

TrilogyLiving

Movers & Shakers



Trilogy Movers & Shakers are here to support and educate Trilogy residents who live with or have loved ones who live with various forms of dystonia, or other neurological conditions. Read more on page 4.

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From the Master Association

Melissa Coleman

President

Executive Session: Approved minutes for the April 12th and April 26th meetings

Residential Care Facility – obtained additional information regarding rights of the Association and the use rights of the tenants. No issue was presented, just informational only.

Verification of Association Property – as Shea nears completion of the Trilogy project and the Board moves forward with plans for future improvements to common area. I requested the Board approve obtaining legal assistance to; 1) Review and provide a title report for all property that should at this time be in Trilogy's name. (ie All Common Areas, Streets and the open spaces known as the Drill Sites); 2) Provide recommendation on the method to get everything properly deeded 3) Request the attorney to contact Marks-McCormack to acquire information on the method to go forward on obtaining their authorization to install any improvements on their property; 4) Advise the Association on the steps to identify the current Gas Well Operators per the Accommodation Agreement and assist with the steps necessary to consider improvements to the drill site set back areas.

Access to Environmental Services Center - approved requesting legal to contact Marks-McCormack for obtaining a Right to Access Easement from Airport Rd to the backside of the Environmental Services Center (ESC).

Amenities Committee Charter – there was much discussion about the expectation and responsibilities of the committee. At this time, the current committees 'Trilogy Amenities Committee' and 'Long-Range Amenities Committee' are still active under their current charters. No changes at this time but future review will be considered

Operations Review – Club Reservations Process - after meeting with staff and the club representatives the Board approved additional guidelines to be used when approving reservations.

General Session:

Unfinished Business:

- The Sub-Boards of Dormant Villages Saddle Rock and Eagle Point were appointed
- Access Improvements - approval to create an RFP for Lift Gates, RFID System and QR Guest Passes. This was approval for an RFP ONLY. There will be more discussion and review with the community before the final decision is made.

New Business:

- Dog Park – the Board acknowledged Shea's intent on what is planned to be installed and that what is currently being discussed may not include all items the Dog Club would like to see. Management has been directed to work with Shea to finalize the plan, and bring back to the Board those items than may need to be funded by the Association.

(continued on p. 29)

TRILOGY AT RIO VISTA

D I R E C T O R Y

Master Association Board of Directors

Melissa Coleman, President (707) 374-6874
Patty Kohn, Vice President (707) 374-2737
Teresa Fraser, CFO (415) 407-8563
Joel Auslen, Secretary (707) 374-5808
Don Love, Director at Large (707) 374-6882

District Delegates

Village 1 - Melissa Coleman (707) 374-6874
Village Oakmont - Don Love (707) 374-6882
Village Riviera - Minnie Howell (510) 866-8786
Olympic Village - Joel Auslen (707) 374-5808
Saddle Rock Village - Roger Kohn (707) 374-2737
Eagle Point Village - Mark Weiss (925) 980-7249

Committee Chairs

Adult - William de Manincor (707) 374-6404
Administrative Policies - Melissa Coleman (707) 374-6874
Document Revision - Bob Sather (707) 374-1384
Emergency Action - Barry Fraser (415) 407-8529
Access - Art Darden (707) 374-3455
Amenities - To Be Filled

Village Board Presidents

Village 1 - Larry Mork (707) 374-3389
Village Oakmont - Walt Manos (707) 374-2827
Village Riviera - Donald Seyk (707) 374-6407
Olympic Village - Richard Pettijohn (707) 374-3065
Saddle Rock Village - Art Darden (707) 374-3455
Eagle Point - Mark Weiss (925) 980-7240

Association Administration /HOA (707) 374-4843

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evitrano@actionlife.com
Assistant General Manager: Catherine Patrick
cpatrick@actionlife.com (707) 374-4843
Activities Director: Debbie Dorn (707) 374-4204
ddorn@actionlife.com
Fitness & Spa Director: Kathy Erwin (707) 374-4205
kerwin@actionlife.com
Maintenance Director: Michael Oestreich (707) 374-4895
moestreich@actionlife.com
Member Services Coordinator: Cheryl Lucas (707) 374-4203
clucas@actionlife.com
Communications Coordinator: Andrea Stuart
stuarttrv@gmail.com
Architectural Coordinator: Debbie La Croix (707) 374-4843
dlacroix@actionlife.com

Club Numbers

Vista: Front Desk (707) 374-4200 Fax (707) 374-2422
Delta: Admin Office (707) 374-4843 Fax (707) 374-4891

Trilogy Living Editorial Board

Andrea Stuart, Ed Vitrano, Debbie Dorn, Cheryl Lucas,
Joan Azlant, Kathy Erwin

Commercial Advertising Manager

Joan Azlant, joanazlant@comcast.net (707) 374-2620

Resident Classified Advertising

Kathy Nilsson, knilsson@actionlife.com (707) 374-4200

Welcome Center/Front Gate (707) 374-4306

Guest Registration - community.dwellinglive.com

Café Vista (707) 374-4202

Sir Flair's (707) 374-4400

Golf Course (707) 374-2900

Shea Customer Service 1-866-535-9989

From the Editor



Andrea Stuart

This month, we're featuring the Movers & Shakers of Trilogy. This support group is dedicated to providing a compassionate environment to people who live with Parkinson's, Essential Tremor, Dystonia, or any other movement disorder. Spouses and caregivers are encouraged to attend as well.

While people often live for years with conditions like these, it isn't without considerable lifestyle changes and compromises. For these reasons, the Movers & Shakers offers monthly social gatherings at which time the members exchange ideas and knowledge in an informal atmosphere. During these meetings, members share experiences and discuss topics such as medications, treatments, exercise, diet, tips for better living, and the latest information.

Movers & Shakers formed five years ago in order to cultivate relationships and support for one another. Their gatherings include refreshments and a social period for enjoying time together. For more information or to contact the group about joining, turn to page 36.

The summer solstice, the longest day of the year, will be here on June 20. Celebrate the coming of the summer season with a labyrinth walk. Learn more on page 40. Have a beautiful June!



From the Board of Directors: The publisher retains the right to edit articles and advertising to conform to content and space requirements. The Trilogy Board of Directors is not responsible for expressed opinions or for the authenticity of all presented facts in articles and advertisements. Viewpoints contained in this newsletter are not necessarily the opinions of the Trilogy at Rio Vista Master Association, the Board of Directors, its officers, or management.

From the Activities Director



Debbie Dorn

There is still time to catch our first Concert on the Patio of the season! Blue Collar Men will bring their Styx tribute to Trilogy for an entertaining evening of music and dancing. You'll

not want to miss this concert. Sign up at Vista Club Member Services and don't forget to bring your favorite lawn chair, outdoor clothing, and refreshments.

The Delta Club pool season is in full swing. Join your neighbors at 5:30 p.m. every Tuesday for an informal potluck and BBQ social gathering. Remember to always lower the umbrellas when departing and leave the facilities as found for the next to enjoy. Also, mark your calendars for these upcoming events and keep watch on the club activities for more selections.

- **June Computer Classes (see page 28)**

- **6/05 & 6/19 Trilogy Produce Market**

- **6/06 This 'n That Coffee House ~ Guitar Club**

- **6/07 Presidential Primary Election Poll**

at Delta Club

- **6/12 Dance to Afterglow ~ The Dance Club**

- **6/17 Open Mic Night**

- **6/18 Trilogy Triathlon ~**

Fitness Director Kathy Erwin

- **6/18 Juneteenth Celebration ~ Whist Club**

- **6/19 Holiday ~ Father's Day**

- **6/20 Blood Drive**

- **6/20 Summer Solstice Labyrinth Walk (see page 40)**

- **6/21 CPR/AED First Aid Training**

- **6/24 Bingo**

- **6/25 Concert on the Patio with**

Gary Bohannon & the Bad Habits Band

Get Ready...

- **7/04 Trilogy's 4th of July Celebration! (see page 6)**

*****Sign Up Your Parade Entries NOW*****

Your comments and suggestions are always valued. Send an email anytime ddorn@actionlife.com. My mailbox is always open!

For non-delivery of *Trilogy Living*, contact Member Services at 707-374-4200.



Computer Classes

Learning Center Vista Club

There are a variety of introductory or special-interest classes to help you become more comfortable with common computing conveniences! See Page 28 for more information. Limited space available, sign up at Member Services.

Trilogy Produce Market

Sunday, June 5 & 19, 10 a.m.–3 p.m., Delta Club



Experience Trilogy's market place! Trilogy's Produce Market provides wonderful produce and other specialties. Bring your neighbors and stock up! It's easy to keep a fresh supply of fruits, vegetables and specialties on hand without leaving Trilogy.

Blood Pressure Check ~ Free

Thursday, June 9, 9–10 a.m., Library, Delta Club

Have your blood pressure checked the second Thursday of every month at the Delta Club Library between 9–10 a.m. Stop by and keep that blood pressure in check!

Complimentary Hearing Screening and Assessment

Thursday, June 9, 1–3 p.m., Diablo Ballroom, Vista Club

Complimentary hearing screening and assessment. Also offered are cleanings for your aids, tube changing, adjustments, and repairs on a complimentary basis. Some repairs may have a fee depending on the severity of the repairs/parts needed to bring the aid(s) back to complete restoration. Depending on need, Advanced Instrument Hearing Aid Centers services are offered quarterly the second Thursday of every third month. Contact them directly to make an appointment at 707-428-1313, although walk-ins are welcome.

Open Mic Night

Music, Dance, Comedy, Poets/Spoken Word

Friday, June 17, 7–8:30 p.m., Diablo Ballroom, Vista Club ~ Free

The venue is set welcoming Trilogy to take the stage and share their artistic expressions - in a setting as intimate as your living room with family and community cheering you to the next level! If you're a spectator, you're in for a treat! The supportive setting is about artists having a safe place to perform for the first time—It's about veteran artists having a place to experiment and try out new pieces—It's about having a place that inspires new work—It's about a lot of things. Bring your favorite provisions and come check it out! Performers sign in at Member Services.

Guidelines: Two performances per person, which may be flexible depending on the number of performers for the night. Limit of 15 performers for the night.



Concert on the Patio Gary Bohannon & The Bad Habits Band

Saturday, June 25, 7–9:30 p.m.

Patio, Vista Club

\$15 per person

This amazing valley group will have you rocking through the night with R&B, Rock, Motown sounds from their versatile music selections of the Beatles, Bill Withers, Billy Joel, Credence, Crusaders, Eric Clapton, Garth Brooks, Hall and Oates, Huey Lewis, Jackie Wilson, James Brown, Marvin Gaye, Michael Jackson, Sam and Dave, Santana, Stevie Wonder, Steve Winwood, Temptations, Three Dog Night, Wilson Pickett and more! Visit www.bobo-badhabits.com for more information and music samples. Sign up at Member Services and plan to bring your favorite provisions, lawn chair, and outdoor clothing along for this enjoyable evening.



Blood Drive ~ Lend An Arm!

Monday, June 20, 9 a.m. - 1 p.m., Rio Vista Room, Delta Club

It's time again to lend an arm and help save lives by donating blood at the upcoming Trilogy Blood Drive. Walk-ins are welcome; however, appointments have priority. To make an appointment, contact Darlene Wiskeman at 707-374-6211 or email her at wiskeman2@yahoo.com.

Save a Life with CPR/AED & First Aid Instruction

Tuesday, June 21, 1:30–5:30 p.m.

Diablo Ballroom, Vista Club ~ \$60 per person

It is good to know how to help someone in trouble. It could be your spouse or it could be your grandchild. The class provides a two-year certification in CPR/AED and First Aid at a great value. Limited space available. Sign up with Member Services by June 17, at the Vista Club.

Travel Discovery: Baja Grey Whale Experience!

Thursday July 21, 6:30–8 p.m.

Diablo Ballroom, Vista Club ~ Free



The picture shows a mother Grey Whale taking a peek at the boat in a move called spy-hopping. In February, residents Linda Heune-Solomon and Linda Mitchell took a trip to Magdalena Bay in Southern Baja Mexico to see the breeding ground and birthing area of the Grey Whales. They encountered many whales and other wild life on this fantastic journey and would like to share their experiences with you. Join them for a video and Q&A session. Bring your favorite snacks and beverage or enjoy light refreshments served. Contact Member Services at 707-374-4200 to sign up. Your registration for this event will be appreciated to ensure adequate seating!

Trilogy's 4th of July Celebration ~ Free Admission

Monday, July 4, 10:30 a.m.–2:30 p.m. Delta Club

Presented by Trilogy and All Six Villages!

Gather friends and family for a grand celebration of America's birthday! We celebrate the 4th of July because that is our Independence Day! It marks the date when our founding fathers signed the Declaration of Independence and announced their secession from Britain. It is a shining day in our history that deserves to be remembered. Enjoy the parade then join us at the Delta Club for the party!

10:30 a.m. Parade Around Summerset Drive

11:00 a.m. Hot Dogs & Ice Cream Social

11:00 a.m. Delta Club DJ Entertainment
Inside & Poolside

Sign up for all parade entries, for the Hot Dogs and for the Ice Cream Social on the entry/order form inserted with this Trilogy Living. Deliver parade entry to Delta Club Box 6, and deliver your food order with check to Box "B" located in the hall of the Delta Club. Be sure to mark the form if you would like to lend a hand to volunteer with this special occasion. It's fun! Contact Member Services with questions 374-4200.

JULY 4TH PARADE SETUP

The parade will be staged at and begin from the Vista Club parking lot. Participants will leave the parking lot traveling clockwise around Summerset, to end up back at the Vista parking lot. The parade is a great time to promote your Trilogy groups and clubs! All residents are encouraged to participate regardless if entering the judged contests or just want to join the fun with your family and friends! The decorated golf carts are judged without consideration of any object pulled behind. Plus two other prizes will be awarded for decorated entries other than golf carts! All entries are judged on theme, originality, and creativity.

Comedy Clean & Funny Cary Long

Friday, July 15, 7–8 p.m.

Diablo Ballroom, Vista Club ~ \$15 per person

Just off the cruise ship and on his way to Vegas, Cary has been on the Tonight Show with Jay Leno and was a finalist on Star Search. Catch him at Trilogy, this is one you'll not want to miss! Sign up at Member Services and plan to bring your favorite refreshments to enjoy during the show!



Concert on the Patio with Buck Ford and the Pure Country Band

Saturday, July 30, 7–9:30 p.m.,
Vista Club Patio ~ \$15 per person

Nashville recording artist Buck Ford is a young, pure country singing sensation that focuses on keeping the traditional country sound and rhythm flowing. Buck's influences consist of George Strait, Merle Haggard, George Jones and Keith Whitley, just to name a few. Find more at www.BuckFord.com. Gather your friends, your favorite refreshments, outdoor clothing, a comfortable lawn chair and come ready for a great evening with Buck and the Band! Sign up early at Member Services, Vista Club.

All Trilogy Veterans

Thank you for registering for the special Trilogy Veterans Tribute Project. Our goal is to identify all veterans in the community presented in tribute through a slide show. Pass the word, let's keep it going for those who have not registered and for those moving into the community! You only need to contact us if you haven't already registered before now, or if you want to add information. To register, contact Member Services at 707-374-4200 or stop by the Vista Club with your name, branch and year of entry/discharge. Also if you have a past photo in uniform along with a current photo, email or drop that off with Member Services for Debbie Dorn in an envelope with your contact information for return. There is no need to repeat what you have already submitted. Again thank you for helping us to acknowledge all of our Trilogy Veterans!

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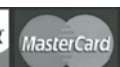
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Assessment Notice

Association Assessments are published monthly on this page of *Trilogy Living*. This is an additional vehicle for checking your current assessment. Coupons will reflect the monthly assessment for those receiving them. Those on automatic withdrawal (ACH) may check their bank statements after the 5th of the month to see the amount taken out and all members may register at www.actionlife.com to monitor their accounts 24/7. If you have questions or need help registering online, please call the Administrative Office 707-374-4843.

Assessments for the month:

**Master Association \$125.60
Plus the appropriate Village
Assessment below:**

Village I	\$5.25
Village Oakmont	\$5.20
Olympic Village	\$5.10
Village Riviera	\$5.25
Saddle Rock Village	\$0 (None until dormancy ends)
Eagle Point	\$0 (None until dormancy ends)

Emergency Action Committee

Calling all professionals! We need you! The Trilogy Community needs professionals, retired professionals for an "on-call" program. We know that not everyone can, or will volunteer for meetings, training, etc. So we are instituting an "On-Call" program. This is the perfect fit for those who do not wish to be full-time volunteers but would be available in the situation of an actual emergency to assist the Emergency Action Committee. We need medical field and law enforcement; those who could do first aid, and security. In the case of an actual emergency we will need all of the personnel we can get. It would be an on-call situation where we would notify those who wish to assist only in the case of an actual emergency. Those on our list would then respond to our staging area for further instruction. There would be nothing expected beyond that emergency. Please give it some consideration if you have the desired professional skills mentioned above. The Emergency Action Committee is a volunteer committee under the Master Board. We meet in the River Room at the Delta Club on the second and fourth Tuesdays of every month starting at 7 p.m. We invite everyone interested in helping our Trilogy Community in the time of an emergency. Contact Chairperson Barry Frasier at 415-407-8529, or Vice Chairperson Art Darden at 408-710-2496 with questions.

Olympic Village Residents' Club

Two Olympic Village activities are currently planned for 2016:

- 1) The "Olympic Village Meet and Greet" event is a potluck dinner / snack event scheduled at the Delta Club Marina Room on June 1 from 5 - 7 p.m. Please note the change of date from the original date of June 2 to the new date of June 1. Bring a dish with enough to share with others and bring a beverage for you and your guest(s). Be ready to meet, chat, and have a good time with your neighbors.
- 2) The "Olympic Village Residents' Soup and Salad Get Together" indoor dinner event is scheduled for October 27 from 5:30 - 7:30 p.m. Food (soup/salad/bread) sign-ups will be posted at the Delta Club. Activities will include eating, meeting old and new friends, raffles, prizes, games, and many other fun events. Please get this important date on your calendar ASAP. A reminder flyer will be tubed as we get closer to the big event.

For additional information, please contact Rich Pettijohn, OV President, at 707-374-3065 or Lee Ann Frable at 1-484-707-0935.

Olympic Village Kare Bears

The re-activated Olympic Village Kare Bears will now be led by a new group of "Karing" Olympians. Olympic Village Kare Bears is available to all of our residents. If you or a neighbor is in need of help with rides to appointments, home help, and/or meals due to medical reasons please do not hesitate to call. If you would like to be an Olympic Village Kare Bear, or if you need help, please contact Rich Pettijohn at 707-374-3065.



Saddle Rock Village Residents' Club

Well, the year 2016 is now half over. How time flies when you are having fun...like we do in Saddle Rock Village.



You will want to make sure that you attend the June 15 Election Meeting from 7 – 8:30pm in the River Room of the Delta Club. This meeting is very important as we will be electing new officers to serve our village for another year. You will have an opportunity to hear each candidate speak and ask questions as well as casting your vote for your choices. We will of course be having our social hour at the conclusion of our meeting with wine, cheese and other refreshments, compliments of village residents and our Welcome Committee.

If you would like to have a candidate statement to complete for any of the following positions; President, Vice President, Secretary, Treasurer, Alternate Secretary, Alternate Treasurer, let us know. Please feel free to contact Dana Hoover, President of Saddle Rock Village Residents' Club at 707-374-3455 or time4dana@mindspring.com with questions.

Village Oakmont Residents' Club

A reception for newcomers, and thank you for "Music of the Night" volunteers is planned for Thursday, June 16. The get together will be in the Marina Room, Delta Club from 4 - 5:30 p.m.

Volunteers are still needed for July 4 events. We will have a table at the Delta Club to hand out food and drink tickets, and also sell them. You would need to be there from 10:45 a.m. - 1 p.m. on July 4. Please let us know if you can help.

Our International Potluck is scheduled for Sunday, August 21, from 5:30 - 8 p.m. Residents bring dishes from many different cultures and can adopt a table and decorate to go along with the theme of their dish. Posters will be at the Vista and Delta Clubs and sign-up sheets available at the Delta Club above our village box in the hallway. Many different dishes, please plan to attend. You may try some new dish that you have never tasted before! I know we have some great cooks out there, so let's share that with each other. Please call Linda at 760-486-9178 or email her at linda.bingham@gmail.com with any questions.

Association Meeting Calendar

Master Association Board

Tuesday, June 14, 2 p.m.
Diablo Ballroom, Vista Club

Council of Village Presidents

Monday, June 20, 10 a.m.
River Room, Delta Club

Access Committee

Monday, June 27, 1 p.m.
River Room, Delta Club

Administrative Policy Review Committee

Thursday, June 9 and 23, 5 p.m.
Monterey Room, Vista Club

Adult Committee

Thursday, June 30, 1 p.m.
Rio Vista Room, Delta Club

Document Revision Committee

To Be Determined

Emergency Action Committee

Tuesday, June 14 and 28, 7 p.m.
Marina Room, Delta Club

House Renovation Committee

Monday, June 13 and 27, 3 p.m.
Monterey Room, Vista Club

Village Oakmont Kare Bears

Attention all Village Oakmont neighborhood coordinators! Don't forget the luncheon to be held on Wednesday, June 8, at 10:30 a.m. in the Delta Club. Your help and efforts are really appreciated, and this is a small thank you for all you do.

We will also be selling tickets for a raffle to be held at the luncheon with some very nice goodies as prizes: a beautiful Michael Kors woman's watch; a beautiful hand-made scarf by J. Victor; a lovely bracelet set; and, a Weber Smokey Joe Barbecue. Tickets are available to all, and can be purchased by calling Janet at 707-374-5415 or Jackie at 707-374-6677. Some Oakmont Kare Bears will also be selling them. The tickets sell for 1 for \$1; 6 for \$5; or 12 for \$10.

We will have our usual summer hiatus, and will not have any meetings in July and August.

The next Oakmont Kare Bear meeting will be on Wednesday, September 14 at 10:30 a.m. in the Delta Club. Come early to visit and enjoy coffee and goodies. Have a great summer everyone!



Village I Board News

The Village One board met May 12, 2016. During the executive meeting it was noted that the majority of the violations involved mail boxes and/or stands in poor condition.

1. The board is asking all Village One residents to check their mailboxes/stands to see if they need to be painted before the condition becomes a violation.
2. A second concern is the use of emergency lights over the garage being used as driveway lights. The fire/police departments, when looking for the house of a 911 call, are looking for the light over the driveway, blinking or not. If your light is on it could cause a delay in the police/firemen getting to the right house. Please treat this seriously.

During the President's and delegate's reports at the regular meeting a discussion of amenities and future clubhouses was held. President Mork announced that the Council of Presidents will be meeting with Jason Enos to get information regarding Shea's intentions. Delegate Coleman also stated that the CC&RS are almost finished and she will be scheduling two meetings with Village One residents to go over the changes after residents get copies. The board approved moving all but \$6,000 of the Village One monies to the interest-bearing account. Under Old Business the board voted 5-0 to accept the "clothesline" addition to the Architectural Guidelines.

There was no new business.

Village I Residents' Club

The Cinco de Mayo dinner was a festive fiesta. Try saying that five times fast! The 100 guests who attended enjoyed a fajita bar with all the trimmings, cold beer and margaritas, and the opportunity to visit with friends and neighbors.

Now, we look forward to the Fourth of July, always a big event here at Trilogy. Village One Residents' Club will need some soda jerks to help serve up the ice cream sundaes. Sound like fun? Would you commit a half hour to help out? If so, contact Tess Felte at 707-374-4778.

Wednesday, July 6 is Village One Residents' Club's quarterly meeting. We are planning a potluck at 6 p.m. prior the meeting. Bring your own items to barbecue, drink, table service and a dish to share. Watch for a flyer in your tube later this month. Then, in October, VORC is putting together a Cabaret Night which will feature live entertainment by Mike LaVaccare and Grace Bos. The evening promises to be memorable, so save the date, October 14!

We would like to hear from you. Share your comments or suggestions by calling Tess Felte at 707-374-4778 or email us at VillageOneRC@gmail.com.

Village Riviera Board News

The Village Riviera Board would like to thank all those that attended our meeting on May 5. Even though the presidents of the various HOA boards have no authority over common interest areas, Don Seyk, Riviera's president, urged our Master Association to support the following actions:

- Commit to the building of a clubhouse.
- Charter the Amenities committee to determine amenities that would go into the clubhouse. Funding to come from the Development Funds for necessary internal items.
- Take action in a timely fashion so we do not lose the capital available to us from the developer prior to their departure.

A commitment by the Master Association to the facility will start the building design process and cost analysis done by Shea. The current estimated budget is \$1,000,000 for a building to consist of a shell, bathrooms, and utilities. If the Master Association fails to act it would be a loss to our community of \$1,000,000 and we would have only landscaping on the site. Any future construction would be done at the expense of the residents. With an additional 400 homes currently estimated to be completed by 2018 and possibly as many as 1,000 new residents, we must act quickly because our current clubhouses are already stressed.

Please join us at our next Village Riviera HOA meeting on Thursday, July 7 at 6:30 p.m. in the Marina Room at the Delta Club. If you have any questions or concerns, call Don at 707 374-6407. Article by Carolyn Azbell, Secretary.

Village Riviera Residents' Club

Summer is just around the corner, which means two big events for Trilogy...hanging out together with our families and friends on July 4 at the Delta Club, and our tenth and last Treasure Hunt on Saturday, July 16.

The Treasure Hunt is for folks who love crossword puzzles, jigsaw puzzles, or just laughing, and a great dinner (still a secret) is included. But the Treasure Hunt is not just solving puzzles and eating. It encompasses games of chance, games of skill, and some good luck when the hunt is over. Prizes galore are your reward, along with the camaraderie of your teammates and other treasure seekers. This last-of-its-kind event will only cost each hunter \$20, which includes the hunt, dinner and prizes. If you have procrastinated signing up for years, do it now. If you have never participated in this event, better get in on this one. This is your last chance. Teams of 3 to 5 people are perfect. Your flyer will tell you about dinner as well as what supplies to bring, so watch for it and submit your team entry.

The rest of the summer is yours to enjoy. Don't forget sunglasses and sunscreen, and we will be back after Labor Day with our always special Ladies' Luncheon on Friday, September 9.

The Village Riviera Residents' Club is open to all Riviera Residents. We meet and toss around ideas for new functions the third Thursday of every month in the Monterey Room of the Vista Club, at 5 p.m. Please come join us. New members are always welcomed. For more information call Barb at 707-507-5026.

The 10th and Final Treasure Hunt will be Saturday, July 16 from 3 – 8 p.m. at the Delta Club. The cost is \$20 per person; you need to form teams of 3 to 5 people. This event offers clues, games, puzzles, prizes, and a dinner. The flyers have all the information and will be located at the Vista and Delta Clubs. This event is hosted by the Village Riviera Residents' Club. Contact Linda at 707-374-6978 with any questions.

Village Riviera Kare Bears

Greetings from Riviera Kare Bears. From time to time we will give information concerning your well-being and safety and hope that it will be useful to you. In our last meeting we talked about having a lock box placed near your front door with an extra house key inside. It should have a combination (ideally not more than 4 numbers). Call the county dispatcher at 707-374-2300 and let them know what the combination is and they will enter it into their computer. If the firemen have to go into your house (after you call 911) they will have the combination and not need to break the door. You can get lockboxes from Ace Hardware or online from Amazon (Shur-lok \$14.95, metal and very sturdy).

The Emergency Action Committee has asked anyone who is house bound, and would need assistance to evacuate their home in the event of an emergency, to register their name, address, phone and special needs with Cheryl Lucas, Member Services Coordinator, by email or phone, at clucas@actionlife.com or 707-374-4203.

If you would like to become more involved in Kare Bears or would like to start a Kare Bear group in your village, come to our next meeting on June 13 at 10 a.m. at the Delta Club. Come early (9:30 a.m.) for refreshments. Remember, every resident of Riviera Village is a member of Kare Bears, so if you or a neighbor is in need of assistance because of illness or surgery, please contact your street coordinator or call Valerie at 707-374-6942 or Joanne at 707-374-4342.



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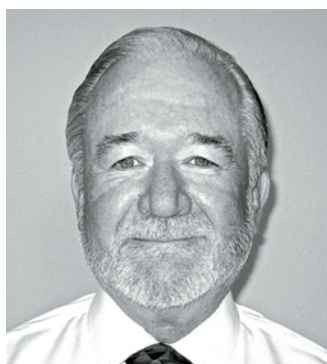
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Raymond Donovan, M.D., is a Family Medicine physician with more than 40 years of experience in the Bay Area, and a Trilogy resident since 2014.

In the privacy and convenience of your own home, Dr. Donovan will be your medical advocate by listening to your concerns, and assisting you in understanding your medical options.

A typical visit might include a review or referral regarding your:

- **Current health issue**
- **Vital signs**
- **Medications**
- **Imaging and lab test results**
- **Nutritional status**

Dr. Donovan will provide referral for in-home medical services when needed, as well as physician-to-physician and family communication.

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 - Financial/community support
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- **Home Health Aide Services**



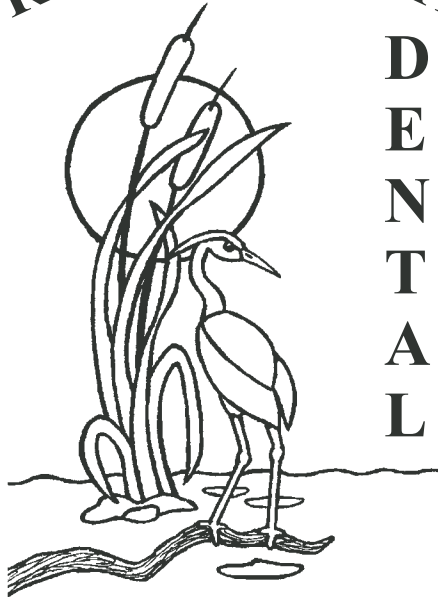
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Spa Specials for June, July, & August

Good for purchase June 1 – August 31, 2016. May be redeemed anytime.



Kathy Erwin
Fitness & Spa Director

Summer Sensation

Includes 50-minute Swedish massage with a revitalizing foot treatment that includes foot scrub, hot towels, foot massage and hydrating moisturizer.

Special Price: \$70

Summer Sizzling

Swedish Spa Package

Swedish massage is the most popular type of massage in the United States.

It involves the use of hands, fore-arms or elbows to manipulate the superficial layers of the muscles to improve mental and physical health.

The benefits of Swedish massage include increased blood circulation, mental and physical relaxation, decreased stress and muscle tension, and improved range of motion.

50 minutes was \$55

NOW \$50

80 minutes was \$82.50

NOW \$72.50



Two Custom Organic Facials

Using *ilike* organic skin care products, Angela Hall, Trilogy's Esthetician, will customize a facial for your skin's exact needs!

Two 50-minute facials were \$130

NOW \$110



Fitness Participants:

The Biggest Mover Potluck is open to ALL Fitness Class Participants and Instructors only. Chances to win Door Prizes! The Biggest Mover Participants will have a separate raffle!

Fitness Department will provide beverages, plates, napkins, silverware, hotdogs, buns & condiments

MUST Sign up at Member Services! Please bring your favorite dish to share!

Limited Space! We will be eating on the Vista Patio!

Food set up in the Monterey Room

THURSDAY, JUNE 23 12:00pm

For more info contact Kathy Erwin 4205

Deanna's Yoga Continuation



Memory Improvement – Better Breathing – Muscle Tone – Mental Flexibility – Pain Prevention – Body Awareness – Focus – Strength – Calmness

INSTRUCTOR: DEANNA ARAYA

When: Saturdays 9:30-10:30am/June 4 – July 9, 2016

Where: Diablo Ballroom Vista or Group Ex Studio

Fee: \$35 (Must Pre-Register Member Services Desk)



Naturopathy



Dr. Kimberly Gilmore, Naturopathic Doctor, is at the Vista Club Spa the third Wednesday of the month offering individual health consultations and vitamin B injections. Please contact the front desk to make an appointment. Schedule will vary depending on the demand.

Initial Visit (75 min) \$175
Follow-up Visit (50 min) \$125
Brief Visit (25 min) \$65
Vitamin B Injection \$30

New! Package Specials

5 Follow-up Visits \$550
10 Follow-up Visits \$1050
5 Vitamin B Injections \$125

Acupuncture

Dr. Charles Peri, Doctor of Oriental Medicine



Initial Visit: \$120
Acupuncture Follow Up \$90
6 Acupuncture Treatments (\$80 each) \$480
12 Acupuncture Treatments (\$70 each) \$840
Initial Visits – up to 60 minutes
Follow Up Visits – up to 45 minutes

Packages must be paid in full
No initial visit fee if package is purchased
(\$40 to \$50 savings)

Fitness Punch Card Prices:

“Unlimited Monthly” –
take as many classes you wish in one month = \$85
20 punch card = \$70
10 punch card = \$35

Payment by check or credit card.
No refunds or replacements.

Available at Member Services

Over 150 classes a month to choose from including classes that offer Aerobic, Aqua, ZUMBA, Dance, Balance, Stretching, Yoga, Flexibility, Mind & Body & more!

PERSONAL TRAINER ON FLOOR

Every WEDNESDAY in June
9:45 - 10:45 a.m.

Meet Personal Trainer Pat Puryear



Do you have a question about how to work out or use the fitness equipment at the Vista Club Fitness Center? Ask our “Personal Trainer on Duty” and get tips from a trained professional at no extra

cost to you! You can find our Personal Trainer on Duty in the Fitness Center at certain peak times. Every month will be a different trainer/day with different time for that given month.

You have a goal: Get your body in better shape, or go to the next level of fitness. Where to start? The Vista Club Fitness Center has certified personal trainers who know how to help you get the best results out of your workout. They can lead you on your quest to gain energy, increase endurance and strength, lose weight or sculpt your body, and just feel better about yourself. Did you suffer an injury? Our certified personal trainers can help you recover. You can get help no matter your age or your current condition.

Personal trainers work with you to set appointments that fit your schedule. Package rates also are available.

To schedule an appointment,
call 707-374-4200
or email kerwin@actionlife.com

June New Member Fitness Orientations

Saturday, June 4 at 11 a.m.

Tuesday, June 14 at 6 p.m.

Saturday, June 25 at 11 a.m.



Reasons to list your home now:

- Spring marks the beginning of the prime home-selling season
- Spring is a chance to show off your home's spring-time assets – lots of natural light, warmer weather, lush landscape & flowers in bloom.
- A lot more people are looking to buy right now, inventory is still low, and homes are selling quickly for more money.
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AQUA JOINT

NO SWIMMING ABILITY REQUIRED!

Session Dates: June 16 – August 4, 2016 (8 classes)

Days/Times: Thursdays 3:00 - 4:00pm

Location: Vista Pool

Fee: \$45 (Pay at Member Services) **MUST PRE-PAY**

Use the Healing Power of Water to:

- Improve Overall Health
- Increase Range of Motion
- Strengthen muscles around joints
- Improve Balance
- Decrease Pain
- Increase Flexibility
- Minimum number of participants: 8
- Instructor: Beverly Shilich

**For more information,
leave a message for Bev @ 374-4200**

Summer is HERE! June Aqua Schedule

Majority of Aqua Classes are held at the Delta outside Pool.

Monday

Aqua Fit	9:30-10:30 a.m.	Delta Pool	Denise
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Tuesday

Aqua Fit	9:30-10:30 a.m.	Vista Pool	Denise
Advanced Aqua	3 - 4 p.m.	Delta Pool	Kathy

Wednesday

Aqua Fit	9:30 - 10:30 a.m.	Delta Pool	Denise
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Thursday

Advanced Aqua	9:30 - 10:30 a.m.	Delta Pool	Kathy
Aqua Fit	3 - 4 p.m.	Delta Pool	Denise

Friday

Advanced Aqua	9 - 10 a.m.	Delta Pool	Kathy
Aqua Fit	10 - 11 a.m.	Delta Pool	Denise

6th Annual Trilogy Triathlon 3-2-1 Saturday, June 18, 2016



FREE EVENT

**Registration opens 8am
Race start time 8:30am**

**Delta Pool & Delta Parking Lot
Start / Finish Line**

**REGISTRATION DEADLINE To Receive
T-SHIRT Day of Event: June 5**

- **3 - LAPS in Pool Swim** (Delta Pool)
- **2 - LAPS on Bike** (around Summerset)
- **1 - LAP Run or Walk** (around Summerset)



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Thursday June 23rd

2:00PM to 4:00PM

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Key
Bold = New/Change
 (B)eginning
 (I)ntermediate
 (A)dvanced



Trilogy Living

Fitness Class Schedule for June 2016

Trilogy Fitness Punch Card Choices...All classes require one of 3 card choices a blue 20 punch for \$70.00, a yellow 10 punch for \$35.00 or an Unlimited Monthly Punch Card for \$85.00 that will be color coded differently each month because they will only be good for that given month so you can attend as many classes as you want! Get your cards at the Member Services Desk. Please call Fitness & Spa Director Kathy Erwin at (4205) if you have questions. All classes are held in the Vista Group Exercise Studio unless otherwise noted.

Last Month's Punch Card Raffle Winner: **Helen Chung & Jill Ledterman**

June Fitness Orientations: Sat., June 4 at 11 a.m., Tues., June 14 at 6 p.m., Sat., June 25 at 11 a.m.

If you plan to make a (ROM) Range of Motion appointment for a later date, please bring a \$20 check with you to the orientation. Thank you!

CLASS LOCATIONS

(GX) Group Exercise Studio

(DB) Diablo Ballroom





(VP) Vista Pool

(DP) Delta Pool

(RV) Rio Vista Room–Delta

(SR) Sonoma Room–Vista

(FC) Fitness Center

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
<div></div> <div>LET’S MOVE CONTEST!</div> <div>Registration Form & Biggest Mover Punch Cards are still available at the Member Service Desk!</div> <div>Contest ends June 23rd</div>											
6 8:30-9:30am WOW-TABATA-TABATA (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9:30-10:30am Aqua Fit (B) (DP) Denise 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 10-10:45am Core Balance and Standing Abs (B) (GX) Prescy/Sophie 10-11am Meditation Breathing (B) (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Prescy/Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Prescy/Sophie 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (GX or DB) Deanna		7 8-9am Body Works (B/I/A) (GX) Kathy 9:30-10:30am Aqua Fit (B) (VP) Denise 11-12pm Feel Good Class (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 3-4pm Advanced Aqua (B/I/A) (DP) Kathy		8 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10:30am Aqua Fit (B) (DP) Denise 11-12:30pm Hot ZUMBA (I/A) (GX) Prescy 6:30-7:30pm Balance Ball (GX) Deanna		9 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Tai Chi (B/I) (GX) Lillian 9:30-10:30am Advanced Aqua (B/I/A) (DP) Kathy 10-11am Step Aerobics (B/I/A) (GX) Pat 11-12pm Feel Good Class (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/I) (GX) Tammy 3-4pm Aqua Fit (B/I/A) (DP) Denise		10 7-8am Early Yoga (B) (DB) Tammy 8:30-9:30pm WOW-TABATA- BOOM (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (DP) Kathy 10-11am Aqua Fit (B) (DP) Denise 10-10:45am Core Balance and Standing Abs (B) (GX) Sharon 10-11am Balance Ball (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sharon 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sharon		11 8:30-9:30am Step Aerobics (GX) Pat No ZUMBA	
13 8:30-9:30am WOW-TABATA-TABATA (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9:30-10:30am Aqua Fit (B) (DP) Denise 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 10-10:45am Core Balance and Standing Abs (B) (GX) Prescy/Sophie 10-11am Meditation Breathing (B) (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Prescy/Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Prescy/Sophie 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (GX or DB) Deanna		14 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 10-11am Beginning Pilates (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 11-12pm Feel Good Class (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 3-4pm Advanced Aqua (B/I/A) (DP) Kathy		15 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10:30am Aqua Fit (B) (DP) Denise 10-11am Balance/Stretch (GX) Joele 11-12:30pm Hot ZUMBA (I/A) (GX) Prescy 6:30-7:30pm Balance Ball (GX) Deanna		16 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Core/Stretch (B) (GX) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9:30-10:30am Advanced Aqua (B/I/A) (DP) Kathy 10-11am Step Aerobics (B/I/A) (GX) Pat 11-12pm Feel Good Class (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/I) (GX) Tammy 3-4pm Aqua Fit (B/I/A) (DP) Denise		17 7-8am Early Yoga (B) (DB) Tammy 8:30-9:30pm WOW-TABATA- BOOM (B/I) (GX) Pat 9-10am Advanced Aqua (B/I/A) (DP) Kathy 9-10am Yoga/Pilates (B) (DB) Deanna 10-11am Aqua Fit (B) (DP) Denise 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Balance Ball (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie		18 NO STEP NO ZUMBA <div></div>	
20 8:30-9:30am WOW-TABATA-TABATA (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9:30-10:30am Aqua Fit (B) (DP) Denise 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 10-10:45am Core Balance and Standing Abs (B) (GX) Prescy/Sophie 10-11am Meditation Breathing (B) (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Prescy/Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Prescy/Sophie 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (GX or DB) Deanna		21 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 10-11am Beginning Pilates (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 11-12pm Feel Good Class (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 3-4pm Advanced Aqua (B/I/A) (DP) Kathy		22 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10:30am Aqua Fit (B) (DP) Denise 10-11am Balance/Stretch (GX) Joele 11-12:30pm Hot ZUMBA (I/A) (GX) Prescy 6:30-7:30pm Balance Ball (GX) Deanna		23 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Core/Stretch (B) (GX) Joele 9-10am Tai Chi (B/I) (GX) Lillian 10-11am Step Aerobics (B/I/A) (GX) Pat 11-12pm Feel Good Class (B) (GX) Beverly 12 Noon Fitness Potluck Vista Patio or weather permitting Diablo Ballroom 2:30-3:30pm Yoga (B/I) (GX) Tammy 3-4pm Aqua Fit (B/I/A) (DP) Denise		24 7-8am Early Yoga (B) (DB) Tammy 8:30-9:30pm WOW-TABATA- BOOM (B/I) (GX) Pat 9-10am Advanced Aqua (B/I/A) (DP) Kathy 9-10am Yoga/Pilates (B) (DB) Deanna 10-11am Aqua Fit (B) (DP) Denise 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Balance Ball (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie		25 8:30-9:30am Step Aerobics (GX) Pat 11am-12:30pm ZUMBA Power (GX) Sophie	
27 8:30-9:30am WOW-TABATA-TABATA (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9:30-10:30am Aqua Fit (B) (DP) Denise 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 10-10:45am Core Balance and Standing Abs (B) (GX) Prescy/Sophie 10-11am Meditation Breathing (B) (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Prescy/Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Prescy/Sophie 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (GX or DB) Deanna		28 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 10-11am Beginning Pilates (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 11-12pm Feel Good Class (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 3-4pm Advanced Aqua (B/I/A) (DP) Kathy		29 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10:30am Aqua Fit (B) (DP) Denise 10-11am Balance/Stretch (GX) Joele 11-12:30pm Hot ZUMBA (I/A) (GX) Prescy 6:30-7:30pm Balance Ball (GX) Deanna		30 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Core/Stretch (B) (GX) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9:30-10:30am Advanced Aqua (B/I/A) (VP) Kathy 10-11am Step Aerobics (B/I/A) (GX) Pat 11-12pm Feel Good Class (B) (GX) Beverly 1-2pm Sit and Get Fit (B) (GX) Beverly 2:30-3:30pm Yoga (B/I) (GX) Tammy		<div></div>			


DELTA POOL NOW HEATED MOST Aqua Fit and Advanced Aqua Classes will be outside

Specialty Classes are not on the Fitness Calendar. Please look for their Flyers at both Clubs:

Fitness & Friends with Joele Swift, 8 Steps to a Healthy Back with Beverly Shilich, Continuation of Yoga with Deanna Araya, The Practice with Meditation Anna Chunn, Aqua Joint with Beverly Shilich

June 2016 Club and Activity Calendar


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 8am TOPS (D) 8am Social Tennis 8:30am Sr. Men's Golf 9:30am Bridge Lessons (V) 9:30am Men's Fellowship (V) 9:30am Walk & Talk (V) 10am Horseshoe Pit Play (Brockton Park) 10am Stained Glass (D) 11am Ukulele Club (V) 11am Pickleball (courts 1 & 2) 12:30pm Fat Quarters Quilters (D) 1pm Village Riviera ARC (D) 1:30pm Jazz Band (V) 2pm Bergren Oil & Acrylic Class (D) 2pm Card Design Class (D) 2pm Saddle Rock RC Social Com (V) 4:30pm Table Tennis (D) 5pm Olympic Village RC Potluck (D) 5:30pm Delta Harmony Rehearsal (V) 7pm Billiard Club Membership (V) 7pm Square Dance (D)	2 8am Social Tennis 8:30am Women's 18-Hole Golf 9am Eagle Point Village ARC (D) 9:30am Ceramics (D) 9:30am Women's Fellowship (V) 11am Pickleball (courts 1 & 2) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 1pm Sailing Club (V) 2pm Genealogy Club (V) 4pm Table Tennis (D) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6:30pm Pinochle (V) 7pm Drama Club Rehearsal (V) 7pm Photography Club (V) 7pm Ballroom Dance - Adv (V) 8pm Ballroom Dance - Beg (V)	3 7:50am Cycling Club (Delta Parking Lot) 8am Social Tennis 9am Model Club (V) 9:30am Walk & Talk (V) 9:30am Village1 ARC (V) 10am Rubber Stamp Card Making (D) 10:30am Country Line Dancing (D) 11am Book Club: 66 Bible Books (V) 11am Pickleball (courts 1 & 2) 12pm Adv Watercolor (D) 12:15pm Friday Bridge (V) 3:30 – 5:30pm Shibori Shirt Workshop Prep (D) 6pm Joy Luck Mah-Jongg (V)	4 8am Motorcycle Club (Off-site) 8 – 11am Tennis Club Tournament 8:30am – 4pm Shibori Shirt Workshop (D) 8:30am Hiking Club (V) 9am Model Club – Garden Railway (V) 9am Table Tennis (D) 6pm Texas Hold'em / Omaha Poker (D)
5 8:30am – 4pm Shibori Shirt Workshop (D) 10am – 3pm Trilogy Produce Market (D) 1pm Saddle Rock Village RC Appreciation Lunch (V)	6 8am Social Tennis 9am Woodcarving (D) 9am Theater Gp Improvisation Workshop (D) 9:30am Walk & Talk (V) 10:30am Garden Club Planning (V) 11am Saddle Rock Village ARC (V) 12pm TAG Guest Speaker (D) 12:30pm Rip, Stitch & Bitch (V) 12:30pm Mah Jongg (V) 1pm TAG Monthly (D) 2:30pm Pickleball (courts 1 & 2) 3pm Guitar Club (V) 3pm Oakmont Village RC (V) 5pm Whist Planning (V) 6pm Soul Line Dance (D) 6pm Poker (D) 6:30pm Game Night (V) 6:30 This N' That Coffee House (V)	7 7am – 8pm Primary Election Day (D) 8am Social Tennis 8:30am Radio Club (V) 9:30am Women's 9-Hole Golf 10am Computer class: Computer Basics (V) 10:30am Country Line Dancing (V) 11am Pickleball (courts 1 & 2) 11:30am TRVMEN Golf 12:15pm Beg Watercolor (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dominoes (D) 12:30pm Computer class: Create, Find & Work with Files or Pictures 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) 5:30pm Couples Canasta (D) 6pm Theater Group Auditions (V) 6:30pm Singles Club (V) 6:30pm Religions of the World (V) 7pm Drama Club Rehearsal (D)	8 8am Social Tennis 8am TOPS (D) 8:30am Sr. Men's Golf 9:30am Bridge Lessons (V) 9:30am Men's Fellowship (V) 9:30am Walk & Talk (V) 10am Horseshoe Pit Play (Brockton Park) 10am Village Oakmont Kare Bears & Luncheon (D) 10am Stained Glass (D) 11am Ukulele Club (V) 11am Pickelball (courts 1 & 2) 12:30pm Fat Quarters Quilting (D) 1:30pm Jazz Band (V) 2pm Bergren Oil & Acrylic Painting (D) 2pm Card Design Class (D) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 6pm Theater Group Auditions (V) 6:30pm Nature Club (V) 7pm Square Dance (D)	9 8am Social Tennis 8:30am Women's 18-Hole Golf 9am Blood Pressure Check (D) 9:30am Ceramics (D) 9:30am Women's Fellowship (V) 10am Council for the Arts (V) 11am Pickleball (courts 1 & 2) 12:15pm Ponytail Canasta (V) 1pm Advanced Hearing Services (V) 1pm Garden Club (V) 1pm Good Samaritans (D) 4pm Sr. Men's Golf Board (D) 4pm Table Tennis (D) 5pm Admin Policies Com (V) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6:30pm Pinochle (V) 7pm Drama Club Rehearsal (D) 7pm Writers' Club (V) 7pm Ballroom Dance - Adv (V) 8pm Ballroom Dance - Beg (V)	10 7:50am Cycling Club (Delta Parking Lot) 8am Social Tennis 9:30am Walk & Talk (V) 10am Rubber Stamp Card Making (D) 10:30am Country Line Dancing (D) 11am Book Club: 66 Bible Books (V) 11am Pickleball (courts 1 & 2) 12pm Adv Watercolor (D) 12:15pm Friday Bridge (V) 2pm Guitar Club Beg Workshop (V) 7pm Bunco (D)	11 8am – 11am Tennis Tournament 8:30am Hiking Club (V) 9am Model Club - Garden Railway (V) 9am Table Tennis (D) 6pm Texas Hold'em / Omaha Poker (D)
12 7pm Trilogy Dance Club with Afterglow (V)	13 8am Social Tennis 9am Woodcarving (D) 9am Olympic Village ARC (V) 9:30am Village Riviera Kare Bears (D) 9:30am Walk & Talk (V) 10am Village Oakmont ARC (V) 12pm Open Painting (D) 12pm Duplicate Bridge (V) 12:30pm Rip, Stitch & Bitch (V) 2:30pm Pickleball (courts 1 & 2) 3pm House Renovations Com (V) 5pm Whist Planning (V) 6pm Soul Line Dancing (D) 6pm Poker (D) 6:30pm Game Night (V) 7pm Model Club - RC Aircraft (D)	14 8am Social Tennis 8:30am Radio Club (Offsite) 9:30am Women's 9-Hole Golf 10am TRVMA Executive Session (V) 10am Computer class: MS Excel 1 (V) 10:15am Book Club (V) 10:30am Country Line Dancing (D) 11am Pickleball (courts 1 & 2) 11:30am TRVMEN Golf 12pm Cooking Club (D) 12:15pm Beg Watercolor (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Computer class: MS Word 1 (V) 2pm Master Association Board Mtg (V) 2:30pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) 6:30pm Singles Club (V) 7pm Drama Club Rehearsal (D) 7pm Emergency Action Com (V)	15 8am Social Tennis 8am TOPS (D) 8:30am Sr. Men's Golf 9:30am Bridge Lessons (V) 9:30am Men's Fellowship (V) 9:30am Walk & Talk (V) 10am Horseshoe Pit Play (Brockton Park) 10am Stained Glass (D) 11am Ukulele Club (V) 11am Pickleball (courts 1 & 2) 12:30pm Fat Quarters Quilting (D) 1pm Village Riviera ARC (D) 1:30pm Jazz Band (V) 2pm Bergren Oil & Acrylic Painting (D) 2pm Card Design Class (D) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 7pm Square Dance (D) 7pm Olympic Village RC (V) 7pm Saddle Rock Village RC Election (D)	16 8am Social Tennis 8:30am Women's 18-Hole Golf 9am Eagle Point ARC (D) 9:30am Ceramics (D) 9:30am Women's Fellowship (V) 11am Pickleball (courts 1 & 2) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 2pm Genealogy Workshop (V) 3pm Oakmont Newcomer Reception (D) 4pm Golf: Sr. Men's General Mtg (D) 4pm Village Oakmont RC Social (D) 4pm Table Tennis (D) 5pm Village Riviera RC (V) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6:30pm Pinochle (V) 7pm Drama Club Rehearsal (D) 7pm Ballroom Dance - Adv (V) 8pm Ballroom Dance - Beg (V)	17 7:50am Cycling Club (Delta Parking Lot) 8am Social Tennis 9:30am Walk & Talk (V) 9:30am Village 1 ARC (V) 10am Rubber Stamp Card Making (D) 10:30am Country Line Dance (D) 11am Book Club: 66 Bible Books (V) 11am Pickleball (courts 1 & 2) 12pm Adv Watercolor (D) 12:15pm Friday Bridge (V) 5pm Night Bocce BYOS Social (D) 6pm Joy Luck Mah-Jongg (V) 7pm Open Mic Night (V)	18 8am Trilogy Triathlon (D) 8am – 11am Trilogy Team Tennis 8:30am Hiking Club (V) 9am Model Club – Garden Railway (V) 12:30pm Juneteenth Celebration (D) 6pm Texas Hold'em/ Omaha Poker (D)
19 Fathers' Day 10am – 3pm Trilogy Produce Market (D)	20 8am Social Tennis 9am – 1pm Blood Drive (D) 9am Woodcarving (D) 9:30am Walk & Talk (V) 10am Joint ARC with Council of Village Presidents (V) 11:30am Saddle Rock Village ARC (V) 12pm Open Painting (D) 12:30pm Mah Jongg (V) 12:30pm Rip, Stitch & Bitch (V) 2:30pm Pickleball (courts 1 & 2) 3pm July 4 th Focus Group (V) 3pm Guitar Club (V) 4pm Summer Solstice Labyrinth Walk (Vista Patio) 5pm Whist Planning (V) 6pm Soul Line Dancing (D) 6pm Poker (D) 6:30pm Game Night (V) 7pm Fishing Club (D) 7pm Hiking Club (V)	21 8am Social Tennis 8:30am Radio Club (V) 9am Garden Club Workshop (D) 9:30am Women's 9-Hole Golf 10am Computer class: Bring Your Project (V) 10:30am Country Line Dancing (D) 11am Pickleball (courts 1 & 2) 11:30am TRVMEN Golf 12:15pm Beg Watercolor (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dominoes (D) 12:30pm Morning Bocce Club BYOS Social (D) 12:30pm Computer class: Windows 10 (V) 1:30pm – 5:30pm CPR/ AED/1st Aid Training (V) 2:30pm Celtic & Zen Tangle Painting (D) 4:15pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) 5:30pm Couples Canasta (V) 6:30pm Singles Club (V) 7pm Drama Club Rehearsal (D)	22 8am Social Tennis 8am TOPS (D) 8:30am Sr. Men's Golf 9:30am Bridge Lessons (V) 9:30am Men's Fellowship (V) 9:30am Walk & Talk (V) 10am Horseshoe Pit Play (Brockton Park) 10am Stained Glass (D) 11am Ukulele Club (V) 11am Pickleball (courts 1 & 2) 12:30pm Morning Bocce Club BYOS Social (D) 12:30pm Fat Quarters Quilting (D) 1:30pm Jazz Band (V) 2pm Bergren Oil & Acrylic Painting (D) 2pm Card Design Class (D) 4:30pm Table Tennis (D) 5:30pm Delta Harmony Rehearsal (V) 6:30pm Singles Meet Greet Potluck (D) 7pm Square Dance (D)	23 8am Social Tennis 8:30am Women's 18-Hole Golf 9:30am Ceramics (D) 9:30am Women's Fellowship (V) 11am Pickleball (courts 1 & 2) 12pm Fitness Potluck (V) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 2pm Community Connections (V) 3pm Table Tennis (D) 5pm Admin Policies Com (V) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6:30pm Pinochle (V) 7pm Drama Club Rehearsal (D) 7pm Theater Group (D) 7pm Ballroom Dance - Adv (V) 8pm Ballroom Dance - Beg (V)	24 7:50am Cycling Club (Delta Parking Lot) 8am Social Tennis 9:30am Walk & Talk (V) 10am Tennis Club Mtg (D) 10am Rubber Stamp Card Making (D) 10:30am Country Line Dance (D) 11am Pickleball (courts 1 & 2) 11am Book Club: 66 Bible Books (V) 12pm Adv Watercolor (D) 12:15pm Friday Bridge (V) 2pm Guitar Club - Beginners Workshop (V) 6:30pm Bingo (D)	25 8am – 11am Tennis Team Tournament 8:30am Hiking Club (V) 9am Model Club – Garden Railway (V) 9am Table Tennis (D) 6pm Texas Hold'em / Omaha Poker (D) 7pm Concert on the Patio – Gary Bohannon & Bad Habits Band (V)
26 6:45pm Havurah Friends (V)	27 8am Social Tennis 9am Woodcarving (D) 9am Olympic Village ARC (V) 9:30am Walk & Talk (V) 10am Village Oakmont ARC (V) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 12:30pm Mah Jongg (V) 1pm Access Com (D) 2:30pm Pickleball (courts 1 & 2) 3pm House Renovations Com (V) 5pm Whist Planning (V) 6pm Poker (D) 6pm Soul Line Dancing (D) 6:30pm Game Night (V)	28 8am Social Tennis 8:30am Radio Club (V) 9:30am Women's 9-Hole Golf 10:30am Country Line Dancing (D) 11am Pickleball (courts 1 & 2) 11:30am TRVMEN Golf 12:15pm Beg Watercolor (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dog Club (D) 2pm Saddle Rock Executive Com (V) 3pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) 6:30pm Singles Club (V) 7pm Drama Club Rehearsal & Membership (D) 7pm Emergency Action Com (D)	29 8am Social Tennis 8am TOPS (D) 8:30am Sr. Men's Golf 9:30am Bridge Lessons (V) 9:30am Men's Fellowship (V) 9:30am Walk & Talk (V) 10am Horseshoe Pit Play (Brockton Park) 10am Stained Glass (D) 11am Ukulele Club (V) 11am Pickleball (courts 1 & 2) 12:30pm Fat Quarters Quilting (D) 1:30pm Jazz Band (V) 2pm Bergren Oil & Acrylic Painting (D) 2pm Card Design Class (D) 4:30pm Table Tennis (D) 5pm Saddle Rock RC Social (SR Lane Park) 5:30pm Delta Harmony Rehearsal (V) 7pm Square Dance (D)	30 8am Social Tennis 8:30am Women's 18-Hole Golf 9:30am Ceramics (D) 9:30am Women's Fellowship (V) 11am Pickleball (courts 1 & 2) 12:15pm Ponytail Canasta (V) 1pm Adult Com (D) 1pm Good Samaritans (D) 2:30pm July 4 th Last Focus Group (V) 5pm Table Tennis (D) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6:30pm Pinochle (V) 7pm Drama Club Rehearsal (V) 7pm Ballroom Dance - Adv (V) 8pm Ballroom Dance - Beg (V)		



Hours:
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 Tuesday: by appointment only
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Chris Boothe
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Computer Class Focus Group

Welcome – We want YOU!

- ✓ Join the Group
 - Trainer (expert status not required)
 - Class Aide (all skill levels welcome)
 - Develop classes (share your specialty)
- ✓ Take classes; Suggest classes
- ✓ Tell your neighbors

Meet the Current Trainers & Aides



Debbie Dorn Joyce Talbert Kathryn Query Amy Menon Katie Spencer Cheryl Pruitt
 Activities Director (Linda Keller, Cheryl Wood and Lester Dunn not pictured)

Trainers, class aides, developers make it happen ~ we welcome you!

Computer Class 90-Minute Opportunities

Sign Up At Vista Club Member Services -- Pay by Check or Credit Card

Computer Basics \$5 ea.	June 7, Class 10:00 a.m. to 11:30 a.m. Introduction for new computer users to learn their way around the computer. <i>This class is mandatory or equivalent knowledge for all other classes.</i>
Create, Find & Work with Files or Pictures \$5 ea.	June 7, Class 12:30 p.m. to 2:00 p.m. Save documents & pictures so you can find them. This knowledge is fundamental to transfer either from phone/camera to computer or USB drive, attach to email, post to social media, and organize everything! <i>(USB memory stick available \$5).</i>
Microsoft Excel 1 \$7 ea.	June 14, Class 10:00 a.m. to 11:30 a.m. Navigate in Excel and learn to use math operations by creating a simple household budget.
Microsoft Word 1 \$7 ea.	June 14, Class 12:30 p.m. to 2:00 p.m. Introduction to word processing, the most commonly used software program. Learn to work with basic text, including how to format text size, color and location on the page.
Bring Your Project \$7 ea.	June 21, Class 10:00 a.m. to 11:30 a.m. Bring your own project (on a flash drive or your device) for help with any PC software program taught here. Come prepared with specific topic(s) you want help with.
Windows 10 \$7 ea.	June 21, Class 12:30 p.m. to 2:00 p.m. ~ **NEW CLASS (by popular request)** Intro to Microsoft Windows 10 operating system. Should you upgrade from Windows 7 or 8? Or your new computer came with Windows 10 and you're frustrated.

If using your own computer, public wireless network cautions apply!

Computer Basics class is mandatory or equivalent knowledge for all other classes.

Limited Class Size-sign up early. Repeating classes is recommended. Class subject suggestion list available!

Interested in training or helping others during class? Email Debbie Dorn at ddorn@actionlife.com.

- Additional Clubhouse #4 – there was reporting of what has been presented to the Board and what some residents believe is the responsibility of Shea and the Association. The Board approved, by a majority vote, the following:

A motion was made by Director Don Love that the Master Board commit to provide the community the remodel of the design center and a new club house at the Marks Road site in Phase 10. The Board will enter into negotiations and the formation of a contract with Shea Homes accepting their offer to provide \$75,000 for conversion of the design center and to provide an 8,500 sq. ft. shell of a building with two bathrooms, as a minimum. The details surrounding the development and the contract will be directed and approved by the Board through the various assets at their disposal, such as attorneys, the Amenities Committee, community input and in compliance with all governmental regulations.

- Website Request for Proposal (RFP) – approved the RFP written by the Website Evaluation team for obtaining our website.
- Disposal of 1983 Nissan Truck – due to the condition of the truck, maintenance and not registering for years. The Board approved donating the truck to charity. Management will look at donating it to a local charity if possible.

Items that were on the Agenda but not reported were tabled. Minutes of all meetings are posted on MyTrilogyLife.com. If you have any questions about this meeting or any meeting please feel free to contact me directly.

The next meeting is June 14, 2016



TRIPS AND TOURS

All trips are operated by an outside company and are not associated with Trilogy Rio Vista Master Association. Trilogy Rio Vista Master Association is not liable for any trips or tours.



**Ethel Ott
(Cupcake)
and
Eileen Griffin
(Twinkie)**

June 9, Ethel's Mystery Trip, \$92/pp
Something for everyone to enjoy on this educational and sensual day outing. Hosted lunch included.

June 21, Gambler's Special – Jackson Rancheria, \$30/pp
Usual 4-5 hrs. of "Stay and Play" with a \$20 bonus package.

**July 2, Oakland A's Game/
Fireworks, \$79/pp**
Plaza Court seats near home plate and a \$10 food coupon. Fantastic fireworks!

**Aug. 2- 4, Hot August Nights /
Reno, \$243/pp dbl.**
2-nights/3-days stay at Silver Legacy Hotel Casino in downtown Reno. Hundreds of vintage 30's, 40's and 50's cars, on-going street faire and live entertainers to enjoy throughout your stay. Dress up in your old vintage clothes and hats. A FUN GET-AWAY!

**Sept. 8-18, A 10-day Alaska
Cruise, (brochure available)**

**Oct. 8, Fleet Week/Blue Angels/
Hornblower cruise, \$148/pp**
A hosted champagne luncheon onboard the Hornblower watching the exciting Blue Angels aerial team perform over-head. A fun day on The Bay!

**Oct. 18-20, Two nights/3 days
Yosemite and Chukchansi,
\$425/pp dbl.**
Two nights at the newly re-opened Chukchansi Casino Resort. Sugar Pine RR excursion along with guided tours and lunches in Yosemite Valley and at Bass Lake. A lovely Fall outing!

For further information call Ethel (7548) or Eileen (2684).



Billiards

The next Billiards Club meeting is on Wednesday, June 1 at 7 p.m. in the Monterey Room of the Vista club. Tournaments are every Tuesday evening starting at 5 p.m. We play 8-ball or 9-ball depending on the week of the month. Officers President Al Bergoust, Vice President Dennis Pool, Treasurer Jack Clark, Secretary (open), Membership Chairman Dave Stewart.

April 5, 8-Ball

1st Al Bergoust
2nd Richard Gutierrez
3rd Ken Guillory

April 12, 8-Ball

1st Al Bergoust
2nd Ken Guillory
3rd Diego Cassone

April 19, 9-Ball

1st Mike Quihuiz
2nd Al Bergoust
3rd Richard Gutierrez

April 26, 8-Ball

1st Geno Toscano
2nd John Daniels
3rd Hector Carrillo

For information regarding the Billiards Club, call Al Bergoust at 707-374-2436 or alhelenb@aol.com.

Bingo

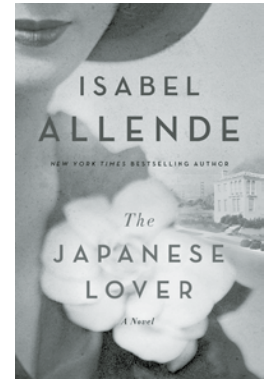
Start the summer with fun while enjoying friends. Mark your calendar for the fourth Friday of the month (June 24) for Bingo at the Delta Club. Games begin promptly at 7 p.m. Buy-in for each person is \$10 for 12 games. We have one early-bird special: one card for a \$1. The prize money for each game is \$50 and the blackout prize is \$250. For more information, call Irene at 707-374-6999.

Bocce

June is scheduled to be a busy month for the bocce community. We will end the first round of play for both leagues and we will also start the second round for both. The night league's 22 teams will be celebrating the half-way point on Friday, June 17 at the Delta Club with a social from 5 - 9 p.m. The morning league's 27 teams, will have two separate socials based on their days of play. The Tuesday-Thursday group will celebrate on Tuesday, June 21 and the Wednesday-Friday group will celebrate on Wednesday, June 22. Both the morning league events will also be held at the Delta Club from 12:30 - 3:30 p.m. All three socials are BYOS events (Bring Your Own Stuff). Remember to bring your own tableware, table coverings and glasses as well as beverage(s). See your captain for complete details. Reservations will be required in order to facilitate the setting-up of the rooms to accommodate the Club, that now totals 523 dues-paying members, which translates into 49 active teams. Remember to roll often, throw straight and have fun, that's what it's all about. Contact Joe Downes for more information at 707-374-7520 or josephdownes@citlink.net.

Book

The Book Club meets the second Tuesday of each month at 10:30 a.m. in the Sonoma Room at the Vista Club. The next meeting is June 14. The book selection is *The Japanese Lover* by Isabel Allende. July's book selection is *The Nightingale* by Kristen Hannah. There is no requirement to have read the selected book. Everyone is welcome to join; feel free to stop by. For more information, contact Adrienne at 707-374-5576.



Book - 66 Bible Books

We have already completed the first two books of the Bible; *Genesis* and *Exodus*. Both books were thought-provoking for all who attended and led to some great discussion.

We are currently reading the book of *Leviticus* which contains 27 chapters. Chapters 1-10 focus on the foundation events of worshipping a God with vital offerings; chapters 11-27 focus on the foundation people walking with a God having various obligations. The author of this book is Moses.

As always we welcome anyone who would like to visit and see what this club is all about. We meet weekly in the Monterey Room of the Vista Club on Friday from 11 a.m. - 12:30 p.m. For any additional information please contact either Gary or Deb Dunham at 707-374-5324, or gmdunham1@hotmail.com, debdunham@hotmail.com.

Bridge – Duplicate

Duplicate Bridge meets the second Monday of each month at 12:15 p.m. in the Sonoma Room at the Vista Club. Please mark your calendars for our game on Monday, June 13. All Trilogy residents who are interested in playing duplicate bridge are welcome. If you need a partner; we'll find one for you. Please call Sue at 707-374-6136 for more information.

April's winners: Regular game: 1st - Lynn Fortner and John Fashing; 2nd - Nan Lowenstein and Bruce Morrison; 3rd - John Mount and John Shick. Novice game: 1st - Valerie Jackson and Angie Jones; 2nd - Peter and Bonnie Carisetti.

Bridge – Friday

Friday Bridge Club meets every Friday at 12:15 p.m. in the Vista Club, Sonoma Room. All levels of players are welcome. Please let us know you are coming by 12 p.m. on the Wednesday of that week. Sign-up book is in the

Sonoma Room in the middle top drawer of credenza at the left side of the room. On the first Friday there will be duplicate bridge, all levels welcome. Same sign-up book. For more information or any questions please call Larry Epner at 707-374-3511.

Bunco

Spring is here, the traditional retirees' trips are starting. Come on by and learn about trips the players are taking. It might whet your appetite for travel or discourage you from making an expensive mistake. You might get some suggestions from others that you had not considered. Then you can enjoy the fun and excitement of the Bunco game. Why not, you might get an idea to revisit old friends or see some sights you recall from your earlier age. We meet at the Delta Club on the second Friday of the month at 7 p.m. We still sit at tables with a total of four contestants at each table, make introductions, and when the room is ready, we start. At the end of each round two people move to another table and again we play. We continue to confirm the laughter, excitement and old-fashioned goodwill among neighbors is there each round. The easy rules of play and the refreshments make it a fun evening. For further information, call Shirley at 707-374-9984.

Ceramics



Photo by Linda Robinette

Club get their railroad spruced up for a big event in July. We were asked if we could repaint some of the little buildings that are in the setting near the Vista Club. We decided it would be better to do them in acrylics. Here is an example of one of the buildings before and after. Why don't you see what's new at the railroad, then come to ceramics and start a project? Isn't it wonderful that clubs can work together to make Trilogy even better? We meet every Thursday from 9:30 a.m. - 12 p.m. in the Marina Room at the Delta Club. For more information, please contact Ann at 707-374-5122.

The Ceramics Club has been busy in our community. We were approached by Donna Moore from the Garden Club. They are helping the Model

Community Connections

Community Connections hopes you will join us on our journey to explore the opportunities around us for day trips, helping with short term service projects as needed and having fun making this club what you want it to be. Whether you are a seasoned member or new to our group we hope you will attend our next meeting to discuss more adventures and share your experiences about local events.

Our next meeting is on June 23, 2016 in the Monterey Room at the Vista Club at 2:00 pm as we discuss where our next outing will take us. You may bring a sweet or savory snack to share if you wish, but if not, just bring yourself. We would love to meet you! For more information contact Robie at 650-454-4299 or Pam at 707-374-3161.

Council for the Arts

The Council for the Arts advocates for and offers financial grants to organizations and clubs in Trilogy that are involved in the many aspects of the arts. Our primary source of the funds used to support the arts is the revenue raised by "Music of the Night." We look forward to finding and funding deserving groups.

The 2017 theme for "Music of the Night" will likely be discussed at our June meeting. If you stop in, you can be a part of the selection.

Council for the Arts meets on the second Thursday of the month at 10 a.m. in the Monterey Room at the Vista Club. For information about Council for the Arts, call Judy Calpo at 707-374-2924.

Couples Canasta

If you want to meet, socialize and have a fun evening with other Rio Vista Trilogy couples, this is the club for you. We meet at 5:30 p.m. on the first Tuesday of each month at the Delta Club's Marina Room and the third Tuesday of each month at the Vista Club's Sonoma Room. We play the gals against the guys! Canasta is a fun card game. It's easy to learn and no experience is necessary. Beginners are always welcome! We collect \$5 club dues per couple when you play, to cover the cost of supplies. Please call or email Patt Holobowicz at 707-225-0796 or 312-420-7726 if you are interested. Email is patthalo@sbcglobal.net. We hope you will join the fun!

Cycling

Starting in June and continuing through the hotter months, the Cycling Club will meet on Fridays at 7:50 a.m. in front of the Delta Club. Ride for fitness, fun and friend-



ship. Rides are 20-25 miles with more or less miles as an option. There are plenty of re-groups; no one is left behind.

Helmets are required. Bring money for a coffee and snack stop. Al and Marcia restarted the Cycling Club a year ago. They find it has been a pleasure to meet so many social, healthy, and fitness-minded individuals. We hope to continue the club as long as there is an interest. For more information, contact Marcia or Al Morrison at 707-374-5177 or marcialsj@netscape.net.

Dog



This is CoCo Chanel, our June Dog of the Month. She is an 8-year-old, pure bred miniature red poodle. She was adopted at age one by Vickie and Randy Scott from a family

that lived in downtown Rio Vista. The canine equivalent of Harry Houdini, she is a natural-born escape artist and constantly found her way out of their backyard to visit the fire department and the library. Like most poodles, she is highly intelligent, prefers the same routine each day, and has an uncanny sense of 'other peoples' emotions (she is, after all, a person, not a dog!).

Two members of our dog community recently passed. Yana, beloved dog of Jim and Sharon Monck died while undergoing surgery. Lucy, beloved dog of John and Karen Bereta was put down after unsuccessful attempts to ease her pain and suffering.

Following are the new Trilogy Dog Club officers elected at our April meeting: President, Sharon Primeau, Vice President Warren Rucker, Secretary Barbara Sherison, and Treasurer Jean Galbraith. Thank you to Mona Elliott, Vickie Scott and Linda Solomon, as retiring officers. It takes a village.

Important dates for June: June Meeting, Tuesday, June 28 at 12:30 p.m. at the Delta Club. Doggie Play Date, Saturday, June 18 (note change, usually fourth Saturday), Vista Club, 9 - 10:30 Large Dogs, 10:30 - Noon Small Dogs. See you there.

Dominoes

Great news, Shirley is back from the South Seas and has a lot to say about her exotic trip. You will have to come to the dominoes get-together to learn about the elusive Easter Island. She will be in the Delta Club, with a starting time of 12:30 p.m. the first and third Tuesday of each month. Get on board and introduce yourself to the other Mexican Train travelers. If you are not familiar with the rules of play you will be patiently helped by the others. They are simple, and the play quick enough to keep everyone's interest. Don't miss out. For further information, call Shirley at 707-374-9984.

Drama

We have selected our next melodrama with the performances scheduled for August 11 - 14. A delightful play about one day in the life of a wacky family with the additional confusion of the patriarch's untimely demise? And his twin brother suddenly appearing? Please call Debby Dubrow for more information about being a part of this fun play (707-374-6706). Put the play on your calendars!

We welcome inspiring new members with or without any experience, because you will absolutely have the most fun with our cast of characters. All interested Trilogy residents come to our next membership meeting on June 28 at 7 p.m. at the Delta Club. Please contact Debby Dubrow for more information at 707-374-6706.

Fishing



The Delta fishing for Striped Bass has slowed a bit for the summer. We can expect the area to pick up again in the fall. Salmon season is open in the ocean and many anglers have been extremely successful. There are many charter boat captains willing to take you out for a day on the ocean. Fresh King Salmon is outstanding. Summertime is also

a good time for us to spend on the local lakes and rivers. The rains have been extremely helpful filling the lakes and reservoirs to produce excellent fishing... go for it!

On another note, the Trilogy Fishing Club is looking for new officers to continue its operation. Noel will be stepping down in July. He agreed to take this position on for a year and the year is coming to a close. He has other obligations that take much of his time these days, but notes that the position is rewarding and also important to manage properly. Many members in the club have

time and plenty of experience to take this position and would do well with it. However, some have stated that they are retired and do not want to step up. Understood! Noel's approach was to have all members be involved and have a group of interested fisherpersons to meet and appreciate the time we have together. That may be the direction this club takes in the future. We have some of the best fishing grounds on earth right here in our backyard. Our treasurer will be moving out of the area soon and we will need a replacement. No, he is not going to Mexico first... he has done an outstanding job and has accounted for every penny. Moving right along! California Halibut are showing and the bite has come early this year. The San Francisco Bay is the hot spot! Shark is also on the list for some of us. The latest rains will definitely help for some good fishing throughout the year. Join us at our next meeting in the Marina Room at the Delta Club on Monday, June 20 at 7 p.m. For more information, contact Noel O'Brien at obriennoel@rocketmail.com or call 925-348-4097. Tight Lines!

Garden

The Garden Club continues to grow both with beautiful flowers in our gardens and new members!

May's monthly meeting was well received as Josh Puckett, Production Manager of Foundation Plant Services at UC Davis, demonstrated how to graft roses. All who participated received two trademark roses to plant in their gardens.

June's monthly meeting will discuss Warm Weather Vegetable Gardening, including how to prepare for your garden, using seeds vs. plants, insect control, and other useful tips and tricks to get the most from your garden. Solano County Master Gardeners Patty Chapman and Judy H. will be presenting the information and answering all your vegetable gardening questions. Mark your calendars for June 9, 2016 at 1 p.m.. We'll be meeting in the Diablo Ballroom of the Vista Club.

The workshop for June will be how to embellish and accessorize your Independence Day flower arrangements. Seating is limited so sign up early!

The Trilogy Garden Club holds monthly meetings on the second Thursday of every month in the Diablo Ballroom at the Vista Club at 1 p.m. and a monthly workshop on the third Tuesday of the month from 9 to 11:30 a.m. in the Marina Room at the Delta Club. The cost of membership is \$15 per family per year. New members signing up during the month of June will receive a miniature rose while supplies last!

Please Contact Robie Williams, Publicity and Membership Chair, at robiejw@hotmail.com for more information.

Genealogy

The National Endowment for the Humanities and the Library of Congress have partnered for many years with the National Digital Newspaper Program to enhance access to historic newspapers. The National Digital Newspaper Program has now digitized all the earlier microfilms and also has embarked on an ambitious program to scan and preserve many more newspapers. As a result, many more people now have easy access from home to this valuable information. The new program also provides opportunity for institutions to select and contribute digitized newspaper content published between 1836 and 1922. This is a freely accessible, national newspaper resource. To access this wealth of information, go to the Chronicling American website at chroniclingamerica.loc.gov/.

We would like to thank Marianne Gaertner for her presentation on her family search adventures and attempting to demonstrate the use of Google Books in her research. What a help it has been in locating her family. Although we could not get the new systems to work in the Learning Center we will try again at the next workshop. This time the old systems will be used and hopefully with success. We believe the use of Google Books will be of great benefit to us all.

Club meetings take place the first Thursday of the month at 2 p.m. in the Monterey Room, Vista Club. For more information, contact Rhoda at 707-374-7542. The Workshop is held the third Thursday at 2 p.m. in the Learning Center, Vista Club. For more information, contact Carolyn at wncbridges@comcast.net or 510-334-0912

Good Samaritans



Gloria Jackson honored Mother of the Year, standing next to her husband, L. Jackson.

On Thursday, May 5, the Good Samaritans sponsored the 65th Annual National Day of Prayer. During the event Gloria Jackson was awarded "The Mother of the Year." Brother Paul, Founder of the Good Samaritans, presented a bouquet of roses, Mother's Day Balloon and a Christian Scripture Plaque to show our appreciation as "Mother of the Year."

When you have a conversation with Mrs. Jackson you will hear about the love of her family; husband, daughter, son and grandchildren. Mrs. Jackson encourages other groups in our



community with love and joy. Many residents know her as one of the best real estate agents in Rio Vista. Gloria has a lot of fun as a sports fan; she loves the Warriors, the 49ers and she even likes boxing.

Mrs. Jackson represents *1 Corinthians*, Chapter 13, the Love Chapter. When you see Gloria you see Agape Love; her love is patient and her love is kind, and she is a person of great encouragement towards others. Mrs. Jackson treats everyone like family.

Mrs. Jackson has been in the Trilogy community for over 15 years. Mrs. Jackson volunteered for the Good Samaritans First Annual Dr. Martin Luther King, Jr. event in 2007, by serving hot meals. In her employment in the Bay Area, Mrs. Jackson was awarded the Dr. Martin Luther King, Jr. Award for outstanding work, leadership and love for others.

Brother Paul also gave an outstanding presentation on "Wake Up America." The scripture was from *Exodus 4*. Brother Paul prayed for our President, government leaders, our nation, U.S. Armed Forces, veterans, city officials, churches, families, the sick-and-shut-in and the poor. We thank Brother Paul for the vision of serving others. The luncheon was enjoyable following the event.

Guitar

This 'n That Coffee House returns to the Diablo Ballroom on Monday June 6. At our April Coffee House, we were treated to a great three-song set by Gary Spear. Gary plays the ukulele and left the crowd wishing for more. We hope he will become one of our regulars. Stop in and listen to your neighbors sing and play guitar/ukulele or read poetry at our June 6 Coffee House. It's a relaxing evening of music and the spoken word. Coffee and snacks are free and there is no admission. The first song begins at 6:30 p.m.

The Coffee House is not an Open Mic event. If you are interested in performing, come to any of our meetings to audition. The club meets regularly on the first and third Mondays of the month in the Diablo Ballroom from 3 - 5 p.m. For those two hours we play, sing, talk and have a good time. Beginners and non-players are always welcome to all our meetings. For those that are interested in learning to play, need help changing strings or just advice, consider coming to our Beginners Workshops on the second and fourth Fridays of the month in the Diablo Ballroom from 2 - 4 p.m. If you have questions about the club or events, contact Roger Kohn at 707-374-2737 or email Rich Victor at thatsrich@gmail.com or email us at guitarclubTRV@gmail.com.

Havurah Friends

Our new club, Havurah Friends, will meet on Sunday, June 26 at 7 p.m. Please note that we are meeting this month on the fourth Sunday so as not to conflict with Father's Day. We will meet in the Monterey Room at the Vista Club. Please bring a small snack to share if you wish.

Havurah Friends is a social and educational club, open to all who are interested in exploring Jewish history and culture through discussion, books, special events and traditional holiday gatherings.

So far, the group has enjoyed a Purim social, a Passover recipe sharing, a Shabbat dinner, and a discussion on Genealogy. We look forward to welcoming new members as we expand our group of friends. For more information, please call Pam at 707-374-3161 or email her at karatpah20@gmail.com.

Hiking

The Trilogy Hiking Club is one of the oldest and largest clubs in Trilogy, formed 12 years ago with a current membership of over 250 members. The Club offers a wide variety of hiking, and special interest and social events. Membership and most hikes are free. A nominal fee is charged for our special events.

The club's mainstay activity is our Saturday hikes. In the last 12 years close to 500 hikes and events have been conducted. We offer a varied assortment of trips ranging from short hikes on paved surfaces, to long single-trail hikes for those more adventurous. A monthly member newsletter describes each hike in detail in advance of the hike date. For those interested in mid-week hikes, these are conducted on Thursdays, and are growing in popularity. All hikes depart at 8:30 a.m. from the Vista Club, where a pre-trip meeting is held and carpooling arrangements are made.

Special Interest Events range from day trips to places such as the Mines at Black Diamond, Sacramento's Underground, and the Vasco Caves, to multi-night trips to Point Reyes, Lassen or Yosemite. For our Social Events, members gather monthly at a member's home for a potluck meal followed by an evening of socializing and playing card or board games.

June's Saturday hikes are:

June 4 – Black Diamond Mines - Antioch
 June 11 – Jack London Historical Park – Glen Ellen
 June 18 – Rockville Regional Park – Fairfield
 June 25 – Round Valley Regional Preserve - Brentwood

If you have questions, or would like to be put on the mailing list, please contact Vic Thiry at vic@thiry.us or 707-374-3749.

Horseshoes

The Horseshoe Club is in the process of regrouping; you may have noticed that we now have four new horseshoe courts located in Brockton/Rutland Park right off of Somerset Drive. We have changed the time and day that we will be meeting; we started playing on a trial basis, and it seemed to work out for just about everyone. The new day will be every Wednesday morning at 10 a.m. Everyone is welcome to come out and pitch some shoes, no experience is necessary. No dues will be collected, just come out and have some clean fun. If you would like to come and give it a try, we will welcome you, men and women. For more information contact Richard Larsen email biskit3@comcast.net. I hope to see you at the pits.

Men's Executive Nine Golf

The Rio Vista Men's Executive Nine Golf Club is comprised



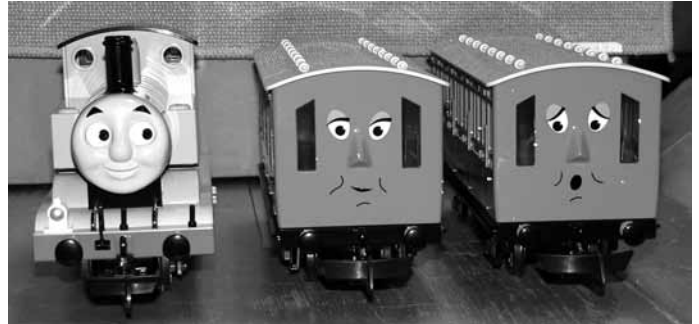
of members who enjoy playing nine holes of golf and then socializing after the game. We play each Tuesday mid-morning. The format varies each week, with individual "straight" golf play two Tuesdays of the month, and, with a few exceptions, individual and team tournament events on the alternate Tuesdays. We would like to welcome new members Ralph Hatch, Dennis Hope, Gene Kennedy, Jim Moore, Richard Torres, John Tucker, and Lyman Waddell. With the addition of these new golfers, we currently have 97 members. If you would like to join us, pick up an application form in the Pro Shop posting room or contact our Membership Chairman, Rolf Sabye, at 707-374-5053.

There were two Tuesday Tournaments in April. The winning foursome members for the April 13 tournament were Ron Kott, Bob Jeanmard, Tom Doelcher, and Dave Hampton. The winning team members of the April 26 tournament were Bill Metzler, Bill Price, and John Santry.

There will be two Tuesday Tournaments in June. On June 14, the club will hold a "3,3,3 AB-CD" format tournament. The second Tuesday tournament for the month will be on June 28. This tournament will utilize a "Surprise" format.

After play we will meet at Sir Flairs Restaurant for our club's second quarterly meeting. We invite you to come out and join us for a good time with a great group of guys.

Model



The Model Club has, in anticipation of the Steam Up on July 23, invited a famous English team to participate with us. The team is made up of Thomas the Tank Engine and Friends. If you think they are not famous, ask any child between the ages of 3 to 10 and they will fill you in with the details. They are better known than the Beatles. In addition, a special presentation of a Disney Characters train layout as well as a children's interactive layout are expected. All this, along with demonstrations of Garden Railroading, with music and of course Larry the Hot Dog Guy will offer dogs, drinks and chips at a reasonable fee.

Any questions, please contact our Club Secretary Mr. Dean Lattman at 707-374-3967, as our president Mr. Ted Tome is now on a two-month motorcycle trip across country. We are sure he will have some exciting travel adventures. Please join us at our monthly meeting the first Friday each month in the Monterey room at 9 a.m.

Motorcycle



L to R - Wil Bridges, Randy Scott, Frank Cable, John Stapp, Bob Azbell, John Oakley

The Trilogy Motorcycle Club riders meet the first Saturday of every month for an all-day ride. The May 7 ride started with six riders bent on going "somewhere." The weatherman couldn't decide on rain or sun so we ended up with



a wonderfully drizzly day that kept temps nice and cool, the humidity high, and brought out our best wet weather riding skills. "Somewhere" ended up being a run to the coast via Petaluma for a stretch break, then on through Point Reyes, then Marshall, and to Bodega Bay for lunch. We made a short detour out to Bodega Point to see if we could glimpse a whale migrating through. Guess they didn't get our email, none were visible.

The drizzle was beginning to clear and had done its job of keeping the cage traffic to a minimum and made for a great day of relaxed riding and taking in the scenery. The return trip was a lazy cruise back into Petaluma from the north side and on to a coffee stop in Suisun. By this time the weather had warmed considerably, the drizzle had stopped and made a perfect end of day for about a 200-mile ride.

We invite the other motorcycle riders in Trilogy to join us on any of the monthly rides. The next ride will meet at McDonald's in Rio Vista on June 4 at 8 a.m. The destination is TBD based on weather. For more info, contact Bob Pas-torino at 707-374-6556 or Larry Nelson at 707-374-2967.

Movers & Shakers

This is a support group for those with Parkinson's, Essential Tremor, Dystonia, or any other movement disorder. We meet once a month at 7 p.m. in an informal atmosphere for about an hour and a half. We discuss different topics such as medications, treatments, exercise, and any of the latest information that a member has learned about and wants to share. Spouses and caregivers are welcome as well. We share tips and experiences that are helpful for someone who is experiencing the same symptoms. We are here to develop relationships and support for each other. We formed the group about five years ago and if you are looking for something like this we would love to have you join us. For date and location, call Audrey Kinser at 707-374-7506.

Nature

Nature Club will visit Antioch Dunes, a protected area of the greater National Wildlife Refuge area, closed to the general public to protect the plants, butterflies, and Dunes on Saturday, June 11. We will meet in the Vista Club parking lot at 8:45 a.m. to carpool/caravan to Antioch (departure 9 a.m.). After the one hour, 1-1/2-mile docent-lead tour, we will visit Black Diamond Mines, weather permitting. Black Diamond, a regional park south of Antioch, has a museum, a mining-era cemetery and other facilities. Some may want

to enjoy lunch in one of Antioch's many eateries. If not, we will return to Trilogy about 12:30. Bring water, a hat, jacket, snacks, and binoculars. Wear sturdy shoes for the sand and irregular surfaces. Note, this event was originally scheduled and rained out in March, so we will try again.

Our regular club meeting is June 8, 6:30 p. m., Monterey Room, Vista Club, to share ideas for future outings including new and favorite spots. Come with your ideas! FYI: June brings us several other fascinating places to visit: The Mare Island Osprey Festival is June 25 and 26. One way to attend is Dolphin Charters two-hour tours at \$35 per person, departing from Vallejo Marina. Information is at trips@dolphincharters.com and 510-527-9622 for reservations. Also, Yolo Basin's Bat Talk and Walk program is now open. Visit www.yolobasin.org for information and to register for this fascinating evening. Please contact Gail, at 707-374-2718, with questions.

Photography



Photo by Yvonne Camper,
"Things Are Looking Up"

by 6:45 p.m. to upload your pictures if you plan to share during "show and tell."

Many members look forward to getting the next "home-work assignment" that motivates us to get out and take pictures. This month's subjects (always optional): cats, bicycles, roofs and arches. For July: "by the sea" or "farmers markets." In August: bottles, shells or storefronts. Suggestions for future meeting themes are always welcome! For more information contact CeCelia at 707-374-4749 or at c.a.wavrick@gmail.com.

Radio

The Radio Club elected a new Club President. Jerry Armanino found it necessary to step down as his duties with the American Legion were pressing on him. Jerry

All Trilogy residents, regardless of experience, skill level and/or photographic equipment used, are invited to drop in and find out more about our Club. Come check it out on the first Thursday of each month at 7 p.m. in the Learning Center at the Vista Club. This month's meeting is on June 2. Remember to arrive at the meeting



did an outstanding job as President and will continue his affiliation with the club. Dean Lattman was unanimously elected to continue his leadership.

We are pleased to announce that Bob Hewitt, our senior technical advisor was recently appointed to Assistant Radio Officer for Solano County. With this appointment he was also promoted to Lieutenant in the Area Communication Service (ACS) in the Office of Emergency Services (OES). Bob reports he has been an Armature Radio (HAM) member since 1954. He has a wealth of technical information and enjoys sharing his knowledge with others.

The Radio Club meets most Tuesdays in the Vista Club Monterey Room at 8:30 a.m. for demonstrations and technical discussions. Please stop by. We also conduct a radio network using the Solano County ACS repeater most Monday evenings at 7 p.m. Questions? Call Club President, Dean Lattman for more information at 707-374-3967.

Religions of the World



Dr. Layne Little will be our speaker on June 7. He will extend his presentation of last year (*The Life of Gauthama Buddha* - Founder of Buddhism) to discuss the philosophy of Buddhism. Dr. Little currently is a lecturer in the Religious Studies department at UC, Berkeley. He has also been associated with the Humanities and Religious Studies Department at CSU, Sacramento. Dr. Little has written and lectured extensively on Religions of South Asia.

R.O.W. is a diverse group of Trilogy residents interested in learning about the different religions of the world: their history, beliefs and practices. We meet the first Tuesday of every month at 6:30 p.m. Our June meeting is being moved to the Monterey Room in the Vista Club due to scheduling conflicts at the Delta Cub. This is not a forum for recruiting members to any belief system. All Trilogy residents of any belief system are welcome. For more information, contact Don Cooper at 510-909-5049 or Barb Bellamy at 707- 374-6670.

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Senior Men's Golf

The Rio Vista Senior Men's Golf Club hosted its annual charity golf tournament on May 18 to benefit The Dixon VETS Housing Program. Under this program, Community Action North Bay (CANB) provides 12 beds for homeless veterans in two group homes in Dixon, CA. Play was fun and spirited, but the real winners were the veterans who

will benefit from the largesse of the Rio Vista golf community. Thanks to all who participated and donated to make this a very successful event.

In addition to the normal schedule of Wednesday tournaments on our home course, May also saw a large group of Members travel to the nearby Hiddenbrooke Golf Club in Vallejo as part of our monthly Away Tournament schedule. Prior to that, a smaller team of players represented the RVSMGC at the Oakmont Golf Club in Santa Rosa, CA in a Bay Area Senior Association (BASA) tournament.

In other Club news, Stan Anisko recorded the season's first hole-in-one on Hole Number 13 here at the Rio Vista Golf Club in late April. (Unfortunately for Stan, his perfect shot came during a Wednesday Club tournament – which meant a full bar was there to meet him after the round.) Congratulations to Stan!

The RVSMGC welcomes all Rio Vista men 50 and older to join our club. If you are not playing with us currently, come and be part of the fun. Membership forms can be found in the club room of the Pro Shop. For all other information concerning membership and activities, contact our Membership Director, Eric Bromell, at 925-685-7237 or ebmixer@yahoo.com.

Singles Group



The Singles Group is off to a good start. We've played some cards, went to the Ryde Hotel for a Champagne Brunch, had a potluck barbeque and celebrated Cinco de Mayo.

Come join a fun group of singles who like to get together with other singles in our community! We enjoy playing cards, games and going on outings. We have meet-and-greets and schedule events periodically to socialize and have fun.

Join the fun 6:30 p.m. Wednesday June 22, at the Delta Club Marina Room for our BBQ potluck meet-and-greet social! Bring whatever you may want to grill, a side dish to share, something to drink and get ready for an enjoyable evening 'til we're too tired to talk and laugh anymore! NEW LOCATION! June we begin to meet weekly at the Vista Club, usually Sonoma Room, but sometimes Monterey Room. Game time is from 6:30 - 9 p.m. Bring something refreshing to drink as we do laugh, giggle and have a good time during the games. If you'd like to bring a sweet or savory to share you can, but it's not required.

If you have any questions, or need more information, contact Robie Williams at robiejw@hotmail.com or Doug Littrell at littrelldouglas66@gmail.com.



Square Dance

Square Dancing is coming to Trilogy. The Square Dance Club will hold weekly sessions at the Delta Club, Rio Vista Room each Wednesday evening from 7 - 9:30 p.m. The club has engaged the services of Scot Byars, a nationally known professional caller and teacher, at a cost of \$5 per dancer per session. The club currently dances at the mainstream level so drop in and join us if you are an experienced dancer. The club will be forming beginning classes in June, please watch for the flyer announcing the date. Singles or couples are welcome. If you have an interest stop by to observe any of our Wednesday sessions or call Lee Ann Fable (484-707-0935) or Ron Kott (650-464-2071) for further information. Be there and be square.

Supper

Wondering what the Supper Club is all about? Our members are a group of people who enjoy sharing a meal and conversation with new people and existing friends in a small group setting where we can get to know each other. We come from all walks of life. Some of us are retired and others are still toiling away looking forward to that day. We are made up of singles and couples. And one thing we all have in common is our own story and a desire to make new connections. What is your story?

If you would like to join us, or need more information, contact Susan Collier at 707-372-5489 or msnnomre@gmail.com, or Pam Lewis at 707-372-1642 or flyprl@yahoo.com,

Table Tennis



A principal value of table tennis is the improved mind-body coordination. Playing doubles requires even more coordination, because two minds and two bodies must be harmonized on each side of the table. Until recently we have focused our training program on developing our skills in playing singles games. The consequence was evident in our last tournament against Rossmoor when we won singles matches, albeit by the smallest of margins, but were handily defeated in doubles. To rectify our weakness in doubles, we initiated training activities to improve our skills in this area. Members were encouraged to select compatible doubles partners and to practice with them often.

We viewed videos of doubles matches by top players in order to learn their strategies and techniques. A Doubles Round Robin session was held in mid April, and an in-house tournament dedicated to doubles was conducted on April 30. Both events, while thoroughly enjoyable, contributed to an appreciation of the challenge we must meet to become more effective in future doubles competitions.

Special thanks to Tournament Director Tom Barnes and Training Coordinator Bill Holst for organizing these events. We also appreciate Ruth Barnes and Brenda Hom of our Social Committee for untiring efforts in organizing delightful refreshments and a hearty potluck luncheon at the Doubles Tournament.

To learn more please visit <http://trvtt.wordpress.com> or contact: Len Latorre, President (707-374-3893); Mimi Petersen, Vice President (707-374-2219); Rod Armas, Treasurer (707-374-5989); Saiman Hui, Secretary (707-374-4883); Tom Barnes, Tournament Director (707-812-7112), Ruth Barnes, Member-at-large (707-812-7112).

Tennis

Team Tennis was organized on April 9 and received a stellar response from the club members. There are four teams lead by Captains Patti Sorg, Jackie Evans, Nancy Whitney and Yoko Yoshii. The first game was played on Saturday morning, April 16 and will continue through the end of this month. If you haven't yet signed up and would like to join the fun, contact Bill Kienzle, our Tournament Coordinator at 707-374-1370.

Upcoming events: Our first tournament with Brentwood is scheduled for June 18 and will be held on their courts at Summerset. This is always a lot of fun in that we play against them and with them, which always makes for some exciting tennis. Then June 24, we will have Friday Tennis and Eats. Play will start at 5 p.m. with dinner at the Bocce Courts at 6:30 p.m. The food theme is Mexican.

As always, daily Social Tennis is Monday - Friday from 8 - 10:30 a.m. and we welcome anyone, member of the club or not, to join us. Just be sure that your shoes are "court" shoes that do not leave marks on the court surfaces. Members, for help with the ball machine, please call Chuck (707-374-6808) or George (707-863-1082). George is also available for lessons if you want to pick up your game.

For more information about our club, our next club meeting is scheduled at 10 a.m. on Friday, June 24, at the Delta Club or contact Claude Trottier at ctrrottier92@gmail.com. You can also visit our website www.frontiernet.net/~courtjesters.

Theater Group



We want to thank the wonderful audience members who shared in the delightful experience of our recent production, *Play On!* And, to those patrons whose

generous, tax-deductible donations help us to continue bringing quality entertainment to Trilogy Rio Vista, we really appreciate your encouragement and support.

Open auditions for our next 2016 season production, *All My Sons*, Arthur Miller's award-winning drama, are being held from 6 - 8:30 p.m. on Tuesday, June 7 in the Vista Club Diablo Room and on Wednesday, June 8 in the Vista Club Sonoma Room. Performance dates for this production are September 22-25.

Any resident with an interest in acting is welcome to try out; no prior acting experience is required. Male and female roles are available. This play's director, Rusty De Lucia, will be sharing her lifetime of performing arts experience, including acting, directing, and teaching. Trilogy audiences have enjoyed her recent performances as 'Gerry' in *Play On!* and as the loveable canine in *Sylvia*. If you are interested in auditioning but absolutely cannot make either audition date or you have questions about the audition process, please contact Rusty at 707-507-9100.

All Trilogy residents are welcome to attend regular membership meetings to learn more about our projects and opportunities. This month we meet on June 23 at 7 p.m. in the Delta Club River Room. We would love to have you join us; just in time to get involved with our next production! For more information about our productions or any of our other group activities, please contact Louise Mitchell at 707-374-3541 or sspm1939@gmail.com.

TOPS (Take Off Pounds Sensibly)

It's summertime and the livin' is easy – as the song goes! Time for shorts and bathing suits and parties at the pool. Time to take off those extra pounds in order to look your best in those new summer outfits. Our club is now up to 12 KOPS members as they work to Keep Off Pounds Sensibly and inspire the rest of the group to continue to Take Off Pounds Sensibly. So get on board and join our TOPS meetings Wednesday mornings at the Delta Club.

Weigh-ins are from 8 - 8:45 a.m., with our meeting from 9 - 9:45; well worth the time out of your busy schedule to start losing weight sensibly. For more information about TOPS, call Leader Elouise (Ella) Brice, 707-374-1499 or Co-leader Jim Hodges, 925-368-5795. We look forward to seeing you at our next Wednesday morning TOPS meeting.

Trilogy Art Guild

Our members were treated to a wonderful demonstration last month by Poet Suzanne Bruce and Artist Janet Manalo sharing with us their collaborative works, *Ekphrastic Expressions*.

Our next Trilogy Art Guild meeting will take place on Monday, June 6, at 1 p.m. Following our meeting there will be a demonstration for our members by acrylic and oil Artist and teacher Gary Bergren. It isn't necessary to be an artist to join our club, we welcome art lovers! For more information you may contact Dodi at 707-225-8996.

Many of our members are keeping busy creating new artwork, in a variety of mediums, for our upcoming Annual Art Show which will be held on Saturday, August 13, and Sunday, August 14, so circle your calendar, you don't want to miss this terrific event. Until then, you can view artwork by some of our members which is displayed in the Monterey Room in the Vista Club or when you go out to eat at The Point.

As always, you are welcome to try out something new by attending classes taught by some of our talented TAG members, all Trilogy residents are invited to attend, no experience is required, beginners are welcome. Classes are held in the Marina Room at the Delta Club:

Beginning Watercolor

Tuesdays at 12 p.m. with Anna at 707-374-3560.

Oil and Acrylic Painting with Gary

First & Third Wednesdays 2 - 4:30 p.m.

Contact Alma 707-374-3064.

Card Design with Wilda

Wednesdays 2 - 4 p.m. Contact Alma at 707-374-3064.

Cardmaking with Shari

Fridays 10 a.m. Contact 707-363-9752.

Advanced Watercolor

Fridays, at 12 p.m. with Anna at 707-374-3560.

Celtic and Zen Tangle

Third Tuesdays at 2:30 p.m. with Anna at 707-374-3560.

Shibori Workshops

Contact Lori at 707-374-6196.



Jazz Band

Great things are happening at your own Trilogy Jazz Band. New folks have moved in and filled in most of the gaps in our sax line. Now all we need are a few trumpets and trombones to round things out, so dust off those old horns you have stashed in your closet and come join us. We have fun, laugh a lot, and most of us hadn't played for at least 40 years before joining the band. Yes, of course! It is just like riding a bicycle and in just a few months you'll be up to speed and having that wonderful feeling of making music again. We rehearse Wednesdays at the Vista Club Diablo Ballroom from 2 - 5 p.m. Come and listen.

The band is looking for venues to play for events around Trilogy and Rio Vista so keep us in mind when you need good music to dance, sing and listen to. For more information contact Jim Lucas at 707-374-7567 or csjdlucas@hotmail.com.

Labyrinth Walkers

Summer Solstice Walk at the Vista Labyrinth Monday, June 20, at 4 p.m.

Join us for a Trilogy Labyrinth Walkers group walk on Monday, June 20. We will meet at the Vista Club fireplace at 3:45 p.m. as we prepare to celebrate the coming of summer in the northern hemisphere by walking the labyrinth at 4 p.m.

This contemplative group walk marks the halfway point in the year 2016. It's a good time to reflect on goals that we may have set for ourselves earlier in the year, what have we accomplished, what might we still want to work on, and what might we wish to release.

Solstice Notes: The June solstice is known as the summer solstice in the northern hemisphere and the winter solstice in the southern hemisphere. The date varies between June 20 and June 22, depending on the year. The June solstice marks the longest day of the year for people in the Northern Hemisphere, the day with most daylight. In areas north of the Arctic Circle the midnight sun is visible (weather permitting) throughout the night. Several sources indicate the June Solstice in Rio Vista to be on Monday, June 20 at 3:34 p.m.

Call Elaine Wisz at 707-374-4310 or Gerry Swan at 510-507-4080 to let us know if you will join us or if you have questions.

Ukulele

We meet in the Vista Club Diablo Room each Wednesday. Beginners' class meets at 11 a.m. followed by the performance group at noon. All interested Trilogy residents are welcome to drop by, listen, play and sing along with us.

Bring your ukulele if you have one. You don't need to know how to read music or have any prior experience with playing an instrument. Ukulele is easy to learn; you'll be playing new songs in your first class!



Special announcement: Our instructor occasionally loans one of his own ukuleles to a new student. He asks that the guest

who borrowed his 'pineapple ukulele' and who has not yet returned it and has not continued with the group, to please return it to him immediately. She can bring it to the next class or leave it for him at the Member Services Desk in the Vista Club.

Contact Claire McKean (510-301-0479) or Loren Iversen (209-477-9753) for more information.

Whist

So far, this has been a very busy year. There has been the Martin Luther King Program, The Black History Presentation, and our fund raiser casino tour. One of our members, Deacon James Tate gave a very nice presentation of Black inventions to D.H. White's third grade students. Most of the children were interested and surprised. Several Whist Club members accompanied Mr. Tate and interacted with the teachers. The Whist Club has many goals and encourages you to join us in maintaining our history.

You are welcome to meet with us every third Friday of the month at 7 p.m. in the Delta Club. Bring a dish to share. The food is always good and plentiful. We play cards, Mexican Train, Dominoes and any game that you bring and teach us to play. Some people sit and exchange information. Come interact and share thoughts with us on designated Mondays (see the Activity Calendar in *Trilogy Living*). We offer encouragement and support for each other. Contact Hattie Walker, Chairperson at 707-374-3699 or Jean Robertson at 707-374-0086 for more information.

Women's 9-Holers

April was a great month to play golf. The weather was perfect, little wind and not too hot. The first week of golf was a fun game day and the winner was Jan Benner. Also, some of the ladies went to Stockton for a play day. The second week was Low Putts. Flight 1 winners were Nancy Biles and Lynn Traver. Flight 2 winner was Blaine Foltz. Flight 3 winner was Anna Stevens. We also had our general meeting, lunch and updated our rules. The 18-Hole Ladies also hosted the 9-Hole Ladies in a fun tournament with lunch. Thank you 18-Hole Ladies; we had a great time and learned a lot! The third week was a fun day of



La Contenta play day

golf. Some of the players went to the La Contenta play day. The fourth week we played a Net Play Day to be continued next month. We look forward to Eclectic Tournament starting in May and will end in June.

Pars for April (15 total), #5 and #8, favorites. Par of the

Month Club Members; Lynn Traver(3), Kathy Moore(2), Marj Niemi, Patty Harrison, Diane Olvera, Fran Silva, Debi Petteruti, Blaine Foltz, Barb Bellamy, Linda Rowe, Diane Scholz and Pam Fashing. Chip-ins: Anna Stevens and Ingrid Cavanaugh. Congratulations Ladies!

Trivia Rule: A lateral water hazard is marked by what color stake? a. White b. RED c. Yellow d. Blue

Come join us. Contact Debi Petteruti at 707-374-5797, or nsdme2012@gmail.com,

Women's 18-Holers

The 18-Hole Women's Golf Club welcomes our newest member Nancy Griffin. April 7 – Thirty-five ladies competed for the "Ace of the Month" title while contending with the Rio Vista breeze. Eight ladies broke 100. The golf gods were generous with birdies today. Three ladies, Marsha Berry, Nancy Biles and KarenAnn Evans were the recipients. Doris Sundly and Ella Ballard shared the chip-in pot. Linda Siatt won closest to the pin with a distance of 10 feet. And... Ace of the Month title goes to Maureen Gingrass with a net score of 67. April 14 – The 18-Hole Club hosted the 9-Hole Women's Golf Club. Fifty ladies played a game of two-best ball. Three ladies scored birdies, Marsha Berry, Elaine Love and Helen Swarbrick. The 18-hole winner for closest to the pin was Marsha Berry with a distance of 15 feet. After play the ladies enjoyed a Taco Bar lunch and six teams walked away with winnings. April 21 – Twenty-eight ladies were challenged with playing from the White Tees. There were no birdies but five ladies, Jan Benner, Bessie Dunn, Pam Fashing, Des Javier and Trixie Roque had chip-ins. Closest to the pin was won by Lynn Traver with a distance of 2 feet, 6 inches. April 28 – Thirty-two ladies played a game of Team Dice, One Net Score. Four ladies, Linda Barlesi, Pam Fashing,

Nancy Griffin and Sandi Holst scored birdies. Five ladies broke 100. Ella Ballard, Nancy Griffin and JoAnne Smith (2) shared the chip-in pot. Closest to the pin was won by Marilyn Rogers with a distance of 5 feet, 9 ½ inches.

Women's Fellowship (New Club)

The Women's Fellowship is a new club that is open to all Women of Trilogy. We meet every Thursday of the month from 9:30 - 11:30 a.m. at the Vista Club in the Sonoma Room. We study God's Word from the bible and our study is consistent with the Bible Study Fellowship (BSF) format.

We invite you to join us; we look forward to meeting and getting to know you. For additional information, please contact Dorothy Tate at 707-374-3892.

Writers

Optional Topic for June: When I Grow Up...



Peter Pan never grew up. Some of us miss the carefree life before we had to grow up and behave in a "mature manner." Now that we have retired from working and raising children, though

we don't live in Neverland, Trilogy has become "our playground" and we can get back to that carefree life again. Many of us have reached our goals, while some are still hoping to achieve further success. In the Trilogy Writers' Club, a few have had work published, others hope to be published someday and several write for pleasure or edification.

This month, writers will share their aspirations in essays, poems or lyrics. Some may not be so inclined, but will choose another topic. That's perfectly acceptable. Just write! Then join us in the Monterey Room of the Vista Club to listen, read and encourage. You'll find us there on Thursday, June 9 at 7 p.m. Come with your composition and ideas for future subjects. If you have questions, please contact Suzi (925-231-5213); Judy (707-374-3973); or Zoe (707-374-3676).



Trilogy Blood Drive

Join us for the Trilogy Blood Drive on Monday, June 20 from 9 a.m. - 1 p.m. Contact Darlene Wiskeman at 707-374-6211 or at wiskeman2@yahoo.com for an appointment. You can also do a walk in, but appointments have first priority! Help save a life! We hope to see all you regular donors and lots of new donors. Thank you all for your support for this wonderful cause!

Trilogy Resident Tournament ~ Las Vegas Scramble

April's tournament was a lot of fun, just hoping for the good roll of the dice to help play the best drive.

Dinner at Sir Flairs was roast beef and turkey with gravy, plus mashed potatoes and veggies. Then we had a raffle (two winners) and golf money prizes. Everyone had a great time and how about those cupcakes (have you ever had black and red cupcakes) and ice cream for dessert. Yum. A Pairing Party was held the Friday before the tournament to see with whom you were teamed and many stayed for dinner.

May's tournament had a Mother's Day, and Cinco de Mayo flare. Each of the Ladies got flowers to take home plus they got to pick the ball to use on each hole. Interesting! Food was fabulous with a taco bar and all the fixings, plus chocolate and strawberries and churros for dessert. Bet you wish you had come.

The Resident Tournament is designed to help some of our new residents meet some of us who have been around awhile. It encourages feelings of well-being and shows the new residents what opportunities are out here in the golf community. The Resident Tournament is open to all golfers with a GHIN number and handicap. It is recognized and supported by all the Golf Clubs here at Trilogy.

Our next tournament will be held June 12 with a Father's Day theme. Look for flyers in the Pro Shop. The cut off is June 5. For more information, call Linda Rowe at 925-286-1555 or Harold Rowe at 925-818-1124.

Trilogy Tuesday BBQ

It's back and will continue throughout the summer every Tuesday, weather permitting. Please bring a dish to share, plus meat if you would like to grill, beverage and your utensils. Bring plastic only so there is no glass in the pool area. Cooking will begin at approximately 5:30 p.m. Contact Claudette Gartner with questions 707-439-6116.

Hit A Home Run On Saturday, August 13

Save the date of August 13 for Hit A Home Run for CARE, Rio Vista CARE's annual fundraiser at Egbert Field in Rio Vista. The event will include a barbeque dinner, entertainment, silent and live auctions and plenty of summertime fun. Mark your calendar...you won't want to miss it! There's a special price of \$80 for two tickets if you buy before July 15 (regular price is \$50 each). For tickets or more information, call Rio Vista CARE at 707-374-5243 or come by the office at 628 Montezuma Street, Rio Vista.

Rio Vista CARE is a non-profit counseling and family resource center and has served clients in the small Delta towns of Rio Vista, Isleton, Walnut Grove, Birds Landing and Collinsville (and the miles of rural agricultural land in between) for over 31 years. Come out and support this important local charity.

Kare Bears - All Villages

If you would like to start a Kare Bears group for your village, Riviera Kare Bears would like to invite you to our next meeting on June 13 at 10 a.m. at the Delta Club. Call Valerie at 707-374-6942 for more information.

Meals on Wheels Thank You

A big "Thank you" to all staff, and those wonderful ladies and men who volunteer to run the Meals on Wheels raffle. We are so grateful for all the sellers for their donated prizes and all the residents who bought raffle tickets at the Craft Faire and Jewelry Show. Once again your contributions are greatly appreciated and continues to ensure that "no senior goes hungry."

- Roger Wiskeman
President, Board of Directors,
Meals on Wheels of Solano County

Volunteers Needed for Meals on Wheels

Meals on Wheels could use your help if you have a couple of hours to spare. We always need permanent and back-up drivers to deliver meals in Rio Vista and in Trilogy. You can make a difference in a senior's life by stopping by with a meal. For some house bound seniors, this is the only daily interaction they get.

If you think you can help or want more information, please contact Roger Wiskeman at 707-374-6211 or wiskeman2@yahoo.com.



Rio Vista Food Pantry Needs Volunteers

Formerly known as Rio Vista Community Services, Rio Vista Food Pantry needs you! Commit your Tuesdays (8:30 - 11:30 a.m.), one per month or any combination that works for you. Must be able to lift 40-50 pound items. Help a team pick up the weekly donated food items with a provided van. Trouble lifting yet want to help? Let's talk about our other ways you can help. Contact 707-374-2358. Thank you.

Alzheimer's/Dementias Caregivers' Support Meeting

Alzheimer Services and the Greater Bay Area Alzheimer's Association sponsor the caregivers' support group to offer information, speakers and videos, as well as open discussion and social interaction for caregivers of loved ones with Alzheimer's or other dementias. The group meets the third Friday of each month from 9:30 - 11 a.m. at the Senior Center located at 25 Main Street in Rio Vista. Contact meeting facilitator Nat Marcoccio (RVALZSG@yahoo.com) for more information.

Family Support Group



Family Support Group is available to organize a memorial service for any family member who incurs the loss of a Trilogy member.

For more information, please call Chairperson Claudette Gartner at 707-439-6116, e-mail xbirdlady@myifp.com, or call Barbara Sherison at 707-374-6845 or Betty Bowley at 707-374-5613.

ADVERTISING INFORMATION

DEADLINE: All final ads and checks are due by the fifth of the month prior to the month of publication. For example: July 2016 ads and checks are due by June 5, 2016. All late submissions will run in the August 2016 issue of *Trilogy Living*.

REGULAR SIZES AND RATES:

• 1/8 page ad	3 1/2" wide X 2" tall	\$90/month
<i>Scan your horizontal business card at 300 dpi, and e-mail it as a pdf, jpg or tiff file to Tania Fardella at indigodesign@att.net.</i>		
• 1/4 page ad	3.6" wide X 4.5" tall	\$140/month
• 1/2 page ad	7.5" wide X 4.5" tall	\$220/month
• Full page ad	7.5" wide X 9.25" tall	\$345/month

PREMIUM SIZES AND RATES:

• 1/4 page ad Inside Front or Back Cover	\$185/month	
• 1/2 page ad Inside Front or Back Cover	\$285/month	
• INSIDE FRONT COVER	7.5" wide X 10" tall	\$445/month
• INSIDE BACK COVER	7.5" wide X 10" tall	\$445/month
• OUTSIDE BACK COVER	7.5" wide X 10" tall	\$500/month

DISCOUNTS:

- 5% off pre-paid ads for 3 months or more
- 5% off for businesses owned by residents of Trilogy at Rio Vista

To place an ad, contact Joan Azlant at joanazlant@comcast.net or 707.374.2620. If you need ad design, contact Tania Fardella at indigodesign@att.net or 925.377.0335. Additional fees will apply for design, scanning, and edits.



Trilogy at Rio Vista HOME BASED BUSINESS DIRECTORY

All Occasion Travel

Full Service Travel Agency
Joan Greene, CLIA, ARTA, 707-374-2440
Certified Travel Specialist
www.alloccasiontravel.net

Independent Insurance Agent

Senior Insurance Products
Contact for free education
dick.burkhart@acsiapartners.com
925-918-1374

Mary Kay

Independent Beauty Consultant
Sueann Novotny 707-374-5624
E-mail: snovotny@citlink.net

Mary Kay Products

Independent Beauty Consultant
Sharon McDougall 435-669-5137
Marykay.com/smcddl1

Nuskin/Pharmanex

New "Youth" Supplement & Essential Oils
Demo: how to look years younger
Diane King, Consultant US8301618
erasewrinkles@att.net or 925-324-1062

Rodan & Fields Skin Products

Anti-Aging Products for Wrinkles & Brown Spots
Call for FREE mini facial
Lupe Finch, Independent Consultant
707-374-2466 or LupeandMarcy@gmail.com

ANNOUNCEMENTS

Adopt-A-Cat

Sabrina is a very sweet and friendly kitty. She has been spayed and has her shots. She wants to enjoy your company and cuddle in your lap. Call 707-330-0808 for more information.

FOR SALE

Home for Sale

Beautiful Yountville situated perfectly on the 2nd fairway, lakes and greens. 2 Bedrooms, 2.5 Baths, Den, 3-car Garage. 2,560 sq.ft. Over \$300,000 in extras, options and lot premium. Offered at \$560,000. dick0449@gmail.com. 707-373-5656 or 707-373-5695.

Moving Sale

New and used household items: patio table with chairs, dining hutch, storage racks, coat tree with seat, tool chest, tools and yard tools. 510-813-2372

Moving Sale

Christmas items, camping gear, carry-all, sturdy bags, candles, oils, office items, end tables, boom box (new), kitty stuff and storage racks. 510-813-2382

SERVICES

Adoptee/Birth Family Finder

Looking for a child/family member given up for adoption in California? Find the missing pieces and reunion. Keep the Faith. Confidential. Call Muriel 707-374-4343.

Airport Transportation

I'll get you to any airport or SF port on time and pick you up on return. TRV residents only. One way fares: SFO \$115, OAK \$90, SMF \$65, PORT \$100/ Call Ralph Hatch 707-374-3941.

Any Help You Need

Trilogy resident available for sorting and organizing, pet care, gardening, housework, bookkeeping/clerical, business and personal correspondence, making phone calls, driving (your car) for errands, shopping, appointments, etc. Reasonable rates. Flexible scheduling. References. Jesse 925-683-7193.

Bicycle Repair

Gary's Bicycle Repair in Trilogy: (tire changes, wheel changes, flats fixed). Assembles, adjustments, tune-ups. Appointments only. Call 510-912-1640.

SERVICES

Cleaning

Moving in or out! Cleaning of homes without furniture. Two of us will clean home giving personal touch. Trilogy residents. Call us: Ms. Heredia 916-508-2758.

Cleaning

Complete housecleaning! Quality cleaning at affordable prices. Weekly, bi-weekly, or once. Rental cleans. Call Dawn, "Jerry the Sprinkler Guy's" daughter at 707-628-4235 or 707-374-5239.

Cleaning

5 Star rating, affordable prices. Weekly, bi-weekly, monthly. Move in/out. Call Carmen Martinez 707-398-8345, Trilogy Resident. References, free estimates. "We clean beautiful homes for nice people." Expert with products for new homes. 707-398-8345

Computer Aid

I can fix your PC, including removing viruses and malware. New PC setup with file transfers and tutoring on Windows 8. Wireless printer, wireless connections for Netflix. Home theatre. Kathy Barker 707-374-6850.



SERVICES

Computer A+ Assistance

PC, Laptop, iPhone, iPad troubleshooting. Install networks, software. Virus removal. Wireless connections to printer, computer, home theater, Netflix. Technical expert—Robert 707-374-5129.

Facials

Licensed esthetician: Keep your skin beautiful with facials, microdermabrasion, vitamin treatments and more. Call Nina 707-374-3414. Gift Certificates available. Special on microdermabrasion.

Faux Finishing @ Its Best

Enhance the beauty of your home with faux finishes for your walls, columns, fireplaces and doors. Call Susan Prince/Oddo 707-374-2167.

Golf Cart Battery Refill

Tired of filling your golf cart batteries the old fashioned way? Call Larry to install an automatic watering system that fills all your batteries in less than 20 minutes for \$195. 707-374-3338 or 707-208-9096

Golf Cart Covers

Attention all golf cart owners. Now available in Trilogy: golf cart covers installed starting at \$200. Call Larry for details at 707-208-9096 or 707-374-3338.

Handyman

Save water; Install Watts hot water recirculation systems; electric repairs, plumbing repairs, curtain rods. Call Bob Coons 707-628-0889. Free estimates.

Handyman

Trilogy resident has over 40 years of home maintenance experience, MOEN faucet specialist, ceiling

SERVICES

fan and chandelier installations, electrical trouble-shooting and GFCI problems, plumbing leaks, disposals, toilet maint., and more. Free estimates. City bus. license #1654. Bob Bailey 707-374-3391.

Home for Elderly

Goldenstar Home for the elderly 707-374-4087 or 707-631-0010. Staff are background checked, TB tested and CPR trained. Care in the facility or in your own home.

Impeccable Improvements & Repair

Established retired general contractor. .Tile, wood floors, water leaks, drywall damage, kitchen & bath remodels/repairs, privacy walls, iron fences/French doors, indoor/outdoor Jacuzzi tubs, storm doors, fireplaces, dog/cat doors, mantels.10 year resident. Big or Small—I Do Them All! References available. Dominic, Your One Stop Shop in Trilogy 707-322-9476

iPhone Tutor

Everything you need to know to operate your iPhone. Simple to understand. Easy to use. Fun to learn. Private or group lessons. Only \$10/hr. per person. Dory 707-326-6628.

Long Term Care Education

Find out if long term care insurance is right for you. Call Trilogy resident Dick Burkhart at 925-918-1374 CA Llc. OF20118

Massage

Have Table Will Travel: Massage in the convenience and comfort of your own home. I will come to you. Eastern massage by Jessie Cong. Licensed and insured. 707-374-5082

SERVICES

Moving?

Let us do the heavy lifting for you. We are local, strong, reliable, careful and affordable. 10 plus years' experience. Call Taylor 925-262-6827.

Moving Furniture

Arranging and moving furniture and appliances in or out of your home or storage. No job too small. Reasonable and careful. Call Neal at 707-624-9374.

Notary

My home or yours. Servicing Trilogy for the past 13 years. Please call Eileen Griffin at 707-374-2684. Thank you.

Notary Public

Certified Notary, fast, professional and reliable service. \$8 per signature. Please call Jeffrey 707-374-7541. Thank you.

Notary Services

\$10 per signature per page/ discounts for multiple pages. Trilogy resident. Elaine Wisz 707-374-4310.

Notary to Go

Only \$8 per notarization in Trilogy. Loan documents signing no additional charge. Since 1984. Call Warren at 707-374-3477.

Organizing

Maximize your space by organizing and becoming clutter free. Estimate 510-550-5268.

Painting & Drywall

Repaint exterior & interior. Color and texture our specialty. Free estimates. 40 years experience. R. P. Painting, Trilogy Resident CA St. lic. #422737. Call today 707-374-5954.

Want to Run a Classified Ad?

Pick up an ad application form at Member Services. Turn in your completed form by the fifth of the month preceding the month you wish the ad to run. Cost is \$10 for 25 words. Additional words are \$.25 per word. Checks only. Late ads will run in the next issue. All classified advertisers must be current Trilogy residents or current Trilogy homeowners.



SERVICES

Pest & Termite Services

Trilogy resident and owner operated. General pest control services include quarterly or bi-monthly services to meet your needs. Termite inspections. Specializing in real estate and refinance. Please call Ron Yocum, Owner, R & D Termite and Pest Control (formerly Daniel Pest Management) 925-323-5211.

Pet Care

Happy Home Pet Sitting Services: Free estimates. Dog walking available. Cathy 707-416-8394 or jsv.cav@gmail.com. Trilogy resident dog owner. Loves animals.

Pet Care

I will take care of your dog or cat while you are away. I will care for and give love to your pet four times a day. I charge \$25 a day. Ken 707-374-3842 or email kenatkins7@aol.com.

Pet Care

Desiree's (Desi) Personalized, Loving Dog & Cat Care: Going out of town? Need overnight house pet sitting? Compassionate & Caring Pet Nanny. Daily dog walks, medication as needed, water plants, mail in. Ph 707-374-3245, cell 925-822-8342

SERVICES

Pet Care

Loving kitty and dog care includes play, meds, mail-in. Hourly pet sitting available. Short notice ok. Serving Trilogy pets since 2007. Accepting advance vacation reservations. Mimi 707-374-4343.

Ron the Painter

Trilogy resident with 10 years' experience interior painting, fences, mailboxes. Good price, good work. Call Ron 707-430-3135.

Rain Gutters Cleaned

Also pressure wash driveway, walkway, patio and outside of house. Trilogy resident Danny 209-570-0302.

Tax Consultant

Need help in resolving tax issues? Retired IRS Certified Enrolled Agent can help. New Trilogy resident. Call Chuck at 408-823-6964.

Transportation

Husband and wife team will drive Trilogy residents to and from area airports, trains, and cruise ships. Safe and reliable. Call Betty or James 707-374-3221.

SERVICES

Transportation

Dave's Transportation Service. I transport Trilogy residents only to trains, boats, planes. No medical services, shopping or casinos. Reliable. Call 707-374-3192. Thanks

Window Cleaning

Professional window cleaning. Years of experience, licensed, and complete background check. For a free estimate and appointment, call Gary 707-374-3488.

Window Cleaning

Inside and out. Call for a quote. Spring special now. Call Don 707-673-6608.

Your Personal Travel Agent

Put yourself in our hands and let us arrange your travel from door to cruise, train, resort, hotel, villa, rental cars, drivers, activities, sightseeing, excursions, fine dining, shows. Call Joan Greene, All Occasion Travel (707-374-2440) or Email alloccasiontrvl@aol.com. Let's talk it over.

WANTED

Golf Carts

Cash paid on the spot. Carts can be working or not. Call 707-374-3338 or cell 707-208-9096. Also call regarding rebuilt golf carts.

Reliable Car

Trilogy resident needs to buy inexpensive, reliable car ASAP. Also interested in paying to use a car occasionally to get to job interviews, appointments, etc. Great driver. References. Jesse 925-683-7193.

Sporting Goods

And equipment, especially fishing rods, reels, lures and other paraphernalia. Cash paid on the spot. Free appraisals. Call Ed 707-374-1349 or 925-216-6300.

The Trilogy Board of Directors is not responsible for expressed opinions or for the authenticity of all presented facts in advertisements. The Board of Directors recommends verifying authenticity of advertisers by requesting contractor license numbers and references, and checking with the California Contractors State License Board and Better Business Bureau (BBB) prior to using the services listed herein.

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- Alain Pinel Realtors is ranked 5th largest independent real estate broker in the nation, for the 5th consecutive year.
- Over 30 offices to serve YOU, throughout the area including Sonoma, Napa, Tahoe & San Francisco.
- Offering personalized marketing plans for each home, including Professional Photography, Virtual Tours, Custom Marketing Materials, Staging and more.
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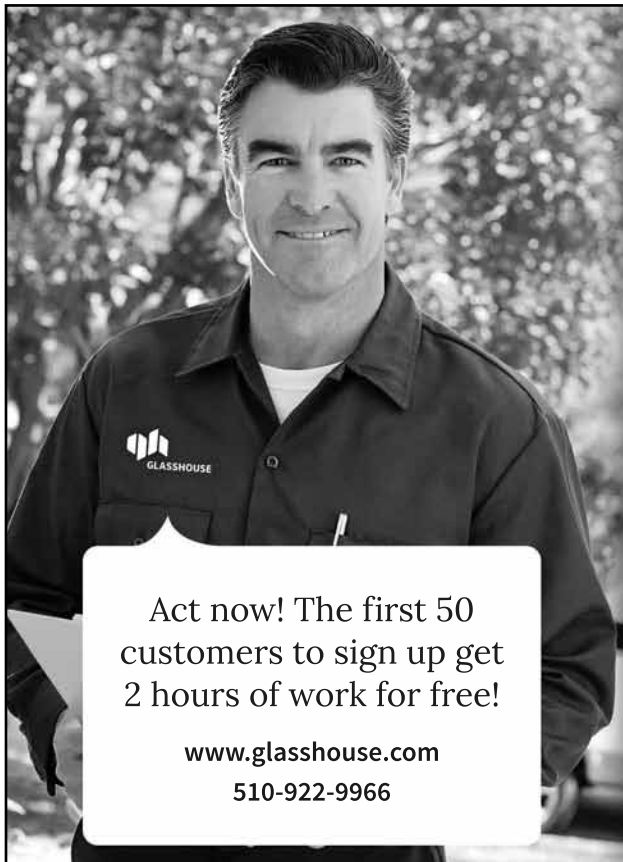
HOME PRICES CONTINUE TO RISE!!! CALL TODAY FOR A MARKET ANALYSIS OF YOUR HOME.

- Truly a real estate expert with 35 years EXPERIENCE, I have earned Real Estate Designations including the GRI, CRS, CRB, as well as Manager, Broker, Trainer, President's Council Member and Top Producer. I can help you.
- As a Trilogy and Saddlerock Village resident for almost 5 years, I am fully committed to our community.
- For every closed sale, I donate \$100.00 to the Rio Vista Food Pantry.

Kathie Bleier
925.683.7084
KBLEIER@APR.COM
BRE 01063281



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APRIL 12—JUNE 27, 2016

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(PLUS \$50 REBATE EACH ADDITIONAL UNIT)



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www.wfnc.gallery

HunterDouglas Gallery



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