

At Trilogy, learning is a big part of what we do here, whether exploring the world through clubs or attending lectures and classes. Check out page 27 for computer classes and peruse this issue for educational opportunities. Have fun!



Trilogy Community Garage Sale pg. 7

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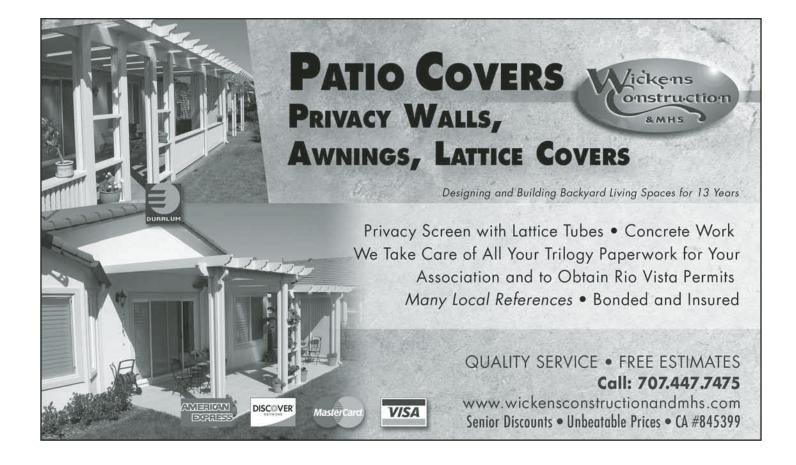
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Don Love

President

An executive session of the board of directors took place March 24.

- Discussed with our attorney the difficulty meeting the timeline of accepting the LLD from the city.
- Determined that we did not have enough clarity on all of the issues surrounding the LLD and we instructed our attorney to deliver that message to the city. Ed Vitrano, Donald Love, and our attorney met with the city to deliver that message and outline the clarity needed, seeking a definitive answer on how the water for the water feature at the front gate would be sourced and determine cost. The board was also concerned that the amount of Reserves set aside were inadequate or lacking in clarity.

A follow-up executive session took place April 8.

- Discussed details of the contract and clearance issues with the LLD and the Waste Water Treatment Plant. The phase one study on the WWTP has been finished and has been presented to us with no issues.
- Discussed having had a mold and spores inspection. The results showed no spores issue but mold was present and bids were released to ascertain the cost of remediation.

The Master Board meeting took place April 8.

- The above issues were discussed and presented to the membership.
- The Board announced that they would release the findings of the phase one on the WWTP by website through e-alert.
- The board passed a motion to commission a Reserve Study on the LLD for clarity of the validity of the Reserve funds.
- The board had a vender give a presentation on shade screens for the Vista patio and approved going out to bids for implementation. The shades are in the budget for this fiscal year. It is estimated it will take sixty day for bidding and engineering plus the unknown time for a city permit before the screen shades can be installed.

Thanks to everyone who works so hard to make life here better for all of us. The next board meeting is May 13 at 2 p.m. in the Diablo Ballroom.

TRILOGY AT RIO VISTA

DIRECTORY

Master Association Board of Directors

Don Love, President (6882)

Noel O'Brien, Vice President (925) 348-4097

Melissa Coleman, CFO (6874)

Joel Auslen, Secretary (5808)

Warren Oglove, Director at Large (3477)

District Delegates

Village 1 - Tom Surh (5282)

Village Oakmont - Leland Puryear (3510)

Village Riviera - Barb Downs (501-5026)

Olympic Village - Joel Auslen (5808)

Saddle Rock Village - Roger Kohn (2737)

Committee Chairs

Adult – Helen Bergoust (2436)

Emergency Action Committee – Alan Levine (718-7907)

Access - Andy Pestana (5154)

Village Board Presidents

Village 1 - Larry Mork (3389)

Village Oakmont - Walter Manos (2827)

Village Riviera - Donald Seyk (6407)

Village Olympic - Robert Sonnenburg (1460)

Village Saddle Rock - Patricia Kohn (2737)

Association Administration

General Manager: Ed Vitrano (4869)

evitrano@actionlife.com

Assistant General Manager: Catherine Patrick

cpatrick@actionlife.com (4843)

Activities Director: Debbie Dorn (4204)

ddorn@actionlife.com

Fitness & Spa Director: Kathy Erwin (4205)

kerwin@actionlife.com

Maintenance Director: Mike Oestreich (4895)

moestreich@actionlife.com

Member Services Coordinator: Cheryl Lucas (4203)

clucas@actionlife.com

Communications Coordinator: Andrea Stuart

stuarttrv@gmail.com

Club Numbers

Vista: Front Desk (4200) Fax (2422)

Delta: Admin Office (4843) Fax (4891)

Trilogy Living Editorial Board

Andrea Stuart, Ed Vitrano, Debbie Dorn, Cheryl Lucas,

Joan Azlant, Kathy Erwin, Helen Bergoust

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Resident Classified Advertising

Kathy Nilsson, knilsson@actionlife.com (4200)

Welcome Center/Front Gate (4306)

Guest Registration - Residentguest.com

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Café Vista (4202) **Nines** (4400) **Golf Course** (2900)

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From the Editor



Andrea Stuart

Anyone who lives in America undoubtedly thinks of Mother's Day and Memorial Day, May 11, 2014 and May 26, 2014 respectively, this year. But I have

a feeling most people don't know that

May is also Older American's Month. The Administration on Aging declared May Older Americans Month in 1963. The purpose is to show appreciation for and celebrate the vibrant and aspiring community of older adults who have influenced so much and share their wealth of earned wisdom. These are things only experience can provide. This celebration fights the stigma that once we reach a certain age we become apathetic to our future. The reality is on the contrary. Look around Trilogy. What do you see? I see productive, athletic, ambitious, fiery people who constantly strive to make this world a better place while having a blast. Of all the people I know, older Americans have found their rhythm!

Each year, Older American's Month celebrates a different theme. The theme for 2014 focuses on injury prevention. The theme is Safe Today, Healthy Tomorrow. The idea is that by taking control of their safety, older Americans can live longer, healthier lives.



MONTH 2014

May kicks off with some out-

door fun, which means the weekly Tuesday BBQ at the Delta is back! There's also a new club forming: the Sailing Club. What an exciting opportunity to get out on the water and keep cool during the warm seasons. Rumor has it that you don't need a boat and there are no slip fees. Check it out on page 28. Perhaps keep May's theme in mind and check out the Emergency Action Committee the second and fourth Tuesday of the month to learn how to stay safe during an emergency or disaster in Rio Vista.

Now get out there and viva la vida bueno (live the good life)!

From the Board of Directors: The publisher retains the right to edit articles and advertising to conform to content and space requirements. The Trilogy Board of Directors is not responsible for expressed opinions or for the authenticity of all presented facts in articles and advertisements. Viewpoints contained in this newsletter are not necessarily the opinions of the Trilogy at Rio Vista Master Association, the Board of Directors, its officers, or management.

From the Activities Director



Debbie Dorn

This year's Music of the Night (Council of the Arts & Drama Club) and The Halleluiah Girls (Theater Group) gave Trilogy two entertaining stage productions! Phil Pezzaglia was a hit

with Trilogy once again with his colorful presentation of a locally-filmed movie played during Movie Night. Watch for his return this month for another delightful overview of filmmaking in the Delta area. The first Gourd Carving 2-day workshop was sold out and will offer more classes May and June. Computer classes will take a break during May to return in June. Prevent cancelation by signing up for classes early. Open Mic Night brought in another record-number attendees and participants. The talent in this community is amazing! Then John Covert & Crystal Image had us dancing through the night once again and will be returning for our New Year's Eve celebration.

Mark your calendars for these upcoming events . . .

- 5/03 Trilogy Community Garage Sale
- 5/11 Mother's Day Holiday
- 5/11 & 5/25 Farmers Market
- 5/16 Karaoke Night
- 5/18 Trilogy Jazz Band Dance ~ Dance Club
- 5/20 Enrichment Series: Phil Pezzaglia
 Delta Area Filmmaking, Co-sponsored
 with Genealogy Workshop
- 5/23 Bingo
- 5/24 Concert ~ County Line Trio
- 5/26 Memorial Day Holiday

Get Ready ...

• June Computer Classes (see page 27)

Peruse this issue for more activities presented by the clubs or groups. A list of clubs and groups with contact information is also available from Member Services at the Vista Club. Your comments and suggestions are always valued . Send an email anytime ddorn@action-life.com. My mailbox is always open!



Computer Workshops ~ Sign up for June Classes!

Learning Center Vista Club

There are a variety of special interest workshops along with a series of introductory workshops to help you become more comfortable with common computing conveniences like email! See pg. ?? for more information. Limited space available. Sign up at Member Services.

Farmer's Market ~ Have You Experienced Trilogy's Market Place?

Sunday, May 11 & 25, June 1 & 15, 10 a.m. — 3 p.m. — Delta Club



Stock up at the Farmer's Market at Trilogy! Bring your neighbors and support your locally grown fresh fruits and vegetables from our own Trilogy Farmer's Market. Petrill's Produce Farmer's Market provides wonderful produce and

other specialties. It's easy to keep a fresh supply of fruits, vegetables and specialties on hand without leaving Trilogy.

Weekly Tuesday BBQ

5:30 p.m. at the Delta Pool

It's the place to be during the summer! Come out for an enjoyable time to meet up with your neighbors. Please leave the area as you found it, and put the umbrella down ready for the next to enjoy. Read more on page 28.

Grapevine Chat ~ will return in October!

The 2nd & 4th Tuesdays each month in the Grand Living Room, Vista Club. Grapevine Chat will resume when the Weekly Tuesday BBQ events have ended.

Blood Pressure Check ~ Free

Thursday, May 8, 9 – 10 a.m., Library Delta Club

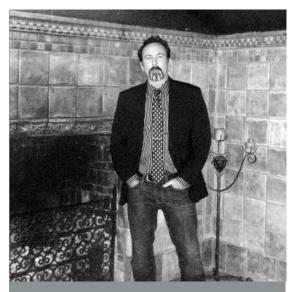
Have your blood pressure checked the second Thursday of every month at the Delta Club Library between 9 – 10 a.m. Stop by and keep that blood pressure in check!

Gourd Carving Workshops

May 9 & 30, June 13 & 27, 10 a.m. — 12 p.m., Marina Room, Delta Club

Fees apply for project resources.

Remember when your mother told you not to play with your vegetables? Well, there is one made for play...the gourd. No. Not pumpkins and squash. We're talking about what ancient man has used throughout



Enrichment Series: Phil Pezzaglia ~ Delta Area Filmmaking History

Tuesday, May 20, 6:30 p.m. Diablo Room, Vista Club, \$3 pp

The Genealogy Workshop has arranged another evening with local historian Phil Pezzaglia's captivating storytelling. Phil will trace the history of filmmaking in the Delta, which began in 1914 in Rio Vista with the filming of Cameo Kirby. Since 1914 scenes have been filmed locally for more than fifty motion pictures and television shows in the communities between Collinsville and Freeport. Pezzaglia is Curator & President of the Rio Vista Museum, RV Chamber of Commerce Past President and Sacramento River Delta Historical Society Member. Phil's books and others of interest will be available for purchase. Table seating invites you to bring your nibbles of choice, while light refreshments will be provided. Seating is limited, sign up at Member Services.



history as a vessel for food and water, as well as for decorations. Come join local artist and resident Barbara Marshall in a funfilled and informative workshop all about working with gourds--the original

"Tupperware!" She has been working with gourds as an art form for over 15 years, making everything from bowls to masks and even musical instruments from gourds. She is a member of the American Gourd Society, California Gourd Society, Florida Gourd Society, Sutter Buttes Gourd Artists, Mt. Lassen Gourd Artists, and Folsom Gourd Artists. Her art is in private collections all over the world and currently on display at Lawler House Gallery in Suisun City. For more information and registration contact Barbara Marshall at 3940. But be warned: Gourds can be very addictive!

Karaoke Night ~ An Evening of Spontaneous Fun!

Friday, May 16, 7 - 8:30 p.m., Diablo Ballroom Vista Club ~ Free

Specially designed for your fun and enjoyment there are no signups, open dancing, and song lyrics are on the big screen for some sing-a-long good times! No doubt there will be story tellers, special dancers, folk singers; a variety of entertainers. One could be you! Bring your favorite snacks, beverage and come over for a relaxed evening of spontaneous fun and entertainment. No signups required.

Concert ~ '60s Folk Revival Featuring County Line Trio

Saturday, May 24, 7 p.m., Diablo Ballroom, Vista Club \sim \$10

Recording artists the County Line Trio are celebrating 45 years of performing their hilarious and entertaining



"Salute to the Kingston Trio." They have opened shows for troubadour Glenn Yarbrough, the late comedian Pat Paulsen and the late singer songwriter John Stewart, a former member of the Kingston Trio. This rousing show in-

cludes original arrangements of their many hit songs. The County Line Trio performed here in 2012 for a sold-out performance and you will not want to miss their return. Bring your favorite beverage and provisions. Sign up at Member Services.

Concert on the Patio ~ "Solid Gold" Anniversary Party!

Saturday June 28, 7 − 9:30 p.m., Vista Club Patio ~ \$10



Great entertainment, dancing, and celebration! Trilogy's own "Solid Gold" will perform the music we grew up with from the '50s, '60s, '70's even into the '80's in their signature four-part vocal harmony. The group has performed for a variety of functions and is available for corporate, family, and private events. Bring family, friends, outdoor attire, dance shoes, your comfortable lawn chair for the patio and favorite provisions for this fabulous Solid Gold performance! The patio is completely shaded by 6:30, and the Delta's breeze makes for a comfortable setting! Sales are limited. Sign up early at Member Services, Vista Club.

Plan Ahead, Get Ready It's Coming . . . Trilogy's 4th of July Celebration

Presented by Trilogy and Villages One, Oakmont, Olympic, Saddle Rock & Riviera Kare Bears

Gather friends and family for a grand celebration of America's birthday! Join us at the Delta Club for the party. Clubs, groups, families, individuals are invited to join the parade around Summerset Drive. Decorated golf carts will be judged for prizes. Plus, this year, we will have prizes for two other entries that WOW the judges. Awards program, DJ music by the pool, variety of entertainment inside the club, grilled hot dogs and ice cream social ~ come join the fun! Details and entry forms will follow with the June's *Trilogy Living*. Meanwhile get ready! Contact Debbie Dorn (4204) for general information.



Trilogy Community Garage Sale

Saturday, May 3, 9 a.m. - 3 p.m.

Everyone can participate! The map of sale locations will be emailed to residents by May 2 and made available to visiting buyers at the Welcome Center the day of the sale. Copies will also be available at the Vista Club Saturday only. You do not have to be included on the map to sell. There are three requirements of all sellers:

- 1. Obtain a garage sale permit for \$1 from Member Services at the Vista Club through Friday! Permits are a city requirement.
- 2. Tie an inflated balloon from your mailbox or tree.
- 3. Open your garage door.

When you finish selling, remove the balloon and close your garage door. The sale is open to the public, and advertised in the local papers. Outside buyers will not be allowed through the gates until 9 a.m., so residents are asked to postpone their shopping until then in consideration of sellers setting up for the sale. The semi-annual garage sales have become enormously popular with almost half the residents either buying or selling. Some villages also use the event for fundraising. If you have questions, contact Member Services (4200) or email Debbie Dorn ddorn@actionlife.com.

Event Rentals

Loaned tables are limited to 2-tables per resident. Tables and metal chairs are reserved on a first-come basis as supplies last. Submit your request at Member Services at the Vista Club. A staff member will contact you to confirm availability and arrange for your pickup and return. Your help to make sure they are clean when returned will be appreciated.

Thank you.

FREE Shredding Service

It is that time again, the shredding truck
will be in the parking lot
near the tennis courts on

Saturday, May 17 between 9 a.m. – 12 p.m.

The shredding will take place on site. Once the truck is full no more materials will be



accepted, so come early. This service is provided compliments of Rio Vista Sanitation.

SHOWCASE YOUR CLUB!

Portions of the Vista Club display case are available for clubs to showcase club activities, projects, and promote membership. Let others know about your group's purpose. Display items that will tell the story and invite others to join the fun. Include a sign with the club name and contact information on display for those inquiring minds. Given that the lesserdeveloped clubs and groups will be given priority, we will rotate those interested with a comfortable time span to share your story with Trilogy. Those interested in showcasing their club or group can have the authorized representative sign up at Vista Club Member Services. For more information, contact Debbie Dorn at ddorn@actionlife.com.

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10:00AM to 12:00PM

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Assessment Notice

Assessments have changed for the Master and Village Oakmont Associations beginning April 1, 2014

Association Assessments are published monthly on this page of Trilogy Living. This is an additional vehicle for checking your current assessment. Coupons will reflect the monthly assessment for those receiving them. Those on automatic withdrawal (ACH) may check their bank statements after the 5th of the month to see the amount taken out and all members may register at www. actionlife.com to monitor their accounts 24/7. If you have questions or need help registering online, please call the Administrative Office (4843).

Assessments for the month:

Master Association \$119.72 Master Association \$80.39

(Only for original residents (<200) in a developer subsidy agreement)

Village I \$5.00

Village Oakmont \$5.20

Olympic Village \$5.00

Village Riviera \$5.00

Saddle Rock Village \$0

(None until dormancy ends)

Club Hours – The Delta Club is open at 7 a.m. for entry with members' keys. It is open from 8 a.m. to 11 p.m. for entry without keys. From 11 p.m. until 7 a.m., there is no entry. The Vista Club is open from 6 a.m. to 9 p.m.

Thank You – The Administrative Office appreciates and thanks all members who abide by the Rules and Regulations of the community.

Electronic Communication – The Association is no different than other organizations in leaning more on electronic communications to its members. There are two ways you can assist in reducing costs to the Master and Village Associations.

E-Alerts – Submit your email address to the Member Services desk at the Vista Club. This will get your information such as special announcements, monthly agendas, and most important, the weekly e-newsletter, which updates you as to activities in Trilogy and the greater Rio Vista area.

Disclosure Opt-in – You may also choose to receive required documents, which must be delivered by the Association(s) such as budgets, yearly financial statements, etc. To do that, you must go to the Administrative Office and sign a form authorizing delivery by electronic methods.

Thanks for considering both options.

You have signed up for e-Alerts and Disclosure Opt-in but are not receiving them – Some of you may notice from time to time that you stop receiving the MTL e-Newsletters and/or the TRVMA e-Alerts. If this happens, please contact Jacquie and she will work with the email team to make sure that you're on the "active" list in the email system. Emails can be removed from the "active" list in several ways: a user may click the "unsubscribe" link on an email, a user may uncheck the newsletter subscription box on his/her profile on MTL, or, more often, a user's email service (i.e. Hotmail, MSN, and Gmail) may confuse the e-newsletters for junk and automatically reject all incoming mail. This last scenario results in our email address being automatically moved off of the "active" list in our systems. If you contact Jacquie at (4200) or jroche@ actionlife.com, she will have the email team move you back to "active," but we also suggest that you add the e-newsletter email address, noreply@actionlife. com,to your "safe senders" or "friends" list in your email settings to reduce the odds of problems.

Where Do I Go If I Want To.....?

Reserve Tables and/or Chairs – Member Services – Vista Club (4200)

Have Copies Made, Send a Fax and/ or Receive a Fax – Member Services – Vista Club (4200)

Pick up a Residents' Directory – Member Services – Vista Club

Submit Residential Ads for the *Trilogy Living* – Kathy Nilsson – Member Services – Vista Club (4200)

Indoor Plants – Please do not use the potted plants as garbage receptacles, and do not water plants. Staff takes care of the plants, and when well-meaning members decide to help, it often makes matters worse. The plants are expensive to replace, and all members pay for replacements.

Anonymous Notes to the Administrative Office/HOA – Please sign all Administrative Communication Forms, as we only take action on signed forms.

notes from the administrative office / HOA + villages



Violations – Please do not register complaints to the Administrative Office/HOA without making sure you have the correct address of the person in violation. Example of what not to report: two houses down from the corner of a particular street. If you receive a violation notice, please contact the HOA office.

Your Pets – Your Responsibility – Please show pride in your community by carrying bags with you when you walk your pets or by using the bags provided in dispensers throughout the community. Also, keep your pets on a leash at all times.

Updating Your Information at the Administrative Office – It is important to let the Administrative Office know when any of your information changes including moving from one property to another within the community. Please include address, phone, email, frequent quests, emergency contacts, etc.

Late Charges on Assessments – If you are paying your assessments through your bank, it is recommended that you move the date of payment to the first of the month, when the assessments are due. Many banks are batching payments before sending them out, so even though your account may show a payment on a particular date, the payments are not being mailed on that date. If you schedule payments through your bank or mail your check after the first, you run the risk of being charged a late payment.

Parking in front of mailboxes – Thank you for helping our mail carrier deliver your mail, our staff deliver fliers, and giving your neighbors easy access to their mailboxes by not parking in front of mailboxes and asking your service providers to park elsewhere also.

Irrigation – Please adjust your sprinkler system to reflect weather conditions.

Welcome Center/Dwelling Live – Please make sure that your guests and vendors have your full name and/or address to give the Welcome Center attendants, otherwise they will not be given access. The Welcome Center attendants are grateful to those members who enter guests on Dwelling Live, call the Welcome Center, or email them when you are expecting guests and especially when you are having a party and expecting several guests. They don't want to deny access to anyone you are expecting but have no choice if they haven't been notified and they can't reach you to get your authorization upon your guests' arrival. Instructions for using Dwelling Live are available at the Vista and Delta Clubs.

Suspicious Behavior – Trilogy is a private community but not a secured one. Please keep your doors and windows locked when away from home and lock your car. If you observe unusual behavior that warrants a call to the police, please do so.

Dumping Trash – Thank you for using your own receptacles for disposing of trash rather than any others throughout the community, and for not putting soda cans, water bottles, and other trash in the doggie waste disposal receptacles. All residents are required to have garbage service.

Service Provider Resource at the Delta Club – There are two business card holders on the hall wall at the Delta Club. When looking for service providers, check out this area. TRVMA/HOA does not recommend any of these vendors; this is simply a resource for members.

Pets in the Clubs – No pets are allowed in either the Delta or Vista Clubs, with the exception of service dogs. Service dogs are allowed only if they have been registered with the Administrative Office and have a TRVMA identification card. They must have their vest and TRVMA card on them at all times when they are in the clubs, and they must be accompanied by the person for whom they are providing a service. If you do not comply with a request from a staff member to show them the TRVMA card, you will be required to leave the club until you present it. Therapy dogs are not allowed in the clubs at any time. They are not service dogs and are not protected under the ADA.

It's Your Money – Please help cut down on avoidable expenses.

- 1. Thanks to all members who put down umbrellas at the bocce courts, the Delta back patio, and especially the Delta pool area when you are leaving and no one else is around. When the wind catches the umbrellas, they are often damaged and must be replaced. If they are on the glass tables in the outdoor pool area, not only are they damaged but the glass table tops are shattered. This costs time of the maintenance staff who must assure that all glass is cleaned up and also the expense of replacing the table tops. The table tops and umbrellas are quite expensive, so again, thank you for saving all members the cost of replacing them.
- 2. Several items are missing from the clubs. Please report any theft to the Administrative Office/HOA. Remember that when something is stolen, all members pay for the replacement. We need your help in cutting down on theft.

Gardeners – Please remind your gardeners that they cannot start work before 8 a.m. and that they should bag all clippings/leaves and not blow them into the street, gutters, and others' yards.

Architectural Applications – Important reminder: Applications must be submitted for work being done on the





exterior of your home and yard. If you do not submit an application, a \$500 application fee can be charged.

Delta and Vista Pool – All guests must be accompanied by a resident.

Children under the age of 18 are allowed in the pools between the hours of 11 a.m. and 3 p.m. and must be out of the pool area by 3:15 p.m.

RV/Boat Passes – You must enter through the front gate with your recreational vehicle and obtain a pass. Reminder: you may not have these vehicles in the community longer than 48 hours, and they cannot be occupied while in the community. They are to be parked at your home, not in any common or undeveloped areas of the community.

Golf Carts – Remember golf carts must:

- A. Yield to overtaking vehicular traffic
- B. Be operated by a person with who is at least 18 years old
- C. Be covered under sufficient liability insurance

Golf cart drivers must obey all traffic signs that other vehicles must adhere to, including following the directions of the arrows on asphalt in parking lots.

Bicycles must also obey all traffic signs.

For Your Safety – If you are walking in the street, please yield to vehicles. Please wear light colors and carry a flashlight when walking or biking at night or early mornings.

For non-delivery of newsletter – Please contact Debbie Dorn at (4204).

Street Lights – Please report all street lights that are out to Customer Care at Action Property Management at 1-800-400-2284 or by email at Ild@actionlife.com.

Visitors to the Vista Club

If you have guests, please remember the following rules apply to your guests using the Vista Club:

Signing In: The Master Association Board of Directors requires all residents and invitees to sign in. This is for the safety of members and employees, and for the protection of our assets. This may be accomplished by using your ID card or by signing in. Members who are accompanied by guests must sign in instead of using their ID card. Guests who come without their sponsoring homeowner must sign the homeowner's name on the sign-in sheet and are limited to using the Cyber Café and Grand Living Room. Please help us keep your club private and safe by observing this policy.

Billiard Room: A resident must be with their guests when they use the Billiard room. All guests must be at least 18 years of age.

Café Vista: All guests may use the Café Vista.

Café Vista computers: Computers are available for residents and their guests over the age of 10. Guests between the ages of 10 and 18 must be accompanied by a member. There are no parental controls on these computers.

Fitness Room, Group Exercise studio, walking track, and the Learning Center: These facilities are available for residents only.

Meeting Calendar

Master Association Board

Tuesday, May 13, 2 p.m. Diablo Ballroom, Vista Club

Village Riviera Board

Thursday, May 1, 6:30 p.m. Diablo Ballroom, Vista Club

Village I Board

Thursday, May 8, 4 p.m. Marina Room, Delta Club

Olympic Village Board

Thursday, May 8, 6:30 p.m. Marina Room, Delta Club

Saddle Rock Village

Wednesday, May 21, 6:30 p.m. Rio Vista, Delta Club

Village Oakmont Board

Thursday, May 15, 7 p.m. Marina Room, Delta Club

Council of Village Presidents

Monday, May 19, 10 a.m. River Room, Delta Club

Access Committee

Monday, May 19, 1 p.m. River Room, Delta Club

Adult Committee

Thursday, May 29, 1 p.m. Rio Vista Room, Delta Club



Adult Committee

The Adult Committee met on March 27, 2014. Joe Downs provided a wish list for additional bocce courts. Joe has been diligently working on this to get the additional courts needed. The Wildlife Pest Management Sub-committee is working on finding a solution for the Wild Turkey problem. The Adult Committee sent recommendations to the Master Board to appoint three applicants to the committee for replacement of three positions which will expire on April 30.

The Adult Committee meets on the last Thursday of every month in the Delta Club at 1 p.m. All residents are encouraged to participate in these meetings. Your suggestions, comments, and/or questions can be given to any committee member, left at the HOA office or voiced during the residents' input segment of each meeting. The next meeting ia May 29, 2014. For information, you may contact Helen Bergoust at alhelenb@aol or (2436)

Riviera Board News

Because the Riviera HOA meets on the first Thursday of odd-numbered months, we did not have a meeting in April. Our next meeting is May 1 at 6:30 p.m. in the Marina Room at the Delta. We welcome you to join your neighbors and share your questions, ideas, and concerns with the board.

Now, let's put some attention to a few other areas of the magazine that you may find interesting.

You can find important Trilogy administration news in the "Notes From the Administration" found just prior to the HOA section. If you are looking for some fun, check out the Village Riviera Residents' Clubs section. A couple of upcoming events are the Treasure Hunt on July 19 and the Sock Hop on August 23. If you care about your neighbors, check out Riviera Kare Bears. They are Riviera neighbors who reach out to other Riviera neighbors in their time of need due to various life challenges. They meet at the Delta Club at 10 a.m. on May 12.

Hope to see you at our next meeting on May 1. Any questions or concerns, call Don at (6407). Venue has been changed to the Diablo Ballroom.

Saddle Rock Board News

The Saddle Rock Village Board of Directors passed revised guidelines to the Architectural and Landscaping Control section of the village handbook at the March meeting. The revisions were tubed to residents. Please insert the new guidelines into your handbook. If you did

not receive this new information, you may pick it up at the Administrative Office.

Residents are reminded that to take advantage of the new driveway parking regulations, which allow residents to park one car in the driveway at night, you must obtain a permit from the Administrative Office. You may get a permit for any registered vehicle; but you may only park one vehicle in the driveway at night.

The Master Board had planned to increase the size of our village board from three people to five people. However, they have decided to defer this decision. Saddle Rock will not be an incorporated village for quite a while since a new village, Eagle Point, will be built prior to the completion of Saddle Rock. The board will be setting guidelines for how to handle these unincorporated villages.

Our next meeting is May 21 at 6:30 p.m. in the Rio Vista Room of the Delta Club. For more information, contact Patty Kohn (2737) or pfkohn@gmail.com.

Olympic Village

The March Wine-D Up was a huge success. We thank Linda Jenson, the chairman of the event, for her work which included purchasing beautiful plants and items for our raffle. We will have a 50/50 raffle at each of our monthly meetings. I want to thank everyone who brought the delicious appetizers and desserts that we enjoyed with our wine and other beverages. The enthusiasm was remarkable. We even managed to get things done. We added two new events to our slate. We voted to have a block party in the fall and a progressive dinner for Christmas. We will form committees to help plan each event. Jack Phifer has accepted the position of chairman for the block party. And Joann will chair the progressive dinner. Both of these events require a lot of help from everyone. Jack and Joann will keep you posted regarding meetings. Each person will be contacted by e-mail.

Our next event is our pasta dinner, which is open to all Trilogy residents. This is a sellout event, so get your tickets early. The date is June 9. Thank you Al and Rhoda Sbranti, in advance.

We will again do a joint venture event on Saturday, November 8 with the drama club. We will host the dinner for the play. We desperately need to find a caterer for this event. Please send e-mails with suggestions. Our next meeting is May 21 at 7 p.m. in the Monterey room at the Vista Club. Come and enjoy the excitement of planning these events. For more information, contact joannbanford@mindspring.com or (707) 380-9720.

Saddle Rock Village



Elections for the 2014-2015 SRV Residents' Club officers will be held in June for the term beginning in July 2014. The positions are: President, Vice Presiden

dent, Treasurer and Secretary. If you would like to apply for a position, please contact one of the current members of the Executive Officers or you may obtain information in the Administrative Office at the Delta Club.

Residents who have just moved in have an opportunity to donate a onetime voluntary donation of \$10 per household to support our club. You can drop off your donation to the SRV box in the Delta Club. Thank you to those residents who have donated in the past.

Our Recycling Team is collecting bottles, cans and plastic with a CRV label. Residents can donate recycling items to support our club fund and can be dropped off at 513 Timber Creek Drive in the back of the truck in the driveway.

Our SRV Residents' Club Fundraiser is Saturday, May 3. We will have 2 locations Saturday at: 400 & 401 Three Rivers Way. We need donations of small appliances, tools, electronics, glassware, artwork, furniture, and gardening equipment. Drop off items on Wed., April 30 - Fri., May 2. We need volunteers to help with pricing items, garage sale or with refreshment sales. Contact Patricia at (2664) for more information.

The Welcome Committee has delivered welcome bags to several new SRV residents. If you have not received your welcome bag after moving in, please contact Rayno at raynoniemi@yahoo.com. The Caring Committee is available to help our residents. If you know of any caring needs in your SRV neighborhood, please contact Marj at marjniemi@yahoo.com. We have a helpful website residents can reference at: http://home.comcast.net/~biskit3/saddlerock/. This is the personal website of one of our SRV residents, Richard Larsen.

Dates to Remember:

Sat., May 3: SRV Fundraiser Garage Sale.

Wed., May 21: 7 p.m. SRV Residents' Club monthly meeting, directly following our SRV board meeting, Rio Vista Room, Delta Club. For more information contact Kathi Bradley at kathibradley@comcast.net.



Village I

Our new homeowners meeting in February was an indication that the residents of Village One are finished with winter and ready to party. Over 30 owners and residents gathered for wine, cheese, and social time. The principal topics of discussion were the historical background of Trilogy and plans for upcoming events in 2014 such as Cinco de Mayo, Fourth of July, Octoberfest, and Christmas.

There are several events coming up during the early spring around Trilogy and we hope you are joining us on May 4, 2014 for the first Village One Cinco de Mayo celebration to be held at the Delta. Mexican food, drink, 50/50 raffle, and a short presentation on the historical significance of the date will round out the event.

Just a note to the residents of Village One: With all the new residents that have moved here in the last few years and all of the houses that are on the market now, we will be seeing a lot of new faces around our streets. While you are working in your yard or out walking please make sure to introduce yourself and welcome the new owners that have joined the Trilogy lifestyle. You never know, you might just find a new best friend out there. For more information on VORC or volunteer opportunities, call Jim Wichmann (4870).

Village Riviera

It is the merry month of May, a beautiful time of year at Trilogy, and the Riviera Village Residents' Club is busy planning our summer events. By the time you read this the Ladies Old English Luncheon and Tea will be about to begin on May 1. Hoping you ladies will be there to enjoy a Downton Abby style afternoon of shopping at the Queen's Market and sipping tea while having a lovely catered lunch of finger sandwiches and scones, topped off by our always beautiful dessert buffet.

Our next event will be the eighth annual Treasure Hunt on July 19. You don't want to miss this! It is always a great time.

After that is the seventh annual Sock Hop on August 23 and our annual Black and White Holiday Affair on December 13. We keep bringing back these events year after year by popular demand so don't forget to mark your calendars.

If you would like to join our committee, have fun helping us plan our events, meet your neighbors and make some new friends, please join us on the third Thursday of each month at 7 p.m. in the Monterey Room at the Vista Club. Contact Patty Ramos at pscramos@yahoo.com for more information.

Aqua classes begin at the Delta Club Pool May 5 • Family swim time begins May 1 and will be staffed accordingly.

DELTA & VISTA SWIMMING POOL & SPA RULES



The outdoor swimming pool and spa are reserved for the exclusive use of residents and invited guests of owners within Trilogy at Rio Vista. Please observe these rules:

- 1. All visitors <u>must be accompanied by a resident</u> while at the pool.
- 2. Pool hours will be posted at the pool. Family swim time is 11 a.m. to 3 p.m. (for guests under the age of 18).
- 3. **There is NO LIFEGUARD on duty.** Residents and guests use the facility at their own risk.
- 4. Please **shower** before entering the pool or spa.
- 5. No diving or jumping from the edge of the pool is allowed.
- 6. Please keep gates and doors to the Delta pool and facilities locked at all times.
- 7. Swim suits are required. No cut-offs or other street clothing is allowed in the pools or spas.
- 8. Disposable diapers are not allowed in the pool. Any person who is incontinent is not allowed in the pool or spa.
- 9. Persons with skin infections, open wounds or a communicable disease may not enter the pool or spa. No adhesive bandages are allowed in the pool or spa.
- 10. Long hair must be gathered in a ponytail or worn under a bathing cap.
- 11. Children who are unable to swim must be supervised by an adult who will remain within arm's reach at all times the child is in or near the water.
- 12. Due to safety and health reasons, children under the age of 14 are not allowed in the spa.
- 13. For your safety and the safety of others, **NO GLASS CONTAINERS** of any kind are permitted in the pool area.
- 14. Cooking is permitted in the Delta barbecue area only.
- 15. Boisterous, rowdy, or inappropriate behavior is not allowed in the pool area.
- 16. NO PETS are allowed in the pool or pool area at any time, with the exception of a certified "service" dog.
- 17. Protect poolside furniture from suntan oils and body lotions by covering with a towel before sitting down.
- 18. Flotation devices may only be used in such a way that they do not interfere with other pool users.
- 19. Smoking is prohibited in the pool areas.
- 20. Person having currently active diarrhea or who have had active diarrhea within the previous (14) days shall not be allowed to enter the pool water.

In order to preserve the safety of all those who enjoy the pool facilities, the Master Association at Trilogy reserves the right to refuse access to any person creating a nuisance or who pose a danger to themselves or others. Please be responsible in all pool activities.





By Kathy Erwin, Fitness & Spa Director

BIGGEST MOVER ?

Still not involved in the Biggest Mover contest? What is the delay?

It's a great incentive to get free gifts while you exercise!

Sign up at the Vista Club and receive your 12 cards and start MOVING in the Biggest Mover contest!

4th Annual Trilogy Triathlon 3-2-1

Mark your calendars for
Saturday, June 21.
Sign up Individually or as a
3 person team at Vista Club
Member Services desk.
For more information, contact
Kathy Erwin (4205).

May Fitness Orientations:

Saturday, May 3 at 11 a.m.
Wednesday, May 7 at 6 p.m.
Saturday, May 17 at 11 a.m.
Wednesday, May 21 at 6 p.m.
Saturday, May 31 at 11 a.m.





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Make your appointments today @ Member Services 374-4200 PT Trainers: Susan/Bev/Joele/Frank

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DUAL ADJUSTABLE PULLEY One-on-One Training One Hour Session \$45

Three PT One Hour Sessions \$135

Fitness Punch Card prices (effective April 1, 2014):

Unlimited Monthly

Take as many classes you wish in one month = \$85

20 punch card = \$70 **10** punch card = \$35

Payment by check only. Make payable to TRVMA.

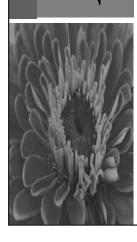
No refunds or replacements.

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Mother's Day Pamp





Mother's Day SPA Package & Gift

Good for purchase May 1 - 31, 2014 Redeem by 5-31-15

This relaxing blend will fill the senses and soothe the spirit. Chose to pamper her with 80-minutes of pure delight.

What a great way to show her you love and appreciate all she does.

Your Choice:

• 80 min - Aromatic Massage with a gift.

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• 80 min - Aromatic Massage and Facial package with a gift.

Purchase for all SPA services are at the Member Services Desk. Her gift is awarded by the therapist at the time of her service.

Pampering Mother's Day SPA Package \$79

Ceramics Club



Oh, My! This little gingerbread girl has lost her arm, but once she is glazed and glued, her cuteness will make you smile.

May. What can we say? Is today the day? Will you come and play? We'll show you the way. We went on a shopping trip and bought some wonderful greenware. Most of that has been prepared, fired to bisque and is now ready to glaze. What colors will we choose? What details will we add?

Come and see the decisions we make as we paint and chat away the morning. We meet every Thursday from 9:30 a.m. to 12 p.m. in the Marina room at the Delta Club. For more information, please call Ann at (5122).

Council for the Arts

The next Council for the Arts meeting is May 8 at 10 a.m. The Council meets every second Thursday of the month in the Monterey Room of the Vista Club. Meetings begin promptly at 10 a.m. Planning for "Music of the Night" will be discussed. All suggestions are welcome to continue the tradition of highlighting our Trilogy talent.

Drama Club

The Drama Club Pasta Feed was a sellout and a huge success. We thank all who worked to make it a delicious and fun evening for all our friends and family members. This is our only fundraiser for the year. We truly appreciate the community support. And it is the reason we are able to do two productions each year and allow free admission.

Club members are now focusing on the August production, *The Groom Has Cold Feet*.

More information will be available as we get closer to the play dates. Watch for the reservation forms in your July *Trilogy Living* Magazine.

Trilogy is growing in size as a community and we would like our club to reflect our new neighbors as well as our charter members. So we welcome all who are interested in the theater experience as a creative outlet. On stage or behind the scenes, all contribute to a successful produc

tion. And we do have fun doing it. We know you are out there. Come join our group. We meet the last Tuesday of the month at the Delta Club at 7 pm. Hope we will see some new members at the May meeting. For more information, contact Debby Dubrow at (6706).

Fat Quarter Quilters

We get together to work on our own quilting and sewing projects. Join us and meet new friends and share the love of sewing. We meet every Wednesday from 12:30 – 4 p.m. at the Delta Club. There are no dues or fees. For more information, contact Esther Young (2639).

Photography Club

We continue to bring two pictures to our meetings and discuss what is good (or what can be improved) about them. We also find time to discuss questions members may have about processing, taking pictures, color, etc.

At our May 1 meeting, we hope to meet in the computer room and work with Picasa (a good basic picture processing program) to manipulate our pictures. We do have an assignment, "Doors and Walls." Feel free to interpret these as your imagination takes you. Please bring only two pictures.

On June 5, we will work on "What is it?" This means taking a picture and cropping it down to just a piece and we will try to guess what it is. For example, a part of a well-known landmark, building, etc. You might want to also bring a picture of the entire subject. This will be a little challenge, but should be fun! For more information, contact Jan at (5025) or email at seawingjan@gmail.com with questions.

Trilogy Theater Group

The Trilogy Theater Group thanks all of the wonderful Trilogy members who regularly support the shows that we present. Your enthusiasm has really meant a lot to all of us.

Now that *The Hallelujah Girls* show is over, it is time for us to move on to our next, more serious presentation, *Twelve Angry Jurors*. There is a change in schedule. Auditions will be held on Thursday, May 22 at 8 p.m. with possible call-backs on Friday, May 23. Rehearsals will begin in June with performances on September 5, 6 and a matinee on Sunday, September 7. If you would like to become involved either on stage or any of the variety of back stage jobs, stop by the May 22 meeting at 7 p.m. or give Louise Mitchell a call at (3541). Look for the show announcement inserts with your *Trilogy Living* Magazine in August.



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Trilogy Art Guild for Artists

Our April meeting welcomed Christine Goletz as our guest speaker for the month. We try to have something creative such as a guest speaker or demonstration, art film or have one of our members share their special craft with us.

Classes and Workshops offered by TAG:

Watercolor	Tues. & Fri. 12:30 – 3 p.m. Call Anna Chunn (3560)
Oil/Acrylic with Gary	Wed. 2 – 4 p.m. Call Alma Renko (3064)
Card Designing with Wilda	Wed. 2 – 4 p.m. Call Alma
Pastels	Tues. 10 a.m. – 12 p.m. Call Linda Fead (7590)
Drawing class	Call Linda Fead (7590)
Card Stamping	Fri. 10 a.m. – 12 p.m. Call Shari Alkema 363-9792
Gourd Carving Workshop	Call Barbara Marshall (3940)
Shibori t-shirt workshop with Lori and Amy	Call Lori (6196)

As always, Monday afternoon is Open Painting for those who need a place to paint, no charge. Keep creating.

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"Not only was my skin sagging into my jowls, but I was developing deep creases around my mouth....So, I started using the REDEFINE RegimenThe Results were stunning".

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"I wanted a caring and friendly environment for Mom, with personal attention and a great quality of life. I found it all right here, where Assisted Living is designed individually for those who need some help with the activities of daily living. People like my Mom. Each day Mom gets three fresh, home-cooked meals, opportunities to socialize even group trips. Since she moved in, she's discovered a renewed sense of energy. I couldn't ask for anything more - and neither could Mom."

If you have a loved one that needs great care personalized just for them, call or visit today.

Upcoming Seminar:

NAVIGATING THE SENIOR NETWORK Wednesday, April 16 5:30 - 6:30 p.m.

Enjoy complimentary appetizers as you discover the choices available in senior living.

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24



NEW Trilogy Fitness Punch Card Choices: All classes require one of 3 card choices a blue 20 punch for \$70.00, a yellow 10 punch for \$35.00 or an Unlimited Monthly Punch Card that will be color coded differently each month because they will only be good for that given month so you can attend as many classes as you want! Get your cards at the Member Services Desk. Please call Fitness & Spa Director Kathy Erwin at (4205) if you have questions. All classes are held in the Vista Group Exercise Studio unless otherwise noted.

Last Month's Punch Card Raffle Winner: Sharon McDougall & Jean Franklin

3-4pm Advanced Aqua

(B/I/A) (DP) Kathy

6:30-7:30pm Balance Ball (GX) Deanna

3-4pm Advanced Aqua

(B/I/A) (DP) Denise

(B/I) (GX) Sophie

Key **Bold = New/Change**(B)eginning
(I)ntermediate

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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	27	28	29	30	31
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				7am — 11pm Library closed (D) 7am Social Tennis 8:30am Golf — Women's 18-Hole 9am Delta Club Closed 9am All Day/Night Every 15 Minutes Event (D) 10am Olympic Village ARC (V) 11:30am Village Riviera RC Queen's Market (V) 12:15pm Ponytail Canasta (V) 12:30pm Village Riviera RC English Luncheon & Tea (V) 1pm Good Samaritans (V) 2pm Genealogy Club (V) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6pm — 8am Library Closed (D) 6:30pm Village Riviera HOA Mtg. (V) 6:30pm Photography Club (V) 7pm Drama Play Rehearsal 7pm Ballroom Dance - Beg (V) 8pm Ballroom Dance - Adv (V)	7am Social Tennis 8am Library Re-opens (D) 8am Delta Club Open 9am Model Club (V) 9:30am Village 1 ARC (V) 9:30am Walk & Talk (V) 10am Rubber Stamp Cards & Things (D) 10:30am Country Line Dance (D) 12pm Bridge (V) 12pm Adv Watercolor Painting (D) 5pm Ballroom Dance - Beg (V) 6pm Ballroom Dance - Adv (V) 6:30pm Joy Luck Mah-Jongg (V)	8am Motorcycle Club (Off-site) 8:30am Hiking Club (V) 9am – 3pm Community Garage Sale 9am Table Tennis (D) 7pm Poker Club Tournament (D)
6pm VORC — Cinco de Mayo Taco Night (D)	7am Social Tennis 8:30am Woodcarving (D) 9:30am Walk & Talk (V) 10am-4pm Emergency Action Committee (D) 11am Saddle Rock Village ARC (V) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 1pm Mah Jongg (V) 1pm TAG Mtg (D) 3pm Guitar Club (V) 5pm Whist Club Planning Mtg (V) 6pm Soul Line Dancing (V) 6pm Poker (D)	7am Social Tennis 8:30am Radio Club (V) 9:30am Women's 9-Hole Golf 10am Pastel Art Class (D) 10:30am Country Line Dancing (D) 11:30am Golf — TRVMEN 9-Hole 12pm Beginning Watercolor Class (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dominoes (D) 2pm Stroke/Head Injury Support Group (V) 4:15pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5:30pm Tai-chi & Yuan-chi (V) 6:30pm Religions of the World (D) 7pm Drama Play Rehearsal (D)	7am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 12pm Ukulele Club (V) 12:30pm Fat Quarters Quilters (D) 1pm Village Riviera ARC (D) 1:30pm Jazz Band (V) 2pm Bergren Art (D) 2pm Card Design Class (D) 3pm Oakmont Village RC Social Com (V) 4:30pm Table Tennis (D) 5pm Backgammon/ Chess (V) 5:30pm Delta Harmony Rehearsal (V) 6:30pm Soul Line Dancing (D) 7pm Drama Play Rehearsal (D) 7pm Billiard Club Membership Mtg (V)	7am Social Tennis 8:30am Golf — Women's 18-Hole 9am Blood Pressure Check (D) 9:30am Ceramics (D) 10am Council for the Arts (V) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 4pm Golf — Sr. Men's Board Mtg (D) 4pm Village 1 HOA Mtg (D) 4pm Table Tennis Qtrly Mtg (D) 5pm Table Tennis (D) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6:30pm Pinochle (V) 6:30pm Olympic Village HOA Mtg (D) 7pm Writers' Club (V) 7pm Computer Club (V) 8pm Ballroom Dance - Beg (V) 8pm Ballroom Dance - Adv (V)	7am Social Tennis 9:30am Walk & Talk (V) 10am Gourd Carving Workshop (D) 10:30am Country Line Dance (D) 12pm Bridge (V) 12pm Adv Watercolor Painting (D) 5pm Ballroom Dance - Beg (V) 6pm Ballroom Dance - Adv (V) 7pm Bunco (D)	8:30am Hiking Club Mtg (V) 9am Table Tennis (D) 7pm Poker Club Tournament (D)
11 Mother's Day 10am – 3pm Farmers Market (D)	7am Social Tennis 8:30am Woodcarving (D) 9:30am Walk & Talk (V) 10am Village Oakmont ARC (V) 12pm Open Painting (D) 12:15pm Duplicate Bridge (V) 12:30pm Rip, Stitch & Bitch (V) 5pm Whist Club Planning Mtg (V) 6pm Soul Line Dancing (D) 6pm Poker (D)	7am Social Tennis 8:30am Radio Club (V) 9:30am Women's 9-Hole Golf 10am Pastel Art Class (D) 10:30am Country Line Dancing (D) 10:30am Book Club (V) 11:30am Golf — TRVMEN 9-Hole 12pm Beginning Watercolor Class (D) 12pm Recipe Club (D) 12:15pm Hand & Foot Canasta (V) 2pm Master Association Board Mtg (V) 4:15 pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5:30pm Tai-chi & Yuan-chi (V) 6pm Grapevine Chat (V) 7pm Emergency Action Committee (D) 7pm Drama Play Rehearsal (D)	7am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 10am Kare Bears — Village Oakmont (D) 12pm Ukulele Club (V) 12:30pm Fat Quarters Quilters (D) 1:30pm Jazz Band (V) 2pm Bergren Art (D) 2pm Card Design Class (D) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 6:30pm Soul Line Dancing (D) 7pm Drama Play Rehearsal (D)	7am Social Tennis 8:30am Golf — Women's 18-Hole 9:30am Ceramics (D) 10am Olympic Village ARC (D) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 2pm Genealogy Workshop (V) 4pm Golf — Sr. Men's Mtg (D) 5pm Table Tennis (D) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6:30pm Pinochle (V) 7pm Village Oakmont HOA Mtg (D) 7pm Village Riviera RC Mtg (V) 7pm Ballroom Dance - Beg (V) 8pm Ballroom Dance - Adv (V)	7am Social Tennis 9:30am Village 1 ARC (V) 9:30am Walk & Talk (V) 10am Rubber Stamp Cards & Things (D) 10:30am Country Line Dance (D) 12pm Bridge (V) 12pm Adv Watercolor Painting (D) 3:30 — 6pm Shibori Shirt Workshop Prep (D) 5pm Ballroom Dance - Beg (V) 6pm Ballroom Dance - Adv (V) 6:30pm Joy Luck Mah-Jongg (V) 7pm Whist Club (D) 7pm Karaoke Night- Redesigned (V)	8:30am – 4pm Shibori Shirt Workshop (D) 8:30am Hiking Club (V) 9am Table Tennis (D) 7pm Poker Club Tournament (D)
8:30am – 4pm Shibori Shirt Workshop (D) 7pm Dance Club (V)	7am Social Tennis 8:30am Woodcarving (D) 9:30am Walk & Talk (V) 10am Council of Village Presidents (D) 11am Saddle Rock Village ARC (V) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 1pm Access Committee Mtg (D) 1pm Mah Jongg (V) 3pm Guitar Club (V) 5pm Whist Club Planning Mtg (V) 6pm Soul Line Dancing (D) 6pm Poker (D) 7pm Fishing Club (D)	7am Social Tennis 8:30am Radio Club (V) 9:30am Golf — Women's 9-Hole 10am Pastel Art Class (D) 10:30am Country Line Dancing (D) 11:30am Golf — TRVMEN 9-Hole 12pm Beg Watercolor Painting (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dominoes (D) 4:15pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5:30pm Tai-chi & Yuan-chi (V) 6:30pm Enrichment Series — Delta Area Filmmaking (V) 7pm Drama Play Rehearsal (D)	7am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 12pm Ukulele Club (V) 12:30pm Fat Quarters Quilting (D) 1pm Village Riviera ARC (D) 1:30pm Jazz Band (V) 2pm Bergren Art (D) 2pm Card Design Class (D) 4:30pm Table Tennis (D) 5pm Backgammon/ Chess (V) 5:30pm Delta Harmony Rehearsal (V) 6:30pm Soul Line Dancing (D) 6:30pm Saddle Rock Village Board Mtg (D) 7pm Saddle Rock Village RC Mtg (D) 7pm Olympic Village RC Mtg (V)	7am Social Tennis 8:30am Golf — Women's 18-Hole 9:30am Ceramics (D) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 5pm Table Tennis (D) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6:30pm Pinochle (V) 7pm Drama Play Rehearsal (D) 7pm Theater Group Auditions (V) 7pm Ballroom Dance - Beg (V) 8pm Ballroom Dance - Adv (V)	7am Social Tennis 9:30am Walk & Talk (V) 10:30am Country Line Dance (D) 12pm Bridge (V) 12pm Adv Watercolor Painting (D) 5pm Ballroom Dance Class - Beg (V) 6pm Ballroom Dance Class - Adv (V) 7pm Bingo (D) 7pm Theater Group Auditions (V)	8:30am Hiking Club (V) 9am Table Tennis (D) 7pm Poker Club Tournament (D) 7pm County Line Trio Concert (V)
25 10am – 3pm Farmers Market (D)	26 Memorial Day 7am Social Tennis 9:30am Walk & Talk (V) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 1pm Mah Jongg (V) 6pm Poker (D)	7am Social Tennis 8:30am Radio Club (V) 9:30am Golf — Women's 9-Hole 10am Pastel Art Class (D) 10:15am Mystery/Crime Book Club (V) 10:30am Country Line Dancing (D) 11:30am Golf — TRVMEN 9-Hole 12pm Beginning Watercolor Painting (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dog Club (D) 4:15pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Grapevine Chat (V) 5:30pm Tai-chi & Yuan-chi (V) 7pm Emergency Action Committee (D)	7am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 12pm Ukulele Club (V) 12:30pm Fat Quarters Quilting (D) 1:30pm Jazz Band (V) 1:30pm Community Connections (V) 2pm Bergren Art (D) 2pm Card Design Class (D) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 6:30pm Soul Line Dancing (D)	7am Social Tennis 8:30am Golf – Women's 18-Hole 9:30am Ceramics (D) 12:15pm Ponytail Canasta (V) 1pm Adult Committee (D) 1pm Good Samaritans (D) 5pm Table Tennis (D) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6:30pm Pinochle (V) 7pm Drama Play Rehearsal (D) 7pm Ballroom Dance – Beg (V) 8pm Ballroom Dance – Adv (V)	7am Social Tennis 9:30am Tennis Club Mtg (D) 9:30am Walk & Talk (V) 10am Gourd Carving Workshop (D) 10:30am Country Line Dance (D) 12pm Bridge (V) 12pm Adv Watercolor Painting (D) 5pm Ballroom Dance - Beg (V) 6pm Ballroom Dance - Adv (V)	8:30am Hiking Club (V) 9am Table Tennis (D) 7pm Poker Club Tournament (D)

7pm Emergency Action Committee (D) 7pm Drama Play Rehearsal & Mtg (D) Open 7 Days

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Pictures used are for illustrative purposes only.

Kare Bears is a group of Trilogy residents organized with the goal of reaching out to our Trilogy neighbors in their time of need due to sorrow, sickness, loss of a family member or other life challenges. We have many volunteers to help, be it a phone call, visit, a hot meal, a lift to a doctor's appointment, assistance in searching for social services outside of Trilogy, or just plain tender loving care. We have divided Trilogy into sections with area coordinators for each section. Please contact your area coordinator if a need arises, either for yourself, or any other Trilogy resident. Your coordinator will contact the volunteer committee best suited to help with your problem.



FAMILY SUPPORT COMMITTEE

The Family Support Committee organizes memorial services for family members who incur the loss of a Trilogy member.

For more information, please call Chairperson Claudette Gartner (707) 439-6116, xbirdlady@myifp.com, Coordinator Barbara Sherison (6845) or Betty Bowley (5613).

Olympic Village

OV Kare Bears are participating in the Phone Buddy Program. We are hoping to have all villages involved. It proves daily phone contact for those living alone. A buddy is assigned to each participant who will phone every day to assure the well being of their buddy. Kare Bears from all villages are encouraged to support this program. There are residents throughout Trilogy who would benefit from this program. Elections were held in March. Please contact Mackie Webster for details. Quarterly meetings in 2014 will continue to be the first Tuesday of the month at 1 pm at the Vista. Next meeting will be held in June. For more information, contact Mackie Webster at (5837).

Village Oakmont

The Oakmont Kare Bears are busy working on a number of projects for the coming months. The biggest of these is our annual fundraiser, our annual garage sale. The sale this year is Saturday, October 4. The location of the sale at this time is undetermined. We are looking for a kind soul to lend us the use of their garage for the sale for two days, the day before the sale for set-up, and the day of the sale. For more information regarding this, please contact Kathy Russo (2969) or Janet McKimmy (5415). Start saving all your goodies and items to donate for this sale. It is also very helpful if you would please price all donated items.

We are still working with other Kare Bear groups to try to establish a phone-buddy system. You should be receiving a flyer with information about this from your neighbor hood coordinator soon. Also continuing, is another combined Kare Bear effort to update the Kare Bear Guidelines and By-laws.

And, last, but certainly not least, we are planning a good-bye party for Kare Bear Marti Rogers and her husband, Jack. We want to acknowledge and thank Marti for her many, many years of dedicated work, knowledge, and time to Kare Bears. Everyone in Trilogy is invited to the farewell party Wednesday, May 14 at the Delta Club at 10:30 a.m. There will be a short business meeting first, and then it's time to party hearty with Marti (and Jack!). Refreshments will be served. Because space is limited, we must ask for RSVP's. Please RSVP to Janet McKimmy (5415).

Village Riviera

Our orbit has once again delivered us the Magical Month of May. This arrival is more meaningful to those of us who grew up in colder climates, as it heralded the beginning of spring! Flora then burst forth exuberantly, relieved that frost and snow had relented. May is also a wondrous month here, awash with warm days that are saturated with sunshine, followed by cool nights that encourage comfortable sleep, the darkness pierced by mystical stars to seed our dreams. Other benefits of May are the many holidays and events which take place. Mayday, Mother's Day, and Memorial Day are just a few of the many special times to celebrate. A lesser known aspect of May is that it has been designated "National Stroke Awareness Month." A modicum of knowledge about stroke prevention and symptoms may have a major positive impact for us, our families, and friends. Valuable information is available from all health care providers and valid sites on the internet such as the National Stroke Association. Please take the time to educate yourself; the payback may just be priceless. As much as we enjoy the privilege of dispensing services, the greatest benefit is to not have need of those services. This public service message is brought to you by the caring Riviera Kare Bears.

Thank you to everyone who supported the Riviera Kare Bears bake sale. Anyone who may be curious about our clan, please drop in at one of our informal meetings. The next opportunity is Monday, June 9 at 10 a.m. at the Delta Club. Additional information is available by dialing Myra at (3660) or Valerie at (6942).

May ComputerClass Opportunities!

Sign Up At Vista Club Member Services (4200)

(payment by check only please)

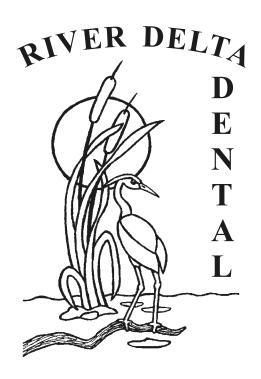
<u>Class</u> <u>Day / Time of Classes</u> ~ Instructor Michael Bouyer

First-Time	Wednesdays ~ 10:00 to 11:30am		
Computer User \$3 ea.	Intended for new computer users. [No prerequisite class] Take as many classes as you can.		
Intermediate	* Tuesdays ~ 10:00 to 11:30am		
Computer Users \$5 ea.	Now that you can operate the computer, learn many helpful uses for the computer. <i>Take as many classes as you can.</i> [Prerequisite: First-Time Computer User class or equivalent knowledge]		
Working With	* Tuesdays ~ 12:00 to 1:30 pm		
Photos ~ \$7 ea.	Introduction to a free photo editing program that is fun and surprisingly capable of fixing or enhancing your digital photos. Learn how to get your photos on and off the computer. [Prerequisite: Intermediate Computer User Class or equivalent knowledge] Take as many classes as you can.		
Using the Internet	* 1 st & 2 nd Wednesdays ~ 12:00 to 1:30pm		
\$5 ea.	Learn to explore the Internet. [Prerequisite: First-Time computer Users class or equivalent knowledge.] Both classes are suggested.		
Setting Up &	* 3 rd & 4 th Wednesdays ~ 12:00 to 1:30pm		
Using Free E-mail \$5 ea.	Learn to set up and use free e-mail accounts. [Prerequisite: First-Time computer Users class or equivalent knowledge.] Both classes are suggested.		

New to computers? Attend the "First-Time Computer User" class before attending other classes. Sign up early~Classes are filled on a first-come basis. Class suggestion list available!

To determine if your equivalent knowledge is adequate for the intermediate classes, contact the instructor Michael Bouyer by e-mail at Michael@bouyerproductions.com or cell 707-328-4977.

For interest presenting future Learning Center programs offered, contact Activities Director, Debbie Dorn at email address ddorn@actionlife.com.



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Community Connections

The May meeting of Community Connections is Wednesday, May 28, 2014. It will be held in the Monterey Room of the Vista Club at 1:30 p.m. All Trilogy residents are invited to attend and get to know your neighbors. We enjoy sharing information on places to go, things to do, and ways to help. Our group plans day outings too, such as our recent wine, lemonade and cookies train trips. We also had a lovely lunch meeting at The Nines as well as an afternoon tea in Dixon. New ideas are always welcome and big plans are ahead, now that spring is here.

Please join us and bring a sweet or savory snack to share if you wish. If it is a spontaneous decision to come, just bring yourself! Drinks can be purchased at the Vista Cafe or bring your own from home. Let us get to know you. We are a friendly group.

Emergency Action Committee

Community emergencies or disasters are far from our consciousness while living in beautiful central California. We live far from major urban areas, earthquake zones, or areas experiencing severe weather. Our homes are well-built and provide us a sense of security.

When doing an emergency plan, consider what types of emergencies we are likely to face. Highway 12 is our lifeline, but because of its heavy truck traffic, it is also a danger. Trucks carrying hazardous materials travel the highway regularly. An accident involving these trucks could close the highway for extended periods spreading toxic materials into the environment.

The Rio Vista Bridge is not only an iconic symbol of our town, it provides a vital link in times of emergency. However, it is susceptible to damage by large river traffic.

All the beautiful grazing lands surrounding us unfortunately offer another hazard, summer wildfires can impact air-quality, block evacuation routes, and disable our utilities. The delta provides many opportunities for recreation, but also presents a flooding hazard. Fortunately, the community of Trilogy is on a plateau not susceptible to flooding; however, all routes out of the community travel through low-lying areas.

Surviving these emergencies will be as simple as sheltering in place. Unfortunately, many of these emergencies can result in loss of electricity or other utilities. Your emergency plan should include everything needed to live in your home for a minimum of three days without electricity or access beyond our local community.

We meet on the second and fourth Tuesday of every month at the Marina Room, Delta Club, from 7 - 9 p.m. Please come and join us at our meetings.

Weekly BBQ

Once again we will start up our annual BBQ on May 6, continuing throughout the summer every Tuesday, weather permitting. Please bring a dish to share, plus meat if you would like to grill, beverages, and utensils. Please use plastic as we are not allowed to use glass at the pool. Cooking will begin approximately at 5:45 p.m. Please remember to clean up your area and return chairs and tables to the location that you removed them from before leaving. Open to all Trilogy residents.

Sailing Club

Are you interested in becoming a founding Trilogy



Sailing Club member? We will have access to five boats locally without needing to own or maintain them. There would also be no expenses for insurance or slip fees. Plus, sailing trips can begin from Owl Harbor (mid way between Rio Vista and Interstate 5 off of Highway 12).

Club members do not need to

be experienced sailors.

The club's purpose is to enjoy sailing in the Delta and the Bay with fellow sailboat enthusiasts. This can mean learning to sail or enjoying day sail parties, and future overnight or even global sailing events. If you have an interest in forming our very own sailing club here at Trilogy, please get in touch with Dennis Elliott at (925) 876-3629 or email dc.elliott@hotmail.com.

TOPS (Take Off Pounds Sensibly)

Joele Swift, Aerobics Instructor at Trilogy, was our guest speaker at our April 2 meeting. We enjoyed her presentation and offer of a special class for eight or more TOPS members. It is a great way to get fit as we shed those unwanted pounds! Dick and Pat Burkhart, new Triolgans, were guests and hopefully new TOPS members at our meeting. Our Easter egg contest is producing good weight loss. Good work, Gang!

Our Annual TOPS Casino bus trip is planned for Wed., August 13, to Red Hawk Casino. Call Leader Ella Brice at (1499) or co-leader Barbara Bellamy at (6670) for



more information on the Bus Trip and for our TOPS program. Happy Mother's Day to all you mothers and grandmothers, and a Happy Easter to everyone!

Trilogy Jazz Band

The band will play for the Dance Club's Spring Fling Dance on Sunday May 18, 7 – 9 p.m. in the Vista Club Diablo Ballroom. We have been rehearsing special music for this event and we look forward to the occasion.

Full band rehearsals are held most Wednesday afternoons, 2:30 – 5 p.m. following vocal and combo rehearsal beginning at 1:30 p.m., in the Vista Club Diablo Ballroom. Observers are welcome.

If you play a band instrument and are interested in being part of the Jazz Band, even if you're "rusty," please contact Music Director Jim Lucas (7567). There is currently an open spot in the trombone section, and all sections offer opportunities for future players. Our goal is to provide music for our community, and we have fun. For more information, contact Jim Lucas (7567) or Marti Rogers (6859).



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Billiards Club

The next Billiards Club meeting is on Wednesday May 7, at 7 p.m. in the Monterey Room of the Vista Club. Tuesday evening's tournament start times are 5 p.m. The first and third Tuesdays the format will be 8-ball round robin with no handicaps for B players. The second Tuesday of the month the format will be handicap 9-ball with a round robin format. In order to get a win a player must beat his opponent two out of three games. The club has again made a list of B players and for that Tuesday evening the B players will get a one game handicap while playing an A player, so the B player only needs one win in three games while competing against an A player. The format for the fourth Tuesday will be 8-Ball and the club will split the tournament into A&B players. There will be a first and second place winner in each group. The fifth Tuesday will be 9-ball with no handicap for B players. Officers: President Al Bergoust, Treasurer Jack Clark, Secretary Dallas Salomon, and Membership Chairman Dave Stewart.

Latest weekly tournament winners:

Mar. 4, 8-Ball	Mar. 11, Handicap 9-Bal
1st Bob Powell	1st Chuck LaBue
2 nd Al Bergoust	2 nd George Doner
3 rd George Doner	3 rd Jim Neill
4 th Lee Durham	

Mar. 18, 8-BallMar. 25, 8-Ball1st Dennis Pool1st Al Bergoust2nd Jack Clark2nd Bob Powell3rd John Robinson3rd Oscar Grissom

For more information regarding the Billiards club please contact Oscar Grissom at crpntrboy@aol.com.

Bingo

Our Bingo group is growing. Bring a friend. The more players, the more money is given away. Mark your calendar for the fourth Friday of the month (May 23) for Bingo at the Delta Club. Games begin promptly at 7 p.m. Buy-in for each person is \$10 for 12 games. We have one early bird special: one card for \$1. The prize money for each game is \$50 and the blackout prize is \$250. For more information, call Irene at (6999).

Bocce Club

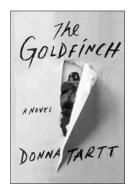
The 2014 league season got off to a great but wet start. We have been working on some club and community scheduling issues and expect to have them resolved very soon. This has turned out to be a banner year for bocce. We have 20 teams in both the morning and night leagues

with over 450 dues paying resident members, playing twice a week on 40 teams. The club had professional drawings done, along with a plot plan, for the additional Summerset bocce courts. We have presented the drawings to Shea Homes, along with a club wish list of items, for their review.

The free, no-fee training session was a huge success with over 40 members in attendance. The Opening Day's free hot dog activities were also well received. Plans are being formulated for our self funding one-day tournament. The MBL champion will be crowned based on the leagues final standings and the NBL championship play-off format is being finalized. We will be making some play schedule changes at the end of the first half of play (May 23) so that more teams will be playing different teams in the second half of the season. More to follow. Remember to roll often, throw straight and have fun, that's what it's all about. Contact Joe Downes (7520).

Book Club

The Book Club meets the second Tuesday of each month at 10:30 a.m., in the Sonoma Room at the Vista Club. The next meeting is May 13. The book selection is *The Goldfinch* by Donna Tartt. June's book selection is *Still Life with Bread Crumbs* by Anna Quindlen. There is no requirement to have read the selected book. Everyone is welcome! Feel free to stop by. For



more information, contact Adrienne (5576).

Bridge - Duplicate

Duplicate Bridge meets the second Monday of each month at 12:15 p.m. in the Sonoma Room at the Vista Club. Please mark your calendars for our game on Monday, May 12, 2014. All Trilogy residents who are interested in playing duplicate bridge are welcome. If you need a partner; we'll find one for you. Please contact Sue (6136). Thanks to Larry Epner who ran the game in March.

March winners: 1st: Ted Clemens and Chandler Stauffer; 2nd: Wilma Powell and Peggy Walker; 3rd:Larry Epner and Xaio Gong

Bunco

Come and join us for a fun evening of Bunco and refreshments at the TRV Delta Club. We meet the second Friday of the month at 7 p.m. For further information, please call Shirley at (9984).



Computer Club

The next meeting of the computer club will be held on Thursday, May 8 at the Vista. This meeting is open to all Trilogy residents. Once again, Frontier Communications will be sending their representatives to update us on their products and services. If you have any internet, phone or billing issues with Frontier this would be a good time to get them addressed. If you wish to become a member of the club, visit www.tccrv.org where you may complete a copy of the application. Just give it to any of the directors with the annual dues of \$12. Or you can sign up at any meeting. We welcome all levels of expertise, from those thinking of getting a computer to those who have spent years working with computers and related software. For more information, contact Lynne Hansen, (4060).

Dog Club

Our mission is to maintain a lost and found dog network, provide social opportunities for dog owners and their pets, and facilitate the building of an enclosed dog park within Trilogy Rio Vista.

The past couple of months the Trilogy Dog Club held several Dog Park Test Sites in the various community park sites and at the Vista Club. We had a total of over 247 dogs participate with an average of 45 dogs at each event. Thank We appreciate those that came out and enjoyed the parks and especially to the members that helped during setup, teardown, and monitoring. As this project moves on and we work on making our dog park a reality, please send us your ideas on what you would like to see at our future dog park to our President, Celeste Brothers. Her email address is Celeste.Brothers@gmail.com.

Our monthly meeting in May will be on Tuesday, May 27 at the Delta Club. Please check our sites http://www.trilogydogclub.org and http://www.facebook.com/TDCRV.

Fishing Club

Our next meeting is Monday, May19 at 7 p.m. in the Marina Room at the Delta Club. We will have a speaker from the California Department of Fish and Wildlife. We will be making arrangements for our SF Bay party boat trip as well as discuss our annual BBQ/picnic. We will be planning a trip to one of the local reservoirs to bank fish for trout and caravan as a group. We have a kid's trout pond in Isleton as well as a swap meet to discuss. There are a lot of items to go over. Hope you can make the meeting. For more information, please call Al Silva at (3791).

Genealogy Club

Our club has just recently begun a venture to recap the history and research tools available for each of the states beginning with California, Oregon and Washington. Our efforts have uncovered many research sites and explored the history of when the censuses began and when the territories became states and counties. We discovered that before California became the 31st state, Spanish Censuses (padrones) counted residents in several cities, including Los Angeles, San Luis Obispo and San Antonio, TX. These records are in Spanish. Mexico ceded California to the United States in 1848. A short time later, a chunk of gold was pulled out of the American River and sparked the biggest migration in American history. By 1854, more than 300,000 gold seekers had rushed west, coming by wagon train and ship. The California State Library in Sacramento is recommended for further research and the Family History Center in Oakland has an extensive library and records. You can get Federal census records for the Golden State beginning in 1850.

Rhoda brought in her list of books that comprise her extensive home library. These books cover Virginia, Maryland, Pennsylvania and the Carolinas from the late 1600s and early 1700s. They include deed and will book abstracts, surveyor's platt book, tax lists and more. Numerous counties are covered for each state along with a wealth of information.

The Genealogy Club and Workshop are open to all residents of Trilogy. Regular club meetings take place the first Thursday of the month at 2 p.m. in the Vista Club Monterey Room. For more information, contact Rhoda (7542). The workshop is held the third Thursday of each month at 2 p.m. in the Vista Club computer room. For more information, contact Carolyn at wncbridges@comcast.net.

Good Samaritans

"National Day of Prayer"

On Thursday, May 1 at 1 p.m. the Good Samaritans will join the nation for the 63rd Annual National Day of Prayer. This year's theme is "One Voice, United in Prayer." The scripture theme for this year is "...so that with one heart and mouth you may glorify the God and Father of our Lord Jesus Christ." (Romans 15:6) The annual day is designated by the United States congress, and was signed into law by President Harry S. Truman in 1952. The National Day of Prayer calls on all people in the United States to pray for the nation and its leaders. This is a day that transcends differences, bringing together citizens from all backgrounds.

In the month of May, Memorial Day commemorates those who gave their lives in service of our country. Memorial

Day is a federal public holiday in the United States. Memorial Day 2014 is a great reminder of the rich history of America and the great sacrifices that have been made to get this country to where it is today. It also reminds us that we should pray and love one another. This is also a reminder that we are One Nation under God.

On May 22, at 1 p.m. we will honor military Americans who died as heroes from the profound contributions they have made to secure our nation's freedom. The Good Samaritans will have a special prayer for all Americans who have served in the past wars and those serving in the military now. The Good Samaritans Christian Bible Study meets every Thursday at 1pm. in the Delta Clubhouse/Marina Room.

Scripture of the Month: 2 Chronicles 7:14

Hispanic Club

This month, we are launching our "Spanish Circle" meetings at the Cyber Café in the Vista Club beginning at 9 a.m. on Saturday May 10, 2014, and every second and fourth Saturday of each month thereafter. The idea is to get interested individuals to meet casually to chat, practice or learn Spanish. This may be the chance you were hoping for to brush up your Spanish or learn the basics for travel or local use. If you are interested, please contact any of the persons listed at the bottom of this article or just show up. Meanwhile, keep on checking the Hispanic Club in MyTrilogyLife.com website, under clubs. We will continually update the news. For more information, contact Allan Owens (5673), email: allanowens@comcast.net

Mah Jongg

We meet every Monday, except the second Monday of the month, at the Sonoma (card) Room at 1 - 3 p.m. We play the Hong Kong version. If you know a different version or have never played the game, we have several good players and any one of them will help you learn this version of the game. We do not play for money. Come join us. Call Molly Martinez (3417) for more information.

Model Club

In an attempt to make residents of Trilogy Rio Vista more aware of the members of one of the oldest clubs in our community, we have started a new feature entitled "Meet A Model Club Member."

Dean Lattman, a military veteran, satellite communications specialist, and now the club secretary joined the community 12 years ago with his wife Joyce. Later, he saw a member passing him in the Vista Club with a model ship in his hand.

Dean says that his primary interest is in "N" scale railroading but all events within the club, boating, model making, planes and trains hold his attention. The monthly presentations by Mr. John Harder, the club president, are most enjoyable. Dean says his most interesting events are exhibits and field trips with club members to museums in the bay area and discussing with them the methods of transportation and designs.

Dean feels that two area attractions that have been of greatest interest to him are the two museums available for tours at the old Mare Island Naval Shipyard, and the second to the USS Hornet at the old Alameda NAS, but adds the submarine USS Pampanito and the SS Jeremiah O'Brien were fun also. Keeping active with interesting people is a high for Dean.

Stop by our Model Club meeting held on the first Friday of each month in the Vista Monterey Room. We will be presenting ideas and talking about other field trips we are anticipating this spring. Any questions, please contact the club president, Mr. John Harder (3646). Please join us at our monthly meeting,

Motorcycle Club



The Trilogy Motorcycle Club riders meet the first Saturday of every month for an all-day ride. The April 5 ride began with 16 riders and bikes headed down towards Half Moon Bay by way of Vasco Road, San Mateo Bridge and with a short detour to Alice's Restaurant for a stretch break. Vasco is always a cool ride this time of year with great views of Mt. Diablo and big sweeping uphill/downhill curves. Skyline Blvd headed to Alice's and the coast is likewise a great ride with huge overhanging tree canopies, damp steamy sun-heated road surfaces and always lots of bikes.

Lunch was at Camerons Pub in HMB with superb clam chowder and prime rib sandwiches to die for. Return was north on Hwy 1 through Pacifica and the new tunnel (impressive, it rivals the new Caldecott bore), across



the Golden Gate Bridge and up Hwy 101 to Hwy 37 and Suisun for a stretch break.

We invite the other motorcycle riders in Trilogy to join us on any of the monthly rides. The next ride meets at Mc-Donald's in Rio Vista at 8 a.m. on May 3. The destination TBD based on weather. For more information, contact Bob Pastorino at (6556) or Larry Nelson (2967)

Nature Club



Tule elk we observed over on Suisun marsh

Nature Club members continue to enjoy spring with new, interesting trips. Seeing the Tule Elk, Cervus canadensis nannodes, and a wide variety of birds at Grizzly Island in Suisun was truly a treat. This subspecies of elk is found only in our central valley.

We meet May 15 at 9 a.m. in the Vista parking lot to carpool looking for nesting egrets and herons on the Delta Loop and Brannan Island. Plan on lunch at a local spot, perhaps Korth's Lair.

Also in May, we will trek to Yolo Bypass on Highway 80 at sunset to witness the flying in of the bats. The date will be in the first or last weeks in May determined by the bats' arrival. Final plans will be emailed, so please let us know if you want to join us.

May 14, 6:30 p.m., Vista, Monterey Room, Nature Club meeting, hosted by Ron.

Everyone is welcome to join in the fun. Call Gail (2718) for details for events.

Radio Club

The Radio Club has new officers. Mr. Jerry Armanino is our new president and Mr. George Vogtlin our secretary. Congratulations to both. In an effort to reduce the Monterey Room schedule log jam, we are temporally moving our meeting to the Rio Vista Fire Station. There we are

conducting communication drills with the installed emergency equipment and increasing our familiarity and radio skills. This move is only on the second Tuesday of each month from 9:30 – 11:30 a.m., April thru September. All other meetings will remain in the Vista Club.

This month we will conduct a fox hunt. This is an armature radio term for a very important event in ham radio life. Periodically there are either unscrupulous or accidental transmissions that cause interference or other illegal signals that intrude on lawful use of the airways. Armature radio has been tasked to track down and report these emissions. The method we use is by conducting the fox hunt. We take a very low powered legal transmitter and place it in an unlikely location within our community. Then the club members using their hand held radios and techniques that have been long developed locate this device. It can take from minutes to several hours and is an excellent application of radio direction techniques.

The Radio Club meets most Tuesdays in the Vista Club Monterey Room at 9 a.m. for informal discussions over a cup of coffee. The formal meeting starts at 10 a.m. Jerry Armanino is available at (2461) if you have any questions.

Recipe Club

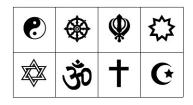
In honor of Mothers' Day, our May theme is "Mom's Favorite Recipe." Our chefs are Jenan Afaneh, Tess Felte, and Andy and Rachel Barrows. Carolyn Williams is in charge of the coffee.

We meet at noon the second Tuesday of each month in the Delta. If you enjoy cooking and sharing recipes, please feel free to join us. Call Patty LaFleur (3159) if you have guestions.

Monthly Q & A: I like to make large batches of granola. What's the best way to store it? Homemade granola can lose its crunch after a week or so at room temperature; especially if it contains dried fruit (the moisture in the fruit softens the oats). To keep it crisp, freeze granola in a ziplock bag; it will keep for up to six months. Freezing also prevents nuts from spoiling. Just let the granola come to room temperature for a few minutes before serving.

Religions of the World Club

The Religions of the World (ROW) Club is a diverse group of Trilogy residents interested in learning more about the different religions of the world: their history, beliefs and practices. We meet the first Tuesday of every month at 6:30 p.m. in the Vista Club's Monterey Room. So far, we have learned about Zoroastrianism, Hinduism, Judaism, Sikhism, Buddhism, Jainism, Taoism, Confucianism, Shintoism, religion in the USSR, three months on Christianity, and one session on Islam. In May, the ROW club



will present the second session in an overview of the world's second most popular religion, Islam. The major sects of Islam, the rapid spread and formation of the Muslim

Empire, Islam contributions of the "Golden Age," fragmentation of the Muslim Empire, the influence of Western Colonialism, beginnings of reformation movements and their current status, and the outlook for "détente" between religions and having real "peace on earth" are scheduled to be discussed in this second session.

This is not a forum for recruiting members to any belief system, and all Trilogy residents of any belief system are welcome. For more information, contact Don Cooper (510) 909-5049 or Barb Bellamy (303) 898-9279.

Rio Vista Roamers RV Club

We had ten rigs at Durango to celebrate St Paddy's Day. We had a great time and wonderful weather. Vineyard RV Park in Vacaville was hosted by Wilma and Ken Powell in April. There will be more on that next month.

We have not been to Jackson Rancheria in a couple of years but May is the month. Jan and Gene Vick (5025) will be hosting this outing May 19 - 22. The reservations needed to be in by April 18, but, if you would like to join us, give Jan a call and she will see if the resort can accommodate you. There is so much to do in the area, so if gambling is not something you would enjoy, there are many places to visit and things to do.

Our yearly meeting is June 5 at 4 p.m. and will be followed by a barbeque on the patio. The club will provide the meat and members will bring a dish. If you would like to learn about us, please join us.

Sign on to http:/rvroamers.tk and it will give you the next outing information. Log on to sign yourself up or call the member hosting that outing. Call Sandra Santos (3538) or any of us and we will be more than happy to answer any questions.

Men's Executive Nine Golf Club

The Men's Executive Nine Golf Club is comprised of members who enjoy playing nine holes of golf and then socializing at the "Nine's" after the game. We play each Tuesday mid-morning. The format varies each week, from individual "straight" golf play on the first and third Tuesdays, and individual and team golf tournament events on the second and fourth Tuesdays of the month.

Our club currently has 105 members. We always welcome new members and golf experience is not a prerequisite. If you would like to join us, pick up an application form in the Pro Shop posting room or contact our Membership Chairman, Dick Talbott, at 225-0077.

There was only one club tournament in March. A second tournament was hosted by the Rio Vista Women's 9-Holers. The winning players, by flight, for the club's "Four Club-Low Net" tournament on March 25 were (A) Dennis Germano, (B) John Phifer, and (C) George Aquino.

We have two foursome tournament events scheduled for May. On May 13, we will play a Regular Scramble format, and on May 27, we will host the Brentwood Executive Nine Club for a "1,2,3 Cha Cha Cha Scramble" format tournament. We invite you to come out and join us for a good time with a great group of guys.

Movers & Shakers

This is a support group for those with Parkinson's, Essential Tremor, Dystonia, or any other movement disorder. We meet once a month at 7 p.m. For date and location, call Audrey Kinser (7506).

Senior Mens' Golf Club

"Control, control, you must learn control."

~ Yoda



Yoda in San Anselmo, CA town square

Golf is a game of skill that gets in your blood and gets you off the couch, outdoors and into the sun, the wind and the rain. It is a passion that brings us into social contact with other passionate people. What could be better for seniors? It is unknown whether "Toenails" Yoda, the ultimate senior. played golf. He lived 900 years, but which

centuries? If he had played golf, he would have insisted on control, meaning of one's ball, one's body, one's emotions and one's expectations.



March started with a hotly contested Ad Hoc; the top three foursomes in the Palmer flight were separated by only two strokes. Three RVSMGC members qualified for the May 8 NCGA Low Net Tournament: Ron Renner, Armand Roque and Tom Hansen. On the local level, we averaged over 50 players for our weekly Wednesday tournaments; more are welcome and encouraged. Twenty-five members traveled to Mare Island where some great net scores were posted: Ron Chalmers 67, John Aleck 67, and Steve Leder 66.

April Fool's Day gave us a soaking thunderstorm, a huge quake in Chile and a good spoof from the Ad Hoc committee. Ad Hoc then produced another spirited Palmer flight competition, with three strokes separating the top four teams. We traveled to Marin CC, Crow Canyon CC, and NCGA's Poppy Ridge. Meanwhile, kudos to Glen King for his AARP Smart Drivers Course and to John Lamb for his Enrichment Series presentation entitled "Healthy Aging and Overall Wellness." Thanks to our members for the many things they do for the community.

Our regular membership meeting is on the third Thursday at 4 p.m. at the Delta Club. Join us and get the news. For more information, contact our Membership Director Chris Shockley at (3603) or tshoc@cs.com.

Stroke/Head Injury Club

We are a support group that supports those affected by stroke and brain injury. We also assist those suffering from dementia, regardless of the cause. Our group provides help, useful tips, and current information on how to cope with the various short and long term physical as well as emotional side effects that are unique to each individual's situation. Since those who experience these conditions can suffer from feeling alone, helpless, and/or impaired by some physical and/or emotional limitation, the support that we can provide each other can be very important to adapting and living. Each month, we discuss a new topic and try to learn more about subjects that are of interest to members.

We also conduct various extracurricular activities for the group both within Trilogy and nearby communities so that we can have fun together as well. We have recently added a monthly "Game Day" where we meet at a member's home and play a variety of games to increase memory and brain function. This program has been a great success. If you or someone in your family has had a stroke, any kind of brain malfunction, and/or dementia, and would like to join or have any questions, please contact Cheryl Bellrose (6619). We encourage caregivers and families to join as you need support as well.

We usually meet on the first Tuesday of each month from 2 - 4 p.m. at the Vista Club in the Monterey Room unless there is a holiday. Our next meeting will be held Tuesday May 6. Please join us

Supper Club

Supper Club meets every other month from February through October in each other's homes for tasteful (and tasty) dining, fun and conversation. On these occasions you can meet your neighbors and get to know them in a small group setting (usually six to 10). We are not limited to a formal dinner menu. We may have an afternoon barbeque, a brunch, or a luncheon. Our membership consists of those whom have participated for several years as well as our many newer members.

We also have an annual New Year's brunch where all members can participate at one location. They are able to meet some of the people they may have not been able to participate with during the rest of the year. It is a festive affair which our members truly enjoy.

Our club is not just for married or committed couples. We don't want to leave anyone with the impression that single individuals are not welcome. Everyone is welcome to join. If you want to make new friends, give Supper Club a try. Take the opportunity to experience the delectable menus and friendship provided by our group. Our next club dinner will be held in June. For further information, please contact Cheryl Bellrose (6619).

Table Tennis Club

Spring is a wonderful time for outdoors sports. Table Tennis is an indoors sport unaffected by weather, a year-round blessing for table tennis enthusiasts. Trilogy Table Tennis Club provides residents opportunities for physical exercise, mental stimulation, social interaction and fun. Our schedule is posted on the website noted below. In early April, members were practicing for the In-house tournament on April 19. Highlights will be featured in the next issue of *Trilogy Living*. It is an all-day event of friendly competition that prepares us to play against other clubs, and provides much merriment and congeniality.

Table tennis is a very popular sport with over 20 million players in the US. It combines physical exercise akin to aerobics and mental stimulation compared to chess. Players are called upon to repetitively respond to the ball flying towards them at speeds up to 70 mph, and to determine and execute counteractions within a fraction of a second. Clinical Professor Daniel Amen describes it as "the world's best brain sport." Health benefits include stimulation of brain function, increased alertness,

development of eye-hand coordination and improved reflexes. The sport is recommended as a means of countering Alzheimer and treating dementia.

To learn more about the club, visit http://trvtt.word-press.com. Please contact any Board Member for further information:

Larry Mork, President (3389); Richard Laswell, Vice-President (2479); Vicky Riddle, Treasurer (3684); Tom Surh, Secretary (5282); Michael Mahrous, Tournament Director (3216), Tom Barnes, At Large (4395); Ruth Barnes, Social Activities (4395).

Tennis Club

Fun tennis fact for May (courtesy of Wimbledon Facts, Figures and Fun by Cameron Brown): Henry VIII had a servant to throw the ball up in the air for him because he was too fat to do it himself. There is an entry in Hampton Court's accounts in 1531 recording the payment of five shilling (45 cents) to "one that served on the King's side at Tennes", hence the word "service."

Results for the March Daylight Tournasocial: Women's Doubles: Tie for First–Yoko Yoshii/Patti Sorg, Second–Sandy Price, Tie for Third–Erna Ellington/Tomoye Matsushino. Men's Doubles: First–Don Stinson, Second- Ken Yoshii, Third–George Sablan. Next Daylight Tournasocial is scheduled for Sunday, November 2.

Coming Events: May 17 is our first tournament with Rossmoor for 2014. It is their home game so we will be traveling to Walnut Creek to play on their brand new courts! May is also the month we start Friday Night Tennis and Potluck. The first one is scheduled for May 23. For time and food theme, contact Wally Beckman (email below).

George Sablan's tennis clinic is in full swing and for this month will be held on Saturdays May 10 and May 24 at 8 a.m. He welcomes both those who want to start playing this wonderful game and those who want to improve. Sorry, there will be no one available to throw your "service" ball.

As always, daily Social Tennis is M-F from 8 – 10 a.m. and we welcome anyone, member of the club or not, to join us. Just be sure that your shoes are "court" shoes that don't leave marks on the court surfaces. Members Only: When you use the ball machine, please be sure that the balls are dry, as wet ones jam up the machine.

For more information about our club, our next club meeting is scheduled for Friday, May 30 at the Delta or contact Wally Beckman at beckmanwally@hotmail.com.

Whist Club

We are getting ready for our Annual Juneteenth Celebration, save the date June 14th at the Delta Club house. Look for our flyer this month in your *Trilogy Living*.

The Gospel Hummingbirds will be with us. Their style of music is "Rhythm and Gospel." They have successfully taken their music to rock, blues and R&B fans in night-clubs, blues and jazz festivals here in the U.S., Canada, Australia, Japan, Italy, France, and Belgium.

The club gathers once a month, usually on the third Friday at 7 p.m. at the Delta Club. Please check the monthly *Trilogy Living* for any dates/time changes. Other games are available for those not interested in playing cards, including dominoes, backgammon, and checkers. We also welcome those who just want to socialize. We also have a potluck at that time. Contact Madalene Turner (3361) or Jean Robertson (0086) for more information.

Women's 9-Holers



Barb Downs, Castle Oaks Tournament Winner

Anyone who plays golf knows that you have to play in all kinds of weather conditions, and golfing in Rio Vista is no exception. We deal with wind, rain, heat and sometimes all in the same day!

March 4-Low Putt Day, Barb Downs won with 15. Jeannie Renner won Chip-ins.

Barb, Lois Dutcher and Karen Nash had par on #5, Suzi Masterson-#8. March 11-For St. Patty's Day, we hosted the Men's Nine Holers. It was a fun day and included hamburgers, ice cream and green Beer. Lady winners; Helen Swarbrick, Lynn Traver, Betty Bowley, Linda Bingham, Eila Ballard, Denise Sargent-Natour, Marnie Doody, Lois Dutcher, Barb Downs, Judy Rumble, Kathy Moore and Sharon David. Thanks Guys for joining us! March 18-Straight golf. A tough day, gale force winds, 24 ladies prevailed. Georgette Rodrigues had par-#6, Jeannie Renner-#8. March 24-Seventeen of the club went to Castle Oaks, for a play date. A beautiful golf course with an actual Castle (haunted), in the background. Made new friends, had a great lunch, and treats. Barb Downs, Jeannie Renner and Suzi Masterson came home with Target gift cards for award-winning playing. Congratulations, Ladies!

March 25-We had a T & F play day. Flight One was won by Jan Benner, net 17.5 and Flight Two, by Linda Rowe net 16.5. Chip-ins shared by Sharon David, Karen Nash, Kathy Moore and Maureen Lamborn. Pars-Maureen on-#14, Jean-

To join us or get information, contact Fran Silva (3791) or alfran 70@comcast.net

nie Renner-#13, Anna Bogucki-#12 and Sharon David-#17.

Answer to April Trivia: Haggin Oaks

News Flash: Add in local paper "Lost: Golfing Husband and Dog-last seen at Trilogy Golf Course. Reward for Dog."

Women's 18-Holers

Our Women's Golf Club would like to welcome two new members. Linda Bingham, who recently moved here from Apple Valley and also belongs to the 9-Holers and Lynn Traver who recently moved here from Modesto. We now have 54 members.

On Thursday, March 20, our women's club had a golf tournament to benefit the Rio Vista Community Services. All four golf clubs participated. We raised \$2205.00, which was presented to Shirley from the Rio Vista Community Services on the following Thursday at our weekly meeting.

Some winners from our March Tournaments were: March 6-Flight A: First: Marsha Berry, second: Frankie Freese and Angie Jones tie. Flight B: First Debby Carroll, second: Pat Kistler. Flight C: First: Helen Swarbrick and Joanne Smith tie. Pat Kistler was the Ace of the month with a net score of 66. March 13-Flight A: First: Marsha Berry, second: Frankie Freese. Flight B: First: Doris Sundly and Trixie Roque tie. Flight C: First: Loretta Ortenblad, second: Denise Natour. Flight D: First: Karen Nash, second: Marilyn Rogers. March 27 was a team event. A/B Flight: First: Debby Carroll, Donna Nunes, Karenann Evans. C/D Flight: First: Doris Sundly, Diana Staley, Linda VanNieuwburg.

We meet at the Nines Restaurant each Thursday morning at 8:30. If you would like to join our club, contact Linda Siatt at (5364) for information.

Writers' Club

The Trilogy Writers' Club will meet on Thursday, May 8 at 7 p.m. in the Monterey Room of the Vista Club. This month's optional topic is "Spring." It's always interesting to hear how each month's subject is interpreted by our talented writers. Will they write poems about an experience between winter and summer? Will someone talk about what put a spring in her/his step?

Will we learn of the beauty of water bubbling from the ground? Or will anyone choose to go in a surprisingly different direction? Join us to share, listen, appreciate and encourage. For further information, contact Zoe (3676) or Suzi (925) 231-5213.



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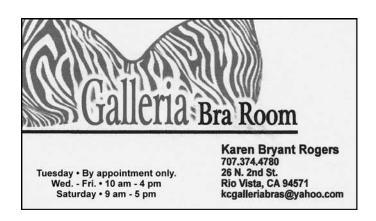
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TRIPS AND TOURS

All trips are operated by an outside company and are not associated with Trilogy Rio Vista Master Association. Trilogy Rio Vista Master Association is not liable for any trips or tours.



Ethel Ott (Cupcake) and Eileen Griffin (Twinkie)

June 10, Thunder Valley Casino, \$30/pp

We will have 4 hours of "Stay & Play" at this renowned 5-star Casino Resort and receive a \$20 bonus.

July 3, A's Baseball Game/ Fireworks, \$79/pp

We'll have great seats between first base and home plate and enjoy fantastic fireworks after the game. There is a \$10 food coupon included in this package.

July 21-24, Pageant of the Masters, \$715/pp

This four-day adventure takes in southern California and includes the California Science Center and Museum, which is now home to the Space Shuttle Endeavor. We will also have a guided tour of the Ronald Reagan Library and Museum in Simi Valley, and a narrated trolley tour of Beverly Hills and the famous Rodeo Drive. We'll take a free shuttle over to Universal City Walk, and we'll enjoy reserved seating for the world-renowned production of the Pageant of the Masters in Laguna Beach. This is a memorable trip!

For further information or sign-ups, please call Ethel (7548) or Eileen (2684).

August 16, Golden Gate Fields/ Turf Club, \$69/pp

We'll have a relaxing and fun day watching the ponies run from choice seats in the exclusive Turf Club and enjoy a gourmet buffet luncheon.

September 27 through October 12, Panama Canal Cruise, Wait Listed

Oct. 11, Fleet Week and the Blue Angels, \$134/pp

We will be escorted by Bob and Norma Donaldson and enjoy a Champagne luncheon on a two-hour San Francisco Bay cruise on the Hornblower "Belle." We will enjoy watching the Blue Angels perform their precision aerobatics overhead.



Sam Richards GRI Broker/Owner **Trilogy Resident** License 01305588



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Tatyana Pool **Trilogy Resident** License 01908266



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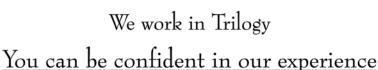
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Michael Prout Sales Assoiciate Realtor License 01736051



We live in Trilogy We work in Trilogy









Richards Real Estate

Residential Sales & Property Management & Notary

25 South 3rd Street, Rio Vista (707) 374-6491 www.richards-realestate.com

ADVERTISING INFORMATION

DEADLINE: All final ads and checks are due by the fifth of the month prior to the month of publication. For example: June 2014 ads and checks are due by May 5, 2014. All late submissions will run in the July 2014 issue of Trilogy Living.

REGULAR SIZES AND RATES:

 1/8 page ad 3 ½" wide X 2" tall \$90/month Scan your horizontal business card at 300 dpi, and e-mail it as a pdf, jpg or tiff file to Tania Fardella at indigodesign@att.net.

• 1/4 page ad 3.6" wide X 4.5" tall \$140/month ½ page ad 7.5" wide X 4.5" tall \$220/month Full page ad 7.5" wide X 9.25" tall \$345/month

PREMIUM SIZES AND RATES:

• 1/4 page ad Inside Front or Back Cover \$185/month • ½ page ad Inside Front or Back Cover \$285/month INSIDE FRONT COVER 7.5" wide X 10" tall \$445/month INSIDE BACK COVER 7.5" wide X 10" tall \$445/month OUTSIDE BACK COVER 7.5" wide X 10" tall \$500/month

DISCOUNTS:

- 5% off pre-paid ads for 3 months or more
- 5% off for businesses owned by residents of Trilogy at Rio Vista

To place an ad, contact Joan Azlant at joanazlant@comcast.net or 707.374.2620. If you need ad design, contact Tania Fardella at indigodesign@att.net or 925.377.0335. Additional fees will apply for design, scanning, and edits.



Trilogy at Rio Vista HOME BASED BUSINESS DIRECTORY

All Occasion Travel

Full Service Travel Agency Joan Greene, CLIA, ARTA, (2440) Certified Travel Specialist www.ALLOCCASIONTRAVEL.COM

Amway

Products & Services 10% discount for residents Tom Spivey 209-986-5758 LtSpivey@hotmail.com

Divas

Unique Jewelry & Accessories www.divaswithpizzazz.com Char (3806) Donna (3212) Norma (2779) Sylvia (2226)

Isagenix Products

Weight Loss—HealthyAging Bars, Shakes, Soup Don Seyk (6407) seyk@aol.com

Mary Kay

Independent Beauty Consultant Sueann Novotny (5624) snovotny@citlink.net

Mirna's Gourmet Mexican Food

Tamales, Enchiladas, Tostadas, Flautas, Burritos, Spanish rice, Frijoles rancheros and more delivered to Trilogy Residents Call 673-6608

Mirna's Professional Hair & Nails

Style, Cut, Color, Manicure, Pedicure Men and women. 30 years' experience Mirna 673-6608 dwstreak@yahoo.com

Rodan & Fields Skin Products

Call for a free mini-facial.

Please see new large ad in this issue.

Lupe Finch, Independent Consultant (2466)

LupeandMarcy@gmail.com

FOR RENT

Room for Rent

Room for rent: Share home, utilities included, furnished bedroom and bath \$550/mo. Credit check. Call 480-4942.

FOR SALE

Gluten Free Bread

Homemade to order, gluten free bread in a variety of grains, nuts, seeds, spices. Call for list. Prices \$4 - \$6. Large loaves. Barb 507-5026.

Golf Cart

Need a golf cart that can accommodate four people or make small bed for hauling? Cart has like-new batteries and tires. \$1300. Call (3338) or 208-9096.

FOR SALE

Love Seats

Two Magnum mahogany leather love seats and ottoman with down back and seat cushions. By Leather Factory. Originally \$5254. Asking \$1200. (5827)

Non-golf Cart

Attention non-golfers: Need a golf cart that can seat four people? This cart has like new batteries, tires and is in overall good condition. \$1300. Call (3338) or 208-9096.

Power Chair

Selling power chair. Needs new battery. Original cost \$6000. Good condition. For sale \$225. Buyer pick up. Call Diane (2236).

FOR SALE

Tamales

Mirna's Gourmet Tamales and Mexican Food. Five kinds. Pick up or delivery. Complete meals available. Ask about our other items. Call 673-6608.

Wine Cabinet

Vinotemp wine cabinet: 360 bottle capacity, racked plus storage, digital control cooler, unfinished mahogany. Dimensions: 80 H x 41 W x 30 D. \$500. Call Bob (6650).



SERVICES

Airport Transportation

I'll get you to any airport or SF port on time and pick you up on return. TRV residents only. One way fares: SFO \$105, OAK \$85, SMF \$65, PORT \$90/ Call Ralph Hatch (3941).

Beauty Services

Mirna's Professional Beauty Services. Women and men. Haircuts, styling, tinting, pedicures, manicures. 32 years' experience. Your home or mine. Call for appt. 673-6608.

Cardmaking

Paper pArts cardmaking. Learn paper techniques including die cutting, dry and heat embossing, stamping, fancy folds and more. Janet 925-200-5554 after 10 a.m. Aldridge.j@sbcglobal.net Join the fun!

Car Wash

Ray's Mobile Car Wash. Let me come to you to wash and clean your vehicle. Cars, pickups, SUV's. Reasonable rates. Call Ray (7598) or cell 249-1492.

Caregiver

Trilogy resident, retired registered nurse offering in-home medical care. Daily or long term. CPR/ AED certified. Medications, surgical recovery wound care. Call Kathy (7587).

SERVICES

Cleaning of RV's

Boats, RV's, trailers, autos cleaned inside and out, except oversized. Call for details. Dawn, "Jerry the sprinkler guy's" daughter. 628-4235 or (5239).

Clock Repair

Thirty years collecting and repairing clocks. No cost if I can't fix; low cost if I can. Call (6782). Ask for Rod.

Computer Doctor

Woody Woodard will fix PC's/ Mac's, install, teach, create web pages, coordinate with Frontier, Best Buy, Comcast. 707-416-6067

Errands

Transport Services: grocery, drug, gifts, shopping, library visits. Rides: town& beyond, doctor, dentist, anywhere! Save time & money. My car, my gas! Karen (5129)

Enhanced Improvements & Repairs

Established Retired General Contractor. .tile, wood floors, water leaks/drywall damage, kitchen & bath remodel/repair, patio re-design, entry/screen doors, fireplace mantels. . . Big or small—I do them all! 8 year resident/ references. Dominic 322-9476

SERVICES

Family History Research

Over 30 years' experience in genealogy research. Will research for you or one-on-one instruction. Reasonable hourly rates. Contact Carolyn 510-334-0912.

Faux Finishing @ Its Best

Enhance the beauty of your home with faux finishes for your walls, columns, fireplaces and doors.
Call Susan Prince/Oddo (2167)

Final Expense Insurance

Looking for final expense insurance? Retired registered nurse offering individuals and Trilogy organization information on final expense and life insurance as well as Medicare Supplement. Phone quotes also available. Call Dennis 866-789-4197.

For Sale by Owner!

Homeowners, if you have a buyer with agreed to price and terms, I will write the sales contract (only) for \$500. I am a local, licensed, independent broker at your service! Full services only 1.5% of sale price. Call Bonnie Bowen 322-5875.

Garage Door Insulation

Garage door insulation installed. Reasonable rates. Call Bill for a free estimate. Call (2454).

Gardening/Landscape Maintenance

Complete care of your yard by expert horticulturist. Servicing Trilogy residents on Tuesdays. Reasonable rates. Satisfaction guaranteed. Scott Bowers 916-683-1406

Gun Repair

Gun repair and gun cleaning, scope mounting, stock and pistol grips. Inspection and estimates, parts and installation. Call Bob (7587). Senior discount!





SERVICES

Hair & Beauty

Beauty from head to toe! Haircut & styling in the comfort of your home. I can also do your makeup as well as help you put together your wardrobe & accessories for a great new look for any occasion. You'll be set to go! Call Myrna (3725). 35 years' experience.

Handyman

Trilogy resident has over 40 years of home maintenance experience, MOEN faucet specialist, ceiling fan and chandelier installations, electrical trouble-shooting and GFCI problems, plumbing leaks, disposals, toilet maint., and more. Free estimates. City bus. license #1654. Bob Bailey (3391).

Handyman

For those projects that you can't or don't want to do: plumbing (leaking faucet, garbage disposal), electrical (install ceiling fans, light fixtures), household repairs, hang window treatments, mirrors, and pictures. Call Scott Sylvester (6013).

Helping Hands

Personal assistant providing light housekeeping, cooking, transportation to appointments or shopping. Moving assistance with packing/unpacking and organizing. Contact Kim 209-914-5458.

Housecleaning

Complete housecleaning: Quality cleaning, affordable prices. Weekly, bi-weekly, or once. Rental cleans. Dawn, "Jerry the Sprinkler Guy's" daughter. 628-4235 or (5239)

Household Assistance

Organize, arrange, put in place, Enjoy home with happy face! Build stained glass windows, etch shower doors too, I can make or will teach you! Many repairs, walls I'll paint, Professionally pack, Flexibility's great! Yard work and cleaning A to Z, Dogs I love, Laughs are free! Jody 386-7896

SERVICES

Impeccable Improvements & Repairs

Established Retired General Contractor . . . tile, wood floors, water leaks/drywall damage, kitchen & bath remodel/repair, patio re-design, entry/screen doors, fireplace mantels. . . Big or small—I do them all! 8 year resident/ references. Dominic 322-9476

Income Tax Preparation & Bookkeeping Service

Over 30 years experience with bookkeeping and personal, corporate and partnership income tax preparation. Fast, efficient, reasonable. No job too small. Call Lesley (3377).

Income Tax Services & Planning

Serving Trilogy since 1999; individual, trusts, business. Consultation in your home or my Trilogy office. Ron Auger, CPA (3068)

Income Tax Prep & Notary

Individual Partnership Corporate Tax Return Preparation, Notary Public. Reasonable prices. Jim Castress (3590)

Landscaping

Hello Trilogy residents, new & established: I'm Jim Gilly, a fellow resident looking to help you with re-designing and installing your front or back or both yards. Visit my web @ www.gotgilly.com. Lic. 752296. Call 925-260-5780.

Want to Run a Classified Ad?

Pick up an ad application form at Member Services. Turn in your completed form by the fifth of the month preceding the month you wish the ad to run.

Cost is \$10 for 25 words. Additional words are \$.25 per word. Checks only.

Late ads will run in the next issue.

Prices change effective April 1.

SERVICES

Lawnmower Repair

Service & repair on lawnmowers, weedeaters, blowers, rototillers, etc. Sharpen garden tools. Call Stan (3163)

Notary

My home or yours. Servicing Trilogy for the past 12 years. Please call Eileen Griffin at (2684). Thank you.

Notary Public

Certified Notary, fast, professional and reliable service. Lowest fees for Trilogy residents. Please call Jeffrey (7541). Thank you.

Notary to Go

Only \$8 per notarization at Trilogy. Discounts for numerous documents. Since 1984. Call Warren at (3477).

Notary Services

\$10 per signature per page/ discounts for multiple pages. Offering LegalShield™ /Identity Theft Protection Services. Trilogy Resident. Elaine Wisz (4310).

Pet Care

Dee-tails: Vacation pet care. Offering: walks, day-time checks, overnights, TLC. Allowing pets to remain home. Pet first-aid/ CPR trained. Call Dee 330-6010; email: thedeetails@ yahoo.com. License #3958

Pet Care

Kitty care and small dogs (no walking) services. Includes play, feed, meds, trash out/in, newspapers, mail, and house plants. Call Mimi (4343)...Trilogy resident.

Plantation Shutters

Measured & installed by Jim Gilly. Check prices from Costco & others, then call me. You'll be happy you did. Allow 6-8 weeks from order date. Jim Gilly 925-260-5780



SERVICES

Pressure Washing & Cleaning

Diligent and conscientious. Exterior walls, patios, driveways. Great rates. Other services also available. References. Trilogy resident. Christopher 415-710-2590.

Sliding Door & Screen Repair

Stop Fighting Your Sliding Door and Screen!...If it does not Slide, I will make it Glide...Replacement or Repair of all Patio Door and Screen Rollers, Patio Door and Window Screens, Locks, Handles, Shower Door Enclosures and Wardrobe Doors. For a Free Estimate, please call Jonathan (2736).

Solar System Installation

Existing Home Solar System Installation: Add solar to reduce your electric bill and receive the 2014 federal tax credit. Cal Rich for free consultation (3065).

Streaming Video

Will set you up to watch movies in your home instantly from Netflix or Amazon. Woody Woodard 707-416-6067

SERVICES

Transportation

Dave's Transportation Service will drive to airports, Amtrak, BART, Medical appointments, shopping, casinos. Trustworthy and reliable. For Trilogy residents only. Call David (3192.)

Travel

Make your travel dreams come true...I can take you anywhere you want to go... 100's of tours across seven continents awaiting you. Call or email Roz Endriga, Travel Group Coordinator for Goaheadtours. (4985) or 707-853-1002 roselynd@att.net

Water Filter

Drink purest, cleanest, tastiest water from your tap. Install reverse osmosis filter under sink system. Save bottled water costs of \$250+ per year. Trilogy resident discounted \$150 plus installation (2643).

Weed Pulling

Get rid of those ugly weeds. Don't break your back. Keep your yard tidy. Trim, prune, pull weeds, clean up dead leaves, plants. Plant new plants. Laurie (6305) or cell 925-301-7389.

SERVICES

Window Cleaning

Clean inside, outside, screens, tracks and sills. Quality work, reasonable prices. Call Dawn, "Jerry the sprinkler quy's" daughter. 628-4235 or (5239).

Window Cleaning

Professional window cleaning. Years of experience, licensed, and complete background check. For a free estimate and appointment, call Gary (3488).

Your Personal Travel Agent

Put yourself in my hands and let me arrange your travel from door to door: air, cruise or train, hotel, villa, rental cars, drivers, activities, sightseeing, excursions, fine dining, shows. Call Joan Greene, All Occasion Travel (2440) or email alloccasionstrvl@ aol.com. Let's talk it over.

WANTED

Golf Carts

Cash paid on the spot. Carts can be running or not. Call (3338) or 208-9096.

Spring Gift, Craft & Art Faire

April 12, 2014 Trilogy at Rio Vista

- Meals on Wheels Raffle Volunteers
- ★ Sellers and Shoppers

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FOR YOUR GENEROSITY

AND CONTRIBUTIONS FOR AN

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on I uminette® Privacy Sheers and Skyline® Gliding Window Panels and Duette Vertiglide® Honeycomb Shades





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