

Trilogy Living

Billiards Club Racks Up

The Billiards Club is chalking their cue tips with as much vigor as ever. Organizing weekly tournaments, the club shows no signs of slowing down. Turn to page 28 to learn more about their upcoming events.

Index:

Gift, Craft & Art Faire pg. 5
Concert: Red Skelton Tribute pg. 6
Four Part Harmony Performance pg. 18
Drama Pasta Feed pg. 26

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Member FDIC

From the Master Association

Warren Oglove

President

The Trilogy Rio Vista Master Association Board of Directors meeting was held in the Diablo Ballroom of the Vista Club on Tuesday, March 12, 2013.

A Special Executive Meeting was held Feb. 19 and the following actions were taken:

- The Golf Course Committee discussed various options regarding the course. Also discussed were, financing, appraisal, course management companies and "due diligence."

The following actions were taken resulting from Executive Committee sessions:

- Tom Moore was voted to serve as Vice President of the Board.
- The Board voted to allow any property owner in Trilogy to apply for the open Master Board seat. Application must be made by April 5. Interviews will be conducted by the four board members on April 8. Voting by the Master Board will be at the Executive Session on April 9, with the seat being filled at the April 9 evening Master Board Meeting.
- Legal documentation pertaining to the Golf Course was discussed.

The following actions were taken resulting from the Master Association meeting:

- Mayor Norman Richardson was present to discuss the idea of a transfer of the Lighting and Landscape District to our H.O.A. Much has to be done prior to anything happening and a timeline of perhaps two years was mentioned.
- The City of Rio Vista will be using the Rio Vista Room in the Delta Club on April 27 for Goal Setting meeting. The public is invited. The hours will be 12 – 4 p.m.
- Golf Course acquisition was discussed. The Board agreed to enter into a "Letter of Intent" with the seller and will make a "good faith" deposit of \$10,000 with a local title company. These funds are refundable if we are unable to reach an agreement on the purchase price.
- The Board agreed to select CourseCo as the management company, if we ever do purchase the golf course. CourseCo will lead a "due diligence" inspection of the golf course, equipment, buildings and kitchen area. We have agreed to pay CourseCo a fee of \$12,500 if we do not purchase the course.
- The Amenities Committee asked the Board to indicate interest in using no more than \$35,000 in Development Funds to improve Rutland Park. The Board showed no interest in the project.
- Approved \$70,000 for refurbishing the median strip from the main gate to Marks Rd. Lawn will be removed and drought tolerant plants will be placed. This will result in a water cost savings and reduce the deterioration of the roadbed due to current over spray by the current sprinklers.

The next Master Meeting is April 9, 2013 at 7 p.m. in the Vista Club.

TRILOGY AT RIO VISTA

D I R E C T O R Y

Master Association Board of Directors

Warren Oglove, President (3477)

Tom Moore, Vice President (5772)

Bernie Dehn, CFO (4764)

Joel Auslen, Secretary (5808)

District Delegates

Village I – Bernie Dehn (4767)

Village Oakmont – Lee Puryear (3510)

Village Riviera – Dante Miles (6445)

Olympic Village – Joel Auslen (5808)

Saddle Rock Village – Noel O'Brien (925) 348-4097

Committees

Adult – Helen Bergoust, Chair (2436)

Access – Dave Bewick, Chair (2093)

Disaster Preparedness – Alan Levine (718-7907)

Village Board Presidents

Village 1 – Bernie Dehn (4764)

Village Oakmont – Walt Manos (2827)

Village Riviera – Don Seyk (6407)

Olympic Village – Mike Dubrow (6706)

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Maintenance Director: Mike Oestreich (4895)

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Member Services Coordinator: Cheryl Lucas (4203)

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Delta: Admin Office (4843) Fax (4891)

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From the Editor



Andrea Stuart

Something is in the air this spring. The season seems to have spurred the birth of several new special interest groups. In the Rio Vista community, Rio

Visa Bridge—a community mediation service—is a subsidiary of Rio Vista Community Services and welcomes local residents to a meeting on April 11. Here at Trilogy, the Glaucoma Support & Resource Group is interested in connecting with and assisting individuals who may suffer from the condition. Also seeking members, the Woodcarving Group is looking for individuals of all levels who are interested in small projects. Meanwhile, the World Religions Group seeks to foster educational gatherings that examine and discuss a variety of belief systems. To learn more about any of these groups, refer to the Community section in this issue.

Get ready for some Trilogy fun! The West Valley Chorus, a four-part men's a capella group, is performing at the Lena Emigh Creative Arts Center in Rio Vista on April 13. Read more in the Community Section. The Drama Club is gearing up for their Pasta Feed on April 6 and the Trilogy Arts Guild for Artists is honoring artist Ann Jacobs during a reception on April 1. See the Arts section for more information about these events.

Of course, Activities Director Debbie Dorn is preparing so many events for Trilogy that your calendars may need calendars. And Fitness & Spa Director Kathy Erwin has started The Biggest Mover contest. See the fitness page for information about this fun event.

Happy spring!

Member Services Number Change

Please update your phone lists and programmed fax machines to the new Vista Club fax number:
(707) 374-4210

From the Board of Directors: The publisher retains the right to edit articles and advertising to conform to content and space requirements. The Trilogy Board of Directors is not responsible for expressed opinions or for the authenticity of all presented facts in articles and advertisements. Viewpoints contained in this newsletter are not necessarily the opinions of the Trilogy at Rio Vista Master Association, the Board of Directors, its officers, or management.

**For non-delivery of Trilogy Living,
contact Debbie Dorn at (4204).**

From the Activities Director



Debbie Dorn

Trilogy has been full of musical entertainment and dance events. By overwhelming response, John Covert & Crystal Image will return in September! Meanwhile, there are a variety of

opportunities scheduled for your enjoyment.

We have begun the exciting Computer Class: Photo Processing Series in the Learning Center. If you would like to learn how to work with photo projects then this series is for you! Did you miss the introductory class in March? There's nothing to worry about as long as you have basic computing skills.

Mark your calendar so you don't overlook these special events:

- **04/07 Farmers' Market**
- **04/11 Blood Pressure Check ~
Ruth Hammell Retires! (pg. 5)**
- **04/13 Gift, Craft, Art Faire**
- **04/14 Dance w/Solid Gold ~ Dance Club (pg. 29)**
- **04/19 Comedy: Mentalist Mark Stone**
- **04/20 AARP Safe Driver Course ~ Glen King (pg. 6)**
- **04/20 Dance Party Social w/DJ Jose LaTorre**
- **04/23 Computer Series: Photo Processing ~
Beginning**
- **04/27 Concert: Red Skelton Tribute**
- **04/30 Travel Discovery: Awe-Inspiring China**
- **Get Ready!
– 5/04 Community Garage Sale (pg. 7)**

Thank you, clubs and groups, for all the events you presented Trilogy. There was something for everyone. A list of clubs and groups is available, with contact information, from Member Services at the Vista Club. Your comments and suggestions are always valued. Give me a call at (4204), or send an email ddorn@actionlife.com. My mailbox is always open!



Spring Gift, Craft, & Art Faire

Saturday, April 13, 10 a.m. – 3 p.m., Diablo Ballroom, Vista Club ~ Free

Don't miss out on this convenient and unique spring shopping experience at Trilogy! The Spring Faire brings you the 3JB Jazz Quartet, who will fill your ears with musical pleasure from 11 a.m. – 2 p.m. Merchant tables will likely be sold out by the time of this print. If you want to rent a table, check with Member Services, Vista Club for availability. Each merchant table will donate a prize for the raffle. All proceeds benefit Meals on Wheels. Raffle sales and drawings are held throughout the event. For more information, call Debbie (4204).

Farmer's Market ~ Have you experienced Trilogy's Market Place?

Sunday, April 7, 10 a.m. – 3 p.m. – Delta Club ~ Free

Mark your calendar to stock up at the next Trilogy Farmer's Market! Bring your neighbors and support your locally grown fresh fruits and vegetables. Petrill's Produce Farmer's Market provides wonderful produce and other specialties. It's easy to keep a fresh supply of fruits, veg-



etables and specialties on hand without leaving Trilogy. And, you'll receive a free apple with purchase for visiting the market!

Grapevine Chat!

Tuesday, April 9, 6 p.m. and April 23, 5 p.m. ~ Free
Grand Living Room, Vista Club

Are you new to Trilogy or a seasoned resident who enjoys great company, an inviting atmosphere, and good conversation? Join the gathering at the big fireplace. It's a warm and casual setting where you can "get the scoop" on all things Trilogy while you get to know your neighbors. Optional: bring wine, glasses, and snacks to share with others. No sign-up required.

Blood Pressure Check ~ Free

Thursday, April 11, 9 a.m. – 10 p.m., Library Delta Club

Have your blood pressure checked the second Thursday of every month at the Delta Club Library between 9 – 10 a.m.! This will be Ruth's last day to provide this service. She has been volunteering this service to Trilogy residents for nine years! Come join us, as we share our appreciation for Ruth's long-term commitment with light refreshments served.

Travel Discovery Awe-Inspiring China



~ Travel Discovery ~ Awe-Inspiring China

Tuesday April 30, 7 – 8:30 p.m.
Diablo Ballroom Vista Club ~ Free

Rediscover your sense of wonder! Join Ron Heinrich as he guides you on an adventure to many fascinating sights! Ancient Hangzhou ~ Ultra Modern Shanghai ~ Capital Beijing ~ Imperial Forbidden City and Summer Palace ~ Iconic Great Wall ~ Terracotta Figurines ~ Cruising Three Gorges ~ Unique Karst Mountains and more. Light refreshments will be available. You may also bring along your favorite provisions to enjoy during the journey. Sign-up at Member Services. Contact Debbie Dorn (4204) for more information.



Computer Class: Beginning Photo Processing ~ A Series!

Tuesday April 23, 10 – 11:30 a.m. or 7 – 8:30 p.m.

Learning Center Vista Club ~ \$3

Michael Bouyer will lead a series of classes to guide you through working with photos from beginning to advanced level. Learn everything from the basics—download, resize, crop, transfer—to more advanced editing developments that can be applied to make scrapbooks or other projects. Prerequisite: basic computer skills. Sign up at Member Services.

Comedy, Mindreading and ESP Show!

April 19, 7:00 - 8:30 p.m., Diablo Ballroom Vista Club ~ \$10



Come out for comedic approach to tapping into the sixth sense! Mark Stone amazed Johnny Carson, Oprah and Regis Philbin when he appeared on their TV shows, and he promises to amaze you, too! Not only does Mark astound everyone with his uncanny abilities, he will keep you laughing throughout the show. Bring your favorite provisions to enjoy with the fun and

thought-provoking entertainment! Sign up at Member Services, Vista Club.

AARP Driver Safety Course

Saturday, April 20, 8 a.m. – 5 p.m., Sonoma Room, Vista Club
\$12 for AARP members and \$14 for non-members

The AARP Driver Safety Program is the nation's first and largest refresher course for drivers age 50 and older. It has helped millions of drivers remain safe on today's roads. The course is designed to help you:

- Tune up your driving skills and update your knowledge of the rules of the road.
- Learn about normal age-related physical changes, and how to adjust your driving to allow for these changes.
- Reduce your traffic violations, crashes, and chances for injuries.
- Qualify for a possible auto insurance premium reduction or discount. Policies vary, so please consult your insurance agent.

Trilogy resident Glen King is offering this eight-hour course in two, four-hour sessions (8 a.m. - noon, 1 – 5 p.m.). To register, contact Glen (3342) or grk59@frontiernet.net.

Dance Party Social with DJ Jose LaTorre

Saturday April 20, 7 – 9 p.m., Diablo Ballroom Vista Club ~ \$3 pp

DJ Jose will take requests for your favorite music! You can also bring your music CDs. Put on your dancing shoes, and bring friends along with your favorite beverage and snacks. Sign up at Member Services. For more information, call (4200).

Learn to Save A Life With CPR/AED & First Aid Instruction!

Thursday April 25, 9 a.m. – 1 p.m.

Diablo Ballroom Vista Club ~ \$60

It is good to know how to help someone in trouble, whether it is your spouse or grandchild. The class provides a two-year certification in CPR/AED & First Aid at a great value. Limited space. Sign up with Member Services by April 19 at the Vista Club. If you have questions, contact Anna Chunn (3560).

Las Vegas Show ~ Brian Hoffman's Tribute to Red Skelton at Trilogy

Saturday April 27, 7 p.m., Diablo Ballroom Vista Club ~ \$15 pp



Remembering Red is a show that takes you back to a time when things were a little less stressful, and where family values were first. Brian will take

you on a light-hearted trip down memory lane with Red's greatest jokes and some of his most well known characters including those two seagulls, Gertrude and Heathcliff, plus everyone's favorite dim-witted country bumpkin, Clem Kadiddlehopper. You'll laugh till it hurts! Bring refreshments for a great evening of entertainment. Sign up at Member Services.



Trilogy Community Garage Sale

Saturday, May 4, 9 a.m. – 3 p.m.

As they say, one man's trash is another's treasure. Be a part of the Community Garage Sale! Everyone can participate! Sellers, help buyers find your sale. Simply phone Member Services (4200) **prior to April 27** to provide your address so we can highlight your block on the community map. The map will be emailed to residents by May 3. It will be made available to visiting buyers at the Welcome Center the day of the sale. Copies will also be available at the Vista Club Saturday only. You do not have to be included on the map to sell. There are three points all sellers must follow:

1. Obtain a garage sale permit for \$1 from the City of Rio Vista, downtown at City Hall **prior to Friday, May 3**. This is a city requirement. City Hall is closed all Fridays and weekends.
2. Tie an inflated balloon from your mailbox or tree.
3. Open your garage door.

When you finish selling, remove the balloon and close your garage door. The sale is open to the public, advertised in the local papers, and flyers are distributed. Outside buyers will not be allowed through the gates until 9 a.m., and residents are asked to postpone their shopping until 9 a.m. in consideration of sellers setting up for the sale. The semi-annual garage sales have become enormously popular with almost half the residents either buying or selling. Some villages also use the event for fundraising. If you have questions, contact Member Services (4200) or email Debbie Dorn ddorn@actionlife.com.

Call to Action for Clubs and Groups

Submission of special event reservation forms is expected often before the room layout or other setup requests can be known. **Those details must be submitted at least three weeks prior to your event.** That will minimize chance for oversight and allow staff the best opportunity to support your event. Initial seating layout is based on the estimated attendance submitted for your event. The numbers can be adjusted anytime closer to your event date. Any requested setup change can be made by email. Please send changes to both Debbie Dorn ddorn@actionlife.com and Cheryl Lucas clucas@actionlife.com. Thank you!

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Assessment Notice

Association Assessments are published monthly on this page of *Trilogy Living*. This is an additional vehicle for checking your current assessment. Coupons will reflect the monthly assessment for those receiving them. Those on automatic withdrawal (ACH) may check their bank statements after the 5th of the month to see the amount taken out and all members may register at www.actionlife.com to monitor their accounts 24/7. If you have questions or need help registering online, please call the Administrative Office (4843).

Assessments for the month:

Master Association \$120.00

Master Association \$80.39

(Only for original residents (<100)
in a developer subsidy agreement)

Village I \$4.50

Village Oakmont \$4.50

Olympic Village \$4.20

Village Riviera \$4.50

Saddle Rock Village \$0
(None until dormancy ends)

Adult Committee

The Adult Committee met on Feb. 28, 2013. There were no items referred to the Master Board. The committee meets on the last Thursday of every month in the Delta Club at 1 p.m. All residents are encouraged to participate in these meetings. Your suggestions, comments, and/or questions can be given to any committee member, left at the HOA office, or voiced during the residents input segment of each meeting. The next meeting is April 25, 2013. For more information, contact Helen Bergoust at alhelenb@aol.com or (2436).

Village Riviera Board News

Village Riviera President Don Seyk announced that Warren Oglove, our Riviera Vice President, has resigned from our board because he was recently elected President of the Master Board. Dave Bewick has graciously accepted the open position on the Riviera Board and will join us at the next meeting on May 2.

The Architectural Review Committee (ARC) is again looking for people to join the group. If you have an interest in participating in a group that meets twice a month for an hour to discuss recent requests, contact Don Seyk. The current ARC is wondering why we don't have homeowners who wish to make any alterations to their exterior notify adjoining neighbors and those across the street. This would only be notification, not permission, but has worked well in Olympic, avoiding possible future issues. The HOA Office has agreed in the past to send out letters to neighbors if the homeowner did not want to knock on doors. The Riviera Board will discuss this issue at a future meeting.

Riviera Kare Bears will have a Bake Sale at the Craft Faire on Saturday, April 13. Please come out to the Craft Faire to support our crafts, people and artists, and buy some goodies to support our Riviera Kare Bears while browsing around.

Our next meeting of the Village Riviera Board is on May 2, 2013 at 6:30 p.m. at the Delta Club. If you have any questions, call Don Seyk at (6407).

FREE Shredding Service

It is that time again, the shredding truck will be in the parking lot near the tennis courts on Saturday, May 18th between the hours of 9:00 am and Noon. The shredding will take place on site. This service will be provided through Rio Vista Sanitation but will actually be done by Shred It. Once the truck is full no more materials will be accepted, so come early.

Meeting Calendar

Master Association Board Meeting

Tuesday, April 9, 7 p.m.
Diablo Ballroom, Vista Club

Council of Village Presidents

Monday, April 15, 10 a.m.
River Room, Delta Club

Vision Meeting

Thursday, April 18, 2 p.m.
Rio Vista Room, Delta Club

Saddle Rock Village Delegates Meeting

Thursday, April 18, 7 p.m.
River Room, Delta Club

Adult Committee Meeting

Thursday, April 25, 1 p.m.
Rio Vista Room, Delta Club



Olympic Village

This year's Famous OVRC Pasta Dinner is June 8, 2013 from 5 - 8:30 p.m. at the Delta Club. You'll be treated to a delicious pasta dinner cooked up by our own Al and Rhoda Sbranti and his loyal crew of assistant cooks. This is an annual event for all Trilogy residents hosted by the Olympic Village Residents' Club. Watch for more news next month and sign up early.

The March 20 OVRC "Wine-d Up" was in the planning stages as this article was written. During that evening, we revealed the plans for all of the 2013 events while OVRC members had a great time getting to know one another. We have a great time planning these events, so join the party! OVRC meetings are held on the third Wednesday of each month. Join us on April 17 from 7 - 9 p.m. in the Monterey Room at the Vista Club. At the April meeting, we'll put the final touches on plans for the Pasta Dinner and our ideas and energy are just what is needed to make this year's event the best ever.

For more information on these or other events (or if you want to volunteer), RSVP and offer ideas to Linda Jensen, OVRC President (5542). Watch for more news of meetings and planned activities in *Trilogy Living* and online at My Trilogy Life (MTL).

Oakmont Village

Our St. Patrick Pancake and Champagne Breakfast was a success. Trilogy residents and guests enjoyed a delicious meal with champagne and mimosas. Due to a little luck of the Irish, a few went home with a pocket full of green. Thank you to Cyndy Schroeder, our VP and Social Chair, and all of her volunteers for a wonderful job of organizing a great event. The decorations made everyone smile, especially since they had to get up an hour earlier. Our cooks, servers, bar attendants, and registration and raffle teams did a fantastic job. A big thank you goes to our friends and neighbors of Trilogy for their support.

Our next Social Committee meeting is on Wednesday, April 3 at 3 p.m. in the Monterey Room at the Vista Club. We will discuss our upcoming International Potluck on Sunday, June 9. Flyers for this event will be tubed in May. We welcome everyone to come to our meetings and look forward to hearing your ideas for making our events even better. For more information, call Cyndy (2480) or email ms2762@sbcglobal.net.

Saddle Rock Village



Forty-one residents braved the chill and attended our Feb. 21 meeting. The newest residents moved in just a week earlier! Ed Vitrano announced the selection of Noel O'Brien as Delegate and Kathi Bradley and Patty Kohn as village board members. We discussed requesting a one-time voluntary donation of \$10 per household to serve as seed money for the Residents' Club. We also suggested the establishment of a Fundraising Committee. Decisions on these issues will be reported next month. Following the St. Patrick's Day Celebration the Social Committee is now focused on our participation in the Fourth of July celebration and our block party in September.

There are many talented people in our village and we hope you will volunteer to participate as an officer, a committee chairperson, or a committee member. We are just getting started. Help us keep the momentum going. Contact Patty Kohn (2737) or (pfkohn@gmail.com). The next Residents' Club meeting is scheduled for May 16 at 7 p.m. at the Delta Club. All Saddle Rockers are welcome. Hope to see you there.

Village I

The VORC February Charity Crab Feed event was an enormous success. Total income approached \$7,000 from ticket sales, the raffle, and auction. Each of the two recipient organizations, the Center of Movement and the Rio Vista Senior Center's Meals on Wheels program, were presented with checks totaling \$1,090.95 each. The Rio Vista high school girl softball team members, who assisted as servers for the night, were rewarded with service fees and tips that totaled over \$1,000. This was a true Rio Vista event as all the money raised will stay in Rio Vista. Special thanks to everyone who participated in the event, especially the VORC volunteers who made it all happen. An extra special "thank you" is extended to Nancy Vickers for all her hard work and planning that went into the event.

The election on the 2013-2014 VORC board officers will take place at the Wednesday, April 10 quarterly membership meeting at 7:30 p.m. in the Delta Club River Room. All the board seats are open and available. This is your opportunity to get involved in the business and workings of the VORC Social Club. The election process is



facilitated by self nominations and a simple vote of the members in attendance. No politicking, just a desire to keep VORC functioning and to continue its community involvement. Plan to attend the April 10 meeting and make your thoughts known. Remember this is your club, make it work for you. For more information, contact any member of the outgoing board: Sandy Dehn (4764), Joe Downes (7520), Lynne Galletta (6079), Nancy Vickers (3946) or Naomi Walker (1465).

Village Riviera


Spring has sprung and that means it's time to visit New York. Well, for a day at least. So, gather your friends and join the residents of Village Riviera for this year's Ladies' Luncheon on Thursday, April 18. It is going to be a fun-filled day starting with shopping (is there any better way to start a day?), followed by a fashion show sponsored by Bellissima, great door prizes, champagne and an authentic New York style deli lunch catered by our own Chef George (who not only hails from New York, but trained at the Culinary Institute of America). The grand finale will be a spectacular dessert buffet. Once again, our handsome waiters will be catering to the ladies' every whim. Tickets

are \$28. Flyers are out and reservations, accompanied by a check, will be taken in person on Saturday, April 6 at 10 a.m. at the Delta Club. Remember to get there early. Seating is limited and reservations go fast.

Our annual Sock Hop is back by popular demand, taking place Saturday, June 15. Who doesn't enjoy reliving the good ol' days? Have the 50s and 60s really now become the "good ol' days"? Don yourselves in period attire and be prepared for an evening of fun and games.

This year we will dance the night away to golden oldies performed live by Solid Gold. We would love to add some more high school photos to our Sock Hop slide show. Please submit them to MaureenTalbot@gmail.com along with your name and date. Tickets go on sale 30 days in advance. Look for flyers in early May.

Mark your calendars for other Riviera events coming later this year. The Treasure Hunt is on July 13, Bunco and Beans is on September 7, Wine Event is on October 26 and of course, our Black and White Holiday Affair is on December 14. We are always looking for new folks to join our committee. We have a great group, and planning our amazing events is so much fun. Why not join us. For more information, contact Coralie Leder at coralie.leder@gmail.com.



Get Revved Up!
Classic Car Show

Come take a stroll down Memory Lane at our Car Show. Afterwards take a tour and indulge in delicious refreshments. It's a great way to enjoy a relaxing afternoon and to see why so many people call our community 'home.'

Saturday, April 13
10 a.m. - 2 p.m.

Meet special guest, Clint Darmstead,
inventor of the Model T Wheel.

Complimentary admission and refreshments

For more information,
call (925) 240-0733.



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TRIPS AND TOURS

All trips are operated by an outside company and are not associated with Trilogy Rio Vista Master Association. Trilogy Rio Vista Master Association is not liable for any trips or tours.



**Ethel Ott
(Cupcake)
and
Eileen Griffin
(Twinkie)**

**May 11, Golden Gate Fields
Turf Club, \$59/pp**

Special "Stakes Races" at Golden Gate Fields where Kentucky Derby-class thoroughbreds are featured to run. The cost includes transportation, a buffet luncheon, a racing program and great seating in the Turf Club.

**June 8, Date Night -
Red Hawk, \$30/pp**

Carmen Martinez & Ethel have joined forces and will be taking two buses to Red Hawk for an

evening of fun, fine dining and live entertainment. So grab your-favorite partner and join the gals for this festive night out. Everyone will receive a \$15 bonus package.

**June 12, Sweet Summer's
Day, CANCELED**

**June 29, Sweet Summer's Day
\$115/pp**

Guided tour, wine tasting and gourmet luncheon at the fabulous Ironstone Vineyards in Murphys. Then travel to the quaint town of Columbia for a live, toe-tapping performance of the award winning musical "Oklahoma."

**July 3, A's Baseball Game
& Fireworks, \$72/pp**

We'll enjoy great seating between home plate and first base, receive

a \$10 food coupon to use in Plaza Court at your choice of restaurants, and watch an awesome fireworks display after the game!

July 25, Black Oak Casino, \$30/pp

We'll see a movie on the way to the casino. You will have 4-5 hours of "Stay and Play," and receive a \$15 bonus package upon arrival.

Mark your calendars for:

August 23, Special San Francisco Day with Craig Smith, \$ TBA

**For further information or sign-ups
Call Ethel (7548) or Eileen (2684)**

Call Carmen (3259) for June 1 trip only



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Wednesday May 22nd

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The Golf Club at Rio Vista - The Nines Restaurant

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Family and Friends Welcome



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By Kathy Erwin,
Fitness & Spa Director

As of April 1, 2013 Fitness Punch Card prices:

"New" 30 punch card = \$95

20 punch card = \$65

10 punch card = \$35

Payment by check only. Make out to TRVMA.

No refunds or replacements.

Available at Member Services



Available for Purchase April 1 – 30, 2013
(Redeemable anytime before December 31, 2013)

Relax, Rejuvenate and Enjoy!

Nothing helps to relax your body, renew your spirit and restore your sense of well being quite like one of our customized spa packages. Whether you're looking for rejuvenation for yourself—or the perfect gift for that special someone—you'll find just the right package here.



Start your fitness program with a personalized ROM (Range of Motion) appointment with one of our personal trainers, Susan or Bev, to make sure you are properly set up for an effective and safe workout. A Range of Motion requires a one-time \$20 fee. You'll have one-on-one with your trainer, and once you are set up, the strength training machines will remember your settings and track your workouts.

Upcoming new member

Fitness Orientations:

Saturday, April 20 at 11:00 am

Let's Move Contest!

Registration

Name: _____

Phone: _____

Each participant will receive 12 Biggest Mover Cards with 5 punches on each.

By participating you are committing to take as many classes as you wish within a 12-week period.

For every Group X class you participate in (all classes are included in the contest) you earn 1 punch.

When your card is full, drop it off in the box at the Member Services desk. You may enter as many full cards as you wish throughout the 12 weeks (12 card maximum) No replacement cards for lost cards. At the end of 12 weeks, you could be crowned The Biggest Mover!

First Prize: (\$100 value package)

Select any combination:

Fitness Punch Card, Trilogy Spa Gift Certificate & Favorite Restaurant Gift Certificate

Second Prize: (\$75 value package)

Select any combination

Fitness Punch Card and/or Spa Gift Certificate

Third prize: (\$65 value package)

\$65 Punch Card or \$35 punch card and (30 minute) Head Neck & Back or Deep Tissue Massage

Fourth prize: (\$50 value package)

\$35 Fitness Punch Card & \$15 Gift Card

Fifth prize: (\$35 value package)

\$35 Fitness Punch Card or 30 minute HNB/DT Massage

Contest runs April 1st – June 22nd 2013

For More Information contact Kathy Erwin 374-4205

Spring Gift & Art Fair

Saturday, April 13, 2013

Trilogy at Rio Vista

10 a.m. - 3 p.m., Vista Club

FREE

Peruse various treasures with your friends & neighbors ~ Ruffled Prizes ~ Entertainment Featuring 3JB Jazz Quartet 11 a.m. – 2 p.m.

*Interested in selling
your handmade or new items?*

Tables are \$30 for members (two-table limit) register by March 29, or while space is available.. Each vendor donates a prize for the raffle prior to 10 a.m. All raffle proceeds benefit Meals on Wheels. Drawings are held throughout the event. Sign up at Vista Club's Member Services to rent a table and select your preferred position. This event is advertised in area newspapers open to the public.

Call 707-374-4200 for more information.

He amazed
Johnny Carson, Oprah
and Regis Philbin when he
appeared on their shows,
and he promises to amaze
you, too! You don't want to
miss this show!

Friday, April 19

Diablo Ballroom
Vista Club

7:00 — 8:30pm

*Doors Open
6:00pm*

COMEDY MINDREADING AND ESP SHOW

Mark Stone's MENTALMANIA is the funniest mindreading and E.S.P. show in America today. Mark never fails to astound audience members with his ability to read minds, make predictions, and "see" with his fingertips while blindfolded. He leaves audiences shaking their heads in disbelief when he demonstrates super memory, clairvoyance, and telekinesis. Not only does Mark amaze every one with his uncanny abilities, he keeps the audience laughing throughout the show.

It's a fun and thought-provoking entertainment experience.



**Mentalist
Mark Stone**

Sign up at Member Services \$10 pp ~ Bring Your Own Provisions



Four Part Harmony Comes to Rio Vista

The West Valley Chorus, a Men's four part a cappella Chorus from the Davis/Vacaville area, presents vocal music to "Celebrate Great American Composers" on Saturday, April 13, 2013 at 2 p.m. at the Lena Emigh Creative Arts Center located at the First Congregational Church, 230 Sacramento Street, Rio Vista, CA. A \$10 donation is requested. Tickets will be available from Delta Pharmacy or at the door on the day of the show.

Community Mediation

A new community mediation service, Rio Vista Bridge, will offer services as a project of Rio Vista Community Services. All Trilogy residents are invited April 11, at 5:30 p.m. to the Rio Vista Fire Department community room, 350 Main Street for a buffet with a short program and Q&A session. Learn how Rio Vista Bridge can help build a more peaceful and healthy community. For more information, call Rio Vista Bridge at (2088).

Disaster Preparedness Committee

One of the many goals of the Disaster Preparedness Committee is to identify ways in which committee members can assist Trilogy residents in being better prepared to endure and minimize consequences of a disaster. Preparedness refers to special activities we do prior to an emergency, preparing us to respond to and recover from an emergency. This includes developing plans and procedures, maintaining prevention programs, managing resources, training people, and educating the community. Committee Chair Alan Levine is training members of the committee on cardiopulmonary resuscitation (CPR), First Aid, and Automatic External Defibrillator (AED). We encourage Trilogy community residents to become certified on these life-saving techniques. For more information, contact Alan at (707) 718-7907. The Committee meets on the first and third Thursday of each month from 11 a.m. - 12 p.m. in the Delta Club River Room. Preparing today will minimize the effects of a disaster tomorrow!

Glaucoma Support & Resource Group

Have you been tested? Do you know what tests to ask about? Did you know there is more than one type of glaucoma and each is treated differently? It is important to understand the ins and outs of living with glaucoma. If you want to become more informed about saving your

eyesight, join our group. If you, or someone you know has been diagnosed with this disease, contact Kathy Qualls at kathyqualls@frontier.com or (5859).

Garden Railroad Seeks Volunteers

If you enjoy being outdoors and have some spare hours to volunteer, the Garden Railroad might be right for you. On its fifth year, the Garden Railroad has volunteers who pick their own days, hours, and what they would like to do in the garden. Whether it's pulling weeds, trimming dead heading, going to nurseries, or planting, the reward is sitting back and looking at the flowers, perhaps watching a train or two go by. We always meet new people and make new friends. For more information, call Cynthia at (3477).

TOPS

We hope you all had a happy St. Patrick's Day and a blessed Easter! Spring is just around the corner and it's time to break out the swim trunks and bikinis. We are all striving to take off those extra pounds that seem to attach themselves to our bodies during the winter months. We're doing so by Taking Pounds Off Sensibly. We have a great and friendly gang in our chapter that meets at the Delta Club every Wednesday at 8 a.m. So, join us all you gals and guys at Trilogy. For more information, call Leader Minnie Howell at (5786) or Co-leader Peggy Smith at (1366). We will have installation of new officers at our luncheon this month. Looking forward to a great year.



Trilogy Jazz Band



Congratulations and thank you to everyone who made this year's "Music of the Night" show a rousing success! Special applause goes to show producer/director Debby DuBrow and music director Jim Lucas for their superb leadership and tireless work. Jim wrote custom 16-piece band arrangements for the majority of the numbers performed. He also conducted, played an instrument, and sang in most of them. These tremendous accomplishments were possible because of Jim's many talents and his lifetime of musical experience. Debby and Jim presided with patience and encouragement over many rehearsals, and all the performers put forth their very best efforts. All of the



supporting people (who took care of ticket sales, check-ins, refreshments, costume making, lights, sound, scenery, etc.) did a fine job and helped to make each evening a success.

If you play a band instrument and are interested in being part of the Jazz Band, contact the band's music director Jim Lucas (7567). We encourage everyone with experience on any band instrument to call and learn about this opportunity for music and fun. Full-band rehearsals are held in the Vista Club Diablo Ballroom most Wednesday afternoons, 2:30 – 5 p.m. following vocal and combo practice at 1:30 p.m. Observers are welcome. For more information, contact Jim Lucas (7567) or Marti Rogers (6859).

“Small Project” Woodcarving Group

This group is seeking others interested in gathering weekly at the Delta Club:

- Anyone – beginner to expert levels welcome
- Work on your own small projects
- Guidance provided
- Share and learn from each other
- Camaraderie, tips, ideas, patterns

Your own small hand tools and a couple other items are required. This is an easy and inexpensive start-up hobby! Sample projects are available for newcomers to generate ideas! Call John (5730) if you are interested.

World Religions Study Group

Are you interested in learning about the major religions of the world? If so, you are invited to join others like you in a World Religions Study Group. The startup meetings will be held the first Tuesdays of April 2 and May 7, at 6:30 p.m. at the Vista Club in Monterey Room. The study group will be nondenominational and will focus on the similarity of beliefs between the various religions. It will be open to all who have a desire to learn about the tenets of religions practiced by believers in the world today. The study group will be conducted as an unbiased, open meeting, and will not be a forum for recruiting or converting participants to any specific belief system. The mission is to open our minds and hearts in order to understand the beliefs on which religions are based. For more information, contact Barbara Bellamy at (303) 898-9279 or bjunebell@comcast.net; or Don Cooper (510) 909-5049 or Don.Cooper5@gmail.com.

Thank You

Well, they did it again! The 2013 Princess Ball was a huge success for all who attended! Many thanks go to Rio Vista's Lions Club, Soroptimists, Radio Rio DJ, everyone else who made this event so memorable.

Held on March 9 at St. Joseph's Hall on 4th Street, the event hosted many attendees including dads, grandpas, brothers, and uncles for girls ages 5 - 13. Our two sons and their 10-year-old daughters (our granddaughters) enjoyed a delectable dinner, great danceable music, and many surprises! One of our son's daughters received a surprise love note in a special card from her daddy. The other daughter received a surprise when her daddy was handed a note on the dance floor by the Radio Rio DJ that said, "Selected for Best Dad Award." Thank you for strengthening our families' relationships with each other.

Gratefully, Dennis and Celeste Bond, Grandparents

"What can you do to promote world peace? Go home and love your family."

— Mother Theresa



Kare Bears is a group of Trilogy residents organized with the goal of reaching out to our Trilogy neighbors in their time of need due to sorrow, sickness, loss of a family member or other life challenges. We have many volunteers to help, be it a phone call, visit, a hot meal, a lift to a doctor's appointment, assistance in searching for social services outside of Trilogy, or just plain tender loving care. We have divided Trilogy into sections with area coordinators for each section. Please contact your area coordinator if a need arises, either for yourself, or any other Trilogy resident. Your coordinator will contact the volunteer committee best suited to help with your problem.



FAMILY SUPPORT COMMITTEE

The Family Support Committee organizes memorial services for family members who incur the loss of a Trilogy member. For more information, please call Chairperson Claudette Gartner (707) 439-6116, xbirdlady@myifp.com, Coordinator Barbara Sherison (6845) or Betty Bowley (5613).

Village Oakmont

With new officers in place, the Oakmont Kare Bears are busily making plans for a year filled with fun and exciting events. Kare Bears are a group of Trilogy residents dedicated to helping neighbors in need due to sickness, loss of a loved one, or other challenges. If you know of any of your Oakmont neighbors in need, or if you need any information regarding Kare Bears, call Marti (6859), Kathy (2969), or Ruth (0777). Anyone living in Oakmont Village is encouraged to join us and share any ideas you may have for future events. Our next meeting is Wednesday, April 10, at 10:30 at the Delta Club. Come early and enjoy coffee and goodies.

Village Riviera

Most of us are familiar with the old adage that April showers bring May flowers, which is merely pointing out the fact that water is an ingredient necessary for plants to grow. We would like to introduce a new concept following the same vein of thought, "April fundraisers bring future Kare Bears care to those in need." In spite of the generosity of our volunteers, additional funding is a necessary ingredient for our services to grow and flourish. Our fundraiser is in the form of a bake sale, which will take place concurrently with the Craft Fair, held on Saturday, April 13 in the Vista Club starting at 10 a.m. Please take this opportunity to assist your neighbors, or possibly yourself, by supporting this endeavor. Aside from garnering the intrinsic value inherent in helping others, you will receive instant gratification in the form of melt-in-your-mouth goodness home-baked treats. All good deeds should be so well rewarded! For further edification, attend our next gathering on Monday, April 8 at 10 a.m. in the Delta Club. Please address queries to Myra at (3660) or Valerie at (6942).

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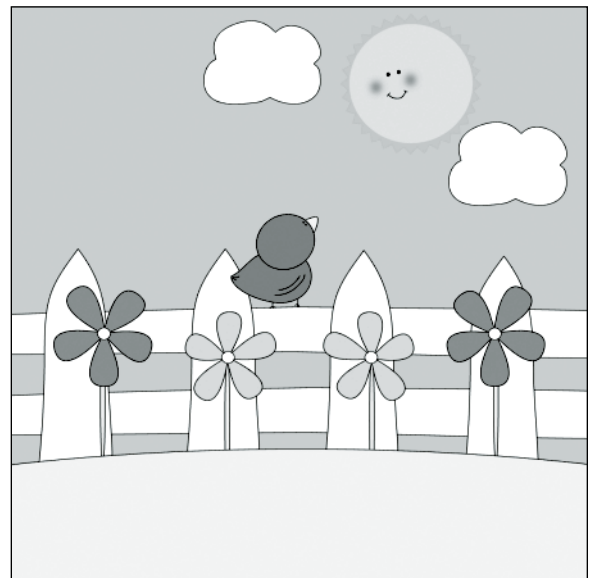
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Trilogy Living

Fitness Class Schedule for April 2013

New Trilogy Fitness Punch Card Choices: All classes require one of three card choices either a 30 Punch for \$95, a 20 punch for \$65, or a 10 punch for \$35. Each class requires one punch. Get your cards at Member Services. Call Fitness & Spa Director Kathy Erwin at (4205) if you have questions. All classes are held in the Vista Group Exercise Studio unless otherwise noted. Last Month’s Punch Card Raffle Winner: **Nancy Burns**

April Fitness Orientations: Saturday, April 20, 11 a.m.

If you plan to make a (ROM) Range of Motion appointment for a later date, please bring a \$20 check with you to the orientation. Thank you!

Bev Shilich has been on medical leave. Please check Group Ex Studio for updates to her return. If she is not back teaching, then her 11 a.m. - 12 p.m. T & Th classes will be taught by Deanna in her absence, and her 1 - 2 p.m. classes will remain on hold until her return.

Key
Bold = New/Change
(B)eginning
(I)ntermediate
(A)dvanced

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|--|---|---|
| 1 7:30-8:30am Step Aerobics (B/I/A) Pat 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 9:30-10:30am Wake-up and Move (B/I) (RV) Anna 9:45-10:30am Core Balance and Standing Abs (B/I) (GX) Sophie 10-11am Aqua Fit (B) (VP) Denise 10-11am Meditation Breathing (B) (DB) Deanna 10:30 -11:45am ZUMBA Power (B/I) (GX) Sophie 11:45-12:45pm Intro to ZUMBA (B/I) (GX) Sophie 6:30-7:30pm Yoga/Pilates (B/I) (DB) Deanna | 2 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Simply Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-11am Qi Dance (B/I/A) (GX) Joele 11-12pm Arthritis Program (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 3-4pm Advanced Aqua (B/I/A) (VP) Kathy | 3 7-8am Early Yoga (B) (DB) Tammy 7:30-8:30am Low Impact (B/I) (GX) Pat 8:30-9:30am WOW-TABATA-BOOM (B/I) (GX) Pat 8-9am Back To Basics Yoga (B/I) (DB) Tammy 9:30-10:30am Wake-up and Move (B/I) (RV) Anna 9:30-11am Qi Dance Plus (B/I/A) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 1-2pm Adaptive Fitness Workout (B) (GX) Deanna (new time & name) | 4 7:30-8:30am Body Works (B/I/A) (GX) Kathy 9-10am Simply Stretch (B/I) (DB) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9-10am Advanced Aqua (B/I/A) (VP) Kathy 10-11am Aqua Fit (B) (VP) Denise 10-11am Qi Dance (B/I/A) (GX) Joele 11-12pm Arthritis Program (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/I) (DB) Tammy 3-4pm Aqua Movement (B) Vista Pool Kathy | 5 7-8am Early Yoga (B) (DB) Tammy 7:30-8:30am Step Aerobics (B/I/A) Pat 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Wake Up & Move (B/I) (GX) Anna 9:30-10:30am Aqua Fit (B) (VP) Denise 9:45-10:30am Core Balance and Standing Abs (B) (GX) Sophie 10:30-11:45am ZUMBA Power (B/I) (GX) Sophie 11:45-12:45pm Intro to ZUMBA (B/I) (GX) Sophie | 6 8:30-9:30am Step Aerobics (B/I/A) (GX) Pat 11-12:15pm ZUMBA (B/I) (GX) Sophie/Lisa 12:15-12:45pm Pilates/Stretch (B/I) (GX) Sophie/Lisa |
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TrilogyLiving

April 2013 Club and Activity Calendar

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|--|---|---|---|
| | 1 8am Social Tennis 9:30am Walk & Talk (V) 12pm Open Painting (D) 1pm Mah Jongg (V) 1pm Rip, Stitch & Bitch (V) 3pm Village Oakmont Arch. Com. (D) 3pm Guitar Club (V) 3:15pm TAG Mtg. (V) 6pm Soul Line Dancing (D) 7pm Poker (D) | 2 8am Social Tennis 8:30am Radio Club (V) 9:30am Women's 9-Hole Golf 10:30am Country Line Dancing (D) 11:30am Golf – TRVMEN 9-Hole 12pm Beginning Watercolor Class (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dominoes (D) 2pm Stroke / Head Injury Support Group (V) 3:30pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai Chi & Yuan Chi Dance (V) 6:30pm World Religions Study Group (V) 7pm Drama Club Rehearsal (D) | 3 8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 12:30pm Fat Quarters Quilting (D) 12:30pm Jazz Band (V) 1pm Village Riviera Arch. Com. Mtg. (D) 2pm Bergren Art (D) 2pm Card Making Class (D) 3pm Village Oakmont RC Social Com. Mtg. (V) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 7pm Billiards Club Member Mtg. (V) | 4 8am Social Tennis 8:30am Golf – Women's 18-Hole 9:30am Ceramics (D) 11am Triage Team (D) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 2pm Genealogy Club (V) 5pm Cycling Club (V) 5pm Tai Chi & Yuan Chi Dance (V) 5pm Table Tennis (D) 6:30pm Pinochle (V) 7pm Photography Club (V) | 5 8am Social Tennis 9am Model Club (V) 9am Village 1 Arch. Com. Mtg. (V) 9:30am Walk & Talk (V) 10:30am Country Line Dancing (D) 12pm Bridge (V) 12pm Advanced Watercolor Painting (D) 1pm Kare Bear Planning Mtg. (V) 4pm Ballroom Dance Lessons – Beginner (V) 5pm Ballroom Dance Lessons – Advanced (V) 6:30pm Joy Luck Mah Jongg (V) | 6 8:30am Hiking Club Mtg. (V) 10am Riviera Luncheon Sign-ups (D) 6pm Drama Club Pasta Feed (D) |
| 7 10am – 3pm Farmer's Market (D) | 8 8am Social Tennis 9:30am Walk & Talk (V) 10am Kare Bears – Village Riviera (D) 12pm Open Painting (D) 12:15pm Duplicate Bridge (V) 1pm Rip, Stitch & Bitch (V) 6pm Soul Line Dancing (D) 7pm Poker (D) | 9 8am Social Tennis 8:30am Radio Club (V) 9:30am Women's 9-Hole Golf 10:30am Country Line Dancing (D) 10:30am Book Club (V) 11:30am Golf – TRVMEN 9-Hole 12pm Recipe Club (D) 12pm Beginning Watercolor Class (D) 12:15pm Hand & Foot Canasta (V) 3:30pm Table Tennis (D) 4pm Table Tennis Membership Mtg. (D) 5pm Billiards Club Tournament (V) 5pm Tai Chi & Yuan Chi Dance (V) 6pm Grapevine Chat (V) 7pm Master Association Board Mtg. (V) 7pm Drama Club Rehearsal (D) | 10 8am Social Tennis 8am TOPS (D) 9am Olympic Village Arch. Com. Mtg. (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 10am Kare Bears – Village Oakmont (D) 12:30pm Fat Quarters Quilting (D) 12:30pm Jazz Band (V) 2pm Bergren Art (D) 2pm Card Making Class (D) 4pm Sr. Men's Golf Tournament Planning Mtg. (V) 4:30pm Table Tennis (D) 5:30 pm Delta Harmony Rehearsal (V) 6:30pm Nature Club (V) 7:30pm Village 1 RC Mtg. (D) 7:30pm VORC Mtg. (D) | 11 8am Social Tennis 8:30am Golf – Women's 18-Hole 9am Blood Pressure Check (D) 9:30am Ceramics (D) 10am Council for the Arts (V) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 2:45pm Disaster Preparedness (V) 4pm Golf – Sr. Men's Board Mtg. (D) 5pm Table Tennis (D) 5pm Tai Chi & Yuan Chi Dance (V) 6:30pm Pinochle (V) | 12 8am Social Tennis 9:30am Walk & Talk (V) 10:30am Country Line Dancing (D) 12pm Bridge (V) 12pm Advanced Watercolor Painting (D) 4pm Ballroom Dance Lessons – Beginner (V) 5pm Ballroom Dance Lessons – Advanced (V) 7pm Bunco (D) | 13 8:30am Hiking Club Mtg. (V) 9am Table Tennis (D) 10am – 3pm Gift, Craft & Art Faire (V) 11am – 2pm Music in GLR (V) 7pm Poker – Open (D) |
| 14 7pm Dance Club Event (V) | 15 Tax Day! 8am Social Tennis 9:30am Walk & Talk (V) 10am Council of Village Presidents (D) 12pm Open Painting (D) 1pm Rip, Stitch & Bitch (V) 1pm Mah Jongg (V) 3pm Village Oakmont Arch. Com. Mtg. (D) 3pm Guitar Club (V) 6pm Soul Line Dancing (D) 7pm Poker (D) 7pm Fishing Club (D) | 16 8am Social Tennis 8:30am Radio Club (V) 9:30am Golf – Women's 9-Hole 10:30am Country Line Dancing (D) 11:30am Golf – TRVMEN 9-Hole 12pm Dr. Caban (V) 12pm Beginning Watercolor Painting (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dominoes (V) 2pm Nature Club Workshop (V) 3:30pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai Chi & Yuan Chi Dance (V) 7pm Computer Club (V) 7pm Drama Club Rehearsal (D) | 17 8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 12:30pm Fat Quarters Quilting (D) 12:30pm Jazz Band (V) 1pm Village Riviera Arch. Com. Mtg. (D) 2pm Bergren Art (D) 2pm Card Making Class (D) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 7pm Olympic Village RC Mtg. (V) | 18 8am Social Tennis 8:30am Golf – Women's 18-Hole 9:30am Ceramics (D) 11am Triage Team (D) 11am Village Riviera RC Ladies Luncheon (V) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 2pm Genealogy Workshop (V) 2pm TRVMA Vision Mtg. (D) 4pm Golf – Sr. Men's Mtg. (D) 5pm Table Tennis (D) 5pm Tai Chi & Yuan Chi Dance (V) 6:30pm Pinochle (V) 7pm Village Riviera RC Mtg. (V) 7pm Saddle Rock Delegates' Mtg. (D) | 19 8am Social Tennis 9am Village 1 Arch. Com. Mtg. (D) 9:30am Walk & Talk (V) 10:30am Country Line Dancing (D) 12pm Bridge (V) 12pm Advanced Watercolor Painting (D) 4pm Ballroom Dance Lessons – Beginner (V) 5pm Ballroom Dance Lessons – Advanced (V) 6:30pm Joy Luck Mah Jongg (V) 7pm Whist Club (D) 7pm Comedy Night – Mentalist Mark Stone (V) | 20 8am – 4pm AARP Driver Safety Course 8:30am Hiking Club (V) 9am Table Tennis (D) 7pm DJ Dance Party Social (V) |
| 21 | 22 8am Social Tennis 9:30am Walk & Talk (V) 12pm Opening Painting (D) 1pm Rip, Stitch & Bitch (V) 1pm Mah Jongg (V) 6pm Soul Line Dancing (D) 7pm Poker (D) | 23 8am Social Tennis 8:30am Radio Club (V) 9:30am Golf – Women's 9-Hole 10am Computer Class: Beginning Photo Processing (V) 10:30am Country Line Dancing (D) 11:30am Golf – TRVMEN 9-Hole 12pm Beginning Watercolor Painting (D) 12:15pm Hand & Foot Canasta (V) 1:30pm Dog Club (D) 3:30pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai Chi & Yuan Chi Dance (V) 5pm Grapevine Chat (V) 7pm Computer Class: Beginning Photo Processing (V) 7pm Drama Club Rehearsal (D) | 24 8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 10am Olympic Village Arch. Com. Mtg. (D) 12:30pm Fat Quarters Quilting (D) 12:30pm Jazz Band (V) 2pm Bergren Art (D) 2pm Card Making Class (D) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) | 25 8am Social Tennis 8:30am Golf – Women's 18-Hole 9am – 1:30pm CPR/AED/ 1st Aid Training (V) 9:30am Ceramics (D) 12:15pm Ponytail Canasta (V) 1pm Adult Committee (D) 1pm Good Samaritans (D) 5pm Table Tennis (D) 5pm Tai Chi & Yuan Chi Dance (V) 6:30pm Pinochle (V) 7pm Theater Group (V) 7pm Writers Club (D) | 26 8am Social Tennis 9:30pm Tennis Club Mtg. (D) 9:30am Walk & Talk (V) 10:30am Country Line Dancing (D) 12pm Bridge (V) 12pm Advanced Watercolor Painting (D) 4pm Ballroom Dance Lessons – Beginner (V) 5pm Ballroom Dance Lessons – Advanced (V) 7pm Bingo (D) | 27 8:30am Hiking Club (V) 11am Table Tennis (D) 7pm Concert: Red Skelton Tribute (V) |
| 28 | 29 8am Social Tennis 9:30am Walk & Talk (V) 12pm Opening Painting (D) 1pm Rip, Stitch & Bitch (V) 1pm Mah Jongg (V) 3pm Village Oakmont Arch. Com. Mtg. (D) 6pm Soul Line Dancing (D) 7pm Poker (D) | 30 8am Social Tennis 8:30am Radio Club (V) 9:30am Golf – Women's 9-Hole 10:30am Country Line Dancing (D) 11:30am Golf – TRVMEN 9-Hole 12pm Beginning Watercolor Painting (D) 12:15pm Hand & Foot Canasta (V) 3:30pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai Chi & Yuan Chi Dance (V) 7pm Drama Club Meeting & Rehearsal (D) 7pm Travel Discovery – Awe Inspiring China (V) | | | | |

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Sun 9:00-4:00

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Ceramics Club



Finished rabbit, painted plaid mug, and saucer set.

We are continually chatting about new and interesting subjects each week. We share jokes and learned all about turkeys. We sometimes get distracted by the ducks and geese on the golf course. We talk about our pets, our families, and

our dreams. We do all of this while we put layers of paint on our different projects. Right now, many members are working on garden art pieces. Come and see what we are doing and join in. We meet every Thursday morning from 9:30 a.m. - 12 p.m. in the Marina Room at the Delta Club. For more information, call Ann at (5122).

Council for the Arts



Have you seen these people?

Both were performers in the 2013 Music of the Night production.

The community has "Moments to Remember" thanks to the 2013 "Music of the Night" production in March. Congratulations to Debby DuBrow and the cast of very talented Trilogy residents. Thank you to Jim Lucas and the Trilogy Jazz Band for the wonderful music. Special thanks to the Trilogy Art Guild for all their help with scenery. Thanks to all the people who made this year's production so special. Once again, the Council for the Arts has proven that "Trilogy has Talent!"

Drama Club

It's time to make your reservation for the Pasta Feed on April 6, 2013 at the Delta Club. See the current *Trilogy Living* for reservation forms and details. Forms are also available at both clubs. Bring a beverage and your appetite. Doors open at 6 p.m. and dinner is served at 7 p.m. The Pasta Feed is family style dining, so there's room for lots of family and

friends. We always have a good time at this event.

The April Pasta Feed is the fundraiser that allows the Drama Club to bring you the fun and laughter of productions like *Foible Follies* (coming in August.) There will be no shortage of foolishness or folly among these characters, for sure. The Drama Club meets the last Tuesday of the month at the Delta Club in the Marina Room at 7 p.m. For more information, contact Debby Debrow at (6706).

Fat Quarter Quilters

Join our group to work on your own quilting project in a group setting. You'll meet new friends, share ideas, and get help with your projects. We meet every Wednesday from 12:30 - 4 p.m. at the Delta Club. There are no dues or fees. For more information, contact Esther Young (2639).

Trilogy Art Guild for Artists

Our March meeting was held in the Monterey Room at the Vista Club where we have our artist's gallery. After our meeting, Michael Bouyer, who was our featured artist, described the story behind each piece and how he manipulated the pictures to make each one a piece of art. We will have our meetings in the gallery from time to time to learn more about the featured artist and how their art is created. Our current artist is Ann Jacobs. Stop by the gallery to see her work. We will have a reception for her on April 1 at 3:30 p.m. in the Monterey Room. Ann's work is mix media, collage, and assemblage.

Members and guests are invited to attend our meetings, which are on the first Monday of the month at 2 p.m. at the Delta Club Marina Room. Membership is \$15 for the year, Jan - Dec. Artists, start working on those masterpieces for the Juried Art Show in August. Plans are being made now so if you want to be on a committee, contact Anna Chunn (3560). For more information, contact Alma (3064) or Patty (3510). Stay creative!

Trilogy Theater Group

We hope you enjoyed our recent performances of *Dearly Departed* as much as we enjoyed performing for you. Maybe you enjoyed it so much that you'd like to join us as we plan our next theatrical endeavor. Fantastic! Our next meeting is scheduled for Thursday, April 25 at 7 p.m. in the Monterey Room of the Vista Club. All those who are interested in any aspect of production and performance are welcome. Experience is helpful but not necessary. The only requirement is a desire to have fun while working with others to present an entertaining experience for our audiences. Come to the meeting to find out what we'll be doing next. We look forward to you joining us and adding to the fun. For further information, contact Louise at (3541).

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Trilogy's Waterfall



Billiards Club

The next Billiards Club meeting is on Wednesday, April 3, at 7 p.m. in the Monterey Room at the Vista Club. Tuesday Evening's tournament start times are 5 p.m. The first and third Tuesdays the format is 8-ball round robin with no handicaps for B players. The second Tuesday of the month the format is handicap 9-ball with a round robin format. In order to get a win, a player must beat his opponent two out of three games. The club has again made a list of B players and for that Tuesday evening the B players will get a one-game handicap while playing an A player. The B player only needs one win in three games while competing against an A player. The format for the fourth Tuesday is 8-ball and the club will split the tournament into A & B players. There will be a first and second place winner in each group. The fifth Tuesday is 9-ball with no handicap for B players.

Officers: President Al Bergoust, Vice President Richard Garcia, Treasurer Jack Clark, Secretary Dallas Salomon, and Membership Chairman Dave Stewart.

Latest weekly tournament winners:

Feb. 5, 8-Ball Feb. 12, Handicap 9-Ball

| | |
|-------------------------------|-------------------------------|
| 1 st Oscar Grissom | 1 st Jim Neill |
| 2 nd Dave Stewart | 2 nd Neil Brodhead |
| 3 rd Ben Bautista | 3 rd Geno Toscano |

Feb. 19, 8-Ball

1st Larry Meers
2nd Oscar Grissom
3rd Joe Mattos
4th Al Bergoust

Feb. 26, 8-Ball A & B

| A Division | B Division |
|------------------------------|-------------------------------|
| 1 st Dave Stewart | 1 st Joe Mattos |
| 2 nd Chuck Lebye | 2 nd Diego Cassone |

For more information regarding the Billiards Club, contact Oscar Grissom at crpnrboy@aol.com.

Bingo



Spring into action and win some money. The more people at Bingo, the more money given in payouts! Mark your calendar for the fourth Friday of the month (April 26) for Bingo at the Delta Club. Games begin promptly at 7 p.m. Buy-in for each person is \$10 for

12 games. We have one early bird special: one card for \$1 and an extra blackout card for \$1. The prize money for each game is \$50 and the blackout prize is \$250. Bring a friend and have an enjoyable night out. For more information, call Irene (6999).

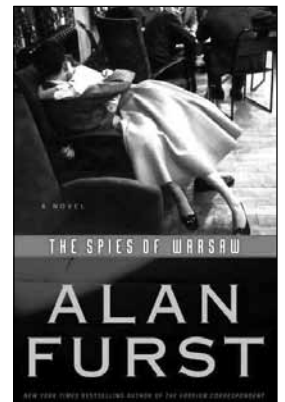
Bocce Club

Over 120 residents attended the March 2 bocce sign-up and business meeting. It looks like we will have at least 36 teams for 2013 with 16 teams playing in the morning and 20 teams playing at night. The actual membership will exceed 400 residents; 39 new members signed up. The tempo of the meeting was positive and upbeat. Some of the items discussed included the various club socials, a formal playoff format, the continuation of the one-day self-funding tournament concept, the need for additional bocce courts, and the use of the new BBQ stations at the Summerset courts. Opening day festivities are being planned for both leagues as the first formal club use of the BBQs.

The dues for 2013 remain \$25 per player for both leagues. Please pay your captain by April 1. Training sessions for new players is scheduled for early April. Formal league play begins in mid-April. A notice will be posted at the Summerset bulletin board, circulated by email to all captains, placed on the mytrilogylife.com website under the heading "Clubs," and located on the Trilogy Bocce Club page. We have adopted the cascading approach to communicating; therefore, we ask the captains to copy all team members on club email messages. Remember, as we start the 2013 season "to roll often, throw straight and have fun, that's what it's all about." For more information, contact Joe Downes (7520).

Book Club

The Book Club meets the second Tuesday of each month at 10:30 a.m. at the Vista Club in the Sonoma Room. The next meeting is April 9. The book selection is *Spies of Warsaw* by Alan Furst. May's book selection is *The Unlikely Pilgrimage of Harold Fry* by Rachel Joyce. There is no requirement to have read the selected book. Everyone is welcome to join in. Feel free to stop by. For more information, contact Adrienne (5576). Happy springtime!





Bridge – Duplicate

Duplicate Bridge meets the second Monday of each month at 12:15 p.m. in the Sonoma Room at the Vista Club. Please mark your calendars for our game on Monday, May 13, 2013. All Trilogy residents who are interested in playing duplicate bridge are welcome. If you need a partner, we'll find one for you. Contact Sue (6136) before the game so that we can make sure we have full tables for the game.

February's winners: 1st - Chandler Stauffer and Chiong-Yuan Han; 2nd - Run Wan and Betty Magnoli; 3rd - Nan Lowenstein and John Shick.

Bridge - Friday

The Friday Bridge Club meets weekly in the Vista Club Sonoma Room. Play starts at 12:15 p.m. This club is open to all bridge playing Trilogy residents. Newcomers welcome. For more information, contact Lynn (3310).

Canasta Club

The Canasta Club meets on Tuesday and Thursday at 12:15 p.m. in the Card Room at the Vista Club. We play several forms of Canasta, including hand and foot and pony tail. Currently, we are playing, learning and teaching triple-play; a game brought to us from Arizona by one of our members. Come play, learn and laugh with us. We draw for partners at 12:25 p.m. Don't be late. For more information, call Sue Carlson at (3930) or Judy Milde at (2679).

Computer Club



Enjoy a sweet, then "meet and greet." The next meeting of The Trilogy Computer Club is April 16, at 7 p.m. in the Diablo Ballroom at the Vista Club.

All Trilogy residents are invited to attend this meeting and meet with representatives of Frontier

Communications, who will gladly answer any questions you might have about their current and future services. Feel free to bring your latest cable, satellite, or Frontier statement as a reference to your questions. Coffee and cookies will be provided.

Visit the club website at www.tccrv.org for the latest information on many computer-related subjects, meetings and other interesting items or to become a member. Simply complete and print a copy of the application and give it to any of the directors with the annual dues of \$12. You may also sign up at any meeting.

We welcome all levels of expertise, from those thinking of getting a computer to those who have spent years working with computers and related software.

For more information, contact Lynne Hansen, (4060).

Dance Club

Thank you to everyone who came to the St. Patrick's Dance wearing green. It was a fun event and a different one at that. Playing our own CDs turned out very well. We think it was a good mix for those who attended. In addition to our regular dancers, several people came who enjoyed line dancing.

For those who receive the What's New at TRV weekly e-newsletter, we are happy to announce that our dances will be included in these e-mails the week prior to our dances.

Anyone who has not picked up our yearly schedule of dances can do so at our next dance. We request that as you sign in you also provide your email address so we can inform you of upcoming dances.

Our next dance is Sunday, April 14. We will celebrate the Easter holiday. Solid Gold Band is providing the music. For more information, contact Rich and Judi Marshall at (7595).

Dog Club

Our mission is to maintain a lost and found dog network, provide social opportunities for dog owners and their pets, and facilitate the building of an enclosed dog park within Trilogy Rio Vista.



The Trilogy Dog Club now has 197 registered households. We have grown substantially over the past several months. Ideally, we would like to have all dog owners registered. The better we can represent the actual number of dog owners within Trilogy, the more likely we are to secure a location for a dog park. Annual dues are \$10 per household. All paid members will receive an emergency window sticker along with discounts at both Pets 4 All and the Pizza Factory. However, you may register your dog with our lost and found dog network without joining. If you would like to join the club or register your dog, call Karen Bereta at (3505).



We're hoping that you've noticed that we are becoming much more visible. Trilogy Dog Club t-shirts are now for sale. You may have seen some of our members out walking their dogs while sporting one of our club shirts. If you would like to order a shirt, contact Linda Rowe at (925) 286-1555.

We have been doing quite a bit of fundraising over the past few months. Thanks to the support of our residents and member volunteers, we're off to a great start. Upcoming activities include the April crafts show, where we will be selling homemade doggie biscuits, and the May Community Garage Sale in which we will be participating. Please look for us at both of these events. Profits from all fundraising activities will be set aside to assist with dog park development costs. While we have not yet been given a location for a dog park, we remain optimistic.

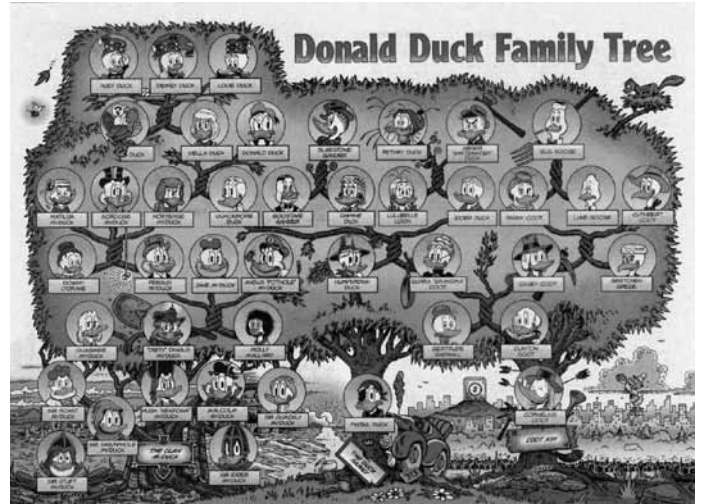
All membership meetings take place on the fourth Tuesday of each month at 1:30 p.m. at the Delta Club.

Fishing Club

Our next meeting is Monday, April 15 at 7 p.m. in the Marina Room at the Delta Club. Casey Ament's presentation on sturgeon fishing at our February meeting was enjoyable. We had one of the largest crowds in the Marina Room. The club video shown at the March meeting was also enjoyed. We will discuss a possible group trip to Kennedy Meadows on the Stanislaus River. We will also schedule our April trip on the California Dawn Party Boat as well as drifting live anchovies for halibut and stripers in the bay, as we have in past years. We hope to see you there. We have many things to go over. Everyone is welcome to join our fishing club. We have great events throughout the year. For more information, call Al Silva at (3791). Good Luck fishing!

Genealogy Club

The Genealogy Club and Workshop had great meetings last month. We continue to see new faces at both meetings. We had some great member suggestions regarding how to improve and grow our club. We've begun expanding the quality and quantity of information, obtaining specialized help from some members. We are also creating a roster of members who are available for research questions between meetings. We're progressing and hope you will take the time to check us out



Here are a couple of new sites for you to check out:

WikiTree.com/Genealogy

This free, collaborative project has been growing since 2008. The objective is to create a single worldwide family tree. On the search page you can search by surname or by the full name. It was fun to enter a family name and pick up some additional information. They are still working on the site but it's a good source.

glorerecords.blm.gov: General Land Office Records

The National Bureau of Land Management recently released family military land records to the general public. You can expect to find the actual military land warrant document given to your ancestor for completion of service to the U.S. during the War of 1812, the last war with England. You will find a detailed map of the property and a copy of the document as well as the actual signature of the current president. The information and certificate is printer-friendly. We found it to be informative and lots of fun to see where these soldiers purchased land. Some didn't use their script for 40 years after the war and some joined others in purchasing larger parcels. This site is worth your time. Click on "land patents."

The Genealogy Club is open to all Trilogy residents. There is no membership fee. Regular meetings take place the first Thursday of the month at 2 p.m. in the Vista Club Monterey Room. For more information, contact Rhoda (7542). The Genealogy Workshop is held the third Thursday of each month at 2 p.m. at the Vista Club Computer Room. For more information, contact Carolyn Bridges at wncbridges@comcast.net.



Good Samaritans Bible Study

The Good Samaritans encourage Bible Study for the following reasons:

1. Renew our minds and grow spiritually.
-- Romans 12:2
2. Be devoted to one another in brotherly love.
-- Romans 12:10
3. Share with people in need. Practice hospitality.
-- Romans 12:13
4. Be of the same mind as one another. -- Romans 15:5
5. Accept one another. -- Romans 15:7
6. Instruct one another. -- Romans 15:14
7. Serve one another in love. -- Galatians 5:13
8. Bear one another's burdens. -- Galatians 6:2
9. Be completely humble and gentle; be patient,
bearing with one another in love. -- Ephesians 4:2
10. Be kind and compassionate to one another.
-- Ephesians 4:32
11. Submit to one another. -- Ephesians 5:21
12. Bear with each other and forgive whatever
grievances you may have against one another.
-- Colossians 3:13
13. Admonish one another. -- Colossians 3:16
14. Encourage one another and build each other up.
-- 1 Thessalonians 5:11
15. Love one another. -- 1 Corinthians 13:13
16. Be hospitable to one another. -- 1 Peter 4:9
17. Fellowship -- 1 John 1:7
18. It gives adequate and complete information about
life. -- 2 Peter 1:3
19. It provides guidance and direction. -- Psalm 119:105
20. It makes us wise with regard to salvation. -- 2
Timothy 3:15
21. It equips us. -- Romans 6:10-18
22. It warns us, by example. -- 1 Corinthians 10:6
23. It leads to purity. -- Psalm 119:9
24. The Word of God stands forever. -- Isaiah 40:8

Our Bible study group meets every Thursday at 1 pm. in the Delta Club Marina Room. We study from the Holy Bible. We have people who attend from all religious backgrounds, however, we believe in one God. If you are in need of a Bible, let us know and we will provide

one to you. If anyone is going through difficult times and needs prayer, submit your prayer request by e-mail to goodsamaritansbiblestudy@hotmail.com.

Scripture of the month: 2 John 1:10

Hispanic Club

Our first general meeting was on Thursday, Feb. 28. Although first planned as a potluck because of the location, the board instead invited you to dessert, ice cream, coffee or tea. From your responses, we expected more of you to attend but we did get good feedback from a survey filled out at the meeting. At first glance, it seemed that most of you want to meet every other month and mostly for socials; potlucks were the dominant activity. A summary will be shared with you as soon as it is finished. We will also email the minutes of the meeting to you.

Margaret Pellow volunteered to chair a Communications Committee in charge of a phone tree. Thanks Margaret! We will first contact all members via email and follow up with phone calls. We will also try to update the information on the club on MyTrilogyLife.com so that residents who are able to connect to the internet can look us up under "clubs," and find out what's happening. We thank Celine Todd for her assistance in this matter.

For March, the members decided they would try to attend the Corned Beef and Cabbage Dinner at St. Joseph's parish on Saturday, March 16, 2013 between 5:30 - 7 p.m. The cost is very small and the feeling was that we would enjoy ourselves and help a good cause at the same time.

Mark your calendars to attend our next general meeting and potluck scheduled for Friday, May 31 at 5:30 p.m. We hope to have it in the Marina Room at the Delta Club. Attendees should bring a dish from their native country. We will send more information as the date approaches. If you have any questions or need to hand in dues (\$12 for individuals, \$20 for couples), call or email any of the following board members.

Ricky Martinez (President) - (209) 552-9131
email: ricky5529131@yahoo.com.

Ada Parrales Stack (vice-President) - (3406)
email: chana1447@comcast.net

Cecilia Reyes Spiritosanto, (Member At Large) - (1484),
email: ceciliareyes77@gmail.com

Teresa Hamner (Treasurer) - 646-1610
email: thamner@aol.com

Vicky Riddle (Secretary) - (3684)
email: viriddle98@yahoo.com



Mah Jongg

Mah Jongg meets every Monday except the second Monday of the month at the Sonoma (card) Room at 1-3 p.m. We play the Hong Kong version. If you know a different version or have never played the game, we have several good players and any one of them will help you learn this version of the game. Come join us. Call Molly Martinez (3417) for more information.

Men's Executive Nine

We had two tournaments scheduled in February. The team of Dale Moore, Jim Copley, Jack LaDucer and Doug Schroeder won the February 2 Kansas Scramble contest. The February 19 Shamble was rained out but rescheduled for March 5. The winners were Larry Reece, Al Shaver, Bob Frable and John Aleck. Congratulations to the winners and thanks to all that participated and supported our club.

The tournament schedule for April includes the four-ball to be played on April 2 and the High/Low net contest to be played on April 23. The sign-up sheets for these tournaments and Tuesday straight golf play are on the club bulletin board in the posting room. Please note that the sign-up sheets for play on Tuesday are now being picked up on Sunday evening instead of Monday evening.

Save the date: our club is hosting the Brentwood Rough Riders on Tuesday, May 21. Golf will be followed by a buffet lunch. It's always fun to get together with the Rough Riders and this year should be no exception, so watch for the sign-up sheet.

Golf cart maintenance service is scheduled for two weekends in April. For available dates and times please check the sign-up sheets in the pro shop. If you are interested in becoming a new member, pick up an application form in the posting room or contact membership chairman Dick Talbott at 225-0077.

Model Club

Spring Sailing: We will host a spring boating event on Sunday, May 5 on the large pond adjacent to the Vista roadway. We will demonstrate our sailing skills, powerboat speeds, and model building skills in general. Bring your watercraft to show off your skills, and we will be available if you need any assistance or advice. Sorry, no gasoline-powered motors due to Association rules. Hopefully we will have a moderate but steady wind. We have found most any day is a good day to be by the water, in the sun and with good friends. We are again planning a trip to the Marin Headlands to visit the Nike Missile site. If you are a nature lover you will enjoy the vistas and wildlife.

Stop by our meetings and offer your suggestions including short walks, photo opportunities, or great restaurants we can visit.

Stop by our Model Club meeting held on the first Friday of each month in the Vista Club Monterey Room. We will present ideas and talk about other anticipated spring field trips. Any questions, contact the Club President, Mr. John Harder (3646). Join us at our monthly meeting,

Motorcycle Club



The Trilogy Motorcycle Club riders meet the first Saturday of every month for an all-day ride. The March 2 ride was attended by 12 riders on 10 bikes and the destination was "a meandering ride eastward with lunch somewhere in the hill country." We departed on an often-traveled route up to Walnut Grove, out Thornton Road, to I5, to New Hope Road, past Hwy 99, and to Liberty Road. The first stretch break was in Valley Springs and already the weather had warmed to near short sleeve temps; time to shed some layers.

We heard Mel's Diner in Placerville ringing the lunch bell, so we departed northward on Hwy 26. Along the route we hoped to see some unusual invisible rock formations one of the riders knew about. Connecting with Hwy 49 north took us to the big little city of El Dorado and past Poor Red's Bar and Grill. Spontaneous hunger pangs caused us to stop and sample a tasty menu of pulled pork, chicken strips, fish and chips, etc. While grouping up for the photo, 3 other Trilogy riders coincidentally rolled up, joined in the photo, and rode the rest of the day with the group.

Continuing northward to Placerville, we turned back west to start the return trip by way of Green Valley Springs Road, which roughly parallels Hwy 50 on the north side.



It was easy country riding over to El Dorado Hills Blvd and a Peet's coffee and stretch stop at Hwy 50. Departing southbound, we encountered some scenic, easy riding on Latrobe Road, and eventually made our way back to Twin Cities Road and home. This ride was a great start to kick off the summer riding season; superb weather, easy roads, only about 220 miles travelled and still got home in time for dinner!

We invite other motorcycle riders in Trilogy to join us on any of the monthly rides. The next ride meets at McDonald's in Rio Vista on April 6 at 8 a.m. The destination is TBD based on weather. For more information, contact Bob Pastorino at (6556) or Larry Nelson (2967).

Movers & Shakers

This is a support group for Parkinson's, essential tremor, dystonia, and other movement disorders. We meet once a month at 7 p.m. For date and location, call Audrey Kinser (7506).

Nature Club

April Fun Facts: Anna's Hummingbirds weigh 0.2 oz, the equivalent of 2 paper clips, and their hearts can beat as much as 1,220 beats per minute when they are flying. (Source: Cornell Lab)

Residents of Trilogy RV may see these little birds and others nesting around their houses this spring and summer. Residents can assist by checking for active bird nests with eggs or baby birds before pruning trees and shrubs. The Nature Club has a Bird List for Rio Vista available through either email or hard copies in the Vista Club.

The regular general Nature Club meeting is April 10, 6:30 p.m. at the Vista Club Monterey Room. Everyone is welcome. A Nature Club Workshop meets every third Tuesday at 2 p.m. in the Vista Club Monterey Room. These meetings are designed for a more in-depth look at wildlife in and around our community, including conservation issues, good stewardship practices, working with other area wildlife groups, and education. For more information, call Gail (2718).

Recipe Club

Spring has arrived and so has our fresh, local asparagus. We are featuring this delicious and healthy vegetable at our April 9 meeting at noon in the Delta Club. The chefs are Docia Geri, Peggy Walker, and Molly Woodworth. Molly is also the coffee hostess. We are sharing our favorite gadgets this month. If you have a favorite, please bring it.

The Recipe Club is open to all residents. If you enjoy cooking and sharing recipes, feel free to join us. We meet at noon the second Tuesday of each month in the Delta Club. If you have questions, call Patty LaFleur (3159).

Monthly tip: Is it really OK to eat cheese if it's moldy? It depends on the type of cheese. You should toss moldy soft or fresh cheese such as goat, feta or cottage cheese. These have high moisture content and can harbor mold throughout, even if you see it only on the surface. You should also toss packages of shredded or sliced cheese if you find any mold. But if you spot mold on firmer cheeses such as cheddar, Swiss or parmesan, you can salvage the block. Just cut off the moldy area at least one inch around and below the surface. And make sure to wash your knife between cuts to avoid transferring the mold from one part of the cheese to another.

Rio Vista Roamers RV Club

Peters Steak House in Isleton was on our agenda for lunch in February and we thank Nancy and Tom Shirley for hosting this event. We had a great turnout that included the four newest couples becoming members of our group. The March campout was at Laguna Seca and you will learn about that next month.

April 15 -18 will find us at Morro Bay hosted by Sandra and Manny Santos (3538). Morro Dunes RV Park is right on the water. This whole area is beautiful! We will need a deposit of \$39.60 by March 15 to secure your spot. As always, if you did not make the deadline, please call and we will see what we can do.

The Vicks will host in May 20 - 23 at the 49ers Park in Plymouth and June 17 - 20 will find us at the 49ers Village in Columbia with the Benzels: a perfect time of year to enjoy the foothills of the Sierras.

Now, for some exciting stuff. We now have our own website! Richard Larsen created the site. Now we can access club information any time you wish. You will find the club's current events at your fingertips. Visit <http://home.comcast.net/biskit3/rvroamers>. Check us out!

Our potlucks and dinners are a great way for past members and future members to join us and we would love your company. We are a fun-loving group and the first outing is a chance to see if you would like to join our club. For more information, contact Sandra Santos (3538) or Doyle Ellington (5276).



Senior Men's Golf Club



Ken Higaki, Handicap Director. Photo by Jim Nash

"Blow winds, and crack your cheeks! rage! blow!"

— *King Lear: Wm. Shakespeare; Act III, Scene ii.*

The weather remained cold and very dry throughout February. The Trilogy course went from December soggy to dry and running. Ironically, the only day of rain the whole month caused a postponement of our trip to The Reserve at Spanos Park. Nevertheless, 44 of us made it over there in the last week of the month and were greeted by a fire in the kitchen (meaning no breakfast), bright sunshine, hard, fast greens, and relentless cold wind. Scores shot up as Mother Nature again had her way; only one golfer had a net score below par. (We're speaking to Ken about this trend. How is it that 16 out of 18 holes had wind in our faces?) By the way, the only sign of Tripod, Spanos' resident three-legged coyote, lay on the 9th tee. Phew!

As for Groundhog Day, forget it. The legendary Punxsutawney Phil's experience means nothing to us Left Coasters. (Sorry, Philadelphian expats...). Valentine's Day itself was, appropriately enough, a warm day with temps in the 70s. The garter snake was out sunning on the patio, and Forster's tern made his first appearance of the year, swooping over the pond. We could feel spring on the way, and Daylight Savings Time, also known as More Golf Time, began March 10. March also scheduled an Ad Hoc, a NCGA Low Net Qualifier, an Irish 4-Ball, a Home & Home visit to Rossmoor, and a trek to Elkhorn Golf Club. Plenty to keep us busy!

John Wittrig is our newest member. Welcome! Play often, and don't forget the seeded sand; the course is still beaten up. Our regular membership meeting is on the third Thursday at 4 p.m. at the Delta Club. For more infor-

mation, contact our Membership Director Ray Ulmonen at (4070) or rayauu@gmail.com, or our President Ron Chalmers at (2522) or ronaldchalmers27@gmail.com.

Stroke, Head & Brain Injury Club

Stroke Club supports those who have had or are living with someone who has been affected by stroke or a brain injury. We also assist those suffering from dementia.

Our group provides help, useful tips, and current information on how to cope with the various short and long term physical and emotional side effects that are unique to each individual's situation. Since those who experience these conditions can suffer from feeling alone, helpless, and/or impaired by some physical and/or emotional limitations, the support that we can provide each other can be very important to adapting and living. Each month, we discuss a new topic and try to learn more about subjects that are of interest to members. In February, we discussed and performed some activities to keep our brains functioning at their best.

We also conduct various extracurricular activities for the group both within Trilogy and in nearby communities so that we can have fun together as well. If you or someone in your family has had a stroke, any kind of brain malfunction, and/or dementia, and would like to join, contact Dr. Cheryl Bellrose (6619). We encourage caregivers and families to join as well.

We meet on the first Tuesday of each month from 2 - 4 p.m. at the Vista Club in the Monterey Room. Our next meeting is Tuesday, April 2. Please join us.

Supper Club

If you are interested in participating, Supper Club meets every other month from February through October in each other's homes for tasteful (and tasty) dining, fun, and conversation. On these occasions, you can meet your neighbors and get to know them in a small group setting (usually six to 10). We are not limited to a formal dinner menu. We might also want to have an afternoon barbeque, a brunch, or a luncheon.

Please note that our club is not just for married or committed couples. We don't want to leave anyone with the impression that single individuals are not welcome. Everyone is welcome to join Supper Club. If you want to make new friends, give Supper Club a try. Take the opportunity to experience our absolutely delectable menus and friendship provided by our members.

Since summer is coming and the weather is getting nicer, this would be the perfect time to join and enjoy the



company of new friends and good food. If you would like to become a member, contact Cheryl Bellrose (6619) as early as possible so we can add you to the June schedule. Looking forward to hearing from you.

Table Tennis Club

On Saturday, Feb. 23 we had the first in-house tournament of the year and what a fun tournament it was! The technology provided by Kim Russell made us aware of how well, or badly, we were doing on "now" time. Congratulations to all winners. If you want to see pictures, go to the website. Thanks to Mike Mahrous for directing.

Doubles games winners:

A division - 1st: Juno and Tony; 2nd: Win and Li, and 3rd: Tong and Tom B.

B division - 1st Tom Silv & John, 2nd Mike M & Kari, 3rd Glenn & Brenda

C division - 1st Vicky & Bill, 2nd Diego & Jim, 3rd Nat & Reggie

D Division - 1st Len & Swan, 2nd Rod & Joe, 3rd Tom Surh & Kathy

Singles games winners:

A - 1st Mike D, 2nd Tony, 3rd Juno

B - 1st Ahmad, 2nd Kim R, 3rd Tong

C - 1st Glen, 2nd John, 3rd Tom Silv.

D - 1st Kari, 2nd "Sue", 3rd Len

E - 1st Brenda, 2nd Ruth B, 3rd Joe

F - 1st Tom Surh, 2nd Bill, 3rd Tomoye

Tom Suhr and his team did an excellent job at coordinating the food, which was great and plentiful as usual. Thank you also to all who donated towards the food.

We were lucky to learn that we will be having ongoing training with the Robo-Pong by some of our better players. Glen Hom is one of them and Mike DeWynter, our top player, will also be conducting a clinic sometime soon. If anyone wants to know more about our club, please check out the information appended onto the Robo-Pong storage box usually in the Rio Vista Room (Delta). If you are a member and wish to be informed about any news, schedule changes, and events, subscribe to the website at <http://trvtt.wordpress.com>. If you are a user/browser of MyTrilogyLife.com, you will find a hyperlink to this website under "clubs."

Contacts: Larry Mork, President (3389); Ricky Martinez, Vice-President (209 552 9131); Vicky Riddle, Treasurer (3684); Kim Russell, Secretary (2046); Tournament Director: Michael Mahrous (3216), Tom Barnes, At Large (4395).

Tennis Club

April is full of cute sayings like April showers bring May flowers. It's also time for pranks like people telling you that your car has been run into before they yell, "April fool's Day," as you run out to check. Don't be foolish by putting off another month of not coming out to learn to play tennis or getting your game back. The mean temperature for April is 60 degrees with an average high of 71 degrees. Great temperatures for running around the courts.

When you read this article, we will have already had our first tournament of the year, the Daylight Savings Tournasocial. Don't be left out of our Team Tennis, Competitive Tennis with other clubs, challenge matches, and social tennis. We have something for everyone from beginner to advanced players.

Help us keep our recycling fund going. Put your water bottles and soft drink cans in the recycle bin on Court 2. Remember that our monthly meetings are always on the last Friday of the month at 10 a.m. at the Delta Club.

For more information about our club, contact Wally Beckman at beckmanwally@hotmail.com

Whist Club

The Whist Club is planning for the 11th Annual Juneteenth Celebration. If anyone is interested in helping us with the planning, please come out on Monday evening at 5 p.m. at the Vista Club.

Other games are available for those not interested in playing cards, including dominos, backgammon, and checkers. Those who have other board or table game preferences may share (e.g. Scrabble and Monopoly). We also welcome those who just want to socialize.

The club gathers once each month, usually on the third Friday at 7 p.m. at the Delta Club. Please check the monthly *Trilogy Living* for any date/time changes.

You may contact Madalene Turner (3361) or Jean Robertson (0086) for more information.



Women's 9-Holers



February was a busy month for the Women's 9-Hole group in spite of a little rain and some very chilly mornings!

We played some new and fun games; two of the gals even won a handful of pennies! Numerous ladies

had pars in recent games. Congratulations to Georgette for winning the chip-in pot! March 12, we hosted the St. Patty's Day play day. Enjoy your game!

Women's 18-Holers

The Women's 18-Hole Golf Club would like to welcome six new members this year: Marsha Berry, who moved to Trilogy in August, Donna Nunes, who lives in downtown Rio Vista and also belongs to the Stockton Country Club, Georgette Rodrigues, Fran Silva, and Suzi Masterson all moved up from the 9-Holers. Our newest member is Karenann Evens. Welcome ladies. We now have 48 members.

The winners of the February Play Days were:

February 7 - A Flight: First Vicky Riddle, second Linda Barlesi, third Donna Martella. B Flight: first Maureen Gin-grass, second Angie Jones, third Diane Staley. C Flight: first Charlotte Godsey, second Lynn Grace, third Paula Davis.

February 14 - Valentine's Day. Everybody wore red. A Flight: first Linda Siatt, second Lucille Rhodes, third Frankie Freese. B Flight: first Angie Jones, second Debby Carroll, third Doris Sundly. C Flight: first Linda VanNieuw-burg, second Trixie Roque, third Darl McCarthy

February 21 - A Flight: first Lucille Rhodes, second Vicky Riddle, third Donna Nunes tied with Ulla Ulmonen. B Flight: first Debby Carroll, second Doris Sundly, third Karen Nash. C Flight: first Suzi Masterson, second Marilyn Rogers, third Fran Silva.

February 28 was a special tournament to benefit the Rio Vista High School Track and Field Program. There were 56 golfers from all four Trilogy golf clubs, the Senior Men's, the Executive Nine Men's, the 9-Hole Ladies, and the Women's 18-Holers. \$2,100 was raised through the combination of green fees, donations, and a 50/25/25 raffle. The lady's club would like to thank everyone who participated and donated.

Anyone interested in joining our Women's Golf Club can attend our Thursday 8:30 a.m. pre tournament meeting in the Nines Restaurant. You can also call Marilyn Rogers at (5746) for membership information.

Writers' Club

Did you know that Trilogy has an active writers' club? It includes poets, lyricists, and authors of various genres. Some have been writing for years, while others have recently found they have the time and desire to put their thoughts on paper. Members enjoy listening to the latest compositions and discovering new talents within the group. We meet monthly to encourage, support and appreciate all Trilogy writers. Our next meeting will take place on Thursday, April 25 at 7 p.m. in the Marina Room of the Delta Club. Our optional topic that evening is "a favorite or memorable birthday." You are invited to visit, listen, and/or share with us. For more information, contact Beth at (2186).

Attention All Advertisers:

All ads and checks are due

by the fifth of the month

prior to the month of publication.

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33905



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Call for free consultation

ANNOUNCEMENTS

Barbershop Harmony Concert

4-Part Barbershop Harmony:
Saturday April 13, 2 p.m. First
Congregational Church, 230
Sacramento Street downtown.
\$10 donation appreciated.
Tickets: Delta Pharmacy or
available at door day of show.

Gambling Trip

Redhawk Casino gambling trip,
night time June 1. Cost \$30.
Leaving Trilogy parking lot 4 p.m.
Five hour stay, bonus \$10 cash/\$5
food. Reservations call Carmen
(3259) or Eileen (2684). New
remodeled lounge for dancing.

FOR RENT

Home for Rent

Pebble Beach model on golf
course, 215 Oakridge Way. Washer/
dryer/refrigerator, HOA dues
included \$1150/mo. \$1000 deposit.
Available April 1. Call 510-333-6812.

FOR RENT

Home for Rent

Carmel model with washer,
dryer & refrigerator, HOA dues
& landscaping included. \$1100/
mo. Contact Dee or Esther 925-
726-5996 or 650-580-0566.

Room for Rent

\$500 a month. No smoking
Call Jan 688-9338.

FOR SALE

Adult Trikes

Adult tricycles are fun & good
exercise. Single speed, dual brakes
and basket. 4 colors and 2 sizes:
26" and 24". EZ to ride. Jose (5248).

Camera

Canon Rebel T3i Camera:
Lens, Battery Charger, Cables.
Used once. Best offer.
Contact Pat (2879)

Chair & Ottoman

Beige chair & ottoman, good
condition. Make reasonable offer.
Serious buyers only, call (3529).

SERVICES

Furniture

Sizing down sale: Ethan Allen
white sofa & 2 chairs. Glass dining
room table & 6 sled chairs. Black
walnut hutch. Collectibles (3207).

Furniture

Moving sale: Some antique
furniture, also antique Hermann
safe and trundle beds. Other
furnishings. Call (3910).

Garage/Estate Sale

May 4 at 1078 Waterwood Drive:
Fridge, stove, washer, dryer,
plantation shutters for Catamaran
model, bedroom suite, tables, rugs,
misc. household items. (2684).

Inversion Table

Purchased from Costco for
\$325. Like new. Asking \$195.
Includes video with instructions.
Call Dennis (1470).



FOR SALE

Musical Instruments

Set of two chromed steel drums from Trinidad. Fine tuned by the Panyard in Ohio. Diameters 22 1/2". Includes cases, mallets, and stand. \$1975. Info: (5248).

Scarves

Lovely scarves for warmth and fashion. Faux fur chokers with gorgeous new Czech buttons! Design your scarf. Choose your colors, yarns and patterns. Jamie 386-7921 knitterbugdesigns@yahoo.com

Sectional

Chaise plus sofa with double fold-out sleeper (Sealy Posturpedic). Total nine feet wide. Neutral color paisley print. Like new \$495. Call (0068).

Trailer

Small trailer for motorcycle or small car. Lockable compartment \$350 OBO. Like new. Approx 500 lb. capacity. 510-917-9098.

Vehicle

Corvette dreams at a low price. Excellent condition 1985 blue Vette, 84K miles, covered, garaged, auto trans, full removable glass top. Runs great. \$5900. Call 364-7499.

SERVICES

Airport Transportation

I'll get you to any airport or SF port on time and pick you up on return. TRV residents only. Here are the fares: SFO \$105, OAK \$85, SMF \$65, PORT \$90/ Call Ralph Hatch (3941).

Alterations & Custom Sewing

Clothing, Home Decoration, Private Sewing Lessons and/or Coaching for your problem projects. Experienced! References. Bonnie Bowen 322-5875 or 812-7874.

SERVICES

Appliance Repair

Service and repair of most makes and models. 30 years experience. Now serving the residents of Trilogy. Call Gary (4945).

Assistance w/ Heavy Lifting

When you need an extra pair of strong arms for projects such as rotating mattresses, hanging holiday lights, we can help. We are experienced, reliable, motivated and properly equipped. No job too small. For hire with or without truck. Call 707-410-7070.

Audio/Video

Music on records and cassettes upgraded to CD's. Video on VHS and Video 8 cassettes upgraded to DVD's. Copies of music CD's made. Contact Jose at (5248).

Audio/Visual

We will install your audio system, DVD, TV, or VCR to your specifications. We will also custom wire your home per your specifications. All installers are ON-Q certified. Call Michael (2800).

Auto/Home Detailing

Star Shine Mobile Detailing is now providing auto, motorcycle, boat, RV and upholstery detailing. Also offering home driveway pressure washing services to Trilogy residents 410-7070.

Cabinet Roll out Shelves

Make your life easier with roll out shelves. Save your knees and back. Call Bob (4902) Trilogy Resident.

Carpet & Upholstery Cleaning

B & B Carpet and Upholstery Cleaning. Trilogy resident will clean carpets and upholstery in your home, RV, boat, or car. Home carpets: \$30 per room, \$15 per hall. For the best service, call Bill (6125).

SERVICES

Caregiving

Experienced Caregiver. Call Janice 688-9338

Caregiving

Caregiving, housekeeping and meals prepared. Many household tasks. Ask for Vera. 916-398-0921

Carwash

Ray's Mobile Carwash. Let me come to you to clean and wash your vehicle. Reasonable rates for detailing and waxing also. Call Ray (7598) or 707-249-1492.

Chef & Personal Assistant

I will assist you with every aspect that will help your life run smoothly. I can prepare meals to your taste. I will run errands and do market shopping. Cherie (3151).

Cleaning

By Fluff & Buff. Reliable, trustworthy house cleaning. Several years in Rio Vista. Excellent references. Bonded, Licensed. Flexible: move-ins/outs; weekly, bi-weekly, monthly, etc. Kali 925-451-9655 anytime.

Clock Repair

Thirty years collecting and repairing clocks. No cost if I can't fix; low cost if I can. Can do house calls. Call (6782). Ask for Rod

Clutter

Clutter? Not! Let me help you tackle your nagging problems. An overflowing closet? Moving boxes still packed? Car won't fit in the garage? Call or email me for free consultation. Trilogy resident Carol Kern 925-286-2398 or www.clutternot.com

Computer Assistance

PC, Laptop and iPad troubleshooting. Install software, wireless networks or DVD players. Patient tutor for basic or advanced help. Technical expert—Robert (5129).



SERVICES

Computer Doctor

Woody Woodard will fix PC's/ Mac's, install, teach, create web pages, coordinate with Frontier, Best Buy, Comcast. 707-416-6067

Computer Help

PC or laptop repair, including optimization and virus removal. Extend life of old computer or set up a new one. Wireless setup, add new devices and tutoring. Kathy Barker (6850).

Computer/Wireless

We will custom install your computer or wireless network per your specifications. We will also do custom wiring and software downloads. Call Michael (2800).

Crown Molding

Specializing in crown molding, mantels, all interior trim, front door installation. Trilogy Resident. Free estimate. Call Bob (4902).

DJ Available

DJ music for indoor and outdoor events. Contact Jose. Discounts for Trilogy clubs and residents. (5248)

Electrical

Certified electrical contractor (#819067) will install chandeliers, fans, lights, outdoor receptacles, RG6 cable for broadband service, telephone lines and wiring for Ethernet or wireless. Call Michael (2800).

Enhanced Improvements & Repairs

Established Retired General Contractor. .tile, wood floors, water leaks/drywall damage, kitchen & bath remodel/repair, patio re-design, entry/screen doors, fireplace mantels. . . Big or small—I do them all! 7 year resident/ references. Dominic 322-9476

Errands

Grocery shopping, errands of all types. Save money, save time. My car, my gas! Library trips: books, DVD's. I'm helpful! Karen (5129)

SERVICES

Errands/ Transportation

Your car: \$15 per hour, one hour minimum in town and two hour minimum out of town. Call Brenda (5455) or cell 707-816-0964
HYPERLINK"mailto:tmbweed5000@aol.com" tmbweed5000@aol.com

Faux Finishing @ Its Best

Enhance the beauty of your home with faux finishes for your walls, columns, fireplaces and doors. Call Susan Prince/Oddo (2167)

Gardening/Landscaping

Hello fellow Trilogy residents. It's Spring time and perhaps you're considering giving the yard a face lift or a whole new look. Please don't hesitate to call me, Jim Gilly, a Trilogy resident for your needs. Walks, patios, new shrubs, trees, lawn etc. Visit my Web: HYPERLINK "http://www.gotgilly.com" www.gotgilly.com. Look forward to serving you. Jim, 925-260-5780 (cell) or come visit our home for an example. Lic.752296

Gardening

Need garden pruning or sprinkler repairs? Trilogy resident and former Golden Gate Park gardener offers 25% discount to Trilogy residents. Call Mike (2349).

Gardening & Yard Maintenance

Bowers Gardening Service: Horticulturist, Full Yard Maintenance, Reasonable rates. Call Scott Bowers 916-683-1406.

Hairstyling

Haircuts & styling done in the comfort of your home. Over 35 years experience. Call for appt. Myrna home: (3725) cell: 408-309-0083. Men also. Trilogy resident.

Handyman

Minor plumbing and electrical installations and repairs; furniture and closet shelf assembly and repair; blind, drapery rod and wall décor installation. Call Ron (2227).

SERVICES

Handyman

For those projects that you can't or don't want to do: plumbing (leaking faucet, garbage disposal), electrical (install ceiling fans, light fixtures), household repairs, hang window treatments, mirrors, and pictures. Call Scott Sylvester (6013).

Handyman

Trilogy resident has over 40 years of home maintenance experience, MOEN faucet specialist, ceiling fan and chandelier installations, electrical trouble-shooting and GFCI problems, plumbing leaks, disposals, toilet maint., and more. Free estimates. City bus. license #1654. Bob Bailey (3391).

Home Decorating

I have years of experience decorating and updating homes with a variety of decors. I can unclutter an area of your home for a relaxed and serene mood. Cherie (3151).

Housecleaning

Sit back & relax. Leave the cleaning to me. (4902).

Household Assistance

Clean house, wash car, cook meals, drive far. Be friends, frown fix, organize clutter, pet sit. Paint walls, small repairs, pack house, relieve cares. Jody 386-7896

Impeccable Improvements & Repairs

Established Retired General Contractor. . .tile, wood floors, water leaks/drywall damage, kitchen & bath remodel/repair, patio re-design, entry/screen doors, fireplace mantels. . . Big or small—I do them all! 7 year resident/ references. Dominic 322-9476

Income Tax Preparation

Notary Public Services; Individual and Corporate Income Tax Preparation. Reasonable prices. Trilogy resident Jim Castress (3590). CTEC Registered #A141120.



SERVICES

Income Tax Preparation & Bookkeeping Service

Over 30 years experience with bookkeeping and personal, corporate and partnership income tax preparation. Fast, efficient, reasonable. No job too small. Call Lesley (3377).

Income Tax Services & Planning

Serving Trilogy since 1999; individual, trusts, business. Consultation in your home or my Trilogy office. Ron Auger, CPA (3068)

In Home Care

Sensitive, caring, discreet and dependable Trilogy resident would like to help care for your loved one. Nine years experience. Call Nita 315-6670.

Lawnmower Repair

Service & repair on lawnmowers, weed eaters, blowers, rototillers, etc. Sharpen garden tools. Rates moderate. Call Stan (3163).

Mobile Notary Services

\$10 per signature per page with discounts for multiple pages. Offering LegalShieldTM /Identity Theft Protection Services. Elaine Wisz (4310).

Moving and Organizing Services

Packing or unpacking, help with organizing and downsizing. Reasonable rates. Satisfaction guaranteed. Long time Trilogy resident. Call Nita 315-6670.

Moving Help

Moving? Need help? Call us. Reliable, experienced, affordable. In Trilogy/Rio Vista or anywhere in Northern California. Brandon 707-410-7070.

Notary Public

Certified Notary, fast, professional and reliable service. Lowest fees for Trilogy residents. Please call Jeffrey (7541). Thank you.

SERVICES

Notary

I offer notary services in my home or yours. Trilogy resident Eileen Griffin (2684).

Notary to Go

Only \$8 per notarization at Trilogy. Discounts for numerous documents. Since 1984. Call Warren at (3477).

Pet Care

Trilogy home owner offering my services to neighbors/pets. Walks, drop-ins, overnights, allowing your pet(s) to stay home. Pet first-aid/CPR trained. Cell: 330-6010; email: HYPERLINK "mailto:thedeetails@yahoo.com" thedetails@yahoo.com

Pet Care

Loving care for your pet while you are away. Includes walking, feeding, mail brought in, garbage out, etc. Call Trilogy resident Andrea 831-278-1173.

Pet Care

Pet Sitting for Trilogy residents since 2007. Care for your pet and tend to basic home care when you're away. Not taking new dogs at this time. References. Kathleen Montemayor (4750). Email: HYPERLINK "mailto:kamont1953@yahoo.com" kamont1953@yahoo.com

Pet Care

Kitty care and small dog (no walking) services while you are away. Includes play, feed, meds, clean litter, trash out/in, newspapers, mail, and water plants. Call Mimi (4343) or cell 707-567-5910. Since 2007.

Rain Gutters Cleaned

Patio Covers washed and rain gutters cleaned. Pressure wash driveways and patios. Trilogy resident Danny 209-570-0302.

SERVICES

Sliding Door & Screen Repair

Stop Fighting Your Sliding Door and Screen!...If it does not Slide, I will make it Glide... Replacement or Repair of Rollers, Handles and Locks on all Patio, Screen, Shower Enclosure and Wardrobe Doors. For a free estimate, call Jonathan (2736).

Spiritual Direction

Do you want to discover and nurture your own spiritual path? With a post-graduate education in Counseling Psychology, a Masters Degree in Theology, and certification as a Spiritual Director, I can guide you on that path. I offer Spiritual Direction from an interfaith perspective. There are many more ways of experiencing the Sacred than can ever be disclosed within any one religion. It's not about correct doctrine or orthodox belief; it's about nourishing that relationship with the Sacred that's already within you. Call Doug (5993)

Want to Run a Classified Ad?

Pick up an ad application form at Member Services. Turn in your completed form by the fifth of the month preceding the month you wish the ad to run. Cost is \$5 for 25 words. Additional words are \$.25 per word. Checks only. Late ads will run in the next issue.



Sprinkler Repair

Tune-up and repair of sprinkler and drip irrigation systems. Trilogy resident specializing in water conservation. Free analysis of your existing sprinkler system. Dennis (5816).

Streaming Video

Will set you up to watch movies in your home instantly from Netflix or Amazon. Woody Woodard 707-416-6067

Transportation

Dave's Transportation Service will drive to airports, Amtrak, BART, Medical appointments, shopping, casinos. Trustworthy and reliable. For Trilogy residents only. Call David (3192.)

Weed Pulling

Get rid of those ugly weeds. Don't break your back. We'll keep your yard tidy. Cheap. Call Laurie (6305) or cell 925-301-7389.

Window Cleaning

Professional window cleaning. Years of experience, licensed, and complete background check. For a free estimate and appointment, call Gary (3488)..

WANTED

Volunteer for Dog Rescue

Seeking volunteer Education Chair for national non-profit for canine search and rescue. Oversee manuals, powerpoints, video, web. Need person able to delegate to and supervise committees. Contact Norma snelling@olypen.com or 360-808-0894.

VACATION RENTAL

Tahoe Condo

Tahoe rental Incline Village: Fully equipped condo near Diamond Peak, sleeps 2-4 comfortably. Starting at \$125/night plus cleaning fee. Call Blaine (0717) or letsgotahoe@aol.com

ADVERTISING INFORMATION

DEADLINE: All final ads and checks are due by the fifth of the month prior to the month of publication. For example: May 2013 ads and checks are due by April. 5, 2013. All late submissions will run in the June 2013 issue of *Trilogy Living*.

REGULAR SIZES AND RATES:

| | | |
|--|------------------------|-------------|
| • NEW: 1/8 page ad | 3 1/2" wide X 2" tall | \$90/month |
| Scan your horizontal business card at 300 dpi, and e-mail it as a pdf, jpg or tiff file to Tania Fardella at indigodesign@att.net. | | |
| • 1/4 page ad | 3.6" wide X 4.5" tall | \$140/month |
| • 1/2 page ad | 7.5" wide X 4.5" tall | \$220/month |
| • Full page ad | 7.5" wide X 9.25" tall | \$345/month |

PREMIUM SIZES AND RATES:

| | | |
|--|----------------------|-------------|
| • NEW: 1/4 page ad Inside Front or Back Cover | \$185/month | |
| • NEW: 1/2 page ad Inside Front or Back Cover | \$285/month | |
| • INSIDE FRONT COVER | 7.5" wide X 10" tall | \$445/month |
| • INSIDE BACK COVER | 7.5" wide X 10" tall | \$445/month |
| • OUTSIDE BACK COVER | 7.5" wide X 10" tall | \$500/month |

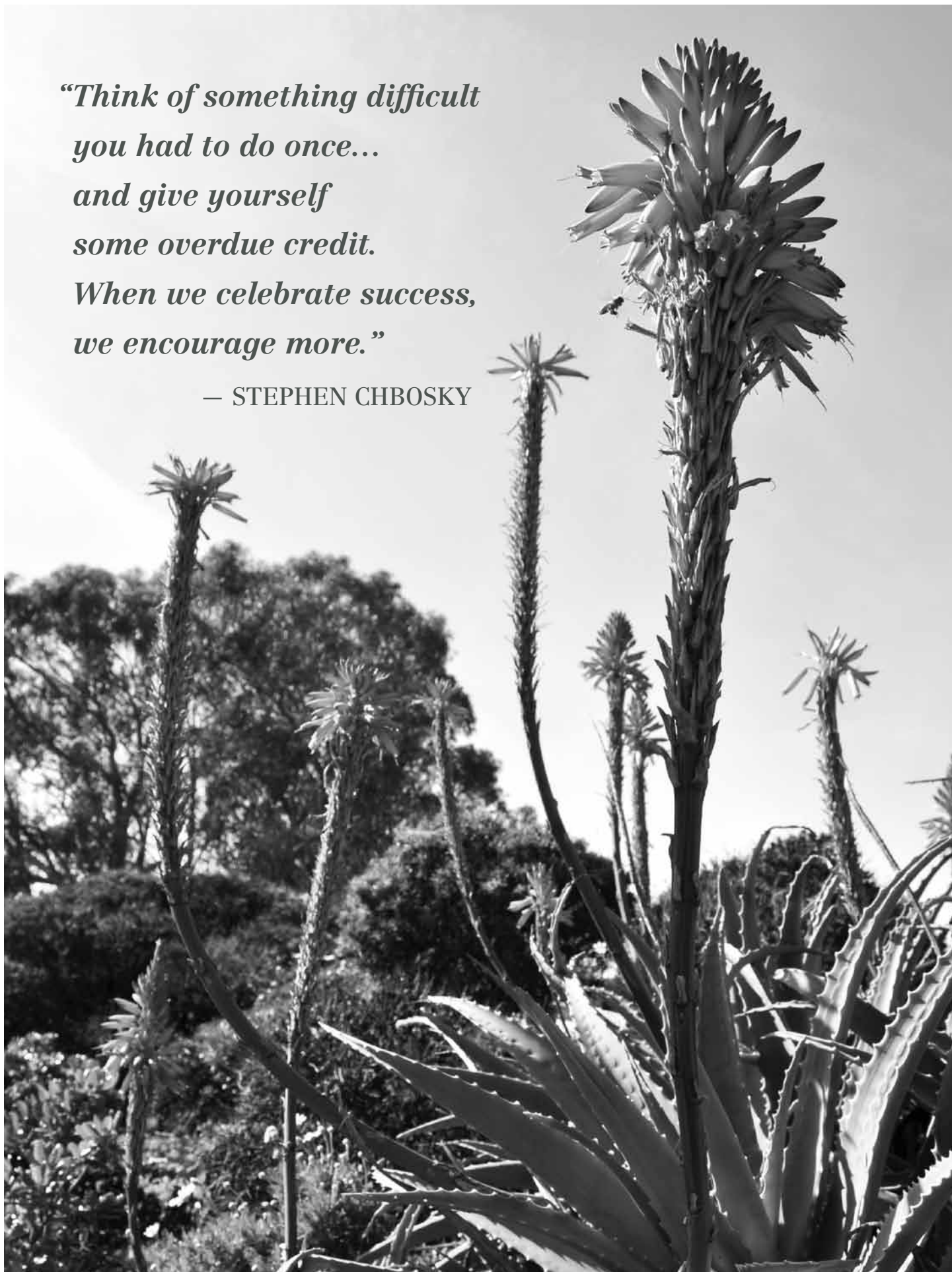
DISCOUNTS:

- 10% off pre-paid ads for 3 months or more
- 10% off for businesses owned by residents of Trilogy at Rio Vista

To place an ad, contact Joan Azlant at joanazlant@comcast.net or 707.374.2620. If you need ad design, contact Tania Fardella at indigodesign@att.net or 925.377.0335. Additional fees will apply for design, scanning, and edits.

*“Think of something difficult
you had to do once...
and give yourself
some overdue credit.
When we celebrate success,
we encourage more.”*

— STEPHEN CHBOSKY



EMERITUS SENIOR LIVING



**We're here to help you
make the right decision
about assisted living.**

There is no "right time" to seek another living environment. It is a decision usually based on the individual's needs and available outside support. If you are observing an alarming decline in the safety, social, or emotional needs of your parent or loved one, it's time to see how assisted living can help!

Choosing assisted living at an Emeritus Senior Living community will actually give your loved one greater independence. You will gain peace of mind knowing that they are nearby in a safe and comfortable senior living community.

Call us today to learn more about the benefits of assisted living for your loved one. We will be glad to arrange a private tour experience for you.

Our Family is Committed to Yours.®

Nestled in the rolling hills of Solano County's wine country Emeritus at Rancho Solano offers a little bit of everything. Located on the outskirts of Fairfield, California our country setting is only minutes from shopping, restaurants, hospitals, clinics and cultural centers. The ambiance in our Lake Tahoe-like lounge will appeal to anyone's taste. Our apartments range from spacious studios to two bedroom-two bathroom apartments with views of the hills, wildlife and breathtaking sunsets.



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