PUBLISHED BY THE TRILOGY AT RIO VISTA MASTER ASSOCIATION
February 2016

TrilögyLiving



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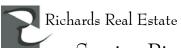
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Find out more on page 18.

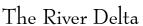




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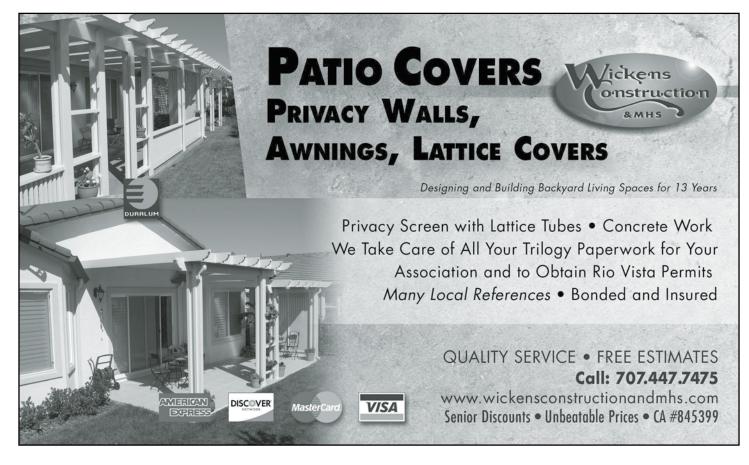


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#### Don Love

President

#### President's Report, Jan 12, 2016

#### **Executive Session:**

- Ag well water rights situation updated. Awaiting further legal input.
- Use of Amenities/Communications for three events denied.
- Emergency Action Committee appointments approved.
- Update on MTL contract and other options discussed. Referred for further study.
- Liens and Delinquencies updated. Status normal.

#### **General Board Meeting:**

- Delta Protection Commission meeting approved for Diablo Room. This is a commission to Stop the Tunnels.
- Computers and computer furniture approved for the Learning Center. Reserves have budgeted \$30,000 but replacement costs will be close to \$20,000 only. Carpeting may be replaced prior to install.
- Discussion and approval for replacement of the landscaping in the Median from Summerset Road to Palisades Drive. A sum of \$90,000 was in the budget for the 2015-2016 budget. A bid from Valley Crest was selected in the amount of \$79,739.38 saving over \$10,000 from amount budgeted.
- The Pickleball/Tennis marking trial to be continued for further clarity.
- Approval was given to award a bid of \$6,295 to paint the overhead trellis at the Summerset. Bocce Ball courts. This amount will be paid entirely by the Bocce Ball Club but due to the fact that the project is on Common Area Management will manage the project.

#### Items of Note:

- Chris Nolan of Shea Homes was questioned by me about particulars concerning the Gas Well Sites and provided the following information.
  - The proposed new building is not on a well site but on three lots Shea has donated for the building site.
  - Building on the entire well site is allowed with the understanding that the mineral rights owner may come back to drill and whatever we have on the site would have to be removed. Therefore it is advised that no building structure should be on the well site.
  - Mr. Nolan stated that the Tot Lot in Phase 10 will be built on a well site.
  - Mr. Nolan also confirmed when asked about present amenities built on well sites that the Tennis courts, some parking and some of the Bocce Ball courts were built on a well site.
  - Permission referenced for this approval comes from the original Development Agreement.
  - Subsequent discussions reveal that the well site where the new building is proposed and one other site in Phase 12 have been abandoned. Those wells have been cut 10 feet below final grade and the well pipe filled with slurry cement. Abandonment means the mineral rights holders still own the rights but have forfeited any grandfather protection they might have held up to the time of the abandonment.

#### TRILOGY AT RIO VISTA

DIRECTORY

#### **Master Association Board of Directors**

Don Love, President (707) 374-6882 Noel O'Brien, Vice President (925) 348-4097 Melissa Coleman, CFO (707) 374-6874 Joel Auslen, Secretary (707) 374-5808 Patty Kohn, Director at Large (707) 374-2737

#### **District Delegates**

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Adult - Harish Chinai (707) 374-2643 Administrative Policies - Melissa Coleman (707) 374-6874 Document Revision - Bob Sather (707) 374-1384 Emergency Action – Alan Levine (707) 718-7907 Access - Art Darden (707) 374-3455 Amenities - To Be Filled

#### **Village Board Presidents**

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#### Association Administration /HOA (707) 374-4843

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Maintenance Director: Michael Oestreich (707) 374-4895 moestreich@actionlife.com

Member Services Coordinator: Cheryl Lucas (707) 374-4203 clucas@actionlife.com

Communications Coordinator: Andrea Stuart stuarttry@amail.com

Architectural Coordinator: Debbie La Croix (707) 374-4843

#### **Club Numbers**

**Vista:** Front Desk (707) 374-4200 Fax (707) 374-2422 **Delta:** Admin Office (707) 374-4843 Fax (707) 374-4891

#### Trilogy Living Editorial Board

Andrea Stuart, Ed Vitrano, Debbie Dorn, Cheryl Lucas, Joan Azlant, Kathy Erwin, Harish Chinai

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# From the Editor



#### Andrea Stuart

It's officially 2016. The word on the street is that this is the year of abundance. That makes me think of all the people we might meet, the new friends we're likely to make, and the

places we might discover (or rediscover). And that fills me with excitement about the yet undiscovered opportunities lying just around the corner.

As I'm sure you've noticed, Trilogy has become quite the mecca for entertainment, education, fitness, and other activities. Plus, there are over 100 clubs here at Trilogy. Have you ever wondered what clubs people are enjoying? Have you ever wanted to be a part of some of these events you've been hearing about?

Even if you can't attend all the events or join all the groups, you can keep up with them on MyTrilogyLife.com. Find entertaining photos of theatrical performances, club outings, and more by visiting the photo gallery on MTL. If you're interested in sharing some of your favorite activities or moments with others, share them with your neighbors. Residents are encouraged to share photos on MTL. To upload or find photos, simply log in, click on "Photos" at the top of the page. Then, browse the albums or upload your photos and videos. Instructions are available on the main photo page.

Whether joining friends at the fireplace in the Grand Living Room, keeping up with those fitness resolutions in the Group Ex Room, or attending one of many events in and around the clubs, we hope to see you around Trilogy.

From the Board of Directors: The publisher retains the right to edit articles and advertising to conform to content and space requirements. The Trilogy Board of Directors is not responsible for expressed opinions or for the authenticity of all presented facts in articles and advertisements. Viewpoints contained in this newsletter are not necessarily the opinions of the Trilogy at Rio Vista Master Association, the Board of Directors, its officers, or management.

## From the Activities Director



#### **Debbie Dorn**

Trilogy welcomed 2016 with multiple celebration flavors, enjoyed some crazy times during the New Year's Day Polar Bear Plunge, then got down to business during all of the

Associations' annual voting and meetings throughout the month! Still Trilogy found time to indulge in numerous comedy, dance and other entertaining opportunities along the way.

Events are selling out more quickly than ever, and we just hate disappointing you! So why not make one of your New Year's resolutions be to avoid procrastination and sign up promptly for events! Also did you know that Vista Club Member Services can now accept credit card payments for registration of association-sponsored events!?

Turning to February, here are some upcoming events to mark on your calendar.

- Computer Classes ~ See Page 43 for Class Schedule
- 2/07 & 2/21 Trilogy Produce Market
- 2/07 Super Bowl 50 Party
- 2/13 Garden Railroad "Bake Sale"
   Fundraiser ~ Model Club
- 2/14 Valentine Brunch ~ Dog Club
- 2/14 Boogie Aces Dance ~ Dance Club
- 2/19 Karaoke A Night of Spontaneous Fun!
- 2/20 Black History Celebration ~ Whist Club
- 2/26 Bingo
- 2/27 Dance Concert Featuring
   Jim Anderson & The Rebels
- 2/29 AARP Safe Driver Refresher Course

#### Get Ready...

• 3/05 Wine, Belle Voci & Visual Art Festival

Club activities are continuous throughout the year, so be sure to catch what's happening from their articles! Stop by the Vista Club to pick up a brochure with a list of clubs and contacts to find what might pique your interest. Your comments and suggestions are always valued. Send an email anytime to ddorn@actionlife.com; my mailbox is always open!



#### **Computer Class Program**

What would you like to learn? The Development Focus Group needs to hear from you. We are looking into adding classes. Your thoughts about which class subjects interest you would be helpful to shape future offerings. See page 43 for the current class schedule. Send your comments and suggestions to Debbie Dorn at ddorn@actionlife.com. Remember we still need class instructors and student assistance!

#### Clubs and Groups, help us help you! Remember...

- Update Club Application with club contact and event organizer
- Submit completed room reservation forms for special events at least one month in advance
- Communicate meeting, event changes as soon as possible

#### **Trilogy Produce Market**

Sunday February 7 & 21, 10 a.m. – 3 p.m. – Delta Club



Experience Trilogy's market place! Trilogy's Produce Market provides wonderful produce and other specialties. Bring your neighbors and stock up! It's easy to keep a fresh supply of fruits, vegetables and specialties on hand without leaving Trilogy.

#### **Blood Pressure Check ~ Free**

Thursday, February 11, 9 — 10 a.m. Library Delta Club

Have your blood pressure checked the second Thursday of every month at the Delta Club Library between 9 – 10 a.m. Stop by and keep that blood pressure in check!





# Dance Concert Featuring Jim Anderson and the Rebels

Saturday, February 27, 7 p.m., Vista Club Patio ~ \$15 per person

This is one magnificent show that you will not want to miss! Jim

Anderson and the Rebels return
by popular request, sure to fill
the house once again with their
signature Elvis Tribute! These
amazing artists headline main
stages everywhere entertaining
with Elvis, Country and Oldies to
the delight of all music fans. Their
show is family friendly and a crowd
favorite to all ages. Bring family,
friends, your dance shoes and
favorite refreshments! Sign up early
at Member Services, Vista Club.

#### **Super Bowl 50 Party**

Sunday, February 7, Diablo Ballroom, Vista Club ~ Free 12 p.m. ~ Pre-Game Program, 3 p.m. ~ Kick Off!



Put your game face on and join the Super Bowl Party! Bring your own provisions to enjoy while cheering your favorite team on the Big Screen! Sign up for table seating at Vista Club Member Services.

# Karaoke ~ An Evening of Spontaneous Fun!

Friday, February 19, 7 - 8:30 p.m. Diablo Ballroom, Vista Club ~ Free

Specially designed for your fun and enjoyment! Song lyrics are on the big screen for some sing-a-long good times! You are likely to find story tellers, special dancers, folk singers and more. You'll find a variety of entertainers and one may be you! Bring your favorite snacks and beverage ready for a relaxed evening of spontaneous fun and entertainment. No signups required!

# Save A Life With CPR/AED & First Aid Instruction

Monday February 23, 9 a.m. -1 pm Diablo Ballroom Vista Club  $\sim$  \$60

It is good to know how to help someone in trouble. It could be your spouse or it could be your grandchild. The class provides a two-year certification in CPR/AED & First Aid at a great value. Limited space available. Sign up with Member Services by February 19, at the Vista Club.

# **AARP Smart Drivers Refresher Course**

Monday, February 29, 4 - 8 p.m., Monterey Room, Vista Club

\$15 for AARP members and \$20 for non-members

The AARP Smart Driver Safety Program is the nation's first and largest refresher course for drivers age 50 and older that has helped millions of drivers remain safe on today's roads. The course is designed to help you:

- Tune up your driving skills and update your knowledge of the rules of the road.
  - Learn about normal age-related physical changes, and how to adjust your driving to allow for these changes.
  - Reduce your traffic violations, crashes and chances for injuries.
  - Qualify for a possible auto insurance premium reduction or discount. Policies vary, so please consult your insurance agent.

Trilogy resident Glen King will be facilitating this course. Note that you must have had the 8-hour course within the last four years for eligibility for this course. To register, contact Glen at 707-374-3342 or grk59@frontiernet.net.

#### Wine, Belle Voci, and Visual Art Festival

Saturday, March 5, 1-5 p.m., Diablo Ballroom, Vista Club ~ Free

Charge for wine tasting ~

Six wine tastings, \$5 payable to Van Ruiten Winery

Enjoy an afternoon of wine, music, and art. Trilogy Art Guild (TAG) and the Photography Club will display their art, delightful acapella vocals will be harmonized by Belle Voci Quartet, and there will be wine tasting. Set your palate for an artful fun time and come on over for a charming afternoon. No registration required.

Van Ruiten Winery has been a top quality wine-grape grower for over six decades. Three generations of the Van Ruiten family now work together tending the vineyards, managing the winery and bringing the fine wines to market. Coupled with their new facility and the talents and experience of winemaker John Giannini, the Van Ruiten Family has strengthened their distinction as a leader for super premium wines from Lodi.

#### **Open Mic Night**

Friday, March 18, 7 - 8:30 p.m., Diablo Room, Vista Club  $\sim$  Free

The venue is set welcoming Trilogy to take the stage and share their artistic expressions - in a setting as intimate as your living room with family and community cheering you to the next level! If you're a spectator, you're in for a treat! The supportive setting is about artists having a safe place to perform for the first time – It's about veteran artists having a place to experiment and try out new pieces – It's about having a place that inspires new work – It's about a lot of things. Bring your favorite provisions and come check it out! Performers sign in at Member Services.



#### John Covert & Crystal Image

Saturday, March 19, 7 - 9:30 pm Diablo Ballroom, Vista Club  $\sim$  \$15 per person

John Covert (keyboards/vocal) has opened shows for War, Tower of Power, Sons of Champlin (Grammy winner Bill Champlin formerly of rock band, Chicago), Chad and Jeremy, The Chiffons, The Coasters, Simon & Garfunkel, Gary U.S. Bonds, Dobie Gray, Lady Bo (Bo Diddley's protege) and many others. He is a grand-prize winner in the Nashville Music City Song Festival and multi-finalist in the American song festival. Covert's songs have been featured on many TV shows, movies, magazines and Billboard charts. His co-written song "Smile if you love Jesus" charted #1 on the 1999 Country Gospel Music Guild charts. John's 1960's folk rock songs are also featured on a rare European collector's CD, "California Love in" (also featured is legendary rock band, Steppenwolf). More of Covert's original vintage Crystal Image rock music can be found on the official website: www.crystalimageband. weebly.com. Gear up for an evening of entertainment and dance. You are welcome to bring your favorite provisions. Sign up at Member Services.

# Concert Featuring James Garner "The Cash Tribute Show"

Saturday, April 23, Two Shows, Diablo Ballroom, Vista Club \$15/pp by Special Arrangement Matinee: 2-4pm, Evening: 8-10pm



A classy production, James Garner's Cash Tribute Show celebrates the life and music of the legendary "Man in Black," Johnny Cash. With strong conviction and stunning accuracy, Garner and his band perform

Cash's music, combining it with historical accounts and personal anecdotes about America's most beloved singing storyteller. The show is a fun, toe-tapping trip down memory lane honoring Johnny Cash's life and music along with the boom-chicka-boom sound of his longtime backing band, the Tennessee Three. Visit their web site at www.CashTribute.net. Bring family, friends, and favorite provisions for this spectacular performance! Sign up today at Member Services. Vista Club now accepts credit card payments for association-sponsored events.

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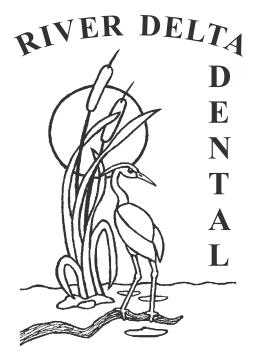


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#### TRIPS AND TOURS

All trips are operated by an outside company and are not associated with Trilogy Rio Vista Master Association. Trilogy Rio Vista Master Association is not liable for any trips or tours.



Ethel Ott (Cupcake) and Eileen Griffin (Twinkie)

#### Feb. 23, Craig Smith San Francisco Tour, SOLD OUT

March 6-10, 5-day Trip to Southern California, \$878/pp

Trip Highlights: Lunch and special viewing of "Vatican Splendors" at the Ronald Reagan Presidential Library; Madonna Inn Luncheon; Great American Melodrama dinner show; Fess Parker Winery Tour & Tasting; Danish Smorgasbord and Shopping in Solvang; BBQ and

Exhibition Trick Riding and Roping by the Riata Ranch Cowgirls; Dinner at the 94th Aero Squadron in Van Nuys; Tachi Palace Casino Resort, and more!

#### April 12, Gamblers' Special at Black Oak Casino, \$30/pp

Our usual 4-5 hours of "stay and play" with a \$20 bonus package.

#### April 30, Golden Gate Fields, \$79/pp

Seating at the Finish Line with a gourmet buffet luncheon in the exclusive Turf Club. A fun day watching the beautiful thoroughbreds compete.

#### May 23, Sacramento Educational Tours, \$TBD/pp

From law makers to law breakers: A tour of the California State Capitol where laws are made, followed by a visit to Folsom State Prison Museum to learn about people who break these laws. We'll enjoy a Hosted luncheon on the historic Delta King Riverboat in Old Sacramento with time for some browsing and shopping afterwards.

#### **Future Trips:**

June, Ethel's Mystery Trip

June, Cabaret Musical at the Orpheum

Theatre

July, A's Baseball and Fireworks

August, Hot August Nights in Reno

September, A 10-day Alaska Cruise

October, Fleet Week and the Hornblower

For further information call Ethel (7548) or Eileen (2684).





#### Assessment Notice

Association Assessments are published monthly on this page of Trilogy Living. This is an additional vehicle for checking your current assessment. Coupons will reflect the monthly assessment for those receiving them. Those on automatic withdrawal (ACH) may check their bank statements after the 5th of the month to see the amount taken out and all members may register at www. actionlife.com to monitor their accounts 24/7. If you have questions or need help registering online, please call the Administrative Office 707-374-4843.

Assessments for the month:

Master Association \$126.51 Plus the appropriate Village Assessment below:

Village I \$5.25 Village Oakmont \$5.20 Olympic Village \$5.10 Village Riviera \$5.25

Saddle Rock Village \$0 (None until dormancy ends)

**Eagle Point** \$0 (None until dormancy ends)

#### **Meeting Calendar**

#### **HOA House Renovations Committee**

Monday, February 8 and February 22, 3 p.m. Monterey Room, Vista Club

#### **Special Board**

Thursday, February 4, 2 p.m. Rio Vista Room, Delta Club

#### **Master Association Board**

Tuesday, February 9, 2 p.m. Diablo Ballroom, Vista Club

#### **Access Committee**

Monday, February 22, 1 p.m. River Room, Delta Club

#### **Administrative Policy Review Committee**

Thursday, February 11, 5 p.m. Tuesday, February 23, 5 p.m. Monterey Room, Vista Club

#### **Adult Committee**

Thursday, February 25, 1 p.m. Rio Vista Room, Delta Club

#### **Document Revision Committee**

Monday, February 1 & 15, 9:30 a.m. Monterey Room, Vista Club

#### **Emergency Action Committee**

Tuesday, February 9 and 23, 7 p.m. River Room, Delta Club

#### **Amenities**

Meetings have been cancelleduntil further notice.

#### Eagle Point Village Residents' Club

By the time you read this column, Eagle Point Village will have a new Delegate and Alternate Delegate. Thanks to Sam Levine for serving as Eagle Point Village's first Alternate Delegate. I also want to thank Julian Hawawini, Richard Pagan, and Mark Weis for volunteering to run for the 2016 Eagle Point Village Delegate position. Members had a chance to talk with each of the candidates at the highly successful, Meet the Candidates Night on December 29. Special thanks to Gary Swieso, Mike Guptil, and Bill Coley for their ongoing service on the Eagle Point Village Architectural Committee. Your service is valued and appreciated. The next Eagle Point Village Board of Director's meeting is scheduled for Thursday, March 24 at 6:30 p.m. We will see you there. For more information, contact Teresa Fraser at 415-407-8563 or terrifraser.sanfrancisco@gmail.com.

#### Saddle Rock Village Residents' Club (SRV)



We started the year off with selection of our new Delegate and Alternate Delegate. We have an opening on our Saddle Rock Village Residents' Board for

the position of Secretary.

Shown below are the events planned for the upcoming year. There will also be bus trips to local area wineries, plus much more.

**March 2016** Social in the Park (last Wednesday of each month at 5:30 p.m.)

**April 2016** High Tea for Saddle Rock Village Residents

May 2016 Appreciation Luncheon

**July 2016** 4th of July Celebration (parade is our responsibility)

September 2016 SRV Residents' Block Party

**December 2016** Holiday Party

December 9, 2016 Village Caroling

Changes to the SRV Residents' Charter have been approved by the Executive Board. This will allow any and all residents to be a part of decision making for future social events. Our Social Committee meets the first Wednesday of each month. The meeting is held in the Monterey Room of the Vista Club at 2 p.m. Any and all are welcome to attend. A Chairperson is needed to facilitate the meetings. Anyone can hold this position and will be mentored by myself. I hope we have someone willing to step into this position. For information, please contact Dana Hoover, President at 707-374-3455 or time4dana@mindspring.com

#### Village Oakmont Residents' Club

Village Oakmont would like to congratulate Saddle Rock Village for a successful Holiday Dinner Dance in December.

We have a new Board of Officers for our Residents' Club: Vice-President: Linda Bingham, Treasurer: Patty Peterson, Assistant Treasurer: Sharon Patterson, Secretary: Milly Mc-Coy, Assistant Secretary: Cynthia Schroeder. Linda will serve as the Chair of our Social Committee.

The Village Oakmont Social Committee rested in January and is now ready to start 2016 with lots of energy. Our

first activity of the year will be to staff the no-host bar for *Music of the Night* on March 30, 31 and April 1, 2 at the Vista Club. We are looking for volunteers to help pour wine and sell drink tickets. There will be a Responsible Beverage Server (RBS) class held on March 12 from 9 a.m. - 12 p.m. at the Rio Vista Fire Station. There is no charge for the class. For more information or questions, call Antoinette at 707-374-5154.

We are always looking for help with our events and look for new ideas from our residents. Everyone is a member of our team; come join the fun. The Social Committee meetings are held the first Monday of the month at 3 p.m. in the Monterey Room at the Vista Club.

#### **Dates to remember:**

**February 1:** 3 p.m. Social Committee meeting, Monterey Room, Vista Club

**March 7:** 3 p.m. Residents Club quarterly meeting followed by the Social Committee Meeting, Monterey Room, Vista Club

**March 30-31, April 1-2:** Staff the no-host bar at the *Music of the Night* production

We want to hear from you, so don't be bashful; call or email Linda at 760-486-9178 or linda.bingham@gmail. com with ideas and suggestions or to volunteer.

Village Oakmont Residents' Club wishes everyone a Happy Valentine's Day!

#### Village Oakmont Kare Bears

The Village Oakmont Kare Bears started the New Year with their first meeting on January 13 with plans for great things to come in 2016.

With our new co-chairs in place, it promises to be a fun and successful year. The new co-chairs and their contact numbers are: Annelie Voit (707-374-4968), Virginia Albertson (707-374-6823), Kathy Russo (707-374-2969), and Janet McKimmy (707-374-5415).

If you, or any of your Oakmont neighbors are in need of assistance and short-term help because of medical reasons with rides, meals, or home help, please don't hesitate to call one of the above numbers, and it can be arranged.

The next Oakmont Kare Bear meeting will be held on Wednesday, February 10, at 10:30 a.m. in the Delta Club. Come early, join us for coffee and goodies, and share your ideas.

# Village One Residents' Club (VORC)

There were smiles on the faces of 100 VORC members and guests at the VORC Christmas party on the evening of December 12 at the Delta Club. ABC Catering timely served a delicious meal, Grace Bos provided holiday music at the piano and Santa made a well-received surprise visit. While Santa claimed to be Dave Hinders, we knew better.

Events for 2016 were discussed at our Quarterly Meeting on January 13. In recent years we have celebrated Cinco de Mayo and Octoberfest, but suggestions from anyone who lives in Village One are welcome.

In late February our third annual new residents' gettogether will provide a comfortable way for people who have recently arrived in Village One to meet each other and the rest of us. If you are a newcomer and do not receive an invitation by the middle of February, contact us. For suggestions or information contact Tess Felte at 707-374-4778.

#### Village Riviera Board News

At the Village Riviera Association annual meeting a quorum was reached in the annual election with 232 votes. The Riviera's board members are: Don Seyk, president; Ida May Wagner, vice president; Martin Plavin, treasurer; Carolyn Azbell, secretary, and Ron Waite, director. The amendment to carry over excess funds passed. Minnie Howell was elected as the Riviera delegate and Carolyn Azbell accepted the position of alternate delegate.

This is the time of year that it is a good idea to review the HOA/notes from the administrative office, which prints only in odd-numbered months of *Trilogy Living*. Watch for it next month! Here are a few of the things that may be of interest to you. Minutes of the Master Board Meeting, Village Board Meetings, Committee Meetings, and Financial Statements are posted on www.MyTrilogyLife.com (MTL) and www.vivoportal.com (VIVO) for your review. Club hours are given as well as information on RV and boat passes. It gives you ways you can reduce Master and Village Associations costs by using electronic communications. It gives information on where you can get various resources such as tables, chairs, copies, residential directories, and who to contact to place an ad for Trilogy Living. It gives resources residents and guests may use. There are articles from the Access Committee, Emergency Action Committee, Village Board Meetings, Kare Bear Meetings, and Residence Club Meetings. A meeting calendar with the dates and times of the Master and Village Board Meetings are given as well as when and where of the various Committee Meetings. These are just a few of what is there, so be sure to check it out.

The March 3 meeting is on Monday at 6 p.m. in the Marina room at the Delta Club. If you have any questions or concerns, call Don at 707-374-6407.

#### Village Riviera Residents' Club

The Soup Potluck is over and was as amazing as ever. Thanks to all who attended for the effort you put into your creation, whether it was a soup, a salad or a dessert.

But we must move on to our next event. The Ladies' Luncheon, a smash hit for the past five years (my how time flies), will be held Friday, May 13, as of this writing. If there is a change in date the flyer and future articles will reflect it.

What else do we have in store for you for 2016? Coming up in July is the incredible and ever-so-clever Treasure Hunt. In addition, we are working on the possibility of a Hoe Down with Square Dancing for laughter and exercise. A simple dinner will go with it. Keep your fingers crossed that we are able to put this together for you as something new from the Riviera Residents' Club. This will take place in September or October based on availability of the caller as well as a venue for holding the event. Finally, December always brings us to the beautiful Black and White Affair, our annual holiday dinner.

The Residents' Club is open to all Village Riviera residents. We welcome new members and love the new ideas you bring with you. What...you say you don't have new ideas? No matter. We will put you to work helping create wonderful fun events, and our events are open to all Trilogy residents. The Club meets the third Thursday of every month, at 5 p.m. at the Vista Club. Questions, call Barb Downs at 707-507-5026.

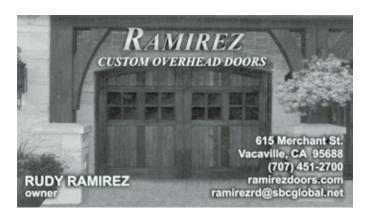
#### Village Riviera Kare Bears

It is important that every resident have their medical information available in an emergency, so make sure that this year you do. You can get a Vial of Life form from your street coordinator, the Rio Vista Fire Department, or online at www.vialoflife.com/welcome\_to\_vial.php and print a copy for yourself. The form asks for your personal information, medical history, medications you are currently taking, and emergency contact information. Once you have completed the form, fold and place it in a plastic sandwich bag. Put one of the red stickers that come with the form on the outside of the bag and attach the bag to the outside of your refrigerator. The remaining red sticker should be attached to your window near the front door. Please remember to update the form anytime any medications are changed, no matter how small the change may be.



Our 2016 officers are: Chairman-Valerie Krummer, Co-Chair-JoAnne Stangle, Secretary-Sue Williams, Co-Secretary-Gerry Swan, Treasurer-Carolyn Azbell, and Co-Treasurer-Kathy Moore.

We meet the second Monday of even months at 10 a.m. at the Delta Club with refreshments before the meeting at 9:30 a.m. Our next meeting is February 8. If you live in Riviera and think you can help, come meet your neighbors and join us at a meeting. If you or a neighbor needs assistance because of surgery or an illness call your Riviera Kare Bear block coordinator for assistance. If you don't know who your Riviera block coordinator is, please get in touch with Valerie at either jonvalk@gmail.com or 707-374-6942.







#### Visiting Physician Service

In-home medical consultations for Trilogy Residents

707-419-6026

Raymond Donovan, M.D., is a Family Medicine physician with more than 40 years of experience in the Bay Area, and a Trilogy resident since 2014.

In the privacy and convenience of your own home, Dr. Donovan will be your medical advocate by listening to your concerns, and assisting you in understanding your medical options.

#### A typical visit might include:

- · Providing a home safety evaluation
- · Checking your vital signs
- Reviewing your medications and side effects
- Reviewing imaging and lab test results
- · Assessing nutritional status
- Offering physician-to-physician communication

Please call for an initial complimentary meeting.



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#### Tuesday February 23rd

2:00PM to 4:00PM

The Golf Club at Rio Vista - Sir Flair's Bar and Grill 1000 Summerset Drive

Rio Vista, CA 94571

Family and Friends Welcome

Protecting American Families For 25 Years! Married couples are encouraged to attend together.

CALL NOW TO RESERVE YOUR SEAT! TOLL FREE (800) 9(

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**Kathy Erwin** Fitness & Spa Director

As we open up to the first chapter of 2016, I wish to extend a warm welcome to everyone who lives in Trilogy. The fitness and spa staff and I have been blessed, encouraged, and honored to have been a part of the memory-making and friendship-bonding with you. Your involvement ensures that the Trilogy family will continue to grow and extend its helping hand to all who enter its doors. It takes a wide variety of smiling faces and kindhearted people to craft the countless treasures that we cherish each day. We are not just familiar with each other, we are family.

It takes an inner circle of compassionate and caring individuals to create the camaraderie and warmth that builds trust in the community. Thank you for your time, talents and wisdom.

We also thank the local businesses and individuals who lent a helping hand in all areas of giving in 2015. Thank you for your commitment to our family. From my family to yours, may you make new wonderful memories in the coming new year.

Warm Wishes, Kathy Erwin

# 4th Annual Holiday Fitness Potluck was a Success!!



Over 120 members attended the potluck to win over 100 gifts, share food, and enjoy the company of friends.

#### **Special Thank Yous**

Ace Hardware-Oilwell Materials &Hardware, Anna Chunn, Awender Chiropractic, Betty Bowley, Bob & LeeAnn Frable, Brand You Consignment, Dee's Novelty (Dee Bush), Denise Rubiaco, Diane Cole, Donnelly Florist, Doris Noriega, Fool Crow Windy River, The Golf Club at Rio Vista, Galleria Bra Room, Hap's Bait & Tackle, Hema Kumar, Hong Kong Seafood Restaurant, Jan Vick, Jer-Lyn Jerry Washington, Karen Albanese, Laurie Mueller, Linda Szody, Lira's Supermarket, Mane Street Hair, Miguel Delgado, MD, Nails 4U. Napa Auto Parts, Natasha's Attic, New Horizons, Pat Puryear, Peter Bradbury, Rio Vista Auto Repair, Rio Vista Bait & Tackle, Rio Vista Market, Rio Vista Video, Rob Pedersen Insurance, Robin's Nest, Sheer Bliss Salon (Morgan, Leslie & Jen), Sir Flairs, Taqueria Mexican Restaurant, Teresa Fraser, Trilogy Fitness & Spa Department, Windy River Company, 3 Sisters. Lastly, a very special thank you to Wendy Manfredonia who helped make this years a success by helping bring in dozens of the donations.



# Trilogy's 4th Annual Potluck was a smashing success. Food and prizes, what more could you want?















# Trilogy Valentine's Day Spa Specials

Indulge in a little relaxation this Valentine's Day.

Treat your sweetheart or pamper yourself
with these Cupid-approved spa packages.





# Romancing the Stone

Warm Stone with Aromatherapy Treatment
Chocolate gift

\$99 (90 min)

# Cupid's Arrow

(2) 80-Minute Deep Tissue Massage Chocolate gift

> \$165 (80 min each) OR

(2) 60-Minute Deep Tissue Massage Chocolate gift

\$105 (60 min each)



Forget-Me-Not

50-minute European Facial and 25-minute Head, Neck & Back

\$70 (75 min)



#### **Aqua Joint Sign-ups Begin**



Back by popular demand! We are adding another day: Monday and/or Thursday. You pick 8 classes.

Fee: \$45 for 8 classes Time: 3-4 p.m.

Begins: February 1, 2016 Instructor: Beverly Shilich Sign up at Member Services.

#### Acupuncture

Charles Peri (Doctor of Oriental Medicine) is available every Thursday from 9 a.m. - 4 p.m. for consultation appointments. Please contact Member Services to make an appointment 707-374-4205. Schedule will vary depending on the demand.



Read Dr. Peri's article, Acupuncture for Stress and Anxiety, at www.MyTrilogyLife.com. Click on "Vista Spa & Fitness" and click the corresponding link.

# Valentine Image Products Special

Purchase **one** Image skin care product and get the second (of equal or lesser value) 15% off.

Purchase **three** Image skin care products and receive the 4<sup>th</sup> product (of equal or lesser value) **Free.** 

For more information, contact Member Services at 707-374-4200.

**Esthetician Angela Grinnell-Hall** 

#### **Naturopathy**

Dr. Kimberly Gilmore will be at Trilogy on the following dates: February 17, March 2 & 16 from 10:30am — 4:30pm for all consultation appointments and Vitamin B shots.



Kimberly Gilmore, Naturopathic Doctor, is at the Vista Club on the first and third Wednesday of each month. She offers B12 vitamin injections and naturopathic and nutritional consul-

tation appointments. Please contact Member Services to make an appointment. Schedule will vary depending on the demand.

Read Dr. Gilmore's article, Beating Belly Bulge the Healthy Way, at www.MyTrilogyLife.com. Click on "Vista Spa & Fitness" and click the corresponding link.

# February New Member Fitness Orientations

Saturday, February 6 at 11 a.m. Tuesday, February 16 at 6 p.m. Saturday, February 27 at 11 a.m.

# The Ultimate Body Lift

Get that extra help beyond diet and exercise!

#### FREE TRIAL TREATMENT

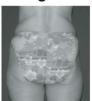
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# FINALLY THE ANSWER **NOW OPEN in Trilogy**

Residential Care Facility for the **Elderly** 

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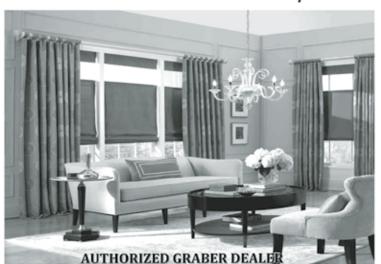
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# FOR FEBRUARY!

21

24

(B)eginning (I)ntermediate (A)dvanced



All classes require 1 of 3 card choices: a blue 20-punch for \$70, a yellow 10-punch for \$35 or an Unlimited Monthly Punch Card for \$85 so you can attend as many classes as you want. Get your cards at Member Services. Please call Fitness & Spa Director Kathy Erwin at 707-374-4205 if you have questions. All classes are held in the Vista Group Exercise Studio unless otherwise noted.

Last Month's Punch Card Raffle Winner: Betty Andersen

February Fitness Orientations: Sat., Feb. 6 at 11 a.m., Tues., Feb. 16 at 6 p.m., Sat., Feb. 27 at 11 a.m. If you plan to make a (ROM) Range of Motion appointment for a later date, please bring a \$20 check with you to the orientation. Thank you!

(GX) Group Exercise Studio
(DB) Diablo Ballroom
(VP) Vista Pool
(DP) Delta Pool
(RV) Rio Vista Room–Delta
(SR) Sonoma Room-Vista
(FC) Fitness Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6
8:30-9:30am WOW-TABATA- TABATA (B/I) (GX) (Pat) 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 10-11am Aqua Fit (B) (VP) Denise 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Meditation Breathing (B) (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30am-12:15pm ZUMBA Dance (B/I) (GX) Sophie 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30pm Yoga/Pilates (B/I) (GX or DB) Deanna	8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-11am Cardio Sculpt (B/I/A) (GX) Joele 11-12pm Feel Good Class (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly	7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW — TABATA — BOOM (B/I) (GX) (Pat) 9:30-10am Intro to Dance Aerobics (B/I/A) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-11AM Balance Boogie (GX) Joele 11am-12:30pm Hot ZUMBA (I/A) (GX) Prescy 6:30-7:30pm Balance Ball (GX) Deanna	8-9am Body Works (B/I/A) (GX) Kathy 9-10am Core/Stretch (B) (GX) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9:30-10:30am Advanced Aqua (B/I/A) (VP) Kathy 11am-12pm Feel Good Class (B) (GX) Beverly 1-2:pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/I) (GX) Tammy	7-8am Early Yoga (B) (DB) Tammy 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 10-11am Aqua Fit (B) (VP) Denise 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Balance Ball (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30am-12:15pm ZUMBA Dance (B/I) (GX) Sophie	11am-12:30pm ZUMBA Power (GX) Sophie
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11:30am-12:15pm ZUMBA
Dance (B/I) (GX) Sophie
4-5pm Stretch and Flex (B/I) (GX) Tammy
6:30-7:30pm Yoga/Pilates (B/I)

(GX or DB) Deanna



Fitness & Friends with Joele Swift

8 Steps to a Healthy Back with Beverly Shilich

Continuation of Yoga with Deanna Araya

The Practice - 2016 The Goal: Stress Free Life with Anna Chunn

Aqua Joint with Beverly Shilich

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JONDAI	MONDAI	2	WEDNESDAT	4	5	6
	8am Social Tennis 9am Woodcarving (D) 9:30am Walk & Talk (V) 9:30am Document Revision Com (V) 10am Village Oakmont ARC (V) 10:30am Garden Club Planning (D) 11am Saddle Rock Village ARC (V) 12pm Art: TAG Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 12:30pm Mah Jongg (V) 1pm Art Guild (TAG) Mtg (D) 2:30pm Pickleball (Tennis Courts 3 & 4) 3pm Guitar Club (V) 3pm Oakmont Village RC Social Com (V) 5pm Whist Planning (V) 6pm Poker (D) 6:30pm Game Night (V) 6:30pm MOTN Rehearsal (V)	8am Social Tennis 8:30am Radio Club (V) 9:30am Golf: Women's 9-Holers 10:30am Country Line Dancing (D) 11am Pickleball (Tennis Courts 3 & 4) 11:30am Golf: TRVMEN 12:15pm Beginning Watercolor Painting (D) 12:15pm Canasta: Hand & Foot (V) 12:30pm Dominoes (D) 1:30pm Golf: Women's 9-Holers Mtg 4pm Horseshoe Pit Play (Brockton Park) 4:15pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) 5:30pm Canasta: Couples (V) 6:30pm Religions of the World (D)	8am Social Tennis 8am TOPS (D) 8:30am Golf: Sr. Men's 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 11am Ukulele Club (V) 12:30pm Fat Quarters Quilters (D) 1pm Village Riviera ARC (D) 1:30pm Jazz Band (V) 2pm Art: Bergren Oil & Acrylic Class 2pm Card Design Class (D) 2pm Saddle Rock RC Social Com Mtg (V) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 6:30pm Soul Line Dancing (D) 7pm Billiard Club Membership Mtg (V)	8am Social Tennis 8:30am Golf: Women's 18-Holers 9am Eagle Point Village ARC (D) 9:30am Ceramics (D) 11am Pickleball (Tennis Courts 3 & 4) 12:15pm Canasta: Ponytail (V) 1pm Sailing Club (V) 2pm Special Board Meeting (D) 2pm Genealogy Club (V) 4pm Horseshoe Pit Play (Brockton Park) 4pm Book Club: 66 Bible Books (V) 5pm Table Tennis (D) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6:30pm Pinochle (V) 7pm Photography Club (V) 7pm Ballroom Dance - Adv (V) 8pm Ballroom Dance - Beg (V)	8am Social Tennis 8:50am Cycling Club (D) 9am Model Club (V) 9:30am Walk & Talk (V) 9:30am Village 1 ARC (V) 10am Rubber Stamp Card Making (D) 10:30am Country Line Dance (D) 12pm Adv Watercolor Painting (D) 12:15pm Bridge: Friday (V) 6pm Joy Luck Mah Jongg (V)	8am Motorcycle Club (Off-site) 9am Model Club — Garden Railway (V) 9am Table Tennis (D) 9:30am Hiking Club (V) 6pm Poker — Texas Hold'em /Omaha (D)
<b>7</b> 10am – 3pm Trilogy	8 8am Social Tennis	9 8am Social Tennis	10 8am Social Tennis	11 8am Social Tennis	12 8am Social Tennis	<b>13</b> 9am Model Club – Garden
Produce Market (D) 12pm – 3pm Super Bowl 50 Pre-Game (V) 3pm – 7pm Super Bowl 50 Game (V)	9am Woodcarving (D) 9am Olympic Village ARC (V) 9:30am Walk & Talk (V) 9:30am Kare Bears: Village Riviera (D) 12pm Art: TAG Open Painting (D) 12pm Bridge: Duplicate (V) 12:30pm Rip, Stitch & Bitch (V) 2:30pm Pickleball (Tennis Courts 3 & 4) 3pm House Renovations Com (V) 5pm Whist Planning (V) 6pm Soul Line Dancing (D) 6pm Poker (D) 6:30pm MOTN Rehearsal (V) 6:30pm Game Night (V) 7pm Model Club: RC Aircraft (D)	8:30am Radio Club (V) 9:30am Golf: Women's 9-Holers 10am Computer class:     Computer Basics (V) 10:15am Book Club (V) 10:30am Country Line Dancing (D) 10:30am TRVMA Executive Session (V) 11am Pickleball (Tennis Courts 3 & 4) 11:30am Golf: TRVMEN 12pm Recipe Club (D) 12:15pm Beg Watercolor Class (D) 12:15pm Canasta: Hand & Foot (V) 12:30pm Computer class: Creating,     Finding & Working with Your Files (V) 2pm TRVMA Board Mtg: Final     Budget Approval (V) 4pm Horseshoe Pit Play (Brockton Park) 4:15pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) 7pm Emergency Action Committee (V)	8am TOPS (D) 8:30am Golf: Sr. Men's 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Kare Bears: Village Oakmont (D) 10am Stained Glass (D) 11am Ukulele Club (V) 12:30pm Fat Quarters Quilting (D) 1:30pm Trilogy Jazz Band (V) 2pm Art: Oil & Acrylic Open Painting (D) 2pm Card Design Class (D) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 6:30pm MOTN Rehearsal (V) 6:30pm Nature Club (V) 6:30pm Soul Line Dancing (D	8:30am Golf: Women's 18-Holers 9am Blood Pressure Check (D) 9:30am Ceramics (D) 10am Council for the Arts (V) 11am Pickleball (Tennis Courts 3 & 4) 12:15pm Canasta: Ponytail (V) 1pm Gord Samaritans (D) 3:30pm Book Club: 66 Bible Books (V) 4pm Horseshoe Pit Play (Brockton Park) 4pm Golf: Sr Men's Board Mtg (D) 5pm Admin Policies Com (V) 5pm Tail-chi for Beginners (V) 6:30pm Pinochle (V) 7pm Computer class: MS Excel — the next level (V) 7pm Writers' Club (V) 7pm Ballroom Dance - Adv (V) 8pm Ballroom Dance - Beg (V)	8:50am Cycling Club (D) 9:30am Walk & Talk (V) 10am Rubber Stamp Card Making (D) 10:30am Country Line Dance (D) 12pm Adv Watercolor Painting (D) 12:15pm Bridge: Friday (V) 2pm Guitar Club: Beginners Workshop (V) 7pm Bunco (D)	Railway (V) 9am Table Tennis (D) 9:30am Hiking Club (V) 10am Model Club Bake Sale (V) 6pm Poker — Texas Hold'em /Omaha (D)
14	15	16	17	18	19	20
Valentine's Day 9am Dog Club Valentine Brunch (D) 7pm Dance Club — Boogie Aces (V)	Presidents' Day 8am Social Tennis 9am Woodcarving (D) 9:30am Walk & Talk (V) 9:30am Document Revision Com (V) 10am Joint ARC (V) 10am Council of Village Presidents (D) 11am Saddle Rock Village ARC (V) 12pm Art: TAG Open Painting (D) 12:30pm Mah Jongg (V) 12:30pm Rip, Stitch & Bitch (V) 2:30pm Pickleball (Tennis Courts 3 & 4) 3pm Guitar Club (V) 5pm Whist Planning (V) 6pm Soul Line Dancing (D) 6pm Poker (D) 6:30pm Game Night (V) 6:30pm MOTN Rehearsal (V) 7pm Fishing Club (D)	8am Social Tennis 8:30am Radio Club (V) 9:30am Golf: Women's 9-Holers 10am Computer class: MS Excel (V) 10:30am Country Line Dancing (D) 11am Pickleball (Tennis Courts 3 & 4) 11:30am Winter Bocce BYOS Social #1 11:30am Golf: TRVMEN 9-Hole 12:15pm Beg Watercolor Painting (D) 12:15pm Canasta: Hand & Foot (V) 12:30pm Computer class: Computing Tips & Tricks (V) 12:30pm Dominoes (V) 4pm Horseshoe Pit Play (Brockton Park) 4:15pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) 5:30pm Canasta: Couples (V)	8am Social Tennis 8am TOPS (D) 8:30am Golf: Sr. Men's 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 11am Ukulele Club (V) 11:30am Winter Bocce BYOS Social #2 1pm Village Riviera ARC (V) 1:30pm Jazz Band (V) 2pm Art: Bergren Oil & Acrylic Class 2pm Card Design Class (D) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 6:30pm MOTN Rehearsal (V) 7pm Olympic Village RC Mtg (V)	8am Social Tennis 8:30am Golf — Women's 18-Holers 9am Eagle Point ARC (D) 9:30am Ceramics (D) 11am Pickleball (Tennis Courts 3 & 4) 11:30am Winter Bocce BYOS Social #3 12:15pm Canasta: Ponytail (V) 1pm Good Samaritans (D) 2pm Genealogy Workshop (V) 3:30pm Book Club: 66 Bible Books (V) 4pm Golf: Sr. Men's Mtg (D) 4pm Horseshoe Pit Play (Brockton Park) 5pm Table Tennis (D) 5pm Village Riviera RC Mtg (V) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6:30pm Pinochle (V) 7pm Ballroom Dance - Adv (V) 8pm Ballroom Dance - Beg (V)	8am Social Tennis 8:50am Cycling Club (D) 9:30am Walk & Talk (V) 9:30am Willage 1 ARC (V) 10am Rubber Stamp Card Making (D) 10:30am Country Line Dance (D) 12pm Adv Watercolor Painting (D) 12:15pm Bridge: Friday (V) 3:30pm — 5:30pm Shibori Shirt Workshop Prep (D) 6pm Joy Luck Mah- Jongg (V) 7pm Whist Club (D) 7pm Karaoke — Spontaneous Fun (V)	8:30am — 4pm Shibori Shirt Workshop (D) 9am Model Club — Garden Railway (V) 9am Table Tennis (D) 9:30am Hiking Club (V) 2pm Black History Celebration (V) 6pm Poker — Texas Hold'em /Omaha (D)
8:30am – 4pm Shibori Shirt Workshop (D) 10am – 3pm Trilogy Produce Market (D)	8am Social Tennis 9am Woodcarving (D) 9am Olympic Village ARC (V) 9:30am Walk & Talk (V) 12pm Art: TAG Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 12:30pm Mah Jongg (V) 1pm Access Com (D) 2:30pm Pickleball (Tennis Courts 3 & 4) 3pm House Renovations Com (V) 5pm Whist Planning (V) 6pm Poker (D) 6pm Soul Line Dancing (D) 6:30pm Game Night (V) 6:30pm MOTN Rehearsal (V)	8am Social Tennis 8:30am Radio Club (V) 9:30am Golf — Women's 9-Holers 10am Computer class: MS Word (V) 10:30am Country Line Dancing (D) 11am Pickleball (Tennis Courts 3 & 4) 11:30am Golf: TRVMEN 9-Hole 12:15pm Beg Watercolor Painting (D) 12:15pm Canasta — Hand & Foot (V) 12:30pm Computer class: Facebook (for those who already have an account) (V) 12:30pm Dog Club (D) 4pm Horseshoe Pit Play (Brockton Park) 4:15pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) 7pm Drama Club Membership Mtg (V) 7pm Emergency Action Committee (D)	8am Social Tennis 8am TOPS (D) 8:30am Golf: Sr. Men's 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Stained Glass (D) 11am Ukulele Club (V) 12:30pm Fat Quarters Quilting (D) 1:30pm Jazz Band (V) 2pm Art: Oil & Acrylic Open Painting (D) 2pm Card Design Class (D) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 6:30pm Soul Line Dancing (D) 6:30pm MOTN Rehearsal (V)	8am Social Tennis 8:30am Golf — Women's 18-Holers 9:30am Ceramics (D) 11am Pickleball (Tennis Courts 3 & 4) 12:15pm Canasta: Ponytail (V) 1pm Adult Com Mtg (D) 1pm Good Samaritans (D) 2pm Community Connections (V) 3:30pm Book Club: 66 Bible Books (V) 4pm Golf: Sr. Men's Mtg (D) 4pm Horseshoe Pit Play (Brockton Park) 5pm Table Tennis (D) 5pm Tai-chi for Beginners (V) 6:30pm Pinochle (V) 7pm Computer class: MS Word — the next level (V) 7pm Theater Group (D) 7pm Ballroom Dance - Adv (V) 8pm Ballroom Dance - Beg (V)	8am Social Tennis 8:50am Cycling Club (D) 9:30am Walk & Talk (V) 10am Rubber Stamp Card Making (D) 10am Tennis Club Mtg (D) 10:30am Country Line Dance (D) 12pm Adv Watercolor Painting (D) 12:15pm Bridge: Friday (V) 2pm Guitar Club: Beginners Workshop (V) 7pm Bingo (D)	9am Model Club — Garden Railway (V) 9am Table Tennis (D) 9:30am Hiking Club (V) 10am Bocce All Captains Mtg (D) 2:30pm Table Tennis (D) 6pm Poker — Texas Hold'em /Omaha (D) 7pm James Anderson & The Rebels "Elvis Tribute" (V)
28	29					
6:30pm This N' That Coffee House (V)	8am Social Tennis 9am Woodcarving (D) 9:30am Walk & Talk (V) 10am Village Oakmont ARC (V) 12pm Art: TAG Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 12:30pm Mah Jongg (V) 2:30pm Pickleball (Tennis Courts 3 & 4) 4pm AARP Safe Driver Refresher Course (V) 5pm Whist Planning (V) 6pm Poker (D) 6pm Soul Line Dancing (D) 6:30pm Game Night (V) 6:30pm MOTN Rehearsal (V)					

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#### **Billiards**

The next Billiards Club meeting is on Wednesday, February 3 at 7 p.m. in the Monterey Room at the Vista Club. Tournaments are every Tuesday at 5 p.m. We play 8-ball or 9-ball depending on the week of the month. Officers: President Al Bergoust, Vice President Dennis Pool, Treasurer Jack Clark, Secretary Dallas Salomon, and Membership Chairman Dave Stewart.

Dec. 15, 8-Ball

1st Oscar Grissom

2<sup>nd</sup> Dave Stewart

3rd Richard Gutierrez

#### Latest weekly tournament winners:

Dec. 1, 8-Ball 1st Dennis Pool 2<sup>nd</sup> Diego Cassone

3rd Geno Toscano

Dec. 8, 9-Ball 1st Dennis Pool 2<sup>nd</sup> Jack Clark

3<sup>rd</sup> Geno Toscano

Dec. 29, 9-Ball

1<sup>st</sup> Richard Gutierrez

2<sup>nd</sup> Al Bergoust

3<sup>rd</sup> Ken Guillory

Nov. 24, 8-Ball Partners 1st Richard Gutierrez 2<sup>nd</sup> Al Bergoust 3<sup>rd</sup> Ken Guillory

For more information regarding the Billiards Club, please contact Al Bergoust at 707-374-2436 or alhelenb@aol.com.

#### Bingo

Join us for some fun! Mark your calendar for the fourth Friday of the month (February 26) for Bingo at the Delta Club. Games begin promptly at 7 p.m. Buy-in for each person is \$10 for 12 games. We have one early-bird special: one card for \$1. The prize money for each game is \$50 and the blackout prize is \$250. For more information, call Irene at 707-374-6999.

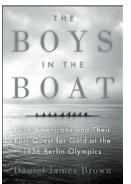
#### Bocce

The sign-up process for the 2016 morning and night bocce league play is underway. Current players will be contacted by their existing captains regarding their desire to play in 2016. The board has voted to increase the annual club dues to \$30 per person per league. Updated team rosters are due no later than Saturday, February 27 at the Captain's Meeting in the Delta Club at 10 a.m.

New players will have the month of February to sign up. New players are asked to pick up a sign-up form in the Delta Club at Box B in the hallway near the Marina Room. Complete the form and deposit it in Box B, along with a check, made out to the Trilogy Bocce Club, for the annual dues of \$30 per person, prior to March 1. New players will be assigned to a team or new teams will be created. Training will be provided prior to the start of the season. We are expecting to start playing the first week in April and the season will end around Labor Day. The final schedule depends on the ultimate number of players and teams that sign up. Mark your calendar now and plan to attend the general membership meeting which has been changed to Saturday, March 12 at 10 a.m. in the Delta Club. Remember to roll often, throw straight and have fun, that's what it's all about. Contact Joe Downes 707-374-7520.

#### Book

The Book Club meets the second Tuesday of each



month at 10:30 a.m. in the Sonoma Room at the Vista Club. The next meeting is February 9. The book selection is The Boys in the Boat by Daniel James Brown. March's book selection is Station Eleven by Emily St. John Mandel. There is no requirement to have read the selected book. Everyone is welcome to join; feel free to stop by. For more information contact, Adrienne 707-74-5576.

Happy Valentine's Day.

#### **Book: 66 Bible Books**

After taking a few weeks off for the Christmas and New Year's holidays, our club is anxious to get back together. We will be continuing with the book of Genesis and trust that the discussions and individual insights will continue to be both fun and educational for all. As always we welcome and respect each member's key observational points from the week's readings.

If you have a desire to read The Bible and discuss key points in a safe and friendly environment please come join us. We meet each Thursday at 3:30 p.m. except for the first Thursday of each month, we meet at 4 p.m. in the Monterey Room at the Vista Club. For any additional information please contact either Gary or Deb Dunham at 707-374-5324, gmdunham1@hotmail.com or debdunham@hotmail.com.

#### **Bridge - Duplicate**

Duplicate Bridge meets the second Monday of each month at 12:15 p.m. in the Sonoma Room at the Vista Club. Please mark your calendars for our game on Monday, February 8. All Trilogy residents who are interested in playing duplicate bridge are welcome. If you need a partner; we'll find one for you. Please contact Sue at 707-374-6136 for more information.



**December's winners:** Regular game: 1st: Betty Magnoli and Jack Krebs; 2nd: Sue Vogtlin and Lois Brusen; 3rd: Nan Lowenstein and Bruce Morrison. Novice game: 1st: Cyndy Schroeder and Tammy Woodworth; 2nd: Judit Havadtoy and Alan Carter

#### Bridge - Friday

Friday Bridge Club meets every Friday at 12:15 p.m. in the Vista Club, Sonoma Room. All levels of players are welcome. Please let us know you are coming by 12 p.m. on the Wednesday of that week.

Sign-up book is in the Sonoma Room in the middle top drawer of credenza at the left side of the room. On the first Friday there will be duplicate bridge, all levels welcome. Same sign-up book.

For more information or any questions, please call Larry Epner at 707-374-3511.

#### Bunco

Did you make a new year's resolution to laugh more? Enjoy meeting new residents and old friends? Get out of the house and use your head solving simple problems with your mind? Forgetting your problems while having some old-fashioned fun? Well, we have a suggestion for you. It is the very same game that you enjoyed as a youngster. The community offers Bunco, a very fast-paced dice game based on pure chance, but you have to pay attention. Bunco and refreshments are at the Delta Club on the second Friday of the month at 7 p.m. It is a fun and exciting evening. For further information, please call Shirley at 707-374-9984.

#### **Ceramics**



10" vase was prepared and glazed by Linda Robinette. Photo by Linda Robinette

Wowie-Zowie! This is a Leap Year. Since you have one extra day this month, why not join us in the Ceramic Club. It is also the month of Valentine's Day and you don't even have to make a reservation to come to a meeting and create something for the one you love. Just show up and we'll get you started. February 8 is Chinese New Year's,

and it is the year of the monkey. With so many special

days in February, you should be able to pick out one Thursday to celebrate. We meet every Thursday from 9:30 a.m. - 12 p.m. in the Marina Room at the Delta Club. For more information, please contact Ann at 707-374-5122.

#### **Community Connections**

Community Connections is resuming regular meetings, but we're doing it a whole new way! Some meetings will be held in member's homes, some at the Vista Club, some at restaurants, some in the afternoon, and some in the evening. We are a social group that likes to meet people, share local events and day trips, and have meals at different restaurants, some with guest speakers. We also perform short-term service projects.

Join us at our first 2016 meeting and share your ideas with us. The meeting will be held at 1:30 p.m. on February 3 at the home of Kathleen Moeller. Bring a sweet or savory snack to share; beverages provided, but BYO alcoholic beverages. Please RSVP to Kathleen for her address at 707-374-5784 or nextchapter62@gmail.com. For more information about the club, please contact Donna at 707-374-2461 or Pam 707-374-3161.

#### **Council for the Arts**

Be prepared to reserve your tickets early for this year's production of *Music of the Night*. It's shaping up to be a fantastic show. In addition to many of your favorite performers, there are new cast members this year that are sure to impress. Our director, Claire McKean, has put together an exciting program of American music. It will take you through a marvelous journey of the great songs that were on the lips of Americans throughout our country's history.

The Council for the Arts advocates for and offers financial grants to organizations and clubs in Trilogy that are involved in the many aspects of the arts. Our primary source of the funds used to support the arts is the revenue raised by *Music of the Night*.

Council for the Arts meets on the second Thursday of the month at 10 a.m. in the Monterey Room at the Vista Club. For more information, call Judy Calpo at 707-374-2924.

#### **Couples Canasta**

If you want to meet, socialize and have a fun evening with other Rio Vista Trilogy couples, this is the club for you. We meet at 5:30 p.m. on the first Tuesday of each month at the Delta Club's Marina Room and the third Tuesday of each month at the Vista Club's Sonoma Room. We play the gals against the guys! Canasta is a fun card game. It's easy to learn and no experience is necessary. Beginners

are always welcome! We collect \$5 club dues per couple when you play, to cover the cost of supplies. Please call or email Patt Holobowicz at 707-225-0796 or 312-420-7726 if you are interested. Email is patthalo@sbcglobal.net. We hope you will join the fun!

#### Cycling



Ride for fitness, fun and friendship. Meet on Fridays at 8:50 a.m. in front of the Delta Club. Rides are 20-25 miles, and helmets are

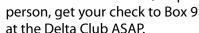
required. Bring money for a possible coffee stop. There are plenty of regroups; no one is left behind. "When I see an adult on a bicycle, I do not despair for the future of the human race." --H.G. Wells. For more information, contact Marcia or Al Morrison at 707-374-5177 or marcialsj@netscape.net

#### Dog

Our Valentine Dog of the Month is Sam the Man who lives in Oakmont Village. You can see Sam out walking with Sharon or chasing the ball with Tom; that would be the McDougalls, Sam's proud owners. Sam has been nicknamed 'Sparky' by Crystal and Vickie at the Vista Cafe.



Our Valentine's Champagne Brunch, open to all Trilogy Residents and guests, is being held on Sunday, February 14 from 9 a.m. - 1:30 p.m. Profits are for the Trilogy Dog Park scheduled to be finished in 2016. Cost is \$14 per





On a sad note, Linda Solomon one of the Trilogy Dog Club founding members, had to put her beloved Tucker down this December. We send out condolences.

Our Lost and Found Network has been busy finding and returning lost dogs, and even found a new home for Ginger, a Poodle Bichon, this past month. A special thank you to all of those watching out for our beloved pets.

Want to join Trilogy's Dog Club? Call Linda at 707-474-1905. This month's Doggie Play Date (open to member dogs) is at the Vista Club, on Saturday, February 20, from 9 - 10:30 for large dogs, and 10:30 - Noon for small dogs. The next club meeting will be held at the Delta Club on Tuesday, February 23 at 12:30 p.m. For questions or concerns, call Mona Elliott at 707-3744057.

#### **Dominoes**

Have you played dominoes in recent years? Get together with our new residents and old friends by getting out of the house and using your head solving simple problems with your mind. Try a very old game that dates back over 2000 years to ancient Chinese royalty that you likely enjoyed as a youngster. To be successful you must count tiles played, arrange yours to their best advantage, and be ready to be thwarted by your opponents. The outcome is never certain. Mexican Train Dominoes (likely the most popular variation) is played at the Delta Club every Tuesday at 12:30 p.m. Come one, come all. For further information, please call Shirley at 707-374-9984.

#### Drama

The new officers have been installed as follows: President, Debby Dubrow, VP, Sherry Rasmussen, Treasurer, Ida May Wagner and Secretary, Barbara Bellamy, with assistance from Nancy De Lucia. The communications coordinator is Linda Mitchell. Our only fund raiser for the year is the upcoming Pasta Feed on April 16. Reservations are required as space is limited. Doors open at 6 p.m. and dinner is served promptly at 7 p.m. The flyer will be in the March issue of *Trilogy Living*. Save the date! The Drama Club meets the last Tuesday of the month, 7 p.m. at the Delta Club. New members are always welcome. Please contact Debby Dubrow for more information at 707-374-6706.

#### **Fishing**

We are getting back into the season for fishing, and planning fishing activities. The crab season was delayed due to the effects of El Nino. We have been getting wellneeded rain to help end the drought and clean the rivers and streams of debris. There is rumor of a fishing competition this spring, dates and details to be worked out. I have discussed some ocean-fishing activity and even the possibility of a multiple-day outing from the San Diego area. If you are interested in joining, come to our next meeting in the Marina Room at the Delta Club on Monday, February 15 at 7 p.m. For more information, contact Noel O'Brien at obriennoel@rocketmail.com or call 925-348-4097. Tight Lines!



#### Garden



January was an educational month for the Garden Club! We had our first members-only event of the year where Robert Saburomaru taught us the proper technique for pruning rose bushes. Mr. Saburomaru is a landscape designer, nursery owner and lifelong gardener. Thank you to both Mr. Saburomaru and our own Harish Chinai who volunteered his

rose bushes for the demonstration. Our regular meeting featured America's Happy Gardner<sup> $\mathrm{TM}$ </sup> Bob Tanum who not only spoke about his book *Gardening Month to Month in Northern California*, but autographed copies for the attendees as well.

February is the month of love as Valentine's Day approaches. In keeping with the theme of love, we will be exploring the birds, bees and butterflies that pollinate our gardens. Michelle Davis, Solano County Master Gardner, will detail what we should plant to attract our pollinating friends to our gardens at our Thursday, February 11meeting which will be held in the Diablo Ballroom of the Vista Club at 1 p.m.

The Garden Club has also been working with the Model Club by pruning back the invasive dymodia plants and planting native California plants, succulents and over 100 bulbs. Look for us in February when the Model Club hosts their bake sale!

With over 2,500 homes here in Trilogy, and more being built, the Garden Club would love to see more of our neighbors join to share, learn and participate in the upcoming events that are being planned. Remember you don't have to be an experienced gardener to join us! For more information, or if you have any questions, please email Robie Williams at robiew@hotmail.com.

#### Genealogy

Most of the 1890 U.S. Federal Census was destroyed in a fire in the 1930s. This leaves a large 20- year gap in census records for genealogists. Here are five sites that could help bridge this gap.

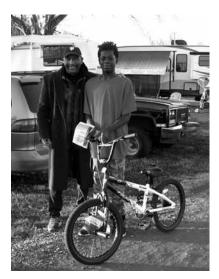
- 1. State Census Records: Many states took their own censuses in between the federal ones. Most state census records were done on years ending in the number 5; however, some state censuses will appear at other years.
- 2. State Vital Records: Different states began taking vital records and recording them at the state level as a matter of law at different times. Check the states

- where your ancestors lived and see if those states had mandatory birth, death and marriage certificate laws during the 1880-1900 gap years.
- 3. Old Newspaper records: Many old newspapers were preserved in archives and lots of those newspapers are available online at sites like GenealogyBank.com and Ancestry.com. and a paid-newspaper site called NewspaperArchives.com.
- 4. Military Records: If you have ancestors who fought in the Civil War or the Spanish-American War, lots of detailed family information was often recorded in these records.
- 5. Cemetery Records: Family members were often buried next to or near each other. If the cemetery has an office, ask for a burial map, it will list the names of unmarked burials and show their location.

Utilizing these sites might give you the ability to discover the previously unknown death dates of ancestors you may have been searching for, and could also show you previously unknown relatives.

Club meetings take place the first Thursday of the month at 2 p.m. in the Monterey Room, Vista Club. For more information, contact Rhoda at 707-374-7542. The workshop is held the third Thursday at 2 p.m. in the Learning Center, Vista Club. For more information, contact Carolyn Bridges at wncbridges@comcast.net or 510-334-0912

#### **Good Samaritans**



Brother Paul keeping the "dream" alive by helping those in need.

Every February, people across the nation celebrate Black History Month with prayers, lectures, award ceremonies and numerous other events. All this is aimed at preserving and highlighting the immeasurable contributions of African-Americans to U.S. history. In 1976, President Gerald Ford officially recognized Black History Month, calling it a moment for the

public to "seize the opportunity to honor the too-often neglected accomplishments of Black Americans in every area of endeavor throughout our history." Every year Black History Month has a theme that recognizes pivotal events or topics that should be highlighted during the year's celebration. The theme for 2016 is "Hallowed Grounds: Sites of African American Memory."

The Bible reads, "Love each other with genuine affection, and take delight in honoring each other." Romans 12:10. First giving honor to God, we want to recognize a few African-Americans who showed their achievements came from prayer and knowing God's Word.

- 1. Dr. Charles Drew, a surgeon and researcher developed a new understanding of blood plasma, allowing blood to be stored for transfusions.
- 2. Frederick Douglas, Civil Rights Leader in the Abolition movement and consultant with President Lincoln.
- 3. George Washington Carver, Scientist brought forth 300 products from the peanut.
- Booker T. Washington, Educator founding Tuskegee Normal & Industrial Institute, now known as Tuskegee University.
- 5. Dr. Martin Luther King, Jr., Minister, Civil Rights Leader, Nobel Peace Prize Winner. Dr. King's speeches and sermons have reached many people worldwide. His teachings are increasingly relevant to the progress of humankind.
- 6. Barack Obama, First African-American President of the United States of America.

Along with President Obama, today there is an endless number of African-Americans throughout the world who have brought pride and dignity to the human race. Email 9fellowship@gmail.com for more information.

Scripture of the Month: 1 Cor. 13:4-13

#### Guitar

Our next This 'n That Coffee House will be on Sunday night, February 28, in the Diablo Ballroom. Stop in and listen to your neighbors sing and play guitar or read a poem. It's a relaxing evening of music and the spoken word. Coffee and snacks are free and there is no admission fee. The first song begins at 6:30 p.m. The Coffee House is not an Open Mic event. If you are interested in taking to the stage, come to any of our Guitar Club meetings or workshops to audition. The Club is also considering an afternoon "Coffee House" music concert on the patio sometime this spring. Let us know what you think.

We meet regularly on the first and third Mondays of the month in the Diablo Ballroom from 3 - 5 p.m. For those two hours we play, sing, talk and have a good time. Beginners and non-players are always welcome to all our meetings. For those who are interested in learning to

play, need help changing strings or just advice, consider coming to our Beginners Workshops on the second and fourth Fridays of the month in the Diablo Ballroom from 2 - 4 p.m.

If you have questions about the club or events, contact Roger Kohn at 707-374-2737 or email Rich Victor at thatsrich@gmail.com. or email us at guitarclubTRV@gmail.com.

#### Horseshoe



The horseshoe club is in the process of regrouping. You may have noticed that we now have four new horseshoe courts located in Brockton/Rutland Park off of Summerset Drive. We will play every Tuesday and Thursday at 4 p.m. We will be at the pits in January, weather permitting. If you are inter-

ested in joining the club or just want to come give it a try, we will welcome you, men and women. You can visit the one and only Saddle Rock Residents' club website by clicking on the horseshoe club logo at http://saddlerock. tk, or contact Richard Larsen at 707-580-8122. We hope everyone had a safe and happy holiday, and hope to see you at the pits.

#### **Mah Jongg**

If you are looking for a fun, interesting and challenging game, Mah Jongg may be the game. We meet every Monday except the second Monday of the month at the Sonoma Room, Vista Club, from 12:30 - 3 p.m. If you have never played Mah Jongg, or played a different version, we have many good players who will help you learn the game. We play the Hong Kong version and we do not play for money. Come join us. For more information call Molly at 707-374-3417.

#### Men's Executive Nine Golf

The Rio Vista Men's Executive Nine Golf Club is comprised of members who enjoy playing nine holes of golf and then socializing after the game. We play each Tuesday mid-morning. The format varies each week, with individual "straight" golf play two Tuesdays of the month, and, with a few exceptions, individual and team tournament events on the alternate Tuesdays. Our club currently has 91 members. We would like to welcome new member Ray Rexford. If you would like to join us, pick up an application form in the Pro Shop posting room or contact our Membership Chairman, Rolf Sabye, at 707-374-5053.

There were two Tuesday tournaments held in December. The winning foursome members of the "Eliminator" tour-



nament on December 1 were Rayno Niemi, Michael Marcotte, Gerald Eremian, and Dave Hampton. The winning foursome members of the "Miami Scramble" tournament on December 15 were Dennis Germano, Michael Greiner-Marcotte, Al Shaver, and Mike Buckley.

There will be two Tuesday tournaments in February. On February 9, the club will hold a "Kansas Scramble" tournament. On February 23, the club will utilize a "Shamble" format for that day's tournament. We invite you to come out and join us for a good time with a great group of guys.

#### Model

We have great plans for the new year. They include our lively meeting on the first Friday of each month at 9 a.m. in the Vista Club. There we talk about community events, club members not present, and adventures for upcoming months. These include shows and gatherings about all aspects of modeling, including planes, cars, trains, boats, collections, museums and points of interest. We like to organize tours in the Bay Area and the only cost to you is sometimes tolls, admissions and always your lunch. Often a member will share with us a look at their modeling passion by showing their collection, photos, videos, books or just an interesting story.

We are extremely pleased that we are continuing our annual sponsorship of the Trilogy Valentine's Day Bake Sale. We solicit donated baked goods that you can enjoy yourself or with your sweetie. The sale will be held in the Diablo Ballroom of the Vista Clubhouse on February 14. We will include examples of most of our collections, projects and adventures. Homemade baked goods and candies will be placed on sale at 10 a.m. Your donations are greatly appreciated. All financial proceeds are used to maintain and upgrade your Garden Railroad. The baked goods are usually sold out by noon so be sure to come early and enjoy the tasty items with the provided coffee and drinks. Any questions, please contact our president, Mr. Ted Tome at 925-691-4676. Please join us at our monthly meeting.

#### Motorcycle

The Trilogy Motorcycle Club riders meet the first Saturday of every month for an all-day ride. The January 2 ride started as an invigorating 37 degree day but quickly warmed up to 49 degrees with snow on the hillsides. What a wonderful day; nine courageous riders headed east to kick off a new year of riding with a destination of "let's find the snow," and have a burger at Cooks Station. We had a warm-up stop at the Coffee Grind in Galt and another at Starbucks in Martell before heading into the windy back country east of Plymouth. The intent was



L to R.: Wil Bridges, Bob Sparks, Randy Scott, John Stapp, Frank Cable, Mimi Trintini, Ted Tome, Bob Azbell, Jim Epstein

to take Omo Ranch Road to intersect with Highway 88 and on to Cooks Station. Omo Ranch climbs rapidly as it nears Highway 88, and the altitude was noticed when we began to see patches of snow, but not to worry, the road was snow free . . . until it wasn't! After a few photos, we concluded that Old Man Winter had won and we backtracked to Mel's Diner in Jackson for a well-earned lunch and to plot our next rebellious action against winter.

As usual, lunch tames down this bunch of rebels, so we headed west for the return leg passing Comanche Reservoir and couldn't help but notice the lake level; we are rooting El Niño on for a wet and filling year. Another warm-up break in Lodi provided the impetuous to make it back to Rio Vista and declare the day a success. Not a long ride at 190 miles, but the crisp weather, dry roads and gorgeous snow-covered country side made for a super kickoff for the New Year.

We invite the other motorcycle riders in Trilogy to join us on any of the monthly rides. The next ride will meet at McDonalds in Rio Vista at 8 a.m. on February 6, the destination to be determined based on weather. For more information, contact Bob Pastorino at 707-374-6556 or Larry Nelson at 707-374-2967.

#### **Movers & Shakers**

This is a support group for those with Parkinson's, Essential Tremor, Dystonia, or any other movement disorder. We meet once a month at 7 p.m. For date and location, call Audrey Kinser at 707-374-7506.

#### Nature

Nature Club outings have been very fruitful, with members seeing many rare winter visitors. Monday, February 8 is an in Trilogy Bird Walk gathering at 9 a.m. at the drill sight on Summerset and Palisades above hole #3 on the golf course. Wear sturdy shoes. Bring binoculars and a jacket.

Friday, February 19 we will attend the San Francisco Bay Flyway Festival on Mare Island. This is an annual event with many informative activities. The festival is 20 years old and celebrates the migration of over one million shorebirds and thousands of hawks, ducks, geese and song birds at the peak of their migration. Visit www.sfbay-flywayfestival.com for more information. Meet in the Vista parking lot, at 9 a.m. to carpool to Mare Island. A warm jacket, comfortable walking shoes, and snacks are recommended. You might consider binoculars and maybe even an umbrella. Our monthly meeting is February 10, at 6:30 p.m., Monterey Room, Vista Club. Hope to see many of you at this exciting time of year. Call Gail at 707-374-2718 for more information.

#### **Photography**

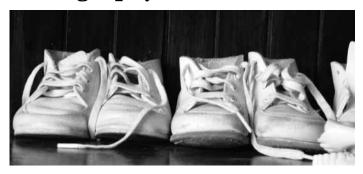


Photo courtesy of Karen Albanese

We meet on the first Thursday of each month at 7 p.m. in the Monterey Room at the Vista Club. This month's meeting is on February 4. If you plan to share your photos during the "show and tell" portion of the meeting please arrive by 6:45 p.m. to upload your pictures. Remember to 1) label your flash drive and 2) limit the files on it to only those to be viewed during the meeting; this frees up time so that everyone's work can be shared and enjoyed.

Many of us look forward to getting the next "homework assignment" that motivates us to get out and take pictures. Topics for upcoming "show and tell" segments are: this month: "the look of love," March: umbrellas, benches, footwear, April: reflections, hats, musical instruments. For more information about our club activities, email c.a.wavrick@gmail.com.

#### **Pickleball**

What's that sound on the tennis courts? The sound of the plastic ball hitting the paddles! It's pickleball! It's no secret that pickleball has come to Trilogy, and it's the most popular retirement sport across the country. The sport is played on a smaller court with a hard paddle and a hard plastic ball with holes in it. This enables those with good racket skills to play competitively without needing to run around as much as you would in ten-

nis. Pickleball is played in a doubles format and is sort of a combination of badminton and ping-pong with a lot of the same strategy of tennis. It's also very easy to pick up, and that is the key to its popularity. Experienced players can teach someone who never played pickleball within a 10-minute lesson, with our extra paddles and they can play an active game of pickleball with other players' assistance, almost immediately!

Scheduled social play is Mondays from 2:30 - 4:30 p.m., and Tuesdays through Fridays from 11 - 1 p.m. (after the Tennis Club's scheduled play) on Courts 1 and 2. All levels of players are welcome! Just remember to wear non-marking shoes to prevent marking the tennis court's surface. Tennis court shoes support your ankles for lateral movement, better than running shoes! You can always get a team of four players and "reserve the courts" for play at other times during the week. We have put nets, four paddles, tape and pickleballs in the shack outside the courts. Enjoy the game, play more often! For more information, contact Linda Pagliaroli at 916-835-3801.

#### Pinochle

The Pinochle Club meets every Thursday at 6:30 p.m. in the Sonoma Room of the Vista Club. Depending on attendance, we play single deck and double deck pinochle. Enjoy getting together with other pinochle players, even if you have not played in years. Contact Shirley Grijalva at shirleygrij@frontier.com or 707-374-6752.

#### Radio

The Radio Club was formed because residents recognized that due to our geographic location and the realization of the needs of our residents we could be at some risk in the event of highway blockages, power outages or other far-ranging emergencies requiring our people to communicate to outside areas or agencies for status, care or replacement of medical supplies, wellness checks or emergency services. We work closely with Trilogy Community Management, the Fire Department, the Solano County Sheriff's Department and the California State Office of Emergency Services. We are proud of our contribution and remain available to serve our community.

We strongly recommend you take seriously the recommendations of the emergency Action Committee's list of emergency supplies you should maintain in your home.

If you feel you would like to join this worthy organization, or if you would like to learn more, the Radio Club meets most Tuesdays in the Vista Club Monterey Room at 9 a.m. for demonstrations and technical discussions. Please stop by. Call Club President, Jerry Armanino for more information at 707-374-2461.

#### **Religions of the World**



The Religions of the World (ROW) Club is a diverse group of Trilogy residents interested in learning more about the different religions of the world. For nearly three years, we have been informed of the history, beliefs and practices of these

religions, and have been surprised about the similarity of beliefs among them.

Our February meeting will be on Tuesday, February 2, in the Delta Club's River Room. The first segment will finish up the earlier session on the Golden Rule and then on to the topics of atheists and agnostics.

It is customary for our club presentations to address topics on the various world religions whose adherents represent nearly 80% of the world population. The February presentation will be an exception as our speaker will focus on a large segment of the religiously unaffiliated population, specifically those who self-identify as atheists or agnostics. A brief history of atheism dating back to the 6th Century BC will be outlined, and recent world surveys on religious affiliation will be presented. The world-view of atheists and their evidence-and-reason-based quest for the "truth" will be contrasted to the faith-oriented approach of religions. General conceptions and misconceptions on how atheists and theists view each other will be discussed. ROW members in the audience will be challenged to reconcile the conflicts between the two world views.

We meet the first Tuesday of every month at 6:30 p.m. in the Delta Club's River Room. This is not a forum for recruiting members to any belief system, and all Trilogy residents of any belief system are welcome. For more information, contact Don Cooper at 510-909-5049 or Barb Bellamy at 303-898-9279.

#### RV Roamers



Our Valentine get-together will be on February 15, and will be a brunch at the Lone Tree Golf Course. The address is 4800 Golf Course Road in Antioch.

The cost will be \$22.95 per person and Nancy Shirley will take your reservation. Call her at 707-374-5229.

Sandy Santos will be taking reservations for our March 14-17 RV trip which will be held at Laguna Seca Race Track. This racetrack/RV campground is located in Salinas. Call Sandy Santos at 707-374-3538. One bonus of this trip is that Sandy cooks a delicious St. Pat's dinner for the RVers on this trip.

Looking further into the year, July will take us to the garlic festival in Gilroy. Richard and Janice Larsen (707-580-8122) are planning that trip for the club. More information will follow as it gets closer to July.

Club dues are very low. Only \$12 a year and you can join us on these wonderful trips and get-togethers. If you join now, the dues are only \$5 for the rest of the fiscal year.

#### Senior Men's Golf

The new year saw golf and fitness resolutions made (and already broken); El Niño inspired rainy weather that made golf course cart paths the busiest "streets" in Trilogy; and SRO attendance (maybe a stretch) at the first General Membership meeting of the year. In a political year, President Ken Higaki attempted to claim credit for the great turnout, based on the strength of, and interest in, his meeting agenda, but long-term observers opined that the annual distribution of tournament winnings was a more likely incentive.

2016 stands ready to be a banner year for the RVSMGC. Our home golf course is in the best condition going into the new year than it has been in recent memory. Tournament Director, Harold Rowe, has announced a full year's slate of (in a word, "interesting") weekly tournaments. Home Director, Rayno Niemi, has negotiated a nice package of opportunities for our members to play at other Bay Area Senior Association club tournaments, while we await improvements to our golf course that will allow us to again host BASA clubs in Rio Vista, beginning in 2017. And President Ken Higaki, in addition to his riveting meeting agendas, will again lead us out into local golf venues with a series of Away Tournaments that will test the validity of everyone's handicap.

The RVSMGC welcomes all Rio Vista men 50 and older to join our club. If you are not playing with us currently, come be part of the fun. Membership forms can be found in the club room of the Pro Shop. For all other information concerning membership and activities, contact our Membership Director, Eric Bromell, at 925-685-7237 or ebmixer@yahoo.com.

#### **Table Tennis**

Last month's article recounted the many reasons why our club members love table tennis. Foremost among them are social interactions, friendship and a sense of belonging. Other compelling reasons are the physical and mental exercises and the recreation and fun table tennis provides to members at Trilogy.

During the past year we convened nearly 200 practice sessions that offered members ample opportunities to interact and enjoy the sport's benefits. Four in-house E

tournaments and two tournaments against Rossmoor's Club were conducted during the year. A mid-summer picnic in the park combined bocce games and an international pot-luck luncheon. Towards the end of the year we instituted a training program, including weekly round



robin and monthly mini tournaments, to improve playing skills of members and increase their enjoyment of the sport. The year was capped off by a fabulous holiday party arranged by our tireless Social Director Brenda Hom and her many helpers, featuring delightful dining, gift exchanges, and soothing guitar music by Roger Kohn. Our outgoing president, the talented Ruth Barnes, and gifted club member Sherry Jasara joined Roger to lead us in singing popular Christmas carols. 2015 was a very



good year for our club. We look forward to a repeat performance in 2016 under the leadership of newly elected board members, noted below.

To learn more please visit http:// trvtt.wordpress.com or contact Len Latorre, President (707-374-3983); Mimi Petersen, Vice

President (707-374-2219); Rod Armas, Treasurer (707-374-5989); Saiman Hui, Secretary (707-374-4883); Tom Barnes, Tournament Director (707-812-7112), Ruth Barnes, Member-at-large (707-812-7112).

#### **Tennis**

Now that we are into the second month of this new year, it is time to discuss another common problem that tennis players are prone to and that is the Tennis Serving Shoulder. Fortunately there are a couple of simple exercises that can defeat this problem and you can do it in less than a minute each. One is called Over the Shoulder. To do it bring your left hand waist level to your back and the right hand over your head. Now gently stretch while attempting to bring the two hands together. There is no problem if the hands don't touch, the key is the word "gently" because you do not want to overstretch. Do this exercise about three times within less than 20 seconds. Then stretch the left shoulder the same way.

March 13 is the date of our next Daylight Savings Tournasocial. The November games were a lot of fun, you don't want to miss the next chance to play.

As always, daily Social Tennis is Monday - Friday from 8 – 10:30 a.m. and we welcome anyone, member of the club or not, to join us. Just be sure that your shoes are "court" shoes that do not leave marks on the court surfaces. Members only: for help with the ball machine please call Chuck (707-374-6808) or George (707-863-1082). George is also available for lessons if you want to pick up your game.

For more information about our club, our next club meeting is scheduled for 10 a.m. on Friday, February 26, at the Delta Club, or contact Claude Trottier at crtrottier92@gmail.com. You can also visit our website at www.frontiernet.net/~courtjesters.

#### **Theater Group**

Regular membership meetings are held on the fourth Thursday of each month at 7 p.m. in the Delta Club River Room. Our next meeting is on February 25. We warmly invite and encourage all interested Trilogy residents to drop in and check out what we're all about.

A full length play production is a huge team effort; everyone's skills and talents are essential to its success. If you're interested in finding out about how it all comes together and how you could be part of it, be assured there's a role for you to play, on stage or behind the scenes. Many members discovered their performing arts passion after moving to Trilogy!

Our first 2016 season production, a "play within a play" called Play On, by Rick Abbott, will be presented in four performances beginning April 28 under the direction of Louise Mitchell. Rehearsals are in progress and all the necessary preparations for another successful show are being managed by producer George Doner. Watch for performance posters in the club lobbies and seat reservation information soon. For more information contact Louise Mitchell at 707-374-3541 or sspm1939@gmail.com.

# TOPS (Take Off Pounds Sensibly)



Attached is a photo of TOPS' Christmas Luncheon with just a few of our fifty-plus members enjoying a beautiful lunch catered by Arvell Howell. Holiday songs were sung plus door prizes given out as well. Consider joining our TOPS meetings Wednesday mornings at the Delta Club. Weigh-ins are from 8 - 8:45 a.m. with our meeting starting at 9 a.m. and ending no later than 9:45 a.m. These meetings encourage and help one another as we Take Off Pounds Sensibly! Also, we now have ten KOPS (Keep Off Pounds Sensibly) to spur on the rest of our group! For more information about TOPS, call Leader Elouise (Ella) Brice, 707-374-1499 or Co-leader Jim Hodges, 925-368-

5795. We look forward to seeing you at our next Wednes-

#### **Trilogy Art Guild**

day morning TOPS meeting.

TAG is a club of artists and art lovers. We meet the first Monday of the month at 1 p.m. in the Delta Club. If you would like to become a member of the club, come out and join us. Our February meeting will be followed by a Painting with Coffee demonstration by Maren. Many of our members teach classes to allow our Trilogy residents an opportunity to enjoy a variety of creative experiences.

If you have always wanted to become an artist, you might like to try your hand at watercoloring. Anna Chunn teaches a class for beginners on Tuesdays and a class for experienced painters on Fridays. Participants from both classes have been creating some beautiful pieces of art. Contact Anna at 707-374-3560. Acrylic and oil painting is offered on Wednesdays; contact Alma 707-374-3064.

If you like crafting, try out one of our two cardmaking classes: Card Design with Wilda on Wednesdays (contact Alma at 707-374-3064) or Rubber Stamp Cardmaking with Shari on Fridays (707-363-9752). Upcoming Shibori workshops are scheduled for February 20-21, March 12-13, and April 23/24. Contact Lori at 707-374-6196 for more information.

#### **Trilogy Jazz Band**

We were so busy with rehearsing for our many programs in December, that we took it easy in January. Our Big Gig was playing for our former drummer, Pete Hoffman, celebrating his 90th birthday on January 16. What a fun time; congratulations Pete on reaching this milestone.

Things will be quieting down for awhile and we will concentrate on new music and maybe someone out there that used to play a horn of some kind will dig it out and join us. We practice every Wednesday in the Vista Club, Diablo Ballroom with our vocal group starting at 1:30 p.m., and the band at 2:30 p.m. As the new year starts, it's a good time to thank our director, Jim Lucas, who has been keeping our Jazz Band going for so many years. We all have so much fun playing. Come join the fun by calling Jim Lucas at 707-374-7567.

#### Ukulele

Just follow the happy strumming sounds to the Vista Club Diablo Room; you'll find us there every Wednesday. Beginning class meets at 11 a.m.; the performance group meets at 12 p.m. All Trilogy residents are welcome to drop by, listen, play and sing along with us.

No prior experience with musical instruments is required. Bring your ukulele if you have one and get ready to have some fun! Find out why so many people of all ages and walks of life, from all over the world, are taking up the ukulele; it's easy to learn and a great way to make new friends and keep those brain cells tingling!

Contact club coordinator Claire McKean (510-301-0479) or instructor Loren Iversen (209-477-9753) for more information.

#### Whist

By now you will know that we are endeavoring to bring you some of the best talent in the extended Bay Area. We are still thinking of the nice Martin Luther King program, with speaker Mrs. Geraldine Edward Hollis. Our Black History Month Program will captivate us with the return of Ms. Carolyn Jones. She brings her special style and silky smooth voice. We will again, share more of our history. Look for our flyer in an upcoming issue of *Trilogy Living*. We pray that you enjoy our presentations; we've got great plans to share with you, your families and friends.

In order for our organization to accomplish our aspirations and be effective, each one of us has to be willing to contribute time and talent. You are welcome to meet with us each third Friday of the month at 7 p.m. in the Delta Club. Bring a dish to share. The food is always good and plentiful. We play cards, dominos, or a game that you bring to share. Some people sit and exchange information. Come interact and share your thoughts with us on designated Mondays (see the Activity Calendar). We offer encouragement and support for each other. Contact Madalene Turner, Chairperson at 707-374-3361 or Jean Robertson at 707-374-0086.

#### Women's 9-Holers

December has been a ferocious month for weather, fog, cold, and even the much needed rain.

Our low net day was won by Sharon David with a score of 31. The Odd Holes day was taken by a new member, JoAnn Hess. Low Putts were won by Diane Scholz in flight 1 and Sharon David in flight 2. The Club put on a fabulous Christmas Luncheon at The Point, thanks to Betty Bowley and Sylvia Vannucchi. A great time was had by all and year-end winners were given beautiful trophies.





Most Valuable Player 2015: Fran Silva

Winners were Low Net-Jan Benner, and Most Improved-Barb Bellamy. To no one's surprise, Club Champion was Lynn Traver and a special award was given for her many years of dedicated service. Most Valuable Player was Fran Silva, 2015.

Pars for December (18 total), #5, #13, favorites. Par-of-the-Month Club Members: Lynn Traver(4),

Pam Fashing(4), Lois Dutcher(2), Sharon David(2), Debi Petteruti(2), Kathy Moore, Nancy Biles, Cathy Warr, Linda Rowe. Congratulations! Chip-ins: Georgette Rodrigues, Linda Rowe and Debi Petteruti. Georgette won the most money and it was on her last day with us. She has moved, and we had a luncheon in her honor. She will be missed. She won't be far away though; we will have to go see her in Manteca.

2015 was a great year. All in all we had 259 pars, 26 chipins and 7 birdies. No holes-in-one but we are working on that for 2016. We have lots of fun, learn a lot from our fellow players and socialize before and after golf, every Tuesday. Come join us! Contact Debi Petteruti at 707-374-5797 or nsdme2012@gmail.com for more information.

#### **Writers**



Whenever we travel by air, we place our trust in a pilot and the mechanics who last serviced the aircraft. Doctors who treat our injuries and illnesses have our confidence. Some hold a belief in a higher power. All of these are ways to "Keep The Faith," which is our optional topic for the

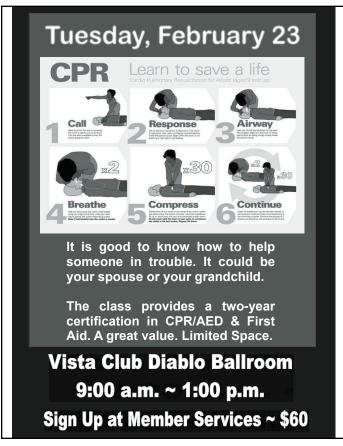
month of February. Where do you (or have you) placed your faith? If this is not a subject that inspires you, have faith that you can write about any idea that you'd like to share. Just write! Then join other authors, journalists and storytellers on Thursday, February 11 at 7 p.m. We'll meet in the Monterey Room of the Vista Club. For further information, feel free to contact Judy (707-374-3973), Zoe (707-374-3676) or Suzi (925-231-5213).













# Free Tax Service Through AARP Foundation TaxAide

Free tax help is available for those ages 60 or older, or in financial need. Free tax preparation assistance is also available for people of different ages with moderate incomes. This tax assistance service will be available February 1 through April 11, 2016 in Rio Vista at the library.

Visit www.aarp.org/taxaide for more information or call 1-866-57-ASKUS for an appointment (at Rio Vista library).

#### **Trilogy Labyrinth Walkers**

Please join us on Wednesday, February 10, for our second trip to Davis. This time we will walk the labyrinth at St. Martin's Episcopal Church, 640 Hawthorn Lane; designed in 2009 to be a replica of the labyrinth at the Cathedral of Our Lady of Chartres in France. We will assemble at the waterfall in the Vista Club parking lot at 9:30 a.m. for our short drive to Davis. After our walk we will dine in Davis. Once again, you may linger in town and visit all the interesting shops in this college town or head on home. Do let us know if you will be car pooling or if you would like a ride, be sure to give us your cell phone number when responding. Contact Gerry Swan at 510-507-4080 or Elaine Wisz at 707-374- 4310 for more information.

#### Trilogy Library Starts 15th Year

The Trilogy library was started with the goal of sharing books. Our library still continues to grow with generous donations from the community. The main location is in the Delta Club, but there are also books and movies available at the cafe in the Vista Club. Here's more information on our library:

What do you include in the library? Contemporary fiction has always been the most popular, but we also have history, sci-fi, health, military, religion, biographies, etc. A few years ago we added a Large Print section that has grown in size and popularity. We also offer current magazines, audio books, movies, and puzzles.

#### What is the procedure for borrowing from the library? The library operates on an honor system. Borrow what

The library operates on an honor system. Borrow what you like and return it when you finish. There is no checkout. All items borrowed should be returned to the Delta Club, not to the Vista Club.

**How can residents donate books?** Donations should be in bags and placed on the floor next to the return cart in the library. Guidelines are posted for what we accept.

Please read and follow instructions before bringing anything to the library.

**What do you do with extra books?** Duplicate books are sorted for delivery to Rio Vista schools or RV Friends of the Library. Our volunteers also take books to Friends of the Library in Fairfield, Travis AFB, Kaiser, and other locations around the county.

Where do you find volunteers? Our volunteers are residents. Many have been with the library for more than 10 years. In addition to shelving books, some volunteers sort donations, deliver books across the county, store books in their garage, and take old magazines for recycling. We will be needing new volunteers in the near future. Anyone interested in applying should contact Gary Spear at 707-374-3488.

#### **Art Classes with Gary Bergren**

Gary Bergren's Art Class is for beginners to advanced. Gary teaches from his years of experience with caring and patience, and is known for his one-on-one instruction. Gary has been instructing artists at Trilogy for 14 years.

Gary Bergren is a San Francisco Bay Area native born in Berkeley. He studied at the California College of Arts and Crafts in Oakland as well as with several well-known Classical Realist artists including David Hardy and Charles White. Gary worked for many years as a graphic artist and technical illustrator for the Department of Energy. He currently teaches portraiture, landscape and drawing at the Mt. Diablo Adult Education Department in Pleasant Hill; Civic Arts Center in Walnut Creek; Lafayette Community Center in Lafayette and Danville Fine Arts Gallery in Danville. Gary's work has been exhibited in numerous Bay Area galleries as well as galleries across the country including Jackson Hole, Wyoming and Santa Fe, New Mexico. His portraiture work has won multiple awards at Simic New Renaissance Galleries in Carmel, California. See more at http://www.crfineart.com/artists/ gary-bergren/#sthash.otGNkEBx.dpuf.

Classes are the first and third Wednesdays of the month from 2:30 - 4:30 p.m. in the Marina Room, Delta Club.

#### Rio Vista Community Service Food Bank Needs Your Help!

Commit your Tuesdays (8:30 - 11:30 a.m.) one per month or any combination that works for you. Must be able to lift 40-50 pound items on occasion. Help a team pick up the weekly donated food items with a provided van. Contact 707-374-2358 for more information. Thank you.



#### Alzheimer's/Dementias Caregivers' Support Meeting

Alzheimer Services and the Greater Bay Area Alzheimer's Association sponsor the caregivers support group to offer information, speakers and videos, as well as open discussion and social interaction for caregivers of loved ones with Alzheimer's or other dementias. The group meets the third Friday of each month from 9:30 - 11 a.m. at the Senior Center located at 25 Main Street in Rio Vista. Contact meeting facilitator Nat Marcoccio (RVALZSG@yahoo. com) for more information.

#### **Family Support Group**



Family Support Group is available to organize a memorial service for any family member who incurs the loss of a Trilogy member. For more information, please call Chairperson

Claudette Gartner at 707-439-6116, e-mail xbirdlady@myifp.com, or call Barbara Sherison at 707-374-6845.



#### AARP Smart Drivers Refresher Course

Must Have Had the 8 Hour Course within the Last 4 Years

#### February 29, 2016

4:00 p.m. to 8:00 p.m. Monterey Room, Vista Club

AARP Members \$15.00 Non-AARP Members \$20.00

Contact: Glen King, Instructor Phone: 374-3342 E-mail: grk59@frontiernet.net



Classic Rock ~ Country ~ Blues

John Covert's continued success includes awards from the Nashville Music City Song Festival, American Song Festival, and others. His songs have been featured on various television and publishing media ~ visit his web site at www.crystalimageband.weebly.com.



Saturday, March 19, 2016 Vista Diablo Ballroom 7:00 p.m. - 9:30 p.m. \$15 per person

Bring your own provisions and enjoy dancing to their spectacular performance!



Performing at Trilogy by special arrangement!

James Garner's tribute to Johnny Cash
celebrates the life and music of the
legendary 'Man in Black' with stunning accuracy!

An entertaining fun trip down memory lane - don't miss it!



Garner and his band perform Cash's music with historical accounts and personal anecdotes about America's most beloved singing storyteller. www.CashTribute.net

Bring family, friends, and your favorite provisions for this spectacular performance!

Sign up at Vista Club Member Services



# Trilogy at Rio Vista HOME BASED BUSINESS DIRECTORY

#### "At Your Service"

We Clean Beautiful Homes For Nice People Free Estimates Carmen Martinez 707-398-8345

#### **Mary Kay**

Independent Beauty Consultant Sueann Novotny 707-374-5624 E-mail: snovotny@citlink.net

#### **Nuskin/Pharmanex**

Look and feel years younger Guaranteed anti-aging products Diane King, Consultant US8301618 erasewrinkles@att.net 925-324-1062

#### **Rodan & Fields Skin Products**

Anti-Aging Products for Wrinkles & Brown Spots Call for FREE mini facial Lupe Finch, Independent Consultant 707-374-2466 or LupeandMarcy@gmail.com

#### **ANNOUNCEMENTS**

#### **Cat Adoption**

Adopt a cat or kitten: Pretty, sweet, adorable, friendly, neutered, spayed with shots: Lily (F) Brown tabby with green eyes; Apricot (M) Cute orange and white tabby; Gabriel (M) Soft, pale orange and white. Call to see. No obligation. Free to a good home 707-330-0808.

#### **FOR SALE**

#### **Truck Cover**

Insulated cover for 20 foot truck. Hardly used. \$100. / OBO. Call Dave at 707-374-4810.

#### **FOR RENT**

#### **House for Lease**

Belmont model, 1665 sq.ft., 2Bd/2Ba. Refrigerator, Washer/ Dryer, Non-smoker, Fenced large yard. Owner pays HOA and gardener. Tenant pays elec, gas, water and trash. Available 4/1/2016. Call 707-374-4627.

#### Maui Kaanapali Condo

2 Kaanapali Beach Whaler condos: 1) 1Bd/2Ba oceanfront, sleeps 5 from 6/24/2016 thru 7/8/2016, \$350 per night. 2) Studio sleeps 3 from 7/11/2016 thru 7/25/2016, \$150 per night. Jill or Pat 707-374-5598.

#### **SERVICES**

#### **Airport Transportation**

I'll get you to any airport or SF port on time and pick you up on return. TRV residents only. One way fares: SFO \$115, OAK \$90, SMF \$65, PORT \$100/ Call Ralph Hatch 707-374-3941.

#### **Bicycle Repair**

Gary's Bicycle Repair in Trilogy: (tire changes, wheel changes, flats fixed). Assembles, adjustments, tune-ups. Appointments only. Call 510-912-1640.

#### **Bookkeeping**

Manual or automated bookkeeping. No job too small or too large. Organizational skills. Experienced 20 plus years and bonded. Call 707-374-6264.

#### Caregiver

Experienced male caregiver: Drive your car to appointments, grocery, etc. Trilogy resident. Flexible hours and days. Prepare meals. References upon request. Call Sam 707-750-1195.

#### **Computer Aid**

I can fix your PC, including removing viruses and malware. New PC setup with file transfers and tutoring on Windows 8. Wireless printer, wireless connections for Netflix. Home theatre. Kathy Barker 707-374-6850.

#### **SERVICES**

#### **Computer A+ Assistance**

PC, Laptop, iPhone, iPad troubleshooting. Install networks, software. Virus removal. Wireless connections to printer, computer, home theater, Netflix. Technical expert—Robert 707-374-5129.

#### **Computer Doctor**

Woody Woodard will fix PC's/ Mac's, install, teach, create web pages, coordinate with Frontier, Best Buy, Comcast. 707-416-6067

#### Cleaning

Complete housecleaning! Quality cleaning at affordable prices. Weekly, bi-weekly, or once. Rental cleans. Call Dawn, "Jerry the Sprinkler Guy's" daughter at 707-628-4235 or 707-374-5239.

#### **Clock Repair**

Thirty years collecting and repairing clocks. No cost if I can't fix; low cost if I can. Call 707-374-6782. Ask for Rod.

#### **Dog Walking**

At Trilogy I will walk your dog while you are away, pick up mail, put out trash. I live at Trilogy. Ken 707-374-3842



#### **SERVICES**

#### **Facials**

Licensed Esthetician—Keep your skin beautiful with facials, microdermabrasion, vitamin treatments and more. Call Nina 707-374-3414.

#### Faux Finishing @ Its Best

Enhance the beauty of your home with faux finishes for your walls, columns, fireplaces and doors. Call Susan Prince/Oddo 707-374-2167.

#### Handyman

Save water; Install Watts hot water recirculation systems; electric repairs, plumbing, knick knacks, curtain rods, ceiling fans. Call Bob Coons 707-628-0889.

#### Handyman

Trilogy resident has over 40 years of home maintenance experience, MOEN faucet specialist, ceiling fan and chandelier installations, electrical trouble-shooting and GFCI problems, plumbing leaks, disposals, toilet maint., and more. Free estimates. City bus. license #1654. Bob Bailey 707-374-3391.

#### Hypnotherapy

Explore your inner mind to become a happier, healthier you in 2016. One guided meditation opens new worlds. \$50-\$75. Karen Lamberto 707-374-2938 master hypnotherapist since 1986.

# Impeccable Improvements & Repair

Established retired general contractor. . .Tile, wood floors, water leaks, drywall damage, kitchen & bath remodels/repairs, privacy walls, iron fences/French doors, indoor/outdoor Jacuzzi tubs, storm doors, fireplaces, dog/cat doors, mantels.10 year resident. Big or Small—I Do Them All! References available. Dominic, Your One Stop Shop in Trilogy 707-322-9476

#### **SERVICES**

#### **Income Tax**

Income Tax Preparation Individual Partnership and Corporate Income Tax Returns. Jim Castress 707-374-3590 samster.cas@gmail.com

#### Income Tax Services & Planning

Serving Trilogy since 1999; individual, trusts, business. Consultation in your home or my Trilogy office. Ron Auger, CPA 707-374-3068.

#### Moving?

Let us do the heavy lifting for you. We are local, strong, reliable, careful and affordable. 10 plus years' experience. Call Taylor 925-262-6827.

#### **Moving Furniture**

Arranging and moving furniture and appliances in or out of your home or storage. No job too small. Reasonable and careful. Call Neal at 707-624-9374.

#### **Notary**

My home or yours. Servicing Trilogy for the past 13 years. Please call Eileen Griffin at 707-374-2684. Thank you.

#### **Notary Public**

Certified Notary, fast, professional and reliable service. Discount for multiple documents. Please call Jeffrey 707-374-7541. Thank you.

#### **Notary to Go**

Only \$8 per notarization in Trilogy. Loan documents signing no additional charge. Since 1984. Call Warren at 707-374-3477.

#### **Painting**

Ron the Painter, a Trilogy resident and painter for 10 years is back. Interior painter, fences, mail boxes. Good price, good work. Call Ron 707-430-3135

#### **Painting & Drywall**

Repaint exterior & interior. Color and texture our specialty. Free estimates. 40 years experience. R. P. Painting, Trilogy Resident CA St. lic. #422737. Call today 707-374-5954.

#### **SERVICES**

#### **Pest & Termite Services**

Trilogy resident and owner operated. General pest control services include quarterly or bi-monthly services to meet your needs. Termite inspections specializing in real estate and refinance. Please call Ron Yocum, Owner, Daniel Pest Management 925-323-5211.

#### **Pet Care**

Loving kitty and dog care includes play, meds, mail-in. Hourly pet sitting available. Short notice ok. Serving Trilogy pets since 2007. Accepting advance vacation reservations. Mimi 707-374-4343.

#### **Photography**

Family photography for all occasions. I live in Trilogy and I am a professional photographer available to photograph your family gatherings and parties. I have extensive experience in many types of live photography. To see some of the things I have done, go to my website kenatkinsimages.com. You can contact me at 707-374-3842 or email me at kenatkins7@aol.com.

#### Want to Run a Classified Ad?

Pick up an ad application form at Member
Services. Turn in your completed form
by the fifth of the month preceding the
month you wish the ad to run. Cost is
\$10 for 25 words. Additional words are
\$.25 per word. Checks only. Late ads
will run in the next issue. All classified
advertisers must be current Trilogy
residents or current Trilogy homeowners.

#### **SERVICES**

#### **Rain Gutters Cleaned**

Also pressure wash driveway, walkway, patio and outside of house. Trilogy resident Danny 209-570-0302.

#### **Transportation**

Husband and wife team will drive Trilogy residents to and from area airports, trains, and cruise ships. Safe and reliable. Call Betty or James 707-374-3221.

#### **Transportation**

Dave's Transportation Service. I transport Trilogy residents only to trains, boats, planes. No medical services, shopping or casinos. Reliable. Call 707-374-3192. Thanks

#### **Weed Pulling**

Don't break your back; keep your yard tidy. Trimming, weeding, general clean up, plant new plants. Laurie 707-374-6305 or cell 925-301-7389.

#### **WANTED**

#### **Golf Carts**

Cash paid on the spot. Carts can be working or not. Call 707-374-3338 or cell 707-208-9096. Also call regarding rebuilt golf carts.

#### **Business Partner**

I buy income real estate. Occasionally I need a business partner. Interested in looking at a deal with me. Qtranx@gmail. com, Hunter. 775-750-6627.

#### **Sporting Goods**

And equipment, especially fishing rods, reels, lures and other paraphernalia. Cash paid on the spot. Free appraisals. Call Ed 707-374-1349 or 925-216-6300.

The Trilogy Board of Directors is not responsible for expressed opinions or for the authenticity of all presented facts in advertisements. The Board of Directors recommends verifying authenticity of advertisers by requesting contractor license numbers and references, and checking with the California Contractors State License Board and Better Business Bureau (BBB) prior to using the services listed herein.

#### ADVERTISING INFORMATION

**DEADLINE:** All final ads and checks are due by the fifth of the month prior to the month of publication. For example: March 2016 ads and checks are due by February 5, 2016. All late submissions will run in the April 2016 issue of *Trilogy Living*.

#### **REGULAR SIZES AND RATES:**

•	1/8 page ad	3 ½″ wide X 2″ tall	\$90/month
	Scan your horizontal business card	d at 300 dpi, and e-mail it as a pdf, jpg or tiff file to Tan	nia Fardella at indigodesign@att.net.

¼ page ad
 ½ page ad
 ½ page ad
 Full page ad
 7.5" wide X 4.5" tall
 \$220/month
 \$345/month

#### **PREMIUM SIZES AND RATES:**

•	1/4 page ad Inside Front or Back Cover	\$185/month
•	½ page ad Inside Front or Back Cover	\$285/month

INSIDE FRONT COVER
 INSIDE BACK COVER
 OUTSIDE BACK COVER
 7.5" wide X 10" tall
 \$445/month
 OUTSIDE BACK COVER
 7.5" wide X 10" tall
 \$500/month

#### **DISCOUNTS:**

- 5% off pre-paid ads for 3 months or more
- 5% off for businesses owned by residents of Trilogy at Rio Vista

To place an ad, contact Joan Azlant at joanazlant@comcast.net or 707.374.2620. If you need ad design, contact Tania Fardella at indigodesign@att.net or 925.377.0335. Additional fees will apply for design, scanning, and edits.

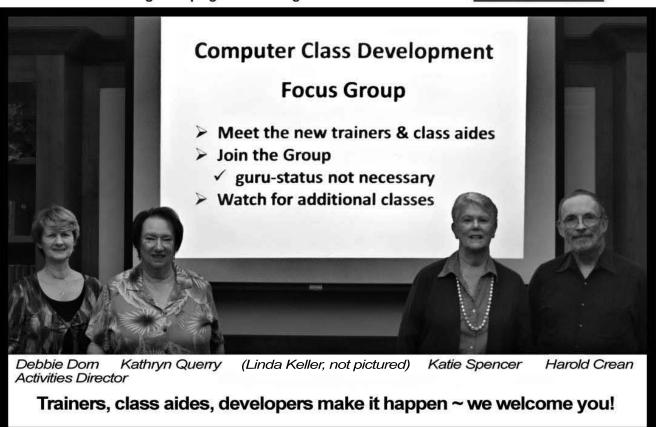
#### Computer Class 90-Minute Opportunities Sign Up At Vista Club Member Services (374-4200)

(save your place sign up today and pay by check or credit card)

February 9, Class 10:00 a.m. to 11:30 a.m. Introduction for new computer users to learn their way around the computer. This class is mandatory or equivalent knowledge for all other classes.  February 9, Class 12:30 p.m. to 2:00 p.m. Save documents & pictures so you can find them. This knowledge is required to transfer either from phone/camera to computer or USB drive, attach to email or social media, and organize everything! (USB memory stick available \$5)  February 11, EVENING CLASS 7:00 p.m. to 8:30 p.m  Taking Excel to the next level, design your own spreadsheets, learn how formulas produce amazing results! Class is definitely not for beginners!
This class is mandatory or equivalent knowledge for all other classes.  February 9, Class 12:30 p.m. to 2:00 p.m.  Save documents & pictures so you can find them. This knowledge is required to transfer either from phone/camera to computer or USB drive, attach to email or social media, and organize everything! (USB memory stick available \$5)  February 11, EVENING CLASS 7:00 p.m. to 8:30 p.m  Taking Excel to the next level, design your own spreadsheets, learn how formulas produce amazing results! Class is definitely not for beginners!
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formulas produce amazing results! Class is definitely not for beginners!
Enhance 16 Class 10:00 a m to 11:20 a m
February 16, Class 10:00 a.m. to 11:30 a.m.
Why? Three common uses for spreadsheets are sorting data, producing
graphs/charts, & budgeting with auto-tabulated mathematical equations.
February 16, Class 12:30 p.m. to 2:00 p.m.
Impress your grandkids with general MS Windows Tips and Tricks! Fun and
useful tools to enhance efficiency and productivity. Class is not for beginners
February 23, Class 10:00 a.m. to 11:30 a.m.
Word processing programs use a computer to create, edit, and print
documents. Of all programs, word processing is the most common.
February 23, Class 12:30 p.m. to 2:00 p.m.
Basic Facebook navigation, security, upload pictures, and custom page design.
You will logon to and work in your own existing Facebook account! If
using your own computer, public wireless network cautions apply!
February 25, EVENING CLASS 7:00 p.m. to 8:30 p.m.
Polish your documents! Learn to use page number-section breaks-page orien-
tation-margins-styles-headers/footers-spell/grammar tools, text format & more.

Computer Basics class is mandatory or equivalent knowledge for all other classes.

Limited Class Size ~ Repeating classes is recommended. Class subject suggestion list available!
Interested in training or helping others during class? Email Debbie Dorn at <a href="mailto:dorn@actionlife.com">dorn@actionlife.com</a>.







# Window Fashions of Northern California

125 Grobric Court, Suite A Fairfield, CA 94534 Monday - Friday: 10:00 AM - 5:00 PM Saturday: 10:00 AM - 3:00 PM

Sunday: Closed (707) 429-5156 www.wfnc.gallery







# HunterDouglas Gallery

\*Manufacturer's mail-in rebate offer valid for qualifying purchases made 1/30/16 – 4/11/16 from participating dealers in the U.S. only. A qualifying purchase is defined as a purchase of any of the product models set forth above in the quantities set forth above. If you purchase less than the specified quantity, you will not be entitled to a rebate. Rebate will be issued in the form of a prepaid reward card and mailed within 6 weeks of rebate claim receipt. Funds do not expire. Subject to applicable law, a \$2.00 monthly fee will be assessed against card balance 7 months after card issuance and each month thereafter. Additional limitations may apply. Ask participating dealer for details and rebate form. © 2016 Hunter Douglas. All rights reserved. All trademarks used herein are the property of Hunter Douglas. WINTGMB2