtg (V) 7pm Delta Breeze Rehearsal (V)	20 8am Social Tennis 8:30am Golf – Women's 18-Holers 9:30am Ceramics (D) 10am Olympic Village ARC (D) 10am Wildlife Com (V) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 1:30pm Community Connections (V) 2pm Genealogy Workshop (V) 4pm Golf – Sr. Men's Mtg (D) 5pm Table Tennis (D) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6pm HOA Admin Policies Com (V) 6:30pm Pinochle (V) 7pm Village Oakmont HOA Mtg (D) 7pm Drama Christmas Play Rehearsal (V) 7pm Village Riviera RC Mtg (V) 7pm Ballroom Dance - Beg (V) 8pm Ballroom Dance - Adv (V)	21 8am Social Tennis 9:30am Tennis Club Mtg (D) 9:30am Village 1 ARC (V) 9:30am Walk & Talk (V) 10am Rubber Stamp Card Making (D) 10:30am Country Line Dance (D) 12pm Bridge (V) 12pm Adv Watercolor Painting (D) 7pm Whist Club (D)	22 9am Table Tennis (D) 9:30am Hiking Club (V) 10am – 3pm Gift, Craft & Art Faire (V) 10am – 3pm TAG Art Display (V) 11am – 2pm GLR Entertainment – Denny James (V) 6pm Golf – Senior Men's Golf Banquet (V) 6pm – Poker Texas Hold'em/Omaha (D)
23	24 8am Social Tennis 8:30am Woodcarving (D) 9:30am Walk & Talk (V) 10am Village Oakmont ARC (V) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 1pm Access Com Mtg (D) 1pm Mah Jongg (V) 3pm House Renovations Com (V) 6pm Soul Line Dancing (D) 6pm Poker (D) 6:30pm Game Night (V) 7pm Drama Rehearsal (V)	25 8am Social Tennis 8:30am Radio Club (V) 9:30am Golf – Women's 9-Holers 10am Pastel Art Class (D) 10:30am Country Line Dancing (D) 11:30am Golf – TRVMEN 9-Hole 12pm Beginning Watercolor Painting (D) 12:15pm Canasta – Hand & Foot (V) 12:30pm Dog Club (D) 4:15pm Table Tennis (D) 5pm Drama Christmas Play Rehearsal (V) 5pm Billiards Club Tournament (V) 5pm Grapevine Chat (V) 5:30pm Tai-chi & Yuan-chi (V) 7pm Drama Club Membership Mtg (D) 7pm Emergency Action Committee (D)	26 8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 11am Ukulele Club (V) 12:30pm Fat Quarters Quilting (D) 1:30pm Jazz Band (V) 2pm Bergren Art (D) 2pm Card Design Class (D) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 6:30pm Soul Line Dancing (D) 7pm Delta Breeze Rehearsal (V)	27 Thanksgiving Holiday Vista Club & HOA Admin Office Closed	28 8am Social Tennis 9:30am Walk & Talk (V) 10am TAG Rubber Stamp Card Making (D) 10:30am Country Line Dance (D) 12pm Bridge (V) 12pm Adv Watercolor Painting (D)	29 9am Table Tennis (D) 9:30am Hiking Club (V) 10am – 2pm Holiday Decorations Shop & Swap (V) 10am – 2pm Christmas Tree Decorating (V) 6pm – Poker Texas Hold'em/Omaha (D)
30 7pm Tree Lighting (V)						




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Kare Bears is a group of Trilogy residents organized with the goal of reaching out to our Trilogy neighbors in their time of need due to sorrow, sickness, loss of a family member or other life challenges. We have many volunteers to help, be it a phone call, visit, a hot meal, a lift to a doctor's appointment, assistance in searching for social services outside of Trilogy, or just plain tender loving care. We have divided Trilogy into sections with area coordinators for each section. Please contact your area coordinator if a need arises, either for yourself, or any other Trilogy resident. Your coordinator will contact the volunteer committee best suited to help with your problem.



FAMILY SUPPORT COMMITTEE
The Family Support Committee organizes memorial services for family members who incur the loss of a Trilogy member. For more information, please call Chairperson Claudette Gartner (707) 439-6116, xbirdlady@myifp.com, Coordinator Barbara Sherison (6845) or Betty Bowley (5613).

Oakmont Village Kare Bears

The Oakmont Kare Bears wish to thank everyone who helped with their annual garage sale fundraiser on Saturday, October 4. You helped to make it a great success: workers setting up and taking down; picking up items and loading and unloading them; pricing items and working the sale; supplying refreshments; donating items to be sold; and, most of all, the Carlsons', for letting us invade them and use their garage and yard. It takes many hands to do all that is needed, and we are blessed to have so many willing and able to give their time and efforts. Thank you, everyone!

We are still in need of Oakmont neighbors who would be willing to help provide transportation for our needy Oakmont neighbors to their various appointments. If you can help, please call Kathy Russo (2969) or Janet McKimmy (5415).

The Oakmont Kare Bears, as well as the Riviera Kare Bears, are also working with the Women of the Moose and Rio Vista Community Services to provide Thanksgiving dinners to disabled Trilogy residents.

The next Oakmont Kare Bears meeting will be on Wednesday, November 12, at 10:30 a.m., in the Delta Club. Some topics to be discussed will be our annual holiday party, as well as the upcoming spring seminar to be held on April 23. Come early and enjoy coffee and goodies and share your ideas.

Olympic Village Kare Bears

Olympic Village Kare Bears are participating in the Phone Buddy Program. We are hoping to have all villages involved. It provides daily phone contact for those living alone. A buddy is assigned to each participant who

will phone every day to assure the well being of their buddy. Kare Bears from all villages are encouraged to support this program. There are residents throughout Trilogy who would benefit from this program. Quarterly meetings in 2015, starting in January, will continue to be the first Tuesday of the month at 1 p.m., location to be announced. For more information contact Mackie Webster at (5837).

Riviera Kare Bears

Once again the sun rises to greet the month of November, revealing moderating temperatures, trees shedding last season's garb and decreasing daylight hours, as Mother Nature sets the stage for the next act. We, being positioned as players upon this stage, must also adjust our wardrobes and schedules so that we remain in harmony with our environment. However, while acting as Kare Bears we retain our same goals and schedules year round. Seasons and holidays are secondary to properly assisting our neighbors in need. One concession to nature's calendar may be the contents of meals that we prepare for our neighbors. This variance is attributable to the availability or desirability of certain foods that are seasonal or traditional. But, of course, all seasons are appropriate for anyone to become a Kare Bear. We are once again extending an invitation to those folks and any other interested individuals to join us at one of our bi-monthly meetings. Our next gathering will take place on December 8 at 10 a.m., with refreshments at 9:30 a.m. in the Delta Club. Please avail yourself of this opportunity to enhance both you and your community's well being. Need additional data to decide? Simply call Myra (3660) or Valerie (6942).

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Alzheimer's/Dementias Caregivers' Support Meeting

Alzheimer Services and the Greater Bay Area Alzheimer's Association sponsor the caregivers support group to offer information, speakers and videos, as well as open discussion and social interaction for caregivers of loved ones with Alzheimer's or other dementias. The group meets the 3rd Friday of each month from 9:30 to 11 a.m. at the Senior Center located at 25 Main St. in Rio Vista. Contact meeting facilitator Nat Marcoccio (RVALZSG@yahoo.com) for more information.

Couples Canasta Club

We are seeking interested couples to meet monthly in the evening to play canasta. If you want to meet and socialize with other Rio Vista Trilogy couples, this is the club for you. We will meet on the third Tuesday of each month in the Vista Club, Sonoma Room at 5:45 p.m., and play will start at 6 p.m. Our next meeting is Tuesday, Nov. 18. Canasta is a fun card game. It's easy to learn. No experience is necessary and beginners are welcome! We will be playing the gals against the guys! The Sonoma Room will accommodate 12 couples. Any additional couples will be added to the club roster list and contacted when there aren't enough players. Please contact Patt at patthalo@sbcglobal.net, 707-225-0796 or Edie at email4edie@aol.com, 925-354-7013 if you're interested in joining our club. We are looking forward to a lot of fun "Canasta Nights" and hope to see you there!

Trilogy Labyrinth Walkers

Might we suggest solo time at the labyrinth? There is no right or wrong way to walk the labyrinth, simply start. In September, 22 of us walked Trilogy's labyrinth by the light of the moon with candles lighting the path and Tibetan Bells chiming in the air. So often when I walk the labyrinth's circle with others I have an image of life's journey; we walk towards each other; briefly next to one another, then we move away from each other. Walking with others may bring a certain type of reflection; walking solo allows a different experience. We will gather again on December 21, to celebrate winter's solstice. Perhaps we will share our November solo experience at that time. Contact Gerry Swan at (510) 507-4080 or Elaine Wisz at (4310) with questions or comments.

Rio Vista Community Service Food Bank needs your help!

Commit your Tuesdays (8:30-11:30 a.m.) one per month OR any combination that works for you. Must be able to lift 40-50 pound items on occasion. Help a team pick up the weekly donated food items with a provided van. Contact 374-2358 Thank you



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Instructor: Beverly Shilich

Class meets Tuesdays & Thursdays 11 a.m.—12 p.m. (Group Ex Studio)



6th Annual Walktober

Trilogy's fitness department walking event.

We've renamed October, Walktober! It's the ideal time to celebrate walking. October is that time of year when you feel a 'spring' in your step; the weather is warm and it's a great time to get outside. This was an event for everyone: young and old, fast or slow, on your own or with a group, for active travel, for exercise, leisure or pleasure. On Saturday, October 18 there were 218 accounted Walkers who joined us for the 6th Annual Walktober Event.

Special Thank you to the following volunteers who helped make this year's Walktober Event a success: Terri Anisko, Carolyn Azbell, Lois Brusen, Bob & Peggy Brainerd, Anna Chunn, Bobbi Haworth, Laura Larski, Richard & Janice Larsen, Marcia Lodge, Octavia McConnell, Sharon McDougall, Pam Nicoletti, Denise Rubiacco, Mamie Smith, Linda VanNieuwburg. A special Thank you to the Emergency Action Committee for all your help!

*Sincerely,
Kathy Erwin
Fitness & Spa Director*







Billiards Club

The next Billiards Club meeting is on Wednesday November 5 at 7 p.m. in the Monterey Room of the Vista Club. Tournaments are every Tuesday evening and start at 5 p.m. The first and third Tuesdays the format will be 8-ball round robin with no handicaps for B players. The second Tuesday of the month the format will be handicap 9-ball with a round robin format. In order to get a win a player must beat his opponent 2 out of 3 games. The club has again made a list of B players and for that Tuesday evening the B players will get a one-game handicap while playing an A player, so the B player only needs one win in three games while competing against an A player. The format for the fourth Tuesday will be 8-ball and the club will split the tournament into A and B players. There will be a first and second place winner in each group. If there is a fifth Tuesday, the format will be 9-ball with no handicap for B players. Officers: President Al Bergoust, Treasurer Jack Clark, Secretary Dallas Salomon, and Membership Chairman Dave Stewart.

Latest weekly tournament winners:

Sept. 2, 8-Ball

- 1st Al Bergoust
- 2nd Dave Stewart
- 3rd Marlin Horner

Sept. 9, Handicap 9-Ball

- 1st Nkrumah Al-Omar
- 2nd Charles Hoffman
- 3rd George Doner

Sept. 16, 8-Ball

- 1st Neil Brodhead
- 2nd Al Bergoust
- 3rd Bob Powell

Sept. 23, 8-Ball

- 1st Dave Stewart
- 2nd Al Bergoust
- 3rd Jack Clark

Sept. 30, 9-Ball

- 1st Bob Powell
- 2nd Oscar Grissom
- 3rd Al Bergoust

For more information regarding the Billiards club, please contact Oscar Grissom at crpntrboy@aol.com.

Bingo

No bingo in November and December. Happy Holidays! We will resume on Friday, January 23, 2015.

Bocce Club

The Winter Bocce Federation (WBF) got off to a great start. The All-Club-Day event received 24 new sign-ups taking us to 224 dues-paying members and 24 teams. All courts will be fully utilized at 9 a.m. on play days. Make up or rescheduled matches can be scheduled any weekday

after 12 p.m. or any time on weekends by mutual agreement of the team captains. The end-of-season Bring Your Own Team Stuff (BYOTS) social and lunch is Thursday, December 4 at noon. More details to follow. The One-Day Self-Funding tournament was cancelled due to a lack of sign-ups. Approximately 45 club members attended the Annual Membership meeting on Friday, September 12. The club is in a good financial state and ready to move forward. The members asked that the 2015 schedule be adjusted so that all teams would play all other teams. It was noted that the concept of playing on the same day every week may no longer work due to increased resident participation plus growth. The question of play-offs was also raised and by a "show of hands," those present do not want play-offs. There were no by-law or rule changes suggested. The only binding vote was the election of the existing board for another 2-year term. The board officers are: Joe Downes, president, Walt Manos, vice-president. Judy Carter, treasurer and scheduler plus Carolyn Azbell and Dorothy Busuttill co-secretaries. The 2015 annual captains meeting is scheduled for Saturday, February 21 at 9 a.m. in the Delta Club. Mark your calendar. Remember to roll often, throw straight and have fun, that's what it's all about. Contact Joe Downes (7520) for the board.

Book Club



The Book Club meets the second Tuesday of each month at 10:30 a.m. in the Sonoma Room at the Vista Club. The next meeting is November 11. The book selection is *The Book Thief* by Markus Zusak. December's selection is haiku poetry readings, and/or write your own. There is no requirement to have read the selected book. Everyone is welcome to join in.

Feel free to stop by. For more information, contact Adrienne at (5576). Happy Thanksgiving!

Bridge – Duplicate

Duplicate Bridge meets the second Monday of each month at 12:15 p.m. in the Sonoma Room at the Vista Club. Please mark your calendars for our game on Monday, November 10. All Trilogy residents who are interested in playing duplicate bridge are welcome. If you need a partner, we'll find one for you. Please contact Sue at (6136) for more information.

September's winners: Regular game: 1st: Sue Vogtlin and Lois Brusen; 2nd: John Mount and John Fashing. Novice game: 1st: Tammy Woodworth and Mary Brodie



Bridge Club - Friday

Friday Bridge Club meets every Friday at 12:15 p.m. in the Vista Club, Sonoma room. All levels of players are welcome. Please let us know you are coming by 12 p.m. on the Wednesday of that week. Sign-up book is in the Sonoma Room in the middle top drawer of credenza at the left side of the room. On the first Friday there will be duplicate bridge, all levels welcome. Same sign up book. For more information or any questions please call Larry Epner at (3511).

Bunco

Come join us for a fun evening of Bunco and refreshments at the Delta Club. We meet the second Friday of the month at 7 p.m. For further information please call Shirley at (9984).

Ceramics Club



Where has the year gone? As you can see, some people are preparing for the holidays by getting their "gobble" on. This turkey is ready for glazing, then all the beautiful feather colors will be enjoyed during the Thanksgiving season. There are other holi-

day projects being worked on; why don't you come to a meeting to see what is happening in ceramics? We meet every Thursday from 9:30 a.m. to 12 p.m. in the Marina Room at the Delta Club. For more information, please call Ann at (5122).

Community Connections

Our next meeting will be on Thursday, November 20 at 1:30 p.m. in the Monterey Room, Vista Club. Art Darden from the Emergency Action Committee will be giving a presentation to help Trilogy residents prepare for an emergency. This will include information from FEMA and the Red Cross. It should be very interesting and it is important for all of us to know!

For December, we are planning a Christmas Tea at McHenry House in Modesto, and also our annual Holiday Cookie Exchange. Lots of fun! There is always something to do here in Trilogy, so come meet your neighbors. All Trilogy residents are welcome. Please bring a sweet or savory snack to share if you wish...or just bring yourself. Questions? Call Donna at (2461) or Pam at (3161).

Computer Club

The next meeting of the Computer Club will be held on Thursday, November 13 at the Vista Club. This is an open meeting for all Trilogy residents who wish to attend.

Steve Hansen, Senior Technical Account Manager from Microsoft will talk to us about everything Microsoft. Here is an opportunity to hear about the basic software that we all use from the expert. Steve was to speak at the October meeting but had a last minute scheduling problem and agreed to be with us in November.

If you wish to become a member of the club you can go to the club website at www.tccrv.org to complete and print a copy of the application and give it to any of the directors. After June the dues are \$18 which covers the remainder of this year plus next year. Or you can sign up at any meeting. We welcome all levels of expertise, from those thinking of getting a computer to those who have spent years working with computers and related software. Call Lynne Hansen (4060) for more information.

Council for the Arts

Do you have your 2015 calendar yet? If so, be sure to mark your calendar for the 2015 production of "Music of the Night" on the evenings of March 12, 13 and 14. Auditions were held in October but you can get more information from Judy Calpo (2924). The production highlights the talents of your neighbors living in Trilogy! Council for the Arts meetings are held the second Thursday of each month. The next meeting is November 13 at 10 a.m. in the Monterey Room of the Vista Club.



Dog Club

The unemployment rate for dogs is high. "My dog barks too much," "digs too much," "is too hyper." The problem is, they are unemployed! Dogs used to have jobs; herding cows, guarding flocks, or any multitude of other jobs. But now, they're home all day - many cooped up in small apartments or crates, waiting for their owners. They get some exercise going for short walks, but most don't get enough. What about mental exercise? Dogs have brains and they should be trained to use them.

You don't have to get obedience certificates on your dog - but what can really help is playing a little hide and seek! Start by putting a treat under a chair or table. Ask him to sit and wait. If necessary put the leash on and hold him back while you toss the treat gently under the table. Release him and tell him to go "find it." Do this a few times



and then hide the treat behind something. Make sure the dog can easily fit behind where you hide the treat. It won't take long until the dog catches on to this game. Then you can start to hide treats all over the house. Start out with one at a time. Build up to four or five at a time in various places. Go back to where the dog has been left in a "sit/wait" and release him to find the treats. Try it with a toy using the same process. Using their brain really helps a dog to calm down. Give your dogs a job.

Drama Club

Our first Open House was a success thanks to all the residents who stopped by to share and support the Drama Club. And welcome to our new members. We are moving into readiness for the holiday production, *Scrooge Makes Up*. Performance dates at the Vista are December 4, 5 and 6, 2014 at 7 p.m. As always there will be no charge. And per our tradition there will be a food drive for Rio Vista Community Services. Bring your donation of non-perishable food to the performance. Flyer with reservation form is available at the Vista and Delta as well as the November issue of *Trilogy Living*. Seating is limited so get those reservations in early. Our monthly meeting time remains the last Tuesday of the month at 7 p.m. at the Delta Club Marina Room. For more information contact Debby Dubrow at (6706).

Emergency Action Committee



Are you prepared to evacuate? A member of your Emergency Action Committee returned from a road trip to New Orleans. While driving the Gulf coast highways, he noticed signs identifying

evacuation routes. We do not have similar signs in California because we do not have to worry about hurricanes. There are many benefits to living in the community of Rio Vista; however, should there be an emergency requiring evacuation, our public safety agencies may be quickly overwhelmed. Each of us should plan several evacuation routes. Run through several "what if" scenarios: what if the Rio Vista Bridge was closed; what if Highway 12 was closed between Trilogy and Highway 113. Think of friends and neighbors and make plans.

There are 3 Trilogy exits: Summerset Road at the Welcome Center to Highway 12, Diamond Hills Drive to Church Road, and Palisades Drive to Airport Road. Once all construction is completed, a fourth one will be the yet-to-be-built Marks Road to Church Road. You can pick up street maps of our community at the office at the Delta

Club. Once you have made your exit route plans, get out and drive them on one of our many beautiful days on our equally beautiful country roads. Don't forget your camera as there are many beautiful scenes that make for great pictures.

The Emergency Action Committee members are always here to help. We meet monthly on the second and fourth Tuesday from 7 – 9 p.m. in the Marina room, Delta Club. We welcome visitors and new members to the meetings. For more information, please contact Alan Levine at (707) 718-7907, Art Darden at (3455), or Gillsa Miller at 916-508-2758.

Fat Quarter Quilters

We are a group getting together to work on our own quilting and sewing projects. Join us and meet new friends and share the love of sewing. We meet every Wednesday from 12:30 – 4 p.m. at the Delta Club. There are no dues or fees. Esther Young (2639).

Fishing Club

This month's meeting will be our annual Holiday Brunch at Moore's Riverboat Restaurant on November 23 at 9:30 a.m. It will be our last meeting this year since we do not meet in December. We have many raffle items, prizes and gifts. If you weren't at the October meeting and haven't got your brunch or raffle tickets yet, there is still time to get them. Call (3791) for your brunch and/or raffle tickets (you need not be present to win). We look forward to seeing everyone at the brunch! For more information, call Al Silva at (3791).

Genealogy Club



For some time now, genealogy websites have been changing and evolving to provide more and more information. For years the leader of the group was Ancestry.com, by far the very best. The genealogy

community has known for some time that the Mormon Church has gathered and dispensed information through their Family History Centers nationwide. Their on-line site, FamilySearch.org, has been catching the eye of our club members for awhile and we thought additional exploration was in order.

We recently had the pleasure of inviting fellow Trilogy resident, Martin Crane, who is a member of the Mormon Church, to speak to our club. Martin is extremely knowledgeable on the Family Search site and helped immensely to familiarize us with this up-and-coming website. It



is rapidly becoming the number two and possibly overshadowing other sites on content and accessibility. For those researching foreign records, this site is worth the time; check it out. Martin gave us a great look into the accessibility of the records, family trees and the many other research collections maintained by the Church. We were very pleased with the wealth of information in Martin's presentation and wish to thank him for his time.

The Genealogy club and Workshop are open to all residents of Trilogy. Regular club meetings take place the first Thursday of the month at 2 p.m. in the Monterey Room, Vista Club. For more information contact Rhoda at (754) 2. The Genealogy Workshop is held the third Thursday of each month at 2 p.m. in the Learning Center, Vista Club. For more information contact Carolyn at wncbridges@comcast.net, or by phone at (510) 334-0912.

Good Samaritans



On Friday, September 26, The Good Samaritans celebrated their ninth-year anniversary with a fantastic turn out. The theme was based on love. The event opened with prayer from Gail Adkins and continued with the history of The Good Samaritans, outreach ministry and guest speakers.

The Good Samaritans started in 2006 with Brother Paul sharing his vision along with sharing future goals. A beautiful plaque of appreciation was presented to *The Rio Vista Beacon* honoring Late Harry Green, Cindy Green (his wife), and Stephanie for their dedicated service. The award was presented by Brother Paul, founder of The Good Samaritans.

The room was filled with applause when they heard that in 2006, *The Beacon* newspaper covered The Good Samaritans first Annual National Day of Recognition event honoring "9/11" victims and world peace.

In 2007, *The Beacon* covered The Good Samaritans first Annual Dr. Martin Luther King, Jr. Holiday Luncheon at Trilogy. Other Good Samaritans events throughout the nine years included; Prayer Breakfast, Good Friday Prayer,



The Resurrection Story, Mother's Day Luncheon, Father's Day Luncheon, Monthly Birthday Luncheon, National Day of Prayer, Thanksgiving Luncheon, Thanksgiving Food give-away, Christmas gifts for needy children in Rio Vista, and Christmas gifts at local care homes.

During the luncheon, September birthdays received gifts and flowers were presented to Velma Bridges by Brother Paul.

The Good Samaritans Bible Study is every Thursday at 1 pm. at the Delta Club, Marina Room.

Scripture of the Month: 1 Corinthians 13:1-4

Hispanic Club

Are you Latin or do you have Latin or Hispanic heritage or have lived in Latin America or Spain? Do you speak Spanish at any level? Do you like Latin culture, language, music, and/or food? Do you know of or would you like to know of arepas, papusas, anticuchos, ceviche? Would you like to be part of a conversation group, *Círculo Español* that meets twice per month (second and fourth Saturdays)? If you are interested in any of these, consider joining our group! For more information, contact Vicky Riddle (3684), email: vriddle98@yahoo.com; Allan Owens (5673), email: allanowens@comcast.net; Cecilia Reyes Spiritosanto, (1484) email: ceciliareyes77@gmail.com or Ada Parrales Stack (3406).

Men's Executive Nine Golf Club

The Rio Vista Men's Executive Nine Golf Club is comprised of members who enjoy playing nine holes of golf and then socializing after the game. We play each Tuesday mid-morning. The format varies each week, from individual "straight" golf play on the first and third Tuesdays, and, with some infrequent differences, individual and team golf tournament events on the second and fourth Tuesdays of the month. Our club now has 109 members. We always welcome new members and golf experience is not a prerequisite. If you would like to join us, pick up an application form in the Pro Shop



posting room or contact our Membership Chairman, Dick Talbott, at (707) 225-0077.



In September we had two regular club tournaments, the second portion of the two-day club championship, and an "exchange" tournament with the Brentwood Roughriders Golf Club. The three flight winners for the club championship were (A Flight): Dennis Germano, (B Flight) Byron Lockhart, and (C Flight) Bob Brainerd. The

winning foursome for the tournament with the Brentwood Roughriders was Gary Bingham, Joey Dias, Jim Owens, and Fred Jepson. The winning foursome for the Scramble Tournament on September 16 was: Rayno Niemi, Jim McDermott, Charles Hoffman, and Bob Bard. The winning golfers for the September 30 Straight Golf-Low Net Tournament were Rayno Niemi and Tim Kubli. Congratulations to all the winners and thanks to all that participated.

Because of the Thanksgiving holiday, there will be three Tuesdays of non-tournament golf and only one tournament date in November. The one tournament, "An Average Score by Foursome" format, will be held on November 18. We invite you to come out and join us for a good time with a great group of guys.

Model Club

As a part of our ongoing series about our members, please allow us to present Jerry Armanino. He and his wife have been residents for 18 months; they came here from Fremont (Bay Area). Jerry joined the Model Club shortly after arriving. The Garden Railroad attracted him. He is an ongoing volunteer at the Niles Canyon Railway and previously worked as a Marketing Manager at Raytheon. Jerry says he likes the Model Club's camaraderie. His favorite event is the "Steam Up" in July. For this annual event trains are brought here from places like Sacramento. Some trains are powered by real steam, some by battery power and others are track-powered. Jerry says he sees the Trilogy Community really enjoying the running of trains at the Garden Railroad. The improvement he says he would like to see is more colorful plants. We will be working hard with him this fall and spring to make this happen. Jerry is very active in our community: as he is President of our Radio Club, Treasurer for our local chapter of the American Legion and a member of the local model Airplane Flying Club. He also loves to golf in his spare time.

Stop by our Model Club meeting held on the first Friday of each month in the Vista Club, Monterey Room. We will be presenting ideas and talking about upcoming field trips. Any questions, please contact our president, John Harder (3646). Please join us at our monthly meeting.

Motorcycle Club



Photo by Randy Scott (and his gorilla tripod).

The Trilogy Motorcycle Club riders meet the first Saturday of every month for an all-day ride. The October 4 ride found 7 bikes and 8 riders headed east to parts unknown, or at least to a road not frequently traveled. We made our way out to Valley Spring for a stretch break, then to Angels Camp, through Sonora and picked up Highway 108 going east. The intent was to ride until lunch time and see where we ended up. We had toyed with taking in the view at Sonora Pass, but after a relaxing lunch in Strawberry, we felt the urge to "go west" and start the return trip. It was nice to be in the cool mountain air for a while, because descending in altitude brought on the rising valley heat, hitting 99 degrees for a while. A stretch break in Lodi found us parking at Starbucks sipping cold drinks while sitting inside enjoying the air conditioning. We were a bit early for the seasonal color change in the trees and will look forward to next month's ride for more color and who knows....maybe a little bit of nip in the air from cool autumn weather. It was a good trip at about 260 miles.

We invite the other motorcycle riders in Trilogy to join us on any of the monthly rides. The next ride will meet at McDonald's in Rio Vista at 8 a.m. on November 1, the destination to be determined based on weather. For more information, contact Bob Pastorino at (6556) or Larry Nelson (2967).



Movers and Shakers

This is a support group for those with Parkinson's, Essential Tremor, Dystonia, or any other movement disorder. We meet once a month at 7 p.m. For date and location, call Audrey Kinser (7506).

Nature Club

Nature Club has celebrated autumn with successful outings to Big Break Shore, the Yolo Bypass, and now we are off to the Stockton Water Treatment Wetlands, on November 20. This trip requires an accurate head count by November 18, so please RSVP to (2718). We will meet in the Vista Club parking lot on the west side at 8 a.m. to carpool. This trip will take about 4 hours, minimum. Keep your eye out for a fantastic array of fall migrants: Sand Hill Cranes, Snow Geese, hawks, Loggerhead Shrikes, and much more. You may still be able to sign up for Lodi Sandhill Crane Festival events at <http://www.cranefestival.com>. The next Nature Club meeting is November 12, 6:30 p.m. in the Monterey Room, Vista Club. Call (2718).

Photography Club



We meet on the first Thursday of each month at 7 p.m. in the Monterey Room at the Vista Club. Our next meeting is on November 6. A video montage of club members' favorite photos was the centerpiece of our exhibit at the recent Trilogy Club Fair and was enjoyed by everyone who stopped by to chat and to join our email list. A regular feature of our monthly meetings is a "show and tell" about photos we've taken. In recent months we've shared vacation photos, favorite nature scenes, portraits and studies in black and white. Meetings are open to all Trilogy residents regardless of experience, technical know-how and/or type of camera used. Contact Cecelia at c.a.wavrick@gmail.com or call (4749) for more information.

Radio Club

We are happy to report our efforts to make more people aware of the benefits of our Radio Club at Trilogy have been successful. For the September 16 and 23 meetings, we covered the new low cost of HAM radio equipment, the ease of obtaining an FCC license as well as recognizing the potential community need in a local emergency, and we were able to provide information and encouragement to a number of new members. During the rest of

the month we focused on updating and creating documents which will help all our HAM operators perform their needed functions when faced with the stress of an emergency. We are sharpening our skills operating the emergency equipment at the Rio Vista Fire Department, the Trilogy Welcome Center and our own personal equipment. There is still room for additional individuals who would like to both know what we can do, and those who would like to be actively involved.

If you would like to learn more, the Radio Club meets most Tuesdays in the Vista Club, Monterey Room at 9 a.m. for informal discussions. Please stop by. Call Club President, Jerry Armanino for more information at (2461).

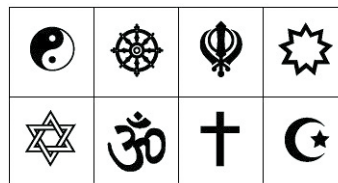
Recipe Club

In preparation for the holidays our November 11 noon meeting is featuring "Appetizers." Bring your favorite recipe to share with the group. If you would like, you may prepare the recipe to share with us. This is always a favorite meeting with several different samples to try.

If you enjoy cooking and sharing recipes, please feel free to join us. We meet at noon the second Tuesday of each month at the Delta Club. All Trilogy residents are welcome. Patty LaFleur (3159).

Monthly Q & A: *Q: Is it true that all the good nutrients are in a vegetable's peel or skin? A: The skin certainly isn't the only healthy part; there are still plenty of vitamins in a peeled vegetable. Most of what you lose when you peel a vegetable is insoluble fiber. About half of a potato's dietary fiber is in the skin. If a peel is tender (like a carrot or potato) and you don't mind the taste, keep it on. You will, however, want to remove peels that are tough or fibrous (like celery root) or coated in wax (such as some cucumbers). Try to remove only the peel, as there are a lot of nutrients and flavor just below the surface.*

Religions of the World Club



The Religions of the World (ROW) Club is a diverse group of Trilogy residents interested in learning more about the different religions of the

world: their history, beliefs and practices. We meet the first Tuesday of every month at 6:30 p.m. We started reviewing the world's major religions over a year ago in approximately chronological order. We have learned about Zoroastrianism, Jainism, Hinduism, Judaism, Christianity, Islam, Sikhism, Buddhism, Taoism, Confucianism, Shintoism, and the Bahai Faith.



On November 4 the ROW Club will revisit the Hindu Religion in the River Room of the Delta Club. The California general election is the same day, so it is possible that we will be in a different location if the election expands into the River Room. We will advise of the change if this happens. At this meeting, a Trilogy resident who is a practitioner of this very old religion, will make the presentation. This Hindu religion began in the Indus River valley and is the quasi State religion of India.

This is not a forum for recruiting members to any belief system, and all Trilogy residents of any belief system are welcome. For more information, contact Don Cooper (510) 909-5049 or Barb Bellamy (6670).

Rio Vista Roamers RV Club



Our group had a wonderful time at the 49ers RV Ranch in Columbia in September. The town center was still open for visitors, so many of us got tours of extra places that are not usually open when big crowds are there. One

was the hotel which is finished in period furniture so it still feels like the old west. Many thanks to our hosts Rich and Pat Mays and co-hosts Tom and Nancy Shirley.

Jan and Gene Vick hosted us at Pomo RV Park at Ft. Bragg in October. As usual, I will tell you about this outing next month. This was the last roaming outing of this year.

But, have you heard about our group and are wondering about maybe joining us? Well, this is the time to see if we are a good fit! Our holiday potluck will be November 18 from 5:30 – 8.30 p.m. at the Delta Club. Ron and Pauline Cruz (3050) will be our hosts. This dinner is open to all members, past or present, or potentially brand new. The turkey will be furnished and your wonderful dishes will accompany it! Call our hosts for a head count and to advise of your delicious contribution.

Sign on to <http://rvroamers.tk> and it will give you the next outing information. Log on to sign yourself up or call the member hosting that outing. Call Sandra Santos (3538) or Jan Vick (5025) and we will be more than happy to answer any questions.

Senior Men's Golf Club

On September 17 we hosted our third annual charity golf tournament to benefit Rio Vista Community Services. This year's event raised \$14,000, adding to the current total of \$40,000+ over the three years. Rio Vista Community Services President Derek Jones accepted the donation, and our Senior Men's Golf Club President Ron Chalmers accepted a plaque to reside in our trophy case. Thanks

again to Faye and John Lamb for their continued leadership in this most worthy endeavor.



We elected one new and two repositioned Board members. Ken Higaki will take over the president's post, and Ken Ausich will replace the retiring Jim Nash as secretary. New Board member Noel Doyle will handle the job of handicap director. Many thanks go to both the coming and the going club members for their service on the board.

October featured two events hosting outside clubs: Crow Canyon/Marin CCs and Mira Vista CC. Our two-day Club Championship brought a spirited ending to our year. We look forward to the fellowship of our Annual Awards Banquet and Dance coming up on November 22.

As the Trilogy build-out continues, we anticipate continued growth of the club, and we are now in the midst of our membership drive. Our regular membership meeting is usually on the third Thursday at 4 p.m. at the Delta Club, but there will be no meeting in November or December. Join us in January for the beginning of another great year. For more information, contact our Membership Director, Chris Shockley at (3603) or tshoc@cs.com. (Photo by Karen Dozier)

Stroke, Head and Brain Injury Club

We are a support group that serves those who have had or are living with someone who has been affected by stroke, a brain injury or one which results from a head injury (such as an assault or car accident) which subsequently caused a brain injury. We also assist those suffering from dementia, regardless of the cause. Our group provides help, useful tips, and current information on how to cope with the various short and long term physical as well as emotional side effects that are unique to each individual's situation. Since those who experience these conditions



can suffer from feeling alone, helplessness, and/or are impaired by some physical and/or emotional limitation, the support that we can provide each other can be very important to adapting and living. Each month we discuss a new topic and try to learn more about subjects that are of interest to members.

We also conduct various extracurricular activities for the group both within Trilogy and nearby communities so that we can have fun together as well. We have recently added a monthly "Game Day" where we meet at a member's home and play a variety of games to increase memory and brain function. This program has been a great success. If you or someone in your family has had a stroke, any kind of brain malfunction, and/or dementia, and would like to join or have any questions, please contact Dr. Cheryl Bellrose (6619). We encourage caregivers and families to join as you need support as well.

We usually meet on the first Tuesday of each month from 2 - 4 p.m. at the Vista Club in the Monterey Room unless there is a holiday or schedule change. Our next meeting will be held Tuesday, November 4. Please join us.

Supper Club

Supper Club meets every other month from February through October in each other's homes for tasteful (and tasty) dining, fun and conversation. On these occasions you can meet your neighbors and get to know them in a small group setting (usually 6 - 10). We are not limited to a formal dinner menu only. We might also have an afternoon barbeque, a brunch or a luncheon. Our membership consists of those who have participated for several years as well as our many newer members.

We also have an annual New Year's Brunch where all members can participate at one location. They are able to meet some of the people they may not have been able to participate with during the rest of the year. It is a festive affair which our members truly enjoy.

Everyone is welcome to join. Our club is not just for married or committed couples. We don't want to leave anyone with the impression that single individuals are not welcome. If you want to make new friends, give Supper Club a try. Take the opportunity to experience the delectable menus and friendship provided by our group.

The New Year's Brunch will be held in January 2015. Our next club dinner will be held in February. For further information please contact Cheryl Bellrose (6619) or Susan Collier (707) 372-5489. We're looking forward to hearing from you.

Table Tennis Club

Members of Trilogy Table Tennis Club enjoy active living at its best especially in autumn, winter, spring, or summer! The physical and mental stimulation of the sport and the numerous social functions organized by the club keep us healthy and enrich our lives. The goal of sharing this wonderful experience with Trilogy residents prompted our participation in the Club Awareness Day held September 13. More than fifty residents were provided information about the benefits of the sport and the activities of the club.

While the highlight in August was the successful and joyful tournament against Rossmoor, September featured the third annual international pot-luck picnic and bocce event. Twenty-six members and guests attended. Main dishes, salads and desserts from India, Germany, China, Russia, Latin America and the USA were served. Following the feast, participants will engage in bocce competition, lasting until sunset.

At the club's general meeting on November 13 we plan to elect new board members to manage our affairs in 2015. Club members are urged to attend. Preparations are already underway for the annual Christmas Dinner/Party scheduled on December 20 at Sir Flair (Nines) Restaurant. Members are urged to register in advance.

To learn more about our club please visit <http://trvtt.wordpress.com>, or contact any board member: Larry Mork, President (3389); Richard Laswell, Vice-President (2479); Vicky Riddle, Treasurer (3684); Tom Surh, Secretary (5282); Michael Mahrous, Tournament Director (3216); Tom Barnes, President Emeritus (4395); Ruth Barnes, Social Activities (4395).

Tennis Club



Fun tennis fact for November (courtesy of *Wimbledon Facts, Figures and Fun* by Cameron Brown): The term "deuce" is derived from the French "a deux du jeu" – two points away from game, the English having shortened it to "deuce." The term "love" (meaning no points) may have come from the Dutch "omme lof spelen" (playing for the honour) or the French word "l'oeuf" (the egg) both of which make no sense whatsoever. Here is a quote from a 1978 New York Times article: "In a sport where love means nothing it's not surprising that etiquette means everything". But that is tennis – the game we "love"!



Coming events: Sunday, November 2 is the semi-annual Daylight Savings Tournasocial which starts at 9 a.m. for the women and 1 p.m. for the men. Whether you play or not bring your own entrée and drink, a dish to share, and join us at 6 p.m. for the potluck at the Delta Club. For more information, contact Joe Downes at josephdownes@citlink.net.

For all club members, be sure to reserve Friday, December 12, for the Tennis Club Holiday Party at the Delta Club. Cost is \$10 per member and \$20 for their guest. Please sign up by Friday, November 21.

As always, daily Social Tennis is Monday - Friday, from 8 - 10 a.m. and we welcome anyone, member of the club or not, to join us. Just be sure that your shoes are "court" shoes that don't leave marks on the court surfaces.

For more information about our club, you are welcome to attend our next club meeting at 10 a.m. on Friday, November 21 at the Delta Club, or contact Wally Beckman at beckmanwally@hotmail.com.

Theater Group

This past month we have been busy getting ready to perform *Love Letters*. We will be presenting this Readers Theater on November 7, 8 and 9. This same production is also being performed on Broadway. If you weren't able to get tickets, you may want to show up at the door. We will try to seat additional people if there is room.

We have selected our next production. We will be performing the comedy *Social Security* in the spring of 2015. We think this will be a very funny play. All you budding actors out there should watch for the audition notice which will be posted at the Vista and Delta Clubs. We are always looking for fresh talent.

We will not be meeting during November or December due to the holidays. But if you would like to attend one of our meetings, please join us in January.

Just like all of you, we are all looking forward to Thanksgiving in a few weeks. One thing all of us in the Theater Group are thankful for is the tremendous support we've received from the Trilogy community. Wishing you a wonderful Thanksgiving Holiday Season!

TOPS (Take Off Pounds Sensibly)

Our Trilogy chapter is growing steadily, as we welcomed in three new members last month. Leader Elouise Brice showed us the certificate for most new members, this year, presented to her at the Regional Rally at Sacramento in September.

Several of our members are enjoying the fitness class by Joele and others are taking off pounds by swimming or walking. We are striving to keep those pounds off during the upcoming festive holidays. Come join us ladies and gents! The chapter meets every Wednesday at 8 a.m. at the Delta Club. For more information, call Elouise Brice at (1499) or Barbara Bellamy at (6670). Happy Thanksgiving!

Trilogy Art Guild for Artists

October's meeting was filled with feathers and glitter, beads and lots of fun while we made Mardi Gras masks. The Bass Festival allowed us to have another gallery this year to display our photographs and paintings. We were able to use the space next to the Striper that used to be a dress shop. Our art group was asked to have some of us visit the local high school from time to time and talk with the advanced art students and critique their work. Ellen LaVacarre and Lori Azzolino visited the high school last month and saw some amazing work done by these students. Their art department has outstanding facilities for these students to do different art projects. TAG meetings are on the first Monday of the month at 1 p.m. at the Delta Club.

Trilogy Jazz Band

This month we honor the memory of Bob Sargeant, who played first alto sax with the band for the past 12 years. Bob passed away on September 20 after several months of declining health. He was a mainstay of the band; he served as chairman for many years and always helped with setup for performances and acquisition and storage of supplies. He is truly missed.

November is a busy month for the band, beginning with the Veterans' Day program on November 11. We will also play for the Dance Club's monthly dance on Sunday evening, November 16, and our brass ensemble will play for the Christmas tree lighting program on Sunday November 30.

Full band rehearsals are held most Wednesday afternoons, 2:30 - 5 p.m. in the Vista Club, Diablo Ballroom. Our vocalists and accompanying combo rehearse from 1:30 to 2:30 p.m., just before the band. Observers and listeners are welcome at both sessions!

If you play a band instrument and are interested in being part of the Jazz Band, even if you're "rusty," please contact Music Director Jim Lucas (7567). There are current openings for a saxophone and a clarinet; other opportunities will develop in the future. For more information, contact Jim Lucas (7567) or Marti Rogers (6859).



Whist Club

We would like to thank all of you who went on the Red Hawk Casino trip. What a wonderful time we all had. We hope everyone has a blessed Thanksgiving with family and friends.

The club gathers once a month, usually on the third Friday at 7 p.m. at the Delta Club. Please check the monthly *Trilogy Living* for any date/time changes. Other games are available for those not interested in playing cards, including dominoes, backgammon, and checkers. We also welcome those who just want to socialize. We also have a potluck at that time. You may contact Madalene Turner (3361) or Jean Robertson (0086) for more information.

Women's 9-Holers

Indian summer has hit, and we have everything from storm clouds to rainbows. One hundred and thirty ladies played this month. September 2, Tournament of Champions Results, Winners, Nancy Biles (low gross) and Lois Dutcher (low net). We will sponsor their play in PWGA Tournament of Champions, held on October 21, at Poppy Ridge. Many of our ladies plan to follow the field and sup-



port our players. September 9, Low Putt Day, Winners; Flight 1, Karen Nash; Flight 2, Georgette Rodrigues. Followed by lunch and our own Connie Eremian took the ALS Challenge in front of us. Well done,

Wet Connie! September 16, a game called ONES, and our winner was Eila Ballard, with a low net of 14.5. September 23, straight golf, just fun. September 29, last PWGA, Play date for the season held in Brentwood, Six of our own won: Nancy Griffin, Linda Rowe, Marnie Doody, Diane Scholz, Barb Downs and Marj Niemi. Well done Ladies! September 30, Fun Net Day, Winners, Flight A; 1-Anna Bogucki, 2-Denise Sargent-Natour, 3-Karen Nash. Flight B; 1-Diane Scholz, 2-Kathy Moore, 3-Sharon David. Flight C; 1 & 2-Tie- Ingrid Cavanaugh, Pat Lasusky, 3-Maureen Lamborn. Three Chip-ins this month, Doreen Lewis, Sharon David and Karen Adams. Pars for the Month: 22 in total, #5 and #13, most popular. Par Of The Month Club, Members (this changes monthly); Anna Bogucki (3), Fran Silva (3), Karen Nash (2), Lynn Traver (2), Pam Fashing, Eila Ballard, Nancy Whitney, Georgette Rodrigues, Lois Dutcher, Doreen Lewis, Suzi Masterson, Sharon David, Kathy Moore, Barb Bellamy, Denise Sargent-Natour, Jan Benner. Way to go Ladies!

To join, contact Fran Silva (3791), or alfran70@comcast.net.

Answer to last month's Playing By The Rules: Illegal and a two stroke penalty.

Women's 18-Holers

The 18 Hole Women's Golf Club just completed our annual Club Championship Tournament. It was a two-day tournament held on September 18 and 19. Linda Barlesi retained her Championship status. The A Flight low gross winner was Linda Siatt, the low net winner Vicky Riddle. The B Flight low gross winner was Doris Sundly, low net winner Alma Renko. The C Flight low gross winner was Diana Staley and the low net winner was Maureen Gingrass. Congratulations to all the winners.

Other winners for the month of September were: September 4. Low Putt Day. First place winners in Flights A,B,C and D were: Lucille Rhodes, Pat Kistler, Diana Staley and Lynn Grace tie, Darl McCarthy. Second place winners in those flights were: Marsha Berry and Vicky Riddle tie, Alma Renko, Terry Sutter and Jan Benner. Diana Staley was the Ace of the Month, which means she shot the lowest net score of the field for the day. September 11. Better Nine. Pick the best nine of the two less half handicap. The first place winners in Flights A, B, and C were: Roni Teixeira, Pat Kistler and Bev Dunn. Second place winners in those flights were: Frankie Freese, Bessie Dunn and Ladell Manion tie, Jan Benner. September 25. Can you believe we actually had a "Rain Out"? We all gladly gave up a day of golf for the benefit of rain.

We meet each Thursday at 8 a.m. at Sir Flairs Restaurant. If you are interested in joining our group please contact Linda Siatt at (5364) for information.

Writers' Club

Recently, television programs have featured celebrities who were exploring their ancestry. Some were quite surprised by their family history. A few had questions answered; others had new questions to ponder. You may be the first in your family to arrive here. Perhaps you are just passing through on your way to another land. Whether your family came here willingly or not, on a lark or escaping persecution, or if your family is descended from the first Americans, we all have a story, a history. Our optional topic for November is "ancestry." Write a song, poem or essay about a family story. Have you searched for your roots? Do you want to confirm the legends you've heard many times? Or are you inspired to write about something completely unrelated to our topic? Fantastic! Just write! Join us on Thursday, November 13 at 7 p.m. in the Monterey Room of the Vista Club. We will share, listen and encourage each other. For further information, contact Zoe (3676), Suzi (925-231-5213) or Judy (3973).

TRIPS AND TOURS

All trips are operated by an outside company and are not associated with Trilogy Rio Vista Master Association. Trilogy Rio Vista Master Association is not liable for any trips or tours.



**Ethel Ott
(Cupcake)
and
Eileen Griffin
(Twinkie)**

49er Levi Stadium & Cirque du Soleil trips: SOLD OUT

Nov. 20, Jackson Rancheria Casino, \$30/pp

Our usual 4-5 hours of "Stay and Play" at casino. Sausage factory stopover on way home. \$20 Bonus package at casino.

Dec. 6, Poinsettias & Dickens Xmas Faire, \$58/pp

We'll see Duarte Farms' vast array of colorful poinsettia plants - and receive one of our own to take home. Afterwards, we'll enjoy all the sights, smells and sounds of an authentic Dickens Xmas Faire in Modesto. We'll see costumed street vendors and shop keepers, strolling musicians and carolers, along with seeing beautiful Christmas displays everywhere.

Preview of 2015 Trips and Tours:

Feb. 10 Gamblers Special

Feb. 24 SF Architecture Tour and Lunch with Craig Smith

Mar. 14 Musical "Newsies" at Orpheum Theatre in SF

Apr. 21 Ethel's Mystery Trip

May 10-12 Tachi Palace - South Pacific Musical - Sequoia Nat'l Park

**For further information or sign-ups, please call
Ethel (7548) or Eileen (2684).**

ADVERTISING INFORMATION

DEADLINE: All final ads and checks are due by the fifth of the month prior to the month of publication. For example: December 2014 ads and checks are due by November 5, 2014. All late submissions will run in the January 2015 issue of *Trilogy Living*.

REGULAR SIZES AND RATES:

- | | | |
|---|------------------------|-------------|
| • 1/8 page ad | 3 1/2" wide X 2" tall | \$90/month |
| <i>Scan your horizontal business card at 300 dpi, and e-mail it as a pdf, jpg or tiff file to Tania Fardella at indigodesign@att.net.</i> | | |
| • 1/4 page ad | 3.6" wide X 4.5" tall | \$140/month |
| • 1/2 page ad | 7.5" wide X 4.5" tall | \$220/month |
| • Full page ad | 7.5" wide X 9.25" tall | \$345/month |

PREMIUM SIZES AND RATES:

- | | | |
|--|----------------------|-------------|
| • 1/4 page ad Inside Front or Back Cover | \$185/month | |
| • 1/2 page ad Inside Front or Back Cover | \$285/month | |
| • INSIDE FRONT COVER | 7.5" wide X 10" tall | \$445/month |
| • INSIDE BACK COVER | 7.5" wide X 10" tall | \$445/month |
| • OUTSIDE BACK COVER | 7.5" wide X 10" tall | \$500/month |

DISCOUNTS:

- 5% off pre-paid ads for 3 months or more
- 5% off for businesses owned by residents of Trilogy at Rio Vista

To place an ad, contact Joan Azlant at joanazlant@comcast.net or 707.374.2620. If you need ad design, contact Tania Fardella at indigodesign@att.net or 925.377.0335. Additional fees will apply for design, scanning, and edits.



Trilogy at Rio Vista HOME BASED BUSINESS DIRECTORY

Amway

Products & Services
10% discount for residents
Tom Spivey 209-986-5758
LtSpivey@hotmail.com

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Enjoy your retirement --
Leave cleaning to our qualified staff
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Carmen Martinez 398-8345

Bonnie Bowen, Independent Broker

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707-322-5875
bonniebowen@comcast.net

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Mary Kay

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snovotny@citlink.net

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3 kinds delivered hot. Order now.
673-6608 (Eng.) 624-6264 (Span.)
myrnaseverance@outlook.com

Mirna's Professional Hair & Nails

Call for appt. today.
Trilogy residents exclusively.
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myrnaseverance@outlook.com

Rodan & Fields Skin Products

Want to look younger?
Call for a free mini-facial.
Lupe Finch, Independent Consultant (2466)
LupeandMarcy@gmail.com

ANNOUNCEMENTS

Cat for Adoption

Please adopt Buster, a sweet, loving orange and white tabby who recently lost his owner. Neutered with all shots. Call 330-0808.

FOR SALE

Cash for Books

Non-fiction, DVD's, CD's.
Please contact Kelly for more information 330-7228.

Mexican Cuisine

Mirna's Gourmet Mexican Cuisine:
The best ingredients, the cleanest kitchen, the best quality. Tamales, flautas, enchiladas, tostaditos, and more delivered hot directly to Trilogy residents. 673-6608.

Spa

Near new Artesian Captiva spa with 44 jets and foot massage. Selling because of health issues. Cost \$6500. Make offer. Tom/Judy Arntson 757-256-8766.

SERVICES

Airport Transportation

I'll get you to any airport or SF port on time and pick you up on return. TRV residents only. One way fares: SFO \$115, OAK \$90, SMF \$65, PORT \$100/ Call Ralph Hatch (3941).

Alterations

For men and women.
40 years professional experience. Anna (6900).

Audio/Video

Certified On-Q Home installation for your audio/video needs: VCR's, Blu-ray, DVD's, a new amplifier. We will customize to meet your needs. Michael (2800).

Caregiver

Trilogy resident, registered nurse specializing in home medical care. Daily or long term. CPR certified. Medications, surgical recovery, wound care, injections. Call Kathy (7587).

SERVICES

Clock Repair

Thirty years collecting and repairing clocks. No cost if I can't fix; low cost if I can. Call (6782). Ask for Rod.

Computer Aid

I can fix your PC, including removing viruses and malware. New PC setup with file transfers and tutoring on Windows 8. Wireless printer, wireless connections for Netflix. Home theatre. Kathy Barker (6850)

Computer Assistance

PC, Laptop and iPad troubleshooting. Install software, wireless networks or DVD players. Patient tutor for basic or advanced help. Technical expert—Robert (5129).

Computer Doctor

Woody Woodard will fix PC's/ Mac's, install, teach, create web pages, coordinate with Frontier, Best Buy, Comcast. 707-416-6067



SERVICES

Electrical Needs

California licensed (no. 819067) electrical contractor servicing/ installing electrical distribution panels. Installation/repair of fans, chandeliers, light fixtures (inside or out), switches or receptacles, we do it all. Michael (2800).

For Sale by Owner Help

Homeowners, if you have a buyer with agreed upon price and terms, I will write the sales contract (only) for \$500. I am a local, licensed, independent broker at your service! Full services only 1.5% of sale price. Call Bonnie Bowen 322-5875.

Gardening/Landscape Maintenance

Complete care of your yard by expert horticulturist. Servicing Trilogy residents on Tuesdays. Reasonable rates. Satisfaction guaranteed. Scott Bowers 916-683-1406.

Golf Cart Battery Filling

Tired of filling your golf cart battery the old fashioned way? Call me and have an automatic filling system installed for \$175. 208-9096 or (3338).

Handyman

Trilogy resident has over 40 years of home maintenance experience, MOEN faucet specialist, ceiling fan and chandelier installations, electrical trouble-shooting and GFCI problems, plumbing leaks, disposals, toilet maint., and more. Free estimates. City bus. license #1654. Bob Bailey (3391).

Handyman

For those projects that you can't or don't want to do: plumbing (leaking faucet, garbage disposal), electrical (install ceiling fans, light fixtures), household repairs, hang window treatments, mirrors, and pictures. Call Scott Sylvester (6013).

SERVICES

Housecleaning

Complete housecleaning! Quality cleaning at affordable prices. Weekly, bi-weekly, or once. Rental cleans. Call Dawn, "Jerry the Sprinkler Guy's" daughter at 628-4235 or (5239).

Housecleaning

Nita's Diamond Housecleaning is back, satisfaction guaranteed! A Trilogy resident for 14 years, 10 years' experience offering many housecleaning services. Window cleaning, including courtesy hosing of front and back. Call Nita 315-6670 or Victor 510-334-9667.

Hypnotherapy

I'm a new Trilogy resident and a Master Hypnotherapist since 1986. Let me teach you to control your mind and finally lose weight, reduce stress, and channel your energy toward positive results. First session \$75 for Trilogy residents. Totally confidential. Call Karen Lamberto at (2938) and feel better at once!

Impeccable Improvements & Repair

Established retired general contractor. . .Tile, wood floors, water leaks, drywall damage, kitchen & bath remodels/repairs, privacy walls, iron fences/French doors, indoor/outdoor Jacuzzi tubs, storm doors, fireplaces, mantels. 10 year resident. Big or Small—I Do Them All! References available. Dominic, YOUR ONE STOP SHOP IN TRILOGY. 322-9476

Income Tax Preparation and Notary

Individual, partnership and corporate tax returns. Notary Public. Reasonable prices. Jim Castress (3590).

Income Tax Services & Planning

Serving Trilogy since 1999; individual, trusts, business. Consultation in your home or my Trilogy office. Ron Auger, CPA (3068)

SERVICES

Landscaping

Hello Trilogy residents, new & established: I'm Jim Gilly, a fellow resident looking to help you with re-designing and installing your front or back or both yards. Visit my web @ www.gotgilly.com. Lic. 752296. Call 925-260-5780.

Legal Document Assistant

(Independent Paralegal) Trilogy Resident Christine Quinn 507-5265.

Networking/Computers

Is your computer or network not working well? Please call for a check-up at minimum cost. Michael (2800).

Notary

My home or yours. Servicing Trilogy for the past 12 years. Please call Eileen Griffin at (2684). Thank you.

Notary Public

(Trilogy Resident) Your home or mine. Christine Quinn 507-5265.

Notary Public

Certified Notary, fast, professional and reliable service. Lowest fees for Trilogy residents. Please call Jeffrey (7541). Thank you.

Notary to Go

Only \$8 per notarization at Trilogy. Discounts for numerous documents. Since 1984. Call Warren at (3477).

Notary Services

\$10 per signature per page/ discounts for multiple pages. Offering LegalShield™ /Identity Theft Protection Services. Trilogy Resident. Elaine Wisz (4310).

Painting

From minor touch up to complete painting, including market preparation to sell, tenant and owner transition. Pressure washing and rinsing if needed. References. Trilogy resident. 415-710-2590 Christopher.



SERVICES

Painting & Drywall

Repaint exterior & interior. Color and texture our specialty. Free estimates. 40 years experience. R. P. Painting, Trilogy Resident CA St. lic. #422737. Call today (5954).

Paper pArts Cardmaking

Cardmaking, stamping, heat and dry embossing, fancy folds, die cutting and more. Unique cards, new techniques and fun for all! Contact Janet 925-200-5554 Or Aldridge.j@sbcglobal.net. Classes at my Trilogy home.

Perfection Hair & Nails

All services. Women and men. 33 years professional experience. Serving Trilogy residents only. Call for appointment. English 673-6608 or Spanish 624-6264.

Pet Care

"J Walker Pets!" (2546), for all your pet care needs: boarding, housesits, care, visits, long term. Retired certified vet assistant.

Pet Care

Kitty care and small dogs (no walking) services. Includes play, feed, meds, trash out/in, newspapers, mail, and house plants. Call Mimi (4343). . .Trilogy resident.

SERVICES

Pressure Washing & Rinsing

Diligent and conscientious. Exterior walls, patios. Great rates. Painting services also available. References. Trilogy resident. Christopher 415-710-2590.

Rain Gutters Cleaned

Also pressure wash driveway, walkway, patio and outside of house. Trilogy resident Danny 209-570-0302.

Sliding Door & Screen Repair

Stop Fighting Your Sliding Door and Screen!...If it does not Slide, I will make it Glide...Replacement or Repair of all Patio Door and Screen Rollers, Patio Door and Window Screens, Locks, Handles, Shower Door Enclosures and Wardrobe Doors. For a Free Estimate, please call Jonathan (2736).

Streaming Video

Will set you up to watch movies in your home instantly from Netflix or Amazon. Woody Woodard 707-416-6067

Transportation

Dave's Transportation Service. I transport Trilogy residents only to trains, boats, planes. No medical services, shopping or casinos. Reliable. Call (3192). Thanks

SERVICES

Water Filter

Drink purest, cleanest, tastiest water from your tap. Install reverse osmosis filter under sink system. Save bottled water costs of \$250+ per year. Trilogy resident discounted \$150 plus installation (2643).

WANTED

Golf Carts

Cash paid on the spot. Carts can be running or not. Call (3338) or cell 208-9096. Also call regarding rebuilt golf carts.

Want to Run a Classified Ad?

Pick up an ad application form at Member Services. Turn in your completed form by the fifth of the month preceding the month you wish the ad to run.

Cost is \$10 for 25 words. Additional words are \$.25 per word. Checks only.

Late ads will run in the next issue.

Prices change effective April 1.

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